

Abstract:

 While neurotransmitter identity was once considered singular and immutable for mature neurons, it is now appreciated that one neuron can release multiple neuroactive substances (co- transmission) whose identities can even change over time. To explore the mechanisms that tune the suite of transmitters a neuron releases, we developed transcriptional and translational reporters for cholinergic, glutamatergic, and GABAergic signaling in *Drosophila*. We show that many glutamatergic and GABAergic cells also transcribe cholinergic genes, but fail to accumulate cholinergic effector proteins. Suppression of cholinergic signaling involves posttranscriptional regulation of cholinergic transcripts by the microRNA miR-190; chronic loss of miR-190 function allows expression of cholinergic machinery, reducing and fragmenting sleep. Using a "translation-trap" strategy we show that neurons in these populations have episodes of transient translation of cholinergic proteins, demonstrating that suppression of co- transmission is actively modulated. Posttranscriptional restriction of fast transmitter co-transmission provides a mechanism allowing reversible tuning of neuronal output.

 One-Sentence Summary: Cholinergic co-transmission in large populations of glutamatergic and GABAergic neurons in the *Drosophila* adult brain is controlled by miR-190.

 Small molecule chemicals mediating neuronal communication are packaged into vesicles for release by vesicular neurotransmitter transporter proteins (vNTs). The most common fast-acting neurotransmitters in both vertebrates and invertebrates each have a cognate vNT (or vNT family): VAChT for acetylcholine (ACh), VGAT for gamma-amino butyric acid (GABA) and VGluT for glutamate (Glu) (*1*). Co-transmission, release of multiple neuroactive molecules from a single cell, has been reported in many animals, and usually involves release of a bioamine or peptide neuromodulator with a fast transmitter (*2, 3*). This type of modulation can be regulated by changes in environment or neuronal activity (*4*). Interestingly, co-transmission between multiple fast-acting neurotransmitters has only been seen functionally in a few cases (*5, 6*), though some studies have reported the co-expression of multiple vNT mRNAs (*7-9*). Such co-transmission can have profound effects on circuit dynamics (*10, 11*). Using new genetic tools to study transcription and translation of vNTs for fast neurotransmitters, we demonstrate here that there are large populations of fully differentiated glutamatergic and GABAergic neurons in the adult fly brain that transcribe genes specifying synthesis and release of ACh but block accumulation of protein products via microRNA (miR) repression. This suggests a widespread but tightly-regulated potential for co-transmission.

 To map the extent of co-transcription of vNTs, we used a split-Gal4 strategy (*12*) in which Gal4-DBD or AD sequences are inserted into the endogenous loci of *VAChT*, *VGluT* and *VGAT* genes to put them under control of NT-specific transcriptional programs (Fig. 1A and fig. S1A). Both the *VGluT-AD:VAChT-DBD* (Fig. 1B) and *VAChT-AD:VGluT-DBD* (fig. S1C) split-Gal4s show broad expression with the strongest signal in fan-shape body (FSB) neurons. As expected for intersectional drivers, *VAChT:VGluT* split-Gal4 labels fewer neurons than either *VAChT-* or *VGluT-Gal4* drivers (fig. S1B). We will refer to the cell subset labeled by this intersectional tool 62 as "Glu^{ACh}" neurons and the split-Gal4 as *Glu*^{ACh}-Gal4. Similarly, both the *VGAT-AD:VAChT*-

 DBD (Fig. 1C) and *VAChT-AD:VGAT-DBD* (fig. S1D) split-Gal4s had a broad, but distinct expression profile with the strongest EGFP signal in ellipsoid body (EB) neurons; we call these 65 cells "GABA^{ACh}" neurons. *VGAT:VGluT* split-GAL4 brains showed little consistent co- expression (data not shown). These results suggested potential co-expression of *VAChT* with both the *VGluT* and *VGAT* genes and possible co-transmission.

 To verify co-transcription of the native vNT genes in these cells, we analyzed nuclear polyA-containing RNA from INTACT-sorted Glu^{ACh} and GABA^{ACh} nuclei (*13*) (Fig. 1D), a technique which minimizes the effects of cytoplasmic posttranscriptional processes on mRNA levels (14). GABA^{ACh} nuclei express high levels of *GAD1* and *GAT* mRNA, while Glu^{ACh} nuclei express high levels of *VGluT* as expected*. VAChT*, *ChaT and ChT* mRNA are also expressed strongly in both cell types. Surprisingly, nuclear *VGAT* mRNA was also found in both cell types. *Portabella* and *CG13646*, vNTs related respectively to VAChT/VGluT and VGAT, were not found at significant levels in either population.

 T_0 To be co-transmitting, Glu^{ACh} and GABA^{ACh} neurons would need to express the protein products of both vNT genes. To directly visualize the vNT proteins we fused fluorescent proteins (FPs) to the N-termini of the endogenous coding sequences using CRISPR/Cas9 (Fig. 1E). These fusion alleles faithfully recapitulate the native protein distribution as assessed by immunostaining of heterozygotes (fig. S2). Co-staining for EGFP and RFP in *RFP::VGluT;EGFP::VAChT* fly brains, we found strong RFP::VGluT protein expression in FSB neurons, but no EGFP::VAChT protein at the same level of the confocal stack (Fig. 1F). Similarly, in *RFP::VGAT;EGFP::VAChT* fly brains, strong RFP::VGAT staining is present in EB neurons, but EGFP::VAChT protein is not (Fig. 1F) .

 While split-Gal4 expressed from the *VAChT* locus is clearly present in FSB and EB, the lack of EGFP::VAChT indicates that the protein does not accumulate in these regions. We

 To test this idea, we created conditional FP fusion alleles containing an *Frt-stop-Frt-FP* cassette downstream of the start codon of each vNT gene (Fig. 1H). In these animals, FP::vNT transcription is blocked until FLP recombinase is expressed, excising the stop cassette. GAL4+ cells then become competent to generate a FP::vNT mRNA containing all the endogenous UTR information. *Frt-stop-Frt-ECFP::VAChT* flies were validated by driving FLP expression with *VT030559-Gal4* in cholinergic mushroom body cells. ECFP::VAChT was present in mushroom body as expected and dependent on GAL4 (fig. S3A). Similarly, EGFP::VGluT in FSB neurons and EGFP::VGAT signals in the anterior paired lateral (APL) neurons demonstrate the specificity of these lines (fig. S3B and C).

 Fig. 1H shows the strategy used to test for posttranscriptional suppression of VAChT protein 107 expression in Glu^{ACh} and GABA^{ACh} neurons. FLP recombinase, driven in cells which transcribe vNT1, catalyzes excision of the stop cassette for FP::vNT2. Only if the cells which transcribe vNT1 are also competent to both transcribe and translate vNT2, is an FP signal is seen. Using *VAChT-Gal4* to flip out the stop cassette for *EGFP::VGluT* results in strong protein signal in the

 To test the idea that miR-190 is responsible for *in vivo* suppression of cholinergic transmission in Glu^{ACh} and GABA^{ACh} cells, we suppressed miR-190 function in specific neurons using miR-190 sponge lines (*17*). To validate the specificity and efficacy of the sponges and to

 test for the presence of miR-190 in adult glutamatergic cells, we created UAS-driven Fluc reporter lines that had either the *ChAT* 3'UTR or a mutant *ChAT* 3'UTR with miR-190 sites deleted. Co-expression of the reporters under control of *VGluT-Gal4* with the miR-190 sponge or scramble control demonstrates that miR-190 is present in adult glutamatergic neurons and that its function can be inhibited *in vivo* by the sponge (Fig. 2B).

 To explore the role of miR-190 in regulation of endogenous VAChT translation, we asked if expression of the miR-190 sponge would result in ECFP::VAChT protein expression in 142 glutamatergic or GABAergic neurons. For both Glu^{ACh} and GABA^{ACh} cells, miR-190 sponge produced strong ECFP::VAChT protein signal in the expected patterns (Fig. 2C and D and fig. 144 S4). These results indicate that miR-190 suppresses accumulation of *VAChT* protein in Glu^{ACh} and $GABA^{ACH}$ cells in adult heads. Interestingly, expression of miR-190 sponge does not change the expression pattern or intensity of EGFP::VGluT or EGFP::VGAT protein in FSB or EB neurons (Fig. 2E to H), suggesting that miR-190 has no role in the regulation of VGluT or VGAT protein levels.

149 The circuitry controlling sleep in *Drosophila* includes regions that contain Glu^{ACh} (dFSB) 150 and GABA^{ACh} (EB) neurons (*18*). Suppression of miR-190 function pan-neuronally, as well as in 151 either glutamatergic or cholinergic neurons, reduces daytime and nighttime sleep significantly 152 (fig. S5A to C) compared to expression of a scrambled control sponge. To ask if this is the result 153 of reducing miR-190 in Glu^{ACh} neurons, we expressed the sponge under control of *ChAT-GALA* 154 with *VGluT-GAL80* to block GAL4 action in Glu^{ACh} cells, and found the sleep reduction was rescued (Fig. 3A). Indeed, suppression of miR-190 function in Glu^{ACh} neurons using Glu^{ACh}-156 GAL4 split drivers also leads to a large reduction in total sleep (Fig. 3B). Taken together, this 157 demonstrates that loss of miR-190 in Glu^{ACh} cells decreases sleep. Suppression of miR-190 158 function in GABAergic neurons (fig. S5D) or specifically in GABA ACh cells (Fig. 3C) also

159 decreases nighttime sleep, but to a lesser extent than Glu^{ACh} manipulations. However, there is significant sleep fragmentation with miR-190 sponge in both populations (Fig. 3A to C and fig. S6 and fig. S7). Locomotor activity while awake is unaffected or reduced (fig. S8), indicating the decrease of sleep is not due to hyperactivity.

 We reasoned that if the sleep effects of miR-190 suppression were due to cholinergic transmission in glutamatergic neurons, expressing both ChAT and VAChT in these neurons 165 should phenocopy the miR-190 sponge. Although *Glu^{ACh}-GAL4*-driven expression of ChAT/VAChT transgenes lacking 3'UTR sequences was completely lethal (supporting the importance of the miR-190 suppression mechanism), limiting expression to adulthood with *TubGAL80^{ts}* rescued viability and was sufficient to immediately both decrease and severely fragment sleep (Fig. 3D and fig. S9A and B). But in contrast to the suppression of miR-190 function using drivers that express during development, total sleep recovers rapidly, even before the end of protein induction (Fig. 3D and fig. S9C). These data suggest that the adult sleep phenotype seen with temporally-uncontrolled expression of miR-190 sponge may be due to developmental rewiring of the sleep homeostat circuit; limiting sponge expression using *Tub-GAL80^{ts}* supports this (Rivera-Rodriguez and Adel et al., in preparation). We hypothesize that without developmental suppression of miR-190 function, the homeostat is intact and the sleep loss due to adult expression of VAChT/ChAT is subject to strong compensation (Fig. 3E).

The adult persistence of the miR-190 mechanism for suppression of cholinergic transmission raises the question of whether there are situations where co-transmission is permitted as a form 179 of plasticity. While VAChT accumulation in normal Glu^{ACh} or $GABA^{ACh}$ cells is not detectable (Fig. 1I), limited local or transient expression would be difficult to visualize. To capture transient events, we designed a "translation-trap" (Fig. 4A). The FLP recombinase coding region was inserted into the *VAChT* locus. FLP-encoding mRNA is translated only under conditions

 Because our translation-trap is an irreversible mark, it does not indicate when or for how long VAChT translation occurred, or whether it is responsive to physiological state. To ask whether VAChT translation was occurring in adults, we returned to animals in which VAChT in $GABA^{ACH}$ cells is tagged with ECFP (Fig. 1H). While ECFP::VAChT was undetectable in young 194 animals (Fig. 1I), it appears in $GABA^{ACh}$ medulla neurons in 30-day old brains, consistent with results from the translation-trap showing these cells translate VAChT (Fig. 4D). VGAT 196 expression in GABA^{ACh} neurons did not change with age (fig. $S10$). These data demonstrate that 197 VAChT translation occurs in mature GABA^{ACh} neurons and is stimulated by physiological changes associated with aging.

 Though the appearance of VAChT protein in nerve terminals is consistent with ability to package ACh, we sought to determine if the protein was in synaptic vesicles. We knocked *GFP1- ¹⁰* and *GFP*^{*11*} into the *VAChT* gene, and *GFP*^{*11*} into the *VGAT* gene (fig. S11A and B), such that the split GFP would be on the luminal face of the vNT (fig. S11C). Notably, in 30-day-old flies, 203 we found clear reconstitution of live GFP signals between VAChT-GFP $^{1-10}$ with VGAT-GFP 11 in medulla neurons; no signal was found 3-day-old animals (Fig. 4E and F). These results indicate that VAChT and VGAT are present in the same vesicles, suggesting ACh and GABA co-release in aging flies. While the functional effect of this co-release has yet to be determined, it is notable

 that aging in flies, like in humans, is associated with significant increases in sleep fragmentation (*19*).

 Co-transmission is now recognized as a common and important mode of neuronal communication, and it can be dynamic. NT plasticity involving replacement of one transmitter with another, either developmentally (*20*) or in the context of a few neurons in a mature circuit (*4, 21*), has been shown in multiple species. In cases where the molecular mechanism is known, these switching events have ultimately required transcriptional changes (*22, 23*). In this study we describe a mechanistically-distinct phenomenon in which the transcription of cholinergic genes is already active in thousands of GABAergic and glutamatergic neurons in the adult fly brain, and functional expression is controlled by a reversable microRNA switch. Since GABA and glutamate are generally inhibitory transmitters in the central brain of *Drosophila,* this gives $\rm Glu^{ACh}$ and $\rm GABA^{ACh}$ neurons the ability to rapidly and transiently alter the magnitude or even the sign of their output by scaling miR-190 levels. These neurons may be akin to the reserve pool neurons of the adult zebrafish spinal cord that can reversibly acquire and release glutamate to enhance neuromuscular junction function acutely after locomotor stress (*24*).

 While the extent and the full range of triggers controlling the potential for transmitter plasticity in these cells are unknown, we show that there are certain cells populations that reliably turn on VAChT translation (Fig. 4B and C), some in response to aging (Fig. 4D to F). How this is accomplished will require further study; but there are many examples of regulated miR degradation (*25*), one of which has been shown to control miR-190 levels (*26*). It is also interesting to consider whether posttranscriptional processes may provide a more general mode of fast but transient control of transmission. We note that there are high levels of *VGAT* 229 transcription in Glu^{ACh} neurons (Fig. 1D). Transient modulation of co-transmission provides a powerful mechanism for sculpting behavior in response to external and internal signals*.*

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- Conceptualization: LCG, YZ, NC, EJRR
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- Investigation: YZ, NC, EJRR, AY
- Visualization: YZ, NC, EJRR, AY
- Funding acquisition: LCG
- Supervision: LCG
- Writing original draft: NC, LCG
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- **Competing interests:** The authors declare no competing interests.
- **Data and materials availability:** The data generated and analyzed during this study are
- available from the corresponding author on request.

Supplementary Materials

- Materials and Methods
- Figs. S1 to S11
- Tables S1 to S3
- Data S1
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331 **Fig. 1. Transcription of VAChT in VGluT/VGAT positive neurons.** (**A**) Schematic diagram 332 of split-Gal4 strategy. Expression of AD and DBD in the same neurons reconstitutes Gal4

- 357 derepression of EGFP::VGluT shows EGFP in FSB, while *VAChT-Gal4* flip-out of
- 358 EGFP::VGAT shows EGFP in EB. Flip-out derepression ECFP::VAChT shows no signal.
- 359 Dashed white lines indicate the whole brain. Scale bars $= 20 \mu m$.

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 Fig. 3. MiR-190 regulates sleep by controlling cholinergic co-transmission in glutamatergic neurons. (**A**) Reduction and fragmentation of sleep by suppression of miR-190 function in cholinergic neurons maps to neurons also expressing VGluT. (**B**) In *VGluT:VAChT* split-Gal4 neurons, miR-190 suppression reduces and fragments daytime and nighttime sleep. (**C**) In *VGAT:VAChT* split-Gal4 neurons, miR-190 suppression reduces and fragments daytime and nighttime sleep. (**D**) Temporally-controlled overexpression of ChAT and VAChT from transgenes lacking cognate 3'UTRs in VGluT+ neurons decreases sleep acutely and triggers fast 392 compensation. n=18-20. Data are shown as mean \pm SEM, gray circles show individual values. Statistical differences are indicated by letters, with genotypes that are not significantly different having the same letter. (**E**) Summary model. In Glu^{ACh} neurons, suppression of miR-190 function during development induces ACh co-transmission and alters adult sleep circuits. Adult-specific

396 expression of VAChT/ChAT decreases sleep acutely and triggers strong homeostatic

397 compensation.

 Fig. 4. VAChT repression is released in specific cell types and VAChT traffics to VGAT vesicles. (**A**) Schematic diagram showing the translation-trap strategy. In *Flp-VAChT-3'UTR* flies. *Flp* is transcribed and translated as part of the full 3'UTR-containing *VAChT* mRNA. (**B**) *Flp-VAChT-3'UTR* flip-out derepression of *EGFP::VGluT* marks central brain neurons. White arrow shows the region enlarged at right. (**C**) *Flp-VAChT-3'UTR* flip-out derepression of *EGFP::VGAT* medulla and central brain neurons. White arrow shows the region enlarge at right. (**D**) In 30 day old flies, *VGAT-Gal4* flip-out derepression of *ECFP::VAChT* (strategy as in Fig. 1H) generates ECFP signal in medulla (white arrow). (**E**) Schematic of strategy to visualize VAChT localization. *VAChT* and *VGAT* alleles were generated with lumenal split GFP fusions. GFP reconstitution only occurs if VAChT and VGAT are in the same vesicle. (**F**) In 30 day old flies, reconstituted GFP signal is visible without staining in medulla neurons. In 3 day old flies,

- 411 no GFP is detected. For panels **B** to **D and panel F** , green shows EGFP or ECFP, while magenta
- 412 is Brp staining. Scale bars = $20 \mu m$.

Materials and Methods

Fly strains and husbandry

- 440 All flies were raised on standard food at 25 C with a 12h:12h light-dark cycle, except for the
- *Tubulin-Gal80^{ts}* experiments to induce expression at different developmental stages, where flies
- 442 were raised at either 18 °C or 29 °C . Male and female flies were collected at eclosion and aged as
- specified before performing experiments. *VT030559-GAL4* was obtained from Vienna
- Drosophila Resource Center (VDRC) stock center. *VAChT[MI08244]* (#55439), *nsyb-Gal4*
- (#51941), *VGluT-Gal4* (#60312), *VGluT-p65-AD* (#82986), *VGluT-GAL4-*
- *DBD* (#60313), *ChAT-Gal4* (#60317), *GH146-Gal4* (#30026), *GMR81C04-*
- *Gal4* (#48378), *VGAT-Gal4* (#84696), *UAS-miR-190-sponge* (#61397), *UAS-scramble-*
- *sponge* (#61501), *UAS-Flp* (#4539), *UAS-CD4-GFP1-10* (#93016), *VGluT-Gal80* (#58448) and
- *tubulin-Gal80ts* (#7016) were obtained from Bloomington *Drosophila* stock center. *UAS-*
- *myrGFP-2A–RedStinger (27)* was obtained from the Ganetzky lab at University of Wisconsin,
- and *UAS-UNC84::GFP* from Gilbert Henry at Janelia Research Campus.

Generation of *EGFP::VAChT***,** *RFP::VGluT* **and** *RFP::VGAT* **lines**

 To knock in *EGFP* at the N-terminal of *VAChT*, we designed a guide RNA which recognized the beginning of *VAChT* with an online tool [\(http://targetfinder.flycrispr.neuro.brown.edu/\)](http://targetfinder.flycrispr.neuro.brown.edu/) and created a donor plasmid (pMC1-EGFP-VAChT plasmid in Data S1). The guide RNA was cloned into a pU6 plasmid (Addgene, #45946) and injected into Cas9 flies (*y,sc,v; nos-Cas9/CyO; +/+*) with the donor plasmid. By the same strategy, we knocked in *RFP* at the N-terminal of *VGluT* and *VGAT*. All guide RNAs are listed in Table S1 and donor plasmids are shown in Data S1. Correct integrations were confirmed by PCR and sequencing with primers which bind outside the regions of the integrated junction.

Creation of *Frt-stop-Frt-ECFP::VAChT***,** *Frt-stop-Frt-EGFP::VGluT* **and** *Frt-stop-Frt-EGFP::VGAT* **flies**

 For the *Frt-stop-Frt-ECFP::VAChT* fly strain, we used the same guide RNA as *EGFP::VAChT* and made a donor plasmid (pMC10-Frt-stop-3p3-RFP-Frt-ECFP::VAChT plasmid in Data S1). We amplified the stop sequence which was flanked by two Frt sites, *ECFP* sequence, and *VAChT* sequence. 3P3 RFP sequence was amplified and inserted between stop and the second Frt site for screening. These fragments were assembled in order and cloned into the pMC10 plasmid. The guide RNA was cloned into pU6 plasmids and injected into Cas9 flies with the donor plasmid. F1 progeny with RFP markers were selected as candidates, and further confirmation was performed by PCR and sequencing. By the same strategy, we made *Frt-stop-Frt- EGFP::VGluT* and *Frt-stop-Frt-EGFP::VGAT* flies. The guide RNAs are listed in Table S1, and the donor plasmids were shown as pMC10-Frt-stop-3P3-RFP-Frt-EGFP::VGluT and pMC10- Frt-stop-3P3-RFP-Frt-EGFP::VGAT in Data S1.

Creation of *Flp-VAChT-3'UTR* **flies**

 For the *Flp-VAChT-3'UTR* fly strain, we used the same guide RNA as *EGFP::VAChT* and made a donor plasmid (pMC10-Flp-VAChT-3'UTR plasmid in Data S1). The guide RNA was cloned into the pU6 plasmid and injected into Cas9 flies with the donor plasmid. Correct integrations were confirmed by PCR and sequencing.

Creation of split-Gal4 lines

To make the *VAChT-AD* and *VAChT-DBD* fly strains, the phase 0 T2A-p65AD-Hsp70 plasmid

(Addgene, #62914) and T2A-Gal4DBD-Hsp70 plasmid (Addgene, #62903) were injected into

- 483 *VAChT^{[MI08244]* flies with pBS130 plasmid (Addgene, #26290) which encodes phiC31 integrase.}
- Progeny were crossed to *yw* flies to check for spGAL4 insertion. Male flies with yellow marker

 were selected as candidates, and then checked by PCR to obtain insertion lines in the correct orientation.

 For the *VGAT-AD* and *VGAT-DBD* lines, we first made a *3P3-RFP-VGAT* fly strain utilizing the same guide RNA as *RFP::VGAT* (Table S1) and a donor plasmid which contained attp flanked *3P3-RFP* sequences (Fig. S1A). Flies were first screened for RFP expression, and then confirmed by PCR and sequencing. To make *VGAT-AD* flies, the AD sequence was amplified from T2A-p65AD-Hsp70 plasmid (Addgene, #62914) and attached at the N terminal of the VGAT sequence. The whole AD sequence which was flanked by two inverted-attB sites was cloned into the pBS-KS-attB2 plasmid (Addgene, #62897). This plasmid was injected into *3P3- RFP-VGAT* flies, with plasmids that expressed phiC31 recombinase. By the same strategy, we made *VGAT-DBD* flies using T2A-Gal4DBD-Hsp70 plasmid (Addgene, #62903). F1 progeny without RFP marker were selected as candidates, and further confirmation by PCR and sequencing were performed.

Creation of *VAChT-GFP1-10* **,** *VAChT-GFP¹¹***, and** *VGAT-GFP¹¹* **lines**

To make the *VAChT-GFP¹⁻¹⁰* and *VAChT-GFP¹¹* fly strains, we first chosen a luminal-side insertion site using *in silico* prediction [\(https://phobius.sbc.su.se/\).](https://phobius.sbc.su.se/)) We used the same guide RNA as *EGFP::VAChT*, and created donor plasmids (VAChT-GFP1-10 plasmid and VAChT-GFP11 plasmid in Data S1). The guide RNA was cloned into a pU6 plasmid and injected into Cas9 flies with the donor plasmids. Correct integrations were confirmed by PCR and sequencing.

For the *VGAT-GFP¹¹* line, a luminal-side insertion site was chosen using *in silico* prediction [\(https://phobius.sbc.su.se/\).](https://phobius.sbc.su.se/)) The GFP¹¹ sequence was inserted at the last luminal side site of the VGAT. The whole sequence was flanked by two inverted-attB sites, and cloned into the pBS- KS-attB2 plasmid (Addgene, #62897). This plasmid (VGAT-GFP11 plasmid in Data S1) was injected into *3P3-RFP-VGAT* flies showed above, with plasmids that expressed phiC31

RNA-seq and data analysis

 Purified RNA was subject to PolyA enrichment using the Poly(A)Purist Mag Kit (Thermofisher) according to protocol. Purified Poly(A) RNA was quantified using the Qubit 2.0 RNA HS Assay (Thermofisher), and 10 ng of RNA per sample was used for library prep using the NextFlex Rapid Directional qRNA-Seq Kit 2.0 (PerkinElmer) and sequenced on a NextSeq 550 using the 75 cycle High Output Kit (Illumina).

 UMIs were extracted and appended to reads from sequenced libraries using umI_tools extract with the following parameters: --bc-pattern=NNNNNNNNN --bc-pattern2=NNNNNNNNN. Processed reads were then aligned against the dm6 reference genome with STAR using the following parameters: --outFilterMismatchNoverLmax 0.05 --outFilterMatchNmin 15 – outFilterMultimap Nmax 1 --outSJfilterReads Unique --alignMatesGapMax 25000. Aligned reads were converted to BAM files and sorted using samtools, and were deduplicated using

- umi_tools dedup. Reads were counted using featurecounts, and normalization and differential expression was conducted using Deseq2.
- The full data set is available at NCBI; GEO accession number GSE221859
- **Immunohistochemistry and image processing**
- For dissection and staining of adult fly brains, the protocol from Janelia [\(https://www.janelia.org/project-team/flylight/ protocols\)](https://www.janelia.org/project-team/flylight/%20protocols) was used. Briefly, brains were dissected in S2 solution, and then fixed in 2% PFA solution for 55 min at room temperature (RT). Then the samples were washed 4x10 mins by 0.5% PBST solution, and blocked with 5% goat serum in PBST solution for 1.5 hours. After that, the samples were incubated in primary 566 antibody solutions for 4 hours at RT and continued incubation at 4 C for over two nights. Then samples were washed 3x30 min by 0.5%PBST, incubated in secondary antibody solutions for 4 568 hours at RT, with continued incubation at 4 C for over three nights. The same washing protocol was performed after secondary antibody incubation, then fixed by 4% PFA again for 4h at RT and mounted in Vectashield mounting medium (Vector Laboratories).
- 571 The primary antibodies used were: rabbit anti-RFP (1:200, Takara), rabbit anti-GFP (1:1000, Thermo Fisher), mouse anti-GFP (1:200, Sigma), mouse anti-Brp (1:100, DSHB), anti- VGluT(*28*) (1:200, generous gift from Aaron DiAntonio, Washington University) and anti- VGAT (*29*) (1:200, generous gift from David Krantz, UCLA). Alexa Fluor 488 anti- mouse/rabbit antibody (Invitrogen) and Alexa Fluor 635 anti-mouse/rabbit antibody (Invitrogen) were used as secondary antibodies at 1:200 dilutions.
- All images were taken using Leica SP5 confocal microscope under 20x or 60x objective lens. Then the pictures are processed and analyzed using ImageJ Fiji software(*30*).
- **Sleep and locomotor activity**

 Individual 3-5 day old male flies were loaded into 65mm x 5mm glass tubes (Trikinetics, 581 Waltham, MA) using CO_2 anesthesia. One end of the tube is food containing 5% agarose and 2% sucrose, the other side is a cotton ball to cover it. The flies were entrained under standard 12:12 light-dark conditions for 2 days prior to data collection.

 Locomotor activity was collected with the *Drosophila* Activity Monitoring System (Trikinetics) as previously described (*31*). Sleep is defined as consecutive inactivity for five or more minutes (*32*). All sleep parameters, including total sleep duration, number of sleep episodes and mean episode duration were analyzed using an Matlab program described previously (*31*) and averaged across 4 days. Statistical analysis was performed with GraphPad Prism. For all sleep parameters a D'Agostino & Pearson test was used to determine normality of data. If data were normally distributed they were analyzed using a Student T-test or ANOVA followed by Tukey test for multiple comparisons (depending on the number of groups). If data were not normally distributed they were analyzed using a Mann-Whitney or Kruskal-Wallis test followed by Dunn's test for multiple comparisons.

S2 cell assay (*33*)

 S2 cells in 12-well plates were cotransfected with 15 ng of Ac/Fluc (or its derivatives), 15 ng of Ac/Rluc, and 270 ng of Ac/miR-190 or Ac/scramble by Effectene transfection reagent (Qiagen). Ac/Fluc derivatives included Fluc with ChAT-3'UTR, Fluc with VAChT-3'UTR, and Fluc with ChAT-3'UTR with the three predicted miR-190 binding sites removed. The primers are listed in Table S2. Cells were harvested 48 hours after transfection and a dual luciferase assay was performed (Promega).

In vivo **Luciferase assays**

 15 male fly brains were collected for each sample, then homogenized in 100 µl Promega Glo Lysis Buffer (Promega, Cat# E2510) at room temperature. Homogenized samples were

 Figure S3. Validation of conditional vNT::FP fusion alleles. Gal-4 drivers for brain regions known to contain neurons expressing a particular neurotransmitter system were used to validate our flip-out strategy. (**A**) *VT030559-Gal4* driving FLP recombinase allows expression of ECFP::VAChT in the mushroom body Kenyon cells, which are known to be cholinergic. No ECFP signal is present without GAL4 expression. (**B**) *GMR81C04-Gal4* driving Flp recombinase allows EGFP::VGluT protein expression in FSB neurons, which are glutamatergic. No EGFP signal is detected when no GAL4 is expressed. (**C**) *GH146-GAL4* driving Flp recombination derepresses EGFP::VGAT protein expression in the APL neurons which are known to be GABAergic. No EGFP signal is detected without GAL4 expression. Dashed white lines indicate 644 the brain outline. Scale bars $= 20 \,\mu m$.

646

647 **Figure S4. Suppression of miR-190 function allows VAChT protein expression in VGluT (A)**

648 **and VGAT (B) positive neurons.** Representative pictures show the anterior brain signals.

649 Posterior brain stacks are shown in Fig. 2C-D. Dashed white lines indicate the outline of the

650 brain. Scale bars $= 20 \,\text{\mu m}$.

 Figure S5. Suppression of miR-190 function reduces total sleep. (**A**-**D**) Left panels: sleep per 30 mins across 24 hours of a 12:12 light:dark cycle. Right panels: Quantification of total sleep duration when miR-190 function is suppressed in all neurons with *nsyb-Gal4*, a panneuronal

Figure S6. Suppression of miR-190 in GABA^{ACh} and Glu^{ACh} neurons with two independent 664 **split-Gal4s fragments sleep and increases the number of sleep episodes.** Sleep fragmentation 665 is characterized by both reduced sleep episode duration (as shown in Fig. 3BC) and by increased 666 number of episodes. (A) MiR-190 suppression in GABA^{ACh} neurons increases sleep episodes number significantly. (**B**) MiR-190 suppression in Glu^{ACh} neurons makes the number of sleep 668 episodes increase significantly during nighttime. Data are shown as mean \pm SEM, and gray 669 circles show individual values. Statistical differences are indicated by letters, with genotypes that 670 are not significantly different having the same letter. Data were analyzed with one-way ANOVA 671 with Tukey's multiple comparisons test or Kruskal-Wallis with Dunn's multiple comparisons 672 test (depending on data set structure), $p < 0.05$.

 Figure S7. Sleep fragmentation when miR-190 function is suppressed. Quantification of number of sleep episodes (left) and episode duration (right) when miR-190 function is suppressed in all neurons with *nsyb-Gal4* a panneuronal driver (**A**), cholinergic neurons with *ChAT-Gal4* (**B**), glutamatergic neurons with *VGluT-Gal4* (**C**), and GABAergic neurons with *VGAT-Gal4* (**D**). Data are shown as mean ± SEM, and gray circles show individual values. Statistical differences are indicated by letters, with genotypes that are not significantly different

680 having the same letter. Data were analyzed with one-way ANOVA with Tukey's multiple 681 comparisons test or Kruskal-Wallis with Dunn's multiple comparisons test (depending on data 682 set structure), $p < 0.05$.

684 **Figure S8. Activity while awake is either not affected or reduced when miR-190 function is** 685 **suppressed.** Quantification of activity while awake when miR-190 function is suppressed in all 686 neurons with *nsyb-Gal4* a panneuronal driver (**A**), glutamatergic neurons with *VGluT-Gal4* (**B**), cholinergic neurons with *ChAT-Gal4* (**C**), GABAergic neurons with *VGAT-Gal4* (**D**), GABA^{ACh} neurons with two different split-Gal4s (E) , and Glu^{ACh} neurons with two different split-Gal4 689 drivers (F) . Data are shown as mean \pm SEM, and gray circles show individual values. Statistical 690 differences are indicated by letters, with genotypes that are not significantly different having the 691 same letter. Data were analyzed with one-way ANOVA with Tukey's multiple comparisons test

692 or Kruskal-Wallis with Dunn's multiple comparisons test (depending on data set structure), p <

693 0.05.

695 **Figure S9. Overexpression of ChAT and VAChT in adult glutamatergic neurons decreases** 696 **and fragments sleep.** (A) Schematic diagram of temperature shift to 30 \mathbb{C} on day 4 and back to 697 20 \degree C on day 7. (**B**) Overexpression of ChAT and VAChT in glutamatergic neurons on day 4 698 decreases nighttime sleep significantly and increases the number of nighttime sleep episodes

707

708 **Figure S10. In 30 days aging flies,** *VAChT-Gal4* **flip-out derepression of** *EGFP::VGAT* 709 **shows a pattern unchanged by age.** Anterior pictures are shown in upper panel, with posterior 710 pictures in lower panel. Young flies are shown for comparison in Fig. 1I. Scale bars = $20 \mu m$.

727 **Table S1.**

728 Guide RNAs for VAChT, VGAT and VGluT lines.

729

731 **Table S2.**

732 Primers for S2 cell assay plasmids.

733

734 735

737 **Table S3.**

738 Fly genotypes for figures.

742 **Data S1.**

743 Plasmids maps.