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Electrocerebral Signature of Cardiac Death

Adu L. Matory1,2, **Ayham Alkhachroum**1,3, **Wei-Ting Chiu**1,4,5,6,7, **Andrey Eliseyev**1, **Kevin Doyle**1, **Benjamin Rohaut**1,8,9,10, **Jennifer A. Egbebike**1, **Angela G. Velazquez**1, **Caroline Der-Nigoghossian**11, **Lucy Paniker**1, **Kenneth M. Prager**12, **Sachin Agarwal**1, **David Roh**1, **Soojin Park**1, **Jan Claassen**1,*

¹Department of Neurology, Neurological Institute, Columbia University Medical Center, 177 Fort Washington Avenue, MHB 8 Center, Room 300, New York, NY 10032, USA.

²Bernstein Center for Computational Neuroscience, Berlin, Germany.

³Department of Neurology, University of Miami, Miami, FL, USA.

⁴Department of Neurology, Shuang Ho Hospital, Taipei Medical University, Taipei, Taiwan.

⁵Department of Neurology, School of Medicine, College of Medicine, Taipei Medical University, Taipei, Taiwan.

⁶Taipei Neuroscience Institute, Taipei Medical University, Taipei, Taiwan.

⁷Division of Critical Care Medicine, Department of Emergency and Critical Care Medicine, Shuang Ho Hospital, Taipei Medical University, Taipei, Taiwan.

⁸Brain institute - ICM, Inserm U1127, CNRS UMR 7225, Sorbonne Université, Paris, France.

⁹Department of Neurology, Neuro-ICU, Groupe Hospitalier Universitaire APHP, Pitié-Salpêtrière, Sorbonne Université, Paris, France.

¹⁰Sorbonne Université, Paris, France.

¹¹Pharmacy, Columbia University Irving Medical Center, New York, NY, USA.

¹²Clinical Ethics, Department of Medicine, Columbia University Irving Medical Center, New York, NY, USA.

^{*}Correspondence: jc1439@columbia.edu.

Author contributions

ALM and JC contributed to the design of the study, analysis and writing of the manuscript. AE, KD, and BR contributed to the analysis and writing of the manuscript. AA, WC, CD, KMP, SA, DR, and SP provided helpful edits for the manuscript. JAE, AGV, and LP provided data collection and helpful edits for the manuscript.

Conflicts of Interest

JC reports grants from the National Institute of Neurological Disorders and Stroke and the Dana Foundation. He is a minority shareholder at iCE Neuro-systems. None of these constitute a conflict of interest to the work presented here. The remaining authors do not have any conflicts of interest.

Ethical approval/informed consent

We confirm adherence to ethical guidelines and indicate ethical approvals (local institutional review board, IRB-AAAL4106) and the use of informed consent, as appropriate. Because this was a retrospective study approved by the local institutional review board at Columbia University, informed consent was waived per section IV of the local institutional review board's Health Insurance Portability and Accountability Act policy, citing 45 CFR 164.512(i)(1)(iii).

Supplementary Information

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Abstract

Background: Electroencephalography (EEG) findings following cardiovascular collapse in death are uncertain. We aimed to characterize EEG changes immediately preceding and following cardiac death.

Methods: We retrospectively analyzed EEGs of patients who died from cardiac arrest while undergoing standard EEG monitoring in an intensive care unit. Patients with brain death preceding cardiac death were excluded. Three events during fatal cardiovascular failure were investigated: (1) last recorded QRS complex on electrocardiogram $(QRS₀)$, (2) cessation of cerebral blood flow $(CBF₀)$ estimated as the time that blood pressure and heart rate dropped below set thresholds, and (3) electrocerebral silence on EEG ($EEG₀$). We evaluated EEG spectral power, coherence, and permutation entropy at these time points.

Results: Among 19 patients who died while undergoing EEG monitoring, seven (37%) had a comfort-measures-only status and 18 (95%) had a do-not-resuscitate status in place at the time of death. EEG₀ occurred at the time of QRS₀ in five patients and after QRS₀ in two patients (cohort median -2.0 , interquartile range -8.0 to 0.0), whereas EEG₀ was seen at the time of CBF₀ in six patients and following CBF₀ in 11 patients (cohort median 2.0 min, interquartile range -1.5) to 6.0). After CBF₀, full-spectrum log power ($p < 0.001$) and coherence ($p < 0.001$) decreased on EEG, whereas delta ($p = 0.007$) and theta ($p = 0.007$) permutation entropy increased.

Conclusions: Rarely may patients have transient electrocerebral activity following the last recorded QRS (less than 5 min) and estimated cessation of cerebral blood flow. These results may have implications for discussions around cardiopulmonary resuscitation and organ donation.

Keywords

Death; Encephalography; Consciousness; Cardiac arrest; Brain hypoxia; Hypotension

Introduction

Physicians report an exact time of death on death certificates, which models the prolonged process of fatal organ failure as a simple binary. However, organ failure in death is neither synchronized nor coordinated. Rather, organs cease to function at different rates [1, 2], and some cellular activity transiently increases [3, 4].

In animal studies of electroencephalographs (EEG) at the time of cardiac death, increased coherence in the gamma band frequency has been seen following the final heartbeat [5]. In patients, diffuse EEG attenuation after cardiac arrest [6] and cessation of arterial blood pressure [7] were seen, as well as an increased bispectral index for at least 18 min after the loss of blood pressure [8] and withdrawal of life-sustaining therapies (WLST) [9]. However, these studies did not deconstruct electrocerebral activity in ways that provide insight into the coordination of functions across the whole cortex during cardiac death.

Studies suggest that behavioral assessments alone may not reliably exclude the comprehension of verbal commands and conscious processing in patients with acute brain injury [10, 11]. More recently, brain activation to tone changes was observed in

patients in end-of-life hospices who were unresponsive [2]. Further, highly attenuated EEG (less than $10 \mu V$) in cortical neurons does not necessarily preclude their excitability [12]. Certainty about cerebral function at the time of cardiac arrest, which excludes the possibility of consciousness, may have implications for the management of patients during cardiopulmonary resuscitation and potentially for organ donation after cardiac death.

The aim of this study was to determine a time line of events associated with fatal organ failure and to identify EEG signatures associated with those events. We hypothesized that we would observe EEG slowing and attenuation [6, 7, 13–15], as well as transient surges in EEG spectral power and coherence [5, 7–9, 16, 17], as common signatures of cerebral activity following cardiovascular collapse in death.

Methods

Study Cohort

We included all adult patients who were admitted to our neurological intensive care unit and who had continuous EEG monitoring recorded at the time of cardiac death between February 2009 and January 2019. Patients underwent EEG monitoring for the purposes of detecting seizures or ischemia. None of the patients were placed on EEG for the purposes of recording EEG during the dying process. We excluded patients with the diagnosis of brain death and those who had no EEG recorded during the estimated cessation of cerebral blood flow, as defined below. Demographics and admission diagnoses were collected from the medical record. Data recorded prior to cardiac death included medication administration (such as sedatives and vasopressors), anticonvulsant medications, mechanical ventilation status, WLST, and administration of advanced cardiovascular life support (ACLS) measures. The time from hospitalizing injury to death and the cause of death were noted. The study was approved by the local institutional review board (IRB-AAAL4106), and the use of informed consent was waived per section IV of the local institutional review board's Health Insurance Portability and Accountability Act policy, citing 45 CFR 164.512(i)(1)(iii).

Surrogate Events for Fatal Organ Failure

We studied three events as surrogates for organ failure associated with cardiac death: (1) cessation of cerebral blood flow, (2) electrocerebral silence on EEG, and (3) last recorded QRS complex on electrocardiogram (ECG). Each event was independently assessed by two board-certified critical care physicians (W-TC and AA), and a third expert (JC) was consulted for disagreements. EEG was assessed by two critical care EEG experts (AA and JC). Assessors were blinded to the rest of the physiologic data.

Events were defined as follows:

1. Cessation of cerebral blood flow (CBF_0) was assumed to occur following a permanent (1) heart rate of less than 20 beats per minute and (2) blood pressure below a set threshold as measured by the arterial line laced into the radial artery. Because blood pressure measures varied in availability between patients, this second criterion was met if at least one of the following subcriteria, as well as all others available, was observed: (2a) mean arterial pressure of less than 20

mm Hg, (2b) systolic blood pressure of less than 40 mm Hg, and (2c) diastolic blood pressure of less than 20 mm Hg. These thresholds were chosen because ventricular asystole [18] and EEG slowing [14] have been observed just below these blood pressure levels.

- **2.** Electrocerebral silence $(EEG₀)$ was defined as the time when the EEG amplitude permanently dropped below 2 μV, following standards for the diagnosis of brain death [19]. Notably, this EEG measure as defined above does not fulfill EEG criteria to declare brain death [19].
- **3.** Last QRS complex (QRS_0) was defined as the time of the final QRS complex with a clear R peak, as recorded on ECG, based on studies of QRS morphology as an indicator of cardiac dysfunction [20].

EEG and Physiologic Data Acquisition

Electroencephalograph and ECG recordings were obtained using a digital bedside video monitoring system (XLTEK; Excel-Tech Corp, Natus Medical Incorporated; Oakville, Ontario, Canada; low-pass filter = 70 Hz, high-pass filter = 1 Hz, sampling rate = 200 , 256, and 512 Hz) with 21 EEG electrodes placed according to the International 10–20 system. EEG data were evaluated using a $5-\mu V/mm$ sensitivity and 60-Hz notch filter. Blood pressure and heart rate data were acquired using a Phillips or GE bedside physiologic monitoring system with Bed-masterEX software (Excel Medical Electronics; Jupiter, FL, USA; sampling rate = 0.2 Hz). EEG, ECG, and other physiologic measurements were recorded as part of routine clinical care. Bedside monitoring systems were synchronized to an Internet clock.

Data Preprocessing

Signal preprocessing was done with Matlab (Matlab 2019a; The MathWorks, Inc; Natick, MA). Raw EEG data were preprocessed using the FieldTrip [21] and Chronux [22] toolboxes. Noisy EEG channels were identified upon visual inspection by EEG experts (AA and JC) and excluded from analyses. A Hjorth surface Laplacian filter was applied, which, from each channel, subtracts the spatially averaged signal of its closest neighbors. This approach dampens EEG signals common to spatially proximate electrodes (i.e., signals often seen in movement or muscle artifact) while amplifying signals localized to each channel. We calculated three quantitative EEG features: spectral power, coherence, and permutation entropy in 30-s epochs. Only frequencies between 1 and 50 Hz were used. Data were analyzed in five different frequency bands: delta $(1-4 Hz)$, theta $(4-8 Hz)$, alpha $(8-14 Hz)$, beta (14–26 Hz), and gamma (26–50 Hz). Data from 5 min before to 5 min after each event were used. Each 10-min EEG recording was discretized into 20 epochs for analysis.

Spectral Power

Spectral power is a measure of the energy carried by a signal and defined as the squared EEG amplitude in a discrete frequency range. Power for each epoch was calculated using multitaper decomposition, as implemented in the mtspectrumc function of the Chronux toolbox. Analyses were performed after applying a natural logarithm.

Coherence

Coherence is a measure of phase synchrony between signals. Coherence was calculated for all combinations of channel pairs using weighted pairwise phase consistency as implemented in the ft_connectivityanalysis function of the FieldTrip toolbox.

Permutation Entropy

Permutation entropy is a measure of complexity in a time series based on the probability of ordinal sequences of different permutations in the time series [23]. Permutation entropy of permutation order $n = 4$ was calculated over a time lag vector $\tau = (2, 4, 8)$.

Statistical Tests

Event-related changes to EEG features were calculated for each frequency band as well as the full frequency spectrum. We conducted repeated measures of analysis of variance, comparing features across all epochs. Not all data were normally distributed and spherical, so pairs of epochs were compared using Wilcoxon signed-rank tests and corrected for multiple comparisons using the Benjamini–Hochberg false discovery rate method. Each pair contained epochs occurring 5 min apart, with one epoch before and one epoch after an event. With 10 epoch pairs and 19 patients, this resulted in 190 total comparisons.

Results

Study Cohort

We identified 19 patients who had continuous EEG recorded at the time of cardiovascular collapse in cardiac death. The median age at death was 57 years (interquartile range [IQR] 45–82), and the most common admission diagnoses were status epilepticus and cardiac arrest (Table 1). At the time of death, 14 patients had a status of comfort measures only or WLST with do not resuscitate, and 18 had a do-not-resuscitate status in place. Three patients received ACLS, including chest compressions and epinephrine, and two of these patients were placed on a do-not-resuscitate status after ACLS was performed. In the 24 h preceding death, 16 patients received anticonvulsants and/or sedatives and 10 received vasopressors. $QRS₀$ was not available in two patients because of ECG artifacts following chest compressions and poorly connected ECG leads.

Time Line of Events

The time line of CBF_0 , EEG_0 , and QRS_0 varied between the 19 patients tremendously (Fig. 1). EEG₀ occurred prior to QRS₀ in ten patients, at the time of QRS₀ in five, and following QRS₀ in two. The range of EEG₀ in relation to QRS₀ was from $-$ 80.0 to 2.0 min (median $-$ 2.0, IQR – 8.0 to 0.0). EEG₀ occurred prior to CBF₀ in six patients, at the time of CBF₀ in two, and following CBF₀ in 11. The range of EEG₀ in relation to CBF₀ was from $-$ 33.0 to 34.0 min (median 2.0, IQR − 1.5 to 6.0).

Significant EEG Feature Changes

After CBF_0 , full-spectrum log power and full-spectrum coherence decreased (Fig. 2, Supplemental Fig. 1), largely driven by low frequencies. Concurrently, theta and delta

permutation entropy increased. After EEG_0 , full-spectrum log power, delta coherence, and beta permutation entropy decreased, whereas delta and theta permutation entropy increased. Following $QRS₀$, delta coherence decreased (Table 2). A case study of a patient with returning EEG activity following CBF_0 and a brief period of isoelectric EEG is given by Fig. 3 and Supplemental Fig. 2. Statistical dispersion of EEG features at $CBF₀$ is given by Table 3.

Discussion

In this case series, we observed that the timing of electrocerebral silence following cardiovascular collapse in death was highly variable in relation to the permanent cessation of the electrical and pump function of the heart. Across all patients, decreases in full-spectrum coherence and log power, with increases in low-frequency permutation entropy, were seen at the time of estimated cessation of cerebral blood flow. To our knowledge, this study is the first to look at the order and timing of these three pathophysiologic events. None of these observations allow any conclusion on the possibility of awareness following cardiac death but, instead, support the notion of a more complex and poorly synchronized process of dying [24].

In humans, voltage suppression [6, 7] and isoelectric EEG within 30 s of asystole [13, 19, 25, 26] have been reported. In rare occasions, prolonged EEG activity minutes after cessation of blood flow has been observed [8, 9]. Rhythmic [6, 13], bursting [7], and background [6] neural activity in the delta band frequency range have been reported following cardiac arrest. Sustained background neural activity [6] and increased amplitude [15] in the theta band have been found, as well. A recent large-scale study found a transient return of cardiac activity (arterial pressure of 5 mm Hg or more with a QRS complex) in 14% of patients after cessation of cardiac activity during WLST [27].

In our case series, we saw persistent EEG activity in some patients minutes after CBF_0 and $QRS₀$. Our results support the notion that, in rare cases, electrical brain activity can briefly continue in the absence of cardiac function supporting cerebral perfusion. The excitability and potential preservation of cortical neurons several minutes after cardiac arrest, suggested by our case study (see Fig. 3), contributes to evidence that electrocerebral silence during the dying process is not always permanent [12, 28–30].

After interpreting our EEG features, we assume that power is a function of aggregate neuronal electrical activity, that coherence may be proportional to functional connectivity, and that permutation entropy is theoretically proportional to the amount of information communicated by a signal. A prior study reported increased power and coherence in the lower gamma band (25–55 Hz) after circulatory death in rats [5]. Translating these findings to humans is challenging because normal and abnormal frequency spectra may differ [31– 33]; however, in contrast to the animal work, we found decreases in full-spectrum EEG log power and coherence following the estimated circulatory cessation. In accordance with attenuation seen in previous human studies within seconds of cardiac arrest [6, 7, 15], we found lower full-spectrum log power after CBF_0 .

Concurrent increases in permutation entropy and decreases in coherence in lower frequencies after CBF_0 may represent a swift loss of both global and local synchronous neuronal activity following the loss of blood flow. This observed increase in signal complexity may also reflect abnormal information exchanges between neurons, implying that arrhythmic, local neural signaling is another possible signature of a blood-flow-deprived brain [6, 7, 15]. Given that permutation entropy is associated with changes in consciousness [34–36], these results suggest that perceptual changes, subsequent to abnormal perfusion of the brain, may be at least mediated by disintegrated long-distance cortical processing and elevations in locally complex processing.

Status epilepticus may predispose patients to transient electrocerebral activity in the absence of oxygenation and blood flow necessary to sustain life. In patients with status epilepticus, noise-driven perturbations are sufficient to trigger oscillations in pathologically hyperexcitable cortical neurons [37–39]. The effects of seizure-induced disruption of the blood–brain barrier [40–44] and pharmacological agents on hyperexcitable neurons may influence mechanisms that underlie the recurrence of EEG activity following electrocerebral silence during cardiac death. Intramuscular epinephrine administered to patient 17 during pulseless electrical activity and shortly before the recurrence of EEG activity, which may have mimicked an endogenous stress response, induced cerebral activity [45–47]. The underlying mechanisms of a brief return of EEG activity following a brief period of isoelectric EEG are uncertain and require further study.

Our case series contributes to a small corpus of literature that has evaluated the time course of electrocerebral function following cardiac arrest [5, 7–9, 13, 16, 17, 48]. Relevant to organ donation after cardiac death, a return of EEG activity after cardiopulmonary resuscitation was observed in pigs who underwent no more than 4.5 min of ventricularfibrillation-induced cardiac arrest [48]. The authors suggest a 10-min "no-touch" period before organ retrieval to ensure brain death in all human donors. Our data support that a 5-min wait time may be sufficient, as $EEG₀$ after the last QRS occurred for no more than 2 min in two patients. Further evidence is required to better determine the minimum time that needs to pass prior to proceeding with organ donation after cardiac death, as the quality of donor organs deteriorates rapidly following cardiac death.

Of 19 patients who died a cardiac death, 11 had EEG activity following permanent cessation of the electrical or pump function of the heart. The persistence of cortical activity and the reversibility of electrocerebral silence in patients who are critically ill after physiciandetermined death has implications for continued discussions surrounding cardiopulmonary resuscitation [6, 28, 49, 50], EEG criteria for brain death [19, 51–54], and organ donation after cardiac death [7, 26, 27, 53, 55]. The use of EEG to support outcome prediction during resuscitation [6, 48] and to determine the nociceptive capacity of the brain under life-threatening conditions, such as cardiovascular failure [56–60], may be of interest for future research.

Our study has multiple limitations. First, although times for both QRS_0 and EEG_0 were assessed from the same EEG monitor clock, a clock from another bedside monitor was used to assess blood pressure criteria for $CBF₀$, which limits the precision of timing

between events. Second, the study is a retrospective case series with a small number of patients collected over many years. This prevents us from making generalizable inferences. Third, although we took artifacts into consideration during the quantitative EEG analysis, the intensive care unit is an artifact-rich environment, thus making artifact-free analysis challenging. Fourth, we did not analyze cortical spreading depolarization because patients only underwent surface EEG [28, 61]. Fifth, the EEG in this series was obtained using standard clinical EEG criteria and not those recommended for brain death determination, which is pertinent to our assessment of electrocerebral silence. Finally, our cohort comprised a group of patients with different etiologies and preexisting neurological diagnoses. Our observations of post- $QRS₀EEG$ activity in patients receiving epinephrine and patients with status epilepticus immediately preceding cardiac arrest may be insufficient to make generalizable inferences about all patients. Although challenging, a larger prospectively collected multicenter cohort study may better elucidate electrocerebral patterns during the process of cardiac death.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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Fig. 1.

Timeline of three pathophysiologic events. Relationship of electrocerebral silence on EEG $(EEG₀)$ and last QRS complex on ECG $(QRS₀)$ in relation to cessation of cerebral blood flow (CBF₀). The *y* axis represents the 19 patients in the study and the *x* axis represents time in minutes. Patients are ordered by magnitude of change in global power 5 min before vs. 5 min after CBF_0 . For patient 12, temp_ EEG_0 represents time of temporary electrocerebral silence before the return of cerebral activity ($EEG₁$; see Fig. 3 for details). $QRS₀$ was not available in two patients (no. 2 and no. 17) because of ECG artifacts following chest compressions and poorly connected ECG leads. ECG electrocardiogram, EEG electroencephalograph, $EEG₁$ return of cerebral activity

Fig. 2.

Change in full-spectrum EEG features after CBF_0 . Boxplot showing change in epochaveraged and channel-averaged full-spectrum EEG features 5 min before vs. 5 min after CBF0 for all patients. Cohort-wide changes in log power and coherence are statistically significant ($p < 0.028$). CBF₀ cessation of cerebral blood flow, EEG electroencephalograph

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Fig. 3.

Raw EEG data and power spectral density in a patient with electrocerebral activity on EEG after CBF_0 and a brief period of isoelectric EEG. Sixty-five-year-old woman who was hospitalized for refractory status epilepticus in the setting of anoxic brain injury. On hospital day 10, the course was complicated by cardiac arrest with PEA. After chest compressions were performed for 20 min, the patient underwent withdrawal of life-sustaining therapies at the request of the family. Power spectral density of her EEG is displayed (**a**), calculated from channels Fz, Cz, and Pz because these are less frequently affected by muscle and

ECG artifact. Colored lines at the bottom indicate nonconvulsive status epilepticus (NCSE), $CBF₀$, $EEG₀$, PEA, start of chest compressions (CC), end of chest compressions (CC_end), and return of cerebral activity (EEG_1). EEG (bipolar montage, sensitivity of 5 μ V/mm, 60-Hz notch filter) at the time (temp_EEG₀) demonstrated no clear electrocerebral activity **. Following the activity after CBF₀ and a brief period of isoelectric EEG, electrocerebral** activity returned (EEG_1) (c) (see Supplemental Fig. 2 for raw EEG data at the remaining events). The power spectral density plot revealed decreased power 36 min before CBF₀. Artifacts are seen throughout in the 20-Hz range, and prominent artifacts due to chest compressions are seen between 18 and 38 min following CBF_0 . At CBF_0 , median log power was − 4.10 (IQR − 12.08 to − 2.69, range − 16.61 to 2.96), median coherence was 0.23 (IQR 0.01–0.94, range − 0.50 to 0.99), and median permutation entropy was 3.31 (IQR 2.60–3.87, range 1.85–4.45). CBF₀ cessation of cerebral blood flow, ECG electrocardiogram, EEG electroencephalograph, EEG₀ electrocerebral silence on EEG, IQR interquartile range, PEA pulseless electrical activity

Table 1

Patient cohort ($n = 19$)

Demographic breakdown of the cohort by age, sex, and admission etiology: WLST, CMO, mechanical ventilation status prior to WLST, and receipt of ACLS. Other: seizure $(n = 1)$, brain tumor $(n = 1)$, cardiomyopathy $(n = 1)$, traumatic brain injury $(n = 1)$, arteriovenous fistula $(n = 1)$, and abdominal compartment syndrome $(n = 1)$

ACLS advanced cardiac life support, CMO comfort measures only, DNR do not resuscitate, ICH intracerebral hemorrhage, IQR interquartile range, SDH subdural hemorrhage, WLST withdrawal of life-sustaining therapies

^aTwo patients were placed on DNR status after ACLS was performed

 b Received in the 24 h before death

Table 2

Statistical results Statistical results

physiologic event, stratified by frequency band. If full-spectrum changes were significant, Comprehensive statistical test results for all EEG features with statistically significant changes during a pathophysiologic event, stratified by frequency band. If full-spectrum changes were significant, frequency band-specific changes were not reported frequency band-specific changes were not reported ANOVA analysis of variance, CBF ocessation of cerebral blood flow, EEG electroencephalograph, EEG oelectrocerebral silence on EEG, QRS olast QRS complex on electrocardiogram, RBC rank-biserial ANOVA analysis of variance, CBF_Ocessation of cerebral blood flow, EEG electroencephalograph, EEG olectrocerebral silence on EEG, QRS0 last QRS complex on electrocardiogram, RBC rank-biserial correlation, WWilcoxon signed-rank test statistic W Wilcoxon signed-rank test statistic correlation,

Table 3

Dispersion of EEG features around CBF⁰

Median, IQR, and range of cohort's EEG features around CBF0

 $CBF0$ cessation of cerebral blood flow, EEG electroencephalograph, IQR interquartile range