




Delaying Surgery After Neoadjuvant Chemotherapy Affects Survival in Patients with Colorectal Peritoneal Metastases: A BIG-RENAPE Network Multicentric Study

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ABSTRACT

Background. Multimodal treatment for patients with peritoneal metastases (PM) from colorectal cancer (CRC), including perioperative chemotherapy (CT) plus complete resection, is associated with prolonged survival. The oncologic impact of therapeutic delays is unknown.

Objective. The aim of this study was to assess the survival impact of delaying surgery and CT.

Methods. Medical records from the national BIG RENAPE network database of patients with complete cytoreductive (CC0–1) surgery of synchronous PM from CRC who received at least one neoadjuvant CT cycle plus one adjuvant CT cycle were retrospectively reviewed. The optimal interval between the end of neoadjuvant CT to surgery, surgery to adjuvant CT, and total interval without systemic CT were estimated using Contal and O'Quigley's method plus restricted cubic spline methods.

Results. From 2007 to 2019, 227 patients were identified. After a median follow-up of 45.7 months, the median overall survival (OS) and progression-free survival (PFS) was 47.6 and 10.9 months, respectively. The best cut-off period was 42 days in the preoperative interval, no cut-off period was optimal in the postoperative interval, and the best cut-off period in the total interval without CT was 102 days. In multivariate analysis, age, biologic agent use, high peritoneal cancer index, primary T4 or N2 staging, and delay to surgery of more than 42 days (median OS 63 vs. 32.9 months; $p = 0.032$) were significantly associated with worse OS. Preoperative delay of surgery was also significantly associated with PFS, but only in univariate analysis.

Conclusion. In selected patients undergoing complete resection plus perioperative CT, a period of more than 6 weeks from completion of neoadjuvant CT to cytoreductive surgery was independently associated with worse OS.

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In 2018, 1.8 million cases of colorectal cancer (CRC) were diagnosed worldwide,¹ with peritoneal metastases (PM) being observed in 10% of these patients.² Without surgical resection, PM are associated with a very poor prognosis, with a 5-year overall survival (OS) rate of 5%.³

In the PRODIGE 7 prospective randomized study, cytoreductive surgery (CRS) combined with systemic chemotherapy (CT) used in the pre- and postoperative periods offered long-term survival.⁴ The 5-year OS rate of 39% and median survival of 41 months has rarely been observed in previous studies.⁴ Systemic therapy has become a standard of care and oncologic societies recommend that patients with metastases from CRC consider systemic CT as the initial part of every treatment strategy.⁵

However, the optimal time from completion of neoadjuvant CT to CRS, and the time from CRS to initiation of adjuvant CT, is yet to be established and may affect the overall outcome. Experimental and clinical evidence support the hypothesis that this interval without CT is a window for the development of new metastases⁶ with a potentially harmful effect on OS.⁷ In current practice, resections were scheduled 4–5 weeks⁸ following completion of neoadjuvant CT, and adjuvant CT began 4–12 weeks after surgery. The timing of these sequential uses of CT was developed in an empirical fashion.

The delays in oncologic treatment significantly altered the prognosis in several different forms of cancer.^{9,10} For stage III colon cancer, the risk of death increases by 6%¹⁰ with a 4 week delay to surgery; the impact is more marked for delays to adjuvant CT, with an increased risk of death ranging from 6 to 100%.^{10–15} For stage IV colon cancer, few studies have evaluated the influence of delays to surgery on oncologic outcomes and no researchers have assessed the time delay to adjuvant CT or specifically evaluated patients with resectable PM.

For patients with liver metastases from CRC, an interval of more than 5 weeks between surgery and adjuvant CT was an independent predictor of decreased progression-free survival (PFS).⁸

The fight against the worldwide coronavirus disease 2019 (COVID-19) pandemic required extensive hospital resources, with staff having to make difficult decisions with regard to prioritization of care, resulting in delays in oncologic treatments such as elective surgery¹⁶ and systemic CT.¹⁷ Understanding the prognostic impact of treatment delays became crucial for guiding national policy making and organizing cancer services.¹⁸ One of the more current concerns is further improving the benefits of CT.

The main objective of this study was to (1) assess the survival impact of three time intervals without systemic CT: the preoperative interval (preI), corresponding to the time between completion of neoadjuvant CT and CRS; the postoperative interval (postI), corresponding to the time between CRS and the start of adjuvant CT; and the total interval (totalI) without CT, between completion of neoadjuvant CT and the start of adjuvant CT. The

secondary objective of this study was to identify each component of the systemic CT regimen associated with changes in oncologic outcomes.

PATIENTS AND METHODS

Data Source

BIG-RENAPE is a French National Network dedicated to peritoneal malignancy management and includes a clinical and biobank-based research database. This study was conducted in accordance with the Declaration of Helsinki and was approved by the appropriate Ethics Committees (CPP SUD-EST IV No. 2014-A01715-42, and CHU Angers No. 2021-104).

Patient Selection

Patient selection is detailed in Fig. 1. All consecutive patients who underwent CRS from 2007 to 2019 were selected from the BIG RENAPE database. The inclusion criteria for the study included patients over the age of 18-years with pathologically confirmed PM from CRC, PM synchronous to primary, complete CRS (CC0–1) between 1 January 2007 and 31 December 2019, at least one cycle of neoadjuvant CT and one cycle of adjuvant CT, and timing of the neoadjuvant CT-surgery-adjuvant CT stated.

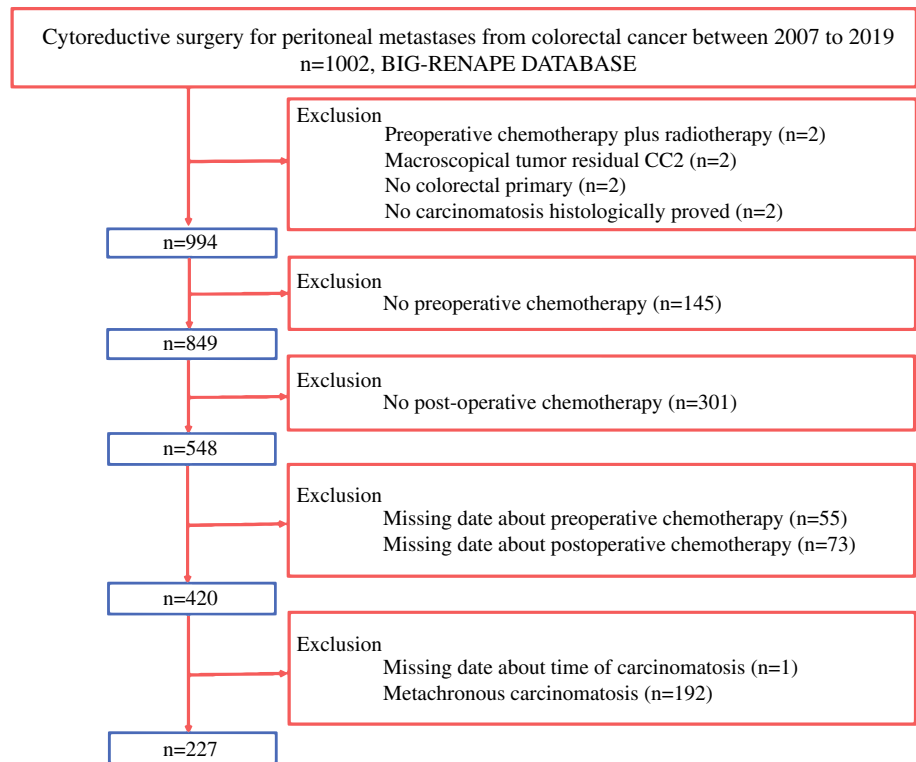
The exclusion criteria included appendicular primary tumor, CC2 resection, preoperative radiotherapy, and prophylactic hyperthermic intraperitoneal chemotherapy (HIPEC; high risk of PM with Peritoneal Cancer Index [PCI] = 0 at surgical exploration).

Statistical Analysis

The first step was an overall descriptive analysis. Qualitative factors were described according to the frequency of their respective modalities, and continuous factors were described according to their mean \pm standard deviation (SD). OS was defined as the time between the start date of adjuvant CT and the date of death from any cause (or censored at the date of the last news in life), while PFS was defined as the time between the start date of adjuvant CT and the date of progression or death (or censored at the date of the last update received in remission). OS of the overall population was described using Kaplan–Meier curves, and the median of the population follow-up was calculated using the inverse Kaplan–Meier method.

The second step was the univariate survival analysis. The univariate impact on OS of each of the studied factors was determined by the univariable Cox model.

FIG. 1 Patient selection process



For the delay variables, in order to facilitate their use in a prognostic score, we discretized them by looking for the best cut-off. Due to the multiple testing used to find the optimal cut-off point, we made an adjustment to the usual significance test to preserve the type I error rates. Several techniques can be considered at this point.

Contal and O’Quigley’s method¹⁹ uses the log-rank statistic (Q statistic) to categorize patients into high- or low-risk groups with regard to survival based on different thresholds for the predictor (i.e. delays). A Q statistic was computed for each threshold and the optimal threshold was selected, based on maximizing this Q statistic. The %FINDCUT SAS macro was used.

Cox models with restricted cubic splines (RCSs) were used to model the relationship between OS and perioperative delays.²⁰ The number of knots for the splines was selected to minimize the AIC. The best model was then used to visualize inflection points in the least extreme data window. All models with splines were performed with the packages rms 6.2-0 using R software version 4.1.2 (2021-11-01) [‘Bird Hippie’].

The third step was the multivariate analysis to assess the independent prognostic impact of the factors studied. Variables significant at the 10% univariate level were entered into the multivariable Cox proportional hazards model and the adjusted hazard ratios [HRs] were calculated. Missing data for the variables selected for the

multivariate analysis were imputed by multiple imputation if there was < 30% of missing data.

All analyses were performed with a final significance level set at 5% (two-sided formulation) using SAS software, version 9.4 (SAS Institute Inc., Cary, NC, USA), Stata software version SE 17 (StataCorp LLC, College Station, TX, USA) and R software version 4.1.2 (2021-11-01) [‘Bird Hippie’].

RESULTS

Patient Characteristics

Patient characteristics are in Table 1. Overall, 119 female patients (52.4%) and 108 male patients (47.6%) were included in this study, with a mean age of 58 years (SD 10.8).

The PM was a result of adenocarcinomas of the right colon (35.4%), transverse colon (3.5%), left colon (59.3%), and rectum (1.8%), and unknown in one patient. Overall, 180 patients (79.3%) were treated in one center (Lyon) and 47 (21.7%) were treated in the other eight centers.

Treatment

Operative and treatment characteristics are in Table 2. Preoperative systemic CT used two and three drug regimens in 90 (39.6%) and 125 (55.1%) patients,

TABLE 1 Patient characteristics

Characteristics	<i>N</i> = 227
Mean age, years (\pm SD)	58.3 \pm 10.82
<i>Sex</i>	
Female	119 (52.4)
Male	108 (47.6)
Mean body mass index (\pm SD)	24.54 \pm 5.09
<i>ASA score</i>	
1	55 (26.2)
2	137 (65.2)
3	17 (8.1)
4	1 (0.5)
Missing data	17
<i>Number of cytoreductive surgeries per patient</i>	
1	202 (89)
>1	25 (11)
<i>Period</i>	
2007–2015	120 (52.9)
2016–2020	107 (47.1)
<i>Primary location</i>	
Right colon	80 (35.4)
Left colon	134 (59.3)
Transverse colon	8 (3.5)
Rectum	4 (1.8)
Missing data	1
<i>Primary T stage</i>	
T1	1 (0.6)
T2	1 (0.6)
T3	48 (30.8)
T4	105 (67.3)
Tx	1 (0.6)
Missing data	71
<i>Primary N stage</i>	
N0	34 (21.9)
N1	57 (36.8)
N2	64 (41.3)
Missing data	72

Data are expressed as *n* (%) unless otherwise specified

SD standard deviation, ASA American society of anesthesiologists

respectively, and included new targeted molecules in 96 (42.3%) cases.

On completion of the best surgical effort with CRS, 215 patients (95.1%) had a CC-0 resection and 11 patients (4.9%) had a CC-1 resection. Overall, 197 (86.8%) patients had undergone HIPEC, with many variations in exposure techniques (i.e., open or closed wall), duration (30–90 min), or drugs (oxaliplatin/oxaliplatin plus irinotecan/mitomycin); 30 (13.2%) patients received no intraperitoneal CT.

Postoperative systemic CT used two and three drug regimens in 152 (69.1%) and 46 (20.9%) patients, respectively, and included new targeted molecules in 50 (22.4%) cases. The mean number of CT cycles was 6.02 ± 3.01 and 5.96 ± 2.06 in the neoadjuvant and adjuvant periods, respectively. The rate of postoperative morbidity grades III/IV at 90 days was 37.9%. Postoperative deaths were excluded from analysis of those patients because they never received adjuvant CT.

Cut-Off Interval

The mean intervals for preI, postI, and totalI were 37.63 (± 17.53), 63.16 (± 19.19), and 100.79 (± 26.02) days, respectively.

For preI, the RCS function found that the optimal cut-off time was between 38 and 47 days (5–7 weeks) for obtaining the best OS discrimination. The Contal and O'Quigley method located the optimal cut-off in a time period of between 41 and 47 days (6–7 weeks). The Contal and O'Quigley method calculations maximized abs (SK) of 15.96 at preI (43 days; within the first 6 weeks vs. more than 6 weeks), with a Contal and O'Quigley adjusted *p* value of 0.0073 and a false discovery rate *p* value of 0.0009. The best cut-off was thus also 42 days.

For postI, the RCS function found no inflection points and the Contal and O'Quigley method found no significant cut-off points among the 22 levels tested.

For TotalI, the RCS function defined an optimal TotalI of between 100 and 116 days (14–16 weeks) for obtaining the best OS. The Contal and O'Quigley method located the optimal cut-off at 102 days, with abs (SK) = 13.52 and adjusted *p* = 0.035.

Survival

With a median follow-up of 45.7 months (95% confidence interval [CI] 37.7–50.6), the median PFS and OS was 10.9 and 47.6 months, respectively. The PFS rates at 1, 3, and 5 years were 44.3%, 23.3%, and 23.3%, respectively, while the OS rates at 1, 3, and 5 years were 87.8%, 60.9%, and 42.1%, respectively.

A long preI (> 42 days) significantly decreased the median PFS: 11.6 versus 9.3 months (*p* = 0.042) [Fig. 2]

In the univariate analysis (Table 3), primary N2 status, neoadjuvant biologic agent use, neoadjuvant bevacizumab use, preI > 42 days, high PCI, no HIPEC use, and low number of adjuvant CT cycles significantly decreased PFS. In multivariate analysis (Table 4), no HIPEC use, high PCI, neoadjuvant biologic agent use, and primary N2 status also significantly decreased PFS.

In the univariate analysis (Table 3), sex, body mass index, histologic grade, primary location, and number of

TABLE 2 Operative and treatment characteristics

Characteristics	N = 227
<i>Number of chemotherapy lines</i>	
1	207 (91.2)
>1	20 (8.8)
<i>Neoadjuvant chemotherapy regimen</i>	
Monotherapy (capecitabine/5-fluorouracil)	2 (0.9)
Doublet (FOLFIRI/FOLFOX)	90 (39.6)
Triplet (FOLFIRI+biologic agent/FOLFOX+biologic agent/FOLFIRINOX)	125 (55.1)
Quadruplet (FOLFIRINOX+biologic agent)	10 (4.4)
<i>Neoadjuvant biologic agent,</i>	
None	96 (42.3)
EGFR antibody (cetuximab/panitumumab)	39 (17.2)
VEGF antibody (bevacizumab)	57 (25.1)
Mean number of neoadjuvant chemotherapy cycles (SD)	6.02 ± 3.01
Mean Peritoneal Cancer Index (SD)	8.79 ± 7.31
<i>Completeness of cytoreductive surgery</i>	
CC0	215 (95.1)
CC1	11 (4.9)
Missing data	1
<i>HIPEC</i>	
No	197 (86.8)
Yes	30 (13.2)
<i>Primary tumor differentiation</i>	
Good	35 (15.4)
Moderate	92 (40.5)
Low	25 (11)
Missing data	6
<i>KRAS status</i>	
Wild-type	110 (60.4)
Mutated	72 (39.6)
Missing data	45
<i>Postoperative morbidity at 90 days (grade III–IV)</i>	
No	141 (62.1)
Yes	86 (37.9)
Mean number of days of hospitalization (SD)	17.43 ± 9.65
<i>Adjuvant chemotherapy protocol</i>	
Monotherapy (capecitabine/5-fluorouracil)	15 (6.8)
Doublet (FOLFIRI/FOLFOX)	152 (69.1)
Triplet (FOLFIRI+biologic agent/FOLFOX+biologic agent/FOLFIRINOX)	46 (20.9)
Quadruplet (FOLFIRINOX+biologic agent)	7 (3.1)
Missing data	7
<i>Adjuvant biological agent</i>	
None	173 (76.2)
EGFR antibody	15 (6.6)
VEGF antibody	35 (15.4)
Unknown	4
Mean number of adjuvant chemotherapy cycles (SD)	5.96 ± 2.06
Mean number of preoperative days without systemic chemotherapy (SD)	37.63 ± 17.53

Table 2 (continued)

Characteristics	N = 227
Mean number of postoperative days without systemic chemotherapy (SD)	63.16 ± 19.19
Mean number of total perioperative days without systemic chemotherapy (SD)	100.79 ± 26.02
Total number of perioperative chemotherapy cycles (SD)	11.98 ± 2.9

Data are expressed as *n* (%) unless otherwise specified

SD standard deviation, EGFR epidermal growth factor receptor, VEGF vascular endothelial growth factor, HIPEC hyperthermic intraperitoneal chemotherapy

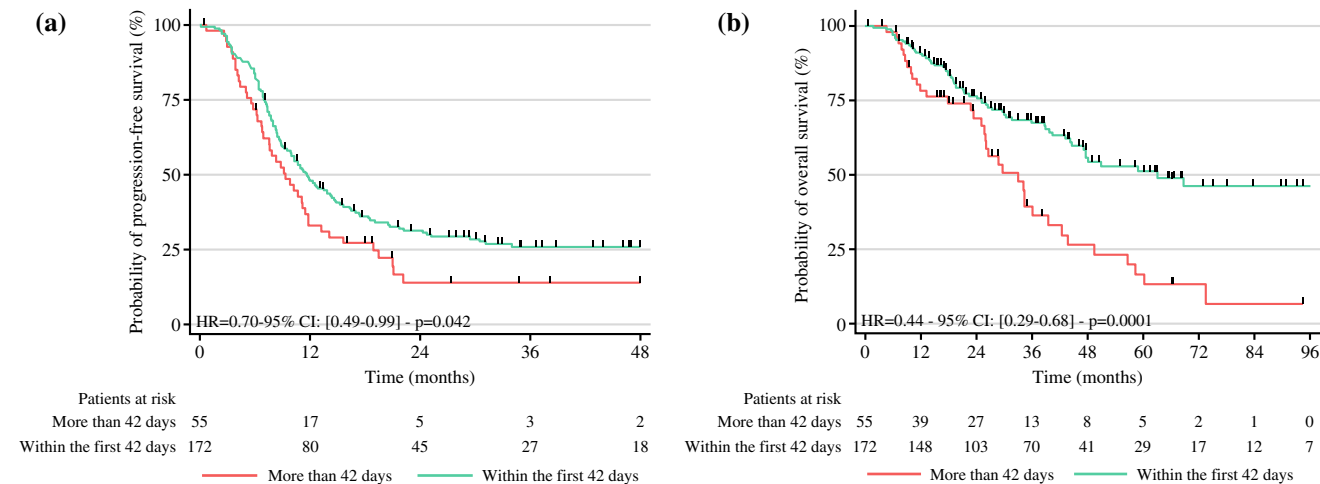


FIG. 2 **a** Progression-free survival and **b** overall survival among patients with a preoperative interval between completion of neoadjuvant chemotherapy and surgery of more or less than 42 days. HR hazard ratio, CI confidence interval

CRSs did not have a prognostic impact on OS. In contrast, advanced age, an extended carcinomatosis (i.e., PCI; $p < 0.001$), primary T4 and primary N2 ($p < 0.05$) stages had significantly negative prognostic impacts. Of the therapeutic factors, neoadjuvant setting, adjuvant setting, number of cycles, use of bevacizumab, number of drugs, biological agent used, or hyperthermic intraperitoneal CT use had no prognostic impact. Neoadjuvant biologic agent use ($p < 0.05$) and the timing between neoadjuvant CT completion and surgery ($p < 0.01$) were prognostic factors. A long preI (> 42 days) significantly decreased the median OS: 63 versus 32.9 months ($p < 0.01$) [Fig. 2].

A totalI of less or more than 102 days had a median OS of 50.8 months versus 36 months ($p = 0.016$) [Fig. 3], respectively. PostI had no influence on the risk of death.

In multivariate analysis (Table 4), age, primary T4, primary N2 stages, biologic agent use, high PCI, and preI > 42 days significantly decreased OS.

DISCUSSION

Our study is the first to investigate whether the different time intervals between the completion of neoadjuvant CT and surgery, and after surgery and the start of adjuvant CT, has any prognostic relevance in patients with advanced PM from CRC. Although no phase III trials have shown any survival advantage for perioperative systemic CT in patients with colorectal PM, systemic CT is an important component in the multimodal treatment of patients with PM^{4,21} and is accepted as a standard of care.⁵

In our selected population of patients with colorectal PM with ambitious multidisciplinary treatment, including optimal resection and systematic pre- and postoperative CT, the median OS was 47.6 months. This promising survival is in line with the OS of 41 months reported in the PRODIGE 7 randomized study;⁴ this phase III trial used similar multimodal treatments. These long survivals were rarely observed in previous studies, in which survival ranged from 33 to 38 months.²²⁻²⁴ This complex sequential

TABLE 3 Univariable analysis for progression-free and overall survival of 227 patients treated with cytoreductive surgery combined with perioperative chemotherapy for synchronous peritoneal metastases (stratified by center)

Variable	Progression-free survival		Overall survival	
	HR (95% CI)	<i>p</i> value	HR (95% CI)	<i>p</i> value
Age	0.99 (0.98–1.01)	0.184	0.98 (0.96–0.99)	0.025
Sex				
Female	1		1	
Male	1.17 (0.85–1.59)	0.332	1.00 (0.67–1.50)	0.985
Body mass index	1.01 (0.98–1.04)	0.602	0.99 (0.95–1.03)	0.550
ASA				
1	1.00		1.00	
2	1.10 (0.76–1.60)	0.597	1.02 (0.65–1.61)	0.935
3/4	0.68 (0.33–1.37)	0.280	0.63 (0.22–1.81)	0.368
Number of CRSs				
1	1.00		1.00	
>1	1.28 (0.80–2.06)	0.303	1.30 (0.73–2.32)	0.369
Period				
2007–2015	1.00		1.00	
2016–2020	0.74 (0.54–1.01)	0.060	0.78 (0.49–1.22)	0.275
Primary tumor location				
Right colon	1.00		1.00	
Left colon	0.82 (0.60–1.13)	0.232	0.72 (0.48–1.09)	0.122
T. colon	0.56 (0.20–1.53)	0.257	0.60 (0.15–2.49)	0.485
Rectum	0.72 (0.17–2.94)	0.644	1.22 (0.29–5.09)	0.783
Primary T stage				
<4	1.00		1.00	
≥4	1.30 (0.87–1.93)	0.198	1.57 (0.92–2.68)	0.095
Primary N stage				
N0	1.00		1.00	
N1	1.38 (0.88–2.17)	0.159	1.25 (0.66–2.36)	0.497
N2	1.94 (1.21–3.11)	0.006	1.93 (1.01–3.70)	0.048
Number of neoadjuvant CT lines				
1	1.00		1.00	
>1	1.32 (0.78–2.23)	0.300	1.24 (0.59–2.57)	0.573
Neoadjuvant CT regimen				
Monotherapy/doublet	1.00		1.00	
Triplet/quadruplet	1.28 (0.93–1.76)	0.127	1.37 (0.90–2.07)	0.143
Neoadjuvant biologic agent				
No	1.00		1.00	
Yes	1.69 (1.25–2.30)	0.001	1.63 (1.10–2.43)	0.016
Neoadjuvant bevacizumab agent				
No	1.00		1.00	
Yes	1.77 (1.27–2.47)	0.001	1.58 (1.04–2.40)	0.030
No. of neoadjuvant CT cycles	1.02 (0.98–1.07)	0.289	1.01 (0.95–1.08)	0.649
Preoperative interval without CT				
>42 days	1.00		1.00	
≤42 days	0.70 (0.49–0.99)	0.042	0.44 (0.29–0.68)	< 0.001
Peritoneal Cancer Index	1.03 (1.01–1.05)	0.001	1.05 (1.03–1.08)	< 0.0001
Completeness of cytoreductive surgery				
CC0	1.00		1.00	

Table 3 (continued)

Variable	Progression-free survival		Overall survival	
	HR (95% CI)	<i>p</i> value	HR (95% CI)	<i>p</i> value
CC1	1.01 (0.49–2.06)	0.984	1.40 (0.61–3.23)	0.428
HIPEC				
No	1.00		1	
Yes	0.61 (0.40–0.92)	0.018	0.75 (0.44–1.27)	0.285
KRAS status				
Wild-type	1.00		1.00	
Mutated	1.06 (0.75–1.50)	0.729	0.78 (0.50–1.24)	0.294
Postoperative morbidity at 90 days (grade III–IV)				
No	1.00		1.00	
Yes	0.94 (0.70–1.31)	0.694	1.21 (0.79–1.87)	0.376
Number of days of hospitalization	1.01 (0.99–1.03)	0.103	1.02 (1.01–1.04)	0.016
Adjuvant CT protocol				
Mono/doublet	1.00		1.00	
Triplet/quadruplet	1.19 (0.77–1.84)	0.438	1.19 (0.77–1.84)	0.438
Adjuvant biologic agent				
No	1.00		1.00	
Yes	1.38 (0.97–1.95)	0.074	1.13 (0.72–1.78)	0.588
Number of adjuvant CT cycles	0.91 (0.84–0.98)	0.017	0.95 (0.86–1.05)	0.350
Total number of perioperative CT cycles	0.98 (0.93–1.04)	0.516	0.99 (0.92–1.06)	0.701

Significant results are in bold

ASA American society of anesthesiologists, CRS cytoreductive surgery, *T colon* transverse colon, CT chemotherapy, HIPEC hyperthermic intraperitoneal chemotherapy

TABLE 4 Multivariable analysis for progression-free and overall survival of 227 patients treated with cytoreductive surgery combined with perioperative chemotherapy for synchronous peritoneal metastases (stratified by center)

Variable	Progression-free survival		Overall survival	
	HR (95% CI)	<i>p</i> value	HR (95% CI)	<i>p</i> value
Age			0.97 (0.95–0.99)	0.001
Primary <i>T</i> stage				
<4			1.00	
≥4			1.60 (0.96–2.66)	0.071
Primary <i>N</i> stage				
N0	1.00		1.00	
N1	1.24 (0.76–2.01)	0.384	1.36 (0.65–2.82)	0.409
N2	1.73 (1.05–2.86)	0.031	2.08 (1.01–4.32)	0.049
Neoadjuvant biologic agent				
No	1.00		1.00	
Yes	1.81 (1.03–3.19)	0.040	2.16 (1.03–4.53)	0.042
Preoperative interval without CT				
>42 days	1.00		1.00	
≤42 days	0.79 (0.54–1.16)	0.238	0.36 (0.22–0.59)	< 0.001
Peritoneal Cancer Index	1.04 (1.01–1.07)	0.002	1.05 (1.02–1.09)	0.001
HIPEC				
No	1.00			
Yes	0.62 (0.39–0.98)	0.040		

Significant results are in bold

CT chemotherapy, HIPEC hyperthermic intraperitoneal chemotherapy

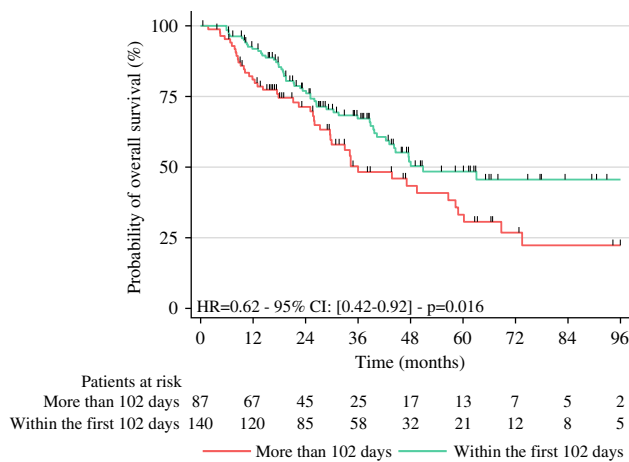


FIG. 3 Overall survival among patients with a perioperative interval between completion of neoadjuvant chemotherapy and the start of adjuvant chemotherapy of more or less than 102 days. *HR* hazard ratio, *CI* confidence interval

treatment is challenging in health care organizations and there is a need to understand the impact on survival of each component to use them to their fullest potential.

The CT regimen used in our study was the most effective in current modern practice and was an intensified CT. A triplet regimen was used in more than 60% of cases and targeted therapy was used in more than 50% of cases. Among the characteristics of the pre- or postoperative CT protocols, only the biologic agents used were associated with OS. Surprisingly, biologic agent use was associated with worse outcomes, which could be explained by the fact that patients administered a preoperative biologic agent may have also had more disease burden and/or more aggressive disease, which would explain their course. In the literature, the most evident advantage of intensified CT is the improved resectability of liver metastases,⁵ but there is no clear impact on OS, especially for resectable disease. For resectable PM, only one retrospective study showed a survival benefit when using neoadjuvant bevacizumab.²⁵ No single regimen or drug has sufficient efficacy to be recommended in all situations. The choice of CT regimen depends on many biomarkers and prognostic factors,⁵ with some difficulties encountered in standardizing practices.

In this large population of patients with PM from CRC, with complete CRS plus perioperative CT, we observed that the best cut-off interval for totalI was 102 days. This interval was long in comparison with patients with PM from ovarian cancer. The study by Lee et al.²⁶ found better OS and PFS with a totalI of ≤ 42 days, a finding that may be explained by a long preI and postI. Unlike PM from ovarian cancer, the chemosensitivity of PM from CRC is moderate. After 5–6 cycles of neoadjuvant CT, pathological complete response was 9% and 23% for PM from CRC and ovarian cancer, respectively.^{31,32} This modest

chemosensitivity of PM from CRC might explain clinicians' preferences for using intensified regimens with more drugs and cycles, leading to more adverse effects.

A long totalI of more than 102 days was associated with unfavorable median OS (50.8 vs. 36 months; $p = 0.016$); however, our multivariate analysis evaluating preI and postI separately showed that a delay in surgery after neoadjuvant CT was the only interval associated with worse OS. In the literature, there was no strong evidence for the efficacy of neoadjuvant CT before CRS. Four studies demonstrated a significant improvement in OS, while another three studies showed no benefit or a negative association.²⁷ None of these studies mentioned the timing between neoadjuvant CT and CRS.

Our results indicated that completion of neoadjuvant CT < 42 days after CRS significantly improved OS and PFS in univariate analysis. In multivariate analysis, benefit on OS remained significant. During follow-up, a short preI of < 42 days strongly decreased the risk of death by 63%. To our knowledge, there are no studies reporting on the optimal time intervals for perioperative CT for PM from CRC. The optimum timing for surgery post neoadjuvant CT is a recurrent question in many oncological surgical specialties, and our results are in accordance with findings from other metastatic carcinomas. In the study by Chen et al.⁸ a preI of more than 5 weeks was significantly associated with a worse PFS in patients with liver metastases from CRC. Finding a cut-off for the preI between neoadjuvant CT and surgery is consistent with the physiology-based hypotheses of tumor growth—the smaller the tumor, the higher the cell growth fraction. The multiple small foci of carcinomatosis tend to grow rapidly over time; the kinetics are not linear but exponential.²⁸ The effect of an anticancer drug on tumor weight is typically delayed and smoothes the growth curve, but in most cases the kinetic growth becomes exponential again several days after stopping CT.²⁸ These findings are an important rationale for removing tumors as fast as possible after completing neoadjuvant CT because the prognosis for PM depends highly on the extent of the disease.^{4,23,24}

Several factors can influence time to treatment, such as CT adverse effects or postoperative complications. A recent factor was the worldwide COVID-19 pandemic, leading to major alterations in health system performances. This pandemic was significantly associated with no or delayed scheduled oncological surgery, especially in advanced cancer.²⁹ Patients undergoing CRS required intensive perioperative care, in competition with patients with severe COVID-19 infections. Populations with advanced cancer such as PM were vulnerable to a health system with low resilience and an exacerbated scarcity of resources. Our study demonstrated a significant oncologic impact with worse OS in cases of delayed surgery after

neoadjuvant CT. This requires long-term investment to manage public health emergencies without major disruption to elective care and operational cancer planning. Fast and adaptative reorganization of health systems to allow them to deal with external system shocks are essential for protecting the capacity for elective oncologic surgery.

In our study, postI was not associated with OS. The survival benefit of postoperative CT after CRS for PM from CRC is inconsistent in the literature. We hypothesized that our selection of patients who underwent optimal and complete CRS limited the advantages of postoperative CT. For patients with PM from ovarian cancer, Hofstetter et al.³⁰ showed that delayed postoperative CT compromised OS, but only in patients with suboptimal debulking. Similarly, the review of the literature by Waite et al.²⁷ on PM from CRC showed that adjuvant CT improved OS, especially for patients with incomplete CRS.

Moreover, all patients received neoadjuvant CT in our study. Neoadjuvant CT could limit the benefit of adjuvant CT. European Society for Medical Oncology (ESMO) guidelines recommend adjuvant CT, particularly for patients who did not receive neoadjuvant CT.⁵

In multivariate analysis, extended carcinoma (PCI) and primary staging (T and N status) were significantly associated with OS. In the literature, these factors are well-known for having a strong impact on survival;^{23,24} they mark the aggressiveness and tumor load of the disease. Despite the selection of patients who systematically received neoadjuvant CT, the PCI and T and N factors remained significantly associated with OS. This finding suggests that tumor shrinkage or the biological behavior of tumors controlled by neoadjuvant CT was not as significant as expected.

This study has some limitations inherent to the retrospective nature of the study. Some data were missing. The study lacked information about physical status, nutritional status, economic level, or causes of therapeutics delays, all of which can potentially confound bias in the prognostic analysis of intervals. Patients with major postoperative complications who become too frail to receive adjuvant CT were not included in this study. The OS of our study reflected a select population able to receive CT and not survival of a population in intention-to-treat analysis.

Despite these limitations, the major strengths of this study are that it was based on a prospective database, using multicentric institution experience from expert centers on a homogeneous population who received modern CT, with an optimal statistical method for identifying the best timing. Moreover, this is the largest series on this population with multimodal treatment.

CONCLUSION

In selected patients undergoing complete resection plus perioperative CT, a time interval of more than 42 days from the completion of neoadjuvant CT to cytoreductive surgery was independently associated with worse OS. Optimal planning of surgery is mandatory with a short preI without systemic CT.

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