Digitalizing the Clinical Research Informed Consent Process: Assessing the Participant Experience in Comparison With Traditional Paper-Based Methods

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QUESTION ASKED: How does electronic informed consenting (eIC) for clinical research compare with paper-based methods?

SUMMARY ANSWER: Our findings suggest that eIC, compared with paper, (1) did not increase technology burden for participants, (2) supported comparable comprehension, (3) upheld key elements of participant agency (ability to self-advocate), and (4) increased completion of mandatory consent fields.

WHAT WE DID: We conducted a two-phase survey approach over 3 years using an iterative design methodology through a quality improvement lens. This incremental approach allowed us to gain insight into participants' perception and usability of eIC across all protocols during survey 1. We then explored more complex themes of comprehension and agency by focusing on two high-volume institutional protocols in survey 2. All participants who consented to a clinical trial via eIC were eligible to participate in pre-COVID-19 pandemic survey 1, assessing eIC's overall usability and technology burden during 2019 (February-November). Survey 2 assessed comprehension and agency and was sent to all participants who consented via paper or eIC, in-person or remotely via eIC-Telemedicine, to one of our two highest accruing nontherapeutic protocols intrapandemic during December 2019 through May 2021. Participants self-selected their method of consent to their primary protocol. For both surveys, participants were sent electronic surveys to their MyMSK Patient Portal (PP). No remuneration was offered. We compared eIC with paper consent across four outcomes: (1) technology burden, (2) protocol comprehension, (3) participant agency, and (4) completion of required document fields as assessed via electronic health records.

WHAT WE FOUND: On survey 1, 83% of respondents (n = 777) indicated eIC was easy or very easy to use; discomfort with technology overall was not correlated with eIC discomfort. For survey 2, eIC (n = 262) and paper consenters (n = 193) had similar comprehension scores. All survey 2 participants responded favorably to at least five of six agency statements; however, eIC generated a higher proportion of positive free-text comments (P < .05), with themes such as thoroughness of the discussion and consenter professionalism. eIC use yielded no completeness errors across 235 consents versus 6.4% for paper (P < .001). Survey cohorts were similar across race and ethnicity.

BIAS, CONFOUNDING FACTORS: Differences in survey burden likely drove response rates, with higher time and attention demand in survey 2 likely accounting for higher nonresponse and/or dropouts (19% response v 27% response for survey 1). Although PP use across participants sent survey 1 (89%) and survey 2 (88%) were high, all surveys were delivered electronically which may have decreased participation in populations with less digital literacy or technology access barriers. Because of anonymization, we do not have direct demographic data on respondents, but we have insight on demographic data and PP activity of the entire cohort invited to participate. Recall bias because of survey timing is another potential limitation. Participants self-selected their choice of consent medium, and there may be underlying factors that we did not account for between groups.

REAL-LIFE IMPLICATIONS: Our results support a broader call for organizations to offer eIC platforms for clinical research discussions to enhance the overall participant experience and increase the completeness of the consent process.

ASSOCIATED Content

Data Supplement

Author affiliations and disclosures are available with the complete article online.

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PURPOSE Consent processes are critical for clinical care and research and may benefit from incorporating digital strategies. We compared an electronic informed consent (eIC) option to paper consent across four outcomes: (1) technology burden, (2) protocol comprehension, (3) participant agency (ability to self-advocate), and (4) completion of required document fields.

METHODS We assessed participant experience with eIC processes compared with traditional paper-based consenting using surveys and compared completeness of required fields, over 3 years (2019-2021). Participants who consented to a clinical trial at a large academic cancer center via paper or eIC were invited to either pre-COVID-19 pandemic survey 1 (technology burden) or intrapandemic survey 2 (comprehension and agency). Consent document completeness was assessed via electronic health records.

RESULTS On survey 1, 83% of participants (n = 777) indicated eIC was easy or very easy to use; discomfort with technology overall was not correlated with discomfort using eIC. For survey 2, eIC (n = 262) and paper consenters (n = 193) had similar comprehension scores. All participants responded favorably to at least five of six agency statements; however, eIC generated a higher proportion of positive free-text comments (P < .05), with themes such as thoroughness of the discussion and consenter professionalism. eIC use yielded no completeness errors across 235 consents versus 6.4% for paper (P < .001).

CONCLUSION Our findings suggest that eIC when compared with paper (1) did not increase technology burden, (2) supported comparable comprehension, (3) upheld key elements of participant agency, and (4) increased completion of mandatory consent fields. The results support a broader call for organizations to offer eIC for clinical research discussions to enhance the overall participant experience and increase the completeness of the consent process.

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INTRODUCTION

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The informed consent (IC) process is the foundation of research participant protection and is critical to both clinical care and research. There is consensus that the IC process may benefit from incorporating digital and automation strategies, but health care digitization should not exceed the technology capacity of participants and create additional burden.¹ Assessment of participant technology burden with the use of digital tools in the IC process for clinical research (CR) in this regard is not well documented.

Studies have shown that enhancing the consent experience with introductory videos, visual aids, and testing can improve participant comprehension.²⁻⁴

However, most studies to date comparing electronic informed consenting (eIC) to paper have used focus groups,⁵ mock studies,⁶ nononcologic trials with small sample sizes (N = 35, 50, 120),⁷⁻⁹ or disease-specific oncology trials within a single sex and small sample size (N = 71).¹⁰ A recent review of research studies where paper-based IC processes were replaced with eIC for research did not consistently find that eIC was superior in facilitating participants' comprehension of information.¹¹ Another systematic review of digital tools in the IC process found that digitization did not adversely affect outcomes and suggested that multimedia tools were desirable.¹² To date, most studies comparing paper-based IC with eIC have been diverse in design and hard to summarize because of the lack



of standardization. Additionally, these studies do not cover the high-volume and complex oncology clinical trials performed at major cancer centers.

IC discussion quality is typically assessed through the lens of information retention or communication of federally required elements. Less inquiry has been conducted into participants' subjective experience of IC as a quality metric, acknowl-edging their critical position as research stakeholders and assessing their ability to self-advocate in the decision-making process.¹³ Additionally, prospective study participants are at an inherent disadvantage as the consenting professional brokers the currency of knowledge.¹⁴ There is widespread consensus that the current paper-based IC process can be improved to be more participants making their most informed, autonomous choice.¹⁵ Current literature is lacking in studies assessing potential differences in participant agency between eIC and paper-based consenting.

There are little available data explicitly comparing CR consent document completion of mandatory fields across eIC and paper. However, studies with surgical procedures have shown that standardizing the consent process through electronic means significantly eliminated the disadvantages found in paper-based processes (illegibility, incomplete fields, and document loss) and has simultaneously been shown to increase participant and staff satisfaction.¹⁶ A recent surgical consent study using a sample size of 200 showed that eIC decreased paper consenting error rates from 32% to 1%.¹⁷ Another surgical consent completeness study showed that using eIC in 29 cases decreased paper-based consenting errors when compared with 160 paper-based cases from 10% to 40% to zero.¹⁸

To address these issues, we implemented an in-house developed eIC application for CR consenting in 2017 to support participants across the previously described four key outcomes. Our implementation was developed to digitalize the research participant consenting experience with an educational engagement model. It allows consenting professionals and participants to move through the consent document synchronously without bypassing required fields and displays the consent form in a series of easily navigable tiers. Participants self-select their preferred mode of consent and review the document in real time with their consenting professional on a tablet or laptop/desktop, either in person or via elC-telemedicine with synchronous two-way video, voice, and screen share. eIC is enabled for CR participants who are English speaking and literate. Completed consents commit to the participant's electronic health record and MyMSK Patient Portal (PP); a paper version is available on request.

This paper describes our experiences across four key aims: (1) determine whether eIC poses added technology burden on oncology participants compared with paper-based consenting methods, (2) measure participant

comprehension in the consent process via a standardized survey, (3) use participant feedback on the consent experience to establish indicators of participant agency from their unique perspective, and (4) assess eIC completion of required consent document fields versus paper.

METHODS

Setting

Memorial Sloan Kettering (MSK) is a high-volume National Cancer Institute (NCI)–designated Comprehensive Cancer Center which in 2020 had 22,822 inpatient admissions and 781,924 ambulatory visits. 46% percent of all CR participant consents for 2021 (32,696) were performed electronically (15,056). eIC use versus paper for CR consenting has grown consistently from 2019 (6,434) through 2021 (15,056, 134% increase).

Survey Approach and Design

We conducted a two-phase survey approach over 3 years using an iterative design methodology. This quality improvement approach allowed insight into participants' overall perception and general usability of eIC during survey 1. Those outcomes gave us confidence to explore more complex themes of comprehension and agency by focusing on two specific high-volume institutional protocols in survey 2.

Survey 1 assessed baseline participant experience with elC and digital burden with technology via a five-question Likert scale-based survey assessing: comfort with technology, how difficult or easy elC was to use, what participants liked most about elC, suggestions for improvement, and would they recommend elC to another participant (Data Supplement). The survey was conducted over nine prepandemic months in 2019 (February-November). Digital burden was ascertained by first assessing the participants comfort with technology in general and then asking their opinion on the elC application's difficulty or ease of use for their consent discussion.

Survey 2 assessed comprehension of consent content and indicators of participant agency. Participants had prepandemic office visits and elC-telemedicine visits during the pandemic in December 2019 through May 2021, during which they consented to either of our two highest accruing institutional protocols: Storage and Research Use of Human Biospecimens and Genomic Profiling in Cancer Participants (ClinicalTrials.gov identifier: NCT01775072). A ten-item (four comprehension and six agency) survey with free-text response options tested comprehension of key elements of these nontherapeutic studies. Comprehension questions were tailored to each of the two protocols (Data Supplement), and scoring was from 0% to 100%. Agency statements prompted the participant to answer yes or no. Both protocols were chosen because they are pan-institutional, disease and stage agnostic, and gave large sample sizes to compare eIC versus paper consenting. The Genomic Profiling protocol consent has a video component for both paper and eIC and is shown to each participant as part of the consent discussion. The video contains an overview of the protocol and highlights key tenets of genetic testing, including the NY State confidentiality of records of genetic tests information.

Survey Delivery

Surveys were distributed electronically through participants' PP, with responses collected and managed using a Research Electronic Data Capture (REDCap) tool hosted at MSK.¹⁹ Electronic delivery was chosen because of logistical constraints and high use of the PP by both survey cohorts: 84% for survey 1 and 88% for survey 2. To preserve confidentiality, surveys were anonymous. Surveys were sent within 72 hours of participant consent to their primary protocol with no time limit for response. This research was deemed exempt by the MSK Institutional Review Board.

Surveys, including comprehension questions and agency statements, were developed and workshopped with patient education experts, each protocol's principal investigator, Institutional Review Board, CR operations, quality assurance, and with patients who provided their feedback in mock consent and survey sessions facilitated by MSK's Patient Family Advisory Council on Quality.

Participant Eligibility and Demographics

Eligible individuals sent PP invitations to participate were literate, English-speaking adults who had consented to a primary CR protocol. Remuneration was not offered. Surveys were not socialized in advance with potential participants during their primary protocol consent discussions. PP activity and demographic data are known for the sample to whom surveys were distributed, including age, sex, race, ethnicity, primary disease diagnosis, and zip code (Google Maps Application Programming Interface was used to calculate driving duration to the treatment location zip code; Table 1). However, data on actual respondents are unknown because of anonymization.

Survey Distribution

Survey 1 was distributed to all first-time elC application users consenting to any protocol in that timeframe. Consent sessions took place in-person using a tablet or laptop/desktop, and participants self-selected elC for their primary clinical trial(s) discussion. Survey 2 participants self-selected elC or paper to consent to either of two high-volume accruing nontherapeutic CR institutional protocols. Survey 2 was conducted intrapandemic, and consent sessions took place in person (using paper or elC on a desktop or tablet) or via elC-telemedicine.

Outcomes

We compared eIC with paper-based consenting across four primary outcomes whether a digital tool such as eIC (1) imposes increased technology burden, (2) improves comprehension in the consent discussion, (3) affects

Analysis

Survey responses and completeness data were analyzed through a mixed quantitative and qualitative approach. Wilcoxon rank sum was used to compare agency scores (sum of yes responses across six total agency statements) between eIC and paper groups. Agency score is not a validated measure and was developed by the investigators as described herein. Free-text responses were reviewed by two coders for keyword indicators of content and sentiment, assigned a valence (positive, negative, and neutral), and allocated into thematic categories. Comment valences were categorized into positive versus nonpositive (ie, negative or neutral) and assessed using chi-square tests.

RESULTS

Usability and Technology Burden

From survey 1, there were 940 respondents (of 3,539) who completed the initial five question experience survey (27% response). 15.8% of participants expressed being not at all comfortable (1.3%) or somewhat comfortable (14.5%) with technology in general; however, only 3% of participants noted that eIC was difficult (0.3%) or somewhat difficult (2.7%) to use (Fig 1). Most respondents (n = 777; 83%) indicated electronic consenting was very easy (n = 371) or easy (n = 406) to use.

Most respondents (896, 95%) indicated that they would recommend eIC to another research participant. Free-text feedback from 467 participants when asked, "What did you like most about eIC?," partitioned into three distinct themes: (1) easy to use and convenient, (2) value in having the electronic version of the final consent available for reference, and (3) the video helped with their overall comprehension of the clinical trial.

Survey 1 Demographics

Survey 1 invitees consented to 17 different parent protocols, with majority representation (90%) from the Biospecimen Banking (48%) and Genomic Profiling (42%) protocols (the same primary protocols used for survey 2; Table 1). The median driving distance to treatment was 0.98 hours.

Consent Form Comprehension

From survey 2, there were 455 respondents (of 2,378) who completed the survey (19% response). The comprehension survey for the Biospecimen Banking protocol had 65 paper consenters with an average comprehension score of 65%, versus 129 eIC users, who averaged 66%. For the Genomic Profiling protocol, 128 paper consenters had an average comprehension score of 71% versus 133 eIC users who averaged 73%. Differences in comprehension scores were not statistically significant.

TABLE 1. Invited Survey I and II Participant Demographics

Descriptor	Survey 1 (eIC)	Survey 2 Biospecimen Paper	Survey 2 Biospecimen elC	P (paper v eIC)	Survey 2 Genomic Paper	Survey 2 Genomic elC	P (paper v elC
Surveys sent	3,998	566	741		741	668	
Active PP, No. (%)	3,539 (89)	481 (85)	648 (87)		662 (89)	587 (88)	
Responses, No. (%)	940 (27)	65 (14)	129 (20)		128 (19)	133 (23)	
Age							
Median (years)	64	65	62	< .01ª	66	65	.30ª
Sex, No. (%)							
Male	1724 (43.1)	283 (50.0)	344 (46.4)	.19	372 (50.2)	294 (44.0)	.02
Female	2,274 (56.9)	283 (50.0)	397 (53.6)		369 (49.8)	374 (56.0)	
Protocol type, No. (%)							
Biospecimen Banking	1,919 (48.0)	566 (100)	741 (100)	_	—	—	_
Genomic profiling	1,679 (42.0)	_	—		741 (100)	668 (100)	
Epidemiologic	200 (5.00)	_	—		—	—	
Diagnostic	40 (1.00)	_	—		—	—	
Others: therapeutic, QOL, prevention	160 (4.00)	_	—		—	—	
Race, No. (%)							
White	3,177 (79.46)	443 (78.27)	597 (80.57)	.59	566 (76.38)	552 (82.63)	.32
Black/African American	324 (8.10)	41 (7.24)	52 (7.02)		53 (7.15)	43 (6.44)	
Asian-Far East/Indian subcontinent	274 (6.85)	41 (7.24)	44 (5.94)		64 (8.64)	47 (7.04)	
Native Hawaiian/Pacific Islander	5 (0.13)	0 (0.0)	0 (0.0)		0 (0.0)	0 (0.0)	
Native American/American Indian/Alaska	4 (0.10)	0 (0.0)	0 (0.0)		1 (0.13)	0 (0.0)	
Refused to answer/unknown	214 (5.35)	41 (7.24)	48 (6.47)		53 (7.15)	25 (3.75)	
Language, No. (%)							
English	3,998 (100)	566 (100)	741 (100)	_	741 (100)	668 (100)	_
Ethnicity							
Not Hispanic	3,499 (87.52)	497 (87.81)	653 (88.12)	.63	652 (87.99)	613 (91.77)	.39
Hispanic or Latino	273 (6.83)	43 (7.60)	51 (6.88)		49 (6.61)	38 (5.69)	
Unknown	209 (5.23)	24 (4.24)	33 (4.45)		36 (4.86)	15 (2.25)	
No value entered	17 (0.43)	2 (0.35)	4 (0.54)		4 (0.54)	2 (0.30)	
Driving duration to treatment center, No. (%))						
Median driving duration to treatment (hours)	0.98	0.69	0.85	.03	0.78	0.93	.44
		(conti	nued on following page)				

TABLE 1. Invited Survey I and II Participant Demographics (continued)

urvey 1 (eIC)	Survey 2 Biospecimen Paper	Survey 2 Biospecimen elC	P (paper v eIC)	Survey 2 Genomic Paper	Survey 2 Genomic elC	P (paper v eIC)
	•			<u> </u>	-	
,149 (28.74)	144 (25.44)	224 (30.23)	.16	259 (34.95)	204 (30.54)	< .01
336 (8.40)	56 (9.89)	61 (8.23)		31 (4.18)	61 (9.13)	
271 (6.78)	50 (8.83)	68 (9.18)		101 (13.63)	53 (7.93)	
,242 (56.08)	316 (55.83)	388 (52.36)		350 (47.23)	350 (52.39)	
,313 (82.87)	392 (69.26)	579 (78.14)	< .01	542 (73.14)	580 (86.83)	< .01
414 (10.36)	124 (21.91)	94 (12.69)		98 (13.23)	34 (5.09)	
271 (6.78)	50 (8.83)	68 (9.18)		101 (13.63)	54 (8.08)	
,	149 (28.74) 336 (8.40) 271 (6.78) 242 (56.08) 313 (82.87) 414 (10.36)	149 (28.74) 144 (25.44) 336 (8.40) 56 (9.89) 271 (6.78) 50 (8.83) 242 (56.08) 316 (55.83) 313 (82.87) 392 (69.26) 414 (10.36) 124 (21.91)	Paper Survey 2 Biospecimen elC 149 (28.74) 144 (25.44) 224 (30.23) 336 (8.40) 56 (9.89) 61 (8.23) 271 (6.78) 50 (8.83) 68 (9.18) 242 (56.08) 316 (55.83) 388 (52.36) 313 (82.87) 392 (69.26) 579 (78.14) 414 (10.36) 124 (21.91) 94 (12.69)	Paper Survey 2 Biospecimen elC P (paper v elC) 149 (28.74) 144 (25.44) 224 (30.23) .16 336 (8.40) 56 (9.89) 61 (8.23) .16 271 (6.78) 50 (8.83) 68 (9.18)	PaperSurvey 2 Biospecimen elCP (paper v elC)Survey 2 Genomic Paper149 (28.74)144 (25.44)224 (30.23).16259 (34.95)336 (8.40)56 (9.89)61 (8.23)31 (4.18)271 (6.78)50 (8.83)68 (9.18)101 (13.63)242 (56.08)316 (55.83)388 (52.36)350 (47.23)313 (82.87)392 (69.26)579 (78.14)<.01	Irvey 1 (elC)PaperSurvey 2 Biospecimen elCP (paper v elC)Survey 2 Genomic PaperSurvey 2 Genomic elC149 (28.74)144 (25.44)224 (30.23).16259 (34.95)204 (30.54)336 (8.40)56 (9.89)61 (8.23)31 (4.18)61 (9.13)271 (6.78)50 (8.83)68 (9.18)101 (13.63)53 (7.93)242 (56.08)316 (55.83)388 (52.36)350 (47.23)350 (52.39)313 (82.87)392 (69.26)579 (78.14)<.01

Abbreviations: eIC, electronic informed consenting; PP, patient portal; QOL, quality of life.

^aChi-square test for independence using generational age ranges, as defined by the Pew Research Center²⁰ (Generation Z, born 1997-present; Millennial, born 1981-1996; Generation X, born 1965-1980; Boomer, born 1946-1964; Silent, born 1945 and earlier).

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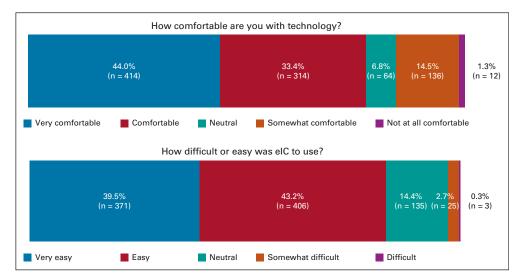


FIG 1. Survey 1 participant results on eIC application usability and technology burden. eIC, electronic informed consenting.

Survey 2 Demographics

Survey 2 invitees were primarily seen onsite and chose to consent via eIC or paper, although eIC-telemedicine may have been used. In chi-square tests of independence, proportions of invitees by race and ethnicity were shown to be similar across the eIC and paper invitees for both protocols (P > .05). However, primary disease type, driving duration (two sample t test), and age ranges (defined generationally²⁰) were not equally distributed among eIC and paper invitees to the Biospecimen Banking version (P < .01, P < .05, and P < .05, respectively). Primary disease diagnosis and sex of invitees were not equally distributed between eIC and paper invitees to the Genomic Profiling protocol (P < .01 and P < .05, respectively). Age, race, and ethnicity were found to be equally distributed when comparing all survey 1 invitees with all survey 2 invitees in a chi-square test of independence (P > .05); however, differences were noted in driving distance (twosample t test), sex, primary diagnosis, and tumor type (P < .05; Table 1).

Although we did not poll participants on their access to required technology, invitees who were sent survey 1 and survey 2 had active PP usage of 84% and 88%, respectively, suggesting a high proportion of technology access. Within-protocol PP usage for survey 2 invitees: Biospecimen Banking, 85% of paper versus 87% of eIC; Genomic Profiling, 89% of paper versus 88% of eIC.

Responses to Agency-Oriented Statements

The 457 participant responses to the six agency statements in survey 2 are summarized in Table 2. Differences in agency statement responses between electronic and paper consenting methods were not statistically significant (median agency score = 6 across all groups; interquartile range = 0-1).

Agency Free-Text Responses

One hundred fifty-eight of 262 eIC participants (62%) and 169 of 193 paper participants (87%) provided free-text responses to the agency statements. Among the total free-text responses (n = 296), 35% were determined to show positive sentiment toward the consent experience, 47% neutral, and 18% negative. For eIC, there were 44% positive comments, 15% negative, and 41% neutral comments. Paper consents generated 32% positive comments, 24% negative, and 44% neutral comments. Experiences with electronic consenting generated a significantly higher proportion of total positive comments than paper consenting (58 of 187 for eIC and 39 of 182 for paper), as compared with nonpositive comments (P < .05). Use of eIC also generated a significantly higher proportion of positive comments associated with the conduct (eg, kindness and professionalism) of the consenting professional (20 of 21 for eIC and 17 of 27 for paper) versus nonpositive comments, compared with the paper group (P < .01). Comments with positive agency sentiment included "I found the electronic version easier to follow along and read" and "It was conducted in an extremely professional way." Examples of negative comments included "I was extremely uncomfortable signing an iPad with my finger" and "Elderly population may have difficulty with digital approach."

Consent Method Completeness

Completion of eIC fields was 100% (0 deficiencies in 235 consents) and 94% for paper (15 deficiencies [6.4%] in 235 consents) across four protocols (both survey 2 protocols, another biospecimen protocol, and an institutional phase III therapeutic protocol). Paper consent form deficiencies included missing dates, required fields, and pages. A chi-square test of independence showed eIC to

 TABLE 2.
 Survey 2 Responses to Yes/No Agency-Oriented Statements by Consent Method

Agency Statement	No. of Positive Responses eConsent Group (%)	No. of Positive Responses Paper Group (%)	Р
It was my choice to take part in the study	262 (99.24)	193 (100)	.22
I felt respected during the consent conversation	262 (99.24)	192 (99.40)	.75
I was able to ask questions about the study	260 (98.40)	191 (98.96)	.65
All of my questions about the study were answered and I felt understood	257 (97.30)	187 (96.80)	.77
I had enough time to read the entire consent and make my decision	245 (92.80)	174 (90.16)	.31
I was able to pick the consent method I was most comfortable	215 (81.40)	160 (83.00)	.68

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have a significant association with improved completeness versus paper (P < .001).

DISCUSSION

Survey 1 showed that our implementation of elC was well tolerated, did not present a technology burden, and offered satisfactory functionality for participants in the consenting process. Discomfort with technology was not correlated with discomfort while using the elC application. This suggests that the elC application is approachable and accessible to participants even in the setting of technology aversion.

Survey 2 suggests that eIC supports equivalent comprehension of study details compared with a paper-based discussion process. Use of the informational video in the Genomic Profiling protocol regardless of consent medium may account for improved scores on the comprehension survey, and we note this for future exploration. This video is separate from the two-way video used during telemedicine.

Agency scores suggest a high degree of participant satisfaction and maintenance of a positive consent experience overall, regardless of consent medium or protocol. Scores suggest that even in cases when one or more agencyassociated criteria were not met (eg, participant was not offered the choice of consent method), participants did not feel their overall experience was undermined. Noted areas for improvement are giving participants enough time to make their decision, adequate information regarding complex or detailed study elements, and consent medium choice. This study was a pilot to compare feedback on participants' eIC and paper consent experiences through the lens of agency. Further investigation is planned to establish a validated agency measure in this context.

Demographics of age, race, and ethnicity were equally distributed between survey 1 and survey 2 invitees and equally distributed between eIC and paper groups for each protocol within survey 2. However, across all survey invitees during the timeframe of recruitment, unequal distributions were noted for primary disease diagnosis, tumor type, driving duration, and sex of invitees. These may be

indicative of broader consent trends within the MSK CR population. Investigation of these differences is beyond the scope of the current study, but we note them for future exploration.

As a strength, MSK is well suited to explore the consenterconsented dynamic, agency, and accessibility in the CR encounter. Additionally, the scope and functionality of our eIC platform allows consenting to occur with participants in-person and virtually via a telemedicine platform. This further allows us to distribute surveys efficiently and automatically to a large cross-section of our demographic given the considerable number of participants who choose to participate in CR protocols. Moreover, invitees who were sent survey 1 mainly consented to two primary protocols (90%): Biospecimen Banking and Genomic Profiling. These two protocols were the sole focus of survey 2.

A potential limitation was that participants' responses may be influenced by recall bias since a time limit was not imposed for survey completion. Selection bias may also have been a factor since all surveys were electronic, and participants self-selected their preferred consent medium. Recognizing that electronic surveys provide some selection bias against those with limited technology ability/access, the authors believe that this was not a significant driver for exclusion given invitees' PP use. Survey burden was likely a driver for our observed response rates, with higher survey burden resulting in more dropouts and/or nonresponse. Survey 1 had lower survey burden with five opinion questions (27% response), whereas survey 2 had higher survey burden with a 10-question comprehension and agency assessment (19% response). Other limitations are that this study was conducted at a single center, and only two protocols were chosen to assess consent comprehension and agency.

Further investigation into participant self-advocacy, knowledge as a currency of power, and the locus of decision making as elements of the consent discussion is warranted. Data are also needed for more complex therapeutic trials where participants may be seeking life-saving treatment, and, therefore, interactions may be more psychoemotionally charged. We are probing further into digital literacy and technology barriers for participants from marginalized/vulnerable populations in our current investigations. Additionally, we are investigating health equity barriers and socioeconomic status drivers for CR consenting.

AFFILIATIONS

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In conclusion, this implementation of eIC was well received by participants, did not impose an additional technology burden, afforded similar comprehension of key study elements, and maintained specified hallmarks of an agency-driven consent experience per our selected indicators. Completeness of the consent document was improved using eIC compared with paper.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Digitalizing the Clinical Research Informed Consent Process: Assessing the Participant Experience in Comparison With Traditional Paper-Based Methods

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