ORIGINAL RESEARCH ARTICLE

Skeletal Muscle Disorders: A Noncardiac Source of Cardiac Troponin T

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BACKGROUND: Cardiac troponin (cTn) T and cTnI are considered cardiac specific and equivalent in the diagnosis of acute myocardial infarction. Previous studies suggested rare skeletal myopathies as a noncardiac source of cTnT. We aimed to confirm the reliability/cardiac specificity of cTnT in patients with various skeletal muscle disorders (SMDs).

METHODS: We prospectively enrolled patients presenting with muscular complaints (≥2 weeks) for elective evaluation in 4 hospitals in 2 countries. After a cardiac workup, patients were adjudicated into 3 predefined cardiac disease categories. Concentrations of cTnT/I and resulting cTnT/I mismatches were assessed with high-sensitivity (hs-) cTnT (hs-cTnT–Elecsys) and 3 hs-cTnI assays (hs-cTnI–Architect, hs-cTnI–Access, hs-cTnI–Vista) and compared with those of control subjects without SMD presenting with adjudicated noncardiac chest pain to the emergency department (n=3508; mean age, 55 years; 37% female). In patients with available skeletal muscle biopsies, *TNNT/I1-3* mRNA differential gene expression was compared with biopsies obtained in control subjects without SMD.

RESULTS: Among 211 patients (mean age, 57 years; 42% female), 108 (51%) were adjudicated to having no cardiac disease, 44 (21%) to having mild disease, and 59 (28%) to having severe cardiac disease. hs-cTnT/I concentrations significantly increased from patients with no to those with mild and severe cardiac disease for all assays (all *P*<0.001). hs-cTnT–Elecsys concentrations were significantly higher in patients with SMD versus control subjects (median, 16 ng/L [interquartile range (IQR), 7–32.5 ng/L] versus 5 ng/L [IQR, 3–9 ng/L]; *P*<0.001), whereas hs-cTnI concentrations were mostly similar (hs-cTnI–Architect, 2.5 ng/L [IQR, 1.2–6.2 ng/L] versus 2.9 ng/L [IQR, 1.8–5.0 ng/L]; hs-cTnI–Access, 3.3 ng/L [IQR, 2.4–6.1 ng/L] versus 2.7 ng/L [IQR, 1.6–5.0 ng/L]; and hs-cTnI–Vista, 7.4 ng/L [IQR, 5.2–13.4 ng/L] versus 7.5 ng/L [IQR, 6–10 ng/L]). hs-cTnT–Elecsys concentrations were above the upper limit of normal in 55% of patients with SMD versus 13% of control subjects (*P*<0.01). mRNA analyses in skeletal muscle biopsies (n=33), mostly (n=24) from individuals with noninflammatory myopathy and myositis, showed 8-fold upregulation of *TNNT2*, encoding cTnT (but none for *TNNI3*, encoding cTnI) versus control subjects (n=16, P_{Wall} <0.001); the expression correlated with pathological disease activity (*R*=0.59, *P_{t-statistic}*<0.001) and circulating hs-cTnT concentrations (*R*=0.26, *P_{t-statistic}*=0.031).

CONCLUSIONS: In patients with active chronic SMD, elevations in cTnT concentrations are common and not attributable to cardiac disease in the majority. This was not observed for cTnI and may be explained in part by re-expression of cTnT in skeletal muscle.

REGISTRATION: URL: [https://www.clinicaltrials.gov;](https://www.clinicaltrials.gov) Unique identifier: NCT03660969.

Key Words: muscle, skeletal ■ myocardial infarction ■ myopathies, structural, congenital ■ troponin

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Supplemental Material, the podcast, and transcript are available with this article at<https://www.ahajournals.org/doi/suppl/10.1161/CIRCULATIONAHA.121.058489>. For Sources of Funding and Disclosures, see page 1777.

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Clinical Perspective

What Is New?

- High-sensitivity cardiac troponin (hs-cTn) T–Elecsys concentrations were above the upper limit of normal in >50% of patients with active chronic skeletal muscle disorder and significantly higher versus controls.
- hs-cTnI concentrations measured 3 different ways were above the biological-equivalent upper limit of normal in <25% of patients and comparable to those of control subjects, thereby leading to hscTnT/hs-cTnI mismatches in up to 50% of patients.
- hs-cTnT–Elecsys elevations in patients without cardiac disease were restricted largely to patients with active noninflammatory myopathy and myositis.
- mRNA analyses in skeletal muscle biopsies showed 8-fold upregulation of *TNNT2*, encoding cTnT versus control subjects, and the expression correlated with circulating hs-cTnT concentrations.

What Are the Clinical Implications?

- In patients presenting with suspected acute myocardial infarction, the presence of active chronic noninflammatory myopathy and myositis should be considered as a major confounder of hs-cTnT concentration but not hs-cTnI concentrations.
- These patients are at risk of erroneous acute myocardial infarction diagnosis with hs-cTn when hscTnI is the preferred analyte.
- In patients with other skeletal muscle disorder, hscTnT seemed to retain cardiac specificity.

Nonstandard Abbreviations and Acronyms

The troponin complex is composed of 3 isoforms

(T, I and C) and is essential for contraction of stri-

ated muscle.^{1,2} Although the function of troponins

is you similar their amine acid sequences and contigu-(T, I and C) and is essential for contraction of striis very similar, their amino acid sequences and configuration in cardiac and skeletal muscle differ.^{1,2} Cardiac troponins (cTns) are rapidly released when, for example, cardiomyocytes experience ischemic damage and have become a central component in the early diagnosis of acute myocardial infarction (AMI).³ The development and clinical implementation of high-sensitivity cTn (hs-cTn) assays have enabled precise discrimination of mild cTn elevations from normal cTn concentrations.⁴ In addition, hs-cTn–based rapid algorithms have substantially accelerated and facilitated the early diagnosis of AMI.^{5,6}

Specificity issues with early iterations of the cTnT assays appeared and were believed to be attributable to a cross-reactivity between the cTnT assay and skeletal muscle epitopes.⁷⁸ However, falsely elevated concentrations of cTnT were considered a problem solved when the latest version of the cTnT assay was used. $9-15$ The specificity deficit of earlier versions of the assay has been highlighted, for instance, by Ricchiuti et al, 7 who found evidence of cTnT in the skeletal muscle of patients with chronic renal disease. Given the epitopes recognized by the antibodies of the commercial cTnT assay used by Ricchiuti et al in 1998 and the variable presence of these cTnT isoforms in skeletal muscle, these same authors postulated that the modified, second-generation cTnT assay would not detect these isoforms if they are released from skeletal muscle into the circulation.⁷

Therefore, current clinical practice guidelines consider cTnT and cTnI cardiac specific, equivalent, and interchangeable in the diagnosis of AMI.⁶ This concept has been challenged again by recent studies using the latest generation of the hs-cTnT assay showing evidence of reexpressed cTnT in diseased skeletal muscle of patients with neuromuscular disorders, commonly resulting in cTnT elevations but only rarely in cTnI elevations in the systemic circulation.^{11,12}

Although previously documented, the clinical implications of these translational findings for patients presenting with skeletal muscle disorders (SMDs) and the overall population presenting with suspected AMI are incompletely understood.16 There are, for example, uncertainties related to the fact that of all studies, only 3 used the hs-cTnT assay; previous studies often had a small sample size and investigated mostly selected patients with rare neuromuscular disorders, some with cardiac involvement that possibly contributed to systemic cTnT concentrations. Furthermore, some studies had selection bias, enrolling exclusively patients with cTnT elevations instead of consecutive unselected patients, and used only 1 cTnl assay as a comparator.9,11,12,17

Therefore, we performed a prospective international multicenter study to address these uncertainties using 4 hs-cTnT/I assays in a broad population of patients presenting with muscular complaints.

METHODS

The data, code, and study material that support the findings of this study are available from the corresponding author on reasonable request.

Study Design, Setting, and Patient Population

This is the primary analysis of the Heart & Muscle BASEL XII Study (Reliability of Cardiac Troponins for the Diagnosis of Myocardial Infarction in the Presence of Skeletal Muscle Disease; NCT03660969), an ongoing prospective international multicenter diagnostic study enrolling patients presenting with active chronic muscular complaints for elective ambulatory or inpatient evaluation in a neuromuscular, rheumatology, or medical service in 4 hospitals in 2 countries (Basel, Aarau, and Zürich in Switzerland and Innsbruck in Austria). Active chronic muscular complaints were defined as any symptom related to muscle disease lasting for at least 2 weeks. The study was designed to contribute to a better understanding of the reliability of cTnT and cTnI for the diagnosis of AMI in the presence of SMD. Adult patients presenting with a broad spectrum of muscular complaints, for example, muscle pain, weakness (defined as scoring ≤4 on the Medical Research Council scale for muscle strength¹⁸), atrophy, stiffness, and fasciculations, were recruited. Patients were excluded if they had acute trauma, acute medical disease such as sepsis, AMI, stroke, other acute cardiac diseases, or terminal kidney failure requiring dialysis. The study was conducted according to the principles of the Declaration of Helsinki and approved by the local ethic committees. Written informed consent was obtained from all patients. The authors designed the study, gathered and analyzed the data according to the Strengthening the Reporting of Observational Studies in Epidemiology guidelines for observational studies [\(Table S1](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)),19 vouched for the data and analysis, wrote the paper, and made the decision to submit the manuscript for publication. Data were entered in a dedicated RedCap database.20

Clinical Assessment

Workup for SMD was performed according to local standard operating procedures. The diagnosis of SMD was established by the treating clinicians (neurologists, rheumatologists, and internists) at the recruiting centers. All patients went through a thorough muscular and neurological diagnostic process, including laboratory testing (such as antibody screens), chest imaging, electro(neuro)myography, muscle magnetic resonance imaging, genetic testing, and muscle biopsies analyses, as clinically indicated. After workup was completed, final diagnoses were adjudicated in conjunction with a neurologist into 6 groups: noninflammatory myopathies, neuropathies, myasthenic syndromes, myositis (primary, secondary, and overlap syndromes), autoimmune diseases with muscular symptoms, and muscle symptoms of unknown origin [\(Table S2\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489). Noninflammatory myopathies included myotonic dystrophy, facioscapulohumeral muscular dystrophy, limb-girdle muscular dystrophy, mitochondrial disease, and glycogen storage disease. Myositis included dermatomyositis, polymyositis, sporadic inclusion body myositis, hereditary inclusion body myositis, immune-mediated necrotizing myositis, myositis with overlap with collagenous disease, statin-induced myositis, and vasculitis.

Standardized cardiac assessment included a structured questionnaire for history of cardiovascular disease and cardiovascular risk factors, physical examination, 12-lead ECG, measurement of NT-proBNP (N-terminal pro-B-type natriuretic peptide) as a quantitative marker of hemodynamic cardiac stress,²¹ cTnT, cTnI, and cardiac imaging, including echocardiography and cardiac magnetic resonance imaging whenever indicated by clinical uncertainty about the underlying cardiac disease, including cTnT/I elevations.

Classification According to Cardiac Disease

With the use of predefined criteria, patients were centrally adjudicated into 3 categories according to the presence and extent of cardiac disease (no cardiac disease, mild cardiac disease, severe cardiac disease) by investigators blinded to cTnT/I results. According to current quidelines,⁶ cTnT and cTnI are quantitative markers of ongoing cardiomyocyte damage; elevations in cTnT or cTnI as a reflection of true cardiac disease may be present in a relevant proportion of patients with severe cardiac disease, are unlikely in patients with mild cardiac disease, and very unlikely in patients with no cardiac disease.

Patients with previous AMI, chronic heart failure (New York Heart Association class II or greater), severe valvular disease, left ventricular ejection fraction <40%, cardiac magnetic resonance imaging showing late gadolinium enhancement, or NT-proBNP concentrations >400 ng/ L^{21} were classified as having severe cardiac disease. In the absence of these criteria, patients with coronary artery disease, atrial fibrillation/flutter, left or right bundle-branch block on ECG, left ventricular hypertrophy, mild to moderate valvular disease or any other structural or functional abnormality (abnormal motility, dilation) detected in echocardiography or cardiac magnetic resonance imaging, or NT-proBNP concentrations of 125 to 400 ng/L²¹ were classified as having mild cardiac disease. All other patients were classified as having no cardiac disease.

End Points

The primary clinical end points were systemic hs-cTnT/I concentrations, the prevalence of cTnT/I elevations in the overall cohort and in patients with no cardiac disease, and the resulting cTnT/I mismatches. Secondary end points were the patient-specific correlation of cTnT/I and creatine kinase (CK) as a quantitative marker of skeletal muscle injury. The translational end points for mRNA analyses were the gene expression in the 6 cTnT/I genes in cases versus controls and the correlation of the 3 cTnT genes with circulating hs-cTnT concentrations among cases.

Control Cohorts

hs-cTnT/I concentrations and the prevalence of hs-cTnT/I mismatches were compared with a control cohort of patients presenting to the emergency department with acute chest pain and adjudicated noncardiac cause (n=3508; mean age, 55 years; 37% women; [Table S3\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) within an international multicenter study (APACE [Advantageous Predictors of Acute Coronary Syndromes Evaluation], ClinicalTrials.gov number NCT00470587; [Methods in the Supplemental Material](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)).

mRNA analyses were compared with a control cohort of consecutive patients free from known SMD undergoing hip replacement surgery at the University Hospital of Basel, who were asked for consent to perform an intraoperative skeletal muscle biopsy (n=16; mean age, 68 years; 44% women). No other exclusion criteria were applied. Thus, patients had cardiac and noncardiac comorbidities. Skeletal muscle tissue samples were processed by the Pathology Department of the University of Basel similarly to the skeletal muscle tissue samples obtained from patients with SMD to allow mRNA extraction and analysis.

No matching was performed between the patients with SMD and patients from the control cohorts.

Laboratory Measurements

One set of venous blood samples were drawn at enrollment with a peripheral intravenous line, and heparin plasma was then immediately processed for the measurement using the most widely applied hs-cTnT assay (Roche hs-cTnT–Elecsys) and Abbott-hs-cTnI–Architect assays or frozen at −80°C until assayed for measurement with Siemens-hs-cTnI–Dimension Vista or Beckman-hs-cTnI–Access assays. In addition, plasma CK, CK-MB isoenzyme as measured by immunoassay and plasma creatinine (Cobas automated analyzer, Roche Diagnostics), and NT-proBNP (Elecsys proBNP assay, Roche Diagnostics²²) were measured. The hs-cTnT-Elecsys assay (Elecsys 2010 hs-cTnT, Roche Diagnostics) has a 99th percentile concentration (upper limit of normal [ULN]) of 14 ng/L with a coefficient of variation of 10% at 13 ng/L. Limit of blank and limit of detection have been determined to be 3 and 5 ng/L. Sex-specific ULNs were determined at 15.5 ng/L for men and 9 ng/L for women.²³ The hs-cTnI-Architect assay (ARCHITECT STAT high-sensitivity troponin I, Abbott Laboratories) has a 99th percentile concentration of 26 ng/L with a coefficient of variation of <5%, a limit of blank of 1.3 ng/L, and a limit of detection of 1.9 ng/L. Sex-specific ULNs were defined at 34.2 ng/L for men and 15.6 ng/L for women.^{24,25}

The hs-cTnI–Access assay (ACCESS hs-cTnI, Beckman Coulter) has an overall 99th percentile concentration of 18.2 ng/L with a coefficient of variation of <10%. Limit of blank and limit of detection have been determined to be 1.7 and 2.3 ng/L, respectively. Sex-specific ULNs were defined at 20.9 ng/L for men and 9.6 ng/L for women.²⁶ The hs-cTnI-Dimension Vista has an overall 99th percentile concentration of 58.9 ng/L with a coefficient of variation of <5%, a limit of blank of 1 ng/L, and a limit of detection of 2 ng/L. Sex-specific ULNs were defined at 68 ng/L for men and 44 ng/L for women.²⁷ The uniform and sex-specific ULNs used in the current analysis are consistent with the ULNs provided by the International Federation on Clinical Chemistry Committee on Clinical Applications of Cardiac Biomarkers.28

The different hs-cTnI assays examined use different antibody combinations and are not standardized; thus, the ratios of T/I will differ between assays.²⁹ Therefore, we expected varying rates of hs-cTnT/I mismatches, depending on the hs-cTnI assay used.

mRNA Analysis

Muscle tissue samples were obtained during patient workup whenever clinically indicated. RNA extraction was performed by CEGAT (Tübingen, Germany) using the RNeasy Mini Kit

(Qiagen, Netherlands) or RNeasy Fibrous Tissue Mini kit (Qiagen, Netherlands) after sample randomization. Libraries were prepared and RNA was sequenced as detailed in the [Supplemental Material.](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) After mapping, preprocessing, and quality control, differential gene expression (DGE) analysis was conducted on all sequenced samples using the summarized gene counts with DESeq2 version 1.28.0.³⁰ The DGE analysis of cases was compared with that of controls. In total, 6 troponin genes were tested for DGE (*TNNT2*, *TNNT1*, *TNNT3*, *TNNI3*, *TNNI1*, and *TNNI2*). It is important to note that the entire process of RNA extraction and analysis was conducted by investigators blinded to the blood concentrations of hs-cTnT/I for all cases and controls. To correlate *TNNT2* expression with disease activity, a score was derived from 18 marker variables from visual biopsy analysis by specialized pathologists at the respective centers ([Methods](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) and [Figures S1 and S2 in the](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489@line 2@) [Supplemental Material](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489@line 2@)).

Determination of Sample Size

From previous literature, $11,12$ we estimated the proportion of patients who would present an elevated hs-cTnT in the overall cohort to be 67% and the proportion of patients presenting an elevated hs-cTnI to be 10%. From the initial preliminary data, we conservatively predicted the proportion of patients without cardiac disease to be 25% in our cohort. We estimated that 10% of the patients would lack at least 1 of the 3 hs-cTnI measurements. For a selected power of 90% and a 2-sided type I error of 0.05, which was then adjusted for multiple testing (3 comparisons with each hs-cTnI assay), a minimal sample size of 176 patients was calculated to detect a difference in proportion of hs-cTn between the 2 assays using a McNemar test and to allow sufficient power for the population with no cardiac disease. Further details of the derivation of the sample size are given in the [Supplemental Material](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489).

Statistical Analysis

Because recent studies have reported that the approved uniform 99th percentiles of ULN are not biologically equivalent,³¹ biologically equivalent ULN derived from a large prospective diagnostic study with parallel measurement of the respective hs-cTnT/I assays was used for the primary analysis ([Methods](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) and [Figures S3 and S4 in the Supplemental Material](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)) for the hs-cTnI–Architect and hs-cTnI–Access assays. In brief, the biologically equivalent ULNs for hs-cTnI–Architect and hs-cTnI– Access to the ULN of 14 ng/L for hs-cTnT were derived in $APACE³²$ and found to be 6.6 and 6.9 ng/L, respectively.^{31,33} For the hs-cTnI–Vista assay, the biologically equivalent ULN of 42 ng/L to the ULN of 14 ng/L for hs-cTnT was derived in a recent study of healthy individuals.²⁷ Secondary analyses used the manufacturer-recommended and regulatory authority– approved 99th percentile ULNs described above and sex-specific cutoffs.25,26,31,34,35 To further assess the clinical implications for the early diagnosis of AMI in patients presenting with acute chest pain, the proportion of patients with hs-cTnT elevations above the rule-in cutoff of the European Society of Cardiology (ESC) 0/1h algorithm (52 ng/L) was calculated.5,6,33

Continuous variables are presented as mean±SD when normally distributed and as median with interquartile ranges (IQRs) when nonnormally distributed. Categorical variables are expressed as numbers and percentages. Independent *t* tests,

Mann-Whitney *U* tests, or Kruskal-Wallis tests were applied for comparison of continuous variables, and the Fisher exact test was used for comparison of categorical variables. Comparisons of proportions were made with a 2-sample test for equality of proportions with continuity correction.

A subgroup analysis was performed to evaluate whether the prevalence of cTnT/I elevations differed among the different underlying types of muscular complaints. When hs-cTnT/I concentrations were used in statistical modeling or analyses, concentrations were transformed on the logarithmic scale to approximate normal distribution.

Correlations were assessed with the Kendall rank correlation coefficient, the coefficient of determination $(R²)$, and *P* values provided by linear regressions. The Benjamini and Hochberg method was used to correct for multiple testing when appropriate.36 Statistical analyses were performed with the R statistical package (R Core Team, Vienna, Austria).

For mRNA analyses, resulting *P* values attained by the Wald test were also corrected for multiple testing with the Benjamini and Hochberg method. An adjusted value of *P*<0.05 was considered significant. A subgroup analysis on the major gene of interest, *TNNT2* (cardiac type), was conducted by correlating an SMD activity score with *TNNT2* gene expression while correcting for SMD pathogenesis (myopathy, myositis, or other SMD).

RESULTS

Patient Characteristics and Assessment of Cardiac Health

From August 2018 to October 2020, 223 patients were enrolled, and 211 patients were eligible for this analysis ([Figure S5](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)). The mean age was 57 years; 88 (42%) were women; 23 (11%) had known coronary artery disease; 16 (8%) had previous AMI; 15 (7%) had a history of atrial fibrillation; 81 (38%) had arterial hypertension; and 33 (16%) had diabetes (Table 1). Patients were recruited mainly during ambulatory evaluation of their muscle disorder (188, 89%). Most patients presented with muscle weakness (n=129, 61%) or muscle pain (n=87, 41%). Functional limitations such as dysphagia, dyspnea, incontinence, digestive symptoms, or falls were present in 2% to 14% of the patients. Echocardiography was performed in 56% of the patients; cardiac magnetic resonance imaging was performed in 22% ([Table S4\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489).

Noninflammatory myopathy, myositis, and myasthenic syndrome were the most common final diagnoses after workup [\(Table S2](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)). Cardiac characterization classified 59 patients (28%) as having severe cardiac disease, 44 (21%) as having mild cardiac disease, and 108 (51%) as having no cardiac disease (Table 2).

hs-cTnT/I Concentration and hs-cTnT/I **Mismatches**

hs-cTnT/I concentrations increased significantly from patients with no cardiac disease to patients with mild cardiac disease to patients with severe cardiac dis-

ease for all assays (all $P_{\text{\tiny{Mann-Wnitney}}}$ <0.001). In the overall group, hs-cTnT–Elecsys concentrations were above the uniform approved ULN in 55% and significantly higher versus those of control subjects (median, 16 ng/L [IQR, 7–32.5 ng/L] versus 5 ng/L [IQR, 3–9 ng/L]; *P_{Mann-Whit-}* $_{\text{new}}$ <0.001; Figure 1 and [Table S5](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)). Elevations in hs-cTnT were even above the rule-in cutoff of the ESC 0/1h algorithm and the ESC 0/2h algorithm (52 ng/L) in 34 patients (16.1%; [Table S6](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)). In contrast, hs-cTnI–Architect, hs-cTnI–Access, and hs-cTnI–Vista concentrations were above the biological-equivalent ULN in 23%, 23%, and 8% and overall comparable to those of control subjects (hs-cTnI–Architect, 2.5 ng/L [IQR, 1.2–6.2 ng/L] versus 2.9 ng/L [IQR, 1.8–5.0 ng/L]; hs-cTnI–Access, 3.3 ng/L [IQR, 2.4–6.1 ng/L] versus 2.7 ng/L [IQR, 1.6–5.0 ng/L]; and hs-cTnI–Vista, 7.4 ng/L [IQR, 5.2– 13.4 ng/L] versus 7.5 ng/L [IQR, 6–10 ng/]; [Table S5\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489). This resulted in hs-cTnT/hs-cTnI-mismatches in 36% to 50% in the overall cohort and in 33% to 37% in patients without cardiac disease (Figure 2 and [Table S7\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489). These findings were confirmed when uniform approved and sex-specific ULNs were used [\(Figures S6–S9](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)). In the control cohort, hs-cTnT/hs-cTnI mismatches were uncommon (4%–5% using biologically equivalent ULN; [Figure S10 and Table S8\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489).

Impact of Underlying Pathogenesis on CK and hs-cTnT/I Concentrations

When the different types of muscle disorders were analyzed separately, relevant differences among them emerged in CK and hs-cTnT concentrations, which were not observed with the hs-cTnI Architect, hs-cTnI–Access, and hs-cTnI–Vista assays (Figure 3A). Noninflammatory myopathies and myositis had the highest CK and hs-cTnT concentrations, both in the overall cohort and in the subgroup of patients without cardiac disease (Figure 3B). hs-cTnT elevations in patients without cardiac disease were largely restricted to patients with noninflammatory myopathies and myositis. Within this subgroup of noninflammatory myopathies and myositis, 77% (in the overall cohort) and 68% (in the subgroup with no cardiac disease) presented hs-cTnT concentrations greater than uniform approved ULN, whereas only a few of these patients also showed an hs-cTnI elevation (*Pztest*<0.001; [Table S9,](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) Figure 3, and [Figures S11 and S12\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489). In contrast, the vast majority of patients with neuropathies, myasthenic syndromes, and autoimmune diseases had normal hs-cTnT concentrations.

Correlation Between hs-cTnT/I and CK as a Quantitative Indicator of Muscle Damage

In the overall cohort, hs-cTnI concentrations did not correlate with CK or CK-MB concentrations, whereas hs-cTnT concentrations showed a positive significant

Table 1. Baseline Characteristics

(*Continued*)

Table 1. Continued

eGFR was calculated with the CKD Epidemiology Collaboration formula. The *P* values compare the 3 groups with different prevalence of cardiac diseases (no, mild, severe) and are derived with the following tests: χ^2 tests with continuity correction for categorical variables, ANOVA for normally distributed variables (presented with mean±SD), and Kruskal-Wallis tests for nonnormally distributed variables (presented with median [IQR]). AMI indicates acute myocardial infarction; DVT, deep venous thrombosis; eGFR, estimated glomerular filtration rate; ICD, implantable cardiac defibrillator; IQR, interquartile range; NA, not applicable; NYHA, New York Heart Association; and PE, pulmonary embolism.

*Cardiac medications: Any of cardiac aspirin, antiplatelet agent, β-blocker, angiotensin-converting enzyme inhibitor or aldosterone-receptor antagonist, calcium channel antagonist, nitrates, α-blockers, diuretics, antiarrhythmics, or digitalis.

†Noninflammatory myopathy: Myotonic dystrophy, facioscapulohumeral muscular dystrophy, limb-girdle muscular dystrophy, mitochondrial disease, or glycogen storage disease.

‡Myositis: Dermatomyositis, polymyositis, sporadic inclusion body myositis, hereditary inclusion body myositis, immune-mediated necrotizing myositis, myositis with overlap with collagenous disease, statin-induced myositis, or vasculitis.

correlation with CK and CK-MB concentrations (eg, with CK, *R*=0.33 and *R*=0.43 in subgroup of patients without cardiac disease; both *Ptau-statistic*<0.001; Figure 4A and 4B, [Figure S13,](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) and [Tables S10 and S11](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489)).

Muscle Tissue mRNA Analysis

Muscle biopsies from diseased skeletal muscle were available for 33 patients (mean age, 59 years; 39% women; [Table S12\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489). DGE analysis showed significant upregulation of the gene *TNNT2* coding for cTnT (top 96 differentially expressed gene; 8-fold change compared with controls; $P_{t-statistic}$ <0.001) and fast skeletal muscle *TNNT3* and *TNNI2* genes (Figure 5A and 5B). Both cardiac *TNNT2* and *TNNI3* genes were expressed at low levels in control muscle biopsies, but the level of expression stayed largely below the expression of skeletal muscle troponin genes (Figure 5C). There was a significant positive correlation between the *TNNT2* gene and an SMD activity score based on pathological features of the diseased skeletal muscle biopsies independently of disease origin, with higher disease activity score showing higher *TNNT2* upregulation (*R*=0.59, *P_{t-statistic}*<0.001; Figure 5D).

Correlation Between Normalized Count of cTnT Gene Expression and Circulating hs-cTnT

Among the 33 patients providing muscle tissue, circulating hs-cTnT concentrations significantly positively correlated with normalized *TNNT2* ($R=0.26$, $P_{t-statistic}=0.032$; Figure 6 and [Table S15\)](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489) expression but not with *TNNT1* or *TNNT3*.

DISCUSSION

This prospective multicenter study evaluated cTnT and cTnI concentrations using 4 widely applied hs-cTnT/I assays in a broad population of patients presenting with skeletal muscle symptoms. Those were compared with a large control cohort of patients adjudicated to have noncardiac causes of acute chest pain to assess possible

du Fay de Lavallaz et al Cardiac Troponins and Skeletal Muscle Disease

AMI indicates acute myocardial infarction; CAD, coronary artery disease; CMR, cardiovascular magnetic resonance imaging; HF, heart failure; LGE, late gadolinium enhancement; LV, left ventricle; LVEF, left ventricular ejection fraction; LVH, left ventricular hypertrophy; NT-proBNP = N-terminal pro-B-type natriuretic peptide; NYHA, New York Heart Association; RV, right ventricle; and TTE, transthoracic echocardiogram.

implications for the diagnosis of AMI or other cardiac diseases and cardiovascular risk stratification. We report 8 major findings.

First, ≈50% of patients with SMD had mild or severe cardiac disease. Most of the cardiac abnormalities were related to common cardiac disorders such as coronary artery disease, which are associated with an increased risk of future AMI, further documenting the clinical relevance of reliable AMI diagnosis in this population. Second, hs-cTnT/I serum concentrations significantly increased from patients with no cardiac disease to those with mild cardiac disease to those with severe cardiac disease for all assays. Accordingly, cardiomyocyte injury resulting from cardiac disease was a major contributor to hs-cTnI and hs-cTnT concentrations also in patients with SMD. Third, hs-cTnT–Elecsys concentrations were above the uniform approved ULN in 55% and significantly higher compared with control subjects (median, 16 ng/L versus 5 ng/L; *P*<0.001). In contrast, hs-cTnI–Architect, hs-cTnI–Access, and hs-cTnI–Vista concentrations were above the biological-equivalent ULN in 23%, 23%, and 8% and overall comparable to those of control subjects. These findings were confirmed with uniform approved

and sex-specific ULNs. Fourth, elevations in hs-cTnT/I concentrations were most often mild. However, 16.1% of patients in the overall cohort and 12.9% in the subgroup without cardiac disease had hs-cTnT concentrations above the rule-in cutoff of the ESC 0/1h algorithm and ESC 0/2h algorithm (52 ng/L).^{5,6,33} Therefore, the proportion of patients with SMD who possibly are misclassified by the rule-in cutoff of the ESC 0/1h algorithm or ESC 0/2h algorithm seemed even higher compared with more common populations with increased baseline hscTnT/I concentrations such as patients with renal dysfunction and the elderly.^{37,38} Fifth, hs-cTnT elevations in patients without cardiac disease were restricted largely to patients with noninflammatory myopathy and myositis, whereas the vast majority of patients with neuropathies, myasthenic syndromes, autoimmune diseases, or other causes of skeletal muscle symptoms had hs-cTnT concentrations within the normal range. Sixth, hs-cTnT, but not hs-cTnI, showed a significant positive correlation with CK, a biomarker of skeletal muscle damage, providing further support for the concept that damaged skeletal muscle is the origin of some of the systemic hs-cTnT concentration.9,11,12 Seventh, in the subgroup of patients with skeletal muscle biopsies available, mRNA analyses in diseased skeletal muscle showed 8-fold upregulation of *TNNT2*, encoding cTnT, compared with control subjects without SMD undergoing hip replacement. The expression strongly correlated with pathological disease activity, thereby suggesting active chronic SMD as a significant contributor to the systemic hs-cTnT concentration. This assumption was further strengthened by a positive and significant correlation between *TNNT2* gene expression and circulating hs-cTnT concentrations. Eighth, in contrast, no evidence of upregulation/re-expression in diseased skeletal muscle was found for cTnI.

These findings extend and corroborate results from previous studies, including 3 studies using the hs-cTnT assay.9,12,17 Among 27 ambulatory patients with skeletal myopathies and muscle dystrophies, hs-cTnT concentrations were elevated in 18 patients (67%), with a median of 21 ng/L (IQR, 11–38 ng/L), whereas cTnI was elevated in only 1 patient (4%) .¹¹ Among 74 patients with hereditary and acquired skeletal myopathies, hs-cTnT concentrations were elevated in 69%, with a median of 24 ng/L (IQR, 11–54 ng/L), whereas hs-cTnI was elevated in 4% of patients.¹² In 122 patients with Pompe disease, hs-cTnT concentrations were elevated in 82% of patients (median, 27 ng/L), whereas hs-cTnI concentrations were normal in all patients. All 3 studies found elevated systemic concentration of hs-cTnT, but not hs-cTnI, and, in part, evidence for some RNA or protein expression on skeletal muscular tissue level.

From these consistent findings, the following insights emerge. First, in the presence of active chronic SMD from 2 categories, noninflammatory myopathy and myositis, including statin-induced myopathy, hs-cTnT loses

Figure 1. Violine plots representing the distribution of hs-cTnT/I concentrations for the 4 tested assays and across categories of cardiac disease.

A single comparison using a Mann-Whitney *U* test was conducted between the control subjects of the APACE (Advantageous Predictors of Acute Coronary Syndromes Evaluation) cohort and the overall cohort of patients with skeletal muscle disorder. Bioequivalent and overall approved upper limits of normal (ULNs) are represented as broken lines. High-sensitivity cardiac troponin T (hs-cTnT)–Elecsys and high-sensitivity cardiac troponin I (hs-cTnI)–Architect concentrations were available in all 211 patients; hs-cTnI–Access concentrations, in 187 patients; and hs-cTnI–Vista concentrations, in 194 patients. The *P* values were calculating with a Wilcoxon test comparing the overall group with the control group and have been corrected for multiple testing (4 tests) with the Benjamini and Hochberg method.

cardiac specificity as diseased skeletal muscle contributes to the systemic hs-cTnT concentration. Second, according to mRNA analysis, re-expression of cTnT during chronic repair mechanisms in the diseased skeletal muscle appears to be the underlying pathophysiology.7,9–13,39,40 Third, re-expression of cTnT during skeletal muscle repair mechanisms seems to be time dependent. It was present in this study of patients with active chronic SMD with ongoing skeletal muscle damage and repair lasting for weeks to months. In contrast, no evidence was found in patients with acute rhabdomyolysis, an in vivo model of acute skeletal muscle damage of several days' duration, because no correlation was observed between hs-cTnT and CK concentrations. Accordingly, hs-cTnT/I mismatches were uncommon in acute rhabdomyolysis.41,42 Fourth, other SMD categories, including neuropathies, myasthenic syndromes, autoimmune diseases, or other causes of skeletal muscle symptoms, do not seem to be relevant sources of systemic hscTnT concentration. Fifth, although a small number of patients with SMD also showed elevations in hs-cTnI, the absence of an increase in cTnI mRNA at the tissue level and the absence of correlation with CK highlighted in both this and previous studies clearly argue against a skeletal muscle origin.^{7,17} Alternative explanations need to be considered in these patients such as analytic interference attributable to heterophilic antibodies, autoantibodies, or the formation of macrotroponin complexes, which seem to affect hs-cTnI more commonly than hs-cTnT.43–47 The interpretation of CK-MB is difficult because it has cardiac and skeletal muscle sources and is re-expressed in diseased skeletal muscle.³

Contrary to what was expected, the prevalence of hscTnT/I mismatch was higher in the overall group, with about half having documented cardiac disease compared with the subgroup without cardiac disease (36%– 50% versus 33%–37%). This indicates that to some degree preferential release of cTnT versus cTnI from cardiomyocytes attributable to chronic cardiac disease also may have contributed to hs-cTnT/I mismatch. The exact pathophysiology underlying this differential release is largely unknown.⁴⁸ An alternative explanation is that differences in renal function between the overall group and patients with no cardiac disease could have led to

Figure 2. Interassay hs-cTnT/I mismatches using biologically equivalent ULN.

For each subpanel, 2 high-sensitivity cardiac troponin T/I (hs-cTnT/I) assays are represented with their biologically equivalent assay-specific 99th percentile upper limit of normal (ULN). In each panel, the 4 quadrants represent the percentage of patients with the following constellations: green when both hs-cTnT/I assays were below the ULN, gray when both were above the ULN, and red when there was an hs-cTnT/I mismatch (with 1 of the assays above and 1 of the assays below the ULN). **A**, Overall cohort. **B**, Subgroup without cardiac disease.

differences in clearance between the hs-cTnT and hscTnI circulating concentrations.

These findings have clinical implications. In patients presenting with suspected AMI and without ST-segment elevation, the presence of active chronic noninflammatory myopathy or myositis as a possible important confounder of hs-cTnT concentrations must be actively assessed in institutions using hs-cTnT as their standard of care in the emergency department because the risk of erroneous AMI diagnosis is increased in these patients. If no SMD or SMD other than these 2 categories is present, no change in their standard of care seems necessary. If patient history reveals active chronic noninflammatory myopathy or myositis, hs-cTnI rather than hs-cTnT should be measured as an alternative, if available. If hs-cTnI is not available, resampling at 1 or 2 hours would be mandatory to differentiate AMI with its rise within 1 or 2 hours versus noncardiac causes of chest pain with usually stable hs-cTnT concentrations.5,6,33 A similar change in management should be considered in other acute disorders in which an elevated hs-cTnT concentration is associated with a change in management such as rhythm monitoring or escalation of therapy as in pericarditis/myocarditis and in patients with acute pulmonary embolism. Although the prevalence of patients with active chronic noninflammatory myopathy or myositis in previous diagnostic studies deriving rapid hs-cTnI–based triage algorithms likely was very small, our findings provide further support for the more sophisticated methodology of using 2 adjudicated final diagnoses: 1 using serial measurements of hs-cTnT and 1 of hs-cTnl.^{49,50} Last, our results highlight the need for future hs-cTnT assays to ensure that their antibodies do not cross-react with the troponin T form found in diseased skeletal muscle.

Several limitations of the present study merit consideration. First, although being the largest study performed to date, the sample size of some disease types was only modest. Second, this study included 3 widely applied hscTnI assays. Although the findings were quite consistent among the different hs-cTnI assays, studies including other clinically used hs-cTnI assays seem warranted to explore their reliability in patients with SMD. Given the relevant differences in the antibody combination used in these different immunoassays,^{27,35} different findings may

Figure 3. Different types of skeletal muscle disorders are represented on the *x* **axis and concentrations of the biomarkers are represented on the** *y* **axis with a logarithmic scale.**

Boxplots represents the interquartile range (IQR), and whiskers show the ±1.5×IQR. Bioequivalent and overall approved upper limits of normal (ULNs) are represented as broken lines. **A**, Overall cohort. **B**, Cohort without cardiac disease. The *P* values have been corrected for multiple testing with the Benjamini and Hochberg method. AD indicates autoimmune disease; CK, creatine kinase; and hs-cTnT/I, high-sensitivity cardiac troponin T/I.

Correlation between CK and hs-cTn in (**A**) the overall cohort and (**B**) patients with no cardiac disease. Biomarkers have been log-transformed to approximate normal distribution. CK indicates creatine kinase; and hs-cTnT/I, high-sensitivity cardiac troponin T/I.

emerge. Third, we may have misclassified a small number of patients as having no cardiac disease because symptoms, signs, ECG, and NT-proBNP concentrations were available in all of these patients but cardiac imaging was available in only a subset. Fourth, over the span of their lifetime, 10% to 20% of patients with noninflammatory myopathies and myositis seem to develop clinically apparent cardiac involvement.⁵¹⁻⁵³ Therefore, in a small pro-

portion of patients with these underlying causes, despite normal findings in cardiac imaging, subtle microscopic cardiomyocyte injury may already have been present and contributed to the high prevalence of hs-cTnT elevation. Future studies including long-term follow-up are necessary to provide an additional domain assessing the biological significance of elevated hs-cTnT concentrations in these patients. Fifth, it is impossible to precisely quantify

Figure 5. mRNA analyses of muscle biospies.

A, Differential gene expression (DGE) results from a case/control study comparing skeletal muscle biopsies from patients with (33 cases) and without (16 controls) skeletal muscle disorder (SMD). After correction for multiple testing with the Benjamini and Hochberg procedure, 847 of 17124 protein-coding genes were upregulated and 966 were downregulated at a significance level of $\alpha = 0.05$. Three of 6 genes of the troponin gene family show a significant upregulation (*TNNT2*, top 96 differentially expressed gene [DEG]; *TNNT3*, top 881 DEG; *TNNI2*, top 1821 DEG). **B**, Detailed DGE results for 6 genes of the Troponin gene family. Fold changes (FCs) and significance levels are concordant among the slow (*TNNT3* and *TNNI2*) and fast (*TNNT1*, TNNI1) skeletal muscle gene pairs but not for the cardiac gene pair (*TNNT2* and *TNNI3*). **C**, Base-level expression of the troponin gene family in skeletal muscle. Cardiac genes *TNNT2* and *TNNI3* exhibit an expression of 6 and 6.3 transcripts per million (TPM), ranking among the top 39% and 38% expressed protein-coding genes in the DGE analysis. Fast and slow skeletal muscle genes *TNNT1*, *TNNI1*, *TNNT3*, and *TNNI2* exhibit a mean expression of 6848, 3614, 1590, and 1418 TPM (all top 0.1%). **D**, Variation of *TNNT2* expression in the case samples (n=28 after filtering for missingness in marker variables for disease activity) can be explained by biopsy-specific disease activity. Linear regression shows a significant positive correlation (*R*=0.59, *P*<0.001) between a disease activity score derived from 14 disease activity markers and normalized counts. The score remains significant (*P*=0.001) after adjustment for disease class (myopathy [n=7], myositis [n=13], other SMD [n=8]). Conversely, the case subset showed borderline significant differences between disease classes after adjustment for disease activity score in a likelihood ratio test ($P=0.069$). A detailed description of the score calculation is available in the [Supplement Material](https://www.ahajournals.org/doi/suppl/10.1161/circulationaha.121.058489).

the proportion of the systemic hs-cTnT concentration that was contributed by the diseased skeletal muscle versus cardiomyocyte injury in the 2 affected SMD categories. The modest correlation between *TNNT2* gene expression and circulating hs-cTnT concentrations and the persistent association between the extent of cardiac disease and hs-cTnT concentration suggest that cardiomyocyte injury remained the dominant source. Sixth, because of the absence of serial assessments, we cannot comment on the exact time point at which cTnT start to be re-expressed in noninflammatory myopathies and myositis. Longitudinal studies are required to quantify the time to re-expression.

Conclusions

hs-cTnT elevations are common in patients with active chronic noninflammatory myopathy and myositis, but

Figure 6. Correlation between normalized gene expression of the 3 cTnT genes and circulating hs-cTnT concentrations. High-sensitivity cardiac troponin T (hs-cTnT) concentrations and normalized gene expression have been log-transformed to approximate normal distribution.

not with other SMDs, and in part are attributable to upregulation and thus re-expression of *TNNT2* in diseased skeletal muscle. In contrast, no evidence of upregulation/ re-expression in diseased skeletal muscle was found for cTnI. Therefore, in patients with active chronic noninflammatory myopathy and myositis, cTnI is the preferred analyte for assessing cardiac health in general and the presence of AMI.

ARTICLE INFORMATION

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Supplemental Material

Expanded Methods Supplemental data on the APACE control cohort Cohort details Derivation of bioequivalent cut-offs in the control cohort Sample size calculation RNA-seq experiment Sample randomization RNA extraction Library preparation and RNA sequencing RNA-seq computational analysis Mapping and preprocessing Quality control Differential gene expression *TNNT2* vs disease activity correlation analysis Figures S1–S13 Tables S1–S15 Appendix and contributing authors References 3, 32, 49, 50

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