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Contemporary patterns of lipoprotein(a) testing and associated clinical care and outcomes

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HIGHLIGHTS

• Lp(a) testing occurred most commonly in patients with prevalent ASCVD and multiple prior CV events.

- Elevated Lp(a) level was associated with greater odds of subsequent lipid lowering therapy initiation.
- Elevated Lp(a) was associated with composite cardiovascular hospitalization.
- Lp(a) testing occurs infrequently in clinical practice.

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ABSTRACT

Objective: Elevated lipoprotein(a) [Lp(a)] is associated with atherosclerotic cardiovascular disease, yet little is known about Lp(a) testing patterns in real-world practice. The objective of this analysis was to determine how Lp (a) testing is used in clinical practice in comparison with low density lipoprotein cholesterol (LDL-C) testing alone, and to determine whether elevated Lp(a) level is associated with subsequent initiation of lipid-lowering therapy (LLT) and incident cardiovascular (CV) events.

Methods: This is an observational cohort study, based on lab tests administered between Jan 1, 2015 and Dec 31, 2019. We used electronic health record (EHR) data from 11 United States health systems participating in the National Patient-Centered Clinical Research Network (PCORnet). We created two cohorts for comparison: 1) the

Non-standard Abbreviations and Acronyms: ACC, American College of Cardiology; ACEi, Angiotensin Converting Enzyme Inhibitor; AHA, American Heart Association; Apo(a), Apolipoprotein(a); apoB, Apolipoprotein B; ARB, Angiotensin Receptor Blocker; ASCVD, Atherosclerotic Cardiovascular Disease; CAD, Coronary artery disease; CKD, Chronic kidney disease; CRN, Clinical Research Networks; CV, Cardiovascular; eGFR, Estimated Glomerular Filtration Rate; EHR, Electronic Health Record; LDL-C, Calculated low density lipoprotein; LLT, Lipid lowering therapy; Lp(a), Lipoprotein (a); Mg/dL, milligrams per deciliter; MI, Myocardial infarction; NLA, National Lipid Association; nmol/L, Nanomoles per liter; PAD, Peripheral artery disease; PCORnet, National Patient-Centered Clinical Research Network; PCSK9i, Proprotein convertase subtilisin/kexin type 9 inhibitors; TIA, transient ischemic attack.

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Lp(a) cohort, of adults with an Lp(a) test and 2) the LDL-C cohort, of 4:1 date- and site-matched adults with an LDL-C test, but no Lp(a) test. The primary exposure was the presence of an Lp(a) or LDL-C test result. In the Lp(a) cohort, we used logistic regression to assess the relationship between Lp(a) results in mass units (< 50, 50-100, and > 100mg/dL) and molar units (<125, 125-250, > 250nmol/L) and initiation of LLT within 3 months. We used multivariable adjusted Cox proportional hazards regression to evaluate these Lp(a) levels and time to composite CV hospitalization, including hospitalization for myocardial infarction, revascularization and ischemic stroke.

Results: Overall, 20,551 patients had Lp(a) test results and 2,584,773 patients had LDL-C test results (82,204 included in the matched LDL-C cohort). Compared with the LDL-C cohort, the Lp(a) cohort more frequently had prevalent ASCVD (24.3% vs. 8.5%) and multiple prior CV events (8.6% vs. 2.6%). Elevated Lp(a) was associated with greater odds of subsequent LLT initiation. Elevated Lp(a) reported in mass units was also associated with subsequent composite CV hospitalization [aHR (95% CI): Lp(a) 50-100mg/dL 1.25 (1.02-1.53), p<0.03, Lp(a) > 100mg/dL 1.23 (1.08-1.40), p<0.01].

Conclusion: Lp(a) testing is relatively infrequent in health systems across the U.S. As new therapies for Lp(a) emerge, improved patient and provider education is needed to increase awareness of the utility of this risk marker.

1. Introduction

Lipoprotein(a) [Lp(a)] is a lipid molecule similar to low density lipoprotein cholesterol (LDL-C), with an apolipoprotein(a) [apo(a)] attached covalently to apolipoprotein B (apoB) [1]. Lp(a) is a known risk factor for atherosclerotic cardiovascular disease (ASCVD) and is thought to mediate atherosclerosis by promoting endothelial dysfunction, increasing inflammation, and inhibiting fibrinolysis [2]. Individual Lp (a) levels are 80-90% genetically determined via the LPA gene, which are inherited in an autosomal codominant fashion and remain relatively static throughout adulthood [3], with little potential for modification by therapeutic lifestyle changes or statin therapy.

Elevated Lp(a) has been associated with increased risk of coronary artery disease, peripheral artery disease and ischemic stroke in multiple epidemiologic, Mendelian randomization and genome-wide association studies [4-6]. The LPA gene locus has been identified as one of the strongest monogenetic risk factors for coronary artery disease, even more potent than low density lipoprotein and PCSK9-related genetic variants [7]. Circulating Lp(a) can be measured by mass, in milligrams per deciliter (mg/dL) or by particle number, in nanomoles per liter (nmol/L). Because apo(a) isoforms have variable size, Lp(a) mass assays must be carefully calibrated and are subject to measurement error [8]. The exact cutoff at which Lp(a) level confers increased ASCVD risk on a population level remains somewhat controversial and likely varies within racial groups [2,9]. Both the American College of Cardiology/American Heart Association and European Atherosclerosis Society consider Lp(a) to be elevated if greater than 50 mg/dL or > 125nmolL [10,11]. Observational and epidemiologic studies suggest that approximately 20% of the adult population meets this threshold [12].

Although the relationship between Lp(a) and ASCVD is known, Lp(a) testing patterns in real world practice have not been well described. Additionally, little is known about how Lp(a) levels affect subsequent treatment decisions (i.e., use of lipid lowering therapy) or outcomes (subsequent ASCVD events in clinical practice). Our goal was to describe the population who receives Lp(a) testing compared with those who undergo LDL-C testing alone, to characterize downstream changes in lipid lowering therapy (LLT) and subsequent cardiovascular (CV) outcomes.

2. Methods

Data was extracted retrospectively from 11 United States (U.S.) health systems participating in the National Patient-Centered Clinical Research Network (PCORnet®). PCORnet, developed with funding from the Patient-Centered Outcomes Research Institute (PCORI), is a distributed data network of Clinical Research Networks (CRNs) with data from health systems across the country. Data from individual

electronic health records (EHR) within PCORnet have been standardized according to the PCORnet Common Data Model (https://pcornet.org). Data quality is maintained through quarterly data curation efforts and study-specific quality checks. Health systems were selected for inclusion in this analysis based on their Lp(a) lab test result availability and willingness to participate. This study received approval from the Duke Institutional Review Board. This work has been carried out in accordance with the Code of Ethics of the World Medical Association.

We created two cohorts based on available lab test results from January 1, 2015 to December 31, 2019: 1) the Lp(a) cohort, including patients who had at least one Lp(a) test result within the study period and 2) the LDL-C cohort, a control group with an LDL-C test but no Lp(a) test during the study period. The LDL-C cohort was matched 4:1 by date (quarter and year) and site to patients in the Lp(a) cohort. Patients included in both cohorts were \geq 18 years of age at the time of testing and had at least one other encounter within the health system in the year prior to lab test order to ensure they received longitudinal care within that system. For the outcome analysis, patients from the Lp(a) cohort were included if their test result occurred between January 1, 2015 and December 31, 2018 to allow for adequate follow-up time.

The primary exposure was the presence of an Lp(a) or LDL-C test result. Index date was defined as the date of the first Lp(a) test result within the study period, or date-matched LDL-C test result. Lp(a) values were reported in either mass (mg/dL) or molar units (nmol/L) by sites. Given imprecision in the conversion between units due to the heterogeneity of apoB size, Lp(a) mass and molar results were analyzed separately [8,13,14]. LDL-C values were reported only in mass units (mg/dL).

Demographic data were abstracted from encounter information on the date of index lab test. Comorbid diagnoses, defined by International Classification of Disease (ICD) 9th and 10th revision codes, were recorded from within the 3 years prior to the index lab test. Vital signs were abstracted from encounters within ±90 days of index lab test. Baseline medication use and other laboratory data were recorded within 1 year prior to index lab test.

The primary endpoint was initiation of LLT within 3 months of the index lab test. This included initiation of statin, ezetimibe, proprotein convertase subtilisin/kexin type 9 inhibitors (PCSK9i), or niacin in those not already on any of these therapies at index testing encounter. The secondary endpoint was time to a composite of CV hospitalization, including hospitalization for myocardial infarction, ischemic stroke and/or coronary revascularization. These encounters were defined by ICD 9 and 10 codes or procedure codes.

We summarized characteristics of both cohorts using descriptive statistics (median and $25^{\text{th}}/75^{\text{th}}$ percentiles for continuous variables, frequencies and percentages for categorical variables). Due to large sample sizes, we did not perform statistical hypothesis testing to compare patient characteristics between the Lp(a) and matched LDL-C

а



Abbreviations: Lp(a), Lipoprotein(a), mg/dL, millgrams per deciliter; nmol/L nanomoles per liter

b



Abbreviations: Lp(a), Lipoprotein(a), LDL-C calculated low density lipoprotein

Fig. 1. a: Consort Diagram of Lp(a) Cohort, 1b: Consort Diagram of LDL-C Cohort.



Fig. 2. a: Histogram of Lp(a) values in Lp(a) cohort with results in mass units. b: Histogram of Lp(a) values in Lp(a) cohort with results in molar units.

cohorts. Notable differences are flagged based on clinical significance.

Due to the number of Lp(a) values reported as "less than" in the data (20%, with the majority of these reported as "< 6 mg/dL"), we assessed relationships between outcomes and Lp(a) level using pre-defined categories (Lp(a) < 50mg/dL, 50-100mg/dL, and > 100mg/dL for results in mass units and Lp(a) < 125nmol/L, 125-250nmol/L and > 250nmol/L) with Lp(a) < 50mg/dL and Lp(a) < 125nmol/L as reference, respectively. Lp(a) categories were based on American College of Cardiology (ACC)/American Heart Association (AHA) guideline cutoffs and population values over the 90th percentile [15,16].

A logistic regression model was used to assess the relationship between Lp(a) levels and initiation of LLT. A Cox proportional hazards model was used to evaluate the relationship between Lp(a) and time to composite CV hospitalization. All models considered clustering within sites using a robust sandwich covariance estimator and were adjusted for age, sex, race, prior ASCVD status, body mass index (BMI), history of hypertension, history of diabetes, total cholesterol, calculated low density LDL-C, high density lipoprotein cholesterol (HDL-C), and statin use. Continuous covariates were included as natural cubic splines to allow for flexible relationships. Missing data were excluded from denominators in descriptive analyses, with <10% missing data for all model covariates. Single imputation using the median was used for modeling purposes.

All analyses were conducted by the Duke Clinical Research institute (Durham, NC) using SAS version 9.4 (SAS Institute Inc, Cary NC) or R version 4.0 or higher (R Core Team).

3. Results

Overall, 20,551 patients had Lp(a) test results over the study period (Fig. 1a). This represents 0.06% of patients per year within the included health systems. There were 2,584,773 patients with LDL-C test results, of whom 82,204 were included in the matched LDL-C cohort. The majority

of Lp(a) tests were reported in mass rather than molar units (80.7% in mg/dL vs. 19.3% in nmol/L). The median Lp(a) value was 16.0mg/dL (6.0, 55.0) for those results reported in mass units and 57.0nmol/L (23.0, 151.0) for those results reported in molar units (Fig. 2a, 2b). There were 473 Lp(a) tests in our dataset with very high Lp(a) vales (415 Lp(a) values > 175mg/dL and 58 Lp(a) test results > 425nmol/L).

Baseline characteristics of the overall Lp(a) and LDL-C cohorts are presented in Table 1. Compared with the LDL-C cohort, the Lp(a) cohort was older (58 vs 54 years) and less frequently female (49.1% vs. 55.7%) (Central Illustration). Traditional cardiovascular risk factors were more common in the Lp(a) cohort (hypertension 45.5% vs 37.7%, diabetes 16.9% vs 14.6%, and hyperlipidemia 64.3 vs 33.6%), as was prior history of ASCVD (24.3% vs 8.5%). Individuals in the Lp(a) cohort more frequently had a cardiovascular (CV) event within 3 months of index lab test (myocardial infarction (7.1% vs 2.4%), coronary revascularization (3.2% vs 0.9%) or ischemic stroke (9.5% vs 2.5%)) as well as multiple prior CV events (8.6% vs 2.6%). Lp(a) testing was performed more often in the outpatient setting (79.6% outpatient vs 19.7% inpatient), although inpatient Lp(a) testing occurred more commonly than inpatient LDL-C testing (19.7% vs. 6.9%). Lp(a) testing increased over time (3295 Lp(a) tests in 2015 vs 5285 Lp(a) tests in 2019). Baseline characteristics of the Lp(a) outcomes cohort by those reported in mass and molar units are presented in Supplemental Table S2

Lp(a) tests were more common among those with no prior history of ASCVD than among those with prior history of ASCVD (75.7% vs 24.3%). Among those with ASCVD (N=4988), Lp(a) testing was most common among individuals with a history of ischemic stroke (44.8%) or myocardial infarction (41.4%) compared to those with peripheral artery disease (27.3%).

Elevated Lp(a) results reported in mass units of 50-100 mg/dL and of > 100 mg/dL were each associated with greater odds of LLT initiation in the 3 months following index lab test compared with Lp(a) < 50 mg/dL [adjusted odds ratio (aOR) (95% CI): 50-100 mg/dL:1.74 (1.45-2.12),

Table 1

Baseline characteristics of the Lp(a) and LDL-C cohorts.

	Lp(a) Cohort	LDL Cohort
Characteristic	(N=20551)	(N=82204)
Demographics		
Age (years)	58 (47, 67)	54 (41, 65)
Female	10094 (49.1%)	45750 (55.7%)
Race	4 400 (= 004)	
Black or African American	1498 (7.3%)	7632 (9.3%)
Other	1/35/ (84.5%)	0/123 (81.7%) 7449 (9.0%)
Hispanic Ethnicity	577 (2.8%)	2974 (3.6%)
Setting of Index Lab		
Inpatient	2145/10864	3213/46561
	(19.7%)	(6.9%)
Outpatient	8647/10864	43140/46561
Other/Unknown	(79.0%)	(92.7%) 208/46561
other/ onknown	/2/10001(0.//0)	(0.4%)
Insurance		
Public (Medicare/Medicaid)	2546 (25.3%)	8901 (20.7%)
Private Health Insurance	3237 (32.2%)	10303 (24.0%)
Self-Pay/No Payment	647 (6.4%)	2261 (5.3%)
Vear of Index Test	3020 (30.1%)	21505 (50.0%)
2015	3295 (16.0%)	13180 (16.0%)
2016	3703 (18.0%)	14812 (18.0%)
2017	3877 (18.9%)	15508 (18.9%)
2018	4391 (21.4%)	17564 (21.4%)
2019 Cita Davier	5285 (25.7%)	21140 (25.7%)
Site Region Midwort	12272 (60.2%)	40488 (60.2%)
Northeast	3570 (17.4%)	14280 (17.4%)
South	4609 (22.4%)	18436 (22.4%)
Comorbidities		
Hypertension	9343 (45.5%)	31025 (37.7%)
Hyperlipidemia	13220 (64.3%)	27587 (33.6%)
Diabetes	3481 (16.9%)	12004 (14.6%)
MI within 3 Months of Index Lab	1460 (7.1%)	2010 (2.4%)
MI within 12 Months of Index Lab	1797 (8.7%)	2476 (3.0%)
Coronary Revascularization	2478 (12.1%)	3379 (4.1%)
Revascularization within 3 Months of	656 (3.2%)	701 (0.9%)
Index Lab		
Revascularization within 12 Months of	970 (4.7%)	861 (1.0%)
Ischemic Stroke	2237 (10.9%)	2620 (3.2%)
Stroke within 3 Months of Index Lab	1951 (9.5%)	2041 (2.5%)
Stroke within 12 Months of Index Lab	2076 (10.1%)	2275 (2.8%)
Hemorrhagic Stroke	281 (1.4%)	467 (0.6%)
CAD	6543 (31.8%)	9915 (12.1%)
TIA	716 (3.5%)	1034 (1.3%)
Stage 3 and 4 CKD	1123 (5.5%)	4179 (5.1%)
Cancer	419 (2.0%)	1575 (1.9%)
Multiple CV Events	1771 (8.6%)	2122 (2.6%)
Labs and Vitals		
Systolic Blood Pressure	125 (114, 137)	124 (114, 136)
Diastolic Blood Pressure	76 (69, 82)	76 (69, 82)
Current Smoker	28 (25, 32)	29 (25, 34) 9035/65956
	(9.3%)	(13.7%)
$eGFR \leq 60 \ mL/min/1.73m^2$	8682 (47.4%)	29874 (43.7%)
Total Cholesterol	184 (150, 223)	182 (155, 210)
High Density Lipoprotein	50 (40, 64)	52 (42, 66)
Low Density Lipoprotein	103 (76, 136)	102 (80, 127)
Medication History	111 (78, 105)	107 (70, 150)
Statin Monotherapy	9140 (44.5%)	19129 (23.3%)
Statin + Ezetimibe Combination	1047 (5.1%)	503 (0.6%)
Therapy		
Ezetimibe Monotherapy	261 (1.3%)	235 (0.3%)
PCSK9i	380 (1.8%)	47 (0.1%)
NIACIN Other Lipid Lowering Therapy	712 (3.5%) 1153 (5.6%)	1960 (2.4%) 2299 (2.8%)
ACEi/ARB	6331 (30.8%)	19132 (23.3%)
Beta Blocker	6153 (29.9%)	16018 (19.5%)

Table 1 (continued)

Characteristic	Lp(a) Cohort (N=20551)	LDL Cohort (N=82204)
Anticoagulant	2996 (14.6%)	3350 (4.1%)
Other Blood Pressure Medication	6961 (33.9%)	22597 (27.5%)
Aspirin	7695 (37.4%)	14745 (17.9%)
Any LLT	10738 (52.3%)	21104 (25.7%)

Abbreviations: Angiotensin Converting Enzyme inhibitor, ACEi; Angiotensin Receptor Blocker, ARB; Coronary Artery Disease, CAD; Chronic Kidney Disease, CKD; Cardiovascular, CV; Estimated Glomerular Filtration Rate, eGFR; Lipid Lowering Therapy, LLT; Myocardial infarction, MI; Peripheral Artery Disease, PAD; Proprotein convertase subtilisin/kexin type 9 inhibitor, PCSK9i; Transient Ischemic Attack, TIA.

p<0.001; >100mg/dL: 1.64 (1.09-2.47), p=0.017]. (Fig. 3). Markedly elevated Lp(a) > 100mg/dL was significantly associated with initiation of ezetimibe [aOR (95% CI): 1.36 (1.16-1.59)], PSCK9i [1.60 (1.01-2.53)], and niacin [4.81 (3.17-7.31)], but not statin [1.46 (0.85-2.52)], though prescription numbers were relatively lower in these subgroups. Elevated Lp(a) results in mass units were also significantly associated with composite CV hospitalization [Lp(a) 50-100mg/dL: 1.25 (1.02-1.53); Lp(a) > 100mg/dL: 1.23 (1.08-1.40)] compared to Lp(a) < 50mg/dL as reference (Fig. 4). A similar pattern was seen for Lp(a) results reported in molar units, with even stronger association with lipid lowering therapy initiation across subgroups (Supplemental Fig. 1, Supplemental Fig. 2).

4. Discussion

In this large, contemporary analysis of 11 health systems across the U.S., we found that Lp(a) testing occurred rarely compared with LDL-C testing. When tested, elevated Lp(a) level was associated with initiation of LLT, though medication initiation rates were relatively low overall. Elevated Lp(a) was also associated with increased risk of CV hospitalization.

This analysis suggests Lp(a) testing occurs infrequently across multiple health systems in the U.S. Other, smaller studies have described similarly low rates of Lp(a) testing in both primary and secondary prevention populations [17–20]. Lp(a) testing is indicated by the ACC/AHA guidelines in those with a family history of premature ASCVD [10]. The National Lipid Association (NLA) expands these recommendations to include those with personal history of premature ASCVD, those with primary severe hypercholesterolemia, and those at very high ASCVD risk [1]. The European Atherosclerosis society advocates for even broader testing – at least once in all adults [21]. Lp(a) testing was performed rarely in our cohort, even among individuals at increased risk with prior history of ASCVD and multiple prior CV events. Low overall rates of Lp (a) testing may be related to lack of knowledge, as providers may not recognize guideline indications for testing or may feel uncomfortable with interpretation of results.

The majority of Lp(a) test results in our analysis were reported in mass units (mg/dL) rather than molar units (nmol/L). Lp(a) isoforms can have different molecular weights, related to variability in size and composition of the attached apo(a) (2). Lp(a) measured in mass units assumes the lipid component of each Lp(a) particle is the same, and that apo(a) makes up a fixed percentage of the Lp(a) mass. Molar units instead, measure apo(a) concentration and as such, more accurately reflect the number of circulating Lp(a) particles [8]. Both the National Lipid Association and the International Federation of Clinical Chemistry and Laboratory Medicine have advocated for the exclusive use of molar units for Lp(a) testing, though our study indicates that this practice has not yet been widely adopted [1,22].

Elevated Lp(a) was associated with LLT initiation in our analysis, though these results varied by medication class. ACC/AHA guidelines identify Lp(a) \geq 50mg/dL as a risk-enhancing factor favoring statin initiation. As there is no randomized trial evidence yet to support Lp(a)

CENTRAL ILLUSTRATION: Lp(a) Testing and Management				
Lp(a) Testing Patterns				
	mong 11 health systems in PCORnet® Only 0.06% of patients per year tested for Lp(a) (n = 20,551) Majority of Lp(a) tests reported in mass units (80.7% in mg/dL)			
Lp(a) Patient Characteristics				
Compared with those with LDL but not Lp(a) testing, Lp(a) tested patients were • Older (58 vs 54 years) • Male (50.9% vs 44.3%) • Secondary prevention (24.3% vs. 8.5%) • Recent CV event (MI: 7.1% vs 2.4%; ischemic stroke: 9.5% vs. 2.5%) • Tested inpatient (19.7% vs 6.9%)				
Lp(a) Management				
Þ	Within 3 months of Lp(a) test • 14.5% initiated statin • 1.9% initiated ezetimibe • 0.09% initiated PCSK9i • 0.07% initiated niacin			

Fig. 3. Lipid lowering therapy initiation by Lp(a) level in Lp(a) Outcomes Cohort for Mass Units Results.

as a target of therapy, treatment of elevated Lp(a) is aimed towards LDL-C lowering and other ASCVD-risk reduction measures [10]. Treatment with PSCK9i can lower Lp(a) levels, though the clinical implications of this are not fully known [1]. While niacin also lowers Lp(a), use of this medication has not been shown to reduce cardiovascular events and is therefore not generally recommended [1]. Although Lp(a) testing was associated with increased LLT initiation overall in our population, the absolute rates of these prescriptions were relatively low, even among those with Lp(a) > 100mg/dL. This prescribing practice may reflect a gap in care for these higher risk individuals. Improved patient and provider education on the implications of this risk marker is needed to optimize preventive treatment in this population. Several useful strategies have been proposed to mitigate this knowledge gap, including laboratory alerts when an elevated Lp(a) value is detected and early involvement of a lipid specialist when needed [21].

Elevated Lp(a) values were associated with increased risk of subsequent CV hospitalization among our cohort. Elevated Lp(a) has been associated with increased risk of CV events, including myocardial infarction and ischemic stroke in multiple prospective, population-based studies [23,24]. Although the exact risk estimate varies depending on the subgroup, in general those with the highest levels of Lp(a) have 3 to 4-fold increase risk of myocardial infarction [25,26] and 1.6-fold increased risk in ischemic stroke [27] compared to those with the lowest levels. This is consistent with the pattern seen in our cohort, as those with elevated Lp(a) values carried the highest risk even after adjustment for other factors. Enhanced risk in this population underscores the importance of aggressive risk factor management for these individuals.

These results must be interpreted with the following caveats. As with all EHR analyses, medication prescriptions or hospitalizations may have occurred outside of the designated health system and would not be captured in our study. We attempted to mitigate this risk by requiring patients to have at least one prior encounter within the health system to ensure a higher likelihood of longitudinal follow-up within a given health system. Our LLT initiation analyses were likewise limited to new medication initiation. There may have been LLT dose titration after laboratory testing not captured by our study. Associations derived from our outcome analyses may not be reflective of true, biological relationships, as our sample included only those who underwent testing and is thus subject to selection bias. Lastly, given the observational nature of our data, there may be other, unmeasured confounding variables not accounted for in our analysis.

5. Conclusion

Lp(a) testing remains relatively infrequent in health systems across the U.S. despite guidelines recommendations and increased understanding of its role in the pathogenesis of ASCVD. As new therapies for Lp(a) emerge, improved patient and provider education is needed to increase awareness of the utility of this risk marker and associated implications for ASCVD risk management.

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Supplemental Fig. S1: Lipid lowering therapy initiation by Lp(a) level in Lp(a) Outcomes Cohort for Molar Units Results

Supplemental Fig. S2: Lp(a) Level and CV hospitalization outcome in Lp(a) outcomes cohort for molar units results

CRediT authorship contribution statement

Michelle D. Kelsey: Writing – original draft. Hillary Mulder: Writing – review & editing, Methodology, Formal analysis, Data curation. Karen Chiswell: Writing – review & editing, Methodology, Formal

Initation Outcome Lp(a) Level	Rate (Events/N)		Adjusted OR (95% Cl)	P-value
Any LLT				
<50 mg/dL	14.2% (637/4484)		Reference	
50-100 mg/dL	21.4% (190/886)	_ —	1.76 (1.45 - 2.12)	<.001
>100 mg/dL	22.2% (103/463)	_	1.64 (1.09 - 2.47)	0.017
Statins				
<50 mg/dL	13.0% (615/4739)		Reference	
50-100 mg/dL	18.5% (175/947)	_---	1.61 (1.35 - 1.93)	<.001
>100 mg/dL	18.8% (95/505)		1.46 (0.85 - 2.52)	0.174
Ezetimibe				
<50 mg/dL	1.5% (131/8754)		Reference	
50-100 mg/dL	1.9% (35/1890)		1.12 (0.95 - 1.33)	0.183
>100 mg/dL	3.0% (36/1211)		1.36 (1.16 - 1.59)	<.001
PCSK9i				
<50 mg/dL	0.7% (61/9011)		Reference	
50-100 mg/dL	1.2% (23/1987)		1.54 (0.74 - 3.20)	0.246
>100 mg/dL	1.2% (16/1326)	_	1.60 (1.01 - 2.53)	0.044
Niacin				
<50 mg/dL	0.4% (35/8735)		Reference	
50-100 mg/dL	1.4% (27/1918)	_	3.58 (2.52 - 5.07)	<.001
>100 mg/dL	1.8% (23/1278)	- _	4.81 (3.17 - 7.31)	<.001
		1 2 4	8	



analysis. Zachary M. Lampron: Writing – review & editing, Project administration. Ester Nilles: Writing – review & editing, Data curation. Jacquelyn P. Kulinski: Writing – review & editing. Parag H. Joshi: Writing – review & editing. W. Schuyler Jones: Writing – review & editing. Alanna M. Chamberlain: Writing – review & editing. Thorsten M. Leucker: Writing – review & editing. Wenke Hwang: Writing – review & editing. M. Wesley Milks: Writing – review & editing. Anuradha Paranjape: Writing – review & editing. Jihad S. Obeid: Writing – review & editing. MacRae F. Linton: Writing – review & editing. Shia T. Kent: Writing – review & editing. Eric D. Peterson: Writing – review & editing. Emily C. O'Brien: Writing – review & editing. Neha J. Pagidipati: Conceptualization, Methodology, Writing – review & editing, Supervision.

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Outo L	come p(a) Level	Rate (Events)			Adjusted HR (95% Cl)	P-value
Co	mposite					
	<50 mg/dL	2.6 (462)			Reference	
	50-100 mg/dL	3.3 (136)		_	1.25 (1.02 - 1.53)	0.03
	>100 mg/dL	3.5 (97)			1.23 (1.08 - 1.40)	<.01
МІ						
	<50 mg/dL	0.8 (137)			Reference	
	50-100 mg/dL	0.9 (39)		=	1.25 (1.01 - 1.54)	0.04
	>100 mg/dL	1.3 (38)		_	1.65 (1.01 - 2.69)	0.04
Str	oke					
	<50 mg/dL	1.0 (172)			Reference	
	50-100 mg/dL	1.0 (43)			0.94 (0.71 - 1.24)	0.66
	>100 mg/dL	1.0 (29)			0.88 (0.66 - 1.18)	0.40
Re	vascularization					
	<50 mg/dL	1.2 (223)			Reference	
	50-100 mg/dL	1.8 (75)		_	1.51 (1.25 - 1.82)	<.01
	>100 mg/dL	2.0 (56)		_	1.61 (1.23 - 2.12)	<.01
			0.75	1 1.25 1.5 1.75 2 2.25 2.75		

Fig. 4. Lp(a) Level and CV hospitalization outcome in Lp(a) outcomes cohort for mass units results.

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Supplementary materials

Supplementary material associated with this article can be found, in

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