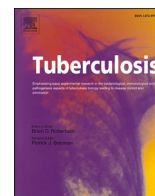




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Review

Evolution of tuberculosis diagnostics: From molecular strategies to nanodiagnosics

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ABSTRACT

Tuberculosis has remained a global concern for public health affecting the lives of people for ages. Approximately 10 million people are affected by the disease and 1.5 million succumb to the disease worldwide annually. The COVID-19 pandemic has highlighted the role of early diagnosis to win the battle against such infectious diseases. Thus, advancement in the diagnostic approaches to provide early detection forms the foundation to eradicate and manage contagious diseases like tuberculosis. The conventional diagnostic strategies include microscopic examination, chest X-ray and tuberculin skin test. The limitations associated with sensitivity and specificity of these tests demands for exploring new techniques like probe-based assays, CRISPR-Cas and microRNA detection. The aim of the current review is to envisage the correlation between both the conventional and the newer approaches to enhance the specificity and sensitivity. A significant emphasis has been placed upon nanodiagnostic approaches manipulating quantum dots, magnetic nanoparticles, and biosensors for accurate diagnosis of latent, active and drug-resistant TB. Additionally, we would like to ponder upon a reliable method that is cost-effective, reproducible, require minimal infrastructure and provide point-of-care to the patients.

1. Introduction

Tuberculosis (TB) is an extremely contagious disease caused by the virulent pathogen *Mycobacterium tuberculosis* (*Mtb*) which predominantly infects the lungs. However, it can damage other vital organs often leading to extra-pulmonary TB. The global tuberculosis statistics by the WHO 2022 suggests that approximately 10.6 million people fell ill with TB and the global TB mortality is around 1.6 million including HIV-positive patients. The number of individuals newly diagnosed with TB fell from 7.1 million in 2019 to 5.8 million in 2020. This drastic fall in the diagnosis is due to the COVID-19 pandemic. The pandemic shifted the access to services and resources from TB to COVID-19, limiting the availability of requisite amenities to overcome TB. Thus, advanced TB diagnostic methods are needed that are easily accessible to the population and are not hampered due to other pandemics in the future [1].

An accurate diagnosis of TB is necessary to provide the correct treatment for drug-sensitive as well as drug-resistant TB. The medication for drug-sensitive TB comprises of isoniazid (H), rifampicin (R), pyrazinamide (Z), and ethambutol (E) for the duration of 6 months.

Resistance against any of these drugs causes drug-resistant TB which can be treated by a combination of second-line drugs such as bedaquiline, fluoroquinolones (levofloxacin or moxifloxacin), delamanid, cycloserine, clofazimine and levofloxacin [2,3]. In 2021, around 450,000 people developed Multi-drug resistant TB (MDR-TB) or Rifampicin-resistant TB (RR-TB). Countries accounting for 42% of global cases in 2021 are India (26%), the Russian Federation (8.5%) and Pakistan (7.9%). Correct diagnosis corresponds to an accurate treatment regimen allowing for an increased treatment success rate. This addition facilitates accomplishing the treatment target of the UN-high-level meeting on TB, i.e., treating 40 million drug-sensitive patients and 1.5 million drug-resistant infected individuals by 2022 [1].

Diagnosis of TB is underpinned by a combination of immunological assays, molecular methods, or observing the microbial growth using direct culture methods (smear microscopy). The molecular methods of nucleic acid amplification test whereas the serological detection has its own sets of limitations such as being inaccurate and imprecise for both pulmonary and extra-pulmonary TB. They also require a well-trained lab module and steady electricity supply which are unavailable in

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economically developing countries [4]. Hence, we need to focus on a diagnostic regimen that is both cost-effective and versatile enough to detect the pathogen. Additionally, the modern arena of nanotechnology improved the efficacy of the pre-existing techniques in combination with next-generation sequencing which helps in targeting gene amplification for detection.

The review focuses on elucidating the pathogenesis of the pathogen and makes a comparative analysis of the pre-existing and available diagnostic strategies. It also highlights the improvements incorporated in the conventional approaches and the new methods devised to fight TB. Additionally, it emphasizes the future of these strategies and it can help to expand the potential of these approaches. Hence, the review presents an overall scenario in the field of TB diagnosis.

2. Pathogenesis

Mtb spreads from an infected person to a healthy person by suspended aerosolized air droplets. The size of these droplets ranges from 0.65 to 7.0 μm . Upon inhalation of these droplets by the healthy individual, the bacteria transits past the trachea or the nasopharyngeal region followed by the adhesion on the surface of resident alveolar macrophages in the lungs [5]. The macrophages engulf the microbes by a process called phagocytosis resulting in the formation of the phagosome [6]. The interaction between the mycobacterial conserved molecular patterns with the pathogen recognition receptors like Toll-like receptors (TLRs), nucleotide-binding oligomerization domain-like receptors and C-type lectins on macrophages, causes stimulation of the innate immune response against *Mtb* like phagocytosis and activation proinflammatory cytokines production [7,8].

Macrophages act as a primary defense cell combating foreign pathogens; hence the entrapped microbes experience acidification, reactive oxygen species (ROS), and hydrolytic enzymes [9]. Acidification is mediated by the maturation of the phagosome, followed by its fusion with the lysosome forming a phagolysosome with a pH ranging between 4.5 and 5 [10]. As soon as the process of acidification commences, the ROS and reactive nitrogen species (RNS) suppress the metabolism of the microbe simultaneously [11]. Further, macrophages deliver copper and zinc which are toxic to *Mtb* at a higher concentration. This hostile environment stimulates the lysis of the bacterial cell wall components, killing the phagocytosed bacteria. As soon as the process of acidification is initiated by the matured phagosome, ROS and RNS suppress the metabolism of the microbe simultaneously [11]. Further, the lysed phagosomal components progress towards the antigen presentation pathway.

The bacilli that survive these harsh conditions replicate and divide in the phagosomes, increasing the bacterial load in the host and inducing the release of cytokines like TNF- α , IL-6, IL-12p80, IL-1 α and IL-1 β . *Mtb* infection of macrophages results in the production of several small molecules to regulate the infection, known as the chemokines such as CCL2, CCL3, CCL7, CCL12, CXCL2 and CXCL10 [7]. All these inflammatory molecules regulate the immune cell trafficking to initiate T cell response and recruitment of other immune cell types including monocytes, neutrophils and dendritic cells to the primary infection site. The secretory proteins produced by *Mtb* are further processed by the dendritic cells (DC). They have a vital role in antigen presentation [12].

With the onset of the adaptive immune response, immune cells like the lymphocytes, monocytes, etc. infiltrate the site of infection which forms a structure known as the granuloma (which undergoes calcification to encapsulate the bacilli from the immune system called the Gohn complex). Granuloma formation is often regarded as the hallmark of TB infection, a stage where the immune system arrests the progress of the disease (latent TB infection) [13]. A typical feature of latent TB infection is the transformation of the bacteria to a non-replicating stage with a very low metabolic activity often termed as the dormant stage [14]. The regrowth of the dormant bacteria is due to the re-establishment of the replicative and metabolic processes – resuscitation. Research suggests

that in addition to the presence of nonreplicating bacteria, a few metabolically active bacteria also exist known as scouts [6]. Under favorable conditions, the scouts signal the other dormant bacteria to resuscitate. The active bacteria then replicate and increase in number, causing caseation of the granuloma and spill of active *Mtb* to a new site such as the adipocytes or the lymph nodes where it can evade the immune response. This causes coughing in the host which leads to the release of *Mtb* bacilli into the environment in the form of aerosols (active TB infection) (Fig. 1) [15].

The mycobacterial infection established in an individual can range from latent to active TB infection, thus it is essential to understand the impact of bacterial growth on *Mtb* detection that will lead to precise diagnosis and treatment. Fig. 2 summarises the effect of different TB infection state on diagnosis. The conventional approach like sputum culture and radiology are effective in detection of active TB infection, similarly the immunological based assays are effective in identification of latent as well as active TB infection. But the above mentioned assays are not effective in discriminating between the TB infection states, additionally does not identify multi-drug resistant TB [16]. Thus, to fill up the gap newer approaches like mi-RNA, whole genome sequencing, mass spectrometry and diagnostic kits based on nanoparticles are explored to detect different mycobacterial stages that will result into reduced number of missed TB cases and correct treatment regimen.

3. TB diagnosis

An accurate and timely diagnosis of TB can reduce mortality and untimely death. The emerging cases of drug resistance are a threat to the goal of TB eradication. Major advances have taken place in laboratory diagnostic strategies for infection detection. These strategies either complement or replace the already existing conventional approaches. Some of the conventional methods are Acid-fast bacillus smear microscopy, microbial culture, etc. whereas the advanced strategies include CRISPR Cas, Gene Xpert and LAMP. The conventional approaches are slow, time-consuming but intriguingly predominant in high TB burdened countries. The lack of cutting-edge advanced techniques to detect Mycobacterial infection can be attributed to below optimal funding, low sensitivity, specificity and lack of accessibility to the peripheral health care system where patients seek treatment, thus posing a threat to eradication and control. Fig. 3 compiles diagnostic methods used to detect active, latent, and multi-drug resistant TB. Table 1 describes sensitivity, specificity of conventional methods used for TB diagnosis.

4. Diagnostic methods for active TB infection

Due to the complex pathogenesis of the disease, the dearth of an effective vaccine and the unique ability of the pathogen to escape the immune system; the bacteria still remain a threat to the public health. The WHO data suggest that one out of every three people is infected with the bacterium yet remains asymptomatic. However, there is a high chance of relapse in these individuals. Geographically, India (26%), Indonesia (8.5%), China (8.4%), the Philippines (6.0%), Pakistan (5.7%), Nigeria (4.4%), Bangladesh (3.6%), and South Africa (3.6%) contributed to two-third of global TB infection [27]. In 2019, 10 million people developed TB infection whereas only 7.1 million were reported through the National Tuberculosis program launched by the Government of India [28]. The WHO reports that a drop in 50% of identified TB diagnostics can add up to 40,000 additional deaths globally [29]. In order to combat this peril, the gap between active TB cases and diagnostics should be abridged with rapid rollout detection methods for TB diagnosis. This section deals with certain diagnostic approaches that are rapidly used for the identification of TB infection.

4.1. Microbiological observation

Culturing *Mtb* in a suitable growth media followed by microscopic

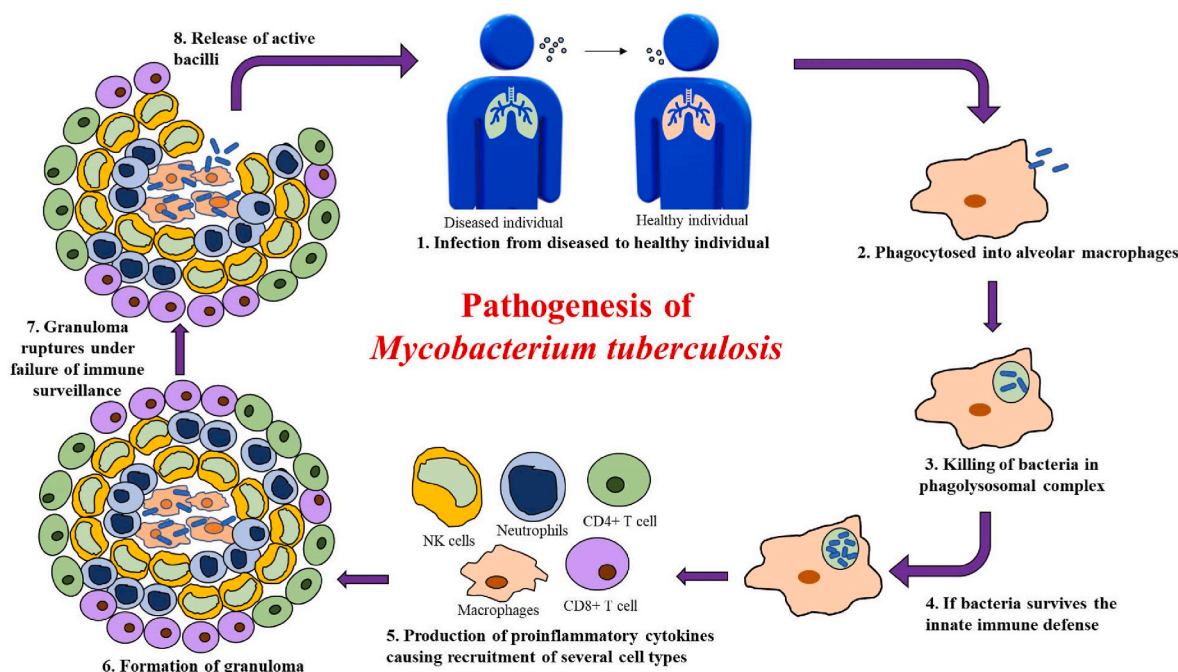


Fig. 1. Pathogenesis of *Mycobacterium tuberculosis*. Infection in a healthy individual begins with inhalation of air droplets containing *Mtb* bacilli (1). The bacteria are phagocytosed by the alveolar macrophages (2). Formation of phagolysosomal complex occurs in the macrophages to kill the bacteria (3). Few bacteria escape the host innate immune response and replicate in the macrophages (4). This induces adaptive immune response causing release of pro-inflammatory cytokines and recruitment of other immune cells (5). The immune cells form granuloma to contain the infection at primary site (latent TB infection) (6). Under immune compromised condition the granuloma ruptures causing release of *Mtb* to other sites (active TB infection) (7–8).

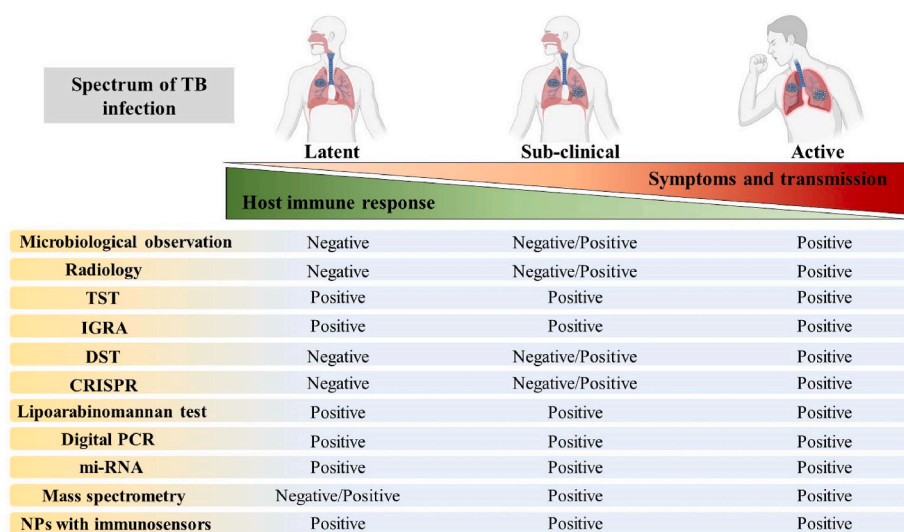


Fig. 2. Diagnostic tools during TB pathogenesis. Tuberculosis infection in host can be categorized into latent, sub-clinical and active states. Latent TB infection is an asymptomatic, non-transmissible state with strong host immune response. The sub-clinical stage is asymptomatic but transmissible infection. Patients with active TB infection are symptomatic with persistent cough and high disease transmission rate. Differentiation between the various stages of TB is essential in order to understand the pathogenic state of *Mtb*. This aids in providing accurate medications to the diseased individual and reduced community transmission. Diagnostic tools like microbiological observation and radiology are efficient in diagnosis of active TB but are inefficient in diagnosis of latent and sub-clinical stages. Immunological based methods like ELISA and TST rely on immune response of individual against mycobacterial antigens. These approaches can identify all pathogenic stage of *Mtb* yet cannot discriminate between them. New methods for diagnosis like CRISPR, Lipoarabinomannan detection, miRNA, digital PCR, nanoparticles (NPs) based diagnosis and mass spectrometry provides increased sensitivity and specificity along with precise diagnosis of latent and active TB

infection. The diagram has been adapted from Pai et al., 2016 [16] with some modification including the recent advanced approaches.

examination is regarded as the gold standard of TB diagnostics [30]. Sputum samples or laryngeal swabs are collected from the suspected patients to isolate the bacterium [31]. This is followed by the decontamination of the specimen using a mucolytic agent of 7% saline and 4% NaOH [32]. Some of the other media often used are the Middlebrook 7H10 medium, and Middlebrook 7H9 broth supplemented with 10% OADC (oleic acid, albumin, dextrose, and catalase) [33]. Supplementation with inorganic salts and albumin prevents the toxic fatty acids from binding with the mycobacterial cell wall. In order to detect the

bacillus quickly, sputum can be concentrated by centrifugation in sodium hypochlorite, and ammonium hydroxide solution which further improves the sensitivity [34,35]. The staining of *Mtb* is dependent on the acid-resistant property of its high lipid content cell wall. The most common staining technique is the Ziehl-Neelsen method [36]. Other techniques include the cold staining method. Both these staining procedures use basic dyes such as Fuschia (primary dye), methylene blue (counterstain), and phenol compounds which penetrate the bacterial cell wall. The acid-fast bacilli take up the red color of the primary dye

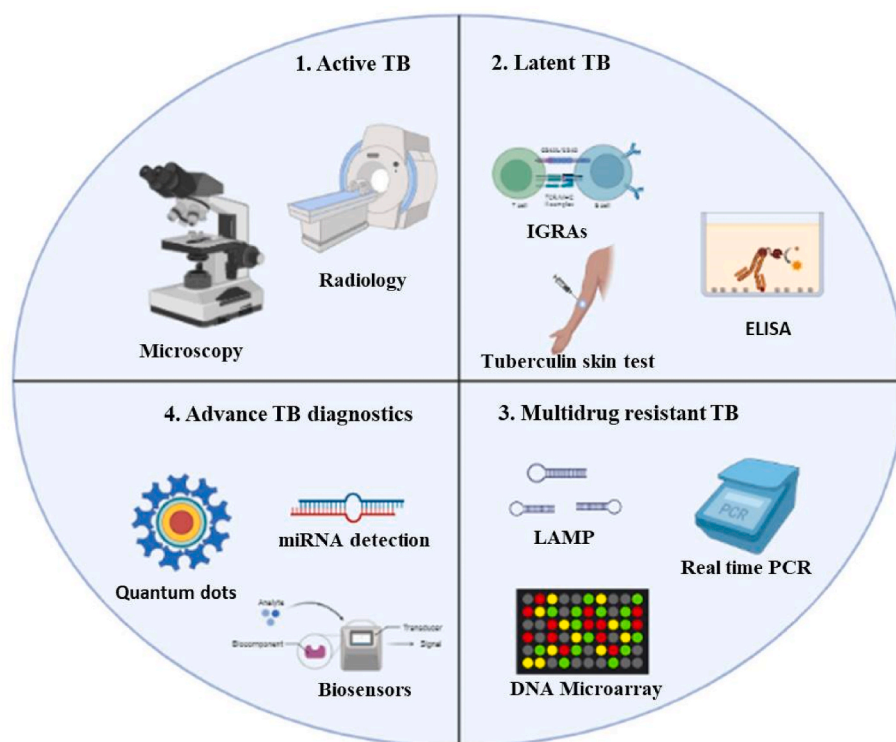


Fig. 3. Diagnostic methods for detection of tuberculosis infection. Early diagnosis of TB is performed using microscopy in which the presence of active bacilli are visualized under microscope and radiology where the chest X-ray is read to detect lesions (1). The Latent TB infection is diagnosed using tuberculin skin test, ELISA and IGRAs. The tests are based upon the inflammatory reaction initiated by the host in the presence of *Mtb* pathogen (2). For the diagnosis of multi-drug resistant TB more specific and sensitive assays need to be performed like RT-PCR, DNA microarray and LAMP. These methods specifically determine the mutations in the genes allowing for identification of drug resistance (3). Advancement in diagnosis with the exploitation of nanoparticles, miRNA and CRISPR-Cas brings revolution in TB diagnosis (4).

however it is unable to pick up the blue color of the counter stain hence appearing red under a microscope (Fig. 4). In order to improve the detection of light-emitting diode fluorescent microscopy is often recommended [37–39].

4.2. Radiology for pulmonary TB

Mtb damages multiple organs of the body although the clinical manifestation involves the lungs. Hence, the initial site of involvement in the lungs, followed by the lymph node, heart as well as skeletal muscles. In order to comprehend the involvement of these organs, radiological imaging is imperative. It can help in assessing the complexity of the disease followed by its prognosis such as the response of the patient to drugs. Some of the common radiological methods for TB diagnosis are Computed Tomography (CT) scan, Positron emission tomography-CT scan (PET-CT), Chest X-ray, and MRI.

Patients suffering from tuberculosis experience severe cough with blood in the sputum, and develop severe complications such as emphysema, distortion of the bronchioles, thickening of the pleural membrane, etc. In order to investigate the unexplained cough or study the involvement of the extra-thoracic cavity, a chest X-ray is often the primary test. Chest X-ray helps in a comprehensive assessment of the lungs and the pleural membrane (Fig. 5) [40,41]. Computed Tomography is a significant tool to assess the complexity of the disease by evaluating the formation of lesions, pleural effusion, and transient thickening of the lobular septa. It aids to differentiate the etiologies of TB from pneumonia [40,42,43]. The lesions are detected in patients with active TB infection; they disappear within 5–9 months after treatment. In case of reactivation of the disease, these lesions were observed followed by fibrosis. Hence CT test can provide valuable evidence of the progression of the disease especially if there is a chance of relapse [40, 44].

MRI is used to detect abnormalities in the lungs with a significant advantage over CT scans in terms of resolution and lack of exposure to radiation. It can detect thoracic lymphadenopathies, necrosis, and inflammation in the pleural membrane as well as hypersensitivity of the

thoracic wall because of TB infection [40,45]. MRI is clearly superior for detecting the changes in the morphology of the pleural membrane as well as for the characterization of the lung tissue (fibrosis of lungs) [40]. Positron emission tomography-CT is a holistic approach to associating with the immunological, pathological aspects of TB. Often PET SCAN is used to detect the granulomas formed during TB infection (both pulmonary and extrapulmonary) [46,47]. PET emission is often the targeted approach to assess specific organs of the body such as tuberculosis infection of the skeleton. It also offers a unique opportunity to characterize the lesions of TB infection thus elucidating the molecular basis of TB infection [40].

5. Diagnostic methods for latent TB infection

Latent TB infection (LTBI) is an infection form that is at a subclinical level and may be transformed into an active TB infection at later stages of life. Patients infected with latent TB serve as an active source of infection and several risk factors are involved with it [28]. The latest data indicates that China has the heaviest load of latent TB infection; about 350 million people are infected with latent *Mtb* [48]. There is a lack of differential diagnosis between latent and active TB, hence diagnosing latent TB is of vital importance for the overall control of the disease and for mitigating mortality and morbidity. If these patients are administered anti-tuberculosis treatment, the chance of developing active TB reduces significantly hence timely detection is essential [49]. Therefore, countries with the burden of latent TB infection should accelerate LTBI research and improvise diagnostics for an accurate diagnosis to reduce the global TB burden by 2025 [50]. This section elaborates on the diagnostic approaches for the detection of latent TB infection.

5.1. Tuberculin skin test (TST)

Tuberculin skin test (TST) is a classic example of the hypersensitive cellular T cell response upon inoculation with the mycobacterial antigen [51]. It is based on the fact that a person exposed to the antigen is bound

Table 1
Conventional methods of TB diagnostics.

S. No.	Diagnostic method	Principle	Sensitivity (%)	Specificity (%)	Turnaround duration	Description	References
1.	Microbiological observation	AFB staining and light microscopy Auramine staining and fluorescence Microscopy	32–94 52–97	50–99 94–100	Same day Same day	Advantages • Rapid practical • Suitable for low-income countries. Limitations • Low sensitivity as other acid-fast-positive organisms may be identified	[17,18]
2.	Radiology	Imaging	98	75	Same day	Advantages • Low cost • High availability • Differentiate between primary and secondary TB infection. • Useful in case of a suggestive pattern such as upper lobe infiltration and cavitation. Limitations • Non-specific	[19]
3.	Tuberculin skin test	Immune response against TB antigens	94	88	2–3 days	Advantages • Low cost • Wide availability • Suboptimal specificity Limitations • Does not distinguish between latent and active infection. • Low sensitivity in an immune-compromised individual. • May be positive with BCG exposure or other atypical mycobacteria.	[20]
4.	IGRA	Immune response against <i>Mtb</i> in blood	98.9	98.1	2–3 days	Advantages • More specific • Not influenced by BCG exposure or other atypical mycobacterial exposure • Low chance of error and biases. Limitations • Higher cost • Negative or indeterminate in immunocompromised individual. • Difficulty in transporting specimen	[21]
5.	ELISA	Antigen-antibody interaction	98.06	98.67	2–3 h	Advantages • Point-of-care • Precise quantitative analysis of results Disadvantages • Higher cost due to application of costly antibodies	[22]
6.	Drug susceptibility testing	Liquid culture media	89	>99	10–21 days	Advantages • Detection of genetic mutation • Gold standard to detect MDR TB Disadvantages • Lengthy turnaround time • Contamination with non-tuberculous bacteria	[23]
7.	Line probe assay	PCR	95.6–97.5% 8	98.7– 99.5%	Same day	Advantages • Robust technique • allows detection of mono as well as multi-drug resistant TB	[24]
8.	LAMP	NAAT (Nucleic Acid Amplification Test)	76–80	97–98	Same day	Advantages • High sensitivity and specificity • Fast results • Identification of genetic patterns of resistance. • Amplification is based on fluorescence and does not need any specific reagent or equipment for result interpretation. Limitations • Complexity in designing diverse LAMP primers • Optimization of LAMP reaction	[25,26]

to show an immune response due to the presence of bacterial protein. The patient is injected intradermally with Purified Protein Derivative (PPD), the most common antigen of *Mtb*. Within 48–72 h post-injection the person develops edema, fibrin deposition and redness due to the migration of the lymphokine producing T cells, neutrophils, and monocytes at the site of injection [52]. PPD was first developed by Florence B. Seibert in 1934. It was produced by steaming cultures of *Mtb* in an Arnold sterilizer. Purification of proteins was done by repeating precipitation with ammonium sulfate. PPD comprises of approximately

92.9% protein, 5.9% polysaccharide and 1.2% nucleic acid. Potency of PPD is expressed as either international unit (IU) or tuberculin unit (TU). One IU is equal to the biological activity contained in 0.028 µg of PPD. Five IU is the standard dose for intradermal TB diagnosis [53].

In order to deduce the results, the diameter of the induration is measured perpendicular to the axis of the forearm. Based on the diameter of the induration the risk of developing a TB infection is classified by the American Thoracic Society in 2000. If the diameter of the induration is 10 mm and the patient has a history of previous exposure to *Mtb* then

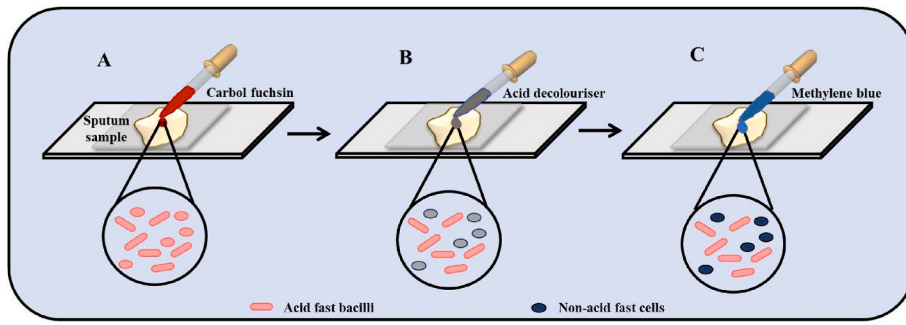


Fig. 4. Microbiological observation of *Mtb* by acid-fast staining. (A) The collected sputum sample is initially stained by carbol fuchsin dye which stains all the cells pink. (B) Decolorisation of cells by acid decoloriser causing discoloration of non-acid fast bacilli. (C) Counter-staining of cells by methylene blue leads to staining the non-acid fast bacilli as blue. Thus, the acid-fast bacilli (pink in color) can be easily distinguished from the non-acid fast bacilli (blue in colour) under a microscope. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

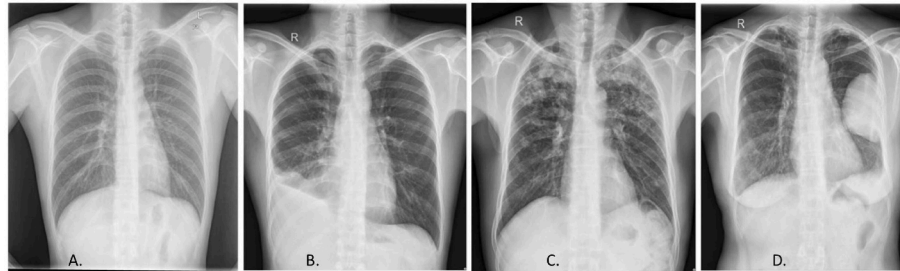


Fig. 5. Radiological diagnosis of TB, Chest X-ray. (A) Normal chest X-ray. X-ray displaying different manifestations of TB, (B) pleural effusion, (C) infiltrates, (D) cavity lung lesion. Reprinted from (Ayaz et al., 2021) (open access).

the test result is positive whereas a diameter of 5 mm is considered positive only in case of recent contact with TB infection (Fig. 6) [51]. However, there is no correlation between the size of the induration and the future risk of TB. TST being the most conventional method for TB diagnosis faces some fundamental drawbacks. The basic concern with TST is lack of specificity. The test often gives false-positive results because of the inability to differentiate between *Mtb* infection with that of non-tuberculosis mycobacteria or vaccination with Bacille Calmett-Guérin (BCG). Both cases of false positive responses are generally due to cross reactivity where an immune response is elicited by homologous antigens either from vaccination with BCG or from environmental non-pathogenic mycobacteria. Despite these snags, TST remains the most commonly used platform to detect *Mtb* infection [53].

5.2. Interferon-gamma Release Assays (IGRAs)

The assay is based on the immune response of the patient to *Mtb* in an immune-competent individual [54]. After exposure to the pathogen, the

memory T cells remain active and upon relapse or reinfection, the antigen-presenting cells process the antigenic peptides to the memory T cells. These T cells produce lymphokines, particularly interferon-gamma (IFN- γ) due to the stimulation of antigens specific to the *Mtb* complex i. e., the Early secretory antigen targeting 6 (ESAT-6) and the Culture Filtrate Protein (CFP-10) circulating in blood during *Mtb* infection. Both of these induce a strong T-cell response [55,56]. Hence these two are the most common targets for Interferon-gamma Release Assay. In case the patient doesn't respond to the above antigens, ESX-1 substrate protein C (EspC) can be a suitable alternative. IFN- γ production can be directly correlated to the bacillary burden or antigenic load since it is an essential biomarker for TB infection as well as for detecting the treatment response in the patients [57]. The IFN- γ level in the sample is quantified at an absorbance of 450 nm (Fig. 6). However, the performance of IGRA can be affected negatively by immune-mediated inflammatory diseases (IMIDs) due to impaired immune response in Crohn's disease where the function of immune cells is suppressed as well as in patients with immune-modulatory drugs such as teriflunomide

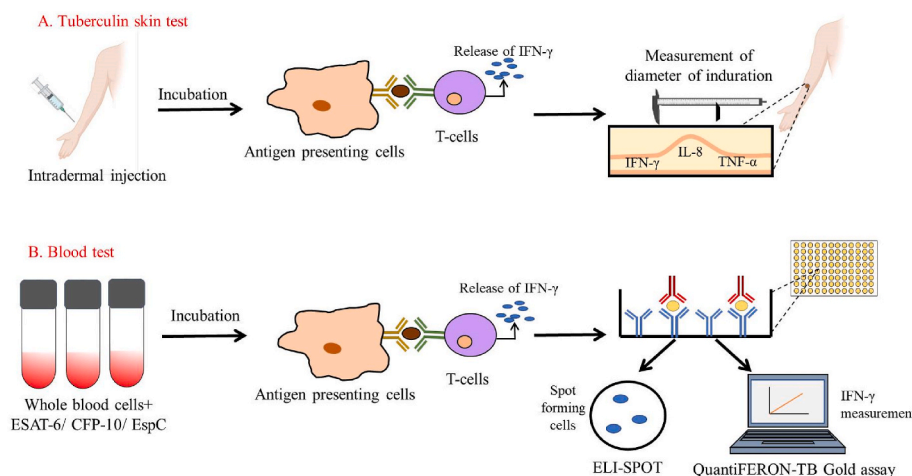


Fig. 6. Detection of Latent tuberculosis infection. (A) Tuberculin skin test. Intradermal injection of protein derived derivative (PDD) is administered to the patient's forearm. After 48–72 h post incubation, patient develops edema and redness due to antigen processing and migration of immune cells like lymphokines producing T cells, at the site of infection. Diameter of induration developed in the forearm is measured for detection of TB infection. (B) Blood test. Blood sample from the patient is taken and whole blood cells are incubated along with *Mtb* antigens. Antigen processing and presentation leads to the release of IFN- γ from T-cells. Detection of the antibodies producing cells is done by ELI-SPOT or the quantitative analysis IFN- γ can be done by QuantiFERON-TB Gold assay. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

having an inhibitory effect on T cell response [58].

Identifying the temporal changes is crucial for evaluating the dynamics of cellular immunity, hence can be used to evaluate the chance of developing active TB [57]. Studies suggest that the risk of TB is 2.90 folds higher if the IFN- γ levels in the blood are 1IU/ml, 10.38 folds higher at 5IU/ml, and 21.82 folds higher at 15IU/ml (International Units) [59]. Other additional comorbid conditions such as alcohol, drug, and malnutrition will also determine the risk of developing active TB infection. The two different types of Interferon Gamma Release Assays are the QuantiFERON-TB Gold test and the ELISPOT assay.

QuantiFERON-TB Gold is a quantitative assay to estimate the production of IFN- γ in a blood sample when incubated with Mycobacterial antigens such as ESAT-6 and CFP-10 [60,61]. Both these antigens are epitopes of CD4⁺ and CD8⁺ T cells but mainly stimulate the CD4⁺ T cells to release interferons [62]. Blood from the suspected patient is collected and incubated overnight with the above antigens at 37 °C [63]. The lymphocytes become sensitized upon exposure to mycobacterial antigens and release IFN- γ which can be quantified to assist diagnosis of TB. It is cost-effective with high specificity in the age group 1–15 years i.e., 97.8%. However, in a study performed by Hossein et al., 2015, it was concluded that after 3 months 2/7th of QFT GIT negative initially and 66% of QFT GIT positive reverted. Thus it is not reliable for the diagnosis of latent TB in unexposed BCG vaccinated children [64].

T spot TB/ELISPOT ASSAY test determines if a person is infected with *Mtb* by quantifying the level of cytokine-producing T cells in the body [65,66]. Blood of the suspected patient is collected and the mononuclear T cells are separated. The cell suspension is seeded with antigenic peptides such as the ESAT-6 and CFP-10 and placed in a microwell. The microwells are washed in a phosphate buffer and incubated for 1 h at 37 °C followed by observation in a light source. Each spot on the well represents a cytokine-producing T cell [67]. The spot counts are directly correlated to TB infection. A high spot number indicates an active TB infection whereas a low spot number suggests a latent TB infection [21]. Despite several advantages such as reducing the number of false-negative results and high suitability for the high-risk groups, this test fails to be sensitive to different subtypes of TB infection.

5.3. Enzyme-linked immuno-sorbent assay (ELISA)

The cellular immunity in humans produces a wide paradigm of antibody-mediated responses against *M tuberculosis* [68]. The paradigm can be validated by quantifying the level of antibodies in the sera [69]. The level of antibody shows a wide difference in both active and latent TB infection, often used to distinguish between the infections [70]. More recently the role of antibodies to mycobacterial antigens has evolved; hence a suitable antibody profiling can be done to detect the type of TB infection. For example, the IgG directed against the mycobacterial transmembrane protein (Rv2626c) is higher in latent TB infection than in active TB infection [68]. Additionally, IgM directed against membrane-associated antigens, and IgA directed against alpha-crystallin (Acr) are at a higher level in latent TB infection [71]. However, the most common antigen for ELISA is 6, 27, 30 and 38 kDa mycobacterial proteins [22]. Sun et al. developed a universal ELISA for serological detection of *Mtb* complex in multiple hosts. Infection can be detected by using fusion protein MMEC (MPB70, MPB83, ESAT6, and CFP10 i.e., common in different species of mycobacteria) as coating antigen. The sensitivity and specificity of this ELISA is 100% and 94.85% respectively for *Mtb* detection in humans, making it a reliable procedure for TB detection [72].

5.4. Urinary lipoarabinomannan test

The assay discussed above pose challenges in accurate detection of TB in children and extremely-ill patients like HIV-infected individuals. Detecting tuberculosis in children is exceedingly difficult due to non-specific clinical presentation, low accuracy of Chest X-ray and the

collection of sputum sample; hence antigen detection in urine sample remains the gold standard [73]. Lipoarabinomannan (LAM) is an envelope component of mycobacteria which is excreted via urine in children due to weaker T cell and IL-12 response; providing a high chance of detecting mycobacterial antigen in urine. Often LAM can be detected in HIV co-infected TB patients and WHO recommends it for its application in critically ill HIV patients and children with an extremely low CD4⁺T cell count (<100 cells/mm³) [74]. Urine LAM detection technology by ELISA or lateral flow are commercially available by Fujifilm SILVAMP TB LAM (Fuji LAM) test and the Alere Determine TB LAM Ag (Alere LAM) test with short turnaround time and point-of-care to patients [75, 76]. Hence, lateral flow LAM is the preferred approach in which unprocessed patient urine samples are applied on the sample pad of TB LAM Ag, followed by incubation at room temperature. The strip is visualized for the intensity of the bands and graded by comparing it with the manufacture's standard (Seid et al., 2022). Overall the sensitivity and specificity of the above tests were higher in children with HIV. This can be attributed to the excretion of LAM in HIV positive active pulmonary TB patients due to renal dysfunction. Additionally in HIV negative TB patients, formation of immune complexes with non LAM proteins masks the concentration of LAM in urine. Thus, urine LAM assay is easy to perform and are highly recommended in malnourished children, yet elaborative evidence is required for its usage in diagnosis of TB in children independent of HIV status. Another alternative strategy is to test the liquid phase of exhaled air termed as exhaled breath condensate (EBC). TB patients have a higher range of LAM (15–120 μ g/mL) as well as specific lipids and proteins not detected in healthy or community acquired pneumonia patients [77]. These allowed us to distinguish between TB patients at baseline, including smear-negative and culture-negative adults and children. Overall, the collection of sample is extremely easy, non-invasive, and may reflect lung disease specific markers from infected patients. However there is a lack of standardization of collection techniques which hampers their introduction to clinical practice [78].

6. Diagnostic approaches for multi-drug resistant TB

Multidrug-resistant TB (MDR-TB) can be described as TB infection resistance to drugs such as isoniazid and rifampicin. The WHO 2020 report suggests that Bangladesh, Pakistan, India South Africa, etc. would contribute to 84% of TB cases from 2021 to 2025 whereas the remaining 5% would be contributed by Congo, Zambia, Liberia, etc. The increasing cases of drug resistance are because of a lack of drug susceptibility testing [79]. Thus, the use of advanced and newer technology is preferred to diagnose patients for MDR-TB, so that the proper treatment is provided to the individual before the condition worsens.

6.1. Phenotypic drug susceptibility testing

Phenotypic drug susceptibility testing (DST) is regarded as the definitive diagnostic test for MDR-TB. The increasing expansion of multidrug-resistance TB enhances the demand for drug susceptibility tests, often regarded as the gold standard to detect MDR TB [80,81]. It can be done by observing the viability or metabolic inhibition in a medium containing anti-tuberculosis drugs [82]. The susceptibility can be determined from various technical standpoints such as macroscopic observation in drug-free or in the media-containing drug [83]. The metabolic activity can be another parameter to test their susceptibility. However, it takes a long time to give a confirmatory test (2–3 months). In order to avoid delay, use of liquid culture media is advisable than solid media [84]. In addition to the above, the method is expensive and increases the chance of contamination with non-tuberculous mycobacteria.

6.2. Molecular drug susceptibility testing

To reduce the turnaround time and the chances of contamination, molecular DSTs have been developed. This technique relies on the amplification of nucleic acid and targets the genes responsible for drug resistance [85]. Some of the molecular DSTs are LATE PCR with Lights-On/Lights off Probe and Ligase chain reaction.

LATE PCR with Lights-On/Lights off Probe is an advanced technique to generate double-stranded DNA followed by the production of single-stranded amplicons. It uses different types of fluorescent dyes to analyze nucleotide substitution. The number of thermal cycles used to amplify the DNA depends on the number of target molecules being amplified. Usually, the temperature is lowered to such an extent that the complementary dsDNA molecules are unavailable to interact with the probes (light on/off probes are low-temperature probes) as their melting temperature is usually 5° Celsius less than the primer. Thus, this probe is labeled with a quencher dye which quenches off the fluorescent signal after it binds to the target probe. Although each probe binds to a specific region of the DNA, these fluorescent signals can be integrated to analyze the entire nucleotide. The melting curve for the entire probe during annealing can be analyzed to detect the mutation. In the case of mutation, there is a change in the melting point. The use of multiple probes allows the detection of multiple targets in a single reaction mixture. For example, the rifampicin resistance in *Mtb* (*rpoB* gene) is analyzed using this method. This is a very sensitive test with a high specificity of 88–100% [86,87].

Ligase chain reaction is an amplification process that amplifies the genes responsible for multidrug-resistant TB. It can detect Single Nucleotide Polymorphisms (SNPs) responsible for isoniazid and rifampicin mutations in *Mtb* [88]. The initial step involves the identification of the mutation responsible for the drug resistance [88,89]. After the initial step is completed, probes specific to the targeted regions are designed followed by the ligation of the probes using ligase. The ligated probes serve as a template for the next cycle. This is followed by the amplification of these segments by the thermostable *Taq* polymerase. This method displays average sensitivity of 75%. It is an expensive test to detect drug resistance often giving false-positive results [90].

6.3. Probe-based assays

Probe-based assays have revolutionized the diagnosis of MDR-TB since these methods use PCR to amplify the gene mutations responsible for drug resistance. Molecular DST can be performed only when there is clear evidence of bacillus load in the sample or if the recent tests suggest that the patient has stopped responding to the treatment. Some of the commercial assays approved by the WHO are line probe assays (LPA), Gene Xpert, and GenoType MTBDR plus for detecting mutation to isoniazid and rifampicin [91].

Line probe assay technology involves extraction of DNA from the isolates of patients followed by amplification of the resistance determining region using suitable primers [80]. The PCR products are then hybridized with suitable oligonucleotide probes. These hybridized labels enable the detection of the *Mtb* complex in the sample. Line probe assays not only identify *Mtb* in the samples but also determine the drug resistance pattern with an optimal sensitivity of 71% [92]. If mutations are present, the probe will not bind to the target region. The post-hybridization reaction will lead to the formation of colored bands on the line strips at the site of probe binding. It has a high specificity and the results can be obtained within 48 h [93]. This assay is specific to a particular mutation and only focuses on the hotspot of mutations. For example, the INNO-LiPA Rif TB LPA developed in Belgium is sensitive only to *rpoB* gene mutations from codon 509 to codon 534 (Asp516Val, His526Tyr, His526Asp, and Ser531Leu mutations). Thus, it can be used for an initial screening to confirm drug susceptibility and suggest suitable antibiotics [94]. Xpert MTB/RIF a commercial form of line probe assay is used to diagnose pulmonary and extra-pulmonary TB as well as

MDR-TB. It is an automated real-time PCR for detecting drug resistance within a span of 2 h. In this method, the sputum sample is collected from the patient and mixed with suitable reagents such as liquid buffers and lyophilized reagent beads for sample processing and nucleic acid extraction. Simultaneously, the sputum samples are treated with sodium hydroxide and isopropanol-containing sample reagent at room temperature for 15 min. The mixture is then placed in the cartridge inside the Gene Xpert machine which is fully automated to purify, concentrate and identify the targeted nucleic acid sequence. The result of this test is classified as detected, undetected or indeterminate. Results that are positive for RIF resistance mean the bacteria are resistant to rifampicin. Further, molecular tests should be performed to select an effective drug for treatment. On the other hand, negative RIF indicates the susceptibility of the bacteria towards the drug whereas results indeterminate means that the test could not determine accurately if the bacteria are susceptible or not [93,95,96].

Gene drive MTB/RIF ID KIT is an innovative diagnostic test assembled to detect *Mtb* complex directly from the raw spectrum at a faster rate [97]. The kit is portable and operates at a low voltage supply (12V) and consumes less power [98]. It uses real-time PCR technology and a simple paper-based DNA extraction procedure [99]. The paper on which the DNA is collected is decontaminated followed by its extraction from the bacteria without the need of a vortex or centrifuge. The targeted genes which are amplified for PCR include a short repetitive region (REP13E12) and the hotspot region which harbors 81% of mutations responsible for drug resistance (*rpoB* at positions 516, 526, and 531). It has an overall sensitivity of 93.5% and the results can be obtained within 75 min. It is user-friendly and affordable for low-income countries [98].

6.4. DNA microarray

DNA microarray helps in the accurate and rapid identification of 17 mycobacterial species simultaneously by designing an oligonucleotide sequence complementary to the 16sRNA (most common). Recently few more oligonucleotide probes have been designed that target the 13 most common mutation sites from the *rpoB* gene, *katG* gene as well as mutations in the promoter region of the *inhA* gene [100]. This array can identify the exact nucleic acid substitution unlike conventional assays. In order to identify the mutations, *Mtb* strains are isolated from sputum samples and cultured in Lowenstein-Jensen at 37 °C for 3–10 weeks [101]. Suitable oligonucleotide probes (10–40bp) are designed against the validated target genes (labeled with fluorescent dyes) which hybridize with the complementary probe. The non-specific and non-bonding regions are washed off-post hybridization. The hybridized probes form a spot and give signals on the immobilized microarray chip. If no spots are obtained then the mutation is confirmed [102]. DNA microarray chips are rapid, accurate, and highly efficient and can address the shortcomings of traditional methods of nucleic acid amplification like low automation and low detection efficiency. Hence, DNA microarrays can be used to comprehend drug resistance-associated gene mutation.

6.5. Lucifer reporter assay

Lucifer reporter assay is a test used to detect drug resistance in *Mtb* which uses luciferin as a reporter to identify the expression of drug resistance genes [103]. There are two strategies that are employed for this test. The first strategy involves the creation of shuttle phages by integrating mycobacterial phages into the cosmid vectors followed by propagation in *E. coli*. The second strategy involves the homologous recombination of the DNA fragment to a bacteriophage which is expressed upon infecting *Mtb*. A luciferase-expressing mycobacteriophage is designed to infect *Mtb*. The genome of the bacteriophage carries the gene for antibiotic resistance as well as the firefly luciferase gene (*fflux*). These phages are propagated and allowed to infect *Mtb*. Antibiotic resistance is determined by analyzing the light output from

the luciferase-expressing mycobacterial population [104]. The antibiotics will disrupt the mycobacterial cell wall, thus preventing the infection of bacteriophage and luciferin expression. The luciferase expression requires ATP; hence only viable cells will produce ATP. Thus, the light intensity will reduce significantly after antibiotic treatment. In contrast, antibiotic-resistant cells will be unaffected and will continue to produce light. There are several advantages of this assay as it is easier to perform and it can be applicable to a wide variety of mycobacterial strains. Despite several advantages, this assay is only limited to the unpredictable phage infectious rate of the *Mtb* strain [105].

6.6. Loop-mediated isothermal amplification (LAMP)

LAMP is a technique to detect the genes responsible for multidrug resistance in *Mtb*. It is a novel colorimetric method that amplifies mycobacterial DNA. This technique detects the genes responsible for resistance against several anti-TB drugs like isoniazid, rifampicin, amikacin, and ciprofloxacin [106]. Hence the targeted genes for amplification are *katG*, *inhA*, *rpoB*, *rrs*, *gyrA*, and *gyrB* [107]. Often the major reason behind multidrug resistance is the point mutation in these genes, so this method targets the hotspot regions of the genes responsible for the mutation. In the first step primers (allele-specific primers) known as the forward (FIP) and backward primers (BIP) are designed specifically for these genes which bind to the antibiotic resistance determining region [108,109]. The DNA strands will only be amplified if the primers anneal completely to the target sequences. The product obtained is then displaced by the loop primer elongation. This result in the replacement product getting amplified with biotinylated LAMP attached. The allele-specific primers elongate and displace the biotinylated LAMP product [110]. Subsequently, allele-specific primers elongate the biotinylated product. Additionally, several other mutations can be detected simultaneously by synthesizing LAMP primers and adding primers specific to the mutated allele with a specificity of 60%. It is inexpensive and does not require a sophisticated platform, hence available to the peripheral health care system [106].

7. Limitations of conventional diagnostics methods

The age old methods used for TB detection, like sputum microscopy, culture test, radiology, drug susceptibility testing have been able to detect the acid fast bacilli, provide point-of-care diagnosis and are cost effective. However, the major shortcomings of these diagnostic methods are low sensitivity, time-consuming, false negative results, poor efficacy, lack of differentiation between different strains and bacterial viability detection [111,112]. These drawbacks lead to delayed TB diagnosis. Delayed diagnosis accelerates infection severity, increases the risk of mortality, and enables the transmission of bacilli within the healthy community. Further, incorrect diagnosis will lead to imprecise treatment therapy that will eventually lead to development of drug-resistant in the infected individual [113]. Thus, rapid, highly sensitive and specific diagnostic tests and approaches need to be explored for detection of *Mtb*.

Recent technologies using new and emerging tools and methods prove to be essential for development of better diagnostic assays against TB. The advance diagnostic tests such as digital PCR, CRISPR-based detection, whole genome sequencing, mass spectrometry and nanodiagnostics display excellent sensitivity and specificity. These tests are efficient in detection and differentiation of drug sensitive as well as drug resistant strains in the suspected individuals so as to start with the accurate and appropriate therapy. MicroRNA detection allows in understanding of pathogenic states of *Mtb* in the diseased person based on the expression level of mi-RNAs. Application of nanoparticles with the conventional methods like ELISA provides rapid point-of-care diagnostic tool. Raman spectroscopy can be used in rural areas as well for rapid screening of vast number of patients and mass spectrometry that can be performed in a routine clinical lab within short time [112,114]. A

detailed description of these methods has been elaborated in the following section to understand the current TB diagnostic status.

8. Advance TB diagnostics

One peculiar trend of TB is that 90% of TB infected individuals live in low resource areas, where adequate health care facilities are not available and the labs are not well equipped to give results within a short span [115]. Hence, the disease is detected when it is beyond prophylaxis. Globally the cases of drug-resistant TB infections are rising tremendously; hence efficient user-friendly, low-cost diagnostic tests are required. Despite the introduction of advanced techniques such as the MTB/RIF assay, the global burden of TB infection is still alarming. Apart from that, no suitable test is available to detect TB in HIV-infected patients or in pregnant women and children [116]. Hence, in order to reduce the annual burden of infections, diagnostic tests should be designed to meet the minimal specifications in case of urgency in low-resource settings. The diagnostic tests should identify a new point of TB control such as identification of a new biomarker, simplifying the technological platforms, and developing new reference standards for children and HIV patients. It should also aim to reduce the cost of diagnosis along with the accessibility to develop a new horizon towards delivering the best patient care [116]. Table 2 describes the recent advances for TB diagnosis.

8.1. Digital PCR

Droplet Polymerized Chain Reaction is the third generation PCR that estimates the exact quantity of nucleic acid in a sample [127,128]. This method was first conceptualized in 1990 and is based on the endpoint method of nucleic acid quantification; hence no standard graph is needed to interpret the result [129]. The sample is collected and distributed into different chambers containing more than one target, whereas the other chambers may have no target at all. This is followed by thermal amplification where the targets are amplified to several copies. This is followed by the step where the sample is fractionated to generate droplets based on fluorescent probes such as FAM (Fluorescein amidite) and HEX (Hexachloro-Fluorescein) or Eva Green [129]. After the generation of approximately 20,000 droplets, it is suspended in a water-oil emulsion [130,131]. A single droplet can have more than one target gene while others may not have any. Amplification of the sample droplets is carried out in an endpoint thermal cycler. Post amplification the droplets are placed in an analyser to detect target genes based on the color produced by the fluorescent dyes. The signals produced by these dyes are quantified and are then classified into the positive and the negative fractions [129]. The positive fraction is the one with the desired gene of interest whereas the negative fraction lacks any. The reading process is usually done in a software analyzer that uses the software i.e., Quanta soft. Data analysis is done after the droplet reading is accomplished. The data can be visualized, analyzed, and exported. In recent years, Digital PCR is exclusively used to study the expression of mutant genes and often to understand the mechanism behind resistance to 5'FU (Fluorouracil) [132]. Usually, it has been reported that the resistance to fluorouracil is due to mutations in *upp* or *pyrR* genes [133]. Hence the gene expression can be understood. Digital PCR can also be coupled with several other diagnostic platforms such as the Xpert MTB/RIF assay to improve the quantitative estimation and in turn elevate reproducibility [130]. In addition to this, it can also be used for the diagnosis of extra-pulmonary TB even with low levels of DNA [134]. Even if the target genes are present in a low copy number, it amplifies and produces an accurate result. Conventional DST tests used to last for around 4 days, but with this technology, the result is obtained within 5 h. This means that a more complicated TB infection with a low copy number of genes in the sample can be detected with precision that eventually leads to reduced transmission. Hence the use of these technologies should be incorporated to navigate the problems that are deemed unsolvable

Table 2
Recent techniques for TB diagnosis.

S. No.	Test	Type	Sensitivity (%)	Specificity (%)	Turnaround duration	Description	References
1.	CRISPR/Cas12a	Gene editing	90%	98%	7 and 14 days	<p>Advantages</p> <ul style="list-style-type: none"> • Detection of <i>Mtb</i> in lower sample input • Detect multiple sites in <i>Mtb</i> genome associated with drug resistance and susceptibility <p>Drawbacks</p> <ul style="list-style-type: none"> • Cas protein has a lower sensitivity • Target selection is crucial as long target selection near the PAM sequence is advantageous • CRISPR-Cas system is prone to mutation and hence may provide false negative results • Multiplexing is another challenge of CRISPR-Cas 	[117,118]
2.	AI Processing	Artificial intelligence	68–96%	72–85%	NA	<p>Advantages</p> <ul style="list-style-type: none"> • Accurate and efficient clinical decision making • Improved precision in screening, diagnosis, and treatment • Reduced labour <p>Drawbacks</p> <ul style="list-style-type: none"> • Need to maintain curative data sets • Privacy concerns, breach of medical data 	[119]
3.	MinION Nanopore-sequencing (Oxford Nanopore technologies, U.K.)	Detection of Rifampicin resistance supersedes	94.8%	98%	6 h	<p>Advantages</p> <ul style="list-style-type: none"> • Real-time analysis in a scalable format • Minimum sample preparation • Cost effective • Portable • Independent of length of the fragment <p>Drawbacks</p> <ul style="list-style-type: none"> • Resolution should be improved so that it can detect even a single base before commercialization 	[120]
4.	Whole-genome sequencing	Next-generation sequencing (NGS)	95%	95%	up to 72 h	<p>Advantages</p> <ul style="list-style-type: none"> • Detect drug resistance and genetic diversity <p>Drawbacks</p> <ul style="list-style-type: none"> • High cost of equipment • Requirement of technical training • Clinical interpretation of NGS data is challenging 	[121]
5.	miRNA	PCR based assay	24.7–39.9%	>90%	24 h	<p>Advantages</p> <ul style="list-style-type: none"> • Differential expression of miRNAs represents different states of pathogenesis • Disrupted miRNA expression profile allows in differentiation between active TB and LTBI • Can be performed using diverse sample type such as; whole blood, serum, plasma, PBMCs, pleural fluid, sputum, urine and EBC <p>Drawbacks</p> <ul style="list-style-type: none"> • expression pattern of miRNAs depends on the study design 	[122,123,124]
6.	Raman spectroscopy	Raman scattering	Active TB: 84.62% LTBI: 86.84%	Active TB: 89.47% LTBI: 65%	2 h	<p>Advantages</p> <ul style="list-style-type: none"> • Does not require unnecessary sample preparation. • A high degree of intrinsic specificity • Direct measurement can be performed from clinical sample without microbial culture • Easy to use non-invasive • Can detect TB from cerebrospinal fluid samples <p>Drawbacks</p> <ul style="list-style-type: none"> • Adoption of Raman spectroscopy in a clinical lab is a challenge 	[125]
7.	Aeonose (eNose BV, Netherlands)	Detection of VOC (breath analyzer)	75–92%	44–65%	10 min	<p>Advantages</p> <ul style="list-style-type: none"> • High specificity • Shorter test time • Immediate data analysis 	[126]

(continued on next page)

Table 2 (continued)

S. No.	Test	Type	Sensitivity (%)	Specificity (%)	Turnaround duration	Description	References
						<ul style="list-style-type: none"> • Promising negative predictive value • Non-invasive • Useful test for HIV positive TB patients Drawbacks <ul style="list-style-type: none"> • External validation and standardization required • Need to be validated for larger population. 	

[135].

8.2. Next gene sequencing

Next gene sequencing (NGS), also known as metagenomic sequencing is an advanced technique to generate billions of DNA molecules and can be used to detect antibiotic resistance in TB infection [136]. Using this technique, the genes responsible for drug resistance such as *rpoB*, *embB*, *pncA*, *rpsA*, *gyrA*, *gyrB*, *rrs*, *eis* can be amplified. This method is highly sensitive for detecting mutations associated with resistance to isoniazid, rifampicin, streptomycin, ofloxacin, levofloxacin, and moxifloxacin [137]. The overall process can be categorized into several stages such as sample preparation, construction of DNA library, and sequencing followed by data interpretation. Initially, a sample from the patient is collected and a nucleic acid extraction kit is used to extract the nucleic acid. NGS uses a flow cell with several small microbeads to conduct the sequencing [138]. The extracted nucleic acid is ligated with an adaptor sequence complementary to several oligonucleotides present on the microbeads. The adaptor sequence will bind to the oligonucleotides on the flow cell. In order to amplify the extracted DNA primers dNTPs, DNA polymerase is added to the reaction mixture. Hence a double-stranded DNA is formed due to amplification. The amplified DNA sequence is converted to a ssDNA through denaturation and circularization. Rolling circle amplification can be used to generate DNA nanoballs to identify the reads (long or short) and to identify single nucleotide polymorphism [139,140]. Hence, NGS is an attractive option to characterize drug resistance to TB due to its high sensitivity. It can also provide detailed information to identify multiple genes simultaneously. As DNA sequence is multiplied numerous times the assessment generates accurate data and can detect the probability of occurrence of rare mutations, unlike the conventional molecular techniques. Despite the advantages, it is still unavailable in low-income countries which are a great hindrance to accurate detection. Recent advances in NGS such as massive parallel gene sequencing techniques have reduced the cost and time. Also, the availability of these platforms in developing countries can reduce the occurrence of drug resistance [141].

8.3. MicroRNA detection (miRNA) for TB detection

MicroRNAs are non-coding single-stranded RNA molecules that are highly conserved and have a length of 18–25 nucleotides [142]. They play an important role in cellular differentiation, also for initiating innate and adaptive immunity. Thus, can serve as a biomarker for diagnostic purpose [143]. Gene expression data in macrophages and NK cells suggested the production of these small molecules of RNA for guiding the immune response by either activating or promoting the function of macrophages, dendritic cells, T cell function, and differentiation [144,145]. Meanwhile, these miRNAs have an invaluable role in regulating autophagy and apoptosis induced by *Mtb* infection by upregulating the expression of miR-33 and miR-33* which in turn target key autophagy effectors such as ATG5, LC3B, LAMP, miR-155, miR-223 and miR-17-92 cluster. Another study revealed that cytokine and chemokine production is also dependent on miRNA-regulated pathways. For example, miR-223 promotes the differentiation and proliferation of the

neutrophils during mycobacterial infection [146]. Thus, the distinct miRNA profiles in TB suggest the regulatory function of miRNA in orchestrating protective immune responses. Pattnaik et al., critically reviewed the role of miRNAs in pathogenesis. Understanding the differential expression of various mi-RNA allows in accurate diagnosis of latent and active TB infection. For instance, let-7e-5p, let-7d-5p, miR-450a-5p, miR-140-5p were up regulated in latent TB infection and miR-1246, miR-2110, miR-370-3p, miR-28-3p, and miR-193b-5p were up regulated in active TB infection [147,122].

There are several advantages of using miRNA as a biomarker as they are not easily degraded by RNases, and hence can be used for early diagnosis preventing the community transmission of TB. Signature miRNA molecules such as miR-196b and miR-376c miRNAs act as potential diagnostic markers for TB. Differential gene expression suggested that miRNA expression can modulate the expression of target genes and is crucial for studying disease pathogenesis. Simultaneously RNA expression analysis showed the downregulation of 29 miRNAs, miR-1, miR-155, miR-31, miR-146a, miR-10a, miR-125b, and miR-150, in paediatric patients with the increasing incidence of drug-resistant. Hence the expression level of the miRNAs can be used as a suitable diagnostic biomarker as well as to comprehend the process of gene regulation in drug resistance. However advance studies are needed to explore the role of miRNA in drug resistance. An integrative approach (miRNA and proteome) is needed to develop a diagnostic approach to quantify differential expression correlated with TB [148].

8.4. Whole genome sequencing

Whole-genome sequencing (WGS) involves several steps such as a collection of a sputum sample from patients followed by its culture on specialized media such as Lowenstein–Jensen or Mycobacteria Growth Indicator Tube [93,149]. The next step involves DNA isolation from the patient sample and creating a DNA library by cloning the targeted gene into a suitable vector-like Bacterial Artificial. This is followed by sequencing using a suitable platform such as Illumina for accurate sequencing [150]. After the key steps are accomplished, the data obtained is analyzed using bioinformatics-based approaches [151]. Using WGS, single nucleotide polymorphisms can be easily detected including deletion or insertion. Based on the variants detected, several different tasks can be achieved such as prediction of drug resistance, stain typing, etc. [152,153]. WGS uses mycobacterial interspersed repeats or a variable number of tandem repeats to identify their transmission potential as the data can be applied at several levels of epidemiological complexity. This approach is highly specific as well as sensitive and the results can be obtained quickly hence suitable for endemic areas. The implementation of whole-genome sequencing techniques in clinical labs requires strategic planning with proper operating procedures as well as data interpretation. Scale-up of WGS needs adequate infrastructure such as sample preparation, PCR power supply, and other favorable conditions. Hence a lot of efforts are needed to validate and standardize WGS approaches in high burden countries.

Currently, the most accessible platforms used for TB diagnostics are Roche 454 Illumina HiSeq/MiSeq, Life Technologies SOLiD, and Ion Torrent [154]. These platforms were introduced recently and only

require 10 h to get the complete sequence. Illumina HiSeq/MiSeq is the cheapest of all and the cost of sequencing is \$0.02 per million bases which makes it the most preferred one [155]. The Ion torrent was introduced in 2010 and is the most advanced gene sequencing approach. It is based on monitoring the change in pH during DNA polymerization and is coupled with a silicon detector [156]. It is relatively fast and is only applicable to smaller data sets. The average reading capacity of this approach range between 50 and 250 bp and utilizes a reversible sequencing chemistry approach. WGS often targets the sequence of a particular gene and its constitutional variants and the coverage may be expanded to facilitate more delicate gene assessments [155].

9. Nanomaterial for TB diagnostics

For better detection of *Mtb* and in order to overcome the limitations of current diagnostic methods such as high cost, insufficient resources and instruments, there is requirement of a better detection system. Nanotechnology based diagnostic approaches would provide rapid and efficient point-of-care diagnostics leading to effective treatment and elimination of TB [157,158]. Since the last decade, significant development has been seen in nanodiagnosics of TB, due to the unique features of nanoparticles for TB biomarkers detection [159,160].

Nanoparticles are minute particles that are less than 100 nm in diameter and have unique properties unlike other atoms and materials [161,162]. Some of the most exceptional properties are a large surface-to-volume ratio (gold nanoparticle), high thermal and electrical conductivity, potent catalytic property on the surface, Surface-Enhanced Raman Scattering (SERS), and enhanced photoluminescence. All these characteristics when combined with biology aided enhanced drug discovery and therapy especially the development of novel diagnostics [88, 163]. Nanomaterial can be exploited for the diagnosis of infectious diseases both bacterial and viral which can spread out rapidly with a high mortality rate [164]. With the advent of nanotechnology, ferrofluid and nanoparticles coated with ceramics can aid in pathogen quantification within a short span of time (20 min). Interestingly this unprecedented advancement of nano-technology demonstrates its advantage in the field of diagnosis and can be incorporated in a wide range of analytical tools for developing bioassays.

Nanoparticle-based diagnosis depends on the interaction of nanoparticles often termed as probes with target biomolecules such as proteins (often serving as the biomarker). Upon interaction of the nanoparticles with the desired biomolecule, it produces a quantifiable signal [165]. Some of the most promising ones are the gold nanoparticles, quantum dots, nanotubes, and nano-shells [166–169]. Nanoparticle-based diagnostics have been widely explored due to their high sensitivity and accuracy owing to certain unique optical and magnetic properties. For example, QD (Quantum Dots) are often fluorescently labeled and have a strong absorbance and thus are most promising due to the characteristics of photostability, size-tunable emission, and single wavelength excitation [170]. Due to the distinctive property of a large surface area of volume ratio they are being exploited to develop nanodiagnostic approaches with the ability of rapid detection using a minute volume of clinical sample [171]. The last two decades have witnessed significant progress in the field of nanotechnology and have numerous potential applications in biomedicine, biotechnology, and the development of diagnostics, especially for infectious diseases such as TB [172,173].

The revolutionary diagnostics started with the development of a droplet-based system (nano-femtoliter range) which has the potential to encapsulate biological and biomedical specimens for diagnostic purposes [165]. Other developments include the fabrication of tailored gold nanoparticles that invokes specific functionalization of ligand to the targeted biomarker. For example, this approach is most commonly applied by ligating the thiol group to DNA or functionalization of a specific protein or antibody binding [174]. A recent tool using gold nanoparticles for diagnosis of TB using sputum was developed by

Samadony et al. with a short turnaround time of 2 h and 11.2 ng/μl detection limit of the bacterial DNA. The assay was evaluated for its accuracy in active TB diagnosis in reference with BACTEC MGIT culture test, in addition with SSM with CXR. The assay performed better than these tests with excellent sensitivity (95%) and specificity (100%) [175].

The latest technology in the field of nanomedicine is the advancement of microfluidic or lab on a chip system [176]. The device is fabricated in such a way that it incorporates a series of DNA analysis systems on a silicon and glass base. Other components incorporated in the device include detectors for fluorescence, compartments for electrophoresis, heaters, and temperature sensors [177]. The integration of lithography and semiconductor has paved the way for nanoscale cantilevers that can detect DNA or protein [39]. In countries with a heavy TB burden, nanocantilevers can be used which absorb TB antigens on their surface and quantifies the piezoresistive change based on the principle of nanomechanical deflection. For example, the BioMEMS (bio micro electromechanical system) is a micro diagnostic kit that can estimate the interaction between TB antigen and antibodies which are immobilized on the surface of the microcantilever in picogram concentration [178]. Thus the improvement in the field of nano-diagnostics has transformed the conventional method of diagnosis and made it affordable, easily accessible and rapid. The following section will explain all of the principles in detail.

9.1. Quantum dots-based detection system

Quantum dots, also termed as semiconductor-based nanocrystals, are widely used for the development of diagnostic platforms due to their broad spectra of absorption, narrow emission spectra, and slow decay rates [167,179,180]. They possess the unique ability to identify multiple targets simultaneously from a patient's sample in a clinical setting [167]. Hence, they are most widely sought over conventional fluorescence-based methods. They are nowadays finding huge applications in detecting TB infection for which a hybrid detection system is used i.e., a combination of magnetic beads and quantum dots. These in conjugation to molecular probes specific to the 23S RNA gene are used precisely. A second molecular probe specific to the IS900 conserved sequence in *Mtb* can be used as well, followed by treatment with sulfuric acid chromium quantum dots. Once the molecular probes combine with the specific target sequences, a sandwich-like structure is obtained which further emits red fluorescence when irradiated with UV light (observable to the naked eye) [172]. These hybrid detection systems are highly flexible and can be easily upgraded for detection purposes [181–183]. They can also detect unamplified DNA from suspected patients with *Mtb* infection. Nowadays quantum dots are coupled with CdSeO₃ streptavidin and molecular probes specific to a species. This is followed by the technique of sandwich hybridization (biotinylated probes) to detect a specific DNA hence they can be used to detect surface antigens of *Mtb*. However, the detection limit is only 10⁴ cells/ml of the sample [184]. Yang et al. identified a novel method based on a sandwich complex where magnetic microspheres are coupled with quantum dots and conjugated with antibodies and phage display derived peptides. The quantum dots provide a fluorescent signal whereas the magnetic microspheres allow magnetic separation. For *Mtb* detection peptide ligand H8 derived from the phage display library is used. The combinations of magnetic microspheres-polyclonal antibody + quantum dots-H8 and magnetic microspheres-H8+ quantum dots-H8 give a strong signal of 10³ colony-forming units/mL H37Rv. This method displays enhanced detection limit and specificity of *Mtb* from the sputum samples [185]. Recently, a quantum dot based nanobeacon along with multicomponent nucleic acid enzyme system (QD-NB MNzyme) was developed as a colorimetric TB detection system, providing good sensitivity and specificity. The assay was highly reproducible, convenient, rapid and showed good accuracy. LOD of the assay was as low as 2 copies/μl. In the study, the assay was successful in TB detection from over 36 clinical patients [186]. In another study, hydrophilic CsPbBr₃ quantum dots

were functionalized using carboxyl groups and used as a biosensor for DNA detection of *Mtb*. The study showed low LOD of this biosensing system (51.9 pM) and was also efficient in the detection of drug resistant strains [187].

9.2. Magnetic nanoparticles based diagnosis

The recent advancement in nanomedicine and nano-diagnostics has gained huge popularity and finds multiple applications in biotechnology, diagnostics, and tissue engineering due to their optical properties [188,189]. Magnetic nanoparticles are small-scale particles that can be easily identified and have been extensively used to detect *Mtb* in an unprocessed clinical sample. Iron oxides, γ -Fe₂O₃ (maghemite), Fe₃O₄ (magnetite), and other ferrites are used for the large surface area to volume ratio and the biocompatibility makes them ideal for diagnostic application [190]. Leon et al. employed magnetic nanoparticles and developed a sandwich immunoassay to detect *Mtb* protein antigens. The antibodies of the secretory proteins like CFP10, ESAT6, and Ag85B were elicited in animal models. These were immobilized on amine-silanized nanoparticles (MNP@Si). The functionalized MNP@Si@ab was tested in a colorimetric sandwich enzyme-linked immunosorbent assay (SELSA-MNP@Si@ab) to identify specific antigens in sputum samples. This method is rapid as compared to the conventional ELISA and also exhibits higher sensitivity in the clinical samples [191]. Engstrom and his co-workers developed streptavidin-tagged magnetic nanobead labeled with biotin to detect mutation in the *rpoB* gene of *Mtb* responsible for antibiotic resistance. This method is highly specific and often gives promising output within 2.5 h [192]. Nanobeads were also exploited to particularly identify *Mtb* antigens for enhanced TB diagnosis [193].

Other developments in the field of nano diagnostics for the detection of *Mtb* include the cell phone dongle platform, diagnostic magnetic resonance platform (DMR), paper-based POCT platform, and cell phone-based microscopy polarized light microscopy platform [194]. The DMR technology is based on the strong powers of microprocessors for rapid quantitative detection of *Mtb* [195]. The DMR system is unique due to the ability of testing unprocessed biological samples with nanoparticles in close proximity [196]. The functionalization of the DMR sensor enables the formation of soluble nanoclusters between magnetic nanoparticles and target proteins. The interaction can be recorded electrically through the NMR technique [195,197]. The need for rapid computing and wireless data processing led to the advent of cell-based dongle platforms. In this system, a small dongle can be modified in the form of an ELISA microplate [198]. Unlike the ELISA system, the amplification is carried out using enzymes and substrates and it can be operated with the power of mobile phones. Another advantageous feature is that the test results can be obtained in 15 min with a specificity ranging from 79 to 100% and a sensitivity of 92–100%. Patients prefer to opt for the cell-based platform over the conventional ELISA test due to its ultra-high sensitivity and specificity [199]. A gold nano-dropped dual-channel immuno-chromatography strip detects the antibody in the patient sample [200]. In this approach, the strips are labeled with gold nanoparticles forming detection conjugates. The conjugate is further labeled with *Mtb* antigen which captures the desired antibody from the patient sample. An ESEQuant reader is used to analyze the concentration [201]. However, the detection limit is only 5 ng/ml and the intensity of the signal increases further with the increased concentration of *Mtb* antibody [202].

Recently the unique properties of nanoparticles have been harnessed for the development of paper-based point-of-care testing (POCT) platform based on multiplexed lateral flow system in one individual strip. Usually, the POCT plat comprises a wick (an adsorbent pad), a nitrocellulose membrane in conjugation with a conjugation pad (CP), and a sample pad. The pads are labeled with different colored antibodies in conjugation with silver nanoparticles loading the CP which produce distinguishable absorption spectra. More importantly, they can function without excitation from an external source [194]. The integration of cell

phone transmission polarized light microscope is both promising and revolutionary. The 3D printed accessories are conjugated with a high-resolution mobile phone camera and it could have the same field view as a laboratory microscope. This system has indeed a very high fidelity and an optical resolution which potentiates it as a user-friendly and low-cost diagnostic platform [203].

9.3. Nanofabricated devices

Nanofabricated devices show a promising approach because of their potential low cost and exhibit a promising trend in bioanalytical and several biochemical methods. The electro immunosensors are based on the application of nanofabricated biosystems. It is a non-invasive procedure and uses a miniaturized biosystem to detect ESTAT6 antibody in the serum of patients (the most common antibody detected in case of *Mtb* infection) [204]. Electro immunosensors are graphene-based nanocomposite biosensors designed to detect DNA ranging in femtomolar concentration. It utilizes two different varieties of the probe which are conjugated with the genomic DNA and gold nanoparticles which are further immobilized on a SAM/ITO electrode [205]. This facilitates a high sensitivity coupled with specificity which can be used as a tool to monitor Mycobacterial strains in a clinical sample. There are several advantages associated with using gold fabricated nanodevices as it has a unique physiochemical property such as being inert and nontoxic. Thus, they are most appropriate for interdisciplinary research in a clinical setting [206,207]. The antigens are immobilized on the surface of gold nanoparticles and the antigen-antibody interaction is enhanced due to the functionalization of gold thus intensifying the immunoassay signal [208]. The first utilization of gold fabricated nanoparticles employed DNA probes (mycobacterial genomic DNA) and enabled the colorimetric detection of DNA at 526 nm [209]. Another novel electrochemical impedance was developed to screen the concentration of a pro-inflammatory cytokine IFN- γ in which the electrode was coated with ZnO. Further, the IFN- γ monoclonal antibody was coated on the ZnO modified electrode to measure the change in impedance due to the reaction between IFN- γ and IFN- γ antibodies. It is clearly evident that the sensitivity of the prepared immunosensors can be enhanced by nanofabrication, in addition to being economical, highly sensitive, and superior to the conventional assays [194].

9.4. Biosensor based nano diagnosis

Biosensors are analytical devices that can be used to deduce interaction between proteins, antibodies, receptor-enzymes, whole cells, tissues, and an isolated enzyme into an optical or thermal image signal which can be quantified for further analysis. They offer a large number of technical advantages such as being user-friendly and can be connected to advanced instrumentation [210]. Optical biosensors employ two principles to detect mycobacterial DNA in a patient sample, the surface plasmon resonance, and the surface-enhanced Raman scattering. Surface plasmon-based diagnostics involve the visualization of mycobacterial specific antigens (CFP 10) isolated from tissue samples by binding to nanoparticles (gold) immobilized on the surface of the optical sensor surface [211]. In this method, anti-CFP10 is confined on the surface of an immunosensor cheaply integrated with an SPR-based optical immunosensor system. A linear relation is obtained between the SPR and the concentration of CFP10 most commonly used as a TB marker [139,212]. This technique is relatively advantageous, with low sample requirement, high reusability, and no pre-treatment is needed. Also, it is highly disposable and cost-effective and in addition to the above advantages, it integrates the utility of light sources, photodetectors, and electronic equipment for a promising output. It can detect up to 3 μ l of DNA sample, hence superior to other approaches, and can be applied for early diagnosis of TB. Ma et al. constructed a silicon nanowire field-effect transistor (SiNW-FET) biosensor for rapid detection of *Mtb*. The functionalized biosensor displays a limit of detection of 0.01

pg/ml and the test can be performed within 30 s. The sputum sample can be analyzed for the presence of *Mtb* within 2–3 min [213]. The SiNW-FET biosensors are too sensitive and environmental factors like light, temperature and pH interfere in the assay performance. Therefore, Xie et al. constructed a self-contained microfluidic nano-detection system comprising SiNW-FET biosensors for bio-detection and analysis. The samples are loaded into the system via automatic injection mode. The system bio-detection and analysis were tested by detecting *Mtb*. The limit of detection was found to be 1 pg/ml. The constructed system provides compactness, portability along with good stability and robustness (Fig. 7) [214].

With the recent advancement, electrically conductive hybridization probes have been developed such as the Piezoresistive-based nano diagnosis which is based on the change in the electrical resistivity of the semiconductor when mechanical stress is applied. In this diagnostic technique, a nano cantilever device is incorporated to detect *Mtb* in clinical samples. Antibodies specific to the *Mtb* antigens are designed and immobilized on the upper surface of the cantilever. It facilitates the detection of TB based on the capacitance and resonant frequency attached to biosensors. In this technique, Quartz Crystal Microbalance (QCM) is used to detect *Mtb*. Anti *Mtb* antibodies are immobilized on the surface of the QCM sensing surface. The sensing surface traps the pathogen from the clinical sample and the frequency shift because of the loading of bacterial mass [210,215]. Interestingly, this can be used to detect the immunological biomarkers of TB such as the MPT64 which is indeed a step forward in TB diagnostics due to its easy detection by the immune system [216].

Conventional methods of MPT64 detection are difficult owing to laboratory and environmental constraints. In order to resolve the issue, electrochemical aptamers are being designed with a high-performance coefficient and a suitable detection strategy [217,218]. The fullerene C60 is an extremely sensitive electrochemical immunosensor developed based on the redox activity of this carbon compound. Several other nanocomposites such as MOF (metal-organic framework) have been developed due to high porosity, and large surface to volume ratio and are labeled with antigen MPT64 aptamers (single-stranded oligonucleotides with specificity for target protein). Hence this can be used as a suitable strategy for the detection of *Mtb* antigen [101]. Despite being rapid and efficient several other factors such as density, viscosity, and electrical conductivity hinder its usage [211,213].

9.5. Nucleic acid hybridization nano diagnosis

The development of the nucleic acid hybridization technique uses both modified and unmodified nanoprobe to detect mycobacterial DNA. In unmodified nanoprobe-based detection, the gold nanoparticles can be utilized to detect the *Mtb* by using specific nanoprobe such as (Au, Ag, and Zr) capable of isolating the bacteria. For example, for detecting 16S rRNA, specific oligonucleotides can be designed complementary to the gene of interest. It is extremely advantageous as it can detect unamplified DNA from clinical samples. Additionally, they are sensitive which

makes them the most preferred choice for diagnosis [168].

The modified technique, on the other hand, utilizes DNA probes specific to the gene of interest which are immobilized on nanostructured metal oxides such as zirconia (ZrO_2). ZrO_2 is an inorganic metal oxide with certain excellent features such as high thermal stability, chemically inert, nontoxicity, and an exceptional affinity for groups containing oxygen [219]. The DNA ZrO_2 /Au complex is highly stable for a longer duration (over 4 months) with a detection limit of 100 pM of genomic DNA. Nowadays, this method is coupled with LAMP to enhance efficiency. The results can be obtained in less than 1 h. Also, this method is cost-effective and doesn't require extra reagents. Hence, LAMP coupled with nanoparticle (AuNP) is considered a safe and suitable alternative to traditional approaches [220,221].

10. CRISPR cas for TB diagnosis

The rapid and urgent need to develop a suitable diagnostic method that would detect *Mtb* in patient samples gave rise to the popularity of the CRISPR Cas system. CRISPR is a short interspersed repeat of a palindromic sequence of DNA that encodes a protein called the Cas proteins. CRISPR Cas is the component of the bacterial adaptive immune system [222–224]. The application of CRISPR in the diagnosis of *Mtb* was incorporated very recently [225,226]. Different varieties of Cas protein share a common guide RNA probe, enzyme domain, and nucleotide activators. For example, the Cas12 protein recognizes the double-stranded DNA as an activator and often cleaves single-stranded DNA. Cas13 recognizes ss-RNA, whereas Cas 14 cleaves act on ss-DNA [225]. On the other hand, the protospacer adjacent motif (PAM) is a 2 to 6 bp nucleotide sequence responsible for the specificity of the Cas proteins. Hence, they can detect a minute quantity of nucleic acid in a patient's sample [223,227]. A highly sensitive fluorescence-based detection method was proposed by Xu et al. The method combined CRISPR Cas 12a with recombinase polymerase amplification (RPA) for specific and sensitive identification of *Mtb* DNA. When compared with conventional culture method, the assay showed excellent sensitivity (99.29%) and specificity (100%) [228].

CRISPR showed great diagnostic efficiency in various specimens collected from sputum and cerebrospinal fluid. CRISPR Cas has proved to be an ultrasensitive promising approach for both pulmonary and extrapulmonary TB. Firstly the complexity associated with this technique is extremely low and can be integrated with the current approaches to increasing efficiency. Due to the ultrasensitive nature of CRISPR, it can detect multiple sites responsible for drug response simultaneously, mainly rifampicin and isoniazid. It can also provide genetic insight into drug resistance for both first and second-line drugs. To conclude it has proved to be better over culture and Xpert MTB/RIF not only in terms of sensitivity but also in terms of turnover period [119].

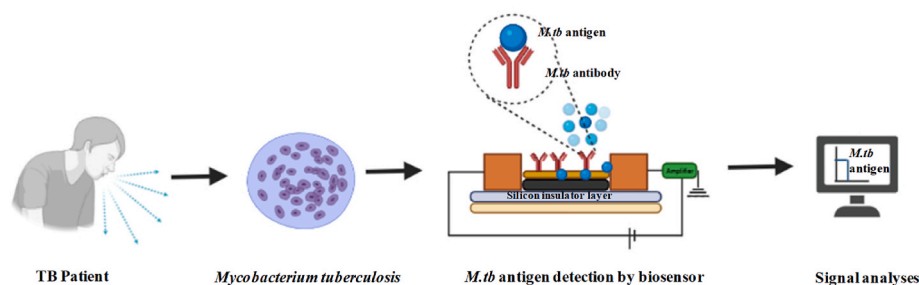


Fig. 7. Detection of tuberculosis infection by Biosensors. *Mtb* sample is taken from the tuberculosis patient. Silicon nanowire present on the biosensor, coated with antibodies of *Mtb*, detect the respective antigens present in the patient's sample. The signal is further amplified and analyzed. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

11. Mass spectrometry/matrix associated laser desorption time of flight (MS/MALDI TOF)

TB in humans is caused by a diverse array of organism from different genetic lineages, known as *Mycobacterium tuberculosis* complex (MTBC), some of which are poorly understood and investigated. Despite their close genetic association with each other they often differ in epidemiology, geographical prevalence, pathogenicity, host preferences, immunogenicity, and the degree of response to antibiotic treatment. Hence it is essential to characterize each mycobacterial species at the proteome level on the basis of protein expression at different stages of the disease [229,230]. The conventional methods are based on phenotypic, biochemical, and molecular characterization but fail to distinguish MTBC species thus affecting the line of treatment and diagnosis. With the recent advances, discrimination of mycobacterial strains at the species level can be achieved by mass spectrometry which is of paramount clinical relevance to classify MTBC complex rapidly. It is based on protein profiling to differentiate clinical relevant mycobacterial entities with high accuracy [231]. Hettick et al. subtyped six mycobacterial species based on protein profiles and mass/charge ratio of small molecules such as lipids and polypeptides which could serve as biomarker [232]. Robinne et al., recently published a first report where MALDI TOF-MS method is used for differentiating between MTBC with specificity of 88% that could be easily employed in laboratory settings [233]. Mass spectrometry combined with liquid chromatography (LC-MS) was applied by Bajaj et al., for identification of MTBC. This approach is based on protein profiling used as markers for differentiation. This assay is faster and displayed accuracy of 95% with successful identification of closely related mycobacterial strains [234]. Application of High-resolution mass spectrometry for detection of TB by the analysis of Exhaled Breath Particles was explored by Chen et al. Identification of specific lipids in peripheral lung fluid samples is the main objective of the study. This study promotes exploring machine learning and mass spectrometry for accurate detection of positive TB patients [235]. MS is a robust technique involved in characterizing antigenic epitope in infectious agents with high accuracy. Although MS is relatively accurate and inexpensive there are some technical challenges associated. Firstly clinical isolates will provide a high array of proteome depending on the stage of infection, replication rate and rate of protein expression that are difficult to analyze. The direct quantification of mycobacterial protein will be challenging in the background of complex host proteome, hence enrichment of bacterial proteome is recommended before MS [236].

12. Conclusion

TB diagnostics has evolved from basic microbiological observations to advanced immunological and molecular techniques. The global TB report lists diagnostic tests such as Xpert MTB/RIF, Line probe assays, Truenat MTB, QuantiFERON-TB Gold Plus (QFT-Plus), culture-based phenotypic DST, Light and light-emitting diode microscopy for detection of TB. However, these tests faces drawback in desirable sensitivity, are time consuming, requires extensive laboratory infrastructure and trained technical personnel. Thus, exploring diagnostic platforms that are both sensitive and specific may result in improved clinical outcomes and reduced transmission of the disease.

Recent progress in comprehending the molecular basis of *Mtb* pathogenesis has led to the advancement of tests that are rapid and highly specific. Methods like ELISA with sensitivity and specificity of 87% and 93% respectively and molecular drug susceptibility testing that specifically detect drug resistant TB facilitates accurate diagnosis. Gene drive MTB/RIF ID KIT based on real-time PCR technology is user-friendly with 93.5% sensitivity and are affordable in resource limited settings. The endorsement of these assays will help in reducing and analysing the impact of multidrug-resistant TB infection (gene mutations) allowing doctors to design better TB diagnostics.

In the future, it can be assumed that the implementation of advanced

TB diagnostics such as the digital PCR, CRISPR-Cas and nano diagnostics in combination with the conventional methods would enable a timely diagnosis and impactful treatment regimen for TB patients. A QIAeach® QuantiFERON-TB assay developed in Germany integrates lateral flow immunoassay with nanotechnology to measure the level of IFN- γ in plasma. This method is capable of providing rapid and portable platform for TB diagnosis using single use cartridges. The sensitivity and specificity for the assay were 93.7% and 97.7% respectively [237]. Progression in radiological modalities in combination with artificial intelligence, allows computer aided detection (CAD) for digital chest radiography. The CAD4TB, Delft Imaging, Netherlands; Lunit INSIGHT CXR, Lunit, South Korea; qXR, qure.ai, India; DxTB, Deeptek, USA are some of the CAD that are under evaluation by WHO [27,238]. Radiology or optical imaging combined with chemical probes offers real-time quantification of bacteria providing a substitute to culture detection [114,239]. Another method for screening the population for TB is electronic nose (eNose). The eNose is a diagnostic method that uses the pattern of volatile organic compounds produced by either *Mtb* or the host metabolism due to TB infection. The method allows screening population without the exposure of radiation with significant sensitivity (95%) and specificity (82%) [126].

Pillar 1 of End TB strategy is early diagnosis of TB, including universal drug susceptibility testing and systematic screening of contacts and high-risk groups. In the absence of gold standard test for *Mtb* detection, the End TB strategy target i.e., 80% reduction in the TB incidence rate and 90% reduction in the annual number of TB deaths by 2030, remains unachievable. The above explained approaches provide a way forward in TB diagnosis. Extensive research in this field will allow for identification of rapid, sensitive and specific method which requires minimal lab personnel, accessible in resource limited settings, accurately diagnose different group of individual including children and immuno-compromised patients.

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Authorship contribution statement

SM reviewed the literature and compiled the first draft of the manuscript. SP and AN contributed to reviewing and editing. RS contributed to the conception of the manuscript and finalized the sections of the manuscript. All authors have read and approved the final version of the manuscript.

Declaration of competing interest

Authors declares no conflict of interest.

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