

## Original Article

# Outcome Quality After Colorectal Cancer Resection in Certified Colorectal Cancer Centers

Patient-Reported and Short-Term Clinical Outcomes

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## Summary

**Background:** In this observational study, patient-reported outcomes and short-term clinical outcome parameters in patients with colorectal cancer were studied 12 months after the start of treatment. Outcomes were also compared across German Certified Colorectal Cancer Centers.

**Methods:** Data were collected from 4239 patients with colorectal cancer who had undergone elective tumor resection in one of 102 colorectal cancer centers and had responded to a quality-of-life questionnaire before treatment (EORTC QLQ-C30 and -CR29). 3142 (74.1%) of these patients completed a post-treatment questionnaire 12 months later. Correlation analyses were calculated and case-mix adjusted comparisons across centers were made for selected patient-reported outcomes, anastomotic insufficiency, and 30-day mortality.

**Results:** At 12 months, mild improvements were seen in mean quality-of-life scores (66 vs. 62 points), constipation (16 vs. 19), and abdominal pain (15 vs. 17). Worsening was seen in physical function (75 vs. 82) and pain (22 vs. 19). Better patient-reported outcomes at 12 months were associated with better scores before treatment. Better results in at least three of the five scores were associated with male sex, higher educational level, higher age, and private health insurance. Major worsening of fecal incontinence was seen among patients with rectal cancer without a stoma. The largest differences across centers were found with respect to physical function. Anastomotic insufficiency was found in 4.3% of colon cancer patients and 8.2% of rectal cancer patients. 1.9% of patients died within 30 days after their resection.

**Conclusion:** Clinicians can use these findings to identify patients at higher risk for poorer patient-reported outcomes. The differences among cancer centers that were found imply that measures for quality improvement would be desirable.

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With around 60 000 new cases each year, colorectal cancer is the third most commonly occurring malignancy among men in Germany and the second-ranking form of cancer in women (1). Apart from survival, the essential goal of the German clinical practice guideline is minimization of symptoms and functional impairments ([2], e.g., the recommendations in section 7.5 ff.). Patient-reported outcomes (PRO) are eminently suitable for the documentation of symptoms and functional impairments (3, 4). PRO measure “patients’

perceptions of their health status, clinical outcomes, mobility and quality of life” (5, page 25). An example of a PRO is fecal incontinence, which is an item in the questionnaire EORTC QLQ-CR29—also used in this study—with the single question “During the past week: Have you had leakage of stools from your back passage/stoma bag?” and the possible responses “Not at all,” “A little,” “Quite a bit,” and “Very much” (7). Randomized studies have shown that PRO are beneficial for treatment planning or monitoring of patients with cancer: better

functional outcomes and longer survival were found after intensified PRO monitoring (8–10), and amelioration of impaired quality of life resulted from a tailored interdisciplinary PRO intervention (4, 11).

Despite being intended when PRO were first developed and recommended by many professional groups (e.g., 13, 14), to date PRO have not been used extensively for assessment of outcome quality or comparison of treating facilities. The symptoms and functional impairments that occur during treatment are so significant, however, that PRO should be viewed as an important patient-centered complement to quality assurance and quality development procedures (16). There are already a number of promising initiatives in other countries: In the USA, for instance, standardized documentation of PRO in physiotherapy offices enables cross-office comparisons (17). In the UK, the National Health Service (NHS) has the National Prostate Cancer Audit (18). Examples in Germany are the QS-Reha project (19) and the PCO study in prostate cancer (20). Overall, there is still too little emphasis on PRO in German quality research (13).

This article presents results from the EDIUM Study (*“Ergebnisqualität bei Darmkrebs: Identifikation von Unterschieden und Maßnahmen zur flächendeckenden Qualitätsentwicklung”*—“Outcome in Colorectal Cancer: Identification of Differences and Measures for Nationwide Quality Development”), in which PRO and short-term clinical outcome quality parameters from over 100 Certified Colorectal Cancer Centers are compared. The study was funded by the Innovation Committee of the Federal Joint Committee (G-BA) from July 2018 to December 2021 (grant number VSF1\_2017–169). To begin with, associations between patient and center characteristics and selected dimensions of EORTC QLQ-C30 and EORTC QLQ-CR29 (7, 21) are described. This is followed by case-mix-adjusted comparisons among centers based on these analyses. Furthermore, findings regarding the short-term clinical parameters anastomotic insufficiency and 30-day mortality are presented.

**Method**

**Patient cohort and data acquisition**

Each year, almost half of the patients with newly diagnosed colorectal cancer in Germany are treated in centers certified by the German Cancer Society (22). From these centers we drew a stratified random sample with a move-up procedure. At the 106 centers that initially took part, all primary colorectal cancer patients scheduled for elective tumor resection or nonsurgical palliative care in 2019 were invited to join the study before the intervention; in 6 centers, recruitment started as a pilot phase in October 2018. The analysis presented here is limited to the patients who underwent elective tumor resection, with or without (neo)adjuvant therapy. Emergency patients were excluded because they could not complete the pre-treatment questionnaire. The patients who received nonsurgical palliative

**TABLE 1**

**Characteristics of the sample**

	Colon (n = 2859)	Rectum (n = 1380)	Total (N = 4239)
<b>Age</b>			
Mean (SD)	70.8 (11.6)	67.7 (11.2)	69.8 (11.5)
Median (IQR)	73 (63–79)	68 (60–77)	71 (62–79)
<b>Age (grouped)</b>			
≤ 39	35 (1.2%)	9 (0.7%)	44 (1.0%)
40–49	94 (3.3%)	59 (4.3%)	153 (3.6%)
50–59	357 (12.5%)	275 (19.9%)	632 (14.9%)
60–69	686 (24.0%)	413 (29.9%)	1099 (25.9%)
70–79	983 (34.4%)	385 (27.9%)	1368 (32.3%)
≥ 80	704 (24.6%)	239 (17.3%)	943 (22.2%)
<b>Sex</b>			
Male	1580 (55.3%)	891 (64.6%)	2471 (58.3%)
Female	1279 (44.7%)	489 (35.4%)	1768 (41.7%)
<b>ASA score</b>			
ASA 1	113 (4.0%)	57 (4.1%)	170 (4.0%)
ASA 2	893 (31.2%)	439 (31.8%)	1332 (31.4%)
ASA 3	707 (24.7%)	331 (24.0%)	1038 (24.5%)
ASA 4	43 (1.5%)	10 (0.7%)	53 (1.3%)
ASA 5	0 (0.0%)	0 (0.0%)	0 (0.0%)
Missing	1103 (38.6%)	543 (39.3%)	1646 (38.8%)
<b>Nationality</b>			
German	2729 (95.5%)	1321 (95.7%)	4050 (95.5%)
Other	112 (3.9%)	43 (3.1%)	155 (3.7%)
Missing	18 (0.6%)	16 (1.2%)	34 (0.8%)
<b>Health insurance</b>			
Statutory	2449 (85.7%)	1171 (84.9%)	3620 (85.4%)
Private	367 (12.8%)	183 (13.3%)	550 (13.0%)
Other/not insured	20 (0.7%)	10 (0.7%)	30 (0.7%)
Missing	23 (0.8%)	16 (1.2%)	39 (0.9%)
<b>Education level</b>			
General secondary school	1312 (45.9%)	596 (43.2%)	1908 (45.0%)
Intermediate secondary school	560 (19.6%)	306 (22.2%)	866 (20.4%)
Polytechnic secondary school	152 (5.3%)	99 (7.2%)	251 (5.9%)
Qualification for university of applied sciences	249 (8.7%)	114 (8.3%)	363 (8.6%)
Qualification for university	443 (15.5%)	202 (14.6%)	645 (15.2%)
Other	67 (2.3%)	27 (2.0%)	94 (2.2%)
No qualification	25 (0.9%)	16 (1.2%)	41 (1.0%)
Missing	51 (1.8%)	20 (1.4%)	71 (1.7%)
<b>UICC stage</b>			
UICC I	812 (28.4%)	498 (36.1%)	1310 (30.9%)
UICC II	961 (33.6%)	332 (24.1%)	1293 (30.5%)
UICC III	773 (27.0%)	395 (28.6%)	1168 (27.6%)
UICC IV	313 (10.9%)	155 (11.2%)	468 (11.0%)

	Colon (n = 2859)	Rectum (n = 1380)	Total (N = 4239)
<b>Stoma (initially created)</b>			
Yes	192 (6.7%)	1010 (73.2%)	1202 (28.4%)
No	2667 (93.3%)	370 (26.8%)	3037 (71.6%)
<b>Stoma (still present at 12 months)</b>			
No	2025 (70.8%)	632 (45.8%)	2657 (62.7%)
Yes	102 (3.6%)	325 (23.6%)	427 (10.1%)
Missing	732 (25.6%)	423 (30.7%)	1155 (27.2%)
<b>Deceased</b>			
Not deceased/unknown	2607 (91.2%)	1265 (91.7%)	3872 (91.3%)
Deceased	252 (8.8%)	115 (8.3%)	367 (8.7%)
<b>Deceased (30 days)</b>			
Survived > 30 days	2800 (97.9%)	1359 (98.5%)	4159 (98.1%)
Survived ≤ 30 days	59 (2.1%)	21 (1.5%)	80 (1.9%)

Missing values are given only for variables where missing values occurred.  
 ASA, American Society of Anesthesiologists; IQR, interquartile range; SD, standard deviation;  
 UICC, Union Internationale Contre le Cancer

care were analyzed separately and the findings were communicated to the funding body (the G-BA) in a publicly available results report. Before the commencement of treatment (tumor resection or neoadjuvant therapy), the participants completed the baseline questionnaire (T0; EORTC QLQ and sociodemographic data) either on paper or online, according to preference. However, not all centers offered the web-based option. Completion of the post-treatment questionnaire (T1; EORTC-QLQ) followed 12 months after tumor resection. Furthermore, as stipulated in the catalogue of requirements for certification the centers documented characteristics of the clinical findings and treatment, which were then linked with survey data by means of the software OncoBox at each center. The individual center data sets were sent to the certification institute OnkoZert for quality assurance and to the principal investigator for analysis. The study protocol (DRKS00008724) stipulates the EORTC dimensions at 12 months as primary endpoints and anastomotic insufficiency (measured separately for cancer of the colon and cancer of the rectum) and 30-day mortality as secondary endpoints. For reasons of space, this article reports on only a selection of EORTC dimensions together with anastomotic insufficiency and 30-day mortality. In line with the protocol, the remaining endpoints are presented in the publicly available results report.

**Variables and statistical analyses**

First, five dimensions relevant to colon cancer and rectal cancer (“global health status/QoL,” “physical function,” “pain,” “constipation,” “abdominal pain”) from both EORTC QLQ-C30 and EORTC QLQ-CR29 were investigated. Based on a survey of the participating centers, the scores were then selected according to the

relevance of the dimensions for treatment planning (23). Scoring proceeded in line with the manuals, with scores from 0 to 100 possible. Cut-off points for clinical relevance are available for the three C30 dimensions “physical function” (cut-off: 83), “pain” (cut-off: 25), and “constipation” (cut-off: 50) (24). On functional scales (“global health status/QoL,” “physical function”) higher scores indicate better function, but on symptom scales (“pain,” “constipation,” “abdominal pain”) higher scores mean more severe symptoms. Because of the importance of incontinence particularly in rectal cancer (23), changes in “fecal incontinence” from T0 to T1 were also taken into consideration. In contrast to the procedure for the other five scores, owing to the peculiarities of the score this was accomplished purely by means of contingency tables according to site (colon/rectum) and presence or absence of stoma (*eMethods*). The secondary endpoints anastomotic insufficiency (in patients with an anastomosis) and 30-day mortality after resection were documented as stipulated in the requirements for certification. The covariates used for the association analyses and case-mix adjustment are listed in the *eMethods* and described, together with others, in *Table 1* and *Table 2*.

The primary correlation analyses for the five EORTC scores specified above ensued, in line with the procedure for case-mix adjustment, as a series of multivariable linear regressions, presented in the form of forest plots (*eTable 1*). Case-mix adjustment was performed according to the NHS procedure (25). For each score, only those centers were included which contributed post-treatment questionnaires from at least ten patients. Graphically the adjusted values were provisionally set in relation to minimally important differences (MID) (26–28). An MID is the smallest change in a score that is perceived as important by the patient. Details of the statistical procedure for the primary and secondary endpoints and of further analyses (mixed and tobit models) can be found in the *eMethods*.

**Results**

**Sample**

Between October 2018 and December 2019, 4239 patients from 102 centers completed the baseline questionnaire prior to tumor resection (*Table 1*). Just short of 7% of the participants completed the questionnaire online, while the rest used the paper version. The median response rate of the centers in the study as a whole was 51%. The association analyses were based on the 3142 patients (74.1%) who took part in the post-treatment survey. The drop-out rate was 25.9%. Around a third of the drop-outs were accounted for by documented deaths, while the reasons for the remaining cases are unknown (*Table 1, eFigure 1*).

**Patient-reported outcomes**

As shown in *Table 2*, the mean global health status/QoL was slightly better after 12 months than at the time of the baseline survey (score 66 versus 62 points), and

TABLE 2

**EORTC scores for patients who took part in the post-treatment survey (N = 3142)**

		T0	T1
Global health status/ QoL	n missing	41	18
	Mean (SD)	62 (23)	66 (21)
	Median (IQR)	67 (50–83)	67 (50–83)
Physical function	n missing	7	9
	Mean (SD)	82 (22)	75 (24)
	Median (IQR)	93 (73–100)	80 (60–93)
Pain	n missing	3	10
	Mean (SD)	19 (28)	22 (28)
	Median (IQR)	0 (0–33)	17 (0–33)
Constipation	n missing	30	31
	Mean (SD)	19 (31)	16 (26)
	Median (IQR)	0 (0–33)	0 (0–33)
Abdominal pain	n missing	23	19
	Mean (SD)	17 (27)	15 (24)
	Median (IQR)	0 (0–33)	0 (0–33)

IQR, Interquartile range; SD, standard deviation; T0, before commencement of treatment; T1, 12 months after tumor resection

both constipation (16 versus 19) and abdominal pain (15 versus 17) were on average less severe. The mean scores worsened for physical function (75 versus 82) and pain (22 versus 19). The arithmetic means after treatment for the three dimensions for which cut-offs were available were 75 (physical function), 22 (pain), and 16 (constipation). Therefore, a mean impairment of physical function was identified that could have relevance for treatment planning (24: 2).

*eTable 2* shows that fecal incontinence became much worse in patients with cancer of the colon who had a stoma (mean change from 8 to 26 points, n = 63) and in patients with rectal carcinoma who did not have a stoma (mean change from 14 to 27 points, n = 522).

The multivariable linear regression analyses (*Figure 1*, *eTable 1*, *eFigure 2*) explain 11–45% of the variance (R<sup>2</sup>) for the dependent variables.

The pre-treatment scores were positively associated with the PRO in all models. Better PRO at 12 months were associated with better general health status (global health status/QoL, pain), cancer of the colon (constipation, global health status/QoL), higher level of education (pain, physical function, global health status/QoL), private health insurance (constipation, pain, physical function, global health status/QoL), male sex (abdominal pain, physical function, constipation), and a lower Union Internationale Contre le Cancer (UICC) stage for physical function and global health status/QoL but a higher UICC stage for abdominal pain and constipation. The age group

over 79 years had worse PRO than the reference group of 70- to 79-year-olds for two scores, while the 50–59 age group had worse PRO for four scores. Presence of a stoma 12 months after treatment was associated with restriction of physical function and global health status/QoL but with a better score for constipation. With regard to distribution of residuals, testing of the model assumptions showed deviations from normal distribution, especially for constipation and abdominal pain. Tobit models showed larger estimators for the baseline scores but otherwise yielded similar results (*eTable 3*). Owing to singularity, multilevel models could be calculated only for global health status/QoL: the proportion of variance was small (ICC < 1%) at center level, and center characteristics failed to explain the variance in the sole converging multilevel model (*eTable 4*).

Comparison of the centers after case-mix adjustment revealed differences in scores (*Figure 2* [illustrating pain and physical function], *eFigure 3*; observed and adjusted data available on request). The greatest interquartile range (69–79, larger than an MID) was found for the physical function score. For the other scores the interquartile ranges (4, 7, 5, and 7 points) were smaller than an MID (7, 10, 10, 9). Some centers had outcomes that were clearly below or above average, especially for physical function. Descriptively, there were no clear patterns with regard to associations between the centers' adjusted scores and the following center characteristics: surgical case numbers, hospital funding type, teaching status, community size (*eTables 5–8*).

**Anastomotic insufficiency and 30-day mortality**

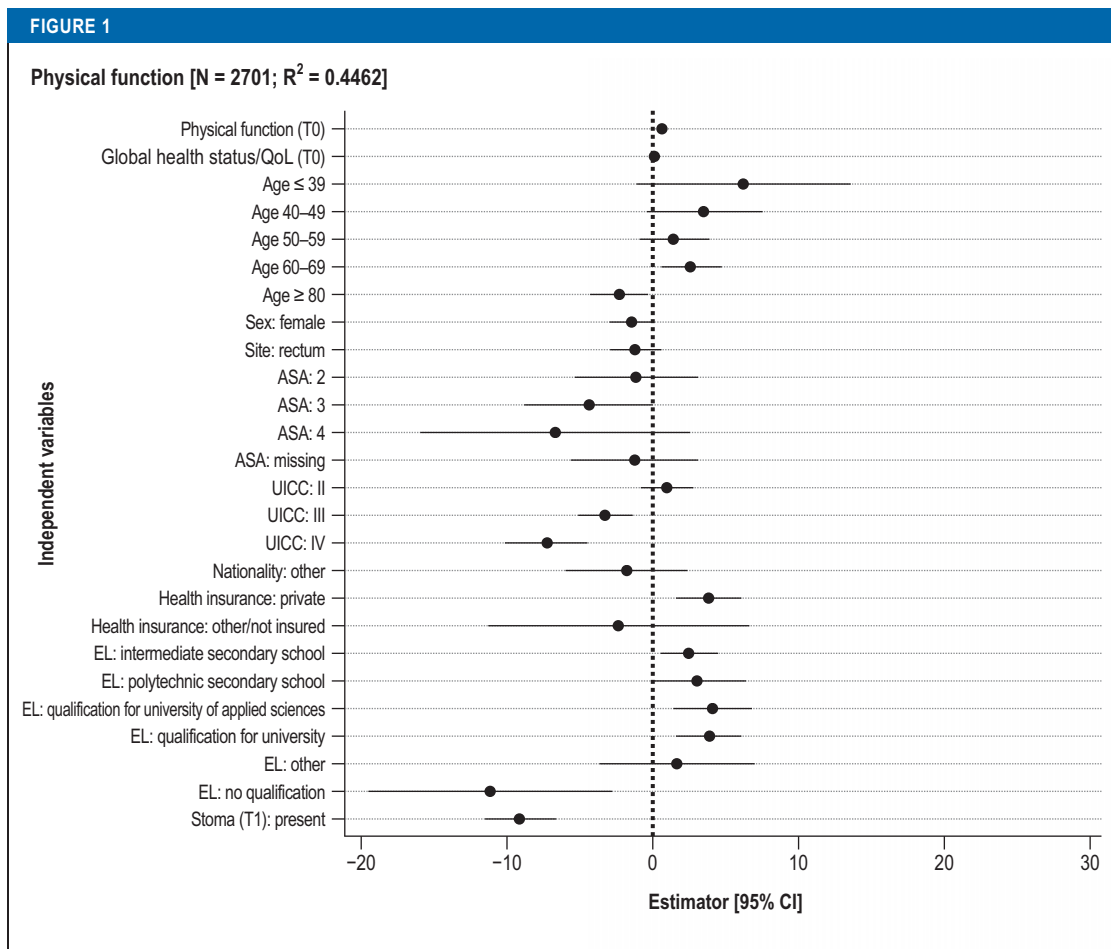
Of the patients who had an anastomosis, 4.3% (colon, 121/2783) and 8.2% (rectum, 87/1061) experienced anastomotic insufficiency; 1.9% (80/4239) died within 30 days of resection. The multivariable regression analyses of the short-term clinical endpoints anastomotic insufficiency and 30-day mortality yielded R<sup>2</sup> < 0.03. The findings are illustrated in *eFigure 4* and *eFigure 5*. The case-mix-adjusted results for the secondary endpoints are not shown because of the small degree of variance explained.

**Discussion**

This study examined the associations between patient characteristics and both PRO and short-term clinical outcome quality parameters 12 months after elective resection of colorectal cancer, comparing the results across Certified Colorectal Cancer Centers. The association analyses provided evidence of previously little investigated correlations of post-treatment PRO. These can be used by clinicians to identify patients with a higher risk of poor PRO a year after surgery. The sometimes strong associations with regard to the socioeconomic characteristics are particularly striking. For example, global health status/QoL, controlled for clinical characteristics and baseline status, is 5 points higher for persons with private than for those with



FIGURE 1



**Results of multivariable linear regression analyses:** estimator (95% confidence intervals [95% CI])  
 ASA, American Society of Anesthesiologists; EL, Education level; UICC, Union Internationale Contre le Cancer

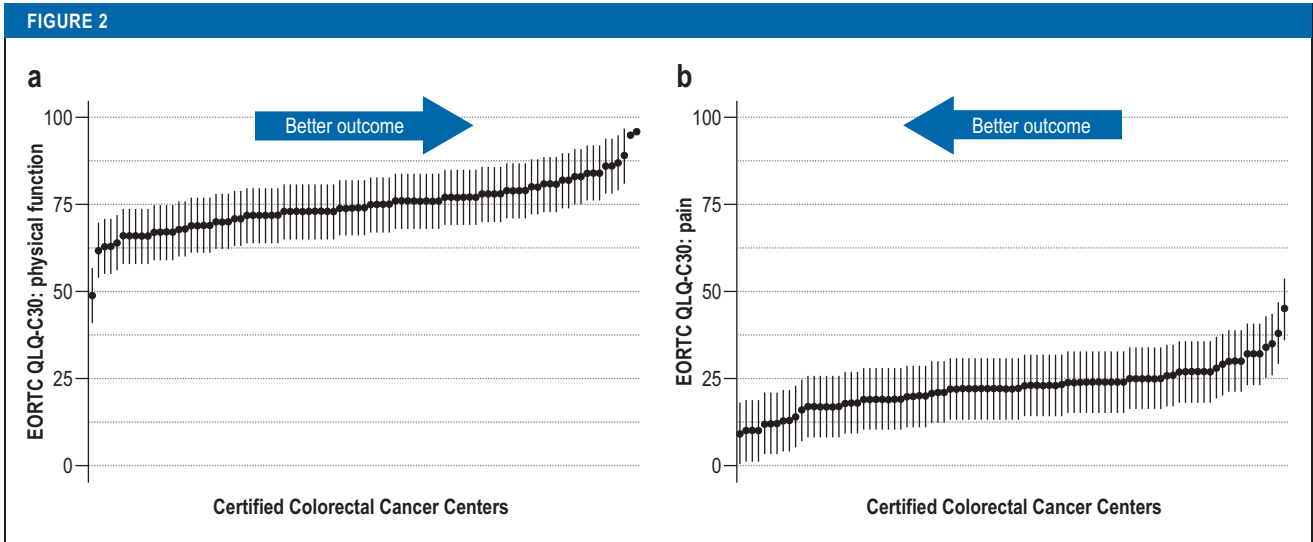
statutory health insurance and 4 points higher for persons with a qualification for university entrance than for those whose education went no further than general secondary school (year 9 lower secondary school certificate). Evidence for associations between outcome quality and socioeconomic status has already been shown for Germany (29). With regard to the American Society of Anesthesiologists (ASA) score, as can be expected PRO were predominantly worse with severe disease. It is striking that four scores were worse in 50- to 59-year-olds than in the 70–79 age group.

Comparison of the centers showed that the interquartile ranges mostly differed to the extent of about an MID, although the distribution was wide. Case-mix adjustment and graphic presentation of the data enable the identification of some centers with distinctly worse outcomes than would be expected from the case mix. The largest differences were in the score for physical function (Figure 2), where the interquartile range was 10 points, larger than an MID. This score was based on five items, so it may differentiate better than the other scores, which were calculated from either one or two items. The items are not specific to colorectal cancer and are of central

relevance to the patients: An example is provided by the item “Do you have any trouble taking a long walk?,” with the possible responses “Not at all,” “A little,” “Quite a bit,” “Very much”. The center characteristics examined in the additional analyses contributed only slightly or not at all to explanation of the variance.

With regard to the change from before surgery to 12 months thereafter, results from the Netherlands point in a similar direction (30, 31). There too, only small differences were found between baseline and 12 months, although some of the differences for physical function were pronounced. Altogether, there is little in the way of comparable data from countries other than Germany.

The frequency of the short-term clinical endpoints anastomotic insufficiency and 30-day mortality in our sample is almost identical to that in the certified centers overall (22). Apart from sex and tumor site (for anastomotic insufficiency) and age and ASA score (for 30-day mortality), there were no factors associated with the short-term clinical endpoints, and overall the amount of variance explained by the models is low. Some risk factors known from the



**Case-mix adjustment—point estimator of the centers' adjusted post-treatment patient-reported outcome (PRO) scores.** Only centers with at least 10 post-treatment questionnaires are included. Each dot represents an anonymized center.  
 a) Function score (the higher the score, the better the outcome): physical function (75, 69–79)  
 b) Symptom score (the lower the score, the better the outcome): pain (23, 19–26)  
 The vertical lines (“antennae”) extending upward and downward represent provisional minimally important differences (MID) as one third of the standard deviation at patient level: physical function 7, pain 10

literature, e.g., body mass index, were not measured in this study. The procedure described here therefore seems unsuitable for case-mix-adjusted comparison of the short-term clinical endpoints; additional adjustor variables, for instance, would be needed for this purpose.

To our knowledge, our study is the first to compare PRO across centers in patients with colorectal cancer. Differences among treating facilities have been found for other diseases, e.g., orthopedic diagnoses (15), prostate cancer (28), and other surgical interventions (32). In some of these cases the differences were much greater. The differences across centers may be less pronounced in certified centers than they would be in a sample of other hospitals because of the relative homogeneity of the former. Certified centers are obliged to implement a whole range of quality requirements and have on average a better oncological outcome quality than uncertified institutions (33–35). They thus represent a selection of the hospitals offering treatment for colorectal cancer. However, this is also true for prostate cancer centers, for which the differences in the PRO are larger (28). Although resection for colorectal cancer does not entail relatively frequently occurring functional impairments like the incontinence and erectile dysfunction that may follow treatment for prostate cancer, differences can by all means be anticipated owing to the challenging nature of interventions in the rectum. With this in mind, it would be beneficial to differentiate among different sites and between presence and absence of stoma in future research.

EORTC QLQ-C30 and EORTC QLQ-CR29 are recommended, for example, in the ICHOM standard

set for colorectal cancer (36). However, no recommendations exist for prioritization among the more than 30 scores for patients with colorectal cancer or on whether stratified analyses are necessary. Further research efforts are required. Work is also needed to establish the significance of different surgical procedures with regard to PRO and also rehabilitation and aftercare, which can only partly be influenced by the Certified Colorectal Cancer Centers.

When interpreting the findings, the strengths and limitations of the study have to be taken into account: Unlike many other measures of care quality, questionnaire data necessitate recruitment efforts by the centers involved and active cooperation on the part of the patients. The median proportion of eligible patients who completed the baseline questionnaire was 51%, a satisfactory figure. Around one quarter of the patients did not take part in the follow-up survey. Death was documented for one third of this group. The remaining patients who did not respond at T1 had been more severely ill on average at T0 (data available on request).

The basic clinical documentation used for the purposes of this study was applied uniformly across all centers and is also obligatory for the certification process. The documentation is therefore close to complete, with simultaneous external validation by the auditors during certification. Nevertheless, a high proportion of missing data is found for the ASA classification (*eMethods*). Although the participating centers had high case numbers compared with German centers as a whole, low numbers in a few centers (median primary number of patients undergoing elective surgery: 76), together with the selective inclusion

of patients, may distort the results. The centers with sufficient data for case-mix adjustment did not differ in hospital funding type, teaching status, and community size from those with insufficient data, but had higher primary case numbers (data available on request).

Finally, it can be stated that measurement of PRO for comparison of outcome quality may be especially useful to identify centers with results far above or below average. This gives those responsible for treatment an additional instrument to help them understand what patients need and what must be done to improve care provision further. The center-oriented data presented here may serve to stimulate steps towards quality improvement, e.g., the development of measures for the benefit of patients at high risk of reduced function; consideration in certification audits or in internal quality circles; and identification of centers with particularly good results. In this way we can all learn from one another (37).

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#### Study registration

The study was advised and approved by the ethics committee of the Berlin Medical Association (Eth19–18) (38) and prospectively registered (DRKS-ID: DRKS00008724). All of the patients gave written consent for their participation in the study.

#### Data sharing statement

No access is provided to anonymized patient data (study participants' data). The following additional data (analyses) can be supplied on request: observed and adjusted scores by center, additional analyses for imputed models and stratified models per site. Also available are the study protocol, the results as reported to the funding body after approval, patient data and consents, the questionnaire used, and the observed/adjusted data. All of these can be accessed (in German) at [www.edium-studie.de](http://www.edium-studie.de) or obtained from the corresponding author. The data will be available for a period of at least 2 years, starting immediately or after release by the funding body. The data will be provided to all persons with a reasonable interest in their use.

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#### Conflict of interest statement

During his work on the EDIUM Study, Sebastian Dieng was employed by OnkoZert GmbH, which received a grant from the Innovation Committee of the Federal Joint Committee (G-BA) in its capacity as a study consortium partner. OnkoZert GmbH manages the certification system of the German Cancer Society (DKG) and carries out certifications of oncological centers and organ cancer centers (including Certified Colorectal Cancer Centers) for the DKG.

PD Dr. Kohlhaw has received consulting fees from the DKG and from OnkoZert GmbH.

PD Dr. Siegel has been the recipient of funding in connection with the Clinical Practice Guideline on Anal Carcinoma project in the oncology guideline program of the AWMF/DKG/German Cancer Aid.

PD Dr. Christoph Kowalski, Nora Tabea Sibert, Clara Breidenbach, and PD Dr. Simone Wesselmann are employees of the DKG.

Prof. Dr. Post is a member of the Visceral Oncology Certification Committee of the DKG and of the Guidelines Steering Committee of the DKG.

Prof. Dr. Reissfelder is chairman of the Certification Committee for Bowel Cancer Centers.

The remaining authors declare that no conflict of interest exists.

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**► Supplementary material**

**eReferences, eMethods, eTables, eFigures:**  
[www.aerzteblatt-international.de/m2022.0325](http://www.aerzteblatt-international.de/m2022.0325)

**Erratum**

In the article entitled “Skin Infections Due to Panton-Valentine Leukocidin–Producing *S. Aureus*” in issue 45, a fact provided in the Results section of the abstract was incorrect. It reads: “Skin and soft tissue infections with PVL-SA recur three times as frequently as those due to PVL-negative *S. aureus*.” It should have read: “Skin and soft tissue infections with PVL-SA recur **twice as frequently** as those due to PVL-negative *S. aureus*.”



## Supplementary material to:

# Outcome Quality After Colorectal Cancer Resection in Certified Colorectal Cancer Centers

Patient-Reported and Short-Term Clinical Outcomes

by Christoph Kowalski, Nora Tabea Sibert, Clara Breidenbach, Anna Hagemeyer, Rebecca Roth, Thomas Seufferlein, Stefan Benz, Stefan Post, Robert Siegel, Armin Wiegering, Raphael Winkels, Stefanie Bieck-Messemer, Jörg Fahlke, Christoph Reissfelder, Martin Fuchs, Torsten Herzog, Richard Weihrauch, Julia Faber-Mertens, Hagen Rudolph, László Puskás, Kay Kohlhaw, Malgorzata Szczerbinska, Hubert Scheuerlein, Philipp-Alexander Neumann, Stephan Hollerbach, Maren Riechmann, Ernst W. Kolbe, Norbert Weigert, Jörg Köninger, Christian Klink, Shueb Mussa, Anja-Kathrin Horn, Ludger Staib, Jens Werner, Joachim Jähne, Mohamed Aly, Hubert Mörk, Robert Grützmann, Pompilio Piso, Sebastian Dieng, and Simone Wesselmann

Dtsch Arztebl Int 2022; 119: 821–8. DOI: 10.3238/arztebl.m2022.0325

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## eMETHODS

### Center sample

A stratified random sample with move-up procedure was drawn from among the 273 German colorectal cancer centers that held a valid certificate and had first been certified no later than 2016. The 25 centers with the highest case numbers and a random sample of the remaining centers were invited to take part in the study. The study was initiated in 106 centers. The protocol foresaw that all patients at the participating centers who had colorectal cancer and were treated with elective tumor resection or nonsurgical palliative measures in 2019 (in six pilot centers, from October 2018) would be informed about the study by center staff, invited to take part, and included.

### Variables and statistical analyses

The covariates for the association analyses and case-mix adjustment (CMA) at patient level were the pre-treatment symptom or function score and pre-therapeutic global health status/QoL together with age, sex, stage, American Society of Anesthesiologists (ASA) score, site (colon/rectum), nationality, education level, health insurance status (see *Table 1* for details), and presence of a stoma after 12 months. In additional analyses multilevel models were used to examine the center characteristics case numbers (continuous), teaching status (university hospital, academic teaching hospital, not a teaching hospital), community size (small, medium, large,  $\geq 1$  million population) and hospital funding type (charitable, public, private) (*eTable 4*, *eTable 9*, *eTable 10*). Moreover, the averages of the adjusted scores were observed according to center characteristics in contingency tables (*eTables 5–8*).

Furthermore, in view of the importance of fecal incontinence, particularly for rectal cancer, we noted changes in this score from before resection to 12 months thereafter. In divergence from the procedure for the other five scores, owing to the peculiar nature of the score, stratified by site (colon/rectum) and presence of stoma (yes/no), assessment of the 12-month data was on the basis of contingency tables alone. Unlike the other scores reported, the item on fecal incontinence differentiated patients with and without a stoma, entailing separate analysis. At T0 the item was answered solely by persons without a stoma and was thus the same for all participants. The item for persons without a stoma was “Have you had leakage of stools from your back passage?,” while those with a stoma were asked “Have you had leakage of stools from your stoma bag?”. Each question could be answered with the following categories: “Not at all,” “A little,” “Quite a bit,” or “Very much.” Comparisons of the baseline and 12-month scores for “fecal incontinence” in persons with a stoma must be made with this limitation in mind.

The association analyses were based on the procedure of the UK National Health Service (NHS) for CMA and primarily took the form of multivariable linear regressions without taking account of center characteristics for each of the five scores (e1). The model assumptions (normal distribution of the residuals, linearity, multicollinearity, homogeneity of variance) were verified. The primary analyses were based on complete cases. Due to the large number of missing values for the ASA score, effects for missing values were estimated. Although the ASA score is a field in the “colorectal cancer” module of the oncological basic dataset for cancer registration (OBDS) in Germany, its documentation in the clinical cancer registries is even patchier than in the EDIUM study (information from the *Arbeitsgemeinschaft Deutscher Tumorzentren* [German Tumor Center Consortium]). Because of the exploratory nature of the study, there was no correction for multiple testing.

The data were presented with the aid of forest plots. The corresponding tables can be found in *eTable 1*. As sensitivity analyses, tobit regressions (*eTable 3*) and evaluations by site (colon/rectum) were carried out (*eTable 11*; stratified regression analyses available on request). In further sensitivity analyses (available on request), missing values for baseline PRO, nationality, health insurance status, stoma status, and education level were replaced by multiple imputation (number of imputations: maximum percentage of missing values for all variables) (e2). Because the creation and the presence of a stoma are strongly dependent on tumor site, an interaction effect was also estimated for this association (tumor site  $\times$  stoma). In this regard, the characteristic stoma as surveyed at 12 months fed into the models. At that time it can be assumed, with few exceptions, that the stoma is permanent. The stoma may also have been created for another reason. The (temporary) creation of a stoma is documented in the clinical records. The stoma status at 12 months was taken into account because it is thought to be a decisive factor for the PRO at this time. Further sensitivity analyses were performed (1) to depict the multilevel structure of the data by means of linear multilevel models (adjusting for center characteristics) and (2) to take account of the censored PRO scales (possible floor and ceiling effects) by means of tobit regression (e3). The results of the mixed linear models are reported only where the variance-covariance matrix was not singular (*eTable 4*). For the null models and the complete mixed models (adjusted for potential influencing factors), intraclass correlation coefficients (ICC) were determined. In further sensitivity analyses the patient cohort was divided according to tumor site (colon/rectum). Moreover, a model for “global health status/QoL” was calculated in which it was determined

whether the mode (online/paper) is associated with the PRO (eTable 12). The distributions of the post-treatment scores were additionally expressed as violin plots (eFigure 6). Tenfold cross-validation was performed to verify the model quality of the association analyses (e4), ensuring that patients from the same center were not separated. Model quality was established using R<sup>2</sup> (explained variance). Because EDIUM is an exploratory study, the p-values reported here are presented solely for descriptive purposes; p-values ≤ 0.05 are regarded as showing a statistically significant difference.

The CMA procedure was based on that of the NHS (e1). Missing values in prediction were replaced by means of the k-nearest neighbor algorithm (k = 6):

- Calculation of the difference between the observed (O) and expected (E; prediction of the regression model) post-treatment PRO for each patient (O–E)
- Calculation of the mean of these differences for each center (performance score)
- Calculation of the case-mix-adjusted center values by addition of the performance scores to the post-treatment average PRO value ( $\bar{o}$ ) for all study patients (adjusted value = performance score +  $\bar{o}$ ).

For the purpose of CMA, for each score only those centers were included which had contributed post-treatment questionnaires from at least ten patients. In the graphs the point estimators (adjusted values) were brought into relationship with provisional minimally important differences (MID) according to (e5, e6) (standard deviation individual data × 1/3). An MID is the smallest change in a score perceived as important by the patient. This visual orientation serves to improve the classification of the differences among centers and has proved its worth in similar reports (e7). All analyses were carried out using the software R (version 4.0.0.).

For the short-term clinical secondary endpoints of anastomotic insufficiency in the colon or rectum and 30-day mortality, multivariable logistic regressions were estimated. In the association analyses performed to explore the secondary endpoints, the following variables were selected on the basis of the information available: age group (≤ 49, 50–69, 70–89, ≥ 90), sex, site (colon/rectum), ASA score, health insurance status, nationality, education level (combining intermediate secondary school with polytechnic secondary school and qualification for university of applied sciences with general university qualification), tumor stage (Union Internationale Contre le Cancer [UICC] stage I–II/III/IV), radiotherapy (yes/no), and PRO score for physical function (at T0).

Based on the procedure of the National Healthcare Safety Network of the Center for Disease Control (NHSN) for short-term clinical complications (post-operative infections, e8), the following method was selected for CMA of the secondary outcomes (each of which was operationalized in binary fashion):

- Calculation of the expected values for each patient (expected likelihood of the outcome)  $p_{j,i}$  on the basis of the logistic regression models (outcomes: “anastomotic insufficiency” yes/no or “deceased at 30 days after surgery” yes/no; “i” stands for “patient in center j”).
- Calculation of the expected events at each center  $j$  by summation of the expected values for the patients at that center:

$$expected_j = \sum_{i=1}^{n_j} p_{j,i}$$

Here, “ $n_j$ ” stands for the number of patients treated in center  $j$ .

- Calculation of the adjusted value by multiplying the ratio of actually observed events to expected events at each center by the rate of observed events at all centers:

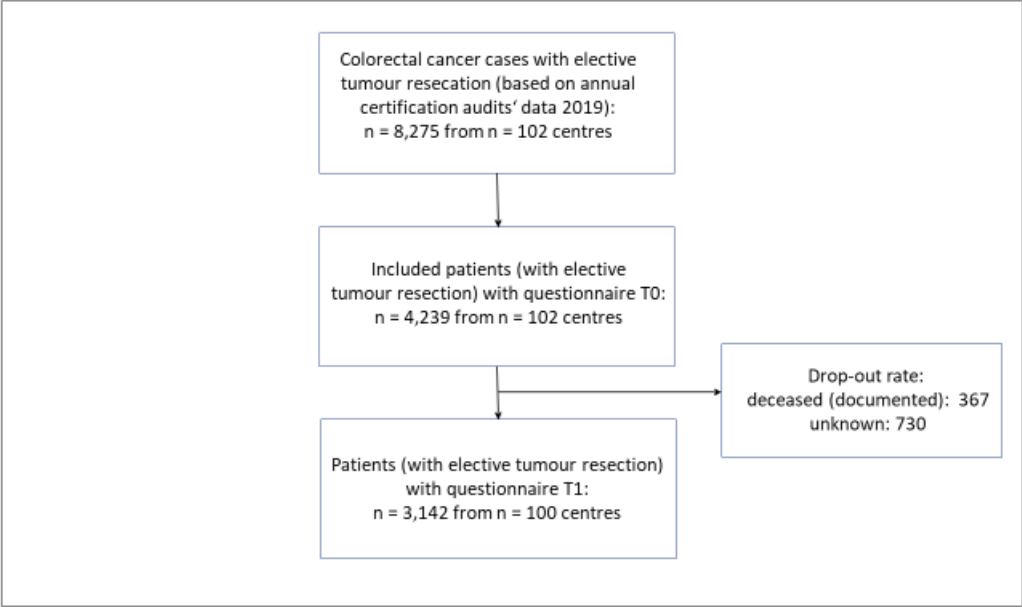
$$adjusted_j = observed_{all} * \frac{observed_j}{expected_j}$$

Here, “ $observed_{all}$ ” is the number of observed events across all centers. If the value for “ $expected_j$ ” is smaller than 1, “ $adjusted_j$ ” cannot be calculated. The results for anastomotic insufficiency and 30-day mortality are stratified by tumor site, analogous to the primary endpoints.

### Notes on ASA score and model quality

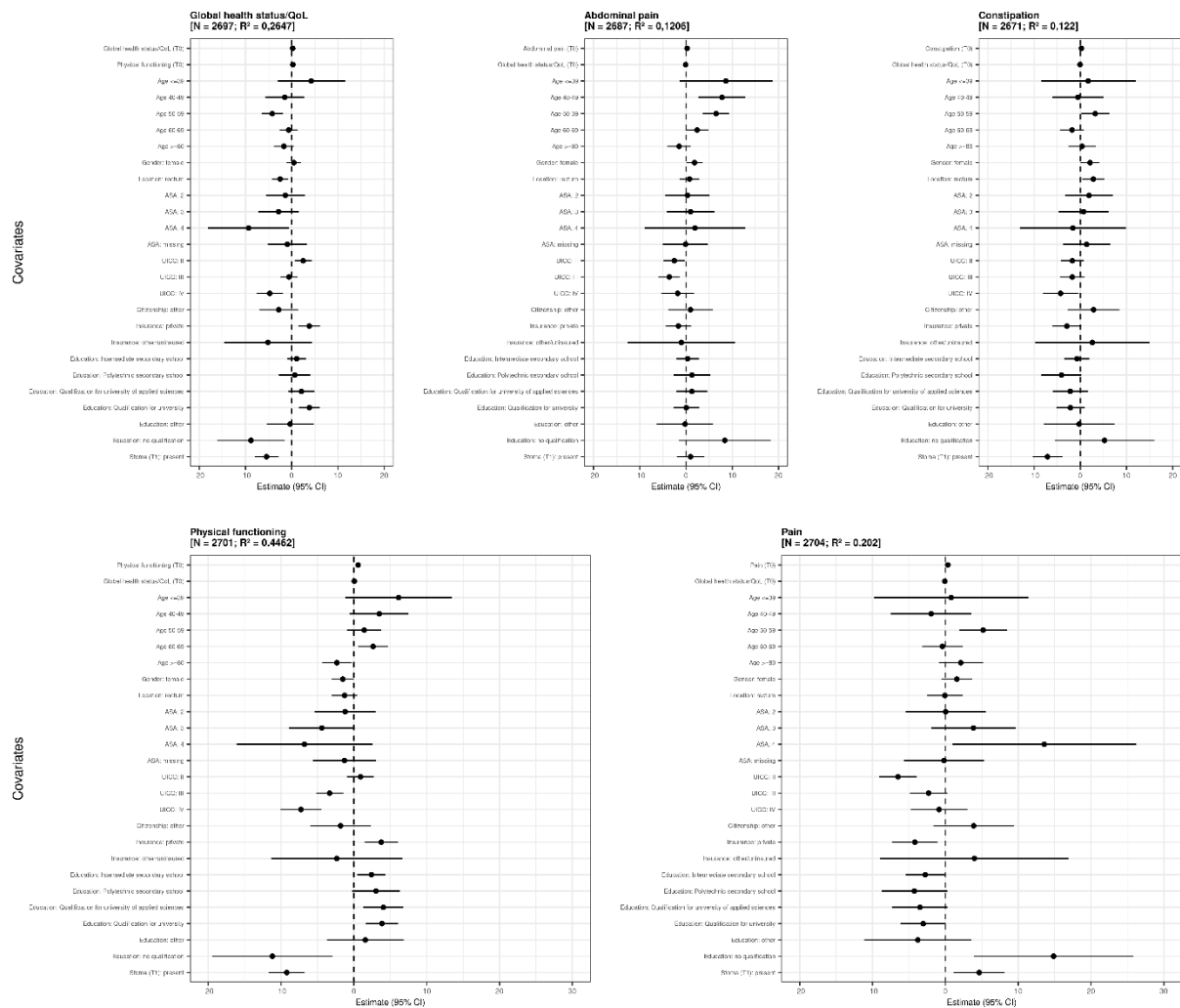
ASA score is a field of the module “colorectal cancer” of the oncological basic dataset. Its documentation is even more fragmentary in clinical cancer registries than in the EDIUM study (personal communication, German Tumor Center Consortium). Improvement is needed. While the linear regression models for the PRO usually showed satisfactory predictive power, this was not the case for the models of the short-term clinical (secondary) endpoints. This could be at least partly attributable to the absence of parameters associated with these endpoints. It can be anticipated that adequate CMA for these endpoints will require further adjustor variables that will have to be additionally documented, including comorbidities, body mass index, and smoking status. This extra documentation will involve a greater demand on resources.

**eFigure 1: Flowchart – patient recruitment and drop-out**





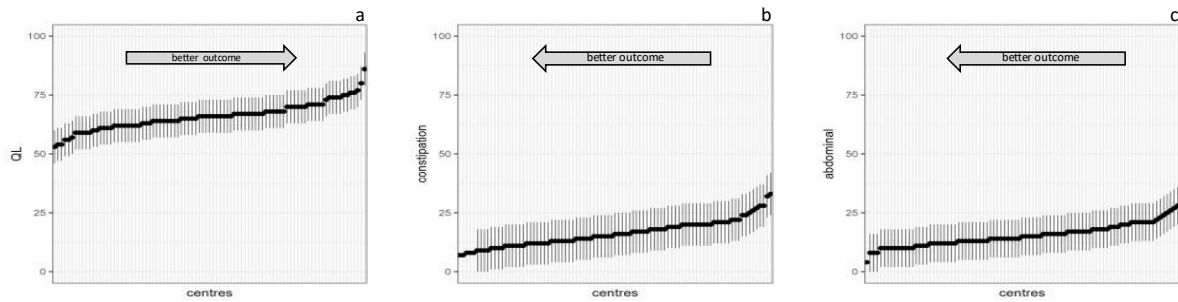
**eFigure 2: Results of the multivariable linear regression analyses: Estimates (95% confidence intervals)**



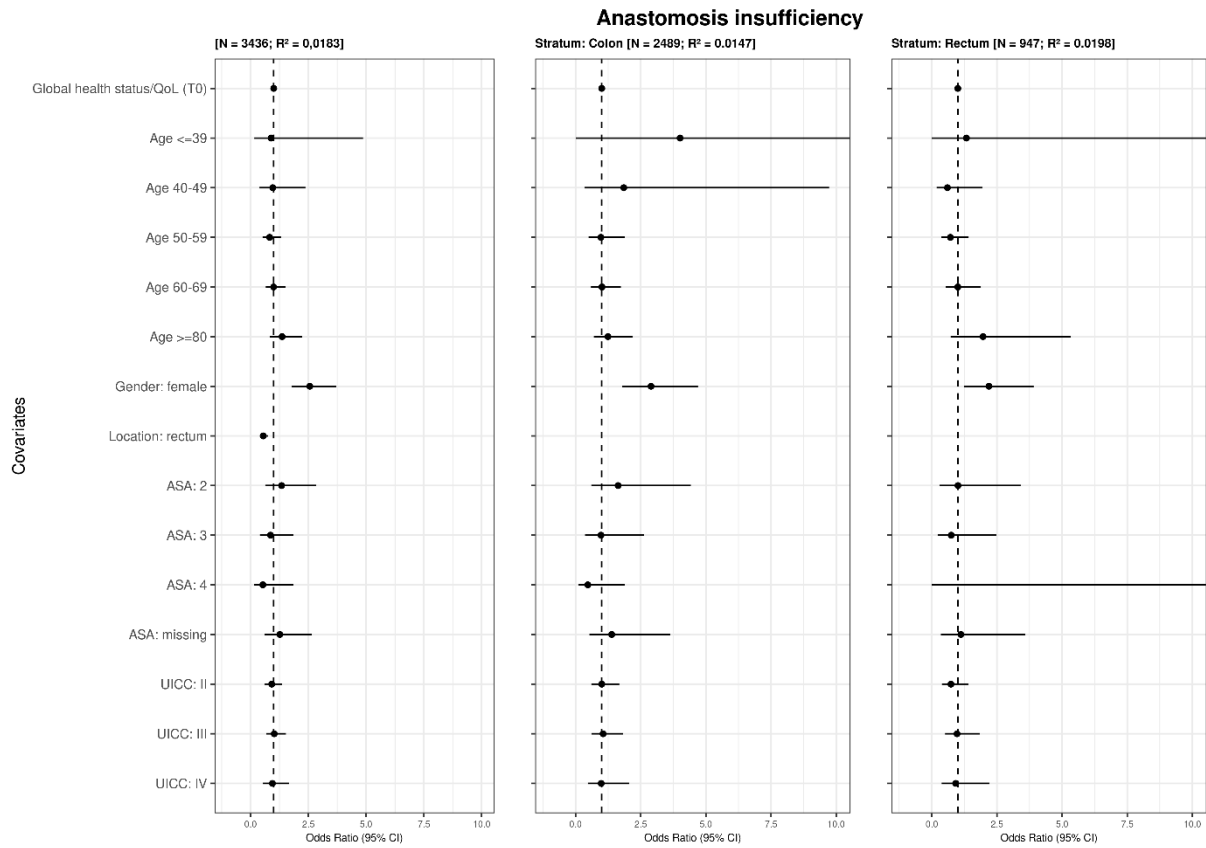
**eFigure 3: Casemix adjustment – point estimates of the adjusted center PRO scores at 12 months**

General health status/QoL, abdominal pain, constipation, overall (only centers with at least 10 follow-up questionnaires)

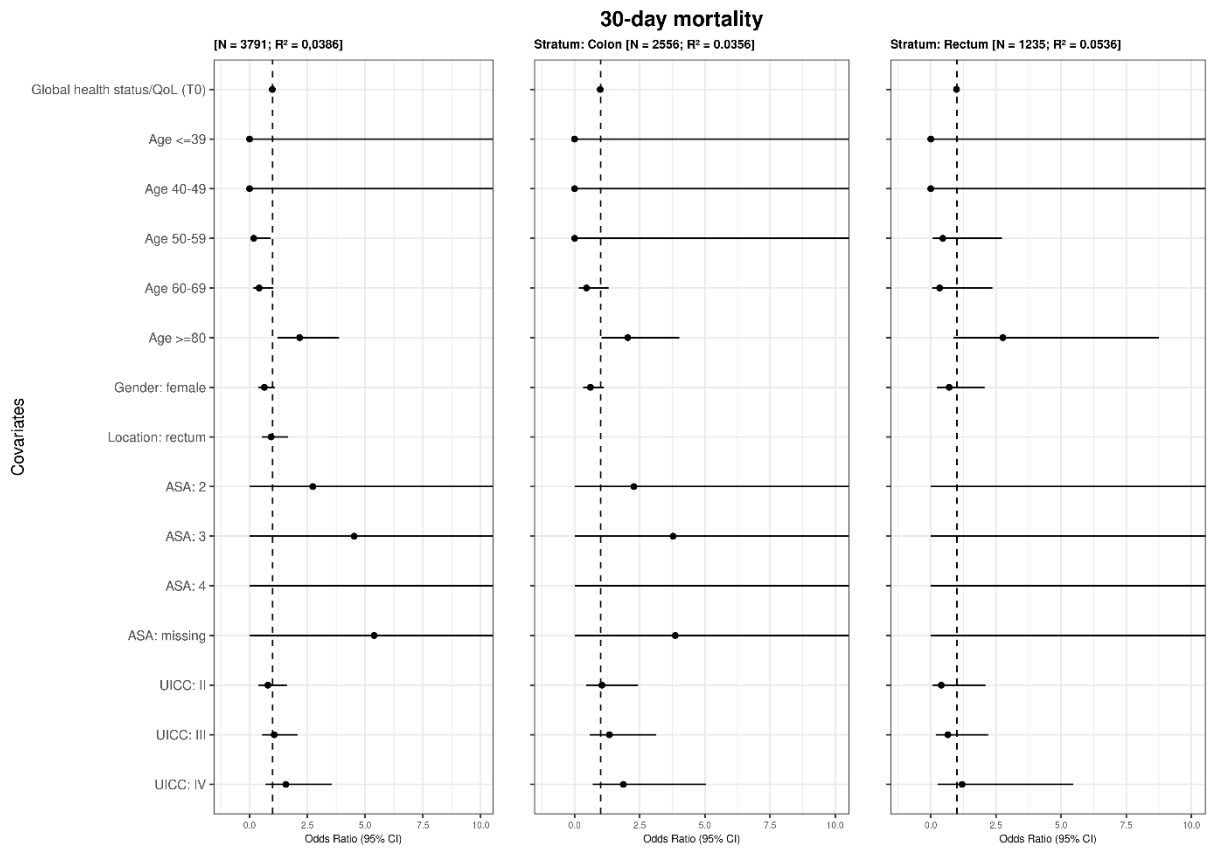
Each point represents one center. Function score (the higher the better the outcome): General health status/QoL (a, Median: 65, inter quartile range: 62-66); symptom scores (the lower the better the outcome): Constipation (d, 16, 12-17) und abdominal pain (e, 15, 12-19); the antennas represent auxiliary MID\*s as 1/3 standard deviation on patient level: General health status/QoL: 8; constipation: 10; abdominal pain: 9



**eFigure 4: Forest plots with regression estimates and 95 % confidence intervals for anastomotic insufficiency, total and stratified by colon/rectum**



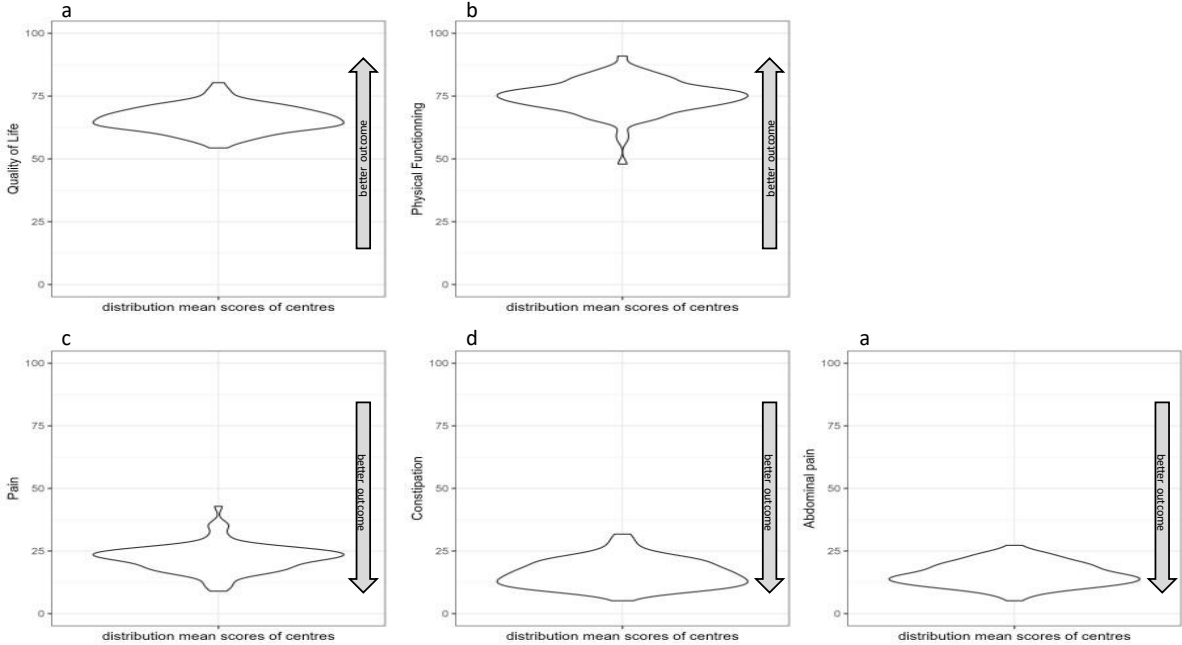
1 eFigure 5: Forest plots with regression estimates and 95 % confidence intervals for 30-day-  
 2 mortality, total and stratified by colon/rectum



3



**eFigure 6: Violin plots – distribution of the observed center PRO scores at baseline**



Function scores (the higher the better the outcome): General health status/QoL (a, mean of center means: 66, standard deviation: 5) and physical function (b, 75, 7); symptom scores (the lower the better the outcome): Pain (c, 22, 6), constipation (d, 16, 6) and abdominal pain (e, 16, 5)

**eTable 1: Linear regressions**

Estimates with  $p \leq 0.05$  bold; Abbreviations: ASA = American Society of Anesthesiologists; UICC = Union Internationale Contre le Cancer; ref. = reference group

## Quality of life

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	48.2	[43.02; 53.37]	≤0.001
<b>Quality of life pre-therapeutic</b>	0.32	[0.29; 0.36]	≤0.001
Age (ref. 70-79)			
Age group ≤39	5.80	[-1.67; 13.27]	0.128
Age group 40-49	0.29	[-4.01; 4.58]	0.896
<b>Age group 50-59</b>	-2.46	[-4.78; -0.14]	0.038
Age group 60-69	0.49	[-1.52; 2.5]	0.632
<b>Age group ≥80</b>	-3.38	[-5.59; -1.18]	0.003
Sex (ref. male)			
Female	-0.30	[-1.9; 1.3]	0.712
Site (ref. Colon)			
<b>Rectum</b>	-2.00	[-3.93; -0.08]	0.041
ASA (ref. ASA 1)			
ASA 2	-1.25	[-5.46; 2.97]	0.561
<b>ASA 3</b>	-4.48	[-8.90; -0.05]	0.047
<b>ASA 4</b>	-13.81	[-22.80; -4.82]	0.003
ASA Missing	-1.59	[-5.78; 2.6]	0.455
UICC (ref. UICC I)			
<b>UICC II</b>	2.92	[1.05; 4.8]	0.002
UICC III	-0.42	[-2.33; 1.5]	0.67
<b>UICC IV</b>	-4.35	[-7.30; -1.41]	0.004
Citizenship (ref. German)			
Other	-3.36	[-7.60; 0.88]	0.12
Health insurance (ref. statutory)			
<b>Private</b>	4.45	[2.06; 6.85]	≤0.001
Other/no insurance	-4.45	[-14.26; 5.37]	0.374
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	1.38	[-0.65; 3.4]	0.183
Intermediate secondary school east	1.06	[-2.40; 4.51]	0.548
Technical college entrance certificate	2.41	[-0.47; 5.28]	0.101
<b>University entrance certificate</b>	4.13	[1.78; 6.49]	≤0.001
Other	-0.71	[-5.93; 4.51]	0.789
<b>None</b>	-9.50	[-17.13; -1.86]	0.015
Stoma at 12 months (ref. no)			
Yes	-6.10	[-10.92; -1.28]	0.013
Interaction Rectum*Stoma at 12 months	0.18	[-5.45; 5.8]	0.951

R<sup>2</sup>: 0.22; N: 2702 (means of cross validation-based models)

## Physical function

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	27.37	[21.45; 33.28]	≤0.001
<b>Phys. function pre-therapeutic</b>	0.62	[0.58; 0.66]	≤0.001
Age (ref. 70-79)			
Age group ≤39	5.65	[-1.54; 12.84]	0.123
Age group 40-49	3.38	[-0.68; 7.44]	0.102
Age group 50-59	1.37	[-0.99; 3.73]	0.256
<b>Age group 60-69</b>	2.82	[0.82; 4.83]	0.006
<b>Age group ≥80</b>	-2.27	[-4.31; -0.23]	0.030
Sex (ref. male)			
<b>Female</b>	-1.60	[-3.11; -0.08]	0.039
Site (ref. Colon)			
Rectum	-1.66	[-3.45; 0.13]	0.070
ASA (ref. ASA 1)			
ASA 2	-1.14	[-5.35; 3.08]	0.595
ASA 3	-4.41	[-8.87; 0.06]	0.053
ASA 4	-6.47	[-15.8; 2.85]	0.172
ASA Missing	-1.18	[-5.52; 3.16]	0.593
UICC (ref. UICC I)			
UICC II	0.56	[-1.27; 2.39]	0.546
<b>UICC III</b>	-3.58	[-5.46; -1.71]	≤0.001
<b>UICC IV</b>	-7.76	[-10.55; -4.98]	≤0.001
Citizenship (ref. German)			
Other	-1.75	[-5.87; 2.38]	0.405
Health insurance (ref. statutory)			
<b>Private</b>	3.80	[1.52; 6.07]	≤0.001
Other/no insurance	-2.49	[-11.52; 6.53]	0.588
School leaving certificate (ref. lower secondary school)			
<b>Intermediate secondary school west</b>	2.45	[0.51; 4.4]	0.014
Intermediate secondary school east	2.97	[-0.33; 6.27]	0.078
<b>Technical college entrance certificate</b>	3.80	[1.08; 6.53]	0.006
<b>University entrance certificate</b>	3.92	[1.74; 6.1]	≤0.001
Other	1.48	[-3.77; 6.74]	0.579
<b>None</b>	-11.61	[-19.9; -3.31]	0.006
Stoma at 12 months (ref. no)			
<b>Yes</b>	-10.44	[-14.93; -5.95]	≤0.001
Interaction Rectum*Stoma at 12 months	1.98	[-3.39; 7.35]	0.467

R<sup>2</sup>: 0.45; N: 2730 (means of cross validation-based models)



## Pain

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	15.88	[9.91; 21.85]	≤0.001
<b>Pain pre-therapeutic</b>	0.38	[0.34; 0.41]	≤0.001
Age (ref. 70-79)			
Age group ≤39	1.51	[-8.79; 11.82]	0.773
Age group 40-49	-2.31	[-7.87; 3.25]	0.415
<b>Age group 50-59</b>	4.80	[1.49; 8.1]	0.005
Age group 60-69	-0.83	[-3.57; 1.92]	0.555
Age group ≥80	2.35	[-0.68; 5.37]	0.128
Sex (ref. male)			
Female	1.71	[-0.37; 3.8]	0.107
Site (ref. Colon)			
Rectum	-0.07	[-2.57; 2.44]	0.959
ASA (ref. ASA 1)			
ASA 2	0.34	[-5.14; 5.83]	0.902
ASA 3	4.71	[-1.06; 10.49]	0.109
<b>ASA 4</b>	14.92	[2.21; 27.62]	0.022
ASA Missing	0.14	[-5.28; 5.56]	0.96
UICC (ref. UICC I)			
<b>UICC II</b>	-6.14	[-8.72; -3.57]	≤0.001
UICC III	-1.91	[-4.5; 0.67]	0.147
UICC IV	-0.52	[-4.41; 3.38]	0.795
Citizenship (ref. German)			
Other	4.19	[-1.28; 9.66]	0.133
Health insurance (ref. statutory)			
<b>Private</b>	-4.23	[-7.35; -1.1]	0.008
Other/no insurance	3.94	[-9.02; 16.89]	0.551
School leaving certificate (ref. lower secondary school)			
<b>Intermediate secondary school west</b>	-2.85	[-5.57; -0.13]	0.04
Intermediate secondary school east	-4.30	[-8.81; 0.21]	0.061
Technical college entrance certificate	-3.06	[-6.89; 0.76]	0.116
<b>University entrance certificate</b>	-3.29	[-6.36; -0.22]	0.036
Other	-3.80	[-11.14; 3.54]	0.31
<b>None</b>	15.18	[4.15; 26.21]	0.007
Stoma at 12 months (ref. no)			
Yes	3.92	[-2.56; 10.39]	0.234
Interaction Rectum*Stoma at 12 months	1.03	[-6.27; 8.34]	0.781

R<sup>2</sup>: 0.20; N: 2733 (means of cross validation-based models)

## Obstipation

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	10.67	[5.1; 16.24]	≤0.001
<b>Obstipation pre-therapeutic</b>	0.26	[0.23; 0.29]	≤0.001
Age (ref. 70-79)			
Age group ≤39	1.30	[-8.83; 11.44]	0.801
Age group 40-49	-0.59	[-6.14; 4.96]	0.835
<b>Age group 50-59</b>	3.11	[0.04; 6.18]	0.047
Age group 60-69	-2.03	[-4.57; 0.51]	0.117
Age group ≥80	0.51	[-2.48; 3.49]	0.739
Sex (ref. male)			
<b>Female</b>	2.14	[0.09; 4.18]	0.041
Site (ref. Colon)			
<b>Rectum</b>	2.62	[0.1; 5.13]	0.041
ASA (ref. ASA 1)			
ASA 2	2.17	[-2.97; 7.31]	0.408
ASA 3	1.51	[-3.83; 6.85]	0.579
ASA 4	-0.39	[-11.93; 11.15]	0.947
ASA Missing	1.81	[-3.29; 6.9]	0.487
UICC (ref. UICC I)			
UICC II	-1.52	[-3.92; 0.88]	0.214
UICC III	-1.62	[-4.24; 1.01]	0.227
<b>UICC IV</b>	-4.03	[-7.85; -0.2]	0.039
Citizenship (ref. German)			
Other	3.20	[-2.29; 8.7]	0.253
Health insurance (ref. statutory)			
<b>Private</b>	-3.23	[-6.33; -0.14]	0.04
Other/no insurance	2.50	[-9.92; 14.92]	0.693
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	-0.58	[-3.26; 2.11]	0.672
Intermediate secondary school east	-4.01	[-8.33; 0.3]	0.068
Technical college entrance certificate	-1.81	[-5.56; 1.94]	0.345
University entrance certificate	-2.11	[-5.16; 0.93]	0.174
Other	0.10	[-7.57; 7.76]	0.98
None	5.77	[-4.96; 16.51]	0.29
Stoma at 12 months (ref. no)			
<b>Yes</b>	-7.67	[-13.26; -2.08]	0.007
Interaction Rectum*Stoma at 12 months	1.10	[-5.61; 7.81]	0.747

R<sup>2</sup>: 0.12; N: 2695 (means of cross validation-based models)

## Abdominal Pain

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	8.60	[3.25; 13.95]	0.002
<b>Abdominal pain pre-therapeutic</b>	0.25	[0.22; 0.28]	≤0.001
Age (ref. 70-79)			
Age group ≤39	7.69	[-2.21; 17.6]	0.127
<b>Age group 40-49</b>	7.49	[2.44; 12.54]	0.004
<b>Age group 50-59</b>	6.19	[3.31; 9.08]	≤0.001
Age group 60-69	2.02	[-0.39; 4.44]	0.1
Age group ≥80	-1.03	[-3.57; 1.51]	0.428
Sex (ref. male)			
<b>Female</b>	2.13	[0.35; 3.92]	0.019
Site (ref. Colon)			
Rectum	0.66	[-1.61; 2.94]	0.568
ASA (ref. ASA 1)			
ASA 2	0.99	[-3.81; 5.78]	0.687
ASA 3	2.44	[-2.69; 7.56]	0.351
ASA 4	4.14	[-6.9; 15.18]	0.461
ASA Missing	0.76	[-4.13; 5.65]	0.761
UICC (ref. UICC I)			
UICC II	-2.18	[-4.44; 0.08]	0.059
<b>UICC III</b>	-3.42	[-5.72; -1.12]	0.004
UICC IV	-1.30	[-4.81; 2.22]	0.469
Citizenship (ref. German)			
Other	0.95	[-3.85; 5.75]	0.699
Health insurance (ref. statutory)			
Private	-1.89	[-4.64; 0.86]	0.178
Other/no insurance	-1.34	[-13.08; 10.39]	0.822
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	0.29	[-2.12; 2.71]	0.811
Intermediate secondary school east	1.28	[-2.66; 5.22]	0.525
Technical college entrance certificate	1.55	[-1.79; 4.89]	0.364
University entrance certificate	-0.08	[-2.87; 2.7]	0.953
Other	-0.05	[-6.15; 6.06]	0.988
None	9.02	[-0.95; 18.99]	0.076
Stoma at 12 months (ref. no)			
Yes	0.63	[-4.92; 6.17]	0.824
Interaction Rectum*Stoma at 12 months	1.06	[-5.15; 7.27]	0.738

R<sup>2</sup>: 0.11; N: 2714 (means of cross validation-based models)

eTABLE 2

**Stoma-specific score “fecal incontinence” at T0 and T1 in colon cancer and rectal cancer for the strata: stoma present after 12 months and stoma absent after 12 months (all study patients with scores at T0 and T1)**

	Colon				Rectum				Total			
	Stoma yes		Stoma no		Stoma yes		Stoma no		Stoma yes		Stoma no	
	T0	T1	T0	T1	T0	T1	T0	T1	T0	T1	T0	T1
<b>Fecal incontinence</b>	(n = 63)	(n = 63)	(n = 1 609)	(n = 1 609)	(n = 247)	(n = 247)	(n = 522)	(n = 522)	(n = 310)	(n = 310)	(n = 2 131)	(n = 2 131)
Mean (SD)	7.94 ± 19.60	26.45 ± 30.03	5.61 ± 17.26	10.07 ± 21.69	24.69 ± 32.33	26.85 ± 30.11	13.79 ± 25.15	26.82 ± 31.93	21.29 ± 30.90	26.77 ± 30.04	7.62 ± 19.80	14.17 ± 25.62
Median (IQR)	0 [0; 0]	33.33 [0; 50]	0 [0; 0]	0 [0; 0]	0 [0; 33.33]	33.33 [0; 33.33]	0 [0; 33.33]	33.33 [0; 33.33]	0 [0; 33.33]	33.33 [0; 33.33]	0 [0; 0]	0 [0; 33.33]

IQR, Interquartile range; SD, standard deviation

**eTable 3 Tobit regressions**

Estimates with  $p \leq 0.05$  bold; Abbreviations: ASA = American Society of Anesthesiologists; UICC = Union Internationale Contre le Cancer; ref. = reference group

## Quality of life

Variable	Estimate	95% CI	P-value
<b>(Intercept 1)</b>	48.23	[42.68; 53.78]	≤0.001
<b>(Intercept 2)</b>	3	[2.97; 3.03]	≤0.001
<b>Quality of life pre-therapeutic</b>	0.35	[0.31; 0.39]	≤0.001
Age (ref. 70-79)			
Age group ≤39	5.77	[-2.41; 13.95]	0.167
Age group 40-49	-0.14	[-4.75; 4.47]	0.952
<b>Age group 50-59</b>	-2.67	[-5.16; -0.19]	0.035
Age group 60-69	0.31	[-1.84; 2.46]	0.779
<b>Age group ≥80</b>	-3.62	[-5.98; -1.26]	0.003
Sex (ref. male)			
Female	-0.08	[-1.8; 1.64]	0.925
Site (ref. Colon)			
<b>Rectum</b>	-2.37	[-4.44; -0.3]	0.025
ASA (ref. ASA 1)			
ASA 2	-2.14	[-6.74; 2.47]	0.361
<b>ASA 3</b>	-5.62	[-10.45; -0.79]	0.023
<b>ASA 4</b>	-15.2	[-24.8; -5.61]	0.002
ASA Missing	-2.59	[-7.16; 1.98]	0.266
UICC (ref. UICC I)			
<b>UICC II</b>	3.06	[1.04; 5.08]	0.003
UICC III	-0.79	[-2.85; 1.27]	0.454
<b>UICC IV</b>	-4.80	[-7.94; -1.66]	0.003
Citizenship (ref. German)			
Other	-3.55	[-8.09; 0.99]	0.125
Health insurance (ref. statutory)			
<b>Private</b>	4.80	[2.21; 7.38]	≤0.001
Other/no insurance	-5.42	[-15.92; 5.08]	0.311
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	1.31	[-0.86; 3.49]	0.236
Intermediate secondary school east	0.92	[-2.79; 4.62]	0.627
Technical college entrance certificate	2.26	[-0.82; 5.35]	0.151
<b>University entrance certificate</b>	4.56	[2.02; 7.1]	≤0.001
Other	-0.87	[-6.46; 4.73]	0.761
<b>None</b>	-9.54	[-17.71; -1.36]	0.022
Stoma at 12 months (ref. no)			
<b>Yes</b>	-6.08	[-11.3; -0.85]	0.023
Interaction Rectum*Stoma at 12 months	0.16	[-5.91; 6.22]	0.960

R<sup>2</sup>: 0.22; N: 2702 (means of cross validation-based models)

## Physical function

Variable	Estimate	95% CI	P-value
<b>(Intercept 1)</b>	24.69	[17.11; 32.26]	≤0.001
<b>(Intercept 2)</b>	3.10	[3.06; 3.13]	≤0.001
<b>Phys. function pre-therapeutic</b>	0.72	[0.67; 0.77]	≤0.001
Age (ref. 70-79)			
Age group ≤39	9.12	[-0.51; 18.75]	0.063
<b>Age group 40-49</b>	6.03	[0.75; 11.31]	0.025
Age group 50-59	2.52	[-0.54; 5.59]	0.107
<b>Age group 60-69</b>	4.16	[1.68; 6.63]	0.001
<b>Age group ≥80</b>	-2.61	[-5.14; -0.08]	0.043
Sex (ref. male)			
<b>Female</b>	-2.41	[-4.3; -0.52]	0.013
Site (ref. Colon)			
<b>Rectum</b>	-2.35	[-4.65; -0.06]	0.044
ASA (ref. ASA 1)			
ASA 2	-2.72	[-8.44; 2.99]	0.348
<b>ASA 3</b>	-7.17	[-13.12; -1.23]	0.018
ASA 4	-8.79	[-20.32; 2.74]	0.134
ASA Missing	-2.98	[-8.79; 2.82]	0.311
UICC (ref. UICC I)			
UICC II	0.58	[-1.77; 2.93]	0.629
<b>UICC III</b>	-4.67	[-7; -2.33]	≤0.001
<b>UICC IV</b>	-10.26	[-13.71; -6.8]	≤0.001
Citizenship (ref. German)			
Other	-2.55	[-7.87; 2.77]	0.346
Health insurance (ref. statutory)			
<b>Private</b>	5.28	[2.29; 8.27]	0.001
Other/no insurance	-2.51	[-13.92; 8.9]	0.666
School leaving certificate (ref. lower secondary school)			
<b>Intermediate secondary school west</b>	3.08	[0.65; 5.5]	0.013
Intermediate secondary school east	2.91	[-1.29; 7.11]	0.174
<b>Technical college entrance certificate</b>	5.11	[1.57; 8.64]	0.005
<b>University entrance certificate</b>	5.23	[2.44; 8.02]	≤0.001
Other	1.44	[-5.12; 7.99]	0.667
<b>None</b>	-11.4	[-21.62; -1.19]	0.029
Stoma at 12 months (ref. no)			
<b>Yes</b>	-11.87	[-17.33; -6.41]	≤0.001
Interaction Rectum*Stoma at 12 months	1.65	[-4.9; 8.2]	0.62

R<sup>2</sup>: 0.44; N: 2730 (means of cross validation-based models)

## Pain

Variable	Estimate	95% CI	P-value
(Intercept 1)	-7.39	[-19.95; 5.17]	0.249
<b>(Intercept 2)</b>	3.84	[3.79; 3.89]	≤0.001
<b>Pain pre-therapeutic</b>	0.67	[0.6; 0.75]	≤0.001
Age (ref. 70-79)			
Age group ≤39	8.87	[-11.97; 29.7]	0.404
Age group 40-49	-0.86	[-12.34; 10.63]	0.884
<b>Age group 50-59</b>	11.03	[4.4; 17.67]	0.001
Age group 60-69	-0.15	[-5.8; 5.5]	0.959
Age group ≥80	4.37	[-1.64; 10.38]	0.154
Sex (ref. male)			
Female	3.21	[-1.03; 7.45]	0.138
Site (ref. Colon)			
Rectum	0.54	[-4.64; 5.71]	0.839
ASA (ref. ASA 1)			
ASA 2	-0.46	[-11.97; 11.05]	0.938
ASA 3	8.23	[-3.76; 20.22]	0.178
ASA 4	21.56	[-2.6; 45.72]	0.08
ASA Missing	0.11	[-11.19; 11.4]	0.985
UICC (ref. UICC I)			
<b>UICC II</b>	-12.37	[-17.65; -7.09]	0
UICC III	-3.67	[-8.85; 1.52]	0.166
UICC IV	-1.33	[-9.08; 6.43]	0.737
Citizenship (ref. German)			
Other	7.10	[-3.53; 17.74]	0.19
Health insurance (ref. statutory)			
<b>Private</b>	-10.51	[-17.4; -3.62]	0.003
Other/no insurance	9.66	[-15.39; 34.72]	0.45
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	-5.18	[-10.63; 0.27]	0.063
Intermediate secondary school east	-9.16	[-18.55; 0.23]	0.056
<b>Technical college entrance certificate</b>	-8.42	[-16.34; -0.49]	0.037
<b>University entrance certificate</b>	-6.83	[-13.17; -0.5]	0.035
Other	-4.41	[-18.85; 10.03]	0.549
<b>None</b>	23.82	[3.35; 44.28]	0.023
Stoma at 12 months (ref. no)			
Yes	6.66	[-5.93; 19.24]	0.299
Interaction Rectum*Stoma at 12 months	1.91	[-12.33; 16.14]	0.793

R<sup>2</sup>: 0.20; N: 2733 (means of cross validation-based models)



## Obstipation

Variable	Estimate	95% CI	P-value
<b>(Intercept 1)</b>	-42.85	[-61.81; -23.89]	≤0.001
<b>(Intercept 2)</b>	4.19	[4.13; 4.24]	≤0.001
<b>Obstipation pre-therapeutic</b>	0.73	[0.62; 0.83]	≤0.001
Age (ref. 70-79)			
Age group ≤39	7.30	[-24.62; 39.22]	0.654
Age group 40-49	0.98	[-17.01; 18.98]	0.915
Age group 50-59	9.65	[-0.12; 19.42]	0.053
Age group 60-69	-8.22	[-16.78; 0.34]	0.06
Age group ≥80	1.35	[-8.16; 10.85]	0.781
Sex (ref. male)			
<b>Female</b>	8.90	[2.3; 15.5]	0.008
Site (ref. Colon)			
<b>Rectum</b>	9.22	[1.21; 17.23]	0.024
ASA (ref. ASA 1)			
ASA 2	5.38	[-11.98; 22.75]	0.543
ASA 3	3.57	[-14.54; 21.68]	0.699
ASA 4	-4.12	[-41.57; 33.33]	0.829
ASA Missing	4.93	[-12.39; 22.25]	0.577
UICC (ref. UICC I)			
UICC II	-3.52	[-11.36; 4.31]	0.378
UICC III	-3.51	[-12.09; 5.08]	0.423
<b>UICC IV</b>	-14.28	[-27.27; -1.3]	0.031
Citizenship (ref. German)			
Other	7.97	[-8.87; 24.8]	0.353
Health insurance (ref. statutory)			
Private	-9.79	[-20.7; 1.12]	0.078
Other/no insurance	9.35	[-30.7; 49.39]	0.647
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	-3.21	[-11.89; 5.48]	0.469
Intermediate secondary school east	-14.42	[-29.22; 0.38]	0.056
Technical college entrance certificate	-8.58	[-21.15; 3.98]	0.18
University entrance certificate	-9.09	[-19.31; 1.14]	0.082
Other	-0.25	[-25.11; 24.62]	0.985
None	14.58	[-18.16; 47.32]	0.382
Stoma at 12 months (ref. no)			
<b>Yes</b>	-29.45	[-49.89; -9.01]	0.005
Interaction Rectum*Stoma at 12 months	5.96	[-17.86; 29.78]	0.624

R<sup>2</sup>: 0.12; N: 2695 (means of cross validation-based models)

## Abdominal pain

Variable	Estimate	95% CI	P-value
<b>(Intercept 1)</b>	-37.09	(-52.67; -21.52)	≤0.001
<b>(Intercept 2)</b>	3.99	(3.93; 4.04)	≤0.001
<b>Abdominal pain pre-therapeutic</b>	0.62	(0.53; 0.72)	≤0.001
Age (ref. 70-79)			
Age group ≤39	19.49	(-5.17; 44.15)	0.121
<b>Age group 40-49</b>	18.71	(5.32; 32.09)	0.006
<b>Age group 50-59</b>	17.38	(9.31; 25.45)	≤0.001
<b>Age group 60-69</b>	7.60	(0.59; 14.62)	0.034
Age group ≥80	-2.94	(-10.64; 4.76)	0.454
Sex (ref. male)			
<b>Female</b>	6.53	(1.42; 11.65)	0.012
Site (ref. Colon)			
Rectum	2.58	(-3.95; 9.11)	0.439
ASA (ref. ASA 1)			
ASA 2	2.06	(-11.45; 15.58)	0.765
ASA 3	5.67	(-8.97; 20.31)	0.447
ASA 4	6.14	(-25.65; 37.92)	0.705
ASA Missing	1.43	(-12.32; 15.18)	0.838
UICC (ref. UICC I)			
UICC II	-5.38	(-11.92; 1.16)	0.107
<b>UICC III</b>	-9.10	(-15.73; -2.46)	0.007
UICC IV	-5.28	(-15.18; 4.63)	0.296
Citizenship (ref. German)			
Other	0.93	(-12.3; 14.17)	0.89
Health insurance (ref. statutory)			
Private	-6.68	(-14.93; 1.57)	0.113
Other/no insurance	-4.60	(-38.19; 28.98)	0.788
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	0.91	(-6.04; 7.86)	0.797
Intermediate secondary school east	3.76	(-7.33; 14.85)	0.506
Technical college entrance certificate	5.55	(-4.19; 15.28)	0.264
University entrance certificate	1.51	(-6.54; 9.56)	0.713
Other	0.71	(-16.7; 18.11)	0.937
None	20.82	(-4.49; 46.12)	0.107
Stoma at 12 months (ref. no)			
Yes	2.53	(-13.13; 18.18)	0.751
Interaction Rectum*Stoma at 12 months	2.11	(-15.56; 19.79)	0.815

R<sup>2</sup>: 0.11; N: 2714 (means of cross validation-based models)

**eTable 4: Multilevel model quality of life**

Estimates with  $p \leq 0.05$  bold; Abbreviations: ASA = American Society of Anesthesiologists; UICC = Union Internationale Contre le Cancer; ref. = reference group

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	48.59	[36.14; 61.03]	$\leq 0.001$
<b>Quality of life pre-therapeutic</b>	0.32	[0.29; 0.36]	$\leq 0.001$
Age (ref. 70-79)			
Age group $\leq 39$	6.02	[-1.48; 13.52]	0.116
Age group 40-49	0.21	[-4.12; 4.54]	0.924
<b>Age group 50-59</b>	-2.51	[-4.83; -0.19]	0.034
Age group 60-69	0.52	[-1.49; 2.53]	0.613
<b>Age group <math>\geq 80</math></b>	-3.36	[-5.58; -1.14]	0.003
Sex (ref. male)			
Female	-0.32	[-1.93; 1.28]	0.694
Site (ref. Colon)			
<b>Rectum</b>	-2.02	[-3.95; -0.09]	0.04
ASA (ref. ASA 1)			
ASA 2	-1.18	[-5.41; 3.06]	0.585
ASA 3	-4.21	[-8.66; 0.25]	0.064
<b>ASA 4</b>	-13.56	[-22.63; -4.49]	0.003
ASA Missing	-1.55	[-5.81; 2.72]	0.476
UICC (ref. UICC I)			
<b>UICC II</b>	2.88	[1; 4.75]	0.003
UICC III	-0.41	[-2.33; 1.5]	0.674
<b>UICC IV</b>	-4.43	[-7.38; -1.48]	0.003
Citizenship (ref. German)			
Other	-3.53	[-7.78; 0.72]	0.103
Health insurance (ref. statutory)			
<b>Private</b>	4.36	[1.94; 6.77]	$\leq 0.001$
Other/no insurance	-4.38	[-14.27; 5.52]	0.385
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	1.35	[-0.69; 3.38]	0.196
Intermediate secondary school east	1.37	[-2.19; 4.93]	0.449
Technical college entrance certificate	2.41	[-0.49; 5.3]	0.103
<b>University entrance certificate</b>	4.05	[1.68; 6.43]	$\leq 0.001$
Other	-0.79	[-6.06; 4.49]	0.77
<b>None</b>	-9.43	[-17.09; -1.78]	0.016
Stoma at 12 months (ref. no)			
<b>Yes</b>	-6.01	[-10.85; -1.16]	0.015
Primary cases 2019 (continuous)	0.00	[-0.02; 0.03]	0.765
Urbanity (Ref. Small town)			
Medium-sized town	1.52	[-2.59; 5.62]	0.469
City	2.42	[-1.77; 6.61]	0.257

Million-strong city	1.77	[-3.16; 6.71]	0.481
Ownership (ref. private)			
Charitable	0.42	[-2.62; 3.45]	0.789
Public	0.67	[-2.17; 3.51]	0.643
Teaching status (ref. not teaching)			
Acad. teaching hospital	-3.57	[-14.28; 7.15]	0.514
University hospital	-3.52	[-14.24; 7.2]	0.52
Interaction Rectum*Stoma at 12 months	0.10	[-5.54; 5.74]	0.972

N: 2702; AIC: 23507; BIC: 23725; R<sup>2</sup>: 0.23 (means of cross validation-based models)

**eTable 5: Differences in scores according to center case number (quartiles), adjusted**

	Case number < 62		Case number: 62 - 79		Case number: 80 - 96		Case number > 96	
	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)
Quality of life	69.29 (7.23)	71.69 (7.66)	71.28 (7.37)	71.29 (6.4)	70.22 (6.5)	68.67 (7.72)	71.04 (5.74)	68.22 (7.83)
Physical function	77.52 (9.5)	80.44 (10.33)	80.28 (7.23)	78.38 (6.32)	79.43 (8.28)	75.22 (11.93)	79.91 (7.97)	77.22 (9.78)
Pain	17.24 (7.88)	19.31 (9.27)	17.76 (9.27)	15.95 (7.85)	18.83 (6.2)	20.89 (12.27)	17.61 (7.18)	19.94 (7.64)
Obstipation	15 (7.78)	15.69 (10.76)	15.04 (9.79)	15.29 (7.8)	16.65 (6)	14.44 (7.74)	16.57 (7.54)	13 (8.57)
Abdominal pain	13.38 (7.88)	17.81 (9.83)	11.04 (6.42)	14.43 (5.85)	14.17 (5.55)	14.17 (8.79)	13.43 (7.69)	13.39 (5.53)

**eTable 6: Differences in scores according to center location urbanity, adjusted**

	Urbanity: Small town (< 20 thousand)		Urbanity: Medium-sized town (20 – 100 thousand)		Urbanity: City (> 100 thousand – 1 Mio)		Urbanity: Million-strong city (> 1 Mio)	
	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)
Quality of life	65 (4.24)	67.2 (5.81)	68.97 (6.7)	69.53 (7.12)	71.93 (7.3)	71.95 (6.36)	67.67 (10.97)	69.83 (5.42)
Physical function	74 (1.41)	69.4 (12.32)	75.86 (9.35)	79.08 (7.77)	80.03 (10.39)	80.93 (7.56)	78.83 (7.31)	78.67 (6.5)
Pain	27 (0)	26.4 (8.47)	18.66 (9.12)	17.45 (8.21)	18.1 (7.45)	17.22 (6.96)	21.5 (18.54)	18 (3.85)
Obstipation	11 (5.66)	20.4 (5.13)	16.83 (9.49)	15.9 (8.69)	12.33 (7.51)	15.22 (7.77)	14.17 (6.49)	15.5 (2.43)
Abdominal pain	15 (2.83)	20.4 (5.94)	13.09 (6.52)	12.32 (7.17)	15.83 (7.75)	12.54 (6.58)	20.17 (11.48)	13.83 (5.56)

**eTable 7: Differences in scores according to center ownership, adjusted**

	Ownership: private		Ownership: charitable		Ownership: public	
	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)
Quality of life	69.67 (4.77)	69.88 (9.13)	70.7 (7.15)	72.37 (6.92)	70.54 (6.8)	69 (7.19)
Physical function	80.78 (6.22)	78.5 (9.01)	80.11 (8.76)	79.21 (8.87)	78.75 (8.21)	77.04 (10.15)
Pain	18.33 (4.12)	19.38 (6.21)	17.74 (7.92)	17.95 (8.09)	17.86 (8.03)	19.2 (10.41)
Obstipation	15.22 (3.99)	10.5 (5.35)	16.19 (9.46)	15.42 (6.98)	15.73 (7.57)	14.98 (9.5)
Abdominal pain	12 (3.5)	19.62 (10.28)	12.07 (6.99)	14.84 (7.17)	13.54 (7.29)	14.02 (7.12)

**eTable 8: Differences in scores according to center teaching status, adjusted**

	Teaching status: no university hospital		Teaching status: university hospital	
	Colon MEAN (SD)	Rectum MEAN (SD)	Colon MEAN (SD)	Rectum MEAN (SD)
Quality of life	70.23 (6.61)	70.21 (7.07)	71.78 (6.98)	67.33 (10.76)
Physical function	78.72 (8.08)	77.55 (9.72)	83.56 (7.06)	80.17 (9.15)
Pain	18.35 (7.62)	18.42 (8.22)	15.44 (5.29)	24.17 (18.5)
Obstipation	16.04 (7.98)	14.84 (8.75)	15.11 (6.25)	12 (6.2)
Abdominal pain	13.11 (6.95)	14.37 (7.28)	13 (5.63)	20.17 (9.75)



**eTable 9: Center characteristics**

	<b>Total (N=102)</b>
Number of elective surgical primary cases per year	
Mean (SD)	81.2 (29.8)
Median [IQR]	76 [59;95]
Urbanity	
Small town (<20T)	6 (5.9%)
Medium-sized town (20T-100T)	44 (43.1%)
City (>100T-1Mio)	44 (43.1%)
Million-strong city (>1Mio)	8 (7.8%)
Teaching status	
Acad. teaching hospital	91 (89.2%)
University hospital	10 (9.8%)
No teaching hospital	1 (1.0%)
Ownership	
Charitable	31 (30.4%)
Public	60 (58.8%)
Private	11 (10.8%)

Abbreviations: SD = standard deviation; IQR = inter quartile range; T = thousand, Mio = million

**eTable 10: Center characteristics and patient distribution**

	<b>Colon (N=2859)</b>	<b>Rectum (N=1380)</b>	<b>Total (N=4239)</b>
<b>Urbanity</b>			
Small town (<20T)	137 (4.8%)	64 (4.6%)	201 (4.7%)
Medium-sized town (20T-100T)	1185 (41.4%)	621 (45.0%)	1806 (42.6%)
City (>100T-1Mio)	1281 (44.8%)	566 (41.0%)	1847 (43.6%)
Million-strong city (>1Mio)	256 (9.0%)	129 (9.3%)	385 (9.1%)
<b>Teaching status</b>			
Acad. teaching hospital	2590 (90.6%)	1264 (91.6%)	3854 (90.9%)
University hospital	259 (9.1%)	107 (7.8%)	366 (8.6%)
Not teaching	10 (0.3%)	9 (0.7%)	19 (0.4%)
<b>Ownership</b>			
Charitable	859 (30.0%)	406 (29.4%)	1265 (29.8%)
Public	1679 (58.7%)	818 (59.3%)	2497 (58.9%)
Private	321 (11.2%)	156 (11.3%)	477 (11.3%)

Abbreviations: SD = standard deviation; IQR = inter quartile range; T = thousand, Mio = million

**eTable 11: Score descriptives, according to colon/rectum for the complete analytical sample**

	Pre-therapeutic (T0)		Post-therapeutic (T1)	
	Colon (n=2859)	Rectum (n=1380)	Colon (n=2859)	Rectum (n=1380)
Quality of life				
Mean (SD)	59.9 (24.0)	61.1 (24.2)	66.9 (21.3)	63.3 (21.2)
Median [IQR]	66.7 [41.7;83.3]	66.7 [50.0;83.3]	66.7 [50.0;83.3]	66.7 [50.0;83.3]
Missing	47 (1.6%)	22 (1.6%)	708 (24.8%)	407 (29.5%)
Physical function				
Mean (SD)	78.5 (24.0)	82.6 (22.8)	75.6 (24.1)	73.8 (25.1)
Median [IQR]	86.7 [66.7;100]	93.3 [73.3;100]	80.0 [60.0;93.3]	80.0 [60.0;93.3]
Missing	6 (0.2%)	5 (0.4%)	701 (24.5%)	405 (29.3%)
Pain				
Mean (SD)	21.9 (29.5)	19.5 (29.4)	22.1 (28.5)	23.1 (28.3)
Median [IQR]	0 [0;33.3]	0 [0;33.3]	0 [0;33.3]	16.7 [0;33.3]
Missing	2 (0.1%)	2 (0.1%)	702 (24.6%)	405 (29.3%)
Obstipation				
Mean (SD)	20.5 (31.8)	19.2 (31.9)	15.7 (26.2)	16.3 (26.5)
Median [IQR]	0 [0;33.3]	0 [0;33.3]	0 [0;33.3]	0 [0;33.3]
Missing	24 (0.8%)	16 (1.2%)	714 (25.0%)	414 (30.0%)
Abdominal pain				
Mean (SD)	20.4 (29.8)	13.0 (24.0)	15.4 (23.9)	15.5 (23.6)
Median [IQR]	0 [0;33.3]	0 [0;33.3]	0 [0;33.3]	0 [0;33.3]
Missing	20 (0.7%)	18 (1.3%)	706 (24.7%)	410 (29.7%)

Abbreviations: SD = standard deviation; IQR = inter quartile range

**eTable 12: Linear regression on quality of life with additional estimate for mode (online/postal)**Estimate with  $p \leq 0.05$  bold; no significant association for survey mode and PRO.

Variable	Estimate	95% CI	P-value
<b>(Intercept)</b>	48.18	(43.02; 53.34)	$\leq 0.001$
<b>Quality of life pre-therapeutic</b>	0.32	(0.29; 0.36)	$\leq 0.001$
Age (ref. 70-79)			
Age group $\leq 39$	5.83	(-1.63; 13.3)	0.126
Age group 40-49	0.29	(-4.03; 4.61)	0.894
<b>Age group 50-59</b>	-2.46	(-4.78; -0.13)	0.038
Age group 60-69	0.50	(-1.53; 2.53)	0.632
<b>Age group <math>\geq 80</math></b>	-3.38	(-5.59; -1.17)	0.003
Sex (ref. male)			
Female	-0.30	(-1.9; 1.3)	0.712
Site (ref. Colon)			
<b>Rectum</b>	-1.97	(-3.8; -0.15)	0.034
ASA (ref. ASA 1)			
ASA 2	-1.24	(-5.44; 2.97)	0.563
<b>ASA 3</b>	-4.47	(-8.89; -0.05)	0.047
<b>ASA 4</b>	-13.83	(-22.85; -4.81)	0.003
ASA Missing	-1.58	(-5.77; 2.62)	0.46
UICC (ref. UICC I)			
<b>UICC II</b>	2.92	(1.05; 4.8)	0.002
UICC III	-0.41	(-2.33; 1.5)	0.672
<b>UICC IV</b>	-4.36	(-7.3; -1.41)	0.004
Citizenship (ref. German)			
Other	-3.36	(-7.57; 0.86)	0.119
Health insurance (ref. statutory)			
<b>Private</b>	4.45	(2.06; 6.85)	$\leq 0.001$
Other/no insurance	-4.41	(-14.22; 5.41)	0.378
School leaving certificate (ref. lower secondary school)			
Intermediate secondary school west	1.38	(-0.65; 3.4)	0.182
Intermediate secondary school east	1.05	(-2.41; 4.52)	0.549
Technical college entrance certificate	2.41	(-0.47; 5.3)	0.101
<b>University entrance certificate</b>	4.14	(1.79; 6.49)	$\leq 0.001$
Other	-0.71	(-5.93; 4.52)	0.791
<b>None</b>	-9.49	(-17.12; -1.86)	0.015
Stoma at 12 months (ref. no)			
<b>Yes</b>	-5.98	(-8.64; -3.32)	$\leq 0.001$
Pre-therapeutic survey online (ref. postal)	-0.13	(-3.36; 3.11)	0.939

R<sup>2</sup>: 0.122; N: 2702 (means of cross validation-based models)