



# Dengue, chikungunya and zika arbovirus infections in Caribbean children

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## Purpose of review

Dengue, chikungunya and zika have caused significant epidemics in the Caribbean in recent years. This review highlights their impact in Caribbean children.

## Recent findings

Dengue has been increasingly intense and severe, seroprevalence is 80–100% in the Caribbean, children have increased attributable morbidity and mortality. Severe dengue, especially dengue with haemorrhage was significantly associated with haemoglobin SC disease and multiple organ-systems involved. These included the gastrointestinal and haematologic systems with extremely high lactate dehydrogenases and creatinine phosphokinases and severely abnormal bleeding indices. Despite appropriate interventions, mortality was highest within the first 48 h of admission. Chikungunya, a togavirus, affected 80% of some Caribbean populations. Paediatric presentations included high fever, skin, joint and neurological manifestations. Children less than 5 years of age had the highest morbidity and mortality. This maiden chikungunya epidemic was explosive and overwhelmed public health systems. Zika, another flavivirus, has a seroprevalence of 15% in pregnancy, so the Caribbean remains susceptible. Paediatric complications include pregnancy losses, stillbirths, Congenital Zika syndrome, Guillain–Barre syndrome, acute disseminated encephalomyelitis and transverse myelitis. Neurodevelopment stimulation programs for zika-exposed infants have been effective in improving language and positive behaviour scores.

## Summary

Caribbean children remain at risk for dengue, chikungunya and zika, with high attributable morbidity and mortality.

## Keywords

Caribbean, chikungunya, dengue, Jamaica, zika

## INTRODUCTION

Arboviruses have caused multiple epidemics in the Americas including the Caribbean in recent years (Table 1) [1–5]. The WHO listed dengue among the ‘Top Ten Threats to Global Health’ in 2019, when over 3.1 million cases were reported from the region, the highest number ever recorded by the Pan American Health Organisation (PAHO) and WHO, with 28 203 severe cases and 1773 deaths [1,2]. Chikungunya resulted in maiden regional epidemics in 2014–2015 [3,4]. Zika’s maiden epidemic resulted in the WHO’s declaration of a ‘Public Health Emergency of International Concern’ (PHEIC) in 2016 [5]. All three viruses now co-circulate continually in the region [6]. Arboviral infections result from bites of *Aedes aegypti* and *Aedes albopictus* mosquitoes. We report herein on dengue, chikungunya and zika virus infections in Caribbean children.

The Caribbean constitutes over 7000 islands, 44 countries or territories, which are bordered by

North, Central and South America and the Caribbean Sea, Atlantic Ocean and the Gulf of Mexico. The Caribbean has 44 012 651 people and represents

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## KEY POINTS

- Arboviruses have had a significant impact in Caribbean children in recent years.
- Dengue, a flavivirus, has been occurring with increased frequency and intensity in recent epidemics. The four dengue serotypes circulate within the Caribbean. The Caribbean's seroprevalence approaches 80–100%, and infection with one serotype increases the severity of illness with subsequent serotypes. In 2019, children aged under 15 years represented over 40% of reported cases, over 40% of the hospitalized and over 60% of deaths on one island. Severe dengue, especially dengue with haemorrhage, was significantly associated with Sickle Haemoglobin SC disease, multiple organ system involvement (>5–7), including the gastrointestinal and haematologic systems in more than 90%, with high lactate dehydrogenase and creatinine phosphokinases approaching over 100 000 IU/l and severely abnormal bleeding indices. Among the 5% who died, the majority occurred within 24–48 h of admission, despite resuscitation with crystalloids, colloids and related blood products.
- Chikungunya, a togavirus, has a Caribbean seroprevalence of 17–83.6%. Paediatric presentations include high fever, rash, arthralgia/arthritis and neurological complications. Neonates presented with loud groaning and irritability. Those aged 6 months to 6 years had febrile seizures. Abnormal investigations included anemia and cerebrospinal fluid pleocytosis. Attributable morbidity and mortality were highest in young children.
- Zika, another flavivirus, has a 15.6% seroprevalence in Jamaican pregnant women. It is linked to pregnancy losses, stillbirths, congenital zika syndrome, Guillain-Barre Syndrome and other unusual neuroinflammatory complications in Caribbean children. Neurodevelopmental stimulation interventions in zika-exposed children have been successful.
- Caribbean children remain susceptible to arbovirus infections, for whom there are no approved treatments or vaccines, only vector control and personal protection remain.

0.56% of the world's population (Table 1) [7]. Of these, 74% live in urban settings and 25% are aged less than 15 years [7,8]. Cuba, the Dominican Republic and Haiti's populations each constitute over 11 million (Table 1) [7]. The Caribbean peoples are diverse in their culture, ethnicity and socioeconomic status with a gross national income ranging from \$63 370 USD per capita in the Cayman Islands to \$1250 USD in Haiti for this tourism-dependent region [9,10]. European-based languages are spoken; these include Spanish (64%), French (25%), English (14%), Dutch and Creoles. The trade winds blow

across the region at 10–20 mph creating rainforest tropical climates with the long rainy season from May to October and mean temperatures of 82°C annually. The Caribbean is challenged by climate change, hurricanes and arboviral epidemics [10,11].

## DENGUE

Dengue is a flavivirus, with four serotypes. Infection with one serotype increases disease severity with reinfection of subsequent serotypes. Dengue has been causing global epidemics since the 1800s and is now a risk to over half of the world's population. Symptoms develop 4–10 days after the bite of an infected mosquito. It presents as a severe undifferentiated febrile illness in young children, or as 'nonsevere dengue', which is a biphasic illness, with 'no warning signs' (fever and two of the following – nausea, vomiting, rash, myalgia, leukopenia, positive tourniquet test), or with 'warning signs' (severe abdominal pain, persistent vomiting, rapid breathing, bleeding gums, fatigue restlessness and hematemesis) [12]. 'Severe dengue' is characterized by plasma leakage, fluid retention, severe bleeding and severe multiorgan impairment, which may lead to death [12].

In the Caribbean, dengue is epidemic, endemic or hyperendemic, and all four serotypes have circulated. The 2018–2019 epidemic was especially severe (Table 1) [13]. During 2009–2011, dengue seroprevalence was 83% (80–100%) in pregnant women from 10 Caribbean countries: Antigua-Barbuda, Belize, Bermuda, Dominica, Grenada, Jamaica, Montserrat, St. Kitts-Nevis, St. Lucia and St. Vincent-Grenadines [14]. In Barbados, from 2008 to 2016, there were three cyclical epidemics of dengue fever, with prevalence in febrile patients ranging from 27.5 to 453.9 per 100 000 [15]. Dengue was endemic year-round with surges in the rainy season [15]. Among laboratory-confirmed cases, the case fatality rate was 0.4% (10/3994) [15]. In Jamaica, dengue outbreaks have increased in severity, with 5461 dengue-reported cases in 2007, 5903 in 2012 and 10 411 in 2018–2019 [16]. Jamaica's national case fatality rate also increased from 0.46% in 2007, 0.39% in 2012 to 0.83% in 2018–2019 [16]. These mortality rates exceed PAHO's dengue-attributable mortality threshold of 0.05% for the Americas [17].

Children are significantly affected by dengue fever epidemics within the Caribbean [16,17,18<sup>■</sup>, 19–23,24<sup>■</sup>]. Jamaica has reported trends of dengue in children over the years [16,18<sup>■</sup>,19–21,24<sup>■</sup>]. During the 2018–2019 epidemic, Jamaican children were most significantly affected with increased attributable morbidity and mortality [16,18<sup>■</sup>,24<sup>■</sup>]. Those under

**Table 1.** Dengue, chikungunya and zika infections in Caribbean populations<sup>a</sup>

Country/territory	Total population (2020) [1,2]	Dengue incidence #/100 000 (2019) [3]	Zika incidence #/100 000 (2016) [4]	Chikungunya incidence #/100 000 (2014) [4]
Aruba and Bonaire	107 877	1187.38	617.54	443.1
Antigua and Barbuda	97 929	35.29	509.57	1604.4
Anguilla	15 003	35.29	241.18	612.5
Bahamas	402 365	6.7	5.60	24.4
Barbados	288 231	40.91	256.01	615.6
Belize	415 962	3485.86	224.52	0.9
Caribbean Netherlands	26 223	1187.38	340.00	-
Cayman Islands	65 722	221.67	422.81	379.6
Cuba	11 309 865	28.37	0.03	0
Dominica	72 422	144.54	1660.81	5154.8
Dominican Republic	11 118 543	194.8	49.15	5182.5
Grenada	113 788	-	382.88	2814.5
Guadeloupe	400 124	719.38	6629.30	17 517.2
Guyana	754 144	29.41	4.80	9.5
Haiti	11 750 245	0.84	27.29	627.2
Jamaica	2 992 531	260.61	258.22	54.2
Martinique	375 265	-	9265.66	556 703.8
Montserrat	4992	-	140.00	2380
Puerto Rico	2 860 853	1.01	974.46	941.2
Sint Maarten (Dutch)	42 876	397.40	560.98	15 755.1
St Kitts and Nevis	53 199	104.55	1119.23	1284.3
St Lucia	183 627	11.11	531.71	541.7
Saint Martin (French)	38 666	812.50	9208.33	1175.0
St Vincent and Grenadines	110 940	11	579.41	1352.4
St Barthelemy	9877	122.22	11 511.1	17 247.2
Suriname	599 673	15.14	635.22	224.5
Trinidad/Tobago	1 399 488	30.30	47.11	21.7
Turks and Caicos	38 717	67.86	384.31	39.6
Virgin Islands (UK)	104 425	278.57	11 511.1	1231.30
Virgin Islands (USA)	30 321	-	1849.51	1620.0
Caribbean	44 012 651			

Dominican Republic reported 53 dengue-related deaths. Jamaica recorded 24 dengue-related deaths, for a case fatality rate (CFR) of 0.318. Dengue, Chikungunya, and Zika incidence - are calculated from number of locally transmitted suspected and laboratory confirmed cases per 100 000 population. Suspect Chikungunya cases - are fever more than 38 °C, severe arthralgia, or arthritis, not explained by other medical conditions, occurring within 2 weeks of onset of symptoms. Confirmed chikungunya cases - are suspected cases with CHIKV-specific test confirmed (viral isolation, RT-PCR, IgM, or four-fold increase in CHIKV-specific IgG antibodies). References: Countries in the world by population, as at 8 December, 2022, UN estimates and worldometers. <https://www.worldometers.info/world-population/population-by-country/> [accessed 12 December 2022]; About 25% of the population in the Caribbean and Latin America is aged less than 15 years <https://www.statista.com/statistics/264683/top-fifty-countries-with-the-highest-population-density/> [accessed 12 December 2022]; Pan American Health Organization/World Health Organization. Epidemiological update: dengue. 7 February 2020, Washington, D.C. PAHO/WHO. 2020; <https://bit.ly/314Snw4> [accessed 21 December, 2022]; Caribbean Public Health Agency. State of Public Health in the Caribbean Region 2014–2016. Building resilience to immediate and increasing threats: vector-borne diseases and childhood obesity. Port of Spain, Trinidad, and Tobago: CARPHA; 2017; Case definitions for congenital syndrome associated with Zika virus infection is available at: [http://www.paho.org/hq/index.php?option=com\\_content&view=article&id=11117&Itemid=41532&lang=en](http://www.paho.org/hq/index.php?option=com_content&view=article&id=11117&Itemid=41532&lang=en); PAHO/WHO Case definitions for suspected and confirmed Zika cases is available at: [http://www.paho.org/hq/index.php?option=com\\_content&view=article&id=11117&Itemid=41532&lang=en](http://www.paho.org/hq/index.php?option=com_content&view=article&id=11117&Itemid=41532&lang=en).

<sup>a</sup>For years with the highest reported incidence.

15 years of age represented 41% of the total reported 10 411 cases and 42% of those who were hospitalized [16]. Jamaica reported 86 deaths during the 2018–2019 dengue epidemic, of which 53 (61.6%) occurred in children less than 15 years [16]. The serotype DENV-3 was circulating during this epidemic.

Lue *et al.* [18<sup>\*\*\*</sup>] conducted a study in 339 children and adolescents aged zero to 15 years with suspected or confirmed dengue who were hospitalized in five hospitals across Jamaica during the 2018–2019 epidemic (Table 2). Of these, 220 (78.9%) had a positive laboratory confirmation with 218 (71.8%) (nonstructural protein) NS1 antigen-positive, 23 (6.8%) dengue reverse transcriptase–polymerase chain reaction (RT-PCR) positive and an overlap of 21 (7.5%) with both RT-PCR and NS1 antigen positive. Using the WHO/PAHO classification of dengue, 68 (20.1%) of the total 339 cases had severe dengue, of which 40 (58.8%) had haemorrhaged. Two hundred and eighteen patients (64.3%) had dengue with warning signs and 53 (15.6%) had dengue without warning signs. Children ages 1–10 years were the most affected – 245 (72.3%). Sickle cell disease genotype, Haemoglobin SC, was associated with severe dengue with haemorrhage ( $P=0.005$ ). The most common clinical presentations included fever (99.1%), vomiting (65.8%), headache (54.9%), abdominal pain/loss of appetite/lethargy (53%), diarrhoea (36.3%), arthralgia (33.3%) and rash (28.9%). Three hundred and thirty-four (98.5%) cases had organ-system involvement. The most common organ systems involved were gastrointestinal (93.5%), hematologic (91.7%) and musculoskeletal (53.1%). Those with increasing disease severity had more organ-systems involved with 11.5% having five to seven organ-systems affected.

The most common abnormal haematologic laboratory investigation was thrombocytopenia in 283 (83.5%) subjects and was severe in 125 (36.9%) with platelet count less than  $50 \times 10^9/l$  [18<sup>\*\*\*</sup>]. Leucopenia was observed in 169 (49.9%), and prolonged partial thromboplastin time in 131 (38.6%). The most common abnormal biochemical laboratory investigation was elevated aspartate aminotransferase (AST) in 245 (72.3%). A three to ten times increase in the upper limit of normal for age was statistically significant in those with dengue with warning signs ( $P<0.001$ ). One hundred and forty-seven (43.4%) had elevated alanine aminotransferase (AST), 164 (48.4%) had elevated lactate dehydrogenase (LDH) and 84 (24.8%) had elevated creatine phosphokinase (CPK), as high as 121 560 U/l. Elevated LDH and CPK were associated with severe dengue with haemorrhage,  $P=$  less than 0.001 and 0.002, respectively. Higher levels of biochemical markers were observed in those with increasing disease severity.

Of the total 339 cases, 17 (5%) died [18<sup>\*\*\*</sup>]. The ages ranged from 7 months to 15 years. The majority, 16 (94.1%) had severe dengue, of which 15 haemorrhaged. All had hematologic and gastrointestinal involvement, with 11 (64.7%) having five to seven organ-systems involved. The most common clinical presentations in those who died included fever (100%), diarrhoea (76.5%), vomiting (70.6%), hypotension (64.7%), abdominal pain, hepatomegaly and shock in 58.8%. The most common abnormal laboratory investigations included thrombocytopenia (88.2%) with 76.5% noted to be severe ( $P=0.003$ ), elevated AST 15 (88.2%), elevated alanine transaminase (ALT) 14 (82.4%), prolonged partial thromboplastin time (70.6%), prolonged prothrombin time/elevated LDH and CPK (58.8%). Eleven of the 17 deaths (64.7%) occurred within 24–48 h of presentation to the hospital, despite receipt of crystalloids, colloids and blood products. Pregnant Jamaican women who were hospitalized with severe dengue during the 2018–2019 epidemic had perinatal outcomes, including pregnancy losses, stillbirths and preterm births [19].

Previous Caribbean studies included a 2016 report from Jamaica on the 2012 epidemic where delayed presentation and short stature were significantly associated with severe dengue [20]. Children with sickle cell disease had longer hospital stays. The case fatality rate was 3.73% and four of the five deaths were using nonsteroidal anti-inflammatory drugs (NSAIDs) [20]. In the same epidemic, Hemoglobin SC genotype was significantly associated with attributable mortality [21]. A Dominican Republic study in 2014 reported severe dengue presenting with rash ( $P < 0.01$ ), severe thrombocytopenia ( $P < 0.01$ ), anaemia ( $P < 0.01$ ) and their association with increased mortality [22]. A 2015 study in hospitalized Barbadian children, reported atypical presentations involving the gastrointestinal and respiratory systems, less than 20% had severe dengue and attributable mortality was 1.7% [23].

## CHIKUNGUNYA

Chikungunya means ‘that which bends up’ in the Makonde African dialect and was first identified in Tanzania in the early 1950s. This togavirus, primarily of the Asian genotype, was first isolated in the Americas from two autochthonous cases in the Caribbean Island of Martinique in late 2013 with explosive epidemics developing rapidly in the region and over 1.6 million chikungunya cases were reported by October 2015 [3]. The Caribbean was not spared (Table 1) [25–30,31<sup>\*\*\*</sup>,32–38]. Anzinger *et al.* [31<sup>\*\*\*</sup>] reported an 83.6% chikungunya seroprevalence in



**Table 2.** Age groups, clinical manifestations, abnormal laboratory investigations, and organ-system involvement in children hospitalized during the 2018–2019 dengue epidemic in Jamaica

	Dengue without warning signs (n = 53)	Dengue with warning signs (n = 218)	Severe dengue without haemorrhagic features (n = 28)	Severe dengue with haemorrhagic features (n = 40)	Total (n = 339)	Mortality cases (n = 17)
Age group	Number (%)	Number (%)	Number (%)	Number (%)	TOTAL (%)	Number (%)
<1 year	7 (2.1)	24 (7.1)	4 (1.2)	3 (0.9)	38 (11.2)	1 (5.9)
1–5 years	20 (5.9)	69 (20.4)	13 (3.8)	17 (5.0)	119 (35.1)	9 (52.9)
6–10 years	14 (4.1)	91 (26.8)	7 (2.1)	14 (4.1)	126 (37.2)	6 (35.3)
11–15 years	10 (2.9)	33 (9.7)	4 (1.2)	6 (1.8)	53 (15.6)	1 (5.9)
Missing data	2 (0.6)	1 (0.3)	0	0	3 (0.9)	0
Most common clinical manifestations	Number (%)	Number (%)	Number (%)	Number (%)	Total (%)	Number (%)
Fever	51 (15.0)	217 (64.0)	28 (8.3)	40 (11.8)	336 (99.1)	17 (100)
Vomiting	30 (8.8)	145 (42.8)	17 (5.0)	31 (9.1)	223 (65.8)	12 (70.6)
Headache	25 (7.4)	124 (36.6)	15 (4.4)	22 (6.5)	186 (54.9)	0
Abdominal pain	10 (2.9)	124 (36.6)	21 (6.2)	27 (8.0)	182 (53.7)	10 (58.8)
Lethargy	0	137 (40.4)	17 (5.0)	26 (7.7)	180 (53.1)	14 (82.4)
Loss of appetite	15 (4.4)	124 (36.6)	16 (4.7)	25 (7.4)	180 (53.1)	13 (76.5)
Diarrhoea	15 (4.4)	76 (22.4)	9 (2.7)	23 (6.8)	123 (36.3)	13 (76.5)
Arthralgia	20 (5.9)	65 (19.2)	13 (3.8)	15 (4.4)	113 (33.3)	4 (23.5)
Rash	19 (5.6)	61 (18.0)	7 (2.1)	11 (3.2)	98 (28.9)	2 (11.8)
Hypotension	0	42 (12.4)	15 (4.4)	21 (6.2)	78 (23)	11 (64.7)
Hepatomegaly	0	38 (11.2)	12 (3.5)	20 (5.9)	70 (20.6)	10 (58.8)
Documented shock	0	0	6 (1.8)	13 (3.8)	19 (5.6)	10 (58.8)
Laboratory investigations	Number (%)	Number (%)	Number (%)	Number (%)	Total (%)	Number (%)
Leukopenia	22 (6.5)	124 (36.6)	14 (4.1)	9 (2.7)	169 (49.9)	3 (17.6)
Thrombocytopenia	34 (10.0)	187 (55.2)	26 (7.7)	36 (10.6)	283 (83.5)	15 (88.2)*
Prolonged PT	0	2 (0.6)	1 (0.3)	11 (3.2)	14 (4.1)	10 (58.8)
Prolonged PTT	9 (2.7)	78 (23.0)	18 (5.3)	26 (7.7)	131 (38.6)	12 (70.6)
Elevated AST	25 (7.4)	163 (48.1)	27 (8.0)	30 (8.8)	245 (72.3)	15 (88.2)
Elevated ALT	11 (3.2)	89 (26.3)	20 (5.9)	27 (8.0)	147 (43.4)	14 (82.4)
Elevated LDH	15 (4.4)	106 (31.3)	18 (5.3)	25 (7.4)**	164 (48.4)	10 (58.8)
Elevated CPK	7 (2.1)	49 (14.5)	10 (2.9)	18 (5.3)***	84 (24.8)	10 (58.8)
Organ-systems involved	Number (%)	Number (%)	Number (%)	Number (%)	Total (%)	Number (%)
Gastrointestinal	37 (10.9)	213 (62.8)	28 (8.3)	39 (11.5)	317 (93.5)	17 (100)
Haematologic	39 (11.5)	204 (60.2)	28 (8.3)	40 (11.8)	311 (91.7)	17 (100)
Musculoskeletal	26 (7.7)	108 (31.9)	19 (5.6)	27 (8.0)	180 (53.1)	12 (70.6)
Cardiac	0	44 (13.0)	19 (5.6)	24 (7.1)	87 (25.7)	13 (76.5)
Respiratory	0	5 (1.5)	18 (5.3)	18 (5.3)	41 (12.1)	9 (52.9)
Renal	1 (0.3)	15 (4.4)	5 (1.5)	20 (5.9)	41 (12.1)	14 (82.4)
Central nervous system	3 (0.9)	3 (0.9)	2 (0.6)	13 (3.8)	21 (6.2)	7 (41.2)

The *P* values included in the Table were statistically significant with regards to the abnormal laboratory investigations and severe dengue with haemorrhage/mortality as shown by the asterisks (\* *P* = 0.003; \*\**P* < 0.001; \*\*\**P* = 0.002). Comparisons were made between groups using Student's *t* test for normally distributed parametric data. Chi-square analysis, or Fisher's exact test, was used for categorical variables. Continuous variables were analysed using Student's *t* test. A *P* value less than 0.05 was considered statistically significant. The total column represents the sum of the numbers in the rows for dengue without warning signs, dengue with warning signs, 'severe dengue without haemorrhage, and severe dengue with haemorrhage. The percentages, except for the age groups, will not add up to 100%. The percentages were calculated as a proportion of the total cases of 339 that were included in the study. Data from Lue *et al.* [18].

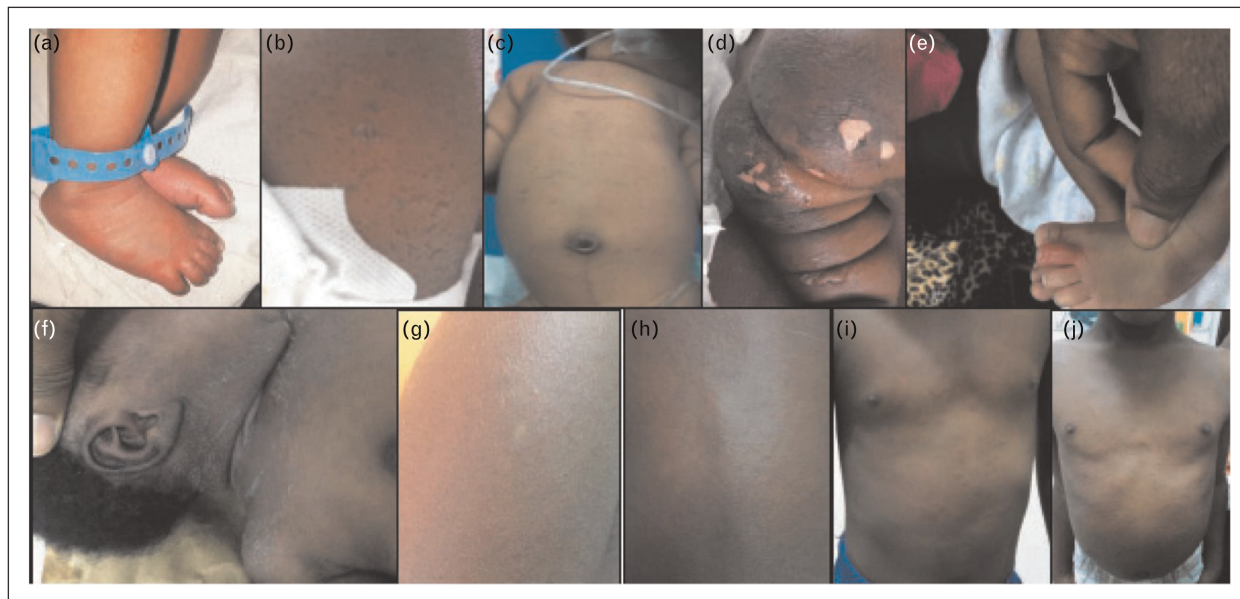
Jamaican antenatal populations. Chikungunya seroprevalence postepidemic ranged from 17 to 79% in Saint Martin, Guadeloupe, Martinique, Puerto Rico and Haiti. After an incubation period of 3–7 days (range 1–12), chikungunya presents abruptly with high fever, rash and arthralgia or arthritis, lasting for weeks, months or years, and maybe recurrent.

Chikungunya has been described in children from several Caribbean islands [32–38]. In Jamaica, hospitalized children came from households with multiple symptomatic cases and presented with high fever, maculopapular rash, joint pains and varied specific age-related manifestations (Fig. 1) [32]. Newborns (30% of this cohort) had loud groaning and irritability; febrile seizures were evident in those aged 6 months to 6 years, and neurologic involvement occurred in 24%, overall (Fig. 1) [32]. Laboratory anomalies included anaemia and cerebrospinal fluid pleocytosis, few had severe organ-system manifestations, and there were no deaths in this cohort [32]. In Suriname, ambulatory paediatric cases were mild, presenting primarily with headache and vomiting [33]; whereas Barbados described children with primarily joint pains and rash, with less than 10% hospitalized and recovering within 2 weeks [34]. In Puerto Rico, perinatally acquired infection occurred in newborns whose

mothers were symptomatic within 5 days of delivery; their presentations included fever, apnoea, poor suck, cyanosis, peripheral oedema, associated with leukopenia, or leukocytosis, thrombocytopenia, elevated hepatic enzymes and prolonged bleeding indices [35]. In Jamaica, mother-to-child transmission of chikungunya presented within 72 h of life with neonatal hypotension, acrocyanosis and respiratory distress, which resulted in death within 24–48 h in two children [36]. Children aged less than 5 years and the elderly had the highest risk for chikungunya morbidity among hospitalized cases in Puerto Rico and excess mortality in Jamaica using data acquired from population-based death certificates [37,38].

### ZIKA

Zika, is another flavivirus whose envelope proteins share a 50% homology with dengue and was isolated in Uganda's ZIKA forest in 1947. Phylogenetic studies confirmed the arrival of the zika virus (ZIKV) in Jamaica, the Dominican Republic and Haiti, over 9 months before the formal identification of the first clinical case [39,40<sup>\*\*\*</sup>]. Zika has penetrated the Caribbean region (Table 1) [25,39,40<sup>\*\*\*</sup>,41–50,51<sup>\*\*\*</sup>,52–54,55<sup>\*\*\*</sup>,56–65]. The link of zika to congenital zika syndrome (CZS) and Guillain–Barre syndrome

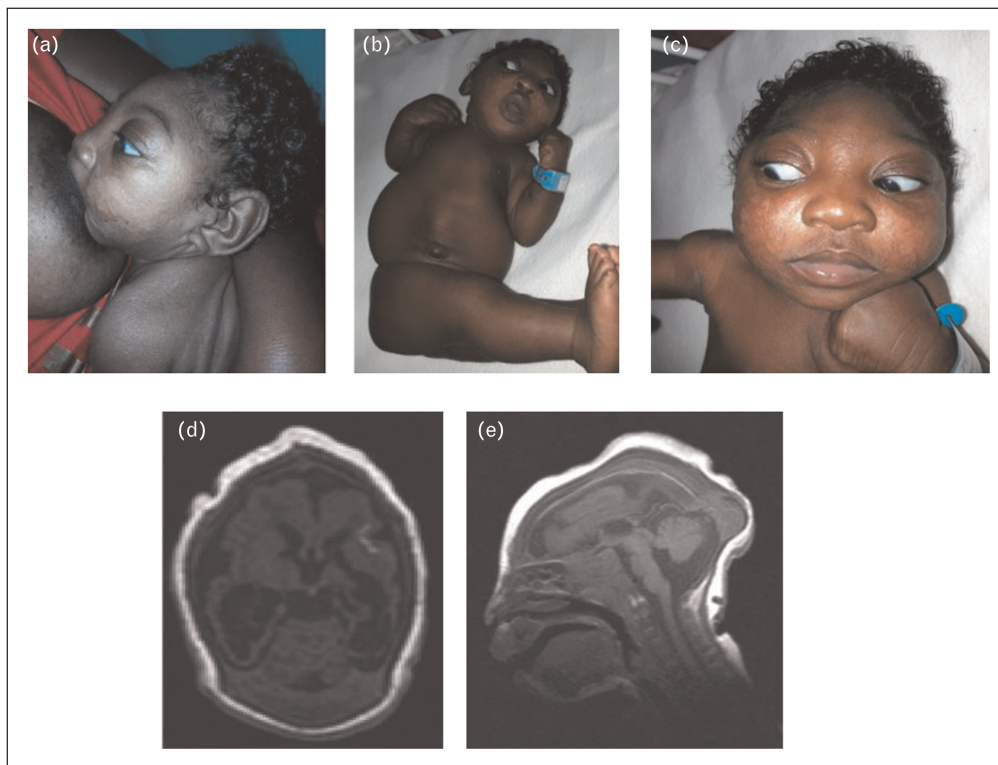


**FIGURE 1.** Skin and joint manifestations in hospitalized Jamaican children with chikungunya fever key: erythematous patches of the dorsum of the foot and distal lower limb and oedema and erythema of the joints of the left great toe – infant (a), numerous vesicular lesions (early phase) and macular hyperpigmented lesions (late phase) of the abdominal wall – infant (b), hyperpigmented macules on the abdomen – infant (c), bullous lesions of the extensor surface of the lower limbs and denudation and hyperpigmentation of the diaper area – infant (d), arthritis, left second toe, infant (e), desquamation of the skin, infant (f), erythematous papular rash with desquamation of the shoulder – older child (g), erythematous papular rash (h), urticarial rash of the chest and abdomen – older child (i), erythematous maculopapular rash of the chest and abdomen – older child (j).

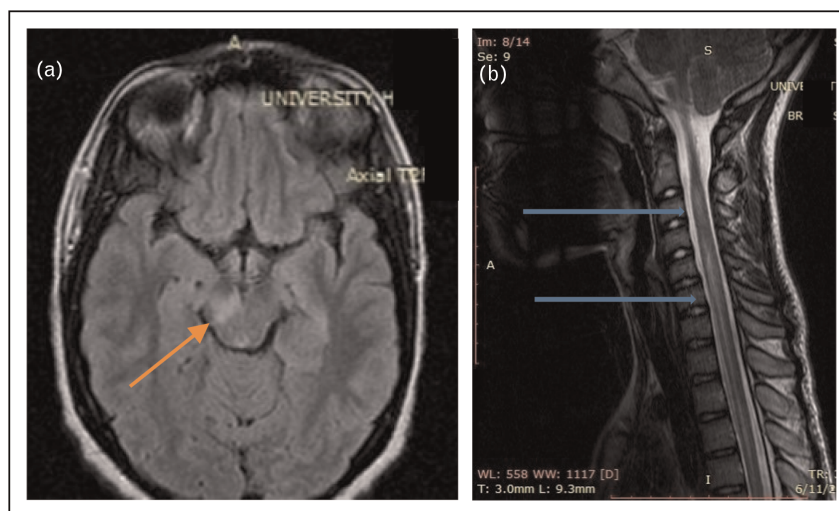
(GBS) has been established in the Caribbean, along with other intrauterine pregnancy complications, febrile illnesses, and unusual neurological complications in children (Figs. 2(a–e) and 3(a and b)) [40<sup>\*\*\*</sup>,41–50,51<sup>\*\*\*</sup>,52–54,55<sup>\*\*\*</sup>,56–65]. In French Guiana, maternofetal transmission occurred in 26%; among ZIKV-positive fetuses/newborns, 20% had moderate signs, 21% had severe signs of CZS and 14% had foetal loss [44]. In the French territories of the Americas, 5% of ZIKV-positive pregnancies were not carried to term or were stillborn; neurological and ocular defects characteristic of CZS were seen in 7% and microcephaly occurred in 5.8% [45]. A Dominican Republic study reported widespread morbidity and affected pregnancies with 10% foetal losses [46]. In Trinidad and Tobago, antenatal ultrasonography detected brain abnormalities suggestive of CZS in 8% of women infected with ZIKV [47]. Jamaica reported on a new trend of microcephaly and arthrogryposis at three hospitals, during the zika epidemic (Fig. 2a–e) [48]. The Jamaica cohort within the ZIKAction Pediatric Registry reported

that 58.5% of children with suspected CZS had congenital microcephaly and 28.3% had severe microcephaly, between June 2016 and October 2019 [49]. Craniofacial disproportion was seen in 37.8%. Among those who had hearing, or ophthalmic evaluation, 55% had abnormal hearing and 25% had abnormal ocular findings.

Of interest, has been the evidence of teratogenicity and neurodevelopmental outcomes in infants with in-utero exposure to ZIKV without microcephaly or features of CZS at birth [50,51<sup>\*\*\*</sup>,52]. In Puerto Rico, a retrospective study of infants born to mothers with confirmed ZIKV infection found ocular findings in 50% of babies with microcephaly and in 31% who are normocephalic [50]. In Grenada, 31% of normocephalic ZIKV-exposed children had deficits in visual acuity and 23% deficits in contrast sensitivity [51<sup>\*\*\*</sup>]. Martinique described a ZIKV-exposed infant without microcephaly who had features of a torpedo maculopathy [52]. Developmental delay has been reported as an outcome in some cohorts of normocephalic prenatal ZIKV-



**FIGURE 2.** Panels (a, b, c above) show female infant at age 6 weeks (sucking at mother's breast), showing severe microcephaly, sloping fore-head, facial disproportion with over-sized facial features, appearance of proptosis, horizontal nystagmus with bilateral optic atrophy. Infant also displays clenched upper limbs with cortical fisting, diastasis of recti abdomini muscles, severe arthrogryposis and rocker bottom feet. Panels (d and e, above) reveal infant's MRI of the skull and brain displaying marked microcephaly, collapsed skull bones with extensive scalp folding. There is decreased hemispheric parenchymal volume loss with decreased salvation and evidence of calcification (d). There are septations in the occipital horns of the lateral ventricles as well as evidence of a vermian hypoplasia, in keeping with a Dandy Walker variant. Mother gave signed, written, informed consent with her permission for these photographs to be used for the purposes of medical education, publication and research.



**FIGURE 3.** (a) An axial T2 fluid-attenuated inversion recovery (FLAIR) MRI brain showing high signal intensity of the right crus cerebri (yellow arrow). (b) T2-weighted sagittal MRI of the cervical and thoracic spine showing high signal intensity C2 to T4.

exposed children. The French territories cohort showed no significant difference in developmental assessment results in in-utero ZIKV-exposed and unexposed normocephalic toddlers at 24 months of age [53]. In Grenada, normocephalic ZIKV-exposed and unexposed children assessed between 22 and 30 months of age, had no significant difference in scores for cognitive, motor or language development [51<sup>11</sup>]. In Puerto Rico, lower receptive language scores at ages 3–12 months were documented in normocephalic infants with prenatal ZIKV exposure [53]. Another Puerto Rican study reported a cohort of ZIKV-exposed children, 97.4% of whom were normocephalic at birth, 17.5% failed age-appropriate vision screening and one-third had developmental delay, particularly in the language domain [55<sup>11</sup>]. Also of concern is an increased prevalence of epilepsy documented in ZIKV-exposed infants in longitudinal Caribbean studies [54,56].

Acute ZIKV infection in Caribbean children has been associated with significant morbidity. In Jamaica, at the height of the ZIKV epidemic, unusual cases of neuroinflammation including acute myelitis, acute disseminated encephalomyelitis and Guillain–Barre syndrome were reported in adolescents (Fig. 3a and b) [57]. In Grenada, ZIKV IgM-positive children with acute neuroinflammation, meningoencephalitis and acute disseminated encephalomyelitis were also reported [58]. In Puerto Rico, children have also been represented in cohorts of Guillain–Barre syndrome associated with acute ZIKV infection [59,60]. Caribbean children now remain at high risk for complications from future zika outbreaks, with low post-epidemic seroprevalence rates of 15.8% (using highly

specific ZIKV tests) in Jamaican pregnant women, to 42% Martinique and Suriname [31<sup>11</sup>].

## MANAGEMENT

Clinically, these arboviral infections present with fever, rash, joint pains and other systemic symptoms, although the majority are asymptomatic. Dengue is biphasic and the critical phase is complicated with organ-system involvement, haemorrhage and shock in severe cases [18<sup>11</sup>]. Chikungunya presents with fever, skin, severe arthritis and neurological complications. The postinfectious perinatal, neurological and developmental complications of zika are characteristic.

Local and regional diagnostic laboratories define the temporal circulation of these arboviruses and inform communities and physicians to guide patient care. Diagnosis is first suggested on clinical suspicion (Table 1). Laboratory diagnostics include – viral culture from tissue specimens, RT-PCR and plaque reduction neutralization tests (zika PRNT), antigen tests (dengue NS1 antigen) and serology including immunoglobulin (Ig)G and IgM (Table 1). Laboratory diagnosis is challenging, especially for zika and dengue serology because of their shared homologous envelope proteins. CZS is also challenging to define and link to laboratory-confirmed ZIKV infection and many infants are born to asymptomatic mothers (Table 1). These are ‘Category I Notifiable Medical Conditions’ that require immediate reporting by the most rapid means available to the Public Health Authorities to facilitate investigation, although national public health systems are often overwhelmed in epidemics.



Supportive care is given for all three arboviruses, and there are no known viral cures [66]. Although many Food and Drug Administration (FDA)-approved compounds have shown anti-ZIKV activity. Home treatment for dengue involves ensuring adequate fluid balance with appropriate oral intake, the passage of urine, evaluation for ‘warning signs’ and daily evaluation in an ambulatory clinic, with monitoring of the clinical status and platelet count. Fever is controlled with acetaminophen. NSAIDs and anticoagulants are contraindicated, especially during the thrombocytopenic phase. Children on antihypertensives may manifest hypotension as a sign of increased vascular permeability. Diabetic patients with inadequate hydration may develop osmotic diuresis and shock. Those with ‘warning signs’ should be hospitalized, given intravenous fluids (Lactated Ringer’s, or isotonic saline) while ensuring adequate urine output, monitoring the vital signs, fluid and electrolyte balance and haematocrit. Those with severe dengue and circulatory collapse, should receive oxygen and increased boluses of crystalloids; or colloids/fresh frozen plasma, if the haematocrit is rising; or blood, if the haematocrit is falling. Multiple organ system evaluation and ongoing support must be ensured. Chikungunya is supported with bed rest, fluids, analgesics, drugs for tenosynovitis and arthritis, and psychosocial interventions for complications [67]. This maiden chikungunya epidemic overwhelmed Jamaica’s healthcare system [32]. Zika is managed with psychosocial support and a multidisciplinary approach, including deferral of pregnancy during epidemics [68]. Intravenous immune gamma globulin and prednisone may be administered for immune-mediated complications.

Caribbean Columbia has documented the deficient psychosocial and economic support, stigma, abandonment or frustration experienced by families whose ZIKV-exposed children are intellectually impaired [69]. However, several positive outcomes have been observed in Caribbean neurocognitive intervention programs. In Antigua and Barbuda, St Vincent and in the Grenadines, St Kitts and Dominica, neurodevelopmental stimulation of zika-exposed infants has been successful in improving language and positive behaviors. [70]. In Grenada, a controlled neurodevelopment stimulation intervention for ZIKV-exposed children who were born with normal head circumference and who were older than 2 years, showed subsequent improved language development and positive behaviors in preparation for school readiness [71]. Jamaica has documented the usefulness of and adherence to a ZIKApp in pregnancy to identify arbovirus symptoms early in pregnancy to thereby facilitate early diagnosis of infections and maximize maternal

care [72]. The ZIKAction research initiative continues to elucidate these arboviruses in pregnant women, infants and children in Jamaica and Haiti [16,18,19,31,32,43,48,49,57,58,61–65,72].

## PREVENTION

There are no WHO/PAHO-approved dengue, chikungunya or zika vaccines for use in the Caribbean, except for the Dengvaxia<sup>R</sup> vaccine in USA’s endemic territories and the French Caribbean, where they are now in clinical trials [73,74]. Killed chikungunya virus vaccines have not yet been licensed and several zika virus vaccines remain under development. Personal prevention with environmental vector surveillance and control measures must be implemented and sustained, including mosquito avoidance behaviors, repellants, larvicides (Abate) and adulticides (Malathion) as recommended by PAHO/WHO and re-emphasized in Jamaica and the US Virgin Islands [24,75].

The effects of climate change in the Caribbean have been studied for over three decades, using dengue as the model [76–79]. Climate variability with increased rainfall and temperature have contributed to increased dengue transmission and outbreaks, with a shorter life cycle of the domesticated *A. aegypti* mosquito vector. The vector lives and breeds in settled water around humans, with a major recently observed change in its adaptive behaviour of breeding in underground drains and septic tanks [77]. It is expected that climate change will potentially continue to drive up the incidence and prevalence of these arbovirus infections, thereby increasing the attributable risks in the vulnerable childhood population of these small island developing states.

## CONCLUSION

Dengue, chikungunya and zika arboviral infections have contributed to significant attributable morbidity and mortality in Caribbean children. Given the absence of approved treatments and vaccines in this population, community education and early diagnosis, with supportive clinical care must be administered to improve outcomes. Climate services and health operations, including preventive personal and environmental measures must also be implemented continuously to reduce community exposures to bites of the *Aedes* spp. mosquito vector, which is endemic in these tropical island rainforests.

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Author contributions: C.D.C.C. conceptualized and wrote the manuscript. A.L. wrote the section on the 2018–2019 dengue epidemic in Jamaica. R.M.C. wrote about the neurodevelopmental complications of Zika. All co-authors reviewed and approved the final manuscript for publication.

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### Conflicts of interest

There are no conflicts of interest.

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