REVIEW ARTICLE

/eterinary Pharmacology and Therapeutics

Canine and feline P-glycoprotein deficiency: What we know and where we need to go

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Abstract

In 2001 the molecular genetic basis of so-called "ivermectin sensitivity" in herding breed dogs was determined to be a P-glycoprotein deficiency caused by a genetic variant of the MDR1 (ABCB1) gene often called "the MDR1 mutation." We have learned a great deal about P-glycoprotein's role in drug disposition since that discovery, namely that P-glycoprotein transports many more drugs than just macrocyclic lactones that P-glycoprotein mediated drug transport is present in more places than just the blood brain barrier, that some cats have a genetic variant of MDR1 that results in Pglycoprotein deficiency, that P-glycoprotein dysfunction can occur as a result of drug– drug interactions in any dog or cat, and that the concept of P-glycoprotein "inhibitors" versus P-glycoprotein substrates is somewhat arbitrary and artificial. This paper will review these discoveries and discuss how they impact drug selection and dosing in dogs and cats with genetically mediated P-glycoprotein deficiency or P-glycoprotein dysfunction resulting from drug–drug interactions.

KEYWORDS ABCB1, cat, dog, MDR1, P-glycoprotein

1 | **INTRODUCTION**

Drug metabolizing enzymes and drug transporters can greatly influence drug disposition (absorption, metabolism, distribution, elimination). Accordingly, guidance from the FDA (2020) convey the importance of identifying the enzymes responsible for metabolizing human drug candidates and whether a drug molecule is a substrate for key drug transporters, notably P-glycoprotein (P-gp) (Akamine et al., [2019](#page-13-0)). P-gp is a drug transporter that significantly impacts the distribution and excretion of a wide variety of drugs in humans, dogs, and cats (Mealey, [2004](#page-14-0); Mealey et al., [2019;](#page-14-1) Zhou, [2008](#page-15-0)). Impaired P-gp function can result from intrinsic (genetic polymorphisms) and/ or acquired (drug–drug interactions) mechanisms, predisposing affected veterinary patients to potentially life-threatening adverse drug reactions (Martinez et al., [2008\)](#page-14-2). Consequently, human drug labels generally indicate whether a particular drug molecule is a substrate for human P-gp. The corresponding information is rarely available for veterinary drugs. However, some veterinary drug classes such as the macrocyclic lactones require additional safety studies in "avermectin sensitive" collies to assess potential adverse effects in dogs with deficient P-gp function.

P-gp is expressed on the luminal surface of many mammalian tissues including brain capillary endothelial cells, biliary canaliculi, intestines, and renal tubular cells where it functions to actively efflux substrate drugs (Ginn, [1996](#page-13-1)). In this capacity, and depending on the species, P-gp limits oral absorption, enhances biliary excretion, and restricts central nervous system entry of substrate drugs (Coelho et al., [2009;](#page-13-2) Ginn, [1996;](#page-13-1) Mealey, Greene, et al., [2008\)](#page-14-3). P-gp's evolutionary function is presumed to be a protective one, minimizing exposure of mammalian organisms from potentially toxic xenobiotics encountered in the

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environment. Its protective role is made devastatingly evident in animals that lack functional P-gp such as abcb*1* knockout mice (Borst & Schinkel, [2013](#page-13-3)), dogs with ABCB*1*-1Δ (MDR1 mutation) and cats with ABCB*1*1930_1931del TC (Mealey & Burke, [2015\)](#page-14-4). When treated with a P-gp substrate like ivermectin, these animals experience neurological toxicity at doses more than 10-fold lower than for animals with normal P-gp function. In dogs, it has been demonstrated that biliary excretion of a P-gp substrate is undetectable in dogs with ABCB1-1Δ while biliary excretion of that same P-gp substrate proceeds vigorously in dogs with normal P-gp function (Coelho et al., [2009](#page-13-2)).

While genetic polymorphisms that create a P-gp null phenotype appear to be rare in people (Chandler, [2018\)](#page-13-4), they have been welldescribed in both dogs and cats, with the canine mutation discovered in 2001 (Mealey et al., [2001\)](#page-14-5) and confirmed by a separate group 2 years later (Roulet et al., [2003](#page-14-6)) and the feline mutation discovered in 2015 (Mealey et al., 2015) and confirmed by a second group 7 years later (Nurnberger et al., [2022\)](#page-14-7). Consequently, veterinarians are more likely to encounter P-gp-mediated adverse drug reactions in genetically susceptible patients than are physicians. Genetically susceptible dogs and cats can be identified by readily available genetic tests. What may be less understood in veterinary medicine relative to human medicine, and therefore remains largely unrecognized, is so-called "acquired" (reversible) P-gp dysfunction. While veterinarians are aware that inhibitors of drug metabolizing enzymes can lead to enhanced drug toxicity, there is a paucity of information on the potential consequences of P-gp inhibition. Many commonly administered drugs can inhibit P-gp function and depending on dose may result in adverse drug reactions when a P-gp substrate with a narrow therapeutic index is administered concurrently (Mealey & Fidel, [2015](#page-14-8)). In fact, any drug that is a P-gp substrate can serve as a competitive P-gp inhibitor. Therefore, administering two P-gp substrate drugs concurrently increases the risk of adverse effects for both drugs. It is important that veterinarians understand the potential mechanisms of P-glycoprotein-mediated adverse drug reactions and drug–drug interactions to prevent their occurrence.

The purpose of this review is three-fold. First, the intent is to demonstrate how knowledge of a veterinary drug's P-gp substrate status can improve drug safety for dogs and cats. Second, this article will review the physiologic and pharmacological consequences of impaired P-gp function and the pathophysiological mechanisms of drug toxicity resulting from P-gp dysfunction. Finally, this article provides veterinarians with foundational concepts to guide decisions on whether a P-gp substrate should be used in a canine or feline patient with intrinsic or acquired P-gp deficiency at a lower than generally recommended dose or if it should be avoided altogether.

2 | **P-GP SUBSTRATES AND "INHIBITORS"**

2.1 | **P-gp substrates**

One of the truly unique characteristics of P-gp relative to most drugprotein interactions is its wide substrate specificity. P-glycoprotein can bind and transport a diverse array of structurally dissimilar drugs.

Literally hundreds of compounds are known to be P-gp substrates (Aller et al., [2009;](#page-13-5) Ford & Hait, [1993](#page-13-6); Fromm, [2004\)](#page-13-7). This feat is possible because P-gp has a binding pocket with multiple, overlapping binding sites (Aller et al., [2009\)](#page-13-5) rather than a single drug binding site. The binding pocket does not appear to be able to accommodate multiple drugs at any given time but will accommodate binding of a single drug molecule that can be of various shape, size, or charge (Chufan et al., [2015\)](#page-13-8). It is important to note that the amino acid composition of P-gp varies between species, including the domains comprising the binding pocket (Aller et al., [2009](#page-13-5)). Consequently, it should not be surprising that while there is substantial overlap of P-gp substrates between species, there are also differences. Species differences in P-gp substrates have not been studied extensively but based on available data it is wrong to assume that a P-gp substrate in one species would necessarily be a P-gp substrate in another species (Schinkel et al., [1996;](#page-14-9) Zolnerciks et al., [2011](#page-15-1)). This underscores the need for establishing protocols for assessing drugs as canine or feline P-gp substrates and not relying on information derived from human P-glycoprotein assays.

Several methods can be used to assess the P-gp status of a drug compound, from in vivo studies involving animals with P-gp null phenotypes to cell culture-based transport assays (Feng et al., [2008\)](#page-13-9). Drug compounds can be tested in P-gp deficient dogs as has been done experimentally (Mealey, Greene, et al., [2008\)](#page-14-3) and is currently required by some regulatory agencies (i.e., FDA, EMA) during the veterinary drug development process for certain drug classes intended for dogs in order to assess their therapeutic index (Table [1\)](#page-2-0). An alternative mouse model has been described in an effort to decrease the use of large animal (canine) models during the drug development process. An Abcb1a knock-in/Abcb1b knock-out mouse model expressing the ABCB1-1Δ canine gene was engineered and shown to be phenotypically similar to P-gp deficient dogs (Swain et al., [2013](#page-14-10)). Cell culture systems for identifying P-gp substates are an attractive way to minimize animal use in the drug development process. Two cell lines commonly used for human P-gp substrate assays are CACO-2 (human) cells and a genetically modified MDCK (canine kidney) cell line that expresses human, not canine or feline, P-glycoprotein. Two different canine cell lines, an osteosarcoma cell line and a kidney cell line, have been used to identify canine P-gp substrates (West & Mealey, [2007](#page-15-2): Mealey et al., [2017](#page-14-11)). The authors are unaware of any reports of cell lines used to assess feline P-gp substrates. Examples of canine and feline P-gp substrates that have been assessed by species-specific methods are provided in Tables [2](#page-3-0) and [3,](#page-3-1) respectively. To date, data exist only for eprinomectin and ivermectin as substrates for feline P-gp (Mealey et al., 2015; Mealey et al., [2021](#page-14-12); Nurnberger et al., [2022\)](#page-14-7). However, it is reasonable to assume that many canine P-gp substrates are substrates for feline P-gp also, but additional research is necessary to identify and confirm feline P-gp substrates.

2.2 | **P-gp "inhibitors"**

Many drugs that are commonly administered to veterinary patients can inhibit P-gp which has the potential to cause serious drug

TABLE 1 Approximate breed frequency of the MDR1 mutation in dogs

| Breed | Approximate frequency |
|------------------------------|------------------------------|
| Collie | 70% |
| Longhaired whippet | 65% |
| Australian shepherd dog | 50% |
| Mini Australian shepherd dog | 50% |
| McNab | 30% |
| Silken windhound | 30% |
| English shepherd dog | 15% |
| Shetland sheepdog | 15% |
| German shepherd dog | 10% |
| Herding breed cross | 10% |
| Mixed breed | 5% |
| Old English sheepdog | 5% |
| Border collie | < 5% |
| New to the list | |
| Black Mouth Cur | 8/26 dogs tested |
| Boxer ^a | $< 1\%$ |
| Chinook | 4/13 dogs tested |
| Carolina Dog | 4/13 dogs tested |
| Siberian Husky ^a | < 1% |

^aDetermined by pedigree and DNA breed analysis to be purebred.

interactions. Similar to the actions of antagonists at drug receptors, P-gp inhibiting drugs may inhibit P-gp by various mechanisms. For example, a drug may compete with another P-gp substrate for the P-gp substrate binding pocket (Marchetti et al., [2007](#page-14-13)). Another way P-gp function can be inhibited is by abrogating ATP hydrolysis since P-gp transport is dependent on ATP. High concentrations of phytic acid inhibit P-gp by this mechanism (Li et al., [2018](#page-14-14)). Finally, P-gp function can be inhibited by compounds that alter the integrity of cell membrane lipids. Practically speaking, though, competitive inhibition is far and away the most important mechanism for P-gp inhibition in veterinary patients. *Thus, any drug that is a P-gp substrate must be considered a potential P-gp inhibitor if it is administered concurrently with another P-gp substrate drug*. Ketoconazole and cyclosporine have frequently been labeled P-gp inhibitors, but in fact they are also P-gp substrates (Anglicheau et al., [2006;](#page-13-10) Elsby et al., [2008](#page-13-11)).

Why do some drugs have a greater reputation as a P-gp inhibitor than a P-gp substrate? It is the authors' collective opinion that over the years, drugs (e.g., ivermectin, vincristine, loperamide) that cause acute adverse effects in P-gp deficient animals are easily understood to be P-gp substrates, particularly for those that may result in neurological adverse events. When co-administered with ketoconazole or cyclosporine, for example, they are often considered the victim of the drug–drug interaction. Conversely, drugs that have less acute adverse effects (e.g., ketoconazole, cyclosporine) are "blamed" as the perpetrator of the drug–drug interaction when co-administered with a P-gp substrate such as vincristine or ivermectin. The authors have been guilty of this assumption and have reenforced this stereotype in

multiple publications. The authors heretofore propose that competitive P-gp substrates not be classified separately as P-gp inhibitors. Instead, we propose that all P-gp substrates be listed as such and advise veterinarians to consider the potential consequences when coadministering two P-gp substrates. If the therapeutic index or safety margin of one or both drugs is narrow, veterinarians should consider dose reductions or alternative therapeutic choices. The phenomenon of competitive P-gp inhibition, which has resulted in serious and even fatal adverse drug reactions in veterinary patients, underscores the importance of knowing the P-gp substrate status of veterinary drugs.

3 | **P-GP AND DRUG DISPOSITION**

As previously noted, mammalian P-gp is expressed at strategically important tissue barriers where it may function to limit both systemic exposure (e.g., enterocytes, biliary canaliculi, and proximal tubule) and exposure of sensitive tissues (e.g., brain capillary endothelial cells, and placenta) to potentially toxic xenobiotics (Ginn, [1996;](#page-13-1) Conrad et al., [2001](#page-13-12); Van Der Heyden et al., [2009\)](#page-14-15). There is a great deal of data from pharmacokinetic studies in humans and mice regarding Pgp's role in drug disposition. In dogs, there are data from a few pharmacokinetic studies in P-gp deficient compared to wildtype dogs but there are no pharmacokinetic studies comparing P-gp deficient to wildtype cats. While it is tempting to extrapolate human or mouse pharmacokinetic data and apply it to dogs and cats, there is evidence of important species differences. A comparative description of P-gp's effect on drug absorption, distribution, and excretion is provided.

3.1 | **P-gp and the blood brain barrier**

Numerous studies in *mdr1a* knockout or other P-gp deficient mouse models have illustrated how dramatically P-gp limits brain penetration of many different P-gp substrates (Kalvass et al., [2004](#page-14-16); Schinkel et al., [1994\)](#page-14-17). The brain to plasma concentration ratio of the P-gp substrate ivermectin was 87 times higher in P-gp deficient mice than in wildtype mice. The authors could identify only one study in human subjects that illustrated enhanced penetration of a P-gp substrate (loperamide) in P-gp deficient subjects compared with subjects with normal P-gp function (Gunn et al., [2012\)](#page-13-13). There is evidence of increased brain penetration of the P-gp substrates loperamide (Mealey, Greene, et al., [2008\)](#page-14-3), Tc99m-sestamibi (Mealey, Greene, et al., [2008\)](#page-14-3) as can be appreciated in Figure [1](#page-4-0), acepromazine (Deshpande et al., [2016](#page-13-14)), milbemycin (Barbet et al., [2009](#page-13-15)) and ivermectin (Sherman et al., [2010](#page-14-18)) in P-gp deficient dogs compared with dogs with normal P-gp function. The authors are unaware of any prospective studies investigating brain penetration of P-gp substrates in cats with P-gp deficiency. However, a series of cases provide indirect evidence that cats with P-gp deficiency are more susceptible to neurological adverse effects of the P-gp substrates ivermectin, milbemycin oxime, and eprinomectin (Jenkins et al., [2019](#page-13-16); Mealey et al, 2015; Mealey et al., [2021](#page-14-12)).

TABLE 2 List of drugs for which there is some canine-specific evidence supporting their status as canine P-gp substrates

Note: Barbet et al., [2009;](#page-13-15) Campbell et al., [2017](#page-13-19); Deshpande et al., [2016](#page-13-14); Gaens et al., [2019;](#page-13-20) Griffin et al, 2005; Heit et al., [2021](#page-13-21); Mackin et al., [2020;](#page-14-23) Mealey et al., [2001](#page-14-5); Mealey et al., [2017](#page-14-11); Mealey, Fidel, et al., [2008](#page-14-24); Mealey, Greene, et al., [2008](#page-14-3); Meyers et al., [2015](#page-14-25); Swain et al., [2013;](#page-14-10) West & Mealey, [2007](#page-15-2); Zhu et al., [2016.](#page-15-3)

^a Anecdotal information also exists for vinblastine and vinorelbine.

TABLE 3 List of drugs for which there is some feline-specific evidence supporting their status as feline P-gp substrates

Note: Mealey et al, 2015; Mealey et al., [2021;](#page-14-12) Nurnberger et al., [2022.](#page-14-7)

3.2 | **P-gp and oral pharmacokinetics**

In humans, P-gp expressed on enterocytes limits oral drug absorption such that oral bioavailability of P-gp substrates such as cyclosporine (Benet, [2009](#page-13-17)), loperamide (Cha et al., [2013](#page-13-18)), and docetaxel (Malingre et al., [2001\)](#page-14-19) is greater in subjects with P-gp deficiency than in subjects with normal P-gp function. It has been proposed that an interplay between human P-gp and CYP 3A within enterocytes is responsible for the low oral bioavailability of compounds that are substrates of both CYP3A and P-gp, but this has yet to be proven (Benet, [2009\)](#page-13-17). In collies, the oral absorption of some P-gp substrates (loperamide, cyclosporine, quinidine, nelfinavir) did not differ between dogs with normal P-gp function compared with those with P-gp deficiency (Kitamura et al., [2008](#page-14-20); Mealey et al., [2010](#page-14-21)). In a different study, oral absorption of the P-gp substrate fexofenadine was reported to be greater in P-gp deficient dogs compared to normal dogs (Myers et al., [2018\)](#page-14-22). Another group (Kitamura et al., [2008\)](#page-14-20) that investigated the pharmacokinetics of orally administered fexofenadine, quinidine, and loperamide in P-gp deficient in wildtype collies identified no statistical differences in Cmax or AUC of any of those P-gp substrates. The group identified a significant difference in plasma fexofenadine concentrations at two of 6 time points

FIGURE 1 Nuclear scans after intravenous administration of the Pgp substrate ^{99m}Tc-MIBI to an MDR1 wildtype dog (a) and a dog homozygous for ABCB1-1Δ (b). The images demonstrate diminished radioactivity in the brain of the wildtype dog due to P-gp efflux of ^{99m}Tc-MIBI, while the radioactivity of the brain P-gp deficient dog cannot be distinguished from surrounding tissues.

(Kitamura et al., [2008\)](#page-14-20), but no significant differences for the remaining 4 time points for fexofenadine, nor for any of the time points for quinidine or loperamide. There are reports of oral pharmacokinetic interactions when 2 P-gp substrates were administered concurrently in dogs. Spinosad was shown to significantly increase the oral exposure of ivermectin when the drugs were dosed concurrently, presumably by inhibiting intestinal and/or hepatic P-gp functions. However, the plasma concentrations of spinosad were unaffected by ivermectin (Dunn et al., [2011\)](#page-13-22). The data thus far are insufficient to allow a clear resolution of P-gp's role in oral pharmacokinetics in dogs. What can be said is that P-gp effects on drug disposition in one species (i.e., humans) do not necessarily apply to other species and that further research on these effects in dogs and cats is necessary. The authors are unaware of any studies investigating oral bioavailability of P-gp substrates in cats with P-gp deficiency.

3.3 | **P-gp and biliary excretion**

The importance of P-gp-mediated efflux of drugs into bile has been demonstrated in rodent models (Hendrikx et al., [2013;](#page-13-23) Kong et al., [2016](#page-14-26)). Although many review articles state that P-gp plays a key role in biliary excretion of P-gp substrates in human subjects, actual data from human subjects are lacking (Taskar et al., [2022](#page-14-27)). In dogs, biliary excretion of the P-gp substrate TC^{99m} sestamibi is nonexistent in dogs lacking P-gp and is severely blunted in dogs with acquired P-gp deficiency, as well as dogs that are heterozygous for ABCB1-1∆ as illustrated in Figure [2](#page-5-0). The lack of P-gp-mediated biliary excretion is considered to the be mechanism responsible for non-neurological adverse effects associated with P-gp substrates (e.g., doxorubicin and vinca alkaloids) when doses intended for "normal" dogs are administered to dogs with P-gp deficiency (Mealey, Fidel, et al., [2008\)](#page-14-24). Lack of biliary excretion may also contribute to neurological adverse effects due to decreased excretion of the P-gp substrate, prolonged plasma concentrations, and the potential for greater brain penetration. The authors are unaware of any studies investigating biliary excretion of P-gp substrates in cats with P-gp deficiency.

3.4 | **P-gp and renal excretion**

Despite the fact that P-gp is expressed on renal tubules, and that P-gp mediated efflux has been demonstrated in renal tubule cell culture studies, the authors could not identify a single study in human subjects that demonstrated an important role for P-gp in renal drug excretion. In fact, the International Transporter Consortium recently concluded that there is little clinical risk of drug–drug interactions based on P-gp inhibition of renal excretion (Taskar et al., [2022\)](#page-14-27). The role of P-gp in renal drug excretion in the dog and cat has not been investigated.

4 | **P-GP DEFICIENCY AND DYSFUNCTION**

4.1 | **Intrinsic P-gp deficiency**

A common misconception is that only herding breed dogs are at risk for P-gp deficiency. The fact is that many dogs and cats can experience P-gp deficiency and any dog or cat can experience P-gp dysfunction. Veterinarians must consider both intrinsic P-gp deficiency and acquired P-gp dysfunction to avoid causing P-gp mediated adverse drug reactions. Intrinsic P-gp deficiency results from genetic variations in the MDR1 (ABCB1) gene such as the well characterized ABCB1-1Δ in dogs (Mealey et al., [2001](#page-14-5)) and more recently described ABCB*1*1930_1931del TC in cats (Mealey & Burke, [2015](#page-14-4)). ABCB1-1Δ is present in 50% or more of the population in some dog breeds, including collies, Australian shepherds, and long-haired whippets but is present in other breeds also (Table [4\)](#page-6-0). A breed predilection for ABCB*1*1930_1931del TC has not been detected but the frequency

FIGURE 2 Ventral images of the abdomen 2 h after intravenous administration of the P-gp substrate
^{99m}Tc-MIBI in an ABCB1 wildtype dog (a) and a dog homozygous for ABCB1- 1Δ (b). The arrowhead indicates a high concentration of ^{99m}Tc-MIBI within the gallbladder in the wildtype dog while the arrow indicates a gallbladder essentially devoid of ^{99m}Tc-MIBI. Reprinted with permission (Coelho et al., [2009](#page-13-2)).

has been estimated at about 4% of cats. Both canine ABCB1-1Δ and feline ABCB11930 1931del TC are frame shifting deletions that create premature stop codons. P-gp synthesis is truncated and nonfunctional in dogs or cats homozygous for these mutations. Heterozygotes, dogs, or cats with one copy of the mutant ABCB1 allele and one copy of the normal ABCB1 allele, also experience increased susceptibility to adverse drug reactions but to a lesser extent than dogs or cats with two copies of the mutant ABCB1 allele (Coelho et al., [2009;](#page-13-2) Mealey, Fidel, et al., [2008\)](#page-14-24).

4.2 | **"Acquired" (reversible) P-gp dysfunction**

Acquired P-gp dysfunction results when an animal is treated with a drug or other product such as a dietary supplement ("nutraceutical") that inhibits P-gp function (Coelho et al., [2009;](#page-13-2) Mealey & Fidel, [2015](#page-14-8)). It must be emphasized that P-gp dysfunction is a type of drug–drug interaction that can occur in any dog or cat, regardless of breed. Many drugs commonly used to treat dogs and cats can competitively inhibit P-gp and may cause severe, even fatal, adverse drug reactions if administered concurrently with another P-gp substrate drug. Ketoconazole is a strong P-gp substrate (Coelho et al., [2009](#page-13-2)) and has resulted in severe adverse drug reactions mediated by competitively inhibiting P-gp. A dog treated with ketoconazole and the P-gp substrate vinblastine experienced severe neutropenia and gastrointestinal signs and eventually succumbed to sepsis (Mealey & Fidel, [2015](#page-14-8)). One of the authors (KLM) is aware of neurological toxicosis in several dogs treated with ivermectin (300 μl/kg) concurrently with ketoconazole. The dogs were all genotyped and determined to be homozygous for the normal MDR1 allele. It should be noted that ketoconazole inhibits many canine cytochrome P450 enzymes (Aidasani et al., [2008\)](#page-13-24) so it might be responsible for delayed metabolism as well as dysfunctional P-gp transport of some drugs. Whether the well-characterized and exploited effect of ketoconazole to increase cyclosporine plasma concentrations (Myre

et al., [1991](#page-14-28)) is due to P-gp inhibition, cytochrome P450 inhibition, or a combination of both is not known.

The key takeaway is that most drugs that inhibit P-gp are actually P-gp substrates—they function as competitive inhibitors. Two P-gp substrates administered concurrently compete for the P-gp binding pocket preventing efflux of the other drug from brain capillary endothelial cells and biliary canalicular cells resulting in increased drug concentrations in the brain and decreased biliary drug excretion.

5 | **POTENTIAL CONSEQUENCES OF ADMINISTERING P-GP SUBSTR ATES TO ANIMALS WITH P-GP DEFICIENCY OR DYSFUNCTION**

5.1 | **Neurologic adverse effects**

P-gp is an integral component of the blood brain barrier. Expressed on the luminal side of brain capillary endothelial cells, P-gp actively effluxes substrate drugs back into the capillary lumen. Brain concentrations of P-gp substrates such as ivermectin, loperamide, vinblastine, and ondansetron are 100-fold, 13-fold, 3-fold, and 4-fold greater in mdr1a knockout mice (P-gp deficient) than in their wildtype counterparts, respectively (Schinkel et al., [1994,](#page-14-17) [1996](#page-14-9)). Canine P-gp functions similarly as can be readily visualized using imaging studies with the radiolabeled P-gp substrate technetium 99 m sestamibi (MIBI) as shown in Figure [1.](#page-4-0) If a drug exerts neurological pharmacological effects (i.e., interacts with receptors located in the CNS), those effects will be more pronounced in animals with P-gp dysfunction compared to "normal" animals that receive the same dose. The P-gp substrate loperamide serves as a great example. Loperamide is an opiate that does not induce typical opioid neurological effects because its access to the brain is restricted by P-gp. When the same dose of loperamide is administered to dogs with normal P-gp and P-gp efficient dogs, neurological clinical signs are observed only in the P-gp deficient dogs (Mealey &

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Burke, [2015;](#page-14-4) Mealey, Greene, et al., [2008\)](#page-14-3). In both of the cited studies, there was wide intersubject variability in plasma loperamide concentrations and AUC, particularly in P-gp deficient dogs. What is particularly striking is the fact that at doses of 0.01, 0.05, and 0.2 mg/kg, the AUC of loperamide in wildtype dogs versus P-gp deficient (MDR1 mutant/mutant) dogs was not statistically significant different (Mealey & Burke, [2015](#page-14-4); Mealey, Greene, et al., [2008\)](#page-14-3) despite the incongruent effects on the central nervous system. At the 0.1 mg/kg dose rate, the loperamide AUC was greater in P-glycoprotein deficient dogs than in wildtype dogs. Loperamide traverses the blood brain barrier to bind opioid receptors in the brain of P-gp deficient dogs but is unable to do so in dogs with normal P-gp function. Thus, neurological manifestations of P-gp substrate drugs in P-gp deficient animals appear to be primarily a function of enhanced penetration across the blood brain barrier rather than greater systemic exposure. These neurological effects were seen in all MDR1 mutant/mutant dogs treated with loperamide at the 0.2 mg/kg dose and in the majority of MDR1 mutant/ mutant dogs treated at the 0.1 mg/kg dose (Mealey & Burke, [2015](#page-14-4); Mealey, Greene, et al., [2008;](#page-14-3) Zhu et al., [2016\)](#page-15-3). As might be expected, dogs with an intermediate P-gp phenotype (MDR1 mutant/normal), loperamide-induced neurological clinical signs are milder than in dogs with a P-gp null phenotype (MDR1 mutant/mutant).

If all P-gp substrates achieve higher concentrations in the brain of animals with P-gp dysfunction animals compared with animals with normal P-gp function, then why do not all P-gp substrates cause neurological toxicity? This depends on the drug's pharmacology—if the drug acts on receptors in the CNS, there will be greater potential for exacerbated pharmacological effects which may result in CNS toxicity. For example, the P-gp substrates loperamide and apomorphine bind to opioid receptors which are present in the brain. Both drugs cause neurological clinical signs in dogs with the MDR1 mutation (Mealey, Greene, et al., [2008,](#page-14-3) Campbell et al., [2017\)](#page-13-19). Similarly, GABA gated chloride channels are present in the brain of mammals so macrocyclic lactones that gain access to the brain due to P-gp deficiency will bind to these receptors and cause neurological clinical signs (Mealey et al., [2001,](#page-14-5) [2021;](#page-14-12) Nurnberger et al., [2022](#page-14-7)). By comparison, the P-gp substrate cyclosporine, which primarily binds cyclophilin receptors in T-lymphocytes (Matsuda & Koyasu, [2000](#page-14-29)) does not appear to cause any neurolog-ical clinical signs even at accelerated doses [NADA 141-218[\(fda.gov](http://fda.gov))]. Similarly, vincristine does not typically cause neurological clinical signs in dogs with the MDR1 mutation (Mealey, Fidel, et al., [2008\)](#page-14-24). However, animals with P-gp dysfunction experience increased susceptibility to non-neurological adverse effects of both cyclosporine (despite plasma concentrations within the therapeutic range) and vincristine (Mackin et al., [2020;](#page-14-23) Mealey, Fidel, et al., [2008\)](#page-14-24) at doses considered to be therapeutic in dogs with normal P-gp function. Dose reductions and supportive therapy are often required to manage these adverse effects.

5.2 | **Non-neurologic adverse effects**

Dogs homozygous for the MDR1 mutation are incapable of excreting P-gp substrates into bile (Coelho et al., [2009\)](#page-13-2). This is illustrated

in Figure [2.](#page-5-0) The same would be expected for cats homozygous for ABCB*1*1930_1931del TC. Because of P-gp's role in biliary drug excretion, clearance of P-gp substrates in animals with P-gp dysfunction would be expected to be prolonged, potentially resulting in increased overall drug exposure. The clearance of the P-gp substrate galliprant from the central compartment of dogs with P-gp dysfunction (homozygous for ABCB1-1Δ) was 71% lower than that of dogs with normal P-gp function (Heit et al., [2021\)](#page-13-21). Dogs with P-gp dysfunction were also more likely to experience gastrointestinal adverse effects than dogs with normal P-gp function (Heit et al., [2021\)](#page-13-21), but no neurological adverse effects were observed. It is important to note that gastrointestinal adverse effects were observed in toxicology studies of grapiprant in beagle dogs (Galliprant™ label). The P-gp substrate vincristine is significantly more likely to cause bone marrow suppression, manifested by neutropenia and thrombocytopenia, in dogs with P-gp dysfunction (heterozygous or homozygous for ABCB1-1Δ) than in dogs with normal P-gp function (Mealey, Fidel, et al., [2008](#page-14-24)). A similar drug, vinblastine, caused severe bone marrow suppression, and gastrointestinal toxicity in a dog with acquired P-gp dysfunction (Mealey & Fidel, [2015\)](#page-14-8). Cyclosporine has also been documented to cause an exaggerated pharmacological response in dogs with P-gp dysfunction (Mackin et al., [2020](#page-14-23)). In each of these examples, the adverse events are consistent with those expected after an excessive drug dose (i.e., an exaggerated pharmacological response). It is reasonable to deduce that blunted or nonexistent bil-iary clearance in dogs or cats with P-gp dysfunction (Figure [3\)](#page-11-0) results in greater overall exposure to P-gp substrate drugs, thereby increasing the likelihood of adverse effects. MDR1 genotyping to assess intrinsic P-gp dysfunction and drug-interaction screening to assess acquired P-gp dysfunction should be performed to identify at-risk dogs or cats prior to treatment with P-gp substrate drugs. If a patient is determined to have intrinsic or acquired P-gp dysfunction, several therapeutic options can be considered.

5.3 | **Role of therapeutic index**

An important concept to consider when dosing any drug is an understanding the safety profile of the drug, including the type of adverse effect that is most commonly seen and the dose where toxicity would be expected in normal animals. This is particularly true when administering P-gp substrates, especially for drugs with CNS effects as brain levels of these substrates may increase markedly in P-gp deficient animals.

As Paracelsus, the Father of Toxicology, famously said: "What is there that is not poison? All things are poison and nothing is without poison. Solely the dose determines that a thing is not a poison." Many drugs manifest toxicity through an exaggerated pharmacological effect where higher doses result in prolonged or enhanced receptor activation. As mentioned earlier, loperamide toxicity in P-gp deficient animals is an example of an exaggerated pharmacological effect due to altered distribution into the CNS resulting in neurological effects mediated through opioid receptors. Knowledge of a drug's potential for

FIGURE 3 Graph depicting accumulation of the P-gp substrate
^{99m}Tc-MIBI in gall bladder over time in dogs homozygous for wildtype ABCB1 (open circles), heterozygote dogs (closed circles), or dogs homozygous for ABCB1-1Δ (triangles). Note that there is no detectable biliary excretion of the P-gp substrate in dogs homozygous for ABCB1-1Δ. While heterozygotes have an intermediate level of biliary excretion of the P-gp substrate. Reprinted with permission (Coelho et al., [2009](#page-13-2)).

toxicity and the dose at which toxicity is expected is important when considering administering P-gp substrates. Drugs with a narrow therapeutic index will have inherently greater risk profiles in P-gp deficient animals than those with a wider therapeutic window.

Information on therapeutic index can be easily found on an approved drug's label (Dailymed: National Library of Medicine) and freedom of information summary provide by the FDA's Center for Veterinary Medicine ([Freedom of Information \(FOI\) Summaries for](https://www.fda.gov/animal-veterinary/approved-animal-drug-products-green-book/freedom-information-foi-summaries-approved-new-animal-drugs) [Approved New Animal Drugs | FDA\)](https://www.fda.gov/animal-veterinary/approved-animal-drug-products-green-book/freedom-information-foi-summaries-approved-new-animal-drugs). Drug sponsors are required to evaluate the therapeutic index in target animal safety studies where the recommended dose and overdoses are given for extended periods of time. These studies often use dose levels of 1, 3, and 5 times the drug's recommended dose over a period of 3 times the expected duration of administration. In cases where the drug is to be given chronically, that is, greater than 3 consecutive months, these studies may be 6 months in duration. The data from these studies are summarized in detail and include any effects of the drug relative to placebo on clinical signs, clinical pathology, gross pathology, and histopathology ([CVM GFI #185 \(VICH GL43\) Target Animal Safety](https://www.fda.gov/regulatory-information/search-fda-guidance-documents/cvm-gfi-185-vich-gl43-target-animal-safety-veterinary-pharmaceutical-products) [for Veterinary Pharmaceutical Products | FDA\)](https://www.fda.gov/regulatory-information/search-fda-guidance-documents/cvm-gfi-185-vich-gl43-target-animal-safety-veterinary-pharmaceutical-products). Addition safety information is also summarized from well controlled clinical trials in diverse patient populations representing many different dog breeds across a wide geographic area. Unfortunately, human drug labels (i.e., doxorubicin and vinblastine) do not provide safety information for dogs or cats; so, caution must be exercised when using human drugs off label for treating dogs or cats.

As macrocyclic lactone drugs have been associated with neurotoxicology in P-gp deficient animals including CNS depression, ataxia, tremors, salivation, mydriasis, and in severe cases, coma and death, many regulatory bodies require drug sponsors of new chemical entities in this class to assess the margin of safety in P-gp deficient dogs that have been shown to be sensitive to avermectin neurotoxicity. These studies are typically conducted at 1, 3, and 5 times the label dose. These important safety data in P-gp deficient dogs are also summarized on the drug's label and detailed in the freedom of information summary.

Information from these controlled safety and efficacy studies along with precaution or warning statements on the approved drug's label can be very helpful to assist the veterinarian to evaluate the risk to benefit ratio of using a P-gp substrate in their specific patients.

6 | **THERAPEUTIC OPTIONS FOR P-GP DEFICIENT DOGS AND CATS**

Currently, treatment recommendations for dogs and cats with P-gp dysfunction are based on experiential knowledge, some data from experimental P-gp deficient animals, and in vitro data. Certainly, more research in this area is necessary as additional canine and feline P-gp substrates are identified, but for now the options for treating P-gp deficient animals are to identify alternative drugs that are not P-gp substrates or to decrease doses of P-gp substrate drugs in animals that are P-gp deficient by either intrinsic or acquired mechanisms.

6.1 | **Alternative drug choices**

For some, but not all, disease conditions for which a P-gp substrates drug is a first line treatment option, there are sound alternative drug options that are not P-gp substrates. That has not always been the case. For dogs with demodectic mange, for example, extralabel use of ivermectin administered daily at doses 50–100 times higher than the FDA approved heartworm prevention dose were routinely recommended (Mueller, [2004\)](#page-14-30). These doses of ivermectin are often fatal in dogs with P-gp deficiency unless the patient receives substantial medical care including ventilatory support (Merola et al., [2009\)](#page-14-31). Alternative drug treatment for demodectic mange is necessary. Drugs such as amitraz or, more recently, off-label use of the isooxazoline flea/tick preventives such as sarolaner or lotilaner (Perego et al., [2019](#page-14-32)) may be used instead. Two isoxazolines, afoxalaner, and fluralaner, have been studied in P-glycoprotein deficient dogs and

did not cause adverse effects (Drag et al., [2022](#page-13-25); Walther et al., [2014](#page-15-4)). Currently, there are no data to support recommendations for safe and effective dose reductions of loperamide, for diarrhea, or apomorphine, for inducing emesis, in dogs with the MDR1 mutation; so, alternative drugs should be employed. Both P-gp substrates cause CNS depression in dogs with the MDR1 mutation but are tolerated quite well in dogs with normal P-gp function. Similarly, the authors do not recommend using emodepside-containing products in dogs or cats with P-gp deficiency because neurological adverse effects occurred in with a P-gp deficient Australian shepherd treated with the label dose (Gaens et al., [2019\)](#page-13-20). Alternative antiparasitic drugs should be employed. For cats with P-gp deficiency, there are no data to support safe and effective dose reductions for commercial formulations of eprinomectin-containing antiparasitic products, therefore alternative drugs should be employed. Serious neurological adverse effects have been reported when the products have been used at label doses in cats with P-gp deficiency (Mealey et al., [2021\)](#page-14-12).

6.2 | **Dose modification**

It is important to remember that not all P-gp substrates require dose modifications in P-gp deficient animals. P-gp substrates that do not have the potential to cause neurological adverse (i.e., those that do not interact with receptors in the CNS) may not require a dose reduction. Similarly, P-gp substrates that have a wide margin of safety (wide therapeutic index) may not require a dose reduction. For example, some cephalosporins are substrates for human P-gp and have been used at label doses in dogs with P-gp dysfunction with no reports of adverse effects. However, many P-gp substrates have been documented to cause serious adverse effects in dogs with P-gp dysfunction and should not be used at generally recommended or label doses. One of the authors (KLM) has worked with veterinarians, pet owners, and/or industry experts on an individual basis to identify reasonable dose reductions for safe and effective use of the P-gp substrates acepromazine, butorphanol, doxorubicin, vinca alkaloids, grapiprant, and cyclosporine. The dose reductions proposed are based on data from studies of a radiolabeled P-gp substrate in dogs with normal P-gp function, acquired P-gp deficiency, and intrinsic P-gp deficiency (Mealey, Greene, et al., [2008;](#page-14-3) Coelho et al., [2009\)](#page-13-2), in vitro studies assessing drugs as P-gp substrates (Mealey et al., [2017](#page-14-11)), pharmacokinetic and pharmacodynamic data (Heit et al., [2021](#page-13-21); Mealey, Greene, et al., [2008;](#page-14-3) Mealey, Fidel, et al., [2008](#page-14-24); Campbell et al., [2017](#page-13-19); Mackin et al., [2020;](#page-14-23) Deshpande et al., [2016](#page-13-14)), and personal experience working with a colony of dogs with ABCB1-1Δ. Individual cases will vary depending on concurrent disease conditions, their severity, and concurrent medications or nutritional supplements the animal is receiving but general recommendations can be used as a starting point. The general recommendation is to decrease the dose of P-gp substrates by 25% in dogs heterozygous for ABCB1-1Δ and by 50% in dogs homozygous for ABCB1-1Δ. Evidence to date suggests that dogs with acquired P-gp deficiency are phenotypically more similar to ABCB1-1Δ heterozygotes than

to ABCB1-1Δ homozygotes (Coelho et al., [2009](#page-13-2)). Subsequent doses can be increased at 10% intervals if it has been determined that a higher dose is needed and if the patient has tolerated the previous dose well. Further refinement of this general recommendation is desirable but will require a substantial commitment of time, funding, and the collective expertise of primary care veterinarians, specialty veterinarians (oncologists, internists, and clinical pharmacologists) and pet owners. Unfortunately, therapeutic drug monitoring for P-gp substrate drugs may not be helpful since plasma concentrations may not be significantly different in dogs with and without P-gp deficiency (Kitamura et al., [2008](#page-14-20); Mealey, Greene, et al., [2008\)](#page-14-3). Pharmacodynamic monitoring, as may be available for cyclosporine, might prove to be a more reliable dosing guide than therapeutic drug monitoring (Mackin et al., [2020\)](#page-14-23).

7 | **CONCLUSION**

Serious adverse drug reactions can be prevented by knowing if a dog or cat has genetically mediated P-gp deficiency or drug-interaction "acquired" P-gp dysfunction and whether the drug(s) being administered are a P-gp substrates. Because there are species differences in P-gp amino acid sequences, one should not assume that a human P-gp substrate is also a canine or feline P-gp substrate. Although the labels of many human drug products often include whether the drug is a P-gp substrate, the corresponding species-specific information is not available for canine or feline drug products with the exception of the macrocyclic lactone class of anti-parasitics. Knowing the speciesspecific P-gp substrate status of drugs is important for dogs and cats since intrinsic P-gp deficiency is more common in dogs and cats than in people. In humans, P-gp substrate information is included in drug labels primarily to prevent adverse reactions resulting from acquired (drug interaction) P-gp dysfunction, which can also occur in dogs and cats. While neurological manifestations are the most well-known type of adverse reactions associated with P-gp deficiency, non-neurological adverse reactions are also possible and manifest as a relative overdosage of the P-gp substrate in animals with P-gp deficiency or dysfunction compared to an animal with normal P-gp function. Lastly, it is important to note that many P-gp substrates, those with a high therapeutic index and that do not bind to receptors in the CNS, are no more likely to cause adverse effects in animals with P-gp deficiency or dysfunction than in animals with normal P-gp function. A strategic, collaborative effort is needed to characterize the P-gp status of the hundreds of drugs used to treat canine and feline patients, preferably prior to a drug being marketed, so that serious and potentially fatal adverse drug reactions in dogs and cats can be prevented.

AUTHOR CONTRIBUTIONS

Each author wrote individual sections of the article and each author contributed to editing and approving the final version.

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CONFLICT OF INTEREST

"How Knowing a drug's P-glycoprotein status can prevent adverse reactions in dogs and cats." One of the authors (KLM) receives royalties for intellectual property owned by Washington State University related to MDR1 genotyping for dogs and cats, and assessment of drugs for their canine P-glycoprotein substrate status. The other authors declare no conflicts of interest.

DATA AVAILABILITY STATEMENT

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

ANIMAL WELFARE AND ETHICS STATEMENT

This is a review article so no animals were used.

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