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Defining obstacles to emergency transfer of trauma patients: An evaluation of retriage processes from nontrauma and lower-level Illinois trauma centers

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Abstract

Background: Retriage is the emergency transfer of severely injured patients from nontrauma and lower-level trauma centers to higher-level trauma centers. We identified the barriers to retriage at sending centers in a single health system.

Methods: We conducted a failure modes effects and criticality analysis at 4 nontrauma centers and 5 lower-level trauma centers in a single health system. Clinicians from each center described the steps in the trauma assessment and retriage process to create a process map. We used standardized scoring to characterize each failure based on frequency, impact on retriage, and prevention safeguards. We ranked each failure using the scores to calculate a risk priority number.

Results: We identified 26 steps and 93 failures. The highest-risk failure was refusal by higher-level trauma centers (receiving hospitals) to accept a patient. The most critical failures in the retriage process based on total risk, frequency, and safeguard scores were (1) refusal from a receiving higher-level trauma center to accept a patient (risk priority number = 191), (2) delay in a sending center's consultant examination of a patient in the emergency department (risk priority number = 177), and (3) delay in receiving hospital's consultant calling back (risk priority number = 177).

Conclusion: We identified (1) addressing obstacles to determining clinical indications for retriage and (2) identifying receiving level I trauma centers who would accept the patient as

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opportunities to increase timely retriage. Establishing clear clinical indications for retriage that sending and receiving hospitals agree on represents an opportunity for intervention that could improve the retriage of injured patients.

Introduction

Despite decades of research informing field triage algorithms used by emergency medical services (EMS) personnel in the field, 17% to 34% of seriously injured patients are undertriaged to nontrauma centers (NTCs) or level II trauma centers.^{1,2} Field undertriage of injured patients persists because, in part, of the underestimations of the injury severity in the field and geographic mismatch between where the trauma occurs and the location of the trauma centers.³ The emergency transfer of trauma patients, field-triaged to an NTC or lower-level trauma center (LLTC) to a higher-level trauma center, is called retriage. Although the Centers for Disease Control and Prevention and the American College of Surgeons Committee on Trauma developed guidelines for triage of severely injured patients, adherence at the state and regional levels varies widely. Further, although many high-level trauma centers encourage transfers, factors like the request process, insurance, having a diagnosis, identifying the admitting physician, and bed availability can prevent them from accepting patients in a timely fashion. Ideally, retriage can be accomplished in an hour, but, in reality, the process takes >4 hours on average.⁴⁻⁶ Lengthy diagnostic evaluations and treatments^{4,7} could delay definitive care and increase mortality in patients who are eventually retriaged.^{6,8-10} When retriage is expeditious, survival is similar compared with patients who are taken directly to higher-level trauma centers.⁶ Despite higher mortality in NTCs, 30% of severely injured patients are never retriaged.^{2,11,12} However, to date, most retriage studies have been secondary analyses of administrative data¹³ that, although providing important descriptive statistics, offer little information about the retriage process and its underlying failures.

The objective of this study was to identify the barriers and/or failures in the process that contributes to the failure to retriage, or the delay in the retriage of trauma patients >120 minutes from emergency department (ED) arrival at sending NTCs and LLTCs.¹⁴

Methods

We conducted a failure modes effects and criticality analysis (FMECA)^{15,16} of the trauma patient retriage process at 4 NTCs and 5 LLTCs in a single academic health system. The FMECA is a robust prospective, systems engineering approach that has been adapted from other high-risk industries, such as automotive and nuclear power, to proactively, systematically, and comprehensively identify and characterize systematic procedural risks and vulnerabilities.^{17,18} The approach has been used frequently to assess complex health processes, including the discharge of high-risk patients with diabetes, intravenous drug administration, stroke patient transfers, and transplantation procedures.¹⁹⁻²⁵ The approach provides a robust assessment and can yield valuable insights into significant quality and process improvement opportunities.

Clinicians and staff involved in the care of the injured patients from 4 NTCs and 5 Illinois Department of Public Health-designated level II trauma centers in a single academic health system participated in the FMECA. Illinois does not have level III or IV trauma centers, and classification as a level I or II center is based on coverage and specialist availability.²⁶ The Institutional Review Board at Northwestern University approved the study. The study had 4 phases: I, recruitment of clinicians and staff; II, description of steps in the retriage process; III, identification of barriers and/or failures of each step and the underlying causes of the barriers or failures; and IV, characterization of each failure's frequency (F), impact or harm to a trauma patient (I), and any existing safeguards to mitigate the failure (S) using standardized scores. These scores were used to calculate a risk prediction number ($RPN = F \times I \times S$) for each failure.²⁵ The RPN was used to order each failure from highest to lowest risk, with higher scores indicating more critical failures in the process.

Phase I: recruitment of clinicians and staff

Representative clinicians and staff involved in trauma care, including surgeons, emergency medicine physicians, trauma coordinators, and trauma-trained ED nurses, were recruited at each of the system's NTC and LLTC. We used snowball sampling, initially recruiting and obtaining informed consent of trauma coordinators at each of the participating NTCs and LLTCs. The coordinators were then asked to identify nurses and physicians who were the most knowledgeable about the retriage process at their site. After an introductory meeting with initial participants, we asked them to identify additional clinicians who would have insight into the trauma evaluation and retriage process (Table I).

Phase II: description of steps in the retriage process

In a 60-minute virtual session, participants were asked to describe, in their own words and from their own perspectives, the steps in the systems and processes of care leading to a decision to retriage a trauma patient and communicate that decision to a receiving higher-level trauma center. The session was recorded and field notes were taken by the research team. Each identified step, task, or communication was placed in its appropriate sequence in the retriage process, as described by the participants, and used to create a preliminary process map. The map was then sent to all participants for revisions and feedback before finalization.

Phase III: identification of the failures in each step and the underlying causes

In a second virtual session, the participants were asked, collectively, to proceed through the identified steps of the process map and identify potential failures of each step, and then, to describe the underlying causes of each failure.

Phase IV: characterization of the identified failures

Participants were asked to characterize each failure based on their frequency, impact on the retriage process, and existing safeguards to mitigate or prevent them using a standardized 10-point scale (Table II). Given that this was the first application of the FMECA methodology in trauma care, definitions for the values describing frequency, impact, and safeguards were assigned by study participants. For frequency, a score of "1"

indicates a failure that almost never occurs (1/10,000 retriage cases), whereas a high score of “10” denotes failures that occur in almost every retriage case (1/10+). Similarly, an impact score of 1 was assigned to failures that did not present any clear disruption to the process, whereas a score of 10 indicates failures that are likely to result in severe negative outcomes for a patient. A safeguard score of 1 is defined as a failure where detection is almost certain, whereas a score of 10 identifies failures without known methods of prevention.

Once each failure was assigned scores from the 10-point scale for frequency, impact, and safeguards, each of a given failure’s indicators was multiplied to produce its RPN.

Validation of findings by participants

A review of the FMECA’s 4 phases with participants in the final virtual session resulted in minor clarifications of the map and scoring of the failures. These clarifications were related to individual differences in the centers and slight disparities in frequency due to variations in geography, staffing, and proximity to higher-level trauma centers. However, they did not result in any modification of the rank ordering of the failures. Furthermore, participants confirmed that the highest-risk failures were major obstacles to appropriate and timely retriage of trauma patients.

Selection of initial targets for solution design

In a final virtual session, the process map, results of the risk table, and failures ranked by RPN were presented to the participants. Participants at each NTC and LLTC confirmed whether the highest-ranked items reflected critical failures in their process that affect appropriate and timely retriage of trauma patients. Participants were asked to suggest initial targets for solution design and practical strategies to prevent or mitigate the highest-ranked failures.

Results

A total of 27 clinicians from the 4 NTCs and 5 LLTCs were recruited for the FMECA (Table I). Participants identified 26 ($n = 26$) steps in the retriage process, spanning from the arrival of an injured patient in the ED to the end, with a patient’s transportation to the receiving higher-level trauma center (Figure 1). Ninety-three ($n = 93$) specific failures in the 26-step retriage process were identified.

The 3 highest-risk failures based on RPN were (1) a receiving higher-level trauma center refusing to accept a patient, (2) delay in a sending center’s consultant examination of a patient in the ED, and (3) delay in a receiving higher-level trauma center’s consultant/physician returning a call back to a sending center that requested retriage (Table III).

Among all identified failures, 64 (62%) were characterized as resulting in moderate to high delay in the retriage process (impact score ≥ 6 ; delay ~ 20 – 29 min). Failures that can lead to retriage times >120 minutes include (1) sudden clinical decompensation after initial trauma evaluation, (2) a difficult airway requiring multiple attempts to intubate, and (3) sending center attempts to stabilize a patient in the ED rather than sending to the operating room.

The most frequent failures were (1) interruptions during a paramedic's bedside patient handoff upon ED arrival to the ED trauma team; (2) sending center consultant being unable to evaluate a patient in the ED, thereby delaying retriage determination; and (3) lack of an on-call specialty consultant at a sending center.

Failures with the fewest current safeguards for prevention or detection were (1) lack of availability of sending center specialty consultants, (2) inadequate trauma assessments in the ED waiting room for walk-in trauma patients, and (3) inadequate details provided by the patient or family about the traumatic event.

Determination of clinical indications for retriage

The NTCs and/or LLTCs reported needing to provide a clinical justification for retriage, as in steps 9 and 12 (before step 15). Two forms of clinical justification were identified: radiological confirmation of a suspected injury diagnosis and consultant evaluation at the sending center. Radiological confirmation of a suspected injury diagnosis added additional steps (steps 9–14A/B) to the trauma evaluation. The highest-ranked failures of these steps were trauma imaging studies not being prioritized (RPN = 176), as shown in Table III. The next highest-ranked failures were challenges in transmitting images to sending center radiologists (RPN = 154), difficulty sending radiology results to the sending center (RPN = 114), and difficulty sharing imaging/radiology results with the receiving center (RPN = 65).

Consultants at sending centers were identified as being involved in steps 12 through 14. Most high-risk failures that occurred at the sending centers were related to these steps (Table IV). Failures included the delay or failure of a sending center consultant to evaluate a trauma patient (RPN = 177), lack of specific on-call consultants (RPN = 171), failure or delay of a consultant to respond to a request for consultation (RPN = 153), and failure of a consultant to accept a patient to their service (RPN = 149).

Identification and acceptance of patient retriage to a receiving higher-level trauma center

Difficulty in securing an acceptance from the receiving higher-level trauma center was a major barrier. As depicted in the process map, selecting a receiving higher-level trauma center (step 16) for retriage of a trauma patient is a complicated process. Multiple patient characteristics are considered, such as patient age (eg, pediatric) and type of injury (eg, burn), as well as higher-level trauma center characteristics, such as proximity, Illinois emergency medical services region, and extracorporeal membrane oxygenation capability. Step 17A was reported as occasionally needing to be executed multiple times before a sending center either received a call back from a receiving center or acceptance of a retriage. Additional failures included needing to contact multiple receiving centers (RPN = 191) and lack of availability of ED, inpatient, and intensive care unit beds at the receiving center even after acceptance (RPN = 111). There was also a lack of available critical care transportation (RPN = 141), which further contributed to delays. Of the 12 failures with the fewest safeguards, 5 (40%) occurred during or after the retriage decision, suggesting that solutions and interventions to reduce retriage times are also needed at the receiving higher-level trauma centers.

Discussion

The triage process of seriously injured patients from sending NTCs and LLTCs to receiving higher-level trauma centers involves many steps. Each step is susceptible to one or many failures that could delay triage and timely delivery of definitive trauma care. The prevention or mitigation of some failures at the sending center is potentially feasible because they are part of a single health system. However, the design and implementation of solutions/interventions at the sending centers alone will be insufficient. Many high-risk failures are related to identifying a receiving center and securing acceptance of triage. Designing and implementing receiving center interventions are considerably more challenging because most of the centers are not part of the single health care system.

The FMECA's success analyzing complex processes outside of trauma care highlights how its use in this context for the first time is a strength of this study. The approach has been widely used in the military,^{17, 27} food service,²⁸ power industry,²⁹⁻³¹ and, more recently, health care.^{18, 19, 25, 32-35} Studies addressing patient handoffs between the operating room and intensive care unit have found that process improvements focused on critical failures had a measurable impact on information transfer between care teams, the timeliness of care delivered, and the duration of the process as a whole.^{36, 37} McElroy et al³⁷ used the FMECA to develop a series of recommendations for advance notification by the transferring team, establishing roles and responsibilities of each participating team member and anticipatory guidance for the receiving team to improve the patient handoff process after liver transplantation. Standardized transfer criteria effectively mitigate information gaps and improve the continuity of care during handoffs between ambulance and ED teams,³⁸ as well as between receiving centers and transferring centers.^{39, 40}

Further design work is needed to formulate the requirements and specifications of any novel standardized processes for an entire health system.

The findings from this study pointed to specific targets for the design of solutions and interventions to optimize the triage processes at both the sending and receiving centers. In the interest of developing a system-wide intervention, we examined the steps that had high-risk failures across the centers. Accurate determination of clinical indications for triage during the initial ED evaluation and early identification at receiving higher-level trauma center could reduce delays in the process. Additionally, establishing system-wide guidelines about specialty care for severely injured patients that (1) define which cases can be safely treated at each center, (2) which cases must be triaged, and (3) which receiving centers will always receive triage from a given center would expedite the triage processes at both sending and receiving centers.

There were several limitations to this work. The FMECA methodology, due to its reliance on the perceptions and recollections of participants, may be subject to bias. Bias is an important limitation, as individuals often describe the subjective views of what they believe occurs rather than what actually occurs. However, this method is a unique way to inductively generate hypotheses about why triage fails to occur from the experience of critical stakeholders in the process. We are currently quantifying requests to triage timing and

reasons, as identified by the FMECA. The method is also prone to sampling bias, given our reliance on a convenient sample. However, we attempted to mitigate this risk by conducting snowball sampling to seek a representative sample of roles, experience, sex, and ethnicity. Furthermore, participants may not recognize and report all the failures that occur, particularly system-level failures. All sessions had to be held virtually because of the COVID-19 pandemic. Typically, direct observation of a process, and of the clinicians and staff involved in a process, can overcome these limitations but were not allowed. This analysis relied on insight from teams at LLTCs and NTCs in the health system. This was partly because the study team was from the system's high-level trauma center and had intimate knowledge of defects and failures at their center. Nonetheless, the FMECA process was replicated with the system's high-level trauma center. The triage failures were quite complex, thus beyond the scope of this article. These findings should be generalized with caution, given that all participants are from centers affiliated with a single academic health system. However, it is reasonable to assume that most health systems will have similar challenges. In conclusion, The FMECA of the triage process revealed a complex process ($N = 26$ steps) with multiple specific failures ($N = 93$), many of which can be addressed to ensure more rapid triage of trauma patients. Although this study focused on processes of sending centers within a single health system, the FMECA methodology can be easily applied to other processes. The findings of this study suggested obstacles to determination of clinical indications for triage heavily relied on consultant and identification of receiving level I trauma center that would accept a patient, representing opportunities to improve timely triage. Establishing clear clinical indications for triage that sending and receiving centers agree on represents an opportunity for intervention that could improve the triage of injured patients.

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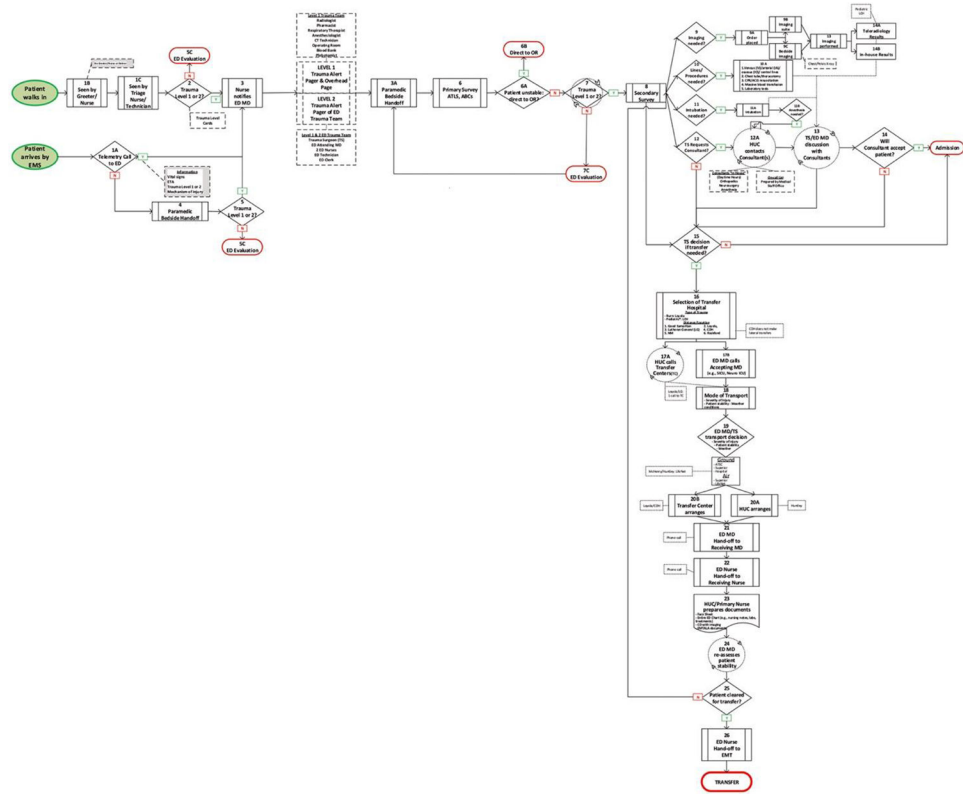


Figure 1.
Low-level trauma center process map

Table I

Failure modes effects and criticality analysis participant list

Trauma center level(s)	Role	Number of participants
Level II	Emergency medicine physician	8
Level II and nontrauma	Emergency medicine physician	3
Nontrauma	Emergency medicine physician	1
Level II	General surgeon	2
Level II	Associate manager, emergency department	1
Level II	Emergency department nurse	5
Level II	Trauma coordinator	4
Level II and nontrauma	Trauma coordinator	1
Nontrauma	Outcomes manager	1

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Table II

Standardized scores for characterizing failures

Score	Effect of failure (severity)	Frequency	Existing safeguard to mitigate failure (detection)
1	None: no reason to expect failure	None: 1/10,000	Almost certain: current control(s) almost certain to detect failure mode
2	Very low: minor disruption to process; no process delay	Very low: 1/5,000	Very high: very high likelihood current control(s) will detect failure mode
3	Low: minor process delay (~1–4 min)	Low: 1/2,000	High: semiautomatic mean of detection with warning that does not prevent the process from continuing
4	Low to moderate: minor to moderate process delay (~5–9 min)	Low to moderate: 1/1,000	Moderately high: semiautomatic mean of detection that does not prevent the process from continuing
5	Moderate: moderate process delay (~10–19 min)	Moderate: 1/500	Moderate: double human review with a checklist or standard aid, or triple human review without checklist or standard aid
6	Moderate to high: moderate disruption to process (~20–29 min)	Moderate to high: 1/200	Low: single human review with a checklist, standard aid, or double human review without checklist or standard aid
7	High: high disruption to process; significant process delay (30 min)	High: 1/100	Very low: very low likelihood current control(s) will detect failure mode
8	Very high: significant process delay	Very high: 1/50	Remote: remote likelihood current control(s) will detect failure mode
9	Hazard: potential health, safety, or environmental issue	Very high: 1/20	Very remote: no human review performed
10	Hazard: potential safety, health or environmental issue	Very high: 1/10+	Almost impossible: no known control(s) available to detect failure mode

Table III

Top 10 overall failures in retriage process at nontrauma, lower-level, and high-level trauma centers

Identification of receiving high-level trauma center				
Step	Step description	Potential failures	Potential effects	RPN
16	Selection of high-level trauma center	Refusal to accept patient	Multiple attempts to identify high-level trauma center to take trauma case	191
16	Selection of high-level trauma center	Delay in receiving consultant calling back	Delay high-level trauma center accepting patient	177
17B	Sending ED MD calls receiving MD	Inpatient and ICU bed availability extremely limited	Delays selection of receiving center	169
16	Selection of high-level trauma center	Refusal of consultant to accept case at receiving center	Delays care for patient	159
17A	HUC calls high-level trauma center	Receiving center does not call back	Delays retriage process	159
Determination of clinical indications for retriage				
Step	Step description	Potential failures	Potential effects	RPN
13	TS/ED MD discussion with consultants	Difficult to get consultant to see patient quickly	Delay determining whether patient needs retriage	177
14A	Teleradiology results	Trauma studies not prioritized	Delays reading	176
13	TS/ED MD discussion with consultants	Lack of on-call consultant for certain specialties	Retriage obligated because of consultant availability	171
12	Consultant needed	No consultant available/on call for needed specialty	Delay determining whether patient needs retriage	155
9A	Imaging orders placed	Challenges transmitting imaging to TS and consultants because of high number of patients	Delay determining whether patient needs retriage	154

ED MD, emergency department physician; *HUC*, health unit coordinator; *ICU*, intensive care unit; *RPN*, risk priority number; *TS*, trauma surgeon.

Table IV

Top internal process failures in nontrauma and lower-level trauma centers—Determination of clinical indication for retriage and consultant capabilities

Step	Step description	Potential failures	Potential effects	RPN
13	TS/ED MD discussion with consultants	Difficult to get consultant to see patient quickly	Delay determining whether patient needs retriage	177
14A	Teleradiology results	Trauma study reads not prioritized	Delays reading	176
13	TS/ED MD discussion with consultants	Lack of on-call consultant for certain specialties	Retriage because of consultant availability	171
12	Consultant needed	No consultant listed on call for required specialty	Delay determining whether patient needs retriage	155
9a	Imaging orders placed	Challenges transmitting imaging orders because of high of patients	Delay determining whether patient needs retriage	154
12A	HUC contact consultant(s)	Consultant delayed calling back	Delay determining whether patient needs retriage	153
14	Will consultant accept the patient?	Consultant does not feel comfortable accepting	Delay in delivery of necessary care for patient	150

ED MD, emergency department physician; *HUC*, health unit coordinator; *RPN*, risk priority number; *TS*, trauma surgeon.