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The dynamic roles of the bladder tumour microenvironment

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Abstract

Bladder cancer is a prevalent but currently understudied cancer type and patient outcomes are poor when it progresses to the muscle-invasive stage. Current research in bladder cancer focuses on the genetic and epigenetic alterations occurring within the urothelial cell compartment; however, the stromal compartment receives less attention. Dynamic changes and intercellular communications occur in the tumour microenvironment (TME) of the bladder — a new concept and niche that we designate as the bladder TME (bTME) — during tumour evolution, metastatic progression and in the context of therapeutic response. Collagens and their cognate receptors, the discoidin domain receptors, have a role in various steps of the metastatic cascade and in immune checkpoint resistance. Furthermore, the presence of another TME niche, the metastatic TME (met-TME), is a novel concept that could support divergent progression of metastatic colonization in different organs, resulting in distant metastases with distinct characteristics and genetics from the primary tumour. The stroma has divergent roles in mediating therapeutic response to BCG immunotherapy and immune checkpoint inhibitors, as well as conventional chemotherapy or trimodality therapy (that is, maximal transurethral resection of bladder tumour, chemotherapy and radiotherapy). The local bTME and distant met-TME are currently conceptually and therapeutically unexploited niches that should be actively investigated. New biological insights from these TMEs will enable rational design of strategies that co-target the tumour and stroma, which are expected to improve the outcomes of patients with advanced bladder cancer.

Competing interests

The authors declare no competing interests.

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Author contributions

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Bladder cancer is the second most common urological malignancy worldwide after prostate cancer¹. Despite its prevalence, bladder cancer is considerably understudied and, therefore, the fundamental understanding of this cancer, especially research studies investigating the tumour microenvironment (TME) in the bladder, has considerably lagged behind investigations into the TME of other cancer types². Advanced bladder cancers that progress to metastatic disease and colonize distant organs are difficult to cure, and less than one-third of patients with metastatic bladder cancer exhibit response to chemotherapy or durable responses to immune checkpoint inhibitor (ICI) therapies^{3,4}, posing a major clinical challenge. Previous studies on human bladder cancer have primarily focused on characterizing the molecular alterations that accumulate within the urothelial cell compartment, which often defines the intrinsic properties of tumour cells⁵. In other epithelial cancer types, such as pancreatic, prostate and breast, the active contribution of the stromal and immune microenvironment is becoming widely accepted $6-8$, but the roles of the bladder tumour microenvironment (bTME) in influencing the tumorigenic process are not as well characterized.

In the nonmalignant bladder, the multilayered urothelium (the mucosa)⁹ lies on top of a vascularized, thin basement membrane that separates it from the underlying interstitial cell compartment (also called the lamina propria)^{5,9} (FIG.1a). In the area proximal to the urothelial basement membrane, the lamina propria contains an extensive network of nerve fibres and a capillary network that is surrounded by pericytes, fibroblasts with myoid features, myofibroblasts and a complex extracellular matrix (ECM)^{5,10-12} (FIG.1a). Under the lamina propria are inner longitudinal, middle and outer circular smooth muscle layers (the muscularis propria, also known as the detrusor muscle)¹³, a layer of perivesical adipose tissue and the peritoneum (FIG.1a). The interstitial cells of Cajal are located within the lamina propria and muscularis propria layers; these unique cells interact with nerve cells and smooth muscle cells to act as a conduit for suburothelial sensory processing and modulation of detrusor activities^{11,14} (FIG.1a). Cellular communication between nonmalignant bladder urothelial cells and the underlying stroma that maintains healthy bladder physiology is mediated by a variety of growth factors and pathways, including epidermal growth factor (EGF), transforming growth factor β1 (TGFβ1), sonic hedgehog (SHH) and WNT signalling^{15,16} (FIG.1a). In premalignant bladder lesions or carcinoma in situ, interstitial fibroblasts initially exert inhibitory signals (such as TGFβ1) and urothelial differentiation signals (such as bone morphogenetic protein 4 (BMP4) and BMP5) to impede uncontrolled urothelial proliferation and aberrant differentiation, respectively¹⁷ (FIG.1b). As tumour progression proceeds, these tissue-resident fibroblasts and other cell types (such as bone marrow-derived fibrocytes) are converted into cancer-associated fibroblasts (CAFs), such as myofibroblasts, via a signalling cascade that is very similar to scarring in response to tissue injury18 (FIG.1b,c). The similarity between the fibrotic reactions that occur during tissue injury and the tumorigenic process highlight the relevance of the stroma in promoting a wound that never heals¹⁸. During the early stage of the metastatic cascade, cancer cells are able to invade the muscle layers, facilitated by the loss and modification of their ability to adhere to the ECM components of the basement membrane and interstitium, as well as their evolution to evade responses to stromal-derived inhibitory factors¹⁹. After surviving anoikis in the circulation — a form of programmed cell death induced by cell

theory adds further complexity to the mechanistic development and therapeutic targeting of distant metastases, which probably means molecular targets for metastasis are different from the primary tumour.

In this Review, we summarize current advances in our understanding of the roles of stroma and associated ECM during tissue injury and cancer development, with an emphasis on bladder cancer. We discuss the key cellular and non-cellular components comprising the bTME, and their dynamic interactions with bladder cancer cells. We also introduce the concept of a metastatic TME (met-TME) in supporting divergent progression of metastatic colonization in different organs and discuss their relationships to the bladder TME (bTME). Finally, we highlight the clinical significance and therapeutic vulnerability of the bladder TME for novel treatment approaches.

The bladder TME

The bTME is composed of both cellular (that is, stromal cells) and non-cellular components (such as ECM). The cellular components include CAFs, vascular endothelial cells, pericytes, immune cells and adipocytes²² (FIG.1c), whereas the ECM includes fibrous proteins (such as collagen and fibronectin), glycoproteins (including fibulins, fibrillins and thrombospondins), elastin, proteoglycans and hyaluronic acid (which is a non-protein glycosaminoglycan polymer²³) (FIG.1). Historically, the stromal cells and ECM of the bTME had been thought of as a passive scaffold enclosing neighbouring cancer cells, supporting tissue architecture, and acting as a barrier to impede tumour spread. However, evidence gathered over the past decade has revealed that stromal cells and ECM in the TME co-evolve during tumorigenesis as non-autonomous drivers of cancer progression and drug resistance via crosstalk with cancer cells^{24,25}. Dynamic communication between tumour cells and the TME are increasingly accepted as important drivers of almost every stage of tumour progression, from local invasion of the primary tumour to distant metastatic colonization²¹.

The concept of a metastatic TME

Metastatic tumour cells continually remodel the microenvironment of their recipient organ to facilitate their outgrowth. This observation is important because it provides insights into the mechanisms of metastatic outgrowth and their divergent progression from the primary tumour, affecting current conceptual thinking in co-targeting the primary tumour and metastases 26 . Study results demonstrate that tumour-secreted factors and extracellular vesicles from primary tumours prime a pre-metastatic niche at distant organs to create a permissive environment for metastatic colonization. For example, integrin β-like protein 1 (ITGBL1)-rich extracellular vesicles activate resident fibroblasts and pre-metastatic niche formation in distant organs, which promotes metastatic colonization by secreting

pro-inflammatory cytokines^{27,28}. Intriguingly, results from a study in lung cancer indicated that tumour cells could bring along their own fibroblasts (shown using fluorescent labelling) from the primary TME as their own 'soil' to facilitate metastatic seeding at distant organs²⁹. The above mechanisms could also be used by bladder cancer cells during their metastatic cascade and colonization.

Despite the widely acknowledged clinical benefits to improve survival by resecting the primary tumour, emerging evidence suggests that surgical removal of the primary tumour triggers a systemic inflammatory response³⁰, and chemotherapy induces a local woundhealing response at the primary tumour^{31,32}; both could lead to metastatic spread^{30,33}. However, how bladder tumour cells interact with the cellular and non-cellular TME to mediate these biological phenomena remains elusive and much work is still needed.

Cellular components of the bladder TME

The major cellular components of the TME include, but are not limited to, CAFs, endothelial cells and pericytes of the vasculature, and immune cells. Fibroblasts are the most frequently studied TME component, but other cell types within the TME are also important. Crosstalk and interactions (including cancer cell–fibroblast, cancer cell–vascular cell and cancer cell–immune cell) between cells in the TME and the urothelial cancer cell compartment co-contribute to the tumorigenic process.

Cancer-associated fibroblasts.—CAFs are generally referred to as activated or reactive fibroblasts³⁴ surrounding cancer cells and are a major cellular component of the TME (FIG.1b,c). Fibroblasts are activated by biochemical signals from urothelial cells (such as TGFβ1 and platelet-derived growth factor (PDGF)) and from the TME (such as oxidative stress)³⁵, as well as inflammatory cytokines (such as IL-1) secreted by immune or urothelial cells^{36,37} (FIG.1c). Activated fibroblasts secrete growth factors, including hepatocyte growth factor (HGF), EGF and pro-inflammatory cytokines (such as IL-1β, IL-6 and IL-8), or deposit ECM proteins, such as collagens, whose components can promote tumour progression, drug resistance and immune evasion³⁸ (FIG.1c). Several precursors have been proposed as the origins of CAFs, including tissue-resident fibroblasts $37,39,40$, bone marrow-derived mesenchymal stem cells^{41,42}, haematopoietic stem cells⁴³, monocytederived fibrocytes44–46, epithelial cells (derived from epithelial–mesenchymal transition $(EMT)^{47,48}$ and endothelial cells (from endothelial– mesenchymal transition)⁴⁹ (FIG.1b). However, in various cancer models, lineage-tracing studies using haematopoietic cell promoter-driven Cre mice have indicated that only a small fraction of CAFs come from bone marrow or haematopoietic-derived cells, and largely concluded that the bulk of CAFs arise from tissue-resident fibroblasts or pericytes⁶. These findings indicate that CAFs primarily arise from fibrotic events occurring at the local TME, although a small fraction can come from the bone marrow or a haematopoietic cell lineage.

The most commonly used biomarkers to detect CAFs include α-smooth muscle actin (αSMA), fibroblast activation protein-α (FAP), collagens type I and type III, tenascin C50, platelet-derived growth factor receptor-α (PDGFRα) and PDGFRβ, fibroblast-specific protein 1 (FSP1)^{38,51,52} and podoplanin⁵³ (TABLE 1). However, some of these markers

can also be expressed by other cell types and are not necessarily CAF specific when used as single markers⁶. Unlike normal fibroblasts, CAFs undergo continuous activation without initiating apoptosis or returning to their quiescent or resting state³⁸. This observation is important, as the activated state of CAFs results in the alteration in important biological properties, such as matrix-secreting and matrix-remodelling functions, leading to tissue stiffness as a mechanism to exert pro-tumorigenic roles³⁸. Early studies focused on αSMA^+ myofibroblasts as the predominant population of CAFs in cancers⁶, including bladder cancer 53 , but emerging evidence has shown that CAFs are more heterogeneous than was originally thought⁶. Different subtypes of CAFs express different cellular markers, for example, myofibroblastic CAFs (myCAFs) are αSMA+/high and inflammatory CAFs (iCAFs) are IL-6⁺, PDGFR α ^{high54}. These distinct CAF subpopulations have been shown to have different roles in supporting tumour development in other epithelial cancer types, such as pancreatic cancer^{54,55}. In bladder cancers, distinct subtypes of CAFs, such as myCAF and iCAF, have only just begun to be immunohistochemically identified⁵³ (TABLE 1). State-of-the-art single-cell RNA sequencing (scRNAseq) has also been used to profile human bladder tumours. Using this technique, to date, seven subpopulations of fibroblasts have been discovered based on COL1A1-positive expression (that is COL1A1⁺ CAFs), which could be broadly subdivided into two major subtypes: RGS5+ myCAFs and PDGFRA⁺ iCAFs⁵⁶, revealing a similarity to the CAF subtypes identified from pancreatic cancer55. CAFs have been reported to promote bladder cancer progression through secreting chemoattractants (such as CC-chemokine ligand 5 (CCL5; also known as RANTES)) and connective tissue growth factor (CTGF), growth factors (such as basic fibroblast growth factor 2 (FGF2) and EGF receptor (EGFR) ligands), colony-stimulating factors (CSFs), TGFβ1^{57,58}, HGF⁵⁹, angiogenic factors (such as vascular endothelial growth factor (VEGF) and platelet-derived growth factor (PDGF)), and ECM-degrading proteinases (such as matrix metalloproteinases $(MMPs)$ ⁶⁰ (FIG. 1c). By contrast, stromal signals such as BMPs have been reported to hinder bladder cancer progression by inducing urothelial differentiation¹⁷, which is lost upon tumour progression (FIG. 1b,c). Apart from directly acting on bladder cancer cells, CAFs manipulate the immune environment by producing TGFβ1, which is immunosuppressive and is associated with a T cell exclusion phenotype in human bladder cancer61. This finding suggests that bladder tumour CAFs probably contribute to the confining of T cells within the stromal region via additional mechanisms, excluding them from infiltrating into the epithelial tumour regions to exert their cytotoxic function.

In addition to the cellular composition of the bTME, CAFs are also key drivers of the deposition of non-cellular TME components (that is, the ECM) during cancer progression. Bladder tumour CAFs produce fibrillar collagens such as types I, III and VI, which are principal components of the ECM in the $TME²¹$. Collagens, laminin, fibronectin, tenascin C and hyaluronic acid create a dense ECM that promotes tumour progression and acts as a physical barrier to limit immune cell infiltration⁶ (FIG. 1c). Certain CAFs also express FAP, a serine protease that has been proposed to cleave type I collagen, triggering ECM remodelling, and is positively associated with poor disease-specific survival in patients with bladder cancer^{62,63}. In other tumour models, particularly breast tumours, the degradation of type I collagen in the TME has been shown to be mediated by MMP14 or MT1-MMP on

the surface of epithelial tumour cells^{64,65}, implying that active ECM remodelling within the TME could be mediated by both CAFs and tumour cells.

Endothelial cells and pericytes.—In a nonmalignant bladder, the urothelium and its underlying lamina propria and muscularis propria receive nourishment from an organized microvasculature that consists of an endothelial cell layer supported by a basement membrane, that is further surrounded by perivascular cells (pericytes)^{66,67}. Suburothelial capillaries are a network of dense, planar meshwork, whereas in the trigone region and the urethral orifice the capillaries are organized in a loose network with elongated meshes⁶⁸, which are essential for maintaining nutrient supplies to the bladder tissues.

The tumour vasculature is dynamically modified through angiogenesis (the formation of new vessels from pre-existing vessels)⁶⁹, de novo vasculogenesis (the emergence of a new vascular network via the recruitment of endothelial progenitors from bone marrow and differentiating into endothelial cells)⁷⁰, and vessel co-option via hijacking pre-existing blood vessels within surrounding tissue 71 .

Similar to nonmalignant tissues, vessels in tumours comprise endothelial cells surrounded by pericytes. However, endothelial cells in tumour vasculature are immature, characterized by a lower pericyte coverage than those from nonmalignant tissues, and loose and leaky interendothelial cell junctions that often collapse upon interstitial pressure, whereas mature vessels from non-malignant tissues have higher pericyte coverage⁷². Leaky tumour vasculature affects the bTME by limiting nutrient supply, ultimately leading to hypoxia within tumour regions⁷³. Hypoxia-induced nutrient deprivation could then lead to metabolic rewiring of bladder tumour cells and enhance their invasive properties in this context. Pericyte coverage was found to be considerably lower in vessels from non-muscle invasive bladder cancer (NMIBC) than in the nonmalignant mucosa, and >15% pericyte coverage is predictive of significantly shorter progression-free survival in patients with NMIBC than $\langle 15\%$ pericyte coverage ($n = 47$, $P = 0.0036$) Bladder cancer cells also secret VEGFA to stimulate endothelial cell release of von Willebrand Factor (VWF), which induces platelet aggregation; and VWF-mediated blood vessel occlusions are also associated with poor patient outcome, linking vascular secreted factors from endothelial cells and pericytes in the bTME with clinical outcomes⁷⁴.

Differential drug penetration from the existing tumour vasculature can effect drug-induced killing of cancer cells. During chemotherapy or targeted drug treatment, a gradient of drug concentration from the vasculature caused by differential drug penetration from the vasculature is created, meaning that tumours cells further from the vasculature are exposed to lower drug concentrations than those that are closer and, consequently, druginduced killing is heterogeneous⁷⁵. Studies using patient-derived bladder cancer xenografts showed that gemcitabine–cisplatin chemotherapy was initially effective in debulking tumour volume during early treatment cycles $31,32$; however, residual tumours were enriched with chemoresistant cancer stem cells, which were found to localize within hypoxic regions that are far away from existing vasculature and have poor nutrient supply, or these chemoresistant cancer stem cells localize at urothelial–stromal junctions adjacent to collagen-rich CAFs (K.S.C., unpublished work). These findings illustrate that the

therapeutic efficacy of chemotherapy is not only determined by their direct cytotoxic effects on urothelial tumour cells but can also be affected by other components within the bTME, such as vasculature maturation and CAF-mediated paracrine effects. Leaky tumour vasculature caused by low pericyte coverage and loose interendothelial cell junctions affects the bTME by causing inadequate nutrient supply and hypoxia, which promotes enrichment of cancer stem cells, and limiting chemotherapeutic response.

Immune cells.—The bTME can be broadly characterized into T cell-inflamed, immuneexcluded, or immune-dessert phenotypes, primarily based on the frequency of tumourinfiltrating T cells. In additional to T cells, the bTME is also heavily infiltrated with various innate or myeloid cells, which can have protumoural (for example, immunosuppressive) or antitumoural (such as antigen-presenting) roles dependent on their phenotypes and activation status.

In a healthy bladder, the lumen is open to the environment; thus, the urothelium is constantly challenged by uropathogens, such as Gram-positive or Gram-negative bacteria and fungi⁷⁶. Thus, unsurprisingly, a healthy bladder in a steady state is normally colonized by tissueresident immune cells and protected by both innate and adaptive immune cells⁷⁷. The types of innate immune cells in a healthy bladder include tissue-resident macrophages, dendritic cells, mast cells, neutrophils and natural killer cells⁷⁸. For instance, dendritic cells with a phenotype similar to that of skin-resident Langerhans cells have been reported to reside within the lamina propria in human⁷⁹ and mouse bladders⁸⁰. In addition, tissue-resident macrophages in mouse bladders were broadly categorized into $CD11c⁺$ and F480⁺ myeloid cells81,82 and two functionally distinct resident macrophage subsets, MacM and MacL, with distinct transcriptomes and response to UTI, were identified, which is important, as a history of recurrent UTI elevates the risk of bladder cancer.⁸³. Furthermore, resident αβ and γδ T cells have also been observed within the urothelium and submucosa of naive human bladders, but not in the detrusor muscle⁸⁴. These $\gamma \delta$ T cells are unconventional T cells capable of recognizing and lysing cancer cells in a MHC-unrestricted manner.

Immune cells have been extensively studied in bladder cancer, which is highly responsive to conventional immunotherapy, that is, $BCG⁸⁵$. BCG , an antituberculosis vaccine, has been used for the clinical management of high-risk NMIBCs since the 1970s⁸⁶, long before the success and accelerated FDA approval of ICIs in 201787. Muscle-invasive bladder cancer (MIBC) is molecularly heterogeneous between patients and is characterized by the existence of different molecular subtypes and/or differentiation status⁸⁸, which can be further subdivided into those with high T cell infiltration (inflamed) and those with a low T cell infiltration (termed 'immune desert') or exclusion of immune cells (termed 'immuneexcluded')87,88. A consensus report published in 2020 on the molecular classification of MIBC described a transcriptionally stroma-rich tumour subtype with overexpression of smooth muscle, endothelial, fibroblast and myofibroblast gene signatures that is also enriched with T cells and B cells, using MCPcounter analysis⁸⁹. In The Cancer Genome Atlas (TCGA) data set, a high immune gene signature indicative of immune infiltration in the bTME stroma is associated with a remarkably improved 5-year DSS of 80% versus $\langle 25\%$ for patients with an uninflamed subtype⁹⁰. These findings are supported by IHC results from another study that showed that a high level of CD8a T cell infiltration within a

specific CD90⁺ stroma is associated with an exceptionally good prognosis in treatment-naive MIBCs, compared with tumours containing other types of stroma⁵³. These findings indicate that certain stromal components within MIBC probably influence immune infiltration and, therefore, patient prognosis⁵³. This theory is supported by another study in which $TCGA$ data were used to stratify patients with bladder cancer into those with high or low stromal or immune scores, or a combination of both 91 ; immune score did not correlate significantly with tumour stage whereas the stromal score significantly positively correlated ($P = 1.5 \times$ 10^{-8}). Additionally, in patients with combined low stromal and immune scores, the common downregulated genes in patients with low immune score as well as those with low stromal score were analysed and found to be enriched for gene ontology categories such as 'ECM' and 'collagen-containing ECM'91. These transcriptomic data provide initial prediction of immune cell components within each bladder cancer subtype and their association with clinical outcome. However, the precise tumour-infiltrating immune landscape illustrated by cell-surface markers at the protein level and how they interact with the bTME remains an active area of research. This observation is important, as the spatial and subcellular colocalization of T cells and myeloid cells with the stroma will reveal important insights into their mechanistic interactions during cancer development and therapeutic response of current and future research.

Non-cellular components

The non-cellular components of the bTME include a basement membrane that separates urothelial cells from the stroma in the steady state, and remodelled ECM components that are modified from a normal core matrisome.

The basement membrane (or basal lamina).—In a healthy bladder, the multilayered urothelial cells are separated from the underlying lamina propria and the muscularis propria by a basement membrane, which is composed of a meshwork of ECM components, including collagen type IV, laminin, nidogen, entactin, perlecan, heparansulfate proteoglycan and the anchoring fibril collagen VII (FIG. 1a). In a healthy bladder, urothelial basal cells attach to basement membrane ECM protein via integrins binding to type VII collagen, anchoring fibrils and laminins, which provide the crucial biological signals for maintaining epithelial apical-basal polarity¹⁸.

In cancer, degradation of the basement membrane ECM proteins by matrix metalloproteinases (MMPs) and subsequent loss of urothelial polarity are hallmark characteristics of invasive tumours¹⁸ (FIG. 1b,c). In the context of bladder cancer, several historical studies were conducted to establish a link between the loss of basement membrane ECM proteins (specifically collagen IV and VII) and bladder tumour cell invasion into the underlying stroma and muscle layers^{19,92}. In MIBCs, collagen IV staining is widely fragmented or absent in >5% of tumour areas (which correlates significantly with a worse 3 year survival, $n = 29$, $P < 0.001$) unlike in NMIBC and non-cancerous urothelium, in which the staining pattern of collagen IV is continuous, indicating an intact basement membrane that is not being breached by invasive cancer cells. This observation is interesting, as NMIBCs are usually exophytic and papillary in nature, and are not accompanied by a breach in basement membrane until later tumour stages⁹². However, analysis of MIBCs

revealed that the loss of the anchoring fibril collagen VII is associated with derangement and depolarized localization of the α 6 β 4 integrin subunits, which are normally expressed at the basolateral surface of urothelial basal cells¹⁹. Promoter methylation of genes encoding laminin 5 (LAMA3, LAMB3 and LAMC2) silences these genes, which occurs in bladder tumours and exfoliated cells in the urine. The methylation frequency of genes encoding laminin 5 is between 21% and 45% and is associated with poor prognosis ($n = 128$, both NMIBC and MIBC). Nonmalignant urothelium lacked promoter methylation, LAMA3 and the LAMB3 methyl ation index were significantly higher in MIBC than in NMIBC samples ($P < 0.0001$), and high $LAMC2$ methylat ion index was significantly associated with reduced patient survival ($n = 91$, $P = 0.002$)⁹³. Collectively, these studies support the idea that alterations in basement membrane components (such as collagen IV, VII, laminin 5 and the anchoring integrins), either by enzymatic degradation (by MMPs, for example) or via gene promoter methylation lead to basement membrane modification and loss of tumour cell polarity, which precedes muscle invasion (FIG. 1c). Importantly, these alterations are considered poor prognostic indicators for patients with bladder cancer.

The core matrisome.—Beyond the basement membrane, the bTME is composed of ECM components that are derived from a 'core matrisome' of ECM proteins from the nonmalignant interstitium. This list of core matrisome proteins was defined by analysing protein extracts enriched for ECM using liquid chromatography combined with mass spectrometry followed by in silico definition via bioinformatics prediction and gene ontology⁹⁴. Using these approaches, genes encoding all components constituting the ECM were defined as the 'core matrisome' and those components associated with it were defined as 'matrixassociated' proteins, which constitute 1.0–1.5% of the mammalian proteome. The ECM core matrisome comprises ~300 proteins that can be categorized into collagen subunits (>40 subunits), glycoproteins (>200 proteins, including laminins, fibronectin, tenascins, secreted protein acidic and rich in cysteine (SPARC), thrombospondin 1 and many others), proteoglycans (>35 proteins with large glycosaminoglycan chains), ECM-bound growth factors and cytokines, and ECM-modifying enzymes⁹⁵ The bladder tumour ECM components must be modified from this core matrisome; however, studies comprehensively characterizing the non-malignant and tumour bladder matrisome have not be performed to date.

The ECM had been thought to be a passive barrier and physical scaffold; however, the ECM is now known to provide a range of important biochemical and biomechanical signals that influence many cellular processes and functions, such as cell spreading, growth, proliferation, migration, differentiation and organoid formation⁹⁶. Importantly, degradation of ECM by MMPs during tumour progression is one mechanism by which ECM-bound growth factors, such as FGFs, are released and function as biochemical signals that drive cancer cell invasion. On the other hand, SPARC — an ECM glycoprotein impedes bladder carcinogenesis, partly owing to its role in inhibiting the acquisition of an inflammatory phenotype in macrophages and CAFs, through inhibiting NF- κ B activation⁹⁷. Loss of SPARC in a mouse model significantly enhanced urothelial neoplasia and metastasis in response to a chemical carcinogenesis regimen $(P< 0.05)$, which is concordant with the progressive loss of SPARC expression when NMIBC progresses to $MIBC⁹⁷$. Collectively,

these findings illustrate key examples of the core matrisome components, their dynamic alterations and functions in regulating cell signalling and stromal cells within the bTME during tumorigenesis.

Collagen as the major ECM within bladder TME

Collagens are a major ECM component within the TME, which comprises a family of 43 collagen or collagen-associated proteins out of a total of 274 (mouse) or 278 (human) core matrisome proteins⁹⁴.

The structure of collagen fibres.—Fibrillar collagens, which are the key structural components of the ECM, are helical heterotrimers or homotrimers⁹⁸. Triple-helical collagen monomers are assembled and covalently crosslinked into tightly packed fibrils with a diameter of 10–300 nm (FIG. 2A), and the fibrils are bundled into large fibres. Both homotrimeric (three identical α subunits, for example, collagen type III) and heterotrimeric (2 α subunits and 1 β subunit, such as collagen type I) triple helices are found in ECM98 (FIG. 2A). Collagen subunits have three domains: the N-terminal non-triple helical (N-telopeptide) domain; the triple helical domain; and the C-terminal non-triple helical $(C$ -telopeptide) domain⁹⁸ (FIG. 2B). The central triple helical domain of most collagens contains more than 300 Gly-X-Y repeats, accounting for more than 95% of the polypeptide; X is frequently proline and Y is frequently 4-hydroxyproline. The short segments of Ntelopeptides and C-telopeptides do not assume the triple-helical conformation (FIG. 2B).

Collagen crosslinking to increase ECM stiffness.—Among the interesting characteristics of collagen are its extensive post-translational modifications. For instance, the telopeptidyl Lys residues can be hydroxylated to form hydroxylysine (Hyl) — a unique modification only found in collagens⁹⁸ (FIG. 2C). In many cancer types, Lys and Hyl residues at the N-telopeptides and C-telopeptides can be oxidatively deaminated by the extracellular lysyl oxidases (LOX), a family of extracellular enzymes, to form reactive aldehydes Lys^{ald} and Hyl^{ald}, respectively^{98,99} (FIG. 2Ca). These modifications initiate a series of condensation reactions to form various covalent intermolecular crosslinks involving juxtaposed Lys, Hyl and His residues on the neighbouring collagen trimers, resulting in the formation of Hyl^{ald}-derived collagen covalent crosslinks^{99,100} (FIG. 2Cb). These covalent crosslinks greatly increase the tensile strength of collagen and, therefore, tissue stiffness. Stiffened collagen promotes integrin clustering and focal adhesions that facilitate tumour cell invasion¹⁰¹. A subset of patients with Ta or T1 (that is, NMIBC) bladder cancer exhibited straighter collagen fibres (that is a low curvature ratio) than other NMIBCs, shown using second harmonic imaging microscopy¹⁰², indicating increased tensile strength or collagen stiffness owing to collagen crosslinking, and these patients with NMIBC experienced an increased rate of invasive progression compared with those who did not have straighter collagen fibres¹⁰². Currently, the mechanism leading to the increased collagen stiffness in these patients remains unclear, although LOX-mediated enzymatic crosslinking was implicated in other cancer types, such as breast cancer¹⁰¹. Alternatively, collagen can be modified by a non-enzymatic crosslinking mechanism¹⁰³. During aging, non-enzymatic glycation of Lys and Hyl residues on collagen leads to advanced glycation end products — a type of non-enzymatic collagen crosslink that also results in stiffness¹⁰³.

In vitro, glycation-mediated non-enzymatic collagen crosslinking enhanced breast tumour cell invasion. This type of aging-associated collagen crosslinking (that is non-enzymatic glycation) could contribute to ageing-associated collagen stiffness and bladder cancer progression. This speculation is important as bladder cancer predominantly occurs in older people (9 out of 10 patients with bladder cancer are >55 years old¹⁰⁴), and the underlying mechanisms or contribution of the ageing bTME remains unclear. Similar to enzymatic collagen crosslinking, this less-studied and age-associated form of non-enzymatic collagen crosslinking will probably become an interesting future research topic to connect ageing and bladder tumorigenesis.

Collagens as signalling molecules.—Collagens can trigger cell signalling by activating collagen receptors and their downstream signalling cascades in adjacent cells and releasing biologically active collagen fragments that mediate signalling at distant sites.⁷ This signalling is accomplished by direct or indirect binding to collagen receptors. For example, integrins (including $\alpha_1\beta_1$, $\alpha_2\beta_1$, $\alpha_{10}\beta_1$ and $\alpha_{11}\beta_1$) recognize the triple-helical GFOGER amino acid sequences on major collagen types via their α 1 domain^{105,106}, whereas discoidin domain receptors (DDR) recognize the GVMGFO amino acid motif on fibrillar collagens through their discoidin domain $107,108$.

Few mechanistic studies have been performed to evaluate the functional roles of collagens in bladder cancer cells. Results from one study revealed that collagen type I acts as a functional ligand to induce migration of bladder cancer cells (the T24 cancer cell line) and patient-derived bladder cancer cells in a monolayer wound closure assay²¹. Soluble collagen I was added to the supernatant on top of these monolayer cultured bladder cancer cells, which effectively induced a dose-dependent enhancement of cell migration, measurable by wound closure. Although exogenous collagen I treatment consistently and significantly induces wound closure in this 2D environment $(T24, P < 0.01$; patient-derived xenograft (PDX), $P < 0.005$), its effect is less pronounced than other specialized migration-inducing growth factors, such as HGF. This observation is important as the biological effects of collagen I in a 3D microenvironment is more pronounced than in a 2D environment. In a 3D microenvironment created using growth factor-reduced Matrigel, collagen type I induces significantly more extensive sprouting and invasive phenotype in the same bladder cancer cell models (T24 and PDX, $P < 0.005$) than its effects in a 2D monolayer microenvironment²¹ (FIG. 2D). The high potency of collagen I to induce invasion in a 3D environment compared with a 2D environment is highly relevant biologically, as collagen type I typically exists and functions in a 3D ECM microenvironment in vivo. These findings suggest that collagen type I has a role as a signalling molecule in promoting bladder cancer cell migration and invasion. At the lung metastatic site, collagen production in a newly identi fied metastatic niche (the airway smooth muscle cells) (FIG. 3) creates a permissive microenvironment for the adhesion and outgrowth of metastatic bladder cancer cell foci, by activating signalling downstream of collagen receptors within the cancer cells²¹. Collagen type III secreted from these airway smooth muscle cells activates the collagen receptor DDR1 (or CD167a) in bladder T24 cancer cells and PDXs and its signalling via a molecular chaperone containing HSP90 and CDC37 through its client protein STAT3 (REF.²¹), which maintains the survival of these metastatic foci.

Other ECM components in the bTME

Other major non-collagenous ECM proteins within the bTME include laminin and fibronectin. Laminins are heterotrimeric glycoproteins composed of 15 possible α, β and γ trimeric combinations¹⁰⁹; they are the most abundant structural non-collagenous glycoproteins, which are a major component of the basement membrane and also surround smooth muscle bundles in the detrusor muscles. Laminins are composed of a long arm for integrin binding, and a short arm for mediating cell signalling through laminin–nidogen complex formation and Ca^{2+} -dependent interactions¹⁰⁹. In bladder cancer, genes encoding laminin $5 - a$ basement membrane laminin $-$ such as $LAMC2$ were found to be methylated (or silenced), and increased methylation correlated with reduced patient survival $(n=91, P=0.002)^{93}$. Fibronectin is another major ECM glycoprotein within the urinary bladder, which has a central role in collagen fibrillogenesis in vivo 109 . In the nonmalignant bladder, fibronectin is primarily expressed in the lamina propria underneath the basement membrane and surrounding muscle fibres¹¹⁰. In bladder cancer, fibronectin was found to be expressed in the tumour stroma in 89% of bladder tumours ($n = 103$) and correlated positively with tumour stage and proliferative activity¹¹¹. These findings reveal that other non-collagenous ECM proteins also have important roles during bladder tumorigenesis.

Communication between the TME and tumour cells

Cell–cell communication between the cellular components of the bTME and tumour cells demonstrates various biological functions during bladder tumorigenesis. Wound healing and cancer — a wound that never heals — have been shown to have many similarities. Key epithelial–stromal interactions occur during wound healing and bladder tumorigenesis, with the collagen ECM and its effects being central in this process.

Epithelial–stromal interactions: wound healing

Collagen has a central role throughout multiple phases of the wound repair process in most tissues¹¹². During the initial phase of tissue injury, vascular endothelial lesion or rupture leads to the exposure of collagen and tissue factors from the subendothelial matrix. Platelets adhere to the subendothelial surface within minutes of blood vessel rupture, and become activated when their cell-surface integrins and glycoprotein VI receptors are exposed to extravascular type I collagen, releasing growth factors, cyclic AMP and adhesive glycoproteins (such as fibrinogens, fibronectin, thrombospondin and VWF), resulting in the deposition of a fibrin clot or thrombus formation (that is, platelet aggregation)¹¹². Damaged cells and aggregated platelets then release growth factors such as PDGF and TGFβ, as well as pro-inflammatory cytokines, such as IL-1β, IL-6 and IL-8, causing vasodilation and the recruitment of inflammatory immune cells¹¹². Neutrophils are the first immune cells recruited by chemotactic factors into the wound site to kill and clear pathogens, followed by an influx of macrophages, T cells and other immune cells, and eventually inflammation resolves112. Epithelial cells at the wound edge dedifferentiate and stretch out over the exposed wound bed, followed by epithelial cell proliferation that drives re-epithelialization and wound closure¹¹³. Within the wound bed, activated fibroblasts synthesize collagen and other ECM proteins to replace the fibronectin and fibrin-rich provisional ECM with a new ECM (known as the granulation tissue) and mediate wound contraction, facilitating

re-epithelialization¹¹³. The granulation tissue becomes a collagen-rich scar that provides temporary strength to the damage site. Scar remodelling (which typically occurs long after re-epithelialization is complete and the immune response is largely resolved) is characterized by a decrease in fibroblast density and MMP-mediated proteolysis by resident macrophages^{114,115}. During bladder wound healing, urothelial cell-derived SHH, which is a ligand in the hedgehog signalling pathway, induces bidirectional crosstalk with the underlying stromal fibroblast cells to induce the secretion of paracrine factors such as WNT and BMPs that signal back to the urothelium. Urothelial SHH-induced stromal factors include WNT2 and WNT4 (which are short-range mitogenic factors that mediate wound-induced proliferation of urothelial basal cells in close proximity to the stromal fibroblasts¹⁶) and BMP4 and BMP5 (which are long-range pro-differentiation factors that mediate umbrella cell differentiation)¹⁷. WNT and BMP signalling seem to have contrasting functions; however, their effects manifest at different distances from the origin of their secretion during wound healing, which enables the proper regeneration of a full-thickness bladder urothelium comprising basal, intermediate and differentiated cells^{16,17}.

Some of these urothelial–stromal interactions during wound healing, for example, the roles of collagen during various stages of wound healing, and the reciprocal signalling of urothelial SHH and stromal WNT or BMP, either remain conserved or become aberrantly expressed during bladder tumorigenesis, and serve as key drivers during bladder cancer development.

Epithelial–stromal interactions: tumorigenesis

In bladder tumorigenesis, urothelial SHH expression is gradually lost during progression from carcinoma in situ to MIBC (FIG. 1b,c). Basal cell-derived SHH was shown to induce the reciprocal secretion of growth-restraining and differentiation signalling molecules from stromal fibroblasts, such as BMPs, to inhibit tumour formation¹⁷. Pharmaceutical activation of BMP via the small molecule FK506 inhibited bladder tumour formation in a classical nitrosamine-induced carcinogenesis mouse model¹⁷. These observations support the notion that during early bladder tumour development, transformed urothelial cells need to overcome stromal-derived inhibitory signals (FIG. 1b).

Collagen type I secreted by CAFs induces bladder cancer cell migration and invasion 21 , and this effect is significantly more pronounced in a 3D matrix (which better recapitulates tumour cell movement within the bTME in vivo than a 2D in vitro environment), promoting invasive sprouting of metastatic bladder cancer cells²¹ (FIG. 2D). Collagen type I activates DDRs, DDR1 (or CD167a) and DDR2 (or CD167b) on bladder cancer cells, which are collagen receptors and important mediators of cell migration and invasion through 3D matrices²¹. Interestingly, overexpression of DDR1 in bladder cancer cells independent of collagen stimulation also enhances local invasion and metastasis to lung²¹. This observation is interesting, as only a fraction of patients with DDR1⁺ bladder cancer also have high collagen expression. These functional studies are, therefore, clinically relevant, supporting the notion that overexpression of DDR1 itself could result in DDR1 signalling pathway activation independent of its binding to collagen²¹. High collagen deposition in human bladder cancer correlates with high expression of DDR2. Amplification

of *DDR2* is observed in ~20% of human bladder cancers¹¹⁶; however, its functional role during tumour progression and metastasis is currently unknown. Cancer cells also secrete certain collagen types or express membrane-associated collagens, whereas CAFs are the major source of most fibrillar collagens (K.S.C., unpublished work), as well as other growth factors such as TGFβ1 that increase bladder cancer cell invasion via inducing EMT within the $bTME¹¹⁷$. In addition to these conventional ligand–receptor interactions between urothelial and stromal cells within bladder cancer, exosome-based cell–cell communication has been reported $118,119$. Bladder cancer cell-derived exosomes, which are internalized by fibroblasts, contain TGFβ1, which induces their proliferation and differentiation into $CAFs¹¹⁸$. Conversely, CAF-derived exosomes transfer long non-coding RNA from fibroblasts to bladder cancer cells, promoting bladder cancer cell proliferation and invasion¹¹⁹. Collectively, these studies are key examples of epithelial–stromal cell communication during early and advanced stages of bladder tumorigenesis.

Cancer–stromal–immune cell interaction

Sequential recruitment and interactions between urothelial, stromal and immune cells have key roles during the wound healing process. Similarly, cytokines and chemokines secreted by bladder cancer cells promote the recruitment of immune cells to the bTME120. High tissue expression of the chemokine CXCL1 is associated with increased tumour stage in bladder cancer, and its detection in urine is a biomarker for early detection¹²¹. Interestingly, highly invasive bladder cancer cell lines such as T24 and UMUC3 also express and secrete CXCL1 (REF ¹²¹), which recruits tumour-associated macro phages (TAMs) and CAFs into the bTME in coculture assays, initiating a feedforward loop to induce CXCL1 secretion from TAMs and CAFs that enhances the invasive properties of bladder tumour cells in coculture $assays^{122,123}$. scRNAseq of human bladder tumours in conjunction with bioinformatics analyses is beginning to help elucidate such complicated cellular crosstalk networks56. For example, bladder tumour cells have been shown to downregulate MHC-II compared with nonmalignant urothelial cells, suggesting one mechanism employed by tumour cells to evade immune surveillance. Network analysis further revealed that iCAFs have increased expression of CXCL12, which can interact with its receptors (such as CXCR4 and CXCR3) on a wide variety of immune cells (such as $CD8⁺$ T cells, $CD4⁺$ T cells, regulatory T cells, NKT cells, dendritic cells, TAMs and B cells) and endothelial cells. Particularly, CXCL12 correlated positively with a TAM signature and high CXCL12 expression correlated with poor prognosis in TCGA MIBC cohort, implying a connection between CXCL12-expressing iCAFs to TAMs⁵⁶. scRNAseq platforms provide a new technology for predicting cell–cell communications within the bTME globally, which will create unique opportunities for studying the complex biological crosstalk between these distinct cell types within bladder cancer.

Cancer–endothelial cell interaction

Endothelial cells within the bTME could also communicate with neighbouring bladder cancer cells. Specifically, when bladder cancer cell lines such as RT4, T24 and TCCSUP were co-cultured with human umbilical vein endothelial cells (HUVECs) as a commonly used model of vascular endothelial cells, bladder cancer cells secreted soluble ephrin A1, a regulator of angiogenesis, causing the downregulation and internalization of its

receptor EPHA2 on endothelial cells, resulting in endothelial cell activation and promoting angiogenesis¹²⁴. In another study using T24 and 253 J human bladder cancer cells and HUVEC coculture assays, bladder cancer cells secreted VEGFA and VEGFC that activated VEGFR2 on endothelial cells, which then released EGFR ligands such as EGF, amphiregulin, and $TGFa^{125}$. These ligands reciprocally activate EGFR-AKT pro-survival signalling in bladder cancer cells and simultaneously triggered CXCL signalling in bladder cancer cells, which positively feedback to cause recruitment of more endothelial cells to promote tumour migration and invasion in vitro, indicative of such reciprocal signalling during tumour progression¹²⁵. Similarly, another study revealed VEGFA secreted by immortalized bladder cancer cells could induce VWF secretion from endothelial cells (using HUVECs as a model), causing platelet aggregation⁷⁴. Further data obtained from patient tissue sections revealed that VWF-mediated vessel occlusion was associated with poor clinical outcome, indicative of a role for VWF-mediated hypercoagulation during the metastatic process in bladder cancer patients⁷⁴. Collectively, these studies illustrate that intricate crosstalk occurs between various cellular components of the bTME that contributes to bladder cancer development and metastatic progression.

The metastatic tumour microenvironment

A genomic profiling study in which primary human bladder tumours, matched lymph nodes and metastatic tumour foci at distant sites were compared revealed intriguing observations that could be extrapolated to the $bTME^{126}$. Despite common mutations being shared between the primary tumours, matched lymph nodes and metastatic tumours, distinct mutations were observed, indicating a divergent or parallel progression of tumour evolution at the primary and metastatic sites^{126,127}. One plausible explanation for this observation is that the TME at the primary bladder tumour site (FIG. 3a) is distinct — both qualitatively and functionally — from the TME associated with the metastatic foci (FIG. 3b). Distinct ECM and the associated growth factor components in the bTME and met-TME could drive divergent evolutionary pathways in the primary tumour and the metastatic foci (M.L. and K.S.C., unpublished work). Early studies revealed that the ECM of the primary bladder tumour is predominated by collagen type I, whereas in a metastatic niche in the lung airway smooth muscle cells secreted different collagens, including collagen types III^{21} , VI and XII $(K.S.C., unpublished work) (FIG. 3b) that supported the colorization of DDR1⁺ metastatic$ tumour cells²¹. Such initial characterization of collagen subtypes within the bTME and lung met-TME imply that fundamental differences exist between the two niches, which harbour clonal selection of distinct tumour characteristics. Obviously, the ECM components within the bTME and the lung met-TME are more complex than just the collagens it contains; moreover, the concept of distinct met-TMEs could be extrapolated to other metastatic sites including non-regional lymph nodes, liver and bone (FIG. 3b). This observation of divergent TMEs between primary and metastatic sites provides new opportunities to study unique met-TMEs and their roles in supporting metastatic colonization. Historically, the met-TME has been extremely difficult to study owing to the limited clinical specimens and models available. With the expanding acquisition of patient tissue from metastatic bladder cancers, such as establishment of rapid autopsy programmes, and development of PDX models that

recapitulate spontaneous metastasis²¹, defining clinically relevant met-TMEs for potential therapeutic intervention in metastatic bladder cancer will become possible.

Clinical significance of the bladder TME

The clinical relevance of bTME components has diagnostic and prognostic value, as well as considerable therapeutic implications.

Diagnostics

Early stromal alterations in the TME probably precede urothelial changes, which can be used as urine biomarkers for early detection. A validated urine-based bladder cancer diagnostic signature for NMIBC and MIBC with 85% sensitivity and 81% specificity for both cancer types has been reported¹²⁸. This signature is composed of ten biomarkers; APOE, ANG, A1AT, CA9, IL8, MMP9, MMP10, PAI1, SDC1 and VEGFA¹²⁹, which have a varied range of biological functions, including factors secreted by or affecting stromal cells (IL-8 and VEGFA)^{130,131}, enzymes directly degrading or affecting the ability to degrade ECM proteins (MMP9, MMP10 and PAI1)^{132,133}, and pro-angiogenic cytokines $(IL8, VEGFA and ANG)^{134,135}$, all of which are associated with the bTME and could promote tumour growth. The origin of these biomarkers is an area of speculation. These ten biomarkers were found to be present in both the urothelial¹³⁶ and stromal¹³⁷ components of bladder tumours using immunohistochemical staining. Furthermore, overexpression of MMP10, PAI1 and ANG were associated with increased tumour grade or tumour stage¹³⁷, indicating that these markers are not only diagnostic markers but could also exhibit prognostic value and probably have certain biological roles during bladder tumorigenesis. For example, one of the diagnostic biomarkers, SDC1 (a cell-adhesion molecule implicated in epithelial cell migration)138, demonstrated a marked transition from its usual expression in the cell membrane to the cytoplasm as bladder tumour grade and stage increased 139 . The loss of this crucial membrane adhesion protein in high-grade and/or high-stage bladder tumours might facilitate tumour growth and metastasis.

Furthermore, urine-derived lymphocytes are an easily accessible source of T cells from the bTME. Effector $CD8⁺$ and $CD4⁺$ cells and regulatory T cells detected within the urine accurately recapitulate the immune cell landscape in bladder tumour and were used to identify the immune checkpoint and T cell receptor repertoire within the tumours¹⁴⁰. Chemokines, cytokines and other secreted proteins in the urine could also provide information concerning the bladder tumour, giving details about the urothelial and stromal components of the tumour. Thus, non-invasive evaluation of urine samples might provide a glimpse highly representative of the bTME; conversely, stromal alterations within the bTME and associated extracellular release of TME components could be detected in the urine and used as diagnostic markers on prospective validation.

Prognostics

The discovery of distinct CAF subtypes, their relative abundance and associated secreted products (such as collagen deposition) have considerable prognostic value in bladder cancer.

Secreted collagens and clinical outcome.—One key clinical issue for NMIBC is the unidentified mechanism causing its invasive progression into MIBC and collagens are the most extensively studied ECM in bladder cancer prognosis. Patients with NMIBC containing collagen fibres that have implied increased tensile strength caused by collagen crosslinking (that is, a low curvature ratio, based on second harmonic imaging) experienced an increased frequency of invasive progression 102 . These observations are consistent with functional studies indicating that collagen crosslinking increases stiffness and invasive properties of other epithelial cancer cell types¹⁰¹. In additional to COL1A1 and COL1A2 (REF.¹⁰²), COL4A1 and *COL18A1* are amongst a 12-gene signature that is predictive of invasive progression of NMIBC $(P < 0.001)^{141,142}$. High mRNA expression of other collagens, such as COL5A2, COL6A1, COL6A2 and COL6A3, has been reported to correlate with poor overall and recurrence-free survival 143 . In the context of MIBC, increased expression of COL1A1 and COL1A2 correlates with increasing pathological tumour T stages, indicative of a relationship with local invasion to the muscularis propria and into perivascular tissues²¹. At the protein level, immunohistochemical analysis of collagen type I staining in NMIBC samples revealed complex staining patterns, which include papillary tumour stroma staining; vascular tumour stromal staining; reticular stromal staining; and dense lamina propria staining near the tumour–ECM boundary, showing that the pattern of collagen staining is also an important factor in prognosis 102 . Dense collagen I staining in lamina propria near the tumour–ECM boundary correlated positively with poor progression-free survival ($P = 0.0145$) suggesting its biological role as a ligand to induce cell $invasion¹⁰²$.

Cancer-associated fibroblasts and clinical outcome.—CAFs are the principal cell types that produce collagens in the bTME. The association of several commonly used CAF or fibroblast markers (such as αSMA, CD90, FAP, and PDGFRα and PDGFRβ) with clinical outcome in NMIBC and MIBC has been evaluated. αSMA⁺ fibroblasts are considered to be myofibroblasts, with reported tumour-inhibiting or tumour-promoting properties and have been reported to be associated with poor prognosis in several epithelial tumour types⁵³. FAP positivity in the bladder stroma is an independent poor prognostic indicator, predicting reduced 5-year-survival (HR $(95\% \text{ CI}) 2.25 (1.08-4.67), P = 0.030)$ in patients with either NMIBC or $M_1B_2^{53}$. This observation is consistent with the results of another study showing that co-expression of FAP, CK5 or CK6 and CD44, which label basal tumour cells, is a strong prognostic indicator for disease-specific survival $(HR = 2.3;$ $P = 0.001$), muscle invasion (HR = 2.47; $P = 0.02$) and nodal involvement (HR = 3.47; P < 0.0001) in patients with bladder cancer⁶², implying the presence of functional crosstalk between FAP^+ stromal cells and cancer stem cells with a basal phenotype^{9,141,144}, CD90 positivity in the bladder stroma was associated with high CD8a⁺ T cell infiltration and an improved, but not statistically significant, 5-year overall survival $(0.58 (0.27-1.25), P=$ 0.165) in patients with either NMIBC or $MIBC⁵³$, suggesting a role for certain CAFs in recruiting CD8+ antitumour T cells to the bTME. The focal adhesion protein kindlin 2 that controls bidirectional signalling of integrins is expressed at a higher level in bladder CAFs than in normal stromal fibroblasts, and stromal kindlin 2 expression correlated positively with advanced stage and grade and recurrence of bladder cancer¹⁴². Loss of syndecan, a proteoglycan that acts as a co-receptor enabling interaction with a large variety of ligands,

including growth factors, in epithelial cells, but gain in stromal cells, is an independent risk factor for poor survival and muscle invasion in patients with bladder cancer¹⁴⁵. Collectively, these findings show that collagens and CAF markers have prognostic value in bladder cancer (TABLE 2)

Therapeutics

The contribution of the TME to the therapeutic response has been implied in other cancer types and also reported in bladder cancer. bTME components can be involved in regulating therapeutic response to the major treatment modalities in bladder cancer in the context of NMIBC (BCG) and MIBC (ICI therapy, chemotherapy and trimodality therapy).

BCG.—BCG immunotherapy is the standard-of-care therapy for preventing the recurrence of high-risk NMIBC⁸⁵. Mechanistically, BCG has been demonstrated to induce fibroblast proliferation and their differentiation into $aSMA^+$ myofibroblasts, either directly or indirectly through macrophage-secreted FGF2 (REF.¹⁴⁶) A pro-fibrotic stromal bTME phenotype was associated with an improved response to BCG immunotherapy in patients with NMIBC 146 , whereas a high stroma core signature or stromal bTME was associated with poor response to ICIs in patients with MIBC¹⁴⁷. Differential contributions of the stromal TME to distinct immunotherapies, such as BCG and ICIs, probably indicate that different TME components within the stroma could function as protumoural or antitumoural factors. Thus, future dissection of the stromal TME will be important to elucidate which stromal components drive protumoural or antitumoural activity. However, a major technical limitation of the NMIBC study is the use of NIH3T3 fibroblasts rather than patient-derived CAFs, confounding the evaluation of clinically relevant stromal response in the bTME 146 .

The importance of various immune cell types in the response to BGC has been extensively studied, contributions of both the innate and adaptive immunity have been reported $85,148$. In brief, BCG has been shown to induce trained immunity — a non-specific memory of innate immune cells, such as monocytes and macrophages, which is mediated through their epigenetic and/or metabolic reprogramming. These processes cause BCG-trained innate immune cells to increase production of pro-inflammatory cytokines and, therefore, antitumoural effects, when challenged by a second stimuli either related to or unrelated to BCG. Furthermore, BCG can be internalized by urothelial cancer cells or antigen-presenting cells, which cross-prime T cells to induce a T_H1 response. In fact, both CD4⁺ and CD8⁺ T cells are important mediators of this adaptive response, as functional depletion studies using CD4-neutralizing or CD8-neutralizing antibodies both abrogated BCG-induced antitumoural activity149. However, whether the stroma TME connects to these immune cells and how their crosstalk influences BCG-induced response remain to be explored.

Immune checkpoint inhibitor therapies.—ICIs, such as anti-PDL1 and anti-PD1 drugs, are emerging as a highly tolerable treatment modality for patients with advanced bladder cancer⁸⁷, leading to the expedited FDA approval of the anti-PDL1 drug atezolizumab in 2016 and the anti-PD1 drug pembrolizumab in 2017 (REFS.^{150–152}). In the KEYNOTE-045 phase III trial including patients with cisplatin-refractory advanced urothelial carcinoma ($n = 542$), participants were randomized 1:1 to receive pembrolizumab

or chemotherapy (paclitaxel, docetaxel or vinflunine). Pembrolizumab treatment resulted in a substantially improved objective response (OR) compared with chemotherapy (21.1% for pembrolizumab versus 11.4% for chemotherapy)153. However, in the IMvigor211 phase III trial $(n = 931)^{154}$, IMvigor130 $(n = 1,213)^3$ and the KEYNOTE-361 $(n = 1,010)^4$, neither the anti-PDL1 atezolizumab nor the anti-PD1 pembrolizumab improved overall response or survival compared with chemotherapy. In IMvigor 211, the OR in the atezolizumab group was 23% compared with an OR of 21.6% in the chemotherapy group, but a more durable response was observed in the ICI group (15.9 months for atezolizumab versus 8.3 months for chemotherapy)154. In IMvigor 130, an OR of 23% was observed in the atezolizumab group compared with a 44% OR in the chemotherapy group³. In KEYNOTE-361, an OR of 30.3% was observed in the pembrolizumab group compared with a 44.9% OR in the chemotherapy group⁴. These clinical trials revealed an overall response rate of 21.1–30.3% for patients with advanced bladder cancer to both anti-PD1 or anti-PDL1 ICIs, which is initially encouraging. However, 70–80% of the patients are considered nonresponders to ICIs and the underlying mechanisms conferring resistance are still under intense investigation.

A potential role for the stromal microenvironment and the cognate receptors for ECM components in the modulation of immune checkpoint resistance in bladder cancer has been observed. In the cohort of patients in CheckMate 275, a phase II, single-arm clinical trial in which patients with metastatic bladder cancer were treated with the anti-PD1 drug nivolumab, an eight-gene EMT/stroma signature (including FLNA, EMP3, CALD1, FN1, FOXC2, LOX, FBN1 and TNC) was derived bioinformatically¹⁴⁷. The investigators demonstrated that a high CD8+ T cell infiltration together with low EMT/stromal_core signature was associated with the highest response rates, longest progression-free and overall survival to the anti-PD1 drug nivolumab¹⁴⁷ (TABLE 3). Conversely, patients with a high CD8⁺ T cell infiltration concurrently with a high EMT/stromal core signature showed considerably worse progression-free and overall survival 147 . These findings suggest that the stromal compartment of the bTME could have a role in impeding T cell function and, therefore, driving ICI resistance. Indeed, in another study in which patients with advanced bladder cancer were treated with atezolizumab, high TGFβ1 pathway gene expression was associated with lack of response to atezolizumab (that is, stable disease and progressive disease), and an increased pan-fibroblast TGFβ response signature was significantly associated with poor response within immune-excluded tumours ($P = 0.0066$), with no association with response within tumours with an inflamed or immune-desert phenotype⁶¹. Further preclinical experiments using anti-TGFβ antibody blockade significantly reduced expression of fibroblast genes associated with matrix remodelling $(P< 0.01)$ and synergized with anti-PDL1 to produce a 70% complete response versus a 10% complete response in anti-PDL1-treatment alone arm. These findings implicate stromal TGF β signalling in restricting T cell movement in the TME, producing an immune-exclusion phenotype in advanced MIBCs that is associated with poor response to ICIs⁶¹.

These results clearly indicate that certain stromal components of the bTME have an immunosuppressive role; however, the results of another study were contradictory, suggesting that other ECM components could instead create an immune stimulatory environment. A decellularized ECM-based bioscaffold generated from a porcine urinary

bladder unexpectedly created an immune stimulatory environment that inhibited tumour formation in multiple mouse tumour models 155 . Thus, other ECM components or ECMassociated growth factors within the scaffold could be responsible for eliciting immune stimulatory functions. Intriguingly, conventionally, an increased $T_H1:T_H2$ intratumoural T cell ratio is thought to be important for driving antitumoural activities, but in this study, a T cell ratio skewed towards T_H2 T cells together with non-classical CD206⁺ macrophages and eosinophils were found to be responsible for the antitumoural effects impeding tumour growth, which is an alternative and important observation that needs to be validated by future studies¹⁵⁵. Nonetheless, as the bladder bioscaffold comprises hundreds of ECM-related proteins within the core matrisome, precisely which ECM components are responsible for triggering the immune stimulatory role remains unclear. In another study that employed an unbiased in vivo short-hairpin (sh)RNA functional screen to identify ICI resistance mechanisms, relevant information was provided to explain this intriguing phenomenon. Using a shRNA-pooled library, DDR2, a fibrillar collagen receptor, was found to be a key modulator of anti-PD1 resistance in bladder cancer¹¹⁶. Genetic knockdown of *DDR2* in bladder tumour cells (NA13), as well as treatment with dasatinib, a receptor tyrosine kinase inhibitor with cross-reactivity towards DDR2, sensitizes bladder cancer tumours to anti-PD1 treatment via increasing splenic and tumour-infiltrating $CD8⁺$ T cells, demonstrated using CyTOF and multicolour flow cytometry¹¹⁶. DDR2 is a collagen receptor; thus, the observation that a collagen-crosslinking enzyme lysyl oxidase (LOX) was amongst the EMT/stroma_core signature that was associated with poor ICI response is interesting, indicating a potential connection between collagen modifications (such as crosslinking) and the activation of its downstream collagen receptor signalling in mediating ICI resistance. Increased expression of another collagen receptor, DDR1, could be associated with immunologically cold or immune-excluded bladder tumours, which also correlates with poor immune checkpoint response in MIBCs. Collectively, these results reveal a central role for stromal components of the bTME, such as collagen ECM and its receptors, in modulating immune checkpoint response in advanced MIBCs. Future investigations are needed to elucidate the distinct stromal or ECM components within the bTME that drive divergent BCG and ICI responses in NMIBC and MIBC.

Chemotherapy and trimodality therapy.—Few functional studies have been published in which the mechanistic connection between the bTME components and conventional therapies were investigated. Neoadjuvant chemotherapy remains the standard-of-care treatment for locally advanced bladder cancer before proceeding to radical cystectomy¹⁵⁶. However, chemotherapy provides a minimal survival advantage for patients (demonstrating an overall survival benefit of 5% at 5 years), except for those whose disease has exhibited pathological downstaging¹⁵⁶. Results from one study demonstrated a role for CAFs in mediating chemoresistance: when bladder CAFs isolated from human MIBC tissue were cocultured with the human bladder cancer cell lines T24 and 5637, they enhanced the capacity of bladder cancer cells to survive cisplatin chemotherapy, demonstrated using the MMT assay, colony formation assay, flow cytometry measuring propidium iodide and annexin V, as well as western blot evaluating the apoptotic effector cleaved caspase-3. Mechanistically, CAFs induced upregulation of the antiapoptotic protein BCL-2 in the same human bladder cancer cell lines through IGF1 and ERβ signalling¹⁵⁷. Further observations support the role

of CAFs in promoting the survival and repopulation of residual bladder cancer cells (that is, cancer stem cells) $31,32$ through enhancing collagen depositions to exclude drug penetration into epithelial regions, as well as activating collagen receptor signalling in bladder cancer cells (K.S.C. unpublished work). Currently, how these cell-extrinsic mechanisms connect to other anti-apoptotic proteins, such as BCL-2, or other cell death mechanisms, remains an active area of investigation.

These laboratory findings together with clinical studies involving patients with bladder cancer, demonstrate that chemoresistance is also associated with increased deposition of collagens and other ECM components within the $bTME³¹$ (TABLE 3). In patients with bladder cancer whose disease is chemoresistant, analysis of matched pre-chemotherapy and post-chemotherapy tissues showed that non-responders exhibited significant upregulation of several ECM-associated genes, including COL1A2, FN1 and THBS1 (P<0.001), which was associated with sustained MTOR signalling in the peritumoural and surrounding stroma¹⁵⁸ (TABLE 3). These findings were independently supported by results of another study demonstrating that a high stromal gene signature is associated with resistance to neoadjuvant chemotherapy in patients with $MIBC¹⁵⁸$. Conversely, a similar stromal signature had no association with the response of patients treated with bladder-sparing trimodality therapy (TMT), which involves maximal transurethral resection of bladder tumour followed by chemotherapy and radiotherapy. Instead, a high immune signature indicative of T cell activation and interferon γ signalling was associated with improved survival in patients with MIBC patients treated using TMT^{159} (TABLE 3), but has no significant association in patients with MIBC treated with neoadjuvant chemotherapy¹⁶⁰.

Collectively, these findings show that the bTME components are dynamically modified in response to different treatment modalities. Different stromal bTME components probably act as divergent determining factors that contribute to the therapeutic response to chemotherapy or TMT, respectively; immune infiltration seems to be a favourable factor for TMT but not chemotherapy. These findings are consistent with preclinical studies in mice, the results of which support the observation that the standard-of-care gemcitabine and cisplatin chemotherapies are insufficient to induce immunogenic cell death — a mode of cell death that depends on the extracellular release of damage-associated molecular patterns (DAMPs) and inhibitory DAMP (iDAMP) that act as immunological adjuvants to activate professional antigen-presenting cells (such as dendritic cells) for priming an adaptive CD8+ T cell response^{161,162}. The results of these studies help to explain why immune infiltration is not associated with chemotherapeutic response in MIBC. Furthermore, these results suggest that therapeutic targeting of the iDAMP axis reinvigorates dendritic cell activation and vasculature maturation, converting the bTME from an immune-excluded TME into one that enables $CD8^+$ T cell access (that is, T cell inflamed) to target bladder tumour cells^{161,162}.

Perspectives and future directions

Targeted therapies such as erdafitinib or cabozantinib and conventional cancer therapies such as chemotherapy are thought to exert their cytotoxic effects by directly targeting malignant tumour cells. However, the bTME has been shown to demonstrate active supporting and/or driving roles in tumour development and progression, as well as determining clinical

response to different types of therapies, highlighting the bTME as an understudied area for biomarker development and therapeutic targeting. Stromal cells are thought to be genetically stable; therefore, the bTME components are attractive targets that are less likely than cancer cells to acquire mutations that confer resistance when subjected to selective pressure of therapies.

Current studies investigating the TME, including the bTME, largely focus on the primary tumour. The lack of patient specimens from distant metastatic sites and preclinical models of metastasis has hindered investigations into met-TMEs, although studies have been conducted that initially define the characteristics of the lung met-TME. The TME milieu and its alterations in response to treatment-induced wounding, TME-driven treatment resistance or susceptibility and the tumour-TME crosstalk at metastatic sites (such as lung, liver and bone) are yet to be defined; thus, defining the characteristics of these TMEs and met-TMEs will reveal new vulnerabilities for novel drug discovery to control this cancer type at the advanced or metastatic stage. Therapeutic targeting of the tumour alone possibly limits therapeutic efficacy owing to the fast acquisition of resistance; conversely, targeting the TME alone is ineffective owing to the aggressive nature of the tumour. Thus, the concept of co-targeting the tumour and its TME or met-TME is an intriguing idea and warrants further evaluation. Targeting the TME can disrupt tumour growth in several ways: by directly abrogating growth-promoting signalling to tumour cells; by disrupting the tumoursupporting ECM in the bTME; and by unleashing effector immune cells to act against the tumour. Co-targeting TME and the tumour could maximally affect the tumour at an ecosystem level, thereby reducing tumour growth and delaying the development of treatment resistance.

Conclusions

Tumour cell-directed therapy remains the standard of care for treating advanced bladder cancer. The introduction of ICI therapy shows early promise by unleashing the bladder tumour immune microenvironment to treat bladder cancer. Despite increasing evidence showing the complex interplay between the cellular and non-cellular components of the bTME, its biological roles remain poorly understood. Furthermore, the met-TME is currently largely unexplored. Thus, further research into the local (bTME) and met-TMEs is required to aid discovery of new therapeutic targets for this disease. Future mechanistic investigation of the dynamic interaction between the tumour and its TMEs at each stage of bladder cancer progression will enable rational design of next-generation therapies that co-target both the tumour and the TME.

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a | In a nonmalignant bladder, the multilayered urothelium is supported by a stroma (the lamina propria) that contains nerve fibres, vasculature, interstitial extracellular matrix (ECM), intercalated by a few fibroblasts and interstitial cells of Cajal within the stroma. The lamina propria is further surrounded by inner longitudinal, middle circular and outer longitudinal smooth muscle layers (the muscularis propria or detrusor muscle), as well as perivesical adipose tissue and the peritoneum. **b** | In premalignant lesions or carcinoma

in situ (CIS), stromal fibroblasts initially secrete inhibitory signals (such as transforming growth factor β1 (TGFβ1)) and differentiation signals (such as bone morphogenetic proteins (BMPs)) to impede uncontrolled cellular proliferation and aberrant differentiation, respectively. As the tumour progresses, these stromal fibroblasts and/or other cell types (types $1-5$, that is type 1, normal fibroblasts; types 2 and 3, fibrocytes or monocytes; type 4, epithelial cancer cells; and type 5, endothelial cells) are converted into myofibroblasts or other cancer-associated fibroblast (CAF) types in a cascade highly reminiscent of the wound-healing response. **c** | At an advanced stage (that is, invasive cancer), stromal cells and ECM in the tumour microenvironment (TME) co-evolve and communicate with cancer cells to promote cancer progression and cause drug resistance. CAFs promote bladder cancer progression through secreting chemoattractants, growth factors (such as basic fibroblast growth factor 2 (FGF2), epidermal growth factor receptor (EGFR) ligands, colony-stimulating factors, TGF β 1 and hepatocyte growth factor (HGF)^{57–59}, angiogenic factors (vascular endothelial growth factor (VEGF) and platelet-derived growth factor (PDGF)), and ECM-degrading proteases (such as matrix metalloproteinase (MMP)) and ECM. αSMA, α-smooth muscle actin; SHH, sonic hedgehog.

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Fig. 2 |. Collagen as the major extracellular matrix in bladder tumour microenvironment. A | Packaging of triple-helical collagen monomers by covalent crosslinking into tightly packed fibrils. **B** | Collagens consist of three domains: the N-terminal non-triple helical (N-telopeptide) domain (1), the triple helical domain (2), and the C-terminal non-triple helical (C-telopeptide) domain (3), which are surrounded by terminal pro peptide domains. **C** | Lysyl oxidase (LOX)-mediated collagen crosslinking. **Ca** | Lys residues on the Ntelopeptides and C-telopeptides can be oxidatively deaminated by the extracellular LOXs, a family of extracellular enzymes to form reactive aldehydes Lys^{ald}. C**b** | Lys^{ald} forms covalent crosslinks, which greatly increase the tensile strength of collagen and, therefore, tissue stiffness. Stiffened collagen promotes integrin clustering and focal adhesions that facilitate tumour cell invasion. **D** | Addition of collagen I into a 3D microenvironment created by growth factor-reduced Matrigel induces invasive sprouting of bladder cancer cells in vitro, compared with control (Matrigel without collagen I). Part **D** reprinted from REF.²¹, CC BY 4.0 (<https://creativecommons.org/licenses/by/4.0/>).

Fig. 3 |. The bTME and the met-TMEs in various organs.

a | The primary bladder tumour microenvironment (bTME), its cellular and non-cellular components supporting metastatic cancer cells to intravasate into the circulation. **b** | Extravasation of metastatic cancer cells and their colonization into distinct metastatic tumour microenvironments (met-TMEs) at different organs, such as lung, non-regional lymph nodes and liver. Airway smooth muscle cells are a newly identified lung met-TME that secrete collagens (distinct from the bTME) to support the preferential colonization of cancer cells that expresses the collagen receptor discoidin domain receptor 1 (DDR1). The metastatic

colonies within airway smooth muscle cells have a different morphological phenotype from the typical lung metastatic foci within the alveoli space. The lymph node and liver met-TME remain largely uncharacterized; however, they could contain different TME components that support metastatic tumour outgrowth and are probably distinct from the primary bTME.

Table 1 |

Markers of cellular components in the bladder tumour microenvironment

DLL4, delta-like protein 4; FAP, fibroblast activation protein-α; FSP1, ferroptosis suppressor protein 1; NA, not applicable; PDGFR, plateletderived growth factor receptor.

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כא, cytokeratum, באבא מאפאפי-ונפי אוויעזען, באבא מאפאפאפטונפ אוויעזען, באבץ וויסטומאז מפועמונוס procentation (
Bladder cancer, OS, overall survival; PFS, progression-free survival; RFS, recurrence-free survival; SDCI, sy bladder cancer; OS, overall survival; PFS, progression-free survival; RFS, recurrence-free survival; SDC1, syndecan 1.

 $^{\rm 2}$ All studies listed here have a P value $< 0.05.$ All studies listed here have a P value < 0.05 .

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Association between stromal markers and therapeutic response Association between stromal markers and therapeutic response

DSS, disease-specific survival; MIBC, muscle-invasive bladder cancer; NMIBC, non-muscle-invasive bladder cancer; OS, overall survival; PFS, progression-free survival. DSS, disease-specific survival; MIBC, muscle-invasive bladder cancer; NMIBC, non-muscle-invasive bladder cancer; OS, overall survival; PFS, progression-free survival.

 $^{\rm 2}$ All studies listed here have a P value $< 0.05.$ All studies listed here have a P value < 0.05 .