

Funding has no effect on studies evaluating viscosupplementation for knee osteoarthritis: A systematic review of bibliometrics and conflicts of interest

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ABSTRACT

Background: Viscosupplementation for knee osteoarthritis (OA) may raise concerns regarding conflicts of interest (COI). Evidence of inconclusive study results and publication bias in previous studies has led to concern that financial COI have influenced viscosupplementation outcomes. It is critical to ensure that clinical practice is guided by informed decision making and evidence-based medicine.

Methods: A systematic review was conducted following PRISMA guidelines. PubMed, MEDLINE, and Web of Science databases were searched for articles pertaining to hyaluronic acid (or similarly derived) injections to native knees with primary OA only. Bibliometric data, financial COI, and study outcomes were assessed.

Results: 67 studies met inclusion criteria for analysis, 53 of which (79.1%) presented Level I evidence, and 21 of which (31.3%) reported at least one author with COI. All studies reporting COI also disclosed industry funding. There were no relationships between reported COI and study outcomes ($\chi^2 = 0.31$, $P = 0.577$), levels of evidence ($\chi^2 = 3.48$, $P = 0.176$), or relative citation ratio (RCR) ($S = 743$, $P = 0.591$). Studies reporting COIs/industry funding tended to be published in journals with significantly higher impact factors (IF) (reporting COI: $IF = 3.5 \pm 2.0$; no COI: $IF = 1.8 \pm 1.1$; $S = 950$, $P < 0.001$). Study outcomes were not related to the probability of being published in an open access journal ($\chi^2 = 0.01$, $P = 0.960$), nor to level of evidence ($\chi^2 = 2.67$, $P = 0.263$), RCR ($S = 618$, $P = 0.835$), or IF ($S = 563$, $P = 0.655$).

Conclusions: Investigator COIs (and commercial funding of studies) have not significantly influenced the frequency of favorable outcomes or study level of evidence regarding contemporary viscosupplementation for the treatment of knee OA. Studies reporting COIs/industry funding tended to be published in journals with significantly higher impact factors. Results overwhelmingly supported using viscosupplementation to treat knee OA. **Level of evidence:** Level V Systematic Review.

1. Introduction

Knee osteoarthritis (OA) is a degenerative joint disease associated with progressive destruction of articular cartilage, inflammation, and diminished remodeling of adjacent bone.^{1–3} Given the increasing prevalence of knee OA, novel therapies aimed at improving biomechanical function and patient symptomatology have been devised, including viscosupplementation.⁴ Recognized for its rheological properties, hyaluronic acid (HA) acts to absorb shock and lubricate during joint movement.^{4,5} In osteoarthritis, HA is cleared at higher rates than usual, which reduces synovial fluid viscoelasticity and leads to cartilage loss.^{5,6} Intraarticular administration of HA aims to maintain joint lubrication, protect against cartilage erosion, lessen inflammation of synovium, and

increase the synovial fluid elasticity.^{1,5}

The American Academy of Orthopaedic Surgeons (AAOS) 3rd edition evidence-based clinical practice guideline, “Management of Osteoarthritis of the Knee (Non-Arthroplasty),” reports a recommendation strength of moderate against the routine use of HA in the treatment of symptomatic OA of the knee.⁷ This is a downgrade in strength from the 2nd edition released in 2013, which made a strong recommendation against the use of HA for patients with symptomatic OA of the knee.⁸ The updated recommendation recognizes the potential for HA to benefit patients but is limited by inconsistency in the available evidence, highlighting the need for physicians to critically evaluate the published literature when trying to determine the true clinical efficacy of this treatment modality.⁷

An important consideration when critically reviewing published

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Abbreviations

OA	Osteoarthritis
COI	Conflict of interest
RCR	Relative citation ratio
IF	Impact factor
HA	Hyaluronic acid
PPSA	Physicians Payments Sunshine Act
CMS	Centers for Medicare and Medicaid Services
TKA	Total knee arthroplasty

studies is the potential for bias, including author conflicts of interest (COI). COI refers to scenarios where a physician's secondary interest may compromise the integrity of the physician-patient relationship.^{9,10} Although potential COI are sometimes unavoidable, there is a societal expectation that providers are free from of conflicted interests throughout medical decision making.¹⁰ Thus, transparency to the public is expected to maintain an impartial arrangement, and concerns may arise when industry-sponsored medical devices dictate clinical practice.^{9,10} Both industry participation in scientific research and payments to surgery practices have been implicated with publication of positive outcomes and underreporting of negative findings.^{9,10} Accordingly, the Physicians Payments Sunshine Act (PPSA) requires medical industries to disclose any transfers of value to physicians or hospitals to the Centers for Medicare and Medicaid Services (CMS).¹⁰ In addition, the CMS's Open Payments program encourages transparency by maintaining a public database of payments that reporting entities make to covered recipients.

Given the literature supporting the advantages of delaying total knee arthroplasty (TKA), conservative treatment modalities for OA, including viscosupplementation, have correspondingly been on the rise.^{3,11,12} Evidence of inconclusive study results and publication bias in these studies has led to concern that financial COI have influenced viscosupplementation outcomes.¹¹ Previous investigations assessing the role of author COIs/industry funding as sources of bias in studies on viscosupplementation for knee OA have come to differing conclusions, with one study concluding that industry funding did not consistently affect the estimates of viscosupplementation efficacy, and another reporting an observed significant association between author COIs and qualitative study conclusions.^{13,14} These investigations, however, were limited by incomplete COI/funding information and included studies only as recent as the year 2012, and thus the conclusions may not translate to the more recent body of published literature. The purpose of the present study was systematically review and assess bibliometric data, financial COIs, and overall outcomes of contemporary viscosupplementation studies. We hypothesize that manuscripts favorably detailing viscosupplementation with HA are more likely to have COI.

2. Materials and methods

2.1. Literature search

All publications on the subject of viscosupplementation for knee OA published between January 2011 and April 2021 were identified by searching the PubMed, MEDLINE, and Web of Science databases. PRISMA guidelines were adhered to throughout literature identification and screening. Articles prior to 2011 were excluded to facilitate obtaining the most comprehensive information concerning potential conflicts of interest from the Physician Payments Sunshine Act. Primary keywords of interest related to any hyaluronic acid (or similarly derived) injections to native knees with primary osteoarthritis only. Other biologic injections such as platelet-rich plasma were not included in this study.

The search strategy utilized for identifying potential manuscripts was “Knee AND (Arthrit* OR Arthro* OR Osteo* OR Chondr* OR Intraarticular OR Intra-articular OR Inject* OR Joint OR Pain) AND (Viscosupplement* OR Regen* Hyaluron* OR Hyalgan OR Adant OR Arthrum OR Artz OR Artzal OR Arthrease OR Supartz OR Orthovisc OR Euflexxa OR Nuflexxa OR Durolane OR Hyruan OR Suvanyl OR Ostenil OR Replasin OR Suplasyn OR Synject OR IA-BioHA OR Synvisc OR Gel-Syn OR Hylan*) NOT (ankle OR shoulder OR hip OR foot OR hand OR elbow).” This search was run March 2021.

2.2. Quality of studies

Articles were screened in 3 rounds using the web-based version of Rayyan Intelligent Systematic Review (Rayyan Systems Inc., Qatar Computing Research Institute, Doha, Qatar). Articles were first screened by title, by abstract, and then by full-text, respectively. A total of 3 independent reviewers completed the screening process, and a 2 out of 3 majority was required for study inclusion during each stage. Articles were included only if they were written in English and were available in their full-text form. All included manuscripts reported results that included functional outcomes utilizing a validated scoring tool. It was also required that the analysis included a comparison between a control and viscosupplementation. Also excluded were biomechanical and cadaveric studies. Any clinical studies containing treatment arms with fewer than 20 patients each, as well as commentaries, editorials, case reports, systematic reviews, and meta-analyses were excluded. Articles were excluded if disclosures or conflicts of interest were not reported within the manuscript. This review process was based upon and adapted from similar studies that have been successfully published regarding conflicts of interest.^{9,15,16}

A PRISMA flow diagram depicting the manuscript screening process is presented in [Fig. 1].

2.3. Data extraction

Data were collected through manual review of the full-text manuscripts that were selected for inclusion after the screening process. The year of publication, authors, open access status, industry funding presence and the specific industry/manufacturer name (if applicable), the years from which the study's data were collected until publication (for conflict of interest determination), impact factor (IF; InCites Journal Citations Report), and relative citation ratio (RCR; NIH iCite) were recorded.¹⁷ Level of evidence was defined based upon the criteria previously established by the Journal of Bone and Joint Surgery.

Conflicts of interest were identified in 2 ways for each study. First, each manuscript was manually reviewed for any disclosed conflicts of interest and/or industry funding. Additionally, the online Centers for Medicare and Medicaid Services (CMS) Open Payments reporting database was used to search all U.S.-based authors (non-international). Specifically, authors were searched for monetary payment disclosures, ownership of stocks/bonds, and/or funding provided for research. Conflicts of interest were deemed as relevant to a study when an industry/manufacturer that produced the viscosupplement referenced in the study provided any form of support to the study. Finally, any monetary payments/funding received during the time in which a study was conducted were recorded.

Manuscripts were categorized as having favorable, equivocal, or unfavorable outcomes. Favorable studies demonstrated statistical superiority ($p < 0.05$) of viscosupplementation versus a control. Equivocal studies had either no statistical significance ($p \geq 0.05$), equivalent outcomes, or inconclusive results (i.e. neither the control nor the viscosupplementation was found to demonstrate superiority). Unfavorable studies demonstrated statistical inferiority ($p < 0.05$) and/or a lack of benefit for viscosupplementation when compared to a control. This protocol for analysis was based upon and adapted from similar research.^{9,15,16}

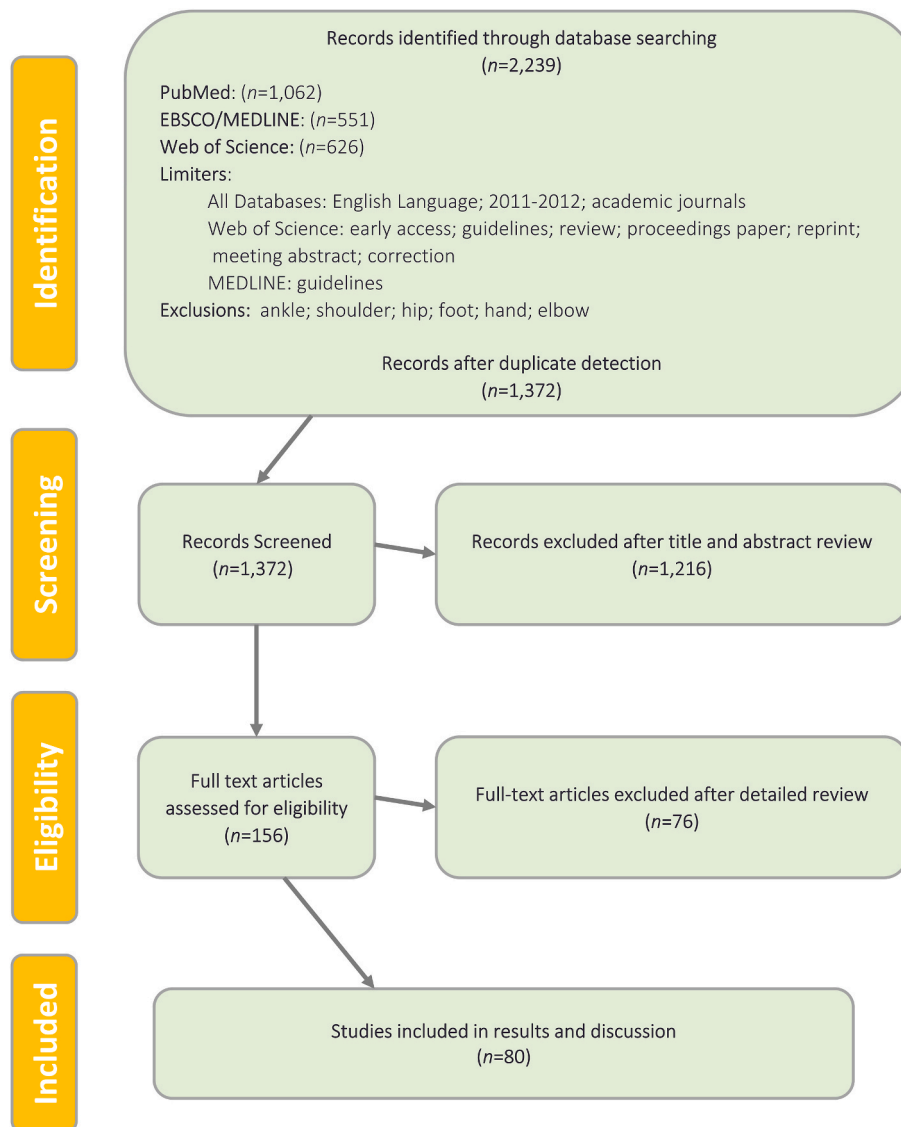


Fig. 1. PRISMA flow diagram for viscosupplementation in primary knee OA.

2.4. Statistical analysis

Statistical analysis was performed in SAS 9.4 (SAS Institute, Cary, NC), and significance was set to $\alpha = 0.05$. Between-groups differences in frequencies of categorical (study outcome) and ordinal (level of evidence) variables were analyzed with Pearson chi square tests. Between-groups differences in continuous variables (RCR, IF) were analyzed utilizing nonparametric Wilcoxon rank sum tests.

3. Results

After excluding studies lacking a COI statement or for which the level of evidence was <3 , 67 studies were retained for analysis. A full list of the included studies, along with payment information is provided in [APPENDIX 1]. A large majority of studies presented Level I evidence (53, 79.1%). Over half were published in open access journals (42, 62.7%), with mean IF of 2.34 ± 1.65 and mean RCR of 3.77 ± 3.94 . The large majority of studies reported favorable outcomes (48, 71.6%), with substantially fewer reporting equivocal (15, 22.4%) or negative (4, 6.0%) outcomes. Within this sample, 21 studies (31.3%) reported that at least one author had a COI, and all of those studies also disclosed industry funding. None of the remaining studies without a disclosed COI

had any industry funding.

There were no relationships between reported COI and the outcomes of studies ($\chi^2 = 0.31$, $P = 0.577$), levels of evidence ($\chi^2 = 3.48$, $P = 0.176$), or RCR ($S = 743$, $P = 0.591$). However, studies reporting COIs/industry funding tended to be published in significantly higher impact journals (reporting COI: IF = 3.5 ± 2.0 ; no COI: IF = 1.8 ± 1.1 ; $S = 950$, $P < 0.001$). Study outcomes were not related to the probability of being published in an open access journal ($\chi^2 = 0.01$, $P = 0.960$), nor to level of evidence ($\chi^2 = 2.67$, $P = 0.263$), RCR ($S = 618$, $P = 0.835$), or IF ($S = 563$, $P = 0.655$). Level of evidence and the probability of being published in an open access journal were also unrelated ($\chi^2 = 0.51$, $P = 0.776$).

4. Discussion

The current study reviewed the contemporary literature regarding viscosupplementation for the treatment of knee OA and sought to determine whether author COIs and/or industry funding affect study conclusions, level of evidence, and scientific impact (as measured by RCR and journal IF). Due to an observed lack of consistency in the available evidence regarding the efficacy of viscosupplementation for knee OA, several authors have previously investigated the published

literature for factors to explain the discrepant study results, including potential sources of bias.^{4,11,18,19} One such source which has remained incompletely studied is potential investigator bias related to COIs and/or industry funding.

We hypothesized that “conflicted” studies (i.e., those in which authors disclosed COI and/or industry funding) would be more likely to report favorable conclusions than “nonconflicted” studies. This is due to the fact that author financial COIs and industry funding are more frequently associated with statistically significant results and favorable study outcomes.^{20,21} We found, on the other hand, that neither author COIs nor industry funding significantly affected study outcomes and conclusions. Additionally, there was no relationship between author COIs/industry funding and the level of evidence or RCR of the included studies.

It was, however, found with statistical significance that “conflicted” studies tended to be published in journals with significantly higher IFs than “nonconflicted” studies (IF = 3.5 vs. IF = 1.8). The same finding was also observed in the earlier Printz et al. study.¹³ The exact reason(s) for these findings remains unclear. Such a finding could indicate that these conflicted studies have the potential for being read by a wider audience than studies published in lower impact journals. In turn, the conflicted articles could become more impactful on general practice through increased reader attention and future citations in other impactful publications. Despite the significance of IF, neither level of evidence nor RCR between conflicted and nonconflicted studies demonstrated statistical significance, suggesting that the scientific quality/impact of contemporary viscosupplementation studies is not substantially influenced by COI or funding status.

Intraarticular HA remains controversial in the treatment of knee OA, owing in part to conflicting reports in the literature regarding its efficacy; even systematic reviews have produced discordant results, and this has been attributed to a high degree of various forms of bias and/or methodological flaws among published studies.^{4,7,8,11,18,19,22,23} Investigator COIs/industry funding can be one potential source of bias and carries the risk of influencing study design along with conduction, analysis, and reporting of outcomes. However, little is known regarding the specific impact of COIs on the contemporary viscosupplementation literature.

Earlier studies in this area have come to different conclusions.^{13,14} Wang et al. performed a meta-analysis of randomized controlled trials on the therapeutic effects of HA on OA of the knee, which included 20 trials published up to the year 2001.¹⁴ The authors concluded that industry funding did not consistently affect the estimates of HA efficacy based on 3 outcome end points (pain with activities, pain without activities, and function). More recently, Printz et al. performed an updated systematic review of prospective, randomized, placebo-controlled studies on the effects of HA injections for knee OA to evaluate whether industry sponsorship or author COIs were associated with study conclusions.¹³ Their investigation included 48 studies published from 1987 up to March/April 2012. The authors were unable to demonstrate any significant differences among qualitative study conclusions (favorable, neutral, unfavorable) between industry- and non-industry-sponsored studies, which was attributed to the small number of studies (only 3/48) which were non-industry-sponsored. However, they observed a significant difference in qualitative conclusions when studies were compared according to author affiliations. The studies in which any author had pharmaceutical company affiliations were significantly more likely to report favorable/neutral conclusions and significantly less likely to report unfavorable conclusions. The authors concluded that qualitative conclusions were associated with a financial COI with the sponsoring pharmaceutical company among viscosupplementation for knee OA studies.

The conflicting conclusions from these two previous investigations may be due to differences among the included studies, as the latter investigation considered studies published up to the year 2012, whereas the former only included studies up to the year 2001. Furthermore, the

findings of those studies do not reflect the most recent decade of published literature and may have been limited by incomplete COI/funding information. For example, Printz et al. reported that study sponsorship information was unidentifiable in 31% of studies, which limited the strength of the findings and conclusions of that investigation.

For these reasons, in the current study we sought to review the contemporary literature and to include only those studies published during or after 2011, which coincides with the implementation of Physician Payments Sunshine Act. This ensured that the most accurate and detailed information pertaining to COIs/funding could be accessed. Having complete and accurate COI/funding information represents a strength of the current investigation, but it must be noted that the results of this study apply specifically to the contemporary viscosupplementation literature (i.e., those studies which have been published after the year 2010). The results may not translate to the older literature and it's unclear whether similar findings would have been observed when considering the entire body of viscosupplementation literature, had complete COI/funding been available for all studies.

Overall, only a small percentage of the studies included in this investigation, roughly one-third (31%), were “conflicted.” It should also be noted that all COIs were found to be related to industry funding of the studies. This percentage is lower than that reported in the previously mentioned systematic reviews, which both observed that the majority of studies were industry funded. Wang et al. reported that 60% of studies were industry funded, while Printz et al. reported that figure to be 63%.^{13,14} This discrepancy may reflect a decreasing industry influence on the viscosupplementation literature in the most recent decade.

On the other hand, a large majority of studies, nearly three-fourths (72%), reported favorable outcomes, regardless of COI/funding status. Furthermore, no statistical association was found between the presence of COI or industry funding and how often studies described favorable outcomes, with 76% of “conflicted” studies and 70% of “nonconflicted” studies reporting favorable outcomes. These findings contrast with those of Printz et al., who observed a much lower percentage of all studies reporting favorable qualitative outcomes (only 39.5% favorable).¹³ In addition, they found that none (0/17) of the “industry-authored” studies (i.e., those in which any of the authors had pharmaceutical company affiliation), reported unfavorable conclusions, while 35% (11/31) of studies with “academic authorship,” i.e., those in which all authors had academic affiliations, reported unfavorable conclusions.

It was postulated that this difference may have been the result of publication bias, with industry-sponsored trials with unfavorable results less likely to be presented and/or published as a result of influence from sponsoring companies/authors. It is unclear why such a large difference in the percentage of studies reporting favorable outcomes has been observed between our investigation and that of Printz et al. (72% versus 39.5%, respectively). This may be due to differing methodological quality, patient populations, and outcome instruments among the published studies. It could also reflect continued publication bias in the contemporary viscosupplementation literature, with studies demonstrating favorable outcomes being more frequently published than those reporting negative outcomes, regardless of author COIs and/or funding sources.

There are several limitations to this study. As mentioned previously, the findings reflect only the most recent literature, as we relied in part on Open Payments Data to determine COI/funding status. In addition, the accuracy of our analysis depends on the correctness of the reported COI/funding data, and it is possible that inaccurate reporting exists. The authors also acknowledge that there may also be underlying relationships between COI/funding across time with the evolution of the molecules/drugs formulations of various viscosupplements and their respective frequencies of administration. Finally, our assessments regarding the qualitative conclusions of the included studies were based upon the reported outcome measures and statistical analyses from each individual study. We did not attempt to interpret each study's results in the context of clinical significance, and it's possible that some studies

reported “favorable” conclusions despite having clinically insignificant results. If the frequency of such reporting was influenced by COI/funding status, this could potentially have had an impact on the results.

Despite these limitations, this study presents a comprehensive review of the contemporary literature regarding viscosupplementation for the treatment of knee OA, offering additional insights into the impact of an author’s COIs and industry funding on a study’s outcomes and scientific quality. Industry and commercial support is a valuable and often necessary aspect of modern research, and a better understanding of its influence on a particular field can help clinicians and researchers effectively interpret the body of published literature.

5. Conclusions

The results of this review suggest that investigator COIs, and more specifically commercial funding of studies, do not significantly influence the frequency of favorable outcomes or study level of evidence within the contemporary body of published literature on viscosupplementation in treating knee OA. The percentage of recent viscosupplementation studies that were sponsored by industry was lower than previously reported, but the frequency of favorable outcomes was higher than previously reported, regardless of COI/funding status. It is, however, worth noting that studies reporting COIs/industry funding tended to be published in journals with significantly higher impact factors. The authors recommend that physicians carefully assess the published literature for potential COIs and consider the effects of hidden biases when interpreting study results.

Funding/sponsorship

None.

Appendix 1. Included primary knee osteoarthritis viscosupplementation studies

Author (et al.)	Article Title	Journal	Year	Conclusion ^a	Level of Evidence	Disclosed Conflict	Mean Author Payment (\$USD)	Journal Impact Factor	Relative Citation Ratio	Open Access
Navarro-Sarabia	A 40-Month Multicentre, Randomized Placebo-Controlled Study to Assess the Efficacy and Carry-Over Effect of Repeated Intra-Articular Injections of Hyaluronic Acid in Knee Osteoarthritis: The AMELIA Project	Ann Rheum Dis	2011	Favorable	1	Y	0.00	8.727	4.66	Y
Huang	Intra-Articular Injections of Sodium Hyaluronate (Hyalgan®) in Osteoarthritis of the Knee. A Randomized, Controlled, Double-Blind, Multicenter Trial in the Asian Population	BMC Musculoskelet Disord	2011	Favorable	1	N	0.00	1.577	3.17	Y
Altman	Safety and Efficacy of Retreatment with a Bioengineered Hyaluronate for Painful Osteoarthritis of the Knee: Results of the Open-Label Extension Study of the FLEXX Trial	Osteoarthritis Cartilage	2011	Favorable	1	Y	0.00	3.904	1.54	Y
DeCaria	The Effect of Intra-Articular Hyaluronic Acid Treatment on Gait Velocity in Older Knee Osteoarthritis Patients: A Randomized, Controlled Study	Arch Gerontol Geriatr	2012	Against	1	N	0.00	1.704	1.87	Y
Strand	A Multicenter, Randomized Controlled Trial Comparing a Single Intra-Articular Injection of Gel-200, A New Cross-Linked Formulation of Hyaluronic Acid, to Phosphate Buffered Saline for	Osteoarthritis Cartilage	2012	Favorable	1	Y	0.00	4.262	3.76	Y

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Informed consent

Not applicable.

Institutional ethical committee approval

Institutional Review Board approval was not required as this manuscript did not involve the use of human subjects.

Authors contribution

GGV: Conceptualization, Methodology, Data curation, Writing – Original Draft, Writing – Review & Editing. DAB: Conceptualization, Methodology, Data curation, Writing – Review & Editing. JGL: Conceptualization, Methodology, Writing – Original Draft, Writing – Review & Editing. TCF: Data curation, Writing – Original Draft, Writing – Review & Editing. AWF: Conceptualization, Methodology, Formal analysis, Writing – Original Draft, Writing – Review & Editing. ABK: Conceptualization, Data curation, Supervision, Validation, Writing – Review & Editing.

Declaration of competing interest

The authors have no relevant financial or non-financial interests to declare.

Acknowledgements

None.

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Author (et al.)	Article Title	Journal	Year	Conclusion ^a	Level of Evidence	Disclosed Conflict	Mean Author Payment (\$USD)	Journal Impact Factor	Relative Citation Ratio	Open Access
Spakova	Treatment of Osteoarthritis of the Knee Treatment of Knee Joint Osteoarthritis with Autologous Platelet-Rich Plasma in Comparison with Hyaluronic Acid	Am J Phys Med Rehabil	2012	Favorable	1	N	0.00	2.358	9.68	N
Cerza	Comparison Between Hyaluronic Acid and Platelet-Rich Plasma, Intra-Articular Infiltration in the Treatment of Gonarthrosis	Am J Sports Med	2012	Favorable	1	N	0.00	4.439	11.07	N
Sánchez	A Randomized Clinical Trial Evaluating Plasma Rich in Growth Factors (PRGF-Endoret) Versus Hyaluronic Acid in the Short-Term Treatment of Symptomatic Knee Osteoarthritis	Arthroscopy	2012	Favorable	1	N	0.00	0.000	10.66	N
Strand	Effectiveness and Safety of a Multicenter Extension and Retreatment Trial of Gel-200 in Patients with Knee Osteoarthritis	Cartilage	2012	Favorable	1	Y	0.00	0.000	0.40	Y
Filardo	Platelet-Rich Plasma vs Hyaluronic Acid to Treat Knee Degenerative Pathology: Study Design and Preliminary Results of a Randomized Controlled Trial	BMC Musculoskelet Disord	2012	Favorable	1	N	0.00	1.875	9.81	Y
Vaquerizo	Comparison of Intra-Articular Injections of Plasma Rich in Growth Factors (PRGF-Endoret) Versus Durolane Hyaluronic Acid in the Treatment of Patients with Symptomatic Osteoarthritis: A Randomized Controlled Trial	Arthroscopy	2013	Favorable	1	Y	0.00	1.144	7.36	N
Vincent	“Functional Pain,” Functional Outcomes, and Quality of Life After Hyaluronic Acid Intra-Articular Injection for Knee Osteoarthritis	PM R	2013	Favorable	3	N	0.00	1.662	0.59	N
Oka	The Mid-Term Efficacy of Intra-Articular Hyaluronic Acid Injections on Joint Structure: A Nested Case Control Study	Mod Rheumatol	2013	Favorable	3	N	0.00	2.206	0.19	N
Chen	Comparison of Intra-Articular Hyaluronic Acid Injections with Transcutaneous Electric Nerve Stimulation for the Management of Knee Osteoarthritis: A Randomized Controlled Trial	Arch Phys Med Rehabil	2013	Favorable	1	N	0.00	2.441	0.92	Y
Say	Platelet-Rich Plasma Injection is More Effective than Hyaluronic Acid in the Treatment of Knee Osteoarthritis	Acta Chir Orthop Traumatol Cech	2013	Favorable	2	N	0.00	0.415	2.69	N
Housman	Intra-Articular Hyalastan Versus Steroid for Knee Osteoarthritis	Knee Surg Sports Traumatol Arthrosc	2014	Against	1	Y	0.00	3.053	1.84	N
Khalaj	Effect of Intra-Articular Hyaluronic Injection on Postural Stability and Risk of Fall in Patients with Bilateral Knee Osteoarthritis	Scientific World Journal	2014	Favorable	1	N	0.00	1.524	0.35	Y
Ishijima	Intra-Articular Hyaluronic Acid Injection Versus Oral Non-Steroidal Anti-Inflammatory Drug for the Treatment of Knee Osteoarthritis: A Multi-Center, Randomized, Open-Label, Non-Inferiority Trial	Arthritis Res Ther	2014	Equivocal	1	N	0.00	3.753	2.65	Y
Arden	A Randomized Saline-Controlled Trial of NASHA Hyaluronic Acid for Knee Osteoarthritis	Curr Med Res Opin	2014	Equivocal	1	Y	0.00	2.653	2.12	N
Giarratana	A Randomized Double-Blind Clinical Trial on the Treatment of Knee Osteoarthritis: The Efficacy of Polynucleotides Compared to	Knee	2014	Favorable	1	N	0.00	0.000	0.89	N

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Author (et al.)	Article Title	Journal	Year	Conclusion ^a	Level of Evidence	Disclosed Conflict	Mean Author Payment (\$USD)	Journal Impact Factor	Relative Citation Ratio	Open Access
Leighton	Standard Hyaluronin Viscosupplementation NASHA Hyaluronic Acid vs. Methylprednisolone for Knee Osteoarthritis: A Prospective, Multi-Centre, Randomized, Non-Inferiority Trial	Osteoarthritis Cartilage	2014	Favorable	1	Y	0.00	4.165	3.92	Y
Guler	Comparison of Short-Term Results of Intraarticular Platelet-Rich Plasma (PRP) and Hyaluronic Acid Treatments in Early-Stage Gonarthrosis Patients	Eur J Orthop Surg Traumatol	2015	Favorable	3	N	0.00	0.000	1.41	N
Abate	Efficacy and Safety Profile of a Compound Composed of Platelet-Rich Plasma and Hyaluronic Acid in the Treatment for Knee Osteoarthritis (Preliminary Results)	Eur J Orthop Surg Traumatol	2015	Equivocal	2	N	0.00	0.000	1.47	N
Kilincoglu	Short Term Results Comparison of Intraarticular Platelet-Rich Plasma (PRP) and Hyaluronic Acid (HA) Applications in Early Stage of Knee Osteoarthritis	Int J Clin Exp Med	2015	Favorable	3	N	0.00	0.000	1.06	Y
Davalillo	Clinical Efficacy of Intra-Articular Injections in Knee osteoarthritis: A Prospective Randomized Study Comparing Hyaluronic acid and Betamethasone	Open Access Rheumatol	2015	Equivocal	1	N	0.00	0.000	1.05	Y
Raeissadat	Knee Osteoarthritis Injection Choices: Platelet- Rich Plasma (PRP) Versus Hyaluronic Acid (A one-year randomized clinical trial)	Clin Med Insights Arthritis Musculoskelet Disord	2015	Favorable	1	N	0.00	0.000	11.22	Y
Filardo	Platelet-Rich Plasma Intra-articular Knee Injections Show No Superiority Versus Viscosupplementation: A Randomized Controlled Trial	Am J Sports Med	2015	Equivocal	1	Y	0.00	4.517	12.94	Y
van der Weegen	No Difference Between Intra-Articular Injection of Hyaluronic Acid and Placebo for Mild to Moderate Knee Osteoarthritis: A Randomized, Controlled, Double-Blind Trial	J Arthroplasty	2015	Against	1	N	0.00	2.515	2.51	N
Petrella	Pain Relief and Improved Physical Function in Knee Osteoarthritis Patients Receiving Ongoing Hylan G-F 20, a High-Molecular-Weight Hyaluronan, Versus Other Treatment Options: Data from a Large Real-World Longitudinal Cohort in Canada	Drug Des Devel Ther	2015	Favorable	3	Y	0.00	0.000	0.80	Y
Rosen	Cost-Effectiveness of Different Forms of Intra-Articular Injections for the Treatment of Osteoarthritis of the Knee	Adv Ther	2016	Favorable	3	Y	209,585.31	3.847	1.77	Y
Montañez-Heredia	Intra-Articular Injections of Platelet-Rich Plasma Versus Hyaluronic Acid in the Treatment of Osteoarthritic Knee Pain: A Randomized Clinical Trial in the Context of the Spanish National Health Care System	Int J Mol Sci	2016	Favorable	1	N	0.00	3.226	5.31	Y
Saccomanno	Efficacy of Intra-Articular Hyaluronic Acid Injections and Exercise-Based Rehabilitation Programme, Administered as Isolated or Integrated Therapeutic Regimens for the Treatment of Knee Osteoarthritis	Knee Surg Sports Traumatol Arthrosc	2016	Favorable	1	N	0.00	3.227	0.81	N

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Author (et al.)	Article Title	Journal	Year	Conclusion ^a	Level of Evidence	Disclosed Conflict	Mean Author Payment (\$USD)	Journal Impact Factor	Relative Citation Ratio	Open Access
Giombini	Comparison Between Intrarticular Injection of Hyaluronic Acid, Oxygen Ozone, and the Combination of Both in the Treatment of Knee Osteoarthritis	J Biol Regul Homeost Agents	2016	Favorable	1	N	0.00	1.469	1.90	N
Bisicchia	HYADD 4 Versus Methylprednisolone Acetate in Symptomatic Knee Osteoarthritis: A Single-Centre Single Blind Prospective Randomized Controlled Clinical Study with 1-Year Follow-Up	Clin Exp Rheumatol	2016	Favorable	1	N	0.00	2.634	1.45	N
Askari	Hyaluronic Acid Compared with Corticosteroid Injections for the Treatment of Osteoarthritis of the Knee: A Randomized Control Trial	Springerplus	2016	Against	1	N	0.00	1.130	1.81	Y
Tammachote	Intra-Articular, Single-Shot Hylan G-F 20 Hyaluronic Acid Injection Compared with Corticosteroid in Knee Osteoarthritis: A Double-Blind, Randomized Controlled Trial	J Bone Joint Surg Am	2016	Favorable	1	N	0.00	4.840	3.63	N
Martin	A Double Blind Randomized Active-Controlled Clinical Trial on the Intra-Articular Use of Mdn-Knee Versus Sodium Hyaluronate in Patients with Knee Osteoarthritis ("Joint")	BMC Musculoskelet Disord	2016	Equivocal	1	N	0.00	1.739	1.33	Y
Lana	Randomized Controlled Trial Comparing Hyaluronic Acid, Platelet-Rich Plasma and the Combination of Both in the Treatment of Mild and Moderate Osteoarthritis of the Knee	J Stem Cells Regen Med	2016	Favorable	1	N	0.00	0.000	5.04	Y
Cole	Hyaluronic Acid Versus Platelet-Rich Plasma: A Prospective, Double-Blind Randomized Controlled Trial Comparing Clinical Outcomes and Effects on Intra-articular Biology for the Treatment of Knee Osteoarthritis	Am J Sports Med	2017	Equivocal	1	Y	1,452,516.02	6.057	13.88	N
Duymus	Choice of Intra-Articular Injection in Treatment of Knee Osteoarthritis: Platelet-Rich Plasma, Hyaluronic Acid or Ozone Options	Knee Surg Sports Traumatol Arthrosc	2017	Equivocal	1	N	0.00	3.210	11.52	N
Lee	Safety and Efficacy of Bi-Annual Intra-Articular LBSA0103 Injections in Patients with Knee Osteoarthritis	Rheumatol Int	2017	Favorable	1	N	0.00	1.952	0.52	N
Campos	Viscosupplementation in Patients with Severe Osteoarthritis of the Knee: Six Month Follow-Up of a Randomized, Double-Blind Clinical Trial	Int Orthop	2017	Equivocal	1	N	0.00	2.377	1.47	N
Vaishya	Intra-Articular Hyaluronic Acid is Superior to Steroids in Knee Osteoarthritis: A Comparative, Randomized Study	J Clin Orthop Trauma	2017	Equivocal	1	N	0.00	0.000	1.16	Y
Raeissadat	Efficacy of Intra-articular Injection of a Newly Developed Plasma Rich in Growth Factor (PRGF) Versus Hyaluronic Acid on Pain and Function of Patients with Knee Osteoarthritis: A Single-Blinded Randomized Clinical Trial	Clin Med Insights Arthritis Musculoskelet Disord	2017	Equivocal	1	N	0.00	0.760	2.97	Y
Kizhedath	Comparative Study of Intra-Articular Hyaluronic Acid and Intra-Articular Triamcinolone	J Evol Med Dent Sci	2017	Equivocal	2	N	0.00	0.010	0.00	N

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Görmeli	Hexacetonide in Primary Osteoarthritis of Knee Multiple PRP Injections are More Effective than Single injections and Hyaluronic Acid in Knees with Early Osteoarthritis: A Randomized, Double-Blind, Placebo-Controlled Trial	Knee Surg Sports Traumatol Arthrosc	2017	Favorable	1	N	0.00	3.210	16.36	N
Buendía-López	Clinical and Radiographic Comparison of a Single LP-PRP Injection, a Single Hyaluronic Acid Injection and Daily NSAID Administration with a 52-week Follow-up: A Randomized Controlled Trial	J Orthop Traumatol	2018	Favorable	2	N	0.00	1.826	5.73	Y
Hangody	Intraarticular Injection of a Cross-Linked Sodium Hyaluronate Combined with Triamcinolone Hexacetonide (Cingal) to Provide Symptomatic Relief of Osteoarthritis of the Knee: A Randomized, Double-Blind, Placebo-Controlled Multicenter Clinical Trial	Cartilage	2018	Favorable	1	Y	0.00	2.961	3.78	Y
Liu	Longterm Effectiveness of Intraarticular Injections on Patient-Reported Symptoms in Knee Osteoarthritis	J Rheumatol	2018	Against	2	N	0.00	3.634	1.45	Y
Bao	Effect of Therapeutic Exercise on Knee Osteoarthritis After Intra-Articular Injection of Botulinum Toxin Type A, Hyaluronate or Saline: A Randomized Controlled Trial	J Rehabil Med	2018	Favorable	1	N	0.00	1.907	1.48	Y
Lisi	Treatment of Knee Osteoarthritis: Platelet-Derived Growth Factors vs. Hyaluronic Acid. A Randomized Controlled Trial	Clin Rehabil	2018	Favorable	1	N	0.00	2.738	3.52	N
Yu	Clinical Therapy of Hyaluronic Acid Combined with Platelet-Rich Plasma for the Treatment of Knee Osteoarthritis	Exp Ther Med	2018	Equivocal	1	N	0.00	1.448	4.28	Y
Raeissadat	Intra-Articular Ozone or Hyaluronic Acid Injection: Which One is Superior in Patients with Knee Osteoarthritis? A 6-month Randomized Clinical Trial	J Pain Res	2018	Equivocal	1	N	0.00	2.236	4.13	Y
Conrozier	Getting Better or Getting Well? The Patient Acceptable Symptom State (PASS) Better Predicts Patient's Satisfaction than the Decrease of Pain, in Knee Osteoarthritis Subjects Treated with Viscosupplementation	Cartilage	2018	Favorable	3	Y	0.00	2.961	1.66	Y
Guo	Origin and Efficacy of Hyaluronan Injections in Knee Osteoarthritis: Randomized, Double-Blind Trial	Med Sci Monit	2018	Favorable	1	N	0.00	1.980	1.37	Y
Huang	Intra-Articular Injections of Platelet-Rich Plasma, Hyaluronic Acid or Corticosteroids for Knee Osteoarthritis: A Prospective Randomized Controlled Study	Orthopade	2019	Favorable	1	N	0.00	0.823	9.54	N
Maia	Viscosupplementation Improves Pain, Function and Muscle Strength, but Not Proprioception, in Patients with Knee Osteoarthritis: A Prospective Randomized Trial	Clinics (Sao Paulo)	2019	Favorable	1	N	0.00	0.000	0.92	Y
Lin	Intra-articular Injection of Platelet-Rich Plasma Is Superior to Hyaluronic Acid or Saline Solution in the Treatment of Mild	Arthroscopy	2019	Favorable	1	N	0.00	1.313	10.16	N

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Hermans	to Moderate Knee Osteoarthritis: A Randomized, Double-Blind, Triple-Parallel, Placebo-Controlled Clinical Trial The Effectiveness of High Molecular Weight Hyaluronic Acid for Knee Osteoarthritis in Patients in the Working Age: A Randomized Controlled Trial	BMC Musculoskeletal Disord	2019	Favorable	1	N	0.00	1.879	2.00	Y
Takamura	A Single Intra-Articular Injection of Gel-200 for Treatment of Symptomatic Osteoarthritis of the Knee Is More Effective than Phosphate Buffered Saline at 6 Months: A Subgroup Analysis of a Multicenter, Randomized Controlled Trial	Cartilage	2019	Favorable	1	Y	0.00	2.961	1.82	Y
Petterson	Single Intra-Articular Injection of Lightly Cross-Linked Hyaluronic Acid Reduces Knee Pain in Symptomatic Knee Osteoarthritis: A Multicenter, Double-Blind, Randomized, Placebo-Controlled Trial	Knee Surg Sports Traumatol Arthrosc	2019	Favorable	1	Y	7905.76	3.166	3.50	N
Parisi	Ultrasound-Guided Intra-Articular Injection: Efficacy of Hyaluronic Acid Compared to Glucocorticoid in the Treatment of Knee Osteoarthritis	Minerva Med	2019	Equivocal	3	N	0.00	3.031	1.50	N
Farr	A Randomized Controlled Single-Blind Study Demonstrating Superiority of Amniotic Suspension Allograft Injection Over Hyaluronic Acid and Saline Control for Modification of Knee Osteoarthritis Symptoms	J Knee Surg	2019	Favorable	1	Y	34,712.30	1.986	2.26	Y
Hosseini	Periarticular Hypertonic Dextrose vs Intraarticular Hyaluronic Acid Injections: A Comparison of Two Minimally Invasive Techniques in the Treatment of Symptomatic Knee Osteoarthritis	Open Access Rheumatol	2019	Against	1	N	0.00	0.430	0.25	Y
Tavassoli	Single- and Double-Dose of Platelet-Rich Plasma Versus Hyaluronic Acid for Treatment of Knee Osteoarthritis: A Randomized Controlled Trial	World J Orthop	2019	Favorable	1	N	0.00	0.610	3.68	Y
Pereira	Gait Analysis Following Single-Shot Hyaluronic Acid Supplementation: A Pilot Randomized Double-Blinded Controlled Trial	Pilot Feasibility Stud	2019	Favorable	1	N	0.00	0.000	0.45	Y
Di Martino	Platelet-Rich Plasma Versus Hyaluronic Acid Injections for the Treatment of Knee Osteoarthritis: Results at 5 Years of a Double-Blind, Randomized Controlled Trial	Am J Sports Med	2019	Equivocal	1	Y	0.00	5.810	12.33	Y
Annaniemi	Platelet-Rich Plasma Versus Hyaluronic Acid Injections for Knee Osteoarthritis: A Propensity-Score Analysis	Scand J Surg	2019	Favorable	3	N	0.00	1.950	0.33	Y
de Sire	Long-Term Effects of Intra-Articular Oxygen-Ozone Therapy Versus Hyaluronic Acid in Older People Affected by Knee Osteoarthritis: A Randomized Single-Blind Extension Study	J Back Musculoskeletal Rehabil	2020	Favorable	1	N	0.00	1.398	7.12	N
Rezasoltani	Physical Therapy, Intra-Articular Dextrose Prolotherapy, Botulinum Neurotoxin, and Hyaluronic Acid for Knee	Int J Rehabil Res	2020	Favorable	1	N	0.00	1.479	1.56	N

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Jokar	Osteoarthritis: Randomized Clinical Trial Intra-Articular Hyaluronic Acid Injection vs. Atorvastatin; Which Treatment is More Effective in Controlling Symptoms of Knee Osteoarthritis? A Clinical Trial	Acta Reumatol Port	2020	Equivocal	1	N	0.00	1.290	0.00	Y
Kandel	A Novel Approach for Knee Osteoarthritis Using High Molecular Weight Hyaluronic Acid Conjugated to Plasma Fibrinogen - Interim Findings of a Double-Blind Clinical Study	Heliyon	2020	Favorable	1	Y	0.00	0.280	0.61	Y
Kesiktaş	Comparison of the Short-Term Results of Single-Dose Intra-Articular Peptide with Hyaluronic Acid and Platelet-Rich Plasma Injections in Knee Osteoarthritis: A Randomized Study	Clin Rheumatol	2020	Favorable	1	N	0.00	2.980	2.30	Y
Kim	Comparative Matched-Pair Cohort Analysis of the Short-Term Clinical Outcomes of Mesenchymal Stem Cells Versus Hyaluronic Acid Treatments Through Intra-Articular Injections for Knee Osteoarthritis	J Exp Orthop	2020	Favorable	3	N	0.00	0.000	0.44	Y
Mackowiak	A Comparison of 4-Year Total Medical Care Costs, Adverse Outcomes, and Opioid/ Prescription Analgesic Use for 3 Knee Osteoarthritis Pain Treatments: Intra-Articular Hyaluronic Acid, Intra-Articular Corticosteroids, and Knee Arthroplasty	Semin Arthritis Rheum	2020	Favorable	3	Y	194,758.64	5.532	0.97	Y
Raeissadat	Platelet-Rich Plasma-Derived Growth Factor vs Hyaluronic Acid Injection in the Individuals with Knee Osteoarthritis: A One Year Randomized Clinical Trial	J Pain Res	2020	Favorable	1	N	0.00	3.133	1.48	Y
Etter	High-Concentration Nonavian High-Molecular Weight Hyaluronan Injections and Time-to-Total Knee Replacement Surgery	J Comp Eff Res	2020	Favorable	3	Y	0.00	1.744	0.38	Y
Yaradilmis	Comparison of Two Platelet Rich Plasma Formulations with Viscosupplementation in Treatment of Moderate Grade Gonarthrosis: A Prospective Randomized Controlled Study	J Orthop	2020	Favorable	1	N	0.00	0.470	2.30	Y
Khurana	Efficacy of Autologous Conditioned Serum (ACS), Platelet-Rich Plasma (PRP), Hyaluronic Acid (HA) and Steroid for Early Osteoarthritis Knee: A Comparative Analysis	Indian J Orthop	2020	Favorable	2	N	0.00	1.251	0.34	Y
Raeissadat	The Comparison Effects of Intra-Articular Injection of Platelet Rich Plasma (PRP), Plasma Rich in Growth Factor (PRGF), Hyaluronic Acid (HA), and Ozone in Knee Osteoarthritis; A One Year Randomized Clinical Trial	BMC Musculoskelet Disord	2021	Favorable	1	N	0.00	0.000	0.00	Y

^aOutcome conclusion reported as viscosupplementation vs. control.

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