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***In vivo* serotonin transporter and 1A receptor binding potential and ecological momentary assessment (EMA) of stress in major depression and suicidal behavior**

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Abstract

We examined relationships between the serotonin system and stress in major depression and suicidal behavior. Twenty-five medication-free depressed participants (13 suicide attempters) underwent same-day [¹¹C]DASB and [¹¹C]CUMI-101 positron emission tomography (PET) imaging. Binding potential (BP_{ND}) to the serotonin transporter (5-HTT) and serotonin 1A (5-HT_{1A}) receptor, respectively, was quantified using the NRU 5-HT atlas, reflecting distinct spatial distributions of multiple serotonin targets. Ecological momentary assessment (EMA) measured current stress over one week proximal to imaging. EMA stress did not differ between attempters and non-attempters. In all depressed participants, 5-HTT and 5-HT_{1A} BP_{ND} were unrelated to EMA stress. There was regionally localized lower 5-HTT BP_{ND} ($p=0.002$) and 5-HT_{1A} BP_{ND} ($p=0.03$) in attempters *vs.* nonattempters. In attempters, region-specific associations between

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Author Contribution

Drs. Stanley, Oquendo, and Mann designed the study and wrote the protocol. Drs. Sublette, Miller, Galfalvy, and Choo took part in data collection, management, and cleaning. Drs. Bartlett, Zanderigo, and Pantazatos performed data analysis. Dr. Bartlett performed statistical analyses and wrote the first draft of the manuscript. Drs. Galfalvy and Choo consulted on Dr. Bartlett's statistical analyses. All authors contributed to and have approved the final manuscript.

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Declaration of Competing Interest

Drs. Bartlett, Zanderigo, Stanley, Choo, Galfalvy, Pantazatos, Sublette, and Miller declares that they have no conflict of interest. Drs. Oquendo and Mann receive royalties from the Research Foundation for Mental Hygiene for the commercial use of the Columbia Suicide Severity Rating Scale. Dr. Oquendo serves as an advisor to Alkermes, Otsuka, Mind Medicine, St. George's University and Fundacion Jimenez Diaz. Her family owns stock in Bristol Myers Squibb.

5-HTT ($p=0.03$) and 5-HT_{1A} ($p=0.005$) BP_{ND} and EMA stress emerged. While no post-hoc 5-HTT BP_{ND} correlations were significant, 5-HT_{1A} BP_{ND} correlated positively in attempters with EMA stress in 9/10 regions (p -value's < 0.007), including the entire cortex *except* the largely occipital region 5. Brodmann-based regional analyses found diminished effects for 5-HTT and subcortically localized positive correlations between 5-HT_{1A} and EMA stress, in attempters only. Given comparable depression severity and childhood and current stress between attempters and nonattempters, lower 5-HTT binding in attempters *vs.* nonattempters may suggest a biological risk marker. Localized lower 5-HTT and widespread higher 5-HT_{1A} binding with stress among attempters specifically may suggest that a serotonergic phenotype might be a key determinant of risk or resiliency for suicidal behavior.

Keywords

Serotonin transporter; serotonin 1A receptor; ecological momentary assessment; current stress; major depression; suicidal behavior

INTRODUCTION

Major depressive disorder (MDD) is a leading cause of worldwide disability (Friedrich, 2017). A 31% incidence of lifetime suicide attempt is reported in MDD (Dong et al., 2019), five times higher than the general population (Nock et al., 2010). Better understanding the neurobiological basis of MDD and suicidal behavior can assist in developing better treatments and prevention (van Heeringen and Mann, 2014). The stress-diathesis model for suicidal behavior proposes that current life stressors combined with MDD can result in suicidal behavior in patients who are vulnerable because of distal factors or traits, e.g., genetics and childhood adversity (Mann and Rizk, 2020; van Heeringen and Mann, 2014).

Postmortem and *in vivo* studies find lower brain serotonin (5-HT) transporter (5-HTT) and higher serotonin 1A receptor (5-HT_{1A}) binding in MDD and in suicide attempters compared with psychiatric or healthy volunteer (HV) groups, suggesting dysregulated serotonin functioning (Arango et al., 2003; Arango et al., 1995; Boldrini et al., 2008; Cannon et al., 2006; Gryglewski et al., 2014; Hesselgrave and Parsey, 2013; Joensuu et al., 2007; Kaufman et al., 2015; Lehto et al., 2006; Malison et al., 1998; Mann et al., 2000; Miller et al., 2013; Miller et al., 2008; Nye et al., 2013; Oquendo et al., 2016; Parsey et al., 2006a; Parsey et al., 2010; Parsey et al., 2006b; Reimold et al., 2008; Selvaraj et al., 2011; Staley et al., 2006; Stockmeier, 2003; Sullivan et al., 2015; Underwood et al., 2018; Willeit et al., 2000). However, some studies report no differences or opposing effects in MDD *vs.* HVs (Ichimiya et al., 2002; Kambeitz and Howes, 2015; Meyer et al., 2004; Meyer et al., 2001; Miller et al., 2013). Low cerebrospinal fluid 5-hydroxyindoleacetic acid has been found in suicide attempters *vs.* nonattempters (Åsberg et al., 1976) and predicts higher risk for suicide death in MDD (Mann et al., 2006), linking deficient serotonin release with suicidal behavior. *In vivo* brain positron emission tomography (PET) studies also find lower 5-HTT binding in suicide attempters *vs.* nonattempters or HVs (Miller et al., 2013; Nye et al., 2013), and that higher 5-HT_{1A} binding predicts suicide attempt lethality (Oquendo et al., 2016) and positively correlates with ideation severity (Sullivan et al., 2015).

Serotonin system function can be molded in early development, moderating susceptibility for suicidal behavior. Preclinically, different impacts of early life stress on 5-HT_{1A} expression by DNA methylation at repressor sites have been shown, with some studies reporting higher (Diamantopoulou et al., 2018; Vázquez et al., 2002) and lower 5-HT_{1A} binding or expression (Law et al., 2009; Matsuzaki et al., 2011; Ohta et al., 2014; Spinelli et al., 2010). Early-life adversity is a suicide risk factor (Brodsky et al., 2008; van Heeringen and Mann, 2014) and is associated with lower 5-HTT and higher 5-HT_{1A} binding in MDD (Miller et al., 2009; Yttredahl et al., 2021). Childhood sexual abuse had a greater impact on adult depressive symptoms in lower expressing allele carriers of the 5-HTTLPR polymorphism, i.e., fewer 5-HT transporters (Lesch et al., 1996), relative to higher expressing-allele carriers (Aguilera et al., 2009; Rocha et al., 2015). Additionally, lower 5-HTT and higher 5-HT_{1A} binding *postmortem* in depressed suicide decedents were dependent on childhood adversity (Underwood et al., 2018).

Few *in vivo* studies have investigated serotonin's role in the relationship of daily stressors to suicidal behavior. In rodents, early life stress led to long-term reductions in both motivation and 5-HT_{1A} binding, which were both reversed with fluoxetine treatment (Leventopoulos et al., 2009). Also in rodents, higher brain 5-HT_{1A} expression increased sensitivity to acute stress and produced stress-induced depressive phenotypes (Richardson-Jones et al., 2010). Individuals with low expressing 5-HTTLPR promoter variants had increased risk for adulthood stressors triggering new depression symptoms, MDD diagnosis, suicidal ideation, and attempt (Caspi et al., 2003), although findings have been mixed (Karg et al., 2011; Risch et al., 2009). Cortisol responses to the Trier Social Stress Test were positively correlated with brain 5-HT_{1A} binding (Steinberg et al., 2019), supporting a model where 5-HT_{1A} over-expression might play a role in stress hyperreactivity (Underwood et al., 2018; Yttredahl et al., 2021).

Given serotonin's role in MDD and suicidal behavior (Mann, 1998; van Heeringen and Mann, 2014), assessing the relationship between serotonin and acute stress in individuals with a history of suicide attempt might clarify the pathophysiology of suicidal behavior. Therefore, we assessed this in 25 medication-free individuals with MDD, 13 with a previous suicide attempt, with same-day [¹¹C]DASB (targeting 5-HTT) and [¹¹C]CUMI-101 (targeting 5-HT_{1A}) PET scans. Participants also underwent smartphone-administered ecological momentary assessment (EMA) of daily stressful events over one week proximal to PET scanning. Unlike retrospective reports, EMA minimizes recall bias and retrieval issues, and allows for collection of participant responses close to real-time in a naturalistic environment (Gratch et al., 2021; Shiffman et al., 2008). We used a new serotonin-specific brain atlas, the Copenhagen University Hospital Neurobiology Research Unit (NRU) 5-HT atlas, that identifies regions of uniform serotonin binding derived from *in vivo* human PET data for multiple serotonergic radiotracers (Beliveau et al., 2017; Beliveau et al., 2020). We tested whether suicide attempters differed from nonattempters in the relationship between EMA stress and serotonergic function. We hypothesized that attempters with the highest current stress would exhibit the lowest 5-HTT and highest 5-HT_{1A} binding. We also compared results in the NRU 5-HT atlas, where we predicted more uniform binding within regions of interest (ROIs), to results obtained considering standard Brodmann Area-based ROIs, which exhibit more heterogeneous binding.

EXPERIMENTAL PROCEDURES

Participants

Twenty-five adults meeting DSM-IV criteria for MDD (assessed via Structured Clinical Interview for DSM-IV (SCID-I) and psychiatrist interview (First et al., 1997)) underwent same-day [¹¹C]DASB and [¹¹C]CUMI-101 scans, and EMA proximal to the PET scans. This study was approved by the Institutional Review Board of the New York State Psychiatric Institute. All participants provided written, informed consent.

Inclusion criteria were: 1) current major depressive episode, 2) 18–60 years-old, 3) off all drugs likely to interact with the serotonin system for at least 21 days at time of scan. Exclusion criteria included: 1) lifetime schizophrenia, schizoaffective illness, bipolar disorder, current psychotic depression, no drug or alcohol abuse in past two months, no drug or alcohol dependence in past six months, 2) first-degree family of schizophrenia if participant is <33 years-old (Loranger, 1984), 3) significant active physical illness, 4) lacking capacity to consent, 5) aggressive behavior that is a significant threat to others in the last month, such as physically assaultive behavior, assessed via clinical interview, 6) pregnancy, abortion or miscarriage within two months, or currently lactating, 7) previous head injury with evidence of cognitive impairment, 8) MRI contraindications, and 9) electroconvulsive therapy within six months.

The Columbia Suicide History Form (Oquendo et al., 2003) assessed suicide attempt history, the 17-item Hamilton Depression Rating Scale (HDRS-17) (Hamilton, 1960) and Beck Depression Inventory (BDI) (Beck et al., 1996) assessed depression severity, the Beck Hopelessness Scale (BHS) (Beck and Steer, 1988) assessed hopelessness, and the Scale for Suicidal Ideation (SSI) (Beck et al., 1979) assessed suicidal ideation. The sum across the five subscales of the Childhood Trauma Questionnaire (CTQ) (Bernstein et al., 2003) assessed childhood adversity.

Ecological Momentary Assessment (EMA) of Stress

As described, EMA was acquired via smartphone over one-week (Chaudhury et al., 2017; Gratch et al., 2021; Stanley et al., 2021). Participants were asked to provide a 12-hour window where they expected to be awake and engaged in routine daily activities. The EMA was then personalized to prompt each participant at random points within the six two-hour blocks of that 12-hour window (six sessions/day). This assessment time randomization sought to reduce anticipatory effects, and minimize consistent interruptions to participants' fixed schedules. At each prompt, participants were asked to answer whether each of the following stressors occurred since the last prompt: (1) had a disagreement with someone, (2) experienced a loss, (3) been disappointed by someone, (4) felt neglected by someone, (5) received bad news, (6) been reminded of something painful from the past, and (7) been rejected by someone (Chaudhury et al., 2017). A summary metric, "EMA stress", was computed as the percentage of the total number of EMA sessions with at least one endorsed stressor, which represents an aggregate of daily stress during the week. In addition to stressors, suicidal ideation and intent and other clinical data were also collected and are presented elsewhere (Chaudhury et al., 2017; Stanley et al., 2021).

PET Acquisition, Processing and Quantification

Preparation of radiotracers and scanning protocols for [^{11}C]DASB and [^{11}C]CUMI-101 have been described (Milak et al., 2010; Ogden et al., 2007). Briefly, a polyurethane head holder (Soule Medical, Tampa, FL, USA) was molded and used to reduce movement artifact. PET was performed on a Siemens Biograph mCT (Siemens/CTI, Knoxville, TN, USA). On each scan day, a low-dose computed tomography (CT) scan was first acquired for attenuation correction (AC), followed by an intravenous bolus of radiotracer administered over 30 seconds and 3D emission data collected for [^{11}C]CUMI-101 (120 minutes) and [^{11}C]DASB (100 minutes). [^{11}C]CUMI-101 was always acquired first and time of day was held consistent.

[^{11}C]DASB and [^{11}C]CUMI-101 reconstruction and pre-processing were performed as described (Miller et al., 2013; Oquendo et al., 2016). Briefly, images were binned into 19 frames of increasing duration for [^{11}C]DASB and 21 frames for [^{11}C]CUMI-101, and reconstructed using filtered back projection to a 256×256 matrix (Ogden et al., 2007). To correct head motion, PET frames were registered to the eighth frame and coregistered to their T1-weighted MRI (DeLorenzo et al., 2009). Whole-brain, MR-space, voxel-wise BP_{ND} maps for [^{11}C]DASB and [^{11}C]CUMI-101 were quantified via Likelihood Estimation in Graphical Analysis using cerebellar grey matter as the reference region (Zanderigo et al., 2013).

There were 25 participants who had EMA stress and a [^{11}C]DASB scan (13 attempters) and 24 of these participants also had a [^{11}C]CUMI-101 scan (12 attempters). It was not possible to schedule same-day imaging for the one participant with only a [^{11}C]DASB scan due to lack of available scanner slots and the participant and study psychiatrist agreed it was necessary to initiate medication-based treatment before a [^{11}C]CUMI-101 scan slot became available.

NRU 5-HT atlas Processing

The NRU 5-HT atlas was created by clustering many participants' binding maps across PET tracers targeting 5-HTT and the 1A, 1B, 2A, and 4 serotonin receptors and includes 10 brain regions that contain distinct contributions from serotonin system components (Beliveau et al., 2017; Beliveau et al., 2020). The NRU 5-HT atlas is provided as FreeSurfer overlays on the *fsaverage* surface (<https://xtra.nru.dk/FS5ht-atlas/>). To obtain correspondence between the MR-space BP_{ND} maps and the *fsaverage* surface, each participant's T1-weighted MRI was run through FreeSurfer 7.1.1. The MR-space BP_{ND} maps were then grey-matter masked (SPM5, Wellcome Center for Human Neuroimaging) and resampled onto the *fsaverage* surface. BP_{ND} was extracted from each of the 10 regions by averaging all positive BP_{ND} values.

Statistical analysis

Participant demographics and characteristics were compared with two-tailed t-tests and Chi-square tests. To borrow strength across brain regions, accounting for intra-participant correlation among regions, we fit linear mixed-effects (LME) models to natural log-transformed BP_{ND} in all regions. Participant-specific random intercept was included and

separate models were fit for [¹¹C]DASB and [¹¹C]CUMI-101. To test for covariates, a model was first fit with sex, age, number of days between PET and EMA, region, hemisphere, and EMA stress (log-transformed for normalization) as main effects.

We first tested for relationships with EMA stress across all participants by entering either 5-HTT or 5-HT_{1A} BP_{ND} as model outcomes and EMA stress as a fixed effect, controlling for brain region. To test for region-specific differences in stress, additional models included an EMA stress by region effect. We then tested the impact of suicide attempt status on the relationship between EMA stress and PET. Therefore, we repeated the previous models in separate attempter and nonattempter models. Post-hoc analyses by region were conducted and standardized betas (β) reported.

All statistics were then repeated using six standard *a priori* Brodmann Area-based regions that have been analyzed in both 5-HTT and 5-HT_{1A} papers from our group (anterior cingulate cortex, thalamus, amygdala, hippocampus, dorsal putamen, and midbrain) (Miller et al., 2016; Miller et al., 2009; Miller et al., 2008; Oquendo et al., 2016; Parsey et al., 2010; Sullivan et al., 2015; Zanderigo et al., 2018). They have appreciable 5-HTT and 5-HT_{1A} binding and are defined on an in-house atlas (Miller et al., 2016; Miller et al., 2009; Miller et al., 2008; Oquendo et al., 2016; Parsey et al., 2010; Sullivan et al., 2015; Zanderigo et al., 2018).

P-values are reported unadjusted for multiple comparisons, but we also state when these p-values would survive Bonferroni correction. A Bonferroni corrected threshold for the LME main effects and interactions would be $p < 0.008$, accounting for two tracers, two atlases, and separate attempter and non-attempter analyses. Further, Bonferroni correction on post-hoc analyses would yield $p < 0.005$ for the ten NRU 5-HT regions and $p < 0.008$ for the six Brodmann Area-based regions. Statistics were performed in R v4.0.3 (Bates et al., 2014; Team, 2013).

RESULTS

Participants

Table 1 displays participant characteristics. Suicide attempters and nonattempters did not differ in age, sex, race, education, radiotracer dose, depression severity, hopelessness, suicidal ideation, childhood adversity, and days between EMA and PET scan (minimum: 1 day and maximum: 36 days). [¹¹C]DASB injected mass was greater in nonattempters than attempters ($p = 0.05$). EMA stress over one week did not differ between attempters and nonattempters ($56.1\% \pm 25.1\%$ and $55.5\% \pm 33.0\%$, respectively).

NRU 5-HT atlas: All Depressed Participants

In both 5-HTT and 5-HT_{1A} receptor models, potential covariates were non-significant and were dropped from subsequent models (age: $F = 0.86$, degrees of freedom (df) = 1, 20, $p = 0.364$ and $F = 0.03$, df = 1, 19, $p = 0.863$; sex: $F = 0.57$, df = 1, 20, $p = 0.460$ and $F = 0.08$, df = 1, 19, $p = 0.782$; number of days between the PET scan and EMA: $F = 1.24$, df = 1, 20, $p = 0.280$ and $F = 0.29$, df = 1, 19, $p = 0.599$, respectively for 5-HTT and 5-HT_{1A}).

In all participants, the main effect of EMA stress was not significant for 5-HTT or 5-HT_{1A} BP_{ND} ($F=0.80$, $df=1, 23$, $p=0.379$ and $F=0.36$, $df=1, 22$, $p=0.554$, respectively). The relationship between EMA stress and 5-HTT or 5-HT_{1A} BP_{ND} also did not vary by brain region (Figure 1 and 2, top; $F=0.93$, $df=10, 150.27$, $p=0.510$ and $F=0.82$, $df=10, 143.46$, $p=0.606$, respectively).

NRU 5-HT atlas: Stratifying by Suicide Attempter Status

There were significant region-specific differences in brain 5-HTT and 5-HT_{1A} BP_{ND} between attempters and nonattempters (attempter-region interaction: 5-HTT $F=2.93$, $df=10, 150.27$, $p=0.002$ (also survives Bonferroni correction) and 5-HT_{1A} $F=2.06$, $df=10, 143.46$, $p=0.03$). Post-hoc testing of NRU 5-HT atlas brain regions revealed lower 5-HTT binding in region 5 in attempters than non-attempters ($p=0.034$; portions of cuneus, pericalcarine, lingual, and lateral occipital cortices), whereas no post-hoc tests were significant for 5-HT_{1A} BP_{ND}. Given this observation of differential 5-HTT BP_{ND} as a function of suicide attempt history, we hypothesized that the two groups might have a different perception of the same level of stress because of a difference in brain biological state. We therefore examined the relationship between binding and stress while stratifying by attempt status.

Region-specific relationships were found between EMA stress and 5-HTT BP_{ND} for both attempters ($F=2.16$, $df=10, 68.25$, $p=0.031$) and nonattempters ($F=2.46$, $df=10, 61.36$, $p=0.015$). No post-hoc analyses of individual NRU 5-HT atlas regions reached significance (p -values >0.05 ; (Figure 1, center; Table 2). In attempters, the effect sizes for 5-HTT correlations were moderate in regions 2 ($\beta=-0.37$), 5 ($\beta=-0.49$; the same region where attempters had lower 5-HTT BP_{ND} than non-attempters), and 7 ($\beta=-0.30$), whereas the effect sizes for all correlations in nonattempters were small (β range $=-0.14$ to 0.06 ; Table 2).

For the 5-HT_{1A} receptor, a region-specific relationship was observed between EMA stress and 5-HT_{1A} BP_{ND} in attempters ($F=2.92$, $df=10, 61.36$, $p=0.005$; also survives Bonferroni correction), that was absent in nonattempters ($F=0.39$, $df=10, 61.36$, $p=0.95$). Post-hoc, a widespread pattern of positive correlation between 5-HT_{1A} BP_{ND} and EMA stress in attempters was found, with all NRU 5-HT atlas regions *except* region 5 (portions of cuneus, pericalcarine, lingual, and lateral occipital cortices) having p -values <0.05 and seven of these nine regions also surviving Bonferroni correction (Figure 2, center, Table 2). In contrast, region-wise correlations were absent in nonattempters (p 's >0.05 ; Figure 2, center; Table 2). The effect sizes for all nine significant 5-HT_{1A} correlations in attempters were moderate (β range $= 0.33$ to 0.45), whereas the effect sizes for all correlations in nonattempters were small (β range $= -0.11$ to -0.04 ; Table 2).

Brodmann Area-Based In-House atlas

A comparison of regions in Brodmann vs. NRU 5-HT atlases is shown in Figure 3. Similar to the NRU 5-HT atlas results, in all participants, the main effect of EMA stress and the effect of EMA stress by brain region were not significant for 5-HTT BP_{ND} ($F=0.022$, $df=1, 23$, $p=0.88$ and $F=0.48$, $df=6, 67.31$, $p=0.82$, respectively) or 5-HT_{1A} BP_{ND} ($F=0.42$, $df=1, 22$, $p=0.52$ and $F=0.99$, $df=6, 64.31$, $p=0.44$, respectively).

When considering attempt status, Brodmann region effects were in general weaker for 5-HTT, i.e., no effect of 5-HTT BP_{ND} in attempt status group comparisons or correlations with EMA stress (attempt status by region: $F=1.04$, $df=6$, 64.31 , $p=0.41$; EMA stress by region in attempters: $F=0.67$, $df=6$, 34.22 , $p=0.68$, Figure 4; EMA stress by region in nonattempters: $F=0.30$, $df=6$, 25.15 , $p=0.93$, Figure 4).

Effects were similar, but with different spatial localization of significant effects for the 5-HT_{1A} receptor. There again was no effect of 5-HT_{1A} BP_{ND} in attempt status group comparisons (attempt status by region: $F=1.04$, $df=6$, 64.31 , $p=0.41$). For EMA stress, there was a significant main effect of EMA stress in attempters only ($F=12.24$, $df=1$, 10 , $p=0.006$; also survives Bonferroni correction), with a positive correlation between 5-HT_{1A} BP_{ND} and EMA stress across regions in attempters ($\beta=0.26$, 95% confidence interval (CI): [0.09, 0.43]).

Further, similarly to the NRU 5-HT atlas analysis, there was a region-specific association between 5-HT_{1A} BP_{ND} and EMA stress only in attempters ($F=4.40$, $df=6$, 28.18 , $p=0.003$; also survives Bonferroni correction; Figure 4), with 5-HT_{1A} BP_{ND} correlating positively with EMA stress post-hoc in the dorsal putamen ($\beta=0.44$, 95% confidence interval (CI): [0.25, 0.64], $p<0.001$), thalamus ($\beta=0.30$, 95% CI: [0.10, 0.49], $p=0.005$), and midbrain ($\beta=0.31$, 95% CI: [0.11, 0.50], $p=0.004$; Figure 4), with the effects in all three regions surviving Bonferroni correction.

DISCUSSION

Given that neither the severity of reported stress (current and childhood) nor depression severity differed between attempters and nonattempters, the importance of stress to suicide attempts could be related to interactions between stress and brain biology. MDD suicide attempters had similar brain 5-HT_{1A} binding, but lower 5-HTT binding specifically in portions of cuneus, pericalcarine, lingual, and lateral occipital cortices (NRU 5-HT atlas region 5). Solely in the attempters, 5-HT_{1A} binding potentials were positively correlated with EMA stress. The positive correlation of EMA stress with 5-HT_{1A} binding was widespread, involving nine of ten atlas regions and excluded the NRU 5-HT atlas region with significantly lower 5-HTT binding in attempters. Conversely, in currently depressed individuals without an attempt, no correlations were detected. Results using *a priori* Brodmann Area-based ROIs were generally weaker, except for localized positive correlations of stress with 5-HT_{1A} binding in attempters in subcortical regions (dorsal putamen, midbrain, and thalamus) that do not overlap with the cortical NRU 5-HT atlas.

The directionality of our findings (higher 5-HT_{1A} significantly correlating with more reported daily life stressors and significantly lower 5-HTT in attempters and lower 5-HTT tending to be correlated with more reported daily life stressors) agrees with prior work in MDD and suicidal behavior (Arango et al., 2003; Arango et al., 1995; Boldrini et al., 2008; Cannon et al., 2006; Hesselgrave and Parsey, 2013; Joensuu et al., 2007; Kaufman et al., 2015; Lehto et al., 2006; Malison et al., 1998; Mann et al., 2000; Miller et al., 2013; Miller et al., 2008; Nye et al., 2013; Oquendo et al., 2016; Parsey et al., 2006a; Parsey et al., 2010; Parsey et al., 2006b; Reimold et al., 2008; Selvaraj et al., 2011; Staley et al., 2006;

Stockmeier, 2003; Sullivan et al., 2015; Underwood et al., 2018; Willeit et al., 2000). It is worth noting that a meta-analysis by Moncrieff et al. concluded that the serotonin system is not abnormal in major depression (Moncrieff et al., 2022). Many of the measures assessed in that paper are from peripheral blood, while our study looked at the brain. Many brain studies of serotonin indices in depression, using a variety of methods, were not included in Moncrieff et al. given the requirement for a minimum number of studies using the same method for meta-analysis. Because the effect found here were restricted to depressed attempters, and reported stress severity was comparable between attempters and nonattempters, this serotonergic phenotype (low 5-HTT, high 5-HT_{1A}) may link heightened reactivity to daily life events with suicidal behavior. This model is also consistent with *postmortem* studies, where lower 5-HTT, higher 5-HT_{1A} binding, and a relationship between recent stressors and a history of childhood adversity are found in depressed suicide decedents (Underwood et al., 2018).

The spatial localization of lower 5-HTT binding in attempters and a trend toward lower 5-HTT with greater EMA stress to occipital cortex areas differs from the anatomically widespread 5-HT_{1A} binding findings. Prior work has found a relatively diffuse pattern of 5-HTT deficiency in major depression (Gryglewski et al., 2014; Kambeitz and Howes, 2015), with more localized effects in suicidal behavior (prefrontal and anterior cingulate cortices, putamen, brainstem, midbrain) (Mann et al., 2000; Miller et al., 2013; Nye et al., 2013; Underwood et al., 2018). However, in those with both the lower expressing, short-allele 5-HTT polymorphism (Lesch et al., 1996) and a history of stressful life events, heightened functional MRI activity in the occipital cortex has been shown in response to fear conditioning (Klucken et al., 2013). Taken together, this might suggest a model where pre-existing lower 5-HTT binding confers sensitivity to stressors that contributes to suicide risk.

The nine NRU 5-HT atlas regions in which 5-HT_{1A} BP_{ND} positively correlated with EMA stress showed almost no overlap with the three Brodmann Area-based ROIs that correlated with EMA stress (Figure 3). Considering both types of regions, therefore, indicates an even more widespread pattern of link between 5-HT_{1A} and stress cortically and subcortically than either atlas type alone. Notably, NRU 5-HT atlas region 1, covering the frontal cortex, has significant 5-HT_{1A} binding correlations with stress, but the Brodmann Area-based anterior cingulate cortex did not show 5-HT_{1A} binding correlations. Given postmortem and *in vivo* findings of elevated prefrontal and anterior cingulate 5-HT_{1A} binding in suicide decedents, and in nonfatal suicide attempters, including correlations with suicide lethality (Oquendo et al., 2016; Sullivan et al., 2015; Underwood et al., 2018), the NRU 5-HT atlas may afford enhanced power to detect effects here over Brodmann Areas, or effects may be localized to areas of the frontal cortex not encompassing the anterior cingulate. The Brodmann-Area atlas findings should be interpreted with caution, given that the three ROIs correlating with EMA stress – midbrain, thalamus, and dorsal putamen – had notably lower 5-HT_{1A} BP_{ND} than the non-significant regions, in agreement with previous reports in thalamus and dorsal putamen (Ito et al., 1999). While the raphe nuclei are rich with 5-HT_{1A}, other areas of the midbrain are largely devoid of 5-HT_{1A} receptors (Ito et al., 1999) and, therefore, the regional BP_{ND} average across the midbrain reflects low binding. It may be that the low signal decreased statistical power and inflated the Type I error rate (false-positives).

While all but one region in the NRU 5-HT atlas had significant positive relationships between EMA stress and 5-HT_{1A} BP_{ND} in suicide attempters, the strongest effect was in region 7 ($\beta = 0.45$, with CIs that excluded zero, $p < 0.001$), which includes portions of isthmus cingulate, parahippocampal, and entorhinal cortices. These areas are associated with learning, memory and decision-making, and the diathesis for suicidal behavior (Mann and Rizk, 2020). In rodents with a chronic stress-induced depression phenotype, altered metabolic pathways were found in the entorhinal cortex (Chen et al., 2020) and stimulation of entorhinal cortex neurons yielded antidepressant-like effects (Yun et al., 2018). The isthmus cingulate, parahippocampal gyrus, and entorhinal cortex are all termini of the posterior cingulum (Weis et al., 2018), the posterior portion of the prominent axonal tract connecting subgenual cingulate to the temporal lobe, including hippocampus (Mega et al., 1997). Relationships between posterior cingulum white matter integrity and posttraumatic stress disorder have been found (Averill et al., 2018; Weis et al., 2018), further implicating this area in stress response.

The single region where 5-HTT binding was related to attempter status and tended to be related to stress, was the single region without an effect of 5-HT_{1A} binding by stress. Perhaps 5-HTT abnormality dominates in this region without much 5-HT_{1A} influence. Alternatively, since this region has the lowest 5-HT_{1A} binding potential of the atlas regions (Beliveau et al., 2017; Beliveau et al., 2020), perhaps this limits statistical power to detect an effect in this location.

Strengths of this study include same-day PET imaging with multiple molecular probes and EMA in medication-free participants with MDD. Another strength is the consideration of both Brodmann-based and serotonin-based atlases for a comprehensive picture of stress interactions with 5-HTT and 5-HT_{1A} systems. One limitation is the sample size. Although 25 participants is not a modest size for a sample being scanned with two PET tracers on the same day and with additional EMA, splitting the sample into attempter ($n=13$) and non-attempter ($n=12$) groups, yielded small sample sizes that may result in inflated false discovery rates and less reliable effect size estimation. In fact, Gryglewski et al. 2014 suggests a minimum group size of 64 for sufficient power to detect MDD vs. healthy volunteer differences from meta-analysis of molecular imaging studies of 5-HTT (Gryglewski et al., 2014) and therefore, even if the contrast of interest here is different than the one in Gryglewski et al, these findings should be interpreted with caution and treated as preliminary evidence that require follow-up in larger samples. The sample size further limited our ability to fit three-way interactions (e.g., attempter status by EMA stress by region), which could tell us if the regional EMA stress \times PET relationships differed by attempter status. Because the range of EMA stress was greater in nonattempters than attempters, we repeated the nonattempter analyses excluding the participant with the lowest EMA stress of 7.1% of prompts, a potential outlier, and the non-significant findings in nonattempters were replicated.

Another limitation is that because neuroimaging and EMA were acquired after suicide attempt(s), we cannot determine if the relationships to stress were risk factors for or the result of suicide attempt(s). We hypothesize that serotonin system dysfunction may indicate a biological susceptibility to stressors, a risk factor for suicidal behavior. Mouse models

are needed to determine causality, because it is possible that local levels of intrasynaptic serotonin release, which regulate 5-HTT levels through internalization and recycling, are controlled by 5-HT_{1A} autoreceptors regulating serotonin neuron firing and release in midbrain serotonergic cell bodies (Bunin et al., 1998; Bunin and Wightman, 1998; Kittler et al., 2010; Lau et al., 2008; Montañez et al., 2003; Sotelo et al., 1990). A limitation, however, is the lack of mouse models of suicidal behavior. A large-sample, longitudinal study should test a model whereby serotonergic function mediates the risk relationship of current stress to the triggering of suicidal behavior in MDD. Such a study could also examine genetic and epigenetic effects on serotonergic function.

Individuals with active depression may or may not manifest suicidal behavior in the face of comparable stress because of differences in brain serotonergic function. 5-HT_{1A} receptor binding potentials correlated with current stress and 5-HTT was lower in attempters than nonattempters, and these relationships involve different brain regions. Larger, longitudinal studies are needed to clarify these effects and to further understand the interplay of daily stressors and serotonin in suicide risk and resilience. One approach is to study whether treatment with medications preferentially reduces the impact of current life stressors on suicide risk in MDD with different serotonergic phenotypes.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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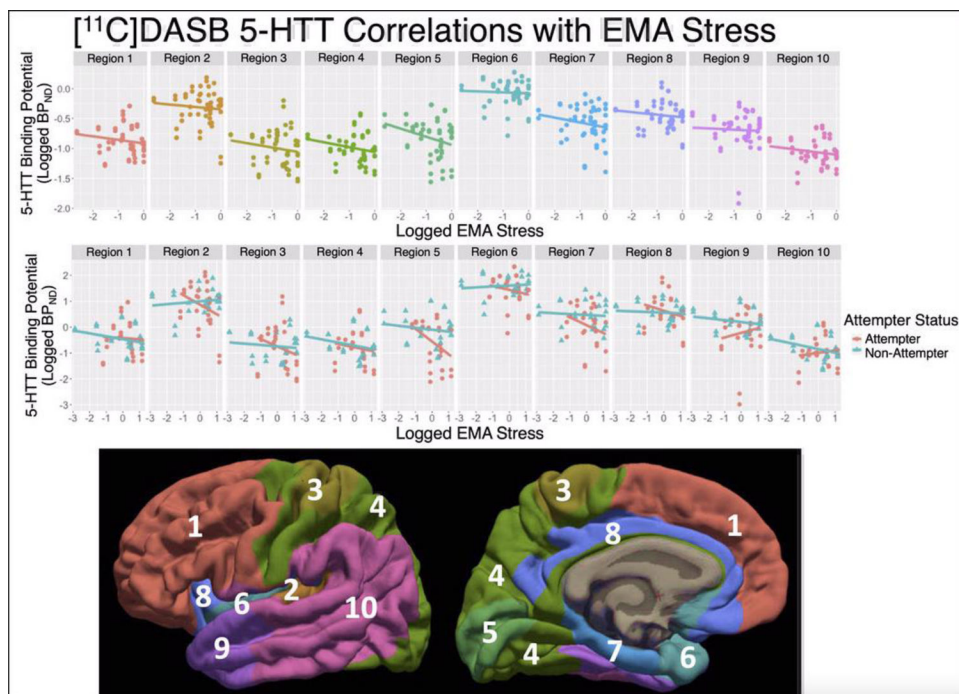


Figure 1. NRU 5-HT atlas Results: Scatter plots of log-transformed [^{11}C]DASB 5-HTT BP_{ND} estimates (y-axes) versus the log-transformed EMA stress measure. Individual scan data-points are repeated in the top and center panes, but different regression lines are shown. Top: Regression line across all participants, visualizing non-significant effect of EMA stress by region ($p=0.51$). Middle: Regression lines for both suicide attempters (pink) and nonattempters (blue), where attempter data-points are plotted with circles and nonattempter data-points are with triangles, visualizing significant effect of EMA stress by region in attempters ($p=0.031$) and nonattempters ($p=0.015$). Bottom: The 10 regions of the NRU 5-HT atlas are shown on the lateral (left) and medial (right) fsaverage surfaces.

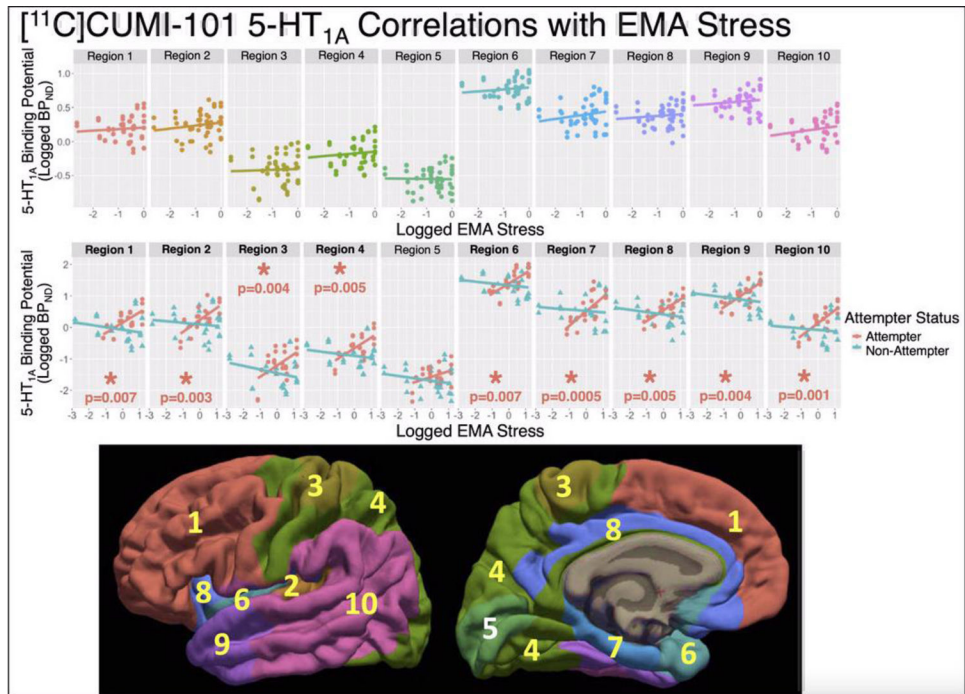


Figure 2.

NRU 5-HT atlas Results: Scatter plots of log-transformed $[^{11}\text{C}]\text{CUMI-101 } 5\text{-HT}_{1\text{A}} \text{BP}_{\text{ND}}$ estimates (y-axes) versus the log-transformed EMA stress measure. Individual scan data-points are repeated in the top and center panes, but different regression lines are shown. Top: Regression line across all participants, visualizing non-significant effect of EMA stress by region ($p=0.61$). Middle: Regression lines for both suicide attempters (pink) and nonattempters (blue), where attempter data-points are plotted with circles and nonattempter data-points are with triangles, visualizing significant effect of EMA stress by region in attempters ($p=0.005$) and non-significant effect in nonattempters ($p=0.95$). Bottom: The 10 regions of the NRU 5-HT atlas are shown on the lateral (left) and medial (right) fsaverage surfaces, with regions revealed as $p<0.05$ in post-hoc testing marked with yellow font. For Regions with post-hoc $p<0.05$, metrics of effect size include: Region 1: $\beta = 0.33$ and $r = 0.71$, Region 2: $\beta = 0.38$ and $r = 0.70$, Region 3: $\beta = 0.36$ and $r = 0.54$, Region 4: $\beta = 0.34$ and $r = 0.65$, Region 6: $\beta = 0.33$ and $r = 0.70$, Region 7: $\beta = 0.45$ and $r = 0.72$, Region 8: $\beta = 0.35$ and $r = 0.75$, Region 9: $\beta = 0.36$ and $r = 0.71$, and Region 10: $\beta = 0.41$ and $r = 0.75$ (β estimates from Table 2).

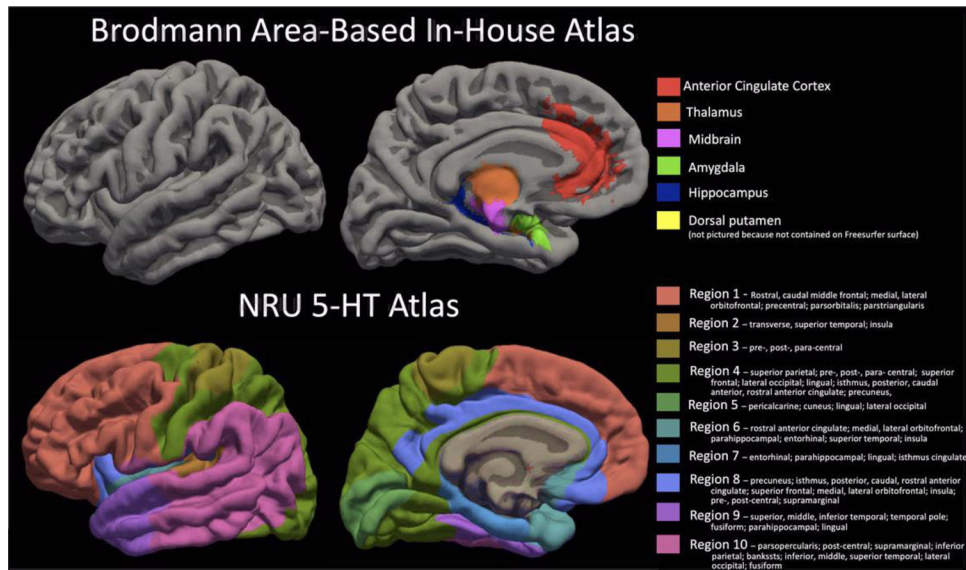


Figure 3. Comparison of the Brodmann Area-based in-house atlas regions of interest resampled on the Freesurfer fsaverage surface (TOP) and the NRU 5-HT atlas (BOTTOM). Regions are all shown on pial surface and NRU 5-HT atlas regions are listed with the Desikan-Killiany regions that lie within the NRU 5-HT region boundaries for reference.

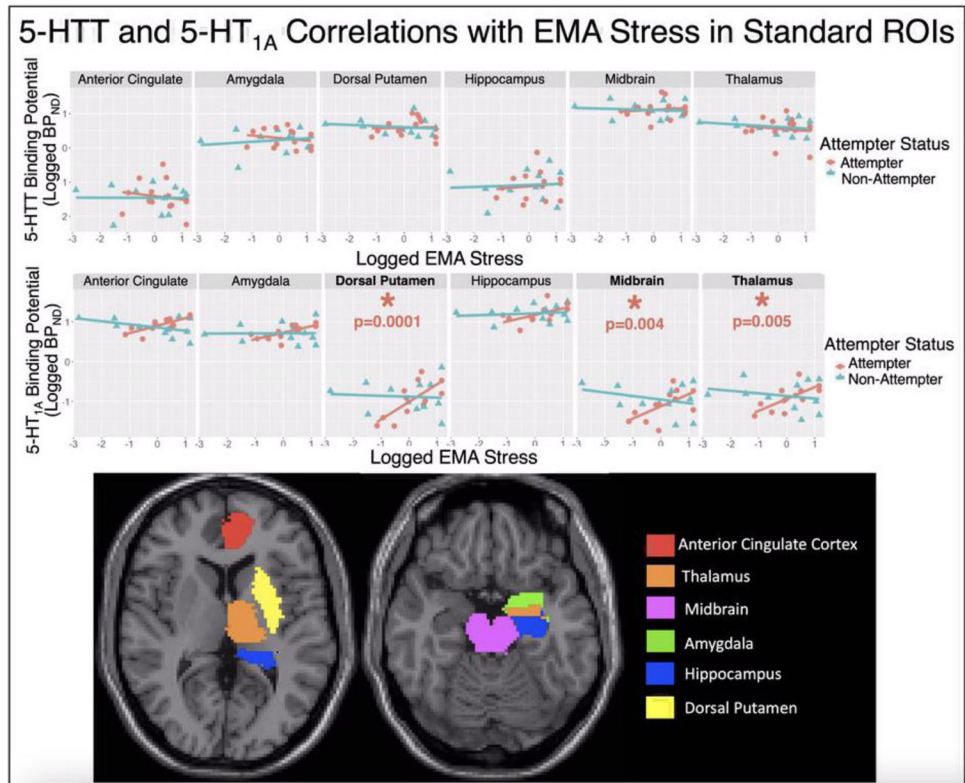


Figure 4. Standard Brodmann Area-Based In-House atlas Results: Scatter plots of log-transformed [¹¹C]CUMI-101 5-HT_{1A} BP_{ND} estimates (y-axis; TOP) and [¹¹C]DASB 5-HTT BP_{ND} estimates (y-axis; MIDDLE) versus the log-transformed EMA stress measure (x-axes). Top and middle: Regression lines for both suicide attempters (pink) and nonattempters (blue), where attempter data-points are plotted with circles and nonattempter data-points are with triangles. Bottom: The six regions from our in-house atlas are shown on slices of a Montreal Neurological Institute (MNI) space structural MRI. For Regions with post-hoc $p < 0.05$, metrics of effect size include: dorsal putamen: $\beta = 0.44$ and $r = 0.72$, thalamus: $\beta = 0.30$ and $r = 0.70$, and midbrain: $\beta = 0.31$ and $r = 0.61$.

Table 1.

Participant Clinical and Demographic Characteristics & Tracer Doses.

	Suicide Attempters (n=13)	Suicide Nonattempters (n=12)	p-value
Age (years)	30.0 ± 7.4	35.0 ± 10.0	0.10
% Female	69.2%	33.3%	0.11
Race	53.8% White	66.7% White	0.21
	23.1% Asian	33.3% Black	
	15.4% Black		
	7.7% Unknown/not reported		
Total Education (years) *	15.8 ± 2.0	15.3 ± 2.0	0.54
HDRS-17	17.5 ± 5.6	17.9 ± 2.9	0.83
BDI **	25.0 ± 9.0	27.3 ± 7.7	0.52
BHS **	10.8 ± 5.8	13.6 ± 5.1	0.22
[¹¹ C]DASB Injected Dose (mCi)	13.0 ± 4.9	11.4 ± 5.3	0.44
[¹¹ C]CUMI-101 Injected Dose (mCi)	12.1 ± 3.9	10.8 ± 3.8	0.41
[¹¹ C]DASB Injected Mass (µg)	2.0 ± 1.2	3.0 ± 1.1	0.05
[¹¹ C]CUMI-101 Injected Mass (µg)	2.0 ± 1.1	1.7 ± 0.7	0.43
EMA stress (proportion of prompts over one week with negative stressor endorsed)	56.1 ± 25.1%	55.5 ± 33.0%	0.96
Days between EMA start and PET scan (EMA – PET)	-6.6 ± 16.1	-1.7 ± 15.5	0.44
Childhood Trauma Questionnaire (CTQ) Total Score ⁺	51.8 ± 20.7	45.1 ± 18.9	0.43
SSI Prior Total ⁺⁺	8.4 ± 11.2	3.1 ± 3.5	0.26
Number of prior suicide attempts ⁺⁺⁺	1.8 ± 1.2	0 ± 0	N/A
Suicide attempt recency (years) ⁺⁺⁺⁺	7.6 ± 7.7	N/A	N/A

Abbreviations: HDRS-17 = 17-item Hamilton Depression Rating Scale, mCi = millicuries.

* Total education data missing from one nonattempter participant.

** BDI and BHS missing from one attempter participant.

⁺ CTQ missing from one attempter and one nonattempter participant⁺⁺ SSI Prior Total missing from 6 attempter participants.⁺⁺⁺ Number of prior suicide attempts missing from 1 attempter participant.⁺⁺⁺⁺ Suicide attempt recency missing from 4 attempter participants.

Table 2.Effect of EMA stress by region for 5-HTT and 5-HT_{1A} in suicide attempters and nonattempters.

Suicide Attempters: Effect of EMA stress by region				
	5-HTT BP _{ND}		5-HT _{1A} BP _{ND}	
	p=0.04*		p=0.005**	
	Standardized Beta (β) Estimate [95% CI]	p-value	Standardized Beta (β) Estimate [95% CI]	p-value
Region 1	-0.05 [-0.62, 0.53]	0.87	0.33 [0.10, 0.55]	0.007*
Region 2	-0.37 [-0.94, 0.21]	0.20	0.38 [0.15, 0.61]	0.003**
Region 3	-0.29 [-0.86, 0.29]	0.31	0.36 [0.13, 0.58]	0.004**
Region 4	-0.13 [-0.71, 0.44]	0.63	0.34 [0.12, 0.57]	0.005**
Region 5	-0.49 [-1.07, 0.08]	0.09	0.17 [-0.05, 0.40]	0.13
Region 6	-0.16 [-0.73, 0.42]	0.58	0.33 [0.10, 0.55]	0.007*
Region 7	-0.30 [-0.88, 0.27]	0.28	0.45 [0.23, 0.68]	0.0005**
Region 8	-0.20 [-0.78, 0.37]	0.47	0.35 [0.12, 0.57]	0.005**
Region 9	0.18 [-0.40, 0.75]	0.52	0.36 [0.13, 0.59]	0.004**
Region 10	0.09 [-0.49, 0.66]	0.75	0.41 [0.18, 0.63]	0.001**
Suicide Nonattempters: Effect of EMA stress by region				
	5-HTT BP _{ND}		5-HT _{1A} BP _{ND}	
	p=0.015*		p=0.95	
	Standardized Beta (β) Estimate [95% CI]	p-value	Standardized Beta (β) Estimate [95% CI]	p-value
Region 1	-0.11 [-0.36, 0.14]	0.33	-0.081 [-0.29, 0.13]	0.42
Region 2	0.06 [-0.29, 0.31]	0.64	-0.051 [-0.26, 0.16]	0.61
Region 3	-0.05 [-0.30, 0.20]	0.65	-0.11 [-0.33, 0.10]	0.26
Region 4	-0.12 [-0.37, 0.13]	0.31	-0.068 [-0.28, 0.14]	0.50
Region 5	-0.07 [-0.33, 0.18]	0.53	-0.076 [-0.29, 0.14]	0.45
Region 6	-0.04 [-0.22, 0.29]	0.77	-0.058 [-0.27, 0.15]	0.56
Region 7	-0.03 [-0.29, 0.22]	0.77	-0.044 [-0.26, 0.17]	0.66
Region 8	-0.03 [-0.28, 0.22]	0.82	-0.074 [-0.29, 0.14]	0.46
Region 9	-0.07 [-0.32, 0.18]	0.54	-0.070 [-0.28, 0.14]	0.49
Region 10	-0.14 [-0.39, 0.12]	0.26	-0.047 [-0.26, 0.16]	0.64

Abbreviations: CI = confidence interval, 5-HTT = serotonin transporter, 5-HT_{1A} = serotonin receptor 1A, BP_{ND} = binding potential of interest.

* p<0.05,

** survives Bonferroni correction thresholds: p<0.008 for LME model effects of EMA stress by region and p<0.005 for the post-hoc follow-ups in the 10 NRU 5-HT atlas regions