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### Comparison of Morphological and Histological Characteristics of Human and Sheep: Sheep as a Potential Model for Testing Midurethral Slings in vivo

llaha Isali<sup>a</sup>, Ahmad Osama Khalifa<sup>b</sup>, Subba Shankar<sup>c</sup>, Stanley Dannemiller<sup>d</sup>, Walter Horne<sup>d</sup>, Michelle Evancho-Chapman<sup>e</sup>, Phillip McClellan<sup>a</sup>, Gregory T. MacLennan<sup>f</sup>, Ozan Akkus<sup>g</sup>, Adonis Hijaz<sup>a</sup>

<sup>a</sup>Department of Urology, Case Western Reserve University, Cleveland, OH, USA

<sup>b</sup>Department of Urology, Colchester Hospital University, East Suffolk and North Essex NHS Foundation Trust, Colchester, UK

°CollaMedix Inc., Cleveland, OH, USA

<sup>d</sup>Comparative Medicine Unit, Northeast Ohio Medical University, Rootstown, OH, USA

<sup>e</sup>Research, Sponsored Programs and Innovation, Summa Health System, Akron, OH, USA

<sup>f</sup>Department of Pathology, Case Western Reserve University, Cleveland, OH, USA

<sup>g</sup>Department of Mechanical and Aerospace Engineering, Case Western Reserve University, Cleveland, OH, USA

#### Abstract

**Introduction:** The sheep was evaluated as a potential model for preclinical evaluation of urethral slings in vivo based on: (1) anatomical measurements of the sheep vagina and (2) histological tissue integration and host response to polypropylene (PP) slings.

**Methods:** Eight female, multiparous sheep were utilized. Three of 8 animals underwent surgery mimicking human tension-free vaginal tape protocols for midurethral slings and were euthanized at 6 months. The following measurements were obtained: vaginal length, maximum vaginal width with retraction, symphysis publis length, and distance from the public bone to incision. Explanted sling samples from sheep and human were stained with hematoxylin and eosin for host reaction assessment.

Statement of Ethics

Conflict of Interest Statement

Correspondence to: Adonis Hijaz, adonis.hijaz@uhhospitals.org.

Ilaha Isali and Ahmad Osama Khalifa contributed equally to this work.

Author Contributions

I. Isali, A.O. Khalifa, O. Akkus, and A. Hijaz – conception and design, acquisition of data, data analysis, drafting of the manuscript, and protocol development. S. Shankar, S. Dannenmiller, M. Evancho-Chapman, W. Horne, and P. McClellan – manuscript editing and data analysis. G. T. MacLennan – histopathological evaluation of stained tissue sections.

Animal experimental protocol (#18-01-191) was approved by the Institutional Animal Care and Use Committee at Northeast Ohio Medical University in compliance with the Guide for the Care and Use of Laboratory Animals.

Subbakrishna Shankar is the chief technology officer and holds equity in CollaMedix Inc. Ozan Akkus is the chief scientific officer of and holds equity in CollaMedix Inc. Adonis Hijaz is the chief medical officer and holds equity in CollaMedix Inc. The other authors declare no conflicts of interest.

**Results:** Geometric measurements were similar between humans and sheep. Sheep vaginal anatomy allowed sling placement similar to procedures in human surgeries, and all sheep recovered without problems. Comparative histology between the sheep and human indicated similar host reaction and collagen deposition around implants, confirming suitability of the sheep model for biomaterial response assessment.

**Conclusion:** Sheep vaginal length is comparable to humans. Tissue integration and host response to PP slings showed chronic inflammation with rich collagen deposition around the material in both sheep and human specimens, highlighting the sheep as a potential animal model for preclinical testing of midurethral slings.

#### Keywords

Stress urinary incontinence; Midurethral sling; Sheep model; Preclinical testing

#### Introduction

Stress urinary incontinence (SUI) affects ~40% of adult women [1] and impacts social, psychological, and hygienic wellness of patients. Various treatment options are available for SUI management. While there exist nonsurgical treatment options such as lifestyle changes, vaginal cones, pelvic floor rehabilitation, and bladder training [2], surgical treatment remains the most effective option for many SUI patients. Surgical implantation of retropubic and transobturator midurethral slings is a commonly performed procedure and remains as gold-standard treatment with cure rates of 80–90% [3]. Despite success rates, erosion, extrusion, obstruction, voiding dysfunction, and recurrent urinary tract infections are reported [4]. In part, these complications are attributed to synthetic mesh materials. Therefore, we continue to seek improvements in biomaterial selection with the aim of developing the ideal sling material for SUI management [5].

Novel biomaterials could be employed, particularly in revision surgeries. At present, biomaterials such as electrocompacted collagen [6] and poly-L-lactic acid [7] are being assessed for next-generation slings. Preclinical testing of these novel materials in animal models is imperative to understanding biocompatibility, tissue integration, long-term mechanical robustness, and efficacy in restoring continence [8]. Appropriate animal model selection is critical for evidence-based clearance of these materials prior to clinical use, which led to the development of midurethral slings [9, 10]. Various SUI animal models of suburethral sling implantation were reported[11]. The key limitation of rodents is that slings are undersized, limiting assessment of human-sized sling characteristics (porosity continuum and dimensions). While dogs are more appropriately sized than rodents, vaginal morphology of dogs is smaller than humans. In female pigs, urination and birth occur through a single urogenital opening, different from humans where the urethra and vagina have two separate canals [12]. Nonhuman primates are closely related to humans, but ethical concerns related to their use are a concern [13]. Therefore, there is no reported large animal model suitable for testing human-sized slings in vivo. A promising candidate animal model is sheep. Sheep cadavers were used for hands-on training of sling placement because sheep pelvic anatomy is acceptably similar to humans in terms of emulating surgical conditions [14]. However, to the best of our knowledge, the sheep model has yet to be used in testing of biological

responses to suburethral slings. The above stated merits warrant a more thorough evaluation of the sheep model as a potential candidate for studying sling biomaterials.

The purpose of this study was to examine whether the sheep model is suitable for preclinical evaluation of midurethral slings in vivo. Specifically, our aims were to: (1) compare anatomical dimensions of sheep vagina to human and (2) assess tissue integration and biological response to polypropylene (PP) slings in sheep versus human. Anatomical and histological assessment of large animal models is crucial for future standardization and preclinical testing of new biomaterials in urogynecological reconstructive surgeries.

#### **Materials and Methods**

Human-sized midurethral slings were implanted under general anesthesia, mimicking the tension-free transvaginal technique using a retropubic approach (online suppl. material. 1; see www.karger.com/doi/10.1159/000522138 for all online suppl. material). Standard, commercially available, clinical-grade PP slings and trocars (Boston Scientific Corporation, Marlborough, MA, USA) were used in surgeries. Eight female breeder sheep were used in the study (160–175 pounds, Hunter's Dorset, Lafayette, IN, USA). Sheep were multiparous, and each had at least 4 lambs. All 8 animals were used for anatomical dimension measurements (shown in Fig. 1a-c). Three of 8 animals used for surgical placement (shown in Fig. 2a-f) of midurethral slings were euthanized at 6 months following surgical implantation to observe long-term host response.

#### **Euthanasia and Tissue Harvest**

Three animals were euthanized at 6 months following surgery using 10–15 mL per 100 lb sodium pentobarbital (FatalPlus, Vorthech Pharmaceuticals, Dearborn MI, USA). A circular perineal incision was made around the urethra and vagina (shown in Fig. 3a). Dissection was performed in the perineal region to separate the posterior vaginal wall from the rectum (shown in Fig. 3b, c). Bilateral perineal dissection was made around the vagina and urethra to reach the pelvis. Pubectomy was performed using a limb and branch lopper (21" to 33," Corona Tools, Corona, CA, USA) to expose the urethra (shown in Fig. 3d, e). Combined pelvic and perineal dissection was performed to retrieve the bladder, urethra, vagina, uterus, and midurethral sling en bloc (shown in Fig. 3f). Midurethral slings (MUS) were detached from pelvic bones.

#### Histology of Tissue Response to Sling Material (Sheep and Human)

Explanted, formalin-fixed, paraffin-embedded mesh specimens were stained with hematoxylin and eosin to evaluate host response. Images of stained slides were collected with a light microscope (Olympus BX51) and scanned digitally (PrimeHisto XE Slide Scanner, Carolina Biological Supply, Burlington, NC, USA). After obtaining an exemption from the IRB committee, human histology slides were retrieved from the pathology department repository in our institute for assessment and review by a senior pathologist (G.M.).

#### **Statistical Methods**

Mean  $\pm$  SD values for sheep measured in this study were compared to those reported in the literature [15, 16] by using *t*-test with significance set at *p* < 0.05 (Review Manager, Version 3.5.2, Cochrane).

#### Results

Morphological measurements from the sheep vagina indicated all geometric measures except for that symphysis pubis length were similar between human and sheep (Table 1). Sheep vaginal anatomy allowed successful placement of slings in a fashion nominally comparable to human surgical procedures, and all sheep recovered smoothly. Mean operative time was  $44 \pm 12$  min. Blood loss was observed to be less than 50 cc for all animals. All animals urinated normally without hematuria or obstruction beginning from the first postoperative day. There were no indications of vaginal infection or sling rejection at any point in the study. Additionally, the proposed dissection method successfully isolated the urethra, vagina, bladder, uterus, and sling en bloc (shown in Fig. 3f). Histology of en bloc tissues confirmed the presence of the MUS between the vagina and urethra (shown in Fig. 4a) with no apparent adverse reactions in the surrounding tissue for all animals. Similar healing patterns and host responses for human and sheep were observed in hematoxylin-andeosin slides based on general appearance (cell nuclei, fibrous capsule around the PP sling, collagen deposition, etc.) (Fig. 4b). New collagen deposition and cellular filtration were reported in the region around the material in both sheep and human.

#### Discussion

Previously, sheep cadavers were reported as suitable for training surgeons on MUS [14] or pelvic organ prolapse (POP) surgeries [17]. Urbankova et al. [18] provided a detailed surgical protocol for implanting rectangular biomaterial patches in the rectovaginal space as a guideline for researchers. This surgical model was used by researchers who implanted experimental electrospun biomaterial patches and PP controls in sheep and examined host response for up to 6 months [19]. However, assessment of MUS or POP implants in sheep, as opposed to biomaterial patches, appears limited in the literature. To the best our knowledge, there are no studies utilizing sheep for evaluation of in vivo response to full length MUS. We were able to demonstrate slings could be inserted in vivo successfully, following which animals recovered without significant complications. Furthermore, resulting healing patterns and host responses in sheep were comparable to humans [20, 21].

Availability and acceptance of the sheep model by researchers make it suitable for preclinical studies, but there are certain limitations associated with this sheep model. First, compared to rodents, sheep are more costly. Furthermore, antibodies for immunohistochemistry or primers for in situ hybridization analyses may not be readily available [22]. As a result, sheep may be suitable for functional implant assessment, whereas utilization of sheep in studies testing biological hypotheses may not be straightforward.

We reported anatomical dimensions of sheep pelvic landmarks and similarities to humans and successfully implanted human-grade slings in sheep with no intraoperative

complications. The only anatomical measurement that differed was symphysis pubis length, which was accounted for by cephalad positioning of the abdominal incision approximately 7 cm cranial to the symphysis pubis. This distance is greater than employed in human surgical procedures. In future studies, incisions can be positioned close to the symphysis pubis by using custom trocars with reduced curvature as compared to commercially available trocars in order to match sheep anatomy. Urethral catheterization and medium episiotomy were straightforward. Cystoscopy appeared similar to humans, and urethral ducts were in the same position.

Historically, smaller animal models [11] have been utilized in various SUI research. Some models induce incontinence, whereas others focus on biocompatibility alone. Main limitations with primates or dogs stem from public sensitivity and ethical considerations. This might represent a valid argument for selecting a species such as the pig or sheep in the place of dogs or primates as experimental animals [23]. Recently, pigs were used to explore the retroperitoneum using the transvaginal natural orifice transluminal endoscopic surgery technique. This report promotes the utilization of pigs in retroperitoneal organ research [24]. However, a single urogenital opening in pigs renders them less preferable for urogynecology research experiments. Dogs have been used but were abandoned for poor training purposes due to small vaginal size [25]. These considerations leave the research community with the rodents as one of the few animal models for SUI research. While rodent models remain beneficial and economical for initial biomaterial assessment, from a preclinical translation point of view, implant size limitation is the main drawback of rodent models as elucidated by others [26]. Mechanical testing of small-sized biomaterials might not reflect properties when translated to human-sized slings.

Similar to humans, sheep can develop vaginal prolapse. In this study, we observed spontaneous prolapse (stage 1) at the time of surgery. It has been well documented that sheep acquire spontaneous prolapse [27, 28]. A few epidemiologic studies noted prevalence of POP in sheep to be as high as 15% [29]. Similar to humans, POP incidence in sheep also increases with number of births and aging. These similarities suggest the pathophysiology of POP in sheep and humans may have common mechanisms, indicating the sheep is also a good surrogate model for POP research.

There are limitations in this study. First, the number of animals was limited in the experimental design. However, the focus was on protocol development rather than a hypothesis-driven research study. Another limitation was the lack of incontinence in the current sheep model. Future studies are needed to assess the efficacy of pudendal nerve transection/crush in inducing incontinence in sheep. Furthermore, to be a viable incontinence model, a reliable method to assess incontinence outcome requires development.

In conclusion, the current study indicates (1) feasibility of using human-sized slings in sheep for biomaterial testing and (2) tissue integration and host responses to PP slings in sheep was comparable to that observed in humans. The implantation and dissection protocols developed in this study might be useful to other researchers interested in evaluating novel biomaterials for SUI treatment with MUS or for those who are seeking a suitable surgical practice training model.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### **Data Availability Statement**

All data analyzed during this study are included in this article. Any additional raw data can be accessed upon request by contacting the corresponding author.

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#### Fig. 1.

Measurements of pelvic landmarks. **a** Schematic description of measured dimensions of the sheep vagina. **b** Depicts measurement of sheep vaginal length. **c** Measurement of pubic bone length.

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#### Fig. 2.

Midurethral sling implantation. **a** Demonstration of the sheep's preoperative positioning and the allocation of the human-sized self-retaining retractor and stays. Cystoscopy image of the urethra (**b**) and bladder (**c**). **d** Insertion of trocars. **e** Sling was inserted under the urethra through a vaginal incision before deployment. **f** Closure of vaginal incisions.

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#### Fig. 3.

Harvest procedure. **a** Demonstration of a circular incision made around the urethra and vagina (yellow arrows). **b**, **c** Dissection was performed in the perineal region to separate the posterior vaginal wall from the rectum (white arrows). **d** Pubectomy was performed using a bypass lopper to expose the urethra. **e** Midurethral sling was detached from the pelvic bones ("B," bladder and "V," vagina). **f** Depicts explanted samples from the sheep. B, bladder; V, vagina; U, uterus; P, pubic bones.



#### Fig. 4.

H&E-stained explanted sling specimens. **a** H&E-stained sheep sling images at 6 months. **b** H&E-stained human sling images at 6 months. Asterisks denote sling material; red, six-pointed stars demonstrate collagen deposition in and around the sling material; yellow arrows indicate cellular infiltration in and around the sling. The scale bar is 100  $\mu$ m. H&E, hematoxylin and eosin. Author Manuscript

# Table 1.

Dimensions of the human female pelvis taken from the literature and used for comparisons to measurements from sheep

	Human, n	Human, cm	Sheep, n	Sheep, cm	<i>p</i> value
Vaginal length [15]	50	9.6±1.5	8	8.4375±1.99	0.14
Maximum vaginal width with retraction [15]	I	N/R	I	7±0.80	Ι
Length of the symphysis pubis [16]	SR	2.6-4.6	8	$6.775\pm0.55$	I
Distance from the pubic bone to incision [15]	I	N/R	8	$6.2875\pm0.70$	I

N/R, not reported; SR, systematic review.