

THE MEDICAL ETHNOGRAPHY OF THE SECOND WORLD WAR

BY

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1. INTRODUCTION

Except in so far as the occurrence of large-scale epidemics has provided opportunities for differential observation, there is available little well-accredited information concerning the liability of persons of non-European stock to diseases not commonly current in their normal habitat or of the liability of persons of European stock to diseases prevalent in Africa, Asia, and Oceania. This is necessarily so, because of the paucity of statistical machinery in countries which are not as yet highly industrialized and in countries which have no long tradition of occidental medicine. It is therefore unnecessary to expand the ensuing account by reference to current literature or to emphasize at length the peculiar opportunities which Army hygiene offers for a scientific study of this sort. Information about morbidity and mortality with respect to troops of different ethnic origin supplied by Army medical authorities has evidently two outstanding advantages in so far as:

- (a) we are in a position to assess with reliability each relevant population at risk;
- (b) troops of different ethnic stock live together in a given theatre in a comparatively homogeneous environment.

How far morbidity or mortality differentials disclosed by such statistics are respectively attributable to nature and to nurture is an issue which available data can settle conclusively only in so far as we can compare experiences of troops in one geographical environment with that of troops of the same ethnic group in another. The mere fact that different ethnic groups are differentially susceptible to particular diseases in one and the same environment offers no conclusive evidence for the genetic origin of such differentials, which might well arise from external circumstances antecedent to enlistment. In this context, therefore, an ethnic differential merely signifies an observable difference between individuals of different geographical origin. That it is attributable to nurture may be an assertion justifiable in certain circumstances. The assertion that it is attributable to differences with respect to genetic constitution would in no case be legitimate without recourse to information other than such as our present data disclose.

2. SOURCES OF DATA

The documentary source of the data dealt with below was the crude figures contained in statistical appendices to Hygiene reports transmitted from Overseas Theatres to the War Office. Army Forms W 3166-7, which have now replaced these appendices, explicitly call for information with respect to colonial troops whose individual documents do not directly reach the War Office Central File of medical documents; but there was no uniform standard of such information available from individual theatres during the first half of the war. Through the foresight of Brigadier Richmond, now Director of Hygiene at the War Office, then Deputy Director at General Headquarters, Cairo, the statistical section of the Middle East Force kept careful records of the morbidity and mortality experience of *all* troops under British Command stationed in that theatre from 1942 onwards; and two of the writers visited the General Headquarters of the Middle East Force with a view to exploring possible sources of error in the basic demographic data of the reports issued therefrom. Throughout the whole war West Africa Commands transmitted to the War Office comprehensive reports with respect both to the United Kingdom and to locally recruited African troops. Our data referable to the Italian and North African Campaigns and to troops in the Far Eastern Theatre (A.L.F.S.E.A.) necessarily cover a shorter period of time. For various reasons it has been impossible to check their intrinsic reliability as thoroughly as it has been possible to check those of the Middle East Force; but the extent to which they disclose conclusions consonant with those derived from statistics of M.E.F. and West Africa sufficiently justifies their inclusion in this context.

The introduction of A.F. W 3166-7 by the present Director of Hygiene signaled the rendition of hygiene statistics which classify Army personnel with greater refinement than the earlier reports. With one exception, our data refer to a period antecedent to its introduction. Hence troops designated African in what follows are not wholly comparable. Under this designation statistics from the West Africa commands refer only to locally recruited troops, that is, to the indigenous populations of British West Africa. A.L.F.S.E.A. statistics post-date the introduction of the new procedure and therefore budget separately troops locally recruited in British West Africa and in British East Africa. Statistics of the Middle East Force (M.E.F.) and of the Central Mediterranean Force (C.M.F.) include as African troops from both territories, with a preponderance of East Africans in the former. Troops respectively specified as U.K. (i.e. recruited in the United Kingdom) or as Canadian are exclusively of European stock. New Zealand troops included Maori divisions, and South African troops included divisions with personnel of both African and Asiatic origin. Troops designated Indian signify Asiatic troops locally recruited in British India.

For the reasons stated above, the source of our information with respect to individual diseases antedates adoption of a uniform system of medical taxonomy throughout all commands by the introduction of A.F. W 3166-7. Hence certain

diagnoses call for preliminary comment. For U.K. troops specialist diagnoses are independently obtainable from the War Office Central File of medical documents; but consolidated returns of different personnel categories from no theatre permit refined separation of the pneumonias or dysenteries. For all theatres except M.E.F. we can broadly separate amoebic and bacillary dysenteries, but for no theatre is it possible to type the bacillary dysenteries, or to judge how many cases reported as diarrhoea represent sub-clinical manifestations of one or other form. Pneumonia signifies pneumonitis and pneumoniasis indifferently, but excludes secondary pneumonia contracted in hospital. Consolidated malaria statistics of two theatres cite separately the three main types (*malignant tertian*, *benign tertian*, and *quartan*); but a firm separation of primary cases from reinfections or relapses is nowhere possible; and the totals cited include cases denominated as such by clinical criteria alone. Gonorrhoea figures present the usual difficulty arising in the early stages of the war from lack of a clear directive (subsequently issued) with respect to explicit rendition of figures referable to G-C positive cases, to G-C negative cases, and to cases for which no smear report is available. Hence it is impossible to assess the precise attenuation of the gross figures through inclusion of non-specific urethritis. In a contribution to so important a branch of vital statistics the specification of pyrexia of unknown origin would be repugnant, if it did not give us some indication of possible under-estimation of malaria, of sandfly fever, and of dengue fever. It is unfortunate that West African returns, the design of which preceded later interest focused on infective hepatitis epidemics, and hepatitis associated with syphilis therapy or with blood transfusion, etc., seemingly include under one label (*jaundice*) cases of both the former together with a small proportion of cases of Weil's disease and amoebic hepatitis.

3. STANDARDIZATION OF RATES

Basic demographic particulars available for analysis of the crude data include the total number of troops of a given personnel category as specified below in a particular command and its location. Only for U.K. troops have we exact information about the age structure of the population at risk. Hence it is not possible to standardize crude morbidity rates for differences with respect to age composition. We have therefore to interpret any recorded differences with due regard to this familiar pitfall in the light of: (a) the authors' general knowledge of the age-structure of the populations under review; (b) the extent of consequent distortion consistent with fullest allowance for age differences. Having scrutinized what relevant data are accessible, we may say that no differentials to which we here direct attention could conceivably emerge from comparison of the data, if age alone were responsible.

On the other hand, we are in a position to make adjustments dictated by a circumstance which does not commonly arise in compact communities with reliable public statistics of disease. In a theatre such as any which we here discuss,

physiographic conditions relevant in one way or another to the incidence of disease, especially of communicable diseases such as malaria, venereal disease, or sandfly fever, are highly variable, and sufficient to account for very gross statistical differences between different localities. If troops of one personnel category are largely stationed in one such locality and troops of a second personnel category are concentrated in another, differences solely attributable to differential exposure to risk may thus be spuriously associated with a difference which has no relation to ethnic variables as such. Where available, we have therefore taken advantage of statistics for total strength of troops of different ethnic categories in different commands of the same theatre to apply to our crude figures a method of standardization in principle strictly analogous to age-standardization. Standardized rates here cited thus signify rates computed on the assumption that the geographical distributions of each ethnic group was the same. For this purpose, we usually employ the U.K. distribution as the standard.

In what follows *relative* morbidity or mortality rates respectively represent the proportionate (percentage) contributions of individual diseases to all diseases or deaths reported for a given category of personnel. *Comparative* morbidity and mortality rates exhibit respectively the absolute incidence of reported cases of a given disease or of deaths therefrom expressed as a percentage of the corresponding incidence among personnel of the category taken (here always U.K. troops) as the standard. In contradistinction to mortality rates, *fatality* rates signify deaths attributable to a given disease as a fraction of reported cases of the disease.

4. WEST AFRICA

For the quinquennium 1941-45 we have data with respect to two ethnic categories stationed in West Africa, viz. U.K. troops (i.e. of *European* stock) in an alien habitat and locally recruited African troops indigenous to the same major geographical region.

Our first table, which refers to two levels of general morbidity, serves to emphasize remarks in the concluding paragraphs of the foregoing section, to draw attention to the dominant contribution of malaria, and to bring into relief a striking ethnic differential with respect to its incidence. The right half of the table (*invaliding*) cites figures for Africans medically discharged from the service and for Europeans no longer fit for service in the theatre. The spectacular steady decline of hospitalized morbidity among troops of European stock throughout the quinquennium is almost entirely, if not wholly, attributable to declining incidence of malaria during a period which witnessed the introduction of mepacrine as a suppressive. No such decline of general morbidity took place among African troops, the lower general morbidity of whom is almost entirely attributable to the very small contribution of malaria. Table II shows how small this contribution was. The only other outstanding differentials sufficiently large to exclude the possibility that they are attributable to age differences, more

especially in the light of data elsewhere published by Hogben and Johnstone (1947), are venereal disease (all types), dysentery, and chickenpox.

TABLE I
ANNUAL MORBIDITY RATES PER THOUSAND: WEST AFRICA, 1941-45

(i) Hospital Admissions—all causes (a) U.K. Troops							(ii) Invaliding (a) U.K. Troops (evacuations to U.K.)				
Year	Gold Coast	Nigeria	Sierra Leone	Gambia	Whole command		Gold Coast	Nigeria	Sierra Leone	Gambia	Whole command
					All causes	Minus malaria					
1941	1,737	968	1,804	942	1,620	725	53	131	91	76	96
1942	1,585	907	1,583	1,852	1,436	674	44	95	69	54	70
1943	1,432	1,186	1,017	1,161	1,157	715	36	62	55	55	59
1944	1,029	1,332	677	826	1,105	827	44	116	67	75	85
1945	812	794	644	686	760	668	55	58	64	62	59
(b) Africans							(b) Africans (discharge from service)				
1941	877	372	1,400	500	632	561	*	*	*	*	*
1942	811	409	897	881	721	648	59	51	25	25	44
1943	733	654	656	803	663	621	51	43	23	21	37
1944	950	1,032	421	852	851	806	52	62	18	34	46
1945	764	647	423	866	649	616	95	140	27	38	100

* Figures not available.

TABLE II
HOSPITAL ADMISSIONS 1944 AND 1945 WITH RESPECT TO CERTAIN INFECTIOUS DISEASES; ANNUAL RATES PER THOUSAND: WEST AFRICA

Disease	1944		1945		Ratio of U.K. to African rate			
	U.K.	Africans	U.K.	Africans	1944		1945	
					Crude rates	Locality standardized	Crude rates	Locality standardized
All admissions ..	1,105.0	851.0	760.0	649.0	1.3	1.2	1.2	1.1
Malaria ..	278.0	45.0	91.9	32.8	6.2	5.8	2.8	2.9
Venereal disease* ..	81.2	386.0	82.0	482.4	0.2	0.2	0.2	0.2
Bacillary dysentery ..	27.0	4.6	28.7	8.9	2.8	2.7	2.6	2.4
Amoebic dysentery ..		4.9		2.3				
Schistosomiasis ..	24.3	19.4	0.2	6.9	1.3	1.1	0.0	0.0
Tuberculosis ..	2.7	2.6	2.9	1.7	1.0	0.9	1.7	1.5
Pneumonia ..	1.9	21.4	1.2	15.7	0.1	0.1	0.1	0.1
Chickenpox ..	0.0	17.8	0.0	9.2	0.0	0.0	0.0	0.0

* Includes cases treated in units.

As stated above, our information with respect to dysentery does not entitle us to cite figures for the several types. Since cases recorded as such would refer only

to patients with mucous stools, figures cited fall far below the total of sickness attributable to the responsible pathogens. For U.K. troops we have access to figures which indicate considerable geographical variation with respect to the ratio of cases of bacillary to amoebic dysentery, as shown by the following consolidated (quinquennial) figures for the different commands:

Gold Coast	1 : 1
Nigeria	4 : 1
Sierra Leone	6 : 1
Gambia	2 : 1

TABLE III
ANNUAL HOSPITAL ADMISSIONS FOR MALARIA AND DYSENTERY PER THOUSAND STRENGTH; U.K. TROOPS: WEST AFRICA

Year	(i) Malaria						(ii) Dysentery					
	Gold Coast	Nigeria	Sierra Leone	Gambia	Whole Command		Gold Coast	Nigeria	Sierra Leone	Gambia	Whole Command	
					Crude rates	Locality standardized					Crude rates	Locality standardized
1941	1,001	564	894	662	895	895	28	25	46	117	51	51
1942	810	525	754	1,071	762	796	21	45	85	53	71	61
1943	460	462	370	483	442	496	28	42	49	51	42	54
1944	243	399	68	175	278	290	36	13	24	56	27	38
1945	74	139	61	28	92	103	51	11	23	33	29	42

The importance of locality standardization also receives emphasis from the considerable differences between contemporary malaria, dysentery, and venereal disease rates of troops stationed in the four commands of this theatre (*Gold Coast*, *Nigeria*, *Sierra Leone*, and *Gambia*) as shown in Tables III, IV, and VI. Table III emphasizes the unequal decline of malaria incidence among British troops in the four territories. The left half of Table IV makes this inequality more explicit,

TABLE IV
HOSPITAL ADMISSION RATES FOR MALARIA, WEST AFRICA 1942-45, AS PERCENTAGE OF 1941 RATES

Year	U.K. Troops				Whole command			
	Gold Coast	Nigeria	Sierra Leone	Gambia	Crude rates		Locality standardized rates	
					U.K. Troops	Africans	U.K. Troops	Africans
1941	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
1942	86.9	93.1	76.6	161.2	85.1	102.8	88.9	52.6
1943	46.0	81.9	37.6	73.0	49.4	59.2	55.4	47.4
1944	24.3	70.7	6.9	26.4	31.1	63.4	32.4	47.4
1945	7.4	24.6	6.8	4.2	10.3	46.5	11.5	33.7

and shows that the total decline of the incidence of malaria among African troops starting at a much lower initial level was proportionately less though initially steeper. Whether this difference is wholly or partly attributable to better mepacrine

TABLE V
CASES OF BLACKWATER FEVER PER THOUSAND CASES OF MALARIA: U.K. TROOPS; WEST AFRICA 1941-1945

Year	Gold Coast	Nigeria	Sierra Leone	Gambia	Whole command
1941	8.4	11.5	3.5	16.0	6.0
1942	13.0	23.0	5.0	8.0	13.0
1943	11.0	10.0	6.0	8.0	9.0
1944	1.5	0.5	—	—	1.0
1945	—	—	—	—	—

morale among U.K. troops is a question for which our data provide no solution. The suppressive doses actually employed in the theatre were as follows:

January 1941-March 1943 ..	Quinine grs. V daily
March-August 1943	Mepacrine 0.4 g. per week
August 1943-May 1944 ..	„ 0.6 g. „ „
After May 1944	„ 0.7 g. „ „

In all commands (Table VI) the incidence of venereal disease among Africans was much higher than among U.K. troops, at least three and a half times as high in *Nigeria* in 1943 and fifteen times as high in the *Gambia* during 1945. The proportionate contributions of the several venereal diseases to the total venereal disease rate, as shown in Table VII, is subject to considerable variation chronologically

TABLE VI
ANNUAL VENEREAL DISEASE (ALL TYPES) RATES PER THOUSAND: WEST AFRICA

Year	Gold Coast		Nigeria		Sierra Leone		Gambia		Whole command			
									Crude rates		Locality standardized	
	U.K.	Afr.	U.K.	Afr.	U.K.	Afr.	U.K.	Afr.	U.K.	Afr.	U.K.	Afr.
1941	71	*	37	*	52	*	24	*	52	*	52	*
1942	62	319	48	475	42	172	16	86	45	314	49	325
1943	65	300	106	359	39	196	21	102	69	296	70	321
1944	69	419	110	477	46	280	22	120	81	386	75	387
1945	83	491	85	537	89	325	41	614	82	482	81	475

* Figures not available.

and locally. No consistent difference between the two types of personnel emerges from the figures for 1944 and 1945. For correct assessment of the contents of this Table, it is necessary to give weight to the following considerations:

(a) 1945 figures for gonorrhoea are not strictly comparable with those of preceding years, in so far as they record separately G-C negative cases or cases for which no smear report is available. In contradistinction to rates cited for

TABLE VII
RELATIVE RATES WITH RESPECT TO VENEREAL DISEASE: WEST AFRICA 1944, 1945

1944	Gold Coast		Nigeria		Sierra Leone		Gambia	
	U.K.	Afr.	U.K.	Afr.	U.K.	Afr.	U.K.	Afr.
Syphilis	8.4	2.3	4.1	2.1	18.0	1.3	23.0	8.5
Gonorrhoea	72.8	76.6	59.2	92.0	70.0	94.0	61.5	65.0
Lymphogranuloma inguinale	7.0	11.3	8.8	3.5	3.6	3.5	0.0	0.0
Chancroid	11.8	9.8	27.9	2.4	8.4	1.2	15.5	26.5
All venereal diseases	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
1945								
Syphilis	6.4	1.9	2.7	5.8	21.1	3.0	6.3	8.1
Gonorrhoea	46.8	29.9	58.3	24.9	47.7	41.0	50.0	16.5
Urethritis (non-specific or not tested) ..	24.6	51.6	35.8	54.6	14.7	41.7	25.0	57.0
Lymphogranuloma inguinale	4.7	8.8	1.1	8.3	2.8	8.1	0.0	8.0
Chancroid	17.5	7.8	2.1	6.3	13.8	6.2	18.8	10.5
All venereal diseases	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

earlier years, 1945 figures for gonorrhoea refer only to G-C positive cases reported as such.

(b) Due consideration to the difference between the total venereal disease rates shown in Table VI is a necessary prerequisite to just comparison between the actual prevalence of any one disease among the two categories of personnel. The figures for Africans in Table VII are therefore comparable to those for U.K. troops only if multiplied by the factors shown below:

	Gold Coast	Nigeria	Sierra Leone	Gambia
1944	6.1	4.3	6.1	5.4
1945	5.9	6.3	3.7	15.0

Thus the actual syphilis rate among U.K. troops was lower than that of Africans in both years in three of the four territories. In Sierra Leone, where syphilis was more prevalent among U.K. troops than among Africans, the ratio of the two rates was 18.0 : 8.2 (1944) and 21.1 : 11.1 (1945). The most consistent feature of Table VII is the low proportion of G-C positive cases reported as such among Africans with urethritis, but this does not necessarily signify a higher proportionate incidence of a *non-specific* type. Cases *not* reported as G-C positive include cases untested, possibly owing to pressure of work in African units where the venereal disease rate was in fact exceptionally high. For the whole command the total venereal disease rate among Africans reached the alarming figure of 48% in 1945, being then six times as high as the total venereal disease rate for U.K. troops.

In the Gambia the rate among African troops during that year was over 60%. With due regard to the rate of recruitment, to the period of service, and to allocation for service in other theatres, figures such as these force us to infer that a very

substantial proportion of cases reported in a given year must refer to successive infections of the same individuals. Notwithstanding, it is difficult to believe that a considerable proportion of Africans are free from infection at enlistment and remain so throughout their period of service. On the other hand, it would be unjust to Army hygiene authorities to attribute the almost universal prevalence of venereal disease among African troops to conditions of service. Comparison between experience of Africans in their native habitat and Africans serving in other theatres, especially in South East Asia (*vide infra*), suggests the reverse. It is reasonable to surmise that low estimates of the prevalence of venereal disease among civilians in British West Africa reflect defective provision of medical man-power by our colonial authorities. A recent article in the *Lancet* (May 17, 1947) citing Willcox (1946) dispels any illusions which published statistics concerning the civilian populations (e.g. a venereal disease rate of 0·8% in the Gambia, 1943) might encourage us to entertain. It suffices to quote one sentence from this article: "The colonial medical service is hopelessly understaffed for the job—in Nigeria, for example, there is only one doctor per 130,000 of population." Against this, we have to weigh the fact that there was (1945) one doctor to every 428 soldiers under British command.

For each personnel category Table VIII shows which diseases individually make a conspicuous contribution to certifications of troops as unfit for further service in the theatre during the last three years of the quinquennium. The considerable

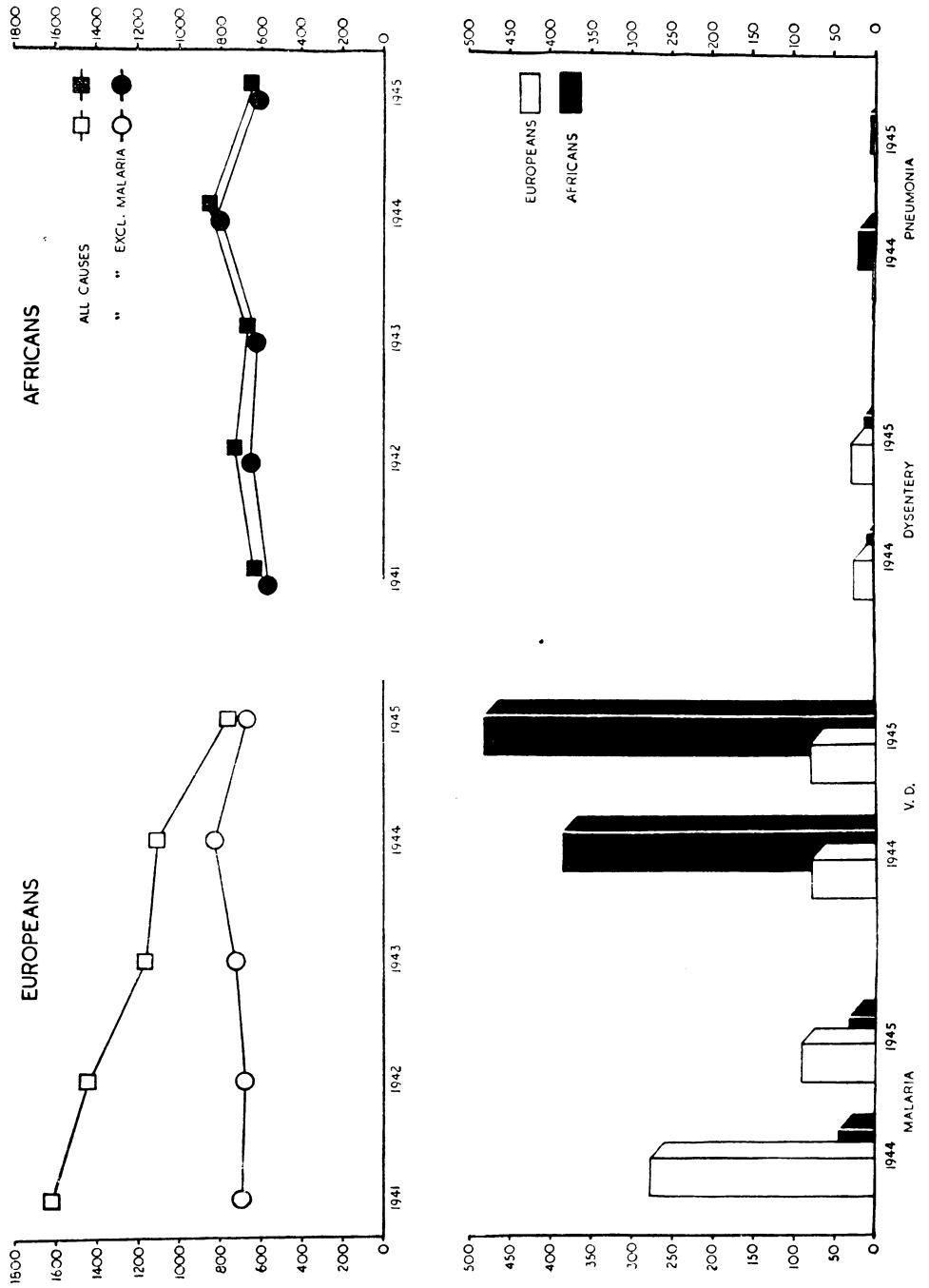
TABLE VIII
PERCENTAGES OF TOTAL EVACUATIONS (U.K. TROOPS) OR INVALIDINGS (AFR.): WEST AFRICA

(i) U.K. Troops (evacuated to U.K.)				(ii) Africans (discharged)			
	1943	1944	1945		1943	1944	1945
Chronic malaria and black-water fever	22·4	11·1	5·8	Yaws	25·1	6·3	7·2
Nervous and psychiatric disorders	18·5	17·6	19·2	Tuberculosis	6·8	10·4	*
Ear, nose and throat diseases	6·8	7·6	5·5	Dracontiasis	5·9	1·1	5·9
Accidents	5·3	5·9	6·3	Venereal disease	5·7	4·3	19·7
Tuberculosis	4·8	3·8	4·9	Psychiatric disorders	*	11·5	6·4
Amoebic dysentery	1·5	7·6	2·0	Leprosy	2·4	4·8	*
Venereal disease	0·8	0·3	0·6	Schistosomiasis	0·8	1·1	4·4
Other causes	39·9	46·1	55·7	Other causes	53·2	60·4	56·4
Total	100·0	100·0	100·0	Total	100·0	100·0	100·0

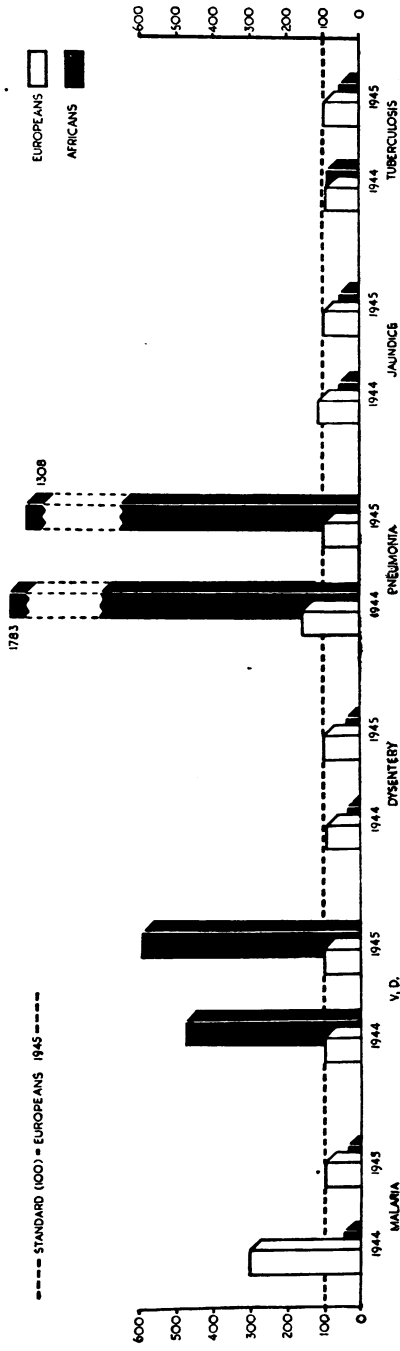
* Figures not available.

contribution of *other causes* to invalidings or evacuations in this table does not signify that any specific disease other than those listed above makes a considerable contribution to the total. It is made up of the contribution of a large number of conditions whose individual contributions to the total are trivial. *Mutatis mutandis*

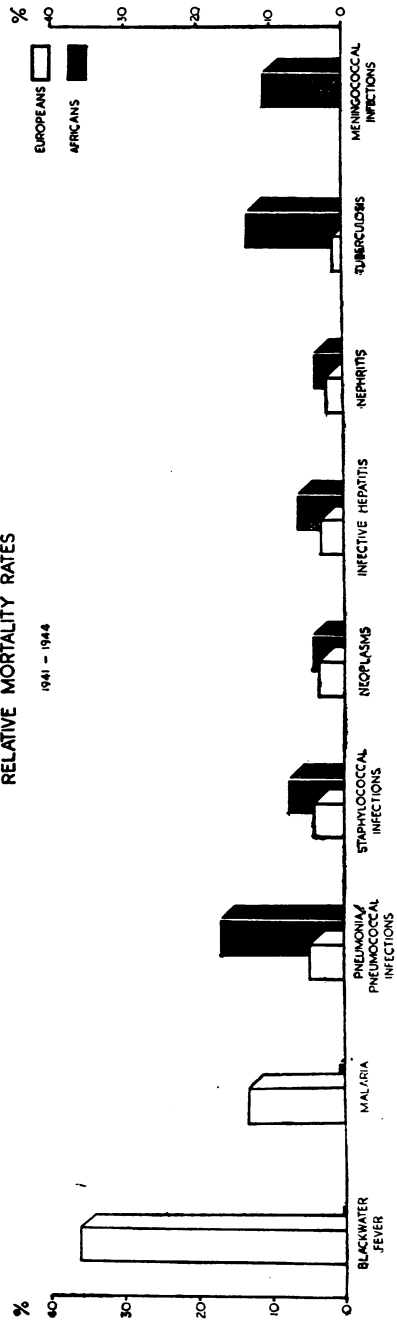
MORBIDITY IN WEST AFRICA
ANNUAL RATES PER 1000 STRENGTH



MORBIDITY & MORTALITY IN WEST AFRICA
COMPARATIVE MORBIDITY RATES



RELATIVE MORTALITY RATES



the same remarks apply to Table XIII. It is noteworthy that four tropical conditions (yaws, dracontiasis, schistosomiasis, and leprosy), which collectively made a negligible contribution to the total figures for U.K. troops, account for a considerable proportion (17% in 1945 and 35% in 1943) of invalidings among Africans. The sequelae of malaria, including blackwater fever, were a major source of wastage among British troops but of negligible importance among Africans. The same is true of deaths (Table IX). The other most notable feature of Table IX is the relatively high contribution of tuberculosis, pneumococcal, and meningococcal infections to deaths among Africans.

TABLE IX
RELATIVE MORTALITY RATES: WEST AFRICA

	Percentage		Rank	
	U.K. troops	Africans	U.K. troops	Africans
Blackwater fever	36.20	0.45	1	15
Malaria	13.49	0.83	2	13
Pneumonia and pneumococcal infections	4.91	17.07	3	1
Staphylococcal infections	4.29	7.70	4	4
Neoplasms	3.68	4.46	5	6
Infective hepatitis	3.07	6.42	6	5
Heat exhaustion	2.46	0.98	7	12
Nephritis	2.45	3.85	8	7
Encephalitis	2.45	1.21	9	11
Smallpox	1.84	1.66	10	10
Tuberculosis	1.23	13.22	11	2
Bacillary dysentery	1.23	3.25	12	8
Streptococcal infections	1.23	2.11	13	9
Meningococcal infections	0.00	10.80	—	3
Vitamin deficiencies	0.00	0.83	—	14
Others	21.48	25.16	—	—
Total	100.00	100.00	—	—

5. THE MIDDLE EAST THEATRE

For the Middle East Theatre we have separate statistics referable to three consecutive years with respect to three categories of personnel, viz. U.K. troops, Indian regiments, and Africans, as specified in Section 2 above. Within each personnel category the relative contributions of the major hospitalized diseases were as shown in Table X. The local risk was subject to wide variation in the several commands (Egypt, Cyrenaica and Tripolitania, Palestine, Sudan and Eritrea, Cyprus, Syria, Malta, Aden). Fortunately, it was possible to adjust the figures accordingly, as shown in Table XI, which cites the corresponding relative morbidity rates standardized with respect to locality. This Table exhibits what proved to be more or less important sources of wastage for each type of personnel.

TABLE X
CRUDE RELATIVE MORBIDITY RATES: MIDDLE EAST

	U.K. Troops			Indians			Africans		
	1943	1944	1945	1943	1944	1945	1943	1944	1945
Tonsillitis	7.4	7.1	7.2	1.5	1.7	1.7	1.1	1.0	1.4
Dysentery	7.1	7.0	7.1	3.2	3.4	3.3	22.4	23.6	21.3
Pyrexia of unknown origin	6.6	7.4	7.1	0.4	1.2	1.5	2.6	4.7	5.2
Malaria	5.6	10.5	5.7	10.7	7.1	7.7	1.5	1.0	1.0
Sandfly fever	4.4	2.4	1.3	1.3	0.8	4.3	2.8	1.3	0.3
Infective hepatitis	4.3	3.2	2.9	1.4	2.3	1.8	0.8	0.6	0.5
Venereal disease	3.7	4.0	6.4	5.3	6.3	12.3	8.1	12.8	18.4
Syphilis	*	0.8	1.4	*	1.6	4.2	*	3.0	4.6
Gonorrhoea	*	1.1	1.9	*	1.0	2.5	*	2.1	3.5
Bronchitis	2.3	2.4	1.8	4.4	6.0	3.1	4.5	4.9	4.9
Scabies	1.5	0.8	0.5	2.5	2.5	1.2	1.7	0.8	0.8
Diphtheria	1.1	0.6	0.3	0.0	0.0	0.0	0.3	0.0	0.0
Pneumonia	0.6	0.9	1.2	0.5	0.8	0.9	4.5	4.4	2.1
Influenza	0.3	0.4	0.2	0.0	0.2	0.1	0.3	0.3	0.0
Tuberculosis	0.2	0.2	0.3	0.7	0.7	0.5	0.8	1.3	0.5
Enteric fever	0.2	0.1	0.2	0.0	0.0	0.1	0.1	0.1	0.1
Other diseases	54.7	53.0	57.8	68.1	67.0	61.5	48.5	43.2	43.5
All diseases	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

* Figures not available.

TABLE XI
LOCALITY-STANDARDIZED RELATIVE MORBIDITY RATES: MIDDLE EAST

	U.K. Troops			Indians			Africans		
	1943	1944	1945	1943	1944	1945	1943	1944	1945
Tonsillitis	7.4	7.1	7.2	1.5	1.9	2.1	1.2	1.1	1.4
Dysentery	7.1	7.0	7.1	3.8	3.7	2.7	22.1	23.1	21.0
Pyrexia of unknown origin	6.6	7.4	7.1	0.5	1.4	2.5	2.5	4.9	5.5
Malaria	5.6	10.5	5.7	10.9	8.0	4.2	1.5	1.1	1.1
Sandfly fever	4.4	2.4	1.3	0.8	0.5	0.5	3.0	1.5	0.5
Infective hepatitis	4.3	3.2	2.9	1.6	2.0	1.7	0.8	0.6	0.5
All venereal disease	3.7	4.0	6.4	3.6	4.6	12.2	8.4	14.0	18.4
Syphilis	*	0.8	1.4	*	1.3	5.0	*	3.2	4.5
Gonorrhoea	*	1.1	1.9	*	0.8	2.1	*	2.2	3.5
Bronchitis	2.3	0.4	1.8	4.5	6.9	4.9	4.5	3.9	4.6
Scabies	1.5	0.8	0.5	2.3	2.3	2.2	1.8	0.8	0.7
Diphtheria	1.1	0.6	0.3	0.0	0.0	0.0	0.3	0.0	0.1
Pneumonia	0.6	0.9	1.2	0.5	0.8	0.9	4.4	4.2	1.9
Influenza	0.3	0.4	0.2	0.0	0.2	0.0	0.3	0.2	0.0
Tuberculosis	0.2	0.2	0.3	0.7	0.9	0.7	0.8	1.3	0.6
Enteric fever	0.2	0.1	0.2	0.0	0.0	0.1	0.1	0.1	0.1
Other diseases	54.7	53.0	57.8	69.3	66.8	65.3	48.3	43.2	43.6
All diseases	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

* Figures not available.

TABLE XII
COMPARATIVE-LOCALITY-STANDARDIZED MORBIDITY RATES: MIDDLE EAST

	U.K. Troops	Indians			Africans		
	1943-45	1943	1944	1945	1943	1944	1945
Tonsillitis	100·0	17·9	27·8	23·4	17·2	19·6	20·6
Influenza	100·0	6·2	56·4	5·3	109·8	77·1	17·3
Pneumonia	100·0	63·2	92·5	62·6	773·3	605·5	173·2
Tuberculosis	100·0	266·7	450·0	205·0	445·9	841·0	241·6
Bronchitis	100·0	160·3	293·8	218·9	222·3	217·3	280·2
All venereal disease	100·0	79·1	116·8	154·5	253·3	459·6	314·0
Syphilis	100·0	*	180·7	287·8	*	545·3	349·4
Gonorrhoea	100·0	*	75·1	90·9	*	265·0	200·4
Scabies	100·0	153·1	308·7	371·0	129·6	131·2	161·5
Diphtheria	100·0	1·9	2·6	1·8	33·5	3·0	19·1
Mumps	100·0	308·2	4,152·4	645·0	2,285·3	2,219·0	312·5
Measles	100·0	15·7	93·5	63·6	292·3	9·7	22·7
Rheumatic fever	100·0	33·7	83·9	40·0	80·2	87·1	33·3
Meningococcal infection	100·0	56·3	75·0	2·7	1,253·0	650·0	490·9
Malaria	100·0	157·6	77·3	59·5	29·4	13·3	20·2
Dysentery	100·0	43·7	54·0	31·2	350·3	430·6	322·7
Infective hepatitis	100·0	29·8	64·0	47·7	20·4	26·0	18·4
Sandfly fever	100·0	14·2	19·5	29·4	73·7	82·5	39·8
Pyrexia of unknown origin	100·0	7·0	19·0	28·5	42·0	87·3	83·7
Enteric fever	100·0	9·2	90·9	28·4	87·1	63·6	38·3
Smallpox	100·0	50·4	162·2	7·5	141·7	111·1	450·0
Typhus	100·0	84·3	0·0	10·0	62·6	125·0	100·0
Relapsing fever	100·0	273·4	275·0	216·7	37·4	0·0	300·0

* Figures not available.

Table XII exhibits the differential incidence of the same diseases. In this Table, the figure for U.K. troops during the corresponding year is for each disease the standard of comparison. The outstanding conclusions which emerge from Table XII are as follows:

- (i) U.K. troops were much more prone than either Indians or Africans to:
 - tonsillar infections
 - diphtheria
 - rheumatic fever
 - infective hepatitis
 - sandfly fever
 - the enteric group of fevers
- (ii) U.K. troops were much less prone than either Indians or Africans to:
 - tuberculosis
 - bronchitis
 - mumps
- (iii) Indian troops were more prone to relapsing fever than either U.K. troops or Africans.
- (iv) Indian troops were less prone than either U.K. troops or Africans to:
 - pneumonia
 - meningococcal infections
 - dysentery
 - typhus

- (v) Africans were more prone than either Indians or U.K. troops to:
 pneumonia
 venereal disease of all types
 dysentery
- (vi) Africans were less prone than either Indians or U.K. troops to malaria.

TABLE XIII
 RELATIVE MORTALITY RATES: MIDDLE EAST

	U.K. Troops			Indians			Africans		
	1943	1944	1945	1943	1944	1945	1943	1944	1945
Injuries	47.9	41.0	41.9	38.2	30.5	38.0	12.2	11.8	9.7
Enteric fever	4.3	3.6	5.8	0.6	0.0	0.6	4.5	1.6	0.9
Tuberculosis	2.6	3.3	1.9	26.1	37.5	30.7	20.2	30.6	30.0
Pneumonia	2.5	4.4	1.9	2.4	1.6	1.8	11.2	5.1	2.8
Smallpox	2.2	1.8	0.0	0.0	0.0	0.0	1.4	2.8	0.5
Malaria	1.3	1.1	1.3	0.6	1.6	0.6	0.9	0.4	0.5
Infective hepatitis	1.1	3.3	0.7	1.2	2.3	3.0	0.9	0.8	1.4
Meningococcal infection	0.8	2.2	1.3	0.6	0.8	0.0	4.0	2.8	4.2
Dysentery	0.8	0.4	1.3	0.0	0.0	0.0	0.9	0.6	1.8
Other causes	36.5	38.9	43.9	30.3	25.7	25.3	43.8	43.5	48.2
All deaths	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

TABLE XIV
 FATALITY RATES PER HUNDRED CASES: MIDDLE EAST




	U.K. Troops			Indians			Africans		
	1943	1944	1945	1943	1944	1945	1943	1944	1945
Injuries	1.3	1.5	1.1	1.0	1.3	2.2	1.1	1.9	1.2
Enteric fever	10.8	9.1	7.9	16.7	0.0	7.1	27.0	21.1	10.0
Tuberculosis	5.8	5.8	2.1	19.6	40.7	39.8	21.6	22.6	47.1
Pneumonia	1.8	1.7	0.5	2.3	1.5	1.2	2.1	1.1	1.1
Smallpox	26.2	5.5	0.0	0.0	0.0	0.0	23.1	25.0	10.0
Malaria	0.1	0.0	0.1	0.0	0.2	0.1	0.5	0.4	0.4
Infective hepatitis	0.1	0.4	0.1	0.4	0.7	1.1	0.9	1.2	2.4
Meningococcal infection	12.2	24.0	12.5	14.3	20.0	0.0	10.3	16.3	24.3
Dysentery	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1

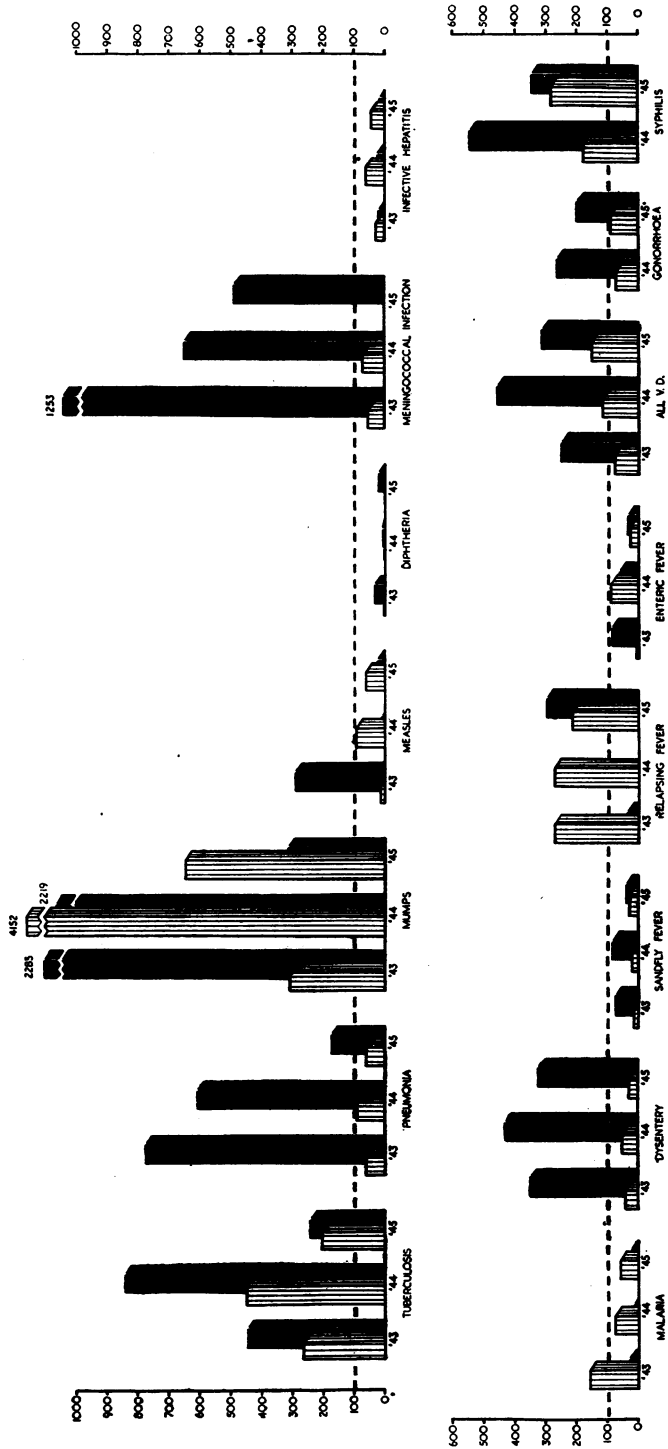
TABLE XV
 COMPARATIVE MORTALITY AND FATALITY RATES: MIDDLE EAST

	U.K. Troops	Indians			Africans		
	1943-1945	1943	1944	1945	1943	1944	1945
(i) Mortality							
Injuries	100.0	78.9	165.1	149.0	49.5	96.6	71.9
Tuberculosis	100.0	1,020.0	2,550.9	2,614.0	1,620.0	3,153.1	4,822.4
Pneumonia	100.0	95.9	79.7	153.8	918.4	394.3	445.2
(ii) Fatality							
Injuries	100.0	76.9	91.2	199.1	84.6	128.6	109.8
Tuberculosis	100.0	337.0	705.0	1,897.1	374.0	391.9	2,242.9
Pneumonia	100.0	132.0	88.6	261.7	118.0	65.1	225.5

MORBIDITY IN MIDDLE EAST: 1943 - 1945

COMPARATIVE RATES

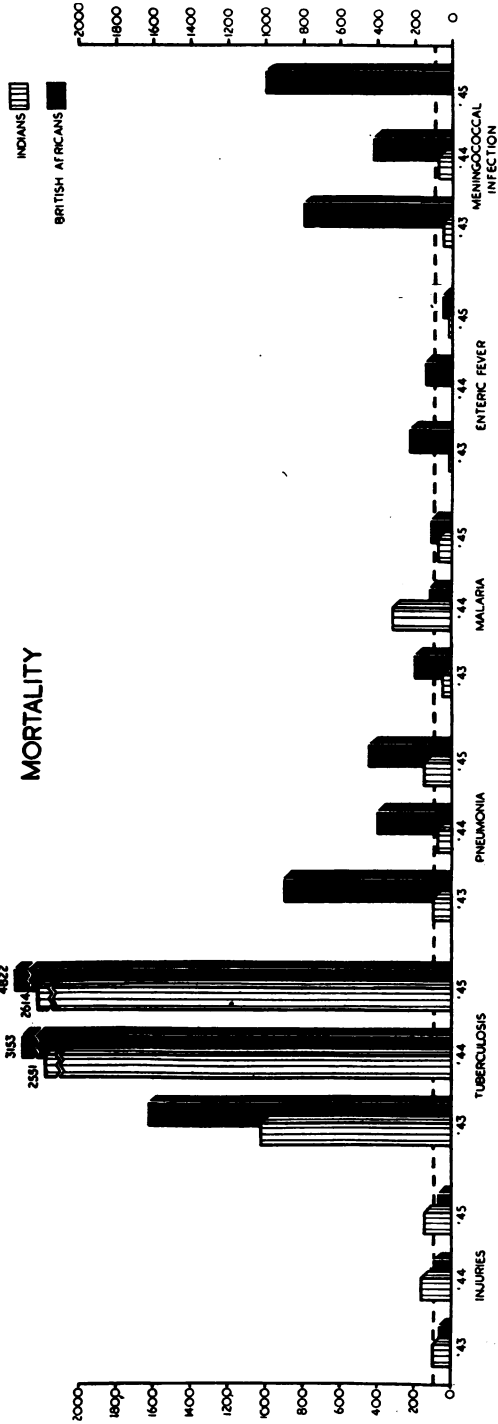
INDIANS  U.K. STANDARD - 100  BRITISH AFRICANS 



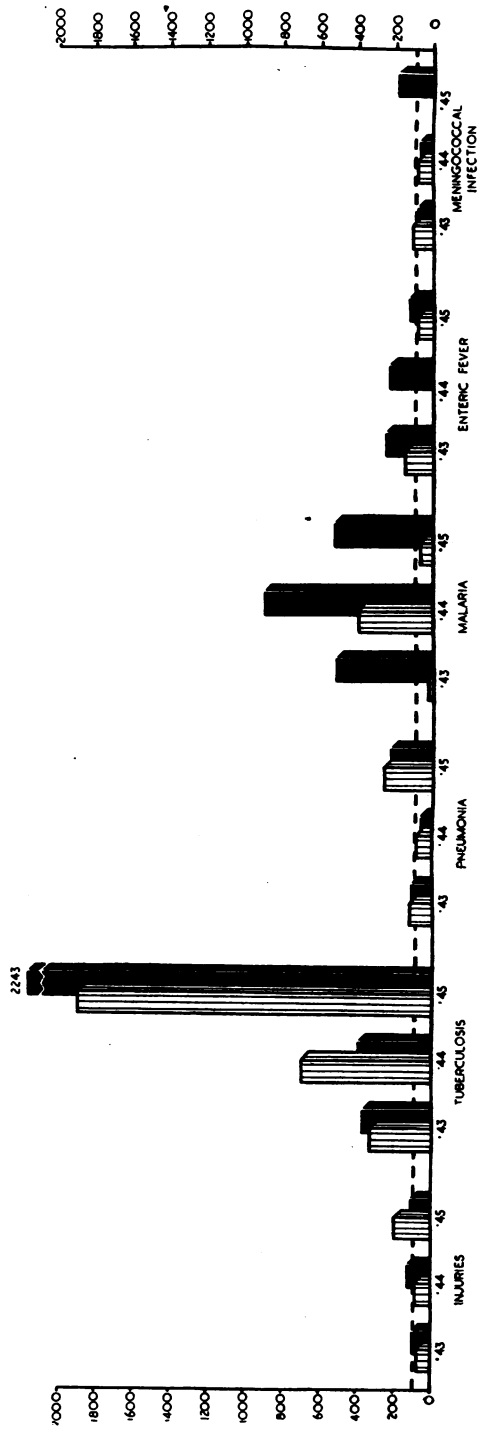
COMPARATIVE MORTALITY AND FATALITY RATES M. E. F. 1943 - 1945

--- U.K. STANDARD = 100 ---

MORTALITY



FATALITY



- (i) African troops were less prone to malaria and more prone to venereal diseases than either Indians or troops of European stock;
- (ii) Both Indians and Africans were less prone than U.K. troops to sandfly fever, to the enteric group of fevers, and to diphtheria;
- (iii) Both Africans and Indians were more prone to tuberculosis.

TABLE XVII
COMPARATIVE MORBIDITY RATES (ALL MEDICAL UNITS) 1944: CENTRAL MEDITERRANEAN

	North Africa	Italy and Sicily					Total
	British	British	Canadian	New Zealand	Indian	African	
Malaria: primary B.T. ..	97	100	106	20	30	39	92
" Q	686	100	—	—	—	29	71
" M.T. ..	163	100	80	4	75	156	94
" clinical ..	46	100	162	16	22	39	97
relapse (all types) ..	113	100	35	6	28	23	83
all	102	100	76	12	29	33	88
V.D.: gonorrhoea	64	100	140	88	42	188	102
syphilis	58	100	123	75	104	224	105
others	50	100	132	136	54	145	102
all	58	100	136	107	52	172	102
Infective hepatitis	54	100	353	677	59	98	142
Dysenteries	54	100	76	202	106	134	102
Diphtheria	140	100	163	135	6	34	100
Pneumonia: pneumococcal ..	38	100	85	776	82	133	119
other causes	63	100	116	256	90	116	106
all	51	100	100	526	86	125	113
Influenza	124	100	967	354	148	235	204
Sandfly fever	1	100	13	68	46	94	86
Enteric group	38	100	791	256	32	38	170
Tuberculosis (all types) ..	110	100	48	73	589	560	138
Helminthic diseases	76	100	238	1,329	1,757	33	267
Food poisoning	96	100	70	30	230	626	116
All other diseases	71	100	158	157	99	116	108
All diseases	73	100	153	161	83	110	107

7. SOUTH EAST ASIA

Available statistics (Tables XVIII-XIX) from South East Asia before 1945 are defective. With reference to those of that year, it is necessary to state:

- (a) owing to a change of documentation comparable January figures are not available;
- (b) no adjustment with respect to differential local risk is possible on the basis of information received by the War Office.

ITALY AND SICILY: 1944

COMPARATIVE MORBIDITY RATES

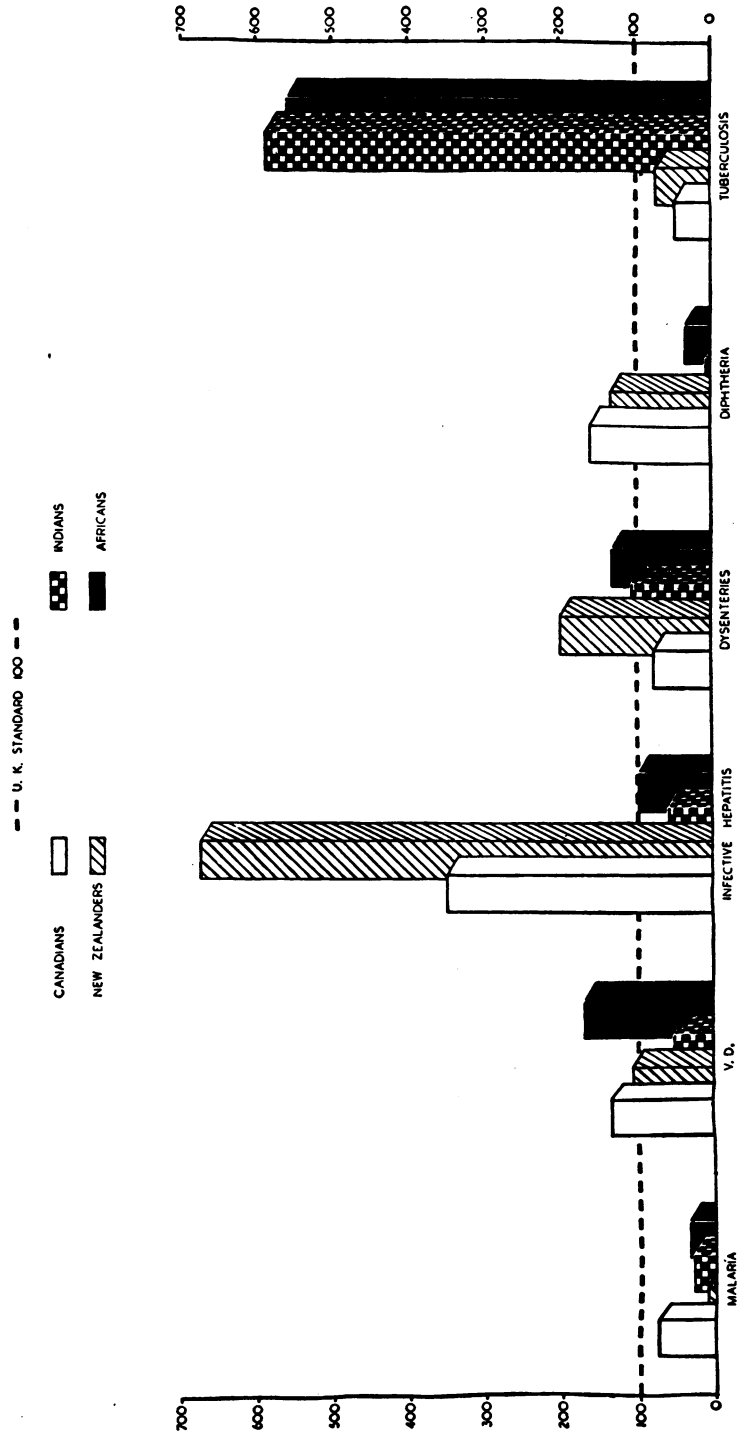


TABLE XVIII

RELATIVE RATES OF CASES ADMITTED TO ALL MEDICAL UNITS IN ALFSEA; 1945

	Relative morbidity rates			
	U.K. Troops	Indians	West Africans	East Africans
V.D. (all cases)	12.7	15.0	16.1	24.2
syphilis	1.4	2.5	1.1	5.0
gonorrhoea	4.6	3.2	7.3	6.5
other (incl. undiagnosed V.S.)	6.6	9.2	7.7	12.7
Malaria (all cases)	12.0	11.8	2.1	2.4
Undiagnosed fever	4.8	5.6	4.0	2.9
Dysentery (all cases)	8.0	3.6	5.0	9.6
amoebic	2.1	0.8	2.2	1.9
other	5.9	2.8	2.8	7.7
Diarrhoea	4.5	3.6	3.0	2.4
Hepatitis, non-amoebic	3.8	2.6	1.1	0.8
Common cold	2.3	4.7	1.5	1.5
Tonsillitis	2.1	0.7	0.4	0.5
Scabies	0.6	2.0	0.4	0.6
Dengue	0.5	0.3	0.1	0.1
Effects of heat	0.4	0.0	0.1	0.0
Pneumonia	0.2	0.7	5.2	1.8
Typhus	0.2	0.3	0.4	0.5
Tuberculosis (all cases)	0.1	0.4	0.3	0.2
Smallpox	0.1	0.1	0.2	0.0
Diphtheria	0.1	0.0	0.0	0.0
Disorders of nutrition incl. anaemias	0.1	1.1	0.1	0.2
Mumps	0.0	1.2	0.4	0.1
All other diseases	47.5	46.3	59.6	52.2
All diseases	100.0	100.0	100.0	100.0

The figures for 1945 are of special interest in so far as they permit the separation of African personnel into two categories respectively recruited from British West and British East Africa. The data are consonant with those of the Middle East in so far as they show that:

- (i) Both African and Indian troops are less prone than U.K. troops to malaria, diphtheria, and tonsillar infections;
- (ii) Both Indian and African troops are conspicuously more prone than are U.K. troops to mumps;
- (iii) African troops were more prone to pneumonia than were U.K. troops.

An additional fact which emerges is that Africans and Indians were much less prone to dengue. The most striking discrepancy between experience in this theatre and elsewhere is the comparatively low venereal disease rate of Africans.

COMPARATIVE MORBIDITY RATES IN ALFSEA: 1945

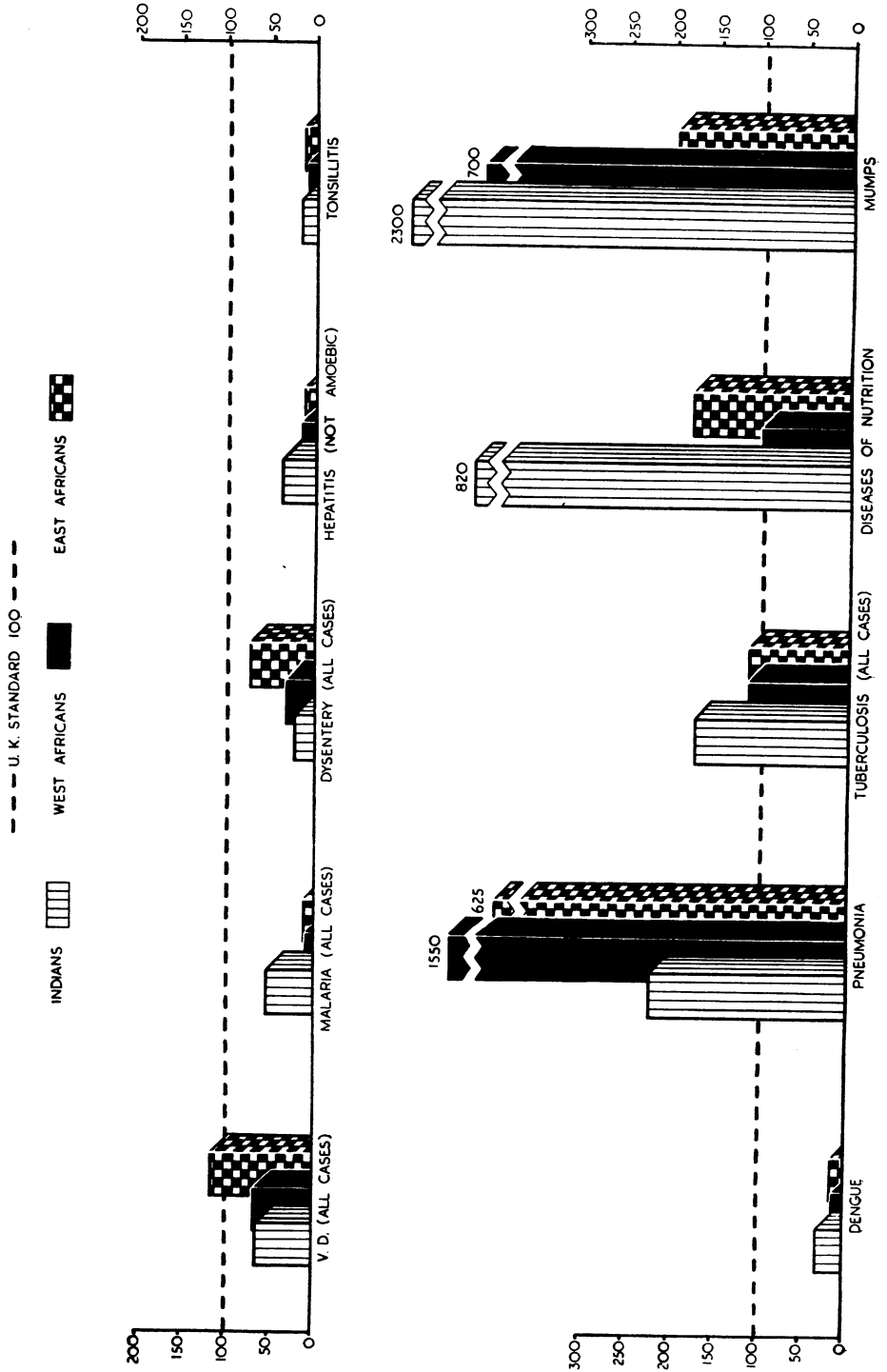


TABLE XIX

COMPARATIVE RATES OF CASES ADMITTED TO ALL MEDICAL UNITS IN ALFSEA; 1945

	Comparative morbidity rates			
	U.K. Troops	Indians	West Africans	East Africans
V.D. (all cases)	100	64	66	116
syphilis	100	96	38	209
gonorrhoea	100	38	82	85
other (incl. undiagnosed V.S.)	100	76	60	117
Malaria (all cases)	100	54	9	12
Undiagnosed fever	100	62	43	37
Dysentery (all cases)	100	24	33	73
amoebic	100	21	55	55
other	100	26	25	79
Diarrhoea	100	44	34	32
Hepatitis, non-amoebic	100	38	16	13
Common cold	100	110	34	40
Tonsillitis	100	17	11	15
Scabies	100	174	35	63
Dengue	100	32	13	16
Effects of heat	100	0	8	8
Pneumonia	100	225	1,550	625
Typhus	100	108	125	175
Tuberculosis (all cases)	100	175	113	113
Smallpox	100	43	100	29
Diphtheria	100	0	0	0
Disorders of nutrition incl. anaemias	100	820	100	180
Mumps	100	2,300	700	200
All diseases	100	54	52	61

8. DISCUSSION

Diseases to which troops of European stock proved to be more susceptible than either Asiatics or Africans were mainly such as commonly occur in tropical or semi-tropical habitats and are rare or unknown in Britain. Such are malaria, sandfly fever, dengue, relapsing fever, the enteric group, and amoebic dysentery. Two others call for comment. In all theatres Africans and Asiatics alike withstood outbreaks of diphtheria, to which U.K. troops succumbed with much greater frequency. A possible and likely explanation of this is not far to seek. Although cutaneous, in contradistinction to faucial, diphtheria is rare in Britain, diphtheritic sores are common in hot countries. It is therefore possible that this differential arises from the existence of exposure of Asiatics and Africans during childhood to greater opportunities of immunization.

In any case, we have to remember that our data refer exclusively to an age group which is adult. Hence we have no reason to suppose that differentials of this class

signify innate differences with respect to the resistance of the populations concerned, that is, differences brought about by generations of selection in the genetic sense of the term. Confident assertions of this sort current in writings of eugenicists, in particular with respect to the high resistance of Africans to malaria, are unwarranted. We shall not be in a position to interpret the malaria differential until we know far more about the effects of exposure to infection in early childhood, both with respect to the severity of an initial attack and with respect to what immunity it may confer.

In this context, infective hepatitis is more difficult to place than is diphtheria. Its aetiology is still open to dispute and its differential diagnosis is a comparatively recent accomplishment. Consequently, we have little information about the extent to which it is endemic in Asiatic or African communities. We may hope that attention focused by wartime experience on its prevalence among European troops abroad may henceforth make medical experts in tropical and sub-tropical countries more alert to its occurrence. Other communicable diseases mentioned above are such as are propagated by insect vectors, by droplet infection, by contaminated food, and by drinking water. It is noteworthy that U.K. troops did not succumb to putatively contagious diseases, for example yaws and leprosy, or to helminthiases endemic in the territories where they served.

Of diseases to which both Asiatics and Africans succumbed more readily than troops of European stock, mumps is the most conspicuous. Pneumonia and tuberculosis are also worthy of mention, the latter with a relatively high fatality rate as well as a relatively high incidence. West Africans appear to have little resistance to chickenpox, perhaps because this disease is rare in their native habitat. In contradistinction to mumps and chickenpox, outbreaks of measles did not conspicuously single out Africans or Asiatics for attack. In the absence of reliable statistics of disease among the civilian populations of British colonies, it would be premature to discuss the significance of these differentials. We can merely hope that the Colonial Office will eventually fall into step with the Army Council by setting up machinery to supply information necessary alike to the advancement of science and to discharge of the obligations of our trusteeship.

The high relative incidence of venereal disease among African troops calls for special comment *vis-a-vis* earlier remarks on the venereal disease rate among troops stationed in West Africa. In 1945 the ratio of the equivalent annual rate of Africans to that of U.K. troops in M.E.F. was 3·1, and in West Africa 5·9. In *Alfsea*, the corresponding ratios for West Africans and East Africans were 0·7 and 1·2. In C.M.F. during 1944 the ratio was 1·7. The annual rates of *all* venereal diseases per thousand U.K. troops in 1945 were: *West Africa* 82·1; *Alfsea* 92·5; *C.M.F.* 68·3; *M.E.F.* 30·5. In round figures we may therefore say that the venereal disease rate among West Africans in their own habitat was more than four times as high as that of Africans in any other theatre. Clearly, it is not plausible to attribute this excessively high venereal disease rate among African troops to conditions of Army life alone. We have to seek for an

explanation in local conditions. With fullest recognition of the fact that West Africa was not a static theatre, we are driven to the conclusion that official statistics grossly under-estimate the prevalence of venereal disease in the civilian population.* The consistently low overall figure for troops in the Middle East is undoubtedly attributable to the energetic preventive policy pursued by the Directorate of Hygiene at G.H.Q. Cairo.

Grateful acknowledgment is due to the following who have kindly read the draft of this communication and have made helpful suggestions thereon: Brigadier A. E. Richmond, Professor W. Melville Arnott, Professor T. McKeown, and Lt.-Col. C. C. M. James.

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* Referring further afield, to Uganda, Lord Hailey (*An African Survey*, p. 1,120) states: "in 1908 Colonel F. J. Lambkin reported that in certain areas the incidence of syphilis was as high as 90%. Three officers of the Royal Army Medical Corps were at once sent to work on this disease, and from them as a nucleus the Uganda Government Medical Service rapidly developed."