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Monosialotetrahexosylganglioside Promotes Early A β 2 Oligomer Formation and Maintenance

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Author Contributions

D.Y.Z.: conceived and designed the analysis; collected the data; performed the analysis; and wrote the paper. J.W.: conceived and designed the computational modeling; collected computational modeling data; and performed computational modeling analysis.

R.M.F.: performed the primary neuron culture and measured Ca²⁺ influx in primary neurons. M.K.K.: performed the primary neuron culture and measured Ca²⁺ influx in primary neurons. M.T.S.: performed cryo-electron tomography. E.A.P.: performed the primary neuron culture and measured Ca²⁺ influx in primary neurons. N.V.D.: designed and conceived the project.

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ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acchemneuro.2c00221>.

Additional methods about western blot, primary neuron culture, and the measurement of Ca²⁺ influx in primary neurons, A β oligomers and fibril formation in the presence of various liposomes, computational analyses of the distances between A β and SM, validation of the encapsulation of Ca²⁺ in liposomes, disruption effect of A β oligomers on the liposome membrane, schema of the PICUP reaction mechanism, and cell assays about the cell viability and Ca²⁺ influx in primary neurons (PDF) Additional data of the peptide peak area intensity identified with the ProteinPilot software (XLSX)

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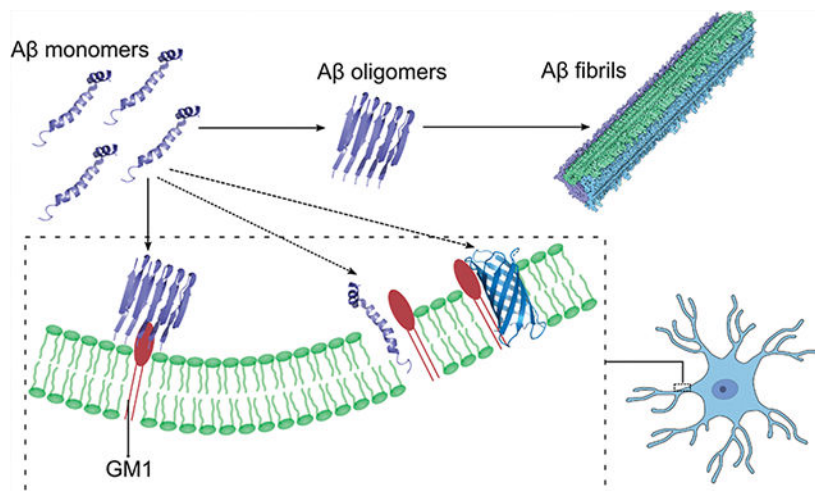
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Abstract

The aggregation of the amyloid beta ($A\beta$) peptide is associated with Alzheimer's disease (AD) pathogenesis. Cell membrane composition, especially monosialotetrahexosylganglioside (GM1), is known to promote the formation of $A\beta$ fibrils, yet little is known about the roles of GM1 in the early steps of $A\beta$ oligomer formation. Here, by using GM1-contained liposomes as a mimic of the neuronal cell membrane, we demonstrate that GM1 is a critical trigger of $A\beta$ oligomerization and aggregation. We find that GM1 not only promotes the formation of $A\beta$ fibrils but also facilitates the maintenance of $A\beta_{42}$ oligomers on liposome membranes. We structurally characterize the $A\beta_{42}$ oligomers formed on the membrane and find that GM1 captures $A\beta$ by binding to its arginine-5 residue. To interrogate the mechanism of $A\beta_{42}$ oligomer toxicity, we design a new liposome-based Ca^{2+} -encapsulation assay and provide new evidence for the $A\beta_{42}$ ion channel hypothesis. Finally, we determine the toxicity of $A\beta_{42}$ oligomers formed on membranes. Overall, by uncovering the roles of GM1 in mediating early $A\beta$ oligomer formation and maintenance, our work provides a novel direction for pharmaceutical research for AD.

Graphical Abstract



Keywords

amyloid beta; GM1; amyloid beta–membrane interaction; $A\beta$ aggregation; $A\beta$ oligomer toxicity; ion channel

INTRODUCTION

Alzheimer's disease (AD) is the most common neuro-degenerative disorder, responsible for 60–70% of dementia cases.¹ The economic burden associated with caring for nearly 50 million people worldwide with AD is estimated in the hundreds of billions of dollars annually.² Except for a few cases,³ most AD cases are characterized by the accumulation of extracellular plaques, predominantly composed of amyloid beta ($A\beta$), and cytoplasmic neurofibrillary tangles, mostly composed of the tau protein. Despite multiple proposed hypotheses,^{4–14} the molecular etiology of the disease remains a mystery. One of the oldest and most central hypotheses, the *amyloid cascade hypothesis*, posits that the accumulation of $A\beta$ proteins in the brain is the primary cause of AD pathogenesis, leading to tau pathology, neuroinflammation, synapse loss, and ultimately neuron death.^{15–19} The *amyloid cascade hypothesis* was subsequently revised to the $A\beta$ oligomer cascade hypothesis,^{20–24} stating that small $A\beta$ oligomers^{25,26} rather than fibrils^{27,28} are the main toxic species. The oligomer hypothesis has been gaining significant momentum since numerous studies have shown that $A\beta$ oligomers are toxic to primary neurons, inhibit hippocampal long-term potentiation, and cause memory impairment in rat and mouse models.^{29,30} Mounting evidence, stemming from other neurodegenerative diseases, also supports the oligomer hypothesis. For example, in amyotrophic lateral sclerosis, soluble superoxide dismutase (SOD1) oligomers^{31–33} of disease-associated proteins, rather than insoluble aggregates, are shown to be responsible for cytotoxicity. Insoluble SOD1 aggregates have been found to be protective against neuronal toxicity,³⁴ potentially due to competition with soluble oligomers.^{34,35}

The mechanism of $A\beta$ oligomer toxicity is unknown, but several studies^{23,36–39} show that $A\beta$ oligomers may disrupt the plasma membrane to upset ionic (especially calcium) homeostasis. A number of mechanisms by which $A\beta$ oligomers induce cell membrane disruption have been proposed, including membrane thinning,⁴⁰ excessive membrane tabulation,^{41,42} membrane extraction through amyloid–lipid co-aggregation,^{43,44} and formation of ion channels to disrupt Ca^{2+} homeostasis.^{45,46} Apart from $A\beta$ oligomer toxicity, the lipid chaperone hypothesis has also been proposed.⁴⁷ Since cellular membranes are highly heterogeneous, containing many constituents, deciphering which cellular membrane components are catalyzing $A\beta$ cytotoxic action is challenging to untangle. In the past decade, several findings have implied that GM1 (monosialotetrahexosylganglioside), a glycosphingolipid in cell membranes,⁴⁸ may play an important role in $A\beta$ oligomer toxicity pathways. These findings include the following: (1) AD patients have much higher amounts of GM1 than cognitively normal patients in their cerebrospinal fluid,⁴⁹ (2) GM1 clusters^{48,50–52} affect the conformational transition of $A\beta_{40}$, and (3) GM1-bound $A\beta$ has been found in early pathological changes of the AD brain.⁵³ Spurred by these findings, several natural questions that arise are (1) whether GM1 promotes the formation of $A\beta_{42}$ oligomers, which are the most toxic $A\beta$ species, (2) how does GM1 bind $A\beta$, and (3) whether GM1 levels are correlated with $A\beta$ oligomer toxicity.

In this work, we employ *in vitro*, *in silico*, and cellular studies to interrogate the interaction between GM1 and $A\beta_{42}$ oligomers and to uncover the mechanisms driving the assembly

and toxicity of A β 42 oligomers (Figure S1). We utilize GM1-contained liposomes to mimic GM1 clusters and find that GM1 not only promotes the formation of A β 42 oligomers but also prevents specific oligomer species from further aggregating into fibrils, which are not as toxic as A β 42 oligomers.^{54,55} By performing molecular dynamics (MD) simulations, we observe the binding between A β 42 and GM1 and identify the most critical residue, R5, involved in the binding. We perform mutagenesis and verify the role of R5. We utilize a fluorescence assay to interrogate the mechanism of how A β 42 disrupts the membrane and uncover the role of various membrane constituents in A β 42 aggregation. These results provide new evidence supporting the permeabilization of lipid membranes through the formation of A β ion channels or membrane thinning. We purify A β 42 oligomers formed on liposomes and find that the most likely molecular weight range is 45–100 kDa and that the membrane-associated A β 42 oligomers are rich in β -sheets. Finally, we perform cellular studies to demonstrate the neuronal toxicity of membrane-associated A β 42 oligomers. Overall, our results provide new insights into the mechanisms of A β 42 aggregation by revealing the role of GM1 in mediating early A β 42 oligomer formation and maintenance. Uncovering the mechanisms of A β 42 aggregation and determining critical cellular players responsible for downstream neurotoxicity are essential for the development of novel pharmaceutical strategies to treat AD.

RESULTS

GM1 Liposomes Promote Early A β 42 Oligomer Formation and Maintenance.

We first investigate whether GM1 promotes the formation of A β 42 oligomers. To answer this question, we use GM1-containing liposomes to interrogate the interaction between GM1 and A β 42 oligomers. Liposomes are artificial vesicles that form phospholipid bilamellar membranes, and we can control the composition of liposome membranes to mimic the GM1 clusters in neuron membranes. We incubate A β 42 peptides in the presence and absence of liposomes consisting of GM1, sphingomyelin, and cholesterol (GM1 liposomes) for 0.5, 4, 24, and 72 h and then perform 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and silver staining (Figure 1a). We use cholesterol and sphingomyelin in liposomes because (1) they are indispensable components of GM1 clusters,⁵⁶ and (2) cholesterol has been reported to catalyze A β 42 aggregation in the presence of lipid membranes.⁵⁷ When we start the incubation, some A β 42 oligomers that are smaller than tetramers form promptly (Figure S2). In the absence of GM1 liposomes, more A β 42 oligomer species with different molecular weights are formed within 0.5 h, but the amount of A β 42 oligomer species then reduces with the increase in time. After 72 h, there are effectively no A β oligomers. We speculate that the oligomers have formed larger assemblies, such as amyloid fibrils. In the presence of GM1 liposomes, we still observe abundant A β oligomer species formed within 0.5 h, and the amount of oligomer species reduces even more rapidly than when A β is incubated without GM1 liposomes. However, after 72 h, we still observe a few clear A β oligomer bands (30, 35, 40, 45, and 60 kDa), indicating that some oligomers are maintained in their oligomeric state, thus suggesting some distinct oligomer species from those formed without GM1. Since the cellular membrane includes not only GM1 but also sphingomyelin, we prepare liposomes that are sphingomyelin-rich and do not contain GM1. We observe no massive A β oligomer

formation in 24 h when incubating A β with the sphingomyelin-rich liposome (Figure S3). Thus, GM1 can promote the formation of fibrils by catalyzing oligomers to form fibrils, but GM1 can also facilitate the maintenance of certain oligomer species.

To interrogate if the “missing” oligomers form fibrils, we determine the formation of fibrils (Figure 1b) through transmission electron microscopy (TEM). We incubate 80 μ M A β 42 for 1 and 3 days and find that scattered small fibrils (<200 nm) are formed after 1 day. After 3 days, large fibrils (>>400 nm) are formed (Figure 1b), indicating that 80 μ M A β 42 monomers aggregate into fibrils as the time increases. We also use thioflavin T (ThT)-binding assay to detect A β fibrils and find that ThT fluorescence intensities increase with time (Figure S4). Overall, previous studies have reported that A β binding to GM1 is a seeding step to form larger aggregates,⁵³ and our work further shows that (1) A β 42 oligomers form rapidly in 0.5 h but then partially disappear because they begin to assemble into higher-molecular weight aggregates and fibrils, and (2) GM1 maintains some A β 42 oligomer species to avert further formation of aggregates and fibrils, potentially because these species have direct interaction with GM1. These oligomers are likely off the pathway to form fibrils and structurally distinct from oligomers formed on-pathway to fibrils.

Not only does GM1 affect A β 42 oligomer formation but A β 42 oligomers may also impact GM1 membranes; thus, we use cryogenic TEM (cryo-TEM) to analyze the morphology of liposomes incubated with or without A β 42. In the absence of A β 42, GM1 liposomes form bilamellar vesicles with smooth surfaces (Figure 1c), while in the presence of A β , GM1 liposomes become unilamellar vesicles, and the membranes of these liposomes are disordered and deformed. Thus, the presence of A β 42 oligomers significantly affects the surface morphology of GM1 liposome membranes by deforming the membranes. These findings are consistent with previous reports.^{58,59} We posit that for neurons, A β 42 may interact with GM1 clusters in cell membranes^{23,36–38} in a similar fashion in the brain, thereby resulting in a disrupted membrane and, ultimately, in neurotoxicity and synaptic loss.⁶⁰

R5 of A β 42 Plays an Important Role in the Interaction of A β and GM1 Membranes.

We perform 100 ns MD simulations of GM1 membranes and five A β 42 monomers (Figure 2a). We calculate the minimum distance between atoms of each residue of A β and all atoms of GM1 on the membrane. We find that the fifth residue (arginine, R5) of A β maintains a distance of 1–2 Å from GM1 (Figure 2c,d), suggesting that R5 stably binds GM1. We also calculate the distance between A β and cholesterol (Figure S5), and we find that the average distance between A β and SM is larger than 10 Å, indicating no significant physical interactions between A β and GM1. Thus, we posit that R5 plays a critical role in the interaction between A β and GM1, specifically, the guanidine group in R5 interacting with the O11 and O12 atoms in GM1 (Figure 2b). We further computationally substitute R5 with glycine, and upon performing MD simulations, we find that the average distance between G5 and GM1 increases to >10 Å (Figure 2e) and is within binding distance (<2 Å) for as little as 2% of the time (Figure 2f), indicating that the mutation of R5G disrupts the tight binding interaction between the fifth residue and GM1. This result strongly suggests the critical role of R5 in GM1–A β interaction.

To confirm the role of R5 in GM1- $A\beta$ interaction experimentally, we mutate the fifth residue from arginine to glycine (R5G) and compare the amount of the membrane-bound $A\beta$ wild type to that of R5G. We obtain membrane-bound $A\beta$ by removing $A\beta$ in solution through a 1000 kDa-molecular weight cut off (MWCO) centrifugation tube, and we compare the amount through SDS-PAGE and silver staining. We found remarkably more the wild type than R5G bound to the membrane, indicating a lower binding affinity between R5G and the GM1 liposome membrane. Thus, the mutation of R5G compromises the binding affinity between $A\beta_{42}$ and GM1 liposomes.

GM1-Catalyzed Channel Formation by $A\beta_{42}$ Oligomers.

Various mechanisms⁴⁰⁻⁴⁴ by which $A\beta$ oligomers disrupt cell membranes have been proposed. Our work strongly supports the ion channel hypothesis,⁶¹ where $A\beta$ oligomers damage neurons by forming ion channels,^{45,46} and the membrane thinning hypothesis,⁴⁰ where $A\beta$ oligomers increase the membrane permeability by thinning the membrane. Although the two hypotheses provide a biophysical mechanism for explaining the $A\beta$ oligomer toxicity,⁶² it needs further validation. We utilize a fluorescence assay to interrogate (1) if the $A\beta_{42}$ oligomers maintained by GM1 form ion channels or cause membrane thinning to disrupt the plasma membrane and (2) if various membrane constituents (PC, SM, and GM1) affect the disruption process. We encapsulate Ca^{2+} inside liposomes and dialyze away excess Ca^{2+} from outside of the liposomes (Figure S6). In support of the ion channel hypothesis or the membrane thinning hypothesis, we expect that membrane thinning or the formation of $A\beta$ ion channels would lead to the efflux of Ca^{2+} , thus resulting in an increase in the Ca^{2+} concentration outside the liposomes, so we utilize a calcium-sensitive dye (Fluo-4) to detect the Ca^{2+} concentration change outside of the liposomes (Figure S7a). We calculate the ratio of the fluorescence intensity of the Ca^{2+} -encapsulated GM1 liposome after adding $A\beta_{42}$ to that without adding $A\beta_{42}$. We find that the ratio is >1 (Figure S7b), suggesting that the concentration of Ca^{2+} outside of the liposome increases because the liposome membranes are disrupted so that Ca^{2+} can efflux. When increasing the concentration of $A\beta_{42}$, the ratio of fluorescence increases, indicative of the increased toxicity of $A\beta_{42}$ with higher concentrations.

Although we observe the Ca^{2+} efflux, Ca^{2+} may actually exit liposomes through two potential mechanisms: (i) $A\beta_{42}$ forms channels on liposome membranes through which calcium can pass, or (ii) $A\beta_{42}$ disrupts the integrity of the liposome membranes. To validate the formation of $A\beta_{42}$ ion channels or membrane thinning, we encapsulate Fluo-4, instead of Ca^{2+} , inside liposomes (Figure 1e). We add Ca^{2+} to the solution and incubate them for 1 h to make sure that Ca^{2+} has time to enter the liposomes. Then, we add an excess of ethylenediaminetetraacetic acid (EDTA) to chelate Ca^{2+} outside the liposomes. EDTA has a higher binding affinity to Ca^{2+} than Fluo-4.⁶³ If $A\beta$ disrupts the liposomes, the encapsulated Fluo-4 dye will diffuse into the solution outside of the liposomes, where it will be inert because all extracellular Ca^{2+} has been chelated by EDTA. Conversely, if ion channels are formed or the membrane is thinned, Ca^{2+} will enter the liposomes through the channels to interact with Fluo-4 and emit fluorescent signals. Importantly, we assume that EDTA is too large to enter the liposomes through the ion channels or thinned membranes. We still calculate the ratio of the fluorescence intensity of the liposome after

adding A β 42 to that without adding A β 42. Again, the ratio is >1 (Figure 1f), suggesting that A β 42 forms ion channels or thins the membrane so that Ca²⁺ can influx. When increasing the concentration of A β 42, the fluorescence intensity ratio also increases. We further replace GM1 liposomes with PC liposomes (L- α -phosphatidylcholine, sphingomyelin, and cholesterol), which increases the fluorescence intensity ratio much slower with the increase in the A β 42 concentration compared to the GM1 liposome, suggesting that GM1, rather than sphingomyelin or cholesterol, is the key component of the liposome membrane which affects the formation of A β channels. Similarly, upon using a Fura-2 assay and 6-carboxyfluorescein dye leakage assay,⁶⁴ A β 40 has been shown to form ion-selective pores on membranes followed by fibrils growing that leads to nonspecific fragmentation of the lipid membrane.

GM1 Membrane Promotes Conformational Change of Oligomeric A β 42.

To determine the potential size of A β 42 oligomer species that can form channels, we utilize photoinduced cross-linking of unmodified proteins (PICUP, Figure S8)⁶⁵ to cross-link A β 42 oligomers. To determine the most probable number of monomers in A β 42 oligomers that can form channels, we divide the A β 42 oligomers formed with GM1 liposomes (Figure 1a) into four groups according to the following molecular weight: <25, 25–45, 45–100, and >100 kDa (Figure 3a). We extract these four different A β 42 samples from gel, incubate them at the same concentration with Ca²⁺-encapsulated liposomes, and measure the fluorescence intensity as described previously. We find that the 45–100 kDa sample has the highest fluorescence intensity, indicating that the most likely molecular weight range of A β 42 oligomers that can form channels is 45–100 kDa (Figure 3a).

We further determine the secondary structure of A β 42 oligomers by circular dichroism (CD). We prepare two oligomer samples, one obtained from the liposome membrane (membrane A β 42 oligomers) and the other from the buffer solution (solution A β oligomers) (Figure 3b,c). Solution A β 42 oligomers have 39.5% antiparallel β -sheets, while membrane A β 42 oligomers have a higher percentage (44%) of antiparallel β -sheet structures. Consistent with previous reports,^{49,66,67} our results show that GM1 membranes can promote a conformational change of oligomeric A β 42 to form β -sheet-rich structures.

We compare the structural features of A β 42 oligomers and fibrils by digesting all purified A β 42 oligomers and fibrils with pepsin and measuring the abundance of fragments by mass spectrometry (MS)³² (Figure 3d). Theoretically, higher-abundance peptides are likely to appear on the surface of the protein because surface residues have a higher chance to be digested, while lower-abundant peptides are buried inside the structure.³² In both membrane A β 42 fibrils and solution A β 42 fibrils, the abundances of A β _{4–19} peptides are high, suggesting that they are on the surface; the abundances of A β _{36–42} peptides are low, suggesting that they are internal. Regardless of the presence or absence of GM1 liposomes, the abundances of peptides of the two fibrils are similar, indicating that although GM1 liposomes promote the formation of fibrils, they do not affect the structure of fibrils. However, the peptide abundances of the solution A β 42 oligomers and membrane A β oligomers are drastically different. In membrane A β 42 oligomers, A β _{20–34} peptides feature high abundances, while A β _{1–17} peptides feature low abundances. In solution A β 42

oligomers, $A\beta_{4-19}$ peptides have the highest abundances, and $A\beta_{35-42}$ peptides have the lower abundances. Thus, the structures of membrane $A\beta_{42}$ oligomers, promoted by GM1 liposomes, are distinct from the structures of solution $A\beta_{42}$ oligomers. Finally, based on the abundances of peptides, the structures of $A\beta_{42}$ oligomers and fibrils are also drastically different. Overall, the presence of GM1 liposomes changes $A\beta_{42}$ oligomer structures but does not change $A\beta_{42}$ fibril structures.

Toxicity of Membrane $A\beta_{42}$ Oligomers In Vitro.

We interrogate the toxicity of these GM1-bound $A\beta_{42}$ oligomers by cellular studies (Figure 4a). We incubate $A\beta_{42}$ with GM1 liposomes, crosslink them, and remove solution $A\beta$ oligomers. We then add the retained membrane $A\beta_{42}$ oligomers to differentiated PC12 cells. Tong and coworkers⁶⁸ have shown that the viability of PC12 cells is not reduced when incubating with 1 μM or even 5 μM $A\beta_{42}$, slightly reduced with 10 μM $A\beta_{42}$, and significantly reduced with 20 μM $A\beta_{42}$. We incubate $A\beta_{42}$ with the cells for 3 days and then measure the toxicity by calcein AM and ethidium homodimer-1 live/dead viability assay. We find that membrane $A\beta_{42}$ oligomers at a concentration of 5 μM exhibit toxicity (increased dead/live cell ratio) in PC12 cells (Figure 4b,c), while at the same concentration, solution $A\beta_{42}$ oligomers do not exhibit toxicity. We further find that the addition of membrane $A\beta_{42}$ oligomers induces increased levels of cleaved caspase-3, a reliable marker for cells that are dying, compared to the live control (Figure S9). The toxicity of membrane $A\beta$ oligomers is consistent with our fluorescence results: The increase in the $A\beta$ oligomer concentration leads to the increase in Ca^{2+} influx/efflux caused by membrane disruption, suggesting that the toxicity of membrane $A\beta_{42}$ oligomers may be related to the dysregulation of calcium homeostasis. The GM1 content in the membrane of differentiated PC 12 cell lines has increased remarkably after nerve growth factor stimulation,⁶⁹ so we also performed a cell viability assay in post-natal day 1 (P1) CD1 mouse cortical neurons, where the ganglioside profile is dominated by GM3 and GD3 rather than GM1.⁷⁰ We find that membrane $A\beta_{42}$ oligomers do not result in reduced viability of P1 (Figure S10), supporting that GM1 is critically necessary for the toxicity of $A\beta_{42}$ oligomers.

DISCUSSION

The concentration of $A\beta_{42}$ is important to the formation of oligomers.^{71,72} Most in vitro aggregation studies and $A\beta_{42}$ ion channel studies have been conducted with $A\beta$ peptide concentrations far beyond physiological concentrations. For example, previous studies have demonstrated the disruptive effects of $A\beta_{42}$ on calcium homeostasis of PC12 cells with $A\beta_{42}$ concentrations as high as 20 μM .⁶⁸ Here, we demonstrate that PC12 cells can be disrupted by membrane $A\beta_{42}$ oligomers at 5 μM , and phospholipid bilayer membranes can be disrupted by $A\beta_{42}$ at nanomolar concentrations with GM1 serving as the catalyst. Cells have some mechanisms to protect themselves from $A\beta$ -induced neurotoxicity; for example, neuroglobin has been shown to protect PC12 cells against β -amyloid-induced cell injury,⁷³ so the needed concentration of $A\beta_{42}$ to disrupt an artificial phospholipid bilayer is much lower than the needed concentration of $A\beta_{42}$ to disrupt cell membranes.

GM1 is distributed as clusters on neuronal membranes in the mouse brain,⁶⁷ and the binding of A β 42 to GM1 clusters may increase the local concentration of A β 42 and cause a conformational change that promotes aggregation.^{48,50,51} The presence of GM1 clusters aiding the maintenance of A β 42 oligomers may be due to the high binding affinity between GM1 clusters and A β 42. Previous reports and our results both suggest that GM1 can bind to A β 42⁷⁴ and promote the formation of A β 42 fibrils,⁵³ and we further find that some A β oligomer species are stable and not inclined to further aggregate into fibrils in the presence of GM1. Our liposome encapsulation experiments demonstrate that these stable oligomers may form channel-like structures, which provides new evidence for the hypothesis that A β forms channel-like oligomeric structures that disrupt cellular calcium homeostasis.³⁸ The formation of channel-like structures may be contributed by the conformational change of A β 42 to β -sheet-rich states, which has been demonstrated in both previous studies^{67,75} and our results. Thus, the mechanism of the disrupted calcium homeostasis may be that GM1 catalyzes the formation of A β 42 ion channels or membrane thinning, thereby decreasing the calcium gradient.⁷⁶ Furthermore, although some studies^{38,46,77} have utilized channel conductance measurements on planar lipid bilamellar membranes to suggest that A β forms ion channels or thins the membranes, the size and structure information of the channel oligomers was unclear. In our work, we utilize MS and CD to measure the possible size and secondary structure of A β 42 oligomers, and we also find that the binding of A β 42 to the GM1 membrane deforms the GM1 membrane. Finally, the ion channel hypothesis and the membrane thinning hypothesis are two of several hypotheses of the mechanism of how A β disrupts Ca²⁺ homeostasis. Both hypotheses propose that A β oligomers permeabilize, instead of completely disassembling, lipid membranes to disrupt Ca²⁺ homeostasis, but the key difference between these hypotheses is how A β oligomers permeabilize the lipid membrane. Despite a long-standing debate between these two hypotheses,⁴⁵ there is no direct evidence that can unequivocally support one of them and rule out the other one. Our experiments also cannot distinguish the ion channel hypothesis and the membrane thinning hypothesis, but our primary finding excludes hypotheses that suggest complete disintegration of lipid membranes, such as the excessive membrane tabulation hypothesis and the membrane extraction hypothesis.

Overall, we integrate computational, biochemical, and cellular studies to uncover the molecular etiology of early A β 42 aggregation modulated by GM1 in AD pathology and identify processes responsible for neuronal toxicity. Such a comprehensive approach is necessary to decouple multiple processes accompanying AD pathophysiology.

METHODS

Preparation of Liposomes.

We dissolve GM1 (Sigma-Aldrich), L- α -phosphatidylcholine (PC, from egg yolk, Sigma-Aldrich), sphingomyelin (VWR International), and cholesterol (Fisher Scientific) in a chloroform/methanol (1:1, v/v) mixture at a total concentration of 1 mM. To mimic the GM1 cluster on the cell membrane, the molar ratio of GM1, sphingomyelin, and cholesterol is 1:2:2 for GM1 liposomes. For PC liposomes, the molar ratio of PC, sphingomyelin, and cholesterol is 1:2:2. For sphingomyelin-rich liposomes, the molar ratio of sphingomyelin

and cholesterol is 1:1. To prepare liposomes, we first dry the organic solvents under a gentle stream of nitrogen for 2 h and then under vacuum overnight. Then, we rehydrate the resulting lipid film with *N*-(2-hydroxyethyl)-piperazine-*N'*-ethanesulfonic acid (HEPES) buffer (10 mM HEPES and 150 mM NaCl, pH 7.4) and incubate it for 1 h in a 45 °C water bath, vortexing every 15 min. In order to prepare Ca²⁺-encapsulated liposomes, we replace the rehydrated lipid HEPES buffer with 10 mM CaCl₂ (Fisher Scientific), 10 mM HEPES, and 140 mM NaCl, pH 7.4.^{78,79} To prepare dye-encapsulated liposomes, we replace the rehydrated lipid buffer with 0.03 mM Fluo-4 (Life Technologies) and HEPES buffer. The dye-encapsulated liposomes are always protected from light. We sonicate the rehydrated suspension for 15 min and then freeze-thaw for five cycles in the liquid nitrogen and 60 °C water bath. To obtain uniform liposomes, we extrude the resulting suspension 16 times with an Avanti extruder. To encapsulate calcium and dye, we use 800 nm-pore size polycarbonate filters to filter the liposomes. For the Ca²⁺-encapsulated and dye-encapsulated liposomes, we use a 10000 Da-MWCO dialysis cassette with HEPES buffer changed three times a day to remove Ca²⁺ and dye in the buffer outside the liposomes.

Fluorescence Intensity Determination.

We dissolve A β 42 (Fisher Scientific) in dimethyl sulfoxide at a concentration of 1 mM and sonicate for 10 min. For the Ca²⁺-encapsulated liposomes, we add different concentrations (100 nM, 500 nM, 1 μ M, 10 μ M, 20 μ M, and 30 μ M) of A β 42 and incubate with liposomes for 3 days at room temperature. We add 50 μ M Fluo-4 into the incubated A β 42 and liposome solution and determine the fluorescence intensity using a SpectraMax i3 plate reader. We treat the control sample in the same way, except without adding A β 42. We analyze the fluorescence intensity ratio of samples incubated with different concentrations of A β 42 and the control.

We protect the dye-encapsulated liposomes from light throughout the experiment to prevent photo-bleaching. We add different concentrations of A β 42 (500 nM, 1 μ M, 5 μ M, and 10 μ M) into the liposome solutions and incubate for 3 days at room temperature. We add 14 mM CaCl₂ into the incubated A β 42 and liposomes and incubate for 1 h to ensure that calcium ions have enough time to enter the liposomes through ion channels or thinned membranes. Then, we add 16.5 mM EDTA (excess) to bind all the Ca²⁺ ions in the solution. In this way, only Ca²⁺ that enters the liposomes can bind with Fluo-4. Similarly, we treat the control sample in the same way, except without adding A β 42. Finally, we determine the fluorescence intensity using a SpectraMax i3 plate reader. After incubation with GM1 liposomes, A β 42 oligomers were divided into >100, 45–100, 25–45, and <25 kDa samples according to a trident pre-stained protein ladder (GTX50875), and then, the same concentration- and volume-resulted sample was incubated with Ca²⁺-encapsulated GM1 liposomes overnight. After this, the fluorescence intensity was determined, as previously mentioned.

Transmission Electron Microscopy.

We incubate 80 μ M A β 42 in HEPES buffer for 1 day and 3 days at 37 °C and characterize the formation of fibrils in negative-stain TEM images using a JEF 1400 and a NANOSPORT43 camera at the TEM facility of Penn State COM.

Cross-Linking.

To obtain stable A β oligomers, particularly the A β oligomers formed on membranes, we utilize the PICUP method⁸⁰ to cross-link. We add ammonium persulfate (1 mM, 10 μ L, Dot Scientific) and Tris (2,2-bipyridyl)dichlororuthenium(II) hexahydrate [Ru(II)Bpy₃²⁺ 0.05 mM, 10 μ L, Sigma-Aldrich] in 10 mM HEPES (pH 7.4) to the incubated A β oligomer solution (180 μ L). We irradiate the resulting solution with a 500 W lamp for 5 s and quench the cross-linking process with 47.6 mM dithiothreitol (1 M, 10 μ L, Dot Scientific).

Analysis of the Size of A β Oligomers by SDS-PAGE and Silver Staining.

We incubate A β in the presence or absence of GM1 liposomes and analyze samples at 0.5, 4, 24, and 72 h. We cross-link all samples using the PICUP method. For the sample in the presence of GM1 liposomes, we add 40 μ M *N*-octylglucoside (Dot Scientific) into the samples and then incubate at room temperature for 1 h to dissolve the lipids of the liposomes. To compare wild-type and mutant A β with respect to the binding affinity to GM1 liposomes, we incubate GM1 liposomes with 10 μ M wild-type and mutant A β , respectively. We obtain membrane-bound A β by removing A β in solution through 1000 kDa-MWCO centrifugation tubes, spun at 1300 rpm. We add Laemmli SDS sample buffer dye (Fisher Scientific) to the resulting solution and heat at 95 °C for 10 min. We use 10% SDS-PADE and silver staining (Fisher Scientific) to analyze the formed A β oligomers.

Purification of A β 42 Oligomers on the Liposomes.

We incubate A β 42 monomers with GM1 liposomes at room temperature for 3 days and cross-link A β before further purification. We use 1000 kDa-MWCO centrifugation tubes, spun at 1300 rpm, to remove A β oligomers that were not inserted into liposomes. We treat the sample with *N*-octylglucoside, Laemmli SDS sample buffer dye, a heater, SDS-PAGE, and silver staining as described above. After gel electrophoresis, we cut out the gel portion according to the reference results of silver staining. We crush the cut gel portion containing the A β oligomers of interest and dissolve them in HEPES buffer overnight in a shaker at 4 °C. We centrifuge the resulting samples at 10,000*g* for 10 min and save the supernatants for further concentration by centrifugation. To measure the size of the A β channels, we cut the gel according to various molecular weight ranges (>100, 45–100, 25–45, and <25 kDa) and purify A β oligomers in the gel as described above. We determine the concentration of the purified A β sample using Nanodrop and a bicinchoninic acid (BCA) protein assay kit.

Secondary Structure.

We incubate A β 42 monomers (10 μ M) for 3 days at room temperature in the presence or absence of GM1 liposomes and then cross-link samples using PICUP. For the sample of A β 42 incubated in the presence of GM1 liposomes, we remove A β oligomers in the solution and add *N*-octylglucoside to dissolve the lipids as described previously. We remove the fibrils in the resulting solution using 1000 kDa-MWCO centrifugation tubes spun at 3900 rpm and wash with HEPES buffer. We remove the monomers, dimers, and lipids using 10 kDa-MWCO centrifugation tubes, spun at 3900 rpm, and wash with HEPES buffer with 40 μ M *N*-octylglucoside and then wash again with HEPES buffer. For the control sample of A β 42 monomers (10 μ M) incubated in HEPES without liposomes, we remove the

fibrils, monomers, and dimers in the same way except adding *N*-octylglucoside to dissolve the lipids and washing with 40 μ M *N*-octylglucoside HEPES buffer. We determine the concentration of A β oligomers using the BCA protein assay kit. We determine the secondary structure characteristics of A β 42 oligomers using a Jasco J-1500 CD spectrophotometer. We place samples in 0.1 mm-pathlength (200 μ L) cuvettes and record the spectral range at 185–240 nm with 0.5 nm data pitch and a scanning speed of 50 nm/min.

PC-12 Cell Culture.

We obtained PC-12 cells from the American Type Culture Collection (ATCC). For the PC-12 cells, we use Dulbecco's modified Eagle's medium (DMEM) (VWR International) supplemented with 5% heat-inactivated horse serum (Life Technologies), 5% fetal bovine serum (Fisher Scientific), and 1% penicillin/streptomycin (Fisher Scientific). We culture cells at 37 °C with 5% CO₂. For the neuronal differentiation, we seed PC-12 cells in 96-well plates at 2000 cells/well. Prior to seeding, we treat the 96-well plate using a UVO cleaner (Jelight Company, model 18) for 30 min, coat with 10 \times diluted collagen, and incubate at 4 °C for 2 h before use. For the differentiated PC-12 cells, we use DMEM supplemented with 1% heat-inactivated horse serum, 1% penicillin/streptomycin, and 100 ng/mL nerve growth factor (Sigma-Aldrich) and culture for 1 week at 37 °C with 5% CO₂. Before further analysis, we confirm differentiation by visual observation using a phase contrast microscope.

Cell Viability Assay.

We determine cell viability using calcein AM and ethidium homodimer-1 dye. After differentiation, we add purified A β oligomer samples to the differentiation cells and incubate for 3 days. For the dead cell controls, we add 70% methanol to cells 2 h before plate read. We remove the differentiation medium and wash the cells twice with phosphate buffered saline (PBS). For each well, we add 4 μ M ethidium homodimer-1 and 2 μ M calcein AM in PBS to label live and dead cells. Cells then incubate for 30 min at room temperature. We determine the fluorescence intensity using SpectraMax i3. For calcein AM, the excitation wavelength is 495 nm, and the emission wavelength is 525 nm. For ethidium homodimer-1, the excitation wavelength is 495 nm, and the emission wavelength is 645 nm. We take the fluorescent images on a Keyence BZ-X800 fluorescence microscope.

Mass Spectrometry.

After cross-linking and purification, we measure the molecular weight of the A β oligomers with MS using the Sciex 5600 TripleTOF (AB SCIEX). We digest purified A β oligomers and fibrils with pepsin. We add 1 N HCl to the A β samples to a final concentration of 0.04 N and suspend pepsin in 100 mM acetate buffer (pH 3.5). We add the pepsin to A β solution at a ratio of 1:20 (enzyme/protein W/W) and incubate them for 1 h at 37 °C. We add 1 M Tris buffer (pH 8) to a final concentration of 150 mM to stop the reaction. Then, the samples are run on a Bruker timsTOF fleX using a short PASEF protocol, on a PepSep 75, 3 μ m, 15 cm UPLC column heated at 45 °C using nanoElute liquid chromatography-MS. The data are analyzed using BYOS software (4.0.1) from Protein Metrics. The identified A β peptide sequences are determined using BYOS software (4.0.1) from Protein Metrics with the UniProt Proteomes-*Homo sapiens* database (UP000005640, version March 7, 2021). ProteinPilot software is used to reanalyze the peak area intensity of the peptides

identified using BYOS software of the Byonics group file (Table S1). The cleavage residues are set to tyrosine, phenylalanine, tryptophan, and leucine. Mass tolerance for precursor ions is set to 30 ppm, and mass tolerance for fragment ions is set to 30 ppm. Fixed modifications are carbamidomethyl. Variable modifications: oxidation +15.994915 at M, deamidated +0.984016 at N, Gln- > pyro-Glu -17.026549 at *N*-terminal Q, Gln- > pyro-Glu -18.010565 at *N*-terminal E, and acetyl +42.010565 at K and the protein *N*-terminal. Two missed cleavages are allowed. The abundance of each residue is calculated by summing up the intensities of all peptides that contain this residue. Finally, the intensity of each residue is divided by the sum of intensities of all residues to be normalized. The MS proteomics data have been deposited into the ProteomeXchange consortium via the PRIDE partner repository with the data set identifier PXD029117.

Cryo-Electron Tomography.

To increase the ratio of A β /lipid to 1:10, we dilute GM1 liposomes 10 times and incubate the resulting GM1 liposomes with or without 10 μ M A β for 3 days. Then, we concentrate the samples using a 100 kDa-MWCO centrifuge tube, centrifuging at 1300 rpm to reduce sample volume from 1 mL to 50 μ L to increase the concentration of liposomes. We mix the samples with 10 nm gold fiducials before pipetting 4 μ L onto a freshly glow-discharged Quantifoil R2/2 holey carbon grid. We hand grids blotted from behind and plunge grids into liquid ethane using a Mark IV Vitrobot (Thermo Fisher Scientific) for vitrification. We then transfer samples under liquid nitrogen into a Titan Krios G3i cryo transmission electron microscope (Thermo Fisher Scientific) operating at 300 kV for the acquisition of tilt series. We target holes containing liposomes contained within vitreous ice data collection and collect tilt series in 2° increments from -60 to +60° at -6.0 μ m defocus. Tilt series images are acquired with a Bioquantum energy filter (Gatan) operating at the zero-loss peak using a K3 direct electron detector (Gatan) in the single electron counting mode. We use a nominal magnification of $\times 33,000$ which corresponds to a pixel size of 3.3 Å /pixel. We set exposure time to achieve a total electron dose of $\sim 120 \text{ e}^-/\text{Å}^2$ for a complete tilt series. We collect 6 to 10 tilt series from each grid. We reconstruct tomograms using the IMOD⁸¹ software suite.

Computational Modeling.

We first model the GM1 membrane structure through CHARMM-GUI⁸² with a ratio of SM, cholesterol, and GM1 as 4:4:2. We then model the intact structure of A β using SWISS-MODEL⁸³ with PDB ID 1IYT as the template. The missing residues in the *N*-terminal region are completed using SWISS-MODEL. Next, we perform MD simulation of the GM1 membrane-A β system using GROMACS.⁸⁴ The CHARMM36m⁸⁵ force field for the protein and lipid parameters is used. Hydrogens for heavy atoms were added using the pdb2gmx module in the GROMACS simulation package. The system is subsequently energy-minimized for 2000 steps using the conjugate gradient algorithm and another 2000 steps using the steepest descent algorithm. The structure is solvated using explicit water in a cubic periodic box with water molecules extending 10 Å outside the protein on all sides. Water molecules are described using a simple point charge water model. The system is solvated using TIP3 water molecules, then energy-minimized again, and heated up gradually to reach a temperature of 310 K using a V-rescale thermostat with a coupling constant of

0.1 ps. The solvent density is adjusted under isobaric and isothermal conditions at 1 bar and 310 K, respectively. A Parrinello–Rahman barostat with isotropic pressure coupling and a coupling constant of 0.1 ps was used to set the pressure at 1 bar. The system is equilibrated for 10 ns in the NPT ensemble with a simulation time step of 2 fs. Finally, the production run is carried out for 100 ns for the primary system. The long-range electrostatic interactions are treated using a particle-mesh Ewald sum with a cutoff of 1.0 nm. The van der Waals interactions are terminated beyond the cut-off value of 1.0 nm. The LINCS algorithm is used to constrain all bonds involving hydrogen atoms. All simulations were performed using the GROMACS simulation program. The analyses of the trajectories are performed using GROMACS and MDAAnalysis.⁸⁶

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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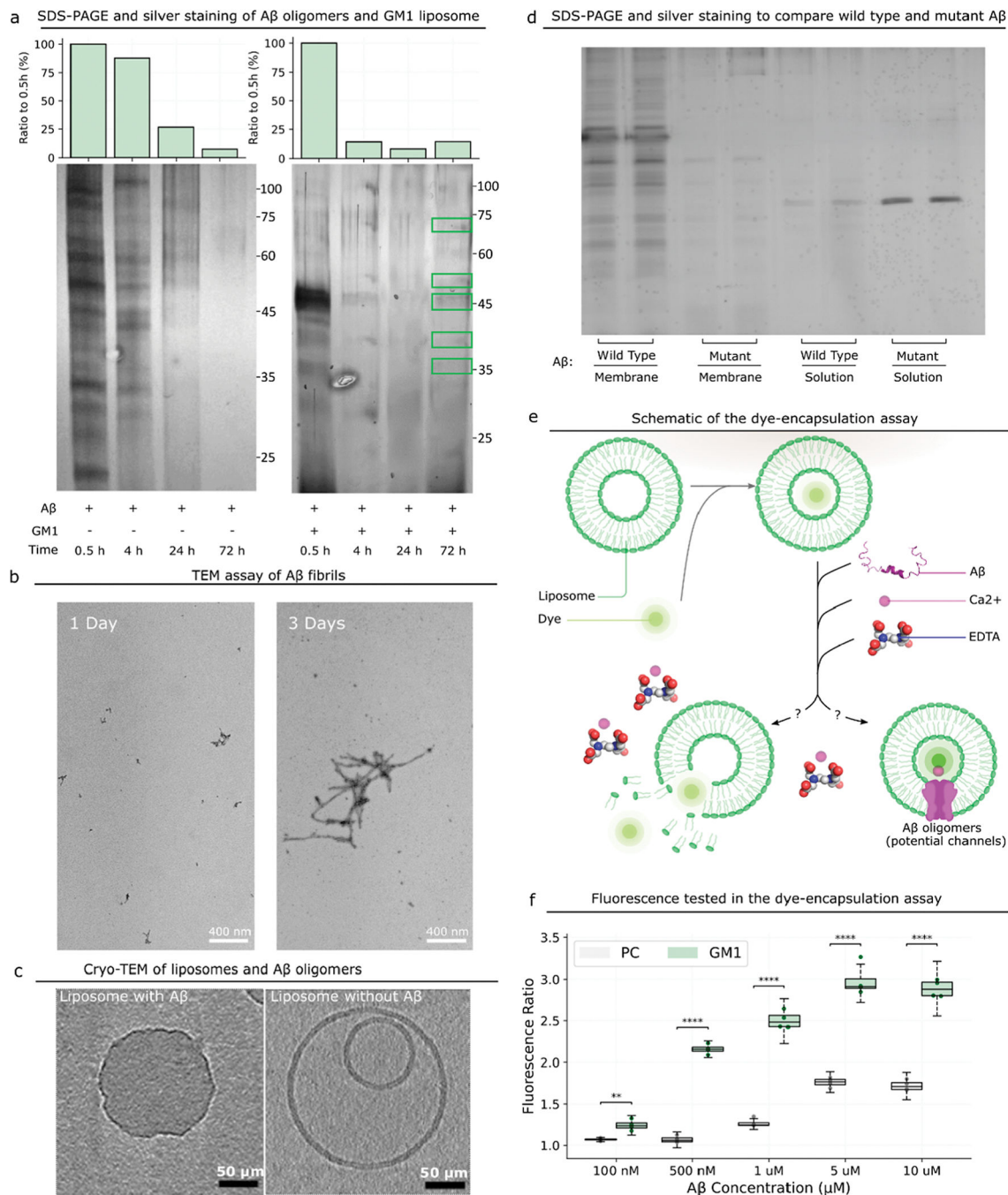


Figure 1. Interaction between A β and the GM1 liposome. (a) SDS-PAGE and silver staining results of A β oligomers formed in the absence and presence of GM1 liposomes at different time points. On the top is the quantitative analysis of A β oligomers at different time points. The lipid bilayer is visible in the untreated sample, and only a monolayer is visible after treatment. (b) The formation of A β fibrils is identified by TEM. (c) An approximately 10 nm-thick digital slices through tomograms of liposomes incubated with or without A β . Scale bars represent 50 μ m. (d) Comparison of the amount of the membrane-bound A β wild type

to that of R5G through SDS-PAGE and silver staining. (e) Schematic of the experimental design to prove the formation of $A\beta$ ion channels with dye-encapsulated GM1 liposomes. (f) Ratio of the fluorescence intensity of dye-encapsulated liposomes incubated with $A\beta$ to that without $A\beta$. *P*-value: NS ($0.05 < p < 1$), * ($0.01 < p < 0.05$), ** ($0.001 < p < 0.01$), *** ($0.0001 < p < 0.001$), and **** ($p < 0.0001$).

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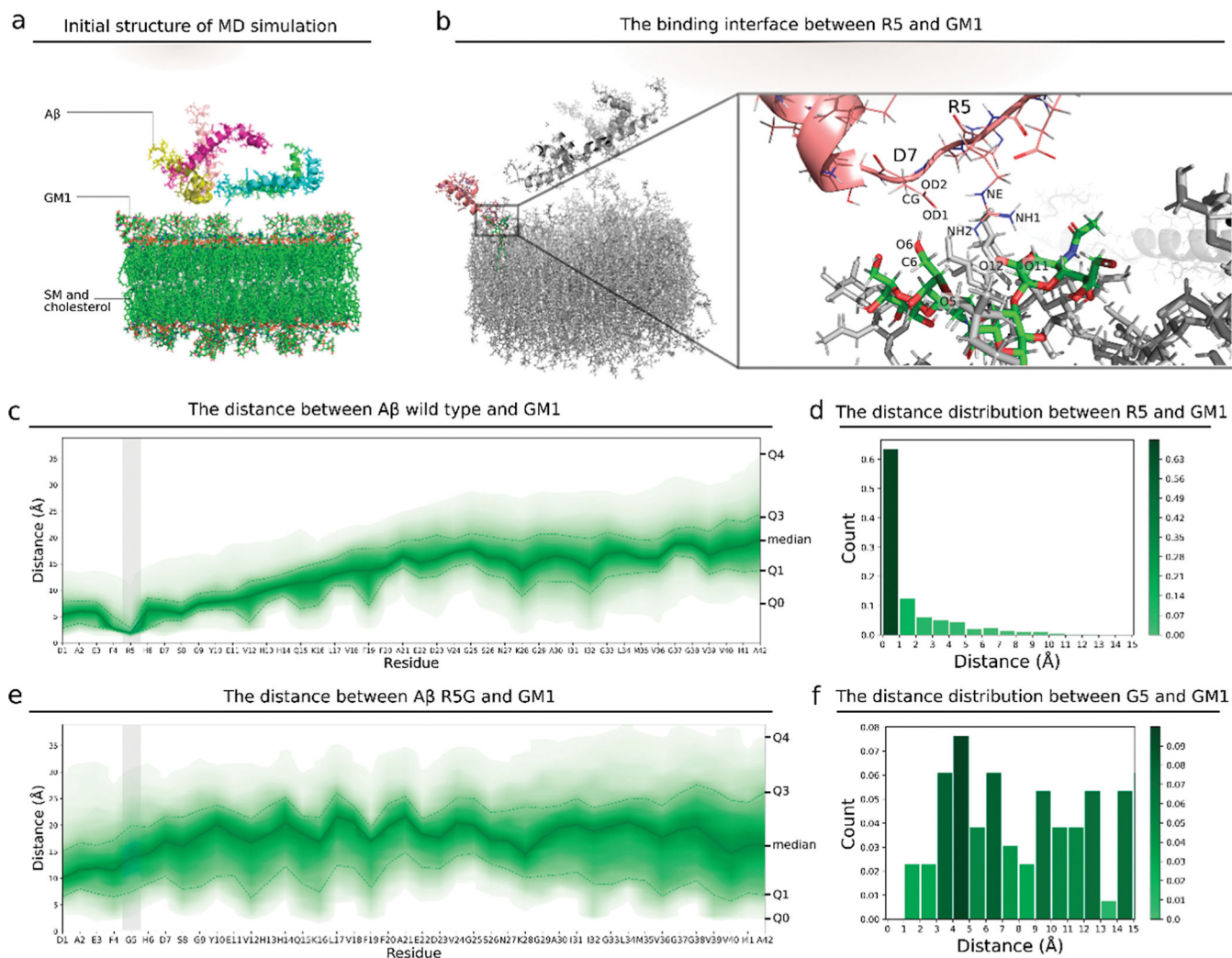
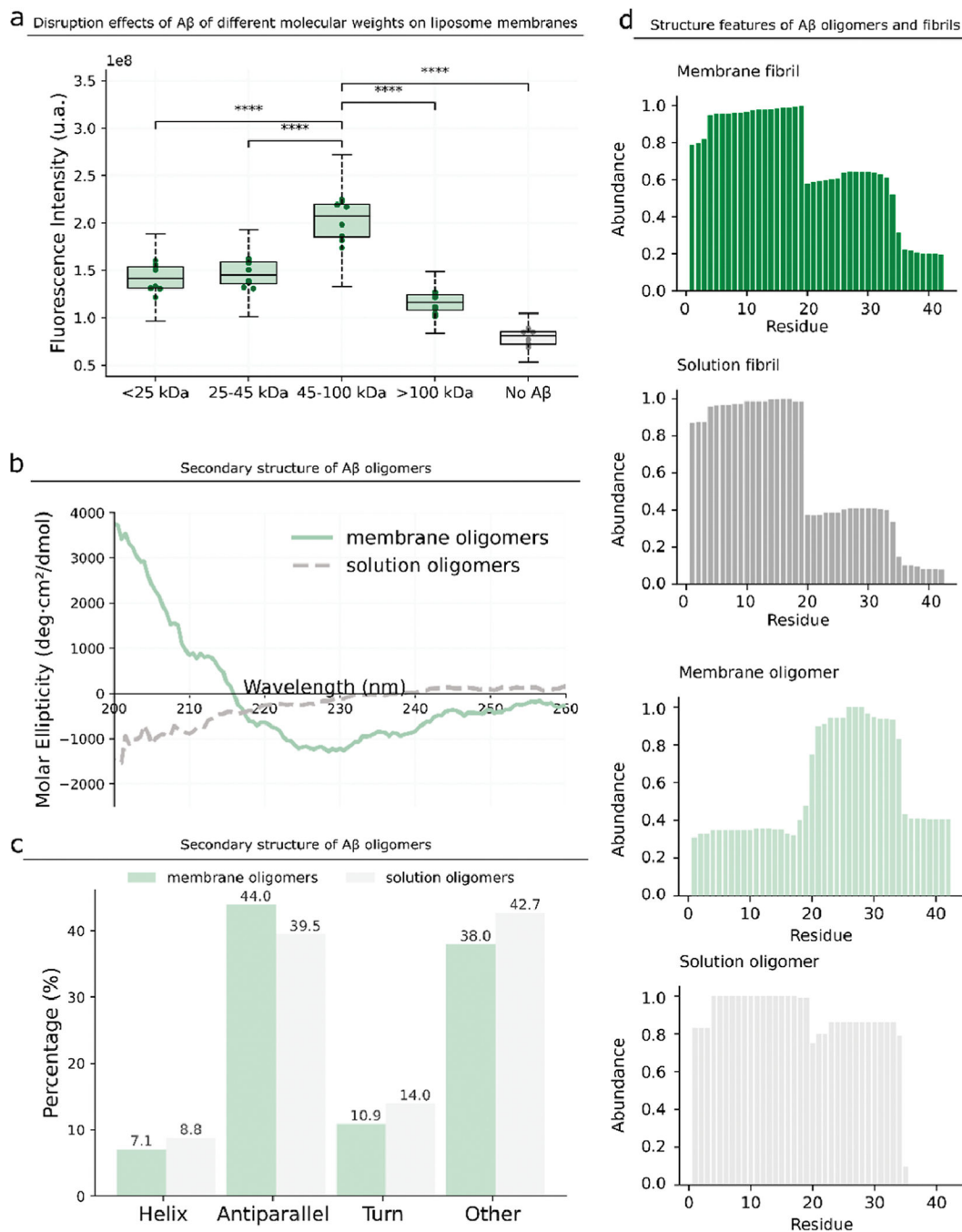


Figure 2. Interaction between the wild type, mutant A β , and GM1 liposome. (a) Initial structure for the MD simulation of the GM1 membrane and 5 A β monomers. (b) 3D view of the atoms at the interacting interface between R5 and GM1. (c) Distances between atoms of each residue in wild type A β and atoms of GM1 in the membrane. The upper area edge, the upper dashed line, the solid line, the lower dashed line, and the lower area edge are the 100, 75, 50, 25, and 0 percentiles, respectively, for the distance between each residue and GM1. The color corresponds to the percentile. The gray vertical bar indicates the region of the fifth residue. (d) Histogram of the minimum distances between R5 in A β and GM1 in the membrane of all steps in the MD simulation. (e) Distances between the A β mutant R5G and GM1. (f) Histogram of the minimum distances between G5 and GM1. G5 is the fifth residue in the A β mutant R5G.

**Figure 3.**

Structure characterization of membrane A β oligomers. (a) We divide the membrane A β oligomers into four samples according to the molecular weights and purify them from gels. We incubate the four samples at the same concentration with the Ca²⁺-encapsulated liposome and determine the fluorescence intensity. *P*-value: NS ($0.05 < p < 1$), * ($0.01 < p < 0.05$), ** ($0.001 < p < 0.01$), *** ($0.0001 < p < 0.001$), and **** ($p < 0.0001$). (b,c) Secondary structure of the A β oligomers formed in the presence and absence of GM1 liposomes. (d) Residue abundance of A β fibrils formed in the presence and absence of GM1

liposomes and the residue abundance of $A\beta$ oligomers formed on the membrane and in the absence of GM1 liposomes.

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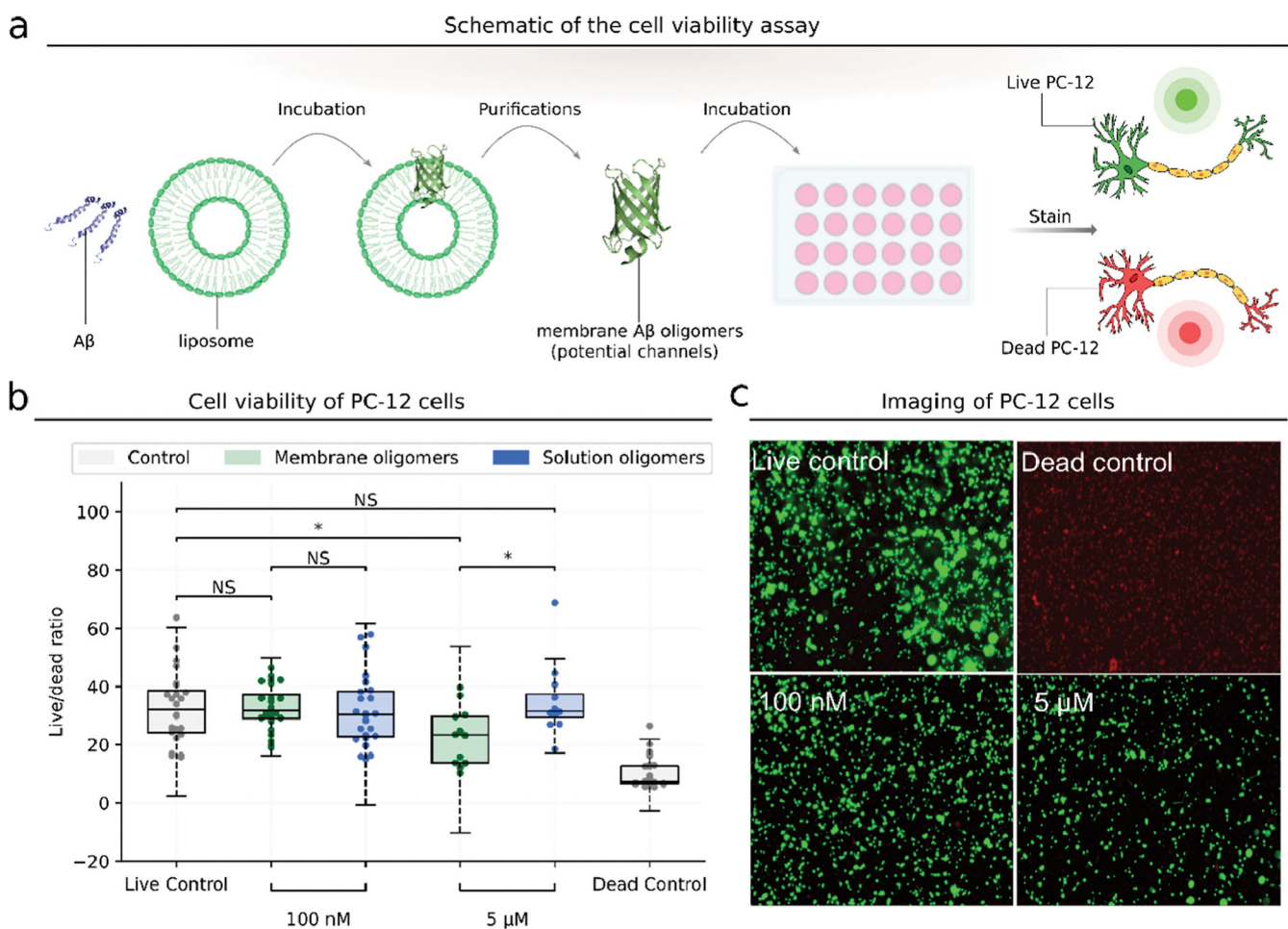


Figure 4.

$A\beta$ oligomers formed on liposome membranes are cytotoxic. (a) Schematic of cell viability experiment. (b) Cell viability of PC-12 cells incubated with membrane or solution $A\beta$ oligomers of different concentrations. The live control has no added $A\beta$. The dead control is treated with 70% methanol. Cell viability is assessed by calcein AM/ethidium homodimer-1 and calculated using the ratio of dead cells to live cells. *P*-value: NS ($0.05 < p < 1$), * ($0.01 < p < 0.05$), ** ($0.001 < p < 0.01$), *** ($0.0001 < p < 0.001$), and **** ($p < 0.0001$). (c) PC-12 cells incubated with membrane $A\beta$ oligomers of different concentrations. Live cells are stained by calcein AM in green, and dead cells are stained by ethidium homodimer-1 in red.