

# TGF $\beta$ and the Tumor Microenvironment in Colorectal Cancer

Maximilian J. Waldner<sup>1,2,\*</sup>  and Markus F. Neurath<sup>1,2</sup>

<sup>1</sup> Department of Internal Medicine 1, University Hospital Erlangen, Friedrich-Alexander-Universität Erlangen-Nürnberg (FAU), 91054 Erlangen, Germany

<sup>2</sup> Deutsches Zentrum Immuntherapie, University Hospital Erlangen, Friedrich-Alexander-Universität Erlangen-Nürnberg (FAU), 91054 Erlangen, Germany

\* Correspondence: maximilian.waldner@uk-erlangen.de; Tel.: +49-9131-853500

**Abstract:** Growing evidence supports an important role of the tumor microenvironment (TME) in the pathogenesis of colorectal cancer (CRC). Resident cells such as fibroblasts or immune cells infiltrating into the TME maintain continuous crosstalk with cancer cells and thereby regulate CRC progression. One of the most important molecules involved is the immunoregulatory cytokine transforming growth factor- $\beta$  (TGF $\beta$ ). TGF $\beta$  is released by various cells in the TME, including macrophages and fibroblasts, and it modulates cancer cell growth, differentiation, and cell death. Mutations in components of the TGF pathway, including TGF $\beta$  receptor type 2 or SMAD4, are among the most frequently detected mutations in CRC and have been associated with the clinical course of disease. Within this review, we will discuss our current understanding about the role of TGF $\beta$  in the pathogenesis of CRC. This includes novel data on the molecular mechanisms of TGF $\beta$  signaling in TME, as well as possible strategies for CRC therapy targeting the TGF $\beta$  pathway, including potential combinations with immune checkpoint inhibitors.

**Keywords:** colorectal cancer; TGF $\beta$ ; SMAD4; tumor microenvironment; immune response



**Citation:** Waldner, M.J.; Neurath, M.F. TGF $\beta$  and the Tumor Microenvironment in Colorectal Cancer. *Cells* **2023**, *12*, 1139. <https://doi.org/10.3390/cells12081139>

Academic Editor: Pablo Martín-Vasallo

Received: 15 February 2023

Revised: 29 March 2023

Accepted: 11 April 2023

Published: 12 April 2023



**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

Transforming growth factor- $\beta$  (TGF $\beta$ ) belongs to a group of more than 30 cytokines and growth factors, which regulate the growth, differentiation, apoptosis, and adhesion of various cell types. Besides its role in embryonic development and tissue homeostasis, TGF $\beta$  is involved in the regulation of inflammation, wound healing, and cancer development [1]. In cancer development, TGF $\beta$  has opposing roles. On the one hand, TGF $\beta$  acts as a tumor suppressor in early stage tumors through the induction of apoptosis or cell cycle arrest in pre-malignant cells [2]. On the other hand, TGF $\beta$  has tumor promotion effects, including the regulation of epithelial-to-mesenchymal transition (EMT) and supporting an immunosuppressive tumor microenvironment, which enables tumor immune escape at later tumor stages [1,3]. One of the best studied examples on this dual role of TGF $\beta$  in cancer development is colorectal cancer (CRC). CRC is still the third most common cancer worldwide and is frequently diagnosed at advanced stages, which require intense treatment strategies [4].

The molecular characterization of CRC, including the seminal work by the Cancer Genome Atlas Network, led to the distinction of hypermutated and non-hypermutated phenotypes [5]. Non-hypermutated CRC accounts for more than 80% of all CRC cases and is defined by fewer than 8.24 mutations per 10<sup>6</sup> bases. In contrast with hypermutated cancer, which is categorized by more than 12 mutations per 10<sup>6</sup> bases, it is mostly characterized by chromosomal instability (CIN)/microsatellite stability (MSS) and the accumulation of driver mutations during tumor progression [5,6]. These mutations affect typical oncogenes or tumor suppressor genes, including *APC*, *TP53*, *KRAS*, *PIK3CA*, *FBXW7*, *SMAD4*, *TCF7L2*, and *NRAS*.

In hypermutated CRC, which accounts for 10–20% of all CRC cases, three quarters are linked to microsatellite instability (MSI CRC) with hypermethylation and silencing of

mismatch repair (MMR) genes such as *MLH1*. MSI CRC is frequently associated with a distinct epigenetic phenotype, including the CpG island methylator phenotype (CIMP). The remaining quarter of hypermutated CRCs are caused by mutations in MMR genes or polymerase  $\epsilon$  (*POLE*) [6]. Similar to non-hypermutated CRC, mutations in certain driver genes occur with an increased frequency in hypermutated CRC. Among these, mutations in *ACVR2A*, *APC*, *TGFBR2*, *MSH3*, *MSH6*, *SLC9A9*, *TCF7L2*, and *BRAF* have been described [5].

Interestingly, an impairment in the TGF $\beta$  pathway can be found in both non-hypermutated and hypermutated CRC. As mentioned above, *SMAD4* (mothers against decapentaplegic homologue 4), one of the downstream signaling mediators of TGF $\beta$ -receptor activation, is among the eight most frequently mutated genes in non-hypermutated CRC [5]. In MSI CRC, mutations in the TGF $\beta$  receptor type 2 (*TGFBR2*) could be found in more than 50% of cases [5].

The relevance of TGF $\beta$  for the pathogenesis of CRC is further highlighted by the consensus molecular subtype (CMS) classification of CRC. As a basis for CMS classification, the transcriptome of more than 4000 CRC samples is evaluated to identify clinically relevant subtypes of CRC based on the gene expression. Overall, four CMSs could be identified. CMS1 accounts for 14% of all CRC cases and is associated with worse survival after relapse. CMS1 is characterized by hypermutation, MSI, CIMP, and frequent mutations in *BRAF*. As the transcriptional profile of CMS1 is specific for immune infiltration and activation, it is designated as “MSI immune” phenotype. CMS2, which accounts for 37%, is named the “canonical” subtype due to the high somatic copy number alterations (SCNA) with the activation of the WNT and MYC pathways. CMS3 is named “metabolic” due to the transcriptional dysregulation of the metabolic pathways. It accounts for 13% of CRC cases and can be further characterized by a mixed MSI status, low SCNA and CIMP, and increased frequency of *KRAS* mutations. CMS4 accounts for 23% of CRC cases and has, similar to CMS2, high SCNA. As a result of the high stromal infiltration together with marked activation of TGF $\beta$ -signaling, it is named the “mesenchymal” subtype.

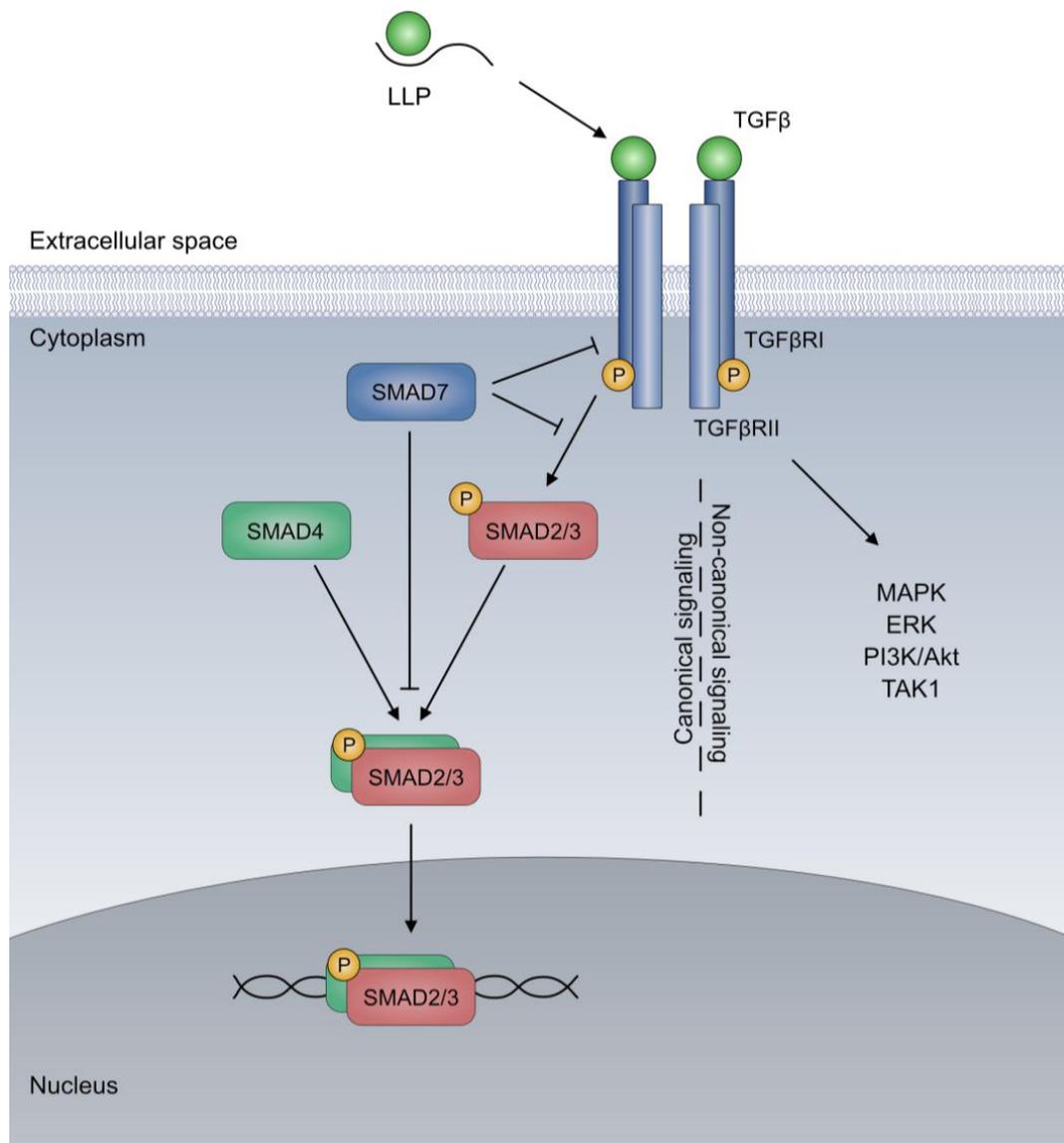
In comparison with all of the other CMS types, CMS4 is associated with inferior relapse-free and overall survival [7]. Together, these data clearly indicate a critical role for TGF $\beta$  signaling in CRC.

During recent years, the functional role of TGF $\beta$  signaling has been intensely studied in various preclinical models. These data provided a glimpse into the complex and ambiguous role of TGF $\beta$  within the development of CRC. Within this review, we will give an overview about the regulation and functional role of TGF $\beta$  signaling in CRC with a special focus on the tumor microenvironment.

## 2. Molecular Mechanisms of TGF $\beta$ Signaling

The TGF $\beta$  protein family contains 32 genes distributed among two subgroups, the TGF and the bone morphogenetic protein (BMP) subfamilies in mammals. While the TGF subfamily includes TGF $\beta$ 1, TGF $\beta$ 2, and TGF $\beta$ 3; activins A and B; nodal; myostation; and GDFs, the BMP subfamily includes BMP2, BMP4, BMP6, BMP7, BMP9, GDF5, GDF9, and anti-Muellerian hormone (AMH), among others [8]. In mammals, seven type I, five type II, and 2 type III receptors have been described (for review, see [1,8]). Among these, TGF $\beta$ RI (also known as ALK5) and TGF $\beta$ RII are the main receptors for TGF $\beta$ . These receptor subunits form a heterotetrameric complex consisting of two type I and two type II receptors. The binding of TGF $\beta$  to TGF $\beta$ RII induces the recruitment of TGF $\beta$ RI to form a complex with TGF $\beta$ RI, which mediates further downstream signaling through the serine/threonine kinase activity [9]. This signaling is mainly mediated through proteins belonging to the SMAD (mothers against decapentaplegic homologues) family, which act as transcription factors regulating the proliferation, differentiation, chemotaxis, and immune modulation [1]. Depending on the functional role, three SMAD subfamilies have been described. SMAD1, SMAD2, SMAD3, SMAD5, and SMAD9 belong the receptor-activated SMADs (R-SMADs), which mediate effector function. SMAD4 is designated as the co-mediator SMAD, as it forms complexes with receptor-activated SMADs for transducer

effector function. Finally, SMAD6 and SMAD7 are inhibitory SMADs, which suppress TGF $\beta$  receptor signaling and thereby act as a negative feedback loop. Overall, TGF signaling via SMAD proteins is regarded as canonical signaling. In addition to SMAD-based canonical signaling, TGF $\beta$ -receptor activation can also induce non-canonical pathways, including mitogen-activated protein kinases (MAPK), c-Jun N-terminal Kinase (JNK)/p38 MAPK, extracellular signal-regulated kinases (ERKs), phosphatidylinositol-3 kinase (PI3K)/Akt, rhodopsin (Rho) family GTPases, and TGF $\beta$ -activated kinase-1 (TAK1) (Figure 1).



**Figure 1.** TGF $\beta$  signaling pathway. Following the release from the large latent complex (LLP), TGF $\beta$  dimers binds to the heteromeric TGF $\beta$  receptor, which consists of type I and type II receptors (such as TGF $\beta$ RI and TGF $\beta$ RII). Within canonical signaling, this results in receptor phosphorylation with the subsequent activation of the receptor activated SMAD molecules (R-SMADs), such as SMAD2 or SMAD3. Phosphorylated R-SMADs form a heteromeric complex with SMAD4, which translocates to the nucleus and induces the transcription of target genes. Inhibitory SMADs (I-SMADs) such as SMAD7 can inhibit TGF $\beta$  signaling at several points. In non-canonical TGF $\beta$  signaling, TGF $\beta$  receptor activation results in the activation of mitogen-activated protein kinase (MAPK), extracellular signal-regulated kinase (ERK), phosphatidylinositol-3 kinase (PI3K)/Akt, TGF $\beta$ -activated kinase-1 (TAK1) pathways, and others. The figure has been adapted from [9].

For the remainder of this review, we will focus on the TGF $\beta$ -SMAD signaling pathway. This pathway is regulated on all levels, including ligands, receptors, and SMAD molecules (for review, see [8]). For instance, TGF $\beta$  is produced by various cell types within the TME, including intestinal epithelial cells, macrophages, or T cells. Thereby, TGF $\beta$  is synthesized as a dimeric and inactive precursor protein with a C-terminal sequence named latency-associated peptide (LAP), preventing TGF $\beta$  activation. LAP is cleaved in the trans-Golgi and remains attached within the small latent complex (SLC). The SLC then binds to the latent TGF $\beta$  binding protein (LTBP) to form the large latent complex (LLP), which is released from the cells and is stored within the extracellular matrix. TGF $\beta$  is then activated by the proteolytic cleavage of LAP or the structural modification of LLP, which enable the release of the mature and active TGF $\beta$  dimer [1]. For instance, integrin  $\alpha$ v $\beta$ 6 has been shown to promote the release of TGF $\beta$  by allosteric binding the prodomain of the latent complex [8]. Similarly, Thrombospondin I (TSP1) activates latent TGF $\beta$  through allosteric binding, whereas MMP9 enables TGF $\beta$  release through proteolytic cleavage [10]. In the absence of receptor binding, active TGF $\beta$  is then cleared from the extracellular space within a short time, thereby enabling tight regulation of TGF $\beta$  signaling. Overall, these mechanisms are crucial for the versatile role of TGF $\beta$  signaling under physiologic and pathological conditions. In the next section, we discuss how a dysregulation of TGF $\beta$  signaling contributes to the malignant transformation of intestinal epithelial cells within the pathogenesis of CRC.

### 3. Mutations Affecting the TGF $\beta$ Pathway as Drivers of CRC Progression

The high frequency of mutations affecting members of the TGF $\beta$  pathway clearly indicates the tumor-suppressive effects of TGF $\beta$  signaling in CRC [1]. This has been attributed to the direct effects of TGF $\beta$  on early CRC cells, where TGF $\beta$  induces cell-cycle arrest or apoptosis. Functional data supporting these concepts have been derived from preclinical studies with genetically engineered mice evaluating TGF $\beta$  pathway members that are mostly mutated in human CRC [11].

#### 3.1. Mutations in TGF $\beta$ RII

As previously discussed, mutations in TGF $\beta$ RII are the most frequent mutations of the TGF $\beta$  signaling pathway in hypermutated CRC [5]. This is especially true in MSI CRCs, which correspond to group 1 in CMS classification. In these cases, mostly frameshift mutations of the TGF $\beta$ RII gene have been reported [12]. Thereby, TGF $\beta$ RII mutations seem to occur late during MSI CRC development, as they are associated with the progression of adenomas to MSI CRC [13]. These data match preclinical studies, which show that TGF $\beta$ RII mutations are not enough to initiate malignant transformation of the intestinal epithelial cells. However, in combination with mutations of other tumor suppressor genes such as PTEN, APC, TP53 and others, TGF $\beta$ RII mutations result in tumor progression. For instance, Yu et al. evaluated tumor development in mice with a conditional deletion of TGF $\beta$ RII, phosphatase, and tension homolog deleted on chromosome 10 (PTEN), or a combination of both in the intestinal epithelial cells [14]. The authors chose these genes because they are frequently mutated in MSI-H CRCs. While the mutations of TGF $\beta$ RII or PTEN alone did not result in CRC development, the combined deletion of both genes resulted in tumor formation in the small intestine and colon in 86% of mice and metastasis in 8% of tumor-bearing mice. Tumor growth was associated with increased cancer cell proliferation, decreased apoptosis, and decreased expression of cyclin-dependent kinase inhibitors.

Within the CIN pathway, the sequential accumulation of mutations in critical oncogenes has been reported, which include APC, KRAS, PIK3CA, BRAD, and TP53, and the TGF pathway members SMAD4 and TGF $\beta$ RII [15]. Similar to MSI-H CRC, Sakai et al. could show, by specifically inducing APC, KRAS, and TGF $\beta$ RII mutations in intestinal epithelial cell organoids, that the additional acquisition of TGF $\beta$ RII loss in APC and KRAS mutated organoids resulted in increased metastasis [16]. Together, these data clearly show

that TGF signaling was protective against cancer progression, as also indicated by data on the role of SMAD4 in CRC.

### 3.2. Mutations in SMAD4 and Other SMAD Genes

Mutations of SMAD4 are among the most frequent mutations detected in non-hypermutated CRC [11]. Besides mutations of the SMAD4 gene, other mechanisms of SMAD4 silencing have also been described, such as ubiquitylation, sumoylation, or microRNA interference [17]. Again, loss of function mutations of SMAD4 have been associated with late stage disease, including metastasis [18] and poor survival [19]. In preclinical studies, the combination of APC and SMAD4 mutations resulted in a more malignant phenotype of intestinal tumors in mice compared with a single mutation of APC [20]. Similarly, SMAD4 deletion and the activation of Wnt in the intestinal epithelial cells resulted in the rapid formation of dedifferentiated adenomas [21]. These observations have been linked to various downstream mechanisms of SMAD4 signaling. For instance, the loss of SMAD4 in intestinal epithelial cells has been shown to result in the upregulation of chemotactic factors, including Ccl9, CCL15, or CXCL1/8, and thereby induces the recruitment of tumor promoting myeloid-derived cells or tumor-associated neutrophils [22]. Furthermore, SMAD4 deletion has been shown to result in the upregulation of vascular endothelial growth factor (VEGF)-A and VEGF-C to mediate angiogenesis and lymphangiogenesis, respectively [23].

Besides SMAD4, mutations have also been reported in SMAD2 and SMAD3 in CRC. However, the incidence of these mutations is much lower in comparison with SMAD4, and functional data are not available. Among the inhibitory SMADs, several data show a relevant role for epithelial SMAD7 in CRC development. For instance, single nucleotide polymorphisms (SNPs) have been associated with CRC risk in a study with more than 900 CRC cases [24]. An overexpression of SMAD7 in a non-tumorigenic colon cell line resulted in increased tumorigenicity of these cells after transplantation into athymic nude mice [25]. On a molecular level, SMAD7 prevented TGF $\beta$ -dependent Akt phosphorylation and G1 cell cycle arrest, and thereby enabled cancer cell growth while inhibiting apoptosis. In a subsequent study by the same group, SMAD7 overexpression in CRC cells was shown to promote liver metastasis in a murine splenic injection model of CRC [26].

Overall, the currently available data clearly show that TGF $\beta$  signaling in cancer cells prevents progression to a more malignant phenotype. This is in contrast with the role of TGF $\beta$  in the tumor microenvironment, which we will discuss in the next section.

## 4. TGF $\beta$ as a Regulator of the Tumor Microenvironment in CRC

Despite its tumor-suppressive role in the early stages of tumor development, increased TGF $\beta$  signaling has been linked to tumor progression in many types of cancer. In CRC, upregulation of TGF $\beta$  signaling has been associated with advanced disease. For instance, it has been shown that increased levels of TGF $\beta$ 1 are correlated with metastatic disease and poor prognosis [27,28]. TGF $\beta$ 1 has been detected in the hepatic metastasis of CRC and has been proposed as a predictor of metastasis following surgery [29,30]. Further evidence was provided by the CMS classification, where CMS4, which is characterized by increased activation of TGF $\beta$  signaling, is associated with an inferior prognosis regarding relapse-free and overall survival in comparison with CMS1-3 [7]. TGF $\beta$  upregulation was further associated with genes indicative for an increased epithelial-to-mesenchymal transition (EMT, angiogenesis, matrix remodeling, complement-mediated inflammation, and stromal infiltration). These data support the concept that the upregulation of TGF $\beta$  signaling in late-stage CRC induces a tumor-friendly microenvironment by directly regulating innate and adaptive immune cells, as well as tumor resident cells such as cancer-associated fibroblasts (CAFs), as discussed in the following sections.

### 4.1. Tumor-Associated Macrophages

Tumor-associated macrophages (TAMs) are the main type of immune cells infiltrating into the TME. Undifferentiated M0 macrophages can be polarized into M1 macrophages

via classical activation or into M2 macrophages by alternative activation. While M1 macrophages have been associated with a protective role in cancer development due to the release of pro-inflammatory cytokines and cytotoxic substance, M2 macrophages have been described to have tumor promoting effects. These pro-tumorigenic effects of M2 macrophages have been linked to the release of various molecules that exert an immunosuppressive function and thereby inhibit the host anti-tumor immune response (for review, see [31]). TGF $\beta$  has been attributed a central role in the recruitment of macrophages and polarization into the M2 phenotype in various types of solid cancer. For instance, TGF $\beta$  has been shown to induce integrin and type IV collagenase expression to enhance migration to the site of inflammation [32]. Kim et al. showed that increased migration of macrophages in response to TGF $\beta$  is dependent on RhoA signaling [33]. Furthermore, Arwert et al. found an increased expression of CXCR4 on TAMs in response to TGF $\beta$  released by cancer cells [34]. Regarding the induction of a M2 phenotype, a SNAIL-dependent inhibition of a pro-inflammatory phenotype in macrophages has been described [35]. In CRC, the deletion of SMAD4 in cancer cells resulted in a decrease in S100A8+ monocytes in the tumor microenvironment [36]. Furthermore, the release of Collagen Triple Helix Repeat Containing 1 (CTHRC1) by CRC cells induced M2 polarization of TAMs through TGF $\beta$  signaling and further promoted hepatic metastasis in mouse models of CRC [37].

In addition to the recruitment and polarization of macrophages by TGF $\beta$ , TAMs have been also shown to release TGF $\beta$ , which then further promotes tumor progression. For instance, Cai et al. found increased EMT of colorectal cancer cells mediated by TAM-derived TGF $\beta$ . EMT was induced through the activation of SMAD/SNAIL signaling in CRC cells [38]. In a recent study, an increased number of CD155+ TAMs were found in clinical CRC samples. These CD155+ TAMs were supporting cancer cell migration and invasion through a TGF $\beta$ /STAT3-dependent release of matrix metalloproteinases (MMP) 2 and 9 [39].

Besides the regulation of cancer cells, TGF $\beta$  released from macrophages has also been shown to inhibit T cell responses in CRC. For instance, a high number of CD163+ macrophages in colorectal polyps from pediatric patients were associated with a high TGF $\beta$  expression and reduced T cell infiltration [40]. Further in vitro experiments showed that CD163+ released high levels of TGF $\beta$  to suppress T cell proliferation, proposing an immunosuppressive role for TGF $\beta$  released from TAMs in CRC.

#### 4.2. Tumor-Associated Neutrophils

Similar to macrophages, neutrophil granulocytes have also been implicated in the pathogenesis of CRC. The first evidence came from observations that high numbers of neutrophils in the peripheral blood of CRC patients were associated with an inferior prognosis. For instance, Rashtak et al. evaluated the peripheral neutrophil to lymphocyte ratio (NLR) of 2546 CRC patients and found an inferior outcome regarding disease-free and overall survival in patients with a high NLR [41]. Further studies could show that a high NLR is associated with a poor outcome following hepatic resection for liver metastasis or a response to treatment with bevacizumab and chemotherapy (for review, see [42]).

In the tumor microenvironment, recent data have shown that tumor-associated neutrophils (TANs) also show relevant plasticity and can be polarized into the anti-tumorigenic N1 phenotype or a tumor-promoting N2 phenotype [42]. N1 neutrophils are characterized by the secretion of TNF $\alpha$ , reactive oxygen species (ROS), Fas, and others, and thereby exhibit a cytotoxic function. In contrast, N2 neutrophils release arginase, MMP9, VEGF, and various chemokines to support tumor progression. Again, TGF $\beta$  has been described to regulate the polarization of neutrophils into the tumor-promoting N2 phenotype [43]. Regarding CRC, epithelial notch has been shown to induce a CMS4 phenotype with TGF $\beta$ -mediated neutrophil recruitment into the TME to drive tumor metastasis in a mouse model of CRC [44]. Furthermore, TANs have been described to suppress the adaptive anti-tumor immune response against CRC by suppressing T cell function via TGF $\beta$  [45]. Interestingly, TANs did not directly release TGF $\beta$ , but rather released MMPs, which enabled the release

of latent TGF $\beta$  from the TME. Therefore, neutrophils might enable immunosuppression in a TGF $\beta$ -rich environment.

#### 4.3. Myeloid-Derived Suppressor Cells

Another group of innate immune cells that are involved in the regulation of tumor progression are myeloid-derived suppressor cells (MDSCs). Although these cells of the myeloid lineage share several features with TAMs and TANs, they are still considered as distinct cell populations. MDSCs have been divided into a monocyte group (M-MDSCs) defined as CD11b<sup>+</sup>Ly6G<sup>+</sup>Ly6C<sup>high</sup> and a polymorphonuclear group (PMN-MDSCs) defined as CD11b<sup>+</sup>Ly6G<sup>+</sup>Ly6C<sup>low</sup> in mice (for review, see [46]). As the name indicates, MDSCs are defined by their immunosuppressive function, which is dependent on the generation of reactive oxygen and nitrogen species; immunosuppressive cytokines, such as IL-10 and TGF $\beta$ ; or the degradation of L-arginine [46]. Furthermore, MDSCs promote the degradation of L-arginine, which is required for T cell proliferation and effector function, through the release of NO synthase (iNOS) and arginase-1 (ARG1) [46,47]. In several types of cancer, high numbers of circulating MDSCs have been correlated with a worse prognosis [48]. Regarding CRC, Nair et al. found an upregulation of TGF $\beta$  signaling in circulating M-MDSCs from the peripheral blood of CRC patients [49]. Similarly, a recent study by Gneo et al. evaluated MDSCs in tissue and peripheral blood samples of CRC samples [50]. In this study, increased numbers of M-MDSCs in the peripheral blood and tissue samples were induced by TGF $\beta$  and inhibited T cell proliferation via IL-10 signaling. Thus, MDSCs, especially M-MDSCs, seem to be important regulators of an immunosuppressive environment in CRC.

#### 4.4. T Cells

Although a high NLR has been associated with a worse prognosis in CRC patients, and thus low numbers of lymphocytes could be indicative of an inferior course of disease; the role of lymphocytes in CRC progression is dependent on the specific lymphocyte subtype. As shown by the group of Jérôme Galon in 2005, the infiltration of early memory and effector memory CD8<sup>+</sup> T cells into the TME is correlated with a superior prognosis, including disease-free and overall survival in CRC patients [51]. Of note, the characterization of immune infiltration into the TME allows for a more precise assessment of the prognosis of individual patients than standard TNM classification [52]. As a consequence, the consensus Immunoscore was developed for the routine clinical assessment of CRC [53]. In addition to cytotoxic CD8<sup>+</sup> T cells, Th1 helper T cells and IFN $\gamma$  have also been associated with a superior prognosis in CRC [15,54].

In contrast, the presence of Th17 cells, Th22 cells, and regulatory T cells (Tregs) has been associated with a worse prognosis. While Th17 and Th22 cells directly promote tumor progression through the release of tumor-promoting cytokines such as IL-17A or IL-17, Tregs suppress the anti-tumor effector response of Th1 cells and cytotoxic CD8 T cells. However, data shedding light on the role of individual Treg subtypes in CRC revealed that this is not always the case (for review, see [55]). For instance, CD4<sup>+</sup> CD25<sup>+</sup> Tregs have been shown to suppress inflammation-associated CRC development through the release of IL-10 [56], and induce CRC regression in the Apcmin/+ mouse model of CRC by regulating the homeostasis of epithelial cells [57]. In a more recent study, *Nrp1*<sup>-/-</sup> Tregs supported anti-tumor immunity through the release of IFN $\gamma$  in mouse models of melanoma and head and neck cancer [58]. In contrast, *Nrp1*<sup>+/+</sup> Tregs harbored a critical immunosuppressive function. As *Nrp1*<sup>+</sup> Tregs have been associated with a worse prognosis in CRC, and similar mechanisms might also play a role here [59].

TGF $\beta$  is known as an important regulator of T cell survival, activation, and differentiation [10,60]. TGF $\beta$  can inhibit the differentiation of both Th1 and Th2 cells. In the case of CD8<sup>+</sup> T cells, TGF $\beta$  has been shown to inhibit cytotoxic function [61]. In contrast with these T cell populations, which are critical for the host anti-tumor immune response, TGF $\beta$  has been shown to promote the differentiation of immunosuppressive Tregs and pro-inflammatory Th17 cells [62]. The relevance of TGF $\beta$  for T cell homeostasis is further

supported by the fact that genetically modified mice with a dominant-negative TGF $\beta$ BRII and mice with T cell dependent deletion of TGF $\beta$ BRII develop systemic autoimmunity, including colitis [63].

Evidence for this well-described role of TGF $\beta$  for T cell regulation has also been found in CRC. For instance, Tauriello et al. evaluated mice with a conditional deletion of Apc, KRAS, TGF $\beta$ BRII, and TRP53 in intestinal stem cells [64]. These mice developed metastatic intestinal tumors with high TGF $\beta$  activation in TME. Blocking TGF signaling in this model resulted in a potent anti-tumor T cell response with a Th1 phenotype. To directly evaluate TGF $\beta$  signaling in T cells of mice, Kim et al. induced a T cell-specific deletion of SMAD4, which resulted in spontaneous tumors in the colon, rectum, duodenum, stomach, and oral cavity [65]. SMAD4-deficient T cells produced high amounts of IL-5, IL-6, and IL-13. Among these, IL-6 in particular is known as an important promoter of CRC progression [66,67]. In contrast, mice with a transgenic overexpression of SMAD7 in T cells are protected against tumor development in the model of azoxymethan (AOM) and dextran sodium sulfate (DSS)-induced colitis-associated cancer (CAC) or following the subcutaneous injection of syngenic MC38 CRC cells [68,69]. However, these animals develop severe colitis characterized by CD8<sup>+</sup> T cell infiltration and IFN $\gamma$  production. To further study the role of TGF $\beta$ -signaling in Th17 cells, Perez et al. transferred T cells with a conditional deletion of TGF $\beta$ BRII under the promoter of IL-17A into T- and B-cell deficient Rag1<sup>-/-</sup> mice and exposed these animals to the AOM + DSS model of CAC [70]. Highlighting the role of TGF $\beta$  for Th17 effector function, Th17 with TGF $\beta$ BRII-deletion produced less IL-22 and resulted in less tumor development in murine CAC. Interestingly, TGF $\beta$  has not only been described to direct tumor-promoting T cell development in CRC. Wang et al. evaluated tumor-infiltrating lymphocytes (TILs) in the tissue samples of 20 CRC patients [71]. As shown by additional *in vitro* studies, TGF $\beta$  together with IL-4 was required for Th9 enrichment and Th9 cells induced the expansion of cytotoxic CD8<sup>+</sup> T cells. Altogether, these data further show the complexity of TGF $\beta$  signaling in the TME of CRC and imply a critical role of T cell regulation in the tumor-promoting effects of TGF $\beta$  signaling in CRC.

#### 4.5. Cancer-Associated Fibroblasts

In addition to tumor-infiltrating immune cells, tissue resident cells such as fibroblasts have also gained increasing attention in recent years. In the pathogenesis of various types of solid cancer, cancer-associated fibroblasts (CAF) have been recognized as important regulators of tumor progression, mediating EMT, angiogenesis, cancer migration and invasion, therapeutic resistance, and others (for review, see [72]). Although most CAFs develop from resident tissue fibroblasts, they can also emerge from fibrocytes, bone-marrow-derived mesenchymal cells, epithelial cells, endothelial cells, stellate cells, and adipocytes [73]. Independent from the type of cancer, TGF $\beta$ , which is known to be an important regulator of tissue fibrosis, has been implicated in the differentiation of CAFs. For CRC, this has been shown in a study by Calon et al. [74]. In 345 CRC samples, the authors found an association between a high TGF $\beta$  expression with an inferior prognosis. Of note, TGF $\beta$  signaling in stromal cells, especially CAFs, was responsible for the TGF $\beta$  gene signature that was associated with a poor prognosis. Furthermore, TGF $\beta$  induced IL-11 expression and release from stromal CAFs, which supported the metastasis of CRC cells in mice. Similarly, Hawinkels et al. found a TGF $\beta$ -dependent feedback loop between CRC cells and fibroblasts. Here, CAFs were activated by TGF $\beta$  and subsequently secreted further TGF $\beta$  together with proteinases into the TME [75]. Several further publications could show that TGF $\beta$  signaling in CAFs supports the invasion and metastasis of CRC [76,77].

Therefore, similar to myeloid cells and T cells, TGF $\beta$  signaling is a critical component of the tumor promoting effects of CAFs in cancer and thus could serve as a potential target for therapeutic interventions.

## 5. Therapeutic Modulation of TGF $\beta$ Signaling in CRC

Because of the central role of TGF $\beta$  signaling in advanced CRC, several strategies have been developed for therapeutic modulation of the TGF $\beta$  pathway in TME. These include, but are not limited to, drugs that interfere with TGF $\beta$  synthesis, blockers of TGF $\beta$  ligand–receptor interactions, or inhibitors of the receptor kinase activity and downstream signaling pathways (for review, see [78]). Several of these drugs targeting TGF $\beta$ , TGF $\beta$  receptors, and SMADs have been tested in clinical trials on various types of solid cancer, including CRC [78]. For instance, the anti-TGF $\beta$ 2 antisense oligodeoxynucleotide Trabedersen has been shown to be effective in preclinical studies on pancreatic cancer and was tested in a phase I study (NCT00844064) on various solid cancers, including CRC [79]. The anti-TGF $\beta$ RII monoclonal antibody Ly3022859 was tested in 14 cases of advanced solid tumors, including 3 cases of CRC (NCT01646203). However, due to cytokine release syndrome, dose escalation was not possible and the maximum tolerated dose could not be determined [80]. Based on these and similar data that showed systemic side effects with anti-TGF $\beta$  therapy, a more specific inhibition of TGF $\beta$  signaling and a better selection of suitable patient subgroups have been proposed for the treatment of CRC.

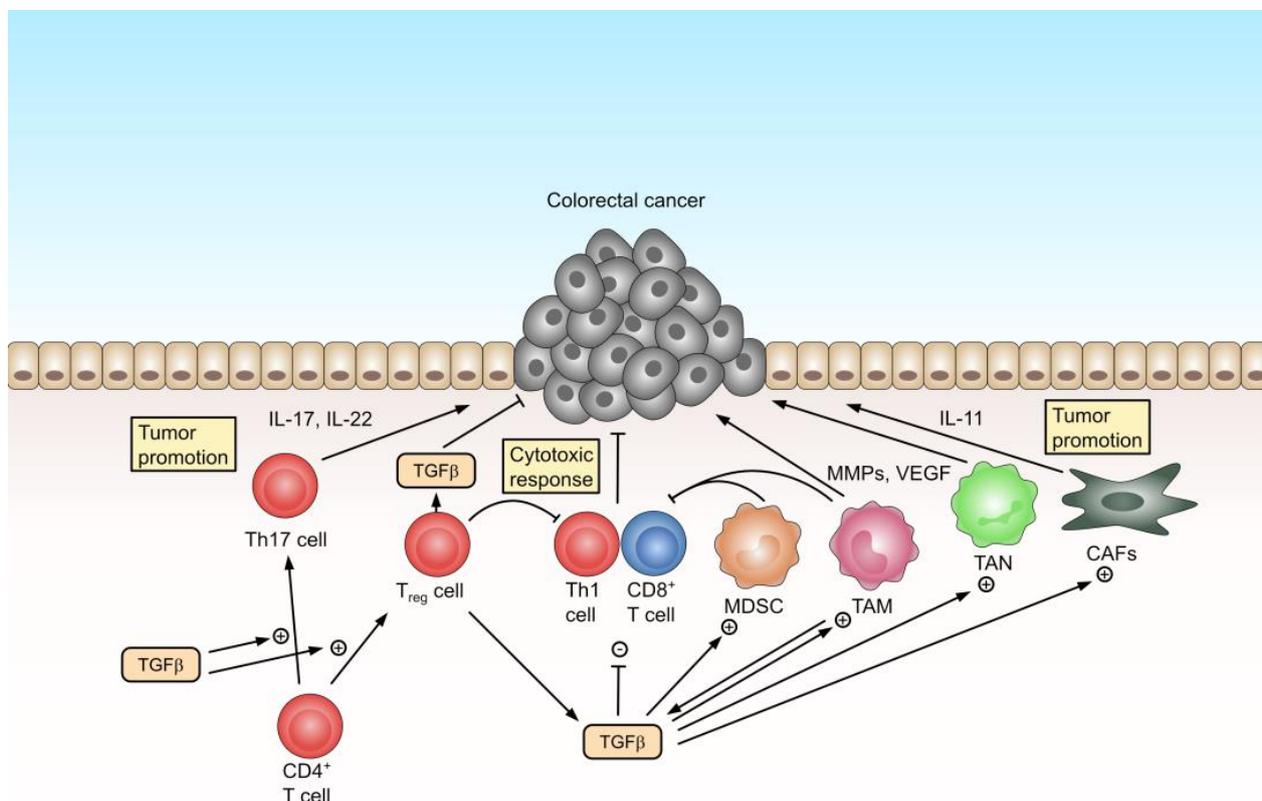
As a consequence of TGF $\beta$ -signaling in TME and the suppression of the anti-tumor T cell response, combining TGF $\beta$  inhibition with an additional modulation of the immune response seems to be a promising strategy. During recent years, tremendous success has been achieved by enhancing the anti-tumor T cell response through the immune checkpoint blockade in many types of solid cancer. Immune checkpoint inhibition is achieved by blocking inhibitory pathways such as programmed cell death 1 (PD1) or cytotoxic T-lymphocyte-associated protein 4 (CTLA4), e.g., through specific antibodies, in order to enhance cytotoxic T cell function. In CRC, the immune checkpoint blockade has so far only been effective and approved for the therapy of MSI-H CRC cases, in which a strong activation of the adaptive immune system can be observed [81]. Because of the immunosuppressive role of TGF $\beta$  in the TME of CRC, additional subgroups of CRC, e.g., CMS4, could also be rendered susceptible for the immune checkpoint blockade. This concept has been supported by the previously described preclinical study of Tauriello et al., where the anti-TGF $\beta$ RI kinase inhibitor galunisertib induced susceptibility for anti-programmed cell-death protein 1 (PD-1) therapy in a mouse model of metastatic CRC [64]. The first clinical trials are on the way to translate these findings into human disease (NCT03724851) and the results are eagerly anticipated.

## 6. Conclusions

CRC is a typical example of the dual role of TGF $\beta$  signaling in cancer. Defective TGF $\beta$  signaling in cancer cells, mostly through the inactivation of TGF $\beta$ RII in MSI CRC or SMAD4 in non-hypermethylated CRC, is a frequent event that has been implicated in CRC progression. These mutations suggest an anti-tumor effect of TGF $\beta$  signaling and, in fact, TGF $\beta$  has been shown to exert an anti-tumor activity through the induction of apoptosis or cell cycle arrest in premalignant cells. On the other hand, TGF $\beta$  is critically involved in the regulation of the tumor microenvironment, where it facilitates the polarization of tumor-promoting innate immune cells or cancer-associated fibroblasts, and it inhibits the adaptive anti-tumor immune response (Figure 2).

Overall, the immunosuppressive effect of TGF $\beta$  in TME seems to be of critical importance for CRC progression, and thus the therapeutic inhibition of TGF $\beta$  has been frequently regarded as a promising strategy for the treatment of CRC. Although previous studies targeting TGF $\beta$  in CRC have only provided limited results, especially due to systemic effects, recent data suggest that the inhibition of the TGF $\beta$  pathway in selected patients or in combination with the immune checkpoint blockade might be promising strategies. However, more in-depth knowledge about the regulation of different cell populations by the TGF $\beta$  signaling is required to identify suitable targets and promising candidates for combination therapies. Furthermore, clinical markers for the identification of the patient subgroups that would benefit from such approaches would be needed. In this regard,

additional large-scale multi-omics data, including single cell RNA sequencing or spatial transcriptomics, could pave the way to successfully integrate the modulation of TGF $\beta$  in the treatment of CRC.



**Figure 2.** Dual role of TGF $\beta$  in the tumor microenvironment of colorectal cancer. TGF $\beta$  mediates tumor-promoting effects, e.g., by contributing to a pro-inflammatory environment and suppressing the anti-tumor immune response. Tumor-promoting inflammation is mediated by CAFs or infiltrating TAMs and TANs, which release pro-inflammatory cytokines such as IL-17, IL-22, or IL-11, as well as MMPs and VEGF. TGF $\beta$  directly induces Tregs and MDSC to suppress the cytotoxic anti-tumor immune response of Th1 CD4 $^+$  T cells and CD8 $^+$  T cells. At the same time, TGF $\beta$  inhibits cell proliferation and induces the apoptosis of cancer cells. TGF $\beta$  = transforming growth factor  $\beta$ ; IL-17 = interleukin-17; IL-22 = interleukin-22; IL-11 = interleukin-11; MDSC = myeloid-derived suppressor cells; TAM = tumor-associated macrophage; TAN = tumor-associated neutrophil; CAF = cancer-associated fibroblast; MMP = matrix metalloproteinase; VEGF = vascular endothelial growth factor.

**Author Contributions:** Conceptualization, writing—original draft preparation, review and editing, M.J.W. and M.F.N. All authors have read and agreed to the published version of the manuscript.

**Funding:** M.J.W. and M.F.N. were funded by Deutsche Forschungsgemeinschaft (DFG) within FOR2438 (Projectnumber 280163318).

**Conflicts of Interest:** The authors declare no conflict of interest.

## References

1. Sabbadini, F.; Bertolini, M.; De Matteis, S.; Mangiameli, D.; Contarelli, S.; Pietrobono, S.; Melisi, D. The Multifaceted Role of TGF-beta in Gastrointestinal Tumors. *Cancers* **2021**, *13*, 3960. [[CrossRef](#)] [[PubMed](#)]
2. Zhang, Y.; Alexander, P.B.; Wang, X.F. TGF-beta Family Signaling in the Control of Cell Proliferation and Survival. *Cold Spring Harb. Perspect. Biol.* **2017**, *9*, a022145. [[CrossRef](#)] [[PubMed](#)]
3. Massague, J. TGFbeta in Cancer. *Cell* **2008**, *134*, 215–230. [[CrossRef](#)] [[PubMed](#)]
4. Siegel, R.L.; Wagle, N.S.; Cercek, A.; Smith, R.A.; Jemal, A. Colorectal cancer statistics 2023. *CA Cancer J. Clin.* **2023**, *73*, 17–48. [[CrossRef](#)] [[PubMed](#)]

5. Network, C.G.A. Comprehensive molecular characterization of human colon and rectal cancer. *Nature* **2012**, *487*, 330–337. [[CrossRef](#)] [[PubMed](#)]
6. Nguyen, L.H.; Goel, A.; Chung, D.C. Pathways of Colorectal Carcinogenesis. *Gastroenterology* **2020**, *158*, 291–302. [[CrossRef](#)]
7. Guinney, J.; Dienstmann, R.; Wang, X.; de Reynies, A.; Schlicker, A.; Soneson, C.; Marisa, L.; Roepman, P.; Nyamundanda, G.; Angelino, P.; et al. The consensus molecular subtypes of colorectal cancer. *Nat. Med.* **2015**, *21*, 1350–1356. [[CrossRef](#)]
8. David, C.J.; Massague, J. Contextual determinants of TGFbeta action in development, immunity and cancer. *Nat. Rev. Mol. Cell Biol.* **2018**, *19*, 419–435. [[CrossRef](#)]
9. Akhurst, R.J.; Hata, A. Targeting the TGFbeta signalling pathway in disease. *Nat. Rev. Drug Discov.* **2012**, *11*, 790–811. [[CrossRef](#)]
10. Dahmani, A.; Delisle, J.S. TGF-beta in T Cell Biology: Implications for Cancer Immunotherapy. *Cancers* **2018**, *10*, 194. [[CrossRef](#)]
11. Gough, N.R.; Xiang, X.; Mishra, L. TGF-beta Signaling in Liver, Pancreas, and Gastrointestinal Diseases and Cancer. *Gastroenterology* **2021**, *161*, 434–452.e15. [[CrossRef](#)]
12. Markowitz, S.; Wang, J.; Myeroff, L.; Parsons, R.; Sun, L.; Lutterbaugh, J.; Fan, R.S.; Zborowska, E.; Kinzler, K.W.; Vogelstein, B.; et al. Inactivation of the type II TGF-beta receptor in colon cancer cells with microsatellite instability. *Science* **1995**, *268*, 1336–1338. [[CrossRef](#)]
13. Grady, W.M.; Rajput, A.; Myeroff, L.; Liu, D.F.; Kwon, K.; Willis, J.; Markowitz, S. Mutation of the type II transforming growth factor-beta receptor is coincident with the transformation of human colon adenomas to malignant carcinomas. *Cancer Res.* **1998**, *58*, 3101–3104.
14. Yu, M.; Trobridge, P.; Wang, Y.; Kanngurn, S.; Morris, S.M.; Knoblaugh, S.; Grady, W.M. Inactivation of TGF-beta signaling and loss of PTEN cooperate to induce colon cancer in vivo. *Oncogene* **2014**, *33*, 1538–1547. [[CrossRef](#)]
15. Schmitt, M.; Greten, F.R. The inflammatory pathogenesis of colorectal cancer. *Nat. Rev. Immunol.* **2021**, *21*, 653–667. [[CrossRef](#)]
16. Sakai, E.; Nakayama, M.; Oshima, H.; Kouyama, Y.; Niida, A.; Fujii, S.; Ochiai, A.; Nakayama, K.I.; Mimori, K.; Suzuki, Y.; et al. Combined Mutation of Apc, Kras, and Tgfbr2 Effectively Drives Metastasis of Intestinal Cancer. *Cancer Res.* **2018**, *78*, 1334–1346. [[CrossRef](#)]
17. Itatani, Y.; Kawada, K.; Sakai, Y. Transforming Growth Factor-beta Signaling Pathway in Colorectal Cancer and Its Tumor Microenvironment. *Int. J. Mol. Sci.* **2019**, *20*, 5822. [[CrossRef](#)]
18. Miyaki, M.; Iijima, T.; Konishi, M.; Sakai, K.; Ishii, A.; Yasuno, M.; Hishima, T.; Koike, M.; Shitara, N.; Iwama, T.; et al. Higher frequency of Smad4 gene mutation in human colorectal cancer with distant metastasis. *Oncogene* **1999**, *18*, 3098–3103. [[CrossRef](#)]
19. Isaksson-Mettavainio, M.; Palmqvist, R.; Forsell, J.; Stenling, R.; Oberg, A. SMAD4/DPC4 expression and prognosis in human colorectal cancer. *Anticancer Res.* **2006**, *26*, 507–510.
20. Takaku, K.O.; Shima, M.; Miyoshi, H.; Matsui, M.; Seldin, M.F.; Taketo, M.M. Intestinal tumorigenesis in compound mutant mice of both Dpc4 (Smad4) and Apc genes. *Cell* **1998**, *92*, 645–656. [[CrossRef](#)]
21. Perekatt, A.O.; Shah, P.P.; Cheung, S.; Jariwala, N.; Wu, A.; Gandhi, V.; Kumar, N.; Feng, Q.; Patel, N.; Chen, L.; et al. SMAD4 Suppresses WNT-Driven Dedifferentiation and Oncogenesis in the Differentiated Gut Epithelium. *Cancer Res.* **2018**, *78*, 4878–4890. [[CrossRef](#)] [[PubMed](#)]
22. Itatani, Y.; Kawada, K.; Fujishita, T.; Kakizaki, F.; Hirai, H.; Matsumoto, T.; Iwamoto, M.; Inamoto, S.; Hatano, E.; Hasegawa, S.; et al. Loss of SMAD4 from colorectal cancer cells promotes CCL15 expression to recruit CCR1<sup>+</sup> myeloid cells and facilitate liver metastasis. *Gastroenterology* **2013**, *145*, 1064–1075.e11. [[CrossRef](#)] [[PubMed](#)]
23. Li, X.; Li, X.; Lv, X.; Xiao, J.; Liu, B.; Zhang, Y. Smad4 Inhibits VEGF-A and VEGF-C Expressions via Enhancing Smad3 Phosphorylation in Colon Cancer. *Anat. Rec.* **2017**, *300*, 1560–1569. [[CrossRef](#)] [[PubMed](#)]
24. Broderick, P.; Carvajal-Carmona, L.; Pittman, A.M.; Webb, E.; Howarth, K.; Rowan, A.; Lubbe, S.; Spain, S.; Sullivan, K.; Fielding, S.; et al. A genome-wide association study shows that common alleles of SMAD7 influence colorectal cancer risk. *Nat. Genet.* **2007**, *39*, 1315–1317. [[CrossRef](#)] [[PubMed](#)]
25. Halder, S.K.; Beauchamp, R.D.; Datta, P.K. Smad7 induces tumorigenicity by blocking TGF-beta-induced growth inhibition and apoptosis. *Exp. Cell Res.* **2005**, *307*, 231–246. [[CrossRef](#)]
26. Halder, S.K.; Rachakonda, G.; Deane, N.G.; Datta, P.K. Smad7 induces hepatic metastasis in colorectal cancer. *Br. J. Cancer* **2008**, *99*, 957–965. [[CrossRef](#)]
27. Schroy, P.; Rifkin, J.; Coffey, R.J.; Winawer, S.; Friedman, E. Role of transforming growth factor beta 1 in induction of colon carcinoma differentiation by hexamethylene bisacetamide. *Cancer Res.* **1990**, *50*, 261–265.
28. Friedman, E.; Gold, L.I.; Klimstra, D.; Zeng, Z.S.; Winawer, S.; Cohen, A. High levels of transforming growth factor beta 1 correlate with disease progression in human colon cancer. *Cancer Epidemiol. Biomark. Prev.* **1995**, *4*, 549–554.
29. Turtoi, A.; Blomme, A.; Debois, D.; Somja, J.; Delvaux, D.; Patsos, G.; Di Valentin, E.; Peulen, O.; Mutijima, E.N.; De Pauw, E.; et al. Organized proteomic heterogeneity in colorectal cancer liver metastases and implications for therapies. *Hepatology* **2014**, *59*, 924–934. [[CrossRef](#)]
30. Tsushima, H.; Kawata, S.; Tamura, S.; Ito, N.; Shirai, Y.; Kiso, S.; Imai, Y.; Shimomukai, H.; Nomura, Y.; Matsuda, Y.; et al. High levels of transforming growth factor beta 1 in patients with colorectal cancer: Association with disease progression. *Gastroenterology* **1996**, *110*, 375–382. [[CrossRef](#)]
31. Li, Y.; Chen, Z.; Han, J.; Ma, X.; Zheng, X.; Chen, J. Functional and Therapeutic Significance of Tumor-Associated Macrophages in Colorectal Cancer. *Front. Oncol.* **2022**, *12*, 781233. [[CrossRef](#)]

32. Wahl, S.M.; Allen, J.B.; Weeks, B.S.; Wong, H.L.; Klotman, P.E. Transforming growth factor beta enhances integrin expression and type IV collagenase secretion in human monocytes. *Proc. Natl. Acad. Sci. USA* **1993**, *90*, 4577–4581. [[CrossRef](#)]
33. Kim, J.S.; Kim, J.G.; Moon, M.Y.; Jeon, C.Y.; Won, H.Y.; Kim, H.J.; Jeon, Y.J.; Seo, J.Y.; Kim, J.I.; Kim, J.; et al. Transforming growth factor-beta1 regulates macrophage migration via RhoA. *Blood* **2006**, *108*, 1821–1829. [[CrossRef](#)]
34. Arwert, E.N.; Harney, A.S.; Entenberg, D.; Wang, Y.; Sahai, E.; Pollard, J.W.; Condeelis, J.S. A Unidirectional Transition from Migratory to Perivascular Macrophage Is Required for Tumor Cell Intravasation. *Cell Rep.* **2018**, *23*, 1239–1248. [[CrossRef](#)]
35. Zhang, F.; Wang, H.; Wang, X.; Jiang, G.; Liu, H.; Zhang, G.; Wang, H.; Fang, R.; Bu, X.; Cai, S.; et al. TGF-beta induces M2-like macrophage polarization via SNAIL-mediated suppression of a pro-inflammatory phenotype. *Oncotarget* **2016**, *7*, 52294–52306. [[CrossRef](#)]
36. Ang, C.W.; Nedjadi, T.; Sheikh, A.A.; Tweedle, E.M.; Tonack, S.; Honap, S.; Jenkins, R.E.; Park, B.K.; Schwarte-Waldhoff, I.; Khattak, I.; et al. Smad4 loss is associated with fewer S100A8-positive monocytes in colorectal tumors and attenuated response to S100A8 in colorectal and pancreatic cancer cells. *Carcinogenesis* **2010**, *31*, 1541–1551. [[CrossRef](#)]
37. Zhang, X.L.; Hu, L.P.; Yang, Q.; Qin, W.T.; Wang, X.; Xu, C.J.; Tian, G.A.; Yang, X.M.; Yao, L.L.; Zhu, L.; et al. CTHRC1 promotes liver metastasis by reshaping infiltrated macrophages through physical interactions with TGF-beta receptors in colorectal cancer. *Oncogene* **2021**, *40*, 3959–3973. [[CrossRef](#)]
38. Cai, J.; Xia, L.; Li, J.; Ni, S.; Song, H.; Wu, X. Tumor-Associated Macrophages Derived TGF-beta—Induced Epithelial to Mesenchymal Transition in Colorectal Cancer Cells through Smad2,3-4/Snail Signaling Pathway. *Cancer Res. Treat.* **2019**, *51*, 252–266. [[CrossRef](#)]
39. Zhu, X.; Liang, R.; Lan, T.; Ding, D.; Huang, S.; Shao, J.; Zheng, Z.; Chen, T.; Huang, Y.; Liu, J.; et al. Tumor-associated macrophage-specific CD155 contributes to M2-phenotype transition, immunosuppression, and tumor progression in colorectal cancer. *J. Immunother. Cancer* **2022**, *10*, e004219. [[CrossRef](#)]
40. Zhang, S.; Li, X.; Zhu, L.; Ming, S.; Wang, H.; Xie, J.; Ren, L.; Huang, J.; Liang, D.; Xiong, L.; et al. CD163(+) macrophages suppress T cell response by producing TGF-beta in pediatric colorectal polyps. *Int. Immunopharmacol.* **2021**, *96*, 107644. [[CrossRef](#)]
41. Rashtak, S.; Ruan, X.; Druliner, B.R.; Liu, H.; Therneau, T.; Mouchli, M.; Boardman, L.A. Peripheral Neutrophil to Lymphocyte Ratio Improves Prognostication in Colon Cancer. *Clin. Color. Cancer* **2017**, *16*, 115–123.e3. [[CrossRef](#)] [[PubMed](#)]
42. Mizuno, R.; Kawada, K.; Itatani, Y.; Ogawa, R.; Kiyasu, Y.; Sakai, Y. The Role of Tumor-Associated Neutrophils in Colorectal Cancer. *Int. J. Mol. Sci.* **2019**, *20*, 529. [[CrossRef](#)] [[PubMed](#)]
43. Fridlender, Z.G.; Sun, J.; Kim, S.; Kapoor, V.; Cheng, G.; Ling, L.; Worthen, G.S.; Albelda, S.M. Polarization of tumor-associated neutrophil phenotype by TGF-beta: “N1” versus “N2” TAN. *Cancer Cell* **2009**, *16*, 183–194. [[CrossRef](#)] [[PubMed](#)]
44. Jackstadt, R.; van Hooff, S.R.; Leach, J.D.; Cortes-Lavaud, X.; Lohuis, J.O.; Ridgway, R.A.; Wouters, V.M.; Roper, J.; Kendall, T.J.; Roxburgh, C.S.; et al. Epithelial NOTCH Signaling Rewires the Tumor Microenvironment of Colorectal Cancer to Drive Poor-Prognosis Subtypes and Metastasis. *Cancer Cell* **2019**, *36*, 319–336.e7. [[CrossRef](#)] [[PubMed](#)]
45. Germann, M.; Zangger, N.; Sauvain, M.O.; Sempoux, C.; Bowler, A.D.; Wirapati, P.; Kandalaft, L.E.; Delorenzi, M.; Tejpar, S.; Coukos, G.; et al. Neutrophils suppress tumor-infiltrating T cells in colon cancer via matrix metalloproteinase-mediated activation of TGFβ. *EMBO Mol. Med.* **2020**, *12*, e10681. [[CrossRef](#)]
46. Sieminska, I.; Baran, J. Myeloid-Derived Suppressor Cells in Colorectal Cancer. *Front. Immunol.* **2020**, *11*, 1526. [[CrossRef](#)]
47. Geiger, R.; Rieckmann, J.C.; Wolf, T.; Basso, C.; Feng, Y.; Fuhrer, T.; Kogadeeva, M.; Picotti, P.; Meissner, F.; Mann, M.; et al. L-Arginine Modulates T Cell Metabolism and Enhances Survival and Anti-tumor Activity. *Cell* **2016**, *167*, 829–842.e13. [[CrossRef](#)]
48. Wang, P.F.; Song, S.Y.; Wang, T.J.; Ji, W.J.; Li, S.W.; Liu, N.; Yan, C.X. Prognostic role of pretreatment circulating MDSCs in patients with solid malignancies: A meta-analysis of 40 studies. *Oncimmunology* **2018**, *7*, e1494113. [[CrossRef](#)]
49. Sasidharan Nair, V.; Saleh, R.; Toor, S.M.; Alajez, N.M.; Elkord, E. Transcriptomic Analyses of Myeloid-Derived Suppressor Cell Subsets in the Circulation of Colorectal Cancer Patients. *Front. Oncol.* **2020**, *10*, 1530. [[CrossRef](#)]
50. Gneo, L.; Rizkalla, N.; Hejmadi, R.; Mussai, F.; de Santo, C.; Middleton, G. TGF-β orchestrates the phenotype and function of monocytic myeloid-derived suppressor cells in colorectal cancer. *Cancer Immunol. Immunother.* **2022**, *71*, 1583–1596. [[CrossRef](#)]
51. Pagès, F.; Berger, A.; Camus, M.; Sanchez-Cabo, F.; Costes, A.; Molidor, R.; Mlecnik, B.; Kirilovsky, A.; Nilsson, M.; Damotte, D.; et al. Effector memory T cells, early metastasis, and survival in colorectal cancer. *N. Engl. J. Med.* **2005**, *353*, 2654–2666. [[CrossRef](#)]
52. Galon, J.; Costes, A.; Sanchez-Cabo, F.; Kirilovsky, A.; Mlecnik, B.; Lagorce-Pagès, C.; Tosolini, M.; Camus, M.; Berger, A.; Wind, P.; et al. Type, density, and location of immune cells within human colorectal tumors predict clinical outcome. *Science* **2006**, *313*, 1960–1964. [[CrossRef](#)]
53. Pages, F.; Mlecnik, B.; Marliot, F.; Bindea, G.; Ou, F.S.; Bifulco, C.; Lugli, A.; Zlobec, I.; Rau, T.T.; Berger, M.D.; et al. International validation of the consensus Immunoscore for the classification of colon cancer: A prognostic and accuracy study. *Lancet* **2018**, *391*, 2128–2139. [[CrossRef](#)]
54. DiToro, D.; Basu, R. Emerging Complexity in CD4(+)T Lineage Programming and Its Implications in Colorectal Cancer. *Front. Immunol.* **2021**, *12*, 694833. [[CrossRef](#)]
55. Aristin Revilla, S.; Kranenburg, O.; Coffey, P.J. Colorectal Cancer-Infiltrating Regulatory T Cells: Functional Heterogeneity, Metabolic Adaptation, and Therapeutic Targeting. *Front. Immunol.* **2022**, *13*, 903564. [[CrossRef](#)]

56. Erdman, S.E.; Rao, V.P.; Poutahidis, T.; Ihrig, M.M.; Ge, Z.; Feng, Y.; Tomczak, M.; Rogers, A.B.; Horwitz, B.H.; Fox, J.G. CD4(+)CD25(+) regulatory lymphocytes require interleukin 10 to interrupt colon carcinogenesis in mice. *Cancer Res.* **2003**, *63*, 6042–6050.
57. Erdman, S.E.; Sohn, J.J.; Rao, V.P.; Nambiar, P.R.; Ge, Z.; Fox, J.G.; Schauer, D.B. CD4<sup>+</sup>CD25<sup>+</sup> regulatory lymphocytes induce regression of intestinal tumors in *Apc<sup>Min/+</sup>* mice. *Cancer Res.* **2005**, *65*, 3998–4004. [[CrossRef](#)]
58. Overacre-Delgoffe, A.E.; Chikina, M.; Dadey, R.E.; Yano, H.; Brunazzi, E.A.; Shayan, G.; Horne, W.; Moskovitz, J.M.; Kolls, J.K.; Sander, C.; et al. Interferon-gamma Drives T(reg) Fragility to Promote Anti-tumor Immunity. *Cell* **2017**, *169*, 1130–1141.e11. [[CrossRef](#)]
59. Chuckran, C.A.; Cillo, A.R.; Moskovitz, J.; Overacre-Delgoffe, A.; Somasundaram, A.S.; Shan, F.; Magnon, G.C.; Kunning, S.R.; Abecassis, I.; Zureikat, A.H.; et al. Prevalence of intratumoral regulatory T cells expressing neuropilin-1 is associated with poorer outcomes in patients with cancer. *Sci. Transl. Med.* **2021**, *13*, eabf8495. [[CrossRef](#)]
60. Gorelik, L.; Flavell, R.A. Transforming growth factor-beta in T-cell biology. *Nat. Rev. Immunol.* **2002**, *2*, 46–53. [[CrossRef](#)]
61. Ranges, G.E.; Figari, I.S.; Espevik, T.; Palladino, M.A., Jr. Inhibition of cytotoxic T cell development by transforming growth factor beta and reversal by recombinant tumor necrosis factor alpha. *J. Exp. Med.* **1987**, *166*, 991–998. [[CrossRef](#)] [[PubMed](#)]
62. Pang, N.; Zhang, F.; Ma, X.; Zhu, Y.; Zhao, H.; Xin, Y.; Wang, S.; Chen, Z.; Wen, H.; Ding, J. TGF- $\beta$ /Smad signaling pathway regulates Th17/Treg balance during *Echinococcus multilocularis* infection. *Int. Immunopharmacol.* **2014**, *20*, 248–257. [[CrossRef](#)] [[PubMed](#)]
63. Gorelik, L.; Flavell, R.A. Abrogation of TGFbeta signaling in T cells leads to spontaneous T cell differentiation and autoimmune disease. *Immunity* **2000**, *12*, 171–181. [[CrossRef](#)]
64. Tauriello, D.V.F.; Palomo-Ponce, S.; Stork, D.; Berenguer-Llergo, A.; Badia-Ramentol, J.; Iglesias, M.; Sevillano, M.; Ibiza, S.; Canellas, A.; Hernando-Momblona, X.; et al. TGFbeta drives immune evasion in genetically reconstituted colon cancer metastasis. *Nature* **2018**, *554*, 538–543. [[CrossRef](#)] [[PubMed](#)]
65. Kim, B.G.; Li, C.; Qiao, W.; Mamura, M.; Kasprzak, B.; Anver, M.; Wolfrain, L.; Hong, S.; Mushinski, E.; Potter, M.; et al. Smad4 signalling in T cells is required for suppression of gastrointestinal cancer. *Nature* **2006**, *441*, 1015–1019. [[CrossRef](#)]
66. Waldner, M.J.; Foersch, S.; Neurath, M.F. Interleukin-6—A key regulator of colorectal cancer development. *Int. J. Biol. Sci.* **2012**, *8*, 1248–1253. [[CrossRef](#)]
67. Waldner, M.J.; Neurath, M.F. Master regulator of intestinal disease: IL-6 in chronic inflammation and cancer development. *Semin. Immunol.* **2014**, *26*, 75–79. [[CrossRef](#)]
68. Rizzo, A.; Waldner, M.J.; Stolfi, C.; Sarra, M.; Fina, D.; Becker, C.; Neurath, M.F.; Macdonald, T.T.; Pallone, F.; Monteleone, G.; et al. Smad7 expression in T cells prevents colitis-associated cancer. *Cancer Res.* **2011**, *71*, 7423–7432. [[CrossRef](#)]
69. Rizzo, A.; De Mare, V.; Rocchi, C.; Stolfi, C.; Colantoni, A.; Neurath, M.F.; Macdonald, T.T.; Pallone, F.; Monteleone, G.; Fantini, M.C. Smad7 induces plasticity in tumor-infiltrating Th17 cells and enables TNF-alpha-mediated killing of colorectal cancer cells. *Carcinogenesis* **2014**, *35*, 1536–1546. [[CrossRef](#)]
70. Perez, L.G.; Kempski, J.; McGee, H.M.; Pelzcar, P.; Agalio, T.; Giannou, A.; Konczalla, L.; Brockmann, L.; Wahib, R.; Xu, H.; et al. TGF- $\beta$  signaling in Th17 cells promotes IL-22 production and colitis-associated colon cancer. *Nat. Commun.* **2020**, *11*, 2608. [[CrossRef](#)]
71. Wang, C.; Lu, Y.; Chen, L.; Gao, T.; Yang, Q.; Zhu, C.; Chen, Y. Th9 cells are subjected to PD-1/PD-L1-mediated inhibition and are capable of promoting CD8 T cell expansion through IL-9R in colorectal cancer. *Int. Immunopharmacol.* **2020**, *78*, 106019. [[CrossRef](#)]
72. Asif, P.J.; Longobardi, C.; Hahne, M.; Medema, J.P. The Role of Cancer-Associated Fibroblasts in Cancer Invasion and Metastasis. *Cancers* **2021**, *13*, 4720. [[CrossRef](#)]
73. Chung, J.Y.; Chan, M.K.; Li, J.S.; Chan, A.S.; Tang, P.C.; Leung, K.T.; To, K.F.; Lan, H.Y.; Tang, P.M. TGF-beta Signaling: From Tissue Fibrosis to Tumor Microenvironment. *Int. J. Mol. Sci.* **2021**, *22*, 7575. [[CrossRef](#)]
74. Calon, A.; Espinet, E.; Palomo-Ponce, S.; Tauriello, D.V.; Iglesias, M.; Cespedes, M.V.; Sevillano, M.; Nadal, C.; Jung, P.; Zhang, X.H.; et al. Dependency of colorectal cancer on a TGF-beta-driven program in stromal cells for metastasis initiation. *Cancer Cell* **2012**, *22*, 571–584. [[CrossRef](#)]
75. Hawinkels, L.J.; Paauwe, M.; Verspaget, H.W.; Wiercinska, E.; van der Zon, J.M.; van der Ploeg, K.; Koelink, P.J.; Lindeman, J.H.; Mesker, W.; Dijke, P.T.; et al. Interaction with colon cancer cells hyperactivates TGF- $\beta$  signaling in cancer-associated fibroblasts. *Oncogene* **2014**, *33*, 97–107. [[CrossRef](#)]
76. Paauwe, M.; Schoonderwoerd, M.J.A.; Helderman, R.; Harryvan, T.J.; Groenewoud, A.; van Pelt, G.W.; Bor, R.; Hemmer, D.M.; Versteeg, H.H.; Snaar-Jagalska, B.E.; et al. Endoglin Expression on Cancer-Associated Fibroblasts Regulates Invasion and Stimulates Colorectal Cancer Metastasis. *Clin. Cancer Res.* **2018**, *24*, 6331–6344. [[CrossRef](#)]
77. Gonzalez-Zubeldia, I.; Dotor, J.; Redrado, M.; Bleau, A.M.; Manrique, I.; de Aberasturi, A.L.; Villalba, M.; Calvo, A. Co-migration of colon cancer cells and CAFs induced by TGF $\beta$ <sub>1</sub> enhances liver metastasis. *Cell Tissue Res.* **2015**, *359*, 829–839. [[CrossRef](#)]
78. Maslankova, J.; Vecurkovska, I.; Rabajdova, M.; Katuchova, J.; Kicka, M.; Gayova, M.; Katuch, V. Regulation of transforming growth factor- $\beta$  signaling as a therapeutic approach to treating colorectal cancer. *World J. Gastroenterol.* **2022**, *28*, 4744–4761. [[CrossRef](#)]
79. Schlingensiepen, K.H.; Jaschinski, F.; Lang, S.A.; Moser, C.; Geissler, E.K.; Schlitt, H.J.; Kielmanowicz, M.; Schneider, A. Transforming growth factor-beta 2 gene silencing with trabedersen (AP 12009) in pancreatic cancer. *Cancer Sci.* **2011**, *102*, 1193–1200. [[CrossRef](#)]

80. Tolcher, A.W.; Berlin, J.D.; Cosaert, J.; Kauh, J.; Chan, E.; Piha-Paul, S.A.; Amaya, A.; Tang, S.; Driscoll, K.; Kimbung, R.; et al. A phase 1 study of anti-TGF $\beta$  receptor type-II monoclonal antibody LY3022859 in patients with advanced solid tumors. *Cancer Chemother. Pharm.* **2017**, *79*, 673–680. [[CrossRef](#)]
81. Ganesh, K.; Stadler, Z.K.; Cercek, A.; Mendelsohn, R.B.; Shia, J.; Segal, N.H.; Diaz, L.A., Jr. Immunotherapy in colorectal cancer: Rationale, challenges and potential. *Nat. Rev. Gastroenterol. Hepatol.* **2019**, *16*, 361–375. [[CrossRef](#)] [[PubMed](#)]

**Disclaimer/Publisher’s Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.