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Letter to the Editor

Casirivimab-imdevimab treatment is associated with reduced rates of mortality and hospitalization in patients with COVID-19: A systematic review with meta-analysis



Dear Editor,

We read with great interest that monoclonal antibody (mAb) cocktail may serve as an effective and targeted therapeutic strategy in the treatment of patients with COVID-19.¹ Since they can reduce virulence and viral load and enhance prognosis, specific anti-spike monoclonal antibodies, such as casirivimab-imdevimab, are an appealing alternative for treating COVID-19 infection.²

Casirivimab and imdevimab are two recombinant human IgG1 monoclonal antibodies that bind non-competitively to non-overlapping epitopes of the spike protein receptor-binding domain of SARS-CoV-2, thereby blocking the viral entry into host cells.² Based on a randomized placebo-controlled clinical trial that showed a significant reduction in viral load among patients who received the casirivimab-imdevimab combination, the US Food and Drug Administration- Federal Agency (FDA), European Medical Agency (EMA), and Central Drug Standard Control Organization have authorized the use of imdevimab-casirivimab for emergency purposes.³ Casirivimab and imdevimab's Emergency Use Authorization (EUA) was modified in June 2021 to include subcutaneous delivery as a substitute for patients who cannot undergo intravenous (IV) infusion. Beginning in August 2021 and continuing through the beginning of January 2022, patients received treatment with subcutaneous injections of casirivimab and imdevimab. During this time, the health system had multiple COVID-19 case spikes including the Omicron and Delta varieties of concern.

There are now a number of studies reporting the effect of using casirivimab-imdevimab on patient clinical outcomes, however their findings are inconsistent. There have been no prior meta-analyses describing the association between casirivimab-imdevimab treatment and patient prognosis following COVID-19 infection to the best of our knowledge. Hence, we perform in this study the first meta-analysis in the literature to evaluate the relationship between casirivimab-imdevimab administration and patient outcomes following COVID-19 infection.

An electronic search was carried out between December 1, 2019, and April 1, 2023, in the databases of PubMed, Embase, the Cochrane Library, Scopus, medRxiv, and bioRxiv. There were no restrictions on publishing or language. The following search phrases and MeSH (Medical Subject Heading) terms were employed: ("coronavirus disease 2019 or novel coronavirus or SARS-CoV-2 or 2019-nCoV or COVID-19") AND (casirivimab or imdevimab or REGN-COV or REGEN-COV2 or Ronapreve or REGN10933 or REGN10987).

The following criteria were used for inclusion: (1) patients that have COVID-19 confirmed; (2) clinical outcomes were evaluated between the casirivimab-imdevimab therapy and control groups

(standard of care or placebo). The study excluded publications with identical content, reviews, letters, editorials, conference abstracts, case reports, and other publications. The first author's name, the publication year, the study's design, the participants' age, gender, the use of casirivimab-imdevimab, and the outcomes of interest (mortality and hospitalization) were also collected as data on the studies' initial characteristics.

The statistical analysis was carried out using Review Manager, version 5.2 (Cochrane Collaboration, Oxford). The odds ratio (OR), with a 95% confidence interval, was employed to evaluate dichotomous variables. We assessed the heterogeneity of the data using the I^2 statistic and the Cochran's Q test. A P value of 0.05 or less indicates statistical significance. The protocol for this study is registered with PROSPERO (CRD42023418212).

Through a thorough literature search, a total of nine studies, including 84,875 in the casirivimab-imdevimab group and 322,943 in the control group arm, were identified for this meta-analysis.^{2–10} Table 1 lists the illness features and demographics of the 407,818 patients who were included in the pooled study. The majority of the included studies were from the United States. The other investigations were retrospective and prospective cohort studies, while one research was a randomized controlled study. Patients with mild-to-moderate COVID-19 were diagnosed in the majority of trials. Three studies included COVID-19 individuals who were all outpatients.^{4–6} Casirivimab-imdevimab was given intravenously or subcutaneously in the included studies. The selected studies, which were all published between 2022 and 2023, had various sample patient sizes ranging from 152 to 384,447 patients with COVID-19.

The meta-analysis revealed that the casirivimab-imdevimab treatment was associated with a lower mortality rate than the control group who did not receive casirivimab-imdevimab (OR=0.21, 95%CI: 0.06–0.68, $P = 0.03$; $I^2 = 97\%$) (Fig. 1A). In addition, patients who received casirivimab-imdevimab had significantly lower hospitalization rates (OR=0.31, 95%CI: 0.20–0.48, $P < 0.00001$; $I^2 = 76\%$) (Fig. 1B).

The results demonstrate a significant beneficial effect of casirivimab-imdevimab treatment on mortality and hospitalization in COVID-19 patients.

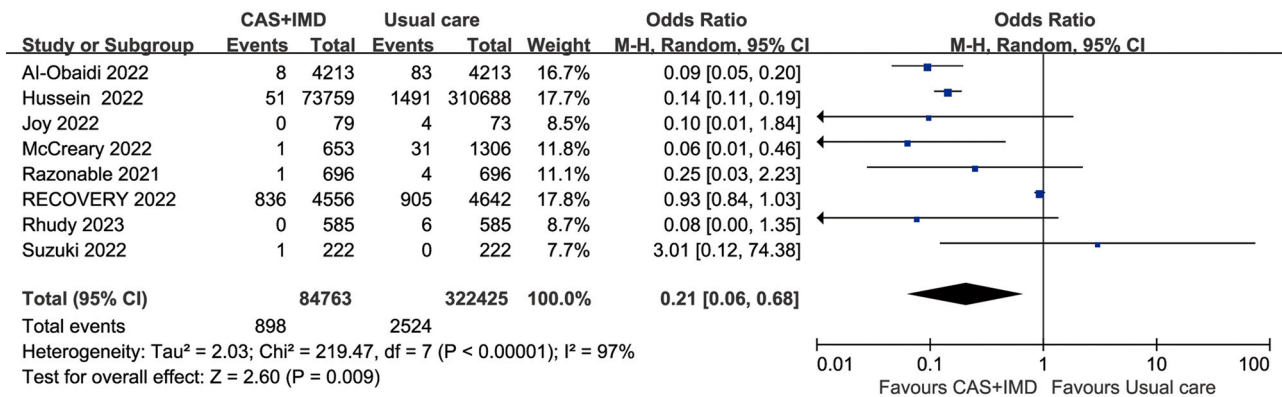
As a result of a higher risk of severe COVID-19 among those who are not vaccinated, the reduction in outcome risk among patients treated with casirivimab-imdevimab was marginally greater among unvaccinated patients than among vaccinated patients.⁴ The results demonstrate that treatment with casirivimab-imdevimab can be beneficial not only for people who cannot or do not want to take the COVID-19 vaccine, but also for those who have received the vaccine. The findings show that vaccinated individuals with COVID-19 can also benefit from therapy with casirivimab-imdevimab. This is in addition to the benefits of treatment for those who cannot or do not want to receive the vaccine. In addition, although RECOVERY collaborative group found that therapeutic use of casirivimab and

Table 1
Characteristics of included studies.

Study	Country	Study type	Sample size	Intervention	Patients included	Key study outcomes
Al-Obaidi 2022	United States	Retrospective cohort	8426	Casirivimab-imdevimab	High-risk patients with COVID-19	Mortality, hospitalization, ICU admission
Bierle 2021	United States	Retrospective cohort	630	Casirivimab-imdevimab	Mild to moderate COVID-19	Hospitalization, number of patients with hypoxia
Hussein 2022	United States	Retrospective cohort	384,447	Casirivimab-imdevimab	Outpatients with COVID-19	Mortality, composite outcome of all-cause mortality or COVID-19-related hospitalizations
Joy 2022	India	Retro-prospective comparative study	152	Casirivimab-imdevimab	Patients amidst and post COVID-19 treatment	Mortality, hospitalization, need for mechanical ventilation, high flow O ₂ requirement
McCreary 2022	United States	Prospective cohort	1959	Casirivimab-imdevimab	Outpatients with mild to moderate COVID-19	Mortality, hospitalization, emergency department admission or hospitalization
Razonable 2021	United States	Retrospective cohort	1392	Casirivimab-imdevimab	Mild to moderate COVID-19	Mortality, hospitalization, ICU admission
RECOVERY 2022	United Kingdom	RCT	9785	Casirivimab-imdevimab vs usual care	Patients admitted to hospital with COVID-19	Mortality, need for mechanical ventilation, renal replacement therapy
Rhudy 2023	United States	Retrospective cohort	1170	Casirivimab-imdevimab	Outpatients with symptomatic COVID-19	Mortality, hospitalization, emergency department admission
Suzuki 2022	United States	Retrospective cohort	444	Casirivimab-imdevimab	Mild to moderate COVID-19	Mortality, need for mechanical ventilation//ECMO, deterioration during hospitalization

RCT: randomized controlled trial; ICU: intensive care unit; ECMO, extracorporeal membrane oxygenation.

A



B

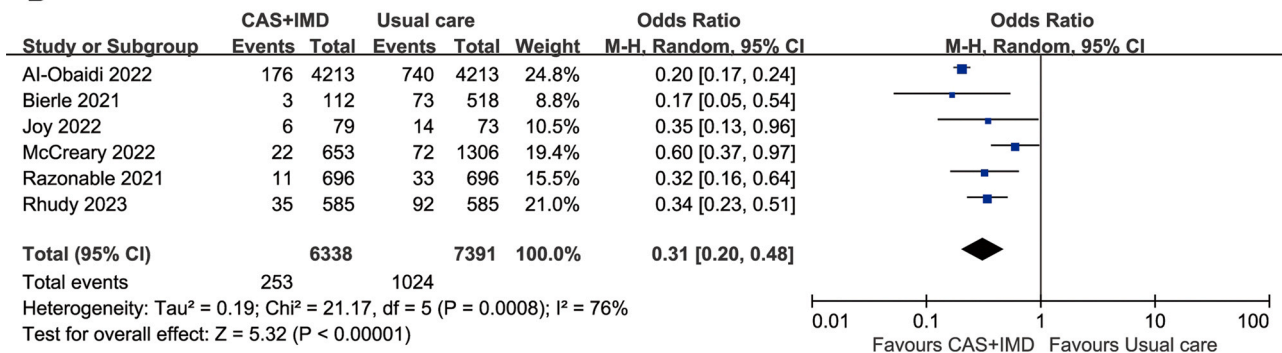


Fig. 1. A. Association between casirivimab-imdevimab treatment and mortality, B. Association between casirivimab-imdevimab treatment and hospitalization.

imdevimab combination in the hospital setting would be best restricted to seronegative patients, the development of the variant (omicron), which can evade antibodies raised against previous SARS-CoV-2 variants, the validity of seropositive status as a predictor of treatment non-response to monoclonal antibodies is weakened.⁷

Our study has several limitations. With nine included literature, the meta-analysis's sample size was relatively small. In terms of

mortality and hospitalization, there was also a considerable heterogeneity. Additionally, the patient populations' immunization status, baseline serostatus, type of viral variants, and use of casirivimab-imdevimab in different trials may differ. Despite these limitations, our study has significant importance as the first meta-analysis to examine the outcomes of casirivimab-imdevimab therapy in COVID-19-infected patients.

To sum up, using casirivimab-imdevimab to treat COVID-19 patients has considerable advantages in terms of preventing hospitalization and mortality. These results need to be confirmed by further research.

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Declaration of Competing Interest

The authors declare that they have no competing interest.

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