MAJOR ARTICLE







Outcomes of Partial Oral Antibiotic Treatment for Complicated *Staphylococcus aureus* Bacteremia in People Who Inject Drugs

John A. Wildenthal, ^{1,3,4} Andrew Atkinson, ² Sophia Lewis, ³ Sena Sayood, ^{3,0} Nathanial S. Nolan, ³ Nicolo L. Cabrera, ³ Jonas Marschall, ³ Michael J. Durkin, ³ and Laura R. Marks ^{3,0}

¹Medical Scientist Training Program, Washington University in St. Louis School of Medicine, St. Louis, Missouri, USA; ²Department of Infectious Diseases, Bern University Hospital, Inselspital, University of Bern, Bern, Switzerland; ³Division of Infectious Diseases, Washington University in St. Louis School of Medicine, St. Louis, Missouri, USA; and ⁴Department of Computational and Systems Biology, Washington University in St. Louis School of Medicine, St. Louis, Missouri, USA

Background. Staphylococcus aureus represents the leading cause of complicated bloodstream infections among persons who inject drugs (PWID). Standard of care (SOC) intravenous (IV) antibiotics result in high rates of treatment success but are not feasible for some PWID. Transition to oral antibiotics may represent an alternative treatment option.

Methods. We evaluated all adult patients with a history of injection drug use hospitalized from January 2016 through December 2021 with complicated *S. aureus* bloodstream infections, including infective endocarditis, epidural abscess, vertebral osteomyelitis, and septic arthritis. Patients were compared by antibiotic treatment (standard of care intravenous [SOC IV] antibiotics, incomplete IV therapy, or transition from initial IV to partial oral) using the primary composite endpoint of death or readmission from microbiologic failure within 90 days of discharge.

Results. Patients who received oral antibiotics after an incomplete IV antibiotic course were significantly less likely to experience microbiologic failure or death than patients discharged without oral antibiotics (P < .001). There was no significant difference in microbiologic failure rates when comparing patients who were discharged on partial oral antibiotics after receiving at least 10 days of IV antibiotics with SOC regimens (P > .9).

Conclusions. Discharge of PWID with partially treated complicated *S. aureus* bacteremias without oral antibiotics results in high rates of morbidity and should be avoided. For PWID hospitalized with complicated *S. aureus* bacteremias who have received at least 10 days of effective IV antibiotic therapy after clearance of bacteremia, transition to oral antibiotics with outpatient support represents a potential alternative if the patient does not desire SOC IV antibiotic therapy.

Keywords. substance abuse; opioid use disorder; endocarditis; osteomyelitis; Staphylococcus aureus.

Staphylococcus aureus is the most common pathogen in serious injection drug use–related infections such as infective endocarditis, osteomyelitis, epidural abscess, and septic arthritis [1–3]. The current standard of care for complicated *S. aureus* bacteremia is prolonged courses of intravenous (IV) antibiotics for 4 to 6 weeks [4, 5]. However, a 4- to 6-week course of antibiotics for persons who inject drugs (PWID) can be challenging [6–8]. PWID are frequently considered ineligible for outpatient parenteral antibiotic therapy (OPAT) [9], and often choose to leave the hospital or skilled nursing facilities prior to completing a multiweek course of IV antibiotic therapy as inpatients [10, 11]. Transition to oral antibiotic regimens may represent an attractive treatment strategy.

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Correspondence: L. R. Marks, Division of Infectious Diseases, Campus Box 8051, 4523 Clayton Ave, St Louis, MO 63110-1093 (marks@wustl.edu).

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The consensus surrounding IV-only therapy for invasive S. aureus infections has recently come under increased scrutiny following the publication of several large, randomized controlled trials of bacteremia, osteomyelitis, and infective endocarditis [12-14]. Iversen et al. demonstrated that transition to oral antibiotics is safe and effective for patients with infective endocarditis; however, their study notably did not identify any methicillin-resistant S. aureus (MRSA) infections and only included 5 PWID [14]. A quasi-experimental study evaluating transition to high-dose oral trimethoprimsulfamethoxazole yielded similar results while including a number of MRSA infections [15]. Li et al. demonstrated that transition to oral antibiotics is safe and effective for patients with osteomyelitis; however, this study excluded patients with any associated bacteremia [13]. Taken together, these studies suggest that oral step-down therapy may be reasonable for some invasive infections after initial IV antibiotic therapy has stabilized patients and cleared their bacteremia. However, there are limited data on partial oral antibiotic treatment for many of the more complex clinical syndromes associated with S. aureus bacteremia in PWID.

PWID represent a unique population in infectious diseases. Clinicians must assess anticipated antibiotic adherence, feasibility of outpatient monitoring, potential drug–drug interactions with medications for opioid use disorder, and access to outpatient follow-up care. The aim of this retrospective cohort study was to compare the effectiveness of standard of care (SOC) IV antibiotic regimens to incomplete IV antibiotic therapy or transition to partial oral antibiotic therapy for PWID with complicated *S. aureus* bloodstream infections.

METHODS

Study Design and Patient Population

We completed a retrospective cohort analysis of patients admitted to Barnes Jewish Hospital in St. Louis, Missouri, with S. aureus bloodstream infections and a history of active or recent injection drug use (IDU). Patients were identified from microbiology blood culture results that were positive for S. aureus from January 2016 to December 2021, and all charts were reviewed for IDU history as described previously [16]. Patients were included if they had at least 1 positive blood culture for S. aureus, a history of active or recent IDU on chart review, evidence of either infective endocarditis, septic arthritis, epidural abscess, and/or vertebral osteomyelitis, as diagnosed in infectious diseases (ID) consult notes, and if they survived to hospital discharge. Patients were excluded if they died during the index hospitalization, were discharged on OPAT, or had a left ventricular assist device. Only index hospitalizations for S. aureus bloodstream infections were included (Figure 1). For patients with multiple hospitalizations for S. aureus bloodstream infections over the 5-year study period, only the earliest hospitalization with an S. aureus bloodstream infection was included for each discrete clinical episode that were at least 90 days apart.

Data Collection

Patient demographics, substance use history, infection type, care characteristics, and outcomes were reviewed in the electronic medical record. Patient comorbidities were captured using the Elixhauser comorbidity index [17]. Duration of bacteremia was defined as the number of days between the first positive blood culture and the last positive blood culture (inclusive of both the first and last date). Prolonged bacteremia was defined as 5 or more days of documented *S. aureus* bacteremia before sustained negative blood cultures. Physicians (L.R. M., M. J. D., N. L. C., N. S. N., S. L., S. S.) performed manual chart review of ID consult notes, echocardiography reports, imaging, and microbiology data to identify type of clinical syndrome. Patients were divided into 3 antibiotic treatment strategy groups;

 Strategy A "SOC": standard of care IV antibiotics; patients who completed an SOC IV antibiotic regimen during their inpatient admission as recommended by ID consult notes;

- Strategy B "incomplete IV": incomplete IV antibiotic therapy; patients who left the hospital before completing IV antibiotic therapy and did not receive any oral antibiotics on discharge; and
- Strategy C "partial oral": transition to partial oral antibiotic
 therapy; patients who left the hospital on oral antibiotics
 either through a patient-directed discharge or against
 medical advice discharge before completing a SOC IV antibiotic regimen.

The planned antibiotic duration was determined by chart review of infectious disease consultation notes and discharge summaries. The date of effective IV antibiotic therapy used to calculate duration of antibiotics before discharge was determined as the date of both source control (ie, laminectomy, joint washout, or heart valve replacement surgery if applicable) and/ or blood culture negativity, whichever was achieved later. Physicians reviewed discharge prescriptions and postdischarge clinic follow-up notes to identify the type of oral antibiotics prescribed. The majority of patients in strategy C (partial oral) participated in a previously published postdischarge support program that focused on antibiotic adherence and substance use disorder care by providing patient's with access to health coaches, case management, close ID clinic follow-up, and free antibiotics for uninsured patients [18]. Patient-reported antibiotic adherence for PWID on oral antibiotics who participated in this program was abstracted from the chart where available. All subsequent admissions within 90 days after discharge were reviewed by 2 study physicians to identify if death or readmission was related to microbiologic failure. If there was no consensus, a third physician reviewed the case and readmission was discussed as a group to determine if it met criteria for the primary outcome.

The primary outcome was microbiological treatment failure at 90 days. This endpoint was defined as a composite readmission within 90 days of discharge that was related to the initial *S. aureus* infection with either ongoing infection without any significant change, or development of new clinical worsening including isolation of *S. aureus* from any sterile site, or death during a subsequent hospital stay associated with microbiologic failure. Common reasons for readmissions which were not considered to represent microbiologic failure included nonfatal drug overdose, noninfectious medical issues like gunshot wounds, normal spontaneous vaginal delivery, suicidal ideation, complications of diabetes, or readmissions for new infectious complications from IDU with a different pathogen.

Statistical Analysis

Descriptive analysis was performed using the baseline characteristics, as well as the primary and secondary outcomes. Categorical variables were summarized as percentages and continuous variables as the median and interquartile range (IQR). Group comparisons were investigated using the Kruskal-

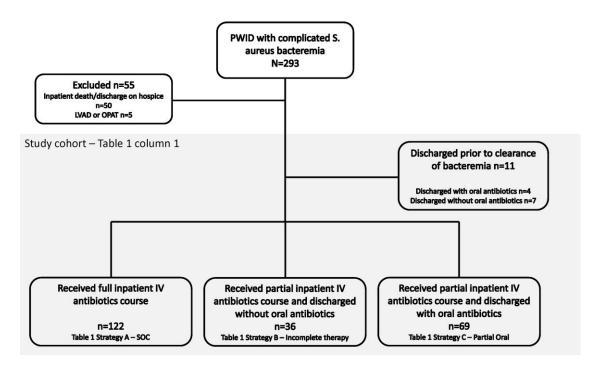


Figure 1 Flowchart for development of retrospective cohort. Abbreviations: IV, intravenous; LVAD, left ventricular assist device; OPAT, outpatient parenteral antibiotic therapy; *S. aureus, Staphylococcus aureus*; SOC, standard of care.

Wallis test for continuous variables and the χ^2 test (or variants thereof) for categorical variables. Uni- and multivariable logistic regression analysis was used to determine the factors associated with treatment failure with the appropriate outcome as the dependent variable. We included all the explicative variables that were clinically relevant or that have been previously associated with poor outcomes in the univariable analysis; demographics, comorbidities, health insurance status, type of infection, MRSA versus MSSA, prolonged bacteremia, addiction medicine consultation, medications for opioid use disorder, and antibiotic treatment group. Those variables significant at the 10% level in univariable analyses were included in the multivariable models with forward selection and backward deletion used to determine the most parsimonious model. Inverse probability weights were included in the models to adjust for baseline covariate imbalance between the respective patient groups.

All analyses were performed using SAS (version 9.4; SAS Institute Inc.) and R version 4.1.1 (R foundation for Statistical Computing, Vienna, Austria). P values <.05 were considered statistically significant with pairwise comparisons were not corrected for multiple testing (unless stated otherwise).

Subgroup Analysis

We performed a subgroup analysis comprised of patients who had completed at least 10 days of IV antibiotic therapy after clearance of bacteremia and source control, similar to the minimum duration recommended in the POET trial [14].

Patient Consent Statement

The Washington University School of Medicine Human Research Protection Office approved this study under institutional review board 202110099. Informed consent was not required for this study according to the Human Research Protection Office regulations given its minimal risk and retrospective observational study design.

RESULTS

Patient demographics and infection characteristics are presented in Table 1. Substance use characteristics and MRSA prevalence at baseline were not significantly different between groups. Groups differed in rates of infective endocarditis (P=.007), and the Elixhauser comorbidity score (P=.004), both of which were highest in strategy A (SOC). Duration of bacteremia differed across all groups with a marginally shorter mean duration seen among patients in strategy B (incomplete IV) (P = .03); however, there was no significant difference in pairwise comparisons between patients in strategy A (SOC) or strategy C (partial oral) for either prolonged bacteremia (A vs C: 44/122 (36.1%) vs 25/69 (36.2%), P > .9) or duration of bacteremia (median 3 days, IQR 1-6 for both strategy A and C; P = .9). The loss to follow-up rate was lowest in strategy C (partial oral), likely influenced by the concurrent implementation of a postdischarge support program at our institution [18].

In terms of primary endpoint among patients who had cleared bacteremia before discharge, patients in strategy B

Table 1. Demographics of PWID Admitted for Complicated S. aureus Bacteremia, by Antibiotic Treatment Group

Characteristics of Patients Who Were Discharged Following Clearance of S. aureus Bacteremia Grouped by Antibiotic Treatment Strategy, n=227 Strategy B Partial IV, No Oral Strategy C Partial IV, Strategy A Completed Inpatient IV [Standard of All Patients Partial Oral Antibiotics A vs B vs Antibiotics [Incomplete n (%) Median [IQR] C P Value n = 238[Partial Oral] n = 69Care] n = 122Therapy] n = 36Age, y 35 [31, 42] 35 [30, 42] 32 [30, 40] 37 [32, 44] .03 Male 126 (52.9) 62 (50.8) 24 (66.7) 36 (52.2) .2 24 (66.7) .2 White 171 (71.8) 85 (69.7) 55 (79.7) .03 Unstable housing 48 (20.2) 19 (15.6) 7 (19.4) 22 (31.9) Insurance: self-pay 77 (32.4) 29 (23.8) 16 (44.4) 25 (36.2) .03 Substance use characteristics^a Injection opioid use 218 (91.6) 114 (93.4) 31 (86.1) 62 (89.9) .4 84 (35.3) 43 (35.2) 15 (41.7) 22 (31.9) .6 Injection Methamphetamine use 38 (16.0) 16 (13.1) 9 (25.0) 11 (15.9) .2 Injection cocaine Comorbidities Hepatitis C infection 157 (66.0) 77 (63.1) 29 (80.6) 45 (65.2) .1 Number of Elixhauser comorbidities 6 [4, 8] 7 [5, 9] 5 [3, 6] 5 [4, 8] .002 Type of clinical syndrome caused by S. aureus bacteremiab Infective endocarditis 154 (64.7) 90 (73.8) 22 (61.1) 36 (52.1) .007 Epidural abscess 35 (14.7) 16 (13.1) 5 (11.6) 14 (20.3) .4 Septic arthritis 56 (23.5) 25 (20.5) 10 (27.8) 20 (29.0) .2 Vertebral osteomyelitis 46 (19.3) 18 (14.8) 9 (25.0) 16 (23.2) .2 S. aureus bacteremia characteristics 44 (36.1) .08 Prolonged bacteremia, 5+ d 77 (32.4) 6 (16.7) 25 (36.2) 2 [1, 3] Duration of bacteremia, d 3 [1, 6] 3 [1, 6] 3 [1, 6] .03 Methicillin-resistant S. aureus 99 (41.6) 48 (39.3%) 18 (41.7%) 32 (46.4%) .6 Inpatient care received 42 [42, 42] 15 [4, 27] 18 [7, 32] Duration of IV abx before discharge, d 34 [14, 42] <.001 Length of stay, d 39 [17, 48] 47 [43, 52] 18 [5, 31] 26 [8, 35] % IV antibiotic course completed in the 100 [38, 100% [100, 100] 37% [11, 71] 46% [17, 76] hospital 100] Addiction medicine consultation 145 (60.9) 81 (66.4) 14 (38.9) 48 (69.6) .001 Medications for opioid use Disorder 98 (41.2) 40 (32.8) 24 (66.7) 25 (36.2) .004 Buprenorphine 79 (33.2) 47 (38.5) 4 (11.1) 37 (39.1) methadone 61 (25.6) 35 (28.7) 8 (22.2) 17 (24.6) Lost to care 31 (13.0) 18 (14.8) 8 (22.2) 5(7.2).09 16 (44.4) < 001 Primary endpoint Composite outcome 38 (16.7) 13 (10.7) 9 (13.0) microbiologic failure or death within 90 d of discharge Secondary endpoint, all-cause 47 (19.7) 38 (31.1%) 19 (52.8%) 18 (26.1%) .02 readmission within 90 d of discharge

Abbreviations: abx, antibiotics; IV, intravenous; PWID, persons who inject drugs; S. aureus, Staphylococcus aureus.

were the most likely across all groups to experience microbiologic failure or death within 90 days postdischarge (P < .001). In contrast, strategies A (SOC) and C (partial oral) had comparable levels of the primary outcome (A vs C: 13/122 (10.7%) vs 9/69 (13.0%), P = .6). The median duration of oral antibiotics prescribed in strategy C (partial oral) was 21 days (IQR 9–33). Evidence on using partial oral antibiotics for MRSA bacteremia is very limited, thus we further analyzed if there was any influence of MRSA vs MSSA infection on primary outcome rates in patients receiving strategy C (partial oral). Although the data were not adequately powered to study this outcome, we observed no significant difference whether partial oral

antibiotics were used to treat MRSA (4/32 [12.5%]) or MSSA (5/37 [13.5%], P > .9).

Duration of IV antibiotics received before discharge was associated with a duration-dependent effect on infection outcome (Figure 2). Discharge before clearance of bacteremia universally resulted in microbiologic failure for patients discharged without antibiotics, and results remained poor even for patients discharged with oral antibiotics, with 2 of 4 patients readmitted for microbiologic failure. However, in the subgroup of patients who received at least 10 days of IV antibiotics before transition to oral antibiotics, outcomes were not significantly different between strategy C (partial oral) and strategy A

^aPatients may report more than one type of substance use

^bPatients may present with multiple concurrent serious injection related infections.

(SOC) (Figure 2). In terms of time from discharge to failure, Figure 3 shows the Nelson-Aalen cumulative hazard ratio for all patients (Figure 3*A*), patients who cleared their bacteremia before discharge (Figure 3*B*), and patients who were discharged after a minimum of 10 days of effective IV antibiotic therapy after clearance of bacteremia and source control (Figure 3*C*). In all cases, patients discharged without oral antibiotics had the highest rate of microbiologic failure.

Excluding those who did not clear their bacteremia before discharge, the only strong independent predictors of an increased risk of microbiologic failure in multivariable models were being in strategy B (incomplete IV therapy) (adjusted odds ratio [aOR] 7.9 compared with strategy A, 95% confidence interval, 2.9-21.6), P < .001, Table 2) and paraplegia (aOR 7.8 [2.1, 28.6], P = .002).

When evaluating patients who left the hospital before completion of IV antibiotics (strategies B and C), there was a significantly higher risk of microbiologic failure associated with strategy B (incomplete IV) compared with strategy C (partial oral), and this difference persisted in inverse probability weighted models adjusted for baseline covariate imbalance (aOR 6.7 [1.9, 25.8], P = .005, Table 3, Figure 4). There was no significant difference in outcomes between strategy A (SOC) and strategy C (partial oral) (inverse probability weighted aOR 1.3 [0.4, 3.7], P = .7).

Subgroup Analyses

Our subgroup analysis found that patients in strategy C (partial oral) who had received at least 10 days of effective IV antibiotic therapy vs. strategy A (SOC) had similar results (Figure 4).

Antibiotics used, along with patient self-reported antibiotic adherence data obtained through chart review, are shown in Table 4. Although the sample size was not powered to compare different treatment regimens, no specific treatment regimens resulted in a noticeably higher failure rate. Self-reported antibiotic adherence could be assessed in 53 of 73 patients discharged on partial oral antibiotic therapy, whereas 20 patients (31.5%) had incomplete data on antibiotic adherence. There was a higher but nonsignificantly different rate of self-reported antibiotic noncompliance in patients who were prescribed dual oral antibiotic therapy (P = .7).

DISCUSSION

Our data suggest that when faced with a patient who no longer wishes to receive SOC IV antibiotics for treatment of their complicated S. aureus infection, providing a transition to oral antibiotics with a hospital-based outpatient antibiotics support program, significantly reduces the risk of microbiologic failure or death compared with discharge without any additional antibiotic treatment. For patients discharged on partial oral antibiotics, success rates were highest when patients received at least 10 days of IV antibiotic therapy after clearance of bacteremia, similar to durations study participants received in the POET trial [14]. The observed rate of microbiologic failure in both patients who received SOC IV antibiotic therapy and those receiving partial oral antibiotic therapy after at least 10 days of IV antibiotics is consistent with rates described in the broader population [19-21]. These data suggest that oral antibiotics may represent an effective treatment for complicated S. aureus bacteremias in PWID with endocarditis, epidural abscess,

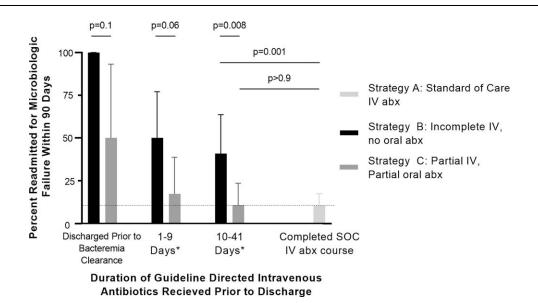


Figure 2 Rates of microbiologic failure within 90 d after discharge by duration of effective IV antibiotic therapy received before discharge. *Days of IV antibiotic therapy received after clearance of bacteremia and source control. Confidence intervals are 95% Clopper-Pearson confidence intervals. *P* values determined by Fisher exact test, not corrected for multiple testing. Abbreviations: abx, antibiotics; IV, intravenous; SOC, standard of care.

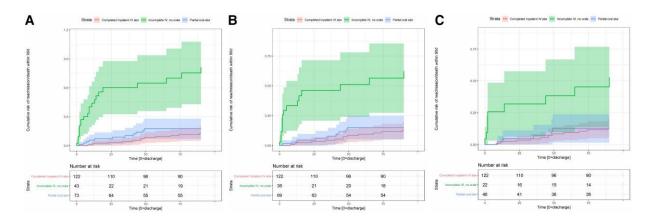


Figure 3 Nelson-Aalen cumulative hazard plot by antibiotic treatment group of (A) all patients, (B) patients who achieved clearance of bacteremia before discharge, and (C) patients who received at least 10 d of effective IV antibiotic treatment after clearance of bacteremia and/or source control before discharge. Abbreviation: IV, intravenous.

Table 2. Variables Associated With Primary Outcome Among PWID With Complicated S. aureus Bacteremia

| | Univariable | | | Multivariable | | |
|--|-------------|-----------------|---------|-----------------|------------|----------------|
| Variable | OR | 95% CI | P Value | OR | 95% CI | <i>P</i> Value |
| Patient demographics ^a | | | | | | |
| Insurance | | | | | | |
| Managed care | 1.0 | Reference | | 1 | | |
| Medicaid | | | NS | (reference) | | NS |
| Medicare | 3.9 | (0.8–18.8) | 0.09 | | (1.1-33.0) | .04 |
| Self-pay | | | NS | 5.9 | | NS |
| Inpatient care | | | | | | |
| OUD treatment | | | | | | |
| None | 1 | | | | | |
| Buprenorphine | (reference) | (0.2, 1.0) | .04 | | | NS |
| Methadone | .04 | | NS | | | |
| Addiction medicine consult | 0.4 | (0.2-0.8) | .01 | | | NS |
| Duration of IV antibiotics before Dis | scharge: | | | | | |
| Bacteremic at discharge; | 4.5 | (1.0-20.8) | .05.01 | | | |
| 1-9 days effective IV abx | 0.1 | (0.02-0.5) | <.001 | | | |
| 10+ days effective IV abx | 0.1 | (0.01-0.3) | <.001 | | | |
| Completed Inpatient IV abx | 0.03 | (0.01-0.1) | | | | |
| Elixhauser comorbidities ^a | | | | | | |
| Fluid and electrolyte disorders | 0.5 | (0.2-0.9) | .03 | 0.4 | (0.2-1.0) | .06 |
| Paraplegia | 6.9 | (2.3-20.5) | <.001 | 7.8 | (2.1-28.6) | .002 |
| Infection characteristics ^a | | | | | | |
| Septic arthritis | 2.4 | (1.2-5.1) | .02 | 2.3 | (1.0-5.4) | .06 |
| Antibiotic treatment group | | | | | | |
| Completed inpatient IV | | 1.0 (reference) | | 1.0 (reference) | | |
| Partial IV, partial oral | 1.3 | (0.5–3.1) | .6 | - | - | NS |
| Partial IV, no oral | 6.7 | (2.8-16.0) | <.001 | 7.9 | (2.9-21.6) | <.001 |

Abbreviations: abx, antibiotics; CI, confidence interval; IV, intravenous; NS, not significant; OR, oods ratio; OUD, opioid use disorder; PWID, persons who inject drugs; S. aureus, Staphylococcus aureus.

vertebral osteomyelitis, or septic arthritis, who have had adequate source control, and received at least 10 days of IV antibiotics after clearance of bacteremia. These findings are consistent with other literature that shows partial oral antibiotics are effective in smaller cohorts of IDU-associated

endocarditis [22]. However, our cohort represents an important addition to the literature as it includes a significant proportion of infections secondary to MRSA.

The choice of oral antibiotic regimens in PWID with invasive *S. aureus* infections often presents unique challenges compared

^aOnly variables that were statistically significant in univariate analysis are listed; statistical significance is included at the 5% level.

Table 3. Inverse Propensity Weighting Comparisons of Primary Endpoint (Microbiologic Failure at 90 d) by Antibiotics Strategy

| Comparison Groups | A Completed Inpatient IV [Gold standard] | B Partial IV, No Oral | C Partial IV, Partial Oral | <i>P</i> Value |
|---|--|--------------------------|-------------------------------|----------------|
| Comparing microbiologic failure at 90 d between patients who discharged before completing IV antibiotics (strategy B vs C) | | 16 (44.4) [N = 36] | 9 (13.0) [N = 69] | .001 |
| - Inverse probability weighted | | aOR 6.7 (1.9, 25.8) | 1 (reference) | .005 |
| Comparing microbiologic failure at 90 d between patients who completed standard of care (strategy A) vs partial oral antibiotics (strategy C) | 13 (10.7) [N = 122] | | 9 (13.0) [N = 69] | .8 |
| - Inverse probability weighted | 1 (reference) | | aOR 1.3 (0.4, 3.7) | .7 |
| Subgroup analysis: Including only those with ≥10 d effect | ctive IV antibiotic therapy before discharge | | | |
| Comparing microbiologic failure at 90 d between patients who discharged before completing IV antibiotics (strategy B vs C) | | 9 (40.9) [N = 22] | 5 (10.9) [N = 46] | .004 |
| - Inverse probability weighted | | aOR 5.4 (1.2, 24.0) | 1 (reference) | .03 |
| Comparing microbiologic failure at 90 d between patients who completed standard of care (strategy A) vs partial oral antibiotics (strategy C) | 13 (10.7) [N = 122] | | 5 (10.9) [N = 46] | .9 |
| - Inverse probability weighted | 1 (reference) | | aOR 1.1 (0.3, 3.9) | .9 |

with the treatment of other populations. Factors confounding their care include high rates of unstable housing [23], low health literacy rates [24], and low rates of health insurance [25]. Identifying optimal antibiotic therapy regimens for this population may require balancing the need for medication adherence against the existing evidence on antibiotic treatment options. For example, oral antibiotic treatment options used previously for infective endocarditis [14] have relied heavily on adjunctive rifampin which may not be feasible for many PWID who may be on methadone or receiving direct acting antivirals for hepatitis C treatment. Similarly, many of the previously proposed endocarditis regimens required dosing 3 or 4 times a day [14], which may be more challenging in populations with limited health literacy [26]. In contrast, the OVIVA trial [13] included several antibiotic regimens with once or twice daily dosing with a single antibiotic which may prove easier for many PWID to achieve optimal antibiotic adherence. Although not powered to assess individual regimens, our data suggest that several oral antibiotic regimens with twice-daily dosing including doxycycline, linezolid, cefadroxil, and trimethoprim-sulfamethoxazole may be potential options for patients in whom pill burden and medication nonadherence is a significant concern.

The increasing movement for OPAT programs to support PWID will enhance patient access to SOC IV antibiotic treatment and represents an important advancement in infectious diseases care for PWID [27–29]. However, it is likely that even at institutions with expanded access to OPAT, not all PWID may be eligible, either because of physician-perceived barriers, lack of safe and stable housing, lack of health insurance, or limited access to outpatient follow-up [30, 31]. For some patients, there may also be benefits to avoiding the

complexities of OPAT. Multidisciplinary conferences for coordinating prolonged antibiotic therapy for PWID, allow for both patients and providers to identify patient-centered antibiotic treatment options [32]. Physicians caring for PWID who decline SOC IV antibiotic treatment and desire to leave the hospital before completion of IV antibiotics should engage patients in shared decision making about the risks and benefits of partial oral antibiotic therapy. Key aspects of this discussion include the consistent adherence needed while on oral antibiotics, the importance of completing the full duration of oral antibiotic therapy and following up in postdischarge clinic visits.

PWID discharged on oral antibiotics for complicated *S. aureus* bacteremia should receive multidisciplinary care during both the hospitalization and immediate postdischarge period. In our experience, many PWID struggle with navigating the healthcare system, and outpatient support is required to ensure that patients both initiate and tolerate antibiotic prescriptions. Outreach by healthcare team members can help address any cost issues for antibiotics, while also trouble-shooting common side effects such as nausea that might otherwise result in premature cessation of antibiotics. These simple interventions along with close clinic follow-up are essential to help minimize subsequent treatment failures.

This study has several important limitations. This was a single-center, retrospective study performed at an academic institution with access to addiction medicine physicians over a period in which there was an increasing emphasis on multidisciplinary care including outpatient support for patients discharged on oral antibiotics; this may not be available at all institutions. There also was a higher loss to follow-up in patients discharged without oral antibiotics, which may lead to an underestimation of risk of death in that cohort.

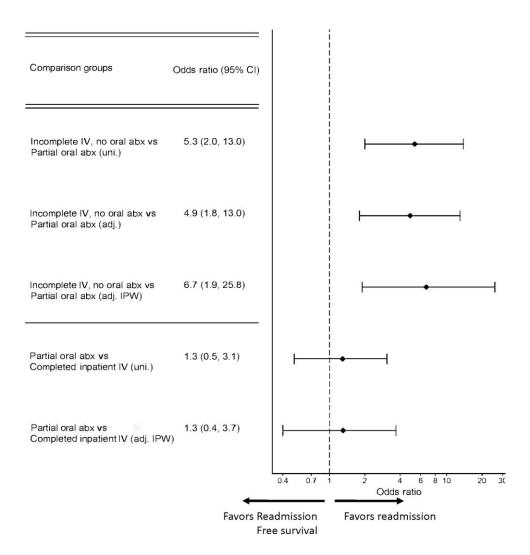


Figure 4 Forest plot of estimates from logistic regression analyses of subgroups. Abbreviations: abx, antibiotics; adj., adjusted; CI, confidence interval; IPW, inverse probability weighted model; uni., univariable.

Table 4. Table of Type of Oral Antibiotics Used

| | | Self-reported Adherence Abstracted from Medical Record through Chart Review | | | |
|---|---|--|----------------------------|--------------------------------|--|
| Antibiotic Class and Dosing | Primary Outcome (Microbiologic Failure at 90 days) | Self-reported Adherence | Self-reported Nonadherence | No Adherence Data Available | |
| Beta-lactams ^a | 0/8 (0%) | 6 | 1 | 1 | |
| Clindamycin 450 mg QID | 1/3 (33%) | 2 | 0 | 1 | |
| Doxycycline 100 mg BID | 6/37 (16%) | 23 | 5 | 9 | |
| Ciprofloxacin 750 mg BID | 0/2 (0%) | 1 | 0 | 1 | |
| Linezolid 600 mg BID | 3/15 (20%) | 9 | 2 | 4 | |
| Rifampin ^b 450 mg BID | 1/3 (33%) | 1 | 1 | 1 | |
| Trimethoprim-sulfamethoxazole 2 DS BID | 4/26 (15%) | 15 | 4 | 7 | |
| Comparison of dual- vs single-antibiotic clas | s therapy | | | | |
| Single-agent therapy | 7/52 (13%) | 33 | 3 | 16 | |
| Dual-agent therapy ^c | 4/21 (19%) | 12 | 5 | 4 | |

Abbreviations: BID, twice per day; DS, double strength; QID, 4 times per day.

^aIncludes amoxicillin-clavulanate 875 mg BID, cephalexin 500 mg QID, cefadroxil 1000 mg BID, and dicloxacillin 1000 mg QID.

^bRifampin was never used as single-agent therapy.

^cPatients who received dual-agent therapy are listed for both categories.

Additionally, we have excluded any patients that died before discharge, potentially favoring SOC IV antibiotics, and have used the date of discharge as a standard starting point for calculating a 90-day follow-up period, which may lead to immortal time bias. Methodologically, we attempted to adjust for baseline covariate imbalance by fitting models including inverse probability weights, but this cannot overcome underlying systematic unmeasured confounding between the groups. Last, patients in this cohort were immunocompetent, and younger than the average aged patient with non–PWID-associated *S. aureus* strains causing infections in this cohort have been previously identified as having fewer virulence factors and supra-antigenic toxins than what is often seen in non-PWID associated *S. aureus* infections [16].

CONCLUSIONS

The SOC for S. aureus bacteremias complicated by septic arthritis, vertebral osteomyelitis, epidural abscess, or infective endocarditis, is a multiweek course of IV antibiotics [4, 5]. We firmly believe that SOC regimens should continue to be offered to all PWID with complicated S. aureus bacteremias. However, we recognize that for many patients this option is not desired or feasible and would significantly reduce their quality of life. Our data suggest that incomplete antibiotic therapy should be avoided at all costs, and that transition to oral antibiotics should be offered to PWID who decline SOC IV antibiotics, with the best outcomes observed in patients who are able to complete at least 10 days of effective in-house IV antibiotic therapy after clearance of bacteremia. These findings should be incorporated into treatment guidelines to caution against discharging PWID with partially treated infections without offering them outpatient oral antibiotic therapy.

Notes

Disclaimer. The content is solely the responsibility of the authors and does not necessarily represent the official views of the funding agencies.

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