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Respiratory microbiota imbalance in children with Mycoplasma pneumoniae pneumonia

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ABSTRACT

Although previous studies have reported the dysregulation of respiratory tract microbiota in infectious diseases, insufficient data exist regarding respiratory microbiota imbalances in the lower respiratory tracts (LRTs) of children with *Mycoplasma pneumoniae* pneumonia (MPP). Here, we analysed the microbial community using 16S rRNA gene sequencing. Finally, bronchoalveolar lavage fluid (BALF) samples from 158 children with MPP and 29 with bacterial or viral pneumonia (control group) were collected. The diversity of the microbial community was significantly different between the two groups. A significantly increased abundance of Tenericutes and *Mycoplasma* was detected in the MPP group, exceeding 67% and 65% of the total bacterial population, respectively. Using *Mycoplasma* abundance as the diagnostic method, the sensitivity and specificity of the model was 97.5% and 96.6%, respectively. Compared to the mild MPP group, lower alpha diversity and significantly increased *Mycoplasma* abundance were found in the severe MPP group (P < 0.01). The abundance of *Mycoplasma* was positively correlated with complications and clinical indices in children with severe MPP compared with children with mild MPP. Our study describes the features of the LRT microbiota of children with MPP and uncovered its association with disease severity. This finding may offer insights into the pathogenesis of MPP in children.

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KEYWORDS Mycoplasma pneumoniae pneumonia; Respiratory microbiota; 16S rRNA gene; lower respiratory tract; Children

Introduction

Mycoplasma pneumoniae (MP) is a major pathogen associated with community-acquired pneumonia (CAP). The latest nationwide prospective surveillance study of all-age patients with acute respiratory infections in China showed that MP is the second leading bacterial pathogen associated with CAP, accounting for 18.6% of CAP cases [1]. MP pneumonia (MPP) accounts for 20-40% of CAP cases in children [2]. Increasing numbers of severe MPP cases have been reported recently, often with heterogeneous clinical presentations and accompanied by extrapulmonary complications that are sometimes life-threatening [1,3]. Host immune reactions play an essential role in the disease severity induced by MP infection [4]. Recent studies have illustrated that microbe-microbe interactions can also significantly impact the aetiology, pathogenesis, and frequency of respiratory diseases [5]. Increasing evidence has indicated that the respiratory microbiota may prime the immune system and provide resistance to pathogen colonization [6]. The respiratory tract microbiota is an important factor regulating and shaping pulmonary immune responses; slight variations in the composition of the microbiota might have great impacts on host immunity due to differences in the structural ligands and metabolites

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produced by each species [7]. Although several studies demonstrated an imbalance of respiratory tract microbiota in children with MPP [8,9], the potential mechanism of commensal flora in the regulation of MP pathogenesis has not been explored. Knowledge in this field is useful for helping to develop modalities to limit MP overgrowth and infection in the lung. Therefore, this knowledge is essential to improving the prevention and treatment of respiratory disorders.

Serological tests and nucleic acid amplification techniques (NAATs) based assays are the most commonly used methods for diagnosing MPPs in clinical settings. Serological methods are the main diagnostic tools for MP detection. However, several days are usually required for antibody production, especially in extremely young children, and these antibodies persist long after the infection has cleared [10]. The availability of extremely sensitive and timely NAATs allows better interpretation of the serological test results [11]. False negative results may also occur because of the low bacterial loads or during amplification when using poorquality specimens, such as those collected without adequate skill or not processed in a timely manner [12]. Therefore, for patients without MP antibodies or NAATs-positive results, empirical treatment is often performed based on a clinical diagnosis of the presenting signs and symptoms; thus, misdiagnoses or overtreatment may occur. However, the bacterial microbiota in MPP children with various levels of antibodies and different pathogenic bacterial loads is not clear.

In this study, we enrolled children with CAP, who were indicated for flexible bronchoscopy, to analyse the respiratory microbiota in the lower respiratory tract (LRT) using 16S ribosomal RNA (rRNA) analysis of samples acquired using bronchoalveolar lavage. Gene-based 16S rRNA taxonomic profiling of the bacterial microbiota represented in respiratory specimens may facilitate the study of the overall respiratory microbiota and may identify many bacteria, including potential pathogens [13]. Therefore, this may also provide clues for microbemicrobe interactions in patients infected with MP. We aimed to explore imbalances in the respiratory microbiota in children with signs and symptoms of suspected pneumonia. We also aimed to analyse the association between altered LRT microbiota and disease severity.

Material and methods

Study participants

This study was performed between February 2016 and July 2019 at Beijing (China) Children's Hospital. Children with CAP were enrolled in the study if they were indicated for flexible bronchoscopy and were simultaneously tested for MP antibodies and nucleic acid. Children were diagnosed with MPP if they presented with: (1) fever, cough, tachypnoea, and abnormal

breath sounds; (2) typical chest imaging changes (interstitial infiltrates, segmental and lobar consolidations, hilar lymph node enlargement); (3) positive nucleic acid amplification testing (NAAT) results for MP RNA using pharyngeal swab specimens; (4) positive serum MP antibody results which were defined as (i) MP antibody titre \geq 1:160 on admission or (ii) MP antibody titre seroconversion from negative (<1:80) to positive (\geq 1:160) within two weeks. The control group included children diagnosed with CAP but not diagnosed with MPP. The exclusion criteria were as follows: an inability to undergo NAAT and antibody testing on admission; an insufficient volume of bronchoalveolar lavage fluid (BALF) for extracting respiratory microbiota DNA or a failure to construct the sequencing library; immune deficiency or immunosuppression; and incomplete clinical information.

Cases of MPP were classified into three subgroups based on the laboratory diagnostic evidence. Children meeting criteria (1), (2), and (3) were classified into the MPP with positive RNA results subgroup (MPR). Children meeting criteria (1), (2), and (4) were classified into the MPP with positive MP antibody results (MPA) subgroup. Children meeting criteria (1) and (2) with a positive response to empirical treatment with antimycoplasma drugs were classified into the clinically diagnosed MPP (MPC) subgroup (Fig. S1).

Severe MPP was defined based on the CAP criteria: (1) cyanosis and dyspnoea; (2) pleural effusion; (3) increased breathing rate; (4) lung necrosis/lung abscess; (5) pulmonary atelectasis; and (6) extrapulmonary complications [14-16].

All clinical data, including age, sex, concomitant disease(s), and combined systemic lesions were retrieved from each patient's medical records. The study was approved by the Ethical Committee of Beijing Children's Hospital (No. 2022-E-004-Y). All procedures performed in this study were in accordance with the ethical standards of the committee.

Specimen collection and testing

BALF specimens were obtained using a flexible bronchoscope by instilling sterile physiological saline (twice, 10– 20 mL each time) into the bronchus, retrieving (5–10 mL each time) the fluid, and transferring it to a 50 mL sterile plastic tube, which was immediately stored at –80 °C for 16S rRNA gene sequencing. Pharyngeal swab specimens for MP RNA detection were collected and tested using MP simultaneous amplification and testing kits (Rendu Biotechnology, Shanghai, China), including nucleic acid extraction and isothermal amplification detection. Two millilitres of peripheral venous blood were centrifuged at $1700 \times g$ and 4 °C for 15 min for serum separation to detect MP-specific antibodies. Subsequently, the serum was separated and assayed using SERODIA MYCO-II (Fuji Rebio Ltd., Tokyo, Japanese), which was performed using artificial gelatine particles sensitized with cell membrane components of MP. The result was considered positive if the titre was 1:160 or higher (\geq 1:160). Antibodies against MP were detected on admission. When the samples were negative, a paired antibody test was requested seven days later. The process operations and results interpretation were based on the manufacturer's instructions.

Respiratory microbiota

The total respiratory bacteria DNA was extracted from BALF samples by the hexadecyltrimethylammonium bromide dithiotreitol based method and purified using the Qiagen Gel Extraction Kit (Qiagen, Hilden, Germany). The 16S rRNA genes of the V3-V4 hypervariable region were amplified using with forward primer 341F (5'-CCTAYGGGRBGCASCAG-3') and reverse primer 806R (5'-GGACTACNNGGGTATC-TAAT-3'). The amplification conditions were: 1 min at 98°C for initial denaturation, followed by 30 cycles of denaturation at 98°C for 10 s, annealing at 50°C for 30 s, and elongation at 72°C for 30 s, finally, 72°C for 5 min. Then, the products were purified and quantified, following which the normalized equimolar concentrations of amplicons were pooled and sequenced using an Illumina NovaSeq platform at the Novogene Bioinformatics Technology Co., Ltd. The paired-end reads were generated and assigned to each sample based on their unique barcode and then were merged with FLASH (Fast Length Adjustment of SHort reads) (V1.2.7) software [17]. High-quality filtering of the raw tags was performed to obtain clean tags using QIIME (Quantitative Insights Into Microbial Ecology) (V1.9.1) [18]. After that, chimeric sequences were compared with Silva Database [19] and using the UCHIME algorithm [20] to detect and remove chimera sequences. A final effective sequence analysis was performed using Uparse software (Uparse V7.0.1001) [21].

Data analysis

Sequences with a similarity index greater than 97% were assigned to the same operational taxonomic units (OTUs). Alpha diversity metrics (Shannon and Simpson Indices) were calculated for the OTU table using alphararefaction. The beta diversity metric (Weighted Unifrac distance) was calculated on the OTU table and visualized using principal coordinate analysis (PCoA). Permutational multivariate analysis of variance (PERMANOVA) was performed to compare the global microbiota compositions at the OTU level. The Galaxy Huttenhower Platform (http://huttenhower.sph.harvard.edu/galaxy) was used to calculate the Linear Discriminant Effect Size Analysis (LEfSe) algorithm and to obtain a linear discriminant analysis (LDA) score histogram. In this histogram, the microbial taxa that demonstrated significant differences (using the Kruskal-Wallis Rank-Sum test) among the groups of samples were visualized.

Statistical analysis

All data were analysed using R (Version 4.0.5; R Foundation for Statistical Computing, Vienna, Austria). Parametric continuous variables are expressed as means ± standard deviations and were tested for between-group differences using the Kruskal-Wallis test or Student's t-test. Categorical variables are presented as numbers and proportions; testing for between-group differences was performed using the Chi-square or Fisher's exact test. Analysis of receiver operation characteristics (ROCs) and areas under the curve (AUCs) were used to assess the accuracy of the diagnostic model. A logistic regression model was used to analyse the risk of other comorbidities in children with MPP, and the results were further presented in a forest plot. The concordance of the abundance of Mycoplasma spp. with the complication number was presented using Spearman's rank correlation coefficients. All statistical tests were two-sided, and P < 0.05 was considered statistically significant.

Results

Study population

Among the 187 enrolled paediatric patients with CAP, 158 were diagnosed with MPP and 29 were diagnosed with bacterial or viral pneumonia. The 158 children with MPP included 99 who were positive for MP RNA (MPR), 51 who were positive for MP-specific antibodies (MPA) and 8 with clinically diagnosed MPP (MPC). The characteristics of the subjects are presented in Table 1. The microbial pathogens associated with the enrolled patients are shown in Table S1. Children with MPP were older than those in the control group $(7.8 \pm 2.9 \text{ years vs. } 5.2 \pm 4.5 \text{ years, } P =$ 0.005). Clinical presentations were compared between children with MPP and those in the control group using logistic regression, adjusting for age as a covariate. The forest plot shows that children with MPP had a higher risk of fever (OR = 2.86, P = 0.015), cough (OR = 3.94, P = 0.028), pleural effusion (OR = 3.44, P = 0.028)P = 0.033), and blood coagulation dysfunction (OR = 6.48, P < 0.001) than the controls (Figure 1).

Analysis of respiratory microbiota in children with MPP

Characteristics of LRT microbiota in children with MPP

The diversity of the microbial community estimated by the Shannon (Figure 2(a), P < 0.01) and Simpson (Figure

Table 1. Characteristics of the study population.

Characteristics	МРР						
	Total (n = 158)	MPR (n = 99)	MPA (n = 51)	MPC (n = 8)	P-value*	Control (n = 29)	P-value**
Age (years)					0.52		0.0011
Median (interquartile range)	7.6 (6.0, 9.6)	8.0 (6.0, 10.0)	7.3(5.9, 9.0)	7.8 (7.0, 8.3)		4.6 (1.0, 10.0)	
Full range	(1.0, 16.0)	(1.0, 16.0)	(1.0, 13.0)	(3.8, 10.0)		(0.2, 13.0)	
Gender					0.17		0.15
Male	72 (45.6)	42 (42.4)	28 (54.9)	2 (25.0)		11 (37.9)	
Female	86 (54.4)	57 (57.6)	23 (45.1)	6 (75.0)		18 (62.1)	
Severity					0.51		_
Mild	101 (63.9)	66 (66.7)	31 (60.8)	4 (50.0)			
Severe	57 (36.1)	33 (33.3)	20 (39.2)	4 (50.0)			
Clinical presentations							
Fever	102 (64.6)	72 (72.7)	26 (51.0)	4 (50.0)	0.02	12 (41.4)	0.03
Cough	146 (92.4)	92 (92.9)	47 (92.2)	7 (87.5)	0.65	23 (79.3)	0.04
Pleural effusion	46 (29.1)	8 (28.3)	16 (31.4)	2 (25.0)	0.91	3 (10.3)	0.06
Pulmonary atelectasis	18 (11.4)	10 (10.1)	5 (9.8)	3 (37.5)	0.09	6 (20.7)	0.22
Necrotizing pneumonia	9 (5.7)	2 (2.0)	5 (9.8)	2 (25.0)	0.01	1 (3.4)	1
Respiratory distress	1 (0.6)	0 (0.0)	1 (2.0)	0 (0.0)	0.37	2 (6.9)	0.06
C-reactive protein elevated	28 (17.7)	18 (15.2)	8 (15.7)	2 (25.0)	0.77	4 (13.8)	0.79
Dysfunction of blood coagulation	134 (84.8)	85 (85.9)	44 (86.3)	5 (62.5)	0.20	15 (51.7)	< 0.001
Hepatic Insufficiency [†]	22 (13.9)	17 (17.2)	4 (7.8)	1 (12.5)	0.25	3 (10.3)	0.77
Myocardial damage [‡]	11 (7.0)	9 (9.1)	2 (3.9)	0 (0.0)	0.46	5 (17.2)	0.08

*P-values for comparison between MPP subgroups; **P-values for comparison between MPP and Control groups;

[†]Hepatic insufficiency, liver damage, and hepatic dysfunction; [‡]Myocardial damage, and electrocardiographic changes associated with myocardial damage.

Combined Disease Risk	No. of cases (%)		OR (95% CI)	P value
Fever				
Control	12 (10.5)	÷	1	
MPP	102 (89.5)	┝╼──┤	2.86 (1.21~6.74)	0.015
Cough				
Control	23 (13.6)	+	1	
MPP	146 (86.4)	–	3.94 (1.22~12.77)	0.028
Pleural effusion				
Control	3 (6.1)	+	1	
MPP	46 (93.9)	⊢ ∎	3.44 (0.96~12.3)	0.033
Pulmonary atelectasis				
Control	6 (25.0)		1	
MPP	18 (75.0)	•	0.37 (0.12~1.12)	0.091
Necrotizing pneumonia				
Control	1 (10.0)	•	1	
MPP	9 (90.0)	+ = (1.52 (0.17~13.43)	0.694
Respiratory distress				
Control	2 (66.7)	•	1	
MPP	1 (33.3)	⊨ 1	0.32 (0.03~4.06)	0.366
C-reactive protein elevated				
Control	4 (13.8)		1	
MPP	28 (17.7)	i ∳ i	1.13 (0.35~3.67)	0.839
Dysfunction of blood coagulation				
Control	15 (51.7)	•	1	
MPP	134 (84.8)		6.48 (2.55~16.47)	<0.001
Hepatic Insufficiency				
Control	3 (10.3)		1	
MPP	22 (13.9)	H a	1.75 (0.45~6.84)	0.396
Myocardial damage				
Control	5 (17.2)	+	1	
MPP	11 (7.0)	H	0.49 (0.13~1.76)	0.285
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Figure 1. Forest plot for the risk factors associated with MPP when compared with the control group. The odds ratio (OR) was based on the logistic regression model and adjusted for a potential confounding factor (age). MPP, Mycoplasma pneumoniae pneumonia patient; Control, other bacterial or viral pneumonia; CI, confidence interval.



Figure 2. Comparisons of respiratory microbiota in MPP and Control groups. (A) Alpha diversity was evaluated by the Shannon index. (B) Alpha diversity was evaluated by the Simpson index. (C) Principal coordinate analysis based on the Weighted Unifrac matrix between MPP and Control groups. (D) Relative abundance of respiratory microbiota at the phylum and genus level. (E) The species with significant differences in abundance between the two groups by using LEfSe analysis. MPP, *Mycoplasma pneumoniae* pneumonia patient; Control, other bacterial or viral pneumonia. **P < 0.01, ***P < 0.001.

2(b), P < 0.001) indices in the MPP group was lower than in the control group. The PCoA based on Weighted Unifrac distance matrix and confirmed with the PERMA-NOVA test indicated a significant difference in beta diversity between the two groups (P = 0.001, Figure 2 (c)). We also compared the respiratory microbiota composition of the two groups at the bacterial phylum level. The Firmicutes and Proteobacteria were the most predominant phyla in the control group, accounting for 47.9% and 32.5% of the total sequences, respectively, whereas a significantly increased abundance of Tenericutes was detected in the MPP group, exceeding 67% of the total microbiota (Figure 2(d)). LEfSe was performed on the statistically significant bacterial taxa obtained using multivariate analysis and confirmed using the Kruskal-Wallis sum-rank test. The results, ranked by LDA score histogram, showed that Mycoplasma spp. were significantly enriched in the MPP group (Figure 2(e)), accounting for 65% of the respiratory microbiota. Streptococcus and Haemophilus were the next most abundant genera, representing 6% and 3% of the lung microbiota in the MPP group, respectively. In the control group, the abundance of Streptococcus and Haemophilus increased to 41% and 18%, respectively, representing the dominant isolates in the lung microbiota (Figure 2(d)).

Association of LRT microbiota with severity of MPP

Of the 158 patients with MPP, 57 (36.1%) had severe MPP and 101 (63.9%) had mild cases. The results showed that the alpha diversity of the respiratory microbiota was significantly lower in the severe MPP group than in the mild group (P < 0.01, Figure 3(a,b)). No significant difference in beta diversity was found between the severe and mild groups (P = 0.997, Figure 3(c)). The abundance of Tenericutes and *Mycoplasma* increased significantly in children with severe MPP (Figure 3(d,e)). Additionally, a higher percentage of *Haemophilus* spp. was also detected in children with severe MPP when compared with those with mild disease.

Respiratory microbiota associated with MPP based on different diagnostic standards

The respiratory microbiota was analysed in children with MPP diagnosed based on positive MP RNA (n = 99), positive MP-specific antibody results (n = 51) and clinical evidence (n = 8). No significant differences were found in the alpha (Figure 4(a)) or beta (Figure 4(b)) diversities among the three groups. Similarly, we analysed the composition of microbiota among the three groups and found no compositional differences. In all three groups,



Figure 3. Comparisons of respiratory microbiota in Control, severe MPP, and mild MPP groups. (A) Alpha diversity was evaluated by the Shannon index. (B) Alpha diversity was evaluated by the Simpson index. (C) Principal coordinate analysis based on the Weighted Unifrac matrix. (D) Relative abundance of respiratory microbiota at the phylum and genus level. (E) The species with significant differences in abundance between the mild and severe MPP groups by using LEfSe analysis. MPP, *Mycoplasma pneumoniae* pneumonia patient; Control, other bacterial or viral pneumonia. ****P* < 0.001.

Tenericutes and *Mycoplasma* accounted for the greatest abundance of organisms at the phylum (Figure 4(c)) and genus (Figure 4(d)) levels, respectively.

Respiratory microbiota analysis assists discriminating MPP from other types of CAP

We analysed the microbiota composition at the phylum, family, and genus levels and found that, when compared with the control group, the average abundance of Tenericutes (0.08% vs. 67.20%, P<0.001), Mycoplasmataceae (0.06% vs. 67.17%, P < 0.001), and *Mycoplasma* (0.06% vs. 67.17%, *P* < 0.001) were significantly increased in the MPP group, suggesting their potential value in identification children with MPP (Figure 5(a-c)). Based on a cutoff value of 0.126% for Mycoplasma at the genus level, the 16S rRNA analysis of respiratory microbiota presented high sensitivity (97.5%, 154/158) and specificity (96.6%, 28/29) for distinguishing MPP from other types of CAP; the area under the ROC curve was 0.994 in this model (Figure 5(c)). Analysis based on the global microbiota composition at the OTU level illustrated that Mycoplasma is the dominant genus of the phylum Tenericutes (Fig. S2). Table S2 displays the details of the relative abundances of Tenericutes, *Mycoplasmataceae*, and *Mycoplasma* for predicting MPP in children.

Four children with positive MP antibody titres were clinically diagnosed as having MPP. However, using our diagnostic model based on the microbiota composition and using the *Mycoplasma* abundance set at 0.126%, they were re-classified as not having MP infections but as having either *Streptococcus* spp. infections (two children) or *Haemophilus* spp. infections (two children) (Figure 6), consistent with the bacterial culture results (Table S3). Among these children, three had a disease course longer than 20 days and all had received azithromycin treatment at the time of their BALF sample collection.

Correlation analysis between microbiota and disease severity

We found that children with severe MPP were more likely to have more complications than those in the mild MPP group (P < 0.001, Table S4). The concordance of the MP abundance with complications numbers was analysed in the 158 children with MPP (Figure 7(a)) and showed that the abundance of *Mycoplasma* was associated with the number of complications.



Figure 4. Comparisons of respiratory microbiota in MPP children enrolled based on different diagnostic standard. (A) Alpha diversity was evaluated by the Shannon index. (B) Principal coordinate analysis based on the Weighted Unifrac matrix. (C) Relative abundance of respiratory microbiota at the phylum level. (D) Relative abundance of respiratory microbiota at the genus level. NS, no significance.

We also analysed the correlation between the abundances of respiratory microbiota constituents at the genus level and the clinical indices in children with various disease severities (Figure 7(b)). The abundance of *Mycoplasma* was positively correlated with the levels of HBDH and LDH, suggesting a higher likelihood of cardiovascular injury induced by MP infection in children with severe MPP. Additionally, positive correlations between *Mycoplasma* abundance and TG and VLDL cholesterol levels were also observed, supporting the premise that lipid metabolism dysregulation occurs in patients with severe MPP. Together, the results suggest that the microbiota composition may impact MPP severity and progression.

Discussion

In the present study, BALF samples were collected to explore the lower respiratory tract respiratory microbiota of children with MPP. Few studies have attempted to explore the characteristics of paediatric lower airways, the primary disease site, because of the practical difficulties involved in collecting LRT samples. Data from our study suggested that MP burden and microbiota in the lung of MPP children were differently from those in the upper respiratory tract [22]. This cross-sectional study described the imbalance of the LRT microbiota of children with MPP and uncovered its association with disease severity.

Appreciable numbers of bacteria are now known to inhabit the lungs of healthy individuals and these populations are known to be altered during chronic and acute lung diseases [23]. In healthy lungs, Firmicutes and Bacteroidetes are the most common phyla of bacteria present [24]. In the lungs of children with MPP, the present study demonstrated that the abundance of Tenericutes



Figure 5. Relative abundance of Tenericutes, *Mycoplasmataceae and Mycoplasma* in MPP and Control groups. (A) *Tenericutes*. (B) *Mycoplasmataceae*. (C) *Mycoplasma*. MPP, *Mycoplasma pneumoniae* pneumonia patient; Control, other bacterial or viral pneumonia. ***P < 0.001.

increased significantly, exceeding 65% of the entire population The respiratory commensals decreased significantly, with Mycoplasma spp. being dominant. Analysis based on the global microbiota composition at the OTU level demonstrated that Mycoplasma accounted for 99.99% of the total OTUs linked to Tenericutes. The results indicated that MP can deplete other respiratory bacteria through direct competition or by activating bacterial clearance [25]. In healthy individuals, the presence of environmental or upper respiratory tract bacteria in the LRT are quickly cleared through mucociliary and immune mechanisms to maintain a low-level microbial community [26]. MP and its community-acquired respiratory distress syndrome toxin are capable of inducing mucin hypersecretion [27,28], which in turn causes the increased local replication of MP [23]. The positive feedback mechanism may explain the high abundance of Mycoplasma in MPP patients observed in our study.

Recent studies have revealed that the respiratory microbiome is predictive of outcomes in diverse lung diseases [29]. We found decreased alpha diversity, a



Figure 6. Relative abundance at the genus level of the children with discordant diagnosis based on the clinical diagnosis and *Mycoplasma* abundance.

marker of the number of taxa present and the evenness of their distribution, in the LRT microbiomes of children with severe MPP compared with the findings in children with mild MPP. In this study, we also found that the MP abundance was concordant with the severity of the disease, including the complications and specific blood indicators of organ damage. MP is considered to be a cause of blood-related diseases that may lead to cardiovascular system and gastrointestinal tract damage, including MP-related myocarditis, pericarditis, nephritis and also meningitis [30]. The recognition of MP by innate immune cells and their consequent activation is considered to be the main cause of chronic inflammation and some of the important MP infection symptoms and signs [31]. The counts of MP that are exposed to immune cells are the most important reasons associated with immune response outcomes [32]. The pathogenic mechanism of MP also includes direct damage to the respiratory epithelia and immune cells, including adhesion damage, invasive damage, toxic damage, inflammatory damage, and immune damage [33]. Therefore, early targeted treatment of MP infection is important for promoting pathogen clearance and reducing disease-related damage.

Using 16S rRNA sequencing, we also identified coinfecting bacterial pathogens other than Mycoplasma [22]. The relative abundance of Streptococcus and Haemophilus in children with MPP indicated a high risk of mixed infection by these pathogens and Mycoplasma spp., which was consistent with a previous study reported by our hospital [34]. The significant increase in the abundance of Haemophilus was detected in patients with severe MPP compared with those with mild MPP, possibly promoting an exaggerated inflammatory response and leading to more severe respiratory disease because of the co-infection [35]. Therefore, the other advantage of 16S rRNA sequencing is its ability to analyse the entire respiratory bacterial microbiome, facilitating a complete clinical diagnosis and the targeted treatment of co-infecting pathogens.

The standard microbiological method for identifying the pathogens involved in LRT infections includes



Figure 7. Correlation networks between microbiota and disease severity. (A) Concordance of the MP abundance and complication numbers. (B) Correlation between the different abundance of respiratory microbiota at the genus level and the clinical indices in children with severe MPP when compared with mild MPP.

culturing bacteria from respiratory samples. But the method is of limited clinical value for non- or poorly culturable pathogens, such as MP [36]. This suggests that the detection of an increased lung MP burden using 16S rRNA sequencing may have diagnostic significance in children with MPP. In recent years, respiratory tract microbial communities in disease have been the subject of study [37]. However, few studies have attempted to correlate changes in the lung microbiome with disease diagnosis. In this study, we analysed alterations in the LRT microbiota and constructed a MPP diagnostic model that was effective in distinguishing MPP from other types of CAP. Using a 16S rRNA-based diagnostic model, we successfully detected 97.5% (154/158) of children with MPP, including those who had negative NAAT or serological results. The production of anti-MP antibodies by the immune system is generally accepted to be slow, resulting in a high proportion of paediatric patients with MPP having negative serological results upon admission. In addition, an antibody titre can persist long after the MP infection has cleared, possibly obscuring the nature of a current infection due to a prior history of MP infection. In this study, four children were originally diagnosed with a co-infection involving MP (based on positive antibody results) and another bacterium (based on culture results). However, using our diagnostic model, all four were confirmed to have current infections only caused by the cultured organisms. We should note that BALF sampling is an invasive procedure, and 16S RNA

sequencing is relatively time-consuming. The results using BALF suggested the potential diagnostic role of 16S rRNA gene sequencing in the analysis of infectious diseases using respiratory specimens, which might be extended to non-invasive specimens including sputum and nasopharyngeal swabs. With the development of genetic analysis technologies, updated technologies, such as MinIONTM nanopore sequencing [38], might overcome the time-consuming disadvantages of NGS. In general, the diagnostic model built in this study has been restricted to children with indications permitting flexible bronchoscopy.

This study had some limitations. First, BALF samples were collected for the present study. Sputum and BALF are more common approaches for sampling the LRT microbiome. As a noninvasive sample type, spontaneous and induced sputum samples can be collected serially but represent a mix of upper and LRT organisms. Although BALF is less influenced by contamination than sputum, this methodology requires an invasive procedure, which has prevented its use in routine respiratory microbiota analyses. Thus, the presented BALF data was restricted to those subjects for whom bronchoscopy was performed as part of their clinical care. Therefore, data were not available for healthy controls. Secondly, the sample size was relatively small. Future, large cohort studies are warranted to confirm the findings of this study. For example, virus infection was detected in six children with MPP and five children in the control group. Because of the limited sample size, the effects of viral

infection on the respiratory microbiota were not analysed in the present study. Thirdly, 16S rRNA gene profiling is unable to differentiate between live and dead bacteria. After the bacteria have been killed, their DNA sequences may persist for several days or even longer [39]. Therefore, 16S rRNA gene profiling does not reflect the activity of the microbiota. Both live and dead bacteria could modulate immune function, via metabolite production by live organisms, and pattern recognition receptors by both [23]. Thus, further investigations into the roles of live and dead bacteria in the induction of inflammation during infectious disease are needed. Fourthly, 16S rRNA gene sequencing was still expensive compared to the now-existing methods such as real time PCR, and difficult to being applied in general situations. This method probably exhibited its specific convenience for its ability to identify other pathogenic bacteria simultaneously for some particular situations, for example in severe MPP cases with atypical clinical manifestations.

Conclusions

Our study characterized the features of the LRT microbiota of children with MPP and uncovered its association with disease severity. Our results suggested that the abundance of MP in the LRT has potential to assist in the diagnosis of MPP. Future, large-scale prospective studies are needed to determine the validity of the diagnostic model we constructed and to fully explore the mechanisms responsible for the associations observed.

Disclosure statement

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Transparency declaration

The lead author and guarantor affirm that the manuscript is an honest, accurate and transparent account of the study being reported; that no important aspects of the study have been omitted; and that any discrepancies from the study as planned and registered have been explained.

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