

Baicalein Inhibits the *Staphylococcus aureus* Biofilm and the LuxS/AI-2 System in vitro

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Introduction: *Staphylococcus aureus* (*S. aureus*) is a common cause of mastitis in dairy cows, a condition that has a significant economic impact. *S. aureus* displays quorum sensing (QS) system-controlled virulence characteristics, like biofilm formation, that make therapy challenging. In order to effectively combat *S. aureus*, one potential technique is to interfere with quorum sensing.

Methods: This study evaluated the effects of different Baicalin (BAI) concentrations on the growth and the biofilm of *S. aureus* isolates, including the biofilm formation and mature biofilm clearance. The binding activity of BAI to LuxS was verified by molecular docking and kinetic simulations. The secondary structure of LuxS in the formulations was characterized using fluorescence quenching and Fourier transform infrared (FTIR) spectroscopy. Additionally, using fluorescence quantitative PCR, the impact of BAI on the transcript levels of the *luxS* and biofilm-related genes was investigated. The impact of BAI on LuxS at the level of protein expression was also confirmed by a Western blotting investigation.

Results: According to the docking experiments, they were able to engage with the amino acid residues in LuxS and BAI through hydrogen bonding. The results of molecular dynamics simulations and the binding free energy also confirmed the stability of the complex and supported the experimental results. BAI showed weak inhibitory activity against *S. aureus* but significantly reduced biofilm formation and disrupted mature biofilms. BAI also downregulated *luxS* and biofilm-associated genes' mRNA expression. Successful binding was confirmed using fluorescence quenching and FTIR.

Discussion: We thus report that BAI inhibits the *S. aureus* LuxS/AI-2 system for the first time, which raises the possibility that BAI could be employed as a possible antimicrobial drug to treat *S. aureus* strain-caused biofilms.

Keywords: quorum sensing system, biofilm, baicalin, *Staphylococcus aureus*, molecular docking

Introduction

One of the most significant bacteria causing infectious mastitis in dairy cattle globally is *Staphylococcus aureus* (*S. aureus*).¹ Antibiotics have played an important role in preventing and treating *S. aureus* infections in humans and farm animals.² However, treatment for *S. aureus* infections is getting more and more challenging due to rising antibiotic resistance and biofilm formation.^{3,4}

Bacteria use quorum sensing (QS) molecules to communicate, recognize, and react to cell density.⁵ QS controls biofilm formation, virulence factors, secondary metabolites, and motility, among other physiological activities in bacteria.⁶ QS signals have the ability to cause *S. aureus* to form biofilms, and the adhering cells within these biofilms are encased in a self-made matrix of extracellular polymeric substances (EPS).⁷ Due to acquired resistance, constrained drug transport, and antibiotic inactivation, *S. aureus* within the exopolymeric matrix may develop significantly increased resistance to conventional antibiotics after biofilms have formed.⁸ As LuxS is present in both gram-positive and gram-negative bacteria, it has been hypothesized that AI-2 may serve as an all-purpose, cross-species bacterial language,⁹ and this system could be a potential target for local antibiotic therapy for biofilm-associated.

Silico screening can speed up and reduce the cost of finding prospective medication candidates. In this context, protein-ligand docking, a molecular modeling method to forecast ligand-protein binding conformations, can be utilized to assist in silico screening to find leads that are similar to drugs. There is an increased interest in recent years in the

reduced bacterial biofilm of herbal remedies in general.¹⁰ Among these, the majority of *Scutellaria baicalensis*' biological activities are attributed to the flavonoid component baicalin (BAI), which has been used for many years as a herbal remedy in China to treat a variety of inflammatory disorders.¹¹ As a result, BAI might be a potential therapeutic approach for infections caused by *S. aureus* biofilms.

In this manuscript, LuxS structural features were determined by analysis, and investigated the mechanism of LuxS/AI-2-mediated *S. aureus* biofilm inhibition. Through in vitro biofilm experiments and in silico molecular docking, the effect of BAI on LuxS inhibition was assessed.

Materials and Methods

Bacterial Strains and Growth Conditions

The four *S. aureus* strains used in this study were obtained from mastitis-related milk samples from cows. wld10 & wld19 were identified as MRSA and JY21& JY45 were MSSA. At 37 °C with shaking at 220 rpm for approximately 16 hours, *S. aureus* strains were grown aerobically in Mueller–Hinton broth (MHB) (Bio-Tech, Qingdao, China). *S. aureus* strains ATCC 29213 (National Center for Medical Culture Collections) was used as quality controls for antimicrobial susceptibility testing.¹² The *Vibrio harveyi* (*V. harveyi*) BB170 (ATCC BAA-1117) and *V. harveyi* BB152 were, respectively, donated by professor Yongjie Liu (Nanjing Agricultural University, China) and professor Xiangan Han (Shanghai Veterinary Research Institute, Chinese Academy of Agricultural Sciences, China). In autoinducer bioassay medium (AB, Bio-Tech, Qingdao, China), the luminous reporter strain *V. harveyi* BB170 (sensor¹⁻, sensor²⁺) was cultured for 18 hours at 30 °C with aeration.¹³ *V. harveyi* BB152 is a mutant derived from BB120 that does not produce AI-1 and served as a positive control.¹⁴ In marine broth (MB 2216; Difco BD), strains were cultured with aeration at 30 °C and 200 rpm overnight. Meanwhile, the AI-2 signal is not produced by *Escherichia coli* (*E. coli*) DH5 α , which was selected as the negative control.¹⁵ The pET-28a (+) vector (Anorun Biotechnology Co., China) was used for prokaryotic expression of the LuxS protein. For gene cloning and protein expression, DynaScience Biological Co., China's *E. coli* DH5 α and BL21(DE3) were employed.

Molecular Characterization of LuxS Protein

The National Center for Biotechnology (NCBI) was consulted for LuxS's sequence, and the homologous structures were found using the NCBI BLAST program. Utilizing ClustalW and ESPript3, the multiple sequence alignment of *S. aureus* LuxS with other homologous proteins whose structures are known was created. The secondary structure of the LuxS was predicted using the SOPMA (https://npsa-prabi.ibcp.fr/cgi-bin/npsa_automat.pl.page=/NPSA/npsa_sopma.html). The online ConSurf server (<http://consurf.tau.ac.il>) computed protein surface conservation, and SWISS-MODEL (<https://swissmodel.expasy.org/>) was used to estimate the three-dimensional structure. With the use of MODLOOP, the disorderly loops were refined. For the modeled structure's energy minimization, the SWISS-PDB viewer was used. The stereochemical quality of the minimized model was evaluated using many SAVES server applications, including PROCHECK, Molprobit, VERIFY3D, ERRAT ProQ, and ProSA (<http://nihserver.mbi.ucla.edu/SAVES/>). The LuxS protein's three-dimensional structure was then edited using Pymol software (version 1.7.4 Schrödinger, LLC., <http://pymol.org/>), which also labeled the relevant amino acid positions that had been screened, and further investigated on its amino acid conservation, protein structure, and function.

Molecular Docking

Initially, the BAI's 2D structure was acquired from the PubChem database at <https://pubchem.ncbi.nlm.nih.gov>. The automated molecular docking simulations were performed using the molecular docking tool AutoDock 4.2. The receptor was saved in .pdbqt format, and Kollman charges (6.0) were added using AutoDock Tools. Gasteiger charges (-1.0002) and polar hydrogen atoms were added to BAI. Using AutoGrid4, a potential grid around the LuxS active site residues (ASP24, ARG25, LYS26, LYS27, LEU89, ARG66, ASN4, MSE3, LEU23, TYR95, THR26, ALA24, GLY25, VAL151, and LYS2) were created. Both the grid dimension and the center point coordinates are 57.75Å, with X = -21.07, Y = 18.735, and Z = 6.0. The 50 ligand poses were created using the Lamarckian genetic algorithm. To create the 9 ligand conformations in AutoDock

Vina, configuration files with grid box parameters, receptor, and ligand files were used. The blind docking procedure was set up using a grid box that covered the entire protein structure. The molecular docking procedure was simulated using the docking software AutoDock Vina 1.1.2. Following these procedures, the relevant conformation scores and outcomes were chosen, and PyMOL (<https://pymol.org/2/>) and Discovery Studio 2020 were used to visualize them. LuxS-BAI complexes were simulated using molecular dynamics (MD) using the Sander module in Amber 12.¹⁶ On a Linux system running Ubuntu, MD simulation was performed using the Amber99sb-ildn force field in GROMACS. Using Amber99sb-ildn force field,¹⁷ the first phase of MD is the creation of topology and protein coordinates. The acpyp.py function in AmberTools generated the topology of BAI in the second step. The systems were solvated in a triclinic box with a protein-to-box edge distance of 1.2 nm using the TIP3P explicit water model. The two-step equilibrations were carried out for 100 ps at 300 K with a constant number of particles, volume, and temperature (NVT) and a constant number of particles, pressure, and temperature (NPT). Systems' pressure and temperature were kept constant using the V-rescale temperature coupling method and the Berendsen pressure coupling approach, respectively. After all simulations were completed, we count how many protein complexes are successfully formed after all simulation trajectories are completed. Particle-mesh Ewald method¹⁸ was used to calculate the long-range electrostatic interactions. The SHAKE algorithm¹⁹ was used to fix all covalent bonds containing hydrogen atoms. Finally, the binding-free energy was calculated using the Molecular Mechanics Poisson-Boltzmann surface area (MM/PBSA) method,²⁰ From the last 20 ns (80 to 100 ns) of molecular dynamics, the trajectory was obtained. To perform MMPBSA calculations of protein-ligand complexes, a total of 2000 snapshots taken at intervals of 10 ps across an interval of 80 to 100 ns were used. Structural conformation of the constructed models was displayed using PyMOL²¹.

Screening and Verification of the Highly Productive Signaling Molecule AI-2 in *S. aureus*

AI-2 Activity Bioassay

The AI-2 bioassays were carried out according to the procedure mentioned previously.²² All samples, along with positive and negative controls, were cultured overnight; centrifugation at 12,000 $\times g$ for 10 min was used to separate the cell-free supernatant (CFS) from each culture, which was then filtered using a Millipore filter with a 0.22- μm pore size (Millipore, Bedford, MA, USA). *V. harveyi* BB170 overnight culture was diluted (1:5000) on fresh AB medium. Freshly diluted *V. harveyi* BB170 was then mixed in various volume ratios with filtered culture supernatants, and fresh AB medium as blank control. Continued shaking during incubation, samples of the culture were taken at various time intervals for analysis.

RT-qPCR Analysis of the *luxS* Gene Expression Levels

The bacterial overnight cultures were subjected to centrifugation at 10,000 rpm for 10 min. Total RNA was extracted using the standard method with TRIzol reagent. RNA was treated with ABScript III RT Master Mix with gDNA remover (ABclonal, China) to remove contaminating DNA and to reverse transcribe the RNA into cDNA. In order to execute relative quantitative PCR (qPCR), 2 \times University SYBR green Fast qPCR Mix (ABclonal, China) was used. The comparative Ct technique was used to calculate fold changes for the target genes using *gyrB* expression as a reference (primers are shown in [Supplementary Table 1](#)).

Effect of BAI on the Expression of the *luxS* Gene

RT-qPCR was utilized to identify transcription level variations of the gene (*luxS*) encoding a QS signal (AI-2) production enzyme (LuxS) in *S. aureus* to verify the effect of BAI on the QS system. Different concentrations of BAI (0, 128, 256, 512, and 1024 $\mu g/mL$) with *S. aureus* wld10 were incubated statically for 40 hours at 37 °C to allow for biofilm formation. In the final least, total RNA was isolated, and RT-qPCR was carried out as explained in [RT-qPCR Analysis of the *luxS* Gene Expression Levels](#).

Construction of Plasmid for the Expression of Recombinant LuxS Protein and Purification of LuxS Protein Were Conducted

The *luxS* gene of *S. aureus* wld10 was amplified and introduced into prokaryotic expression vector pET-28a (+) in order to produce recombinant LuxS protein in a prokaryotic expression system. Sequencing was used to identify the recombinant plasmids pET-28a-luxS, and the successful ones were then transformed into *E. coli* Rosetta (DE3) cells

and induced with 0.1 mM isopropyl-d-1-thiogalactopyranoside (IPTG) for 5 hours in SOC media to produce the soluble form of the fusion protein LuxS. SDS-PAGE was used to evaluate and identify the expressed recombinant protein, which was then stained with Coomassie blue. With the aid of a His-tagged protein purification kit from Sangon Biotech in China, the produced recombinant protein fused protein was cleaned. The rabbit vaccine was made with purified proteins. To verify that the LuxS protein had been integrated into the recombinant protein, Western blotting was used to examine the fusion protein with antibodies directed against the His tag.

Effect of BAI on the LuxS Protein

The effect of BAI on the secondary structure conformation of the LuxS protein was characterized by fluorescence spectrum and FTIR spectroscopy. The state of tryptophan and tyrosine residues in the LuxS with BAI was studied via fluorescence spectroscopy. Different concentrations of BAI (0, 128, 256, 512, and 1024 $\mu\text{g/mL}$) with Purified LuxS protein were co-cultured for 40 h at 37 °C. The fluorescence intensity of BAI binding to LuxS was measured with a fluorescence spectrophotometer (FL-970; Shanghai Prism, Shanghai, China).

FTIR was used to elucidate the effect of BAI on LuxS protein secondary structure. The secondary structure of the protein was determined by comparing amide I peaks ($1700\text{--}1600\text{ cm}^{-1}$)^{23,24} in the absence and presence of BAI (128, 256, 512, and 1024 $\mu\text{g/mL}$). The experimental data were processed using OMNIC 8.2 and PeakFit 4.12.

In vitro Test

Susceptibility Testing and Growth Dynamics Assay

Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) were evaluated using the standard broth dilution method. The 100 μL of BAI was serially diluted two-fold in Mueller Hinton broth (MHB) in 96-well microtiter plates to obtain final concentrations ranging from 1 to 8192 $\mu\text{g/mL}$. The bacteria were then diluted to 10^6 CFU/mL for *S. aureus* and were seeded at 100 μL /well in a 96-well plate. MIC was defined as the activity of BAI at the lowest concentration completely inhibiting bacterial growth with no discernible turbidity.²⁵ By transferring 20 μL from each clear MIC well onto Mueller–Hinton agar (MHA) plates, MBCs were identified. The MBC was established as the lowest concentration that, following a 24-hour incubation period at 37 °C, killed 99.9% of the final inocula. Each assay was carried out three times.²⁶ All assays were done in triplicate. Reference strains of *S. aureus* ATCC29213 were used for quality control for antimicrobial susceptibility testing. The previously described approach was used to operate growth kinetics, with some minor improvements.²⁷ *S. aureus* wld10 was cultured in 96-well plates at 5×10^4 CFU/100 μL with different BAI concentrations (0, 128 (1/8 MIC), 256 (1/4 MIC), and 512 (1/2 MIC) $\mu\text{g/mL}$) at 37 °C. Samples were taken every hour, serially diluted and plated onto MHA.

Transmission Electron Microscope (TEM) Was Used to Analyze *S. aureus* Treated with BAI

TEM was used to investigate the ultrastructural changes in *S. aureus* cells after BAI exposure. *S. aureus* suspension was incubated with a range of BAI concentrations (0, 128, and 512 $\mu\text{g/mL}$) for 40 h at 37 °C. After being separated by centrifugation, the bacteria were resuspended after being washed three times with PBS. After being submerged in the cleaned bacterial suspension for three minutes, the copper mesh was dried. The bacteria-filled copper mesh was then dyed for 15 minutes in a 3% (w/w) phosphotungstic acid solution before being dried. The product was then examined using a TEM (JSM-7001F, Japan).

Measurement of Biofilm Formation

Based on the previously published approach, the microtiter plate test was used to assess biofilm formation under static conditions.²⁸ For the anti-biofilm assay, *S. aureus* wld10 was cultured in TSB medium for 12 hours at 37 °C, diluted with new TSB that had been added with 3% NaCl and 0.5% glucose (TSB-g), and then the bacterial concentration was adjusted to an OD 600 of 0.1. To generate drug concentrations ranging from 1 to 1024 $\mu\text{g/mL}$, BAI was dissolved in dimethyl sulfoxide (DMSO) and diluted with sterile TSB medium. One milliliter of the diluted BAI was then applied to each well of sterile 24-well polystyrene microtiter plates. The colonies were gently rinsed with PBS twice after the plates had been incubated at 37 °C for 40 hours. After that, they were fixed for 5 minutes in

an ice-cold ethanol/acetone (1:1, v/v) solution and then stained for 30 minutes in a 0.1% crystal violet (Sigma-Aldrich GmbH, Munich, Germany) solution in water solution. After rinsing the excess dye with water, 95% ethanol was used to help the dye escape the biofilm. At a wavelength of 595 nm, OD values were recorded by a microplate reader. The lowest dose of BAI that manifested evident biofilm inhibition was designated as the minimal biofilm inhibitory concentration (MBIC).²⁹

Confocal laser scanning microscopy (CLSM) and scanning electron microscopy (SEM) were used to study the production of biofilms. A 24-well plate with coverslips (MeVid, China) and serial dilutions of BAI (0, 128, and 512 µg/mL) was first filled with 100 µL of *S. aureus* (1×10^6 CFU/mL). To get rid of the planktonic and loosely bound cells, the biofilms were rinsed three times with sterile PBS after growing for 40 hours at 37 °C. Then, using a CLSM (Leica SP5, Germany), biofilms were stained for 30 min in the dark with SYTO 9 and PI. The zinc piece was soaked in 2.5% glutaraldehyde (v/v) at 4 °C for 5 hours, then dehydrated in graded ethanol (15 min for each grade) for visualization study by SEM. The SEM sample was then collected after being dried with sterile air.

Effect of BAI on the Composition of the Extracellular Matrix in *S. aureus*

The polysaccharide intercellular adhesin (PIA) and eDNA make up the majority of the extracellular matrix in the *S. aureus* biofilm. Fresh TSB with BAI (0, 128, and 512 µg/mL) and *S. aureus* wld10 were added to a 96-well plate, co-cultured for 16 hours to form a mature biofilm, then extracted using the Rice technique.³⁰ Briefly, the supernatant was absorbed for centrifugation (4 °C, 18,000 rpm, 5 min) after the mature biofilm was re-suspended in TEN buffer. The supernatant was extracted after being combined with TE buffer and an organic reagent solution (phenol, chloroform, and isoamyl alcohol). The supernatant from the extract was re-extracted using chloroform and isoamyl alcohol after it had been centrifuged (4 °C, 12,000 rpm, 10 min). Thermo Fisher Scientific Inc., Waltham, Massachusetts, United States, NanoDrop One ultra-micro spectrophotometer was used to identify the release of eDNA.

Using the Congo red agar (CRA) method as described by Formosa-Dague et al,³¹ biofilm formation was phenotypically evaluated. The CRA medium was streaked with each co-culture, which was then incubated for 48 hours at room temperature after 24 hours at 37 °C. A four-color reference scale ranging from red to black was used to determine the color of the colonies. Black colonies denoted a favorable outcome, while pink or purple colonies were thought to be unfavorable. Almost-black colonies indicated an undecided result.

Effect of BAI on the Surface Hydrophobicity of *S. aureus*

Minor adjustments were made to the method used in a previous research³² to assess the hydrophobicity of the cell surface. Briefly, *S. aureus* wld10 was incubated with different concentrations of BAI (0, 128, 256, 512, and 1024 µg/mL), rinsed with PBS, and the bacterial suspensions were adjusted to an OD 600 of 1.0 (H₀). Hexadecane (0.4 mL) and bacterial suspension (2 mL) were combined before being incubated at room temperature for one hour. The aqueous phase's OD 600 was then determined to be H. The following formula was used to calculate the hydrophobicity of bacterial surfaces (H%):

$$H\% = (H_0 - H) / H_0 \times 100$$

The Effects of BAI on the Expression Levels of *S. aureus* Biofilm-Related Genes

To allow for the development of biofilms, *S. aureus* wld10 was incubated statically for 40 hours at 37 °C with various doses of BAI (0, 128, 256, 512, and 1024 µg/mL). The total RNA was then isolated in order to perform qRT-PCR analysis on the expression of genes involved in biofilms. The reaction system for the PCRs and cycling conditions were the same as described in [RT-qPCR Analysis of the luxS Gene Expression Levels](#) and [Supplementary Table 1](#) shows the PCR primers.

Effects of BAI on Mature Biofilms of *S. aureus*

On accordance with [RT-qPCR Analysis of the luxS Gene Expression Levels](#), sterile glass coverslips were positioned on 24-well tissue culture plates, where biofilms were produced. The medium was aspirated after the formation of biofilms, and non-adherent cells were then eliminated by washing the biofilms in PBS. Samples were added BAI (0, 128, 256, 512,

and 1024 µg/mL), then incubated at 37 °C. Non-adherent bacteria were eliminated after 12 hours of incubation, and wells were then cleaned with PBS, fixed with 70% methanol for 15 minutes, and stained for 10 minutes with 0.1% crystal violet. PBS-washed, then air-dried. Two hundred microliters of glacial acetic acid at 30% were added and thoroughly mixed. A microplate reader was used to measure the absorbance at 595 nm.

Effect of BAI on the Activity of AI-2 of *S. aureus*

The effects of BAI on the AI-2 activity in the *S. aureus* biofilm were next assessed using a bioassay for AI-2 activity. To allow for biofilm formation, *S. aureus* wld10 was incubated statically for 40 hours at 37 °C with various doses of BAI (0, 128, and 512 µg/mL). Following a 10-minute, 10,000 rpm centrifugation of the samples, the supernatant was gathered and filtered to produce CFS. The CFS sample was introduced to the diluted BB170 culture at a ratio of 50:1 (v/v) after the reporter strain *V. harveyi* BB170 had been diluted 1:5000 with fresh AB medium. In order to identify AI-2 activity, the mixture was incubated at 30 °C for 5 hours with 180 rpm of agitation. Two hundred-microliter aliquots were then put to empty 96-well plates.

Statistical Analysis

Every experiment was performed three times. The mean and standard deviation (SD) for each piece of data were displayed. One-way analysis of variance (ANOVA) was used to examine the data, and a post hoc test was performed using the SPSS 20.0 program (IBM Corp., Armonk, NY, USA). It was deemed significant at $P < 0.05$.

Results and Discussion

LuxS Protein Molecular Characterisation

Studies have shown that antagonizing agr signaling by preventing AIP ligation of the AgrC receptor,³³ blocking the response regulator AgrA,³⁴ or interfering target of RNAIII-activating peptide³⁵ has a significant preventative effect on biofilm-associated infections by *S. aureus*. Additionally, methicillin-resistant *S. aureus* (MRSA) pathogenicity is modulated by the global regulator sarA through control of key virulence components (such as adhesins and toxins) and biofilm development,³⁶ and to search for effective inhibitors has become an active area of research. However, it is thought that the LuxS/AI-2 QS system facilitates interspecies communication in polymicrobial communities, and this regimen can be considered as a promising option for *S. aureus* infections. The protease LuxS involved in the synthesis of the signal molecule AI-2 is the central component of the LuxS/AI-2 system. In order to investigate the therapeutic possibility of treating *S. aureus* infections by disrupting the LuxS/AI-2 pathway, we conducted exploratory research on the LuxS protein.

From the NCBI database, a LuxS amino acid sequence from *S. aureus* was obtained. LuxS from *S. aureus* underwent multiple sequence alignment (MSA) with response regulators from several species. ClustalW was used to do MSA, and the illustration in [Supplementary Figure 1](#) was produced using ESPript 3. The red color represents the conserved residues. The ADQ01866.1 belongs to autoinducer-2 production protein LuxS from *Bifidobacterium longum* subsp. *longum* BBMN68; AFC91867.1 from *Streptococcus pneumoniae*; 1J6X from *Helicobacter pylori*, and it revealed that the highest sequence similarity between LuxS and LuxS of *Helicobacter pylori* is 67.55%.

As shown in [Supplementary Figure 2-A](#), the Ramachandran plot created by PROCHECK reveals that 85.8% of amino acids are in the preferred region, 14.2% are in the allowed region, and 0.0% and 0.0% are, respectively, in the generously permitted and forbidden sectors. MolProbity's anticipated Ramachandran plot showed 91.1% of the residues were in the preferred region, 8.3% were in the permitted region, and 0.6% were in the forbidden region. Levitt-Gerstein (LG) score of 5.184 projected by ProQ for LuxS model demonstrates that the model is very good and dependable. ProSA predicted a Z-score of -6.37 for the improved LuxS model, as shown in [Supplementary Figure 2-B](#). According to the ERRAT plot, the model's quality factor was 93.4307%, as shown in [Supplementary Figure 2-C](#). According to [Supplementary Figure 2-D](#), VERIFY3D revealed that the average 3D-1D score for 80% of amino acid residues is more than or equal to 0.1. As [Figure 1A](#) showed that LuxS are dimeric proteins, which can associate to form dimeric assemblies. For the monomeric molecules ([Figure 1B](#)), alpha-helix (α-helix), beta-sheet (β-sheet), beta-turn (β-turn) and random coil content were, respectively, 41.03%, 19.87%, 1.28%, and 37.82%. Through

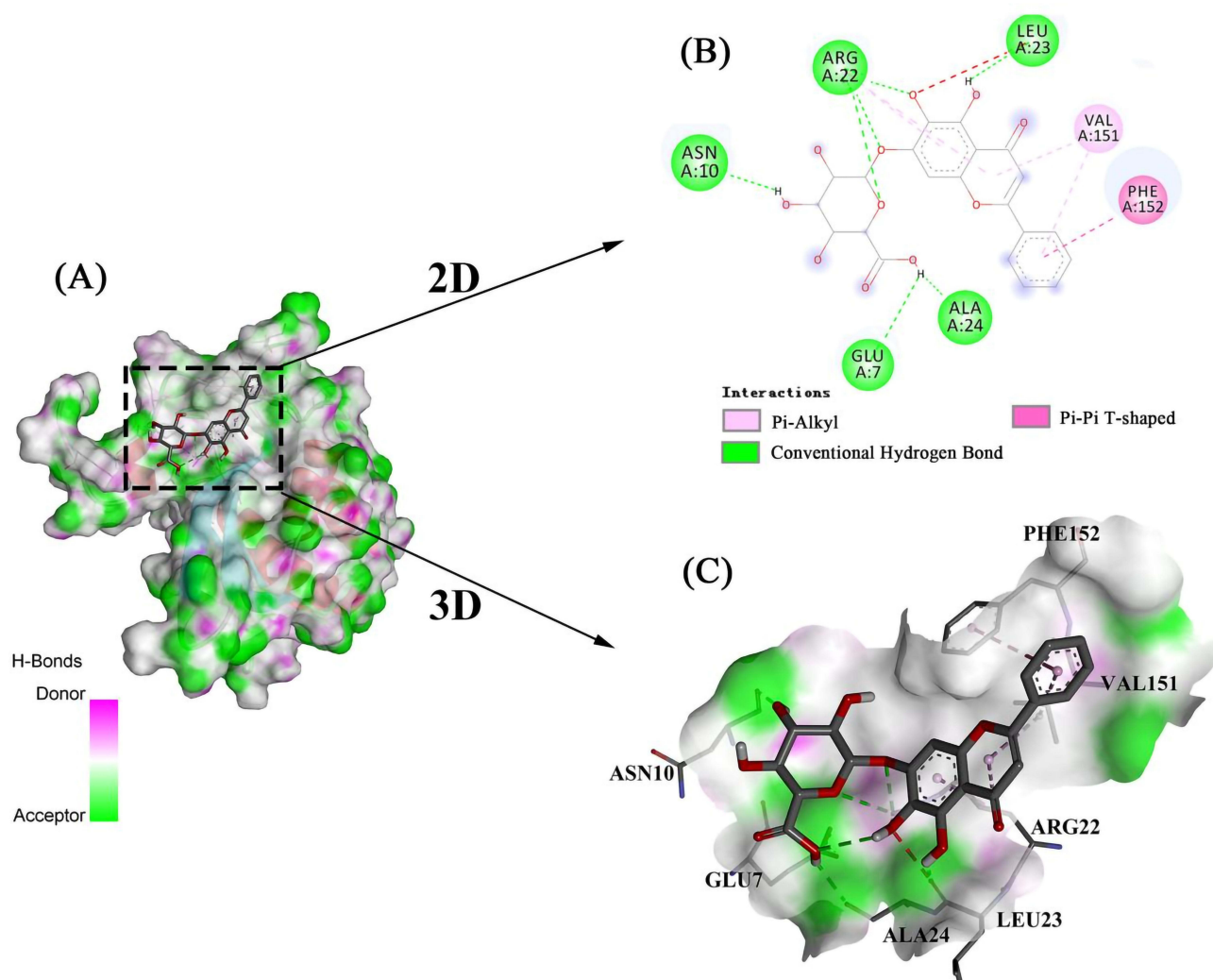


Figure 2 The most stable conformation of the LuxS-BAI complex. **(A)** Stable conformation of LuxS-BAI complex. **(B)** Two-dimensional interaction of BAI small molecules with LuxS target protein. **(C)** Three-dimensional interaction of BAI small molecules with LuxS target protein.

extracted from *Scutellaria* roots, which has been shown to have anti-biofilm,⁴⁰ antibacterial,⁴¹ antiviral,⁴² and immune-stimulating activities.⁴³

By focusing on its QS systems, BAI was discovered to successfully prevent *P. aeruginosa* from forming biofilms and improve the growth inhibitory actions of antibiotics.⁴⁰ Additionally, by blocking the MsrA efflux pump in ARSS,⁴⁴ BAI can prevent the production of biofilms and prolong the survival rate of infected mice.⁴⁵ Through literature reviews, research and brainstorming, this study proposes BAI as a potential candidate ligand for LuxS protein.

We carried out a virtual docking experiment to better comprehend how BAI and LuxS interact. The three-dimensional structure, as seen in Figure 2, demonstrates that BAI interacts with the LuxS active site and creates protein–ligand interactions with the critical LuxS amino acid residues. The two-dimensional interaction map specifically demonstrates that BAI forms hydrogen bonds with GLU7, ASN10, ARG22, LEU23, and ALA24, respectively. In addition, the amino acid residues VAL151 contributed to the interaction through Pi-Alkyl bonding; PHE152 formed Pi-Pi T-shaped bonds with BAI, respectively, facilitating the stabilization of the BAI molecule in the binding cavity by a more balanced force. In the optimal binding conformation, the binding free energy of BAI to protein LuxS was -6.9 kcal/mol. BAI is likely, therefore, to have a strong effect on protein LuxS function.

The docked complex was then subjected to a molecular-dynamics simulation of 100 ns. The RMSD, which measured the stability of the LuxS-BAI complex, is depicted in Figure 3A; after 30 ns, the complex reached

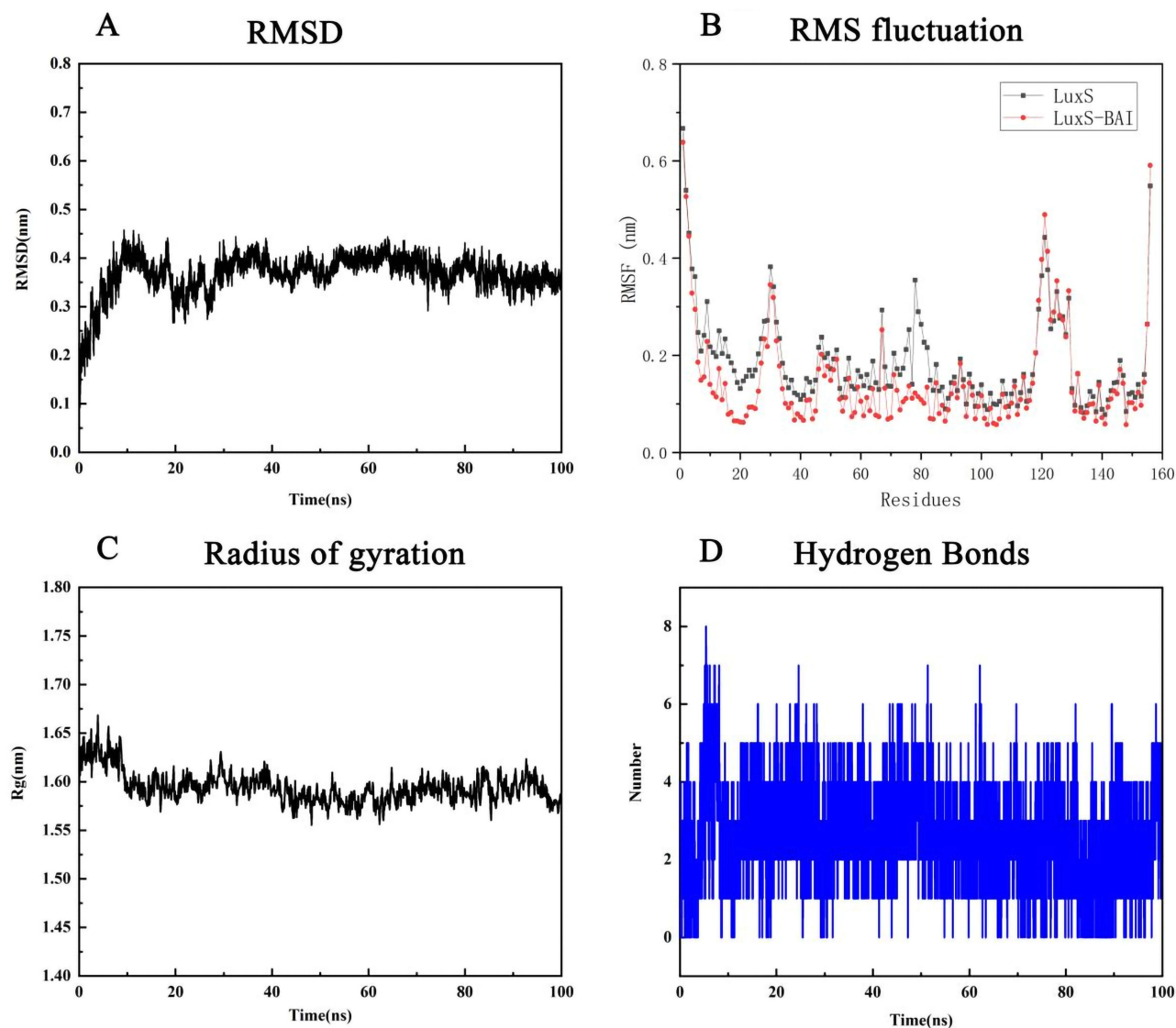


Figure 3 Molecular dynamics simulation of the complex of LuxS-BAI. (A) RMSD, (B) RMS fluctuation, (C) Radius of gyration, (D) Hydrogen bonds.

equilibrium, and the systems remained stable for the entire 100 ns of the molecular simulation. These findings primarily validate the stability and reliability of the LuxS-BAI complex. RMSF was further calculated to evaluate the flexibility of the residues. The RMSF values for LuxS-BAI complex showed less RMS fluctuation, with respect to the RMSF values of LuxS (Figure 3B), and the bulk of the protein residues in the complex had RMSF values that were lower than 3Å. This is also in coherence with analysis obtained by the radius of gyration (Rg) in Figure 3C. The compactness of the protein structure is shown by the radius of gyration. Figure 3C shows that the complex structure had approximately identical Rg values from 0 to 100 ns, indicating that the LuxS-BAI complex structure was nearly stable. Binding with more hydrogen bonds was considered more stable, the number of hydrogen bonds that were generated during the simulation (Figure 3D) stayed between 2 and 5, with a maximum of 8 hydrogen bonds.

The MMPBSA module determined the LuxS-BAI complex's binding free energy. The van der Waals energy, electrostatic energy, polar solvation energy, and SASA energy make up the binding free energy. According to Table 1, the binding free energy was -31.716 ± 15.050 kcal/mol of complex identified, with van der Waals energy and electrostatic energy making up the majority of the binding free energy overall. The participation of each LuxS amino acid residue in the calculated binding free energy was then calculated by dividing the overall binding energy of the LuxS-

Table 1 Total Binding Free Energies Based on MM-PBSA and Their Component Energies for the Chosen Bioactive Molecules

Complex	Van der Waals Energy (kJ/mol)	Electrostatic Energy (kJ/mol)	Polar Solvation Energy (kJ/mol)	SASA Energy (kJ/mol)	Total Binding Energy (kJ/mol)
LuxS–BAI	-119.436 ± 25.818	-30.219 ± 20.521	133.519 ± 35.894	-15.580 ± 2.544	-31.716 ± 15.050

BAI complex into share energies for each amino acid residue. The successful results show the essential residues that positively influence the binding of the LuxS-BAI complex. LEU23 (-9.5336 kJ/mol), TYR95 (-7.5913 kJ/mol), THR26 (1.4608 kJ/mol), ALA24 (1.3526 kJ/mol), GLY25 (0.923 kJ/mol), and VAL151 (-0.8991 kJ/mol) were among the substances with the highest binding values (Figure 4).

Screening the Strains with AI-2 Activity

AI-2 is produced by many bacteria and is used for communication both within and between species, and studies on AI-2 signal molecules are required to provide insights into LuxS/AI-2-related lifestyle of *S. aureus*. Therefore, the bioassays of AI-2 activity in *S. aureus* were optimized and performed. From Figure 5A, throughout the 8 h fermentation, all fluorescence locations showed a drop in fluorescence intensity from their original values. However, the fluorescence intensities increased during the 5 h fermentation in the samples of negative control, positive control, and 1:50 sample addition group. Since there was only diluted BB170 in the negative control, when the incubation time reached 5 h, the concentration of AI-2 produced by the indicator bacteria reached the time threshold for inducing its luminescence, and the fluorescence intensity began to rise. The sample with a sample ratio of 1:100 did not turn to rise until 7 h later, which may be due to the fact that the supernatant to be measured was added less, and the time to reach the excitation intensity of reported strain luminescence was prolonged. For the 1:10 system to be tested, the light intensity continued to decrease. It may be that more supernatant was added, and the metabolites inhibited the growth of the reporter strain. The concentration of the reporter strain was too low, and the signal receptor protein could not activate the expression of the luminescent gene. Therefore, the sample addition ratio was chosen to be 1:50, and the fluorescence intensity value at 5 h was used as a reference to calculate the relative fluorescence intensity, indicating the activity of AI-2.

According to the known reports, the production of AI-2 by most microbial strains peaked at the end of the logarithmic period, and then decreased after entering the stable period.⁴⁶ As shown in Figure 5B, the strain entered the exponential phase from 3 h, reached the end of the exponential phase at 16 h, and then entered the plateau phase, and the OD600nm

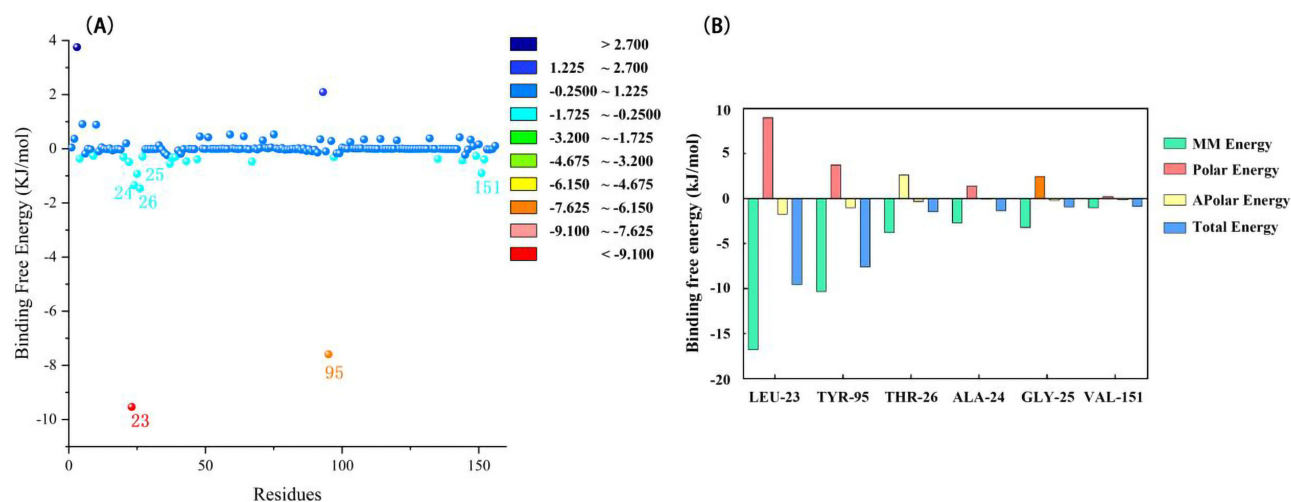


Figure 4 Results of binding free energy breakdown to each amino acid residue. (A) MM-PBSA binding free energy decomposition for the interaction of each protein residue with the ligand. (B) Histogram showing the contribution of the six residues contributing most to the binding free energy of the complex of LuxS-BAI.

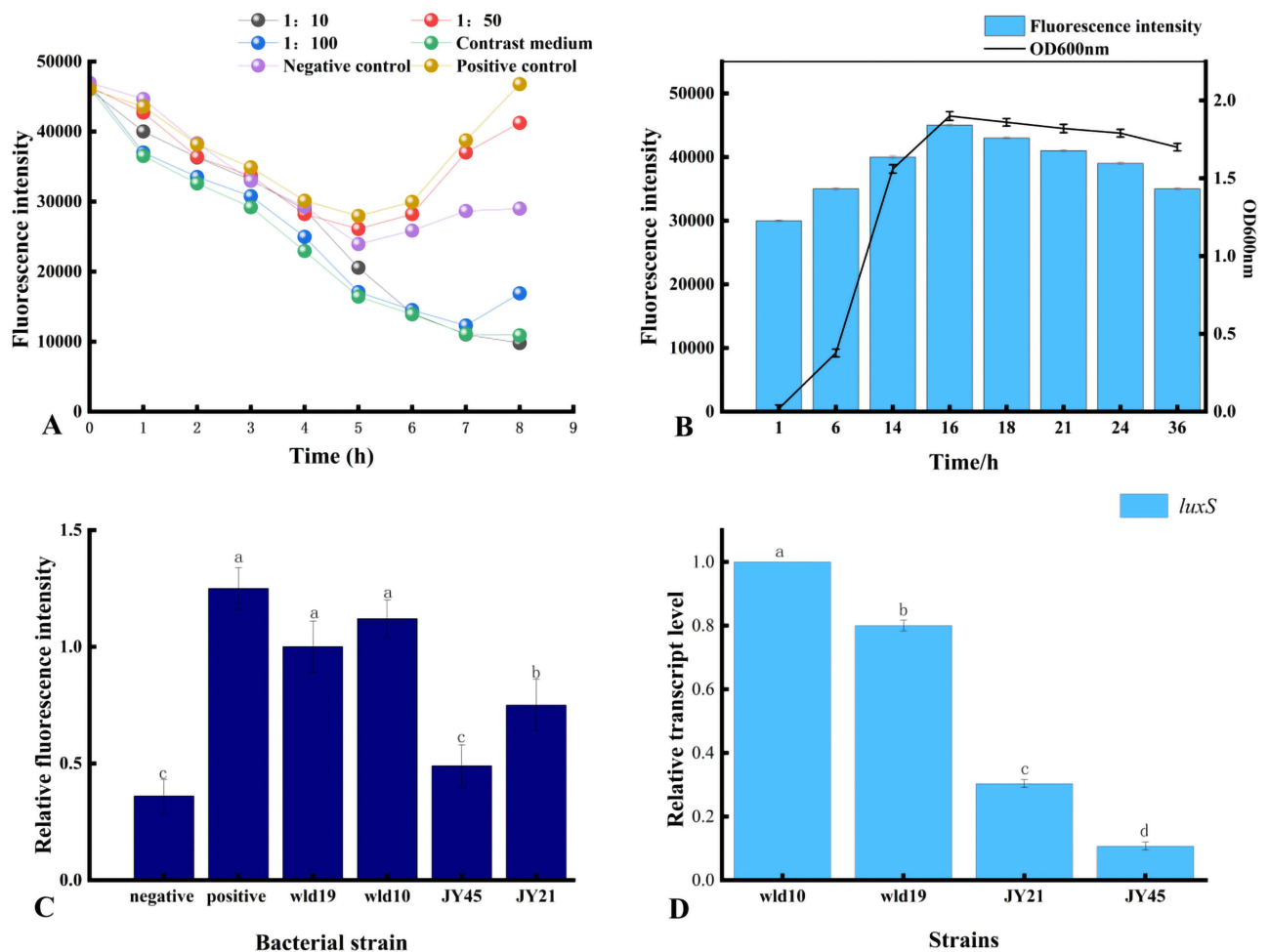


Figure 5 Optimization of the detection method for the signaling molecule AI-2. **(A)** The optimization of the optimal detection conditions of AI-2. **(B)** The relationship between AI-2 activity and density value in strain wld10. **(C)** The comparison of fluorescence intensity of AI-2 in each strain, which is responsible for the high-yielding AI-2 signal, in *S. aureus*. The alphabets a, b, c, and d indicate differences between groups, while the same alphabet indicate little to no variation between samples. If the samples have different alphabet, there is a significant difference between them ($P < 0.05$).

reached the maximum at the end of the exponential phase. OD600nm tended to be stable at 16 h, so the experiment selected 16 h culture for AI-2 activity detection. The results showed that within 16 hours, the cell density of *S. aureus* gradually increased with the relative fluorescence intensity of AI-2, and there was a significant positive correlation. After 16 h, the cell density remained relatively stable, while the relative fluorescence intensity began to decrease slowly. It may be that a large amount of AI-2 is reabsorbed by the bacteria or attached to the surface of the cell membrane to regulate some important physiological functions in the stationary phase.

In **Figure 5C**, the relative fluorescence intensity of the 4 strains of *S. aureus* was higher than that of the negative control, and as compared to other strains, wld10 was much greater. It has been demonstrated that the AI-2 biosynthesis pathway is largely conserved among bacterial species. S-ribosylcysteinase, also known as LuxS protein, is a key enzyme involved in the biosynthesis of AI-2, and genomic analysis revealed that more than 55 bacterial species contained the homoconserved sequence of the AI-2 synthetase LuxS.⁴⁷ Biological methods were used to test the key *luxS* gene and the fluorescence intensity of AI-2. RT-PCR detection was performed on the 4 strains, and the results are shown in **Figure 5D**. The relative expression of *luxS* gene in strain wld10 was significantly higher than that of the other three strains, and it was positively correlated with the signal intensity of AI-2. It also shows that the combination of fluorescence detection and RT-PCR detection is a more accurate method to detect QS signal molecule AI-2. Therefore, the strain wld10 was selected for subsequent experiments.

Effect of BAI on the Conformation of LuxS Protein

Tryptophan (Trp), tyrosine (Tyr), and phenylalanine (Phe) residues are generally what cause the intrinsic fluorescence that is present in the majority of proteins. The hydrophobic Trp residues and hydrophilic Tyr residues were the main sources of endogenous fluorescence when the excitation wavelength was 280 nm.⁴⁸ Fluorescence emission spectrum of LuxS is shown in Figure 6A, with a strong emission peak at 286 nm. With the increase of BAI concentration, the endogenous fluorescence of LuxS gradually weakened, and it shows that BAI interacts with LuxS and quenches the endogenous fluorescence of LuxS. The binding of BAI changed the structural conformation of LuxS, as well as the microenvironment of Trp and Tyr.

Infrared spectroscopy was used to further detect the structural changes of LuxS protein and the interaction between LuxS-BAI. By curve-fitting the amide I band using the peak fitting module of the Origin program (OriginLab Corporation, Northampton, MA, USA), the secondary structure of LuxS was quantitatively analyzed. The intensity of the amide I band of the LuxS protein decreased in the presence of BAI (Figure 6B), indicating that BAI changed the secondary structure of LuxS protein. It may be that the oxygen atoms and hydroxyl groups on the BAI form complexes with the C=O and C-N groups on the LuxS protein through hydrophobic interactions, resulting in rearrangement of the peptide chains of the LuxS protein and ultimately changing the secondary structure of the LuxS protein.⁴⁹ We calculated the LuxS protein's secondary structure content percentage (Table 2). As the addition of BAI was increased, β -turn, β -pleated sheet, and random coiling were increased, while α -helical was decreased. However, the structure still dominates. It may be that BAI binds to the total hydrophobic amino acid region of the α -helix structure of LuxS protein, which causes the protein molecule to unfold and change its spatial structure.

Bacteriostatic Activity of BAI and Its Effect on the Growth of *S. aureus*

As shown in Table 3, against *S. aureus*, the MIC and MBC for BAI were 1024 and 4096 $\mu\text{g/mL}$, respectively. Then, we investigated the effect of subinhibitory concentrations of BAI on the growth of *S. aureus*, it was found that BAI had slight effect on the growth of *S. aureus* at the BAI concentrations were 128 and 512 $\mu\text{g/mL}$ (Figure 7). The result was consistent with the findings in Wang et al⁵⁰ report and demonstrated that BAI exhibited slight anti-staphylococcal activity (MIC > 1024 $\mu\text{g/mL}$).

The Effect of BAI on Bacterial Cell Morphology Was Observed with TEM

The morphology of *S. aureus* cells following exposure to BAI was compared using TEM. The untreated *S. aureus* cells maintained their plump, globose, and integrity, and the wall and membrane were intact, appearing as clearly defined cell membranes, as illustrated in Figure 8A and B. Significant alterations were seen in the bacterial cell wall following treatment with BAI at 128 $\mu\text{g/mL}$; the surface area of the cell wall became rough, and the boundary between the cell wall

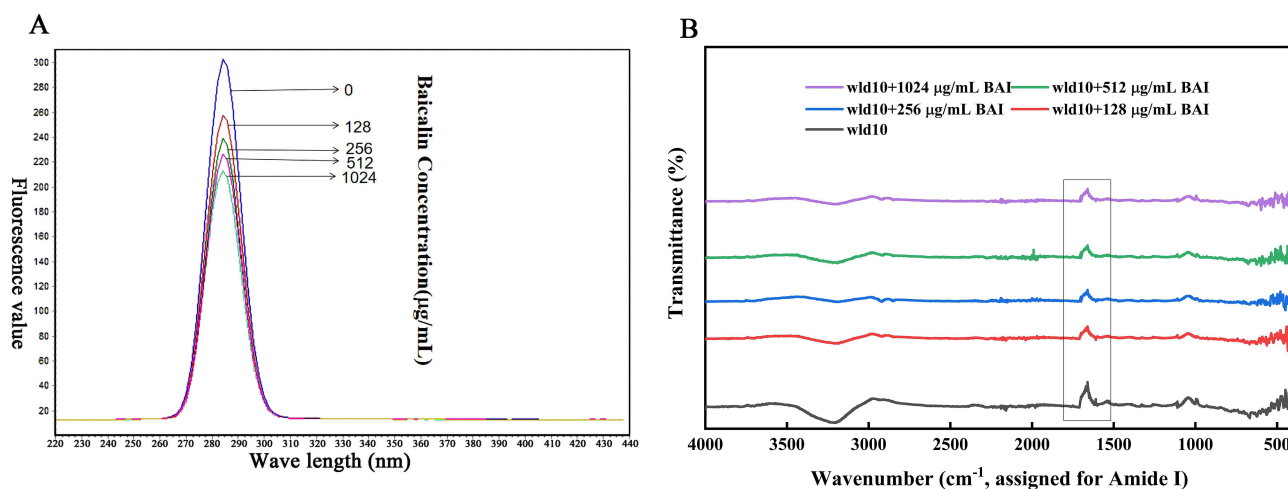


Figure 6 Effect of BAI on LuxS protein conformation as determined by (A) fluorescence spectroscopy and (B) Fourier analysis.

Table 2 The Amide I Band Fitted the Secondary Structure of LuxS Protein Treated with Different BAI Concentrations

Sample	α -Helix/%	β -Pleated Sheet /%	β -Turn/%	Random Coil/%
wld10	(41.03 \pm 0.2) ^a	(19.87 \pm 0.3) ^a	(1.28 \pm 0.2) ^a	(37.82 \pm 0.1) ^a
wld10 + 128 μ g/mL BAI	(40.53 \pm 0.1) ^b	(20.47 \pm 0.2) ^b	(1.88 \pm 0.2) ^b	(37.12 \pm 0.3) ^b
wld10 + 256 μ g/mL BAI	(39.74 \pm 0.2) ^c	(21.27 \pm 0.1) ^c	(2.58 \pm 0.3) ^c	(37.62 \pm 0.2) ^b
wld10 + 512 μ g/mL BAI	(39.03 \pm 0.3) ^d	(21.97 \pm 0.1) ^d	(1.98 \pm 0.4) ^c	(37.92 \pm 0.3) ^b
wld10 + 1024 μ g/mL BAI	(38.43 \pm 0.1) ^e	(22.37 \pm 0.3) ^d	(2.38 \pm 0.2) ^c	(37.82 \pm 0.4) ^b

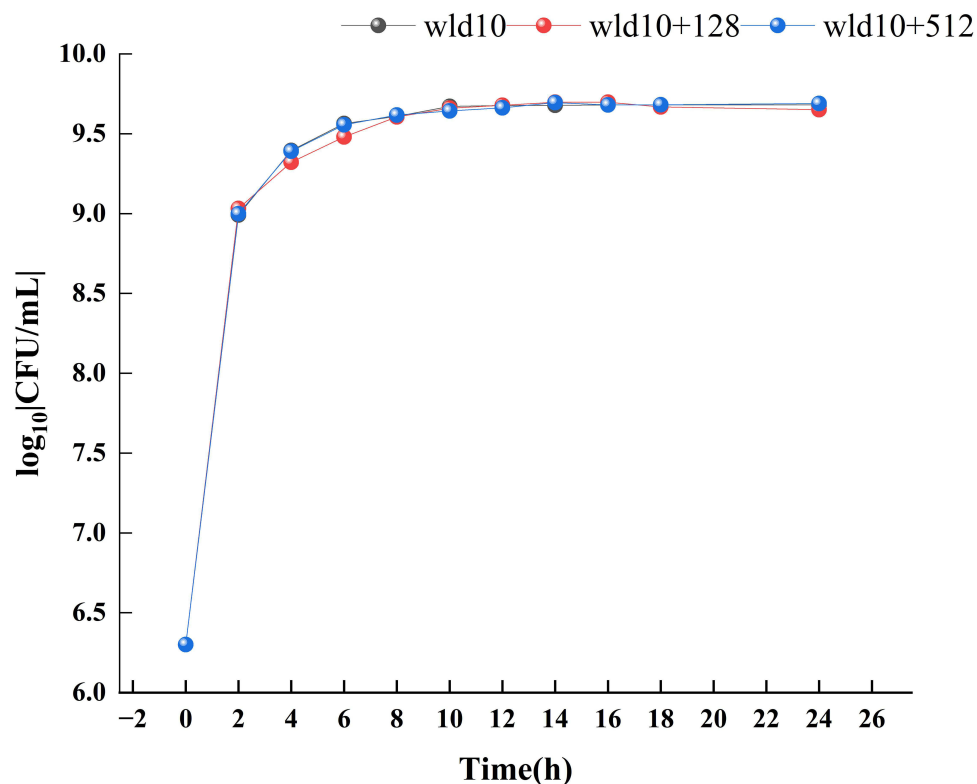
Notes: Following the same column of data, the same alphabet indicate that there is no significant difference between samples, whereas different alphabet indicate that there is a significant difference between samples, $P < 0.05$.

Table 3 Antibacterial Activity Assays Against *Staphylococcus aureus*

Grouping	BAI Concentration (μ g/mL)	Hydrophobic Rate
Control group	0	(0.892 \pm 0.03) ^a
Experimental group	128	(0.399 \pm 0.05) ^b
	256	(0.309 \pm 0.04) ^b
	512	(0.215 \pm 0.03) ^c
	1024	(0.165 \pm 0.06) ^c

Notes: a, b, c, and d stand for group differences; the same alphabet indicates no significant difference between samples, whereas a different alphabet shows a significant difference between samples, $P < 0.05$.

and cell membrane became hazy (Figure 8C). When treated with 512 μ g/mL BAI, cell walls have continued to thicken and the surface exhibits obvious roughness (Figure 8D). The combined growth curves and TEM results demonstrate that

**Figure 7** *Staphylococcus aureus* growth curve with different concentrations of baicalin.

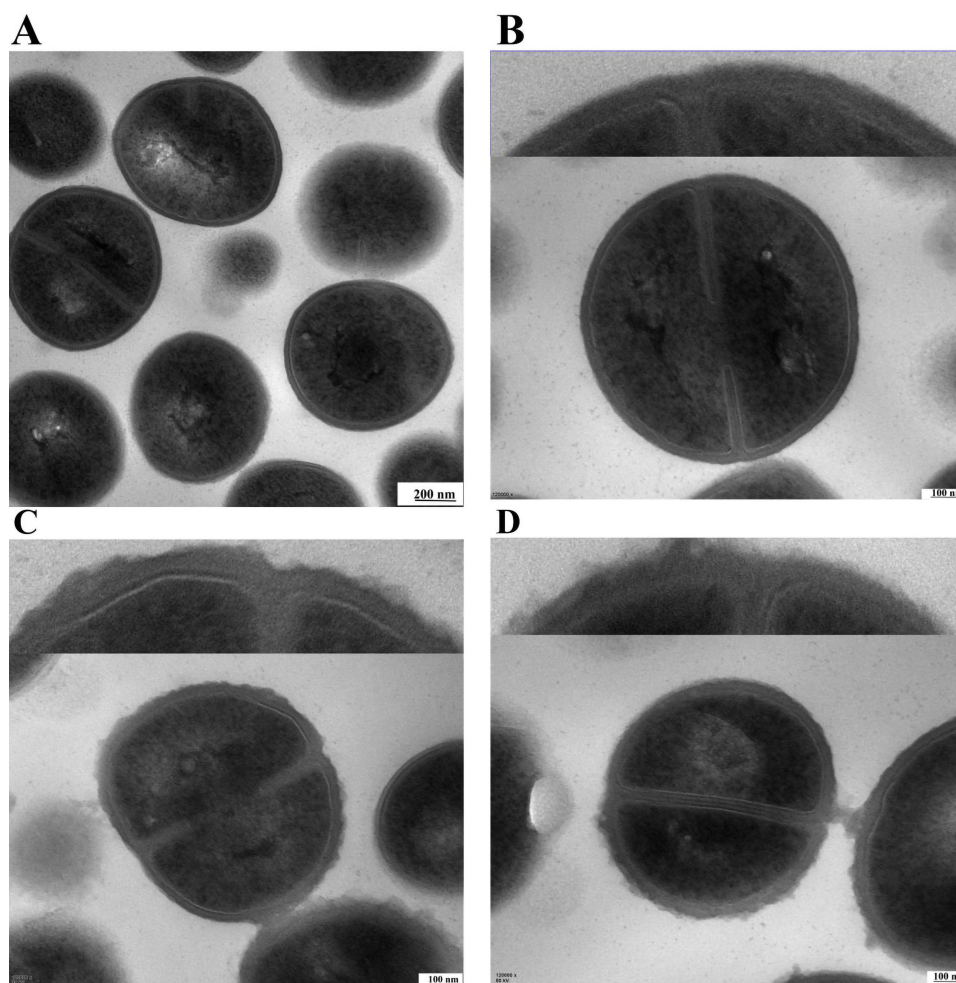


Figure 8 TEM images of *S. aureus* treated with BAI. (A and B) The TEM images of *S. aureus* without BAI (control group). (C) The BAI concentration was 128 µg/mL. (D) The BAI concentration was 512 µg/mL.

these BAI-treated cells are still able to form division septa, *S. aureus* wld10 was not subjected to growth pressure from BAI subMIC.

The Influence on the Biofilm Formation Ability of BAI

Planktonic cells interact with surfaces to create a temporary initial adhesion, which is the precursor to biofilm formation. At this stage, the presence of appendages and related proteins on the surface of the cells controls the capacity of bacteria to adhere to a surface. The irreversible attachment starts once the initial electrostatic repulsion between the cell and surface is overcome. The secretion of polysaccharides and the creation of adhesins serve as the intermediaries for this attachment.⁵¹ Therefore, reducing adhesion to surfaces may be an effective way to mitigate biofilm formation. *S. aureus* biofilm formation was significantly inhibited by BAI in a concentration-dependent manner, with more than 50% inhibition at 1024 µg/mL (Figure 9), and the MBIC was identified as 1024 µg/mL. The results of the crystalline violet staining demonstrated that BAI had a significant impact on the formation of *S. aureus*' biofilm.

The CLSM demonstrated that the BAI was successful in preventing the growth of *S. aureus* biofilms (Figure 10A). The test biofilm (Figure 10A1) was stained red to indicate dead *S. aureus* cells, while the control biofilm (Figure 10A1) was stained green to indicate live *S. aureus* associated cells. CLSM images revealed that BAI at concentrations of 128 and 512 µg/mL effectively inhibited the biofilm of *S. aureus*.

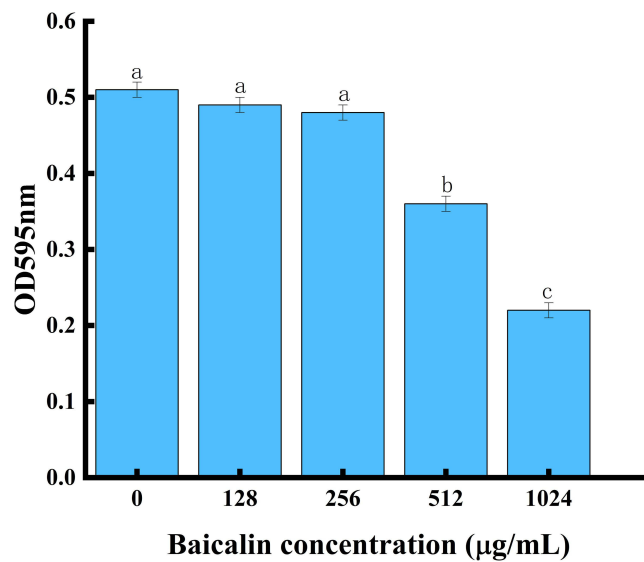


Figure 9 BAI inhibits biofilm formation by *S. aureus*.

Notes: a, b, c, and d represent differences between groups, with the same alphabet indicating no significant difference between samples, and different alphabets indicating a significant difference between samples, $P < 0.05$.

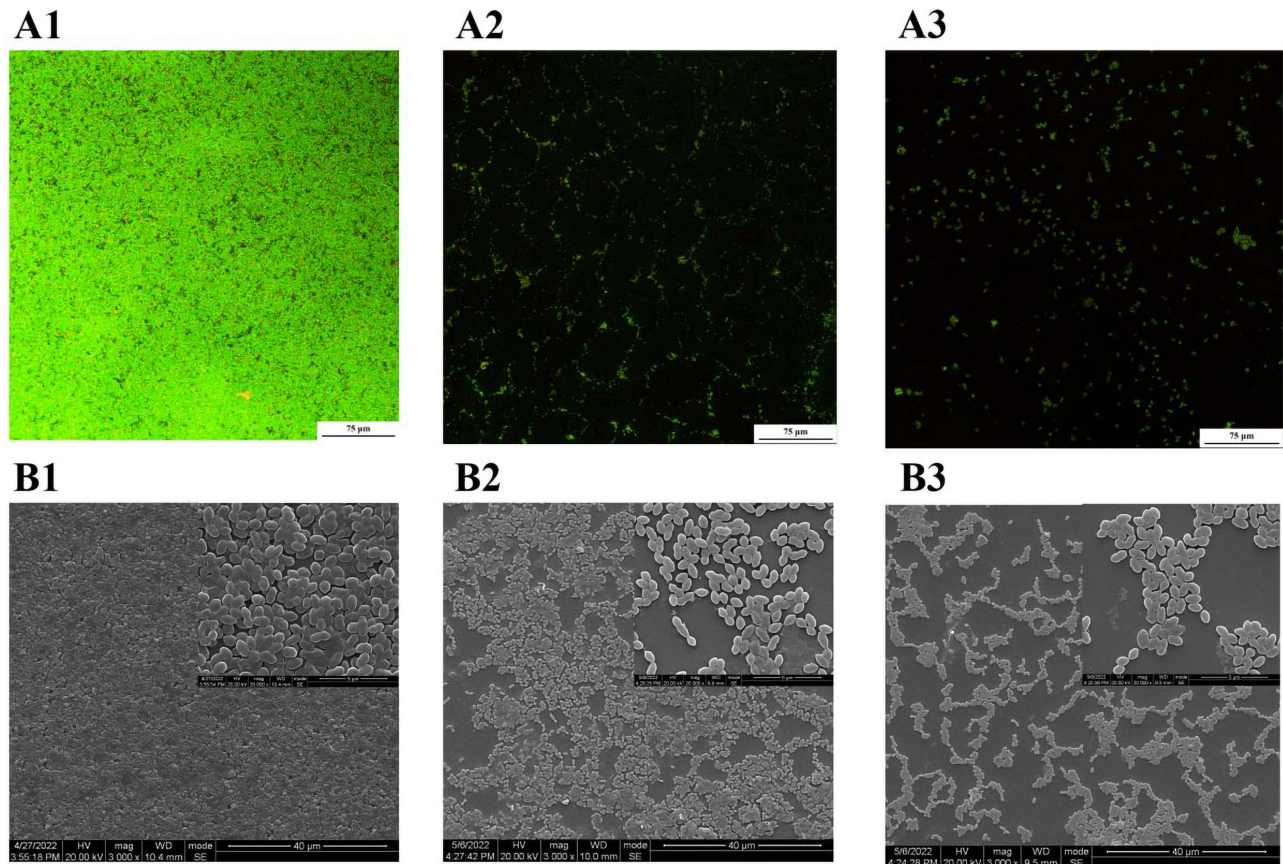


Figure 10 CLSM and SEM images of bacterial biofilms after BAI treatment.

Notes: Figure 10-A1-9-A3 for CLSM images; Figure 10-B1-9-B3 for SEM images, without BAI in (A1 and B1), 128 µg/mL BAI in (A2 and B2), and 512 µg/mL BAI in (A3 and B3).

SEM was used to investigate how BAI affected the composition of the *S. aureus* biofilm (Figure 10B). In the control culture, *S. aureus* displayed a large-scale, three-dimensional structure resembling a coral with a high degree of stacking, according to SEM images (Figure 10B1). The quantity of bacteria adhering to the surface steadily dropped as the concentration of BAI rose, and the biofilm itself became thinner, looser, and less uniform (Figures 10B2 and 10B3). SEM studies therefore indicated that BAI breaks down the stereostructure of *S. aureus* biofilms.

Effect of BAI on the Extracellular Matrix Composition of Biofilm Communities

The biofilm is a membrane-like structure made up of extracellular macromolecules encasing the bacteria, as well as the hydrated matrix released during the growth of the bacteria that cling to the surface of living or nonliving things. The structural integrity of biofilms depends on the extracellular matrix, which is made up of PIA, eDNA, and a number of surface proteins. For bacteria to create biofilms with a sophisticated three-dimensional structure, PIA is unquestionably a necessary skeleton.³¹ The interaction of bacterial cells and the adherence of *S. aureus* to medical devices are stabilized in part by PIA. The findings shown in Figure 11A demonstrate that the PIA synthesis was gradually suppressed as the BAI concentration rose (seen as decreased color intensity of the black colonies).

In bacterial biofilms, eDNA promotes adhesion and aids in preserving the biofilm's structural integrity. The eDNA content in the *S. aureus* biofilm dramatically decreased after BAI treatment, as shown in Figure 11B, and these effects were dose-dependent. Higher BAI concentrations resulted in a greater decrease of eDNA.

Hydrophobicity is also an important factor affecting the adsorption capacity. Particularly, it is known that crucial bacterial adhesion factors occur more frequently on hydrophobic surfaces, which encourages bacterial colonization.⁵² Table 4 shows that the addition of BAI caused lower surface hydrophobicity and the surface hydrophobicity reduced in a dose-dependent manner. It was deduced that BAI can alter cell surface hydrophobicity in ways that can inhibit bacterial adhesion.

Effect of BAI on *S. aureus* Biofilm-Related Genes

Bacterial surface adhesion and co-aggregation are essential for the development of biofilm communities. Therefore, this paper explores the effect of baicalin on the expression of several important adhesion-related genes in *S. aureus*. The results of RT-qPCR are shown in Figure 12. The expression levels of *clfA*, *fnbA*, *icaD*, *icaA* and *clfB* genes of *S. aureus*

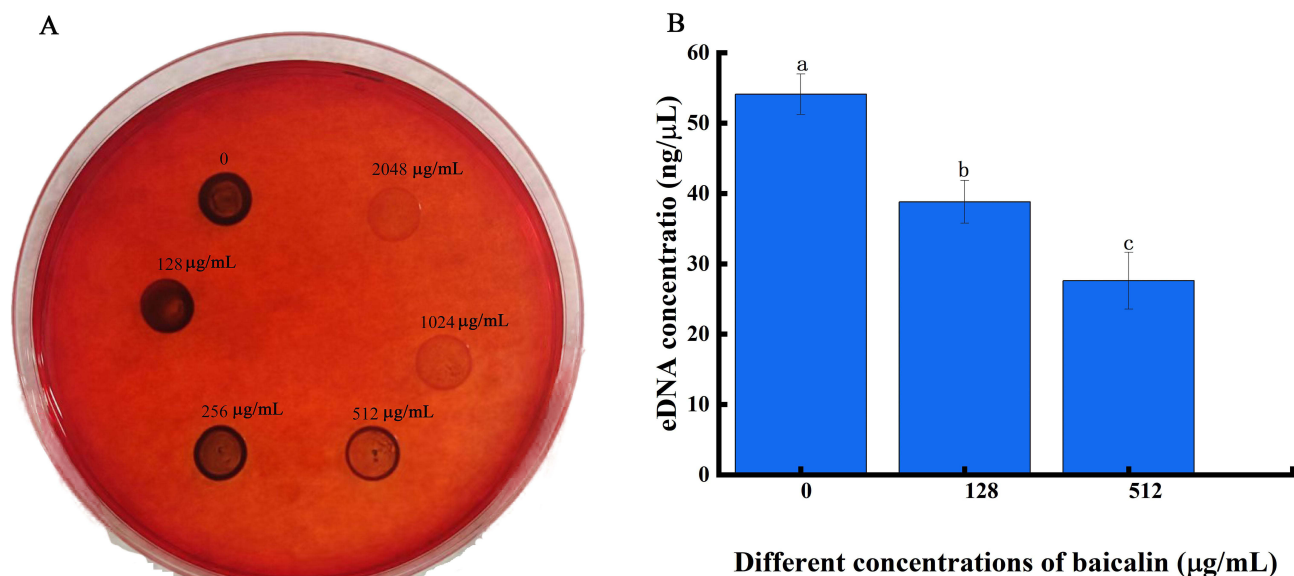


Figure 11 BAI resulted in significant reductions in PIA and eDNA content relative in *S. aureus* biofilm. **(A)** The effect of BAI on PIA in *S. aureus* biofilms; **(B)** The detection of eDNA biosynthesis before and after BAI treatment.

Notes: The alphabets a, b, c, and d represent differences between groups, with the same alphabet indicating no significant difference between samples and different alphabets indicating a significant difference between samples, $P < 0.05$.

Table 4 Effect of BAI on Cell Surface Hydrophobicity of *S. aureus*

	MIC	MBC
Wld10	1024	4096
ATCC29213	1024	4096

decreased after BAI treatment. Agglutination factor is one of the most important adhesion factors for *S. aureus* to adhere to host cells, and it is divided into *clfA* and *clfB*, and adhesion factors mainly adhere to fibrinogen and fibrin, and the mammary gland, subcutaneous, vascular, endocardial infection.⁵³ The primary regulating mechanism for the development of MRSA biofilms is PIA (also known as polyacetyl glucosamine) dependency. The *ica* operon has four genes (*icaADBC*) and a divergently transcribed repressor (*icaR*) that work together to produce PIA. One of the key adhesion factors for *S. aureus* to stick to host cells is *Fnbp*. It can facilitate the attachment of *S. aureus* to Fn on the cell surface, causing bacteria to adhere to host cell surfaces and encouraging bacterial penetration into host tissues.⁵⁴ Studies by Aart Lammers et al⁵⁵ have shown that *S. aureus* strains lacking expression of fibronectin-binding protein cannot agglutinate cells and have significantly lower capacity to cling to and penetrate cells of the bovine mammary gland. Through the double PCR detection of the *FnbA* and *FnbB* genes of *S. aureus* in dairy cows, it was found that more than 95% of *S. aureus* had the adhesin gene *FnbA*, while only 10% of the *FnbB* gene,⁵⁶ and it was confirmed that *FnbA* played an important role in the process of *S. aureus* invading the mammary gland of dairy cows.

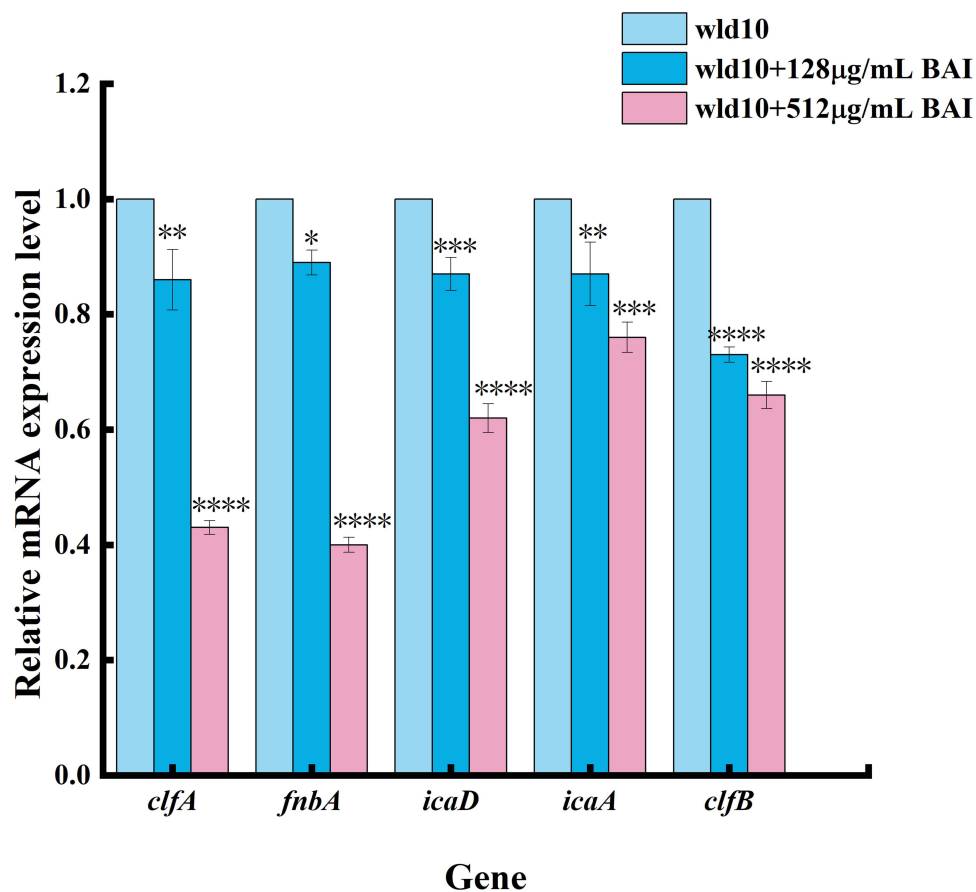


Figure 12 Transcription analysis of biofilm formation related genes.

Notes: *Means difference $P < 0.05$, **Means difference $P < 0.01$, ***Means $P < 0.001$, ****Means $P < 0.0001$.

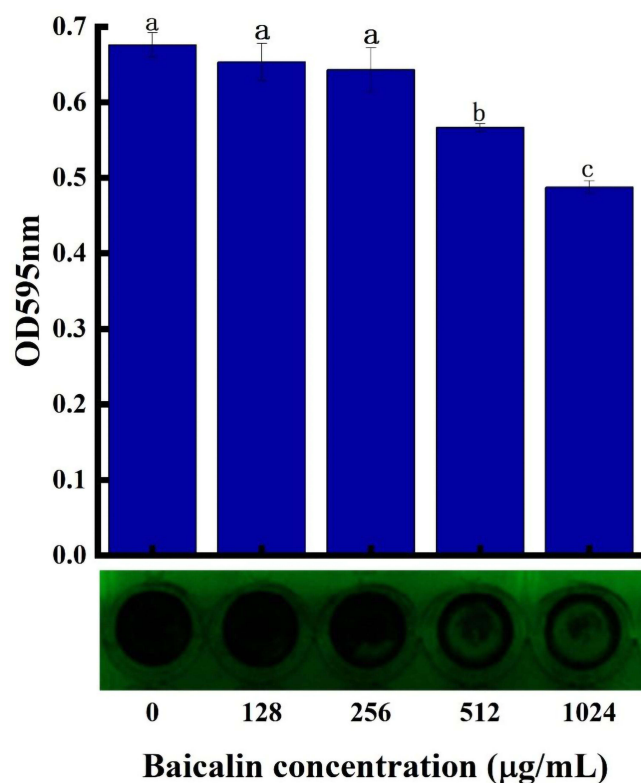


Figure 13 Effect of BAI on the biofilm clearance of *S. aureus*.

Notes: a, b, c, and d stand for group differences; the same alphabet indicates no significant difference between samples, whereas a different alphabet shows a significant difference between samples, $P < 0.05$.

Effect of BAI on the Biofilm Clearance of *S. aureus*

Figure 13 shows the clearance effect of BAI on *S. aureus* biofilm. There were a large number of bacteria in the control group and significantly reduced the bacteria after adding the BAI. Studies have shown that many antimicrobials, including the antifungal fluconazole, can inhibit biofilm production. However, it is well established that it is not active against preformed biofilms.⁵⁷ Compared to free-living bacterial cells, biofilms are more resistant to unfavorable circumstances. BAI has an inhibitory effect on biofilm development and a disruptive potential on pre-formed biofilms. Thus, it has some advantages over most anti-biofilm drugs.

Effects of BAI on the *luxS* Gene and AI-2 Activities in Biofilm

The main enzyme in the synthesis of AI-2 is the LuxS protein. The very conservative *luxS* coding genes are found in both Gram-positive and -negative bacteria. AI-2 is a byproduct of the methyl cycle in its entirety. The LuxS protein is a crucial enzyme for the synthesis of AI-2 and is important for the methyl cycle's metabolism. However, in order to assess the impact of BAI on the expression of the *luxS* gene, we conducted exploratory study on the LuxS protein. The outcomes demonstrated that BAI could reduce the *luxS* gene expression (Figure 14A). After successfully producing recombinant LuxS protein (Supplementary Figure 3), we quantified LuxS at the protein level using a Western blot, just as it had been done earlier to validate the LuxS protein regulation with BAI. In contrast to the control circumstances, BAI caused a decrease in LuxS expression (Supplementary Figure 4), and it was discovered that BAI had an inhibitory effect on AI-2 activity in *S. aureus* biofilms (Figure 14B). According to earlier studies, *luxS* stimulates the creation of the AI-2, which may help bacteria build biofilms more effectively.⁵⁸ In this work, the presence of BAI reduced AI-2 activity and *luxS* expression. It suggested that BAI might act as the *S. aureus* LuxS/AI-2 system's QS inhibitor.

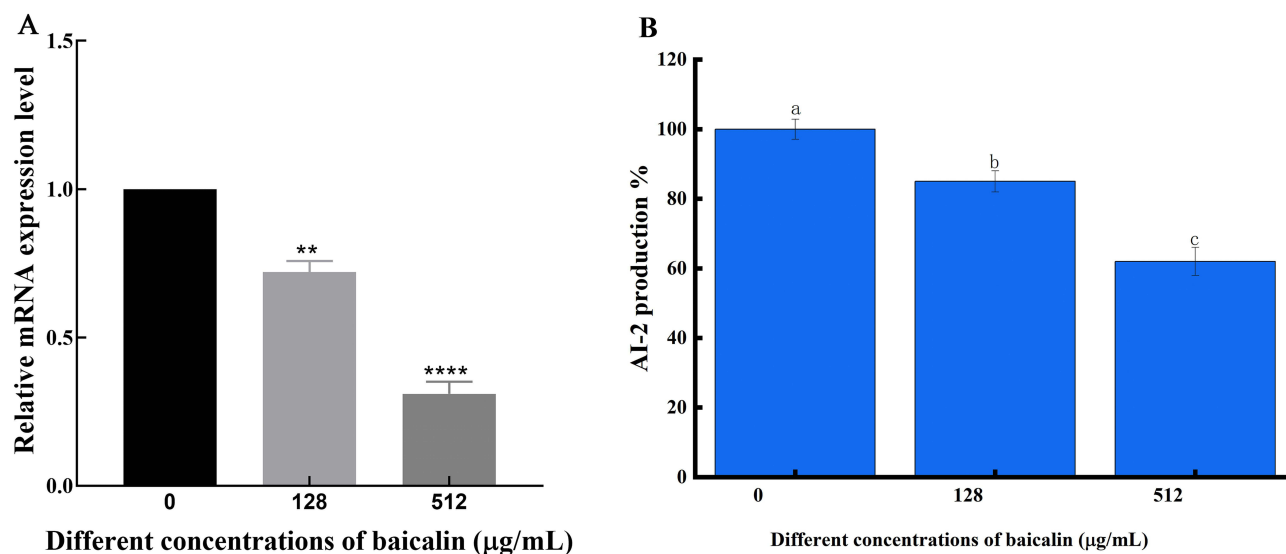


Figure 14 Effect of BAI on the expression level of *luxS* gene and the activity of AI-2 in biofilm. (A) Effect of BAI on the expression level of *luxS* gene. (B) Effect of BAI on the expression level of *luxS* gene and the activity of AI-2 in biofilm.

Notes: **Means $P < 0.01$, ****Means $P < 0.0001$. Following the same column of data, the same alphabet indicates that there is no significant difference between samples, whereas different alphabets indicate that there is a significant difference between samples, $P < 0.05$.

Conclusion

Not only does BAI inhibit biofilm formation, it also has properties to reduce the preformed mature biofilms of *S. aureus*; BAI has a strong interaction with the key active site residues of LuxS through hydrogen bonds and hydrophobic interactions. These interactions may help to constrain the conformational changes of the LuxS monomer and prevent its dimerization. The LuxS activity might be constrained by the structural requirements of the protein–protein interactions needed for dimerization. To help in the development of more effective antimicrobials, further research must be done to better understand the antimicrobial mechanism of these polymers.

Credit Author Statement

Conceptualization and supervision, Guiqin Wang; Software and visualization, Yanni Mao and Panpan Liu; Investigation, Haorong Chen and Yuxia Wang; Project administration, Caixia li; Writing—original draft preparation, Yanni Mao; Writing—review and editing, Guiqin Wang. All authors contributed significantly to the work that was published, whether it be in the ideation, study design, implementation, data collection, analysis, and interpretation, or in all of these areas. They also all participated in writing, revising, or critically evaluating the article, gave their final approval for the version that would be published, agreed on the journal to which the article would be submitted, and agreed to be responsible for all aspects of the work.

Data Sharing Statement

The corresponding author can provide the data that back up the study's findings upon reasonable request.

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Disclosure

The study's authors affirm that there were no financial or commercial ties that might be viewed as having a potential conflict of interest. The authors report that they have no competing interests.

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