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Targeting IL-6 to prevent cardiac allograft rejection

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Abstract

Outcomes following heart transplantation remain suboptimal with acute and chronic rejection being major contributors to poor long-term survival. IL-6 is increasingly recognized as a critical pro-inflammatory cytokine involved in allograft injury and has been shown to play a key role in regulating the inflammatory and alloimmune responses following heart transplantation. Therapies that inhibit IL-6 signaling have emerged as promising strategies to prevent allograft rejection. Here, we review experimental and pre-clinical evidence that supports the potential use of IL-6 signaling blockade to improve outcomes in heart transplant recipients.

Keywords

basic (laboratory) research/science; cytokines/cytokine receptors; heart (allograft) function/dysfunction; heart transplantation/cardiology; immunosuppression/immune modulation; immunosuppressant–fusion proteins and monoclonal antibodies; rejection: acute; rejection: chronic; solid organ transplantation; translational research/science

1 | INTRODUCTION

Inflammation and alloimmunity remain major barriers to the long-term survival of heart transplant recipients. The combined effects of early inflammation and immune activation contribute to a > 10% one-year incidence of acute cellular rejection (ACR),¹ >20% incidence of antibody-mediated rejection (AMR) and de novo donor-specific allo-antibody (DSA) formation,^{2,3} and 47% incidence of cardiac allograft vasculopathy (CAV).⁴ Along with infection and malignancy, these complications result in median post-transplant survival of 12.5 years, with the risk of death or re-transplantation approaching 10% in the first year after transplantation.⁴

IL-6 is a pleiotropic cytokine that has recently emerged as a target for clinical intervention in numerous conditions including autoimmunity^{5–7} and immune-mediated injury following

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DISCLOSURE

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kidney transplantation.^{8,9} Importantly, IL-6 signaling has been shown to serve a critical role in the processes underlying the development of ischemia–reperfusion injury (IRI), ACR, AMR, and fibrosis (including CAV) following heart transplantation.¹⁰ While conventional immunosuppression has focused on controlling T cell mediated responses, it is increasingly recognized that acute inflammation, humoral and innate immunity also have deleterious effects on the heart allograft and its recipient. Together with compelling pre-clinical evidence, these findings highlight the therapeutic potential for harnessing IL-6 blockade to promote long-term graft and patient survival in clinical cardiac transplantation.

Currently, available agents for IL-6 signaling inhibition include monoclonal antibodies against the cytokine IL-6 or the IL-6 receptor (IL-6R) and Janus kinase inhibitors.^{11,12} Clinical trials in kidney transplantation have demonstrated promising results with the use of tocilizumab, a humanized monoclonal antibody against IL-6R, for desensitization and prevention/treatment of AMR^{8,13–16}; tocilizumab is approved in multiple countries for the treatment of inflammatory/autoimmune diseases but is not yet approved for use in transplantation.¹⁷ Clazakizumab is an anti-IL-6 mAb that is not yet FDA-approved but has also demonstrated promising results for desensitization and treatment of late/chronic AMR in kidney transplant recipients^{9,18,19}; a multicenter, randomized, and placebo-controlled clinical trial (IMAGINE) of clazakizumab in kidney transplant recipients with chronic AMR is currently underway (NCT03744910). A potential advantage of direct IL-6 (clazakizumab) over IL-6R blockade (tocilizumab) is the lack of rebound alloimmune response resulting from the accumulation of serum IL-6 that may occur with discontinuation of anti-IL-6R therapy; however, studies comparing the efficacy of IL-6 versus IL-6R blockade in transplantation have not yet been performed.

Here, we review the experimental and pre-clinical evidence in support of IL-6 signaling inhibition as a promising therapeutic option to prevent rejection following heart transplantation. We also discuss the clinical applications of IL-6 blockade for desensitization and the induction of immune tolerance in recipients of cardiac allografts.

2 | ROLE OF IL-6 IN CARDIAC ALLOGRAFT INJURY

2.1 | Acute inflammation/innate immunity

The detrimental effects of IL-6 begin prior to heart procurement, with marked upregulation of IL-6 in the setting of brain death resulting in significant intra-graft inflammation.^{20,21} Despite the increasing use of normothermic machine perfusion, static cold storage remains the most common preservation method in heart transplantation and further contributes to IL-6-related allograft injury in the form of IRI.^{22–26} Prolonged ischemic times, which exacerbate IRI, are known risk factors for primary graft dysfunction (PGD), acute and chronic rejection, CAV, and poorer 30-day survival.^{27–33} Following implantation, graft-derived IL-6 serves as an innate danger signal that promotes the activation of peripheral CD4⁺ and CD8⁺ effector T cells (T_{eff}) through an antigen-independent mechanism.³⁴

2.2 | Adaptive immunity

Adaptive cellular and humoral immune responses are also tightly regulated by IL-6-dependent signaling. Myocardial biopsies and serum from heart transplant recipients demonstrate increased transcription of IL-6 mRNA and elevated peripheral IL-6 levels during acute rejection, which correlate with the severity of histologic cardiac allograft rejection.^{35–39}

IL-6 promotes the expansion of the effector/memory CD8⁺ T cell populations by augmenting the expression of IL-2. Due to a shared reciprocal origin of T_{regs} and Th17 cells, IL-6 skews the lineage commitment of naïve CD4⁺ T cells toward the harmful Th17 effector phenotype and away from the potentially beneficial regulatory T cell (T_{reg}: CD4⁺, CD25⁺, FoxP3⁺) phenotype.^{40,41} Th17 cells produce the cytokine IL-17, which promotes neutrophil proliferation and migration, endothelial cell activation, and fibroblast activation/proliferation, all of which contribute to acute and chronic allograft rejection.^{41,42} IL-17 creates a positive feedback loop with IL-6 by stimulating monocytes/macrophages, endothelial cells, and other cell types to produce pro-inflammatory cytokines, including IL-6 itself.⁴³ In addition, graft-derived IL-6 amplifies allogeneic T cell responses that contribute to vascular rejection and allograft arteriosclerosis.⁴⁴

The importance of AMR in cardiac transplantation is increasingly recognized due to its association with late allograft failure and CAV.^{45–47} IL-6 is central to nearly all aspects of humoral immunity, including T-follicular helper cell (T_{fh}) induction, germinal center formation, maturation of naïve B cells into plasmablasts/plasma cells, and production of high-affinity antibodies.^{48–51} The differentiation of naïve T cells into IL-21-producing T_{fh} cells is dependent on IL-6, which enables T_{fh} cells to progress through the germinal center and participate in antibody-mediated immunity. In this way, IL-6 is involved in coordinating both the T and B cell interactions responsible for robust adaptive alloimmune responses.^{52,53}

2.3 | Fibrosis/CAV

Fibrosis of the myocardial interstitium and coronary vasculature are pathologic components of chronic rejection.⁵⁴ Allograft fibrosis is augmented by IL-6, which stimulates collagen production by fibroblasts, myofibroblast differentiation, and proliferation/activation of vascular smooth muscle and endothelial cells.⁵⁵ Innate immune signals via toll-like receptors (TLR), IL-1 or tumor necrosis factor (TNF) receptors can induce IL-6 production in a variety of epithelial and endothelial cells.⁵⁶ Importantly, IL-6 is capable of activating NK cells in long-term cardiac allografts and thereby contributes to the development of NK-mediated CAV.⁵⁷

3 | IL-6 BLOCKADE IN HEART TRANSPLANTATION

3.1 | Experimental mouse models

Murine models provide substantial support for the use of IL-6 signaling inhibition in preventing/mitigating cardiac allograft rejection. For instance, BALB/c cardiac grafts transplanted into wild-type or IL-6-deficient C57BL/6 mice treated with costimulatory blockade (CTLA4-Ig) resulted in graft acceptance in the IL-6 deficient but not wild-type

recipients.⁵⁸ Mechanistic analyses revealed that the combined effect of costimulatory blockade and IL-6-deficiency limited T_{eff} differentiation and promoted T_{reg} migration into the grafts. More recently, perioperative anti-IL-6 mAb in combination with ATG induction was shown to prevent costimulatory blockade-resistant rejection, with increased intra-graft T_{regs} , prevention of CD8+ memory T cell formation, and reduced DSA formation.⁵⁹ Another study showed that neutralization of IL-6 in CD4+ cell-mediated cardiac allograft rejection prolonged graft survival and was associated with decreased graft infiltrate and altered Th1 responses; in CD8+ cell-dominant graft rejection, neutralization of IL-6 delayed the onset of ACR and reduced graft T cell infiltrates.⁶⁰

The role of IL-6 signaling inhibition in the prevention of AMR was recently investigated using a sensitized murine heart transplant model.⁶¹ Recipients underwent donor skin transplant for presensitization followed by heart transplantation and treatment with anti-IL-6R mAb. In recipients treated with anti-IL-6R mAb, there was a reduction in both circulating and intra-graft B cells along with reduced DSA production and complement activation, which was shown to attenuate allograft injury and improve survival compared to controls. The combined results from these studies have established the role of IL-6 signaling blockade in preventing/mitigating acute cellular and antibody-mediated rejection in murine heart transplant recipients.

Findings from mouse studies have also illustrated the role of IL-6 signaling blockade in preventing chronic rejection following heart transplantation. Induction of chronic cardiac allograft rejection through transient depletion of CD4+ cells revealed elevated intra-graft IL-6 expression; subsequently, treatment of CD4+ cell-depleted heart allograft recipients with anti-IL-6 mAb abrogated development of cardiomyocyte hypertrophy, graft fibrosis, and deterioration in graft function and thereby prevented graft failure due to chronic rejection.⁶² In another study, IRI was shown to exacerbate chronic allograft rejection in a mouse heart transplant model⁶³; local delivery of IL-6-inhibiting nanoparticle therapy successfully abrogated IRI and reduced the development of chronic heart allograft rejection.

3.2 | Pre-clinical non-human primate data

Our group recently achieved heart allograft tolerance in non-human primates (NHPs) for the first time by combining a mixed chimerism protocol with donor kidney co-transplantation.⁶⁴ Prior to this, tolerance to kidney allografts had been achieved in MHC-mismatched NHPs using a mixed chimerism approach; however, application of the same protocol with isolated heart allografts consistently resulted in early rejection.^{64,65} Preliminary evidence suggests that kidney but not heart allografts are able to augment/activate host T_{regs} which are likely responsible for kidney-induced cardiac allograft tolerance.⁶⁶ Given these findings and the recognition that co-transplantation of a donor kidney simply to achieve heart allograft tolerance in patients is untenable, we attempted to substitute therapies aimed at T_{reg} expansion (including IL-6 signaling inhibition) in place of a co-transplanted donor kidney.

IL-6 signaling blockade and low-dose IL-2 have both been shown to preferentially expand T_{regs} .⁶⁷ We hypothesized that combining IL-6 signaling blockade with low-dose IL-2 in a mixed chimerism NHP protocol would promote T_{reg} expansion resulting in heart

allograft tolerance in the absence of donor kidney co-transplantation. In preliminary studies, NHPs undergoing mixed chimerism that received combined anti-IL-6R therapy (tocilizumab) and low-dose IL-2 experienced significant T_{reg} expansion with a marked increase in the percentage of peripheral T_{regs} compared to pre-transplant baseline. However, all treated recipients rejected their heart allografts due to ACR and AMR.^{68,69} Failure to achieve prolonged heart allograft survival by combining low-dose IL-2 with anti-IL-6R therapy may have resulted from IL-2-induced T cell alloreactivity, as IL-2 can promote either immune activation or down-regulation in a dose-dependent fashion with a narrow therapeutic window.⁶⁷ Therefore, another preliminary group of NHP recipients was treated with anti-IL-6R mAb therapy alone as part of a mixed chimerism-based protocol. Despite less significant T_{reg} expansion, most anti-IL-6R mAb treated recipients achieved long-term heart allograft survival off all immunosuppression⁷⁰ (Figure 1).

Our ability to achieve long-term survival of some cardiac allografts in preliminary NHP studies using anti-IL-6R therapy despite a lack of significant T_{reg} expansion suggests the contribution of mechanisms other than those purely regulatory in nature. Ongoing mechanistic studies will help to elucidate the mechanisms by which IL-6 signaling inhibition contributes to the long-term survival of cardiac allografts in this model. In the interim, these early results support the hypothesis that incorporating IL-6 signaling blockade into immunosuppressive therapies will improve outcomes in clinical cardiac transplantation.

3.3 | Clinical applications

Based on experimental and pre-clinical evidence supporting the use of IL-6 signaling blockade to prevent heart allograft rejection, a randomized, multicenter phase II clinical trial investigating tocilizumab (FDA-approved, humanized anti-IL-6R mAb) as immunosuppressive therapy in heart transplantation was initiated in 2018 and is currently ongoing (NCT03644667; Targeting Inflammation and Alloimmunity in Heart Transplant Recipients with Tocilizumab). In this NIAID/NIH-funded trial, 200 primary heart transplant recipients from over 14 centers are randomized 1:1 to standard triple-drug maintenance immunosuppression with placebo or monthly tocilizumab (8 mg/kg IV) for 6 months. Standard triple-drug immunosuppression consists of a calcineurin inhibitor (tacrolimus), an anti-proliferative agent (mycophenolate mofetil/enteric-coated mycophenolate sodium), and steroids (methylprednisolone/prednisone). Adults (aged 18 to 75 years) undergoing primary heart transplant with a negative virtual crossmatch, no additional organ/tissue transplant, and no prior desensitization therapy are eligible for participation. Primary outcomes will be evaluated one-year post-transplant and defined by a composite endpoint including de novo DSA, biopsy-proven rejection (ACR, AMR), rejection resulting in hemodynamic compromise without biopsy/ histologically-proven rejection, death, or re-transplantation. Planned mechanistic studies test the hypothesis that by inhibiting IL-6R signaling, tocilizumab treatment will alter/ lessen anti-donor T_{eff} immunity, augment T_{reg} number, function, and stability, prevent T_{fh} differentiation, alter B cell differentiation, diminish DSA production, dampen IRI-induced inflammation and intra-graft fibrogenesis, together resulting in better graft outcomes. Additional investigations will evaluate whether immune alterations detected during tocilizumab treatment persist long-term, testing the hypothesis that early induction of a protective, anti-inflammatory milieu produces long-

lasting beneficial effects on the immune system and allograft. To date, randomization is 2/3 complete and the anticipated completion date is early in 2023.

IL-6 inhibition has also been evaluated clinically as a component of desensitization therapy with promising initial results.^{71,72} In one study, tocilizumab was incorporated into a perioperative desensitization protocol for heart transplant recipients with a positive virtual crossmatch.⁷² Sensitized recipients ($n = 19$) received intra-operative tocilizumab in addition to plasma exchange, rituximab, and a 6-month course of IgGAM. Post-transplant outcomes were compared to historical controls consisting of negative crossmatch recipients ($n = 98$) with no significant difference in rates of ACR or AMR and similar survival at 1 year. It should be noted, however, that this single-arm study lacked a control group of patients treated using the same desensitization regimen without the addition of tocilizumab; randomized, controlled trials are necessary to further evaluate the potential benefit of incorporating IL-6 signaling blockade into a desensitization regimen for heart transplant recipients.

4 | CONCLUSIONS

Mounting evidence supports the critical role of IL-6 in immune-mediated cardiac allograft injury. Experimental and pre-clinical studies have demonstrated the successful application of IL-6 signaling inhibition for the prevention of acute and chronic cardiac allograft rejection. These promising results provide a compelling basis for current and future clinical trials investigating the use of IL-6 signaling blockade to prevent rejection and ultimately achieve tolerance in human heart transplant recipients.

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DATA AVAILABILITY STATEMENT

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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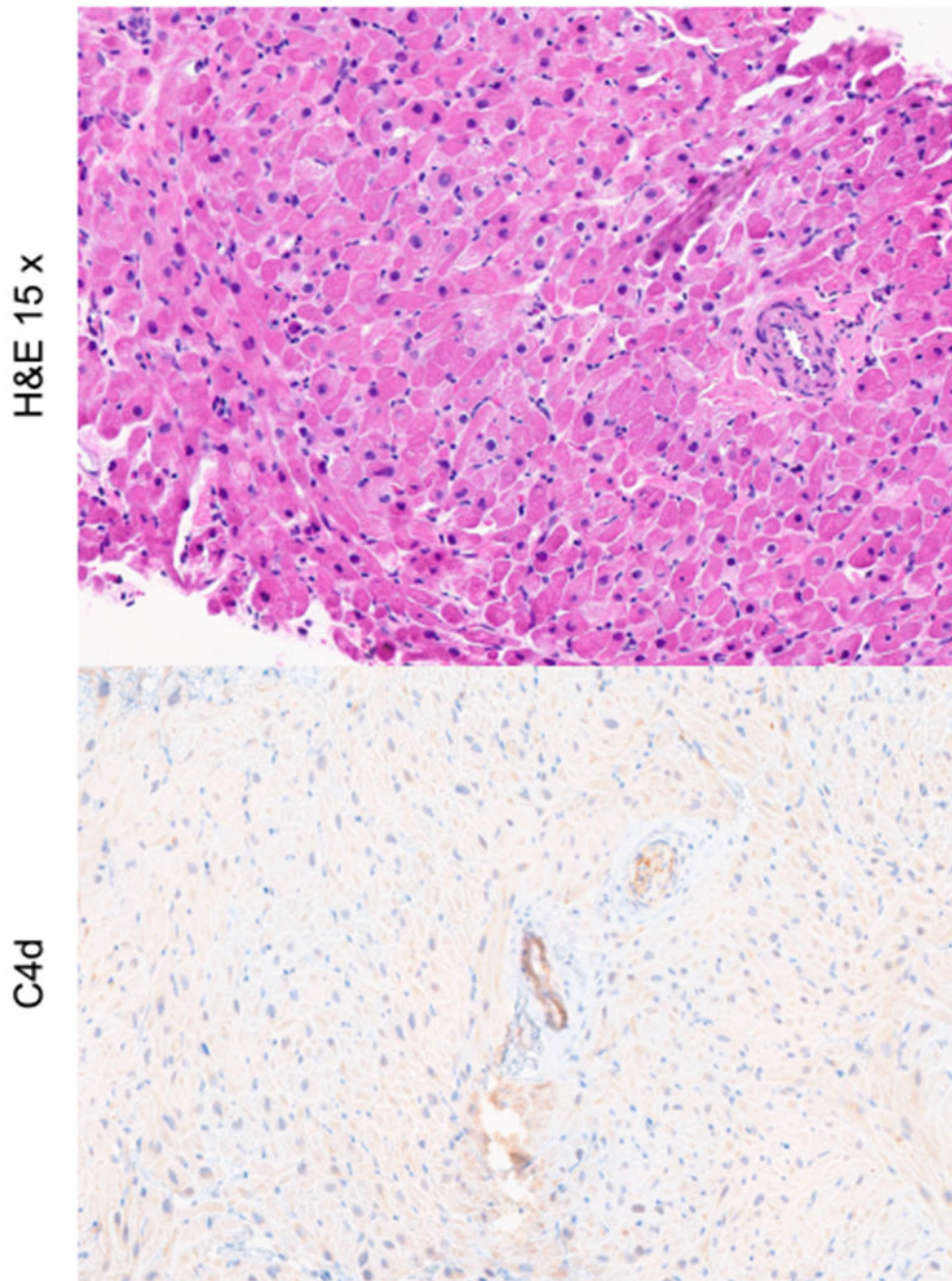


FIGURE 1. Heart allograft histology obtained >400 days post-transplant in NHP recipients that received anti-IL-6R mAb therapy as part of a mixed chimerism-based protocol, demonstrating no evidence of ACR or pathologic AMR.