#### REVIEW



### Degradation and evaluation of myofibril proteins induced by endogenous protease in aquatic products during storage: a review

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#### Abstract

Myofibril proteins degradation constitutes an important factor in quality deterioration, procedural activation or inhibition of endogenous protease potential regulates autolytic proteolysis-induced softening of post mortem fish muscle. Based on the brief introduction of myofibril proteins degradation in fish skeletal muscle, a detailed description of the main myofibril degradation properties and the distinct role played by endogenous proteases were proposed, which reflects the limitations and challenges of the current research on myofibril hydrolysis mechanisms based on the varied surrounding conditions. In addition, the latest researches on the evaluation method of myofibril proteins degradation were comprehensively reviewed. The potential use of label-free proteomics combined with bioinformatics was also emphasized and has become an important means to in-depth understand protein degradation mechanism.

Keywords Endogenous protease · Myofibril proteins · Post-mortem · Aquatic products · Spoilage

#### Introduction

With the dramatic improvement of the resident economic level as well as change of consumption pattern, high quality fish has become an significant animal proteins in daily diet due to the abundant nutrients, high absorption rate and potential preventive effect of cardiovascular diseases,

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including myocardial infarction, stroke and cardiovascular death (Rahman and Islam, 2020; Vidal et al., 2023). However, the characteristics of various nutrients, such as the high incidence of lipid oxidation and/or protein decomposition caused by microbial contamination and endogenous enzymatic activity, in turn exert negative effects on the storage of fish, one of which reflects in the tissue softening and concomitant quality deterioration during storage (Nie et al., 2022; Umaraw et al., 2020). It has been generally believed that tissue softening is aggravated by inappropriate storage environment, resulting in deterioration of texture properties, taste, loss of nutrients and even obvious decrease in edible value (Prabhakar al., 2020; Wu et al., 2019). There exits close relationship between textural modification and stability of water, resulting in changeable distribution and mobility of water in tissue myofibril, which further negative influences quality attributes.

Vast quantities of studies have shown that tissue softening phenomenon is attributed to complex metabolites reaction including oxidation of macromolecular nutritive components, microbial propagation, activation of endogenous proteolytic proteases (Fan et al., 2021; Yang et al., 2019; Zhuang et al., 2022). Among above mentioned factors, tissue myofibril protein degradation establishes the most significant section to elucidate underlying mechanism of muscle softening. With respect to deterioration indexes of myofibril protein, particular importance is given to physicochemical properties, ultrastructure integrity, conformation, intermolecular force as well as functional characteristics (Mehta et al., 2021; Wang et al., 2016). In terms of functional properties, Liu et al. (2023) demonstrated that oxidation enhance surface hydrophobicity of myofibril protein by modifying specific amine acid and decreasing affinity ability to volatile substances and water. From this perspective, the deterioration of water holding capacity (WHC) and flavor trait of aquatic products is closely related to the aggravation of surface hydrophobicity of myofibril proteins during storage. What's more importantly, functional characteristics of myofibril proteins like solubility, emulsifying and gelling properties are highly dependent upon thick filament structure, especially myosin composition (Guo et al., 2019; Mora et al., 2019). In previous studies of fish myofibril proteins, much emphasis is taken on the changes of myosin and actin (Fan et al., 2021; Yu et al., 2018). The most likely explanation is that permanent bonds of two proteins occur causing muscle to not be able to stretch and contract freely and ultimately results in muscle softening during storage (Delbarre-Ladrat, 2006). The most significant change that key myofibril proteins contribute to softening during later storage is the degradation of desmin and titin (Yang et al., 2019). At the same time, the relationship of myofibril and endogenous proteases has aroused widespread attention of research scholars. Ahmed et al. reviewed the impact of endogenous proteases-induced myofibril protein autolysis on fish structural softening during different post-mortem storage stages, especially for the detailed elaboration of main endogenous protease action mechanism. Similar report supported solid evidence that calpains and cathepsins aggravated breakdown of actin and myosin, which had negative effects on structural softening (Cheret et al., 2007). However, the literature lacks systematic summary on the role main key myofibril proteins play in the muscle softening as well as its evaluation indexes. Furthermore, controlled mechanism of endogenous proteases is still unclear due to complex post-mortem physicochemical conditions during different storage time and fish species specific.

In this review, we summarized current study literatures on the changes of myofibril proteins and endogenous proteases, in addition to their relationship contributing to fish muscle tissue softening during storage. Evaluation methods of myofibril protein hydrolysis were also proposed.

#### Post-mortem changes in fish skeletal muscle myofibrillar proteins

Based on differentiated intracellular physicochemical condition during storage period, postmortem stages are generally composed of four sections: pre-rigor, rigor mortis, post-rigor and spoilage (Roco et al., 2018). During transient pre-rigor stage, the decomposition of lycogen and phosphocreatine for constant ATP supply is of major contribution, which ensures muscle maintain at relaxed state. Once ATP levels decline, accompanied by the sarcomere shortening and myofilament self-assembly, inextensible actomyosin complex generated by interaction between actin and myosin is formed, signaling the onset of rigor mortis (Barido and Lee, 2021). Interestingly, the binding of actin to myosin is considered to be reversible. With the prolongation of storage time, the intermolecular forces existed in myofibril proteins, including ionic bonds, hydrogen bonds, hydrophobic interactions and disulfide bonds, tend to increase or decrease regularly (Wang and Xie, 2019). These chemical bonds changes directly affect the stability of the original myofibril proteins, commonly reflecting in changes of myofilament disassembly, cross-linking aggravation and structural proteins degradation (Ge et al., 2018b; Ko et al., 2016). Increased myofibril proteins degradation brought on by endogenous proteolytic activation may be a primary cause of post-rigor phase, which then causes fish spoilage quickly as evidenced by water loss, tissue softening, unpleasant fishy odor, loss of nutrients and other symptoms (Hussain et al., 2021; Roth et al., 2012; Yu et al., 2021). It is worth noting that the stress response generated by slaughter method and chilling rate might accelerate or retard the onset of myofibril proteins degradation. Therefore, it is important to emphasize how stress reaction affects quality characteristics during storage.

Unlike mammals, endogenous protease-induced myofibril proteins degradation of fish is limited, but reproduction and metabolism of spoilage bacteria have a more prominent effect on the myofibril proteins degradation, especially in the later stage of storage (Shao et al., 2021). This feature undoubtedly causes increased likelihood of unsatisfactory results in actual researches. And the degradation of myofibril proteins is also indirectly impacted by extracellular proteases released by microorganisms (Feng et al., 2021). Furthermore, myofibril proteins degradation is a joint action induced protein hydrolysis coordinated with oxidation. Protein hydrolysis happens as a result of oxidation brought on by proteins and lipids, which conversely affects the oxidation process. Therefore, multiple pathways for myofibril proteins degradation should be clarified, with a focus on the interconnections between various factors.

# Endogenous protease-induced myofibril proteins degradation involved in quality deterioration

The degradation of myofibril proteins during fish storage can be sequentially divided into the following three stages: (1) release of peptides and free amino acids, which is called proteolysis; (2) production of biogenic amines sourced from amino acids; (3) accumulation of organic compounds, such as ammonia, ketoacids, aldehyde acids (Zhuang et al., 2022). The small molecule peptides and free amino acids (FAAs) released in the first step are the products formed along with the gradual degradation of the main structural proteins of myofibrils, causing changes in the structural stability, physicochemical and functional properties of myofibrils. On the other hand, the hydrolyzate will promote the accumulation of subsequent metabolites such as biogenic amines and volatile odor compounds (VOCs) based on the deamination and decarboxylation of amino acid (Zhuang et al., 2021). Given the structural integrity of fish skeletal muscle, apart from actomyosin, brief information on several other significant myofibril structural proteins like nebulin, titin and desmin have been emphasized and analyzed (Table 1).

#### Myosin

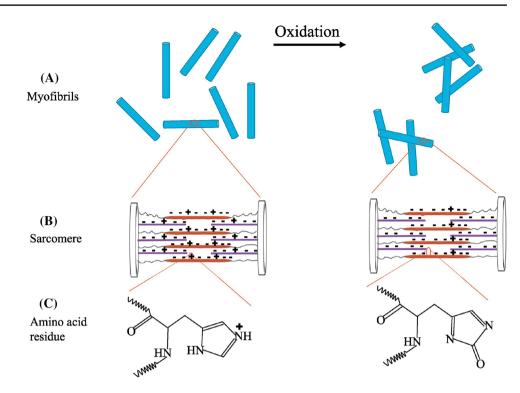
Occupying the main places of thick myofibril filament, myosin is composed of following subunits: S1, S2 (digested from heavy meromyosin (HMM)) and light meromyosin (LMM) from rod domain (Xue et al., 2020). The head domain of S1 region endows myosin with ATPase active and binding site to actin filament. S2 correlated with LMM form a typical double helix structure, which mainly exerts potential beneficial effects on maintaining structural integrity as well as tensile strength of the sarcomere muscle (Liu et al., 2021a, b; Zhang et al., 2022). When subjected to unfavorable factors in the surrounding environment, myosin heavy chain (MHC) and myosin regulatory light chains (MRLCs) are highly susceptible to be dissociated from actomyosin, which sharply exacerbate post mortem disassembly of myofibril filaments (Ge et al., 2018b; Liu et al., 2021a, b). The best explanation of this standpoint might be that myosin regulates ATP

hydrolysis, motility production based on the actin migration and muscle contractile ability with the help of MRLCs phosphorylation and Ca<sup>2+</sup> concentration (Ren et al., 2021; Trybus, 2012). Briefly, factors including pH shift, oxidative stress and endogenous protease activation play a much more prominent role in MHC than those in ELCs section. In connection with the structural characteristics of myosin subunits aforementioned, the S1 portion may serve as the active site and unstable elements responsible for myosin degradation. From this perspective, identification and transfer of the phosphorylation sites and active sites bound to actin may contribute to further elucidate of myosin degradation mechanism. Of course, based on the fact that typical seven residue repeat seen in the C-terminal region of myosin tail is stabilized by hydrophobic residues on the coil surface and highly charged surface (Reed and Park, 2011), it is reasonable to assume that myofibril disorganization is associated with modification of amino acid residues in the rod-shaped region of the myosin subunit, reflected as a significant decline in WHC during fish storage. Similarly, Liu et al. (2022) reported WHC was determined by the relative balance between net negative charge accumulation and protein aggregation: On the one hand, myofibril proteins aggregation attacked by proteins degradation might be prone to cause a significant increase in surface hydrophobicity, accelerating water exudation from triple network structure of myofibril to cytoplasm. On the other hand, with the shift of net charge related to amino acid side-chains modification, isoelectric point of myofibril filament decreases, which reduces cooking loss, drip loss and water migration (Fig. 1). Although the change of the functional properties of myosin is unfavorable for the long-term storage of fish, this feature can be fully utilized to achieve the purpose of improving the quality of various processed aquatic products. For example, mild oxidation, salting, protease inhibitors, and polysaccharides can effectively

Table 1 Basic information on several key myofibrillar structural proteins

Myofibrillar proteins	Molecular weight (kDa)	Content in myofibrillar protein (%)	Role in maintaining myofibrils integrity	References
Myosin	470	50-60	Tightly bind to titin via intermolecular forces to ensure the struc- tural integrity of thick filaments	Liu et al. (2021a, b)
Actin	43–48	15–30	Main components of thin filaments and integral ingredient of Z-discs in skeletal muscle	Lin et al. (2014)
Desmin	212		Linking adjacent myofibrils at z-disk level and maintaining the lateral arrangement of myofibrils	Kim et al. (2013)
Titin	3000–3700	13	Connecting the COOH-terminal portion of myosin filament to the NH <sub>2</sub> -terminal end of the z-disk for maintenance longitudinal structure of myofibrillar sarcomere and increase myofibril stiffness	Delbarre-Ladrat (2006) and Huff Lonergan et al. (2010)
Nebulin4	600–900	3–4	Attaching to the Z line and maintaining or regulating actin fila- ments in a parallel state and be defined as skeletal supporters and stabilizers	Ahmed et al. (2015) and Hanif et al. (2010)

Fig. 1 Model for the effect of myofibril protein oxidation on filament charges, protein aggregation and water-holding (Bao et al., 2018)



alter the site and degree of cross-linking of myosin filaments to improve protein solubility, water-holding capacity, thermal gelation and microrheological properties of the final product (Fang et al., 2021; Fang et al., 2021; Xu et al., 2021). In conclusion, the research on the structural and functional stability of myosin subunits offers a fresh perspective for further exploring the regularity of myofibril degradation during fish storage in the future, and is also a significant means of enhancing quality characteristics of deep-processed aquatic products.

#### Actin

Actomyosin is a complex formed mainly from actin and myosin by intermolecular forces. As the most significant constituent of thin filament, actin has also been demonstrated to be an integral ingredient of Z-disk in skeletal muscle. Generally, actin can be commonly divided into two different exist forms:  $\alpha$ -actinin and  $\alpha$ -actinin-2, the former is cross-link skeletal actin filaments (Lin et al., 2014). There is a view that actin amount decreased a small degree even when appearance and texture of fish tissue were severely deteriorated, even throughout post mortem period (Caballero et al., 2009). But it seems a controversial result, more and more lines of evidence suggests that fragmentation of actin shows an upward trend after slaughter and its degradation is more intense during later storage period than that of initial storage (Ge et al., 2018b; Li et al., 2014). Collectively, it is generally agreed that speed of actin proteolysis might vary greatly during different storage period, which is greatly implicated in structural integrity and functional regulation of myofillaments. Longo et al. (2015) demonstrated that detectable actin fragmentation occurred only when stored for a longer period of time. Given the point view, the potential relationship among actin phosphorylation, apoptosis and textural properties during storage was mentioned in another review (Lana and Zolla, 2016). Besides, the dissociation of actin filament is also the main expression form of myofibril proteolysis, which is possibly due to weakened or altered intermolecular interaction with myosin based on the action of endogenous proteases. Li et al. (2012) demonstrated that sarcomere lengthening, brought on by a weakening of the actin-myosin interaction, occurred during the post-rigor period, so calpains were better able to access the I-band and A-band regions and subsequently hydrolyzed associated proteins, causing the disruption of muscle microstructure. Another study pointed out that RLCs phosphorylation may played an important contribution in maintaining the force between myosin and actin via two pathways: (1) stabilizing the intrinsic structure of actomyosin by reducing its kinetic energy; (2) promoting the formation of ionic bonds, hydrogen bonds, and hydrophobic interactions between myosin and actin. This is consistent with the above-mentioned viewpoints about the vulnerability of MRLCs to adverse environmental factors during fish storage.

#### Desmin

As an important component of intermediate myofibril filaments, desmin breakdown undoubtedly increase the

possibility of enlargement of adjacent myofibril gaps and destruction the original structure of myofibrils (Richardson et al., 2017; Yang et al., 2019). Therefore, it has been emphasized that desmin plays a positive role in maintaining excellent WHC, cooking loss and dripping loss, whose degradation instigates tissue softening and juice loss, ultimately affecting the nutritional value of fish (Qian et al., 2020; Starkey et al., 2015). This tight association is closely related to the fact that desmin contributes to the formation of drip channels, which allows intracellular water to squeeze out into the myofibril space resulting in drip loss (Yang et al., 2021). Indeed, desmin is also demonstrated to be a significant molecular chaperone for myofibril degradation during freeze-thaw cycles, and its concentration is negatively correlated with freeze-thaw cycles number, which may be attributed to the formation of non-uniform ice crystals (Ali et al., 2022). In connection with the fact that different forms of water in muscle, including free water, immobile water, and bound water, exhibit different content changes and migration rates throughout the storage period, the specific mechanism of action of desmin degradation on the decrease in water holding capacity still needs to be further studied. During entire storage of fish fillets, desmin degradation begins early in storage induces a gradual breakage of the myofibrils, which commonly might be explained by followed three different kinds of domains: phosphorylation, ubiquitination and depolymerization by calpain-1 (Cohen, 2020; Ren et al., 2021). For the degradation of myofibrils, calpains are involved in degradation of desmin early postmortem, and desmin degradation is always accompanied by calpain activation. This strong association between desmin and calpain might be determined by the predominance of both being located around the z-disk (Starkey et al., 2015). Similarly, Baron et al. (2004) demonstrated that desmin was mostly cleaved at the head and tail region when it was incubated with calpain, leaving the rod domain largely intact even after a protracted incubation. In addition, desmin is successively broken down into smaller fragments with molecular weights of 50, 47, 45, 43, 39 kDa, respectively (Fig. 2). Furthermore, caspase-3 is also involved in desmin degradation during postmortem based on the mitochondrial apoptosis pathways.

#### Troponin

Troponin is localized along entire length of thin filaments and its combination with tropomyosin has a significantly synergistic effect on the contractile interaction between myosin and actin (Lehman et al., 2001). Collectively, as a important calcium-regulatory protein, gradual troponin degradation occurs under the hydrolysis of calpain and are detrimental to myofibrils dissociation (Ohtsuki et al., 2021). Therefore,  $Ca^{2+}$  released into the sarcomere has excellent

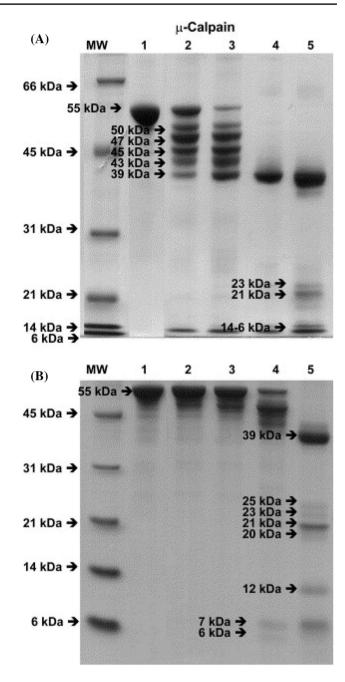


Fig.2 SDS-PAGE patterns of desmin degradation (Baron et al., 2004)

ability to bind regulatory sites on troponin, subsequently inducing conformational changes of troponin and generating muscle contraction (Paul et al., 2009). The phosphorylation of troponin undoubtedly decreases its sensitivity to  $Ca^{2+}$ , Martin-Garrido et al. (2018) reported reduced myofibril  $Ca^{2+}$  sensitivity and partial calpain-induced proteolysis protection could be provided by troponin-I monophosphorylation at Ser-23/24. Another point of view is that troponin degradation also might be affected by hydrolysis by other endogenous proteases, Jiang et al. (2021) proved that troponin-T was partially hydrolyzed under the action of caspase-3 in the early stage of storage, and affected by the synergistic effect of cathepsin and calpain with the prolongation of the storage period. Based on this, whether endogenous proteases act sequentially or synergistically in the hydrolysis of troponin needs to be further explored, in order to understand the specific regulation mode and mechanism of its degradation.

Besides, numerous literatures have established strong connection between shear force and troponin, involving the initial microstructure integrity of myofibril and then resulting in quality deterioration (Bao et al., 2018; Sun et al., 2014). Zhang et al. (2020) investigated underlying positive influence of Arg and Lys on troponin fragmentation via maintaining calpain activity, accompanied by physicochemical properties maintenance of fish post-mortem. Of course, oxidation also effectively inhibits the degradation of troponin, which may be due to the different endogenous protease susceptibility and structure changes of troponin-T induced by oxidative modification of myofibrils (Ding et al., 2021). It can be seen that on the basis of recognizing the influencing factors and degradation modes of troponin degradation, it is also of great practical significance to explore effective strategies to slow down troponin degradation.

#### **Nebulin and titin**

Titin and nebulin are two significant protein components of the sarcomere matrix in striated muscles. Most existing studies generally agree that nebulin and titin impose much significant role in overall integrity of myofibril protein microstructure by directly interacting with or controlling the interaction between the main proteins located in the thick and thin myofilaments and/or Z-disk, indirectly affecting quality characteristics especially reflected in quality deterioration indicators including shear force and WHC (Huff Lonergan et al. 2010; Li et al., 2012) The difference is that nebulin is more challenging to degrade than titin in the same environmental circumstances, and the latter can be degraded by more than 80% during the entire storage period, which depends largely on the hydrolysis sensitivity of the corresponding endogenous proteases. In a study conducted by Jiang et al. (2021), it was found that both nebulin and titin were hydrolyzed by caspase in the initial several storage days, but with the extension of storage time, titin would continue to be degraded under the action of calpain and cathepsin, while nebulin was hardly affected, Titin and nebulin have relatively low degradation rates in the pH range of 6.0-6.3 (Watanabe and Devine, 1996), and in connection with the fact that the pH of fish tends to increase during storage, it is conceivable that pH is also an important factor in accelerating the degradation rates of both proteins. Similar conclusions were also demonstrated in another study (Huang et al., 2016). Another fact is that titin and nebulin proteolysis is extremely sensitive to calcium (Abidi and Soheilifard, 2020; Huang et al., 2012). However, the mode of hydrolysis of nebulin and titin induced by endogenous proteases has not been thoroughly studied, and whether the hydrolysis is related to the specific active site of its domain and the factors influencing the hydrolysis needs to be further studied.

The process of actomyosin dissociation has been extensively researched in relation to myofibril proteins, whereas studies on the molecular level of other structural proteins, such as titin, desmin, and nebulin, have only focused on the regularity of their destruction. Furthermore, it can be challenging to understand the timing variations between the degradation process and the matching endogenous protease activation, particularly when the condition is specifically affected by outside influencing variables.

### Endogenous proteases related to myofibril degradation

The main myofibril proteolysis can be attributed to endogenous protease activity. There are three characterized proteolytic systems to hydrolyze myofibril proteins during post-mortem fish muscle, including calpains, cathepsins and caspases (Jiang et al., 2021; Zeng et al., 2022).

#### Calpains

Activation of calpains system strongly is contributed to myofibrillar proteins proteolysis, primarily of myofibril structural proteins like desmin, which plays an essential role in accelerating texture deterioration during postmortem (Caballero et al., 2009; Qian et al., 2020). µ-calpain and m-calpain are considered as dominant form of calpains system and continuously degraded influenced by numerous external environments, including storage temperature, ionic strength, pH decline, phosphorylation, Ca<sup>2+</sup> concentrations and oxidation level (Du et al., 2017; Gerelt et al., 2005). By appropriate associated activators or inhibitors, proteolytic activity of calpain may be orderly regulated, exacerbating quality degradation. Additionally, consistent results show that UK114 increases calpains activity by blocking calpastatin, which is an extremely potent endogenous calpain inhibitor (He et al., 2018a; Liu et al., 2019). It is known that the concentration of Ca<sup>2+</sup> plays significant effects on the activation mechanism of calpains, substantially resulting in myofibril structural proteins autolysis and muscle microstructure destruction. One study noted that during storage, calpains gradually may translocate from the sarcoplasm to the myofibrils and elevated Ca<sup>2+</sup> concentration drives the binding of calpain to myofibrils. Once the concentration of Ca<sup>2+</sup> reaches a particular threshold, this segment of the conjugate is activated and begins to disintegrate myofibril structural proteins (Lyu and Ertbjerg, 2022). Although the abovementioned study was conducted on pork, it may, to a certain extent, provide new insights to study the calpain-induced myofibril proteins degradation during storage of fish. It is also worth considering that high Ca<sup>2+</sup> concentrations may also impact calcium stabilization in tissue cells, which may affect the integrity of organelle membranes such as mitochondria and lysosomes, thus having an indirect effect on the hydrolytic activation of caspases and cathepsins. Calpain activity is proportional to the degree of oxidation within a certain range, involving sulfhydryl, carbonyl and secondary structure changes, whose activity reversely may be inhibited when it exceeds this range (Liu et al., 2021b). The explanatory mechanism for this relationship is that moderate oxidation may enhance electron exchange between Cys and His residues, thence accelerating the calpains autolysis and activation (Zhang et al., 2021). In addition, heat shock proteins (HSP20, HSP27) as well as protein S-nitrosylation has a good protective effect on calpain-induced myofibril degradation (Liu et al., 2016; Lomiwes et al., 2014). All thing mentioned, in addition to the current research generally concerned calpains-induced myofibril degradation patterns, strategies for activating or inhibiting calpains should also be paid more attention to regulate the degradation of myofibrils in a targeted manner to achieve the purpose of better preservation of fish (Delbarre-Ladrat et al., 2004; Yang et al., 2021; He et al., 2018b; Huang et al., 2023).

#### Lysosomal cathepsins

Lysosomal cathepsins, generally including cathepsin B, cathepsin D and cathepsin L, are demonstrated to trigger myofibril proteolysis and myofilament disassembly (Godiksen et al., 2009; Ladrat et al., 2003). Numerous influencing factors that determine post mortem cathepsins activity were dissected including storage condition such as pH and temperature, exogenously added activators or inhibitors, and metal ions (Wang et al., 2021; Zhang et al., 2022); Zhang et al., 2021). Pre-slaughter stress also appears to increase cathepsin activity, which may be related to the low initial pH of the muscle, which is one of the crucial conditions for cathepsins activity to be activated and release of cathepsins from lysosomes to myofibrils (Bahuaud et al., 2010; Zhang et al., 2019).

It has been known to demonstrate that the activity of cathepsins were activated in the early stage of storage and increased gradually with the extension of storage time, which played a role in the degradation of myofibrillar protein during entire storage period (Jiang et al., 2022). Different kinds of cathepsins might act individually, simultaneously or sequentially to degrade specific myofibril structure proteins, and cathepsins and calpains have obvious synergistic effects on the degradation and disassembly of myofilament (Ge et al., 2018a). This study pointed out that cathepsin B effectively decreased UNC45 and HSP 90 content to manipulate thick myofilament procedural disassembly, boosting the degradation of dissociated MHC induced by calpains, while cathepsin L tended to decline HSP 27 and *ab-crystallin* concentration to remove the actin from thin filament, to create dissociated actin as substrate supply for calpains. This also reflects the possibility that cathepsins may require the assistance of heat shock proteins to regulate procedure hydrolysis of myofibrils (Ge et al., 2018b). Nonetheless, differences in the hydrolysis pathways of different forms of cathepsins should also be further elaborated, especially in complex fish matrices where they coexist with other endogenous proteases. The construction of an in vitro myofibril protein degradation simulation system based on the co-incubation of endogenous protease and myofibril proteins is an effective research strategy (Zhong et al., 2012). This inevitably puts forward higher requirements on how to effectively obtain highly purified cathepsins to obtain more accurate research results. In addition, based on the fact that cathepsin B, L respectively show high affinity towards Z-Arg-Arg-AMC and Z-Phe-Arg-AMC, whose specific fluorescent substitute could be applied to detect corresponding cathepsins activity (Fidalgo et al., 2020).

Overall, cathepsins-induced myofibril proteolysis has been widely certified, the detailed mechanism of different types of cathepsins leading to the gradual degradation of myofibril proteins needs further research and verification. And the upstream regulators of cathepsins activation need to be further explored based on the proteomics, metabolomics and genomics, including the role played by heat shock proteins, release kinetics from lysosomes and related gene expression.

#### Caspases

Caspases activation generally regulate programmed apoptotic process by regulating signal transduction and final execution process, generally involving in multiple apoptotic factors: initiator caspases and effector caspases (Longo et al., 2015). With the extensive and in-depth research of caspases, there is unanimous point of view that activated caspase-3 considered as a possible candidate for myofibril proteins degradation interfering with mitochondrial apoptosis pathways (Mohrhauser et al., 2014). When cytochrome c is released from mitochondria to cytosol, apoptosome may be produced by interaction between cytochrome c, Apaf-1 and combine with ATP/ dATP, which actuates procaspase-9 and further activates the executor caspase-3 triggering apoptosis cascade reaction (Li et al., 2022). The imbalance in  $Ca^{2+}$  homeostasis and reactive oxygen (ROS) accumulation induced by

oxidation maybe the key regulators of caspase-3 activation, which is clearly reflected in the extent of mitochondrial damage and dysfunction. Oxidation may promote the translocation of Hsp27 and cytochrome C from the cytoplasm to the cell membrane and increase caspase-3 activity by mediating their interaction, while having the opposite effect on calpains activity (Ding et al., 2021). Linked to the Ca<sup>2+</sup>-dependent properties of calpains, there are some potential links between calpain and caspase-3 activity mediated by intermediating protein substances.. There is a point of view: caspase-3 can promote calpastatin degradation or cleave key myofibril proteins during early postmortem period, subsequently inactivated by calpains to merely exert limited influences on myofibril proteins degradation (Smuder et al., 2010). It is well worth noting that lysosomal Fe<sup>2+</sup> can induce mitochondrial dysfunction, thereby promoting the activity of apoptotic enzymes and promoting the degradation of myofibril proteins, which has also been demonstrated in the report of (Chen et al., 2021). In the view of caspases-induced myofibril disorder, molecular mechanism of how caspases are activated and then take concrete pathways in myofibril disorder are still unclear, especially the procedural activation and inhibition mechanism of apoptotic factors. Although the intrinsic links between apoptase and calpain have been initially established, whether it also has a specific relationship with cathepsins needs further research. In other words,

the synergistic effects of caspase-3, the calpains and the cathepsins also undoubtedly need to be further studied.

Taken as a whole, research on endogenous proteases is currently mainly focused on the hydrolysis effects on myofibril proteins, emphasizing downstream events (Fig. 3). Considering the difference of endogenous protease activity in different storage periods, activation pathway of endogenous proteases, the regulation mechanisms of related factors and the interaction mechanism of endogenous proteases are not well established. Moreover, with respect to myofibril proteolysis, the intrinsic molecular structure–function changes involved in exacerbated proteins oxidation, aggregation and degeneration need to be more precisely elucidated in the future studies.

## Evaluation method of myofibrils degradation

#### Traditional qualitative and quantitative evaluation

Myofibril proteins degradation can be qualitatively characterized by traditional physicochemical indicators, the most common of which involves in physicochemical properties, ATPase activities, amino acid residue side chain groups (carbonyl content, S–S and SH group), conformation changes and myofilament microstructure integrity (Table 2). Of course, more functional characteristics,

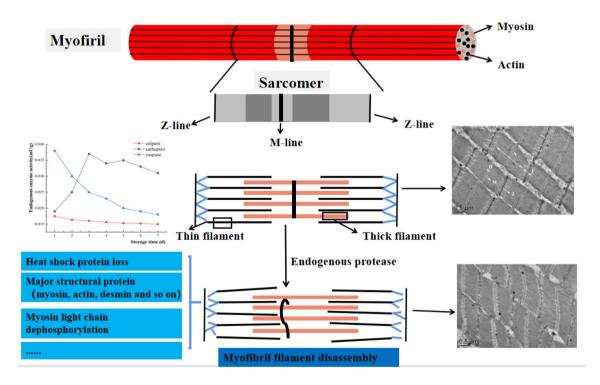


Fig. 3 Schematic diagrams of protein degradation caused by endogenous protease (Jiang et al., 2022; Liu et al., 2021a, b; Ge et al., 2018b)

Table 2 Traditional in	dexes that have been reported for	Table 2 Traditional indexes that have been reported for evaluating myofibril proteins of fillets during storage		
Types of fish samples Storage condition	Storage condition	Evaluation items	Indicators	References
Large yellow croaker Frozen storage	Frozen storage	Physicochemical properties, aggregation and degrada- tion level, conformational change	Turbidity, zeta potential; confocal laser scanning microscopy (CLSM), SDS-PAGE; secondary structure	Tan et al. (2022)
Puffer fish	Papain treatment	Physicochemical properties, functional properties, thermal stability, degradation level, conformational change	Shear force, soluble protein content; rheological properties, thermodynamic parameters; SDS-PAGE; FT-IR	Wang and Xie (2019)
Farmed puffer fish	Chitosan-sodium alginate bioactive coatings combind with MAP	ATPase activities, amino acid residue side chain groups, conformational change, myofibril integrity	Ca <sup>2+</sup> -ATPase activity; sulfhydryl content, carbonyl groups; secondary structure; TEM images	Li et al. (2021a,b)
Tilapia fillets	Chilled storage	Conformational change, amino acid residue side chain groups, ATPase activities	FT-IR, AFM; disulphide bonds, carbonyl groups, sulfhydryl content; $Ca^{2+}$ -ATPase activity	Zhao et al. (2019)
Grass carp	Chilled storage	Endogenous protease activity, physicochemical prop- erties, actomyosin dissociation,	Cathepsin B, D, L and H activity; SDS-PAGE; myofi- bril fragmentation index (MFI)	Wang et al. (2016)
Bighead carp	Frozen storage	Microstructure, protein oxidation parameters, and specific modifications of oxidized amino acids	Light microscopy, TEM; carbonyl content, sulfhydryl groups content; intrinsic fluorescence, SDS-PAGE; total number of oxidized amino acids in MHC, actin, enzymes and myosin light chain (MLC)	Liu et al. (2022)

including gelation properties, rheological characteristics and dynamic viscoelastic behaviour, has been applied in evaluating myofibril proteins degradation (Miller et al., 2020). Amino acid residue side chain groups modification is often manifested as the varying aggregation and swelling of myofibril proteins, accompanied by changes in surface hydrophobicity and intermolecular forces of myofibril proteins, which can be attributed to the exposure of hydrophobic amino acid residues buried in the protein (Tan et al., 2022). The gradual accumulation of carbonyl content is based on multiple factors: oxidation, non-enzymatic glycation, oxidative cleavage of the peptide backbone and covalent binding to non-protein carbonyl compounds (Estévez, 2011). The variation trend that S-H groups continuously decrease and S–S groups show opposite direction can be explained by auto oxidation process. In addition, myofibril proteins conformation (secondary structure or/and tertiary structure) can be accurately measured through fourier transform infrared spectroscopy (TF-IR), raman spectroscopy and fluorescence spectrometer. In addition, endogenous protease activity above introduced in this paper has been recognized to understand internal correlations with myofibril proteolysis degree. which is currently mostly detected by the corresponding specific fluorometric assay kit (Mi et al., 2021). Visualization of myofibril proteins microstructure is validly observed by means of scanning electron microscope (SEM), transmission electron microscope (TEM) and atomic force microscopy (AFM) to evaluate information of structural integrity (Li, Mei and Xie, 2021). Information such as myofibril structures (Z-disk, I-bands, and M-lines), sarcomere length and intersarcomere gap can be clearly obtained from the TEM image, which makes it have broad application value in evaluating the integrity of thick and thin myofilaments (Ali et al., 2022; Liu et al., 2022). SDS-PAGE combined with western blot is frequently used to assess myofibril proteins degradation based on relative molecular weight information compared with standard protein to achieve routine quantification (Jiang et al., 2021; Yang et al., 2019). Changes in the noncovalent interactions among myofibril proteins can be assessed by comparing the SDS-PAGE patterns of myofibril proteins with and without EDC crosslinking, which can be well linked to intermolecular forces for a comprehensive analysis of the myofilament stability (Ge et al., 2018). Furthermore, fast non-destructive testing technology has been paid close attention in recent literatures and provides another method to understand myofibril proteins degradation, especially application of spectroscopy technology (Andersen et al., 2017; 2018). According to thermograms and endothermic peaks information, differential scanning calorimetry (DSC) can distinguish between fresh and frozen seabream and determine whether post-mortem storage temperatures were abused (Matos et al., 2011). Two-dimensional electrophoresis (2-DE) has now developed into an effective means of separating proteolytic peptides based on the differentially abundant spots, identification and quantitative analysis of differential proteins can be further achieved through the highest resolution of matrix assisted laser desorption ionisation time of flight mass spectrometry (MALDI-TOF–MS) (Chen et al. 2013; Feng et al. 2016). Li et al. (2014) identified of proteins and specific peptides via 2DE which could be used as indicators of freshness and quality in fish. It has to be said that electrophoresis is currently an effective tool for separating protein molecules, and it is also the basis for the analysis of myofibril proteins degradation using other techniques, whether it is a relatively simple degradation level analysis or the biological function analysis mentioned below.

However, all the above evaluation methods are still based on the evaluation of the ostensible properties of myofibril proteins, and the evaluation methods at myofibrillar proteins subunit level have not yet well been established due to the the immature reality of mechanism research. In addition, the identification of the binding sites of endogenous proteases to myofibrils also requires powerful tools to be more clearly studied.

#### **Proteomics-based evaluation**

With the rapidly advanced development, proteomics has been proposed as a promising strategy to obtain accurate myofibril proteins degradation information based on semiquantitative data information detected from mass spectrometry (MS) (Gallego et al., 2015; Shui et al., 2021). By highthroughput analysis, label-free proteomics combined with bioinformatics has been validly proven to build molecular connections between differential expression levels of muscle proteins and quality properties deterioration to determine potential protein biomarkers linked to quality traits (Pan et al., 2022). The key elements of proteomics consist of the separation of protein components, the identification of protein components, and analysis and prediction the structure and functional characteristics of identified differential proteins using bioinformatics (Shi et al., 2018; Zhang et al., 2020). After analyzing the comprehensive information obtained from proteomics, the mechanism of quality deterioration can be deeply elaborated by linking to myofibril proteins hydrolysis, differential abundance proteins (DAPs) expression and post-mortem metabolic pathways (Table 3). It can be seen that DAPs generally includes heat shock proteins, metabolic enzymes, structure proteins, oxidative proteins, proteolysis and so on, which have been similarly elaborated in another published review by Huang et al. (2020). Furthermore, proteomics should be combined with other technologies at different research levels (metabolomics, genomics and transcriptomics), which will be used as the main research method to accurately study the mechanism of fish quality deterioration in the future.

Table 3 Examples of pr	Table 3 Examples of proteomic applications to explain myofibril degradation	ibril degradation			
Types of fish samples Purpose	Purpose	Storage condition	DAPs	Bioinformatics	References
Squid	Distinguish two different types of squid	Frozen storage	Dsocitrate dehydrogenase and malic enzyme	Cytoskeleton function, including paramyosin, tropomyosin, and troponin C	Shui et al. (2021)
Sea bass fillets	Identify potential proteomic mark- ers to assess fillet freshness	Epigallocatechin gallate incor- porated in agar oligosaccharide treatment	Structural proteins, metabolic enzymes, and proteins involved in protein turnover	Maintaining higher levels of transcription and translation to monitor fillet freshness	Xiang et al. (2021)
Tan mutton	Investigate the effects of oxidized proteins on meat color and water holding capacity	Different low storage temperature	MYLI, MYL3, MYH3, MYH8, MYBPH, NEB, ACTN2, TTN, PKM, MDH1, ALDOC, LDHA, GAPDH, TP11, HSPA-8	Structural proteins and metabolic enzymes, oxidative modification of metabolic enzymes	Tao et al. (2021)
Bighead carp	Investigate the effects of enzymes in exudates on protein oxidation in thawed fillets	Exudates from different storage condition (fresh, freeze-thaw frozen)	Pyruvate dehydrogenase, β-PDH E1, aldehyde oxidase 1 and dihy- drolipoyl dehydrogenase	Biological process, cellular compo- Liu et al. (2021a, b) nent, and molecular function	Liu et al. (2021a, b)
Litopenaeus vannamei	Litopenaeus vannamei Investigate proteomic changes cor- related with quality deterioration	Partial freezing	Ribosomal proteins, actins, myosin, cellular and metabolic process, paramyosin, myosin heavy chains, binding and catalytic activity and tropomyosin	cellular and metabolic process, binding and catalytic activity	Pan et al., (2022)

The advantages of bioinformatics application in proteomics reflected in the analysis of protein-protein interactions and molecular pathways, as well as the systematic study of gene regulation. The most used public bioinformatics databases are gene ontology (GO) and kyoto encyclopedia of genes and genomes (KEGG) analysis, the former of which may provide participated biological processes and effects of DAPs, such as catalytic activity, binding and metabolic processes, while the latter of which mainly investigate signal transduction pathways of myofibril proteins (Gagaoua et al., 2021; Zandonadi et al., 2019). It is undeniable that bioinformatics has promoted tremendous progress of proteomics, which helps explore potential protein markers and provide further insight into the molecular mechanisms and pathways underlying variations in fish spoilage. In addition, it should be noted that the current proteomic research on fish is relatively less than that of livestock meat, and the understanding of the metabolic pathways of post-mortem fish is still relatively limited. However, proper sample preparation can largely guarantee the reliability of proteomics results, so effective specific operation procedures should be further optimized. At present, the specific operation of proteomics is still mainly completed by professional institutions. Researchers usually analyze results provided by the institutions to obtain final reliable experimental results. The high cost problem caused by this is expected to be improved in the future.

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