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Review



Cerebral small vessel disease pathology in COVID-19 patients: A systematic review

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ABSTRACT

Cerebral small vessel disease (CSVD) is the leading cause of vascular cognitive impairment and is associated with COVID-19. However, contributing factors that often accompany CSVD pathology in COVID-19 patients may influence the incidence of cerebrovascular complications. Thus, a mechanism linking COVID-19 and CSVD has yet to be uncovered and differentiated from age-related comorbidities (i.e., hypertension), and medical interventions during acute infection. We aimed to evaluate CSVD in acute and recovered COVID-19 patients and to differentiate COVID-19-related cerebrovascular pathology from the above-mentioned contributing factors by assessing the localization of microbleeds and ischemic lesions/infarctions in the cerebrum, cerebellum, and brainstem. A systematic search was performed in December 2022 on PubMed, Web of Science, and Embase using a pre-established search criterion related to history of, or active COVID-19 with CSVD pathology in adults. From a pool of 161 studies, 59 met eligibility criteria and were included. Microbleeds and ischemic lesions had a strong predilection for the corpus callosum and subcortical/deep white matter in COVID-19 patients, suggesting a distinct CSVD pathology. These findings have important implications for clinical practice and biomedical research as COVID-19 may independently, and through exacerbation of age-related mechanisms, contribute to increased incidence of CSVD.

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1. Introduction

Cerebral small vessel disease (CSVD) is the leading cause of vascular dementia (VaD) (Pantoni, 2010) and accounts for up to 25% of ischemic strokes (Li et al., 2018). CSVD is highly heterogeneous encompassing pathologic changes such as arteriosclerosis, atherosclerosis, cerebral amyloid angiopathy (CAA), and vasculitides, which affect small perforating arteries, arterioles, venules, and capillaries (Quick et al., 2021). While the pathophysiologic mechanisms remain unclear, endothelial damage resulting in reduced cerebral blood flow and blood-brain barrier disruption is thought to be a direct consequence of this disease (Li et al., 2018; Mustapha et al., 2019). CSVD is characterized by neuroimaging as white matter hyperintensities (WMH), small subcortical infarctions, and microbleeds (MB) (Quick et al., 2021). CSVD is often clinically silent (e.g., silent small subcortical infarct), and difficult to diagnose, making neuroimaging a crucial tool in the early stages to prevent or delay the progression to dementia (Li et al., 2018). Age-related comorbidities such as hypertension, dyslipidemia, and type 2 diabetes are known to contribute to the development of CSVD (Evans et al., 2021). Hence, identification of new risk factors of CSVD is of the utmost importance for preserving cognitive health.

As of February 2023, 102 million cases of Coronavirus 2019 (COVID-19) have been reported, with over 1.1 million deaths in the United States alone. Acute COVID-19 is mild in most individuals, with symptoms consisting of fever, cough, and fatigue (Alimohamadi et al., 2020). However, in the aging population and those with chronic conditions, serious complications can occur with neurologic and vascular injuries being two of the most frequent (Alimohamadi et al., 2020; Mueller et al., 2020; SeyedAlinaghi et al., 2021). Long-COVID, persistence of symptoms greater than 12 weeks after recovery from acute infection (Di Toro et al., 2021; Raveendran et al., 2021), may also have detrimental, long-lasting effects on the nervous and vascular systems (Di Toro et al., 2021; Silva Andrade et al., 2021). Clinical studies have demonstrated that up to 70% of long-COVID patients present with cognitive dysfunction (Guo et al., 2022), including impairments in executive functioning, processing speed, category fluency, memory encoding, and recall (Becker et al., 2021; Hampshire et al., 2021). However, pathophysiological mechanisms of COVID-19-induced cognitive impairment have yet to be fully understood.

Endothelial cells abundantly express angiotensin-converting enzyme-2 (ACE-2) which is the known entry receptor for SARS-CoV-2 (Teuwen et al., 2020). Attachment of spike protein to ACE2 receptor on endothelial cells precipitates a thromboinflammatory environment with excessive reactive oxygen species (ROS) production (Méndez-García et al., 2022; Otfi and Adiga, 2022), causing dysregulation of endothelial function in the macro- and microvasculature in acute and long-COVID patients (Seitz and Ong, 2022). The endothelium represents the inner most layer of the vasculature and is continuous throughout the body, acting as a gate keeper to macro- and microvascular health. Thus, as COVID-19 is an endothelial disease, the acute and recovered phases of SARS-CoV-2 infection cause endothelial dysfunction, affecting pulmonary, hepatic, renal, cardiac, reproductive, and brain organ systems (Davis et al., 2023; Xu et al., 2023). In addition, COVID-19-induced systemic macro- and microvascular endothelial dysfunction have been shown to exacerbate disease severity (Damiani et al., 2020; Lorenzo et al., 2020; Pons et al., 2020; Sabioni et al., 2020; Sardu et al., 2020), persist post-infection (Ambrosino et al., 2021), and have been associated with decreased cognition in recovered COVID-19 patients (Charfeddine et al., 2021; Moretta et al., 2022). Hence, observational, and experimental studies assessing cerebrovascular pathology and function are necessary to understand 1) the cerebral macro- and microvascular pathologies associated with acute and recovered COVID-19 patients and 2) whether persistent cerebrovascular dysfunction occurs in COVID-19 patients and if this contributes to long-term cognitive impairment.

The aim of this systematic review was to investigate the contribution

of COVID-19 to the development of CSVD in patients with a history of, or active SARS-CoV-2 infection. CSVD will be discussed as a feature of COVID-19, evidenced by neuroimaging, gross pathology or histopathology case reports/series and observational studies from 2020 to 2022.

2. Methods

2.1. Data sources and search strategy

Two investigators (CO and SD) independently conducted a systematic search using PubMed, Web of Science, and Embase databases with the following criteria: ((COVID-19) OR (Long COVID) OR (SARS-CoV-2) OR (post-acute sequelae SARS-CoV-2 infection)) AND ((cerebral small vessel disease) OR (white matter hyperintensity) OR (cerebral amyloid angiopathy) OR (lacunar infarct) OR (subcortical infarct) OR (microbleed)). Searches were conducted from database inception to December 2022. Studies selected for screening were published between 2020 and 2022 and reporting of information included in this review aligns with PRISMA guidelines (Supplementary Table A1).

2.2. Eligibility

Due to the limited time frame in which studies could be published regarding COVID-19-induced cerebrovascular complications, case reports and series were eligible for inclusion in this review. Additional studies were included by searching the references of the included articles. Detailed pre-established inclusion and exclusion criteria are outlined below.

2.2.1. Inclusion criteria

- (i) Confirmed diagnosis of COVID-19 (e.g., nasopharyngeal swab and RT-PCR) and/or past medical history of confirmed COVID-19 diagnosis.
- (ii) Cerebral small vessel disease evidenced by neuroimaging or pathology.
- (iii) Adults with COVID-19-induced cerebral small vessel complications.

2.2.2. Exclusion criteria

- (i) Studies indicating that cerebral small vessel complications were due to COVID-19 vaccine.
- (ii) Publication of articles in a language other than English.
- (iii) Pediatric cases (<18 years old) of COVID-19-induced cerebral small vessel complications.
- (iii) Published reader responses to articles.

2.3. Data extraction

Two investigators (CO and SD) extracted pertinent data from the included articles. Key information from each article, including authors, year of publication, location, and type of CSVD pathology, COVID-19 status, age and age-related comorbidities, sex, laboratory values, cognitive measurements, and hospital intervention during acute COVID-19 infection, were collected.

2.4. Outcomes

The main outcome measures of our work were to evaluate the type of CSVD-related pathology (i.e., MB and ischemic lesions/infarctions) in COVID-19 patients, location of the pathology, underlying comorbidities (i.e., aging, hypertension), and levels of thromboinflammatory markers in acute and recovered COVID-19 patients with CSVD pathology.

2.5. Risk of bias of individual studies

Two investigators (CO and CBP) independently performed a risk of

bias assessment for each study. To standardize our criteria for risk of bias, a pilot bias assessment was performed on three studies (one case report, one case series, and one observational study). The risk of bias assessment was performed according to the Joanna Briggs Institute (JBI) critical appraisal tools specific to case reports, series, cross-sectional, and case-control studies (JBI, 2020). Disagreements regarding bias assessment were solved through consensus management.

3. Results

3.1. Study selection

The search criteria yielded 222 publications across three databases (PubMed, Web of Science, and Embase) and one publication through reference. After the removal of duplicate records ($n = 62$), we screened articles for title and abstract using the above-mentioned pre-determined criteria resulting in exclusion of 60 articles. After full-text evaluation of the remaining 101 articles, 59 publications were included in this review. In-depth paper selection criteria are outlined in the PRISMA diagram

(Page et al., 2021) (Fig. 1). CO and SD independently evaluated each article included in Tables 1–3, which report a detailed summary of the patient population and neuroradiologic/histopathologic findings in the 59 studies included in this systematic review. Twenty-nine studies were case reports (49.2%), 22 observational studies (37.3%) and eight case series (13.5%). Fig. 2 specifies neuroanatomical areas of CSVD pathology across all included studies, with separate graphs indicating all regions in the cerebrum, cerebellum, and brainstem where microbleeds (Fig. 2A) and ischemic lesions/infarctions (Fig. 2B) occurred.

3.1.1. Case reports

Twenty-nine case reports were included detailing patients with COVID-19-induced cerebromicrovascular complications with neuroimaging indicative of MB and/or small vessel ischemic lesions or infarctions (Table 1). Eighteen out of twenty-nine case reports presented patients who were admitted to the ICU due to respiratory failure/distress and required one or more of the following: intubation, mechanical ventilation, or extracorporeal membrane oxygenation (ECMO) (Ahmed et al., 2022; Backman et al., 2022; Cannac et al., 2020; De Stefano et al.,

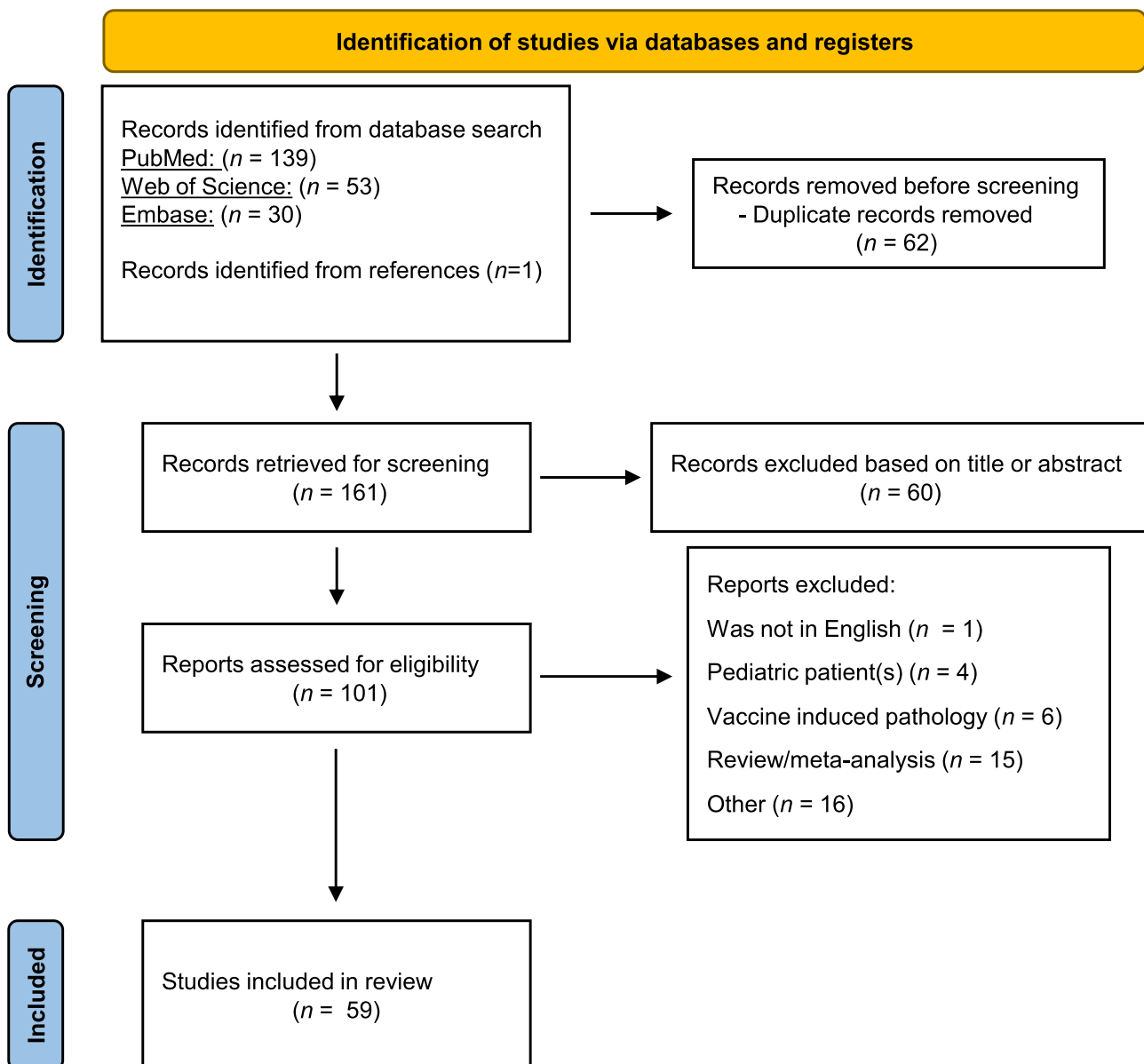


Fig. 1. PRISMA flow diagram of study identification and screening. “Other” reasons for exclusion include neuropathology not related to CSVD, reports of patients without COVID-19 diagnosis, reader response publications, abstract with no imaging for MRI or histopathologic results.

Table 1
Summary of Patient Characteristics and CSVD Findings.

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Acute or Recovered COVID-19	Critical Care	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(De Stefano et al., 2020)	Case-report	COVID-19 positive patient presenting to hospital with flu like symptoms. Admitted to the ICU for respiratory failure 10 days after symptoms onset. No abnormalities on neurologic exam on admission. Weaned off mechanical ventilation after 14 days.	56 y/o	Acute	Yes	Yes	Persistent executive dysfunction	MRI sequence: T1, T2, DWI, SWI, T2 * GRE, MRA	MRI on day 19 showed MB in juxtacortical WM, CC, and internal capsule. MRA showed no abnormalities (stenosis, vasculitis).
(Reichard et al., 2020)	Case-report	Patient had elective double coronary bypass surgery and 6 days after procedure had pulmonary symptoms and respiratory status became progressively impaired. On day 9 tested positive for COVID-19. Developed AKI, shock, respiratory failure, and died.	71 y/o	Acute	Yes	Yes	n/a	Postmortem histopathological examination.	Widespread innumerable WM MB.
(Hanafi et al., 2020)	Case-report	COVID-19 positive patient with flu like and pulmonary symptoms and admitted to pulmonary ICU for rapid stabilization. Patient was unarousable after discontinuation of sedation; Chest CT showed ground-glass opacities.	65 y/o	Acute	Yes	n/a	n/a	CT; MRI sequence: T1, FLAIR, DWI, T2 * GRE, MRA	Globus pallidus MB and hypoxic ischemic lesions in, basal ganglia, cerebellum, CC, and PVWM. MRA shows no abnormalities in large intra or extracranial vessels.
(Rudilosso et al., 2020)	Case-report	COVID-19 positive patient in ICU for COVID-19 bilateral pneumonia.	50 y/o	Acute	Yes	No	n/a	CT perfusion map; MRI sequence: DWI	Hypoperfusion in paramedian perforation vascular territory suppling L medial thalamus and punctate acute ischemic lesions in bilateral cerebellum.
(Planinc et al., 2020)	Case-report	COVID-19 positive patient with 8-day history of flu like symptoms. CXR showed bilateral pneumonic consolidation. Intubated for respiratory failure on day 7. On day 13, patient was noted to have right sided hemiparesis involving face, arm and leg, clonus, aphasia, and right-sided neglect. Extubated on day 20 and discharged on day 39.	31 y/o	Acute	Yes	No	n/a	CT; MRI sequence: DWI, SWI	L distal middle cerebral artery acute infarction on CT. Multiple MB in various vascular territories not only within infarcted areas.

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Table 1 (continued)

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Acute or Recovered COVID-19	Critical Care	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(Elshehrye et al., 2020)	Case-report	COVID-19 positive patient brought to ED for stroke. On admission L sided stroke symptoms and had a stroke scale of 13/43. CXR revealed bilateral airspace disease.	75 y/o	Acute	Yes	Yes	n/a	CTA; MRI sequence: DWI	Multiple focal areas in frontal and parietal WM revealing acute lacunar infarctions on MRI; CT revealed PVWM abnormalities.
(Williams et al., 2020)	Case-report	COVID-19 positive patient with genetic confirmation of CADASIL. Patient had sudden onset mild dysarthria with fever, myalgia, anosmia, and ageusia.	38 y/o	Acute	No	No (other than CADASIL)	n/a	CTA; MRI sequence: FLAIR, DWI, ADC,	CTA of head and neck was unremarkable with no LVO. Chronic small vessel disease evident on MRI day 7 with 11 acute infarcts within internal border zone distribution. WMH in deep WM, PV and subcortical regions. Day 13 MRI showed 1 new infarct in same territory.
(Abdi et al., 2020)	Case-report	COVID-19 positive patient admitted to ED because of decreased level of consciousness and inability to walk with gait symptoms having persisted for 1 month.	58 y/o	Acute	No	n/a	n/a	MRI sequence: T1, FLAIR	L sided diffuse WMH.
(Cannac et al., 2020)	Case-report	COVID-19 positive patient with MRI performed because of delirium.	63 y/o	Acute	Yes	n/a	n/a	MRI sequence: T2 * GRE	Innumerable MB in CC, gray/WM interface and scattered in the cerebellum and brain stem.
(Vattoth et al., 2020)	Case-report	COVID-19 positive patient presenting to the hospital for flu-like symptoms. Patient deteriorated with septic shock and AKI.	66 y/o	Acute	Yes	Yes	n/a	MRI sequence: FLAIR, SWI	Neuroimaging 3 weeks after admitted: MRI showed MB in juxtacortical WM and internal capsule.
(Trifan et al., 2020)	Case-report	COVID-19 positive patient with CADASIL presented to ED with acute onset left leg weakness, dysarthria and ataxia, no flu-like symptoms, CXR negative for consolidation or infiltration.	37 y/o	Acute	No	Yes	n/a	CT, MRI sequence: FLAIR, DWI, ADC, MRA	CT: negative for acute findings; MRA: no LVO; MRI: lacunar infarct in L cerebellar peduncle and symmetric, bilateral PV and deep WMH.
(Shoskes et al., 2020)	Case-report	COVID-19 positive patient with mental status deterioration.	69 y/o	Acute	Yes	Yes	n/a	MRI sequence: FLAIR, DWI, ADC, SWI	Brain MRI after mental status deterioration: MB in bilateral juxtacortical WM, CC, basal ganglia, and brainstem. WMH in areas of MB.
(Frisullo et al., 2020)	Case-report	Young and fit COVID-19 positive patient, no flu like symptoms, admitted to ED for sudden onset left hemiparesis, dysarthria and hemianesthesia.	49 y/o	Acute	No	No	n/a	MRI sequence: FLAIR, DWI, ADC, SWAN	No large vessel occlusion; 2 small cortical acute ischemic lesions in pre and postcentral gyrus.

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Table 1 (continued)

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Acute or Recovered COVID-19	Critical Care	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(Haroon et. al., 2020)	Case-report	COVID-19 positive patient admitted to ICU. Developed sepsis, multiorgan failure. Intubation for 3 weeks and needed tracheostomy. MRI after tracheostomy for investigation of delirium.	72 y/o	Acute	Yes	No	n/a	CT; MRI sequence: FLAIR, DWI, ADC, SWI, 3D TOF	2 lacunar infarcts in R frontal deep WM and a few small WMH in bilateral periventricular WM. No significant stenosis or occlusion of intracranial arteries. Diffusely distributed MB in bilateral cortical-juxtacortical regions, deep WM, basal ganglia, CC, brain stem and cerebellum.
(Gupta et. al., 2020)	Case-report	COVID-19 positive patient admitted to ED with cough, SOB, and fever, and admitted to ICU. Extubated and off ECMO by day 23. Confusion and disorientation warranted brain MRI.	Mid-40's y/o	Acute	Yes	n/a	n/a	MRI sequence: FLAIR, DWI, T2 * GRE	Diffuse MB on day 23 in bilateral subcortical WM, basal ganglia, CC, brainstem, and cerebellum without signal abnormality T2 FLAIR or DWI
(Fraiman et. al., 2020)	Case-report	COVID-19 positive EOAD patient; History of neurologic deficits prior to admission; no PMH of CV RF. On admission, presented stupor (GCS 10) and no signs of localization with normal brainstem reflexes. Patient had dry cough, and abnormal CT scan of lungs.	38 y/o	Acute	No	No (other than EOAD)	n/a	CT; MRI sequence: T2 * GRE	CT: acute hemorrhage in R frontal lobe; MRI: bilateral hippocampal atrophy and multiple diffuse microbleeds in cerebral lobes and cerebellum.
(Neppala et. al., 2021)	Case-reports	Case 1: COVID-19 positive patient with no prior neurologic complications; When taken off sedation at day 30, GCS 3. Case 2 (Son of Case 1): COVID-19 positive patient with same flu like symptoms. GCS 3 after removed from sedation	Case 1: 68 y/o; Case 2: 49 y/o	Case 1: Acute; Case 2: Acute	Case 1: Yes; Case 2: Yes	Case 1: Yes; Case 2: Yes	n/a	MRI sequence: FLAIR	Case 1: bilateral PV WMH; Case 2: bilateral PV WMH
(Toeback et. al., 2021)	Case-reports	COVID-19 positive, critical illness patients.	Case 1: 54 y/o; Case 2: 72 y/o	Acute	Case 1: Yes; Case 2: Yes	Case 1: n/a; Case 2: No	n/a	MRI sequence: FLAIR, SWI	Case 1: multiple WMH and mild brain atrophy and microbleeds in CC. Case 2: WMH in parieto-occipital WM and microbleeds in cortico-juxtacortical junction. 4 weeks later, WMH were increased and surrounding cortical MB.
(Rajendran et. al., 2021)	Case-report	COVID-19 positive patient to stroke ward. Previous flu like symptoms for	45 y/o	Acute	No	n/a (other than CADASIL)	n/a	CT; MRI sequence: FLAIR, DWI	CT: small white matter hypodensities bilaterally revealing acute infarcts in

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Table 1 (continued)

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Acute or Recovered COVID-19	Critical Care	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
		14 days before admission. Asymptomatic at presentation. NOTCH 3 gene test positive (CADASIL).							bilateral centrum semiovale and corona radiata. MRI: subcortical and PV WM hyperintensities prominently in anterior temporal lobe. Chronic lacunar infarct in R centrum semiovale and L basal ganglia. 8 days later repeat MRI w/ new infarcts in bilateral corona radiata.
(Zhang et. al., 2021)	Case-report	CADASIL COVID-19 positive patient. Presented with dysphagia, dysarthria, and encephalopathy. No history of cerebrovascular or neurological complications. Neuro exam: sluggish following of commands, aphasia, difficulty handling secretions, dysphagia. Diffuse rhonchi and CXR showed patchy consolidation in R lower lung. Discharged on day 23.	40's y/o	Acute	No	Yes	n/a	CT; MRI sequence: FLAIR, DWI, ADC, MRA	MRA of large vessels in head and neck were normal. Acute subcortical ischemic/necrotic changes-abnormal signals in bilateral frontoparietal WM, anterior temporal lobes, basal ganglia, external capsules, and thalami.
(Liang et. al., 2021)	Case-report	COVID-19 positive patient in delirious state on admission with 3-week history of fever, rigors, altered sensation, lethargy, headache, and diarrhea. COVID-19 positive on day 10 in hospital.	74 y/o	Acute	No	Yes	n/a	MRI sequence: T2, T2 * GRE; MRA	CAA with numerous microhemorrhages.
(Witvoet et. al., 2021)	Case-report	COVID-19 positive patient presented with flu like symptoms on admission; needed for mechanical ventilation for 22 days. Removal of sedation remained comatose. Neuroimaging day 22. Day 32 patient gradually recovered, GCS 14 and was discharged to rehabilitation center 7 weeks after admission. Able to walk independently 1 month after discharge.	60 y/o	Acute	Yes	Yes	n/a	CT; MRI sequence: FLAIR, DWI, ADC, SWI,	CT: hypodense areas in supratentorial WM, multiple supratentorial subcortical MB. MRI: confluent WMH in PV and subcortical WM, multiple MB (>50) in subcortical WM, basal ganglia, cerebellum, splenium, and CC.
(Pinzon et. al., 2021)	Case-report	Presented 5 weeks after acute COVID-19. Complaints of lack of concentration, sluggishness, and	40 y/o	Recovered	No	No	Subjective cognitive complaints	CT	Multifocal lacunar infarct in left lateral ventricles.

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Table 1 (continued)

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Acute or Recovered COVID-19	Critical Care	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(Piazza et. al., 2021)	Case-report	forgetfulness-present 5 days after COVID-19 onset up until 5 weeks at admission. No acute respiratory symptoms. Admitted for acute onset diplopia that occurred 1 day after onset of fever, myalgia, and headache. Found to be COVID-19 positive and to have cranial nerve six palsy. Brain MRI on admission, treated with high dose steroids which resulted in rapid improvement of diplopia. Repeat brain MRI 1 week later and a third MRI 3 months later showed complete resolution.	47 y/o	Acute	No	No	n/a	MRI sequence: FLAIR, ADC, SWI, T2 * GRE, CFA-DTI, ASL	Acute infection MRI: WMH in periorlandic subcortical region, centrum semiovale, corona radiata, posterior limb of internal capsule, and pons. MRI repeated 1 week later with complete resolution of neuroradiologic findings.
(Backman et. al., 2022)	Case-report	Severe COVID-19 with multi organ failure, bacterial infections, and 35 days of mechanical ventilation. After extubating, presented with delirium. 3 months after infection moderate deficits on MoCA. At 8 months minor deficits in executive function.	45 y/o	MRI: Acute Cognition: recovered	Yes	Yes	Deficits on MoCA at 3 months and in executive function at 8 months post infection.	MRI sequence: T1, T2, FLAIR, DWI, SWI	Day 53 after onset of COVID: MB in R temporal lobe, L basal ganglia, and infratentorial MB.
(Ahmed et. al., 2022)	Case-reports	Case 1: COVID-19 positive patient with progressively worsening symptoms patient died 7 weeks after hospital admission. Case 2: COVID-19 positive patient eventually transferred to long term facility following severe COVID-19.	Case 1: 43 y/o; Case 2: 45 y/o	Acute	Case 1: Yes Case 2: Yes	Case 1: No Case 2: No	n/a	MRI sequence: T1, T2, FLAIR, DWI, ADC, T2 * GRE	For both cases: confluent diffuse supratentorial frontoparietal WMH with no MB.
(Finsterer, 2022)	Case-report	COVID-19 positive patient with bradykinesia and facial palsy on R side with symptoms of malaise, coughing, and fever. Patient had pre-existing microangiopathy.	86 y/o	Acute	No	No (other than pre-existing micro-angiopathy)	n/a	MRI: FLAIR, DWI, ADC, SWI	Small subacute ischemic lesion (WMH) in L PVWM and MB in L thalamus. No evidence of carotid stenosis.
(Pettersson et. al., 2022)	Case-report	Severe COVID-19 patient with Initial MRI performed at 20 days ICU. MRI 7-month follow-up; Cognitive testing 10-month follow-up.	50's y/o	Acute and recovered	Yes	Yes	Impaired executive function at 10-month follow-up	MRI sequences: T1, T2, FLAIR, DWI, ADC, SWI	Initial MRI: multiple lacunar infarcts and multiple MB (frontal, parietal, temporal, and supratentorial WM. WMH in splenium of CC and cerebellar peduncles.

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Table 1 (continued)

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Acute or Recovered COVID-19	Critical Care	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(Tristán-Samaniego et al., 2022)	Case-report	Severe COVID-19 patient with MRI on day 19 of ICU; Follow-up MRI 23 days after discharge and cognitive testing at 60 days follow-up.	46 y/o	Acute and recovered	Yes	No	Impaired executive function at 2-month follow-up	MRI sequences: FLAIR, DWI, SWI	7-month MRI: expansion of WMH into large area of deep cortical and periventricular WM cavitation 10 areas of restricted diffusion on initial MRI into lacunes. MB increased from 16 to 17. Day 19: bilateral WMH in deep and subcortical WM (splenium and CC) and multiple MB (splenium and subcortical WM); 23 days after discharge: resolution of WM and no change in number or distribution of MB.

Note. Critical care column includes hospital intervention for respiratory failure/distress (mechanical ventilation, intubation, ECMO). Cardiovascular risk factors and comorbidities include one or more of the following: hypertension, dyslipidemia, hypercholesterolemia, type 2 diabetes, and/or obesity. Abbreviations: Past medical history (PMH), Susceptibility weighted imaging (SWI), Gradient echo (GRE), Magnetic resonance angiography (MRA), Microbleed (MB), White matter (WM), Corpus callosum (CC), Acute kidney injury (AKI), Diffusion weighted imaging (DWI), Fluid attenuated inversion recovery (FLAIR), Periventricular (PV), Left (L), Emergency department (ED), Chest x ray (CXR), Cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL), Apparent diffusion coefficient (ADC), Computed tomography angiography (CTA), Large vessel occlusion (LVO), White matter hyperintensity (WMH), Glasgow coma scale (GCS), Extracorporeal membrane oxygenation (ECMO), Time of flight (TOF), Right (R), Early onset Alzheimer's Disease (EOAD), Cardiovascular (CV), Risk factor (RF), Cerebral amyloid angiopathy (CAA), Arterial spin labeling (ASL), colored fractional anisotropy diffusion tensor imaging (CFA-DTI), Susceptibility weighted angiography (SWAN).

2020; Elshereye and Erdinc, 2020; Gupta et al., 2020; Hanafi et al., 2020; Haroon et al., 2020; Neppala et al., 2021; Petersson et al., 2022; Planinc et al., 2020; Reichard et al., 2020; Rudilosso et al., 2020; Shoskes et al., 2020; Toeback et al., 2021; Tristán-Samaniego et al., 2022; Vattoth et al., 2020; Witvoet et al., 2021). MB were seen in 17/29 case reports (Backman et al., 2022; Cannac et al., 2020; De Stefano et al., 2020; Finsterer, 2022; Fraiman et al., 2020; Gupta et al., 2020; Hanafi et al., 2020; Haroon et al., 2020; Liang et al., 2021; Petersson et al., 2022; Planinc et al., 2020; Reichard et al., 2020; Rudilosso et al., 2020; Shoskes et al., 2020; Toeback et al., 2021; Tristán-Samaniego et al., 2022; Vattoth et al., 2020; Witvoet et al., 2021) with 14/17 being in patients with severe pulmonary/respiratory complications. Regarding the three MB cases in which patients did not require intubation, mechanical ventilation or ECMO, patients presented with early onset Alzheimer's Disease (Fraiman et al., 2020), CAA (Liang et al., 2021), or pre-existing microangiopathy (Finsterer, 2022), all of which are independent risk factors for cerebral MB (Cordonnier and van der Flier, 2011; Woerdeman et al., 2014). All but one report (7/8) presenting with both MB and ischemic lesions/infarctions required pulmonary/respiratory intervention in the ICU (Hanafi et al., 2020; Haroon et al., 2020; Petersson et al., 2022; Shoskes et al., 2020; Toeback et al., 2021; Tristán-Samaniego et al., 2022; Witvoet et al., 2021). Cases of small vessel ischemic lesion/infarct without MB (Abdi et al., 2020; Ahmed et al., 2022; Elshereye and Erdinc, 2020; Frisullo et al., 2020; Neppala et al., 2021; Piazza et al., 2021; Pinzon et al., 2021; Rajendran et al., 2021; Rudilosso et al., 2020; Trifan et al., 2020; Williams et al., 2020; Zhang et al., 2021) were less dependent on ICU status with 8/12 patients not requiring intubation, mechanical ventilation or ECMO. Additionally, in four cases of patients with cerebral autosomal dominant arteriopathy with subcortical infarctions and leukoencephalopathy, COVID-19 exacerbated this genetic condition, with reports of new small vessel ischemic lesions and/or infarctions during acute infection (Rajendran et al., 2021; Trifan et al., 2020; Williams et al., 2020; Zhang et al., 2021).

Laboratory values were recorded for 21/29 case studies of COVID-19

patients presenting with MB or ischemic lesions/infarctions (Abdi et al., 2020; Backman et al., 2022; De Stefano et al., 2020; Elshereye and Erdinc, 2020; Finsterer, 2022; Fraiman et al., 2020; Frisullo et al., 2020; Gupta et al., 2020; Hanafi et al., 2020; Haroon et al., 2020; Liang et al., 2021; Petersson et al., 2022; Piazza et al., 2021; Pinzon et al., 2021; Planinc et al., 2020; Rajendran et al., 2021; Reichard et al., 2020; Shoskes et al., 2020; Tristán-Samaniego et al., 2022; Vattoth et al., 2020; Witvoet et al., 2021). Elevated thromboinflammatory biomarkers (e.g., CRP, IL-6, ferritin, D-dimer) were present in 16/21 case reports. Interestingly, Petersson et al. (2022) published a case of a patient with increased thromboinflammation one month after admission to the hospital, and neuroimaging showed an increased number of MB and expansion of WMH at seven months post-SARS-CoV-2 infection. The patient remained cognitively impaired at 10 months following acute infection, indicating a prolonged thromboinflammatory state, potentially leading to long-term dysregulation of cerebrovascular endothelial function, impairing executive function and processing speed. Additionally, multiple studies have shown persistent cognitive dysfunction in COVID-19 patients with CSVD pathology, (Backman et al., 2022; De Stefano et al., 2020; Tristán-Samaniego et al., 2022), and impaired gait patient during acute infection (Abdi et al., 2020), a marker of CSVD-associated cognitive decline (Mukli et al., 2022). Cerebrospinal fluid (CSF) was tested for the presence of SARS-CoV-2 by RT-PCR in nine cases and all were negative for the virus (Abdi et al., 2020; De Stefano et al., 2020; Haroon et al., 2020; Liang et al., 2021; Neppala et al., 2021; Piazza et al., 2021; Rajendran et al., 2021; Tristán-Samaniego et al., 2022; Zhang et al., 2021).

Predisposing factors (comorbidities, sex, age) that may contribute to, or be exacerbated by SARS-CoV-2 infection were reported for most case reports. In total, 32 patients were presented across the 29 studies. Past medical history was available for 26 patients (Ahmed et al., 2022; Backman et al., 2022; De Stefano et al., 2020; Elshereye and Erdinc, 2020; Finsterer, 2022; Fraiman et al., 2020; Frisullo et al., 2020; Haroon et al., 2020; Liang et al., 2021; Neppala et al., 2021; Petersson et al.,

Table 2
Summary of Case Series Patient Characteristics and CSVD Findings.

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Severe Acute SARS-CoV-2 infection	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(Fitsiori et. al., 2020)	Case-series	Nine COVID-19 positive patients suffering from severe COVID-19 and had indication for brain MRI.	Mean age: 67.7	Yes	8/9 patients	n/a	MRI sequence: DWI, T2, FLAIR, SWI	MB in unusual distribution with specific predilection for CC. Other areas of MB distribution: internal capsule, middle cerebellar peduncles, subcortical regions, basal ganglia. 2 patients with MRI findings of acute ischemic lesions in deep or subcortical WM.
(Radmanesh et. al., 2020)	Case-series	Eleven critically ill COVID-19 patients without DIC and on mechanical ventilation at time of imaging. Indication for MRI was deteriorated mental status.	Mean age: 53 y/o	Yes	7/11 patients	n/a	MRI sequence: DWI, ADC, FLAIR, SWI	Ten out of eleven patients with WMH in bilateral deep and subcortical WM. MB in 7/11 patients varied from 5 to 6 to innumerable in juxtacortical WM and/or corpus callosum (particularly splenium).
(Keller et. al., 2020)	Case-series	Eight out of thirty-two COVID-19 positive patients presented with severe neurologic complications.	Mean age: 67.6 y/o	Yes	7/8 patients	n/a	CT; MRI sequence: SWI, DWI, VWI	Imaging of 8 patients: 2 with single lacunar ischemic lesions on CT, followed up with MRI showing additional lacunar ischemic lesions indicating cerebral small vessel disease. Six out of eight had MB (parietal lobe, R temporal lobe, bi-thalamic, CC, supra and infratentorial) on MRI. CTA or MRA showed no signs of vasculitis. Diagnosis of 8 patients: 6/8 with small vessel disease and 3/6 with small vessel disease as only CNS disorder.
(Coolen et. al., 2020)	Case-series	Nineteen Post-mortem brains from COVID-19 death.	Mean age: 77 y/o	Yes	Yes	n/a	Postmortem MRI sequence: T1, T2, FLAIR, DWI, SWI	Subcortical microbleeds (2 decedents), nonspecific WM changes (1 decedent)
(Dixon et. al., 2020)	Case-series	Thirty COVID-19 positive critical care. Median time for MRI scan indicated for neurologic signs and symptoms was 37.5 days after admission. All patients had elevated levels of thromboinflammation and majority with AKI.	Median age for 10 MB patients: 56 y/o	Yes	7/10 MB patients	n/a	MRI sequence: SWI	Ten out of thirty patients with MB distinct from other CNS pathology. MB located in CC, most commonly in the splenium, juxtacortical and subcortical WM, mostly in parietal lobes, and

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Table 2 (continued)

Citation	Study Type	Patient (s) Characteristics and Timeline	Age	Severe Acute SARS-CoV-2 infection	Cardiovascular Comorbidities/ Risk Factors	Cognition	Neuroimaging	CSVD Related Findings
(Martin et al., 2022)	Case-series	Six adult deceased patients all attributable to COVID-19.	Mean age: 44 y/o	Yes	Yes	n/a	Histology; Post-mortem MRI sequence: T2, FLAIR, DWI, SWI	cerebellum and brainstem. Mean number of MB was 35 One out of six adult brains without pathology. In brains with WMH, they were associated with MB in corpus callosum and splenium. CSVD was defined in 3/6 brains by histology.
(Kirschen-baum et al., 2021)	Case-series	Brains of four deceased COVID-19 patients. Patients were omitted if there was premortem conditions of DIC. All patients had progressive respiratory symptoms.	Ages: 70, 77, 79 and 81 y/o	Yes	Yes	n/a	Postmortem histology; Post-mortem MRI: SWI	Autopsy findings: Endothelitis, intravascular thrombosis, beta-amyloid negative, petechial hemorrhage at gray-white matter junction of neocortex. Postmortem MRI findings: multiple cerebral MB (juxtacortical frontal lobe, CC).
(Wierzba-Bobrowicz et al., 2021)	Case-series	Fifty-two deceased COVID-19 patients who had COVID-19 pneumonia or COVID-19 nucleoprotein in pulmonary tissue.	Median age: 58 y/o	Yes	48/52 patients	n/a	Histopathology/ immunohistochemistry	Microbleeds in subarachnoid space in all patients most common in gray and white matter of neocortex but also brainstem and cerebellum. Vessel damage in all specimens (endothelial, fibrosis and hyalinization) most prominent in WM. The endothelium of most small vessels showed signs of degeneration, tight junctions significantly widened, and basement membranes of most capillaries showed loss of matrix components.

Note. Cardiovascular risk factors and comorbidities include one or more of the following: hypertension, dyslipidemia, hypercholesterolemia, type 2 diabetes, and/or obesity. Abbreviations: Diffusion weighted imaging (DWI), Susceptibility weighted imaging (SWI), Fluid attenuated inversion recovery (FLAIR), Microbleed (MB), White matter (WM), Corpus callosum (CC), Disseminated intravascular coagulation (DIC), White matter hyperintensity (WMH), Right (R), Magnetic resonance angiography (MRA), Apparent diffusion coefficient (ADC), Computed tomography angiography (CTA), Vessel wall imaging (VWI), Acute kidney injury (AKI), CSVD (Cerebral small vessel disease).

2022; Piazza et al., 2021; Pinzon et al., 2021; Planinc et al., 2020; Reichard et al., 2020; Rudilosso et al., 2020; Shoskes et al., 2020; Toebach et al., 2021; Trifan et al., 2020; Tristán-Samaniego et al., 2022; Vattoth et al., 2020; Williams et al., 2020; Witvoet et al., 2021; Zhang et al., 2021) and sex and age data were available from all reports. Thirteen out of twenty-six patients had cardiovascular risk factors (e.g., hypertension, type 2 diabetes, smoking), of whom 10/32 patients were female (De Stefano et al., 2020; Elshereye and Erdinc, 2020; Finsterer,

2022; Fraiman et al., 2020; Frisullo et al., 2020; Rajendran et al., 2021; Trifan et al., 2020; Vattoth et al., 2020; Williams et al., 2020; Zhang et al., 2021) and 12/32 patients were ≥ 60 years old (mean age of 12 patients = 70 years old, range = 60–86 years old) (Cannac et al., 2020; Elshereye and Erdinc, 2020; Finsterer, 2022; Hanafi et al., 2020; Haroon et al., 2020; Liang et al., 2021; Reichard et al., 2020; Shoskes et al., 2020; Toebach et al., 2021; Vattoth et al., 2020; Witvoet et al., 2021).

Table 3
Summary of Retrospective and Cross-sectional Studies CSVD Findings.

Citation	Study Type	Groups	Age	Acute or Recovered COVID-19	Cognition	Neuroimaging	CSVD Related Findings
(Agarwal et. al., 2020)	Retrospective	Thirty-five COVID-19 positive patients with MRI findings of leukoencephalopathy and/or cerebral MB; not different in PMH comorbidities with COVID patients with no MB. MB patients had longer hospital stays and were on ventilator longer compared to patients without MB and had worse GCS (6 vs14) at time of MRI.	Median age for MB+ : 61	Acute	n/a	MRI sequence: SWI, T2 * GRE, ADC, FLAIR, DWI	Eighteen out of twenty-four patients had diffuse and or perirolandic distribution of leukoencephalopathy (30/35 patients), respectively. Distribution of MB in 25/35 patients include: diffuse (10), lobar (15), Pons/cerebellum (5), CC with splenium (15), subcortical WM (19), deep WM (10).
(Taylor et. al., 2020)	Retrospective	Twenty-six COVID-19 positive patients with a neurovascular event requiring neuro intensive care/ neurosurgery consultation.	Mean age: 59 y/o	Acute	n/a	CT	Two subcortical small vessel strokes.
Kremer et. al (2020)	Retrospective	Thirty-seven severe COVID-19 positive patients. Of those with neurologic symptoms underwent MRI. Majority of patients admitted to ICU because of acute respiratory failure. All patients had elevated thromboinflammation levels.	Mean age: 61 y/o	Acute	n/a	MRI sequence: T1, T2, DWI, T2 * GRE, SWI, FLAIR	43% of patients had non confluent multifocal WMH in L medial temporal lobe, CC; 24% of patients had WM MB (subcortical WM, CC, internal capsule, cerebellar peduncles).
(Lin et. al., 2020)	Retrospective	Neuroimaging for 278 COVID-19 patients, 51 patients with MRI.	Median age: 71.8 y/o	Acute	n/a	MRI sequence: DWI, SWI, FLAIR, T1	Twenty-six out of fifty-one patients who underwent MRI had MB, 17/26 had 1–3 MB, 7/26 had > 15 MB. Of these 7 patients: 1 with MB distribution in cortex and subcortex, 1 with predominant involvement in basal ganglia and cerebellum, and 2 with MB consistent with previous conditions. The remaining 3 patients (long ICU course with intubation and mechanical ventilation) had greater burden of MB predominantly in splenium of CC along with internal capsule, and juxtacortical WM.
(Sawhani et. al., 2021)	Retrospective	One hundred and sixty-seven COVID-19 patients who required hospitalization with neurologic symptoms.	Mean age for abnormal MRI (n = 20): 59.7 y/o	Acute	n/a	MRI sequence: T1, T2, FLAIR, SWI, DWI	Twenty patients had abnormal MRI: 12 patients with MB (splenium of CC); Watershed WMH in 4 patients. 1 patient who had repeat MRI 72 h after initial showed progression of MB.
(Lersy et. al., 2021)	Retrospective	Nineteen COVID-19 ARDS ICU patients with MB and 18 COVID-19 ARDS ICU patients without MB. MB vs no-MB-similar ARDS, neurologic complications but normal MRI compared to MB group.	Median age: MB+ (66); MB- (62)	Acute	n/a	MRI sequence: SWI, T1, DWI, FLAIR, MR perfusion.	In MB group, WM MB showed more impaired consciousness and more severe confusion compared to controls. MB in CC (genu and splenium), subtentorial juxtacortical WM, internal capsule, brainstem, middle cerebellar peduncles and cerebellum.
(Mendez Elizondo et. al., 2021)	Cross-sectional	Four hundred eighty-one brain MRI. Less than 10% were hospitalized due to COVID-19 pneumonia.	Median/mean age not reported	Acute	n/a	MRI sequence: T2, T1, FLAIR, DWI, ADC, GRE, 3D TOF, SWI	Twenty-six out of four hundred eighty-one patients had MB, of these 26, 6 had positive COVID-19 at time of MRI (23.07 vs 4.15%, COVID-19 vs non-COVID-19). MB due to lipohyalinosis localized to basal ganglia, brainstem, and cerebellum. MB due to CAA localized to cerebral cortex, juxtacortical cerebellum and deep and PV WM.

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Table 3 (continued)

Citation	Study Type	Groups	Age	Acute or Recovered COVID-19	Cognition	Neuroimaging	CSVD Related Findings
(Hauteclouque et al., 2021)	Retrospective	Nine COVID-19 positive with stroke during infection and 50 non-COVID with stroke.	Median age: COVID+ (69.4); COVID- (70.6)	Acute	n/a	MRI sequence: DWI, ADC, FLAIR, SWI	Significantly more microvascular infarct in COVID-19 patients (4/9) compared to COVID-19 negative (6/50).
Conklin et al. (2021)	Retrospective	Sixteen COVID-19 positive patients who were mechanically ventilated at time of MRI. All patients had severe COVID-19 with pulmonary infiltrates in more than 50% of lung field.	Median/mean age not reported	Acute	n/a	MRI sequence: SWI	Punctate foci of abnormal SWI signal in 11/16 cases and 8/16 had more than 10 lesions with 4 patients showing predilection for the CC and the other 4 localizing in the subcortical and deep WM. In total, 69% of patients had microvascular injury in the subcortical and deep WM. 10.9% of ischemic stroke patients (n = 323) had small vessel ischemic stroke.
Shahjouei et al. (2021)	Cross-sectional	Acute COVID-19 patients with stroke (acute ischemic, intracerebral hemorrhage, SAH, CVST. 27% of patients with ischemic stroke died in the hospital during infection, while the remaining 73% were discharged home or under subacute care.	Mean age of acute ischemic stroke patients: 67.2 y/o	Acute	n/a	n/a	
(Andriuta et al., 2022)	Cross-sectional	Forty-six post-acute COVID-19 patients with neurologic complications during acute infection. Exclusion criteria: illiteracy, alcoholism or severe cardiorespiratory or neurological disorders, history of NCD. 1 patient with previous stroke.	Mean age: 50 y/o	Recovered	Cognitive complaints following recovery	MRI sequence: T1, T2, FLAIR, GRE	Thirty-six patients in neuroradiological analysis. Average time from infection to MRI was 202 days. WMH localized to superior frontal and postcentral region, cingulum, cortico-spinal tract, inferior longitudinal fasciculus, internal capsule, and posterior segment of arcuate fasciculus. Increased burden of WMH associated with cognitive performance.
(Bungenberg et al., 2022)	Cross-sectional	Fifty long-COVID patients, with average time since acute COVID-19 was 29 weeks. Grouped by hospitalized (n = 21) [11 ICU and 4 receiving ECMO] and non-hospitalized (n = 29). Over ½ patients had acute respiratory symptoms.	Median age: Hospitalized (57.3); non-hospitalized (45.6)	Recovered	70% of patients complain of cognitive impairment long term	MRI sequence: T1, T2, DWI, SWI, FLAIR, T2 * GRE	Forty-two patients in neuroradiologic analysis. PV WMH in 6 hospitalized and 2 non-hospitalized and did not associate with clinical outcome measures. MB only in hospitalized patients and majority seen in patients who received ECMO. MB associated with worse cognitive functioning regardless of MB location.
(Uginet et al., 2022)	Retrospective	Thirty-nine COVID-19 positive patients with acute encephalopathy.	Mean age: 66.5 y/o	Acute	n/a	MRI sequence: T1, T2, DWI, SWI, TOF, MRA, FLAIR	50% of patients with ischemic lesions had small vessel ischemic lesion and 23/39 patients had microbleeds.
Petersen et al. (2022)	Cross-sectional	One hundred eighty-eight non-hospitalized recovered (9.6 months after COVID-19 positive) COVID-19 patients vs. 483 age, sex, and education matched controls.	Median age: COVID+ (55 y/o); Control (57 y/o)	Recovered	n/a	MRI: T1, T2, FLAIR, TOF, MPRAGE	No significant difference in numbers of MB and infarctions between COVID+ and controls.
Lersy et al. (2022)	Retrospective	Thirty-one COVID-19 patients with neurologic symptoms during the acute phase underwent MRI. Patients' average length in ICU was 30 days. 1st follow-up MRI 95 days after baseline; 2nd follow-up MRI 189 days after baseline. All patients had at least one follow-up MRI (30/31 at 3 months), (17/31 at 6 months). No LVO on MRA; 24 patients for ASL assessment.	Mean age: 61 y/o	Acute and recovered	Working memory and executive functions slightly impaired in ½ of patients through follow-ups.	MRI sequence: T1, T2, FLAIR, DWI, SWI, PWI, MRA, FDG PET-CT	Baseline MRI: 19 patients with abnormal brain perfusion (16 with hypoperfusion); 9 cases of diffuse MB (CC, subtentorial juxtacortical WM, internal capsule, brain stem, cerebellar peduncles, cerebellum). 4 cases of small vessel infarct; 4 cases of cerebral vasculitis; Follow-ups: MBs remained stable. Cerebral vasculitis cases normalized on imaging. 1 patient with previous cerebral vasculitis had increase in WMH at 3-month follow-up.

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Table 3 (continued)

Citation	Study Type	Groups	Age	Acute or Recovered COVID-19	Cognition	Neuroimaging	CSVD Related Findings
(Napolitano et al., 2022)	Retrospective	Fourteen MB + and 49 MB - patients age and sex matched COVID-19 patients with no difference in acute symptom presentation. MB + patients were hospitalized longer than MB -.	Median age: MB + (62 y/o); MB - (64 y/o)	Acute	n/a	MRI sequence: FLAIR, SWI, DWI	Perfusion normalized in 11/19 patients at follow-up. 23 patients underwent FDG PET-CT at 3 months, all but one patient had hypometabolism. At 6 months 5/12 patients who underwent second PET had persisting hypometabolism. MB + : higher levels of thromboinflammation compared to controls. Subcortical and deep WMH in MB + vs no WMH in MB -. MB distribution was predominantly in CC and juxtacortical area.
(Cecchetti et al., 2022)	Retrospective	Thirty-six recovered COVID-19 patients without major medical illnesses or major systemic, psychiatric, or neurological conditions. MRI imaging was performed at 2 months of discharge. 85% of COVID patients were treated as inpatients with 26.5% requiring mechanical ventilation and 4.1% requiring orotracheal intubation. During acute phase, 73.5% had neurological manifestations.	Mean age: COVID + (60.8 y/o); COVID - (56.9 y/o)	Recovered	COVID-19 positive had worse cognitive function compared to COVID-19 negative	MRI sequence: T2	Recovered COVID-19 patients presented with increased volume of WMH in right frontal and right parieto-occipital cortices compared to controls, correlating with worse cognitive function and number of cardiovascular RF.
(Pelizzari et al., 2022)	Cross-sectional	Forty-three age, sex, hypertension, and hyperlipidemia matched individuals who had COVID-19 ($n = 22$) and did not ($n = 21$). COVID-19 positive patients all experienced anosmia and neurologic symptoms during acute phase and were never hospitalized due to COVID-19. MRI at 2–12 months after recovery. No patients had history of neurologic disease.	Median age: COVID + (45.7 y/o); COVID - (37.6 y/o)	Recovered	n/a	MRI sequences: FLAIR, DWI, pCASL	No difference between COVID-19 positive and COVID-19 negative groups with respect to WM lesions, GM volume, and CBF.
(Poletti et al., 2022)	Cross-sectional	Forty-nine recovered COVID-19 patients without acute phase ICU treatment, major medical/ brain disorders prior to COVID-19 onset. MRI 61 days after hospital discharge.	Mean age: 55.5 y/o	Recovered	n/a	MRI sequences: T1, T2 FSE, FLAIR, ¹ H-MRS	Increased periventricular, frontal, and parietal WMH negatively associated with GSH level in the ACC.
(Fällmar et al., 2022)	Cross-sectional	Nineteen COVID-19 positive patients with one or more new-onset neurological symptoms.	Median age: 62 y/o	Acute	n/a	MRI sequences: T2 TSE, FLAIR, SWI, DWI	Nine out of nineteen patients with punctate SWI abnormalities; 2/19 with punctate infarcts; 18/19 with WMC (4/18 with changes in CC, MCP, juxtacortical.
(Shoskes et al., 2022)	Retrospective	COVID-19 ARDS vs non-COVID-19 ARDS age matched controls; COVID-19 positive with higher vascular RF.	Median age: COVID + (66 y/o); COVID - (68 y/o)	Acute	n/a	MRI sequences: FLAIR, SWI	Four out of twenty-six COVID-19 positive with diffuse subcortical WMH with underlying MB and multifocal WMH with underlying MB, compared to 0/26 COVID-19 negative controls.
Petersen et al (2022)	Retrospective	Two hundred twenty-three non vaccinated recovered (9 months post-COVID-19) COVID-19 positive patients with acute presentation of mild to moderate COVID-19 and no patients receiving mechanical ventilation or critical care vs 223 age, sex, years of education and cardiovascular risk factors matched controls	Mean age: COVID + (55.54 y/o); COVID- (55.74 y/o)	Recovered	No significant differences 10 months post COVID-19 in executive functioning and memory test scores	MRI sequences: DTI	Recovered COVID-19 patients had higher global free-water and MD in WM, and predicted past SARS-CoV-2 infection, compared to controls. Cortical thickness and markers of CSVD were not different between groups.

Note. Microbleeds (MB), Past medical history (PMH), Glasgow coma scale (GCS), Corpus callosum, (CC), White matter (WM), Susceptibility weighted imaging (SWI), Gradient echo (GRE), Apparent diffusion coefficient (ADC), Fluid attenuated inversion recovery (FLAIR), Diffusion weighted imaging (DWI), White matter hyperintensity (WMH), Acute respiratory distress syndrome (ARDS), Time of flight (TOF), Cerebral amyloid angiopathy (CAA), Periventricular (PV), Subarachnoid hemorrhage (SAH), Cerebral venous thrombosis (CSVT), Neurocognitive disorder (NCD), Rapid acquisition gradient-echo sequence (MPRAGE), Perfusion weighted imaging (PWI), Fluorodeoxyglucose (FDG)-positron emission tomography (PET)-CT, Magnetic resonance angiography (MRA), Arterial spin labeling (ASL), Large vessel obstruction (LVO), Risk factor (RF), Gray matter (GM), Cerebral blood flow (CBF), Reduced glutathione (GSH), Anterior cingulate cortex (ACC), Proton magnetic resonance spectroscopy ($^1\text{H-MRS}$). Turbo spin echo (TSE), Pseudo-continuous arterial spin labeling (pCASL), Fast spin echo (FSE), White matter change (WMC), Middle cerebellar peduncle (MCP), Mean diffusivity (MD), Cerebral small vessel disease (CSVD)

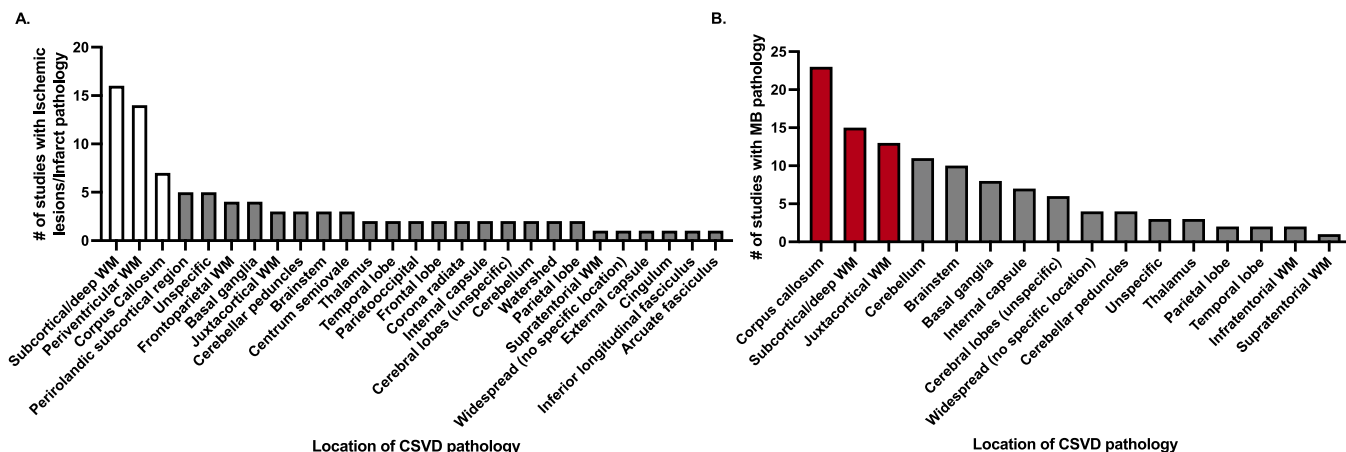


Fig. 2. Neuroanatomical areas of CSVD pathology in COVID patients. (A) Number of studies that report cerebral, cerebellar, and brainstem locations of small vessel ischemic lesions/infarctions in COVID-19 patients. White bars indicate the three most common areas of insult per study (Subcortical/deep WM, Periventricular WM, Corpus callosum). (B) Number of studies that report cerebral, cerebellar, and brainstem locations of microbleeds in COVID-19 patients. Red bars indicate the three most common areas of insult per study (Corpus callosum, Subcortical/deep WM, Juxtacortical WM). Abbreviations: White matter (WM), Microbleeds (MB).

3.1.2. Case series

Eight case series were included, and detailed neuroimaging/histopathologic findings are included in Table 2. Four studies were observed in the setting of acute COVID-19 (Dixon et al., 2020; Fitsiori et al., 2020; Keller et al., 2020; Radmanesh et al., 2020), while the remaining four were in deceased COVID-19 patients (Coolen et al., 2020; Kirschenbaum et al., 2021; Martin et al., 2022; Wierzba-Bobrowicz et al., 2021). The four studies in acute COVID-19 were similar with respect to the patient population observed in the case reports, all with critical care due to respiratory failure/distress and/or severe neurologic complications, and when reported, elevated thromboinflammatory markers and CSF studies negative for SARS-CoV-2 virus. Thirty-eight patients (29 male, 9 female) were reported across these four studies. Two out of the four studies had a mean age of 67 years old (Fitsiori et al., 2020; Keller et al., 2020) with the remaining two studies having a mean age of 56 years old (Dixon et al., 2020) and 53 years old (Radmanesh et al., 2020). Neuroradiologic findings showed MB in 32/38 patients and ischemic lesions in 14/38 patients; however, not all studies assessed for both MB and ischemic lesions, potentially leading to biased results. In a study showing increased MB in COVID-19 patients, Dixon et al. (2020) reported that several patients post-COVID-19 had ongoing self-reported cognitive dysfunction; however, these symptoms were not further investigated by formal neurocognitive assessment. The majority of the 38 patients had cardiovascular comorbidities (e.g., hypertension, obesity, type 2 diabetes), however, nine patients who presented with CSVD pathology had no predisposing comorbidities or risk factors.

The four post-mortem case series reported gross pathological, histological, and post-mortem MRI findings from patients with COVID-19-related death. Eighty-two patients were reported across these four studies, and when included, thromboinflammatory markers pre-mortem were elevated (22/30 patients) (Coolen et al., 2020; Kirschenbaum et al., 2021; Martin et al., 2022). CSF studies were not included for any of the patients. Sex was included in 3/4 studies with a 2:1 male-female ratio (Kirschenbaum et al., 2021; Martin et al., 2022; Wierzba-Bobrowicz et al., 2021). Of these severe acute COVID-19 case

series of deceased patients, post-mortem MRI showed subcortical MB, specifically in the corpus callosum (CC), and WMH (Coolen et al., 2020; Kirschenbaum et al., 2021; Martin et al., 2022). Histology and gross pathological examination revealed CSVD findings, such as endothelitis, intravascular thrombosis, endothelial fibrosis, hyalinization, degeneration, and blood-brain barrier disruption from widened tight junctions and loss of matrix components in the basement membranes of capillaries (Kirschenbaum et al., 2021; Martin et al., 2022; Wierzba-Bobrowicz et al., 2021). All patients had one or more cardiovascular comorbidities, aside from a case series by Wierzba-Bobrowicz et al. (2021) where 92% of patients had comorbidities.

3.1.3. Observational studies

Sixteen observational studies of acute SARS-CoV-2 infection were included, highlighting many of the same conclusions as the case reports and series. Details of patient groups, characteristics, and neuropathological findings for the 16 acute and the seven recovered COVID-19 observational studies are reported in Table 3. The advantage of these studies was to compare different groups and control for comorbidities, past medical history, age, and sex to further solidify COVID-19 as the driver for cerebrovascular complications. COVID-19 patients with WMH and/or MB were associated with longer hospital stay, longer duration of mechanical ventilation and worse Glasgow Coma Scale compared to COVID-19 patients without neuropathology (Agarwal et al., 2020; Lersy et al., 2021). COVID-19 patients with MB had an increased burden of WMH compared to age, sex, past medical history, and acute symptom-matched COVID-19 patients with no MB (Napolitano et al., 2022). When comparing COVID-19 positive to COVID-19 negative patients, Mendez et al. examined 481 brain MRIs and found MB in 26/481 scans, 23.07% COVID-19 positive patients compared to 4.15% COVID-19 negative patients (Mendez Elizondo et al., 2021). Hauteclouque et al. (2021) compared nine COVID-19 positive patients with stroke vs 50 COVID-19 negative patients with stroke and found significantly more microvascular infarctions in COVID-19 positive (4/9) compared to COVID-19 negative (6/50) patients matched for age, sex,

past medical history, and cardiovascular risk factors. To examine the differences between acute respiratory distress syndrome (ARDS) and COVID-19-related cerebral small vessel pathology, Shoskes et al. (2022) measured the burden of WMH and MB in COVID-19 positive ARDS patients vs. COVID-19 negative ARDS age and sex-matched patients. 4/26 COVID-19 positive patients had diffuse and/or multifocal WMH with underlying MB and COVID-19 negative ARDS group did not have any patients with this presentation. Multiple observational studies solidified the findings in case reports and series, reporting small vessel infarctions, WMH, and MB in COVID-19 patients (Conklin et al., 2021; Dixon et al., 2020; Fällmar et al., 2022; Kremer et al., 2020; Lin et al., 2020; Sawlani et al., 2021; Shahjouei et al., 2021; Taylor et al., 2020; Uginet et al., 2022).

Seven observational studies of recovered COVID-19 patients were also included, detailing long-term COVID-19-induced cerebrovascular complications and their association with cognitive impairment. In a study conducted by Bungenberg et al., 70% of this patient cohort had complaints of long-term cognitive impairment for 29 weeks following acute COVID-19. These patients were grouped into non-hospitalized and hospitalized groups, and MB were only seen in the recovered COVID-19 patients who were hospitalized. Moreover, MB were associated with worse cognitive functioning (Bungenberg et al., 2022). Andriuta et al. (2022) also observed impaired cognitive functioning in recovered COVID-19 patients. This patient cohort underwent neuroradiologic imaging 202 days after infection, and increased WMH burden negatively associated with cognitive performance with areas of executive function most affected. In a longitudinal study conducted by Lersy et al. (2022), COVID-19 patients underwent an MRI during acute infection and follow-ups at 95 and/or 189 days post-infection. Nineteen out of thirty-one patients had abnormal brain perfusion, nine with MB, four with small vessel infarct, and four with cerebral vasculitis at baseline. During follow-ups, MB remained stable, vasculitis resolved, and perfusion was normalized in 11/19 patients. However, at three months, 23 patients who underwent fluorodeoxyglucose (FDG)-positron emission tomography (PET)-CT had hypometabolism and for the 12 patients who had a second scan, five had persisting hypometabolism. In this patient cohort, working memory and executive functions were diminished in half of the patients through follow-ups. Cecchetti et al. (2022) examined recovered COVID-19 patients vs age, sex, and cardiovascular risk factor matched COVID-19 negative controls to assess CSVD pathology and cognitive function. Recovered COVID-19 patients had increased volume of WMH at 2 months after hospital discharge compared to controls. Increased WMH burden correlated with worse cognitive functioning. In a study by Poletti et al. (2022), COVID-19 patients who were recovered for 2 months underwent MRI and proton magnetic resonance spectroscopy to identify the presence of ischemic lesions and reduced glutathione (GSH) levels in the brain and anterior cingulate cortex (ACC), respectively. Increased WMH negatively associated with GSH levels in the ACC. As GSH is the main antioxidant in the brain (Dwivedi et al., 2020), this finding provides mechanistic insight into COVID-19 pathophysiology in the cerebrovasculature. Higher mean diffusivity (MD) from diffusion tensor imaging (DTI) revealed disrupted white matter integrity in recovered COVID-19 patients compared to age, sex, and cardiovascular risk factor controls. Although, authors stated that markers for CSVD based on DTI imaging did not differ between controls and recovered COVID-19 patients (Petersen et al., 2022). In addition, studies conducted by Pelizzari et al. (2022) and Petersen et al. (2022) showed that recovered COVID-19 patients had no difference in MB burden, infarctions, or WM lesions compared to COVID-19 negative controls.

3.2. Risk of bias

The risk of bias was assessed using the JBI critical appraisal tools with specific checklists for case reports, case series, cross-sectional, and case-control observational studies. A summary of the assessment results

is in [Supplementary Table A2–4](#). For case reports, patient history and presentation of the case as a timeline was unclear for eight studies (Abdi et al., 2020; Cannac et al., 2020; De Stefano et al., 2020; Fraiman et al., 2020; Frisullo et al., 2020; Hanafi et al., 2020; Rudilosso et al., 2020; Shoskes et al., 2020), current clinical condition was unclear for three (Cannac et al., 2020; Hanafi et al., 2020; Zhang et al., 2021), and diagnostic tests/assessment methods were unclear for one (Fraiman et al., 2020). Bias assessment of case-series resulted in three studies that did not have clear inclusion criteria and one that was unclear (Fitsiori et al., 2020; Keller et al., 2020; Kirschenbaum et al., 2021; Martin et al., 2022). Two studies did not have consecutive inclusion of participants (Kirschenbaum et al., 2021; Wierzba-Bobrowicz et al., 2021) and three had either unclear or did not have complete inclusion of participants (Kirschenbaum et al., 2021; Martin et al., 2022; Wierzba-Bobrowicz et al., 2021). One study had unclear reporting of patient demographics and clinical information (Radmanesh et al., 2020). For observational studies, one had groups that were not matched (Agarwal et al., 2020) and three studies had unclear criteria for inclusion and/or the same criteria used for identification of cases and controls (Bungenberg et al., 2022; Cecchetti et al., 2022; Mendez Elizondo et al., 2021; E. L. Petersen et al., 2022). Description of participants was not detailed or unclear in two studies (Mendez Elizondo et al., 2021; Pelizzari et al., 2022) and measurement of exposure (i.e., COVID-19) was unclear or not measured in a valid and reliable way in cases and controls in three studies (Cecchetti et al., 2022; Lersy et al., 2022; Shoskes et al., 2022). Five studies did not systematically evaluate confounders (Conklin et al., 2021; Lersy et al., 2022; Lin et al., 2020; Mendez Elizondo et al., 2021; Taylor et al., 2020). Lastly, outcomes were not valid or reliable, or were unclear in the validity or reliability of measurements in two studies (Conklin et al., 2021; Taylor et al., 2020).

4. Discussion

This systematic review investigated the contribution of COVID-19 in the development of CSVD in patients with a history of, or active SARS-CoV-2 infection. We found that CSVD pathology had a specific predilection for the corpus callosum, juxtacortical white matter, subcortical white matter, and periventricular white matter in acute and recovered COVID-19 patients, differing in predilection from other known causes of MB or ischemic lesions (i.e., ARDS, hypertension). Most COVID-19 studies with CSVD pathology were ≥ 55 years old (67%), an important finding as age is the number one non-modifiable risk factor for cerebrovascular accidents and doubles the risk of cerebrovascular complications every decade after 55 years old (Yousuffuddin and Young, 2019). Moreover, age-related comorbidities (i.e., hypertension, type 2 diabetes) were highly prevalent among COVID-19 patients with CSVD. Many patients were in severe condition during acute infection, and biomarkers of thromboinflammation (e.g., CRP, IL-6, ferritin, D-dimer) were elevated in most studies, where laboratory data were reported. Furthermore, our review of the literature detailed COVID-19 patients with CSVD complications and patient characteristics consisting of cardiovascular comorbidities, increased severity of acute infection, and advanced age. These factors and concomitant history of, or active SARS-CoV-2 infection may have contributed to endothelial dysfunction and resulting elevations in thromboinflammatory markers, precipitating a CSVD pathology.

There is a strong link between COVID-19 severity and increased age (Neves et al., 2021). The elderly population has a greater amount of acute and post-COVID-19 complications, with two of the most prominent being neurological and vascular chronic complications (Alimohamadi et al., 2020; Mehandru and Merad, 2022; Mueller et al., 2020; Rahmani et al., 2022; SeyedAlinaghi et al., 2021). Aging is also a risk factor for developing long-COVID (Raveendran et al., 2021), in which the majority of patients experience cognitive impairment (Guo et al., 2022). COVID-19 is known to cause elevated levels of inflammation, levels which are chronically elevated in aging individuals (Zuo et al.,

2019), in acute (Cao, 2020; Chen et al., 2020; Del Valle et al., 2020; Paliogiannis et al., 2020) and recovered COVID-19 patients (Holms, 2022; Peluso et al., 2021; Schultheiß et al., 2022), and increase the risk, particularly in individuals with age-related comorbidities, of developing endothelial dysfunction (Damiani et al., 2020; Incalza et al., 2018; Lorenzo et al., 2020; Pons et al., 2020; Ruhl et al., 2021; Sabioni et al., 2020; Sardu et al., 2020). Endothelial dysfunction is directly involved in many age-related conditions such as peripheral artery disease (Owens et al., 2022), diabetes, and heart disease (Rajendran et al., 2013). In addition to these pathologies, CSVD, a condition that primarily disrupts the normal functioning of small vessels in the brain (Mustapha et al., 2019) and has an increased risk of development with age (Mu et al., 2022), appears to be exacerbated by COVID-19. However, the exact mechanism underlying SARS-CoV-2 disruption of cerebrovascular endothelial function and, in turn, augmented CSVD pathology is unknown.

Two distinct CSVD pathologies seen in COVID-19 patients are small vessel ischemic lesions/infarctions and cerebral MB with each pathology having a predilection for the subcortex and corpus callosum, respectively. Small vessel ischemic lesions/infarctions are more prevalent in the white matter due to increased vulnerability from decreased capillary density (Hase et al., 2019; Pantoni et al., 1996). Ischemic lesions and recent infarctions are commonly seen as hyperintense signals on T2 FLAIR MRI (Chojdak-Lukasiewicz et al., 2021), and when located in the white matter, represented by WMH (Li et al., 2018), are further classified as subcortical/deep and periventricular WMH (Griffanti et al., 2018) and are associated with aging (d'd'Arbeloff et al., 2019) and many age-related diseases, including hypertension (Hajjar et al., 2011), type 2 diabetes (Wang et al., 2020), and hypercholesterolemia (Moroni et al., 2020). MB are also associated with aging and age-related diseases (Martinez-Ramirez et al., 2014), with some conditions having specific locations of MB associated with the underlying pathology. In patients with MB due to hypertension, these lesions are located in deep gray matter or the brainstem (Lee et al., 2018), while type 2 diabetes and aging do not have a specific predilection, but are associated with increased burden (Altmann-Schneider et al., 2011; Zhou et al., 2017). However, there is ample evidence that ARDS or mechanical ventilation, a common complication in severe COVID-19, have localization of MB to specific areas of the brain. There is potential for iatrogenic acute lung injury during mechanical ventilation causing hypercapnia and cerebrovascular dilation, resulting in increased cerebral blood flow and intracranial hypertension, a well-documented cause of cerebral MB (Elmståhl et al., 2019; Ziaka and Exadaktylos, 2022). In addition, mechanical ventilation can cause excessive systemic pro-inflammatory cytokine release, further damaging the cerebrovascular endothelium and contributing to breakdown of the blood-brain barrier (Yang et al., 2022). In patients with ARDS, cerebrovascular vasoconstriction and concomitant endothelial cell activation may result from prolonged hypoxia, contributing to increased small vessel ischemic lesions/infarctions (Elmståhl et al., 2019). ARDS related cerebral MB have a distinct localization on neuroradiographic imaging, allowing for easier identification of the underlying pathology of CSVD. Similar to microbleeds seen from high altitude exposure, critical illness associated microbleeds (i.e., ARDS) have a predilection for the splenium of the corpus callosum (Riech et al., 2015) with MB sparing the cortex, deep/subcortical and periventricular white matter, basal ganglia and thalami (Fanou et al., 2017). While the corpus callosum was the most reported area for cerebral MB in our systematic review of the COVID-19 literature, subcortical and juxtacortical white matter were the second and third most reported. This indicates the possibility of the SARS-CoV-2 virus exacerbating underlying age-related conditions and medical comorbidities, while also causing direct damage to the cerebrovasculature opposed to the above-mentioned diseases and medical interventions.

Elevations in thromboinflammatory markers (e.g., CRP, IL-6, D-dimer) are common in acute (Ali, 2020; Yao et al., 2020) and recovered

(Lehmann et al., 2021; Mandal et al., 2021) COVID-19 patients, and were seen throughout this review in most patients where laboratory data was reported. Pathophysiological changes proposed for COVID-19 induced cerebrovascular dysfunction is elevations in pro-inflammatory cytokines and reactive oxygen species (ROS) (Sashindranath and Nandurkar, 2021), acutely and in recovered patients (Vollbracht and Kraft, 2022). SARS-CoV-2, through attachment of spike protein to ACE2 receptor on endothelial cells, causes dysregulation of endothelial functions inducing a pro-thromboinflammatory and pro-oxidative environment, as well as activation of complement, increased endothelial barrier permeability and impaired vasodilatory capacity (Otfi and Adiga, 2022; Xu et al., 2021). Therefore, it is reasonable to assume that the dysregulation of these functions underlies the cerebrovascular complications reported in COVID-19 induced CSVD cases. While the 'cytokine storm' observed in COVID-19 patients is a well-established systemic manifestation of acute infection (Montazersaheb et al., 2022), multiple research groups, Peluso et al. and Schultheiß et al., have demonstrated that COVID-19 is associated with long-lasting elevations in inflammation evidenced by increased levels of pro-inflammatory cytokines IL-1, IL-6 and TNF-alpha up to 10 months after infection (Holms, 2022; Peluso et al., 2021; Schultheiß et al., 2022). In addition, Al-Hakeim et al. reported increased oxidative damage elicited by ROS in recovered COVID-19 patients that correlated with depression and anxiety, neuropsychiatric conditions that often accompany dementia (Lyketsos et al., 2002), 3 months following infection (Al-Hakeim et al., 2022). This, in conjunction with the known deleterious effects of oxidative stress and inflammation on the vasculature and its association with cognitive impairment (Ungvari et al., 2018), provide a strong rationale for the proposed hypothesis of COVID-19 inducing cerebrovascular dysfunction and long-lasting cognitive impairment through promotion of a prolonged thromboinflammatory environment and dysregulation of endothelial function.

Normal brain function critically depends on adequate oxygen and nutrient delivery which is achieved through the fundamental homeostatic mechanism of neurovascular coupling (NVC). NVC is responsible for moment-to-moment adjustment of cerebral blood flow through endothelium-dependent cerebrovascular dilation to match the increased metabolic needs of active brain regions. This enables rapid increases in O₂ and glucose delivery to active neurons and washout of toxic metabolic by-products (Csipo, Lipecz, Mukli et al., 2021; Csipo et al., 2019; Tarantini et al., 2017). Preclinical evidence indicates the cerebrovascular endothelium and endothelial nitric oxide production as key mediators in the NVC response with pharmacological impairment of brain capillaries attenuating the NVC response, and rescue of cerebrovascular endothelial function ameliorating NVC dysfunction and restoring cognitive function (Csiszar et al., 2019; Tarantini et al., 2021; Tarantini et al., 2015; Tarantini, Valcarcel-Ares et al., 2019; Tarantini et al., 2018; Tarantini, Yabluchanskiy et al., 2019; Toth et al., 2014). Impaired NVC is strongly associated with cognitive impairment (Csipo, Lipecz, Owens et al., 2021; Owens et al., 2022; Tarantini et al., 2017), Alzheimer's Disease (Tarantini et al., 2017; Zhu et al., 2022) and VaD (Quick et al., 2021; Shabir et al., 2018). Patients with diseases and conditions known to impair the peripheral macro- and microvascular endothelium (e.g. obesity, peripheral artery disease, aging, diabetes, hypertension) (Balasubramanian et al., 2021; Kazama et al., 2004; Owens et al., 2022; Scioli et al., 2014; Shi and Vanhoutte, 2017; Yannoutsos et al., 2014) have shown decreased cognitive performance (Hay et al., 2020) associated with impaired NVC (Balasubramanian et al., 2021; Csiszar et al., 2017; Duarte et al., 2015; Lasta et al., 2013; Mogi and Horiuchi, 2011; Owens et al., 2022; Tucsek et al., 2014). In addition, atherosclerosis, a systemic thromboinflammatory disease and leading cause of CSVD, is believed to impair NVC (Shabir et al., 2018), indicating the plausibility of generalized endothelial dysfunction extending to the cerebrovasculature and disrupting normal cognitive function. Proximal to microcirculatory regulation of NVC, larger cerebral arteries and arterioles regulate cerebral blood flow

by the myogenic autoregulatory mechanism. This ensures prevention of high pressure reaching the distal microcirculation, protecting against the detrimental effects of rapid changes in blood pressure, enabling the endothelium to locally regulate blood flow at the microvascular level (Toth et al., 2017). Impairment of cerebral autoregulation, seen in comorbidities commonly associated with vascular cognitive impairment and dementia (i.e., hypertension, diabetes) may also contribute to impairment of NVC due to hypoperfusion or elevated arterial pressure in the distal microcirculation, potentially causing CSVD pathologies of ischemic lesions and microbleeds, respectively (Wang et al., 2022). Moreover, CSVD is associated with impaired NVC (Moretti and Caruso, 2020) and is strongly linked to COVID-19, as is evidenced in this systematic review. This, in conjunction with the deleterious effects COVID-19 has on the vasculature, indicates the plausibility of impaired NVC being the mechanism for which cognitive impairment occurs in recovered COVID-19 patients.

Cerebrovascular impairment and resulting impaired cognitive performance has been shown to be reversible in pre-clinical and clinical studies (Csiszar et al., 2019; Sorond et al., 2013; Tarantini et al., 2021; Tarantini et al., 2018; Tarantini, Yabluchanskiy et al., 2019; Toth et al., 2014), indicating a promising therapeutic approach to target NVC and to combat long-term cognitive consequences in COVID-19 patients. In brief, these interventions have focused on attenuating oxidative stress through pharmacological treatment or genetic manipulation, which rescue NVC response due to restoration of cerebrovascular endothelial health. Due to the immense crosstalk between ROS, inflammation, and coagulation (Wu et al., 2020), targeting one or more of these pathways may prove beneficial for COVID-19 induced CSVD, cognitive impairment, and potentially, impaired NVC. Further, in a recent review of potential therapies for endothelial dysfunction in COVID-19 (Xu et al., 2023), lipid-lowering, anti-inflammatory, anti-coagulatory, and anti-oxidant drugs have shown protective effects against endothelial dysfunction in COVID-19. Hence, further investigation into the role of NVC dysfunction in COVID-19 induced CSVD, and potential benefits of endothelial protective treatment must be studied to mitigate acute and long-term effects of COVID-19 on cerebrovascular and cognitive health.

5. Limitations and Future Directions

5.1. Limitations of included studies and future directions

COVID-19 induced CSVD is a new phenomenon, with the spread of the SARS-CoV-2 virus and the resulting pandemic beginning in 2020. The limited number of longitudinal observational studies assessing the relationship between COVID-19 and CSVD make it difficult to generalize findings. However, with numerous case reports and series, we observed a trend of CSVD in this patient population in the acute phase and during convalescence. In addition, we noted a different neuroanatomical predilection for COVID-19 patients with CSVD compared to other underlying pathologies. Future studies in more homogeneous groups (e.g., controlled for comorbidities) are needed to assess the direct effect of COVID-19 induced CSVD. More extended cohort studies are needed to fully elucidate the impact of COVID-19 on cerebrovascular function. Baseline MRI is necessary to fully understand the long term and acute ischemic and hemorrhagic changes associated with COVID-19. Also, not all studies were assessing for both MB and ischemic lesions/infarctions, leading to a potential involuntary bias among papers only reporting microbleeds or ischemic lesions. While not a specific criterion for this review, neurocognitive testing should be employed in all longitudinal studies as CSVD is the leading cause of VaD and commonly occurs in conjunction with Alzheimer's Disease pathology (Kim et al., 2020). Future studies should investigate NVC as an area of impairment in this patient subset and as a potential mechanism for cognitive decline given the strong association between impaired NVC and vascular comorbidities associated with, and that contribute to CSVD.

5.2. Limitations of the review

COVID-19 exposure on the effect of CSVD pathology was qualitative rather than quantitative (meta-analysis), limiting the overall generalizability of the review. Bias assessment resulted in a minimal amount of bias regarding the primary outcomes pertinent to this review – COVID-19 status and CSVD pathology. However, key areas need to be addressed for future studies, such as clear information regarding inclusion criteria (e.g., severe COVID-19), and patient demographics/clinical information must be reported as age-related comorbidities are strongly associated with COVID-19 adverse events. Lastly, in case-control and cohort studies, groups need to be matched for comorbidities, age, and sex to assess COVID-19 as an independent factor driving cerebrovascular pathologies.

6. Conclusion

CSVD is a prevalent complication in COVID-19 patients with older individuals and those with underlying age-related diseases at increased risk for cerebrovascular complications and cognitive decline (Fig. 3). While the etiology of CSVD in this patient population has yet to be uncovered, evidence points towards a systemic action of the SARS-CoV-2 virus, inducing elevations in thromboinflammation and ROS, eliciting deleterious effects on the vasculature. Small vessel complications in COVID-19 have a predilection for the subcortical white matter, corpus callosum, juxtacortical white matter, and periventricular white matter, differentiating this CSVD pathology from other known causes (e.g., ARDS, hypertension). While there is a difference in neuroanatomical

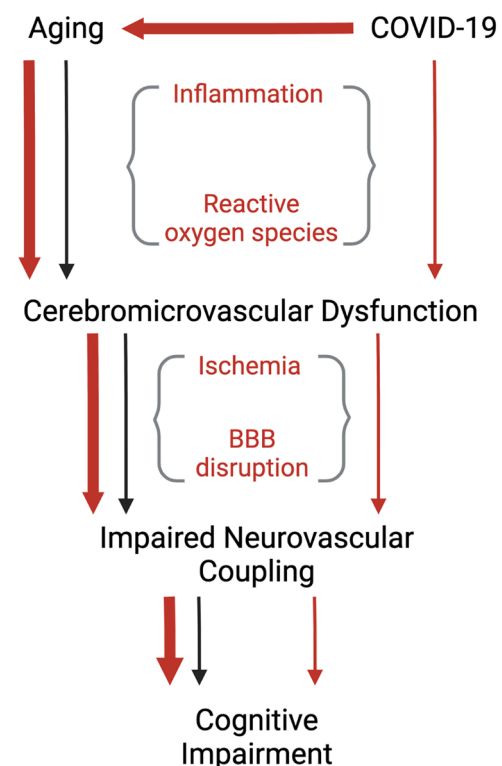


Fig. 3. COVID-19 exacerbation of age-related mechanisms contributing to cognitive impairment. The diagram outlines COVID-19 (red arrows) and aging (black arrows) independent effects on cerebrovascular function and COVID-19 exacerbation (large red arrows) on age-related cerebrovascular dysfunction and cognitive impairment. We hypothesize that the effect of COVID-19 on cognition is through exacerbation of age-related pathophysiological elevations in inflammation and reactive oxygen species, resulting in cerebrovascular dysfunction and contributing to CSVD pathology, concluding with impaired NVC and cognitive impairment.

preference, further studies are needed to differentiate the effect of COVID-19 from past medical history, comorbidities, hospital intervention, and critical care status. With the association of cognitive impairment in COVID-19, and CSVD being a leading cause of vascular cognitive impairment and dementia, NVC should be considered as a mechanism for cognitive dysfunction in this patient population. Identifying a mechanism for COVID-19-induced CSVD may open the door for novel treatments and mitigate the incidence and progression of cognitive impairment in this vulnerable patient population.

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CRediT authorship contribution statement

Cameron D. Owens: Conceptualization, Methodology, Validation, Investigation, Data curation, Writing – original draft, Writing – review & editing, Visualization, Funding acquisition. **Camila Bonin Pinto:** Conceptualization, Methodology, Validation, Writing – review & editing, Visualization, Funding acquisition. **Sam Detwiler:** Validation, Investigation, Data curation, Writing – review & editing. **Peter Mukli:** Writing – review & editing. **Anna Peterfi:** Writing – review & editing. **Zsafia Szarvas:** Writing – review & editing. **Jordan R. Hoffmeister:** Writing – review & editing. **Juliette Galindo:** Writing – review & editing. **Jila Noori:** Writing – review & editing. **Angelia C. Kirkpatrick:** Writing – review & editing. **Tarun W. Dasari:** Writing – review & editing, Funding acquisition. **Judith James:** Writing – review & editing, Funding acquisition. **Stefano Tarantini:** Writing – review & editing, Funding acquisition. **Anna Csiszar:** Writing – review & editing, Funding acquisition. **Zoltan Ungvari:** Writing – review & editing, Funding acquisition. **Calin I. Prodan:** Conceptualization, Writing – review & editing, Funding acquisition. **Andriy Yabluchanskiy:** Conceptualization, Writing – review & editing, Supervision, Project administration, Funding acquisition.

Declaration of Competing Interest

None.

Data Availability

No data was used for the research described in the article.

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Graphical abstract and figures were created with BioRender.com and GraphPad Prism version 9.5.1 for MacOS, GraphPad Software, San Diego, California USA, www.graphpad.com.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.arr.2023.101962](https://doi.org/10.1016/j.arr.2023.101962).

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