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Inflammasomes and atherosclerosis: a mixed picture

Alan R. Tall¹, Karin E. Bornfeldt²

¹Division of Molecular Medicine, Department of Medicine, Columbia University Irving Medical Center, New York, NY

²Division of Metabolism, Endocrinology and Nutrition, Department of Medicine, University of Washington Medicine Diabetes Institute, University of Washington, Seattle, WA, USA.

Abstract

The CANTOS and colchicine trials suggest an important role of inflammasomes and their major product IL-1 β in human atherosclerotic cardiovascular disease (CVD). Moreover, studies in mouse models indicate a causal role of inflammasomes and IL-1 β in atherosclerosis. However, recent studies have led to a more granular view of the role of inflammasomes in atherosclerosis. Studies in hyperlipidemic mouse models suggest that prominent activation of the NLRP3 inflammasome requires a second hit such defective cholesterol efflux, defective DNA repair, clonal hematopoiesis or diabetes. Similarly in humans some mutations promoting clonal hematopoiesis increase coronary artery disease risk in part by promoting inflammasome activation. Recent studies in mice and humans point to a wider role of the AIM2 inflammasome in promoting CVD including in some forms of clonal hematopoiesis and diabetes. These developments suggest a precision medicine approach in which treatments targeting inflammasomes or IL-1 β might be best employed in clinical settings involving increased inflammasome activation.

Keywords

cardiovascular disease; clonal hematopoiesis; diabetes; inflammasome; interleukin 1 β ; macrophage; mouse models

Introduction

Cardiovascular disease (CVD) comprising ischemic heart disease and stroke remains the major cause of death in the US¹ and is a leading cause of mortality and disability globally.² The downward trend in CVD in part reflecting treatment of traditional risk factors has stalled and reversed in recent years, paralleling the rise in obesity, metabolic syndrome and diabetes.^{3, 4} Even in clinical trials with marked LDL lowering, there is a large burden of residual atherosclerotic CVD, pointing to the need for new treatment and prevention approaches.⁵ Recent clinical trials suggest that inflammation mediated by inflammasome activation, which results in cellular release of the cytokines interleukin 1 β (IL-1 β) and

Correspondence: art1@columbia.edu or kbornfeldt@medicine.washington.edu.

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IL-18, contributes to residual CVD risk. Thus, anti-inflammatory therapies using IL-1 β antibodies⁶ or colchicine^{7, 8} have shown amelioration of CVD in subjects on lipid-lowering therapies, confirming the role of inflammation in CVD and suggesting an important role of inflammasomes in residual CVD risk in humans.⁹ However, IL-1 β antibodies caused a small increase in infections, including fatal sepsis, and colchicine doubled the risk of pneumonia. This suggests the need for novel anti-inflammatory treatments that may be less immunosuppressive and for targeting populations at greater inflammatory risk. An improved mechanistic understanding of the role of inflammasomes in athero-thrombotic CVD might help to find new treatments acting on inflammasomes or their downstream products, and to identify patients who would benefit most from such treatments. We will review the role of inflammasomes in atherosclerotic CVD, focusing on NLRP3 (NACHT [nucleotide triphosphatase containing domain], leucine rich repeat [LRR]- and pyrin domain [PYD]-containing protein 3) and AIM2 (Absent In Melanoma 2) inflammasomes and their roles in atherosclerosis and its complications. We will emphasize more recent developments in the field, while referring the reader to several outstanding reviews relevant to this topic.^{9–12} Inflammasome activation also has an important role in initiation and progression of heart failure as reviewed elsewhere.^{10, 13–15}

NLRP3 and AIM2 inflammasomes

Inflammasomes are cytoplasmic supramolecular complexes that form primarily in innate immune cells in response to exogenous microbial invasion or endogenous damage signals.¹⁶ NLRP3 is an inflammasome sensor. NLRP3 inflammasome activation is a two-step process with priming events increasing the expression of inflammasome components and mediators, such as *Nlrp3*, *Casp1* and *Il1b*, and an activation step involving oligomerization and conformational rearrangement of NLRP3, binding of the PYD domain to the adaptor ASC (apoptosis-associated speck-like protein containing a caspase recruitment domain) and activation of the effector, caspase-1.¹⁷ Active caspase-1 mediates cleavage and activation of pro-IL-1 β , pro-IL-18 and Gasdermin D (GSDMD);^{17, 18} cleaved GSDMD N-terminal fragments oligomerize and form membrane pores that permit the secretion of active IL-1 β and IL-18 as well as release of pro-inflammatory cell contents such as high mobility group proteins and ATP (Figure 1). GSDMD pore formation can also lead to a programmed type of cell death termed pyroptosis.¹⁷ IL-1 β promotes inflammasome priming via its receptor IL-1R1 which leads to further NLRP3 inflammasome activation through an autocrine or paracrine positive feedback loop.

While danger signals are involved in the NLRP3 priming step, acting via toll-like receptors (TLRs) and NF- κ B activation, the activation step may be promoted by a variety of different damage-associated molecular patterns (DAMPs) and other factors, including extracellular ATP, bacterial toxins and membrane damage by crystals of uric acid or cholesterol.¹⁹ Moreover, increased mitochondrial reactive oxygen species (ROS) formation has often been associated with NLRP3 inflammasome activation. In response to lipopolysaccharide (LPS; a TLR4 ligand) preincubation and NLRP3 activation signals, oxidative damage of newly synthesized mitochondrial DNA may lead to release of oxidized DNA fragments that activate the NLRP3 inflammasome,²⁰ possibly via direct interaction with NLRP3.²¹ However, a recent study has suggested that mitochondrial generation of creatine phosphate,

which may promote formation of cytosolic ATP and activation of NLRP3 via its NACHT domain, mediates activation rather than ROS generated in the mitochondrial electron transport chain.²² Almost all NLRP3 activators converge ultimately on K⁺ efflux¹⁹ (Figure 1).

The NLRP3 inflammasome is tightly regulated at several additional levels. For example, NLRP3 is subject to multiple posttranscriptional modifications including phosphorylation and ubiquitylation. Phosphorylation of specific serine residues leads to binding of the deubiquitylating enzyme BRCC3 (BRCA1/BRCA2-Containing Complex Subunit 3) whose activity controls NLRP3 activation.^{23, 24} A distinct phosphorylation site inhibits NLRP3 activation in response to prostaglandin E₂ and subsequent activation of protein kinase A.²⁵ GSDMD pore formation may also be regulated by multiple processes. Thus, oxidation of C92 in GSDMD by ROS has been shown to promote oligomerization.²⁶ An increased generation of ROS in macrophages might therefore promote IL-1 β and IL-18 release and pyroptosis by increasing GSDMD pore formation in addition to activating the NLRP3 inflammasome upstream of GSDMD cleavage.

The NLRP3 inflammasome activity is also regulated by subcellular localization. Recent cryo-electron microscopy (cryo-EM) studies have revealed that inactive NLRP3 forms a double ring cage held together by leucine-rich repeat (LRR) interactions that shield the PYRIN domain and prevent premature activation.²⁷ The centrosomally located, mitotic kinase NEK7 (NIMA-related kinase 7) licenses the assembly and activation of the NLRP3 inflammasome in interphase independent of its catalytic activity;^{28, 29} given that amounts of NEK7 in the cell are limiting, this makes NLRP3 inflammasome activation and mitosis mutually exclusive processes.²⁹ An integrated model based in part on cryo-EM imaging of NLRP3 bound to ASC and NEK7 in its active state has suggested that following priming NLRP3 is localized both in the cytosol and on the trans-Golgi network in monomeric and cage forms, respectively.^{27, 30} On stimulation, membrane-bound NLRP3 undergoes conformational changes in the cage form and the trans-Golgi network disperses into vesicles. These NLRP3-containing vesicles are trafficked on microtubules to the microtubule organizing center,^{31, 32} where centrosomally-localized NEK7 may interact with NLRP3 to open the cage, possibly leading to rearrangement into active NLRP3 oligomers. Recruitment of ASC then helps to complete NLRP3 disc formation and transduce the activation signal. An alternative NLRP3 activation mechanism has been described in human monocytes that involves TLR4-TRIF-RIPK1-FADD-CASP8 signaling and does not require centrosomal localization, NEK7 or ASC speck formation.³³ Furthermore, in human induced pluripotent stem cell-derived macrophages an IKK β -PI4P trans-Golgi dependent mechanism bypasses the need for NEK7 in NLRP3 inflammasome activation.³⁴ Together these studies reveal multiple pathways of NLRP3 inflammasome activation and possible species differences in the requirement for NEK7.

The specific NLRP3 inhibitor MCC950³⁵ that has been widely used in preclinical studies to define the role of NLRP3 in metabolic diseases such as atherosclerosis³⁶ and diabetes³⁷ interacts directly with the NLRP3 NACHT domain, preventing ATP hydrolysis and keeping NLRP3 inactive.^{38, 39} The cryo-EM structure of MCC950 bound to NLRP3 has revealed a complex, specific interaction, paving the way for rational design of

future NLRP3 inhibitors.⁴⁰ It has been speculated that specific NLRP3 inhibition may be less immunosuppressive than inhibition of downstream components common to all inflammasomes,⁹ but this remains to be determined.

AIM2 is an interferon-induced sensor of fragments of double stranded DNA (dsDNA) via sequence-independent electrostatic interactions.^{41–43} dsDNA-induced polymerization of AIM2 leads to inflammasome assembly, ASC binding and caspase-1 activation (Figure 2). AIM2 has an important role in detecting dsDNA derived from bacteria or viruses and plays a key role in host defense.⁴⁴ AIM2 can also be activated by DNA replication stress and oxidative damage of nuclear DNA during neurodevelopment⁴⁵ or in response to radiation-induced nuclear DNA damage in enterocytes or bone marrow cells.⁴⁶ DNA fragments recognized by AIM2 can be derived from mitochondria, chromosomal DNA and potentially from extracellular sources such as circulating DNA fragments or neutrophil extracellular traps (NETs).^{47, 48}

Role of the NLRP3 inflammasome in murine atherosclerosis

A role of the NLRP3 inflammasome in promoting atherosclerosis was first shown in Western diet-fed LDL receptor-deficient (*Ldlr*^{-/-}) mice.⁴⁹ Genetic deletion of the inflammasome components *Nlrp3*, *Asc* or *Il1b* led to significantly reduced early atherosclerosis. While many reports have confirmed these findings (reviewed in¹¹), others have found no significant impact of genetic deletion or inhibition of inflammasomes on atherosclerosis in high cholesterol diet-fed apolipoprotein E-deficient (*ApoE*^{-/-}) or *Ldlr*^{-/-} mice.^{36, 50–54} The reasons for the different results are uncertain but could be related to female-specific effects of NLRP3,⁵⁵ stage of lesion development, microbiome effects or other experimental variables. Some studies have found no impact of deletion of *Nlrp3* or *Casp1/11*, or inhibition of IL-1 β in Western diet-fed female *Ldlr*^{-/-} mice in either early or late lesions.⁵⁶ The variable results could be interpreted to suggest that there is only a low level of underlying inflammasome activation in the standard mouse atherosclerosis models. When additional factors are introduced to promote inflammasome activation, by deleting genes mediating cholesterol efflux⁵¹ or oxidative DNA damage repair,⁵⁵ introducing mutations that cause clonal hematopoiesis,^{52, 57} or inducing diabetes^{37, 58} there is a more clearcut impact of NLRP3 inflammasomes on atherosclerosis (Figure 1).

Monocytes infiltrating atherosclerotic lesions and lesion macrophages may undergo NLRP3 inflammasome priming in response to TLR signaling induced by oxidized LDL⁵⁹ or other danger signals.⁹ Several different factors may be involved in the second step of inflammasome activation in atherosclerosis. NLRP3 activation may result from extracellular ATP released from dying cells, exposure of macrophages to extracellular cholesterol crystals or formation of cholesterol crystals from modified LDL in the endosomal system leading to lysosomal damage and cathepsin release.^{49, 60} Cholesterol crystals are prominent in advanced atherosclerotic lesions and likely are involved in NLRP3 inflammasome activation. More generally, cholesterol crystal accumulation in tissues has been associated with inflammation and impaired function. Cholesterol crystal accumulation in the skin in ACAT1 (acyl-CoA cholesterol acyltransferase 1) knockout mice has been associated with massive xanthomatosis and inflammatory cell infiltration,⁶¹ while accumulation of ageing- or injury-

associated myelin debris in the phagocytes in the central nervous system is associated with cholesterol crystal formation and NLRP3 inflammasome activation, with reversal by stimulation of cholesterol efflux by cyclodextrin or LXR activator treatment.⁶²

In contrast to these observations, small refractile crystals observed in early foam cell atherosclerotic lesions⁴⁹ may represent extracellular cholesteryl ester droplets that are in liquid or liquid crystal form at body temperature but are only formed when samples are cooled below body temperature^{63, 64} so the role of cholesterol crystals in early lesions remains uncertain. In mice with myeloid cell-deficiency of the cholesterol efflux promoting transporters ABCA1 and ABCG1, macrophage cholesterol accumulation and NLRP3 inflammasome activation occurs without evidence of lysosomal damage.⁵¹ While part of the mechanism involves plasma membrane cholesterol accumulation, increased TLR4 signaling and inflammasome priming, the response to activation signals also appears to be increased.^{51, 65} Moreover, accumulation of cholesterol in the ER may be required for NLRP3 inflammasome activation.⁶⁶ Thus, it seems that while cholesterol crystals can activate the NLRP3 inflammasome in response to macrophage membrane damage in advanced lesions, cholesterol accumulation in membranes and intracellular organelles is also probably involved in NLRP3 inflammasome priming and activation and involves mechanisms that remain to be clearly defined.

A recent study reported that activation of Olfactory Receptor 2 (OLR2) in vascular macrophages by its ligand octanal promoted atherosclerosis via the NLRP3 inflammasome.⁶⁷ Injection of octanal, a lipid peroxidation product found in plasma and atherosclerotic lesions, promoted atherosclerosis, while transplantation of *Olr2*^{-/-} bone marrow into *Ldlr*^{-/-} mice reduced atherosclerosis and blunted the impact of octanal injection, revealing a novel, therapeutically targetable mechanism of atherogenesis. Octanal increased cAMP, Ca²⁺ fluxes and ROS production in macrophages and LPS+octanal treatment increased IL-1 β and lactate dehydrogenase secretion (a marker of membrane permeability), suggesting that octanal might provide a second signal to activate the NLRP3 inflammasome. However, secretion of IL-1 α (which is not a direct product of the NLRP3 inflammasome^{9, 68}), TNF- α and CCL4 were also increased by octanal+LPS treatment suggesting a widespread pro-inflammatory effect of octanol treatment; in vivo evidence that atherogenic properties of octanal were dependent on NLRP3 was not provided. Thus, the precise in vivo pro-atherogenic mechanisms underlying effects of lipid peroxidation products and the in vivo role of inflammasomes in this process are somewhat uncertain.

Together, these studies highlight roles for cellular and lesion overaccumulation of cholesterol and maybe lipid peroxidation products in NLRP3 activation and suggest that the NLRP3 inflammasome plays a much more prominent role in atherogenesis in mouse models when multiple exacerbating factors are involved.

The AIM2 inflammasome and atherosclerosis

Although much less studied than the NLRP3 inflammasome, emerging evidence in mice and humans suggests a role of the AIM2 inflammasome in atherosclerotic CVD. The first study to implicate the AIM2 inflammasome in murine atherosclerosis was performed in high

cholesterol diet-fed *ApoE*^{-/-} mice.⁶⁹ Genetic deletion of *Aim2* or AIM2 inhibition using synthetic oligonucleotides reduced the levels of both IL-1 β and IL-18 in atherosclerotic lesions, decreased necrotic core size and increased fibrous cap thickness, suggesting plaque stabilization. The authors speculated that sources of extracellular DNA such as NETs might be providing DNA fragments for AIM2 activation. The AIM2 inflammasome has also been implicated in atherosclerosis and plaque instability in clonal hematopoiesis in both mice and humans and in plaque area in diabetic mice⁵⁸ (see below). The underlying mechanisms of AIM2 inflammasome activation seem to involve increase oxidative glucose metabolism, mitochondrial ROS generation, oxidative DNA damage and DNA replication stress⁵² (Figure 2).

During microbial infections the enzyme cholesterol 25-hydroxylase is induced in response to TLR activation and signaling by Type 1 interferons, playing a role in host defense.⁷⁰ In mice with cholesterol 25-hydroxylase-deficiency, increased cholesterol synthesis and cholesterol enrichment of the ER and mitochondria results in increased mitochondrial ROS generation, DNA damage and AIM2 inflammasome activation without cholesterol crystal formation.⁷¹ Thus, there may also be links between intracellular cholesterol accumulation and AIM2 inflammasome activation.

Emerging roles for NLRP3 and AIM2 inflammasomes in atherosclerosis associated with metabolic dysfunction and diabetes

If there is only a low level of inflammasome activation in the standard mouse atherosclerosis models, it is reasonable to hypothesize that inflammasome inhibition would have a greater beneficial effect on atherosclerosis in mouse models in which there is increased underlying NLRP3 or AIM2 activation. One such condition could be diabetes, which is associated with increased oxidative stress, dyslipidemia and elevated levels of DAMPs, which could act to prime and activate inflammasomes.^{37, 72, 73}

Recent research supports a role for inflammasomes as mediators of inflammation and atherosclerosis in response to metabolic dysfunction and diabetes. For example, when *ApoE*^{-/-} mice rendered diabetic using the β -cell toxin streptozotocin were treated with the small-molecule NLRP3 inhibitor MCC950, they were largely protected from the increased atherosclerosis, increased lesion macrophage content, increased lesion necrotic cores, and increased aortic gene expression of inflammatory mediators observed in untreated diabetic mice.³⁷ Importantly, atherosclerotic lesions were unaltered after MCC950 treatment in nondiabetic mice, suggesting that diabetes sensitizes the NLRP3 inflammasome pathway. The main lesion cell types showing an increase in NLRP3 levels in response to diabetes appeared to be smooth muscle cells and endothelial cells, but macrophages responded much more strikingly to the inhibitor ex vivo. The effect of the NLRP3 inhibitor was not due to significant improvement of blood glucose or plasma lipids. Because this study used systemic inhibition of NLRP3, it did not provide information on which cell type is most important in terms of NLRP3 inhibition in vivo. It is possible that NLRP3 inhibition in several cell types mediated the protective effects. Recent data suggest that NLRP3 activation occurs in hematopoietic cells in the setting of diabetes because NLRP3-deficient hematopoietic

chimerism in a high fat diet-fed streptozotocin *Ldlr*^{-/-} diabetes mouse model resulted in smaller atherosclerotic lesions, as compared with diabetic mice with wildtype bone marrow.⁵⁸ Together, these results are consistent with the interpretation that diabetes leads to activation of the NLRP3 inflammasome in hematopoietic cells, likely myeloid cells, and that this in turn promotes atherosclerosis.

What could trigger NLRP3 inflammasome activation in myeloid cells in diabetes? Cellular or extracellular overaccumulation of cholesterol is perhaps the most likely culprit. In addition, recent research points to metabolites and enzymes involved in metabolism as possible mediators, although most of this work so far has been done in cultured macrophages. In vivo verification is an important next step. The cellular relationships among inflammasomes and metabolism are likely due to intracellular changes in flux of metabolic pathways mediated by enzymatic activities or altered substrate levels under conditions of metabolic dysfunction.⁷⁴ Thus, the NLRP3 inflammasome can be activated or inhibited by intracellular changes in glycolytic enzymes, glycolytic flux and metabolites of the TCA cycle.⁷⁵ As glucose enters the macrophage, it is phosphorylated by hexokinase isoforms as the first step in glycolysis. Inhibition of hexokinase 1 or pyruvate kinase M2, which catalyzes the terminal step in glycolysis, dampens NLRP3 activation, while hexokinase 2 dissociation from the outer mitochondrial membrane promotes NLRP3 assembly. Moreover, itaconate, produced via the TCA cycle, has been shown to inhibit NLRP3 but not AIM2 inflammasome activation through a mechanism involving itaconate-mediated dicarboxypropylation of C548 in NLRP3, potentially impairing the ability of NLRP3 to interact with NEK7.⁷⁶ NEK7 can also be modified by metabolites: deglutathionylation of NEK7 C253 has been shown to increase in NLRP3 inflammasome activation.⁷⁷ Yet other studies have shown that itaconate can inhibit the NLRP3 inflammasome by several different mechanisms, reviewed in⁷⁵. However, most of these studies have employed itaconate tool compounds that are more reactive than itaconate, and a recent study failed to find any effect of itaconate on NLRP3 activation.⁷⁸ The role of glycolytic metabolites and enzymes in modulating NLRP3 activity in macrophages therefore appears to depend on experimental design. The in vivo relevance of these findings is still unclear because increased glycolytic flux in myeloid cells is not sufficient to induce increased atherosclerosis.⁷⁹

In addition to glucose and glutamine metabolites, saturated fatty acids can activate the NLRP3 inflammasome in cultured macrophages, perhaps by damaging the lysosomal membrane.⁸⁰ Conversely, unsaturated fatty acids have a protective effect.⁸¹ While the physiological relevance of exposing cultured macrophages to selected fatty acids may be questionable, the role of fatty acid metabolites can be investigated in vivo. Deletion of acyl-CoA synthetase 1, an enzyme that converts free fatty acids to acyl-CoAs for distribution into membrane phospholipids, lipid droplets, beta oxidation and other fates, has been shown to protect macrophages from palmitate-induced NLRP3 inflammasome activation in response to TLR4 activation.⁸² The finding that myeloid cell-targeted acyl-CoA synthetase 1-deletion protected mice from diabetes-accelerated atherosclerosis could therefore possibly be due in part to reduced inflammasome activation.⁸³

Another possible culprit of NLRP3 inflammasome activation in monocytes has recently been proposed to be apolipoprotein C3 (APOC3). Serum levels of APOC3 predict incident CVD

in three distinct cohorts of individuals with type 1 diabetes, indicating that serum APOC3 is a biomarker for increased CVD risk.⁸⁴ Mechanistic research in a mouse model of type 1 diabetes-accelerated atherosclerosis demonstrated that APOC3 is not only a biomarker, but also a causal mediator of atherosclerosis in diabetic mice.⁸⁵ The link of APOC3 to NLRP3 inflammasome activation was highlighted by studies demonstrating that delipidated APOC3 activates the NLRP3 inflammasome in human monocytes by an alternative pathway including caspase-8 and dimerization of TLR2 and TLR4.⁸⁶ This pathway did not require the classical NLRP3 priming step, consistent with the known alternative NLRP3 activation mechanism in human monocytes.³³ The reason human monocytes do not adhere to the classical priming and activation steps might be that these cells naturally release ATP upon stimulation with LPS and other pathogen-sensing receptor ligands.⁸⁷

However, APOC3 is a lipoprotein-bound protein in circulation, and the physiological relevance of delipidated APOC3 as an NLRP3 activator can therefore be questioned. Indeed, Hsu *et al* recently demonstrated that lipid-bound APOC3 does not share the ability of delipidated APOC3 to induce inflammasome activation in monocytes.⁸⁸ The reason for the loss of APOC3's inflammasome activation ability when bound to lipid particles could be due to masking of the TLR-binding when APOC3 is bound to lipid. It is also possible that lipid particles could neutralize very low levels of endotoxin contamination in purified APOC3 preparations. In further support for the lack of endogenous APOC3 to induce NLRP3 inflammasome activation *in vivo*; silencing of hepatic APOC3 expression in diabetic mice lowered plasma APOC3 levels but did not result in lowered plasma levels of IL-18 or IL-1 β , and elevated levels of APOC3 did not increase plasma IL-18 or IL-1 β .⁸⁸ Interestingly, a variant within the *NLRP3* gene locus associated with higher NLRP3 inflammasome activation (rs10754555) and CVD showed interaction with plasma APOC3 and triglyceride levels.⁸⁹ This finding highlights the links among NLRP3, plasma triglycerides, APOC3 and CVD, but does not demonstrate a causative role for APOC3 upstream of NLRP3 activation. Rather, mouse studies suggest that APOC3 might be placed downstream of the NLRP3 inflammasome because diabetic mice with hematopoietic NLRP3-deficiency exhibited reduced serum APOC3 levels.⁵⁸ While it cannot be ruled out that lipid-free APOC3 exists in lesions of atherosclerosis at high enough levels to activate the NLRP3 inflammasome in newly recruited monocytes, APOC3 most likely acts through its ability to slow the clearance of atherogenic triglyceride-rich lipoproteins and remnant lipoprotein particles, thereby increasing accumulation of these atherogenic particles in the artery wall.⁸⁴

The NLRP3 inflammasome can also be activated by metabolic alterations in cell types adjacent to the atherosclerotic lesion, inducing IL-1 β -mediated effects in lesion cells through paracrine effects. Large arteries are surrounded by perivascular adipose tissue (PVAT) expressing the mitochondrial uncoupling protein 1 (UCP1). A recent study demonstrated that UCP1 expression is downregulated in PVAT in obese rodents, concomitant with an impaired endothelium-dependent vasorelaxation. These phenotypes were mimicked by UCP1-deficiency, and UCP1-deficient *ApoE*^{-/-} mice exhibited increased atherosclerosis, as compared with *ApoE*^{-/-} mice without UCP1-deficiency.⁹⁰ The proposed mechanism, based on a series of co-culture experiments, revealed activation of the NLRP3 inflammasome in PVAT due to downregulation of UCP1 and a subsequent increase in mitochondrial ROS generation, resulting in increased local release of IL-1 β from the PVAT, and increased

endothelial dysfunction and atherosclerosis as a result (Figure 1). The study went on to demonstrate that expression of UCP1 selectively in adipose tissue prevented the increased coronary atherosclerosis in a streptozotocin pig model of diabetes, and that this effect was associated with a normalized release of IL-1 β from PVAT (similar to that in non-diabetic pigs). The effect of adipocyte UCP1 was not due to normalization of plasma glucose or cholesterol, which were both markedly elevated in the two diabetic pig groups as compared with the non-diabetic pigs.⁹⁰ Although this study nicely demonstrates that forced expression of UCP1 in adipose tissue in pigs results in protection from atherosclerosis associated with diabetes, it also shows that the described UCP1 mechanism is not required for diabetes-accelerated atherosclerosis because pigs are normally deficient in UCP1 and the wildtype diabetic pigs exhibited increased inflammasome activation and coronary atherosclerosis as compared with wildtype non-diabetic pigs.

There is still little understanding on how metabolic dysfunction and diabetes affect the AIM2 inflammasome, and more research is needed in this area. Recent studies from the authors' laboratories support the conclusion that hematopoietic AIM2-deficiency results in smaller atherosclerotic lesions in fat-fed diabetic *Ldlr*^{-/-} mice.⁵⁸ The mechanism of AIM2 activation in hematopoietic cells in the setting of diabetes is unknown.

Clonal hematopoiesis, inflammasomes and CVD

Clonal hematopoiesis (CH) arises from somatic mutations that enhance the fitness of hematopoietic stem cells (HSCs) and the outgrowth of clones of blood cells. CH mutations occur in genes that are involved in epigenetic modifications (*TET2*, *ASXL1*, *DNMT3A*), hematopoietic cytokine signaling (*JAK2*^{V617F}) and DNA damage repair (*PPM1D*, *TP53*). CH involving the more common variants has emerged as a major independent risk factor for CVD.^{91, 92} CH increases in frequency with aging and may partly explain why aging is a potent CVD risk factor.⁹³ CH increases the risk of both myeloid malignancy and CVD but the latter has a much broader impact on human health.⁹⁴ The NLRP3 inflammasome promotes accelerated atherosclerosis in chimeric mice modeling TET2 CH,⁵⁷ while the AIM2 inflammasome aggravates atherosclerosis in JAK2^{VF} CH.⁵² The JAK2^{VF} mutation although less common than several other CH variants disproportionately increased CVD risk including coronary artery disease (CAD) and thrombotic risk.⁹² Macrophage-specific expression of Jak2^{VF} or Jak2^{VF} expression in chimeric mice modeling CH increased atherosclerosis and features of plaque instability.⁵² Single cell RNA-sequencing analysis of plaque immune cells in Jak2^{VF} CH revealed an increase in inflammatory macrophages and a relative depletion of less inflammatory Trem2^{Hi} macrophages. Genetic suppression of inflammasomes or IL-1 β inhibition improved features of plaque instability. IL-1 β inhibition has also recently been shown to improve features of myeloproliferative neoplasm in Jak2^{VF} mice^{95, 96} suggesting that this therapy could have multiple benefits in this setting. In addition, Jak2^{VF} CH may increase aortic aneurysm formation in mice and possibly humans, reflecting increased inflammatory resident-like macrophages in the aortic adventitia.^{97, 98}

The association between CH and CVD may involve both forward and reverse mechanisms.⁹⁹ Forward mechanisms include expansion of HSPCs, increased myelopoiesis, macrophage inflammation and inflammasome activation, while reverse mechanisms include effects of

inflammatory cytokines such as IL-1 β or IL-6 on hematopoietic stem and multi-potential progenitor cell proliferation and myelopoiesis.⁹⁹ A recent study in the UK Biobank (UKB) population did not find evidence for a causal association between CH and CVD.¹⁰⁰ However, risk estimates in UKB are attenuated by the much healthier status of UKB subjects than the general UK population¹⁰¹ and likely in this study¹⁰⁰ by insufficient depth of sequencing and mutation mis-calling.^{101, 102} Moreover, the Mendelian randomization analysis mainly used SNPs near the *DNMT3A* gene that were not associated with CVD risk and thus represent a weak instrument as acknowledged by the authors.¹⁰⁰

The role of the inflammasome products IL-1 β and IL-18 in atherosclerosis

Early studies of IL-1 or IL-1 β inhibition in *ApoE*^{-/-} mice showed an adverse negative effect on outward remodeling of plaques, cap thickness and cap macrophage density.^{103, 104} These findings seem at odds with the positive outcome of the Canakinumab Antiinflammatory Thrombosis Outcome Study (CANTOS; [NCT01327846](#)).⁶ However, they also suggest complexity and that there could be both beneficial and adverse effects of IL-1 β on plaque development and remodeling with the adverse effects usually predominating. A more recent study in *Ldlr*^{-/-} mice showed a modest benefit of IL-1 β inhibition on plaque area in advanced but not early lesions and no negative impact on outward remodeling.¹⁰⁵ In other studies, IL-1 β antibodies and NLRP3 inhibition using MCC950 reduced early atherosclerosis in high cholesterol diet fed *ApoE*^{-/-} mice in association with reduced HSPC proliferation and myelopoiesis as well as decreased entry of leukocytes into plaques.¹⁰⁶ Reduced leukocyte entry was related to diminished expression of cell adhesion molecules and leukocyte chemoattractants by the endothelium. In another study involving more advanced lesions, there was no impact of IL-1 β antagonism on plaque area or features of stability in control *Ldlr*^{-/-} mice.⁵² Overall, the variable results in different studies are consistent with a modest, somewhat variable role of inflammasomes in plaque development in standard mouse atherosclerosis models as suggested above. Imaging studies of carotid plaques in humans showed no impact of anti-IL-1 β therapy on plaque volume,¹⁰⁷ suggesting that the benefit of this treatment might rather relate to plaque stabilization. In *Jak2*^{VF} CH mice IL-1 antagonism with anakinra (a decoy receptor that blocks both IL-1 α and IL-1 β signaling through IL1R1) or blocking IL-1 β antibodies did not reduce lesion area but improved features of plaque stability with increased cap thickness, decreased plaque necrosis and decreased macrophage proliferation and burden.⁵² The mechanisms responsible for these changes, which in humans correlate with lower CAD risk^{108–111} are largely unknown and warrant further investigation.

In contrast to IL-1 β , IL-1 α is present on the surface of monocytes and macrophages and other vascular cells in a membrane-bound, active form and is considered an “alarmin.”⁶⁸ It is released in response to necrotic cell death including pyroptosis and promotes the release of chemokines leading to neutrophil then monocyte infiltration.¹¹² IL-1 α , by interacting with IL1R1, can also promote NLRP3 inflammasome priming.⁹ Inhibition of IL-1 α reduced early atherosclerosis in *Ldlr*^{-/-} mice and slightly impaired outward remodeling of the aorta.¹⁰⁵ IL-1 α has also been shown to promote thrombus formation in a mouse model of atherosclerotic plaque erosion.¹¹³ IL-1 α is increased on the surface of monocytes following myocardial infarction or in chronic kidney disease and enhances leukocyte-endothelial cell

adhesion.¹¹⁴ Together, these findings suggest that IL-1 α has the ability to prime the NLRP3 inflammasome, but also has many other effects that can promote atherosclerosis and atherothrombosis.

IL-18 although much less studied than IL-1 β also has a pro-atherogenic role in mice and likely humans.^{115–117} IL-18 increases interferon- γ production by NK and T cells¹¹⁸ and its vascular effects are mediated through increased production of interferon- γ ,¹¹⁶ which is highly atherogenic.¹¹⁹

Human atherosclerotic plaques with increased necrotic cores and thin fibrous caps are more prone to rupture. Pyroptosis downstream of inflammasome activation is a form of programmed cell necrosis. Does macrophage pyroptosis contribute to necrotic core formation and expansion in lesions of atherosclerosis? Recent studies suggest that macrophage GSDMD expression is not a major contributor to necrotic core size in advanced lesions in the standard models. Thus, deletion of GSDMD in bone marrow cells did not result in smaller necrotic cores in *Ldlr*^{-/-} mice.^{52, 58} However, GSDMD has been shown to promote lesion development and necrotic core formation in some mouse models. Whole-body *Gsdmd*^{-/-} LDLR-deficient mice and *Gsdmd*^{-/-} *ApoE*^{-/-} mice exhibited smaller lesions with reduced necrotic cores compared to controls,^{120, 121} while two other studies found no difference in lesion size in *Ldlr*^{-/-} mice with hematopoietic GSDMD-deficiency^{52, 58}. Conversely, in the presence of diabetes, hematopoietic GSDMD-deficiency resulted in smaller lesions.⁵⁸ It is possible that in the standard mouse atherosclerosis models the pro-atherogenic role of GSDMD depends partly on cell types other than macrophages. These findings are consistent with the notion that increased inflammasome activation is needed in order for inhibition of these pathways to show athero-protective effects. Moreover, in Jak2^{VF} CH mice hematopoietic GSDMD-deficiency was associated with no change in lesion area but a decrease in necrotic core and an increase in fibrous cap formation indicating a clear adverse effect of GSDMD in the setting of exaggerated plaque inflammation in CH.⁵² The frequency of the mutant allele in blood leukocytes was increased by GSDMD-deficiency indicating the preservation of mutant clones. As shown by scRNA-sequencing, deficiency of GSDMD led to increased monocytes, decreased macrophage populations overall but an increase in a small population of pro-inflammatory pro-thrombotic perhaps “zombie” macrophages that failed to undergo pyroptosis.

In addition to pyroptosis, other types of macrophage death, such as ferroptosis, necroptosis and post-apoptotic necrosis are likely to be relevant to necrotic core formation in atherosclerotic lesions.¹¹ An impaired ability of macrophages to clear dead and dying cells through efferocytosis also contributes to necrotic core expansion.¹²² Thus, while decreasing plaque necrosis seems like a laudable therapeutic goal, it is not clear that therapeutic inhibition of GSDMD would have a beneficial effect on CVD.

Inflammasomes and neutrophil extracellular traps

Neutrophil extracellular traps (NETs), which were first described as having anti-microbial actions¹²³ also have a role in sterile inflammation and promote atherosclerotic plaque vulnerability and athero-thrombosis.¹²⁴ Westerterp *et al* showed that myeloid cell deficiency

of the cholesterol efflux promoting genes *Abca1* and *Abcg1* while inducing NLRP3 inflammasome activation also promoted NETosis in atherosclerotic plaques; deficiency of *Nlrp3* in bone marrow cells in these mice virtually abolished NETosis in plaques, placing NET formation downstream of inflammasome activation⁵¹ (Figure 3). Recent studies have shown that activation of NLRP3 and non-canonical inflammasomes in neutrophils can also induce NETosis.¹²⁵ To distinguish whether NETosis was due to cholesterol transporter deficiency in macrophages or neutrophils, Yalcinkaya *et al* generated mice with neutrophil or macrophage-specific deficiency of ABCA1 and ABCG1 and transplanted their bone marrow into *Ldlr*^{-/-} mice.¹²⁶ Macrophage ABCA1/ABCG1-deficiency activated inflammasomes in macrophages and neutrophils, and induced NETosis in plaques, while neutrophil ABCA1/ABCG1 deficiency had no impact on NETs. NETosis was suppressed by administering an IL-1 β neutralizing antibody. The extent of NETosis in plaques correlated strongly with the degree of neutrophil accumulation, irrespective of blood neutrophil counts, and neutrophil accumulation was decreased by IL-1 β antagonism. IL-1 β or media transferred from ABCA1/ABCG1 deficient macrophages increased NETosis in both control and ABCA1/ABCG1 deficient neutrophils. This cell-extrinsic effect of IL-1 β on NETosis was blocked by the NLRP3 inhibitor MCC950. These studies establish a link between inflammasome mediated IL-1 β production in macrophages and NETosis in atherosclerotic plaques. Macrophage-derived IL-1 β appears to increase NETosis both by increasing neutrophil recruitment to plaques and by promoting neutrophil NLRP3 inflammasome activation.¹²⁶

There may be a bi-directional relationship between inflammasome activation, IL-1 production and NETs (Figure 3). Warnatsch *et al* have shown that NETs promote inflammasome priming in macrophages of *ApoE*^{-/-} mice¹²⁷ and consistently an inhibitor of PAD4 (peptidyl arginine deiminase 4), an essential enzyme in NET formation, decreased atherosclerosis and thrombosis in Western diet-fed *ApoE*^{-/-} mice.¹²⁸ Other studies show that PAD4 is needed for optimal NLRP3 inflammasome/ASC speck assembly.¹²⁹ However, in Western diet-fed *Ldlr*^{-/-} mice, deficiency of PAD4 did not affect atherogenesis,¹³⁰ perhaps consistent with minimal inflammasome activation in this model. In contrast, NETs appear to have a prominent pro-thrombotic role in a model of atherosclerotic plaque erosion.^{113, 130} Together the studies suggest that while macrophage inflammasome activation and active IL-1 β production can initiate NETosis in plaques, there may also be a positive feedback loop from neutrophils to macrophages, providing a feed-forward mechanism. NETosis and inflammasome activation in neutrophils in close proximity to the endothelium may also promote plaque erosion and athero-thrombosis (Figure 3).

Inflammasomes in human coronary artery disease

The findings that IL-1 β antibodies⁶ and colchicine^{7, 8} reduced atherosclerotic CVD in humans suggest that inflammasomes have an important role in human atherosclerosis, including in those with diabetes. While active IL-1 β is a major product of all inflammasomes, colchicine inhibits the microtubule-dependent assembly of the NLRP3 inflammasome and IL-1 β secretion.¹³¹ Colchicine is avidly taken up by leucocytes, and its ability to bind to tubulin and interfere with microtubular function affects the expression of cytokines and interleukins, and the ability of neutrophils to marginate, ingress, aggregate,

express superoxide and release NETs.¹³² As described above many of these effects may be secondary to inhibition of the macrophage NLRP3 inflammasome and IL-1 β mediated cross-talk to neutrophils and endothelial cells.¹²⁶ However, colchicine has a variety of other anti-inflammatory effects¹³³ and active IL-1 β can be produced by non-inflammasome mediated mechanisms such as cleavage of pro-IL1 β by neutrophil elastase or proteinase-3.⁹ Thus, the positive outcomes of the CANTOS and low dose colchicine (Lo-Do-Co) trials while indicating a beneficial anti-inflammatory effect, do not provide definitive evidence for involvement of inflammasomes in human CVD.

Genetic studies also implicate the NLRP3 inflammasome in human CVD. SNPs in *NLRP3* that alter its expression associate with atherosclerotic CVD. Genetic analyses showed that the highly prevalent intronic *NLRP3* variant rs10754555 affects NLRP3 gene expression.¹³⁴ Carriers of the G allele displayed higher NLRP3 inflammasome activation in isolated monocytes and showed significantly higher plasma levels of C-reactive protein, a marker of inflammation. In carriers of the rs10754555 variant, the prevalence of CAD was significantly increased with a significant interaction between rs10754555 and age perhaps suggesting a possible link to CH. In addition, active IL-1 β promotes the expression of IL-6.^{135, 136} In CANTOS, achieved IL-6 levels below the median were associated with benefit of IL-1 β antibody treatment, while levels above the median were not.¹¹⁵ Moreover, genetic variants that reduce direct signaling of the IL6 receptor markedly ameliorated the CAD risk of TET2 and DNMT3A CH.¹³⁷

Relevant to individuals with diabetes, recent findings suggest that sodium glucose co-transporter-2 (SGLT2) inhibitors suppress NLRP3 inflammasome activation. SGLT2 inhibitors are used to lower blood glucose in patients with type 2 diabetes. This class of drugs lowers blood glucose by increasing urinary glucose excretion and has been shown to have a marked beneficial effect on CVD risk, primarily heart failure.¹³⁸ A recent study suggested that the treatment of individuals with type 2 diabetes with the SGLT2 inhibitor empagliflozin resulted in reduced NLRP3 inflammasome activation in macrophages derived from their peripheral blood mononuclear cells, using ATP or palmitate to trigger NLRP3 activation.¹³⁹ The mechanism is unclear, but was proposed to be mediated by reduced glucose, insulin, and uric acid, or perhaps by the small increase in ketones in the empagliflozin-treated subjects through a mechanism that was maintained through the 7-day macrophage maturation in vitro. SGLT2 inhibition has been associated with stabilization of atherosclerotic plaques in a mouse model.¹⁴⁰

Mutations in Pypin (gene name *MEFV*) underlie familial Mediterranean fever and lead to activation of caspase-1 and IL-1 β production and to intermittent systemic inflammatory flares.¹⁴¹ Paradoxically, familial Mediterranean fever was reported to be associated with reduced prevalence of ischemic heart disease.¹⁴² However, many patients were being treated with colchicine that may have blunted any impact on CVD. A more recent study based on electronic health records suggested a moderate increase in ischemic heart disease risk in familial Mediterranean fever subjects.¹⁴³ Nonetheless, it remains a mystery why familial Mediterranean fever or cryopyrin-associated periodic syndrome patients (who have activating mutations in NLRP3¹⁴⁴) are not more obviously susceptible to CVD.

Perhaps chronic low-grade inflammatory processes are more important in the promotion of atherosclerosis than intermittent inflammatory flares.

Analysis of gene expression indicates enrichment of inflammasome components in human carotid plaques versus normal artery.^{145, 146} However, this can probably be explained by the relative abundance of macrophages in atherosclerotic lesions compared to normal arteries. In some^{145, 146} but not other¹⁴⁷ studies inflammasome components were increased in carotid plaques of symptomatic versus asymptomatic patients. However, symptomatic plaques may rapidly become less inflammatory prior to surgical removal¹⁴⁸ blurring differences in plaque characteristics. Advanced human plaques are often fibrous which may limit and bias the recovery of the cells used in single cell analysis. This stresses the importance of immunolocalization or spatial omics studies in sections of intact tissue. Moreover, there is currently an unmet need for the development of antibodies that specifically recognize the activated (cleaved) form of IL-1 β in plaques.

Overall, these studies indicate a likely role of inflammasome activation in human atherosclerotic CVD. That inflammasome activation does not appear to have a major role in atherogenesis in standard mouse atherosclerosis models could indicate important species differences. For example, mice do not readily rupture atherosclerotic plaques and may be of limited use in predicting athero-thrombosis. A human-specific mechanism of NLRP3 inflammasome activation in monocytes has been described in which direct activation of TLR4 by PAMPs or DAMPs in plaques could lead to NLRP3 inflammasome activation shortly after monocytes are recruited into the arterial intima.³³ Another more likely explanation is that aggravating factors (“second hits”) like reduced cholesterol efflux, inflammasome-promoting CH mutations or diabetes are highly prevalent in humans and have an important role in inflammasome driven CVD.

Emerging evidence suggests an expanded role of inflammasomes in human clonal hematopoiesis and CVD

Very recent studies in patients with CH have provided further evidence for a role of inflammasomes in human athero-thrombotic disease. A post hoc analysis of a subset of patients in CANTOS suggested that IL-1 β inhibition benefited patients with TET2 clonal hematopoiesis more than subjects with other forms of CH or patients without CH.¹⁴⁹ While consistent with mouse studies on Tet2 CH, the population was too small to make firm conclusions concerning less common CH variants. Strong support for the role of *AIM2* in human JAK2^{VF} CH and ASXL1 CH associated atherosclerosis has been obtained in a study using data from ~425,00 subjects in the UK Biobank (UKB) published in preprint.¹⁵⁰ The CAD risk of subjects with JAK2^{VF} and ASXL1 CH was increased in those with higher predicted expression of *AIM2* based on expression quantitative trait loci (eQTLs) around the *AIM2* gene; those without JAK2^{VF} or ASXL1 CH with higher *AIM2* expression scores did not have altered risk and thus the interaction of genotype with predicted *AIM2* expression was significant. Moreover, predicted increased expression of *IFNGR* that mediates interferon- γ signaling increased CAD risk in JAK2^{VF} CH, consistent with mouse studies showing that interferon- γ increased *AIM2* expression in macrophages.⁵²

Studies in bone marrow-derived macrophages from *Asx11* CH mice showed increased AIM2 but not NLRP3 inflammasome activation compared to controls.¹⁵⁰ CH subjects collectively who had higher predicted expression of the IL1 receptor associated protein (IL1RAP) that has an essential role in IL-1 signaling,¹⁵¹ also showed significantly increased CAD risk. These studies point to the broad significance of inflammasome activation in CH-associated CVD risk but suggest distinctive roles for AIM2 and NLRP3 in different forms of CH. This has important implications for the discovery and design of potential novel therapeutic strategies targeting inflammasomes or their downstream products.

Summary and Perspective

The mechanisms underlying NLRP3 and AIM2 inflammasome activation in atherosclerosis and diabetes remain poorly understood. Although widely accepted, the role of cholesterol crystals as the main trigger of NLRP3 inflammasome activation is speculative and the role of cholesterol accumulation in cellular organelles such as ER and mitochondria needs to be considered as an alternative. Mitochondrial ROS production has often been linked to NLRP3 inflammasome activation but its causal role has been questioned and is unclear. AIM2 inflammasome activation has been attributed to both mitochondrial oxidative processes and to oxidative changes and replication stress in nuclear DNA. How these processes are interconnected if at all remains uncertain. An improved mechanistic understanding of the role of inflammasomes in atherosclerosis is needed to foster the design of more rational treatments.

Diabetes is probably the single most important emerging CVD risk factor acting both via dyslipidemia and vascular inflammation to increase atherosclerosis and complications. Early evidence suggests a role of inflammasomes in diabetes risk. Much more needs to be done to increase the mechanistic understanding of diabetes and inflammatory risk. APOC3 is increased in diabetes and likely increases CVD via remnant accumulation and vascular effects; however, NLRP3 inflammasome activation is not specifically increased by APOC3 in lipoproteins. SGLT2 inhibitors have proven effective treatments for diabetes and found to decrease CVD risk; however, this appears to be primarily a benefit for heart failure rather than atherosclerosis or CAD. Potential links between diabetes, diabetes treatments and inflammasome activation need to be further explored.

Precision medicine approaches targeting mechanism-based treatments to patients who most need those treatments has led to major improvements in survival for multiple types of cancer. In contrast, precision approaches have not yet been adopted in the treatment of atherosclerotic CVD. A thesis developed in this review is that anti-inflammatory treatments should be directed to specific patient groups based on genetic risk such as CH variants or metabolically determined risk such as diabetes. This may lead to an improved benefit/risk ratio with greater benefit and less immunosuppression and infectious complications. Emerging evidence suggests an important role of both NLRP3 and AIM2 inflammasome activation in promoting atherosclerosis and its complications in diabetes and CH. For CH a variety of potential therapies may be considered, but those targeting common downstream factors, such as IL-1 β or IL-6, and CH-mutation-specific therapies appear to be most promising.¹³ A range of new treatments targeting NLRP3 are under development. Although

initial clinical trials with MCC950 were stopped due to hepatotoxicity¹⁵² other NLRP3 inhibitors with different chemical structures have been developed and are under evaluation.³⁹ In addition, drugs modifying posttranscriptional modifications of NLRP3 that may only cause partial inhibition of inflammasome activation by inhibiting its deubiquitylation are under development¹⁵³ but may also be less specific. AIM2 inhibitors could also potentially be developed to treat different forms of CH associated with AIM2 activation. Future clinical trials enriched for individuals with CH and high atherosclerotic risk will be required to establish the efficacy and safety of such approaches.

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Non-standard abbreviations and acronyms:

AIM2	Absent In Melanoma 2
APOC3	apolipoprotein C3
ASC	apoptosis-associated speck-like protein containing a caspase recruitment domain
CAD	coronary artery disease
CANTOS	Canakinumab Antiinflammatory Thrombosis Outcome Study
CH	clonal hematopoiesis
CVD	cardiovascular disease
GSDMD	gasdermin D
HSC	hematopoietic stem cells
IL-1β	interleukin 1 β
IL-18	interleukin 18
LPS	lipopolysaccharide
NEK7	NIMA-related kinase 7
NET	neutrophil extracellular traps
NLRP3	NACHT (nucleotide triphosphatase containing domain), leucine rich repeat (LRR)- and pyrin domain (PYD)-containing protein 3
PVAT	perivascular adipose tissue
ROS	reactive oxygen species
SGLT2	sodium glucose co-transporter-2

TLR	Toll-Like Receptor
UCP1	uncoupling protein 1

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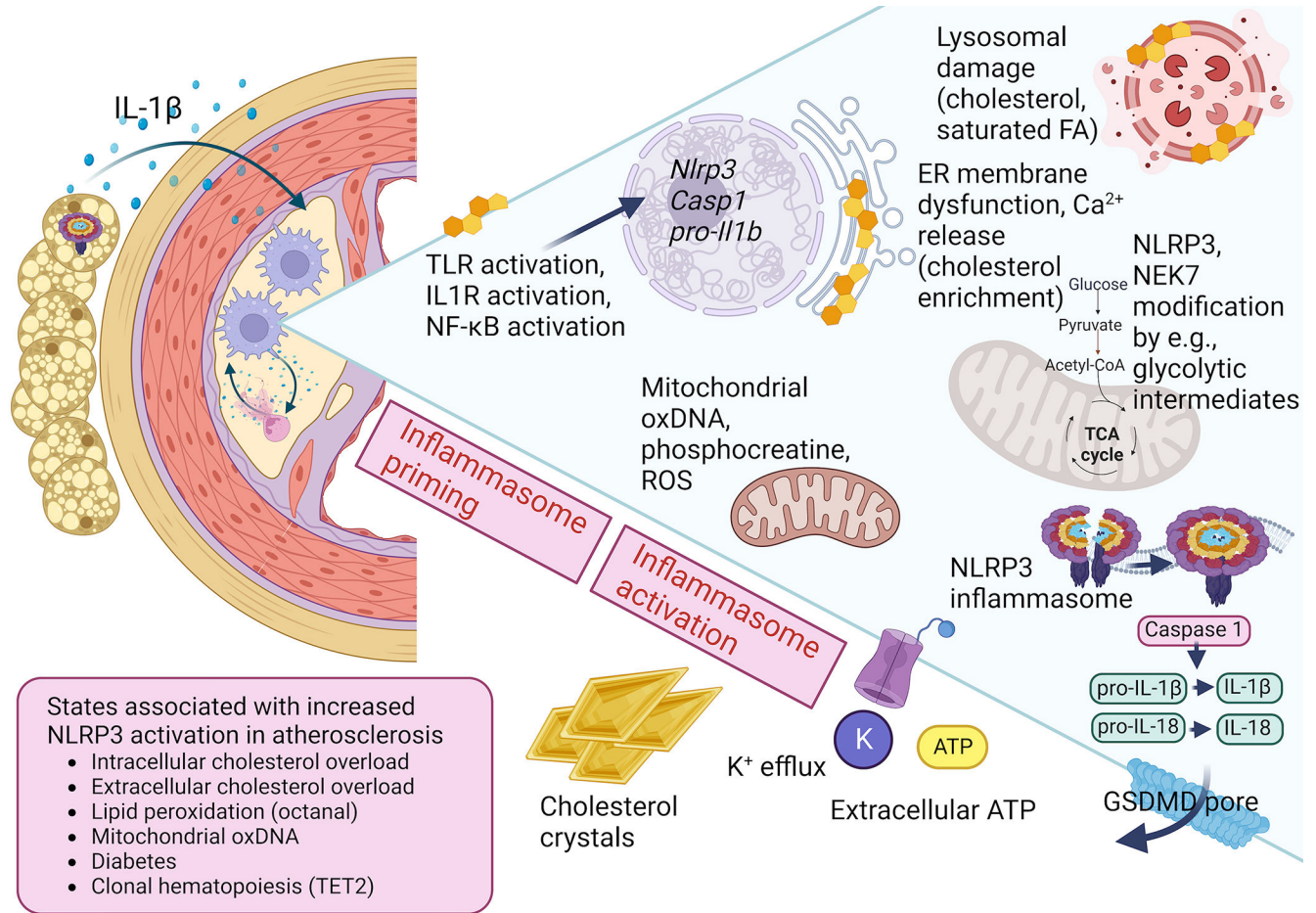


Figure 1. Mechanisms of NLRP3 inflammasome activation in lesions of atherosclerosis. Classical activation of the NLRP3 inflammasome in macrophages requires a priming step, mediated by TLR activation or IL1R activation, NF- κ B activation, and subsequent induction of *Nlrp3*, *Il1b* and *Casp1* gene expression. The NLRP3 inflammasome complex is then assembled and activated by a number of putative stimuli, including mitochondrial products, lysosomal membrane damage, ER membrane dysfunction, extracellular ATP, and K⁺ efflux. Cholesterol or saturated fatty acid accumulation in intracellular organelles is believed to contribute to NLRP3 activation in lesions of atherosclerosis. Extracellular cholesterol crystals can damage the plasma membrane, leading to NLRP3 activation. Non-vascular tissues, such as PVAT, can contribute to IL-1 β release through NLRP3 activation, in turn promoting vascular dysfunction and atherosclerosis. Components of the NLRP3 inflammasome are also influenced by modification by phosphorylation, ubiquitylation, dicarboxypropylation and deglutathionylation; some of these processes are mediated by intermediates of cellular metabolism. The ultimate result of NLRP3 inflammasome activation is the activation of caspase-1 and subsequent cleavage and generation and release of mature IL-1 β and IL-18, as well as cleavage of GSDMD, which can result in GSDMD-pore formation and cell death through pyroptosis. States associated with a heightened activation of the NLRP3 inflammasome include CH TET2 mutations and diabetes. The

membrane-associated cage structure of the NLRP3 inflammasome is based on the recent study by Andreeva and colleagues.²⁷ Created with [BioRender.com](https://www.biorender.com)

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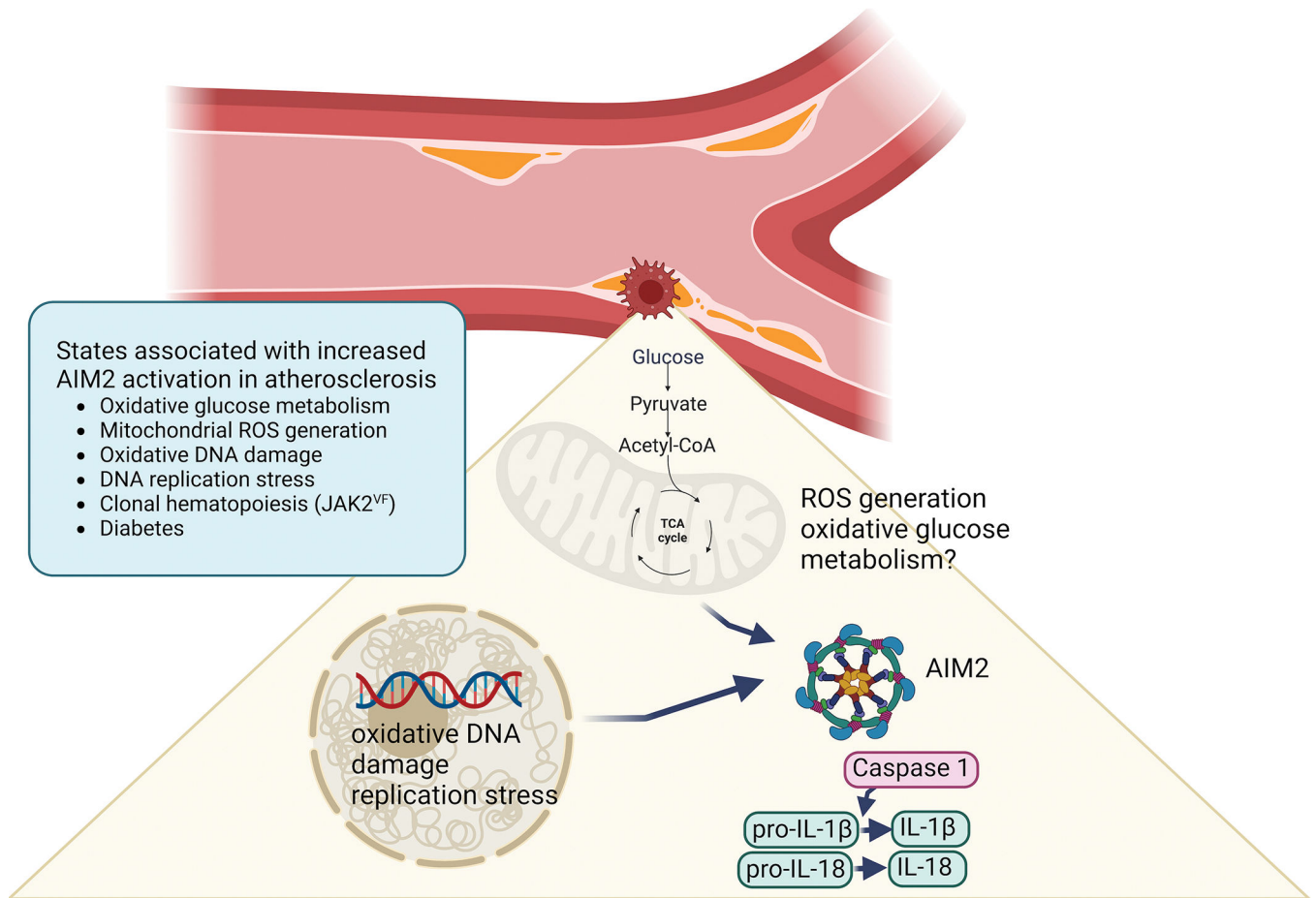


Figure 2. Mechanisms of AIM2 inflammasome activation in lesions of atherosclerosis.

Emerging evidence suggests a causative role of the AIM2 inflammasome in atherosclerosis in the setting of clonal hematopoiesis due to the $JAK2^{VF}$ mutation and in diabetes. The mechanism of AIM2 activation in lesion macrophages has been proposed to be due to increased oxidative glucose metabolism, mitochondrial ROS generation, oxidative DNA damage and DNA replication stress.⁵² Created with [BioRender.com](https://www.biorender.com)

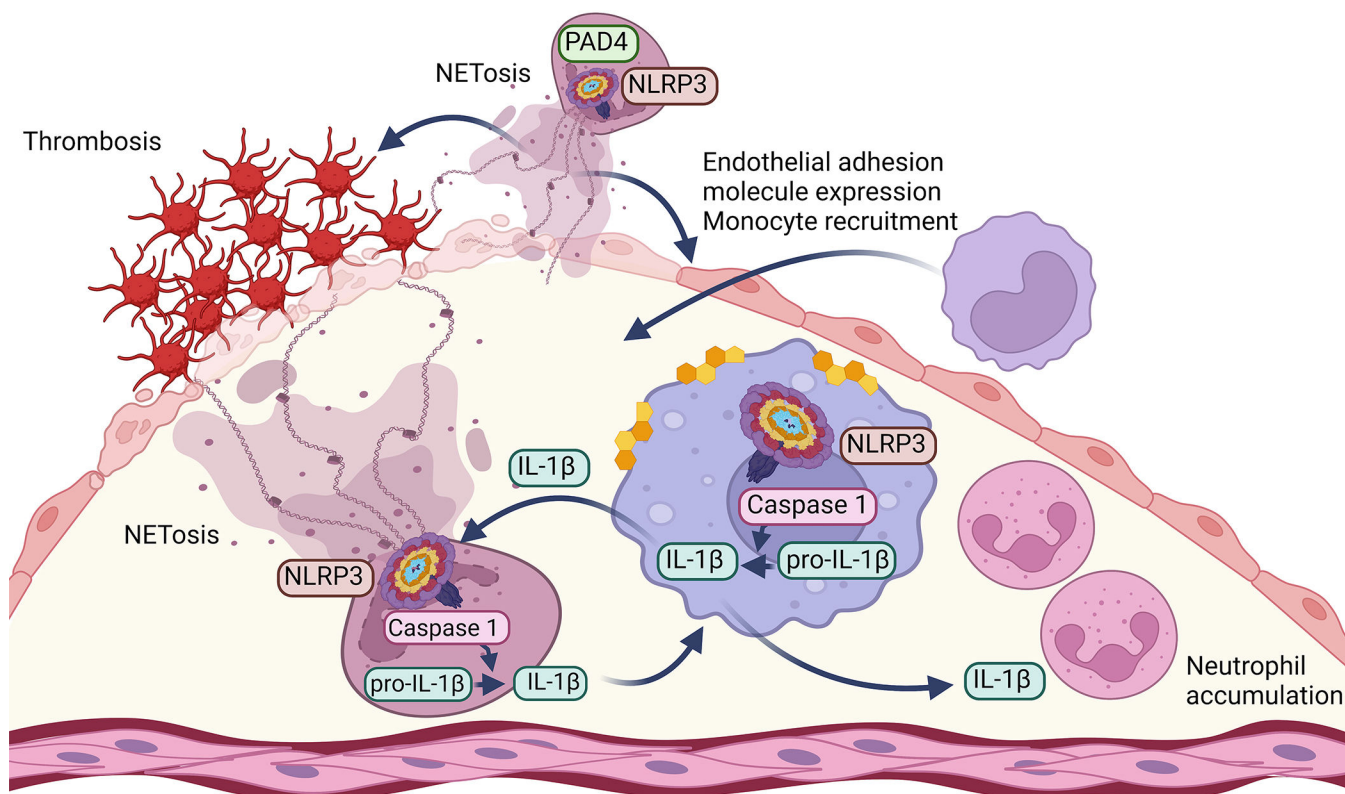


Figure 3. Interactions between the NLRP3 inflammasome and NETosis in atherosclerosis and athero-thrombosis.

Overaccumulation of cholesterol in macrophages not only induces NLRP3 inflammasome activation in these cells, as shown in Figure 1, but also promotes neutrophil NETosis through a paracrine mechanism. The IL-1 β released from macrophages stimulates NLRP3 activation in neutrophils and subsequent NETosis, as well as accumulation of neutrophils in lesions of atherosclerosis. IL-1 β released from neutrophils may in turn further activate the NLRP3 pathway in lesion macrophages. NETosis has also been shown to promote lesion erosion and thrombosis, endothelial expression of adhesion molecules, and likely further monocyte recruitment. In neutrophils, the enzyme PAD4, which is essential for NETosis, acts upstream of optimal NLRP3 activation. Created with [BioRender.com](https://www.biorender.com)