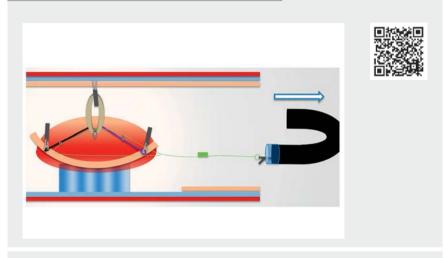


# Obtaining a free vertical margin is challenging in endoscopic submucosal dissection of a rectal neuroendocrine tumor: use of adaptive traction to improve exposure in a child

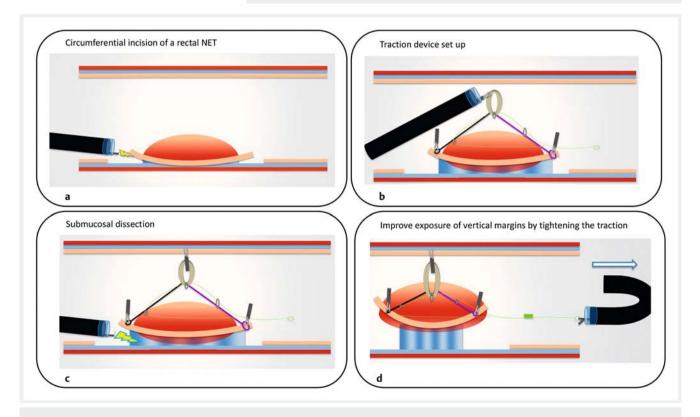


Both European Society of Gastrointestinal Endoscopy (ESGE) and American guidelines suggest resection of small rectal neuroendocrine tumors (NETs) by endoscopic submucosal dissection (ESD) for lesions up to 20 mm [1,2]. A completely resected rectal NET (R0) with no pejorative factors for recurrence (<10 mm, T1, grade 1, no lymphovascular invasion) requires no additional exploration and no follow-up [3].

Obtaining healthy horizontal margins is easy, but it is sometimes more difficult to obtain free vertical margins above the point of deepest submucosal invasion. For this, it is necessary to perform a deep submucosal dissection, sliding along the muscular layer; strong and adaptive traction seems to us to be very useful to facil-



▶ Video 1 Endoscopic resection of a rectal neuroendocrine tumor (NET) in a child using an adaptive traction strategy.



▶ Fig. 1 Schematic representation of submucosal dissection for a rectal neuroendocrine tumor (NET) using an adaptive traction system (the A-TRACT-2 device) showing: **a** circumferential incision of the rectal NET; **b** the traction device set up; **c** submucosal dissection with traction applied; **d** improved exposure of the vertical margins achieved by tightening of the traction device.

itate this. We describe a new traction device, the A-TRACT-2 [4], that allows the strength of traction to be adapted to improve the exposure of the deep submucosa.

We report here a never previously documented case of a 13-year-old child with a 7-mm rectal NET (▶ Video 1). After complete circumferential incision and trimming, we used clips to set up the traction device on both poles of the lesion ( Fig. 1). We then fixed the rubber band to the opposite wall of the lumen, creating the initial traction. When we noticed that the traction was weaker during the submucosal dissection, we tightened the device by pulling on the loop, bringing the two anchoring points of the device closer both to each other and to the rubber band in order to renew the optimal level of traction. The submucosal exposure was ideal right through until the end of the procedure, leading to a curative R0 resection of a 7-mm grade 1 NET, with large free vertical margins.

This technique seems attractive, especially for the resection of NETs, where strong adjustable traction is useful to be sure of achieving R0 vertical margins.

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### Competing interests

The authors are founders of the A-TRACT company.

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