REVIEW ARTICLE

Different stages of microbial community during the anaerobic digestion of food waste

Pooja Sharma^{1,2} • Ambreen Bano³ • Surendra Pratap Singh⁴ • Sudhir Kumar Srivastava⁵ • Surendra Pratap Singh⁶ · Hafiz M. N. Iqbal⁷ · Sunita Varjani⁸

Revised: 6 April 2022 / Accepted: 15 April 2022 / Published online: 23 June 2022 © Association of Food Scientists & Technologists (India) 2022

Abstract Large-scale food waste (FW) disposal has resulted in severe environmental degradation and financial losses around the world. Although FW has a high biomass energy contents and a growing large number of national projects to recover energy from FW by anaerobic digestion (AD) are being developed. AD is a promising solution for FW management and energy generation when compared to typical disposal options including landfill disposal, incineration, and composting. AD of FW can be combined with an existing AD operation or linked to the manufacture of value-added products to reduce costs and increase income. AD is a metabolic process that requires four different types of microbes: hydrolyzers, acidogens, acetogens, and methanogens. Microbes use a variety of strategies to avoid difficult situations in the AD, such as competition for the same substrate between sulfate-reducing bacteria and

contributed equally and should be considered as first authors.

& Pooja Sharma s.pooja@nus.edu.sg

- \boxtimes Surendra Pratap Singh spsinghbiome@gmail.com
- \boxtimes Sunita Varjani drsvs18.gpcb@gmail.com
- ¹ Environmental Research Institute, National University of Singapore, 1 Create Way, Singapore 138602, Singapore
- ² Energy and Environmental Sustainability for Megacities (E2S2) Phase II, Campus for Research Excellence and Technological Enterprise (CREATE), 1 CREATE Way, Singapore 138602, Singapore
- IIRC-3, Plant-Microbe Interaction and Molecular Immunology Laboratory, Department of Biosciences, Faculty of Sciences, Integral University, Lucknow, Uttar Pradesh, India

methane-forming bacteria. An improved comprehension of the microbiology involved in the anaerobic digestion of FW will provide new insight into the circumstances needed to maximize this procedure, including its possibilities for use in co-digestion mechanisms. This paper reviewed the present scientific knowledge of microbial community during the AD and the connection between microbial diversity during the AD of FW.

Keywords Microbial structure - Organic compost - Environmental sustainability - Economic profit - Digester

Introduction

Food waste (FW) is made up of materials that were intended for human consumption but were wasted, lost, Pooja Sharma, Ambreen Bano and Surendra Pratap Singh have deteriorated, or polluted (Girotto et al. [2015\)](#page-10-0). Due to global

- Plant Molecular Biology Laboratory, Department of Botany, Dayanand Anglo-Vedic (PG) College, Chhatrapati Shahu Ji Maharaj University, Kanpur 208001, India
- ⁵ Chemical Research Laboratory, Department of Chemistry, Dayanand Anglo-Vedic (PG) College, Chhatrapati Shahu Ji Maharaj University, Kanpur 208001, India
- ⁶ Pandit Prithi Nath College, Chhatrapati Shahu Ji Maharaj University, Kanpur, Uttar Pradesh 208001, India
- ⁷ Tecnologico de Monterrey, School of Engineering and Sciences, Campus Monterrey, Ave. Eugenio Garza Sada 2501, CP 64849 Monterrey, NL, Mexico
- ⁸ Gujarat Pollution Control Board, Gandhinagar, Gujarat 382010, India

economic development and population increase, FW is being generated at a growing pace from domestic, commercial, institutional, and industrial sources. FW in the United States has increased by 50% since 1974, and around 38 million tons of FW have been discarded annually, with 76.3% of it being disposed of properly (Posmanik et al. [2017\)](#page-11-0). Restaurant FW, vegetable market FW, family kitchen FW, and so on are all examples of FW. In 2025, Asia's FW yield will rise to 4.16 billion tonnes (National Bureau of Statistics of China [2020](#page-11-0)). Because of its complex composition, high moisture level, and high organic content, treating FW is a difficult task (Li et al. [2019](#page-11-0)). The two usual disposal techniques are not suitable for the management of FW because of environmental contamination and low resource recovery efficiency (Nghiem et al. [2017\)](#page-11-0). In light of the detrimental environmental consequences of dumping, incineration, or composting FW (Posmanik et al. [2017\)](#page-11-0). During AD, anaerobic bacteria convert various forms of biomass and organic wastes into biogas (60–70% methane, 30–40% carbon dioxide, and other gases such as hydrogen and hydrogen sulphide), leaving a nutrient-rich residue that can be used for land application (Sheets et al. [2015\)](#page-11-0).

The AD system is predicated on the breakdown of organic materials by a network of microbes with a variety of nutritional and physiological requirements (Shah [2014](#page-11-0)). pH changes, temperature, substrate composition/concentration, and the presence of inhibitory or poisonous chemicals are all factors that these microbes respond to differently (Venkiteshwaran et al. [2015](#page-11-0)). Many studies have looked at the evolution of microbial communities in laboratory-scale AD bioreactors that were operated at temperatures ranging from > 35 °C to lower temperatures, with a particular focus on the methanogenic part of ecosystems (Keating et al. [2018](#page-10-0)). Considering such, very little is understood about the possible expansion of such communities at pilot and full scale, as well as how they react to external stressors depending on the operating conditions.

Several nations have enacted restrictions to keep FW out of landfills, which has aided in the progress of resource application strategies for FW, such as AD, composting, feed, insect breeding, and the transfer of elevated substances (Xiong et al. [2019\)](#page-11-0). AD, composting, feeding, and rearing insects have all become popular ways to treat FW (Li et al. [2019](#page-11-0)). Chemicals with high value-added products (glucose, chitosan, lactic acid, free amino nitrogen, and so on) could be made from FW using high-value conversion technologies such as chemical, thermochemical, or fermentation methods (Xiong et al. [2019\)](#page-11-0). Owing to its immature technology, rising cost, and availability of basic, reliable industrial application capabilities, good conversion of advanced technologies with promising application

potential can improve the added value of FW, but it cannot be extensively marketed and employed (Li et al. [2019](#page-11-0)).

The structure and content of microbial communities in a full-scale AD are now being extensively investigated (Wu et al. [2019\)](#page-11-0). Furthermore, little is known about microbial successional dynamics during the start-up period, or how microorganisms respond to changes in such systems under real-world situations (Zhang et al. [2014](#page-12-0)). In this regard, identifying a core microbiome and/or marker population in a full-scale AD can be extremely useful in estimating potential metabolic capacity and ensuring system resilience, both of which are critical aspects of the management system (De Vrieze and Verstraete [2016\)](#page-10-0). Various types of microbes are engaged in the breakdown of organic materials, and tight contact between them is required for the process to remain stable (Kishneth et al. [2020](#page-10-0)). As a result, AD is more prone to failure during the start-up phase, especially when using easily biodegradable materials (Goux et al. [2016\)](#page-10-0). This review discusses previous studies on microbial diversity in AD, to enhance present AD productivity constraints, and proposes investigation recommendations for future work.

FW problems and management

FW is a waste that is biodegradable that is generated by a variety of sources such as households, the hospitality sector, and the food processing industries. The quantity of FW is predictable to get higher during the next 25 years because of economic and demographic expansion, particularly in Asian countries. According to reports, the urban FW yearly volume in Asian Nations statistics demonstrates about 278 million tons in 2020 which might increase to 416 million tonnes by the year 2025 (Guruchandran et al. [2022](#page-10-0)). Aside from land and food resource loss, it is estimated that FW contributes to emissions of greenhouse gases (GHGs) by releasing $CO₂$ of around 3.3 billion tonnes into the atmosphere each year. Traditionally, FW is a constituent of municipal solid trash, that is burnt or discarded in open areas, which results in serious environmental and health problems. Furthermore, combustion diminishes the substrate's economic worth by obstructing the recovery of nutrient and critical chemical components from the cremated substrate. Thus, proper strategies for managing FW are essential (Kumar et al. [2022\)](#page-11-0).

Food insecurity has been identified by World Trade Organization (WTO) as a primary challenge that should be addressed to attain sustainable development (WTO 2020). FW, ironically, is a major global concern. It is predicted that over half of all food produced on a global scale is wasted. The high incidence of FW combined with rising food insecurity becomes a worldwide concern. Food insecurity is caused by a variety of natural and man-made factors. Major FW man-made cause is food poverty. As a result, academics have claimed that decreasing FW can address at least a portion of the food insecurity issue (Zhang et al. [2021](#page-12-0)). The previous study has looked into a viable approach to decrease FW a newly produced kind of meal known as upcycled foods. Upcycled food is manufactured from food products that have nutritional significance and may be used but are frequently wasted (McCarthy et al. [2020](#page-11-0)). This section provides the source, problem, and management of FW.

Impact of FW

In regard to wasting resources such as nutrients, water, carbon, and energy required for food production, which are not used, badly manage FW has a negative impact on climate because of greenhouse gasses (GHGs) emission during decay, contamination of watercourses, and maybe a disease vector leading to the health hazard. The effects of FW on societies, the environment, as well as its collection and recycling might help to alleviate a number of harmful effects. Several of the possible mitigating steps necessary to accomplish this include climate change and GHGs emissions; nutrient loss; water footprint; sanitation; economic and ecological impacts. FW management, re-use, and their treatment have been provided in Fig. [1](#page-3-0) (modified from Bigdeloo et al. [2021](#page-10-0)) and Fig. [2](#page-4-0) (Created with BioRender.com).

Climate change and GHGs emissions

Methane (CH₄), greenhouse gases nitrous oxide (N_2O) , along with carbon dioxide $(CO₂)$, contribute to climate change and global warming. They are generated at levels of the food life cycle, resulting in emissions from manures and livestock and slurries, release stored carbon in cleared biomass; to produce energy from burning fossil fuel. When discarded food is disposed of in dumps or landfills, it decomposes and releases more pollutants into the environment (Reisch et al. [2021](#page-11-0)).

Nutrient loss

Plants are largely composed of water and carbon (C), and their growth requires phosphorus (P), nitrogen (N), and potassium (K), among various nutrients. Plant photosynthesizes C from the atmosphere, whereas PNK comes from the soil as well as inorganic and organic fertilizer applied by the farmer. The decade of unsustainable farming methods has led to nutrient deprivation and organic matter reduction in soil (O'Connor et al. [2021](#page-11-0)). Furthermore, soils have only recently been exposed to intensive agricultural

methods and apply synthetic fertilizer on a worldwide scale. Breakdown in this cycle can be rectified in part by recycling these wastes from urban environments back to agriculture using compost and digester (Lansing et al. [2019](#page-11-0)).

Sanitation

Globally, around 50% of garbage is disposed of in landfills, whereas 13–33% of garbage is dumped publicly in middle and poor-income nations. Organic and FW in dumpsites and landfills can cause parasite and gastrointestinal disorders in the communities that live and work nearby, particularly children and women. Humans use the flesh and milk of grazing animals, which may be found open waste all over the world (Chen et al. [2020](#page-10-0)).

Water footprint

Water is taken from surface water bodies and groundwater aquifers for irrigation in areas having seasonal/insufficient rainfall. FW generation and unregulated disposal of FW have an influence on both groundwater and surface bodies. The use of pesticides and fertilizer, along with accompanying runoff, has a harmful influence on the quality of water in surface and groundwater bodies. Whereas untreated effluent from food processing industries pollutes leachate from the dumpsite, surface water bodies, and landfills pollute both surface and groundwater water (Mekonnen and Fulton [2018\)](#page-11-0).

Economic impacts

More research is required to determine how these macro estimates may be used at the local level of particular cities. FW, for example, that is not individually collected and disposed of in landfills incurs a cost to the city in terms of transportation and entrance fees, not to mention any social or environmental implications. Cities might require accounting for the cost of GHGs emissions. GHGs accounting for untreated FW sent to landfills, the impact on the regional residents' health residing near those sites, and the cost of pollution to soil and water bodies are all quantifiable with a complete analysis. In order to get a more accurate picture of the environmental and economic costs of untreated FW, towns may choose to conduct an analysis of the economic and environmental costs of untreated FW before analyzing the cost of collection and treatment. Finally, it is vital to comprehend the revenue created by the treatment of FW in urban contexts via organic soil amendment, sale of compost, heat, transportation fuel, biogas to generate energy, and soil nutrients (Thyberg and Tonjes [2016\)](#page-11-0).

Fig. 1 Major four steps of FW management, recycle and re-use

Ecological impacts

To have an effective production of food to feed the world's growing population has resulted in massive ecological damage due to: a shift in land used from marshes, prairies, forests, and peat bogs to agriculture; species loss of biodiversity, including birds, mammals, fish, and amphibians; and overfishing of marine life. Globally, the effects of the production of food harm have been seen in the form of biodiversity loss, marine population decline, soil quality, and a variety of other indicators (Thyberg and Tonjes [2016\)](#page-11-0).

Composition and odours

Proteins, carbohydrates, lipids, and inorganic materials trace of make up the majority of FW. The composition differs depending on the kind of FW along with its contents. FW including vegetables and grains is heavy in carbs, but FW containing eggs and meat is rich in lipids and proteins (Paritosh et al. [2017](#page-11-0)). The FW composition researched in various locations of the world is summarised in Table [1](#page-4-0). Odor discharge into the surrounding environment is a big issue for many composting sites. Numerous odorous compounds have been found in gases compost as a result of several experiments screening smells from various composts. It is well understood that the quality, as well as quantity of odor produced by compost, varies depending on the composition of substrate and process variables (Agapioset al. [2020\)](#page-10-0). When composting FW, at the beginning of the process there is frequently a low-pH period. Slow decomposition at extended low pH conditions is a common process concern in FW composting (Sundberg and Jönsson [2008](#page-11-0)). The two most abundant acids are acetic and lactic acid, although numerous additional acids have been dis-covered in lower quantities (Sundberg and Jönsson [2008](#page-11-0)). Organic acid, particularly those with longer chain lengths, is known to be odorous. Odour is assessed using dynamic olfactometry, a defined method in which a group of people estimates the gas samples' odor diluted with nitrogen at various concentrations. This technology is time-intensive and expensive, making it unsuitable for regular odor tests at a composting operation. To measure the amounts of particular compounds, an instrument based on separation procedures such as chromatography is often utilized. The low pH of wastes has been linked to lactic acid bacteria's higher concentration in incoming decomposing and trash material during the composting process's early stages

Fig. 2 FW management and its treatment using AD

Table 1 FW composition reported in several kinds of literature

Total solids	Moisture	Total sugar	Starch	Volatile solid	Cellulose	Protein	Lipids	Ash	References
24.1	75.9	42.3	29.3	$\overline{}$		3.9		1.3	Ohkouchi and Inoue (2006)
17.2	82.8	62.7	46.1	89.1	2.3	15.6	18.1	$\overline{}$	Wang et al. (2008)
19.7	80.3	59.8	$\overline{}$	95.4	1.6	21.8	15.7	1.9	Tang et al. (2008)
14.3	85.7	42.3	28.3	98.2	-	17.8	-	-	Zhang et al. $(2005b)$
24.8	75.2	50.2	46.1	$\overline{}$		15.6	18.1	2.3	Wang et al. (2008)
17.2	82.8	62.7	46.1	85.0	2.3	15.6	18.1	$\overline{}$	Ma et al. (2008)
14.3	81.9	48.3	42.3	98.2	$\overline{}$	17.8	$\overline{}$	-	Vavouraki et al. (2013)
18.5	81.5	55.0	24.1	94.1	16.9	16.9	14.0	5.9	Vavouraki et al. (2013)
38.7	61.3	69.0	$\overline{}$			4.4	6.4	1.2	Uncu and Cekmecelioglu (2011)
18.3	81.7	35.5	$\qquad \qquad -$	87.5	-	14.4	24.1	$\qquad \qquad -$	He et al. (2012)

(Partanen et al. 2010). As pH and temperature rise in wellfunctioning systems, the number of lactic acid bacteria quickly decreases during the initial phase (Partanen et al. 2010). Rapidly overcoming the early low-pH phase is a key method for minimizing odour from FW composting. This may be accomplished by a mix of higher aeration rate that gives cooling and oxygen, as well as additions like recy-cled compost (Sundberg and Jönsson [2008\)](#page-11-0).

FW anaerobic digestion

FW is major significant component of global waste (Santagata et al. [2021;](#page-11-0) Bian et al. [2022\)](#page-10-0). It is predicted that methane (CH_4) production rate varies between 0.4 and 0.5 L CH₄ g VS¹ (Nagao et al. [2012](#page-11-0); Li et al. [2016,](#page-11-0) [2019](#page-11-0)), indicating energy recovery has higher potential. As a result, interest in FW AD has grown during the last few years. Capson-Tojo et al. (2016) published and evaluated FW therapy in laboratory-scale trials with AD. AD has been extensively used for FW treatment on an industrial basis in several European and affluent Asian nations. England, Germany, Korea, and Spain have established AD factories having capacities of 2500 tonnes/year or higher (Thi et al. [2015\)](#page-11-0). Developing countries have developed diverse types of AD digesters in commercial and household sizes for FW treatment using AD technology (Thi et al. [2015\)](#page-11-0). AD is regarded as the primarily appealing approach for processing and organic solid waste recycling in order to create energy-rich gases like methane and hydrogen while also reducing the volume of waste (Wang et al. [2018](#page-11-0)).

Because of its higher organic content, FW has a strong potential for AD to create methane $(CH₄)$. Table [1](#page-4-0) depicts the biogas potential output from several kinds of FW. Although, FW AD is a complicated procedure. Several inhibitors, including volatile fatty acids and ammonia build-up, frequently result in poor performance and even failure of the process (Benyahya et al. [2022\)](#page-10-0). To ensure a consistent operation, typically digesters are run at a low organic loading rate (Tampio et al. 2014). A number of studies concentrate on monitoring purposes in order to improve process reliability and efficiency (Li et al. [2016](#page-11-0)). As seen in Fig. [3](#page-6-0) (Created with BioRender.com), AD is a biochemical process in which all complex organic molecules go through a series of multiple-step that includes hydrolysis, acidogenesis, acetogenesis, as well as methanogenesis. At different stages of hydrolysis and acidification, hydrogen synthesis, and methane production in the AD process, the microbial populations change (Hou et al. [2021\)](#page-10-0). As AD is a biochemical process having microbial groups, microorganisms' wide range, are at the base of digesters. Many attempts on microorganisms have been made in this sector to improve the stability and efficiency of AD (Abbas et al. [2021](#page-10-0)). Anaerobic methane production is an effective alternative for FW management. The process produces fewer residual trashes, is affordable, and uses FW as a renewable energy source (Nasir et al. [2012\)](#page-11-0). AD is divided into three stages: hydrolysis of enzymatic, generation of acid, and production of gases.

Enzymatic hydrolysis

Microorganisms that cannot transfer large polymer molecules to cell membranes are broken down in the primary phase by hydrolases released by obligate or facultative hydrolytic anaerobic bacteria. Hydrolysis converts polymers into monomeric or oligomer molecules. Polysaccharide is further subdivided into oligo-saccharides followed by mono-saccharides; for example, (1) depicts the formation of molecules of glucose by hydrolysis of starch. Proteins are degraded into amino acids and peptides, whereas lipids are transformed into fatty acids and glycerol.

$$
nC_6H_{10}O_5 + nH_2O \rightarrow nC6H1_2O_6 \tag{1}
$$

Strauber et al. (2012) reported that under anaerobic circumstances, the rate of hydrolysis is slower as compared to acid production rate and is affected by the type of the bacterial concentration, bioreactor temperature, substrate, and pH. Other factors influencing the rate of hydrolysis are enzyme synthesis, size of substrate particle, pH, and adsorption of enzyme on particles of the substrate. According to Wainaina et al. ([2019\)](#page-11-0), Enterobacter and Streptococcus are anaerobe genera that are accountable for hydrolysis.

Acidogenesis phase

This occurs in the second phase, through which hydrolytic products are fermented to volatile fatty acids like propionate, acetate, isobutyrate, valerate, butyrate, ammonia, carbon dioxide, and hydrogen. In acidification, anaerobic facultative bacteria utilize carbon and oxygen, leading to an anaerobic environment appropriate for methanogenesis. In this step, obtained monomers in the first phase turn into substrates for microbes, who transform the substrate into organic acid via a bacterial group. Methane $(CH₄)$ may be produced straight from hydrogen, carbon dioxide, and acetate. On the other hand, butyrate, propionate, isobutyrate, and valerate, are introduced for additional breakdown by syntrophic acetogenic bacteria, resulting in hydrogen and acetate (Zhang et al. [2005a\)](#page-11-0).

Acetogenesis

Bacteria that are Acetogenic belong to the genera Syntrophobacter and Syntrophomonas degrade acid phase products into hydrogen and acetates. Molecules of acetate are also produced when carbon dioxide is reduced with hydrogen as a source of the electron. Acetate will be utilized further by methanogens in later phases. The H generated during the process, on the other hand, has an inhibiting impact on microbes. As a result, in AD, acetogenic bacteria coexist with hydrogenotrophic methanogens,

Fig. 3 The essential stages and routes of the AD process for FW

which eliminate H by using it for $CH₄$ synthesis. Furthermore, acetogenesis is the phase that represents the biogas efficiency generation since acetate decreases to produce 70% of methane. Simultaneously, hydrogen 11% is produced throughout the process (Qian et al. [2019](#page-11-0)).

$$
nC_6H_{12}O6 \rightarrow 3nCH_3COOH. \tag{2}
$$

Methanogenesis

Archaea methanogens carried out Methanogenesis which occurs in the last phase. CH_4 can be produced either by decreasing carbon dioxide or by fermentation of acetic acid. As a result, preceding phase components, hydrogen, carbon dioxide, and acetic acid, operate as a precursor for methane synthesis. Only 30% of the $CH₄$ generated in this process is due to the reduction of carbon dioxide by methanogens (Karakashev et al. 2005).

$$
CH_3COOH \rightarrow CH_4 + CO_2 \tag{3}
$$

 $CH₄$ may be produced by 2 types of methanogens: hydrogenotrophic methanogens, which use hydrogen to decrease carbon dioxide, and acetoclastic methanogens, which make CH₄ from acetic acid.

$$
CO2 + 4H2 \rightarrow CH4 + 3H2O.
$$
 (4)

Microbial community structure during composting

Composting is characterized by microbial community successions that enthusiastically decomposes putrescent and degradable organic waste in self-heating, wet, as well as aerobic condition. Both bacteria and fungus, reflect the microbial community structure of the environmental composting. The existence of certain bacteria or fungi can have an impact on the entire composting process, either positively or adversely. Physical characteristics are critical to understanding the activity of various microorganisms' groups, which reflect the quality of the composting process's end result (Bohacz [2019](#page-10-0)). During the early phases of the composting process, most collected wastes have low pH, which coincides with a higher concentration of lactic acid bacteria (Partanen et al. 2010). Another ideal approach for composting is anaerobic digestion, which uses FW to create biogas by addressing the management of waste and recycling nutrients (Stürmer [2020\)](#page-11-0). The microbial population works by dissolving complex organic material into

lipids, proteins, and carbohydrates, which are then hydrolyzed by enzymes like cellulase, lipases, amylase, and protease into steady, simpler forms of carbohydrate, longchain fatty acid, and amino acid (Lauwers et al. 2013). Calculating enzyme activity during composting may offer knowledge about composted materials' maturity by decomposing organic matter and nitrogen transformations (Bohacz [2019\)](#page-10-0). The biochemical changes that occur at each step of composting, as well as the usage and type of microorganisms that arise during the decomposition process include different stages of composting.

Stages of AD

The process of composting is divided into 3 main phases: the mesophilic phase, the thermophilic phase, and the maturation or cooling phase, where varied microflora like thermophilic and mesophilic fungi, actinomycetes, and bacteria are there which convert and stabilize organic waste into humus (Morenoet al. 2011). Various communities of microbes prevail at different stages of composting. Mesophiles execute the first breakdown of organic materials owing to the easily accessible sources of carbon at the start of the process. The thermophilic microorganisms, that are heat resistant, will take over and dominate the mesophiles during the thermophilic phase. Because rising temperature increases the breakdown of components and hence the exhaustion of nutrients, the temperature progressively decreases and returns to the mesophilic phase before the compost develops (Yu et al. [2019](#page-11-0)). In the chilling period, the mesophiles return to the compost and begin the digestion of leftover organic waste. Figure [1](#page-3-0) depicts the all-over temperature profile that dictates the beginning and finish of every stage. Overall, the composting process is linked to a diverse set of communities of microbes. Literature reports have recognized the existence of bacteria from the genera Streptomyces, Bacillus, Anthrobacter, Escherichia, Enterobacter, Micrococcus, Staphylococcus, Alternaria, Nitrobacter, Morganella, Nitrosomonas, Paucimonas, Proteus, Pseudomonas, and fungal genera Cephaliophora, Aspergillus, Cladosporium, and Humicola, Table [2](#page-8-0) summarises the microorganisms that have been described in several recent scientific papers based on the composting phases.

First stage (Mesophilic)

In the composting process early-stage mesophilic temperature, as well as carbon-rich substrate availability, favor the mesophiles growth with a mixture of actinomycetes, bacteria, and fungi, which grows at temperatures ranging from 15 to 45 \degree C and achieve optimum growth at temperatures ranging from 30 to 39 $^{\circ}$ C (Majhi et al. [2021\)](#page-11-0). Mesophilic fungi like yeast, mold, and acid-producing bacteria such as Acetobacter spp. and Lactobacillus spp., are the dominating species at this stage in the decomposition of organic waste materials (Partanen et al. 2010). As organic acids are created, the pH normally drops. These microbes subsequently convert the easily digested carbon sources into organic acid, leading to a pH reduction in the compost (Kausar et al. [2013\)](#page-10-0). Fungi like mold and yeast are in charge of breaking stiff debris, allowing bacteria to continue the process of decomposition, which explains the breakdown of various chemicals like sugars, amino acids, and other simple components during this phase.

Second stage (Thermophilic)

Destruction of organic materials by thermophilic microorganisms, specifically fungus and bacteria occurs. Thermophiles are used in place of mesophiles at this stage of composting, which thrive at temperatures ranging from 40 to 80 °C, favoring thermophilic and actinomycetes bacteria including Bacillus spp. (Arya et al. [2021\)](#page-10-0). When carbon supply in the overall compost depletes at the conclusion of the thermophilic stage, the temperature steadily lowers as it prepares to enter the maturation or cooling stage (Gajalakshmi and Abbasi 2008). Actinobacteria and Bacillus spp. are the most prevalent strain in the compost at this stage.

Third stage (Cooling)

The maturation phase is distinguished by a temperature that is even lower than 25° C. The microbial activity of thermophiles ceases due to substrate depletion, and mesophiles are now returning to recolonize organic matter from spores that survive at higher temperatures and revive when the temperature drops, or by inoculation from the environment or the compost pile's edge. Because of the metabolism of phytotoxic chemicals, the microbiota at this stage has an important role in the maturation of compost and controlling diseases of plants. Some soil fungi can degrade lignin in a way that actinomycetes and bacteria cannot (Maaroufi et al. [2019](#page-11-0)).

Importance of food for sustainability

Composting has several advantages, particularly for nature and the environment. As a result, FW composting should become a viable alternative to chemical fertilizers, obviating the need for chemicals. By breaking down organic debris, these bacteria and fungus produce humus, a nutritious and nutrient-rich material. Composting also enriches the soils with nitrogen, potassium, and phosphorus. Certain

nutrients aid in the buffering of severely acidic or alkaline soil, allowing crops to grow and yield more. Composting also aids in the retention of nutrients and the preservation of the soil's pH equilibrium. FW may be decreased and repurposed, which is the most obvious benefit of composting. As a result, the life of landfills is extended because less waste is disposed of there (Awomeso et al. 2010). Composting improves polluted, compacted, and marginal soils, resulting in forest and wetlands restoration and habitat renewal. Without the use of heavy machinery, soil contaminated by hazardous waste is remedied and water retention is improved cost-effectively.

The commitment of stakeholders in the management process is critical to the success of FW management. As essential stakeholders in the food value chain, retailers, grocery stores, hotels, and restaurants can work with farmers to form a long-term sustainable partnership (Kor et al. [2017\)](#page-10-0). Composting, for example, can help increase crop yields in agriculture. Organically cultivated vegetables and products may also command a premium price. Composting can be used to remediate hazardous wastecontaminated soils and save money. When compared to traditional soil, water, and air pollution remediation technologies, composting is a more cost-effective solution (Somerville et al. 2020). The fertility of soil can be improved by composting waste items, which produce plant nutrients in the soil. As a result, water, pesticides, and fertilizer usage can be minimized, resulting in significant cost benefits (Al-Rumaihi et al. [2020](#page-10-0)). Moreover, composting allows farmers to diversify their farm goods and so boost their income. The partnership can save producers money on fertilizers while also saving the other party money on waste disposal because it can use the same distribution capabilities that supply fresh produce to collect FW.

Conclusions

Recycling and bio-energy from FW through AD is a reliable approach for sustainable development. Hydrolysis, acidogenesis, acetogenesis, and methanogenesis are all

microbial processes that are involved in AD of FW. The operational anaerobic species are important in the AD of organics, and the spread of the microbial population is affected by a combination of factors, such as operating parameters, interfering substances, and co-digestion substances. Microbes can serve as markers of whether the AD process is steady or falling. Under high oil, high salt, and high heterogeneity conditions, the dynamic succession, microbial growth characteristics, and effects of various elements on microecology need to be studied in depth at different stages of AD. FW is high in biomass energy, and an increasing number of national projects to recover energy from FW utilizing AD are being implemented. Process control and monitoring, as well as microbiological remediation, can be used to control AD instability and increase energy conversion efficiency. The authors discuss the current state of research on these approaches and identify known constraints to effective AD, as well as make suggestions for future studies. More extensive studies on the principles of microorganism evolvement under complicated circumstances, as well as genome-resolved metagenomic and data-driven methodologies, must be conducted to pave the way for AD microbial regulation strategies.

Author contributions PS: conceptualization, literature review, writing—original draft, review and editing. AB: conceptualization, literature review, writing—original draft, review and editing. SPS: conceptualization, literature review, writing—original draft, review and editing. SKS: literature review, writing original draft, data curation. SPS: literature review, writing original draft, data curation. HMNI: literature review, writing original draft, data curation. SV: conceptualization, supervision, data curation, review and editing.

Funding None.

Data availability All data, models, and code generated are used during the study appear in the submitted article.

Declarations

Competing interest The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

References

- Abbas Y, Yun S, Wang Z, Zhang Y, Zhang X, Wang K (2021) Recent advances in bio-based carbon materials for anaerobic digestion: a review. Renew Sustain Energy Rev 135:110378
- Agapios A, Andreas V, Marinos S, Katerina M, Antonis ZA (2020) Waste aroma profile in the framework of food waste management through household composting. J Clean Prod 257:120340
- Al-Rumaihi A, McKay G, Mackey HR, Al-Ansari T (2020) Environmental impact assessment of food waste management using two composting techniques. Sustainability 12(4):1595
- Antunes LP, Martins LF, Pereira RV, Thomas AM, Barbosa D, Lemos LN, Setubal JC (2016) Microbial community structure and dynamics in thermophilic composting viewed through metagenomics and metatranscriptomics. Sci Rep 6(1):1–13
- Arya PS, Yagnik SM, Rajput KN, Panchal RR, Raval VH (2021) Understanding the basis of occurrence, biosynthesis, and implications of thermostable alkaline proteases. Appl Biochem Biotechnol 193(12):4113–4150
- Benyahya Y, Fail A, Alali A, Sadik M (2022) Recovery of household waste by generation of biogas as energy and compost as biofertilizer—a review. Processes 10(1):81
- Bian S, Xue Y, Li C, Wu W, Ma Z, Okoro JO, Harder MK (2022) Depositing waste in 'certain place'at 'certain time': Does this policy improve recycling performance? Resour Conserv Recycl 176:105935
- Bigdeloo M, Teymourian T, Kowsari E, Ramakrishna S, Ehsani A (2021) Sustainability and circular economy of food wastes: waste reduction strategies higher recycling methods and improved valorization. Mater Circular Econ 3(1). [https://doi.](https://doi.org/10.1007/s42824-021-00017-3) [org/10.1007/s42824-021-00017-3](https://doi.org/10.1007/s42824-021-00017-3)
- Bohacz J (2019) Changes in mineral forms of nitrogen and sulfur and enzymatic activities during composting of lignocellulosic waste and chicken feathers. Environ Sci Pollut Res 26(10):10333–10342
- Chen S, Chen B, Feng K, Liu Z, Fromer N, Tan X, Hubacek K (2020) Physical and virtual carbon metabolism of global cities. Nat Commun 11(1):1–11
- De Vrieze J, Verstraete W (2016) Perspectives for microbial community composition in anaerobic digestion: from abundance and activity to connectivity. Environ Microbiol 18(9):2797–2809
- Girotto F, Alibardi L, Cossu R (2015) Food waste generation and industrial uses: a review. Waste Manage 45:32–41
- Goux X, Calusinska M, Fossépré M, Benizri E, Delfosse P (2016) Start-up phase of an anaerobic full-scale farm reactor–appearance of mesophilic anaerobic conditions and establishment of the methanogenic microbial community. Biores Technol 212:217–226
- Guruchandran S, Amanullah MF, Muninathan C, Ganesan ND (2022) Recent advances in biorefineries for energy and nutrient recovery from food waste. In: Zero waste biorefinery, pp 449–485
- He M, Sun Y, Zou D, Yuan H, Zhu B, Li X, Pang Y (2012) Influence of temperature on hydrolysis acidification of food waste. Procedia Environ Sci 16:85–94
- Hou T, Zhao J, Lei Z, Shimizu K, Zhang Z (2021) Enhanced energy recovery via separate hydrogen and methane production from two-stage anaerobic digestion of food waste with nanobubble water supplementation. Sci Total Environ 761:143234
- Hussain I, Puschenreiter M, Gerhard S, Sani SGAS, Reichenauer TG (2019) Differentiation between physical and chemical effects of oil presence in freshly spiked soil during rhizoremediation trial. Environ Sci Pollut Res 26(18):18451–18464
- Keating C, Hughes D, Mahony T, Cysneiros D, Ijaz UZ, Smith CJ, O'Flaherty V (2018) Cold adaptation and replicable microbial community development during long-term low-temperature anaerobic digestion treatment of synthetic sewage. FEMS Microbiol Ecol 94(7):095
- Kishneth P, Amran MA, Norhashim NA, Mohamad-Fauzi N, Peng-Hui F, Hui-Wen L, Kai-Lin Y, Jiale L, Chian-Yee MG, Jing-Yi L, Gunasekaran B, Razak SA (2020) Food waste composting and microbial community structure profiling. Processes 8(6):723. <https://doi.org/10.3390/pr8060723>
- Kor YY, Prabhu J, Esposito M (2017) How large food retailers can help solve the food waste crisis. In: Harvard business review, vol 19
- Kumar SD, Yasasve M, Karthigadevi G, Aashabharathi M, Subbaiya R, Karmegam N, Govarthanan M (2022) Efficiency of microbial fuel cells in the treatment and energy recovery from food wastes: trends and applications—a review. Chemosphere 287:132439
- Lansing S, Hülsemann B, Choudhury A, Schueler J, Lisboa MS, Oechsner H (2019) Food waste co-digestion in Germany and the United States: from lab to full-scale systems. Resour Conserv Recycl 148:104–113
- Li L, He Q, Ma Y, Wang X, Peng X (2016) A mesophilic anaerobic digester for treating food waste: process stability and microbial community analysis using pyrosequencing. Microb Cell Fact $15(1):1-11$
- Li Y, Jin Y, Borrion A, Li H (2019) Current status of food waste generation and management in China. Biores Technol 273:654–665
- Maaroufi NI, Nordin A, Palmqvist K, Hasselquist NJ, Forsmark B, Rosenstock NP, Gundale MJ (2019) Anthropogenic nitrogen enrichment enhances soil carbon accumulation by impacting saprotrophs rather than ectomycorrhizal fungal activity. Glob Change Biol 25(9):2900–2914
- Majhi K, Let M, Halder U, Bandopadhyay R (2021) Isolation and characterization of copper tolerant bacterial species habituating in copper mines and study of their potentiality as a plant growth stimulator
- McCarthy B, Kapetanaki AB, Wang P (2020) Completing the food waste management loop: Is there market potential for valueadded surplus products (VASP)? J Clean Prod 256:120435
- Mekonnen MM, Fulton J (2018) The effect of diet changes and food loss reduction in reducing the water footprint of an average American. Water Int 43(6):860–870
- Nagao N, Tajima N, Kawai M, Niwa C, Kurosawa N, Matsuyama T, Toda T (2012) Maximum organic loading rate for the singlestage wet anaerobic digestion of food waste. Biores Technol 118:210–218
- Nasir IM, Ghazi TIM, Omar R (2012) Production of biogas from solid organic wastes through anaerobic digestion: a review. Appl Microbiol Biotechnol 95(2):321–329
- National Bureau of Statistics of China China Statistical Yearbook 2020 (2020) China Statistics Press, Beijing
- Nghiem LD, Koch K, Bolzonella D, Drewes JE (2017) Full scale codigestion of wastewater sludge and food waste: bottlenecks and possibilities. Renew Sustain Energy Rev 72:354–362
- O'Connor J, Hoang SA, Bradney L, Dutta S, Xiong X, Tsang DC, Bolan NS (2021) A review on the valorisation of food waste as a nutrient source and soil amendment. Environ Pollut 272:115985
- Paneet C, Sorrentino R, Scotti R, Molisso M, Di Matteo A, Celano G, Zaccardelli M (2020) Alpha and beta-diversity of microbial communities associated to plant disease suppressive functions of on-farm green composts. Agriculture 10(4):113
- Paritosh K, Kushwaha SK, Yadav M, Pareek N, Chawade A, Vivekanand V (2017) Food waste to energy: an overview of sustainable approaches for food waste management and nutrient recycling. BioMed Res Int 2017:1
- Posmanik R, Labatut RA, Kim AH, Usack JG, Tester JW, Angenent LT (2017) Coupling hydrothermal liquefaction and anaerobic digestion for energy valorization from model biomass feedstocks. Biores Technol 233:134–143
- Qian M, Li Y, Zhang Y, Sun Z, Wang Y, Feng J, Zhao L (2019) Efficient acetogenesis of anaerobic co-digestion of food waste and maize straw in a HSAD reactor. Biores Technol 283:221–228
- Reisch LA, Sunstein CR, Andor MA, Doebbe FC, Meier J, Haddaway NR (2021) Mitigating climate change via food consumption and food waste: a systematic map of behavioral interventions. J Clean Prod 279:123717
- Santagata R, Ripa M, Genovese A, Ulgiati S (2021) Food waste recovery pathways: challenges and opportunities for an emerging bio-based circular economy: a systematic review and an assessment. J Clean Prod 286:125490
- Shah YT (2014) Water for energy and fuel production. Taylor & Francis, Milton Park, p 441
- Sheets JP, Yang L, Ge X, Wang Z, Li Y (2015) Beyond land application: emerging technologies for the treatment and reuse of anaerobically digested agricultural and food waste. Waste Manage 44:94–115
- Stürmer B (2020) Greening the gas grid—evaluation of the biomethane injection potential from agricultural residues in Austria. Processes 8(5):630
- Sundberg C, Jönsson H (2008) Higher pH and faster decomposition in biowaste composting by increased aeration. Waste Manage 28(3):518–526
- Tang YQ, Koike Y, Liu K, An MZ, Morimura S, Wu XL, Kida K (2008) Ethanol production from kitchen waste using the flocculating yeast Saccharomyces cerevisiae strain KF-7. Biomass Bioenerg 32(11):1037–1045
- Thi NBD, Kumar G, Lin CY (2015) An overview of food waste management in developing countries: current status and future perspective. J Environ Manage 157:220–229
- Thyberg KL, Tonjes DJ (2016) Drivers of food waste and their implications for sustainable policy development. Resour Conserv Recycl 106:110–123
- Vavouraki AI, Angelis EM, Kornaros M (2013) Optimization of thermo-chemical hydrolysis of kitchen wastes. Waste Manage 33(3):740–745
- Venkiteshwaran K, Bocher B, Maki J, Zitomer D (2015) Relating anaerobic digestion microbial community and process function: supplementary issue—water microbiology. Microbiol Insights 8:MBI33593
- Wainaina S, Lukitawesa, Kumar Awasthi M, Taherzadeh MJ (2019) Bioengineering of anaerobic digestion for volatile fatty acids, hydrogen or methane production: a critical review. Bioengineered 10(1): 437–458
- Wang Q, Ma H, Xu W, Gong L, Zhang W, Zou D (2008) Ethanol production from kitchen garbage using response surface methodology. Biochem Eng J 39(3):604–610
- Wang Y, Zang B, Li G, Liu Y (2016) Evaluation the anaerobic hydrolysis acidification stage of kitchen waste by pH regulation. Waste Manage 53:62–67
- Wang P, Wang H, Qiu Y, Ren L, Jiang B (2018) Microbial characteristics in anaerobic digestion process of food waste for methane production—a review. Biores Technol 248:29–36
- Wu L, Ning D, Zhang B, Li Y, Zhang P, Shan X, Zhang Q, Brown MR, Li Z, Van Nostrand JD, Ling F (2019) Global diversity and biogeography of bacterial communities in wastewater treatment plants. Nat Microbiol 4(7):1183–1195
- Xiong X, Iris KM, Tsang DC, Bolan NS, Ok YS et al (2019) Valueadded chemicals from food supply chain wastes: state-of-the-art review and future prospects. Chem Eng J 375:121983
- Yu H, Xie B, Khan R, Shen G (2019) The changes in carbon, nitrogen components and humic substances during organic-inorganic aerobic co-composting. Biores Technol 271:228–235
- Zhang B, He ZG, Zhang LL, Xu JB, Shi HZ, Cai WM (2005a) Anaerobic digestion of kitchen wastes in a single-phased anaerobic sequencing batch reactor (ASBR) with gas-phased absorb of CO_2. J Environ Sci 17(2):249–255
- Zhang B, Zhang LL, Zhang SC, Shi HZ, Cai WM (2005b) The influence of pH on hydrolysis and acidogenesis of kitchen wastes in two-phase anaerobic digestion. Environ Technol 26(3):329–340
- Zhang C, Su H, Baeyens J, Tan T (2014) Reviewing the anaerobic digestion of food waste for biogas production. Renew Sustain Energy Rev 38:383–392
- Zhang W, Chen B, Li A, Zhang L, Li R, Yang T, Xing W (2019) Mechanism of process imbalance of long-term anaerobic digestion of food waste and role of trace elements in maintaining anaerobic process stability. Biores Technol 275:172–182
- Zhang J, Ye H, Bhatt S, Jeong H, Deutsch J, Ayaz H, Suri R (2021) Addressing food waste: how to position upcycled foods to different generations. J Consum Behav 20(2):242–250
- Zheng L, Li Q, Zhang J, Yu Z (2012) Double the biodiesel yield: rearing black soldier fly larvae, hermetiaillucens, on solid residual fraction of restaurant waste after grease extraction for biodiesel production. Renew Energy 41:75–79

Publisher's Note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.