

# Identification of a mutation in the $\beta$ cardiac myosin heavy chain gene in a family with hypertrophic cardiomyopathy

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## Abstract

**Objective**—To investigate the molecular genetic basis of the cause of disease in a family with hypertrophic cardiomyopathy.

**Background**—Mutation within the  $\beta$  cardiac myosin heavy chain gene has been shown to be the pathogenetic mechanism underlying the disease in several families, though clear evidence of heterogeneity has been reported.

**Patients**—A family with a history of hypertrophic cardiomyopathy.

**Results and conclusion**—This paper reports a mutation at aminoacid position 908 within exon 23 of the  $\beta$  cardiac myosin heavy chain gene, resulting in a conversion of a leucine to valine. This base substitution was identified in an individual with a confirmed family history but with equivocal symptoms of the disease. Inheritance of the mutation by his symptom free juvenile offspring demonstrates the application of the technique to presymptomatic diagnosis.

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Hypertrophic cardiomyopathy (HCM) is a primary cardiac disease characterised by hypertrophy of the undilated left ventricle. The myocardial mass is increased and there is myocytic and myofibrillar disarray.<sup>2</sup> The condition is difficult to manage because those affected often do not have symptoms and are leading a healthy, normal life. The first indication of the disease can be sudden death<sup>3</sup> and the disease is the most common cause of sudden death in people under 30 years of age.<sup>4</sup> The disease is familial in at least 50% of cases and has an autosomal dominant mode of inheritance.<sup>5-7</sup>

The demonstration of linkage to chromosome 14q11-q12 in a large French-Canadian pedigree<sup>8</sup> led to the investigation of the  $\beta$  cardiac myosin heavy chain gene (MYH7), previously mapped to this region, as a potential candidate gene for the disorder. Identification of mutation within the coding sequence confirmed the role of this gene in the pathogenetic mechanism of the disease.<sup>9,10</sup> However, subsequent exclusion of the disease locus from the linked region on chromosome 14 in several well characterised HCM families is conclusive evidence of genetic heterogeneity.<sup>11</sup>

Current clinical diagnosis is based on physical examination (often unremarkable) and electrocardiography and echocardiography, where abnormalities may be subtle. Consequently, clinical diagnosis may be equivocal, particularly in those individuals who manifest clinical signs late in life.<sup>12</sup> The identification of mutation within the MYH7 gene provides a diagnostic tool for the investigation of correlation between genotype and phenotype, for determining the extent of locus heterogeneity, and for genetic counselling for affected families. It is particularly important in the presymptomatic individual where counselling on life style and clinical intervention may reduce the likelihood of sudden death, particularly in the young. Finally, characterisation of the genetic defect giving rise to this pathology should provide the basis for future therapy.

We report here a mutation in exon 23 of the coding sequence of MYH7 in an individual showing equivocal signs of the disorder. Detection of the mutation in a female offspring shows presymptomatic diagnosis in an apparently normal child.

## Patients and methods

### CLINICAL ANALYSIS

Family members were evaluated by physical examination, 12 lead electrocardiography, and echocardiography with an ultrasound scanner (Toshiba Sonolayer SSH-160A). Cross sectional images were obtained from a standardised series of cross sectional planes and were used to assess left ventricular systolic function. Integrated information from parasternal short and long axis views and apical two and four chamber views was used to define the presence and extent of ventricular hypertrophy at end diastole on cross sectional images. Continuous and pulsed wave Doppler echocardiography was used to evaluate left ventricular filling characteristics and outflow tract gradients.

### MOLECULAR ANALYSIS

The MYH7 gene contains approximately 30000 nucleotides constituting 40 coding exons. Systematic screening of the MYH7 exonic sequence by direct sequencing in affected individuals from the Hammersmith Hospital series of families was undertaken to detect pathogenetic mutations.

Genomic DNA was isolated from peripher-

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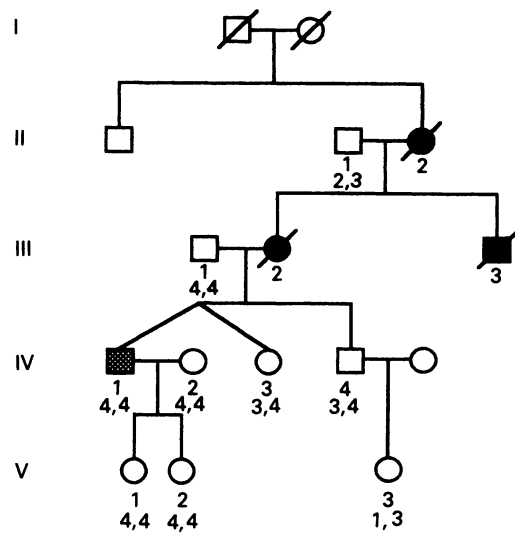


Figure 1 Pedigree of a family with hypertrophic cardiomyopathy transmitted as an autosomal dominant trait. Diagnosis in individual IV/1 is equivocal with electrocardiographic abnormalities detected. Solid symbols, individuals affected; open symbols, unaffected or unknown status; grey symbols, equivocal status; slashed symbols: dead. Genotypes generated from the analysis of a polymorphic microsatellite sequence identified in intron 24 of the MYH7 gene are indicated below the symbols (see fig 5 and text).

al blood samples, which were collected from family members including the grandchildren of the index case. Oligonucleotide primers used for polymerase chain reaction amplification of exon 23 of MYH7 are: 23F 5' GCAAGAATGGAGGACCTTAC 3' and 23R 5' TGGGTCAAGGTCAGTATGGT 3' with biotinylation of one primer for the subsequent direct sequencing of the polymerase chain reaction (PCR) product.

PCR amplification was carried out in a total volume of 50  $\mu$ l containing 100–200 ng of genomic DNA, 10 pmol each of the forward and reverse primer, 250  $\mu$ M each dNTP (nucleoside triphosphate) and 1 unit of Taq polymerase (NBL). Samples were initially denatured at 94°C for 10 min, followed by 40 cycles at 55°C for 1.5 min, 72°C for 4 min, and 92°C for 40 s. After purification of the PCR product (Geneclean II), a template was prepared with streptavidin magnetic beads

(Dynal AS, Norway) and alkali denaturation.<sup>13</sup> Sequenase Version 2 was used for dideoxy sequencing.

To confirm that the observed base substitution was implicated in the disease pathology by its absence in the normal siblings, maternal inheritance of the disease allele in the two additional offspring of the index case was investigated by a (CA)<sub>n</sub> microsatellite sequence polymorphism identified in intron 24 of MYH7 (Al-Mahdawi, unpublished data). The oligonucleotide primers designed to amplify the polymorphism are I24F 5' GTGAGTAGATTGAGAGTTGTGG 3' and I24R 5' TCAGAATTGATCACCACCTCTG 3'. PCR amplification was performed in a 25  $\mu$ l reaction volume with [ $\gamma$ -<sup>32</sup>P dATP] 5' -end labelled reverse primer under the conditions described above. Alleles were resolved on standard 6% denaturing polyacrylamide DNA sequencing gels for 3 h and visualised by autoradiography.

**Results**

**CLINICAL DESCRIPTION**

Family 1 (fig 1) was investigated as part of a collaborative study to identify the genetic defect(s) giving rise to hypertrophic cardiomyopathy. A positive family history of the disease had been confirmed in two generations. The disease was transmitted as an autosomal dominant trait.

The index case, III/2, presented with murmur in 1952 at the age of 24 years, though hypertrophic cardiomyopathy was not diagnosed until 1965 at the time of cardiac catheterisation. A gradient of 35 mm Hg across the right ventricular infundibulum was noted.

Echocardiography in 1977 showed classic features of hypertrophic cardiomyopathy. The left ventricular cavity was small (end diastolic dimension 48 mm) and contracted well (fractional shortening 38%). There was symmetrical septal hypertrophy. The septum was 26 mm thick (normal < 11 mm) and the posterior wall was 11 mm thick (normal < 11 mm). There was no significant left ventricular outflow tract gradient, nor was there systolic anterior motion of the mitral valve. At

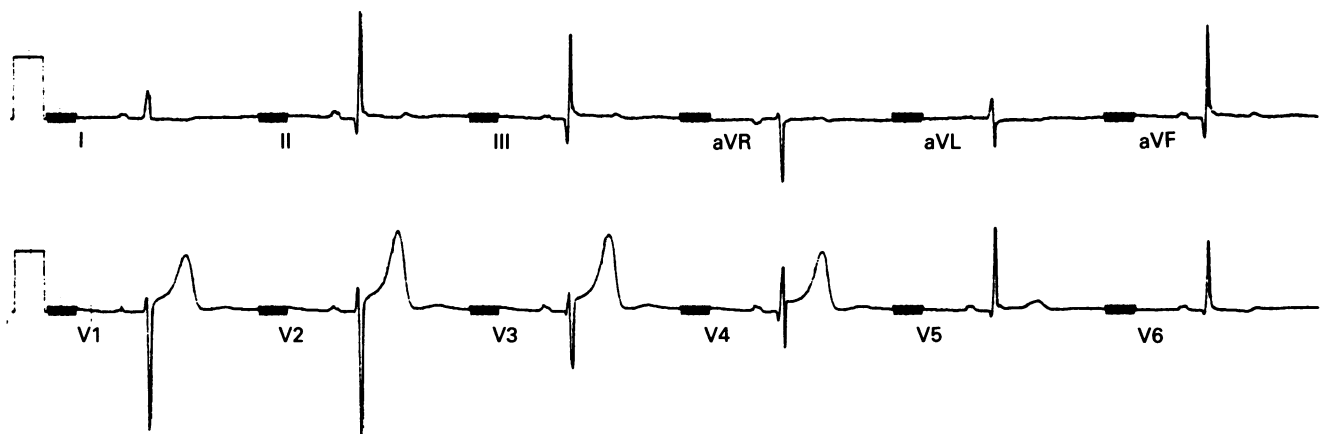


Figure 2 12 lead electrocardiogram of individual IV/1 showing Q waves in leads II,III, aVF (inferior), and V3 to V6 (anteroseptal) and inverted or biphasic T waves in the inferior and lateral leads (I, II, III, aVL and V6).

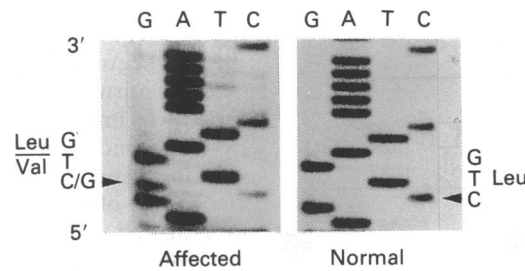


Figure 3 Direct sequencing after PCR amplification of exon 23 of the MYH7 gene. Sequence comparison between IV/1 and a normal unrelated individual showing a single base substitution from C to G at nucleotide 2808 which results in the conversion of leucine to valine.

this time the patient had chest pains and palpitation. No serious arrhythmia was detected on several 48 hour electrocardiographic recordings.

She was reviewed in 1989 because of an increasing diuretic requirement for progressive heart failure and was categorised as New York Heart Association class III. At the time the echocardiographic picture had changed. Although end diastolic dimensions were similar (49 mm) the end systolic dimensions had increased (38%) and fractional shortening had decreased to 22%. Ventricular septal thickness had also been reduced to 14 mm with the posterior wall remaining unchanged at 11 mm.

The patient died in intractable heart failure aged 61 years. A postmortem examination confirmed bi-ventricular hypertrophy (most prominent in the septum) and bi-ventricular dilatation. Histological examination showed cardiac myocyte hypertrophy and variation in nuclear size with a considerable increase in fibrous tissue. There was no evidence of myocardial fibre disarray, though only a small amount of myocardium was available for review. The intramural coronary arteries appeared normal. These findings are consistent with, but not diagnostic of, hypertrophic cardiomyopathy.

The brother of the index case (III/3) died suddenly after strenuous exercise in 1953 at the age of 18 years. Postmortem examination showed left ventricular hypertrophy. Unfortunately, a histological examination was not available for review. The patient's mother, II/2, died aged 71 years and a diagnosis of hypertrophic cardiomyopathy was made at necropsy.

The index case (III/2) had two sons and one daughter: the daughter and one son are twins. Electrocardiographic examination of individual IV/1 showed abnormal Q waves in leads V3 and V4 and inverted or biphasic T waves in the inferior and lateral leads (I, II, III, aVL, and V6) (fig 2). However, echocardiography was apparently normal with normal ventricular cavity dimensions and function. The interventricular septum was 11 mm and the posterior wall 10 mm (both within normal limits). These findings have not changed since 1989. This individual is currently symptom free: the abnormal elec-

trocardiogram was detected in the course of routine screening of first degree relatives of confirmed HCM patients. His siblings show no clinical, electrocardiographic or echocardiographic evidence of the disease.

None of the grandchildren of the index case, the eldest of whom is 16 years old, show clinical signs of the disease. Case V/2 has had one syncope episode related to hyperventilation. Her electrocardiogram and echocardiogram are entirely normal, as are those of the other grandchildren.

#### MOLECULAR EVALUATION

Direct sequencing of the PCR product corresponding to exons 9, 11, 13, 14, 17, and 23 of the MYH7 gene was undertaken in individual IV/1, in the knowledge that these exons have shown mutations in some HCM families.<sup>14</sup> This search resulted in the detection of a potential mutation in exon 23—the conversion of a cytosine<sup>15</sup> to a guanine residue at nucleotide position 2808 within exon 23 (fig 3). No mutations were detected in any of the other sequenced exons. This base substitution results in the conversion of leucine (CTG) to valine (GTG) at amino acid position 908 without alteration in net charge. The mutation was not found in the siblings (IV/3 and IV/4).

The substitution had not been seen in the sequence analysis of exon 23 in 20 patients with confirmed HCM from unrelated families and five unrelated normal individuals. Analysis of the sequence in the immediate vicinity of the substitution showed that the mutation abolished *PvuII*, *AluI* and *NspBII* restriction sites normally present in exon 23. Direct digestion of the PCR product therefore provides an independent and rapid method of detection. The absence of the mutation in the analysis of an additional 200 normal and 20 HCM chromosomes argues strongly for the mutation being the pathogenic mechanism in this family.

Figure 4 shows the digestion of the PCR amplified product of exon 23 with the restriction enzyme *PvuII*. Digestion of normal DNA with *PvuII* generates three fragments—251,

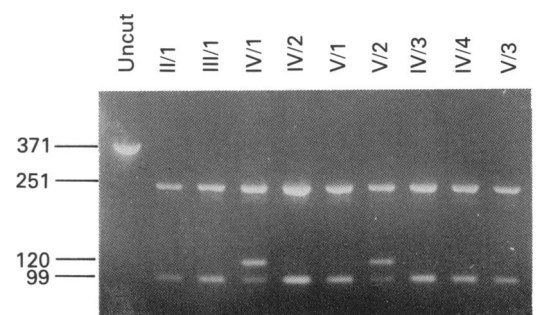


Figure 4 Digestion of the PCR amplification product of exon 23 with *PvuII* in the Pedigree. Products were digested at 37°C for 3 h and resolved on 2% agarose 2% NuSieve. Digestion of the PCR product from normal individuals results in the generation of three fragments - 251, 99 and 21 bp. Abolition of a *PvuII* site by the mutation results in the detection of an additional 120 bp fragment (IV/1). This mutation has also been inherited by the symptom free female, V/2. The 21 bp fragment is not shown.



though as a group they are at the highest risk of sudden death. However, evidence of abnormalities of the 12 lead electrocardiogram has been reported in a series of seven patients in whom echocardiographic features of HCM later developed.<sup>19</sup>

No evidence of a clinical, electrocardiographic, or echocardiographic abnormality was detected in individual V/2, apart from a single episode of syncope apparently precipitated by an episode of hyperventilation. Confirming the inheritance of the disease mutation by this individual supports previous data indicating that children with HCM do not necessarily show any cardiac abnormality.<sup>10</sup> Whether the absence of abnormality influences the risk of sudden death remains to be determined.

Despite a single genetic mutation the phenotypic variation in disease expression in the studied family is striking. Ventricular morphology varied from normal to the asymmetric septal hypertrophy that is typical of HCM. The natural history of the disease was also heterogeneous. Individuals II/2 and III/2 lived to the age of 71 and 61 years respectively and died of progressive ventricular dysfunction and heart failure. In contrast, III/3 died suddenly and unexpectedly at the age of 18 years without previous evidence of the disease. Apart from this young man, no other members of the family are known to have been involved in any competitive sport or activities involving strenuous physical exercise. This indicates that other genes or environmental factors may affect the expression and outcome of the disease.

The index case (III/2) showed the classic features of HCM in her youth but developed progressive systolic dysfunction and moderate ventricular dilatation leading to heart failure in the four years before she died. This is an uncommon occurrence in patients with HCM. Kawai and Fujiwara<sup>20</sup> described 11 similar patients and suggested that stenosis of small intramural coronary arteries leading to ischaemia and progressive myocardial fibrosis was the cause of death. Our case showed considerable myocardial fibrosis but no evidence of an abnormality of intramural coronary arteries. The relation between this observation and mutation in myocardial contractile proteins is not clear.

Though one member of the family died suddenly at an early age, the mutation causing HCM in this family seems to be associated with a relatively favourable prognosis. This is further supported by the findings in a recent preliminary report describing a similar mutation in a family in which sudden death was uncommon.<sup>21,22</sup> This contrasts with the high incidence of premature sudden death associated with mutations in other exons of MYH7 which alter the net charge.<sup>14</sup> The mutation reported here does not change the net charge and therefore suggests that such events may give rise to a more benign phenotype that can be expressed as sudden death as the result of environmental factors such as strenuous exercise.

The substitution does, however, reduce hydrophobicity and occurs at the boundary region between the globular head of myosin and the rod region.<sup>23,24</sup> Evolutionary sequence comparison has shown that the leucine at position 908 is highly conserved across species from man to amoeba (table), which supports the evidence for the deleterious effect of the mutation in the molecule.

The striking clinical heterogeneity among patients with HCM is reflected by the considerable regional differences in ventricular hypertrophy and disarray. The mechanism by which a genetic mutation could lead to abnormalities in only some regions of the myocardium remains to be resolved, as does the question of the variable clinical penetrance within families.

Demonstration of the genetic basis for the condition is important for many reasons. Elucidation of the molecular genetics of the disease will aid in understanding the function of the contractile proteins of the heart, and thus the myocardial fibre disarray and hypertrophy in HCM. In turn this may suggest explanations of other processes that lead to ventricular hypertrophy. Knowledge of the underlying molecular disorder could rationalise therapy by identifying patients at high risk through more lethal mutations and by suggesting specific treatments. Ascertaining the contribution of other genes and environmental influences on the expression of mutations of the MYH7 gene will also be important in future therapeutic developments.

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