



Automatic Segmentation of Hyperreflective Foci in OCT Images Based on Lightweight DBR Network

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Abstract

Hyperreflective foci (HF) reflects inflammatory responses for fundus diseases such as diabetic macular edema (DME), retina vein occlusion (RVO), and central serous chorioretinopathy (CSC). Shown as high contrast and reflectivity in optical coherence tomography (OCT) images, automatic segmentation of HF in OCT images is helpful for the prognosis of fundus diseases. Previous traditional methods were time-consuming and required high computing power. Hence, we proposed a lightweight network to segment HF (with a speed of 57 ms per OCT image, at least 150 ms faster than other methods). Our framework consists of two stages: an NLM filter and patch-based split to preprocess images and a lightweight DBR neural network to segment HF automatically. Experimental results from 3000 OCT images of 300 patients (100 DME, 100 RVO, and 100 CSC) revealed that our method achieved HF segmentation successfully. The DBR network had the area under curves dice similarity coefficient (DSC) of 83.65%, 76.43%, and 82.20% in segmenting HF in DME, RVO, and CSC on the test cohort respectively. Our DBR network achieves at least 5% higher DSC than previous methods. HF in DME was more easily segmented compared with the other two types. In addition, our DBR network is universally applicable to clinical practice with the ability to segment HF in a wide range of fundus diseases.

Keywords Hyperreflective foci · Optical coherence tomography · Image segmentation · Deep learning · Lightweight network

Introduction

Hyperreflective foci (HF) is defined as spot-shaped or block-shaped regions with high contrast and high reflectivity in optical coherence tomography (OCT) images [1]. Previous studies have shown that HF is mainly caused by microglia (MG)

aggregation and hard exudate (HE) [2]. Besides, In addition, HF caused by MG activation appears earlier than HE and has greater clinical applications [1–3, 5–8].

HF can be considered as biomarkers for the progression, treatment response, and prognosis in retina diseases OCT, including diabetic macular edema (DME), retina vein occlusion (RVO), and central serous chorioretinopathy (CSC) [1, 3–6]. In DME, the degree of it can be assessed by the number and location of HF and the effect of the anti-VEGF treatment can be assessed by comparing the number and volume of HF [7, 9, 10]. In RVO, HF demonstrates the process of immunity to retinal immunity associated with pathogenesis, and ophthalmologists can predict the patient's best-corrected visual acuity based on the number and volume of HF [10–12]. In CSC, HF can be used to predict the time to inflammation resolution as well as the probability of recurrence [13–15]. Given the significance of HF in OCT images, it is necessary to segment them. However, manual segmentation of HF by ophthalmologists is costly, time-consuming, and susceptible to uncontrollable factors such as their work experience and status, which poses a great challenge for the application of HF [16–18].

Jin Wei and Suqin Yu contributed equally to this manuscript and thus should be considered as co-first authors.

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In recent years, with the development of computer science, it has made great contributions to HF segmentation algorithms, which can be divided into two main categories: traditional segmentation algorithms and deep learning–based segmentation methods. Traditional HF segmentation methods usually require manual adjustment of parameters as well as extensive a priori knowledge. Okuwobi et al. [19] proposed morphological reconstruction to estimate the HFs by extracting the extremal regions from the connected regions. However, this method lacks quantitative analysis and thus cannot be applied in clinical applications. Deep learning method has achieved great success in the medical image segmentation field. Yu et al. [20] used deep convolutional neural networks (DCNN) to automatically and accurately segment HFs of diabetic retinopathy in SD-OCT images. Since they only partially tackled the class imbalance problem, the network had the problem of misclassifying large blood vessels and low-contrast backgrounds as HF. Okuwobi et al. [19] used a 3D-U-net network for the segmentation of HF in diabetic retinopathy, which used denoised and enhanced OCT images as two-channel inputs to UNet network, and used depth-wise convolution instead of standard convolution to obtain the high-dimensional information of the OCT images. However, this method does not take into account the false positive results caused by the high-frequency noise in the NFL/GCL and IS/OS layers. The above deep learning approach for identifying HF is only applicable to segment one specific fundus disease, which means it does not have universal applicability and broad clinical merit. Moreover, the complex structure and large parameters of previous deep learning segmentation networks lead to long training times and high computing power costs, making it difficult to be applied in clinical practice [19, 20].

To address the above issue, we proposed a novel network composed of a DBR block with dilated convolution. We contributed three datasets of HF from DME, CSC, and RVO patients' OCT. On these datasets, first, we validated the effectiveness of NLM and patch-based image split methods through extensive experiments. Then, we continuously adjusted the probability thresholds to further improve the segmentation accuracy. Finally, under the condition of optimal parameter configuration, the performance of our DBR network with previous methods (UNet, UNet++, RelayNet, FCN, DeepLabv3) was evaluated.

Proposed Method

Overview

We present our HF segmentation method as shown in Fig. 1 including two steps. In the first step, we process the OCT image with NLM to remove the speckle noises. Then, we split the filtered images into patches to solve the imbalanced ratio

between HFs and backgrounds. After preprocessing, we feed these patch images into the proposed DBR neural network at the second step. In our network, a coarse-to-fine architecture is designed to gradually extract the deep features hidden in the patch image with three DBR blocks of different receptive fields. Finally, we transform these features into HF segmentation results with a convolution layer of kernel size = 1 and classify each pixel with a SoftMax layer.

Dataset

The patients in this study were recruited from the Shanghai General Hospital. The study protocol was approved by the Institutional Review Board and the Ethics Committee of Shanghai General Hospital, in accordance with the principles of the Declaration of Helsinki (IRB No. 2022SQ066). The medical records of untreated patients with DME, RVO, and CSC who were followed up in the ophthalmology department of Shanghai General Hospital from January 2019 to June 2021 were retrospectively analyzed. Patients were required to have a central retinal thickness (CRT) > 300 μ m and HF appearing on \geq SD-OCT on OCT images at 10 intervals on consecutive scans. All patients with RVO and DME were free of subretinal fluid (SRF) or epiretinal membrane (ERM). Subretinal fluid was defined as well-defined, usually bell-shaped HF between the ellipsoidal region and the retinal pigment epithelium (RPE). At least 2 consecutive B-scans were required. We excluded patients with high myopia (> 6 diopters [D]), a history of uveitis, vitreous hemorrhage, glaucoma, and patients with poor image quality due to severe media clouding, poor focus, and other reasons. Only images with a quality fraction > 16 dB were selected. Informed consents were obtained from all patients.

According to the above criteria, we collect three groups of OCT images of patients with DME, RVO, and CSC (1000 images per group). In each group, we select 70% as the training set, 20% as the validation set, and 10% as the test set. Each set is independent and the HF region of an OCT image is labeled by experts. To prevent the offset in the experimental HF segmentation results due to the single dataset division, we also apply *k*-fold cross-validation [31] for computing the average of the HF segmentation metrics, where the proposed DBR neural network is trained and tested under different dataset division situations. The image size of all data sets is resized to 480 \times 480 using bilinear interpolation [32] in order to maintain consistency. The clinical characteristics of the patients are listed in Table 1.

NLM Edge-Hold Denoise

The first challenge is to remove the speckle noise caused by the unstable scanning speed of the OCT machine and the

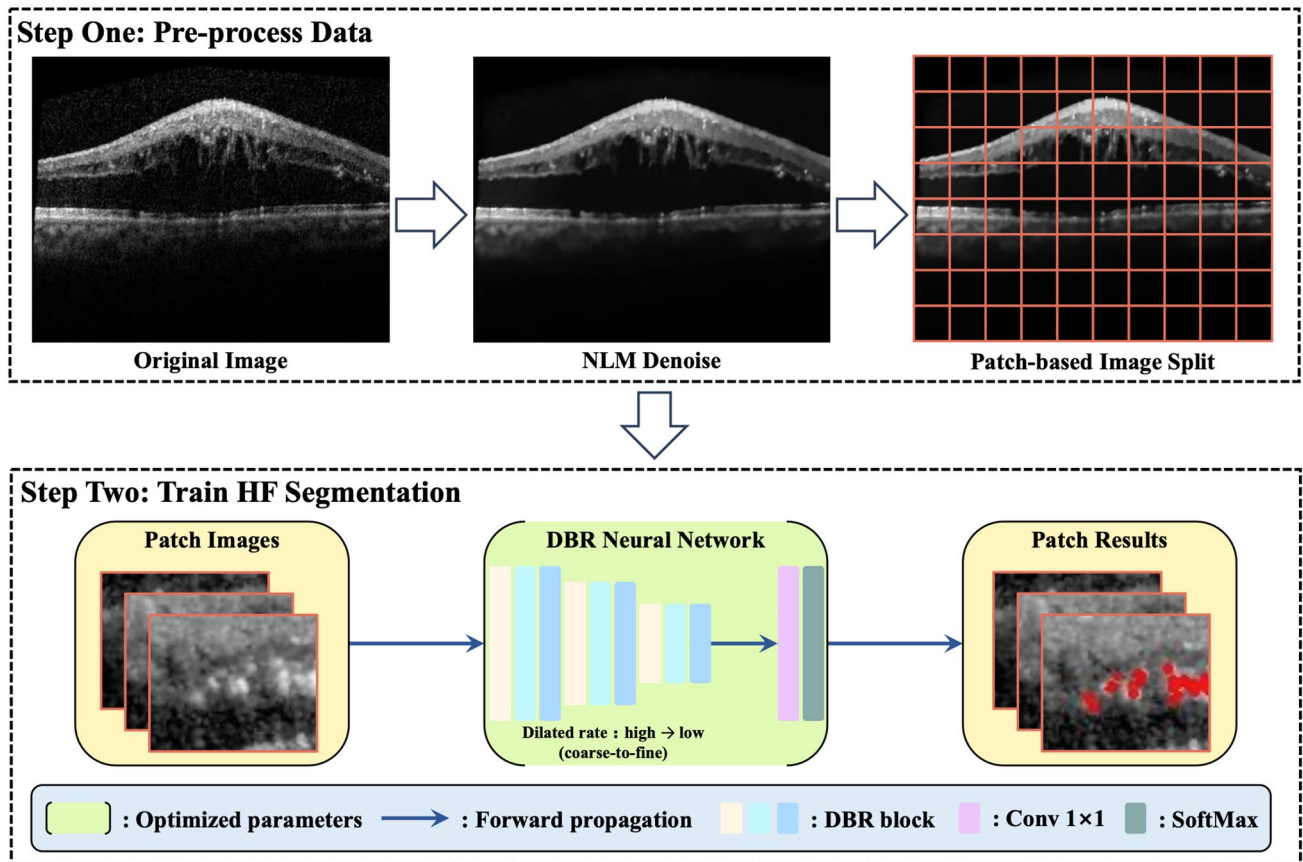


Fig. 1 Overall framework of the proposed HF segmentation method

generation of scattered particles in the eyes [21]. The speckle noise makes the boundaries of OCT images unclear leading to a low signal-to-noise ratio and bad HF segmentation results [22].

In this paper, we filter speckle noise in OCT images with the non-local means (NLM) denoise method. NLM is a global filtering algorithm, which utilizes the relationship between the whole image and local features for denoising [23]. As shown in Fig. 2, The OCT image denoised by NLM can provide more edged and detailed information for HF segmentation, while bilateral filtering only considers the

neighboring information of pixels, resulting in the lack of edged representations in the bilateral filtered OCT images.

Patch-Based Image Split

In Table 2, we compute the pixel occupancy of HFs against backgrounds in the three disease groups from the dataset (e.g., the average percentage of HFs is 0.5025% and the average percentage of backgrounds is 99.4975%) and observe that the percentage of pixels occupied by HFs is significantly lower than that of backgrounds. Therefore, the number of HF samples for training the network is small, making the network tend to misclassify some HF pixels as backgrounds and increase the false negative in the HF segmentation results.

To solve the above problem, we propose a patch-based image split method. We divide the images into two categories, where the patches containing HFs are used as positive samples, and the patches without HF are used as negative samples, in order to increase the proportion of HFs in positive samples. The positive and negative samples are jointly fed into the network for adversarial training to improve the ability of the network to discriminate HFs.

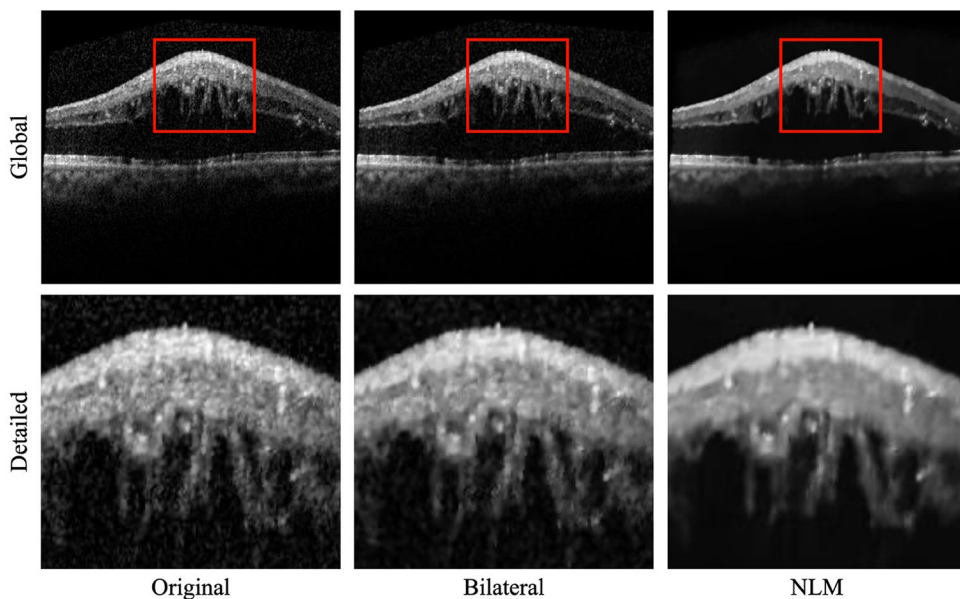
Table 1 Demographic characteristics of the data sets

Parameters	RVO	CSC	DME	<i>P</i> ^a
Age, years	60.77 ± 8.77	51.98 ± 9.46	60.41 ± 10.65	< 0.001*
Gender, male%	43.00%	69.00%	53.00%	< 0.001*
Race	Chinese	Chinese	Chinese	/

* *P* < 0.05 was considered statistically significant

^aThe analysis of variance test was used for the comparison among three disease groups; the chi-square test was used for the comparison of the proportion of gender

Fig. 2 Comparison of different denoise filter methods



DBR Neural Network

We propose a lightweight neural network consisting of DBR blocks. DBR block consists of dilated convolution layer, batch normalization layer, and ReLU activation function. In contrast to the convolution layer, the dilated convolution layer has wider receptive fields since the convolution kernel operates in a sparse mode [24], as shown in Fig. 3, where the orange pixels (features) are chosen as the locations to perform the convolution operation. Hence, more local features can be detected for semantic segmentation. We also apply the residual connection in the DBR block [25]. This connection strategy can avoid the gradient disappearance as the layer gets deeper and accelerate the convergence behaviors, allowing the network to reach the fine-tuning stage earlier.

The DBR block can be formulated as follows:

$$Y = X \oplus (\text{DConv}(X, \text{ReLU})) \tag{1}$$

where X denotes the input data. Y denotes the extraction result of the block layer and DConv denotes the dilated convolution (i.e., dilate rate = 4) as well as batch normalization operation. \oplus denotes the residual connection.

Table 2 The proportion of HF and background pixel

Disease	Proportion of HF pixel	Proportion of background
RVO	0.5066%	99.5934%
CSC	0.5227%	99.4773%
DME	0.4783%	99.5217%
Mean (whole dataset)	0.5025%	99.4975%

The whole framework of the proposed DBR neural network is illustrated in Fig. 4. We design a hierarchical coarse-to-fine sampling architecture with DBR blocks of different dilated rates and kernel sizes. The DBR network is composed of three DBR blocks with dilated rates of 8, 4, and 1, and convolution kernel sizes of $3 \times 3 \times 64$, $3 \times 3 \times 32$, and $3 \times 3 \times 16$, respectively, which can gradually detect hidden features in small-sized images with the reduction of dilated rate and kernel. Then, we use a $1 \times 1 \times 2$ convolution layer and a SoftMax layer to map the features extracted from these DBR blocks to the maximum probability between the two categories (HFs, backgrounds) of each pixel.

Segmentation Loss Function

Our goal is to segment HFs from OCT images. With the condition of patch-based image split, we propose to apply a proportional weight factor in the loss function for improving the HF segmentation performance of the network. The formula for computing the weight coefficient is as follows:

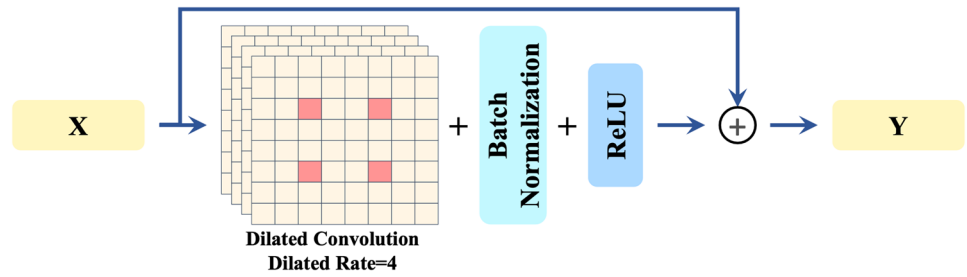
$$w_k = \frac{(1/N_k)^2}{(1/N)^2} \tag{2}$$

where k denotes the category of HFs or backgrounds, N_k denotes the number of pixels corresponding to category k , and N denotes the number of all pixels of the images.

The segmentation loss is defined by the cross-entropy cost function and dice cost function:

$$loss_{ce} = - \sum_{n=1}^M \sum_{i=1}^C w_k y_{nk} \log(y'_{nk}) \tag{3}$$

Fig. 3 The architecture of DBR block



$$loss_{dice} = 1 - \sum_{n=1}^M \sum_{k=1}^C w_k \frac{2 \cdot y_{nk} y_{nk}'}{y_{nk} + y_{nk}'} \quad (4)$$

$$loss = \lambda_1 loss_{ce} + \lambda_2 loss_{dice} \quad (5)$$

where M denotes the number of pixels in each batch, C denotes the category (background, DME or CSC or RVO), y_{nk} denotes the true value of the classification probability of the i th pixel in the n th image in every batch, y_{nk}' denotes the estimated value of classification probability of the i th pixel in the n th image in a batch, w_k denotes the weight of its corresponding category, λ_1 denotes the weight factor of $loss_{ce}$, and λ_2 denotes the weight factor of $loss_{dice}$.

Experiment

Environmental Setting

The hardware environment is NVIDIA cuDNN7.5, CUDA10.0, and the configuration is RTX1050TiGPU. The neural network learns the weights of each layer by training data and verifies the performance of the model by validation data.

The setting of the Adam optimizer is shown in Table 3 below. We apply the Adam optimizer for updating the parameters of the network via the segmentation loss function mentioned in Eq. (5). We set the batch size to 32 and perform 500 epochs.

Evaluation Metrics

To quantitatively evaluate the segmentation effect of the DBR network, we employ the following metrics. The dice similarity coefficient (DSC) [26] can measure the competitive similarity between the manual HF segmentation and automatic HF

segmentation by the proposed DBR neural network, which can be defined as:

$$DSC = \frac{2TP}{FP + FN + 2TP} \quad (6)$$

We also use interest over union (IOU) [38] and precision and recall to evaluate our method, which can be defined as:

$$IOU = \frac{TP}{TP + FP + FN} \quad (7)$$

$$Precision = \frac{TP}{TP + FP} \quad (8)$$

$$Recall = \frac{TP}{TP + FN} \quad (9)$$

where TP denotes the true positive, FP denotes the false positive, TN denotes the true negative, and FN denotes the false negative.

Quantitative Results of Different Patch Sizes and Probability Threshold

We gradually increase the patch size by 8 intervals in the integer range from 0 to 64 and estimate the corresponding DSC on the test dataset of three diseases, in order to search for the best patch size to split the OCT image. Figure 5 shows that the best performance can be achieved at patch size = 32. On the one hand, the larger patch size results in a lower percentage of high frequencies in the patches, making the network tend to segment all pixels into backgrounds. On the other hand, the smaller size cuts down the effective information of the patch; hence, the DBR network is harder to extract features from patches and degrade the HF segmentation quality.

Fig. 4 The architecture of DBR segmentation network

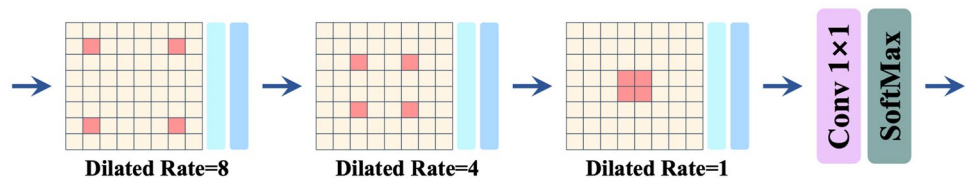


Table 3 Hyperparameters of training

Optimizer	Adam
Learning rate	1e−2
Learning rate decay	0.9 exponential decay per epoch
Batch size	32
Epochs	500

Moreover, even though the SoftMax layer can output a higher probability between background and HFs, it is not fully reliable (e.g., the probability of a pixel segmented as HF is 0.65; however, this probability is too low to identify this pixel as HF). Therefore, for decreasing the uncertainty, we set a probability threshold. Only if the probabilities of those pixels estimated to be HFs are higher than this threshold, they can be identified as clinically significant.

As displayed in Fig. 6, we gradually set the probability threshold from 0.3 to 1.0, and visualize the corresponding DSC of the test dataset. It can be observed that the best performance should be with a probability threshold = 0.9.

Comparison of Different Denoise Methods

As discussed in the previous experiment, the best patch size = 32, and the probability threshold = 0.9. On this basis, we compare the segmentation performance of the DBR network under two denoising methods.

As can be seen from Table 4, the average of precision, DSC, recall, and IOU based on the NLM filter are improved by 6.27%, 14.36%, 6.26%, and 9.43% compared to the bilateral denoise method. It demonstrates that NLM can remove speckle noise more efficiently and provide the network with more realistic, texture-informative OCT images for HF segmentation.

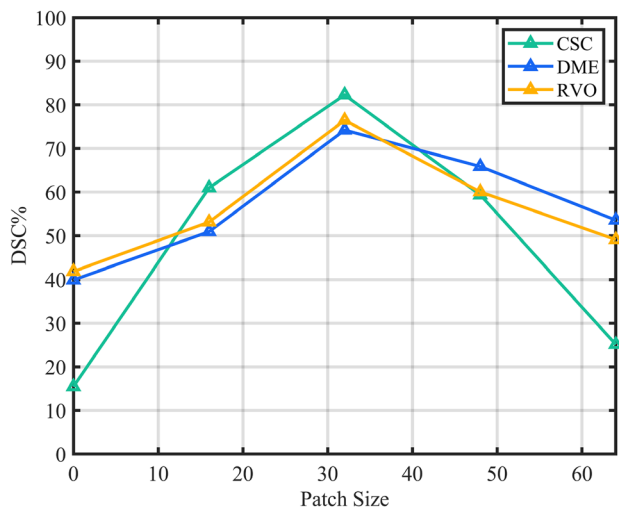


Fig. 5 Quantitative comparison of different patch sizes

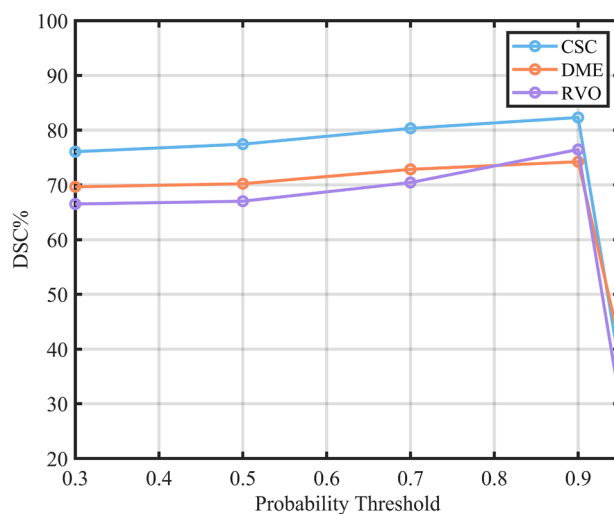


Fig. 6 Quantitative comparison of different probability threshold

Comparison of Different Segmentation Methods

With NLM filter, patch size = 32, and the probability threshold = 0.9, our proposed DBR network is compared with other state-of-the-art segmentation neural networks on three different HF segmentation tasks for fundus lesions [27–30].

Figure 7 demonstrates that our DBR network can converge faster and with a higher segmentation accuracy after 200 iterations than the other networks, thanks to the lightweight DBR parameters.

As presented in Table 5, we calculate the parameters, memory, and speed (time consumed in segmenting one OCT image) of all segmentation methods.

Note that the DBR network is able to identify the more complete HF regions and avoid wrong segmentations than other methods over all three lesion tasks as shown in Fig. 8. It indicates that the hierarchical coarse-to-fine structure of the DBR network is able to extract deep features and analyze them, resulting in the remarkable segmentation performance.

As presented in Tables 6, 7, and 8, we quantitatively analyze the evaluation metrics of precision, DSC, and recall for the mentioned methods, which proves that the performance of the DBR network is not limited by fewer parameters due to the hierarchical coarse-to-fine structure (with average DSC = 80.76% on three HF segmentation tasks, at least 5% more than others).

Discussion

HF, reflecting the inflammatory changes in OCT images, plays a crucial role in the diagnosis and treatment of fundus diseases. In this paper, we propose a lightweight approach for segmenting HF regions in OCT images, where NLM filter and patch-based image split are introduced to preprocess

Table 4 Quantitative comparison between NLM and bilateral filtering method

Disease	Precision (%)		DSC (%)		Recall (%)		IOU (%)	
	NLM	Bilateral	NLM	Bilateral	NLM	Bilateral	NLM	Bilateral
RVO	70.21 ± 2.53	68.51 ± 3.90	76.43 ± 3.06	58.62 ± 4.52	73.19 ± 3.49	70.11 ± 4.33	57.23 ± 2.78	44.38 ± 3.41
CSC	75.38 ± 3.47	73.42 ± 4.25	82.20 ± 3.75	71.35 ± 3.95	74.37 ± 3.22	69.85 ± 4.57	61.79 ± 4.23	56.52 ± 5.03
DME	81.04 ± 3.36	65.90 ± 3.78	83.65 ± 3.62	69.24 ± 4.24	80.01 ± 3.21	68.83 ± 4.98	62.08 ± 4.38	51.93 ± 4.83
Whole dataset	75.54 ± 1.37	69.27 ± 1.69	80.76 ± 1.15	66.40 ± 2.31	75.87 ± 1.92	69.60 ± 2.29	60.37 ± 1.28	50.94 ± 2.27

data. Then, a novel network consisting of DBR blocks in a hierarchical coarse-to-fine sampling architecture is used to perform HF segmentation with fewer parameters and faster inference speed. A series of experiments are conducted to evaluate the effectiveness of the proposed approach.

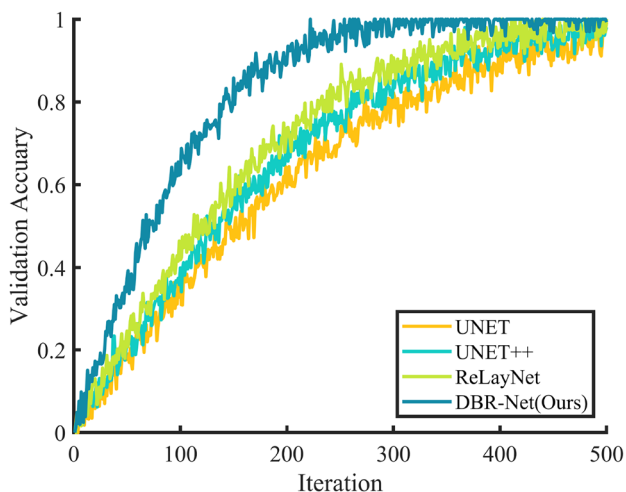
It was necessary to handle three aspects carefully during the segmentation of HF from the OCT images. To remove the speckle noise and retain the details of images, we propose an NLM filter to take the global information into account and yield OCT images with less noise. To solve the low proportion of HF in OCT images, patch-based image split is proposed to resize OCT images without losing any information and make the network discover more features as the proportion of HF in each patch increases. To fasten the convergence of the network and achieve greater segmentation generalization in various fundus diseases, we propose a DBR network, which is constructed with a coarse-to-fine sampling architecture. The network consists of three DBR blocks, which can leverage the dilated convolution to build multi-scale features for OCT patches with different dilated rates (from high to low), thus leading to fewer parameters and lower hardware costs.

We first compare the improvement brought by NLM and bilateral filters in HF segmentation. In the NLM filter, the target

pixel is weighted by its similarity and location to all pixels in the image, while the bilateral filter just considers the set of surrounding pixels to compute the weights. Therefore, NLM makes less loss of image details and generates more pure OCT images, resulting in more effective HF segmentation.

Then, we evaluate the segmentation performance under different patch sizes and different probability thresholds. Splitting OCT images into patches can assist the neural network to focus on discovering the hidden features of HF regions in positive samples. However, the proportion of HF in a large patch size is small, and the completeness of HF in a small patch size may lose. Furthermore, setting a probability threshold can remove those HF regions of low segmentation confidence, though, the strict probability threshold may mistakenly filter out the correct segmentation results, and the loose probability threshold cannot work as mentioned above. Experiment results show that patch size = 32 and probability threshold = 0.9 can achieve the best segmentation performance.

Finally, after proving the effectiveness of the NLM filter and confirming the most suitable patch size as well as probability threshold, we compare the proposed DBR network with other state-of-the-art methods with the same preprocessing step mentioned above. The proposed network, consisting of DBR blocks, has remarkable performance in automatic segmentation of HF (83.65% of DSC in DME, 76.43% of DSC in RVO, and 82.20% of DSC in CSC), fewer parameters, and faster convergence behavior due to the fact that DBR blocks can gain wide receptive fields without the requirement of high feature resolution by performing dilated convolution operations. Moreover, the hierarchical coarse-to-fine sampling

**Fig. 7** Quantitative analysis of validation accuracy curves**Table 5** Model property comparison of our method and other methods

Segmentation method	Parameter (million)	Memory (million Bytes)	Speed (ms/OCT image)
DBRNet (ours)	2.14	8.51	57
UNet	7.76	31.04	213
UNet++	9.04	36.17	278
RelayNet	7.08	28.39	192
FCN	12.35	48.52	447
DeeplabV3	15.11	60.47	626

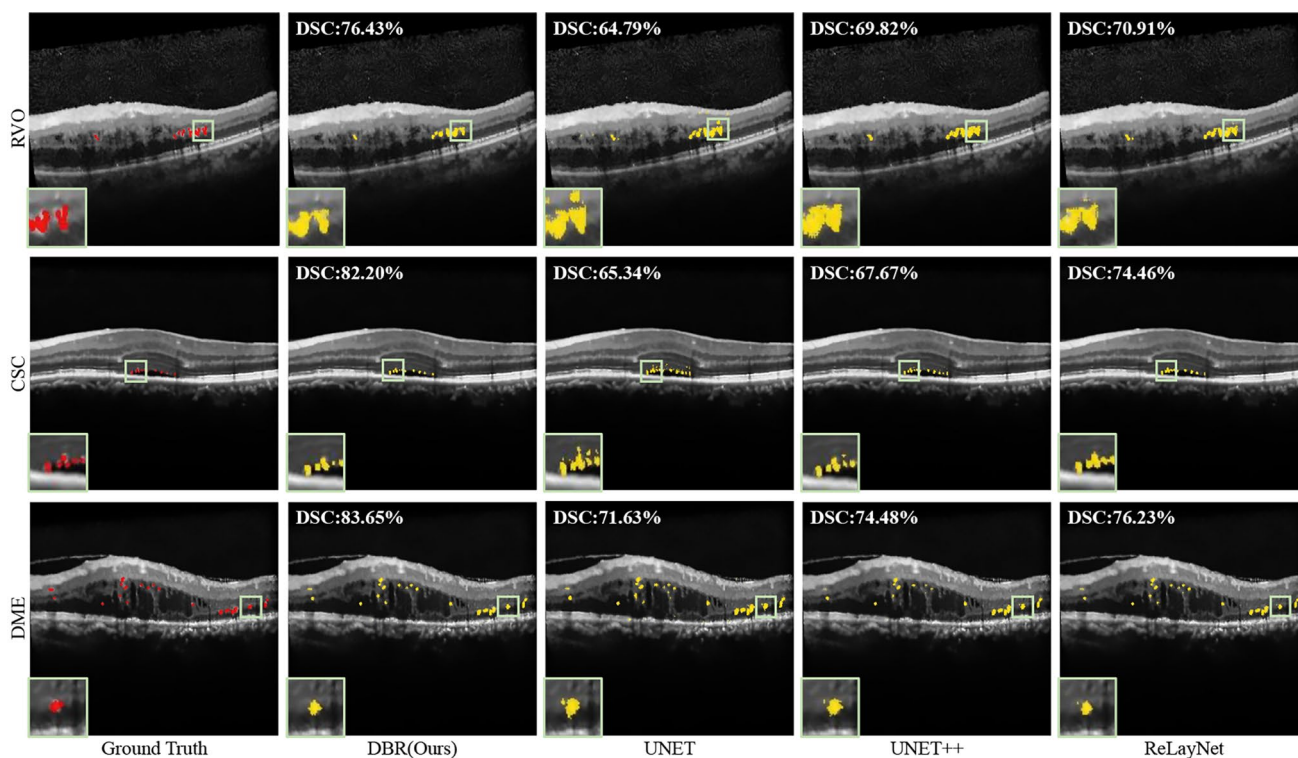


Fig. 8 Qualitative comparison of our approach and other networks

structure of the proposed DBR network can construct multi-scale features with different dilated rates, allowing it to achieve HF segmentation on a wide range of ocular diseases.

As mentioned in Table 5, the dilated rate from high to low can help DBR neural networks extract features more efficiently with fewer parameters than those composed of CNNs [33–37], which are computationally dense and time-consuming in extracting features. Therefore, under the same hardware conditions, the proposed DBR neural network requires less computing power and runs remarkably faster than other segmentation networks, showing its great potential for segmenting HF when the hardware environment cannot afford large model inference.

There were several limitations to this study. First, the participants in this study were 60.77 ± 8.77 years old, meaning

the results are only applicable to this age group. Further research is needed to determine if the findings can be generalized to other age groups. Secondly, since this research was cross-sectional, our model could only detect lesions present in this database. It is unclear whether the proposed DBR network would be able to accurately segment changes in HF regions as the disease progresses, and this issue should be further investigated using external data sets.

Experiment results demonstrate the great performance of the proposed DBR network in HF segmentation, though, the datasets are mostly collected from only one hospital and the proposed DBR neural network is proven to be effective on three diseases in this paper. In the future, we will collaborate with other hospitals to obtain more datasets of different diseases and further improve the performance of the proposed DBR neural network.

Table 6 The precision of our method and other methods

	DBR (our)	UNet	UNet ++	RelayNet	FCN	DeepLabv3
RVO precision (%)	70.21 ± 2.23	60.38 ± 2.43	59.86 ± 2.76	63.93 ± 2.32	57.42 ± 3.41	56.43 ± 3.56
CSC precision (%)	75.38 ± 3.47	59.53 ± 3.48	60.74 ± 3.73	72.56 ± 3.48	60.05 ± 4.17	56.79 ± 4.43
DME precision (%)	81.04 ± 3.36	61.39 ± 3.59	70.45 ± 3.92	75.83 ± 3.47	68.97 ± 4.59	66.47 ± 4.96
Whole dataset precision (%)	75.54 ± 1.37	60.43 ± 1.88	63.68 ± 1.96	70.77 ± 1.63	62.14 ± 2.20	59.89 ± 2.43

Table 7 The DSC of our method and other methods

	DBR (our)	UNet	UNet++	RelayNet	FCN	DeepLabv3
RVO DSC (%)	76.43 ± 3.06	64.79 ± 4.71	69.82 ± 4.22	70.91 ± 3.74	65.25 ± 4.67	59.54 ± 5.03
CSC DSC (%)	82.20 ± 3.75	65.34 ± 3.59	67.67 ± 3.34	74.46 ± 4.81	67.98 ± 4.32	62.83 ± 5.23
DME DSC (%)	83.65 ± 3.62	71.63 ± 4.24	74.48 ± 3.98	76.23 ± 3.52	71.01 ± 2.93	72.28 ± 4.42
Whole dataset DSC (%)	80.76 ± 1.15	67.25 ± 2.59	70.66 ± 1.76	73.87 ± 2.45	68.08 ± 1.89	64.78 ± 2.74

Table 8 The recall of our method and other methods

	DBR (our)	UNet	UNet++	RelayNet	FCN	DeepLabv3
RVO recall (%)	73.19 ± 3.49	56.42 ± 4.56	63.15 ± 3.89	64.75 ± 2.41	52.58 ± 3.32	60.32 ± 2.93
CSC recall (%)	74.37 ± 3.22	60.29 ± 4.37	63.37 ± 4.38	65.87 ± 5.28	50.16 ± 4.43	59.27 ± 3.33
DME recall (%)	80.01 ± 3.21	66.86 ± 4.23	70.92 ± 4.17	73.24 ± 4.60	59.42 ± 4.84	52.39 ± 4.89
Whole dataset recall (%)	75.87 ± 1.92	61.19 ± 2.99	65.81 ± 2.28	67.95 ± 3.42	54.05 ± 3.27	57.33 ± 3.63

Conclusion

In this paper, we present a novel method including an NLM filter, patch-based image split, and DBR block to segment accurate HF regions in OCT images. Compared with the other networks, the DBR network shows its remarkable ability to perform HF segmentation with maximum precision, DSC, and recall (at least 5% more than the other networks) as well as fast segmentation speed (57 ms/ OCT image). The proposed lightweight DBR network, suitable for HF segmentation, can provide clinically relevant information for better disease management.

Author Contribution Jin Wei, Suqin Yu, and Yupeng Xu planned the study. Yupeng Xu and Yuchen Du collected the data; Jin Wei and Suqin Yu performed statistical analyses and drafted the first version of the manuscript. Jin Wei and Yupeng Xu preprocessed the data. Yupeng Xu, Kun Liu, and Xun Xu contributed to the interpretation of the data and revised the manuscript critically for important intellectual content. All authors approved the final manuscript and agreed to be accountable for all aspects of the work.

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Availability of Data and Materials All data included in this study are available upon reasonable request by contact with the corresponding author.

Declarations

Ethics Approval This study protocol was approved by the Institutional Review Board and Ethics Committee of Shanghai General Hospital and complied with the tenets of the Declaration of Helsinki (IRB No.: 2022SQ066).

Consent to Participate Written informed consent was obtained from individuals who participated in this study.

Consent for Publication The authors agree to publication in the Journal of Digital Imaging.

Competing Interests The authors declare no competing interests.

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