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## Syntenin-1-mediated arthritogenicity is advanced by reprogramming RA metabolic macrophages and Th1 cells

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### Abstract

**Objectives:** Syntenin-1, a novel endogenous ligand, was discovered to be enriched in rheumatoid arthritis (RA) specimens compared to osteoarthritis synovial fluid (SF) and normal synovial tissue (ST). However, the cellular origin, immunoregulation, and molecular mechanism of Syntenin-1 are undescribed in RA.

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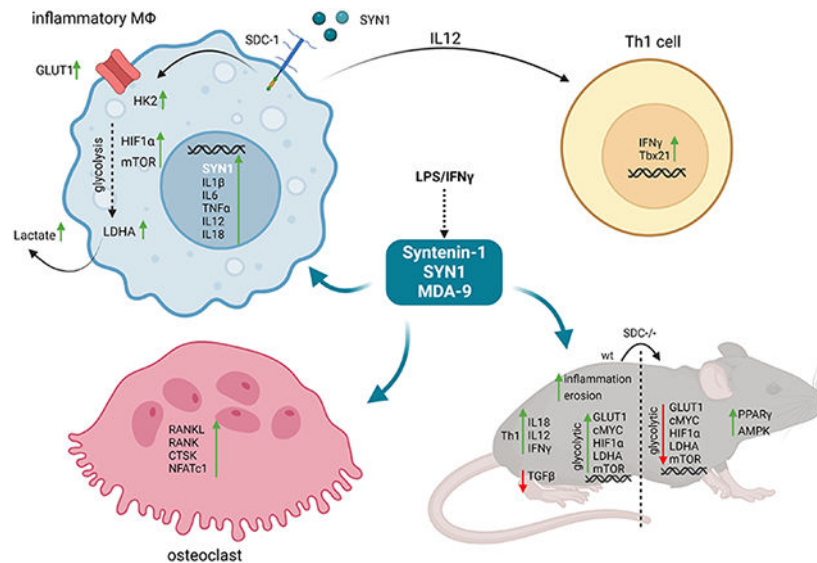
**Data and materials availability:** All data are available in the main text or supplementary materials. RNAseq data are available under: <https://peac.hpc.qmul.ac.uk/>.

**Methods:** RA patient myeloid and lymphoid cells, as well as preclinical models, were utilized to investigate the impact of Syntenin-1/Syndecan-1 on the inflammatory and metabolic landscape.

**Results:** Syntenin-1 and Syndecan-1 (SDC-1) co-localize on RA ST macrophages (MΦs) and endothelial cells. Intriguingly, blood Syntenin-1 and ST SDC-1 transcriptome are linked to CCP, ESR, ST thickness, and bone erosion. Metabolic CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>MΦs reprogrammed by Syntenin-1 exhibit a wide range of proinflammatory IRFs, monokines, and glycolytic factors, along with reduced oxidative intermediates that are downregulated by blockade of SDC-1, glucose uptake, and/or mTOR signaling. Inversely, IL-5R and PDZ1 inhibition are ineffective on RA MΦs-reprogrammed by Syntenin-1. In Syntenin-1-induced arthritis, F4/80<sup>+</sup>iNOS<sup>+</sup>RAPTOR<sup>+</sup>MΦs represent glycolytic RA MΦs, by amplifying the inflammatory and glycolytic networks. Those networks are abrogated in SDC-1<sup>-/-</sup> animals, while joint pro-repair monokines are unaffected and the oxidative metabolites are moderately replenished. In RA cells and/or preclinical model, Syntenin-1-induced arthritogenicity is dependent on mTOR-activated MΦ remodeling and its ability to cross-regulate Th1 cells via IL-12 and IL-18 induction. Moreover, RA and joint myeloid cells exposed to Syntenin-1 are primed to transform into osteoclasts via SDC-1 ligation and RANK, CTSK, and NFATc1 transcriptional upregulation.

**Conclusion:** The Syntenin-1/SDC-1 pathway plays a critical role in the inflammatory and metabolic landscape of RA through glycolytic MΦ and Th1 cell cross-regulation.

### Graphical abstract.



**Reprogramming of RA inflammatory macrophages, Th1 cells, and osteoclast formation by Syntenin-1 is recapitulated in the murine arthritis model.** LPS/IFN $\gamma$  stimulation in RA MΦs upregulates Syntenin-1 and SDC-1 expression. Ligation of Syntenin-1 to SDC-1 remodels RA naïve cells into glycolytic MΦs by mTOR signaling. Syntenin-1-induced arthritogenicity in RA and arthritic models can cross-regulate MΦs and Th1 cells thereby advancing osteoclastogenesis.

### Keywords

Rheumatoid Arthritis; inflammation; metabolic macrophages; Th1 cells; syntenin-1; syndecan-1

## INTRODUCTION

Melanoma differentiation-associated gene-9 (MDA-9) or Syntenin-1 is an adaptor-like molecule that was identified as a binding partner of syndecan-1 (SDC-1) <sup>1</sup>. Syntenin-1 was first cloned in Dr. Fisher's lab and described as a tumorigenic factor in melanoma cell lines in response to IFN $\beta$  and mezerein <sup>2</sup>. In cancer patients, SDC-1 and IL-5R regulate the function of Syntenin-1 through their interaction with the protein-interaction domain, PDZ2, however, they do not bind to the PDZ1 domain <sup>3</sup>. These findings highlight that PDZ2 is the primary active domain of Syntenin-1/SDC-1 signaling. Additionally, the PDZ2 domain of Syntenin-1 interacts with proto-oncogene tyrosine-protein kinase (SRC) and focal adhesion kinase (FAK), and pharmacological or genetic dysregulation of SRC nullifies Syntenin-1-mediated growth in the human melanoma metastasis model *in vivo* <sup>4,5</sup>. Distinctly, the PDZ1 domain functions as a docking site for TGF $\beta$  <sup>6</sup>, EGFR <sup>7</sup>, and IGF1R <sup>8</sup> in cancer cells exposed to Syntenin-1. Extending these observations, PDZ1 inhibitors can specifically target Syntenin-1 and EGFR interaction in preclinical models of glioblastoma multiforme <sup>9</sup>.

Earlier studies have documented that Syntenin-1 expands tumor-cell migration, invasion, and metastasis; conversely, this function is impaired in knockout mice <sup>10</sup>. Corroborating these findings, patients with melanoma liver metastases exhibit Syntenin-1 overexpression compared to non-metastasizing counterparts <sup>11,12</sup>. Expanding these findings, activation of SRC and MAPK by Syntenin-1 is responsible for NF- $\kappa$ B signaling that advances melanoma cell migration and invasion in part through MMP2/MMP9 modulation <sup>4,5</sup>. On the contrary, others found that Syntenin-1 disrupted IL-1- and LPS-induced NF- $\kappa$ B activation and IL-8 transcription in 293 cells <sup>13</sup>. These investigators further demonstrated that in IL-1-stimulated cells, Syntenin-1 interacts with TRAF6 by displacing the IRAK1 association <sup>13</sup>. Additionally, others have shown that SDC-1 deficient mice have a greater susceptibility to colitis-associated tumorigenesis <sup>14</sup> as well as an increase in corneal angiogenesis <sup>15</sup> and skin inflammation <sup>16</sup> compared to wild-type mice.

Interestingly, although both PDZ1 and PDZ2 are postulated to be involved in signaling directed by Syntenin-1, more recent evidence reveals that PDZ2 is indispensable for SRC and NF- $\kappa$ B activation in human melanoma cells <sup>5</sup>. Nonetheless, Syntenin-1-activated signaling pathways or interacting partners are cell-type-specific. In keeping with this concept, Syntenin-1 amplifies PI3K/AKT or STAT3 signaling to exacerbate metastasis in small cell lung cancer<sup>17</sup> or prostate cancer <sup>8</sup> respectively rather than NF- $\kappa$ B activation.

Intriguingly, in the lung metastatic model, the inflammatory imprint of Syntenin-1 is expanded by monokines that promote Th17 cell polarization <sup>10</sup>. While the significance of Syntenin-1 is well described in cancer its cellular origin, immunoregulation, and molecular mechanism are completely unknown in rheumatoid arthritis (RA). Uniquely we found that Syntenin-1 is highly enriched in RA compared to normal (NL) synovial tissue (ST), where it colocalizes with SDC-1 on the CD14<sup>+</sup> macrophages (M $\Phi$ s). Consistently, RNAseq analysis exhibits that Syntenin-1 and SDC-1 transcriptome is closely linked to CD68<sup>+</sup> M $\Phi$  frequency in RA STs. Intriguingly, when RA myeloid cells were stimulated with a common instigator of Syntenin-1/SDC-1 cascade, while SDC-1 Ab uniquely reduces LPS/IFN $\gamma$ -enhanced

CCL5 transcription, treatment with IL6Rab, TNF $\alpha$ i, and Jaki (Tofacitinib) was ineffective in this process. Since our data indicate that the ligation of Syntenin-1 to SDC-1 may function through novel strategies that do not overlap with current RA biologics, this pathway was further explored.

We uncovered that Syntenin-1 reprograms naïve cells into inflammatory RA M $\Phi$ s that express a broad range of interferon transcription factors (IRF1/7/8/9) and monokines (IL-1 $\beta$ , TNF- $\alpha$ , IL-6, IL-8, and CCL2) that are exclusively impaired by an SDC-1 antibody but not by blockade of IL-5R or PDZ1 pathways. In parallel with its inflammatory phenotype, metabolic reprogramming of RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>M $\Phi$ s by Syntenin-1 is heavily dependent on glucose uptake and mTOR signaling. Concurrently, secretion of IL-12 from Syntenin-1-polarized RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>M $\Phi$ s, rewires Tbx21<sup>+</sup> Th1 cells via mTOR activation. Further, Syntenin-1-induced arthritogenicity *in vivo* was dependent on F4/80<sup>+</sup>iNOS<sup>+</sup>M $\Phi$ s and their cross-regulation of joint Th1 cells through IL-12 and IL-18 induction. Substantiating these findings, SDC-1<sup>-/-</sup> mice dysregulated Syntenin-1-mediated arthritis by rebalancing oxidative metabolites AMPK and PPAR $\gamma$  over glycolytic intermediates, GLUT1, HIF1 $\alpha$ , and mTOR as well as counteracting a wide range of joint monokines and their inflammatory amplifier, IFN $\gamma$ . In short, we have discovered an endogenous ligand, Syntenin-1, and characterized its cellular source and mechanism of function for the first time in RA. Our novel finding indicates that the Syntenin-1/SDC-1 pathway plays an important role in the inflammatory and metabolic landscape of RA through M $\Phi$  and T effector cell crosstalk. Given that the Syntenin-1/SDC-1 pathway can differentially modulate RA inflammatory response compared to biotherapies, characterization of this cascade may represent a new treatment target for nonresponsive patients.

## RESULTS

### Syntenin-1 protein levels are enriched in RA compared to OA synovial fluid and its expression in RA synovial tissue or circulation is linked to M $\Phi$ markers and clinical manifestation

Through RNAseq analysis, we discovered that blood Syntenin-1 transcriptome is linked to cyclic citrullinated peptide (CCP) antibodies<sup>18</sup>, hence its expression and immunoregulation were characterized in RA relative to osteoarthritis (OA) and normal (NL) counterparts. We found that Syntenin-1 mRNA and protein levels are significantly amplified in RA compared to OA synovial fluid (Fig. 1A-B). Morphological studies exhibit that in RA, the lining and sub-lining cells, as well as blood vessels, are the primary sources of Syntenin-1 release relative to OA and NL STs (Fig. 1C-D). Immunofluorescence staining authenticated that Syntenin-1 and SDC-1 are expressed on RA ST CD14<sup>+</sup>M $\Phi$ s (Fig. 1E). In parallel, Syntenin-1 (p=0.003, r=0.33) and SDC-1 (p=0.013, r=0.28) transcript levels were linked to the number of CD68<sup>+</sup>M $\Phi$ s quantified by histology in RA synovial tissues (Fig. 1F-G). Interestingly, CD14<sup>+</sup>CD16<sup>-</sup> myeloid cells (p 0.001) and SDC-1 transcript expression (p 0.001) were associated with RA ultrasound-guided synovial tissue thickness (Fig. 1H-I). However, synovium syntenin-1 transcript expression was not associated with RA ultrasound-guided synovial tissue thickness. Consistent with the importance of Syntenin-1 and SDC-1

in RA pathophysiology, circulating Syntenin-1 and/or synovial tissue SDC-1 transcription levels are accompanied by clinical parameters such as the cyclic citrullinated peptide (CCP with blood Syntenin-1) and erythrocyte sedimentation rate (ESR with synovial SDC-1) (Fig. 1J-K). Notably, the classical inflammatory mediators, LPS/IFN $\gamma$ , mutually upregulate the expression of Syntenin-1 and SDC-1 in human myeloid cells (Fig. 1L). However, in myeloid cells, SDC-1 protein levels are also distinctly escalated by IL-1 $\beta$  and IL-6 exposure (Fig. 1L). We reveal that LPS/IFN $\gamma$ -induced CCL5 transcription is uniquely suppressed by SDC-1 antibody (SDCab) in contrast to IL-6R Ab, TNFi, or Jaki (Tofacitinib) therapy (Fig. 1M). Overall, the data indicate that Syntenin-1 and SDC-1 overexpression in RA macrophages is associated with clinical features which can uniquely modulate RA pathology in comparison to current biotherapies.

### **Syntenin-1 ligation to SDC-1 advances RA M $\Phi$ inflammatory imprint independently of IL-5R or PDZ1 function**

To elucidate the significance of Syntenin-1/SDC-1 in RA pathogenesis, their signaling pathways and inflammatory profile were characterized in M $\Phi$ s. At the onset of these studies, Syntenin-1 was carefully titrated in RA M $\Phi$ s, and the effective dose was based on its TNF $\alpha$  induction (Fig. S1A). Human monocytes exposed to Syntenin-1 showed phosphorylation of SRC, protein kinase B (AKT), Signal Transducer And Activator Of Transcription-1 (STAT1), and c-Jun N-terminal kinase (JNK) pathways as well as degradation of I $\kappa$ B (Fig. 2A). However, STAT3, p38, and ERK signaling were unchanged in myeloid cells stimulated by Syntenin-1 (Fig. 2A). In RA M $\Phi$ s reconfigured by Syntenin-1, the wide range of activated signaling pathways, was in concert with expansion of inflammatory interferon transcription factors, IRF1, IRF7, IRF8, and IRF9 as well as monokines, IL-1 $\beta$ , TNF- $\alpha$ , IL-6, IL-8, and CCL2 (>7x fold) (Fig. 2B to E). On the contrary, the pro-repair transcription factors, IRF3 and IRF4, were uninvolved in Syntenin-1-differentiated RA M $\Phi$ s (Fig. 2B). Remarkably, while elevated levels of TNF- $\alpha$ , and CCL2 were intercepted by SDC-1 Ab therapy, use of IL-5R or PDZ1 inhibitor (i) was ineffective in this process (Fig. 2F to H). Further, while TLR2 was exclusively amplified in Syntenin-1-polarized RA M $\Phi$ s, TLR4/5/7/8 transcription remained unchanged (Fig. 2I). In contrary to IL-5R Ab or PDZ1i therapy in RA M $\Phi$ s, transcriptional regulation of the pro-repair factors by Syntenin-1 was accentuated via SDC-1 Ab (Fig. 2J-K). Taken together, an extensive array of signaling pathways, transcription factors, and monokines are involved in the remodeling of RA M $\Phi$ s through Syntenin-1/SDC-1 leading to a misbalanced pro-inflammatory over the pro-repair network.

### **Syntenin-1 and SDC-1 escalate RA M $\Phi$ metabolic reprogramming**

We and others have shown that in the inflammatory landscape of RA, M $\Phi$ s can be restrained by glucose uptake inhibition<sup>19-22</sup>. Hence experiments were conducted to determine whether the Syntenin-1-potentiated inflammatory phenotype in RA M $\Phi$ s is influenced by glycolytic rewiring. In parallel to amplifying inflammatory responses, RA M $\Phi$ s differentiated by Syntenin-1 display elevated GLUT1, HK2, HIF1 $\alpha$ , RAPTOR, and PKM2 expression (Fig. 3A to C, Fig. S1E to J). Additionally, higher protein expression of LDHA and lactate in Syntenin-1-reprogrammed RA M $\Phi$ s was supported by ATP being mainly generated through glycolysis ( $\uparrow$ %glycoATP) over oxidative phosphorylation

(↓% mitoATP) (Fig. 3A, 3D to G). We showed that Syntenin-1 reconfigures naïve cells into RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>MΦs through SDC-1 binding, while blockade of IL-5R or PDZ1 was inconsequential on this function (Fig. 3H). Particularly, the differentiation of glycolytic CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup> MΦs by Syntenin-1 and its ability to promote inflammatory monokines, including CCL2, was dependent on mTOR1 activation, however, this mechanism of action was independent of HIF1α signaling (Fig. 3I-J). Despite the inefficacy of Syntenin-1 on CD14<sup>+</sup>CD206<sup>+</sup>GLUT1<sup>+</sup>MΦs frequency (Fig. S1K), downregulation of oxidative intermediate (AMPK) and enzymes (ACO2, OGDH, SDH2, FH, MDH) in these RA myeloid cells were reversed by SDC-1 Ab (Fig. 3K to M, Fig. S1M). In short, the inflammatory imprint of Syntenin-1-differentiated RA MΦs is interconnected to its metabolic activity through SDC-1 ligation and RAPTOR/mTOR signaling.

### RA MΦs remodeled by Syntenin-1 promote Th1 and Th17 cell differentiation

Next, the impact of Syntenin-1 was characterized on T effector cell differentiation in RA patients. RA peripheral blood mononuclear cells (PBMCs) exposed to Syntenin-1 displayed a strong Th1 profile by transcriptionally upregulating Tbx21/T-bet, IFNγ, IL-18, and IL-12 (Fig. 4A to F). Flow cytometry analysis validated that, similar to LPS and IL-12, Syntenin-1 polarizes RA naïve cells into the Th1 subtype (Fig. 4G-H). While IL-18 was undetected in the conditioned media generated from Syntenin-1-activated Th1 cells, detection of IL-12 validated that it is predominately responsible for the polarization of Tbx21<sup>+</sup>IFNγ<sup>+</sup>Th1 cells by Syntenin-1. We found that anti-IL-12 Ab therapy could impair Syntenin-1-mediated Th1 cell polarization in RA PBMCs but was ineffective in T cell culture alone (Fig. 4I-J). In parallel, the presence of myeloid cells in RA PBMCs can further expand Syntenin-1-induced Th1 differentiation compared to T cell culture (Fig. 4I-J). Like Th1 cells, RA PBMCs exposed to Syntenin-1 were differentiated into Th17 cells, in part through glucose uptake and mTOR signaling which was independent of the HIF1α pathway (Fig. 4K-L). Altogether, our results suggest that activation of glycolysis via mTOR is responsible for Syntenin-1-instigated metabolic RA MΦ reconfiguration and its cross-regulation of Th1 and Th17 cell development.

### SDC-1 deficient mice are resistant to Syntenin-1-mediated arthritis

To evaluate the arthritogenic potential of Syntenin-1, adenovirus (ad) expressing Syntenin-1 was intra-articularly injected into wild-type (WT) mice compared to Ad-Control (ctrl). Local injection and expression of Syntenin-1 progressively increased ankle circumference up to day 12, subsequently, joint swelling plateaued until day 15 when mice were sacrificed (Fig. 5A, Fig. S2A). In line with our observations in RA cells, Syntenin-1-induced arthritis was attenuated in SDC-1<sup>-/-</sup> mice<sup>23</sup> (Fig. 5A-B). Consistently, joint lining thickness, inflammation, and bone erosion, advanced in WT by Syntenin-1-induced arthritis, were dysregulated in SDC-1<sup>-/-</sup> mice (Fig. 5B-C). While F4/80<sup>+</sup>iNOS<sup>+</sup>MΦs were responsible for the arthritogenicity escalated by Syntenin-1 and the pathology was disrupted in SDC-1<sup>-/-</sup> relative to WT animals, F4/80<sup>+</sup>Arginase<sup>+</sup>MΦs were unaffected in this process (Fig. 5D-E). Local Syntenin-1 expression represented RA MΦ differentiation by displaying a diverse expansion of inflammatory IRF1, IRF5, IRF7, IRF8, and IRF9 (up to a 15-fold increase) as well as monokines, IL-6, IL-1β, TNF-α, CCL2, CCL5, and CXCL2 (up to 50-fold



increase), which were diminished in SDC-1<sup>-/-</sup> mice (Fig. 5F-G). Inversely, the joint pro-repair mediators, IRF3, IRF4, and TGFβ were suppressed by ectopic Syntenin-1 expression (Fig. 5F-H). However distinct from SDC-1 neutralizing Ab, SDC-1<sup>-/-</sup> mice were unable to replenish joint IL-10 or TGFβ transcription in Syntenin-1 arthritic animals (Fig. 5H). Collectively, the data reveal that SDC-1 deficiency reverses the arthritic F4/80<sup>+</sup>iNOS<sup>+</sup>MΦ reprogramming by Syntenin-1, without influencing the pro-repair F4/80<sup>+</sup>Arginase<sup>+</sup>MΦ imprint.

### **Syntenin-1-induced arthritis is manipulated by the joint hypermetabolic activity**

To further characterize arthritis promoted by Syntenin-1, joint immunometabolism was investigated in naïve compared to arthritic mice. We found that GLUT1, HK2, mTOR/p70, and LDHA protein expression were elevated in Syntenin-1 arthritic joints harvested at day 15 compared to non-arthritic counterparts (Fig. 6A). Further, overexpression of these glycolytic metabolites was authenticated by transcriptome and morphological analysis in WT mice locally expressing Syntenin-1 compared to SDC-1<sup>-/-</sup> or non-arthritic animals. Particularly, GLUT1, HIF1α, cMYC, LDHA, and mTOR/p70 expression increased in Syntenin-1-induced arthritis, was subsided in SDC-1<sup>-/-</sup> compared to WT mice (Fig. 6B to G). In contrast, the downregulation of oxidative regulators, PPARγ and AMPK, by Syntenin-1 local expression in WT relative to non-arthritic mice was reversed in SDC-1<sup>-/-</sup> animals (Fig. 6H-I). Overall, SDC-1 dysregulation mitigates Syntenin-1-mediated arthritogenicity by mainly normalizing the inflammatory and glycolytic networks and narrowly restoring the pro-repair or oxidative profile.

### **Arthritis potentiated by Syntenin-1 is influenced by CD3<sup>+</sup> T cell migration and Th1 cell polarization**

Given that RA PBMCs, exposed to Syntenin-1, were polarized into Th1 and Th17 cells, we asked whether T cells play a critical role in Syntenin-1-mediated arthritis. Intriguingly, local expression of Syntenin-1 attracts CD3<sup>+</sup> T cells into the arthritic WT joints which are significantly restrained in SDC-1<sup>-/-</sup> mice (Fig. 7A-B). Despite transcription of Th1 signature genes, IFNγ, IL-18, and IL-12 being highly elevated in WT Syntenin-1-arthritic mice and impaired in SDC-1<sup>-/-</sup> animals, Th17 cell polarization was unaffected (Fig. 7C to E). Taken together, the RA and preclinical data emphasize that Syntenin-1 skews T naïve cell reprogramming towards Th1 cells.

### **Syntenin-1 remodels RA preosteoclasts and arthritic joint cells into mature osteoclasts through an overlapping mechanism**

Circulating Syntenin-1 (p=0.00033, r=0.48) and synovial tissue SDC-1 (p=0.0093, r=0.31) transcript levels are linked to bone erosion evaluated in radiographic images of RA hands and feet by Sharp score (Fig. 7F-G). We showed that Syntenin-1 cultivates RA monocytes into mature osteoclasts in part by activating the expression of several osteoclastic mediators, RANK, cathepsin K (CTSK), and NFATc1 (Fig. 7H). Correspondingly, the frequency of TRAP<sup>+</sup> osteoclasts and transcription of RANK, CTSK, and NFATc1 were elevated in WT compared to SDC-1<sup>-/-</sup> mice induced with Syntenin-1-mediated arthritis (Fig. 7I to O). Altogether, the data underlines the significance of Syntenin-1/SDC-1 in transforming RA and murine precursor cells into mature osteoclasts by similar osteoclastic mediators.

## DISCUSSION

We have discovered a novel endogenous regulator, Syntenin-1, that is released from classically differentiated inflammatory MΦs. Transcriptome and morphological analysis exhibited that Syntenin-1 and its pathogenic receptor, SDC-1 are co-expressed on RA synovial tissue CD14<sup>+</sup>CD68<sup>+</sup>MΦs. Concurrently, Syntenin-1 and/or SDC-1 expression in RA blood or synovial tissue is selectively linked to CCP levels, ESR, ultrasound-detected synovial tissue thickness, and bone erosion. Syntenin-1 advances RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>MΦ reprogramming that displays dysregulated oxidative intermediates together with an extensive range of inflammatory IRFs, monokines, and glycolytic factors, that are counteracted by blockade of SDC-1, glucose uptake, and/or mTOR signaling. Recapitulating RA mechanism of function, IL-12 and/or IL-18 transcriptional upregulation in Syntenin-1 arthritic joints reconfigures the infiltrated T cells into Th1 cells. While in WT mice, Syntenin-1-triggered inflammatory, glycolytic, and erosive networks are abrogated in SDC-1<sup>-/-</sup> animals, joint pro-repair monokines are unchanged and the oxidative metabolites are modestly replenished. Collectively, our study highlights that targeting the Syntenin-1/SDC-1 pathway may introduce a unique strategy for deregulating RA metabolic dysfunction.

Syntenin-1 is expressed in metastatic tumor cells in melanoma<sup>4, 11</sup>, breast and lung cancer<sup>17, 24</sup> as well as in glioma cells<sup>25</sup> regulating disease expansion in part by cell membrane motility<sup>3</sup>. Nonetheless, the cellular expression, immunomodulation, and pathobiology of Syntenin-1 are undescribed in RA patients and preclinical models. In this study, we reveal that Syntenin-1 is overexpressed in RA specimens compared to OA synovial fluid or OA and NL synovial tissue, particularly, in MΦs and endothelial cells. Interestingly, a recent study has shown that Syntenin-1 protein levels were amplified in exosomes isolated from RA synovial fluid with higher disease activity compared to less severe counterparts<sup>26</sup>. Others have exhibited that MΦ-derived exosomes contain Syntenin-1<sup>27</sup>, indicating that synovial fluid Syntenin-1 may be released from MΦ microvesicles. Concurrently, Syntenin-1 together with SDC-1 interact with proteins responsible for exosome biogenesis to rearrange the extracellular vesicle cargo<sup>28, 29</sup>.

Interestingly, in RA MΦs, SDC-1 controls the phosphorylation of the co-receptor, M-CSFR, when exposed to IL-34<sup>30</sup>. Consequently, SDC-1 is indispensable for IL-34-mediated arthritis by influencing M34 MΦ and osteoclast differentiation in part via joint hypermetabolic activity instigated by HIF1α and cMYC<sup>30, 31</sup>. Distinct from cancer cells, in RA MΦs, the binding partner of Syntenin-1 is restricted to SDC-1 since IL-5R is exclusively expressed in B cells, basophils, and eosinophils<sup>32-34</sup> and its blockade does not impact the function of Syntenin-1.

While stimulation with LPS/IFNγ mutually upregulates Syntenin-1 and SDC-1 protein levels, SDC-1 is uniquely modulated by IL-1β and IL-6 activation in human myeloid cells. Similarly, in SV40-immortalized melanoma cells, Syntenin-1 levels are highly responsive to IFNγ stimulation<sup>2</sup>. Inversely, SDC-1 is differentially regulated by TGF-β and bFGF in various cell types<sup>35</sup>. Moreover, soluble SDC-1 detected in RA sera as a result of MMP-9-mediated shedding was inconsequential in a longitudinal study performed pre- and



post-anti-TNF $\alpha$  therapy for 6 weeks<sup>36</sup>. Hence, Syntenin-1 and SDC-1 mechanism of action was characterized in RA M $\Phi$ s.

Myeloid cells exposed to Syntenin-1 display activated SRC, AKT, STAT1, NF- $\kappa$ B, and JNK signaling. While AKT, STAT1, and JNK signaling pathways are unique to myeloid cells stimulated by Syntenin-1, activation of SRC, p38 MAPK, and NF- $\kappa$ B by Syntenin-1 are also required for human melanoma cell motility and invasion<sup>5, 11</sup>. In Syntenin-1-differentiated RA M $\Phi$ s or arthritic joints, the pronounced inflammatory landscape was developed by overexpression of IRF1/7/8/9 and IL-1 $\beta$ , IL-6, TNF, CCL2 or CCL5, CXCL2 over the pro-repair profile exhibited as IRF3/IRF4 and TGF $\beta$ . Moreover, the dominance of the inflammatory network in RA M $\Phi$ s or arthritic joints fostered by Syntenin-1 was accompanied by robust Th1 cell differentiation and glycolytic hyperactivity. Particularly, RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>M $\Phi$ s rewired by Syntenin-1 generate their ATP mainly through glycolysis (% $\uparrow$ glycoATP) over mitochondrial oxidative phosphorylation (% $\downarrow$ mitoATP) which results in GLUT1, HK2, HIF1 $\alpha$ , RAPTOR, LDHA escalation, and lactate secretion.

Distinct from SDC-1 blockade, IL-5R Ab or PDZ1i therapy was ineffective in the Syntenin-1-escalated inflammatory landscape in RA M $\Phi$ s. This is in part due to the lack of IL-5R expression in RA M $\Phi$ s, despite the cell-type-specific interaction of Syntenin-1 with IL-5 and IL-5R in eosinophil differentiation<sup>37</sup> and mucosal IgA production in B cells<sup>38</sup>. The inability of PDZ1i to nullify Syntenin-1-instigated RA M $\Phi$  reprogramming is also inconsistent with the involvement of PDZ1 in advancing IL-1 $\beta$  secretion from myeloid cells in breast cancer<sup>39</sup>. Corroborating these findings, SDC-1 interaction with Syntenin-1 is uniquely facilitated through PDZ2 connection<sup>40, 41</sup>.

Substantiating our data in RA pathology, SDC-1<sup>-/-</sup> mice were resistant to arthritis developed by local Syntenin-1 expression through restriction of F4/80<sup>+</sup>iNOS<sup>+</sup> M $\Phi$ s and CD3<sup>+</sup> T cell infiltration. It was noted that the joint M $\Phi$ s inflammatory (IL-6, IL-1 $\beta$ , TNF, CCL2, CCL5, CXCL2, IL-12, and IL-18) and metabolic (GLUT1, HIF $\alpha$ , RAPTOR/mTOR, and LDHA) landscapes were counteracted in SDC-1<sup>-/-</sup> relative to WT mice induced with Syntenin-1-mediated arthritis. However, the oxidative profile was modestly attenuated by joint AMPK and PPAR $\gamma$  upregulation in SDC-1<sup>-/-</sup> relative to WT animals ectopically expressing Syntenin-1. Extending these findings, CIA joint inflammation, metabolic activity, bone erosion, and vascularization were attenuated in SDC-1<sup>-/-</sup> compared to WT mice<sup>42</sup>.

It was shown that T cell recruitment was amplified by Syntenin-1-mediated arthritis and was diminished in melanoma metastasis in Syntenin-1<sup>-/-</sup> mice<sup>10</sup>. Syntenin-1 was capable of differentiating RA PBMCs into Th1 and Th17 cells. On the contrary, although Th1 cells were detected in Syntenin-1 arthritic mice via IL-12 and IL-18 induction, joint Th17 cells were unaffected in this process. IL-12 blockade diminished Th1 cell polarization amplified by Syntenin-1 in RA PBMCs compared to T cells alone; further highlighting its significance in M $\Phi$  and T cell cross-regulation. Remarkably, RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>M $\Phi$ s, Th1, and Th17 cells reprogramming by Syntenin-1 were dysregulated by inhibition of mTOR signaling and glucose uptake but not HIF1 $\alpha$  dysregulation. Two mTOR subunits, namely RAPTOR and RICTOR are involved in the rewiring of pro-inflammatory and pro-repair/regulatory M $\Phi$ s and T cells respectively<sup>43-47</sup>. Classical M $\Phi$  polarization via mTOR has

shown to be dependent on AKT, NF- $\kappa$ B, and JNK pathways<sup>43</sup>, hence activation of these cascades in Syntenin-1-stimulated myeloid cells may be linked to mTOR/RAPTOR signaling. Similarly, in classical and Syntenin-1-differentiated M $\Phi$ s the metabolic activity is reciprocally expanded via GLUT1, LDHA, and lactate which can be impaired by 2-DG therapy<sup>21</sup>. In CIA, SDC-1 deficiency can markedly suppress joint GLUT1 and mTOR hyperactivation observed in WT animals<sup>42</sup>. Others have shown that mTOR/RAPTOR activity plays a critical role in Th17 trans-differentiation into a Th1-like subset<sup>48</sup>. Previous studies also demonstrate that mTOR deficiency compromises Th1 and Th17 cell differentiation by restraining inflammatory monokines, IL-12, IL-6, and IL-1 $\beta$ <sup>21, 49</sup>. Our results underline that mTOR-potentiated glycolysis is accountable for Syntenin-1 cross-regulation of metabolic M $\Phi$ s and Th1 cells (Fig. 8).

Recapitulating the connection between Syntenin-1/SDC-1 cascade and radiographic bone erosion, osteoclast formation in Syntenin-1 exposed RA cells and arthritic joints are cultivated through RANK, CTSK, and NFATc1 induction which is contingent on the SDC-1 function. In short, dysregulation of the Syntenin-1/SDC-1 signaling may provide a novel therapeutic strategy for RA patients that have a robust innate and adaptive activation and do not respond to current biologics.

## MATERIALS AND METHODS

Materials and Methods are described in the online supplementary material.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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**What is already known on this topic – *summarize the state of scientific knowledge on this subject before you did your study and why this study needed to be done***

We introduce an innovative concept by unmasking an unidentified endogenous ligand, Syntenin1, whose cellular origin, immunoregulation, and molecular mechanism are uncharacterized in RA and its malfunctioning metabolic machinery will provide powerful therapeutic targets.

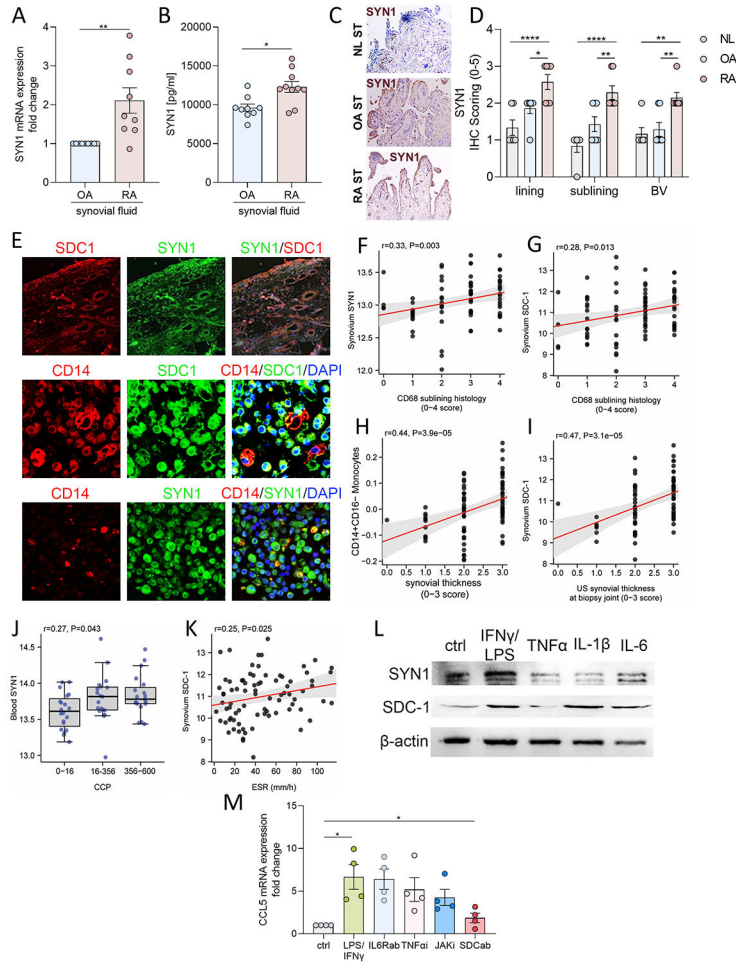
**What this study adds – *summarize what we now know as a result of this study that we did not know before***

The instigators and the mechanism by which glycolytic RA macrophages cross-regulate Th1 cells are unclear. Our novel finding documents that the Syntenin-1/SDC-1 pathway plays an important role in the inflammatory and metabolic landscape of RA through macrophage and T effector cell crosstalk.

**How this study might affect research, practice or policy – *summarize the implications of this study***

Since the expression of Syntenin-1/SDC-1 is unaffected by biotherapies in RA circulating cells, this pathway may represent a new treatment target for nonresponsive patients.





**Figure 1. Syntenin-1 and SDC-1 expression is linked to RA clinical manifestation and is mutually enhanced by LPS/IFN $\gamma$  stimulation in M $\Phi$ s.**

(A and B) Syntenin-1 transcription (A) and protein levels (B) were quantified in OA (n=9) and RA (n=9-10) synovial fluids by qRT-PCR or ELISA. (C and D) Synovial tissues from NL (n=6), OA (n=7), or RA (n=7) individuals were used to determine Syntenin-1 presentation (C) and its relative expression was scored in the lining, sublining, and blood vessels (BV) (on a 0-5 scale) (D). (E) RA STs were fluorescently stained to authenticate the colocalization of SDC-1 with Syntenin-1 and their expression on CD14<sup>+</sup> cells in presence of DAPI. (F and G) Relative expression of Syntenin-1 (F) or SDC-1 (G) was determined by RNAseq (n=87)<sup>18</sup> in RA synovial tissue biopsies and linked to the number of CD68<sup>+</sup> M $\Phi$ s quantified by histology scoring (score 0-4). (H to K) CD14<sup>+</sup>CD16<sup>-</sup> myeloid cells (H) or SDC-1 transcript levels (I) were evaluated by RNAseq (n=90)<sup>18</sup> and correlated with RA ultrasound-guided synovial tissue thickness (score 0-3). Blood Syntenin-1 (J, n=67) or synovial tissue SDC-1 (K, n=87) transcript level was quantified by RNAseq<sup>18</sup> and linked to CCP or ESR. (L) Human myeloid cells were stimulated with IFN $\gamma$  and LPS, TNF $\alpha$ , IL-1 $\beta$ , and IL-6 (all 100 ng/ml), and expression of Syntenin-1 and SDC-1 was analyzed by western blot.  $\beta$ -actin served as a loading control. (M) RA M $\Phi$ s were untreated or treated with LPS/IFN $\gamma$  (100 ng/ml) with or without TNF $\alpha$ i, IL6R Ab, Jaki (Tofacitinib; all 10  $\mu$ g/ml) or SDC-1 antibody (SDCab, 1:100), and transcription levels of CCL5 were determined by qRT-

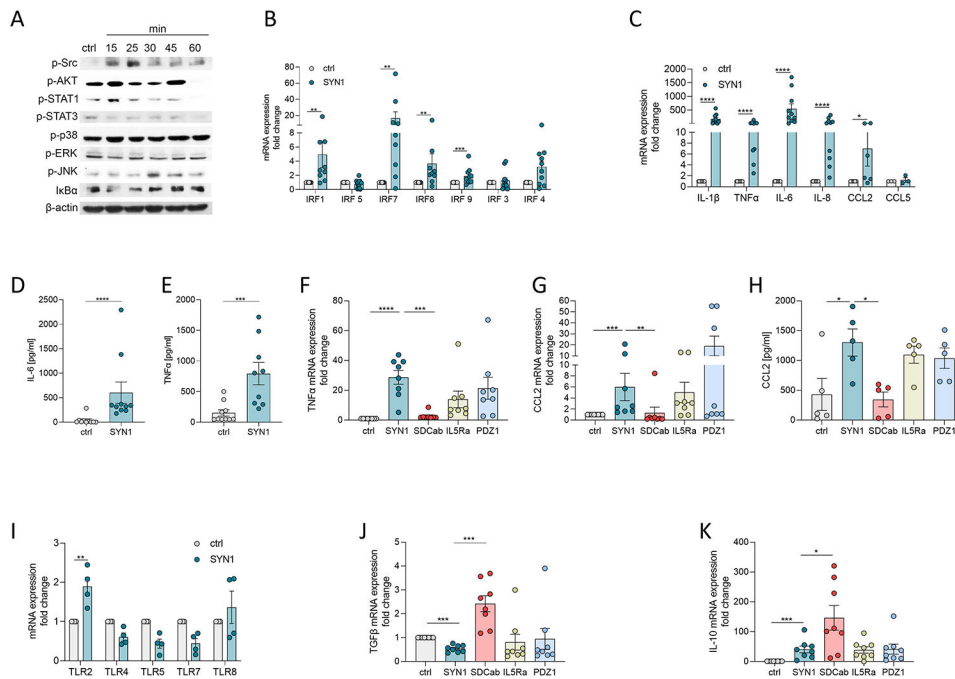
PCR (n=4). Data are presented as mean  $\pm$  SEM; significant differences were determined by the Mann-Whitney test, 2way-ANOVA, or one-way ANOVA. For RNAseq data, spearman rank correlation was utilized. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.

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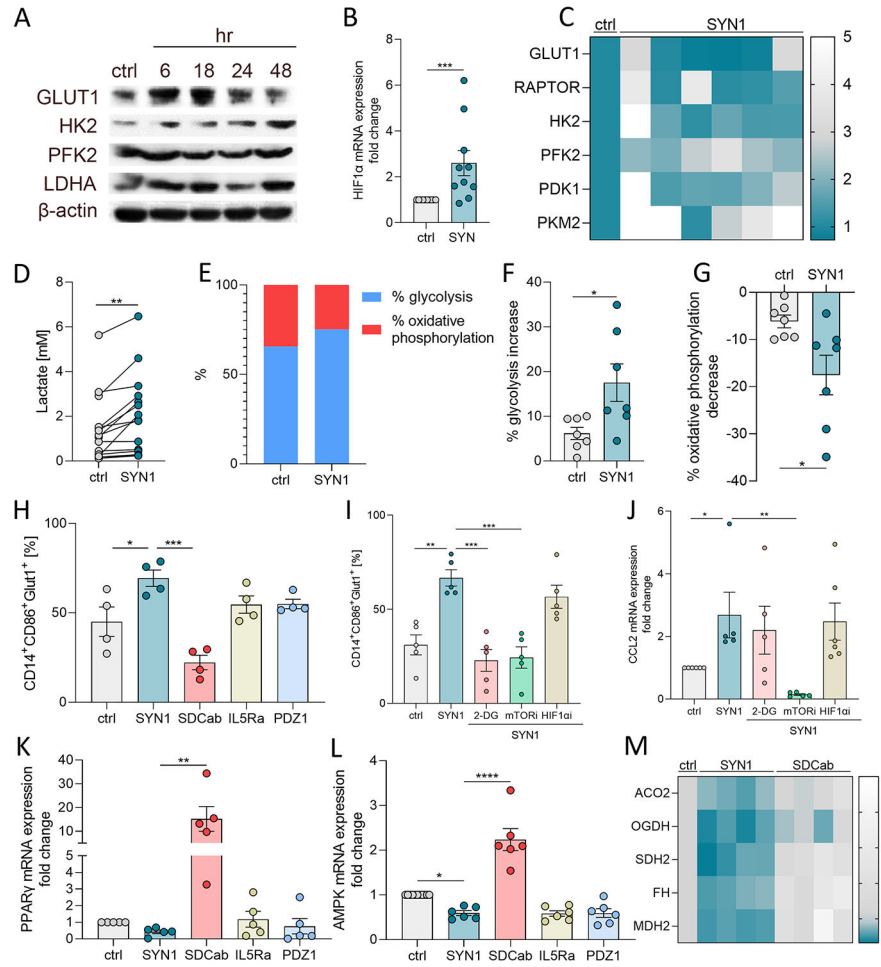
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**Figure 2. Ligation of Syntenin-1 to SDC-1 expands RA MΦ inflammatory profile independent of IL 5R or PDZ1 function.**

(A) Human myeloid cells were treated with Syntenin-1 (SYN1; 1000 ng/ml) for 0-60 mins and phosphorylation of Src, AKT, STAT1, STAT3, p38, ERK, and JNK, and degradation of I $\kappa$ B $\alpha$  was determined by western blot analysis and  $\beta$ -actin served as a loading control. (B to E) RA M $\Phi$ s were treated with PBS (ctrl) or Syntenin-1 (1000 ng/ml) for 6h or 24h. Transcription of IRFs (B) and the inflammatory monokines (C) was assessed by qRT-PCR (n=3-10), and protein levels of IL-6 (D) or TNF $\alpha$  (E) were determined in the conditioned media by ELISA (n=10). (F to K) RA M $\Phi$ s were treated with PBS or Syntenin-1 (1000 ng/ml) in the presence or absence of SDC-1 Ab (SDCab; 1:100), IL-5R Ab (IL5Ra; 2  $\mu$ g/ml), or PDZ1i (PDZ1; 10  $\mu$ M) for 6h or 24h before quantifying TNF $\alpha$  (F), CCL2 (G), TLRs (I), TGF $\beta$  (J), or IL-10 (K) mRNA levels by qRT-PCR or CCL2 protein levels (H) by ELISA (n=4-8). Data are presented as mean  $\pm$  SEM; significant differences were determined by the Mann-Whitney test, 2way- ANOVA, or one-way ANOVA. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.



**Figure 3. RA MΦ metabolic reprogramming is potentiated by activation of the Syntenin-1/SDC-1 pathway.**

(A) RA MΦs were untreated (ctrl) or treated with Syntenin-1 (SYN1; 1000 ng/ml) for 6h to 48h before determining the expression of GLUT1, HK2, PFK2, and LDHA by western blot analysis.  $\beta$ -actin served as a loading control. (B and C) RA MΦs were treated with PBS (ctrl) or Syntenin-1 (1000 ng/ml) for 6h and transcription levels of HIF1 $\alpha$  (n=10) (B), GLUT1, RAPTOR, HK2, PFK2, PDK1, PKM2 (C) were quantified by qRT-PCR (n=6). (D) RA monocyte-differentiated MΦs were treated with PBS or Syntenin-1 (1000 ng/ml) for 24h before measuring lactate protein levels colorimetrically (n=16). (E to G) RA monocyte-differentiated MΦs ( $2 \times 10^5$  cells/well) were treated with PBS or Syntenin-1 (1000 ng/ml) and % glycolysis increase (E and F) and % oxidative phosphorylation decrease (E and G) were calculated by Seahorse XF Real-Time ATP Rate Assay Kit (n=7). (H to M) RA monocyte-differentiated MΦs were treated with PBS or Syntenin-1 (1000 ng/ml) in the presence or absence of SDC-1 Ab (SDCab; 1:100) and/or IL-5R Ab (IL5Ra; 2  $\mu$ g/ml), or PDZ1i (PDZ1; 10  $\mu$ M) (H and K to L), and 2-DG (5 mM), mTORi (1  $\mu$ M), or HIF1 $\alpha$ i (2  $\mu$ M) (I and J). (H and I) After 24h impact of treatment was determined on CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup> frequency by flow cytometry (n=4-5). (J to M) mRNA expression of CCL2 (J), PPAR $\gamma$  (K), and AMPK (L), or oxidative enzymes (M) was determined after 6h by qRT-PCR (n=4-6). Data are presented as mean  $\pm$  SEM; significant differences were

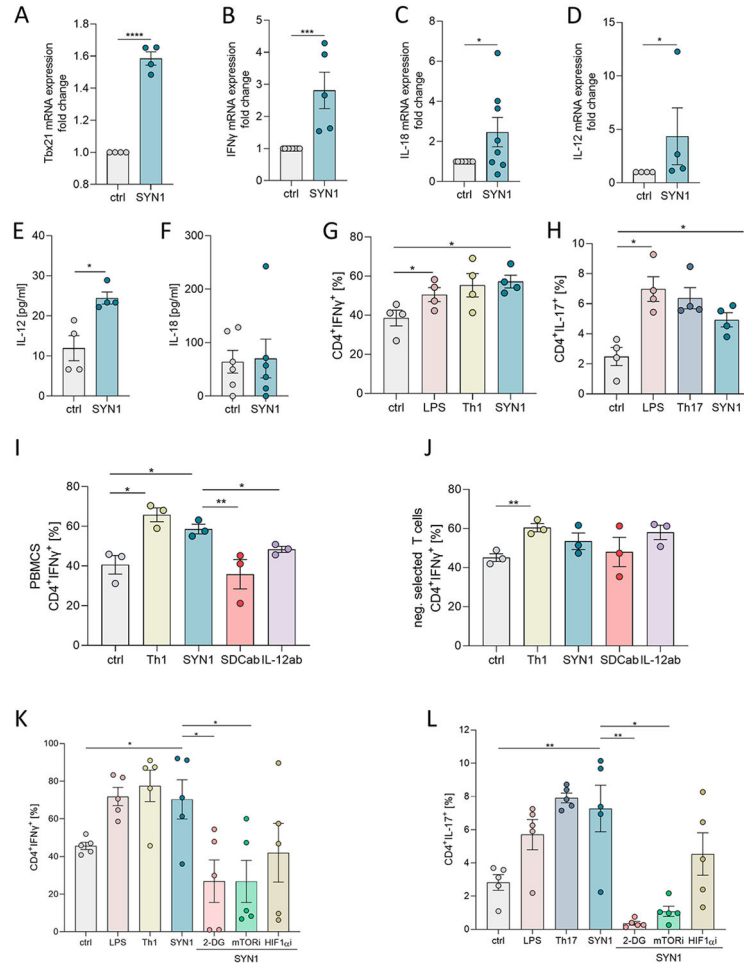
determined by Mann-Whitney test, students-*t*-test, 2way-ANOVA, or one-way ANOVA.  
\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , \*\*\*\* $p < 0.0001$ .

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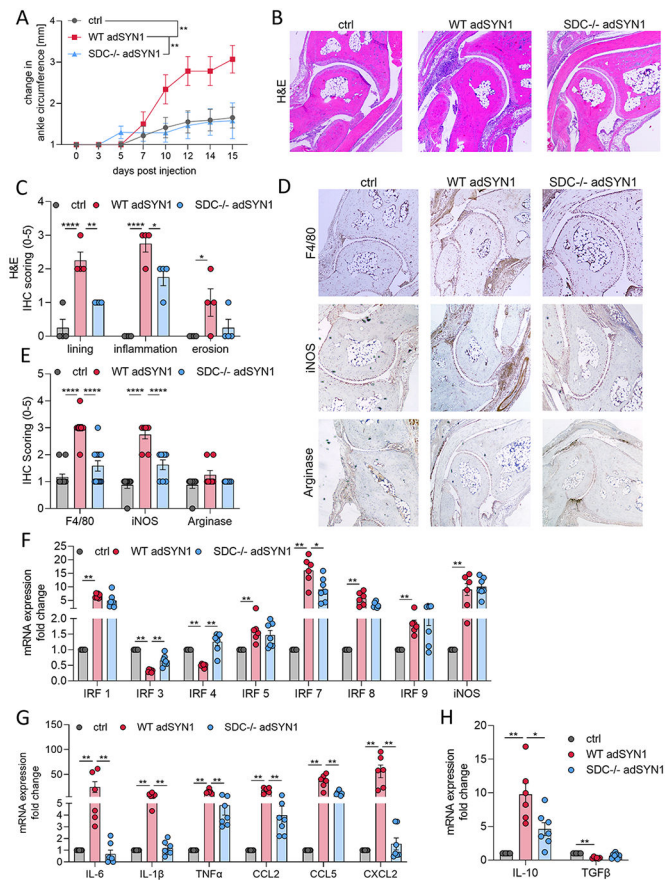
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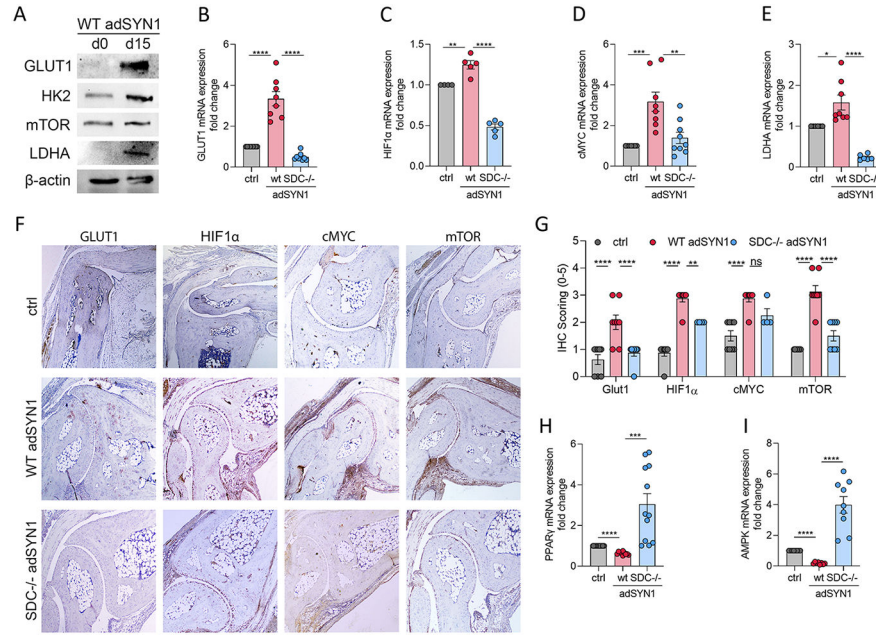
**Figure 4. Syntenin-1 enhances Th1 and Th17 cell differentiation via IL-12 and/or IL-18 induction.**

(A to F) RA PBMCs were treated with PBS (ctrl) or Syntenin-1 (SYN1; 1000 ng/ml) for 6h (qRT-PCR) or 24h (protein). Transcriptional regulation of Tbx21(A), IFN $\gamma$  (B), IL-18 (C), and IL-12 (D) was assessed by qRT-PCR (n=4-8). (E and F) Protein secretion of IL-12 (E) and IL-18 (F) was determined by ELISA (n=4-6). (G to J) RA PBMCs (G to I) or negatively selected T cells (J) were supplemented with anti-CD3 and anti-CD28 (both 0.25  $\mu$ g/ml) and were untreated (ctrl) or stimulated with LPS (100 ng/ml, +control), IL-12 (10 ng/ml, Th1 cells), IL-1 $\beta$ , IL-6, and TGF- $\beta$  (20 ng/ml and 4 ng/ml, respectively, Th17 cells) or Syntenin-1 (1000 ng/ml) in the presence or absence of SDC-1 and IL-12 antibody (SDCab, IL-12ab) for 72h prior to determining the number of CD4<sup>+</sup>IFN $\gamma$ <sup>+</sup> T cells (G, I and J) or CD4<sup>+</sup>IL-17<sup>+</sup> T cells by flow cytometry (H) (n=3-4). (K and L) RA PBMCs were cultured with anti-CD3 and anti-CD28 (both 0.25  $\mu$ g/ml) and were untreated (ctrl) or stimulated with LPS (100 ng/ml, +control), IL-12 (10 ng/ml, Th1 cells) or Syntenin-1 (1000 ng/ml) alone or in combination with 2-DG (5 mM), mTORi (1  $\mu$ M), and HIF1 $\alpha$ i (2  $\mu$ M) for 72h before determining the number of CD4<sup>+</sup>IFN $\gamma$ <sup>+</sup> T cells (K) or CD4<sup>+</sup>IL-17<sup>+</sup> T cells (L) by flow cytometry (n=5). Data are presented as mean  $\pm$  SEM; significant differences were determined by the Mann-Whitney test or one-way ANOVA. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.



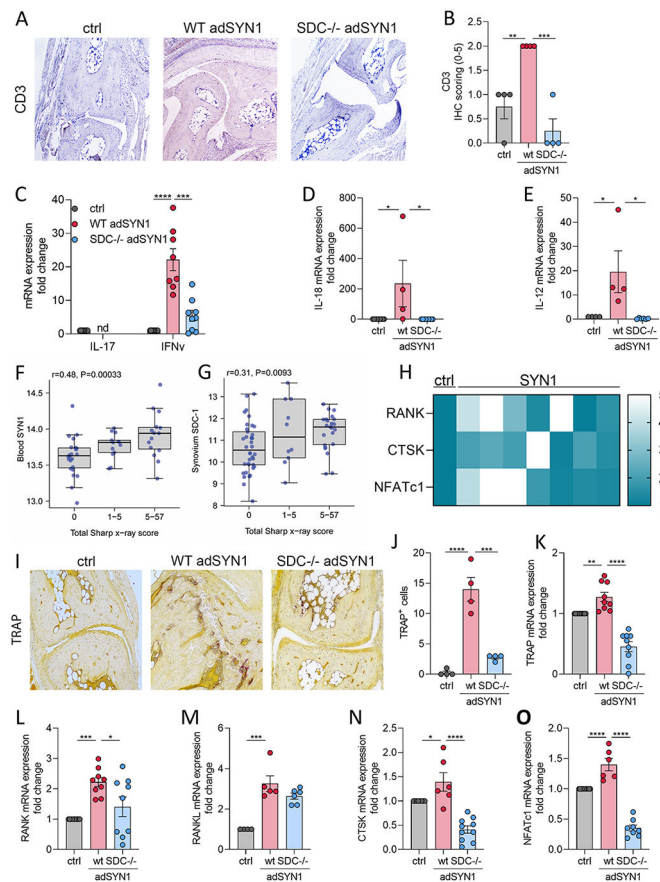


**Figure 5. Local expression of Syntenin-1 advances arthritis in WT but not in SDC-1<sup>-/-</sup> mice.** (A to H) Wildtype (WT) and SDC-1<sup>-/-</sup> C57BL/6 (SDC<sup>-/-</sup>) mice were injected intra-articularly with adctrl (ctrl) or adSYN1 ( $3 \times 10^{10}$  viral particles/ankle) on days 0, 7, and 14 and joint circumference (A) was monitored over 15 days (n=10 mice/group). On day 15, mice were sacrificed, and ankles were either used for histological analysis or qRT-PCR. (B and C) Sections from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were stained for H&E (B) and scored on a 0-5 scale for synovial lining thickness, inflammation, and bone erosion (C) (n=4). (D and E) Ankle sections from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were stained for the macrophage markers F4/80, iNOS, and arginase 1 (D) and subsequently scored on a 0-5 scale (E) (n=8-12). (F to H) Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were homogenized and transcription levels of IRFs and iNOS (F), inflammatory cytokines (G), or pro-repair factors (H) were quantified by qRT-PCR (n=6-7). Data are presented as mean  $\pm$  SEM; significant differences were determined by one-way ANOVA. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.



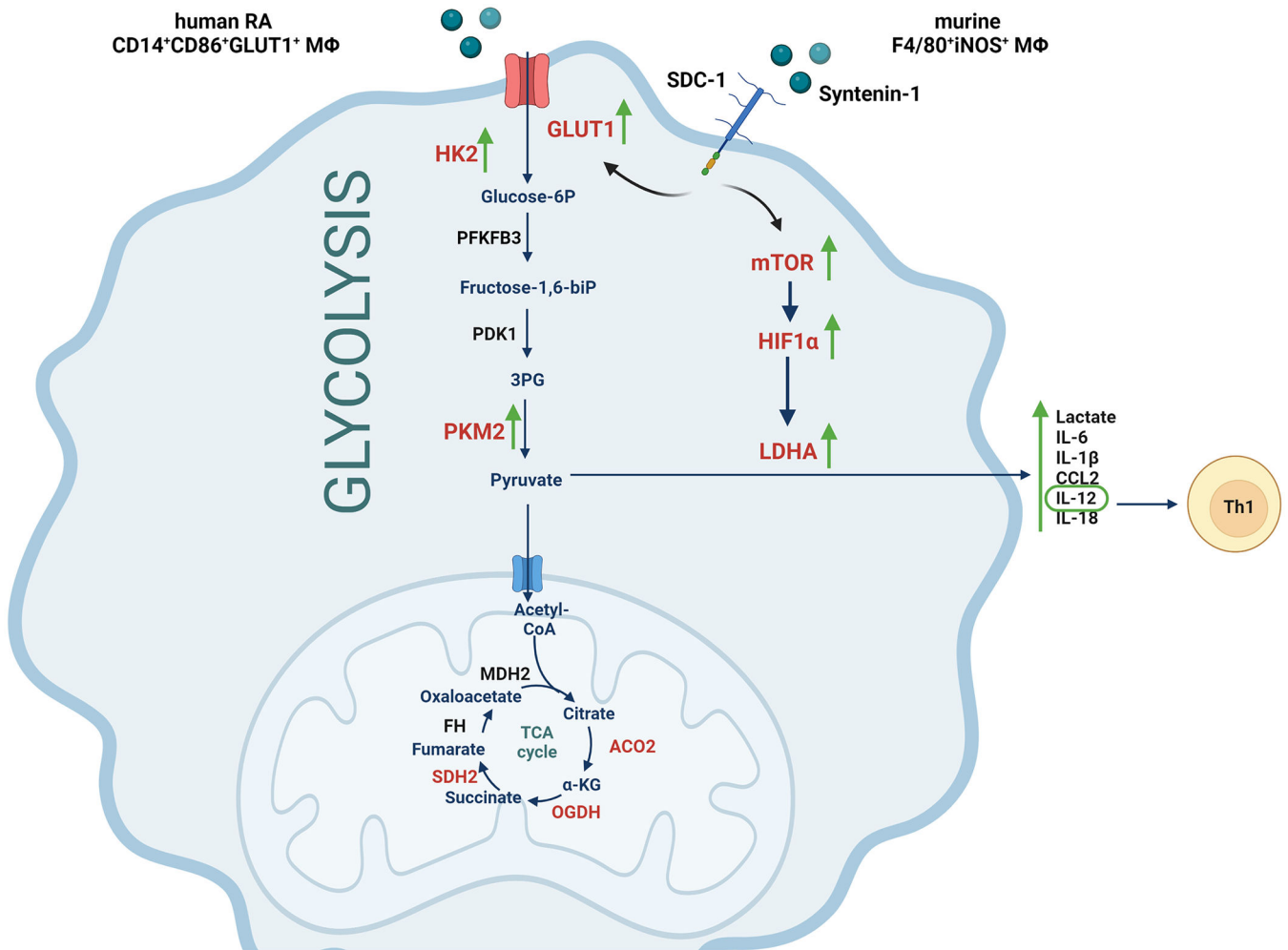
**Figure 6. Syntenin-1 arthritic mice display hypermetabolic activity in wild-type mice which was mitigated in SDC-1<sup>-/-</sup> animals.**

(A to I) WT and SDC<sup>-/-</sup> mice were injected intra-articularly with adctrl (ctrl) or adSYN1 ( $3 \times 10^{10}$  viral particles/ankle) on days 0, 7, and 14. (A) Ankles from non-arthritic WT ctrl (day 0) and WT adSYN1 mice (day 15) were homogenized and expression of glycolytic proteins, GLUT1, HK2, mTOR/p70, and LDHA was determined by western blot analysis and  $\beta$ -actin served as a loading control. (B to E) Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were homogenized and transcriptional regulation of the glycolytic factors GLUT1 (B), HIF1 $\alpha$  (C), cMYC (D), and LDHA (E) was determined by qRT-PCR (n=5-9). (F and G) Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were stained for GLUT1, HIF1 $\alpha$ , cMYC, and mTOR/p70 (F) and their staining was scored on a 0-5 scale (G) (n=8). (H and I) mRNA levels of PPAR $\gamma$  (H) and AMPK (I) were quantified in joints from non-arthritic WT ctrl and WT adSYN1 or SDC<sup>-/-</sup> adSYN1 mice by qRT-PCR (n=8-12). Data are presented as mean  $\pm$  SEM; significant differences were determined by one-way ANOVA. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.



**Figure 7. RA preosteoclasts and arthritic joint cells are transformed into mature osteoclasts by Syntenin-1.**

(A to B) WT and SDC<sup>-/-</sup> mice were injected intra-articularly with adctrl (ctrl) or adSYN1 ( $3 \times 10^{10}$  viral particles/ankle) on days 0, 7, and 14. Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were stained for T cell marker CD3 (A) and scored on a 0-5 scale (B) (n=4). (C to E) Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were homogenized and transcription levels of IL-17 and IFN $\gamma$  (C), IL-18 (D), and IL-12 (E) were quantified by qRT-PCR (n=4-10). (F and G) The transcript levels of blood Syntenin-1 (F, n=67) or synovial tissue SDC-1 (G, n=87) determined by RNAseq<sup>18</sup> were correlated against bone erosion as determined by radiographic images of hands and feet by Sharp/van der Heijde score. (H) In presence of M-CSF and RANKL (10 ng/ml each, suboptimal condition) RA monocytes were differentiated into preosteoclasts for 7 days, stimulated with PBS (ctrl) or Syntenin-1 (1000ng/ml) for 6h and osteoclastic factors were assessed by qRT-PCR (H) (n=7). (I and J) Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were stained for TRAP (I) and TRAP<sup>+</sup> cells (J) and were quantified at x100 magnification (n=4). (K to O) Ankles from non-arthritic WT ctrl and WT or SDC<sup>-/-</sup> mice injected with adSYN1 were homogenized and analyzed for transcriptional regulation of TRAP (K), RANK (L), RANKL (M), CTSK (N), and NFATc1 (O) by qRT-PCR (n=4-12). Data are presented as mean  $\pm$  SEM; significant differences were determined by one-way ANOVA. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.



**Figure 8. Syntenin-1 advances glycolytic reprogramming in RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>MΦs and murine F4/80<sup>+</sup>iNOS<sup>+</sup>MΦs.**

Syntenin-1 reconfigures naive cells into metabolic RA CD14<sup>+</sup>CD86<sup>+</sup>GLUT1<sup>+</sup>MΦs that display a broad array of glycolytic factors together with impaired oxidative intermediates through SDC-1 ligation, glucose uptake, and/or mTOR signaling. In Syntenin-1-induced arthritis, F4/80<sup>+</sup>iNOS<sup>+</sup>MΦs recapitulate glycolytic RA myeloid cell mechanism of function, by expanding the inflammatory and glycolytic imprints which are dysregulated in SDC-1<sup>-/-</sup> animals. Both in RA cells and/or experimental models, mTOR-driven MΦ glycolytic reprogramming and their crosstalk with Th1 cells via IL-12 escalation are responsible for Syntenin-1-induced arthritogenicity.