



Thyroid Hormone Promotes β -Catenin Activation and Cell Proliferation in Colorectal Cancer

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Abstract

Thyroid hormone status has long been implicated in cancer development. Here we investigated the role of thyroxine (T_4) in colorectal cancer cell lines HCT 116 (*APC* wild type) and HT-29 (*APC* mutant), as well as the primary cultures of cancer cells derived from patients. Cell proliferation was evaluated with standard assay and proliferation marker expression. β -Catenin activation was examined according to nuclear β -catenin accumulation and β -catenin target gene expression. The results showed that T_4 increased colorectal cancer cell proliferation while cell number and viability were elevated by T_4 in both established cell lines and primary cells. Moreover, the transcriptions of proliferative genes *PCNA*, *CCND1*, and *c-Myc* were enhanced by T_4 in the primary cells. T_4 induced nuclear β -catenin accumulation, as well as high cyclin D1 and c-Myc levels compared to the untreated cells. In addition, the β -catenin-directed transactivation of *CCND1* and *c-Myc* promoters was also upregulated by T_4 . *CTNNB1* transcription was raised by T_4 in HCT 116, but not in HT-29, while the boosted β -catenin levels were observed in both. Lastly, the T_4 -mediated gene expression could be averted by the knockdown of β -catenin. These results suggested that T_4 promotes β -catenin activation and cell proliferation in colorectal cancer, indicating that an applicable therapeutic strategy should be considered.

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Introduction

Annually, colorectal cancer resulted in an estimated 694,000 deaths and nearly 1.4 million cases were reported worldwide [1]. In spite of recent advances in the understanding of molecular pathogenesis and the development of targeted treatments, colorectal cancer has remained one of the most frequently occurring and deadly cancers for more than 40 years.

Being the crucial hormones regulating growth, metabolism, and various physiological processes in human bodies, thyroid hormones L-thyroxine (T_4) and triiodothyronine (T_3) have long been implicated in cancer risks and tumor developments [2, 3]. In a prospective study of 29,691 people, circulating thyrotropin level suggestive of hyperthyroid function was related to an increased cancer risk [4]. The elevated cancer risk was mainly due to risks for colon (hazard ratio 1.38), lung (hazard ratio 2.34), breast (hazard ratio 1.20), and prostate (hazard ratio 1.97) cancers. In a later nested case-control study using a large population-based medical records database, hyperthyroidism (adjusted odds ratio 1.21), along with untreated hypothyroidism (adjusted odds ratio 1.16), were also associated with the increased risk of colorectal cancer [5].

Furthermore, T_4 significantly raised tumor incidence in an animal model with chemically induced colorectal cancer, possibly resulting from its proliferation promoting effect in the colon mucosa epithelial cells during carcinogen administration [6]. In the colorectal cancer cell lines, the expressions of several proliferation markers including proliferating cell nuclear antigen (PCNA), cyclin D1, and c-Myc were enhanced in response to T_4 exposure at both mRNA and protein levels [7]. Consequently, non-agonist T_4 analogues were able to suppress the proliferation of these colorectal cancer cells.

In colorectal tumorigenesis, aberrant Wnt/ β -catenin signaling is a major force driving uncontrolled cell growth and proliferation [8]. β -Catenin is normally phosphorylated and destined for proteasomal degradation by a cytoplasmic complex comprising axin, adenomatous polyposis coli (APC), and glycogen synthase kinase 3 β (GSK3 β). Upon stimulation, the stabilized β -catenin accumulates in cytoplasm and migrates into nucleus, where it functions as a transcriptional co-activator for responding targets such as cell cycle genes cyclin D1 and c-Myc. Mounting evidence points that Wnt/ β -catenin pathway, which is involved in both tissue homeostasis and oncogenic progression, is linked to thyroid hormone and its downstream signaling. In the intestinal epithelial cells, T_3 -activated nuclear thyroid hormone receptor $\alpha 1$ (TR $\alpha 1$) directly modulated murine β -catenin gene *ctnnb1* at transcriptional level and β -catenin pathway [9, 10]. However, T_3 -bound nuclear thyroid hormone receptor $\beta 1$ (TR $\beta 1$) inhibited the transactivation of *CCND1* (cyclin D1 gene) promoter through Tcf/Lef-1 site in a β -catenin dependent manner [11]. In addition, type 3 deiodinase (D3) that inactivates both T_4 and T_3 was found to be a direct transcriptional target of β -catenin and to be over-expressed in intestinal adenomas and carcinomas [12]. Without D3, excessive T_3 reduced proliferation and enhanced differentiation via E-cadherin induction in both colorectal cancer cell lines and xenograft models. In agreement with the previous reports, recent microarray data showed that T_3 treatment downregulated the transcription of Wnt targets and upregulated the transcription of Wnt negative regulators in the colorectal cancer stem cells; at the same time, lower tumorigenic potential and higher sensitivity to conventional chemotherapeutics were also observed [13].

The contradicting results indicate that the interplay between thyroid hormones, β -catenin signaling, and colorectal cancer is not yet fully understood to date. In the present study, we sought to investigate whether T_4 could promote colorectal cancer cell proliferation and activate β -catenin, a crucial driver in proliferative process. The effects of T_4 on proliferation in both colorectal cancer cell lines and primary cultures of cancer cells were examined based on proliferation assays and proliferation marker expressions. The activation of β -catenin in response to T_4 exposure was evaluated according to the

nuclear accumulation of β -catenin and the expression of β -catenin target genes. Expression profiles of β -catenin under T_4 treatment in the colorectal cancer cell lines with different *APC* mutation status were also addressed. The study demonstrated the proliferation-accelerating role of T_4 in the colorectal cancer cells and suggested that the thyroid hormone status and an applicable therapeutic strategy should be considered in colorectal cancer.

Materials and Methods

Cell Culture

Human colorectal cancer cell lines HCT 116 (ATCC® CCL-247™) and HT-29 (ATCC® HTB-38™) were obtained from American Type Culture Collection (ATCC) (Manassas, VA, USA). Cells were routinely maintained in RPMI-1640 medium supplemented with 10% fetal bovine serum (FBS), as well as 1 \times penicillin-streptomycin, and grown under an atmosphere of 5% CO₂/95% air at 37 °C. Prior to T_4 (T1775 SIGMA, Sigma-Aldrich, St. Louis, MO, USA) treatments, cells were serum-starved for 48 h and serum-free medium was then replaced by the 10% hormone-stripped FBS containing medium.

The human colorectal cancer cells for primary culture were obtained from colorectal cancer patients admitted according to the standardized diagnostic criteria (Division of Colorectal Surgery, Department of Surgery, Shuang-Ho Hospital, Taipei Medical University, Taipei, Taiwan). The enrolled patients received no chemotherapy or radiation therapy prior to surgeries and provided the written informed consents to protocol approved by Taipei Medical University-Joint Institutional Review Board (TMU-JIRB) (TMU-JIRB number: N201603078) (Supplementary Material-JIRB Approval, with original certificate in Chinese on page 1 and the translated certificate in English on page 2). All experiments were performed in accordance with relevant guidelines and regulations. In brief, clinical samples (biopsies) were washed with phosphate buffered saline supplemented with 5 \times penicillin-streptomycin-amphotericin B, cut into 0.5–2.0 mm³ pieces, and then incubated with digestion medium containing 300 units/ml of type I collagenase and 20 μ g/ml of hyaluronidase at 37 °C for 3 h. Subsequently, cell suspensions were filtered through 70 μ m cell strainers (Thermo Fisher Scientific, Waltham, MA, USA), washed with culture medium, and then incubated with ammonium chloride-Tris solution (pH 7.2) at 4 °C to remove erythrocyte contamination. Finally, the recovered cell populations were maintained for treatments as the established cell lines and studied within five passages while cell morphology remained unchanged.

Cell Count Analysis

The human colorectal cancer cell lines (10^5 cells per well) or the primary cells (10^4 cells per well) were seeded onto six-well plates. At the indicated time points, the treated cells were collected and cell number in each well was calculated using Countess™ cell counting chamber slides and the automated cell counter (Invitrogen, Carlsbad, CA, USA).

Western Blotting

To examine protein expressions, the nucleus/cytoplasm compartments were separated using NE-PER® nuclear and cytoplasmic extraction reagents (Thermo Fisher Scientific, Waltham, MA, USA) following the manufacturer's instructions and the whole cell lysates were extracted by radioimmunoprecipitation assay buffer supplemented with $1\times$ complete protease inhibitor cocktail (F. Hoffmann-La Roche AG, Basel, Switzerland). The equal micrograms of protein samples in equal volumes were resolved on 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis gels via electrophoresis carried out at 100 V for 2 h. Proteins were then transferred from gels onto nitrocellulose blotting membranes (GE Healthcare, Chicago, IL, USA) using Trans-Blot® SD semi-dry transfer cell (Bio-Rad Laboratories, Inc., Hercules, CA, USA). After blocking with 2% BSA in TBST at room temperature for 1 h, membranes were incubated at 4 °C overnight with the primary antibodies specific to β -catenin (BD Biosciences, Franklin Lakes, NJ, USA), Lamin B (GeneTex, Inc., Hsinchu, Taiwan), cyclin D1 (Santa Cruz Biotechnology, Inc., Dallas, TX, USA), c-Myc (Santa Cruz Biotechnology, Inc., Dallas, TX, USA), and α -tubulin (Novus Biologicals, Littleton, CO, USA). Subsequently, the corresponding horseradish peroxidase-conjugated secondary antibodies were applied onto membranes at room temperature for 1 h. Protein detection was then carried out with Amersham™ ECL™ Western Blotting Detection Reagents (GE Healthcare, Chicago, IL, USA) and Amersham™ Imager 600 (GE Healthcare, Chicago, IL, USA). In nuclear and total protein examinations, the internal controls for data quantification were Lamin B1 and α -tubulin, respectively.

ChIP

Chromatin immunoprecipitation (ChIP) study was performed as previously described [14], using Dynabeads® Protein A (Thermo Fisher Scientific, Waltham, MA, USA) following the manufacturer's instructions. The sonicated DNA fragments were immunoprecipitated by the antibodies specific to β -catenin (BD Biosciences, Franklin Lakes, NJ, USA)/normal mouse IgG (Santa Cruz Biotechnology, Inc., Dallas, TX, USA) and purified via GenepHlow™ Gel/PCR Kit (Geneaid Biotech Ltd., New Taipei City, Taiwan), as instructed. qPCR

reactions, described in detail in next section, were conducted to analyze specific DNA fragments using the previously reported primer sequences targeting the promoter regions of interests: *CCND1* promoter forward 5'-CCGGGCTTTGATCTTTGCTT A-3' and reverse 5'-TCTGCTGCTCGCTGCTACTG-3'; *c-Myc* promoter forward 5'-GCGGGTTACATACAGTGCAC TTCA-3' and reverse 5'-TGGAAATGCGGTCATGCACA AA-3' [15].

qPCR

Total RNA was extracted using illustra RNAspin Mini RNA Isolation Kit (GE Healthcare, Chicago, IL, USA), following the manufacturer's instructions. One microgram of total RNA (genomic DNA-free) was reverse-transcribed by RevertAid H Minus First Strand cDNA Synthesis Kit (Thermo Fisher Scientific, Waltham, MA, USA) into cDNA, which was later used as PCR templates as instructed. Reactions were performed via QuantiNova™ SYBR® Green PCR Kit (Qiagen, Hilden, Germany) and a CFX Connect™ Real-Time PCR Detection System (Bio-Rad Laboratories, Inc., Hercules, CA, USA), according to the provided protocols. Primer sequences were as follows: *18S rRNA* forward 5'-GTAACCCGTTGAAC CCCATT-3' and reverse 5'-CCATCCAATCGGTAGTAGCG-3' (accession no.: NR_003286.2); *CTNNB1* forward 5'-CTGG TCCTTTTTGGTTCGAGGA-3' and reverse 5'-GCAA GGCTAGGGTTTGCTAAAT-3' (accession no.: NM_001904.3); *PCNA* forward 5'-TCTGAGGGCTTCGA CACCTA-3' and reverse 5'-TCATTGCCGCGCATTTTAG-3' (accession no.: NM_002592.2); *CCND1* forward 5'-CAAG GCCTGAACCTGAGGAG-3' and reverse 5'-GATC ACTCTGGAGAGGAAGCG-3' (accession no.: NM_053056.2); *c-Myc* forward 5'-TTCGGGTAGTGGA AACCAG-3' and reverse 5'-CAGCAGCTCGAATTTCTTCC-3' (accession no.: NM_002467.4). Relative gene expression normalized to the internal control *18S rRNA* was calculated based on $\Delta\Delta CT$ method, and the fidelity of PCR reactions was determined using melting temperature analysis.

siRNA Transfection

The human colorectal cancer cells were seeded onto six-well plates (10^5 cells per well). Prior to transfections, culture medium was replaced by serum-free medium and cells were transfected with 100 nM of SignalSilence® Control siRNA or SignalSilence® β -Catenin siRNA I (Cell Signaling Technology, Danvers, MA, USA) using Lipofectamine® 3000 Transfection Kit (Invitrogen, Carlsbad, CA, USA) following the manufacturer's instructions. The 10% hormone-stripped FBS containing medium was added 6 h after transfections, and cells were incubated as usual for 48 h. Medium was then refreshed, and T_4 was applied 24 h before sample collections.

Data Analysis and Statistics

Data were analyzed using IBM SPSS Statistics 19 (SPSS, Inc., Chicago, IL, USA) and graphed by GraphPad Prism 6 (GraphPad Software, Inc., La Jolla, CA, USA). Statistical significance was determined by applying Mann-Whitney *U* test for qPCR data and Student's *t* test for the rest of experiments. The results with *P* value ≤ 0.05 were considered significant.

Results

Thyroid Hormone T_4 Promotes Cell Proliferation in Colorectal Cancer Cell Lines HCT 116 and HT-29

Given that T_4 altered the expressions of numerous proliferative and pro-apoptotic genes [7], we first examined the effects of thyroid hormone T_4 on cell number and viability over time in colorectal cancer cell lines HCT 116 and HT-29 (Fig. 1). In both cell lines, the numbers of live cells in the T_4 (10^{-8} and 10^{-7} M)-treated groups were substantially higher than the control cells after 48 and 96 h while 10^{-7} M of T_4 significantly elevated cell numbers more than 10^{-8} M of T_4 (Fig. 1). With an alternative method MTT assay (Supplementary Materials and Methods), the exposures to 10^{-8} and 10^{-7} M of T_4 in HCT 116 cells also significantly increased absorbance, an index of mitochondria activity, to 1.27- and 1.43-fold compared to the control cells (Supplementary Fig. 1, left panel). In HT-29

cells, absorbance was significantly raised to 1.27- and 1.41-fold in the T_4 (10^{-8} and 10^{-7} M)-treated cells compared to the control cells (Supplementary Fig. 1, right panel). T_4 at 10^{-7} M exhibited greater effects than 10^{-8} M, but statistical significance was only observed in HCT 116 cells (Supplementary Fig. 1).

Thyroid Hormone T_4 Modulates β -Catenin Activation and Expression in Colorectal Cancer Cell Lines HCT 116 and HT-29

To evaluate T_4 effects on β -catenin pathway, we measured the nuclear accumulation of β -catenin, the levels of β -catenin target genes, and the transactivation of β -catenin target promoters in response to T_4 treatment in colorectal cancer cell lines HCT 116 (*APC* wild type) and HT-29 (*APC* mutant) (Fig. 2). The results showed that the addition of 10^{-8} and 10^{-7} M of T_4 to HCT 116 cells significantly elevated nuclear β -catenin to 1.28- and 1.58-fold compared to the control cells (Fig. 2a, left panel). β -Catenin abundances in nucleus in HT-29 cells were 1.13- and 1.61-fold significantly higher in the T_4 (10^{-8} and 10^{-7} M)-treated cells (Fig. 2a, right panel). The T_4 -induced increases of nuclear β -catenin occurred with T_4 dosages in both cell lines (Fig. 2a). Moreover, the levels of cyclin D1 and c-Myc significantly increased with T_4 concentrations (10^{-8} and 10^{-7} M) compared to the control cells in both HCT 116 and HT-29 cells (Fig. 2b). In *APC*

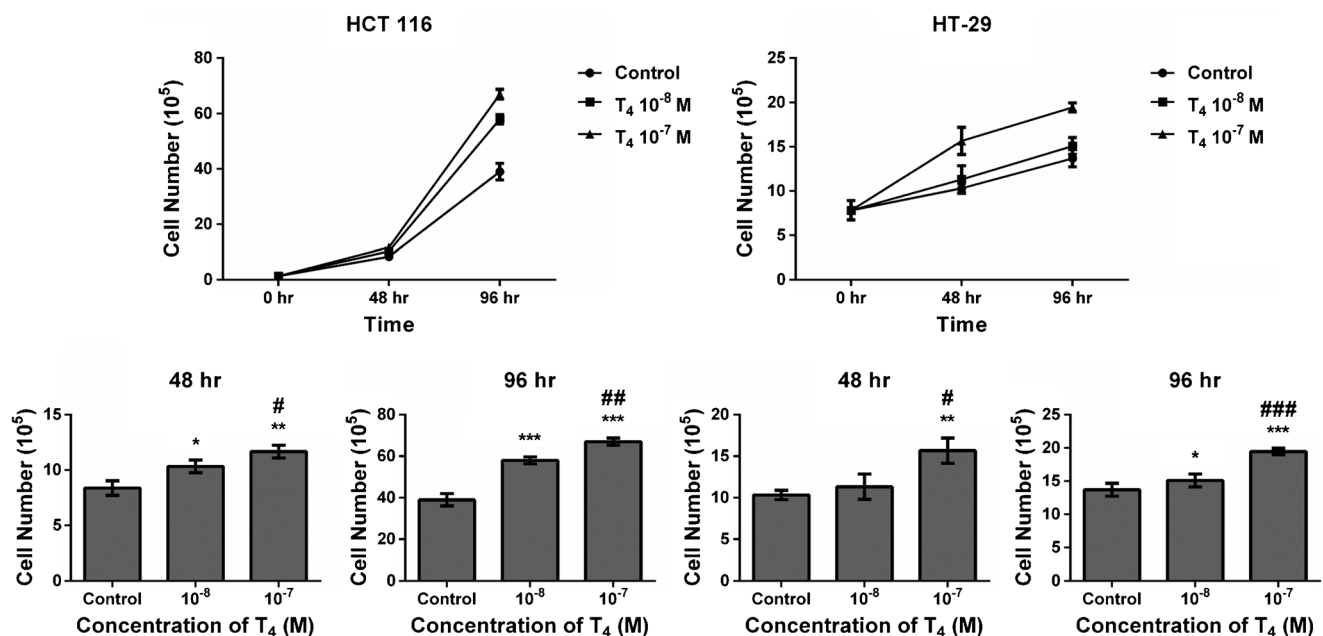
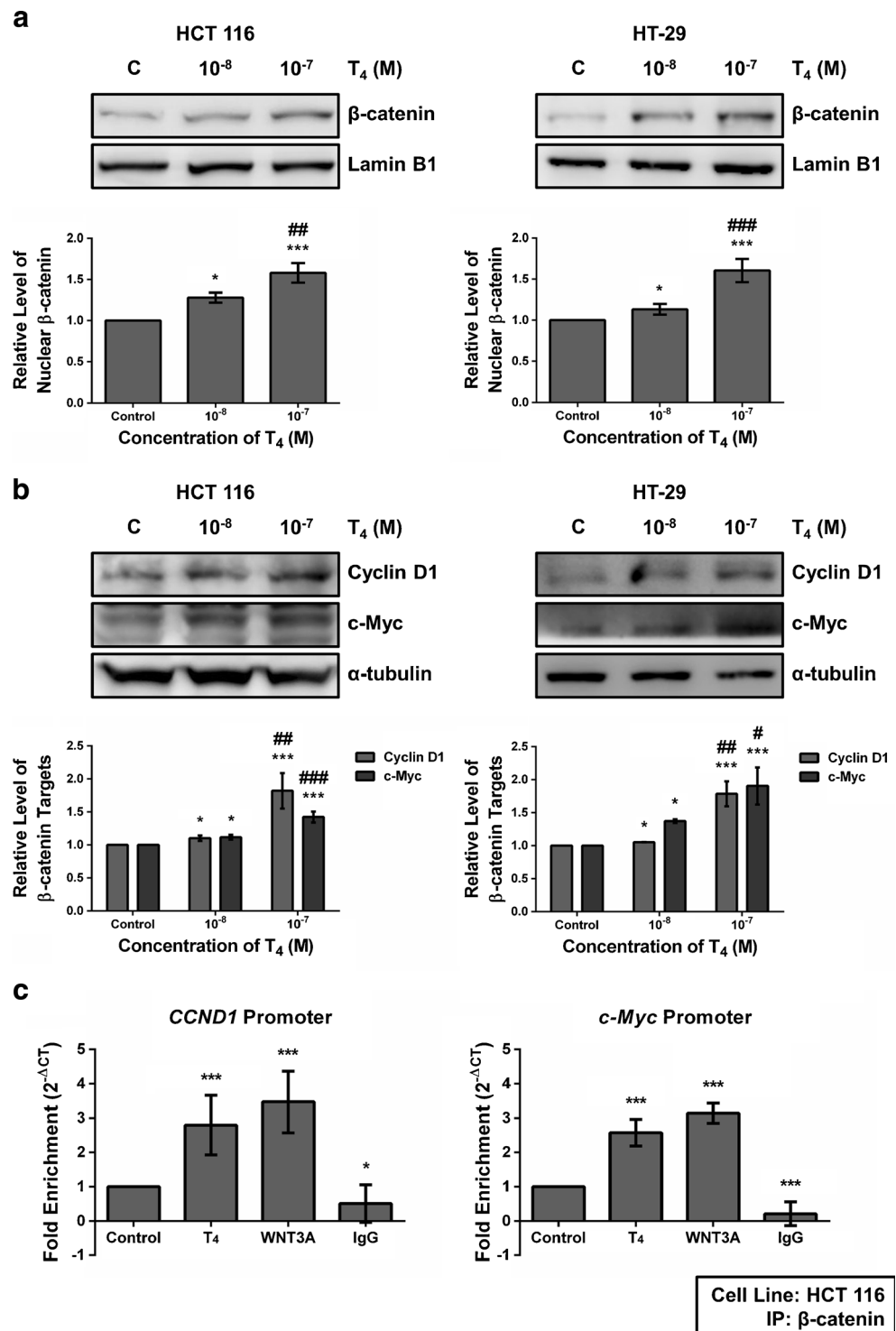


Fig. 1 Thyroid hormone T_4 promotes cell proliferation in colorectal cancer cell lines HCT 116 and HT-29. Cells treated with/without T_4 were collected at the indicated time points and counted. Data represent at least three independent experiments performed in replicates and are presented

as mean \pm sd ($n = 3$). * $P \leq 0.05$, ** $P \leq 0.01$, and *** $P \leq 0.001$ compared to the control group. # $P \leq 0.05$, ## $P \leq 0.01$, and ### $P \leq 0.001$ compared to the T_4 (10^{-8} M) group

Fig. 2 Thyroid hormone T_4 induces β -catenin activation in colorectal cancer cell lines HCT 116 and HT-29. **a** Cells treated with/without T_4 were collected after 24 h for western blotting and the nuclear fractions were examined. Images are representative, with statistics from at least three independent experiments shown below (HCT 116 $n = 6$; HT-29 $n = 7$). Data are normalized to the internal control Lamin B1 and presented as mean \pm sd. $*P \leq 0.05$ and $***P \leq 0.001$ compared to the control group. $^{\#}P \leq 0.05$, $^{\#\#}P \leq 0.01$, and $^{\#\#\#}P \leq 0.001$ compared to the T_4 (10^{-8} M) group. C control. **b** Cells treated with/without T_4 were collected after 24 h for western blotting, and the whole cell lysates were examined. Images are representative, with statistics from at least three independent experiments shown below (HCT 116 $n = 5$; HT-29 $n = 7$). Data are normalized to the internal control α -tubulin and presented as mean \pm sd. $*P \leq 0.05$ and $***P \leq 0.001$ compared to the control group. $^{\#}P \leq 0.01$ and $^{\#\#\#}P \leq 0.001$ compared to the T_4 (10^{-8} M) group. C control. **c** HCT 116 cells treated with either T_4 (10^{-7} M) or WNT3A (25 ng/ml) were evaluated after 24 h by ChIP study. Data are normalized to the control cells and presented as mean \pm sd from at least three independent experiments performed in replicates ($n = 10$). $*P \leq 0.05$ and $***P \leq 0.001$ compared to the control group



wild-type HCT 116 cells, T_4 (10^{-7} M) was able to significantly raise the interaction between β -catenin and *CCND1* promoter region to 2.80-fold compared to the control cells, whereas WNT3A recombinant protein (25 ng/ml) caused a 3.47-fold enhancement (Fig. 2c, left panel). The interactions between β -catenin and *c-Myc*

promoter region were also significantly boosted by T_4 and WNT3A to 2.58- and 3.14-fold, respectively (Fig. 2c, right panel).

Being a Wnt/ β -catenin target itself, the mRNA expression of *CTNNB1* (β -catenin gene) was significantly elevated by T_4 at 10^{-8} and 10^{-7} M to 1.14- and 1.41-fold compared to the

control cells in *APC* wild-type HCT 116 cells (Fig. 3a, left panel) whereas expression was unchanged in HT-29 cells bearing *APC* mutation (Fig. 3a, right panel). The higher concentration of T_4 (10^{-7} M) presented a significantly stronger effect than the lower concentration of T_4 (10^{-8} M) (Fig. 3a, left panel). Nevertheless, the considerable increases of total β -catenin levels in response to 10^{-8} and 10^{-7} M of T_4 were observed in both HCT 116 and HT-29 cells (Fig. 3b).

Thyroid Hormone T_4 Stimulates Cell Proliferation and β -Catenin Activation in the Primary Cultures of Cancer Cells Derived from Colorectal Cancer Patients

Since T_4 induced cell proliferation and β -catenin activation in colorectal cancer cell lines HCT 116 and HT-29, we determined whether these effects could be reproduced in the primary cells derived from two different colorectal cancer patients (Figs. 4 and 5). In the primary cultures of cancer cells

derived from both patients, the numbers of T_4 (10^{-7} M)-treated cells were substantially higher than the control cells after 96 h, with statistical significance achieved in the cells from patient 2 (Fig. 4). Furthermore, the mRNA expression of *PCNA*, *CCND1*, and *c-Myc* was significantly elevated by 10^{-7} M of T_4 to 1.46- to 1.80-fold in comparison with the control cells from both patients (Fig. 5a). In the subsequent western blotting studies using the primary cells derived from patient 2, the T_4 -directed levels of nuclear β -catenin, cyclin D1, and c-Myc were 2.30-, 1.30-, and 2.15-fold markedly higher than in the control cells, respectively (Fig. 5b, c).

Knockdown of β -Catenin Suppresses Thyroid Hormone T_4 -Stimulated β -Catenin Activation in Colorectal Cancer Cell Line HCT 116

To verify β -catenin contribution to cell proliferation and β -catenin activation elevated by T_4 in the colorectal cancer cells, we blocked β -catenin gene expression using β -catenin siRNA

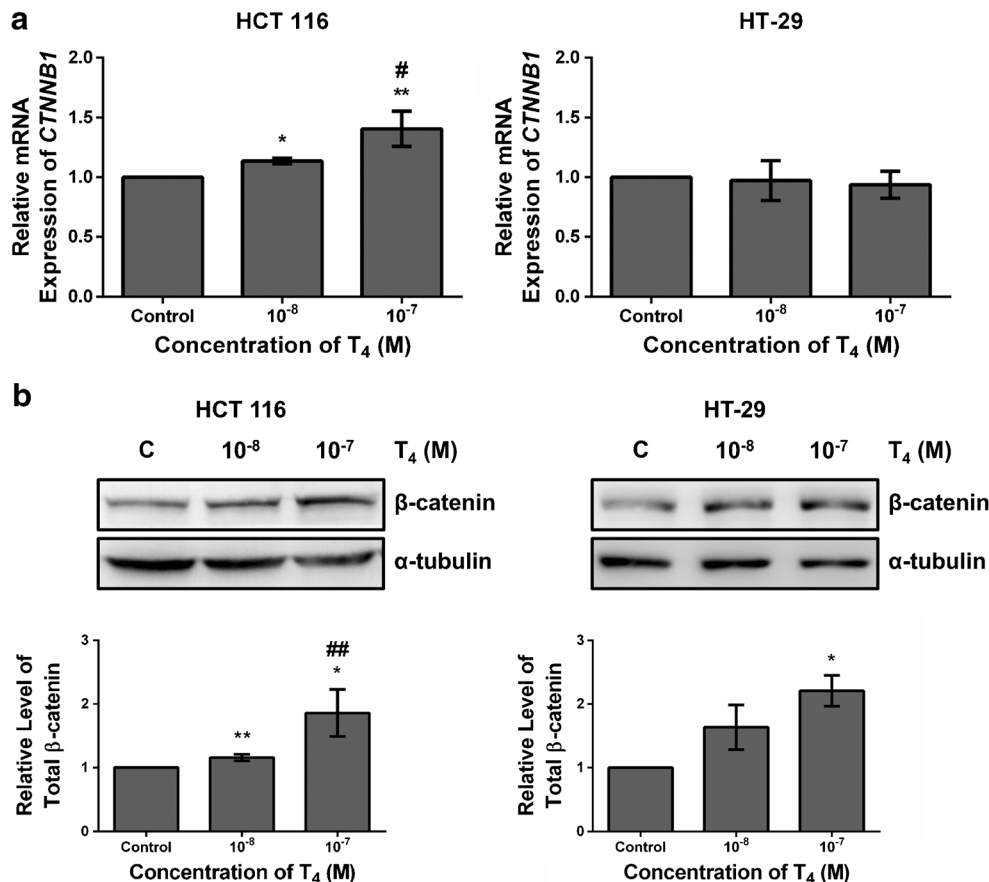


Fig. 3 Thyroid hormone T_4 modulates β -catenin expression in colorectal cancer cell lines HCT 116 and HT-29. **a** Cells treated with/without T_4 were collected after 24 h, and the mRNA expression of *CTNNB1* was examined using qPCR. Data are normalized to the internal control *18S rRNA* and presented as mean \pm sd from at least three independent experiments performed in replicates (HCT 116 $n = 5$; HT-29 $n = 6$). * $P \leq 0.05$ and ** $P \leq 0.01$ compared to the control group. ### $P \leq 0.05$ compared to the

T_4 (10^{-8} M) group. **b** Cells treated with/without T_4 were collected after 24 h for western blotting, and the whole cell lysates were examined. Images are representative, with statistics from at least three independent experiments shown below (HCT 116 $n = 4$; HT-29 $n = 3$). Data are normalized to the internal control α -tubulin and presented as mean \pm sd. * $P \leq 0.05$ and ** $P \leq 0.01$ compared to the control group. ### $P \leq 0.01$ compared to the T_4 (10^{-8} M) group. C control

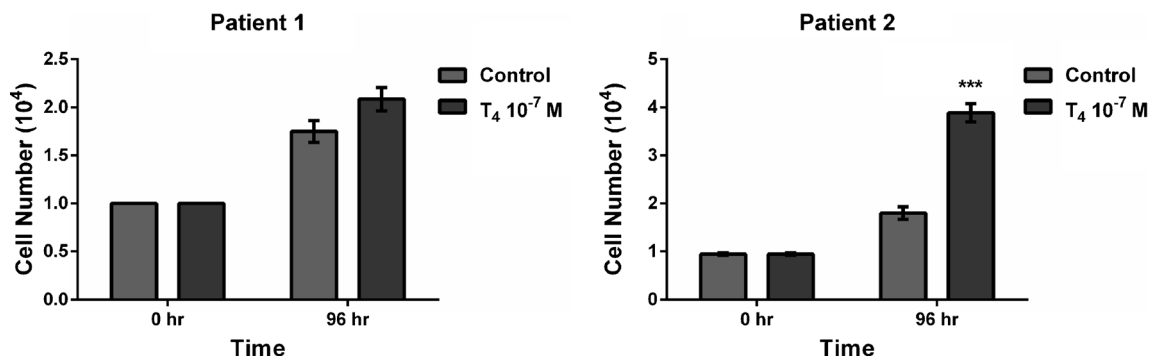


Fig. 4 Thyroid hormone T₄ promotes cell proliferation in the primary cultures of cancer cells derived from colorectal cancer patients. Cells treated with/without 10⁻⁷ M of T₄ were collected after 96 h and counted.

Data are representative from two independent experiments performed in replicates and presented as mean ± sd (patient 1 n=2; patient 2 n=3). ***P ≤ 0.001 compared to the control group

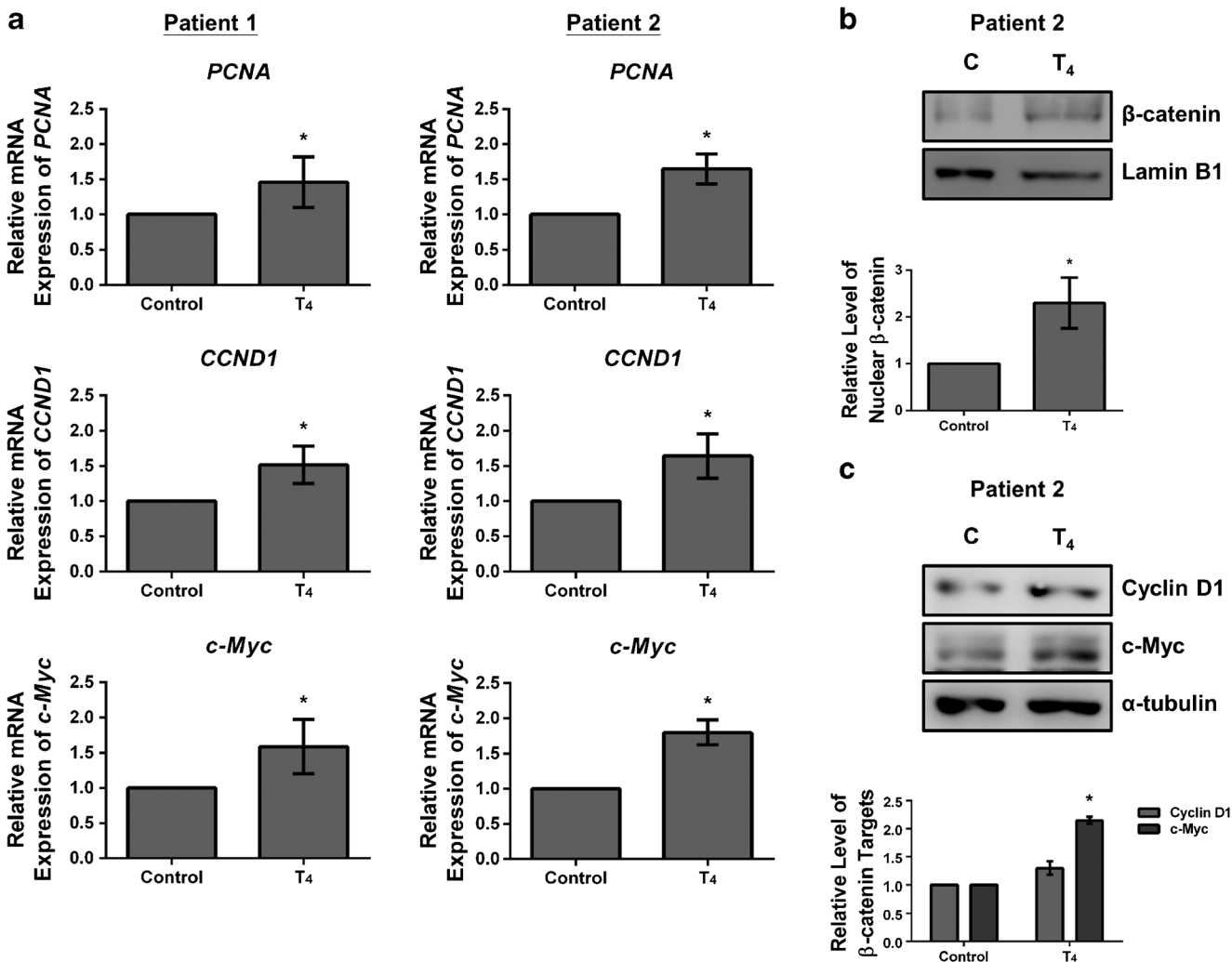


Fig. 5 Thyroid hormone T₄ induces β-catenin activation in the primary culture of cancer cells derived from colorectal cancer patients. **a** Cells treated with/without 10⁻⁷ M of T₄ were collected after 24 h, and the mRNA expression of *PCNA*, *CCND1*, and *c-Myc* was examined using qPCR. Data are normalized to the internal control *18S rRNA* and presented as mean ± sd from two independent experiments performed in replicates (n=4). *P ≤ 0.05 compared to the control group. **b** Cells treated with/without 10⁻⁷ M of T₄ were collected after 24 h for western blotting, and the nuclear fractions were examined. Images are representative, with

statistics from two independent experiments shown below (n=4). Data are normalized to the internal control Lamin B1 and presented as mean ± sd. *P ≤ 0.05 compared to the control group. **c** Cells treated with/without 10⁻⁷ M of T₄ were collected after 24 h for western blotting, and the whole cell lysates were examined. Images are representative, with statistics from two independent experiments shown below (n=2). Data are normalized to the internal control α-tubulin and presented as mean ± sd. *P ≤ 0.05 compared to the control group. **C** control

in colorectal cancer cell line HCT 116 and determined whether the knockdown was able to deplete T_4 effects (Fig. 6). In the β -catenin siRNA transfected cells, the mRNA expression of *CTNNB1* and *CCND1* was significantly reduced to 0.64- and 0.66-fold compared to the control cells (Fig. 6a), while the protein levels of β -catenin and cyclin D1 were significantly lowered to 0.80- and 0.66-fold compared to the control cells (Fig. 6b). As 10^{-7} M of T_4 significantly raised the mRNA expression of *CTNNB1* and *CCND1* in the control cells, T_4 gave rise to the significantly lessened *CTNNB1* and *CCND1* transcription in the knockdown cells, compared to the T_4 -treated control cells (Fig. 6a). Similar patterns were also observed for the protein levels of β -catenin and cyclin D1 (Fig. 6b).

Discussion

In order to elucidate the role of thyroid hormones (specifically, T_4) in colorectal cancer, we aimed to look at its effect on cell

proliferation and β -catenin activation, a key event involved in colorectal cancer progression. The study included two colorectal cancer cell lines HCT 116 and HT-29, as well as the primary cells derived from two different colorectal cancer patients. Notably, HCT 116 cells harbor wild-type *APC* while HT-29 cells bear mutant *APC* that results in a disruption of β -catenin degradation and the hyper-activation of Wnt/ β -catenin cascade [8].

We have demonstrated here that cell proliferation in both colorectal cancer cell lines and primary cultures of cancer cells was enhanced in response to T_4 within physiological range (10^{-8} and 10^{-7} M) (Figs. 1 and 4). Additionally, T_4 increased cell viability in HCT 116 and HT-29 cells in a dose-dependent manner according to an alternative method MTT assay (Supplementary Fig. 1). As noted in a previous paper on the colorectal cancer cell lines [7], the physiological concentration of T_4 elevated the mRNA abundance of *PCNA*, *CCND1*, and *c-Myc* in the primary cells derived from both colorectal cancer patients (Fig. 5a). The raised protein levels of cyclin D1 and c-

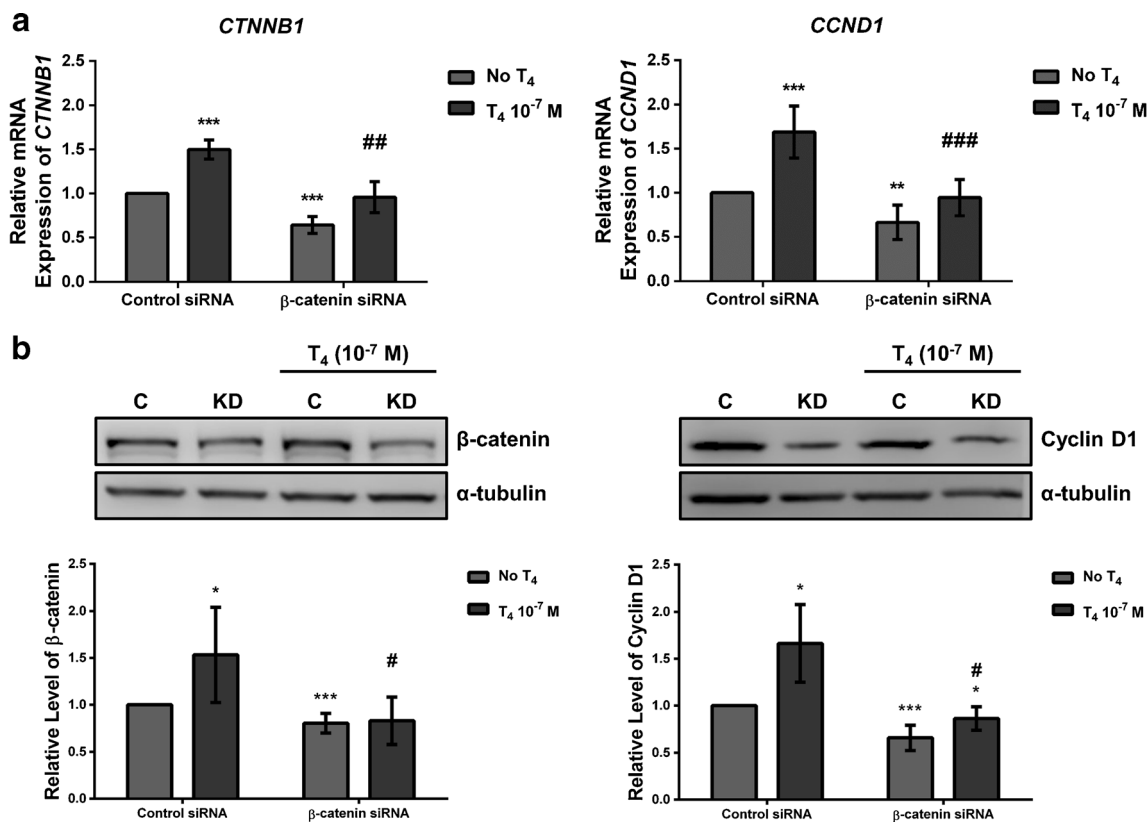


Fig. 6 Knockdown of β -catenin suppresses thyroid hormone T_4 -stimulated β -catenin activation in colorectal cancer cell line HCT 116. Cells were transfected with control/ β -catenin siRNA for 48 h and treated with/without 10^{-7} M T_4 for another 24 h before collected. **a** The mRNA expression of *CTNNB1* and *CCND1* was examined using qPCR. Data are normalized to the internal control *18S rRNA* and presented as mean \pm sd from at least three independent experiments performed in replicates (*CTNNB1* $n=9$; *CCND1* $n=7$). ** $P \leq 0.01$ and *** $P \leq 0.001$ compared to the untreated control group. ## $P \leq 0.01$ and ### $P \leq 0.001$ compared to

the T_4 -treated control group. **b** The protein levels of β -catenin and cyclin D1 in the whole cell lysates were examined using western blotting. Images are representative, with statistics from at least three independent experiments shown below (β -catenin $n=9$; cyclin D1 $n=5$). Data are normalized to the internal control α -tubulin and presented as mean \pm sd. * $P \leq 0.05$ and *** $P \leq 0.001$ compared to the untreated control group. # $P \leq 0.01$ compared to the T_4 -treated control group. C control siRNA, KD β -catenin siRNA

Myc stimulated by T₄ were also detected in one of the patients (Fig. 5c). Together with our previous findings, these results regarding cell number, cell viability, and proliferative marker expressions substantiated that T₄ supports the proliferation of colorectal cancer cells.

Evidence has shown that thyroid hormone acts as a growth factor in cancers of various origins [2, 3]. These non-genomic actions of T₄ occur via the binding between T₄ and integrin $\alpha v \beta 3$, a plasma membrane protein that contains the cell surface receptor for thyroid hormones. Consequently, the thyroid hormone-induced signaling transduction and oncogenic properties can be blocked by tetraiodothyroacetic acid (tetrac) and its nano-particulate derivative, the deaminated analogues of T₄ that compete with T₄ for integrin $\alpha v \beta 3$ thyroid hormone binding site. In the colorectal cancer cell lines, combination treatment with tetrac and cetuximab potentiated the anticancer actions of cetuximab in terms of downregulated proliferative genes, up-regulated apoptotic genes, and inhibited cell growth [7].

In colorectal cancer patients, nuclear β -catenin distribution—a hallmark of Wnt/ β -catenin signaling—predicted progress disease and unfavorable survival [16]. The depletion of β -catenin nuclear translocation thus decelerated cancer progression and sensitized the cancer cells to PI3K/AKT inhibitors as well as radiation therapy [17, 18]. We have demonstrated in the current study that T₄ positively mediated the nuclear localization of β -catenin, indicating the activation of β -catenin pathway, in both colorectal cancer cell lines and primary cell cultures (Figs. 2a and 5b). In agreement with β -catenin activation, the raised cyclin D1 and c-Myc levels in response to T₄ application were displayed in these colorectal cancer cells (Figs. 2b and 5c). The physiological concentration of T₄, as Wnt signaling ligand WNT3A, enhanced the transactivation of both *CCND1* and *c-Myc* promoters directed by β -catenin in *APC* wild-type HCT 116 cells (Fig. 2c). One of the downstream targets of Wnt/ β -catenin pathway, *CTNNB1*, underwent transcription induced by T₄ in *APC* wild-type HCT 116 cells with dose-dependent manner, but not in *APC* mutant HT-29 cells that have the high background level of β -catenin (Fig. 3a). Nonetheless, the accumulation of β -catenin within cells that resulted from T₄ exposure was observed in both established cell lines and was concentration-dependent (Fig. 3b). These data indicated that in the colorectal cancer cells with different *APC* status, the T₄-mediated β -catenin activation involved different mechanisms. Last of all, the knockdown of β -catenin suppressed the T₄-enhanced β -catenin and cyclin D1 expression at both mRNA and protein levels in colorectal cancer cell line HCT 116 (Fig. 6), pointing to the direct involvement of β -catenin pathway in the above described T₄ effects.

A few contradicting results concerning proliferation and proliferation signaling in cancers derived from gastrointestinal tract have been noted previously and appear to be T₃-dependent in the contexts of receptors activated [9–13]. Instead of classical genomic actions directed by the T₃-bound

thyroid hormone receptors (TR α and TR β), the cancer-promoting effects of thyroid hormones are mostly related to their cell surface receptor integrin $\alpha v \beta 3$ and the function of circulating T₄ [2, 3]. Being the major product secreted by thyroid gland, the amount of circulating T₄ is far more than the amount of T₃ and the integrin $\alpha v \beta 3$ affinity for T₄ is higher than the affinity for T₃ [19]. It is therefore considered that the importance of T₄ as a growth factor in cancer exceeds T₃ [3]. These previous reports point out that T₄ and T₃ may possess distinct functions in colorectal cancer and the complex networks of thyroid hormones require further exploration. To sum up, we have provided evidence that in colorectal cancer, β -catenin pathway and cell proliferation are stimulated by thyroid hormone T₄. Patients' thyroid hormone status might hence be playing a part in the therapeutic strategies of colorectal cancer.

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Compliance with Ethical Standards

The enrolled patients received no chemotherapy or radiation therapy prior to surgeries and provided the written informed consents to protocol approved by Taipei Medical University-Joint Institutional Review Board (TMU-JIRB) (TMU-JIRB number: N201603078) (Supplementary Material-JIRB Approval, with original certificate in Chinese on page 1 and the translated certificate in English on page 2). All experiments were performed in accordance with relevant guidelines and regulations.

Conflict of Interest The authors declare that they have no conflict of interest.

Ethical Approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards.

Informed Consent Informed consent was obtained from all individual participants included in the study.

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