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A framework for an evidence-based gene list relevant to autism spectrum disorder

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Abstract

Autism spectrum disorder (ASD) is often grouped with other brain-related phenotypes into a broader category of neurodevelopmental disorders (NDDs). In clinical practice, providers need to decide which genes to test in individuals with ASD phenotypes, which requires an understanding of the level of evidence for individual NDD genes that supports an association with ASD. Consensus is currently lacking about which NDD genes have sufficient evidence to support a relationship to ASD. Estimates of the number of genes relevant to ASD differ greatly among research groups and clinical sequencing panels, varying from a few to several hundred. This Roadmap discusses important considerations necessary to provide an evidence-based framework for the curation of NDD genes based on the level of information supporting a clinically relevant relationship between a given gene and ASD.

Introduction

Autism spectrum disorder (ASD) is a multifactorial neurodevelopmental disorder (NDD) characterized by impairments in social communication and repetitive and restricted behaviours and interests. While this disorder is defined behaviourally rather than genetically or biologically¹, at present a contributing genetic variant can be identified in 5–30% of individuals with ASD, depending on the genetic test used, the cohort examined and the thresholds used for significance²⁻⁶. Genetic variants ranging from extremely rare to

common, including *de novo* and inherited variants, affect genes in a manner that together or on their own can result in an ASD phenotype^{4,7}. Current clinical guidelines therefore recommend genetic testing of individuals (usually children) with a diagnosis of ASD to determine any underlying genetic susceptibility that contributes to the disorder⁸. Although identifying the genetic contribution to the ASD phenotype cannot replace the behavioural diagnosis, it may help to explain its aetiology, inform the likelihood of recurrence, which can be important for family planning, support management of associated medical conditions, and potentially support genetically tailored treatment in the future⁹⁻¹¹. This approach is in line with the revised classification of ASD in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5)¹², whereby “association with a known genetic condition” can be annotated as a specification¹³. While the specifier confirms a defined genetic contribution to the observed ASD phenotype, it does not necessarily imply a specific behavioural subtype of ASD, and the diagnosis of ASD remains behaviourally defined.

Clinical genetic testing for ASD has increased and will continue to expand with the wider implementation of high-throughput sequencing¹⁴. Having a list of genes with sufficient evidence to support a relationship with ASD is crucial for the genome-wide testing of individuals with ASD (Box 1). The availability of a list of genes systematically curated for ASD relevance would increase the consistency of testing across laboratories and decrease the burden of curation, as many genes for ASD are likely still to be identified. An ASD-relevant gene list will also be useful when sequencing individuals with ASD, to focus the search for mutations and increase the efficiency of analysis.

To address the complexity inherent to ASD genetics, the field continues to develop statistical methods to identify common variants with individually small effect sizes through genome-wide association studies as well as rare variants identified in sequencing studies that approximate a Mendelian pattern of disease inheritance¹⁵⁻¹⁷. Although important to advance the field, these methods do not provide an unequivocal strategy to evaluate the extent to which available evidence supports a clinically relevant relationship between a given gene and ASD. As a result, there is substantial variability in the genes included on autism genetic testing panels and the lists of genes used to interrogate the exome or genome for an ASD phenotype¹⁸.

The lack of a standardized approach for evaluating evidence supporting a clinically relevant relationship between a gene and ASD represents a challenge in clinical practice, both for providers ordering genetic tests and the laboratories offering the respective panels¹⁸. ASD is often grouped with other brain-related phenotypes, such as intellectual disability (ID) and epilepsy, into a broader category of NDDs. To the best of our knowledge, all genes implicated in ASD to date are also involved in at least one other NDD. Currently, there is no consensus about which NDD genes have sufficient evidence to support a relationship to ASD.

Guidance was sought from an international multi-disciplinary group of experts in ASD and clinical genetics, who have met remotely for the past year following a 2-day meeting in September 2018, sponsored by the University of Toronto McLaughlin Centre. The group reviewed existing gene–disease validity evaluation frameworks¹⁹⁻²² to determine whether

one could be adopted to serve the needs of the clinical community for documentation of genes relevant to ASD. As the purpose is to define an ASD-relevant gene list for use in a clinical setting, criteria for inclusion will be more stringent than they would be for a discovery-driven agenda^{23,24}. The Clinical Genome (ClinGen) Gene–Disease Validity curation framework was selected as a starting point. ClinGen is an initiative that has developed a systematic framework explicitly aimed at assessing the clinical relevance of genes, and this framework has been implemented successfully for an increasing number of phenotypes, including NDDs^{19,21,22}. In this Roadmap, we propose that standardized and transparent evaluation of the evidence supporting the relationship of a gene to the ASD phenotype is an important next step. Ideally, the outcome of such additional evaluation would be embedded as an additional annotation to each of the genes curated for NDD through such a framework.

Neurodevelopmental disorders

The term NDD is widely used in research and clinical practice and describes a range of developmental disorders associated with the central nervous system, including but not limited to ID, ASD and epilepsy. However, NDD is neither a clinically valid diagnosis nor a diagnostic classification term. Of note, there is no uniformly accepted definition of NDD; for instance, in the DSM-5¹², NDD encompasses a broad range of over 25 disorders, including ID, ASD, attention deficit hyperactivity disorder (ADHD), communication disorders, specific learning disorders, stuttering and tic disorders¹². In a research context, the definitions of NDD are variable and may or may not include epilepsy, schizophrenia, bipolar disorder and specific genetic disorders²⁵⁻²⁸.

Despite these variable definitions, the NDD grouping provides a useful concept, as it captures the full breadth of phenotypic impact of many pathogenic variants. The NDD concept is widely adopted in laboratory testing and clinical genetics^{29,30}. From a pragmatic perspective, this is a reasonable starting strategy; once genes with strong evidence for a role in NDDs are identified, the more specific relationship to any subsumed phenotypes, such as ASD, epilepsy or ID, can be evaluated. From an epidemiological perspective, this first step is further understandable given the high co-morbidity among these disorders, which exceeds that which would be expected by chance¹.

Of note, while genes thus far associated with ASD have also been associated with other brain-related disorders commonly under the umbrella term NDD — in particular ID and epilepsy³¹ — genes may yet be identified that are more relevant to ASD and less so (or not at all) to other NDDs. Indeed, recent studies provide evidence for variants that significantly affect ASD phenotypes and less so intelligence quotient^{4,32-34}. However, in the context of current evidence, when evaluating gene–phenotype validity, consideration of the compound NDD phenotype is rational^{28,30}. At the same time, knowledge about a gene association that is specific to the ASD phenotype may be valuable in clinical care for the individual patient and family, and useful to focus research questions in precision medicine concerning ASD^{11,25}. In this regard, the relationship between ASD and ID may be of particular interest.

ASD and intellectual disability.—Epidemiological studies show that ASD and ID can manifest independently. About 55% of ASD diagnoses involve individuals in the average to (very) high range of intellectual functioning¹, whereas approximately 60–90% of individuals with ID (including profound ID) do not meet criteria for ASD³⁵. Current insights into the complex relationship between these two phenotypes are evolving³⁶ as illustrated, for example, by the observation that ASD prevalence in the USA has increased simultaneously with a decrease in reported population rates of ID^{37–39}. Of note, many large-scale studies analyse genetic variants for aggregate phenotypes, preventing identification of phenotype-specific effect of genes that may exist.

ASD and ID have different attributes: ASD is characterized by atypical social communication, the presence of restricted or repetitive behaviours or strong interests, and preoccupations that interfere with function¹. By contrast, ID comprises impaired intellectual and adaptive functioning. The nosological distinction between ASD and ID is well supported, indicating that behavioural symptoms reliably discriminate between the two^{40,41} and distinguish concurrent ID and ASD^{42,43}. Of note, several behaviours — including responsiveness to name^{44,45}, emotional expression⁴⁵ and eye gaze pertinent to social interactions^{44,46} — can sometimes distinguish between these disorders as early as 12 months of age⁴⁷.

Recognizing ASD as a phenotype when assessing the clinical relevance of a gene is important because of existing differences in the clinical management of people with only ASD, people with ASD and ID, and those with only ID. Features such as developmental expectations, areas of adaptive strengths and weaknesses, patterns of co-morbid psychopathology⁴⁸, academic needs and required support⁴⁹ are all relevant to prognosis and treatment choices⁵⁰.

ASD and epilepsy.—Like ASD, epilepsy can be considered one of the NDD phenotypes. Similar to ASD, epilepsy is a heterogeneous condition, with many genes and co-morbidities involved. Epilepsy, therefore, stands to benefit from the evaluation of evidence in support of a gene's relationship to a seizure disorder specifically, because it is a distinct phenotype, with clinical implications that differ from other NDD phenotypes. Indeed, application of the ClinGen framework for the curation of genes relevant to epilepsy has recently been initiated⁵¹.

Heterogeneity in the evaluation of ASD

An effective curation process depends on high-quality data from both the genotype and phenotype arms^{21,22}. For a behaviourally defined condition such as ASD, where the key features can overlap with several other NDDs, the definition of the phenotype being curated is crucial. A diagnosis of ASD should be made according to conventional diagnostic criteria, as defined by the DSM-5¹² and the International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10)⁵², based on a phenotypic description of difficulties in social communication and restricted, repetitive behaviours¹. The diagnostic process typically involves direct observation and an evaluation of developmental history from multiple informants (for example, parents, teachers and family physicians)

preferably by a trained clinician and supported by the use of standardized assessment tools¹. It is well recognized that there is variability in the diagnostic approach used by different clinicians (for example, neurologist, developmental pediatrician, child psychiatrist or psychologist) and in clinical versus research settings. As a result, the quality of the diagnostic information reported can vary, which may influence diagnosis in cohorts being collected for genetic studies. In addition, descriptions of the phenotype and phenotyping process for ASD are highly variable in the published literature. Some studies explicitly mention conventional (DSM/ICD) criteria, often with documentation of the ASD assessment tools or diagnostic process used, whereas others only mention ‘ASD’ or even ‘ASD traits’ or ‘autistic behaviour’. This variability in the quality of reporting ASD phenotypes is a major concern in the process of evaluating genetic associations and should be taken into account when interpreting evidence.

Genetic complexity of ASD

The complex genetic architecture of ASD makes it difficult to delineate the specific clinical impact of gene variants. By studying ASD cohorts, an increasing number of genes are being identified that, when having altered function or dosage, can result in or include an ASD phenotype in a proportion of carriers^{4,34,53,54}. Examples include copy number variation (CNVs), such as deletions or duplications at 16p11.2 (ASD expressed in ~20–25% carriers)^{55,56}, deletions at 22q11.2 (ASD expressed in ~20–25%)^{57,58} or 22q13.3 (ASD expressed in 84%)⁵⁹, as well as sequence variants (usually rare, *de novo* or inherited variants) in genes such as *ARID1B*, *CHD8* or *SCN2A*^{33,60–62}. Of note, for some genes affected by deleterious variants, the associated prevalence of ASD is higher than that of ID, indicating that at least a proportion of individuals has ASD without ID^{32–34,63} (for example, some individuals affected by pathogenic variants in *PTEN*⁶⁴). However, the evaluation of the penetrance of ID and ASD is likely to be affected by the imposition of a categorical division onto a quantitative phenotype. Furthermore, the impact of a pathogenic variant could be obscured when the phenotype falls within population norms, despite deviation from the expected given the phenotype in parents and siblings without the pathogenic variant²⁹. However, the categorical distinction (for example, between those with and those without ID or ASD) remains valuable and constitutes much of the basis on which gene–phenotype relationships are currently assessed. From this viewpoint, it is noteworthy that reports on individuals with pathogenic variants include probands with ASD who do not have ID (for example, *CHD8*⁶², duplications or deletions at 16p11.2^{55,65,66}, and deletions at the X-linked *PTCHD1-AS* locus⁶⁷).

Adding to the genetic complexity of ASD⁶⁸ are the roles of somatic mosaicism⁶⁹, differences in phenotypic expression of ASD between male and female individuals⁷⁰, pleiotropy, reduced penetrance and variable expressivity — phenomena that may also have an impact on clinical phenotypic manifestations. Pleiotropy refers to the impact of the same genetic variant in multiple systems or tissues (for example, cardiac defects and endocrine disorders in addition to ASD^{71,72}). Reduced penetrance means that the genetic variant does not always manifest with a phenotype. Variable expressivity refers to the range of manifestations of a given genotype among different individuals with the same genetic variant (for example, levels of ID severity)⁷³. These phenomena are not

specific to ASD but may also be important in other disorders or phenotypes grouped under NDDs, including ID²⁹. The incomplete penetrance and variable expressivity of ASD in the presence of a high-impact genetic variant may be under the influence of additional genetic variation⁷⁴⁻⁷⁶, including common genetic variation⁷ or epigenetic factors⁷⁷⁻⁷⁹ and possibly environmental contributions⁸⁰. A polygenic risk score, which expresses the cumulative impact of thousands of common variants on the probability of a phenotypic outcome, for ASD explains approximately 2.5% of the observed variance⁸¹ and has therefore no clinical use as a risk prediction tool in the general population at this time. With such genetic and phenotypic complexity underlying ASD, there needs to be a consensus framework to assess the relevance of NDD genes to ASD. This issue is all the more relevant because some genetic studies combine cases of ASD and other non-ASD phenotypes within the NDD group, apparently to increase sample size (for example, see Refs.^{82,83}), which can influence results, including the composition of gene lists arising from these studies.

A gene evaluation framework for ASD

Strategies have been proposed to systematically assess the evidence for involvement of genes in disease aetiology^{20,84}. For the ASD research community, the SFARI Gene database [<https://gene.sfari.org/>] is a well-known resource in this regard⁸⁵, and guided by a panel of advisors, it provides a growing list of genes (n = 913 at present, grouped into tiers), for which publication evidence of association with ASD is presented. However, although SFARI Gene is a structured and valuable resource⁸⁴, it currently does not seem to provide a systematic curation framework for evaluating the extent to which genes have a clinically relevant relationship with ASD, perhaps favouring research questions. A recently published clinical report on the evaluation and treatment of ASD by the American Academy of Pediatrics (AAP)⁸⁶ lists 22 selected ASD risk genes identified or confirmed in whole-exome studies, which includes *KDM5B*, a gene that does not achieve the highest SFARI score for association with ASD risk. A recent review on ASD genetics⁸⁷ and a recent genome sequencing study³³ further illustrate the current lack of consensus (Fig. 1).

The ClinGen curation process.—The ClinGen Gene–Disease Validity curation process evaluates the level of evidence supporting a given gene–phenotype relationship and stratifies this into six classifications (from refuted to definitive) using both genetic and experimental evidence. The curation process has been outlined previously¹⁹ and follows a detailed Standard Operating Procedure (Ref-Version 6, August 29, 2018). Briefly, the following are critical steps in the procedure. First, the disease entity for which the gene will be curated is established, as is the mode of inheritance. For the purposes of the proposed framework, the disease entity is defined as ASD, regardless of the presence or absence of co-morbid phenotypes. The second step consists of the (broad) collection of evidence including peer-reviewed literature and variant databases. Genetic evidence is assessed based on various study types, including case reports and case series, but also statistical associations reported in case–control and linkage studies. Experimental evidence is evaluated, including expression studies, *in vitro*, *ex vivo* and *in vivo* studies, always taking construct validity and face validity into consideration. Acknowledging that interpretation of experimental evidence is often not indisputable, in particular with regard to neurodevelopmental and psychiatric conditions, the curation system limits the number of points that can be achieved in the

experimental category. Thus, the final classification cannot get beyond the lowest category ('Limited') unless genetic evidence is also available. Third, all evidence is summarized and scored using a detailed scoring matrix. The fourth and final step consists of a multidisciplinary expert review of evidence, which generates the final classification for the gene–disease relationship. This ClinGen framework was originally intended for a variety of Mendelian disorders and has been incrementally adapted for more complex disorders²².

Adapting the ClinGen framework for ASD.—Building on the existing ClinGen curation efforts towards a list of NDD-associated genes (which sometimes draw from studies of ASD), we propose the same framework be applied to evaluate the evidence for involvement of NDD genes in ASD through a curation process that weighs the quality of peer-reviewed evidence (Fig. 2). Genes for curation are selected based on their reported relevance to ASD (beginning with those from existing NDD lists), starting with strong candidates, as judged by the number of independent peer-reviewed studies and individuals reported with relevant variants. To address the variable quality of information available regarding the ASD phenotype, we propose an algorithm for its systematic evaluation (Fig. 3), the output of which is used in the gene curation procedure. Scoring adjustments will account not only for quality of the information available on the ASD phenotype (Fig. 3) but also issues specific to ASD (Table 1). For example, additional aspects, currently not yet taken into consideration in the curation process, include the higher phenotypic resilience or different phenotypic expression in women⁸⁸⁻⁹⁰, as well as the fact that parents or siblings may have ASD even in the absence of the putatively pathogenic variant^{32,91,92}. After attributing an evidence-based score for a gene's relevance to ASD, additional comments may be added (pleiotropic effects, incomplete penetrance and variable expressivity). This information will be made publicly available and updated on an ongoing basis.

The principal question to be addressed by the curation process is whether a given gene, when affected by a deleterious variant, could account for phenotypic findings of ASD in the individual carrying that genetic variant, regardless of any other associated phenotype (for example, ID or epilepsy). The outcome of the curation process reflects the results of a systematic evaluation of all available evidence regarding a possible relationship between a gene and ASD specifically. Importantly, specificity does not imply exclusivity; the same gene can also be associated with other phenotypic outcomes.

Exemplary use of the proposed strategy

To demonstrate the proposed approach, we curated eleven potential ASD genes: *ADNP*, *ANK2*, *ARID1B*, *DSCAM*, *KATNAL2*, *KDM5B*, *MEF2C*, *NLGN4X*, *NRXN2*, *SYN1* and *VPS13B*. These genes illustrate how the proposed framework for ASD specifically may generate classifications that differ as a function of source (for example, ClinGen, SFARI, AAP Clinical Report publication). For each gene, we scrutinized all publications indicating a relationship between the gene and ASD, extracting from main text and supplementary materials all available details about the diagnostic methods used and descriptions of ASD phenotype and intellectual ability. First, for each case contributing to genetic evidence we generated a preliminary score following the ClinGen framework. Subsequently, we determined the level of confidence in the reported ASD phenotype for each counted case,

based on the systematic evaluation of the quality of diagnostic method and information on cognitive ability (Fig. 3). The level of confidence in the reported ASD phenotype was then used to adjust the preliminary ClinGen framework scores into a final score that was tallied and categorized to reflect the level of evidence available to support a relationship between the given gene and ASD (Table 2). Supplementary Table 1 provides detailed information on the scoring process. Variants with similar predicted impact on protein function were awarded fewer points when confidence in the reported ASD phenotype was low, compared to cases with a high-confidence phenotype. This process is illustrated in the scoring of *VPS13B*. Frameshift variants reported in Family AU-21100 explicitly mentioned that an experienced clinician (neurologist, child psychiatrist or psychologist) provided the ASD diagnosis⁹³. By contrast, another study also reported frameshift variants, but without information about how the ASD diagnosis was derived⁹⁴. To reflect the lower confidence in the ASD phenotype in the latter study, one point was deducted from the default (2 points), whereas no points were deducted from the first case (Supplementary Table 1).

Cognitive ability information can lower the confidence in the ASD phenotype despite the use of gold standard testing methods. For instance, in the scoring of *NLGN4X*, a male patient was diagnosed as having ASD according to DSM-IV criteria, but profound ID was also noted⁹⁵. In individuals with profound ID, the validity of the ASD diagnosis is reduced⁹⁶; hence, scoring for this case was adapted to reflect that. The ClinGen procedure recommends score adjustment if variants similar to those observed in probands are also observed in unaffected individuals. This may explain why some genes generated lower classifications by our curation even though these genes are considered robust ASD risk genes in the existing literature. For example, both *KATNAL2* and *ANK2* received the highest score by SFARI Gene and are included in the 22 selected ASD risk genes by the American Academy of Pediatrics⁸⁶. For *KATNAL2*, the pLI score listed in the gnomAD database (<https://gnomad.broadinstitute.org/>) is 0, indicating that loss-of-function variants are tolerated in the population. Indeed, loss of function variants reported in this gene are frequently also observed in clinically unaffected parents^{32,60}, which puts into question whether haploinsufficiency of *KATNAL2* is a plausible mechanism associated with ASD risk. Along the same line of reasoning, *ANK2* scoring was downgraded because the missense variants observed in this gene were reported also in unaffected individuals^{97,98}, and evidence of an impact on protein function was lacking.

Additional scoring adjustments can be considered to reflect the genetic complexity in ASD. For example, in contrast to the evaluation of typical Mendelian disorders, in ASD, an autosomal dominant variant transmitted from an unaffected mother to an affected son may be considered contributory⁹⁹. Similarly, a variant not shared between two affected siblings may still be relevant^{32,92} (Supplementary Table 1).

Reporting gene associations with ASD

The proposed systematic evaluation of existing genetic studies in ASD can be used as a guideline for investigators planning to report on genetic findings in patients with ASD (Box 2). Some of the challenges related to the quality of the ASD phenotype are the consequence of missing information that may have been avoidable. For example, not reporting the

assessment methods that were used to diagnose ASD reduces the degree of confidence in the phenotype. Similarly, it is essential to report cognitive assessment and results. The term “(global) developmental delay” seems to be used frequently to suggest a certain degree of ID, whereas it is actually a non-specific term for young children who are not meeting or have not met developmental milestones¹². Unfortunately, in case reports it is often used as a phenotypic descriptor in older individuals, which makes it difficult to interpret; theoretically, the subject may have anywhere from profound ID to intellectual abilities within the normal IQ range. Similarly, the interpretability of genotype findings can be complicated by the use of ambiguous nomenclature, or lack of reporting of technologies, including aspects of the informatic pipelines such as the version of the genome-build used.

Conclusions

For queries about genetic testing in ASD, there is a need to robustly document the level of evidence in support of the involvement of an NDD-associated gene with ASD itself. The subset of genes that, when altered, result in a high likelihood of an ASD phenotypic outcome is fairly straightforward to evaluate. Those genes with lower relative risk of ASD require the development of thresholds to define the contribution to ASD probability and a system to quantify the proportion of ASD among non-ASD phenotypes under the NDD umbrella. At present, for genes included in existing diagnostic panels, it is often unclear whether and how these parameters were assessed, or to what extent genes were included based on association predominantly with other non-ASD neurodevelopmental phenotypes.

With a curated ASD-relevant gene list, clinical laboratories can design and/or test panels and/or gene prioritization algorithms based on the currently available evidence, and health care providers can order and interpret genomic tests with more confidence, according to their needs. Test indications may be set broadly for NDDs that are unspecified at the time of genetic testing, using the complete NDD gene list, or offer to focus on the most relevant genes for other disorders, such as epilepsy. The ClinGen framework provides a good path forward to at least initially examine rare, presumed high-impact variants in NDD genes for their role more specifically in ASD. Of note, other psychiatric conditions, such as schizophrenia, may benefit from a similar curation framework outlined in this manuscript.

We believe it is imperative that a broad, international consensus be reached regarding genes related to the aetiology of ASD and the strength of the evidence supporting each such gene. We currently fail to exploit the full potential of published genetic studies in ASD, in part because the phenotypic and genotypic information in a substantial number of reports is incomplete and/or ambiguous. Thus, we propose a systematic evaluation framework model that can be used to build an evidence-based list of genes relevant to ASD. The elements composing this framework also provide guidelines for researchers for future publications, maximizing their contribution to our understanding of the genetic underpinnings of ASD.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Box 1.**Characteristics of the proposed list of genes relevant for ASD**

This list will:

- Identify genes that have sufficient evidence of relevance to ASD when affected by deleterious genetic variants
- Provide a route towards identifying an underlying genetic condition that contributes to the ASD phenotype
- Contribute to insight into biological mechanisms involved in the etiopathology of ASD

This list will not:

- Replace the behavioural diagnosis
- Imply specificity for ASD alone (effects may be pleiotropic)
- Negate the need for an NDD, ID, or any other gene list
- Be fully comprehensive; rather, it is a work-in-progress and thus not to be used to exclude a clinical genetic diagnosis
- Predict specific type or severity of ASD

Box 2.**Guidelines for reporting ASD genotype–phenotype studies**

To maximize the informative potential of genetic studies in ASD, the following elements should be considered.

Genetic information

- Follow latest recommendations for sequence variant nomenclature.
- Report genome build and gene transcript in which variants are reported.
- Mention other variants found in addition to the primary one.
- Use p. and c. nomenclature of variant (where ‘p’ denotes protein reference sequence and ‘c’ denotes a coding DNA reference sequence); specify exact breakpoints of structural variants or note when unknown.
- Report technology that was employed to detect variant and whether findings were validated.
- Report the inheritance of the variant (*de novo* versus inherited) and possible segregation within the family.
- Report frequency in general population/control databases at time of publication

Phenotype information

- Describe how the diagnosis of ASD was made; the involved clinical expertise and what (validated) ASD assessment tools were employed.
- Report any available information on intellectual ability, including the test(s) administered and scores.
- If formal intellectual assessment was performed, use adequate classification terms in accordance with *Diagnostic and Statistical Manual of Mental Disorders* and *International statistical Classification of Diseases* criteria.
- Large cohort studies should include a (supplementary) table with the above-mentioned information for each subject, or at minimum for those subjects identified with (putatively) deleterious genetic variants. Tables should be organized such that phenotype and genotype information can be evaluated together.

The highest degree of information can be obtained when parental phenotypic information is provided, recognizing that features of ASD can be present (or present at sub-clinical levels). If parents are reported as without any ASD or related difficulties, investigators should report whether parents were formally assessed, and if so, what instruments were used.

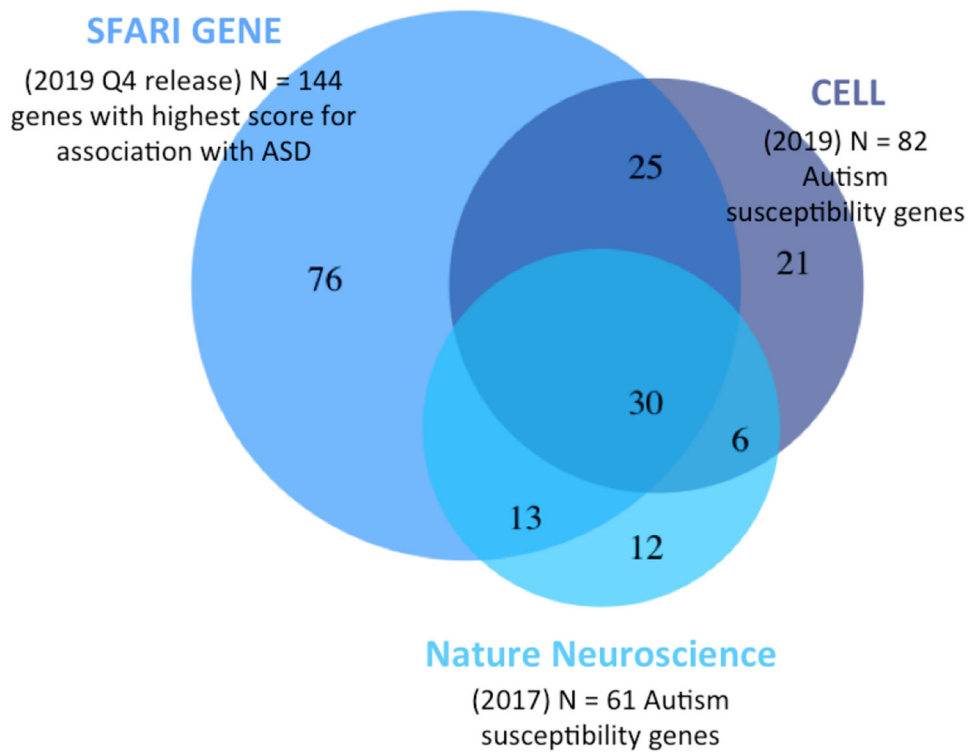


Fig. 1. Overlap between three sets of genes considered to be associated with ASD susceptibility. At the time of the submission of the manuscript, SFARI GENE (<https://gene.sfari.org>) has scored 913 genes; of these, 144 genes received the highest score (Category 1; High Confidence). Iakoucheva et al.⁸⁷ reported 106 ASD susceptibility genes, of which 82 have been evaluated by SFARI Gene to date. Yuen et al.³³ reported 61 ASD susceptibility genes, all which have been evaluated by SFARI Gene to date. In both gene sets^{33,87} a third of genes did not yield the highest SFARI score for ASD association, and only a total of 30 genes were shared between these three gene sets.

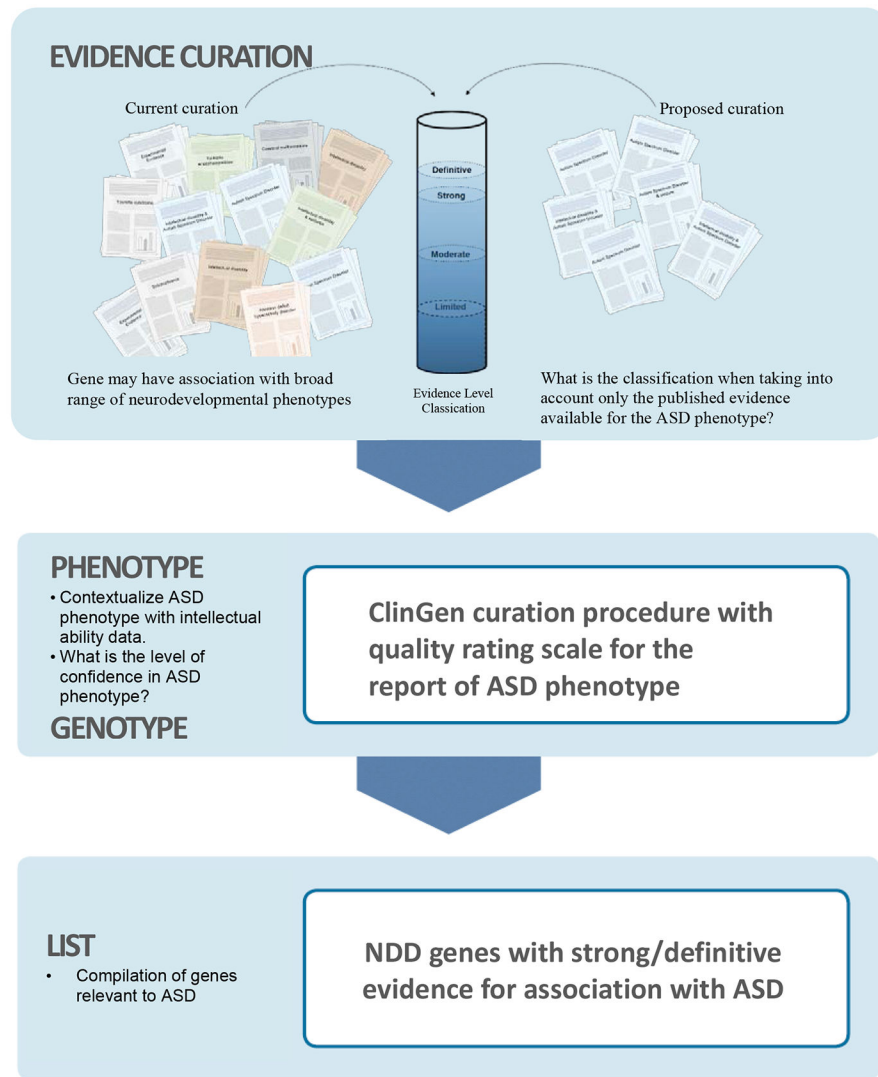


Fig. 2. Proposed pipeline.

Step 1, Evidence curation to evaluate strength of a gene-disease relationship based on publicly available genetic and experimental evidence. Select gene with reported association with ASD, regardless of additional phenotypic associations. We will start with genes with highest level of available evidence. Step 2, PHENOTYPE and GENOTYPE data: consists of two components, i) systematic evaluation and consensus rating of the quality of report of the ASD phenotypes in the evidence collected by the ClinGen procedure (Table 1), and ii) application of the ClinGen evaluation process for genetic evidence as outlined by Strande et al. Table 2). Step 3, LIST compilation: any NDD gene that scores as strong or definitive category for association with ASD will be included on the list.

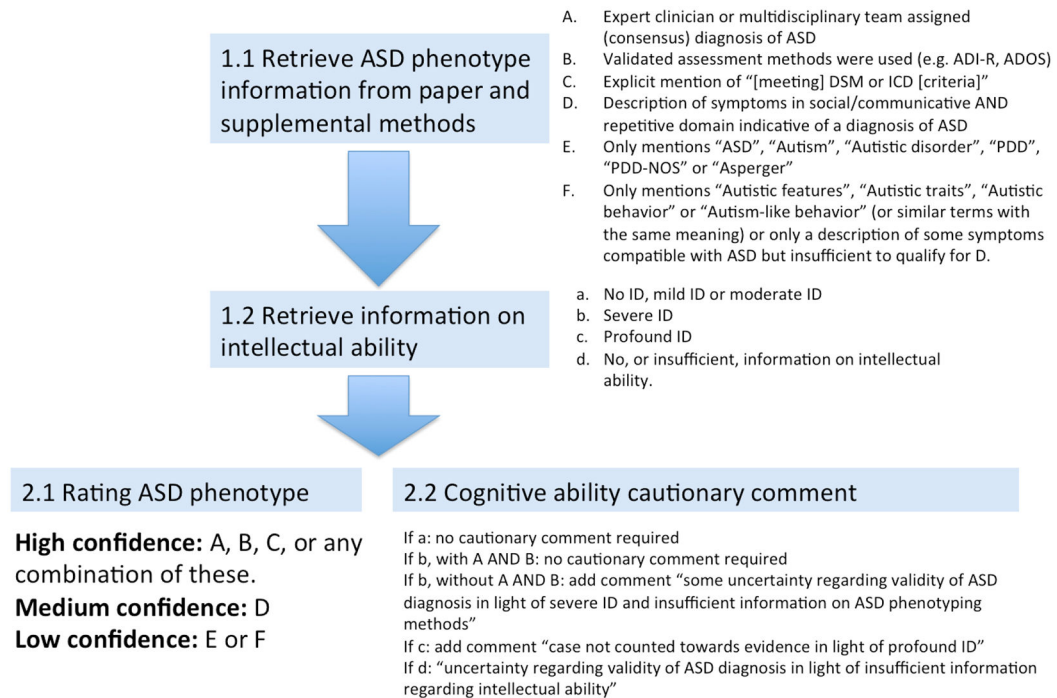


Fig 3. Systematic evaluation of quality of the ASD phenotype report.

Six phenotype experts independently scored eight published reports¹⁰⁰⁻¹⁰⁷ using this algorithm; results indicated 98% consistency regarding the rating of low, medium and high confidence in the reported ASD phenotype, and 90% consistency regarding the cognitive ability information. Proposed scoring adjustments: If default score is 2 (ClinGen default for *de novo* variant): low confidence (−1) and medium confidence (−0.5); if default score is 1.5 (ClinGen default for an inherited variant that is predicted/proven null): low confidence (−0.5) and medium confidence (−0.25); if default score is 0.5 (ClinGen default for an inherited variant not predicted/proven null, with some evidence of gene impact, e.g. missense variant with functional evidence supporting pathogenicity): low confidence (−0.25) and medium confidence (−0.1). For all default scores: Cognitive ability comments applied to all default scores: profound ID (c): case not counted towards curation; insufficient information regarding intellectual ability (d): scoring adjustments optional and decided by expert review. Note that these rules are tentative and may be adjusted based on increasing curation experience, but have been maintained consistently across all curations thus far. ADI-R, Autism Diagnostic Interview- Revised; ADOS, Autism Diagnostic Observation Schedule; DSM, Diagnostic and Statistical Manual of Mental Disorders; ICD, International Statistical Classification of Diseases; PDD, pervasive developmental disorder; PDD-NOS, pervasive developmental disorder-not otherwise specified.

Table 1.

Aspects of ASD that may affect gene curation

ASD consideration	Issue
Phenotype	
Diagnostic process in ASD varies with differences in the quality of the assessment	Is the phenotype ASD?
Sex of the affected individual and the parent transmitting the variant will impact expression of ASD phenotype for some genes	How will sex of the individuals or transmitting parents be factored into evaluation of association evidence?
Genotype	
The etiopathology of ASD is only partly known and may converge on different pathways	How can function/alterations be assessed if disease mechanism is unclear?
Unlike most disorders, ASD and ASD traits may be present in the parents and/or siblings	What weight to assign inherited vs. de novo variants?
Methodological	
Variants may be present in control population databases, but more prevalent in ASD cohorts	How does scoring system account for lower impact genes?
Case-control studies for ASD do not typically match for age, ethnicity, and sex	How to evaluate results from large case-control data?
The interpretation of behavioural findings from animal models for ASD is challenging	Is the observed animal behaviour reflective of ASD or something else?

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Table 2.

Scoring outcome in 11 exemplary genes

Gene	Existing ClinGen Curation	Proposed additional annotation of evidence in support of a relationship with ASD ^a
<i>ADNP</i>	NA	Definitive (score = 14.5)
<i>ANK2</i>	Definitive (Brugada Syndrome)	Moderate (score = 10.8)
<i>ARID1B</i>	Definitive (Coffin–Siris Syndrome)	Definitive (score = 12)
<i>DSCAM</i>	NA	Definitive (score = 12)
<i>KATNAL2</i>	NA	Limited (score = 4.1)
<i>KDM5B</i>	NA	Limited (score = 2.8)
<i>NRXN2</i>	NA	Moderate (score = 7)
<i>NLGN4X</i>	Definitive (Complex NDD)	Definitive (score = 12)
<i>MEF2C</i>	Definitive (Complex NDD)	Moderate (score = 9.85)
<i>SYN1</i>	Moderate (Complex NDD)	Limited (score = 2.35)
<i>VPS13B</i>	Definitive (Cohen Syndrome)	Limited (score = 6.35)

See Supplementary Table 1 for a detailed breakdown of the scoring of each gene. ASD, autism spectrum disorder; ClinGen, Clinical Genome; NA, not available; NDD, neurodevelopmental disorder.

^aCalculated classification as outlined in the ClinGen protocol (<https://clinicalgenome.org>; and see SOP Version 6, August 29, 2018).