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# Dissecting the Self-assembly Dynamics of Imperfect Repeats in $\alpha$ -Synuclein

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#### Abstract

The pathological aggregation of  $\alpha$ -synuclein ( $\alpha$ S) into amyloid fibrils is the hallmark of Parkinson's disease (PD). The self-assembly and membrane interactions of  $\alpha$ S are mainly governed by the seven imperfect 11-residue repeats of the XKTKEGVXXXX motif around residues 1–95. However, the particular role of each repeat in a S fibrillization remains unclear. To answer this question, we studied the aggregation dynamics of each repeat with up to ten peptides in silico by conducting multiple independent micro-second atomistic discrete molecular dynamics (DMD) simulations. Our simulations revealed that only repeats R3 and R6 readily self-assembled into  $\beta$ -sheet-rich oligomers, while the other repeats maintained as unstructured monomers with weak self-assembly and  $\beta$ -sheet propensities. The self-assembly process of R3 featured frequent conformational changes with  $\beta$ -sheet formation mainly in the non-conserved hydrophobic tail, whereas R6 spontaneously self-assembled into extended and stable cross- $\beta$  structures. These results of seven repeats are consistent with their structures and organization in recently solved aS fibrils. As the primary amyloidogenic core, R6 were buried inside the central cross-β core of all a S fibrils, attracting the hydrophobic tails of adjacent R4, R5, and R7 repeats forming  $\beta$ -sheets around R6 in the core. Further away from R6 in the sequence but with a moderate amyloid aggregation propensity, the R3 tail could serve as a secondary amyloidogenic core and form independent  $\beta$ -sheets in the fibril. Overall, our results demonstrate the critical role of R3 and

Author Contributions

The authors declare no competing financial interest.

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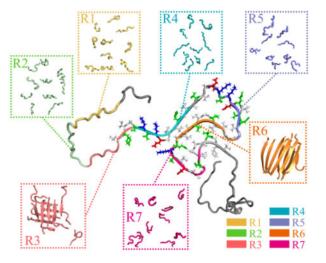
Yunxiang Sun, Feng Ding, and Jiangfang Lian conceived and designed the project; Fengjuan Huang, Ying Wang, and Yu Zhang performed the simulations and analyzed data; Yunxiang Sun, Fengjuan Huang, Chuang Wang, and Feng Ding wrote the paper, and all authors approved the manuscript.

Supporting Information: The Supporting Information is available free of charge at the website:

The convergence assessments for the simulations of each repeat (Figure S1–S3); the sequence alignment of  $\alpha$ S repeats(Figure S4); the secondary structure analysis for each residue in self-assemblies of R1, R2, R4, R5, and R7 (Figure S5); the residue-pairwise contact frequency analysis within the self-assemblies of R3 and R6 repeats (Figure S6); the root-mean-square fluctuation (RMSF) analysis for the self-assemblies of R3 and R6 (Figure S7). (**PDF**).

R6 repeats in a S amyloid aggregation and suggest their potential as targets for the peptide-based and small molecule amyloid inhibitors.

#### **Graphical Abstract**



#### Introduction

Misfolding and pathological aggregation of  $\alpha$ -synuclein ( $\alpha$ S) into amyloid fibrils are associated with several neurodegenerative diseases, including Parkinson's disease (PD), multiple system atrophy, and dementia with Lewy bodies.<sup>1, 2</sup> Similar to other amyloid disease-related peptides (e.g., amyloid- $\beta$ , islet amyloid polypeptide, and tau), the fibrillization of  $\alpha$ S features a common sigmoidal curve with three phases, corresponding to the nucleation of monomers into oligomers and proto-fibrils, as well as the rapid elongation and saturation of proto-fibrils into mature fibrils.<sup>3, 4</sup> The monomers of a.S are generally disordered in solution and assume partial helices in the presence of lipid membranes.<sup>5, 6</sup> The experimentally determined patient-derived a S fibrils feature a common cross- $\beta$  core with closely packed parallel in-register  $\beta$ -sheets and the composite  $\beta$ -strands aligned perpendicularly to the fibril axis.<sup>4, 7, 8</sup> Soluble oligomers of aS formed during the early amyloid aggregation stage are more toxic than the mature fibrils<sup>9</sup>, but their structures are still elusive. Prior studies have demonstrated that inhibiting a Sagregation can effectively prevent its cytotoxicity, making the development of anti-amyloid inhibitors a promising therapeutic strategy against PD.<sup>10-12</sup> Therefore, characterizing the early stages of aS aggregation and elucidating the molecular-level aggregation mechanism are crucial for understanding the pathogenesis of a S aggregation-related diseases such as PD, as well as for designing therapeutic amyloid inhibitors.

The sequence of full-length  $\alpha$ S comprises three distinct domains: one positively charged N-terminus domain of residues 1–60, which adopts an  $\alpha$ -helix upon binding to negatively charged membranes<sup>13</sup>; one hydrophobic central domain of residues 61–95 known as non-amyloid component (NAC), which is necessary and sufficient for the aggregation of  $\alpha$ S<sup>8, 14</sup>; and one strongly acidic and negatively charged C-terminal domain, which is very flexible in

the monomers, oligomers, and fibrils of  $\alpha$ S<sup>7</sup>. Monomers of  $\alpha$ S are natively disordered with transient long-range intradomain interactions, resulting into a smaller radius of gyration than expected for a fully unfolded 140-residue protein.<sup>15</sup> Prior experimental and computational studies have shown that the long-range interactions drive  $\alpha$ S monomers to form some metastable compact globular conformations.<sup>3, 16, 17</sup> Apart from the NAC domain, a portion of the N-terminal domain also participates in forming the cross- $\beta$  core of  $\alpha$ S fibrils.<sup>7</sup> In the fibrillar form, the  $\alpha$ S adopts an in-register parallel  $\beta$ -sheet conformation with the  $\beta$ -sheet residues spanning 38–95, while the rest of the terminal residues likely assume unstructured conformations.<sup>7, 18–20</sup> The truncation of the C-terminus enhances the aggregation rate of  $\alpha$ S, suggesting that the presence of the C-terminal tail might protect against amyloid aggregation.<sup>17, 21</sup>

In the N-terminal and NAC domains important for  $\alpha$ S aggregation, there are seven imperfect 11-residue repeats with a core sequence motif of KTKTGV (also known as the XKTKEGVXXXX motif, all repeat sequences listed in Table 1) are present, postulated to be responsible for membrane binding and amyloid aggregation of  $\alpha$ S.<sup>4</sup>, <sup>22</sup> Deletion of the first two repeats of residues 9–30 enhances the aggregation rate of  $\alpha$ S<sup>22</sup>. The aggregation tendency and cytotoxicity of  $\alpha$ S would be significantly suppressed when the segment of residues 36–42 from repeat 3 or 45–57 from repeat 4 are deleted.<sup>4</sup> Prior experimental study has shown that residues 47–56 preceding the NAC domain, known as preNAC, play an important role in the aggregation of  $\alpha$ S.<sup>8</sup> Six out of seven  $\alpha$ S familial single-point mutations associated with early-onset PD including E30P, E46K, H50Q, G51D, A53T/E/V are located within the 4th repeat and lead to distinct aggregation tendencies and cytotoxicity.<sup>23, 24</sup> Given the important roles of these repeats in  $\alpha$ S amyloid aggregation, it is necessary to characterize the propensity of each individual repeat to self-assemble and form  $\beta$ -sheet rich aggregates.

In this study, we systematically examined the self-assembly dynamics of each imperfect repeat of aS through a large number of long-timescale atomistic discrete molecular dynamics (DMD) simulations. DMD is a rapid and predictive molecular dynamics algorithm widely used to study protein folding and amyloid aggregation.<sup>17, 25-28</sup> For each repeat, we conducted 30 independent aggregation simulations of ten peptides with each simulation lasting 1000 ns. Our simulations revealed that only R3 and R6 readily self-assembled into  $\beta$ -sheet-rich oligomers with distinct conformational dynamics. R3 oligomers were metastable with frequent dissociation/reassociation, and  $\beta$ -sheets were primarily formed by hydrophobic non-conserved tails. In contrast, R6 repeats readily formed extended stable  $\beta$ -sheets, with all residues participating in  $\beta$ -sheet formation, consistent with prior computational and experimental studies<sup>8, 14</sup>. The other repeats mainly assumed isolated and unstructured monomers. Our results of all seven repeats are consistent with their structures and organization in recently solved a S fibrils.<sup>7, 18–20</sup> Specifically, the weak  $\beta$ -sheet and aggregation tendencies of R1 and R2 render them structurally-unresolved, and thus, the experimentally determined aS fibril starts from the hydrophobic tail of R3 until the end of the NAC region<sup>7, 18–20</sup>. With the highest amyloid aggregation propensity, R6 repeats were buried inside the central cross- $\beta$  core in the  $\alpha$ S fibril.<sup>18–20</sup> Although the isolated R4, R5, and R7 repeats around R6 displayed weak self-assembly tendencies for forming  $\beta$ -sheet-rich aggregates, the fibrillization of the R6 repeat could facilitate their hydrophobic tails adopting

 $\beta$ -sheets. Further away from R6 in the sequence but with a moderate amyloid aggregation propensity, R3 tail could form serve a secondary amyloidogenic core and form  $\beta$ -sheet in the fibril. Therefore, R3 hydrophobic tail and R6 might serve as the targets in designing anti-amyloid inhibitors<sup>10, 11, 29</sup>, or, even as peptide-based competitive inhibitors<sup>30–32</sup>.

#### **Materials and Methods**

#### Molecular Systems.

The amino acid sequences of the seven imperfect repeats of  $\alpha$ -synuclein were listed in Table 1. The initial structure of each repeat was based on the full-length  $\alpha$ -synuclein monomer (PDB: 1XQ8), which was determined under micelle-bound conditions<sup>33</sup>. To achieve sufficient conformational sampling, we performed thirty independent DMD simulations for each repeat, using different initial states (coordinates, orientations, and velocities). Each DMD trajectory lasted 1.0 µs to ensure that equilibrium was attained. In the starting configuration of each independent simulation, ten peptides were randomly placed into a 9.0 nm cubic simulation box, with a minimum inter-peptide distance of no less than 1.5 nm. Further details of all the simulations could be found in Table 1.

#### Details of DMD Simulations.

All the simulations were performed in the canonical NVT ensemble using implicit-solvent united-atom discrete molecular dynamics (DMD) simulations at 300K with the Medusa force field, which has been thoroughly benchmarked for its ability to accurately predict protein stability change upon mutation and protein-ligand binding affinity<sup>34, 35</sup>. In the Medusa force field, bonded interactions, including covalent bonds, bond angles, and dihedrals, as well as non-bonded interactions such as van der Waals and electrostatic terms, are used to describe biomolecules.<sup>36</sup> The VDW parameters of the Medusa force field are based on the CHARMM force field.<sup>37</sup> Water is implicitly modeled using the EEF1 implicit solvation model developed by Lazaridis and Karplus.<sup>38</sup> Hydrogen bond interactions are explicitly modeled using a reaction-like approach.<sup>39</sup> The screened electrostatic interactions are modeled using the Debye–Hückel approximation with the Debye length set to 10 Å. The temperature is maintained by the Anderson thermostat.<sup>40</sup> The units of mass, time, length, and energy used in our DMD simulations are 1 Da, ~50 fs, 1 Å, and 1 kcal/mol, respectively. By approximating interaction potentials with step functions, the sampling efficiency of DMD is significantly enhanced without frequent calculations of forces and accelerations (e.g., every  $\sim 1-2$  fs) in traditional MD simulations. Implicit-solvent methods reduce the number of particles in atomistic simulations by approximating the solvent as a continuum, resulting in faster sampling of the conformational space.<sup>41, 42</sup> The predictive power of DMD simulation with the Medusa force field and EEF1 implicit solvation model has been demonstrated in our previous studies, including the capture of native states with both secondary and tertiary structures in *ab initio* protein folding simulations<sup>36, 43</sup>, and the demonstration of fully consistent computationally-derived conformational ensembles with single-molecule FRET measurements in the conformational dynamics of multi-domain proteins<sup>44, 45</sup>. In addition, the accuracy of Medusa force field with EEF1 implicit solvation model in the aggregation of functional amyloid peptides of suckerin<sup>46</sup> and pathological amyloid polypeptides of hIAPP<sup>26</sup> has been benchmarked by the standard MD simulations

with an explicit solvent model in our prior studies. With significantly enhanced sampling efficiency, the DMD algorithm has been widely used to study protein folding and amyloid aggregation both by our group<sup>17, 25, 26</sup> and by others<sup>27, 28, 47</sup>.

#### Analysis methods.

The secondary structure was determined by using the DSSP (dictionary secondary structure of the protein) method.<sup>48</sup> A contact was considered to have occurred when the minimum distance between heavy atoms of two nonconsecutive residues was within 0.55 nm.<sup>49</sup> Two peptides were considered to belong to the same oligomer if they were inter-connected by at least one intermolecular contact.<sup>50</sup> The total number of peptides within an oligomer was defined as the oligomer size. A hydrogen bond was considered if the distance between the backbone N and O atoms was 3.5 Å and the angle of N-H•••O 120°.<sup>51</sup> Two peptides were considered to form a  $\beta$ -sheet if at least two consecutive residues from each  $\beta$ -strand conformation were inter-connected by more than two backbone hydrogen bonds. A  $\beta$ -sheet oligomer was defined as multiple  $\beta$ -sheets inter-connected by at least one heavy atom contact pair. The total number of  $\beta$ -strands in a  $\beta$ -sheet oligomer and a  $\beta$ -sheet layer was defined as the  $\beta$ -sheet oligomer size and the  $\beta$ -sheet size, respectively. The  $\beta$ -strand length referred to the number of consecutive residues that adopt a  $\beta$ -sheet structure in each peptide. To construct a two-dimensional (2D) free energy surface, the probability of a conformational state having a certain parameter value of x and y, denoted as P(x, y), was calculated and then used to compute the free energy surface as  $-RT \ln P(x, y)$ .

#### **Results and discussion**

For each of the seven imperfect repeats, thirty independent micro-second aggregation simulations of ten peptides were performed to ensure sufficient sampling (Methods). The convergence of simulations was examined by the time evolution of several structural and energetic parameters, including the radius gyration (Rg), inter-peptide hydrogen bonds and contacts, and the probabilities of  $\beta$ -sheet and unstructured (random coil and bend, third column) formations. As illustrated by a typical trajectory of each molecular system (Figure S1, randomly selected out of 30 independent simulation trajectories), all systems reached the steady states in the last 400 ns for the above monitored parameters. The ensemble-averaged time evolution of these parameters over 30 independent simulations also showed no many changes during the last 400 ns, indicating that all the molecular systems were equilibrated (Figure S2). As an intrinsically disordered protein,  $\alpha$ S is highly dynamic and undergo constant conformational changes in solution<sup>5, 6</sup>. Compared to the micelle-bound form, the cytosolic form is expected to be less helical and have more coils<sup>5, 6</sup>. There are no solution structures available in the PDB for the cytosolic form of  $\alpha S^{17}$ . Here, we only used the micelle-bound PDB structure of aS as the starting conformation for each repeat. These initially helical fragments rapidly converted to coils in our simulations (Figures S1-2), suggesting that our results were independent of the initial structures. The aggregation convergence of each repeat was assessed by analyzing the time evolution of the largest oligomer size in each of the 30 independent DMD trajectories, as well as the ensemble-average mass-weighted oligomer size (Figure S3). The significant differences in the largest oligomer sizes among the independent trajectories for each repeat indicated

## R3 and R6 repeats of $\alpha$ S spontaneously self-assemble into $\beta$ -sheet-rich aggregates, while the other repeats showed weaker aggregation and $\beta$ -sheet propensities.

We first analyzed the self-assembly dynamics of each  $\alpha$ S repeat by examining the time evolution of the largest oligomer size, the total number of inter-peptide hydrogen bonds and contacts, and the content of unstructured (i.e., random coil and bend) and  $\beta$ -sheet conformations (Figure 1). The analysis revealed that the R1, R2, R4, R5, and R7 repeats had similar self-assembly dynamics by which the peptides could only transiently aggregate into small-size oligomers. The oligomer sizes were mostly less than 5, which was much smaller than the system size of 10. The frequent fluctuation of the largest oligomer size and the total number of inter-peptide hydrogen bonds and contacts suggested the aggregates of R1, R2, R4, R5, and R7 repeats were very dynamic and easily dissociated into isolated monomers. Time evolution of the secondary structure content showed that these repeats predominantly adopted unstructured conformations (> 70%) with little  $\beta$ -sheet structures (< 5%). Representative snapshots along the trajectories also demonstrated that they indeed mostly stayed as monomers adopting random coil and bend structures and had only a few small-size oligomers. In contrast, R3 and R6 repeats readily self-assembled into large  $\beta$ sheet rich oligomers, but featured distinct dynamics. For instance, the largest oligomer size of R3 fluctuated around 6–10 after reaching equilibration, displaying frequent association and dissociation (Figure 1c). R6, on the other hand, formed a stable decamer with minimal fluctuations in the oligomer size (Figure 1f). Furthermore, R6 aggregates had a higher number of inter-peptide hydrogen bonds and contacts, as well as a higher  $\beta$ -sheet content compared to R3 aggregates. Representative snapshots revealed that R6 decamers featured highly ordered  $\beta$ -sheets. Conversely, R3 formed partial  $\beta$ -sheets in the oligomers, and these  $\beta$ -sheet oligomers were in equilibrium with unstructured monomers.

In order to explore the intricate details of the self-assembly dynamics of each  $\alpha$ S repeat, we calculated the potential of mean force (PMF, i.e., the effective aggregation free energy landscape) as a function of the oligomer size and the average number of residues adopted  $\beta$ -sheet structures per repeat within the aggregates (Figure 2). All the 1000 ns DMD trajectories from independent simulations were included in the PMF analysis in order to capture the whole self-assembly process. To demonstrate the self-assembly dynamics on the free energy landscape, we also showed for each repeat a randomly selected trajectory the corresponding time evolution of the sizes of the largest oligomer, the largest  $\beta$ -sheet oligomer, the largest  $\beta$ -sheet, and the mass-weighted average  $\beta$ -sheet (Figure 2). As depicted in Figure 2, representative aggregates of R1, R2, R4, R5, and R7 that corresponded to free energy basins were comprised of only a small number of peptides. Interestingly, larger oligomers tended to have lower  $\beta$ -sheet contents. Hence, R1, R2, R4, R5, and R7 repeats of  $\alpha$ S had low propensity to spontaneously self-assemble into  $\beta$ -sheet rich aggregates.

The aggregation free energy landscapes of R3 and R6 displayed distinctive features, although they both had large  $\beta$ -sheet rich oligomers as the lowest energy basin (Figure 2c,f). Compared to R6, the lowest free energy basin of R3 was wider in terms of oligomer sizes and had smaller  $\beta$ -sheet content. Specifically, the lowest free energy oligomers of R3 had the oligomers size ~7–10 and only ~3–5 residues adopting  $\beta$ -sheet conformation per chain (e.g., labeled 3 in Figure 2c). In contrast, the lowest free energy basin of R6 corresponded to oligomers with the size ~9–10 and ~7–8 residues per peptide adopting  $\beta$ -sheet structures (labeled 3 in Figure 2f). The analysis suggested that R6 formed more stable oligomers with higher  $\beta$ -sheet contents than R3.

Previous experiments have shown that deleting the R1 and R2 enhanced aS aggregation, while adding two more R1 and R2 inhibited aS fibrillization<sup>22</sup>. Deleting the seven-residue sequence of <sup>37</sup>VLYVGSK<sup>43</sup> from R3 abolished the aggregation of a S within 100 hours, while cutting residues <sup>48</sup>VVHGVAT<sup>54</sup> around the R4 only delayed aS fibrillization<sup>4</sup>. ThT fluorescence assays demonstrated that the aggregation kinetics of aS36-140 were much faster than those of  $\alpha$ S1–140,  $\alpha$ S14–140, and  $\alpha$ S41–140<sup>52</sup>. The fibrillization of  $\alpha$ -synuclein was significantly inhibited when some residues from R6 were deleted<sup>53</sup>. The  $\beta$ -synuclein  $(\beta S)$  had 90% homology to  $\alpha S$  showed a dramatically weak aggregation due to the lack of the R6 repeat.<sup>54</sup> In addition, prior experimental measurements have demonstrated that pure R6 repeat, also known as NACore, can efficiently aggregate into in-register cross-ß fibrils without any assistance from the other repeats<sup>8</sup>. All of these results suggest that R3 and R6 played more important roles in driving the aggregation of a S than the other repeats, consistent with our simulation results that only R3 and R6 were capable of forming  $\beta$ -sheet-rich oligomers. Moreover, the aggregation tendency and  $\beta$ -sheet propensity of R6 were much stronger than those of R3. The observed difference in the self-assembly dynamics between R6 and R3 repeats can be attributed to the higher hydrophobicity of R6. Specifically, the head sequence of R3 shares the same polar and charged XKTKEGV motif with R1, R2, R4, R5, and R7 repeats. But the head sequence of R6, <sup>68</sup>GAVVTG<sup>73</sup>, is highly hydrophobic (as illustrated by the sequence alignment in Figure S4). The primary distinction between R3 and other repeats including R1, R2, R4, R5, and R7 is the relatively stronger hydrophobicity of the non-conserved tails, because the hydrophobicity of leucine, valine, and isoleucine is much stronger than alanine or glycine<sup>55, 56</sup>. The non-conserved tail of R3 has two strong hydrophobic residues of leucine and valine. R4 also contains two valine residues, but they are separated by a polar histidine, while R3 has more hydrophobic tyrosine instead.

#### R6 formed extended $\beta$ -sheets in the aggregates, whereas the R3 aggregates had the nonconserved hydrophobic tails forming partial $\beta$ -sheets.

Next, we conducted a conformational analysis of the equilibrium aggregates of each repeat to study the conformational characteristics of  $\alpha$ S repeat self-assemblies. The probability distributions of the mass-weighted oligomer size,  $\beta$ -sheet oligomer size, and  $\beta$ -sheet size were calculated for each molecular system (Figure 3a–c). The analysis also revealed that the R1, R2, R4, R5, and R7 repeats exhibited a strong preference of forming isolated monomers (greater than 50%) and dimers (more than 20%), with the observation of oligomers larger than 4 very rare (Figure 3a). For these repeats, the populations of  $\beta$ -sheet oligomers larger

than two were too weak to be observed (Figure 3b). Conversely, R3 and R6 predominantly formed oligomers larger than 8, with small-size oligomers being extremely rare. The size probability distributions of R3 and R6  $\beta$ -sheet oligomers were similar to their corresponding oligomer size distributions, indicating that all peptides in their aggregations formed  $\beta$ -sheets. The  $\beta$ -sheet size distribution within the aggregates of R3 and R6 ranged ~2–10, with the peaks around ~4–6, suggesting that their  $\beta$ -sheet oligomers were often composed of more than one  $\beta$ -sheets.

The analysis of the secondary structure content revealed that the R1, R2, R4, R5, and R7 repeats mainly assumed unstructured conformations, such as random coil and bend, with a high propensity ranging ~72.3%–88.1% (Figure 3d). These repeats had low  $\beta$ sheet contents, which were less than 3.0% (Figure 3d). In addition, we also observed helical formations in the self-assemblies of R1, R2, and R5 repeats, accounting for 7.5%, 14.7%, and 5.5%, respectively (Figures 3d&S5). The average  $\beta$ -sheet propensity of R3 and R6 aggregates was ~32.5% and ~66.8%, respectively. Further analysis of the secondary structure propensity of each residue revealed that the  $\beta$ -sheet structures of R3 were mainly formed by residues V37, L38, Y39, and V40 around the non-conserved hydrophobic tail, with a propensity greater than 60% (Figure 3e). In contrast, all residues from R6 repeats displayed strong  $\beta$ -sheet propensity, with residues V70-V77 having a  $\beta$ -sheet propensity greater than 70% (Figure 3f). Another recent MD simulation study has indicated that the β-sheet stability of residues V37-V40 within R3 and V70-V77 from R6 in preformed αS dimeric fibrils was significantly greater than that of other regions<sup>57</sup>. The final representative snapshots, randomly selected from 30 independent DMD trajectories, confirmed that only R3 and R6 could self-assemble into  $\beta$ -sheet-rich oligomers, while the other repeats mainly adopted isolated monomeric states with the population of oligomeric aggregates very rare (Figure 3g).

The probability distribution of  $\beta$ -strand lengths was calculated for the self-assemblies of R3 and R6 in Figure 4a. The  $\beta$ -strand length denotes the number of the consecutive residues that adopt  $\beta$ -sheet structures. R3 repeats predominantly comprised short  $\beta$ -strands with ~4 residues in length, while the  $\beta$ -strands within the R6 self-assemblies were mostly ~8–9 residues long, owing to the majority of residues assuming  $\beta$ -sheet conformations. Prior computational and experimental studies also revealed that the R6 repeats mainly formed extended cross-β structures.<sup>8, 14</sup> As a result, the end-to-end distances of R6 were significantly larger than that of R3 in the aggregates (Figure 4b). The analysis of residuepairwise contact frequency maps revealed that the interactions among hydrophobic and aromatic residues drove the segment of <sup>37</sup>VLYV<sup>40</sup> from R3 repeats to form both parallel and anti-parallel β-sheets (Figure 4c). Compared to the interactions among hydrophobic residues, the residue-pairwise frequencies involved by the charged and polar N-terminal residues were relatively weak (e.g., the cation-pi<sup>58</sup> interactions of K32-Y39 and K34-Y39). Therefore, the root-mean-square fluctuation (RMSF) per residue within the self-assemblies of R3 indicated that the residues from the hydrophilic head were much more dynamic (Figure S7a). In contrast, the N-terminal head <sup>68</sup>GAVVTGV<sup>74</sup> of R6 was much more hydrophobic than the polar and charged conserved XKTKEGV motif. The RMSF analysis revealed that the average fluctuation of residues from R6 was much smaller than R3 (Figure S7b). The diagonal pattern observed in the main-chain contact frequencies and the

corresponding representative snapshot suggested that all R6 residues participated in forming both parallel and anti-parallel  $\beta$ -sheets (Figure 4d), thereby stabilizing the interactions among the hydrophobic residues (Figure S6). The X-ray determined fibril structure of R6 showed parallel R6 repeats within the  $\beta$ -sheet layer but anti-parallel between  $\beta$ -layers<sup>8</sup>, suggesting that side-chain interactions may drive the formation of either parallel or antiparallel  $\beta$ -sheets in R6 aggregates due to the sharing of similar residue-pairwise contact patterns. Overall, our results demonstrated that R6 repeats predominantly aggregated into extended  $\beta$ -sheet oligomers, whereas R3 repeats only aggregated partial  $\beta$ -sheets around the hydrophobic tail within their self-assemblies.

# The computationally derived aggregation and $\beta$ -sheet propensities of $\alpha$ S repeats are consistent with their structures and organizations in experimentally solved $\alpha$ S fibrils.

Based on our systematic DMD simulations, only R3 and R6 repeats were capable of spontaneously self-assembling into  $\beta$ -sheet-rich oligomers. The fibril-like aggregates of R6 were more stable, while the R3 oligomers were dynamic. Hence, R6 can be regarded as the primary amyloidogenic core, and R3 as the secondary core. The computationally derived self-assembly and  $\beta$ -sheet propensities of  $\alpha$ S repeats are consistent with their structures and organizations in recently solved aS fibrils,7, 18-20 including structures with PDB ID 2N0A<sup>18</sup>, 6H6B<sup>19</sup>, and 8H03<sup>20</sup> (Figure 5a-c). The experimentally resolved structures of available a S fibrils usually start from the hydrophobic tail of the R3 and extended to the end of the NAC region<sup>7, 18–20</sup>, suggesting that R1 and R2 are likely unstructured in the fibrils and that R1 and R2 have low propensity to self-assembly in to β-sheet conformations. These observations along with prior experimental measurements where the presence of two more additional R1 and R2 repeats inhibited aS aggergation<sup>22</sup> are consistent with our simulation results that the R1 and R2 repeats mainly assumed unstructured isolated monomers in silico. As the primary amyloidogenic core with the strongest aggregation propensity, R6 repeats were buried inside as the central cross- $\beta$  core of all available  $\alpha$ S fibrils. The hydrophobic tails of the R4, R5, and R7 repeats were packed around the hydrophobic interfaces of R6 β-sheets (Figure 5a-c). With 90% homologs to αS but lacking R6 repeat, the aggregation tendency of  $\beta$ S was significantly weaked<sup>54, 59</sup>, supporting the crucial role of R6 in driving the fibrillization of aS. This observation is also consistent with our simulation results that R4, R5, and R7 repeats alone mainly adopted isolated monomers rather than the  $\beta$ -sheet-rich oligomers in silico. Our simulation results along the available fibril structures suggested that the fibrilization of the R6 repeat could facilitate hydrophobic tails of adjacent R4, R5, and R7 repeats adopting  $\beta$ -sheet structures. As the secondary amyloidogenic core of  $\alpha$ S, the R3 tail could form  $\beta$ -sheet in the peripherals of cross- $\beta$  core, either pack against the R6 sheet (8H03, Figure 5c) or form an initial  $\beta$ -sheet independently in a S fibrils<sup>18, 19</sup> (2N0A, 6H6B, Figure 5a,b). Deletion of the segment of <sup>36</sup>GVLYVGS<sup>42</sup> of the R3 hydrophobic tail suppressed aS from forming amyloid fibrils further confirming the important role of R3 in aS aggregation<sup>4</sup>. Together, R3 and R6 repeats play crucial roles in driving amyloid aggregation of a S and also determining the fibril morphology in terms of the structural organization or "fold" of a.S.

#### Conclusions

In this study, we investigated the self-assembly dynamics of the seven imperfect 11residue repeats with the XKTKEGVXXXX motif, known to be responsible for membrane binding and amyloid aggregation of  $\alpha S^{4,22}$ . For each  $\alpha S$  repeat, we performed multiple independent atomistic microsecond-long DMD aggregation simulations using an implicitsolvent approach, with up to 10 peptides simulated. Our simulation results revealed that only the R3 and R6 repeats could readily self-assemble into  $\beta$ -sheet-rich oligomers, while the other repeats - R1, R2, R4, R5, and R7 - had weak aggregation tendencies and mainly existed as unstructured monomers. The  $\beta$ -sheet-rich oligomers formed by the R3 were dynamic and underwent frequently dissociation/reassociation transitions. The \beta-sheets were formed by the non-conserved hydrophobic tail of R3. In contrast, the R6 repeats readily formed extended stable  $\beta$ -sheets, with nearly all residues participating in  $\beta$ -sheet formation. The aggregation kinetics of each a S repeats in our simulation may be faster than in standard explicit MD simulations, as it is known that implicit-solvent methods enhance conformational sampling by reducing solvent viscosity rather than altering the free energy landscape<sup>41, 42</sup>. Aggregation of aS in the cellular membrane environment occurs more rapidly than in a solution.<sup>60</sup> Understanding the effects of the lipid membrane on aS is crucial and requires further investigation in future studies. The computationally derived aggregation and  $\beta$ -sheet propensities of  $\alpha$ S repeats are consistent with their structures and organizations in experimentally resolved aS fibrils<sup>7, 18–20</sup>. For instance, the weak β-sheet and aggregation tendencies of R1 and R2 render them structurally-unresolved in the experimentally determined aS fibrils.<sup>7, 18–20</sup> With the highest amyloid aggregation propensity, R6 repeats were buried inside as the central cross-β core, facilitating the hydrophobic tails of adjacent R4, R5, and R7 adopting  $\beta$ -sheets in the a.S fibril<sup>7, 18–20</sup>. Far away from R6 in the sequence but with a moderate amyloid aggregation propensity, the R3 could also form cross- $\beta$  independently at the beginner of the  $\alpha$ S fibril<sup>18, 19</sup>. In summary, our findings suggest that the self-assembly of R6 and the R3 tail drives the aggregation of a.S. Therefore, R6 and R3 hydrophobic tail – the primary and secondary amyloidogenic cores of  $\alpha$ S – might serve as the targets in designing anti-amyloid inhibitors<sup>10, 11, 29</sup>, or, even as used for peptide-based competitive inhibitors<sup>30-32</sup>.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Data and Software Availability.

DMD simulation engine is available at Molecules In Action, LLC.

(www.moleculesinaction.com). Initial conformations, input parameter and topology files for DMD simulation, and representative DMD output trajectories for each system are available (https://doi.org/10.5281/zenodo.7787407).

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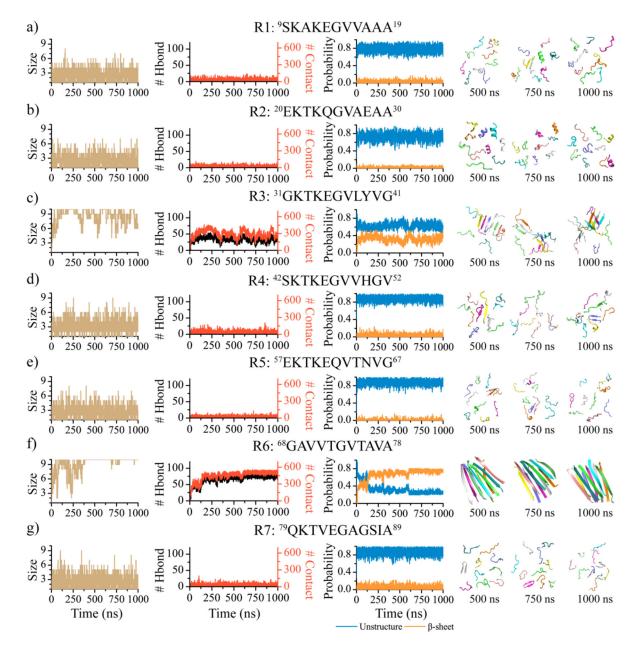
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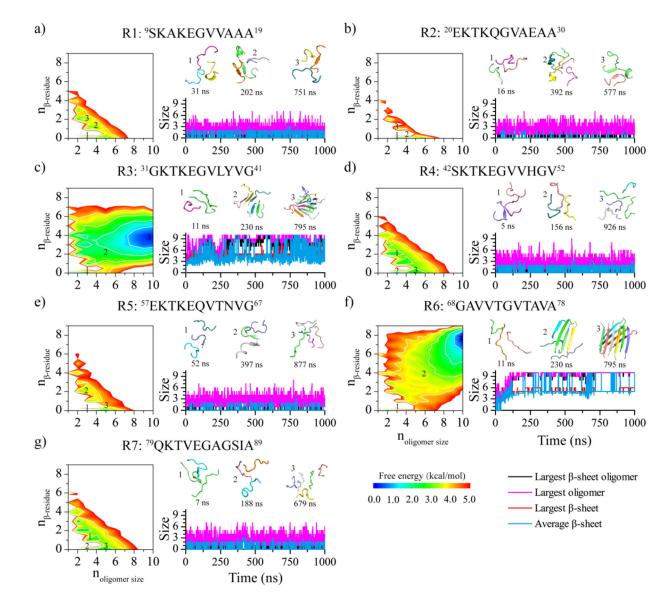
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#### Figure 1. Self-assembly dynamics of aS repeats.

One representative trajectory is randomly selected from 30 independent DMD simulations to illustrate the self-assembly dynamics of each  $\alpha$ S repeat: R1 a), R2 b), R3 c), R4 d), R5e), R6 f), and R7 g). The first column displays the time evolution of the largest oligomer size. The second column shows the time evolution of the total number of inter-molecular hydrogen bonds and contacts. The third column presents the averaged contents of the unstructured and  $\beta$ -sheet conformations as a function of simulation time. Snapshots along the simulation trajectory at 500, 750, and 1000 ns are presented to the right.

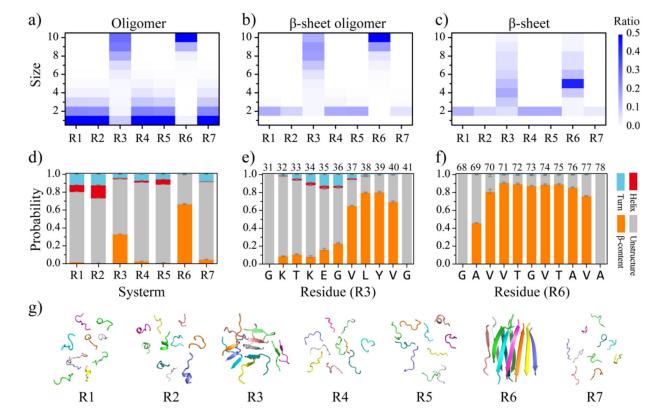
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### Figure 2. Self-assembly free energy landscape and aggregation conformational dynamics analysis for a S repeats.

The aggregation free energy landscapes for the seven  $\alpha$ S repeats **a-g**) are presented on the left as a function of oligomer size ( $n_{oligomer size}$ ) and the average number of residues per chain adopting the  $\beta$ -sheet conformation ( $n_{\beta$ -residue}). The whole 1000 ns simulation data from 30 independent DMD trajectories are included to capture all self-assembly conformations during the aggregation process. One trajectory, randomly selected from the 30 independent DMD trajectories, is presented on the right to illustrate the self-assembly conformational dynamics of the corresponding repeat. The self-assembly dynamics are monitored by the time evolution of the largest oligomer size, largest  $\beta$ -sheet oligomer size, largest  $\beta$ -sheet, and average  $\beta$ -sheet. The snapshots along with the assemblies are shown in the inset on the right, and their corresponding states in the free energy landscape are labeled.

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**Figure 3. Equilibrium conformational and structural analyses of the aS repeat assemblies.** The probability distribution of the oligomer size **a**),  $\beta$ -sheet oligomer size **b**), and  $\beta$ -sheet size **c**) for the self-assemblies formed by each aS repeat are presented. To avoid bias from the initial state, only the conformations of the last 400 ns from all independent simulations are used for the conformational analysis. The average secondary structure contents in terms of unstructured,  $\beta$ -sheet, helix, and turn formations for the aggregates of each aS repeat are shown **d**). The propensities of each residue to adopt the coil and bend,  $\beta$ -sheet, helix, and turn for the R3 **e**) and R6 **f**) repeats are presented. The final snapshot for each repeat, randomly selected from 30 independent DMD trajectories, is also shown **g**).

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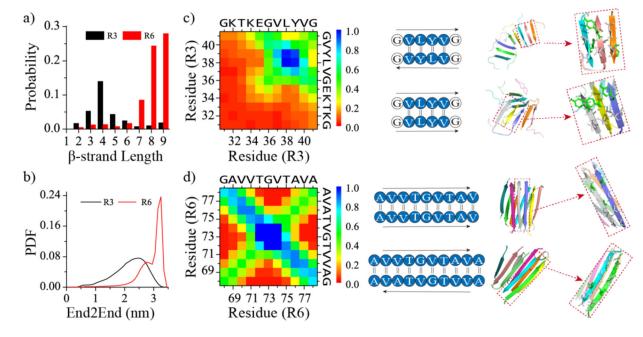


Figure 4. The analysis of  $\beta$ -sheet structures in the self-assemblies of R3 and R6 repeats. Probability distribution of  $\beta$ -strand length for each peptide within the self-assemblies of R3 and R6 repeats **a**). Probability distribution of end-to-end (End2End) distances for each R3 and R6 repeat within their aggregates **b**). Residue-pairwise intermolecular contact frequency maps between main-chain atoms within the self-assemblies of R3 **c**) and **d**). Representative parallel and anti-parallel  $\beta$ -sheet contact motifs are shown on the right. Only the last 400 ns of each 1000 ns independent simulation are used for the analysis.

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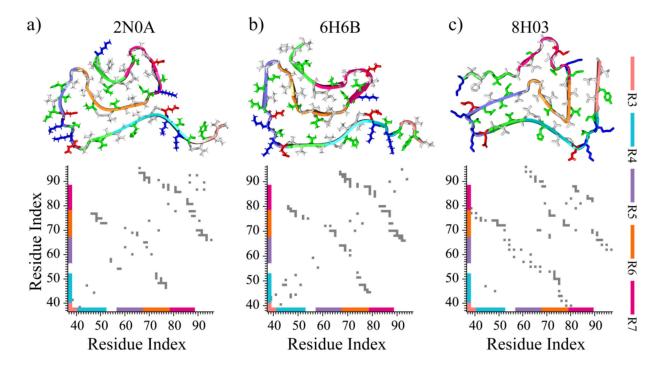


Figure 5. The structures and organization of  $\alpha$ S repeats in experimentally determined  $\alpha$ S fibrils. Three representative models of experimentally determined  $\alpha$ S fibril structures are presented at the top, with their corresponding intra-peptide contact frequency maps illustrated at the bottom **a-c**). Each repeat of  $\alpha$ S is colored differently in the cartoon for clarity. The side chains of hydrophobic, hydrophilic, negatively charged, and positively charged residues are colored white, green, red, and blue, respectively.

#### Table 1.

The details of molecule systems in our DMD simulations, including the amino acid sequence of each a.S repeat (System), the number of residues per chain (Residues per peptide), the number of simulated peptides (Number peptide), the corresponding dimensions of the cubic simulation box (Box size), the length of each DMD simulations (Time), the number of independent DMD simulations performed (DMD run), and the accumulative total simulation time (Total time).

System							
Repeat	Sequence	Residues per peptide	Number peptide	Box size (nm)	Time (µs)	DMD run	Total time (µs)
R1	<sup>9</sup> SKAKEGVVAAA <sup>19</sup>	11	10	9.0	1.0	30	30.0
R2	<sup>20</sup> EKTKQGVAEAA <sup>30</sup>	11	10	9.0	1.0	30	30.0
R3	<sup>31</sup> GKTKEGVLYVG <sup>41</sup>	11	10	9.0	1.0	30	30.0
R4	<sup>42</sup> SKTKEGVVHGV <sup>52</sup>	11	10	9.0	1.0	30	30.0
R5	<sup>57</sup> EKTKEQVTNVG <sup>67</sup>	11	10	9.0	1.0	30	30.0
R6	<sup>68</sup> GAVVTGVTAVA <sup>78</sup>	11	10	9.0	1.0	30	30.0
R7	<sup>79</sup> QKTVEGAGSIA <sup>89</sup>	11	10	9.0	1.0	30	30.0