ORIGINAL RESEARCH

Activation of Sphingomyelin Phosphodiesterase 3 in Liver Regeneration Impedes the Progression of Colorectal Cancer Liver Metastasis Via Exosome-Bound Intercellular Transfer of Ceramides

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SUMMARY

Induction of liver regeneration (LR) resulted in significant up-regulation of hepatic sphingomyelin phosphodiesterase 3 (SMPD3). SMPD3-produced exosomal ceramide (CER) constitutes a critical anti-colorectal cancer liver metastasis (CRLM) mechanism in LR to impede the progression of CRLM.

BACKGROUND & AIMS: The machinery that prevents colorectal cancer liver metastasis (CRLM) in the context of liver regeneration (LR) remains elusive. Ceramide (CER) is a potent anti-cancer lipid involved in intercellular interaction. Here, we investigated the role of CER metabolism in mediating the interaction between hepatocytes and metastatic colorectal cancer (CRC) cells to regulate CRLM in the context of LR.

METHODS: Mice were intrasplenically injected with CRC cells. LR was induced by 2/3 partial hepatectomy (PH) to mimic the CRLM in the context of LR. The alteration of corresponding CER-metabolizing genes was examined. The biological roles of CER metabolism in vitro and in vivo were examined by performing a series of functional experiments.

RESULTS: Induction of LR augmented apoptosis but promoted matrix metalloproteinase 2 (MMP2) expression and epithelialmesenchymal transition (EMT) to increase the invasiveness of metastatic CRC cells, resulting in aggressive CRLM. Upregulation of sphingomyelin phosphodiesterase 3 (SMPD3) was determined in the regenerating hepatocytes after LR induction and persisted in the CRLM-adjacent hepatocytes after CRLM formation. Hepatic Smpd3 knockdown was found to further promote CRLM in the context of LR by abolishing mitochondrial apoptosis and augmenting the invasiveness in metastatic CRC cells by up-regulating MMP2 and EMT through promoting the nuclear translocation of β -catenin. Mechanistically, we found that hepatic SMPD3 controlled the generation of exosomal CER in the regenerating hepatocytes and the CRLM-adjacent hepatocytes. The SMPD3-produced exosomal CER critically conducted the intercellular transfer of CER from the hepatocytes to metastatic CRC cells and impeded CRLM by inducing mitochondrial apoptosis and restricting the invasiveness in metastatic CRC cells. The administration of nanoliposomal CER was found to suppress CRLM in the context of LR substantially.

CONCLUSIONS: SMPD3-produced exosomal CER constitutes a critical anti-CRLM mechanism in LR to impede CRLM, offering the promise of using CER as a therapeutic agent to prevent the recurrence of CRLM after PH. (Cell Mol Gastroenterol Hepatol 2023;16:385–410; [https://doi.org/10.1016/j.jcmgh.2023.05.007\)](https://doi.org/10.1016/j.jcmgh.2023.05.007)

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The liver represents the most fr[eq](#page-22-0)uent site for colo-
rectal cancer (CRC) metastases.¹ More than 50% of
a patienta davalan CDC liver metastasis (CDLM) during CRC patients develop CRC liver metastasis (CRLM) during their lifetime.^{[2](#page-22-1)} Partial hepatectomy (PH) is still the primary treatment of CRLM.^{[3](#page-22-2)} However, approximately 40% of CRLM patients develop intrahepatic recurrence, with the majority recurring within only 6 months after $PH⁴$ $PH⁴$ $PH⁴$ PH is known to induce liver regeneration (LR) that critically alters the property of cancer surveillance against CRLM in the hepatic microenvironments.^{[5,](#page-22-4)[6](#page-22-5)} However, the role of LR in regulating the malignancy of CRLM has not yet been fully elucidated. Animal studies demonstrated that LR induced by PH pro-motes the growth of CRLM.^{[7](#page-22-6)-[9](#page-22-6)} Oppositely, LR was found to impede the progression of CRLM by reducing the growth of CRLM without increasing the recurrence of CRLM. $10-12$ $10-12$ $10-12$ Because LR is a comprehensive process tightly regulated by various signaling molecules involved in the progression of CRLM, the regenerating liver may contain both anticancer and pro-cancer molecular constituents that interact with metastatic CRC cells, exerting distinct regulatory effects on CRLM. $5,6,13$ $5,6,13$ $5,6,13$ There is an unmet need to investigate the anti-cancer machinery that safeguards against CRLM in the regenerating liver after PH.

Ceramide (CER) is a class of bioactive sphingolipids with potent anti-cancer activities involved in intercellular interaction. $14-16$ $14-16$ $14-16$ CER is generated via the de novo, catabolic, and salvage pathway, and it is degraded by ceramidases to produce sphingosine (SPH) and sphingosine-1-phosphate $(S1P).$ ^{[17](#page-22-10)} CER is known to inhibit the progression of various cancer by inducing cell-cycle arrest, apoptosis, and senescence, as well as reducing the invasiveness of migration and invasion in cancer including CRC. $18-20$ $18-20$ Studies have demonstrated that nanoliposomal CER (LipCER) is an efficacious anti-cancer agent with potential clinical applications in cancer treatment.^{[21](#page-23-0)-[23](#page-23-0)} Notably, CER is enriched in exosomes that are essential components of intercellular interaction in the cancer microenvironment, $24-26$ $24-26$ $24-26$ and CER generation catalyzed by sphingomyelin phosphodiesterase 3 (SMPD3) critically controls the formation and release of exosomes.^{[24](#page-23-1)} Activation of SMPD3-catalyzed CER generation was found in the remanent liver after PH and was correlated

with the proliferation of hepatocytes during LR after $PH.^{27,28}$ $PH.^{27,28}$ $PH.^{27,28}$ $PH.^{27,28}$ $PH.^{27,28}$ However, the function of exosomal CER in modulating the intercellular communication between hepatocytes and metastatic CRC cells has not been elucidated. Recently, Zietzer et al^{[29](#page-23-4)} reported that intercellular transfer of CER via extracellular vesicles induced apoptosis in endothelial cells, indicating that CER in extracellular vesicles is still capable of inducing cell death in target cells. Therefore, it is worth testing whether exosomal CER acts as an extracellular anticancer signalosome to prevent CRLM in the regenerating liver.

In this study, we investigated the role of CER metabolism in regulating CRLM in the context of PH-induced LR. Our data demonstrated that the SMPD3-produced exosomal CER in hepatocytes impedes CRLM by inducing mitochondrial apoptosis and restricting the invasiveness of metastatic CRC cells in the context of LR. Importantly, treatment of LipCER remarkedly suppresses CRLM in the context of LR by inducing apoptosis and reducing the invasiveness of metastatic CRC cells. These findings highlight that SMPD3 produced exosomal CER constitutes a critical anti-CRLM mechanism that impedes the progression of CRLM in the context of PH-induced LR. These discoveries also present the potential for using CER as a therapeutic approach to prevent CRLM recurrence after PH.

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Abbreviations used in this paper: AAV, adeno-associated virus; ACER2, alkaline ceramidase 2; ACER3, alkaline ceramidase 3; ACTB, β -actin; B4GALT6, beta-1,4-galactosyltransferase 6; CANTB, β -catenin; cCASP, cleaved caspase; cPARP, cleaved poly ADP-ribose polymerase; CER, ceramides; CERG2, diglycosylceramide; CERK, ceramide kinase; CERKL, ceramide kinase like; CERS, ceramide synthase; CERT, ceramide transfer protein; CRC, colorectal cancer; CRLM, colorectal cancer liver metastasis; DEGS1, delta(4)-desaturase 1; DEGS2, delta(4)-desaturase 2; ECAD, E-cadherin; EMT, epithelial mesenchymal changes; ENPP7, alkaline sphingomyelinase 3; GALC, galactosylceramidase; GBA1, glucosylceramidase beta 1; GBA2, glucosylceramidase beta 2; GLA, galactosidase; GSL, glycer-ophospholipids; LipCER, nanoliposomal CER; LR, liver regeneration; MMP, matrix metalloproteinase; NAAA, N-acylethanolamine acid amidase; NCAD, N-cadherin; NTA, nanoparticle tracking analysis; PCNA, proliferating cell nuclear antigen; PCR, polymerase chain reaction; PH, partial hepatectomy; PH-CRLM, colorectal cancer liver metastasis after partial hepatectomy; SAMD8, sphingomyelin synthase-related protein 1; SGMS1, sphingomyelin synthase 1; SGMS2, sphingomyelin synthase 2; SGPL1, sphinsosine-1-phosphate lyase; SGPP1, sphinsosine-1-phosphate phosphatase 1; SGPP2, sphinsosine-1-phosphate phosphatase 2; SM, sphingomyelins; SMases, sphingomyelinases; SMPD1, acid sphingomyelinase; SMPD2, neutral sphingomyelinase 1; SMPD3, sphingomyelin phosphodiesterase 3; SMPD4, neutral sphingomyelinase 3; SMPD5, mitochondrial-associated neutral sphingomyelinase; SMPDL3A, acid sphingomyelinase like 3A; SMPDL3B, acid sphingomyelinase like 3B; SPF, specifc pathogenfree; SPH, sphingosines; SPHK1, sphingosine kinase 1; SPHK2, sphingosine kinase 2; SPTLC1, serine palmitoyltransferase 1; S1P, sphingosine 1 phosphate; S1PR1, S1P receptor 1; S1PR2, S1P receptor 2; S1PR3, S1P receptor 3; S1PR4, S1P receptor 4; S1PR5, S1P receptor 5; TUNEL, terminal deoxynucleotidyl transferase dUTP nick end labeling; UGCG, UDP-glucose ceramide glucosyltransferase; VIM, vimentin.

Most current article

Results

Induction of LR Regulates CRLM Bidirectionally by Augmenting Apoptosis and Enhancing Invasiveness in Metastatic CRC Cells

To investigate the impact of LR on CRLM, we implanted mouse CRC cells in the spleen and induced LR by 2/3 PH. Thus, the CRC cells would colonize in the regenerating liver from the spleen through the portal vein, which mimicked the most common metastatic path of CRLM.^{7,[9](#page-22-12)} We found that the weight and territory of macroscopic CRLM were increased in the remnant liver after PH compared with the CRLM in the normal liver, suggesting that induction of LR by PH promotes the colonization and territorial expansion of CRLM [\(Figure 1](#page-3-0)A–E). Notably, although CRLM grew locally in the normal liver, it diffusely spread in the remnant liver after PH [\(Figure 1](#page-3-0)A). Next, we investigated the effects of LR on the proliferation, angiogenesis, apoptosis, and invasiveness of CRLM. Determination of proliferation and angiogenesis markers demonstrated that the induction of LR did not significantly affect the proliferation and angiogenesis in metastatic CRC cells (Figure $1F-I$). However, examination of apoptosis by cleaved caspase 3 (cCASP3), cleaved poly ADP-ribose polymerase (cPARP), and terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining demonstrated that the number of apoptotic CRC cells and the protein levels of cCASP3 and cPARP were remarkably increased in CRLM in the remnant liver after PH compared with those in the normal liver (Figure $1/-L$), suggesting that induction of LR substantially enhances apoptosis in metastatic CRC cells. Matrix metalloproteinases (MMPs) and epithelialmesenchymal transition (EMT) constitute cancer invasiveness[.30](#page-23-5)–[32](#page-23-5) Because the induction of LR exaggerated the territorial expansion of CRLM, we tested whether induction of LR altered the expression of MMPs and EMT in metastatic CRC cells. We found that MMP2 was robustly up-regulated in CRC cells in the remnant liver after PH compared with those in the normal liver, suggesting induction of LR promotes MMP2 upregulation in CRLM (Figure $1M-O$). Immunoblotting of EMT markers revealed a reduction in epithelial markers (E-cadherin [ECAD]) and an increase in mesenchymal markers (N-cadherin [NCAD] and vimentin [VIM]) in CRC cells of CRLM in the remnant liver after PH, suggesting that induction of LR promotes EMT in CRLM [\(Figure 1](#page-3-0)P). In addition, immunostaining of α -SMA, another marker of EMT,³³ demonstrated that the number of α -SMA positive cells was significantly increased in CRLM in the remnant liver after PH compared with those in the normal liver (Figure $1Q$), suggesting that induction of LR facilitates EMT of metastatic CRC cells. These data demonstrate that induction of LR bidirectionally regulates CRLM by augmenting apoptosis and enhancing invasiveness in metastatic CRC cells, resulting in the aggressive progression of CRLM.

Up-regulation of SMPD3 in LR Impedes CRLM by Inducing Mitochondrial Apoptosis and Restricting the Invasiveness of Metastatic CRC Cells

Dysregulation of CER metabolism has been found in the regenerating liver $27,28,34$ $27,28,34$ $27,28,34$ and is known to regulate apoptosis and invasiveness in cancer critically.^{[20](#page-22-13)[,35](#page-23-8)} Recently, CER and the relevant enzymes have been found to mediate the interaction between cancer cells and parenchyma cells through exosomes or paracrine fashion.^{[25](#page-23-9),[26](#page-23-10)} To investigate whether CER metabolism was involved in regulating CRLM in the regenerating liver, we first screened the dysregulation of CER metabolic enzymes in CRLM and CRLM-adjacent liver tissues. Quantitative polymerase chain reaction (PCR) arrays of CER metabolic enzymes demonstrated that induction of LR resulted in significant up-regulation of Smpd3, sphingosine-1 phosphate phosphatase 2 (Sgpp2), delta(4)-desaturase 1 (Degs1), delta(4)-desaturase 2 (Degs2), beta-1,4 galactosyltransferase 6 (B4galt6), and acid sphingomyelinase like 3B (Smpdl3b) in CRLM-adjacent liver tissues ([Figure 2](#page-5-0)A). However, the mRNA levels of CER metabolic enzymes did not significantly differ between CRLM in the normal liver and CRLM in the remnant liver after PH (Figure $2B$). These data suggest that the induction of LR causes dysregulation of CER metabolism in CRLM-adjacent liver tissues without affecting the intrinsic CER metabolism in CRLM.

SMPD3 is known to regulate cancer malignancy by pro-ducing CER^{[36](#page-23-11)-[38](#page-23-11)} and is involved in LR.^{[27,](#page-23-2)[28](#page-23-3)} Because Smpd3 was found to be the most robustly up-regulated enzyme in response to LR in CRLM-adjacent liver tissues ([Figure 2](#page-5-0)A), we proceeded to investigate the role of SMPD3 in regulating CRLM in the context of LR. We first performed immunoblotting and immunostaining of SMPD3 and confirmed that the induction of LR up-regulated the protein levels of SMPD3 in CRLM-adjacent hepatocytes [\(Figure 2](#page-5-0)C–E). In addition, by measuring the expression of SMPD3 in the regenerating liver tissues without intrasplenic implantation of CRC cells at both early (postoperative day 3) and late stages (postoperative day 14) after PH, we found that the SMPD3 was intrinsically up-regulated in hepatocytes of the regenerating liver at the early stage after PH but receded at the late stage (Figure $3A-C$), suggesting that the presence of CRLM might be necessary for sustaining the LR-induced upregulation of SMPD3 in the CRLM-adjacent hepatocytes. To further investigate the pathologic functions of SMPD3 in CRLM in the context of LR, mouse hepatic SMPD3 was knocked down by injection of liver-directed adeno-associated virus (AAV) carrying an shSmpd3 vector along with a GFP reporter gene ([Figure 3](#page-6-0)D and E). We first found that Smpd3 knockdown did not significantly impact the process of LR in mice, including body weight, liver weight, and hepatocellular proliferation (Figure $3F-J$). Then, the CRLM model was established in the Smpd3 knockdown and the control mice with or without 2/3 PH [\(Figure 4](#page-7-0)A). We found that Smpd3 knockdown promoted CRLM in the normal liver and further exaggerated the progression of CRLM in the remnant liver after PH, indicated by increases in weight and territory of macroscopic CRLM (Figure $4B-F$). Examinations of apoptosis by cCASP3 and TUNEL staining demonstrated that Smpd3 knockdown alleviated apoptosis in CRLM more profoundly in the remnant liver after PH than in the normal liver (Figure $4G$ and H). Mechanistically, we found that Smpd3 knockdown nearly abolished the activation of the mitochondrial pathway of apoptosis in CRLM in the remnant liver after PH, indicated by the increase of BCL-2 and the

reduction of BAX, CYC, cPARP, and cCASP3 in CRLM of he-patic Smpd3 knockdown mice [\(Figure 4](#page-7-0)I). These data highlight the anti-CRLM role of SMPD3 in hepatocytes by inducing apoptosis in metastatic CRC cells in the context of LR. Next, examination of MMP2 and EMT markers demonstrated that Smpd3 knockdown significantly augmented the up-regulation of MMP2 and further facilitated EMT of CRLM in the remnant liver after PH and the normal liver (Figure $4J-L$). Notably, the positive effects of Smpd3 knockdown on MMP2 upregulation and EMT were more profound in CRLM in the remnant liver after PH than in the normal liver, suggesting SMPD3 restricts the increase in the invasiveness of CRLM, particularly in the context of LR ([Figure 4](#page-7-0)/-L). Studies have shown that dysregulation of the Wnt/ β -catenin (CANTB) signaling pathway leads to EMT, which is characterized by the nuclear translocation of $CANTB$.^{39–[42](#page-23-12)} The accumulation of nuclear CANTB can also activate MMP2 expression. $43-45$ $43-45$ To determine the potential mechanisms underlying the role of SMPD3 in regulating the MMP2 and EMT of CRLM in the context of LR, we investigated the nuclear translocation of CANTB. Induction of LR was found to significantly increase the CANTB expression in the nuclear fractions in metastatic CRC cells of CRLM [\(Figure 4](#page-7-0)M and N). Notably, knockdown of Smpd3 further increased the nuclear expression of CANTB in metastatic CRC cells of CRLM in the remnant liver after PH and the normal liver ([Figure 4](#page-7-0)M and N), suggesting that SMPD3 limited the upregulation of MMP2 and EMT likely by suppressing the nuclear translocation of CANTB in CRC cells of CRLM. These data suggest that the up-regulation of hepatic SMPD3 in LR impedes the progression of CRLM by inducing apoptosis and prohibiting the invasiveness of metastatic CRC cells.

Hepatic SMPD3 Preserves the Anti-CRLM Properties of LR-Derived Exosomes by Maintaining Their Pro-apoptotic and Antiinvasive Activities

Exosomes are essential for parenchyma cells to interact with metastatic cancer cells. $42,46$ $42,46$ SMPD3 is known to control the release of exosomes by producing $CER₂^{24,25,29}$ $CER₂^{24,25,29}$ $CER₂^{24,25,29}$ $CER₂^{24,25,29}$ $CER₂^{24,25,29}$ $CER₂^{24,25,29}$ but the

anti-cancer role of SMPD3-produced exosomal CER has not yet been elucidated. We investigated whether exosomes conducted the regulatory effects of LR induction on CRLM and how SMPD3 regulated the effects of LR-derived exosomes on CRLM. We isolated the LR-derived serum exosomes (LR-Exo) from mice at postoperative day 3 after PH, when the mouse liver was regenerating with hepatocellular proliferation ([Figure 5](#page-9-0)A). Exosomes isolated from the mice that received sham surgery were used as the vehicle control (Sham-Exo). Purified exosomes were examined by transmission electron microscopy, revealing the typical size (50–150 nm) and a bilayer cup-shaped morphology of exosomes [\(Figure 5](#page-9-0)B). NTA revealed that the isolated exosomes had a similar size distribution of 100–150 nm in diameter, with a peak at approximately 100 nm (Figure $5C$). Immunoblotting confirmed the presence of exosome biomarkers in the isolated exosomes, including HSP90, HSP70, CD9, and CD63 ([Figure 5](#page-9-0)D). Then, we investigated the regulatory effects of exosomes on MC38 cells. In vitro uptake of exosomes by MC38 cells was confirmed by labeling the exosomes with PKH67, and there was no significant difference in the uptake between LR-Exo and Sham-Exo by the MC38 cells [\(Figure 5](#page-9-0)E). Notably, we found that LR-Exo treatment significantly increased the migratory and invasive capacity of MC38 cells (Figure $5F$), suggesting that exosomes were capable of mediating the regulatory effects of LR on CRC cells.

To investigate whether SMPD3 preserved the anticancer effects of LR-derived exosomes on MC38 cells, we isolated the LR-derived serum exosomes from Smpd3 knockdown (shSmpd3-LR-Exo) and their control mice (shCON-LR-Exo) at postoperative day 3 after PH or sham surgery (shSmpd3-sham-Exo, shCON-sham-Exo) ([Figure 5](#page-9-0)G). In vitro study demonstrated that Smpd3 knockdown substantially potentiated the pro-invasive effects of LR-derived exosomes on MC38 cells, while reducing the pro-apoptotic effects of LR-derived exosomes ([Figure 5](#page-9-0)H–J). Next, we investigated the regulatory effects of exosome injection on CRLM in the normal liver in vivo. The assessment of exosome uptake confirmed that there

Figure 1. (See previous page). Induction of LR regulates CRLM bidirectionally by augmenting apoptosis and enhancing invasiveness in metastatic CRC cells. C57BL/6J mice were injected intrasplenically with MC38 cells, followed by splenectomy. Then mice of the LR-CRLM group were subjected to 2/3 hepatectomy to induce LR after injection of MC38 cells. Mice of the control group (CRLM) were subjected to intrasplenic injection of MC38 cells without hepatectomy. Fourteen days after surgery, mice were killed, and tissues were collected for examination. (A–E) Pathology of the CRLM in mice with and without LR induction. (A) Morphology of CRLM; arrows indicate CRLM. (B) Mouse liver weight. (C) Mouse macroscopic tumor weight. (D) Ratio of macroscopic tumor weight and liver weight in mice. (E) H&E staining of liver sections; dotted line area indicates the area of CRLM. (F and G) Examination on proliferation in CRLM of mice with and without LR induction. (F) Immunoblotting of PCNA and quantification of protein levels of PCNA in CRLM. (G) Immunostaining of PCNA and quantification of PCNA-positive cells in CRLM. (H and ℓ) Examination on angiogenesis in CRLM of mice with and without LR induction. (H) Immunoblotting of CD31 and quantification of protein levels of CD31 in CRLM. (I) Immunostaining of CD31 and quantification of CD31-positive areas in CRLM. (J–L) Examination on apoptosis in CRLM of mice with and without LR induction. (J) Immunostaining of cCASP3 and quantification of cCASP3-positive cells in CRLM. (K) TUNEL staining and quantification of TUNEL-positive cells in CRLM. (L) Immunoblotting of cCASP3 and cPARP on proteins extracted from CRLM tissues. (M–O) Measurement of MMPs expression in CRLM of mice with and without LR induction. (M) Quantitative PCR arrays of mRNA levels of MMPs in CRLM. (N) Immunoblotting of MMP2 and quantification of protein levels of MMP2 in CRLM. (O) Immunostaining of MMP2 and quantification of MMP2-positive cells in CRLM. (P and Q) Evaluation of EMT in CRLM of mice with and without LR induction. (P) Immunoblotting of EMT markers, including NCAD, ECAD, and VIM. (Q) Immunostaining of α -SMA and quantification of α -SMA–positive areas in CRLM. Images in E, G, I, J, K, O, and Q represent results from 1 of 5 pairs of mice in each group. Data in B, C, D, F, G, H, I, J, K, M, N, O, and Q were expressed as mean \pm standard deviation, n = 5 in each group. **P < 0.01, **P < 0.001.

Figure 2. Up-regulation of SMPD3 in CRLM-adjacent liver tissues of mice with LR induction. CRLM tissues and CRLM-adjacent liver tissues from mice with and without LR induction were subjected to investigating dysregulation of CER metabolism. (A and B) Heatmap illustrating the difference in mRNA levels of CER metabolic enzymes in CRLMadjacent liver tissues (A) and CRLM tissues (B) between mice with and without LR induction, including Sptlc1, Cerkl, Degs1, Degs2, Cers1, Cers2, Cers3, Cers4, Cers5, Cers6, Cerk, Cert, Acer2, Acer3, Asah1, Asah2, Sphk1, Sphk2, Sgpp1, Sgpp2, S1pr1, S1pr2, S1pr3, S1pr4, S1pr5, Sgpl1, Galc, Gla, Gba1, Gba2, B4galt6, Smpd1, Smpd2,
Smpd3, Smpd4, Smpd5, Smpd4, Smpd5, Enpp7, Ugcg, Naaa, Samd8, Sgms1, Sgms2, Smpdl3a, and Smpdl3b. (C–E) (C) Immunoblotting of SMPD3 and quantification of protein levels of SMPD3 in CRLM-adjacent liver tissues. (D) Immunostaining of SMPD3 and quantification of SMPD3-positive cells in CRLMadjacent liver tissues. (E) Immunofluorescent co-staining of HNF4 α and SMPD3 in CRLM-adjacent liver tissues. Images in D and E represent results from 1 of 5 pairs of mice in each group. Data in A, B, C, and D were expressed as mean $±$ standard deviation, n = 5 in each group. $*P < .05$, $*P < .01$, $*^{**}P < .001$.

was no significant difference in the uptake of LR-Exo and Sham-Exo by metastatic CRC cells in the liver in vivo [\(Figure 6](#page-10-0)A and B). We found that the injection of LR-Exo, compared with Sham-Exo, promoted the progression of CRLM with increased weight and territorial expansion of macroscopic CRLM [\(Figure 7](#page-11-0)A–F). Notably, Smpd3

knockdown substantially augmented the pro-cancer activities of LR-Exo, resulting in more significant increases in the weight and territory of macroscopic CRLM ([Figure 7](#page-11-0)A–F). Examinations of apoptosis by cCASP3 and TUNEL staining demonstrated that Smpd3 knockdown substantially inhibited the pro-apoptotic activities of the

Figure 3. Smpd3 knockdown has no impact on LR in mice. (A–C) Healthy C57BL/6J mice were subjected to 2/3 PH or sham operation. Then liver tissues were harvested at early (postoperative day 3, POD3) and late stages (postoperative day 14, POD14) after PH. (A) Immunofluorescent co-staining of hepatocyte marker HNF4 α and SMPD3 was performed to detect expression of SMPD3 in hepatocytes of sham and POD3 mice. (B) The mRNA levels of Smpd3 in the liver of sham and POD14 mice. (C) Immunoblotting of SMPD3 on proteins extracted from liver of sham and POD14 mice. (D and E) Hepatic Smpd3 was knocked down by systemic administration of liver-directed AAV carrying an shSmpd3 vector. Smpd3 knockdown efficiency was measured at 3 weeks after AAV injection. (D) The mRNA levels of Smpd3 in the liver of shSmpd3-AAV and shCON-AAV transfected mice. (E) Immunoblotting of SMPD3 and green fluorescent protein on proteins extracted from the liver of shSmpd3-AAV and shCON-AAV transfected mice. (F-J) shSmpd3 and shCON mice were subjected to 2/3 hepatectomy or sham surgery. Then liver tissues were harvested at postoperative day 3 (POD3) and subjected to examination of LR. (F) Mouse body weight. (G) Mouse liver weight. (H) Ratio of liver weight and body weight in mice. (I) Immunoblotting of PCNA and SMPD3 on proteins extracted from liver tissues. (J) Immunostaining of PCNA and quantification of PCNA-positive cells in the liver. Images in A and J represent results from 1 of 3 pairs of mice in each group. Data in D and J were expressed as mean \pm standard deviation, $n = 5$ in each group. Data in B, C, F, G, and H were expressed as mean \pm standard deviation, n = 3 in each group. ***P < 0.001.

LR-Exo and Sham-Exo (Figure $7G$ and H). Mechanistically, injection of LR-Exo promoted apoptosis in CRLM by activating the mitochondrial pathway of apoptosis, indicated by the increased protein levels of BAX, CYC, cPARP, and cCASP3 and the decreased protein levels of BCL-2 in CRLM after the injection of LR-Exo compared with those after injection of Sham-Exo ([Figure 7](#page-11-0)I). Smpd3 knockdown markedly suppressed the pro-apoptotic activities of LR-Exo and Sham-Exo, indicated by the decreased protein levels of Bax, CYC, cPARP, and cCASP3 and the increased protein levels of BCL-2 in CRLM [\(Figure 7](#page-11-0)I), suggesting that Smpd3 knockdown weakens the pro-apoptotic activities of LR-Exo and Sham-Exo through suppressing the activation of

mitochondrial pathway of apoptosis. Next, we investigated whether SPMD3 also regulated the pro-invasive activities of LR-Exo. Examination of MMP2 and EMT markers demonstrated that injection of LR-Exo exosomes up-regulated MMP2 and promoted EMT in CRC cells in CRLM, indicated by the increased protein levels of MMP2 and EMT makers in CRLM after the injection of LR-Exo compared with those after the injection of Sham-Exo ([Figure 7](#page-11-0)/-L). Smpd3 knockdown substantially augmented the upregulation of MMP2 and EMT makers in CRLM treated with LR-Exo [\(Figure 7](#page-11-0)J–L). Notably, compared with the exosomes isolated from the knockdown control mice, Sham-Exo from Smpd3 knockdown mice was also found to promote CRLM in the normal liver by increasing the invasiveness in metastatic CRC cells [\(Figure 7](#page-11-0)J–L). However, the effects of Smpd3 knockdown on increasing the invasiveness of metastatic CRC cells were more profound in the LR-Exo ([Figure 7](#page-11-0)J–L). These results demonstrate that LR-Exo can conduct the anti-CRLM and pro-CRLM effects of LR

induction on CRLM. Moreover, hepatic SMPD3 plays a critical role in preserving the anti-CRLM activity of LR-Exo by inducing mitochondrial apoptosis and restricting the increase in the invasiveness of metastatic CRC cells.

SMPD3 Controls the LR-Activated Production of Exosomal CER in Hepatocytes to Elevate CER in CRLM

SMPD3 has recently been found to regulate the CER in extracellular vesicles,^{[29](#page-23-4)} and CER is implicated in attenuating the aggressiveness of various cancers.^{[15](#page-22-14),[17,](#page-22-10)[47,](#page-23-16)[48](#page-23-17)} Because we consolidated that SMPD3 preserved the anti-CRLM property of LR-derived exosomes, we hypothesized that the upregulation of SMPD3 in CRLM-adjacent hepatocytes might elevate the levels of CER in CRLM by controlling the production of exosomal CER. To this end, we conducted lipidomics analyses to measure the alteration of CER levels in the CRLM and CRLM-adjacent liver tissues. We found that the levels of CER were significantly increased in CRLM in the remnant liver after PH compared with those in the normal liver, including CER(d18:1/16:0), CER(d18:1/18:0), CER(d18:1/18:1), CER(d18:1/20:0), CER(d18:1/22:0), CER(d18:1/22:1), CER(d18:1/24:0), CER(d18:1/24:1), and total CER ([Figure 8](#page-13-0)A). The levels of CER metabolites, including SPH(d18:1) and S1P(d18:1), in CRLM tissues were not affected by the induction of LR (Figure $8B$ and C). Moreover, the levels of CER were also increased in the CRLMadjacent tissues in the remnant liver after PH compared with those in the normal liver, including CER(d18:1/16:0), CER(d18:1/24:1), and total CER ([Figure 8](#page-13-0)D). The levels of CER metabolites, including SPH(d18:1) and S1P(d18:1), in CRLM-adjacent tissues were not affected by the induction of LR (Figure $8E$ and F). By analyzing the levels of CER in CRLM and CRLM-adjacent tissues of hepatic Smpd3 knockdown mice, we found that hepatic Smpd3 knockdown did not substantially affect the levels of CER in CRLM and CRLM-adjacent liver tissues in the mice without LR induction [\(Figure 8](#page-13-0)G and H). However, hepatic Smpd3 knockdown was sufficient to abolish the elevation of CER in CRLM in the remnant liver after PH, including the elevation of CER(d18:1/22:1), CER(d18:1/24:0), CER(d18:1/24:1), and total CER

[\(Figure 8](#page-13-0)G). Importantly, hepatic Smpd3 knockdown abolished the elevation of CER in CRLM-adjacent tissues in the remnant liver after PH, including CER(d18:1/22:0), $CER(d18:1/24:0)$, and total CER ([Figure 8](#page-13-0)H). These data suggest that the up-regulation of SMPD3 in CRLM-adjacent hepatocytes contributes to the elevation of CER in the CRLM.

Next, we investigated whether SMPD3 regulated the CER levels in exosomes. Measurements of CER levels in the isolated exosomes demonstrated that the levels of CER were significantly elevated in the LR-Exo compared with the Sham-Exo, including CER(d18:1/18:1), CER(d18:1/22:1), CER(d18:1/24:1), and total CER [\(Figure 9](#page-14-0)A). Moreover, hepatic Smpd3 knockdown significantly reduced the levels of CER in the LR-Exo and the Sham-Exo, including CER(d18:1/ 16:0), CER(d18:1/18:0), CER(d18:1/22:1), CER(d18:1/ 24:0), CER(d18:1/24:1), and total CER ([Figure 9](#page-14-0)A). By examining the CER levels in CRLM from mice that received exosome injection, we found that injection of LR-Exo significantly increased the levels of CER in CRLM compared with injection of Sham-Exo, including CER(d18:1/16:0), CER(d18:1/18:0), CER(d18:1/18:1), CER(d18:1/20:0), CER(d18:1/24:0), CER(d18:1/24:1), and total CER ([Figure 9](#page-14-0)B). These data confirm that exosomes conduct the intercellular transfer of CER. Notably, hepatic Smpd3 knockdown suppressed the LR-Exo–induced elevation of CER in CRLM more profoundly, including CER(d18:1/18:0), CER(d18:1/20:0), CER(d18:1/22:0), CER(d18:1/24:0), $CER(d18:1/24:1)$, and total CER ([Figure 9](#page-14-0)B). Finally, we used GW4869 to block the SMPD3-mediated exosome produc- χ tion^{[24,](#page-23-1)[49](#page-23-18)} and tested whether the blockage of exosome production affected the CER levels in CRLM. Mice after 2/3 PH or sham surgery were treated with GW4869 and vehicle. The serum samples were first collected from these mice at postoperative day 3 after PH to detect the exosomal makers in the lyophilized serum. We confirmed that induction of LR remarkedly increased the production of serum exosomes, and treatment of GW4869 abolished the production of exo-somes ([Figure 9](#page-14-0)C). By examining the CER levels in CRLM and LR-CRLM from mice that received the treatment of GW4869, we found that blockage of the SMPD3-mediated exosome generation with GW4869 treatment substantially abolished the elevation of CER in CRLM in the remnant liver after PH

Figure 4. (See previous page). Up-regulation of SMPD3 in LR impedes CRLM by inducing mitochondrial apoptosis and restricting invasiveness of metastatic CRC cells. (A) Schematic diagram depicting experimental design of LR-CRLM model in Smpd3 knockdown mice. CRLM and LR-CRLM models were established in Smpd3 knockdown mice. Liver tissues were harvested at 2 weeks after establishing CRLM and LR-CRLM models. (B-F) Pathology of CRLM in shSmpd3-AAV and shCON-AAV transfected mice with and without LR induction. (B) Morphology of CRLM; arrows indicate CRLM. (C) Mouse liver weight. (D) Mouse macroscopic tumor weight. (E) Ratio of macroscopic tumor weight and liver weight in mice. (F) H&E staining of liver sections; dotted line area indicates area of CRLM. (G-/) Examination on apoptosis in CRLM of shSmpd3-AAV and shCON-AAV transfected mice with and without LR induction. (G) Immunostaining of cCASP3 and quantification of cCASP3-positive cells in CRLM. (H) TUNEL staining and quantification of TUNEL-positive cells in CRLM. (I) Immunoblotting of BCL-2, BAX, CYC, cCASP3, and cPARP on proteins extracted from CRLM tissues. (J–L) Measurement of MMP2 expression and EMT markers in CRLM of shSmpd3-AAV and shCON-AAV transfected mice with and without LR induction. (J) Immunoblotting of MMP2 and EMT markers. (K) Immunostaining of MMP2 and quantification of MMP2-positive cells in CRLM. (L) Immunostaining of α -SMA and quantification of α -SMA–positive areas in CRLM. (M and N) Examination on Wnt/CANTB activation in CRLM of shSmpd3-AAV and shCON-AAV transfected mice with and without LR induction. (M) Immunoblotting of CANTB on proteins extracted from CRLM tissues. (N) Immunostaining of CANTB in CRLM. Images in B , F , G , H , K , L , M , and N represent results from 1 of 5 pairs of mice in each group. Data in C, D, E, G, H, K, and L were expressed as mean \pm standard deviation, n = 5 in each group. $*P < 0.05$, $*P < 0.01$, $**P < 0.001$.

Figure 5. Hepatic SMPD3 retains anti-cancer properties of LR-derived exosomes by maintaining their pro-apoptotic and anti-invasive activities in vitro. (A) Schematic diagram depicting experimental design of exosome extraction. Exosomes were isolated from serum of mice at POD3 after PH (LR-Exo). Exosomes isolated from mice that received sham surgery were used as the vehicle control (sham-Exo). (B–D) Verification of isolated exosomes. (B) Ultrastructure of exosomes observed under transmission electron microscope. (C) NTA analysis of exosome size. (D) Expression of exosome surface markers HSP90, HSP70, CD63, and CD9 measured by Western blot analysis. (E) PKH67-labeled sham-Exo and LR-Exo were uptaked by MC38 cells. (F) Effects of sham-Exo and LR-Exo on migration of invasion of MC38 cells. (G) Schematic diagram depicting experimental design of exosome extraction. Exosomes were isolated from serum of shSmpd3 and shCON mice at POD3 after PH or sham surgery. (H and *I*) Effects of shSmpd3-Exo and shCON-Exo on migration of invasion of MC38 cells. (J) Examination on apoptosis in MC38 cells with treatment of shSmpd3-Exo and shCON-Exo. Immunoblotting of BCL-2, BAX, CYC, cCASP3, and cPARP on proteins extracted from MC38 cells. Images in B, C, and D represent results from 1 of 5 pairs of mice in each group. Images in E, F, H, I, and J represent results from 3 independent experiments. Data in F, H, and I were expressed as mean \pm standard deviation, $n = 5$ in each group. ** $P < .01$, *** $P < .001$.

Figure 6. In vivo internalization of Sham-Exo and LR-Exo in CRLM. PKH67-labeled Sham-Exo and LR-Exo were injected into CRLM mice without LR induction. After 30 minutes, CRLM tissues were harvested to examine in vivo internalization of Sham-Exo and LR-Exo. (A and B) Representative images (A) and quantification data (B) of CRLM sections from mice injected with 10 μ g Sham-Exo and LR-Exo. Images in A represent results from 1 of 3 pairs of mice in each group. Data in B were expressed as mean \pm standard deviation, $n = 5$ in each group.

[\(Figure 9](#page-14-0)D), including the elevation of CER(d18:1/16:0), CER(d18:1/18:0), CER(d18:1/18:1), CER(d18:1/20:0), CER(d18:1/22:0), CER(d18:1/22:1), CER(d18:1/24:0), $CER(d18:1/24:1)$, and total CER [\(Figure 9](#page-14-0)D). These data collectively suggest that induction of LR elevates the levels of CER in CRLM by SMPD3-controlled exosome-bound transfer of CER from hepatocytes to metastatic CRC cells.

SMPD3 Controls the Exosome-Bond Intercellular Transfer of CER to Impede the Progression of CRLM in the Context of LR

CER has been implicated in inducing apoptosis and sup-pressing migration and invasion in various cancer cells.^{20[,50](#page-23-19)-[54](#page-23-19)} Because the induction of LR increased the levels of CER in CRLM via exosome-bound intercellular transfer of CER, we hypothesized that CER might constitute the anti-CRLM properties of LR-derived exosomes by inducing apoptosis and suppressing the invasiveness of CRLM. Thus, we investigated whether the blockage of the SMPD3-mediated exosomebound intercellular transfer of CER by GW4869 treatment further promoted CRLM in the context of LR. We found that GW4869 treatment indeed promoted the progression of CRLM with increases in territory more profoundly in the liver with LR induction than in the normal liver (Figure $10A-F$). Mechanistically, GW4869 treatment attenuated the mitochondrial apoptosis and promoted MMP2 up-regulation and EMT in CRLM more profoundly in the liver with LR induction than in the normal liver (Figure $10G-L$). These data consolidate that SMPD3-generated exosomal CER in response to LR impedes the progression of CRLM by promoting apoptosis and reducing the invasiveness in CRLM.

To pinpoint the anti-cancer function of exosomal CER in CRLM in the context of LR, we constructed LipCER to mimic the exosome-bond CER and investigated the anti-CRLM role of LipCER in CRLM in the context of LR. In vitro studies demonstrated that LipCER treatment significantly increased MC38 cell death ([Figure 11](#page-16-0)A and B) and inhibited migration and invasion in MC38 cells [\(Figure 11](#page-16-0)C). Next, we investigated the therapeutic effects of LipCER injection in the

mouse model of CRLM with LR induction. We first found that LipCER injection did not affect the process of LR in mice, including body weight, liver weight, and hepatocellu-lar proliferation [\(Figure 12](#page-16-1)A-E). Then, we found that LipCER injection significantly suppressed the progression of CRLM, indicated by decreases in the weight and territory of macroscopic CRLM in the liver with induction of LR ([Figure 13](#page-17-0)A–G). Examinations of apoptosis by cCASP3 and TUNEL staining demonstrated that LipCER injection promoted apoptosis in CRLM in the context of LR with increased apoptotic CRC cells compared with the vehicle injection (Figure $13H$ and I). Consistently, LipCER injection increased the protein levels of BAX, CYC, cPARP, and cCASP3, while reducing the protein levels of BCL-2 ([Figure 13](#page-17-0)J), suggesting that LipCER injection induces apoptosis by activating the mitochondrial pathway of apoptosis ([Figure 13](#page-17-0)J). Examination of MMP2 and EMT markers demonstrated that LipCER injection markedly down-regulated MMP2 and suppressed EMT in CRC cells in CRLM in the context of LR, indicated by down-regulation of MMP2 and decreased protein levels of EMT markers in CRLM ([Figure 13](#page-17-0)K–M). Mechanistically, LipCER injection significantly decreased CANTB expression in the nuclear fractions in metastatic CRC cells of CRLM in the remnant liver after PH (Figure $13N$ and O). These results demonstrate that LipCER treatment, which mimics the intercellular transfer of CER, can suppress the progression of CRLM by promoting apoptosis and reducing invasiveness in CRLM. Collectively, these data suggest that the SMPD3-mediated exosome-bond intercellular transfer of CER critically impedes the progression of CRLM in the context of LR by promoting apoptosis and reducing invasiveness in metastatic CRC cells. Thus, SMPD3-produced exosomal CER constitutes a critical anti-CRLM mechanism in the context of LR.

Discussion

Our study reports novel findings regarding the role and mechanism of LR in governing CRLM. Our data demonstrate that induction of LR by PH results in aggressive CRLM with augmented apoptosis and increased invasiveness. Furthermore, the LR-derived exosomes conduct the bidirectional regulatory effects of LR on CRLM, including the anti-CRLM of inducing apoptosis and the pro-CRLM effects of increasing invasiveness. Our mechanistic studies reveal that

the up-regulation of SMPD3 in regenerating hepatocytes during early post-hepatectomy stages and in the CRLMadjacent hepatocytes after CRLM formation serves as a protective mechanism against CRLM in the context of LR. This protective mechanism fosters exosomal CER production, which transfers CER from hepatocytes to metastatic CRC cells to mitigate CRLM by inducing apoptosis and restricting the invasiveness in metastatic CRC cells. Enhancing this defensive mechanism via modulation of SMPD3-mediated exosomal CER generation or supplementation of CER may offer novel therapeutic approaches against CRLM within the LR milieu.

Previous studies provide contradictory results regarding the impact of PH-induced LR on CRLM. Although relevant studies demonstrated that LR promoted the progression of CRLM with increased tumor growth by promoting the proliferation of metastatic CRC cells, 8,9 8,9 8,9 8,9 Schwarz et al¹² demonstrated that LR could suppress the progression of CRLM. To further elucidate the role of LR in regulating CRLM, our study demonstrates that induction of LR by PH regulates CRLM bidirectionally by augmenting apoptosis and enhancing invasiveness in metastatic CRC cells, resulting in aggressive CRLM [\(Figure 1\)](#page-3-0). LR is a comprehensive and well-orchestrated process to overcome liver injuries. Emerging studies demonstrate that LR produces both anticancer and pro-cancer signaling molecules to regulate cancer biology bidirectionally. In line with this notion, the augmented apoptosis in metastatic CRC cells may represent the protective effect of LR against CRLM, and the increase in invasiveness with up-regulation of MMP2 and EMT in metastatic CRC cells may be considered as the "side effect" of LR on CRLM. Because we observed that induction of LR resulted in aggressive CRLM with increased weight and territory of macroscopic tumor ($Figure 1A-E$), we concluded that the anti-CRLM machinery of inducing apoptosis is less competitive against the pro-CRLM machinery of increasing the invasiveness, eventually rendering LR to facilitate the progression of CRLM. Enhancing the anti-CRLM machinery or suppressing the pro-CRLM machinery in the process of LR may offer promising strategies to prevent CRLM after PH.

Dysregulation of CER metabolism has been implicated in regulating cancer metastasis and LR. $34,55,56$ $34,55,56$ $34,55,56$ $34,55,56$ CER is generated via the de novo, catabolic, and salvage pathway and degraded by ceramidases to SPH and $S1P¹⁷$ $S1P¹⁷$ $S1P¹⁷$ The rapid CER generation is mainly catalyzed by sphingomyelinases, which break down sphingomyelins (SM) to produce CER.^{[38](#page-23-20)} CER has been implicated in cancer biology as anti-cancer lipid with pro-death activities. $35,57$ $35,57$ $35,57$ Our study demonstrates that induction of LR robustly up-regulates SMPD3 in the CRLM-adjacent hepatocytes ([Figure 2](#page-5-0)A, C , and E) and also in the regenerating liver tissues at the early stage after PH (Figure $3A$ and I). Notably, in mice without injection of CRC cells, the SMPD3 in hepatocytes was also up-regulated in the regenerating liver at the early stage after hepatectomy but receded at the late stage after hepatectomy ([Figure 3](#page-6-0)B and C). Therefore, we propose that the presence of CRLM may be essential to maintain the up-regulation of SMPD3 in the CRLM-adjacent hepatocytes. Knockdown of Smpd3 in the liver further augments the pro-CRLM effects of LR by abolishing apoptosis and promoting MMP2 expression and EMT in the metastatic CRC cells (Figure $4G-L$), suggesting a protective role of hepatic SMPD3 against CRLM in the context of LR. Mechanistically, we found that SPMD3 might regulate MMP2 expression and EMT by modulating the nuclear translocation of CANTB ([Figure 4](#page-7-0)M and N). Interestingly, we found that knockdown of Smpd3 also promoted the progression of CRLM in the normal liver (Figure $4B-F$) but less profoundly than it did in the remnant liver after PH, suggesting that hepatic SMPD3 plays a more critical role in exerting the anti-CRLM effect in the context of LR than it does in the normal liver. Previous studies reported that the elevation of SMPD3 in the remnant liver after PH was correlated with the proliferation of hepatocytes. $27,28$ $27,28$ However, our study found that hepatic Smpd3 knockdown had no significant impact on the proliferation of hepatocytes during LR (Figure $3F$ –I). Thus, the hepatic SMPD3 may not directly regulate hepatocellular proliferation during LR. Besides Smpd3, we also found up-regulation of mRNA levels of Sgpp2, Degs1, Degs2, B4galt6, and Smpdl3b in the CRLM-adjacent-liver tissues ([Figure 2](#page-5-0)A). Sgpp2 can dephosphorylate S1P into sphin-gosine,^{[58](#page-24-3)} Degs1 and Degs2 catalyze the synthesis of CER,^{[59](#page-24-4)} B4galt6 catalyzes the synthesis of galactosylceramides, 60 and Smpdl3b involves in the SM catabolic processes. 61 The role of Sgpp2 in cancer has not yet been reported. Degs1, Degs2, B4galt6, and Smpdl3b have been implicated in regulating cell survival, metastasis, immunity, and cancer. $62-64$ $62-64$ $62-64$ The potential role of these genes in regulating CRLM after induction of LR still needs further investigation.

Figure 7. (See previous page). Hepatic SMPD3 retains anti-CRLM properties of LR-derived exosomes by maintaining their pro-apoptotic and anti-invasive activities. (A) Schematic diagram depicting exosome injection. Healthy mice were subjected to the education mouse model using LR-Exo and Sham-Exo for 21 days. Then MC38 cells were intrasplenically injected into educated mice without LR induction. Then liver tissues were harvested after another 14 days injection of exosomes. (B-F) Pathology of CRLM in mice treated with LR-Exo and Sham-Exo. (B) Morphology of CRLM; arrows indicate CRLM. (C) Mouse liver weight. (D) Mouse macroscopic tumor weight. (E) Ratio of macroscopic tumor weight and liver weight in mice. (F) H&E staining of liver sections; dotted line area indicates area of CRLM. (G-I) Examination on apoptosis in CRLM of mice treated with LR-Exo and Sham-Exo. (G) Immunostaining of cCASP3 and quantification of cCASP3-positive cells in CRLM. (H) TUNEL staining and quantification of TUNELpositive cells in CRLM. (I) Immunoblotting of BCL-2, BAX, CYC, cCASP3, and cPARP on proteins extracted from CRLM tissues. (J–L) Measurement of MMPs expression and evaluation of EMT in CRLM of mice treated with LR-Exo and Sham-Exo. (J) Immunoblotting of MMP2 and EMT markers. (K) Immunostaining of MMP2 and quantification of MMP2-positive cells in CRLM. (L) Immunostaining of α -SMA and quantification of α -SMA–positive areas in CRLM. Images in B, G, H, K, and L represent results from 1 of 5 pairs of mice in each group. Data in C, D, E, G, H, K, and L were expressed as mean \pm standard deviation, n = 5 in each group. *P < .05, ** $P < 0.01$, *** $P < 0.001$.

398 Li et al Cellular and Molecular Gastroenterology and Hepatology Vol. 16, Iss. 3

Figure 8. Up-regulation of SMPD3 in CRLM-adjacent hepatocytes contributes to elevation of CER in CRLM. (A-C) Levels of CER(d18:1) (A) and its metabolites in CRLM tissues from mice with and without LR induction including SPH(d18:1) (B) and S1P(d18:1) (C). (D–F) Levels of CER(d18:1) (D) and its metabolites in CRLM-adjacent liver tissues from mice with and without LR induction including SPH(d18:1) (E) and S1P(d18:1) (F). (G and H) Levels of CER(d18:1) in CRLM (G) and CRLM-adjacent liver tissues (H) from shSmpd3-AAV and shCON-AAV transfected mice with and without LR induction. Data in A, B, C, D, E, F, G, and H were expressed as mean \pm standard deviation, n = 5 in each group. $*P < .05$, $*P < .01$, $**P < .001$.

SMPD3 is known to regulate cancer malignancy by regulating the levels of CER. $65,66$ $65,66$ In this study, we found that induction of LR resulted in elevations of CER in the CRLM and CRLM-adjacent liver tissues (Figure $8A$ and D), and knockdown of Smpd3 in the liver abolished the LR-induced elevation of CER in the CRLM and CRLM-adjacent liver tissues (Figure $8G$ and H). Moreover, by screening the CER

metabolic enzymes in CRLM, we found that the mRNA levels of CER metabolic enzymes were not significantly different between the CRLM in the normal liver and those in the remnant liver after PH (Figure $2B$), suggesting that the elevation of CER in CRLM in response to LR is more likely dependent on the uptake of extrinsic CER. In the extracellular environment, CER is enriched in exosomes, and the

Figure 9. SMPD3 controls LR-activated production of exosomal CER in hepatocytes to elevate CER in CRLM. (A) Levels of CER(d18:1) in serum exosomes isolated from shSmpd3-AAV and shCON-AAV transfected mice with and without LR induction. (B) Levels of CER(d18:1) in CRLM tissues of mice after Sham-Exo and LR-Exo treatment. (C) GW4869 was used to block SMPD3-mediated exosome production. Serum samples were collected from mice at POD3 after PH with and without GW4869 treatment. Expression of exosome surface marker CD9 in lyophilized serum was detected by Western blot analysis. (D) Levels of CER(d18:1) in CRLM tissues of mice after GW4869 treatment. Images in C represent results from 1 of 5 pairs of mice in each group. Data in A, B, and D were expressed as mean \pm standard deviation, n = 5 in each group. *P < .05, $*^{*}P < .01, **P < .001.$

SPMD3-generated CER is essential for forming and releasing exosomes.[24](#page-23-1) Meanwhile, exosomes conduct intercellular communication via the delivery of cell metabolites to modulate the biology of target cells.^{[67](#page-24-10),[68](#page-24-11)} Zietzer et al²⁹ recently demonstrated that CER could be transferred intercellularly via extracellular vesicles. In line with these findings, we showed that LR-derived exosomes conducted the anti-CRLM and pro-CRLM effects by promoting apoptosis and increasing invasiveness, respectively [\(Figure 7](#page-11-0)G–L). Knockdown of hepatic SMPD3 was found to reduce the content of CER in exosomes isolated from normal mice and abolish the LR-induced increase of CER in exosomes isolated from mice with LR ([Figure 9](#page-14-0)A), suggesting that SPMD3 plays a crucial role in controlling the CER content in exosomes and up-regulation of SPMD3 mediates the increase in CER in exosomes in response to LR. By blockage of exosome generation using a pharmacologic inhibitor of SPMD3, we found that CER levels were decreased in the CRLM in the remnant liver after PH [\(Figure 9](#page-14-0)D). These data highlight the critical role of exosomes in conducting the intercellular transfer of SMPD3-produced CER from hepatocytes to metastatic CRC cells. Because cancer cells are recognized for their enhanced capacity to internalize exosomes compared with soluble molecules, $69,70$ $69,70$ the function of the exosomal CER in regulating CRLM may be more significant than the soluble CER. Nonetheless, the potential function of soluble CER in regulating CRLM within LR still needs further investigation.

CER is a group of bioactive lipids that activate various anti-cancer signaling pathways in various cancers.^{[14](#page-22-9),[15](#page-22-14),[18,](#page-22-11)[54](#page-24-14)[,71](#page-24-15)[,72](#page-24-16)} Several studies have implicated CER as the critical pro-death lipid that activates the

Figure 10. GW4869 treatment promotes CRLM by inhibiting mitochondrial apoptosis and increasing invasiveness of metastatic CRC cells. (A) Schematic diagram depicting experimental design. One week after establishing CRLM and LR-CRLM models, mice were treated with GW4869 once a day for another week. Then liver tissues were harvested for examination. (B-F) Pathology of CRLM. (B) Morphology of CRLM; arrows indicate CRLM. (C) Mouse liver weight. (D) Mouse macroscopic tumor weight. (E) Ratio of macroscopic tumor weight and liver weight in mice. (F) H&E staining of liver sections; dotted line area indicates area of LR-CRLM. (G–I) Examination on apoptosis in CRLM. (G) Immunostaining of cCASP3 and quantification of cCASP3-positive cells in CRLM. (H) TUNEL staining and quantification of TUNEL-positive cells in CRLM. (I) Immunoblotting of BCL-2, BAX, CYC, cCASP3, and cPARP on protein extracted from CRLM tissues. (J-L) Measurement of MMP2 expression and evaluation of EMT in CRLM. (J) Immunoblotting of MMP2 and EMT markers. (K) Immunostaining of MMP2 and quantification of MMP2-positive cells in CRLM. (L) Immunostaining of α -SMA and quantification of α -SMA–positive areas in CRLM. Images in G, H, K, and L represent results from 1 of 5 pairs of mice in each group. Data in C, D, E, G, H, K, and L were expressed as mean \pm standard deviation, n = 5 in each group. $*P < .05$, $**P < .001$.

Figure 11. LipCER induces apoptosis and inhibits migration/invasion in MC38 cells. LipCER (10 μ mol/L) was added to culture medium of MC38 cells for 36 hours. Then viability of MC38 cells was evaluated by MTT assays. Cell proteins were extracted for evaluation of expression levels of apoptosis makers. Effects of LipCER on migration of invasion of MC38 cells were tested by using Transwell assays. (A) Cell viability of MC38 cells with and without LipCER treatment. (B) Evaluation of expression levels of apoptosis makers in MC38 cells with and without LipCER treatment. (B) Immunoblotting of cCASP3 and cPARP and quantifications of protein levels of cCASP3 and cPARP in MC38 cells. (C) Effects of LipCER on migration and invasion of MC38 cells. Images in C represent results from 3 independent experiments. Data in A and B are expressed as mean \pm standard deviation, n = 3 in each group. Data in C were expressed as mean \pm standard deviation, n = 5 in each group. $*P < .05$, $*P < .01$, $*P < .001$.

mitochondrial pathway of apoptosis and suppresses the signaling pathways involved in MMP expression and EMT in CRC cells.[19](#page-22-17),[20,](#page-22-13)[35](#page-23-8)[,73](#page-24-17) Consistently, our data demonstrate that

activation of the SPMD3-produced exosomal CER induces mitochondrial apoptosis and restricts the increase in invasiveness with suppression of MMP2 expression and EMT in

Figure 12. LipCER injection has no significant impact on LR in mice. C57BL/6J mice were treated with 2/3 hepatectomy. Then LipCER or vehicle liposomes were injected via the tail vein every other day at a dose of 35 mg/kg body weight. Liver tissues were harvested 3 days after the operation for examination. (A–E) Examination of LR in mice. (A) Mouse body weight. (B) Weight of the remnant liver. (C) Ratio of remnant liver weight and body weight in mice. (D) Immunostaining of PCNA and quantification of PCNA-positive cells in the mouse liver. (E) Immunoblotting of PCNA on protein extracted from liver tissues. Images in D represent results from 1 of 3 pairs of mice in each group. Data in A, B, and C are expressed as mean \pm standard deviation, $n = 3$ in each group. Data in D are expressed as mean \pm standard deviation, $n = 5$ in each group.

target CRC cells [\(Figure 7](#page-11-0)G–L). Although LR harbors SPMD3 produced exosomal CER as anti-CRLM machinery, we still observed that induction of LR indeed promoted the progression of CRLM (Figure $1A-E$) and that inhibition of exosomal CER generation further promoted CRLM after induction of LR [\(Figures 7](#page-11-0)B–F and 10B–F). Importantly, treatment of LipCER was found to substantially suppress CRLM by inducing apoptosis and reducing invasiveness in CRLM (Figure $13H-M$). These data collectively suggest that the exosomal CER at physiological levels only impedes LR

from further promoting the progression of CRLM without eradicating CRLM; however, upon augmenting CER levels through exogenous administration, it may become sufficient to eradicate CRLM. Notably, we found that the supplement of LipCER did not impact the normal process of LR (Figure $12A-E$). This might be attributed to the upregulation of ceramidase activity to prevent the accumula-tion of CER in the regenerating liver.^{[28](#page-23-3)} Because LipCER has been implicated as an anti-cancer therapeutic agent, 21 these findings offer a promise of using CER as a therapeutic option to prevent the recurrence of CRLM after PH.

In conclusion, our work provides new insight into the anti-CLRM mechanism by which induction of LR impedes the progression of CRLM. These discoveries offer new strategies for manipulating the SMPD3-mediated CER metabolism to prevent CRLM in the regenerating liver and present the potential for using CER as a therapeutic approach to prevent CRLM recurrence after PH.

Materials and Methods

Mice

Six-week-old male C57BL/6J mice were purchased from the animal experiment center of Southern Medical University (Guangzhou, China) and maintained in a specific pathogenfree (SPF) environment. All animal experiments were approved by the Institutional Animal Care and Use Committee of Nanfang Hospital Southern Medical University.

Mice Experiments

Mouse 2/3 hepatectomy was performed as described by Mitchell and Willenbring. 74 The mice CRLM model was performed as described by Yu et al.^{[75](#page-24-19)} Briefly, 8-week-old C57BL/6J mice were anesthetized by isoflurane inhalant, and their abdominal cavities were opened to expose the liver and spleen. For the liver metastasis model, mice were injected intrasplenically with 5×10^5 MC38 cells in 100 μ L phosphate-buffered saline, followed by splenectomy at 3 minutes after injections. Then mice of the LR-CRLM group were subjected to 2/3 hepatectomy by removing the left lateral and median lobes. Mice of the control (CRLM) group were subjected to intrasplenic injection of MC38 cell without 2/3 liver resection. At 14 days after surgery, mice were killed, and tissues were collected. For in vivo Smpd3 knockdown, liverdirected $AAVs⁷⁶$ type 8 $AAVs$ carrying an shRNA targeting Smpd3 gene (shSmpd3; 5'-ccATTCTTTCAGTCACGATTT-3'), or a control shRNA (shCON; 5'-CGCTGAGTACTTCGAAATGTC-3') with a green fluorescent protein reporter gene (Jikai Biology, Shanghai, China) were injected into the tail vein of normal mice via a 28-gauge needle. Smpd3 knockdown efficiency was examined by real-time PCR analyses and Western blotting assay. For blockage of the SMPD3-mediated exosome generation with GW4869 treatment, GW4869 (Selleck, Houston, TX) was dissolved in saline with 2.5% dimethyl sulfoxide, and the same volume of 2.5% dimethyl sulfoxide saline was used as vehicle control. One week after establishing the CRLM model, the mice were administered GW4869 intraperitoneally (1 mg/kg) every 24 hours for 7 days. Mice were killed, and tissues were collected after a 7-day treatment. For exosome treatment, serum exosomes were isolated from the Smpd3 knockdown and their control mice 3 days after 2/3 hepatectomy without CRLM modeling. Twenty μ g exosomes were injected into wild-type C57BL/6J mice through the tail vein before establishing the CRLM model every other day for 21 days. Mice were killed at 14 days after establishing the CRLM model, and tissues were collected. For LipCER treatment, LipCER (35 mg/kg body weight) or vehicle was injected into wild-type C57BL/6J mice via the tail vein before and after establishing the CRLM model every other day for 3 weeks and 2 weeks, respectively. Mice were killed 2 weeks after establishing the CRLM model, and tissues were collected.

Quantitative Real-Time Polymerase Chain Reaction

Total RNA was extracted from liver tissues, CRLM tissues, and CRLM-adjacent liver tissues using TriZol reagent. mRNA was reversely transcribed to cDNA by EV M-MLV RT Premix (Accurate Biology; Changsha, China). Quantitative PCR analyses were performed on an ABI Prism 7000 sequence detection system (Thermo, Ringoes, NJ). Relative mRNA levels of the indicated genes were calculated using the delta-delta CT method. β -Actin was used as a reference gene. Primer sequences used to amplify specific gene fragments are listed in [Table 1.](#page-19-0)

Figure 13. (See previous page). LipCER slows LR-CRLM by inducing mitochondrial apoptosis and restricting increase in invasiveness of metastatic CRC cells. (A) Schematic diagram depicting LipCER administration. LipCER or vehicle nanoliposomes were injected via the tail vein every other day for 2 weeks at dose of 35 mg/kg body weight before and after establishing the LR-CRLM model. (B-G) Pathology of LR-CRLM of mice treated with and without LipCER treatment. (B) Morphology of LR-CRLM; arrows indicate LR-CRLM. (C) Mouse body weight. (D) Mouse liver weight. (E) Mouse macroscopic tumor weight. (F) Ratio of macroscopic tumor weight and liver weight in mice. (G) H&E staining of liver sections; dotted line area indicates the area of LR-CRLM. (H-J) Examination on apoptosis in LR-CRLM of mice treated with and without LipCER treatment. (H) Immunostaining of cCASP3 and quantification of cCASP3-positive cells in LR-CRLM. (I) TUNEL staining and quantification of TUNEL-positive cells in LR-CRLM. (J) Immunoblotting of BCL-2, BAX, CYC, cCASP3, and cPARP on protein extracted from LR-CRLM tissues. (K–M) Measurement of MMP2 expression and evaluation of EMT in LR-CRLM of mice treated with and without LipCER treatment. (K) Immunoblotting of MMP2 and EMT markers in LR-CRLM. (L) Immunostaining of MMP2 and quantification of MMP2-positive cells in LR-CRLM. (M) Immunostaining of α -SMA and quantification of α -SMA–positive areas in LR-CRLM. (N and O) Examination on Wnt/CANTB activation in LR-CRLM of mice treated with and without LipCER treatment. (N) Immunoblotting of CANTB on proteins extracted from LR-CRLM tissues. (O) Immunostaining of CANTB in LR-CRLM. Images in H, I, L, M, and O represent results from 1 of 5 pairs of mice in each group. Data in C, D, E, F, H, I, L, and M were expressed as mean \pm standard deviation, n = 5 in each group. *P < .05, **P < .01, ***P < .001.

404 Li et al Cellular and Molecular Gastroenterology and Hepatology Vol. 16, Iss. 3

Hematoxylin-Eosin Staining

Tumor and liver tissues were embedded in paraffin blocks and sectioned after being fixed and treated with alcohol series. Sections were stained with hematoxylin-eosin for histology examination.

Immunohistochemistry Staining and TUNEL Assay

Liver sections and tumor sections were prepared as described above, and immunohistochemistry staining was performed using a VECTASTAIN Elite ABC Kit (Vector, Burlingame, CA) and an M.O.M. (Mouse on mouse) Immunodetection Kit (Vector) according to the manufacturer's instructions. Sections subjected to immunohistochemistry staining with antibodies against CD31 (Abcam, Cambridge, MA), SMPD3 (Santa Cruz Biotechnology, Santa Cruz, CA), MMP2 (Cell Signaling Technology, Danvers, MA), cCASP3 (Cell Signaling Technology), proliferating cell nuclear antigen (PCNA) (Cell Signaling Technology), and alpha-smooth muscle actin (α -SMA) (Cell Signaling Technology). The information on the primary antibodies is shown in [Table 2](#page-20-0). The sections were counterstained with hematoxylin. Positively stained cells were enumerated in 5 random fields per section in a $40\times$ field of view under

the Intelligently Designed Microscope (Olympus, Shinjukuku, Tokyo, Japan) in a blind manner. TUNEL assays were performed using a TACS-XL In Situ Apoptosis Detection DAB Kit (Trevigen, Gaithersburg, MD) according to the manufacturer's instructions. Methyl green was used for counterstaining. TUNEL-positive cells were enumerated in 5 random fields per section in a $40\times$ field of view in a blind manner.

Immunofluorescence Assay

Liver sections and tumor sections were fixed in 4% paraformaldehyde for 10 minutes, blocked with phosphatebuffered saline buffer containing 5% bovine serum albumin, and then incubated with antibodies at 4° C overnight. Antihepatocyte nuclear factor 4α antibody (Bioss, Beijing, China) was used to stain hepatocytes, anti-SMPD3 (Santa Cruz Biotechnology, Santa Cruz; CA) was used to detect the expression of SMPD3 in cells, and anti-CANTB (Santa Cruz Biotechnology) was used to detect the expression of CANTB in metastatic CRC cells nucleus, followed by incubation with secondary antibody at room temperature for 1 hour, and the nuclear was counterstained with diaminophenylindole. Alexa Fluor 488-conjugated antibody (ZSGB-BIO, Beijing, China) and Alexa Fluor 594-conjugated antibody (ZSGB-

BIO) were used as secondary antibodies. The co-stained liver resections were analyzed using an Intelligently Designed Microscope (Olympus).

Western Blotting

Proteins were extracted from MC38 cells, liver tissues, CRLM tissues, CRLM-adjacent tissues, and exosomes by a lysis buffer (50 mmol/L Tris, 1% NP40, 0.25% deoxycholic acid sodium salt, 150 mmol/L NaCl, 1 mmol/L EGTA), and protein concentrations were determined using a bicinchoninic acid protein determination kit (Thermo Scientific, Waltham, MA) according to the manufacturer's instructions. Western blot analyses were performed with antibodies against SMPD3 (Santa Cruz Biotechnology), MMP2 (Cell Signaling Technology), cCASP3 (Cell Signaling Technology), cPARP (Cell Signaling Technology), BCL-2 (Affinity, Changzhou, Jiangsu, China), BAX (Cell Signaling Technology), cytochrome C (CYC) (Abcam), heat shock protein 90 (Abcam), heat shock protein 70 (Abcam), CD63 (Abcam), CD9 (Proteintech, Guangzhou, China), N-cadherin (NCAD) (Cell Signaling Technology), vimentin (VIM) (Cell Signaling Technology), E-cadherin (ECAD) (Cell Signaling Technology), CANTB (Cell Signaling Technology), CD31(Abcam), GAPDH (Abcam), Histong3 H3 (Abcam), and β -Actin (ACTB) (Cell Signaling Technology). ACTB was used as a loading control. The information on these primary antibodies is listed in [Table 2](#page-20-0).

Targeted Lipidomics

Lipids were extracted from exosomes, CRLM tissues, and CRLM-adjacent liver tissues using an alkaline methyl tertbutyl ether extraction method as described by Matyash et al^{[77](#page-24-21)} with slight modifications. Briefly, MeOH (225 μ L, 4°C) was added to the homogenates of exosomes and tissues. After sonication and vortexing, the internal standards (Avanti Polar Lipids, Birmingham, AL) and 750 μ L methyl tert-butyl ether $(4^{\circ}C)$ were added. The mixture was incubated in a Thermomixer Comfort at 650 rpm for 1 hour at 4 \degree C. Afterward, 188 μ L water was added, and the samples were centrifuged at 10,000g for 10 minutes at 4° C. Then, 600 μ L of the upper organic layer was transferred to another tube and dried under a continuous stream of nitrogen to obtain lipid extracts (1 L/min N_2 at 25°C). The dried lipid extracts were resuspended in 100 μ L of 30% mobile phase B (IPA/ACN, 9/1 [v/v], 0.1 % formic acid, 10 mmol/L ammonium formate, and 5 μ mol/L phosphoric acid) and stored at -80° C before further analysis. After the removal of the interphase, proteins were precipitated from the lower layer by adding 903 μ L MeOH. Samples were stored at -80° C for 4 hours to precipitate protein. Protein pellets were collected after centrifugation at 19,803g for 30 minutes at 4° C and stored in 1% sodium dodecyl sulfate, 150 mmol/L NaCl, 50 mmol/L Tris (pH 7.8) solution at -80° C. The protein content for lipid normalization was quantified by BCA. Lipid standards were obtained from Avanti Polar Lipids, including CER(d18:1/6:0), CER(d18:1/ 16:0), CER(d18:1/18:0), CER(d18:1/18:1), CER(d18:1/ 20:0), CER(d18:1/22:0), CER(d18:1/24:0), CER(d18:1/ 24:1), SPH(d18:1), and S1P(d18:1).

Exosome Isolation and Identification

Isolation and purification of exosomes from mouse serum were performed as described^{[42](#page-23-14)} with slight modifications. Briefly, mouse serum was centrifuged at 2000g for 30 minutes and then at 10,000g for 30 minutes at 4° C, followed by filtration through a 0.45 - μ m filter to remove any possible large extracellular vesicles and particles. Exosomes were pelleted by ultracentrifugation at 120,000g for 70 minutes. Exosomes were washed with sterilized phosphate-buffered saline and purified by ultracentrifugation at 120,000g for 70 minutes. Exosomes were resuspended in phosphate-buffered saline. Purified exosomes were observed with a transmission electron microscope (Hitachi, Chiyoda Ward, Tokyo, Japan). The size and number of exosomes were measured by nanoparticle tracking analysis (NTA) (NanoFCM, Xiamen, China). The total protein concentration of isolated exosomes was determined by BCA assays. The presence of exosomes was verified by detecting the protein levels of exosomal markers including CD9, CD63, HSP90, and HSP70.

LipoCER Preparation

LipoCER preparation was performed as described by Tagaram et al.^{[23](#page-23-21)} Briefly, lipids including aliquots of $1,2$ dioleoyl-sn-glycero-3-phosphocholine (Avanti Polar Lipids), 1,2-dioleoylsn-glycero-3-phosphoethanolamine (Avanti Polar Lipids), 1,2-distearoylsn-glycero-3-phosphoethanolamine-N- (methoxy (polyethylene glycol)-2000) (Avanti Polar Lipids), C8-ceramide-1-succinyl [methoxy (polyethylene glycol)-750] (Avanti Polar Lipids), and CER(d18:1/6:0) (Avanti Polar Lipids) dissolved in chloroform $(CHCl₃)$ were combined in a 3.75:1.75:0.75:0.75:3 molar ratio. Combined lipids were dried under nitrogen gas and resuspended in 0.9% sterile NaCl solution at 60° C. After rehydration, the resulting solution was subjected to vortex mixing and sonicated, followed by quickly extruded at 60° C by passing the solution at least 10 times through 100-nm polycarbonate filters in an Avanti Polar Lipids Mini-Extruder (Avanti Polar Lipids). Nanoliposome solutions were stored at 4° C until use. Vehicle liposomes were prepared in a similar manner, excluding CER(d18:1/6:0).

Cell Culture

The murine CRC cell line MC38 was purchased from Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China) and was cultured in Dulbecco modified Eagle medium supplemented with 10% fetal bovine serum (Gibco) in a humidified incubator at 37° C with 5% CO₂. Exosomes (40 μ g/mL) were added to the culture medium, and after incubation at 37 \degree C, 5% CO₂ for 36 hours, the cells were collected.

Exosomes Up-Taking Fluorescence Assay

Exosomes were labeled using PKH67 green fluorescent cell linker kit (BestBio, Shanghai, China) according to the manufacturer's instructions. For in vitro exosome up-taking, PKH67-labeled exosomes were incubated with MC38 for 24 hours. For in vivo exosome up-taking, liver sections of exosome-treated mice were fixed in 4% paraformaldehyde for 10 minutes, and the nuclear was counterstained with DAPI. Exosomes up-taking was observed using the Intelligently Designed Microscope (Olympus) and Inversion Microscope (Olympus).

3-(4,5-Dimethylthiazol-2-yl)-2,5 Diphenyl Tetrazolium Assay

MC38 cells were treated with LipoCER $(10 \mu \text{mol/L})$ and vehicle liposomes at 37 \degree C, 5%CO₂ for 36 hours. MC38 cells were incubated with 3-(4,5-dimethylthiazol-2-yl)-2,5 diphenyl tetrazolium (Merck-Calbiochem, Burlington, MA) solution (5 mg/mL) for 2 hours. Then, lysis buffer (1 mmol/L HCL and 10% Triton X-100 in isopropanol) was added, and plates were incubated at room temperature and gently shaken at 70 rpm for 30 minutes to lysate the cells and elute 3-(4,5-dimethylthiazol-2-yl)-2,5 diphenyl tetrazolium dye. The absorbance was then measured at 590 nm using a multi-mode microplate reader (Molecular Devices, Silicon Valley, CA).

Cell Migration and Invasion Assay

The effect of exosome and LipCER on the migration and invasion of CRC cells was determined using Transwell 24 well plates (8- μ m pores; Corning). For cell invasion assays, the upper chambers with $8-\mu m$ pores were first precoated with 500 ng/mL Matrigel solution (BD Biosciences) and incubated for 4 hours at 37°C. Then, cancer cells $(1 \times$ $10⁵$ cells/well) were seeded in the upper chambers in serum-free medium. Meanwhile, the lower chambers were loaded with Dulbecco modified Eagle medium containing 10% fetal bovine serum. Exosome (40 μ g/mL), LipCER (10 μ mol/L), and vehicle liposomes (10 μ mol/L) were added to the upper chambers. After incubation at 37° C, 5% CO₂ for 36 hours, the upper chambers were scratched and immersed, washed with phosphate-buffered saline, fixed with 4% paraformaldehyde, stained with 0.1% crystal violet, and imaged by Inversion Microscope (Olympus). The cell migration assay was performed as above without Matrigel coating.

Statistical Analysis

Statistical analyses were performed with SPSS 20.0 (IBM, Armonk, NY). Statistical significance was determined using Student t test or one-way analysis of variance as appropriate, and P value <.05 (bilateral) was statistically significant.

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2023 SMPD3-Produced Exosomal CER in LR to Impede CRLM 409

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410 Li et al Cellular and Molecular Gastroenterology and Hepatology Vol. 16, Iss. 3

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