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## Dressings and topical agents containing hyaluronic acid for chronic wound healing (Review)

Roehrs H, Stocco JGD, Pott F, Blanc G, Meier MJ, Dias FAL

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[Intervention Review]

# Dressings and topical agents containing hyaluronic acid for chronic wound healing

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## ABSTRACT

### Background

Hyaluronic acid is synthesised in plasma membranes and can be found in extracellular tissues. It has been suggested that the application of hyaluronic acid to chronic wounds may promote healing, and the mechanism may be due to its ability to maintain a moist wound environment which helps cell migration in the wound bed.

### Objectives

To evaluate the effects of hyaluronic acid (and its derivatives) on the healing of chronic wounds.

### Search methods

We used standard, extensive Cochrane search methods. The latest search date was February 2022.

### Selection criteria

We included randomised controlled trials that compared the effects of hyaluronic acid (as a dressing or topical agent) with other dressings on the healing of pressure, venous, arterial, or mixed-aetiology ulcers and foot ulcers in people with diabetes.

### Data collection and analysis

We used standard methodological procedures expected by Cochrane. We assessed the certainty of the evidence using the GRADE approach.

### Main results

We included 12 trials (13 articles) in a qualitative synthesis, and were able to combine data from four trials in a quantitative analysis. Overall, the included trials involved 1108 participants (mean age 69.60 years) presenting 178 pressure ulcers, 54 diabetic foot ulcers, and 896 leg ulcers. Sex was reported for 1022 participants (57.24% female).

### Pressure ulcers

It is uncertain whether there is a difference in complete healing (risk ratio (RR) 1.17, 95% confidence interval (CI) 0.58 to 2.35); change in ulcer size (mean difference (MD) 25.60, 95% CI 6.18 to 45.02); or adverse events (none reported) between platelet-rich growth factor (PRGF) + hyaluronic acid and PRGF because the certainty of evidence is very low (1 trial, 65 participants). It is also uncertain whether there is a

difference in complete healing between lysine hyaluronate and sodium hyaluronate because the certainty of evidence is very low (RR 2.50, 95% CI 0.71 to 8.83; 1 trial, 14 ulcers from 10 participants).

### Foot ulcers in people with diabetes

It is uncertain whether there is a difference in time to complete healing between hyaluronic acid and lyophilised collagen because the certainty of evidence is very low (MD 16.60, 95% CI 7.95 to 25.25; 1 study, 20 participants). It is uncertain whether there is a difference in complete ulcer healing (RR 2.20, 95% CI 0.97 to 4.97; 1 study, 34 participants) or change in ulcer size (MD -0.80, 95% CI -3.58 to 1.98; 1 study, 25 participants) between hyaluronic acid and conventional dressings because the certainty of evidence is very low.

### Leg ulcers

We are uncertain whether there is a difference in complete wound healing (RR 0.98, 95% CI 0.26 to 3.76), percentage of adverse events (RR 0.79, 95% CI 0.22 to 2.80), pain (MD 2.10, 95% CI -5.81 to 10.01), or change in ulcer size (RR 2.11, 95% CI 0.92 to 4.82) between hyaluronic acid + hydrocolloid and hydrocolloid because the certainty of evidence is very low (1 study, 125 participants). It is uncertain whether there is a difference in change in ulcer size between hyaluronic acid and hydrocolloid because the certainty of evidence is very low (RR 1.02, 95% CI 0.84 to 1.25; 1 study, 143 participants). We are uncertain whether there is a difference in complete wound healing between hyaluronic acid and paraffin gauze because the certainty of evidence is very low (RR 2.00, 95% CI 0.21 to 19.23; 1 study, 24 ulcers from 17 participants).

When compared with neutral vehicle, hyaluronic acid probably improves complete ulcer healing (RR 2.11, 95% CI 1.46 to 3.07; 4 studies, 526 participants; moderate-certainty evidence); may slightly increase the reduction in pain from baseline (MD -8.55, 95% CI -14.77 to -2.34; 3 studies, 337 participants); and may slightly increase change in ulcer size, measured as mean reduction from baseline to 45 days (MD 30.44%, 95% CI 15.57 to 45.31; 2 studies, 190 participants). It is uncertain if hyaluronic acid alters incidence of infection when compared with neutral vehicle (RR 0.89, 95% CI 0.53 to 1.49; 3 studies, 425 participants). We are uncertain whether there is a difference in change in ulcer size (cm<sup>2</sup>) between hyaluronic acid and dextranomer because the certainty of evidence is very low (MD 5.80, 95% CI -10.0 to 21.60; 1 study, 50 participants).

We downgraded the certainty of evidence due to risk of bias or imprecision, or both, for all of the above comparisons. No trial reported health-related quality of life or wound recurrence. Measurement of change in ulcer size was not homogeneous among studies, and missing data precluded further analysis for some comparisons.

### Authors' conclusions

There is currently insufficient evidence to determine the effectiveness of hyaluronic acid dressings in the healing of pressure ulcers or foot ulcers in people with diabetes. We found evidence that hyaluronic acid probably improves complete ulcer healing and may slightly decrease pain and increase change in ulcer size when compared with neutral vehicle. Future research into the effects of hyaluronic acid in the healing of chronic wounds should consider higher sample size and blinding to minimise bias and improve the quality of evidence.

## PLAIN LANGUAGE SUMMARY

### Hyaluronic acid for chronic wound healing

#### What is the aim of this review?

The aim of this review was to evaluate the effects of hyaluronic acid on the healing of chronic wounds. Hyaluronic acid is a naturally occurring molecule present in human cells. Chronic wounds are wounds that take a long time to heal. They include pressure ulcers, foot ulcers, and leg ulcers.

#### Key messages

We cannot be certain whether dressings and topical agents containing hyaluronic acid are more effective for healing pressure ulcers or foot ulcers in people with diabetes than other dressings and topical agents. When used in people with leg ulcers and compared with the inactive substance included in the dressing to serve as a means of delivering hyaluronic acid (neutral vehicle), hyaluronic acid probably improves complete ulcer healing and may slightly decrease pain and increase change in ulcer size. There was not enough information to be sure how dressings and topical agents containing hyaluronic acid compare with other dressings and topical agents in terms of potential side effects.

#### What was studied in the review?

Chronic wounds are hard-to-heal wounds that arise for a variety of reasons, including in response to an underlying disease. Treatment includes different types of wound dressing or topical agents with a variety of purposes, including: maintenance of a moist healing environment; reduction of bacteria present in the wound; and prevention of infection.

#### What did we do?

We searched the medical literature for studies that evaluated the effects of hyaluronic acid compared with other dressings. We compared the data obtained, summarised the results, and rated our confidence in the evidence, based on factors such as study methods and sizes. We only included randomised controlled trials, a type of study where people are assigned at random to receive different treatments, because they provide the most reliable health evidence.

**What are the main results of the review?**

We found 12 studies involving a total of 1108 participants. Sex was reported for 1022 participants (57.24% female). Mean age corresponded to 69.60 years. Dressings containing varying concentrations of hyaluronic acid, or containing hyaluronic acid in combination with another treatment, were compared with other dressing types.

It is uncertain whether hyaluronic acid is better or worse at healing pressure ulcers or foot ulcers in people with diabetes. It is also uncertain if there is any difference in effect between hyaluronic acid and other dressings on adverse events and pain in these types of wounds. This is due to scarcity of data to analyse or because of study limitations such as small sample sizes and methodological problems.

In leg ulcers, hyaluronic acid probably improves complete ulcer healing when compared with neutral vehicle (4 studies, 526 participants), and may slightly reduce pain (3 studies, 337 participants) and slightly increase change in ulcer size (2 studies, 190 participants). It is uncertain whether hyaluronic acid is better or worse at healing leg ulcers when compared with hydrocolloid (an agent that forms a gel when exposed to wound fluids), paraffin gauze, or dextranomer (a type of dressing that promotes wound healing).

No trial reported health-related quality of life or wound recurrence.

**What limited our confidence in the evidence?**

Most studies were small (fewer than 100 participants), and most (9 out of 12) used methods that were likely to have introduced errors in their results. Follow-up duration was short (9 out of 12 studies followed participants for 60 days or less), and studies were not designed to assess time to complete healing (only 1 study followed participants until complete healing).

**How up-to-date is the review?**

We searched for studies published up to February 2022.

## SUMMARY OF FINDINGS

### Summary of findings 1. Platelet-rich growth factor + hyaluronic acid compared with platelet-rich growth factor for pressure ulcers

#### Platelet-rich growth factor + hyaluronic acid compared with platelet-rich growth factor for pressure ulcers

**Patient or population:** pressure ulcer  
**Setting:** long-stay hospital and geriatric centres  
**Intervention:** platelet-rich growth factor + hyaluronic acid  
**Comparison:** platelet-rich growth factor

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with platelet-rich growth factor	Risk with platelet-rich growth factor + hyaluronic acid				
Complete ulcer healing Follow-up: 36 days	Study population 320 per 1000      374 per 1000 (186 to 752)		RR 1.17 (0.58 to 2.35)	65 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if platelet-rich growth factor + hyaluronic acid affects complete healing when compared with platelet-rich growth factor.
Time to complete wound healing - not reported	No studies provided evidence for this outcome.					
Adverse events	No signs of infection in the pressure ulcers of either group		-	65 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if platelet-rich growth factor + hyaluronic acid affects adverse events when compared with platelet-rich growth factor.
Health-related quality of life	No studies provided evidence for this outcome.					
Pain	No studies provided evidence for this outcome.					
Change in ulcer size Follow-up: 36 days	The per cent reduction in ulcer size was 54.80	The per cent reduction in ulcer size was 80.4	MD 25.60 cm higher (6.18 higher to 45.02 higher)	65 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if platelet-rich growth factor + hyaluronic acid affects change in ulcer size when compared with platelet-rich growth factor.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **MD:** mean difference; **RCT:** randomised controlled trial; **RR:** risk ratio

### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>1</sup>Downgraded twice for risk of bias due to unclear blinding of participants and personnel and high risk of attrition bias.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and events and wide confidence intervals.

## Summary of findings 2. Lysine hyaluronate compared with sodium hyaluronate for pressure ulcers

### Lysine hyaluronate compared with sodium hyaluronate for pressure ulcers

**Patient or population:** people with pressure ulcers

**Setting:** hospital

**Intervention:** lysine hyaluronate

**Comparison:** sodium hyaluronate

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with sodium hyaluronate	Risk with lysine hyaluronate				
Complete ulcer healing Follow-up: 15 days	Study population		RR 2.50 (0.71 to 8.83)	10 participants; 14 ulcers (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if lysine hyaluronate affects complete healing when compared with sodium hyaluronate.
	286 per 1000	714 per 1000 (203 to 1000)				
Time to complete wound healing - not reported	No studies provided evidence for this outcome.					
Adverse events - not reported	No studies provided evidence for this outcome.					
Health-related quality of life - not reported	No studies provided evidence for this outcome.					
Pain	No studies provided evidence for this outcome.					
Change in ulcer size	Study authors reported the period required to reach 50% of ulcer healing; however, they did not		-	10 participants;	⊕⊕⊕⊕	It is uncertain if lysine hyaluronate affects complete healing

provide means or standard deviation, thereby precluding further analysis.

14 ulcers  
(1 RCT)

Very low <sup>1 2</sup>

when compared with sodium hyaluronate.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **RCT:** randomised controlled trial; **RR:** risk ratio

#### GRADE Working Group grades of evidence

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<sup>1</sup>Downgraded twice for risk of bias due to unclear risk for randomisation and allocation, and high risk for selective reporting.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and events and wide confidence intervals.

### Summary of findings 3. Hyaluronic acid compared with lyophilised collagen for foot ulcers in people with diabetes

#### Hyaluronic acid compared with lyophilised collagen for foot ulcers in people with diabetes

**Patient or population:** foot ulcers in people with diabetes

**Setting:** not reported

**Intervention:** hyaluronic acid

**Comparison:** lyophilised collagen

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	N° of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with lyophilised collagen	Risk with hyaluronic acid				
Complete ulcer healing			-	20 (1 RCT)	-	Study authors followed all participants until complete healing.
Time to complete healing	The mean time to complete healing was 32.4 days.	The mean time to complete healing was 49.0 days.	MD 16.60 days higher (7.95 higher to 25.25 higher)	20 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if lyophilised collagen decreases time to complete healing when compared with hyaluronic acid.
Adverse events - not reported	No studies provided evidence for this outcome.					



Health-related quality of life - not reported	No studies provided evidence for this outcome.				
Pain	Study authors did not provide quantitative analysis of pain, only a subjective assessment stating improvement of pain, itch, and paraesthesias in the collagen group.	-	-	⊕○○○ Very low <sup>1 2</sup>	It is uncertain if lyophilised collagen decreases pain when compared with hyaluronic acid.
Change in ulcer size	No studies provided evidence for this outcome.				

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **MD:** mean difference; **RCT:** randomised controlled trial; **RR:** risk ratio

#### GRADE Working Group grades of evidence

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<sup>1</sup>Downgraded twice for risk of bias due to unclear risk of bias for randomisation, allocation, and blinding, and high risk of bias for attrition and selective reporting.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and events.

### Summary of findings 4. Hyaluronic acid compared with conventional dressing (sterile petrolatum gauze) for foot ulcers in people with diabetes

#### Hyaluronic acid compared with conventional dressing (sterile petrolatum gauze) for foot ulcers in people with diabetes

**Patient or population:** foot ulcers in people with diabetes

**Setting:** not reported

**Intervention:** hyaluronic acid

**Comparison:** conventional dressing/sterile petrolatum gauze

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	N° of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with conventional dressing/sterile petrolatum gauze	Risk with hyaluronic acid				
Complete ulcer healing	Study population		RR 2.20 (0.97 to 4.97)	34 (1 RCT)	⊕○○○ Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid improves complete ulcer heal-

(12 weeks - 84 days)	294 per 1000	647 per 1000 (285 to 1000)				ing when compared with conventional dressing/sterile petrolatum.	
Time to complete wound healing - not reported	No studies provided evidence for this outcome.						
Adverse events - not measured	Study authors reported severe adverse events in 1 case (5.9%) in the study group (infection followed by ray amputation) and 4 cases (23.5%) in the control group (2 amputations due to contralateral side infection, 1 cerebral vascular accident, 1 sepsis due to pneumonia). None of the events were considered to be related to the dressing material (e.g. infections were in contralateral side).	-	-	⊕⊕⊕⊕	Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid improves adverse events when compared with conventional dressing/sterile petrolatum.	
Health-related quality of life - not reported	No studies provided evidence for this outcome.						
Pain	No studies provided evidence for this outcome.						
Change in ulcer size	The mean change in ulcer size was 3.80 cm <sup>2</sup> .	The mean change in ulcer size was 3.00 cm <sup>2</sup> .	MD 0.80 cm <sup>2</sup> lower (3.58 lower to 1.98 higher)	25 (1 RCT)	⊕⊕⊕⊕	Very low <sup>1 2</sup>	It is uncertain whether there is a difference in mean change in ulcer size between hyaluronic acid and conventional dressings.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **MD:** mean difference; **RCT:** randomised controlled trial; **RR:** risk ratio

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

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<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and events and wide confidence intervals.

## Summary of findings 5. Hyaluronic acid + hydrocolloid compared with hydrocolloid for leg ulcers

### Hyaluronic acid + hydrocolloid compared with hydrocolloid for leg ulcers

**Patient or population:** people with leg ulcers

**Setting:** inpatients or outpatients

**Intervention:** hyaluronic acid + hydrocolloid

**Comparison:** hydrocolloid

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	N° of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with hydrocolloid	Risk with hyaluronic acid + hydrocolloid				
Complete ulcer healing (42 days)	Study population		RR 0.98 (0.26 to 3.76)	125 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid + hydrocolloid affects complete ulcer healing when compared with hydrocolloid.
	65 per 1000	63 per 1000 (17 to 243)				
Time to complete wound healing - not reported	No studies provided evidence for this outcome.					
Adverse events	Study population		RR 0.79 (0.22 to 2.80)	125 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if there is a difference in adverse events between hyaluronic acid + hydrocolloid and hydrocolloid.
	81 per 1000	64 per 1000 (18 to 226)				
Health-related quality of life - not reported	No studies provided evidence for this outcome.					
Pain (VAS, mm) at follow-up	The mean score was 10.0.	The mean score was 12.1.	MD 2.10 (5.81 lower to 10.01 higher)	125 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if there is a difference in pain between treatments.
Change in ulcer size to at least 90%	Study population		RR 2.11 (0.92 to 4.82)	125 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if there is a difference in change in ulcer size between treatments.
	113 per 1000	238 per 1000 (104 to 544)				

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: confidence interval; MD: mean difference; RCT: randomised controlled trial; RR: risk ratio; VAS: visual analogue scale

### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

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<sup>1</sup>Downgraded twice for risk of bias due to high risk of bias for blinding of participants and personnel and outcome assessment.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and wide confidence intervals.

## Summary of findings 6. Hyaluronic acid compared with hydrocolloid for leg ulcers

### Hyaluronic acid compared with hydrocolloid for leg ulcers

**Patient or population:** people with leg ulcers

**Setting:** general clinic (20 centres)

**Intervention:** hyaluronic acid

**Comparison:** hydrocolloid

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with hydrocolloid	Risk with hyaluronic acid				
Complete ulcer healing Follow-up: 56 days	Data on complete wound healing were not properly presented at the endpoint (56 days). There was only a citation relating to 27 dropouts, including 12 due to ulcer healing, without specifying to which groups they belonged.		-	143 (1 RCT)	⊕○○○ Very low <sup>1 2</sup>	It is uncertain if there is a difference in complete wound healing between treatments.
Time to complete wound healing - not reported	No studies provided evidence for this outcome.					
Adverse events Follow-up: 56 days	The study report states that 77 adverse events were reported in 42 participants during the study; however, most of them were not localised to the ulcer.		-	143 (1 RCT)	⊕○○○ Very low <sup>1 2</sup>	It is uncertain if there is a difference in adverse events between treatments.
Health-related quality of life - not reported	No studies provided evidence for this outcome.					

Pain	No studies provided evidence for this outcome.				
Change in ulcer size > 40%	Study population	RR 1.02 (0.84 to 1.25)	143 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if there is a difference in change in ulcer size between treatments.
	718 per 1000 736 per 1000 (602 to 900)				

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **RCT:** randomised controlled trial; **RR:** risk ratio

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>1</sup>Downgraded twice for risk of bias due to unclear risk of bias for allocation and high risk of bias for blinding of participants and personnel.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and events and wide confidence intervals.

### Summary of findings 7. Hyaluronic acid compared with paraffin gauze for leg ulcers

#### Hyaluronic acid compared with paraffin gauze for leg ulcers

**Patient or population:** leg ulcers

**Setting:** not reported

**Intervention:** hyaluronic acid

**Comparison:** paraffin gauze

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with paraffin gauze	Risk with hyaluronic acid				
Complete ulcer healing (56 days)	Study population		RR 2.00 (0.21 to 19.23)	17 participants; 24 ulcers (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid increases ulcer healing when compared with paraffin gauze.
	83 per 1000	167 per 1000 (17 to 1000)				

Time to complete wound healing - not reported	No studies provided evidence for this outcome.				
Adverse events - not reported	No studies provided evidence for this outcome.				
Health-related quality of life - not reported	No studies provided evidence for this outcome.				
Pain	No studies provided evidence for this outcome.				
Change in ulcer size	Study authors reported mean improvement in ulcer healing at 8 weeks; however, they did not provide standard deviations, thereby precluding further analysis.	-	-	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid improves ulcer healing when compared with paraffin gauze.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **RCT:** randomised controlled trial; **RR:** risk ratio

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>1</sup>Downgraded twice for risk of bias due to unclear risk of bias for randomisation and allocation and high risk of bias for blinding of participants and personnel and outcome assessment and other bias.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and events and wide confidence intervals.

### Summary of findings 8. Hyaluronic acid compared with neutral vehicle for leg ulcers

#### Hyaluronic acid compared with neutral vehicle for leg ulcers

**Patient or population:** people with leg ulcers

**Setting:** patients' homes and care facilities; general centres

**Intervention:** hyaluronic acid

**Comparison:** neutral vehicle

Outcomes	Anticipated absolute effects* (95% CI)	Relative effect (95% CI)	Nº of participants	Certainty of the evidence	Comments
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	Risk with neutral vehicle	Risk with hyaluronic acid	(studies)	(GRADE)		
Complete wound healing (60 days)	Study population 130 per 1000	267 per 1000 (184 to 388)	RR 2.11 (1.46 to 3.07)	526 (4 RCTs)	⊕⊕⊕⊕ Moderate <sup>1</sup>	Hyaluronic acid probably improves complete ulcer healing when compared with neutral vehicle.
Time to complete wound healing	Dereure 2012a, Mikosinski 2021a, and Mikosinski 2021b did not report this outcome.  The authors of Humbert 2013 stated: "Other performance secondary endpoints (time to complete ulcer healing and global performance) were comparable between treatment groups, at any visit". However, no numbers were provided.		-	89 (1 RCT)	⊕⊕⊕⊕ Very low <sup>2,3</sup>	It is uncertain if hyaluronic acid improves time to complete ulcer healing when compared with neutral vehicle.
Adverse events - incidence of infection	122 per 1000	109 per 1000 (65 to 182)	RR 0.89 (0.53 to 1.49)	425 (3 RCTs)	⊕⊕⊕⊕ Very low <sup>1,3</sup>	It is uncertain if hyaluronic alters the incidence of infection when compared with neutral vehicle.
Health-related quality of life - not reported	No studies provided evidence for this outcome.					
Pain (VAS, mm), reduction from baseline	-	MD 8.55 lower (14.77 lower to 2.34 lower)	-	337 (3 RCTs)	⊕⊕⊕⊕ Low <sup>1,4</sup>	Hyaluronic acid may slightly increase reduction in pain from baseline when compared with neutral vehicle.
Change in ulcer size (45 days)	-	MD 30.44 higher (15.57 higher to 45.31 higher)	-	190 (2 studies)	⊕⊕⊕⊕ Low <sup>1,4</sup>	Hyaluronic acid may slightly increase change in ulcer size when compared with neutral vehicle.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **MD:** mean difference; **RCT:** randomised controlled trial; **RR:** risk ratio; **VAS:** visual analogue scale

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

- <sup>1</sup>Downgraded once for risk of bias due to unclear blinding of participants and personnel and high risk of attrition bias in one study.  
<sup>2</sup>Downgraded twice for risk of bias.  
<sup>3</sup>Downgraded twice for imprecision due to small sample size and wide or unknown confidence intervals.  
<sup>4</sup>Downgraded once for imprecision due to small numbers of participants.

### Summary of findings 9. Hyaluronic acid compared with dextranomer for leg ulcers

#### Hyaluronic acid compared with dextranomer for leg ulcers

**Patient or population:** people with leg ulcers  
**Setting:** hospitalised patients  
**Intervention:** hyaluronic acid  
**Comparison:** dextranomer

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with dextranomer	Risk with hyaluronic acid				
Complete ulcer healing - not reported	No studies provided evidence for this outcome.					
Time to complete wound healing - not reported	No studies provided evidence for this outcome.					
Adverse events	"There were five reports of side-effects (local pain, a local burning sensation, panniculitis and a prickling sensation) in the HA group and two reports in the dextranomer group (surrounding eczema and local pain)." 1 participant (hyaluronic acid group) dropped out due to the onset of pain and a burning sensation. We were not able to estimate the rate of specific adverse events between groups.		-	50 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid increases adverse events compared with dextranomer.
Health-related quality of life - not reported	No studies provided evidence for this outcome.					
Pain	No studies provided evidence for this outcome.					
Change in ulcer size (21 days)	The mean change was 4.2.	The mean change was 10.0.	MD 5.80 higher (10 lower to 21.60 higher)	50 (1 RCT)	⊕⊕⊕⊕ Very low <sup>1 2</sup>	It is uncertain if hyaluronic acid promotes a greater change in ulcer size



when compared with dextranomer.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** confidence interval; **MD:** mean difference; **RCT:** randomised controlled trial

#### **GRADE Working Group grades of evidence**

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>1</sup>Downgraded once for risk of bias due to unclear risk of bias for randomisation, allocation concealment, and blinding of participants and personnel and outcome assessment.

<sup>2</sup>Downgraded twice for imprecision due to small numbers of participants and wide confidence intervals.

## BACKGROUND

### Description of the condition

For definitions of technical terms, please see the glossary in [Appendix 1](#).

Chronic wounds are wounds that "fail to proceed through an orderly and timely process to produce anatomic and functional integrity" ([Lazarus 1994](#)). Wound healing comprises a chronological sequence of four independent and overlapping steps: haemostasis (cessation of bleeding); inflammation; cell proliferation; and remodelling ([Lazarus 1994](#); [Schultz 2003](#)). These steps involve many types of cells including fibroblasts and macrophages, as well as biochemical factors such as endogenous hyaluronic acid (HA) and metalloproteases of extracellular matrix ([Chen 1999](#)). Many factors influence the healing of chronic wounds including aetiology, comorbidities, nutrition, immobility, and medication.

Chronic wounds can be painful and infected ([Schultz 2003](#); [Velasco 2011](#)). High levels of pain affect quality of life, [Dias 2013](#); [Siersma 2014](#), and people's ability to work and perform activities of daily living ([Dumville 2013](#); [O'Meara 2013](#)). Treatment of chronic wounds includes different types of wound dressing and topical agents, with a variety of aims including maintenance of a moist healing environment (e.g. films, foam, hydrocolloids, alginates, hydrogel); reduction in bacterial load and infection (e.g. dressings and topical agents containing silver or iodine) ([Bradley 1999](#); [Powers 2013](#); [Velasco 2011](#)); or dressings and topical agents aiming to support healing that contain collagen, cellulose, and other factors ([Velasco 2011](#)).

Chronic wounds arise for a variety of reasons and usually in response to underlying disease (e.g. diabetes, venous disease, arterial disease, neurological conditions) or severe injury (e.g. burns, trauma, surgery) ([Schultz 2003](#)). Diabetic foot wounds and venous and pressure ulcers account for approximately 90% of chronic wounds ([Kirketerp-Møller 2011](#); [Mustoe 2006](#)). This review focuses on the treatment of pressure ulcers, leg ulcers, and diabetic foot ulcers.

### Venous and arterial ulcers

Venous ulcers occur as a result of an impairment of venous return due to problems of the venous circulation in the legs (e.g. from deep venous thrombosis). In the UK, the prevalence of venous ulcers has been estimated at between 1 and 3 per 1000, and the figure is similar in Ireland ([Agale 2013](#)). Worldwide, the cost of venous ulcer treatments is higher than USD 1000 million ([Margolis 2013](#)). The standard, effective treatment for venous leg ulcers is compression therapy ([O'Meara 2012](#)); however, wound dressings are also used with the aim of promoting a healing environment, protecting the wound, absorbing exudate, and reducing infection.

Arterial ulcers affect approximately 1% of North Americans and develop due to impaired blood flow to the tissues, typically as a result of peripheral vascular disease ([Collins 2010](#); [Lazarus 2014](#); [Porter 1995](#); [Velasco 2011](#)). The main treatment aim is to restore blood flow by revascularisation; however, wound dressings are used with the aim of protecting and healing the wound.

### Foot ulcers in people with diabetes

Approximately 15% of people with diabetes will present a foot ulcer at some time in their lives ([Barshe 2013](#); [Boike 2017](#); [Jeffcoate 2003](#)). The US Centers for Disease Control and Prevention (CDC) have estimated that approximately 13% of people with diabetes have foot ulcers ([CDC 2003](#)), and the global costs of treating people with these wounds are high. In Sweden, the cost of treating foot infections in people with diabetes ranged from USD 30,000 without amputation to USD 58,000 with amputation ([Peters 2013](#); [Tennvall 2000](#)). In England (2010/2011), the NHS spent GBP 639 to 662 million on the management of diabetic foot ulcers, representing approximately 0.7% of its budget ([Kerr 2012](#)). Wound dressings are used for the same reasons as described above, alongside removal of pressure and revascularisation where appropriate.

### Pressure ulcers

Pressure ulcers are wounds that occur due to prolonged pressure, alone or in combination with shear. Risk factors for pressure ulcer development include immobility, poor nutrition, poor tissue perfusion, sensory impairment, and older age. Pressure ulcers are classified according to the depth of tissue affected ([NPUAP/EPUAP/PPPIA 2014](#)).

The prevalence of pressure ulcers varies according to the place where caring is provided, whether in hospitals, community, or long-term facilities and depending on associated comorbidities ([Amir 2013](#); [Chen 2011](#); [Gunningberg 2013](#)). In a study in the USA, pressure ulcer prevalence was between 10% and 18% in acute care (including critical care and surgical rooms) and up to 29% in home care support services ([Cuddigan 2001](#)). In the Netherlands, the cost of pressure ulcer treatment varies from EUR 89 million to EUR 1900 million, or between 0.1% and 1% of the total amount spent by the Dutch health system ([Makai 2010](#)).

### Description of the intervention

Karl Meyer discovered hyaluronic acid in 1930 ([Meyer 1934](#)). During the 1950s, Meyer and colleagues determined that hyaluronic acid was a linear polysaccharide (GlcNAc). It is a carbon hydrate (from disaccharide) that is easily dissolved, producing an aqueous gel ([Nusgens 2010](#)).

Hyaluronic acid is synthesised in the plasma membrane ([Fraser 1997](#)), and it can be found in extracellular tissues in many different concentrations ([Collins 2013](#)), mainly in articular fluids, tendon sheaths and bursae ([Fraser 1997](#)). It is involved with the lubrication, moisturising, and maintenance of tissue structure ([Collins 2013](#); [Pan 2013](#)). Commercially produced hyaluronic acid comes from animal tissues ([Oh 2010](#)), and has growing importance in the development of biomaterial ([Collins 2013](#)). The British National Formulary (BNF) recognises sodium hyaluronate-containing dressings, classifying them as a type of hydrogel for use directly in the wound or for application via a primary dressing (in both cases covered with a secondary dressing) ([BNF 2017a](#)). Hyaluronic acid can be combined with other dressing materials, such as hydrogel films ([Boateng 2008](#)), hydrocolloids ([Zinoviev 2014](#)), fibrin sheets ([Anilkumar 2011](#)), and alginates ([Oh 2013](#)). Sodium hyaluronate can be combined with antiseptics such as iodine to reduce bacterial load ([BNF 2017a](#)). It has been estimated that the annual global market of hyaluronic acid-based products is approximately USD 1000 million ([Pan 2013](#)).

## How the intervention might work

It has been suggested that the application of hyaluronic acid to chronic wounds may promote healing (Anilkumar 2011; Chen 1999), possibly via a role in the inflammation and granulation phases of healing (Chen 1999). One mechanism may be the ability of hyaluronic acid to maintain a moist wound environment that helps cell migration in the wound bed (e.g. migration of fibroblasts and endothelial cells). It has also been suggested that hyaluronic acid may reduce scarring and fibrosis and improve angiogenesis (Dicker 2014; Knudson 1993; Zhu 2006), and that it may have anti-inflammatory effects (Chen 1999; Dicker 2014).

## Why it is important to do this review

Chronic wounds are extremely common globally and costly to manage. Hyaluronic acid-containing wound treatments may promote chronic wound healing, and a rigorous, comprehensive systematic review of relevant research is needed to determine their contribution to healing. A chronic wound is a complex clinical situation that causes considerable economic impact and adversely affects the quality of life of those affected. There is no current, rigorously derived summary of the evidence to inform clinicians of the effects of hyaluronic acid dressings in treating chronic wounds. This review systematically analyses data on the effects of hyaluronic acid on chronic wound healing.

## OBJECTIVES

To evaluate the effects of hyaluronic acid (and its derivatives) on the healing of chronic wounds.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

We included randomised controlled trials (RCTs) that compared the effects of hyaluronic acid (as a dressing or topical agent) with no hyaluronic acid on the healing of pressure ulcers, venous, arterial or mixed-aetiology leg ulcers and foot ulcers in people with diabetes. Studies were eligible irrespective of the language of publication. We excluded studies that used quasi-random methods of allocation (e.g. alternation). For future updates, we plan to include cross-over trials, but will only consider the effects of the first randomised intervention.

#### Types of participants

We included adults in any care setting (e.g. hospital patients, outpatients, long-term care facilities, home care) who had pressure ulcers, leg ulcers (of venous, arterial, or mixed aetiology) or foot ulcers (including people with diabetes and foot ulcers). We accepted study authors' diagnostic criteria for wound aetiology. We analysed and presented data by each wound type separately. We planned to include trials that recruited people with different types of chronic wound (e.g. people with leg ulcers of different aetiologies or combined data from people with both leg and pressure ulcers). If the data were not presented separately by type of wound (or if trialists could not provide this information), we would analyse these studies grouped as 'mixed chronic wounds'; however, no studies fell into this category.

## Types of interventions

The intervention of interest was any type of wound dressing or topical agent containing hyaluronic acid or any of its derivatives (hyaluronan-based scaffold, hylan polymers, and sodium hyaluronate). We included studies comparing dressings or topical agents that contain hyaluronic acid with any other type of dressing, topical agent, placebo, or standard treatment. Only RCTs in which the presence or absence of a hyaluronic acid dressing was the only systematic difference between treatment groups were eligible. We also included studies comparing topical agents and dressings containing different concentrations or types of hyaluronic acid delivery. To simplify the comparisons, we categorised dressings according to the Nurse Prescribers' Formulary (see Appendix 2) (BNF 2017b).

## Types of outcome measures

### Primary outcomes

- Complete wound healing. We considered the proportion of ulcers healed during follow-up, as presented by the trial authors.
- Time to complete wound healing, correctly analysed using survival, time-to-event approaches, ideally with adjustment for relevant covariate such as the baseline size.
- Adverse events (e.g. the presence of wound infection and signs and symptoms of clinical infection).

### Secondary outcomes

- Health-related quality of life (measured using a standardised generic questionnaire such as EQ, 36-item Short Form Health Survey (SF-36), SF-12, SF-6 or a disease-specific questionnaire).
- Pain (e.g. at dressing change, between dressing changes, or over the course of treatment) was included only if measured by reliable and validated instruments such as surveys, questionnaires, data capture process, or visual analogue scales.
- Wound recurrence rate (number of weeks or months without wounds, when available).
- Change (and the rate of change) of the wound size and area, expressed as absolute changes (e.g. changes of surface area in cm<sup>2</sup> since baseline) or relative changes (e.g. a percentage change in the area relative to baseline).

## Search methods for identification of studies

### Electronic searches

We searched the following electronic databases to identify reports of relevant clinical trials:

- Cochrane Wounds Specialised Register (searched 10 February 2022);
- Cochrane Central Register of Controlled Trials (CENTRAL; 2022, Issue 1) in the Cochrane Library (searched 10 February 2022);
- MEDLINE Ovid including In-Process & Other Non-Indexed Citations (1946 to 10 February 2022);
- Embase Ovid (1974 to 10 February 2022);
- CINAHL Plus EBSCO (Cumulative Index to Nursing and Allied Health Literature; 1937 to 10 February 2022).

The search strategies for the Cochrane Wounds Specialised Register, CENTRAL, MEDLINE Ovid, Embase Ovid, and CINAHL Plus EBSCO can be found in Appendix 3. In MEDLINE Ovid we

combined the subject-specific strategy with the sensitivity- and precision-maximising version of the Cochrane Highly Sensitive Search Strategy for identifying randomised trials (2008 revision) (Lefebvre 2021). We combined the Embase Ovid search with the Embase Ovid filter developed by Cochrane UK (Lefebvre 2021). We combined the CINAHL Plus EBSCO search with the trial filter developed by Glanville 2019. There were no restrictions with respect to language, date of publication, or study setting.

We also searched the following clinical trials registries:

- US National Institutes of Health Ongoing Trials Register ClinicalTrials.gov ([www.clinicaltrials.gov](http://www.clinicaltrials.gov); searched 15 February 2022);
- World Health Organization International Clinical Trials Registry Platform ([www.who.int/clinical-trials-registry-platform](http://www.who.int/clinical-trials-registry-platform); searched 15 February 2022);
- EU Clinical Trials Register ([www.clinicaltrialsregister.eu/ctr-search/search](http://www.clinicaltrialsregister.eu/ctr-search/search); searched 13 May 2022).

Search strategies for clinical trial registries can be found in [Appendix 3](#).

### Searching other resources

We attempted to identify other potentially eligible trials or ancillary publications by searching the reference lists of retrieved included trials, as well as relevant systematic reviews, meta-analyses, and health technology assessment reports.

We contacted wound care specialists and manufacturers of dressings and topical agents containing hyaluronic acid to obtain data on unpublished studies or studies in progress. When necessary, we contacted authors of key papers and abstracts to request further information.

We did not perform a separate search for adverse effects of dressings or topical agents containing hyaluronic acid. We considered adverse effects described in the included studies only.

### Data collection and analysis

We performed data collection and analysis according to methods stated in the published protocol (Roehrs 2016), which were based on the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2022).

### Selection of studies

Two review authors (HR and GB) independently assessed the titles and abstracts of studies identified by the searches for potential relevance. Any disagreements were discussed during consensus meetings with a third review author (JGDS). Two review authors (HR and GB) examined the full-text reports of those studies deemed potentially relevant. Studies that fulfilled the eligibility criteria were included in the review. Any disagreements were discussed at consensus meetings with a third review author (JGDS).

When more than one publication was linked to the same study, all the papers were included, with one marked as the primary source of information. We extracted data from all the papers (maximal data extraction), taking care not to double-count participants.

### Data extraction and management

Two review authors (HR and MJM) independently collected data using predefined forms. In the case of missing information, we contacted the study authors.

We extracted the following data.

- Research design
- Care setting (e.g. hospital, long-term care home)
- Country of origin
- Publication source
- Year of publication
- Duration of follow-up
- Sources of funding
- Unit of randomisation
- Unit of analysis
- Inclusion criteria and exclusion criteria
- Participants
- Characteristics of the examined group (number of participants; sex; age)
- Details of the intervention
- Co-interventions
- Duration of treatment
- Primary outcomes and secondary outcomes
- Losses to follow-up

### Assessment of risk of bias in included studies

Two review authors (JGDS and FP) independently assessed the methodological quality of the included studies using Cochrane's risk of bias assessment tool (Higgins 2017), and we compiled a risk of bias table for each eligible study. The tool addresses six specific domains, namely, sequence generation (selection bias), allocation concealment (selection bias), blinding of participants and personnel (performance bias) and blinding of outcome assessment (detection bias), incomplete outcome data (attrition bias), selective outcome reporting (reporting bias), and other issues (e.g. extreme baseline imbalance or inappropriate administration of the intervention). We also included conflicts of interest as part of this last domain; however, as recommended in the *Cochrane Handbook*, we considered its impact as a whole in the study design and risk of bias, and did not restrict its impact to this specific domain (Boutron 2022). See [Appendix 4](#) for details of the criteria on which the risk of bias assessment was based. We classified each domain as being at a low, high, or unclear risk of bias. We considered a trial to be at high overall risk of bias if any of the following three key criteria were not met: adequate sequence generation, adequate allocation concealment, and blinding of outcome assessors. We considered that all outcomes were equally impacted by unblinded assessment and incompleteness of outcome data.

Any disagreements between review authors were discussed and consensus was achieved during the final assessment.

We presented the risk of bias assessment using a risk of bias summary figure, presenting all evaluations in a cross-tabulation of the study by entry. Where possible, when the absence of reported information prevented a clear decision, we contacted the trial authors for clarification.

## Measures of treatment effect

We extracted data to calculate summary measures, and where these were not available we extracted summary measures as reported. We pooled data according to wound type. We presented dichotomised data (e.g. complete healing) as a risk ratio (RR) with a 95% confidence interval (CI). We used RR rather than odds ratio (OR) because OR (when interpreted as RR) can give an inflated impression of the effect size when event rates are high, as is the case for many trials of treatments of chronic wounds (Deeks 2002). We expressed continuous data (e.g. a reduction in the wound size or area) as mean differences (MD) with 95% CI. For future updates, we will attempt to calculate standardised mean differences (SMD) from measures of the same outcome when different methods were used to collect data (e.g. health-related quality of life) (Deeks 2022). In trials that did not present data for change in pain from baseline, but presented data for pain at baseline and at the end of treatment, we estimated the change in pain calculating the MD between these time points and therefore comparing treatment groups; however, caution is advised in interpreting the results because samples were treated as independent.

## Unit of analysis issues

We recorded whether trials measured outcomes in relation to an ulcer, a foot, a participant, or whether multiple ulcers on the same participant were studied (Dumville 2013). Where studies were randomised at the participant level and outcomes measured at the wound level, we treated the participant as the unit of analysis when the number of wounds assessed appeared to be equal to the number of participants (e.g. one wound per person). In cases where the included studies contained some clustered data (randomisation carried out at the participant level, with the allocated treatment used on multiple wounds per participant, but data presented and analysed per wound), we reported this, noting whether data had been (incorrectly) treated as independent. We did not include these data in meta-analyses but reported them separately. We recorded this as part of the risk of bias assessment. For the outcomes adverse effects and pain, we treated the participant as the unit of analysis when the number of wounds assessed appeared to be equal to the number of participants (e.g. one wound per person).

## Dealing with missing data

Missing data in trials of low quality are common. Randomisation may be compromised when participants are excluded from the postrandomisation analysis, or when participants are lost during follow-up. In the case of missing data, we contacted the original investigators to request the information where possible. No additional data were provided by study authors, therefore no data inclusions are reported. In individual studies that presented data on the proportion of healed wounds, we assumed that if the randomised participant was not included in the analysis, there was no ulcer healing (the person was considered in the denominator but not in the numerator). If a study did not specify the number of participants in groups before dropout, then only complete data were presented. Secondary outcomes were presented as complete-case analysis. For studies that presented SEM (standard errors of mean), we calculated the value of the SD (standard deviation) using  $SD = SEM \times \sqrt{n}$ .

## Assessment of heterogeneity

We considered clinical heterogeneity (participant characteristics, outcome definitions, interventions, and evaluation of results) and methodological details (variability in study quality and risk of bias) of the included studies. We supplemented this assessment of clinical and methodological heterogeneity with information regarding statistical heterogeneity, which we evaluated using the Chi<sup>2</sup> test. We considered a P value of less than 0.10 as indicative of statistically significant heterogeneity given that the Chi<sup>2</sup> test has low power, particularly in the case where studies included in a meta-analysis have small sample size. We carried out this statistical assessment in conjunction with the I<sup>2</sup> statistic, considering that I<sup>2</sup> values of 25% or less may indicate a low level of heterogeneity, and values of 75% or more may indicate very high heterogeneity (Higgins 2003).

## Assessment of reporting biases

Had more than 10 studies been included in any meta-analysis, we would have attempted to check for the existence of publication bias by constructing a funnel plot. For future updates, if we detect evidence of asymmetry, we will explore possible explanations, such as publication bias, selective outcome reporting, poor methodological design, inadequate analysis, and true heterogeneity (Page 2022).

## Data synthesis

We presented a narrative overview of the studies reviewed, and synthesised included data by using meta-analysis where applicable employing Review Manager 5 (Review Manager 2020). We grouped the included trials by type of chronic wound and by intervention versus comparison (e.g. hyaluronic acid compared with dressings, or topical treatments containing hyaluronic acid with any other type of dressing or topical agent, or with placebo or standard treatment). We considered clinical and methodological heterogeneity and undertook pooling when studies appeared appropriately similar in terms of participants, type of wound, intervention, and outcome type. We pooled results using a random-effects model and reported the pooled estimate together with its 95% CI. Conducting meta-analysis with a fixed-effect model in the presence of even minor heterogeneity may provide overly narrow CIs. We planned only to use a fixed-effect approach when clinical and methodological heterogeneity was found to be minimal. We used Chi<sup>2</sup> and I<sup>2</sup> to quantify heterogeneity, but did not use these statistics to guide the choice of a model for meta-analysis. For dichotomous outcomes, we presented the summary estimate as an RR with 95% CI. Where continuous outcomes were measured, we presented an MD with 95% CI. We planned to pool SMD estimates where studies measured the same outcome using different methods, such as health-related quality of life data; however, this outcome was not reported in the included studies.

## Subgroup analysis and investigation of heterogeneity

Leg ulcers are mainly due to venous leg insufficiency. Compression therapy during venous leg ulcer (VLU) treatment is strongly recommended. We therefore planned to carry out subgroup analyses according to the presence or absence of compression therapy, independent of type (elastic or inelastic) or level (moderate or high) in trials including ulcers from venous aetiology. However, all four trials combined for the meta-analysis that investigated hyaluronic acid compared with neutral vehicle used

compression as a standard treatment, therefore we did not perform subgroup analyses. For future updates, we will compare the magnitude of effect on the primary outcomes between a subset of studies that applied compression to a subset of studies where no compression was used. We will assess the magnitude of effect analysing the CIs of the summary estimates in the two subgroups (Section 9.6.3.1; Higgins 2017). If the presence or absence of compression therapy is not clearly indicated in a trial report, we will not include these trials in this subgroup analysis.

### Sensitivity analysis

We planned to perform sensitivity analyses for each comparison that had a meta-analysis according to the risk of bias of each RCT to assess the effect on the overall estimate of excluding studies with high risk of bias (those classified as high risk of bias in any of the three key domains: generation of random sequence, adequate allocation concealment, and blinding of outcome assessor). However, none of the trials combined for meta-analysis presented high risk of bias for the above-mentioned domains, therefore we did not perform sensitivity analyses.

### Summary of findings and assessment of the certainty of the evidence

We used the GRADE system to assess the certainty of evidence, size of interventions, and the sum of available data for the main results. We carried out a GRADE assessment on all eligible outcomes where possible and included complete wound healing, time to complete wound healing, adverse events, health-related quality of life, pain, and change in ulcer size in the summary of findings tables (see [Differences between protocol and review](#)). This allowed a more comprehensive assessment of important outcomes that may impact decision-making in health care. The GRADE approach defines the certainty of a body of evidence as the extent to which one can be confident that an estimate of effect or association is close to the quantity in question. The assessment

of the certainty of a body of evidence involves consideration of the within-trial risk of bias (methodological quality), directness of evidence, heterogeneity, precision of effect estimates, and risk of the publication bias (Schünemann 2022). For the risk of bias domain, we downgraded one level if studies presented unclear risk of bias for all outcomes, and one or two levels when studies were assessed as at high risk of bias for one or more domains (Schünemann 2022). We followed the methods described by Guyatt and colleagues when downgrading for imprecision: either considering both the optimal information size (OIS) and the 95% CI of each meta-analysis if they were estimable, or considering the sample size, the number of events, and other electiveness indicators if the calculation of OIS and undertaking a meta-analysis were not applicable (Guyatt 2011). We downgraded twice for imprecision when there were very few events and CIs around effects included both appreciable benefit and appreciable harm. The results of the review are presented in summary of findings tables.

## RESULTS

### Description of studies

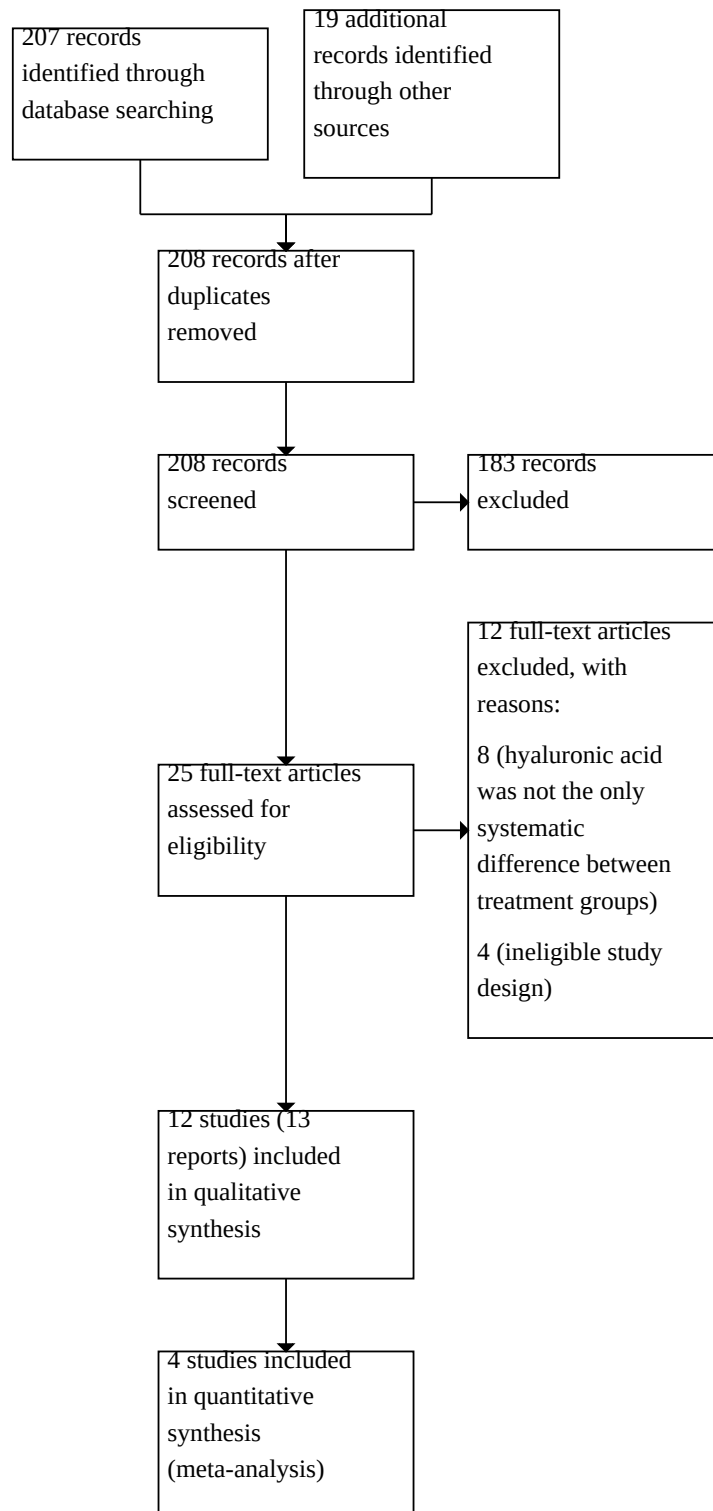
See [Characteristics of included studies](#); [Characteristics of excluded studies](#).

### Results of the search

Our database searches resulted in 207 records. We also identified 19 additional possible inclusions from checking the reference lists of included trials. After removing 18 duplicates, we assessed the title and abstracts of 208 records.

Full-text screening of 25 records led to the identification of 13 reports from 12 studies. We therefore included 12 trials (13 articles) in qualitative analysis. We were able to combine data from four trials for quantitative analysis (see [Figure 1](#)).

**Figure 1. Study flow diagram.**



## Included studies

We included 13 publications originating from 12 RCTs, dating from 1991 to 2021, in the review (Dereure 2012a; Dereure 2012b; Di Mauro 1991; Felzani 2011; Humbert 2013; Lee 2016; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b; Ortonne 1996; Ramos-Torrecillas 2015; Taddeucci 2004).

See [Characteristics of included studies](#) and [Table 1](#) for further details.

## Study design and settings

The majority of included studies used a parallel-group design. One trial had four arms that included a control group (standard care including hydrogel), a group receiving one dose of platelet-rich growth factor (PRGF), a group receiving two doses of PRGF, and a group receiving two doses of PRGF + hyaluronic acid (Ramos-Torrecillas 2015); we were therefore able to extract data for comparison from the group treated with two doses of PRGF and the group treated with two doses of PRGF + hyaluronic acid (as hyaluronic acid was the only systematic difference between these two groups). Seven studies were multicentre (Dereure 2012a; Dereure 2012b; Humbert 2013; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b; Ortonne 1996), and five were single-centre RCTs (Di Mauro 1991; Felzani 2011; Lee 2016; Ramos-Torrecillas 2015; Taddeucci 2004).

The studies including people with pressure ulcers were conducted in Spain, Ramos-Torrecillas 2015, and Italy, Felzani 2011. The patient care setting was a long-stay hospital and four geriatric centres in Ramos-Torrecillas 2015 and a hospital in Felzani 2011. The studies including people with diabetic foot ulcers were conducted in South Korea as reported by Lee 2016, and assumed to be carried out in Italy due to the affiliations of Di Mauro 1991; care settings were not described. Studies involving people with leg ulcers were conducted in France and Poland in Dereure 2012a, Dereure 2012b, Mikosinski 2021a, and Mikosinski 2021b; France, Italy, and Switzerland in Meaume 2008; Italy in Taddeucci 2004; France, Morocco, and Poland in Humbert 2013; and France in Ortonne 1996. Trials included inpatients and outpatients (Dereure 2012a; Dereure 2012b; Meaume 2008); only outpatients (Mikosinski 2021a; Mikosinski 2021b; Taddeucci 2004); only hospitalised patients (Ortonne 1996); and people in home and care facilities (Humbert 2013).

## Types of participants

A total of 1108 participants were randomised from sample sizes ranging from 17 participants, Taddeucci 2004, to 170 participants, Dereure 2012b. Of 1022 participants in RCTs that reported sex, 585 were female (57.24%) and 437 were male (42.76%). Mean age corresponded to 69.60 years and was calculated from 1009 participants from studies that provided participant age. Participants presented 178 pressure ulcers, 54 diabetic foot ulcers, and 896 leg ulcers.

Severity of pressure ulcers were stages (European Ulcer Advisory Panel) I to III in Felzani 2011 and stages II and III in Ramos-Torrecillas 2015. In trials involving people with diabetic foot ulcers, Lee 2016 described minimal size  $\geq 1$  cm<sup>2</sup> and at least six weeks of duration, while Di Mauro 1991 did not specify severity or chronicity. Trials involving people with leg ulcers recruited participants with ulcers present for at least two months and with an initial area ranging

from 3 to 12 cm<sup>2</sup>, in Taddeucci 2004, to 5 to 40 cm<sup>2</sup> (Dereure 2012a; Dereure 2012b; Humbert 2013; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b). Trials included leg ulcers of venous aetiology (Ortonne 1996; Taddeucci 2004), or of venous and mixed aetiologies (venous and arterial, with a predominant venous component, i.e. volunteers with ankle-brachial index > 0.8) (Dereure 2012a; Dereure 2012b; Humbert 2013; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b).

## Types of interventions

### Pressure ulcers

One four-arm study investigated the effects of a PRGF and hyaluronic acid (Ramos-Torrecillas 2015).

Another study used lysine hyaluronate (Lys-HA) (Lysial) as an alternative to the more commonly used salt sodium hyaluronate (Felzani 2011). Study duration was 36 days in Ramos-Torrecillas 2015 and 15 days in Felzani 2011.

### Foot ulcers

Di Mauro 1991 compared hyaluronic acid medicated gauze with lyophilised collagen, and Lee 2016 compared the effects of hyaluronic acid dressing with conventional moisture-retentive dressing (sterile petrolatum gauze). Participants were followed up for 12 weeks in Lee 2016 and to wound healing in Di Mauro 1991.

### Leg ulcers

The dressings comparisons evaluated by the included RCTs were as follows.

- Hyaluronic acid + hydrocolloid compared with hydrocolloid alone (Meaume 2008).
- Hyaluronic acid-impregnated compared with hydrocolloid (Dereure 2012b).
- Hyaluronic acid (Hyalofill-F) compared with paraffin gauze (Taddeucci 2004).
- Hyaluronic acid compared with neutral vehicle (Dereure 2012a; Humbert 2013; Mikosinski 2021a; Mikosinski 2021b).
- Hyaluronic acid gauze pad impregnated (0.05% sodium hyaluronate) compared with dextranomer paste (Ortonne 1996).

Study duration was 56 days or until complete healing in Dereure 2012b; 42 days in Meaume 2008; 8 weeks or until the ulcer healed (whichever occurred first) in Taddeucci 2004; 60 days or until complete healing in Dereure 2012a and Humbert 2013; 21 days in Ortonne 1996; and 23 weeks in Mikosinski 2021a and Mikosinski 2021b.

## Funding sources

Eight studies received full or partial funding from pharmaceutical companies that produced the dressing (Dereure 2012a; Dereure 2012b; Humbert 2013; Lee 2016; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b; Ortonne 1996). The other four trials did not report funding sources (Di Mauro 1991; Felzani 2011; Ramos-Torrecillas 2015; Taddeucci 2004).

## Excluded studies

We excluded 12 studies for the following reasons (see [Characteristics of excluded studies](#)): four studies were not RCTs (Edmonds 2000; Galasso 1978; Mekkes 2001; Prosdociami 2012),



and eight studies had an ineligible study design (i.e. hyaluronic acid was not the only systematic difference between treatment groups) ([Abbruzzese 2009](#); [Caravaggi 2003](#); [Caridi 2016](#); [Cuevas 2007](#); [Maggio 2012](#); [Romanelli 2007](#); [Uccioli 2011](#); [You 2014](#)).

**Ongoing studies**

We did not identify any ongoing studies.

**Studies awaiting classification**

We did not identify any studies awaiting classification.

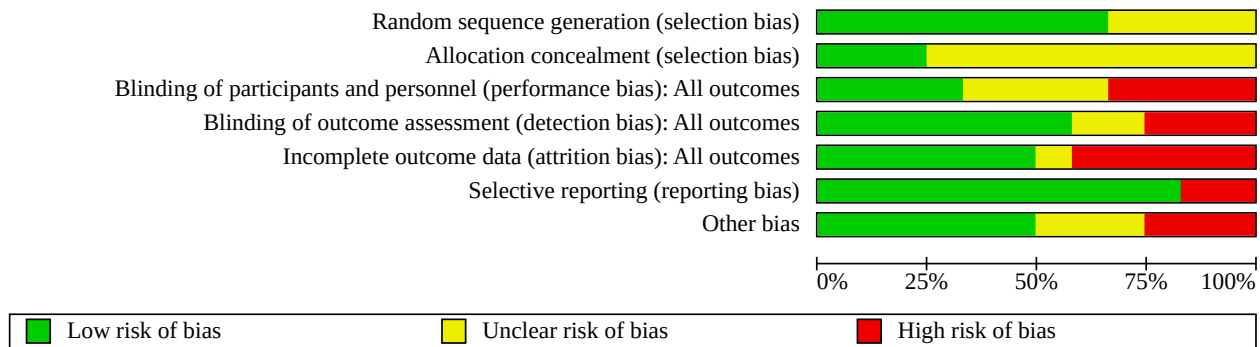
**Risk of bias in included studies**

A summary of the risk of bias assessment is presented in [Figure 2](#) and [Figure 3](#) and [Characteristics of included studies](#).

**Figure 2. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.**

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias): All outcomes	Blinding of outcome assessment (detection bias): All outcomes	Incomplete outcome data (attrition bias): All outcomes	Selective reporting (reporting bias)	Other bias
Dereure 2012a	+	+	+	+	+	+	+
Dereure 2012b	+	?	-	+	+	+	?
Di Mauro 1991	?	?	?	?	-	-	?
Felzani 2011	?	?	+	+	+	-	-
Humbert 2013	+	?	?	+	-	+	+
Lee 2016	+	?	?	+	-	+	+
Meaume 2008	+	?	-	-	+	+	+
Mikosinski 2021a	+	+	+	+	+	+	+
Mikosinski 2021b	+	+	+	+	?	+	+
Ortonne 1996	?	?	?	?	+	+	?
Ramos-Torrecillas 2015	+	?	-	-	-	+	-
Taddeucci 2004	?	?	-	-	-	+	-

**Figure 3. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.**



**Allocation**

**Generation of the randomisation sequence**

All 12 studies were described as randomised; however, only eight of these studies reported using an appropriate method to generate the randomisation sequence and were therefore assessed as at low risk of bias (Dereure 2012a; Dereure 2012b; Humbert 2013; Lee 2016; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b; Ramos-Torrecillas 2015). Six studies used a randomisation list that was prepared using validated SAS software (Institute Inc) (Dereure 2012a; Dereure 2012b; Humbert 2013; Lee 2016; Mikosinski 2021a; Mikosinski 2021b), while Meaume 2008 and Ramos-Torrecillas 2015 reported using a computer-generated randomisation sequence. The remaining four studies did not specify the method of randomisation and were assessed as at unclear risk of bias (Di Mauro 1991; Felzani 2011; Ortonne 1996; Taddeucci 2004).

**Concealment of the allocation process**

Eight trials did not provide a clear description of allocation concealment and were therefore assessed as at unclear risk of bias (Dereure 2012b; Di Mauro 1991; Felzani 2011; Humbert 2013; Lee 2016; Ortonne 1996; Ramos-Torrecillas 2015; Taddeucci 2004). In one RCT (Meaume 2008), sealed envelopes containing the treatment code for each individual patient were given to the investigator at each centre. The investigator could only open the envelope after having included a patient in the study, and would only then know to which treatment group that patient had been allocated. However, the authors did not describe if the envelopes were sequentially numbered and opaque, therefore we also judged this trial as at unclear risk of bias. Three studies stated that the groups were allocated according to a central randomisation list and were thus assessed as at low risk of bias (Dereure 2012a; Mikosinski 2021a; Mikosinski 2021b).

**Blinding**

**Performance bias**

We assessed four RCTs as being at unclear risk of bias because they did not provide details regarding blinding of participants or personnel (Di Mauro 1991; Humbert 2013; Lee 2016; Ortonne 1996). We assessed four studies as being at low risk of bias because the products used in the intervention were provided in identical containers, shape, and texture in order to maintain double-blinding (Dereure 2012a; Felzani 2011; Mikosinski 2021a; Mikosinski

2021b). We assessed four RCTs as being at high risk of bias for this domain (Dereure 2012b; Meaume 2008; Ramos-Torrecillas 2015 and Taddeucci 2004), either because they were open-label studies (Meaume 2008; Ramos-Torrecillas 2015; Taddeucci 2004), or because blinding was not possible due to the different appearance of the treatments (Dereure 2012b).

**Detection bias**

We assessed two studies as being at unclear risk of bias either because information about the blinding of outcome assessors was lacking, or because the information provided was insufficient to permit a judgement (Di Mauro 1991; Ortonne 1996). Seven trials reported blinding of the outcome assessor and were judged as being at low risk of bias (Dereure 2012a; Dereure 2012b; Felzani 2011; Humbert 2013; Lee 2016; Mikosinski 2021a; Mikosinski 2021b). Three studies were open-label studies with no blinding and were therefore assessed as at high risk of bias (Meaume 2008; Ramos-Torrecillas 2015; Taddeucci 2004).

**Incomplete outcome data**

We assessed six RCTs as being at low risk of bias (Dereure 2012a; Dereure 2012b; Felzani 2011; Meaume 2008; Mikosinski 2021a; Ortonne 1996). We assessed five RCTs as at high risk of bias because they did not report withdrawals; had high numbers of losses to follow-up; and because some participants did not complete the full treatment (Di Mauro 1991; Humbert 2013; Lee 2016; Ramos-Torrecillas 2015; Taddeucci 2004). In one trial, there was inconsistency in the numbers and reasons for dropouts, therefore we judged this trial to be at unclear risk of bias for this domain (Mikosinski 2021b).

**Selective reporting**

We assessed 10 RCTs as being at low risk for this domain (Dereure 2012a; Dereure 2012b; Humbert 2013; Lee 2016; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b; Ortonne 1996; Ramos-Torrecillas 2015; Taddeucci 2004). We were able to obtain the protocol from two studies (Humbert 2013; Lee 2016). Protocols for the other studies were not available; however, by assessing data from published articles we were able to confirm that all planned outcomes described in the methods section were reported in the results section.

We assessed two studies as being at high risk of bias (Di Mauro 1991; Felzani 2011). In Felzani 2011, the authors did not present mean (or corrected mean by covariate) and a measure of variability such as SD for ulcer area and percentage change in wound area, nor did they present measurement of statistical variability for time to reach 50% wound healing. Di Mauro 1991 did not mention any methods for quantification of symptoms such as pain or paraesthesia, nor were pain and paraesthesia described as measured outcomes; however, in the results section the authors state: “In the group treated with collagen, a significant improvement was shown in symptoms such as reduction of pain, itch and paraesthesia.”

### Other potential sources of bias

We assessed six studies as being at low risk of bias (Dereure 2012a; Humbert 2013; Lee 2016; Meaume 2008; Mikosinski 2021a; Mikosinski 2021b). We assessed three studies as being at unclear risk of bias because we were not able to assess whether there was an imbalance between experimental groups or any other potential sources of bias (Dereure 2012b; Di Mauro 1991; Ortonne 1996). We assessed three RCTs as being at high risk of bias because they included multiple ulcers in the same participant and the unit of randomisation was the participant, and analysis was not adjusted for clustered data (Felzani 2011; Ramos-Torrecillas 2015; Taddeucci 2004).

### Effects of interventions

See: **Summary of findings 1** Platelet-rich growth factor + hyaluronic acid compared with platelet-rich growth factor for pressure ulcers; **Summary of findings 2** Lysine hyaluronate compared with sodium hyaluronate for pressure ulcers; **Summary of findings 3** Hyaluronic acid compared with lyophilised collagen for foot ulcers in people with diabetes; **Summary of findings 4** Hyaluronic acid compared with conventional dressing (sterile petrolatum gauze) for foot ulcers in people with diabetes; **Summary of findings 5** Hyaluronic acid + hydrocolloid compared with hydrocolloid for leg ulcers; **Summary of findings 6** Hyaluronic acid compared with hydrocolloid for leg ulcers; **Summary of findings 7** Hyaluronic acid compared with paraffin gauze for leg ulcers; **Summary of findings 8** Hyaluronic acid compared with neutral vehicle for leg ulcers; **Summary of findings 9** Hyaluronic acid compared with dextranomer for leg ulcers

For the main comparisons, see Summary of findings 1; Summary of findings 2; Summary of findings 3; Summary of findings 4; Summary of findings 5; Summary of findings 6; Summary of findings 7; Summary of findings 8; Summary of findings 9.

In this section, we have reported the effects of hyaluronic acid compared with different interventions separated by wound type.

We attempted to contact study authors for further information on the outcomes of this review; however, we obtained no further information during the course of conducting the review.

#### Comparison 1: pressure ulcers: platelet-rich growth factor (PRGF) + hyaluronic acid versus PRGF (1 trial, 115 participants, 124 wounds)

Only one study with a 36-day follow-up period presented results for this comparison (Ramos-Torrecillas 2015). We were able to pool data from two arms of the study where hyaluronic acid was the only systematic difference between treatments, therefore 65

participants (40 participants in the PRGF + hyaluronic acid group) were included in our analysis. The study described randomisation at the level of participants; however, the number of ulcers was greater than the number of participants. There was no accounting for non-independence of data in the analysis, resulting in a unit of analysis issue.

#### Primary outcomes

##### Complete ulcer healing

Complete wound healing was observed in 37.50% (15 out of 40) of pressure ulcers treated with PRGF + hyaluronic acid and in 32.00% (8 out of 25) of those treated with PRGF alone. It is uncertain whether there is a difference in complete healing between PRGF + hyaluronic acid versus PRGF because the certainty of evidence is very low (risk ratio (RR) 1.17, 95% confidence interval (CI) 0.58 to 2.35; 1 trial, 65 participants; Analysis 1.1) (Ramos-Torrecillas 2015). We downgraded the certainty of evidence twice due to risk of bias and twice due to imprecision.

##### Time to complete healing

No studies provided evidence for this outcome.

##### Adverse events

The authors reported no signs of infection in the pressure ulcers of both groups during the 36-day follow-up period (Ramos-Torrecillas 2015). However, it is uncertain if PRGF + hyaluronic acid impacts adverse events compared with PRGF because the certainty of evidence is very low. We downgraded the certainty of evidence twice due to risk of bias and twice due to imprecision.

#### Secondary outcomes

##### Change in ulcer size

We cannot be certain if there is a difference in changes in ulcer size (% from baseline) between treatments because the certainty of evidence is very low (mean difference (MD) 25.60, 95% CI 6.18 to 45.02; 1 study, 65 participants; Analysis 1.2). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

The other secondary outcomes were not reported.

#### Comparison 2: pressure ulcers: lysine hyaluronate versus sodium hyaluronate (1 trial, 50 participants, 54 wounds)

Only one study presented results for this comparison (Felzani 2011). The trial recruited 59 participants and included 50 participants (randomisation reported at the level of participant) and reported data analysis from 54 ulcers. There was no accounting for non-independence of data in the analysis, resulting in a unit of analysis issue.

#### Primary outcomes

##### Complete ulcer healing

Felzani 2011 assessed wound healing in stage I to III pressure ulcers, but only provided quantitative data for complete wound healing during the follow-up period for stage III wounds. It is uncertain whether there is a difference in complete healing between lysine hyaluronate and sodium hyaluronate because the certainty of evidence is very low (RR 2.50, 95% CI 0.71 to 8.83; 1 trial, 14 ulcers from 10 participants; Analysis 2.1) (Felzani 2011). We downgraded

the certainty of the evidence twice due to risk of bias and twice due to imprecision.

#### Time to complete healing

No studies provided evidence for this outcome.

#### Adverse events

No studies provided evidence for this outcome.

#### Secondary outcomes

##### Change in ulcer size

Felzani 2011 reported the treatment period necessary to reach 50% regression of the lesion between groups; however, the trial authors did not provide means or SD, thereby precluding further analysis. The authors reported that this period was shorter in the lysine hyaluronate group compared with the sodium hyaluronate group for stage I ulcers ("9 days versus 15 days,  $P < 0.05$ "); stage II ulcers ("9.50 versus 15 days,  $P < 0.05$ "); and stage III ulcers ("12.90 days versus 19.20 days,  $P < 0.05$ "). It is uncertain whether there is a difference in change in ulcer size between lysine hyaluronate and sodium hyaluronate because the certainty of evidence is very low. We downgraded the certainty of the evidence twice due to risk of bias and twice due to imprecision.

The other secondary outcomes were not reported.

#### Comparison 3: foot ulcers in people with diabetes: hyaluronic acid versus lyophilised collagen (1 trial, 20 participants)

Only one study presented results for this comparison (Di Mauro 1991).

#### Primary outcomes

##### Complete ulcer healing

Participants were followed until complete healing.

##### Time to complete healing

It is uncertain whether there is a difference in time to complete healing between hyaluronic acid and lyophilised collagen because the certainty of evidence is very low (MD 16.60, 95% CI 7.95 to 25.25; 1 study, 20 participants; Analysis 3.1). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

#### Adverse events

No studies provided evidence for this outcome.

#### Secondary outcomes

##### Pain

Di Mauro 1991 did not provide quantitative analysis of pain, only a subjective assessment stating improvement of pain, itch, and paraesthesias in the collagen group. It is uncertain whether there is a difference in pain between hyaluronic acid and lyophilised collagen because the certainty of evidence is very low. We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

The other secondary outcomes were not reported.

#### Comparison 4: foot ulcers in people with diabetes: hyaluronic acid versus conventional dressing (sterile petrolatum gauze) (1 trial, 34 participants)

Only one study with a 12-week follow-up period presented results for this comparison (Lee 2016).

#### Primary outcomes

##### Complete ulcer healing

Complete wound healing was observed in 64.71% (11 out of 17) of foot ulcers treated with hyaluronic acid and 29.41% (5 out of 17) of those treated with conventional dressing. It is uncertain whether there is a difference in complete ulcer healing between hyaluronic acid and conventional dressing because the certainty of evidence is very low (RR 2.20, 95% CI 0.97 to 4.97; 1 study, 34 participants; Analysis 4.1) (Lee 2016). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

##### Time to complete healing

No studies provided evidence for this outcome.

#### Adverse events

Study authors reported severe adverse events in one case (5.90%) in the study group (infection followed by ray amputation) and four cases (23.50%) in the control group (two amputations due to contralateral side infection, one cerebral vascular accident, one sepsis due to pneumonia) (Lee 2016). None of the events were considered to be related to the dressing material. It is uncertain whether there is a difference in adverse events between hyaluronic acid and conventional dressing because the certainty of evidence is very low. We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

#### Secondary outcomes

##### Change in ulcer size

A mean reduction from baseline in ulcer area observed was 3.00 cm<sup>2</sup> (SD 2.55) in the hyaluronic acid group and 3.80 cm<sup>2</sup> (SD 4.25) in the conventional dressing group. The authors stated that the change in ulcer size was also analysed using the analysis of covariance (ANCOVA) model considering baseline ulcer size as covariate, and that these analyses showed no significant differences (reported  $P = 0.116$ ). It is uncertain whether there is difference in mean change in ulcer size between hyaluronic acid and conventional dressing because the certainty of evidence is very low (MD -0.80, 95% CI -3.58 to 1.98; 1 study, 25 participants; Analysis 4.2). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

The authors also reported that the duration needed to achieve 50% reduction in area was  $28.60 \pm 19.20$  days in the hyaluronic acid group and  $49.50 \pm 21.40$  days in the conventional dressing group (reported  $P = 0.04$ ). Healing velocity (%/week) was  $12.99 \pm 6.52$  in the hyaluronic acid group and  $7.53 \pm 3.66$  in the conventional dressing group (reported  $P = 0.022$ ).

The other secondary outcomes were not reported.

### Comparison 5: leg ulcers: hyaluronic acid + hydrocolloid versus hydrocolloid (1 trial, 125 participants)

Only one study with a 42-day follow-up period presented results for this comparison (Meaume 2008).

#### Primary outcomes

##### Complete ulcer healing

Complete wound healing was observed in 6.35% (4 out of 63) of leg ulcers treated with hyaluronic acid + hydrocolloid and in 6.45% (4 out of 62) of those treated with hydrocolloid alone. We are uncertain whether there is a difference in complete wound healing between treatments because the certainty of evidence is very low (RR 0.98, 95% CI 0.26 to 3.76; 1 study, 125 participants; Analysis 5.1). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

##### Time to complete healing

No studies provided evidence for this outcome.

##### Adverse events

Adverse events considered to be related to treatment were reported in four participants (6.40%) treated with hyaluronic acid and hydrocolloid (itching and oedema, erosion of peri-ulcer skin, exfoliation and rash, pain) and five participants (8.10%) treated with hydrocolloid (heavy exudates and erosion, pruritus and eczema, eczema and purpura, two presented systemic infection) (Meaume 2008). We are uncertain whether there is a difference in adverse events between treatments because the certainty of evidence is very low (RR 0.79, 95% CI 0.22 to 2.80; 1 study, 125 participants; Analysis 5.2). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

#### Secondary outcomes

##### Pain

Pain and itching was assessed using a 100-millimetre visual analogue scale.

Itching and pain after 42 days of treatment were reported to be of little clinical significance in both treatment groups. Mean ( $\pm$  standard error of mean) for itching was  $6.50 \pm 2.50$  and  $8.40 \pm 2.50$  in the hyaluronic acid + hydrocolloid group and hydrocolloid group, respectively (reported  $P = 0.20$ ). We are uncertain whether there is a difference in pain between hyaluronic acid + hydrocolloid and hydrocolloid because the certainty of evidence is very low (MD 2.10, 95% CI  $-5.81$  to  $10.01$ ; 1 study, 125 participants; Analysis 5.3). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

##### Change in ulcer size

The median percentage reduction of ulcer area provided by Meaume 2008 was 42.60 (95% CI 66.60 to 5.70) and 31.0 (95% CI 51.60 to 8.80) in the hyaluronic acid + hydrocolloid group versus the hydrocolloid group. The comparison of those reductions using the Wilcoxon test for medians provided by the study authors shows no significant differences between treatment groups. We are uncertain whether there is a difference in change in ulcer size (to at least 90%) between hyaluronic acid + hydrocolloid and hydrocolloid because the certainty of evidence is very low (RR 2.11, 95% CI 0.92 to 4.82; 1

study, 125 participants; Analysis 5.4). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

The other secondary outcomes were not reported.

### Comparison 6: leg ulcers: hyaluronic acid versus hydrocolloid (1 trial, 170 participants, 143 included in per-protocol analysis)

Only one non-inferiority study with a 56-day follow-up period presented results for this comparison (Dereure 2012b).

#### Primary outcomes

##### Complete ulcer healing

Data on complete wound healing were not properly presented at the endpoint (56 days). There was only a statement reporting 27 dropouts, including 12 dropouts due to ulcer healing, without specifying to which groups they belonged. It is uncertain whether there is a difference in complete ulcer healing between hyaluronic acid and hydrocolloid because the certainty of evidence is very low. We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

##### Time to complete ulcer healing

No studies provided evidence for this outcome.

##### Adverse events

The study report stated that 77 adverse events were reported in 42 participants during the study, without specifying to which groups they belonged. However, most of the adverse events were not localised to the ulcer (see Table 2 of the article), and no serious adverse events were reported (Dereure 2012b). It is uncertain whether there is a difference in adverse events between hyaluronic acid and hydrocolloid because the certainty of evidence is very low. We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

#### Secondary outcomes

##### Pain

No studies provided evidence for this outcome. Dereure 2012b only reported pain at baseline.

##### Change in ulcer size

Study authors calculated the percentage of participants with ulcer size reduction  $\geq 40\%$  in each group as the primary endpoint. The observed percentage was 73.61% (53 out of 72) in the hyaluronic acid group and 71.83% (51 out of 71) in the hydrocolloid group. It is uncertain whether there is a difference in change in ulcer size between hyaluronic acid and hydrocolloid because the certainty of evidence is very low (RR 1.02, 95% CI 0.84 to 1.25; 1 study, 170 participants, 143 included in per-protocol analysis; Analysis 6.1). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

The other secondary outcomes were not reported.

### Comparison 7: leg ulcers: hyaluronic acid versus paraffin gauze (1 trial, 17 participants, 24 ulcers)

Only one study with an eight-week follow-up period presented results for this comparison (Taddeucci 2004). The study described

randomisation at the level of participants; however, the number of ulcers was greater than the number of participants. There was no accounting for non-independence of data in the analysis, resulting in a unit of analysis issue.

### Primary outcomes

#### Complete ulcer healing

Complete wound healing was observed in 16.67% (2 out of 12) of leg ulcers treated with hyaluronic acid and 8.33% (1 out of 12) of those treated with paraffin gauze. We are uncertain whether there is a difference in complete wound healing between hyaluronic acid and paraffin gauze because the certainty of evidence is very low (RR 2.00, 95% CI 0.21 to 19.23; 1 study, 17 participants, 24 ulcers; [Analysis 7.1](#)). We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

#### Time to complete healing

No studies provided evidence for this outcome.

#### Adverse events

No studies provided evidence for this outcome.

### Secondary outcomes

#### Change in ulcer size

The only information provided by the authors of [Taddeucci 2004](#) was that the ulcers in the hyaluronic acid group exhibited a mean improvement of 8.10 cm<sup>2</sup> (33% area decrease) at week 8, compared with 0.40 cm<sup>2</sup> (1.80% decrease) in the paraffin gauze group (reporting  $P = 0.002$ ); however, the study authors did not present SDs, thereby precluding further analysis. We are uncertain whether there is a difference in change in ulcer size between hyaluronic acid and paraffin gauze because the certainty of evidence is very low. We downgraded the certainty of the evidence twice due to risk of bias and twice for imprecision.

The other secondary outcomes were not reported.

### Comparison 8: leg ulcers: hyaluronic acid versus neutral vehicle (4 trials, 526 participants)

Four studies presented results for this comparison: [Dereure 2012a](#) and [Humbert 2013](#) with a 60-day follow-up period, and [Mikosinski 2021a](#) and [Mikosinski 2021b](#) with a 23-week follow-up period.

### Primary outcomes

#### Complete ulcer healing

We were able to combine results from four studies for complete ulcer healing analysis ([Dereure 2012a](#); [Humbert 2013](#); [Mikosinski 2021a](#); [Mikosinski 2021b](#)). Combined results demonstrated low statistical heterogeneity among studies ( $I^2 = 0\%$ ,  $P = 0.49$ ); however, studies assessed healing at different time points, therefore we used a random-effects model. Hyaluronic acid probably improves complete ulcer healing when compared with neutral vehicle (RR 2.11, 95% CI 1.46 to 3.07; 4 studies, 526 participants; [Analysis 8.1](#)). The certainty of evidence is moderate, downgraded once for risk of bias.

#### Time to complete healing

[Dereure 2012a](#), [Mikosinski 2021a](#), and [Mikosinski 2021b](#) did not report this outcome.

In [Humbert 2013](#), the study authors stated: "Other performance secondary endpoints (time-to-complete ulcer healing and global performance) were comparable between treatment groups, at any visit"; however, no numbers were provided. We are uncertain whether there is a difference in time to complete ulcer healing between hyaluronic acid and conventional dressing because the certainty of evidence is very low. We downgraded the certainty of the evidence twice for risk of bias and twice for imprecision.

#### Adverse events

We were able to pool data for incidence of infection in a meta-analysis. Infection was observed in 2.22% (1 out of 45) of leg ulcers treated with hyaluronic acid and in 0% (0 out of 44) of those treated with neutral vehicle in [Humbert 2013](#). [Mikosinski 2021a](#) reported infection in 14.60% (12 out of 82) of leg ulcers treated with hyaluronic acid and in 15.11% (13 out of 86) of those treated with vehicle. Infection was observed in 11.08% (10 out of 85) of leg ulcers treated with hyaluronic acid and in 15.70% (13 out of 83) of those treated with neutral vehicle in [Mikosinski 2021b](#).

It is uncertain if hyaluronic acid alters the incidence of infection when compared with neutral vehicle because the certainty of evidence is very low (RR 0.89, 95% CI 0.53 to 1.49;  $I^2 = 0\%$ ; 3 studies, 425 participants; [Analysis 8.2](#)). We downgraded the certainty of the evidence once due to risk of bias and twice for imprecision.

The studies also reported the number of adverse events; however, it was not specified in all cases if adverse events were related to the treatment, systemic or restricted to the wound. In some cases multiple adverse events were counted in the same participant. We were therefore not able to pool data for analysis or properly interpret the information.

In [Humbert 2013](#), the study authors stated that adverse events were mainly mild or moderate (75%), with only 12 (25%) rated as severe (eight in the hyaluronic acid group versus four in the neutral vehicle group); however, the severe adverse events in the hyaluronic acid group were mostly reported by one participant (6/8 adverse events), and only one was reported as treatment-related (pain).

In [Dereure 2012a](#), the study authors reported that adverse events were mainly mild or moderate (88%). Nine adverse events (11%) were rated as severe, five in the hyaluronic acid group versus four in the control group (application site burn, inflammation or pain, and aggravated condition), and two adverse events were rated as serious, one in each group (neither was considered to be treatment-related).

In [Mikosinski 2021b](#), a total of 64 treatment-emergent adverse events were reported by 34 participants (40.00%) in the hyaluronic acid cream group, and 84 were reported by 38 participants (45.80%) in the neutral cream group. In both cases, these were mostly mild to moderate events.

In [Mikosinski 2021a](#), a total of 43 treatment-emergent adverse events were reported by 27 participants (32.90%) in the hyaluronic acid gauze pad group, and 44 were reported by 34 participants (39.50%) in the neutral gauze pad group.

## Secondary outcomes

### Pain

All studies measured pain using the 100-millimetre visual analogue scale (VAS), where minor pain is 0 and greatest pain is 100 mm.

[Dereure 2012a](#) reported reduction in pain in the hyaluronic acid group compared with the neutral vehicle group, and we were able to calculate the reduction in pain in [Humbert 2013](#) and [Mikosinski 2021a](#) using data reported at baseline and after follow-up. We were therefore able to pool data for the pain reduction from baseline. Hyaluronic acid may slightly increase reduction in pain from baseline compared with neutral vehicle (MD -8.55, 95% CI -14.77 to -2.34; 3 studies, 337 participants; [Analysis 8.3](#)). The certainty of evidence was low, downgraded once due to risk of bias and once for imprecision.

[Mikosinski 2021b](#) did not present numerical data for pain, only reporting that "the mean VAS score for pain intensity diminished over time during the study period, in a similar manner in both groups".

### Change in ulcer size

We were able to combine data from two studies for change in ulcer area from baseline to 45 days of follow-up ([Dereure 2012a](#); [Humbert 2013](#)). We were not able to combine data for the longest follow-up (60 days) because the data collected in [Humbert 2013](#) were incomplete.

Hyaluronic acid may slightly promote greater change in ulcer size when compared with neutral vehicle, measured as mean reduction from baseline to 45 days (MD 30.44%, 95% CI 15.57 to 45.31; 2 studies, 190 participants; [Analysis 8.4](#)). The certainty of evidence was low, downgraded once due to risk of bias and once for imprecision.

The other secondary outcomes were not reported.

### Comparison 9: leg ulcers: hyaluronic acid versus dextranomer (1 trial, 51 participants)

Only one non-inferiority study with a 21-day follow-up period presented results for this comparison ([Ortonne 1996](#)). Complete data were reported for 50 participants (1 dropout).

### Primary outcomes

#### Complete ulcer healing

No studies provided evidence for this outcome.

#### Time to complete healing

No studies provided evidence for this outcome.

#### Adverse events

The authors of [Ortonne 1996](#) described that there were five reports of side effects (local pain, two cases of a local burning sensation, panniculitis and a prickling sensation) in the hyaluronic acid group and two reports of side effects in the dextranomer group (surrounding eczema and local pain). Data were not sufficiently detailed or comparable to permit quantitative analysis. We are uncertain whether there is a difference in adverse events between hyaluronic acid and dextranomer because the certainty of evidence

is very low. We downgraded the certainty of the evidence once for risk of bias and twice for imprecision.

## Secondary outcomes

### Pain

[Ortonne 1996](#) reported a reduction of the number of participants showing symptoms of pain on days 0, 7, 14, and 21; however, the study authors did not provide quantitative data that would have allowed further analysis.

### Change in ulcer size

The SD of mean difference was not available in the study, therefore it was calculated considering that the baseline data and the 21-day data were independent samples (a conservative way to calculate this value). We are uncertain whether there is a difference in change in ulcer size (cm<sup>2</sup>) between hyaluronic acid and dextranomer because the certainty of evidence is very low (MD 5.80, 95% CI -10.0 to 21.60; 1 study, 50 participants; [Analysis 9.1](#)). We downgraded the certainty of the evidence once for risk of bias and twice for imprecision.

The other secondary outcomes were not reported.

## DISCUSSION

### Summary of main results

We included 12 RCTs (13 reports) assessing the healing of pressure ulcers (2 trials), diabetic foot ulcers (2 trials), and leg ulcers of venous or mixed aetiology (8 trials). In trials investigating pressure ulcers or diabetic foot ulcers, hyaluronic acid was compared with different dressings among studies. The certainty of evidence was very low, precluding us from combining data and performing meta-analysis. Consequently, there is currently insufficient evidence to determine the effectiveness of hyaluronic acid dressings in the healing of pressure ulcers or diabetic foot ulcers.

For leg ulcers, hyaluronic acid was compared with hydrocolloid, paraffin gauze, dextranomer, and neutral vehicle. We were able to combine data for the comparison hyaluronic acid versus neutral vehicle in leg ulcers. Hyaluronic acid probably improves complete ulcer healing (4 studies, 526 participants; moderate-certainty evidence) and may slightly increase reduction in pain from baseline (3 studies, 337 participants; low-certainty evidence). Hyaluronic acid may also slightly increase change in ulcer size (2 studies, 190 participants; low-certainty evidence); however, it is uncertain if hyaluronic acid alters the incidence of infection for this comparison (3 studies, 425 participants; very low-certainty evidence). For the comparisons of hyaluronic acid versus hydrocolloid, paraffin gauze, and dextranomer, or when hyaluronic acid + hydrocolloid was compared with hydrocolloid, we were not able to perform meta-analysis, and the certainty of the evidence was very low; consequently, there is currently insufficient evidence to determine the effectiveness of hyaluronic acid compared with these dressings in the healing of leg ulcers.

None of the trials reported health-related quality of life or wound recurrence, therefore we could not assess the effect of hyaluronic acid on these outcomes.



## Overall completeness and applicability of evidence

The objective of this review was to assess the effectiveness of hyaluronic acid in the healing of chronic wounds. We identified multiple interventions and reported wound healing in pressure ulcers, foot ulcers in people with diabetes, and leg ulcers. We found studies investigating the effectiveness of hyaluronic acid for all types of chronic prespecified for inclusion in the review. Our primary outcome was assessed in all but two of the included trials. The evidence is currently applicable because most of the dressings compared with hyaluronic acid in this review are still on the market. Most of the use of hyaluronic acid was in leg ulcers, predominantly due to venous disease; however, we were able to combine data from only four studies. Given our assessment of the certainty of the evidence, we are uncertain whether there is a difference in the healing of pressure ulcers or foot ulcers in people with diabetes when hyaluronic acid is used in comparison with all other interventions assessed in this review. However, we found evidence that hyaluronic acid probably improves complete ulcer healing and may slightly increase reduction in pain from baseline and promote greater change in ulcer size when compared with neutral vehicle. We did not perform subgroup analyses because all studies in the meta-analysis used compression therapy as standard care. Additionally, we did not perform sensitivity analyses because no studies included in meta-analysis were considered to have an overall high risk of bias.

One limitation of the included studies was the variation in duration of follow-up, with 23 weeks being the longest time point (only one study reported time to complete ulcer healing). This impacted our assessment of the effectiveness of hyaluronic acid in the treatment of chronic wounds. The results of this systematic review demonstrate the need for additional RCTs with high methodological quality addressing the effect of hyaluronic acid on chronic wound healing, especially in pressure ulcers and foot ulcers.

## Quality of the evidence

This systematic review was limited by the quality of the existing data. The following points must be considered when analysing the results of this review: the small number of included studies, small sample size, and some methodological aspects that increased the risk of bias.

Our assessment of the certainty of evidence was very low for most comparisons and outcomes, except for the outcomes complete ulcer healing, pain, and change in ulcer size for the comparison hyaluronic acid versus neutral vehicle. We downgraded the certainty of evidence due to high risk of bias and imprecision. Additionally, we identified some methodological issues, in particular blinding of personnel and outcome assessors and imprecision due to few included studies and several studies with small sample sizes. Some study reports did not provide sufficient information for assessment of outcomes or for quantitative analysis.

## Potential biases in the review process

We attempted to apply robust methods in the process of analysing the search, collecting data, performing meta-analysis, and assessing risk of bias. We intensively searched other sources for references. Whenever possible, we adopted intention-to-treat analysis. However, incomplete outcome data limited the analysis,

since these data could not be obtained from study authors and could not be entered into a meta-analysis.

When authors did not report change in pain for the comparison hyaluronic acid versus neutral vehicle in leg ulcers, we estimated the magnitude of change using data from the longest follow-up and baseline in two cases ([Humbert 2013](#); [Mikosinski 2021a](#)); however, we had to consider the means from those time points as independent groups. We recognise that these calculated data might be inaccurate.

## Agreements and disagreements with other studies or reviews

Two other reviews also assessed the effect of hyaluronic acid on chronic wounds ([Shaharudin 2016](#); [Voigt 2012](#)), and [Voigt 2012](#) also assessed the effect on acute wounds (burns). [Voigt 2012](#) assessed the effects of hyaluronic acid in venous leg ulcer and diabetic foot ulcers; however, most of the trials included in our review were not included in their review. This is because most of them were published posteriorly. [Shaharudin 2016](#) was designed to assess the effects of hyaluronic acid in leg ulcers, pressure ulcers, and diabetic foot ulcers. Even though [Shaharudin 2016](#) reported that they planned to assess pressure ulcers, they did not include any trials of pressure ulcers in the review. We found two trials involving pressure ulcers, from which were able to extract data.

We only included studies where the only systematic difference between treatments was hyaluronic acid. In some RCTs included in [Shaharudin 2016](#) and [Voigt 2012](#), hyaluronic acid was not the only systematic difference between groups, as in the case of the studies assessing diabetic foot ulcers where a hyaluronic acid pad was used as a substrate for later autologous tissue graft ([Caravaggi 2003](#); [Uccioli 2011](#)). In our opinion this could have impacted the conclusions of the review and potentially overestimated the effect of hyaluronic acid. We did not include these trials in our review.

[Shaharudin 2016](#) performed an analysis of combined data from all RCTs that reported a specific outcome (e.g. number of wounds healed at follow-up). The authors reported there was no evidence of the effect of hyaluronic acid on ulcer healing, but the pooled data included comparing hyaluronic acid with different dressings. In our review, in order to avoid clinical heterogeneity, we did not combine studies for meta-analysis when hyaluronic acid was compared with different dressings. Like [Shaharudin 2016](#), we did not include [Romanelli 2007](#) in our review, and we included a trial, [Lee 2016](#), that was not included in the [Shaharudin 2016](#) review.

In [Voigt 2012](#), the authors concluded that "there appears to be an overall positive effect of HA [hyaluronic acid] in the healing of chronic wounds from various etiologies ...", and [Shaharudin 2016](#) concluded that "the evidence does not support claims for beneficial effects of HA or its derivatives towards improvement of chronic wound healing even though there is some evidence on their effectiveness especially on reducing pain intensity". Neither [Shaharudin 2016](#) nor [Voigt 2012](#) assessed the certainty of evidence using GRADE. We view this as a limitation because it impacts data interpretation. Consequently, the conclusions of [Shaharudin 2016](#) are only partially similar to our findings, and we did not reach the same conclusion as [Voigt 2012](#).

Our findings partially agree with the observations reported in a recently published network meta-analysis ([Norman 2018](#)), which

concluded that insufficient data prevented a determination that any one dressing type was more effective than another in healing venous leg ulcers. However, including recently published data not assessed in this meta-analysis (Mikosinski 2021a; Mikosinski 2021b), we found moderate-certainty evidence that hyaluronic acid probably improves complete ulcer healing and may slightly reduce pain and slightly promote greater change in ulcer size when compared with neutral vehicle.

## AUTHORS' CONCLUSIONS

### Implications for practice

There is currently insufficient evidence to determine the effectiveness of hyaluronic acid dressings in the healing of pressure ulcers or foot ulcers in people with diabetes. Practitioners may, therefore, consider other issues such as cost and symptom management when choosing between dressings. However, we did find evidence that hyaluronic acid probably improves complete ulcer healing and may slightly decrease pain and increase change in ulcer size when compared with neutral vehicle.

### Implications for research

Future studies assessing the effects of hyaluronic acid on wound healing should consider using all the steps from the CONSORT statement in addition to improving the reporting of findings and avoiding small sample size. Follow-up periods should be longer than the period presented in the included studies (on average 30 to 60 days), or studies should consider time to complete ulcer healing

as an outcome. Adverse events should also be reported. In order to minimise bias, a clear method of randomisation and allocation should be adopted, as well blinding of participants and personnel and, in particular, outcome assessor.

In terms of treatment choice, any investment in future primary research must maximise its value to patients, healthcare professionals, service commissioners, and other decision-makers. Given the large number of treatment options, the design of future trials should be driven by high-priority questions from patients and other decision-makers.

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\* Indicates the major publication for the study

## CHARACTERISTICS OF STUDIES

### Characteristics of included studies [ordered by study ID]

#### Dereure 2012a

##### Study characteristics

Methods	<p><b>Research design:</b> RCT; parallel; prospective; multicentre; comparative; randomised; double-blind</p> <p><b>Care setting:</b> inpatients and outpatients of 24 centres in France (17 centres) and Poland (7 centres)</p> <p><b>Country of origin:</b> France and Poland</p> <p><b>Publication source:</b> <i>Journal of Wound Care</i></p> <p><b>Year of publication:</b> 2012</p> <p><b>Duration of follow-up:</b> 60 days or until complete healing</p> <p><b>Sources of funding:</b> Laboratoires Génévrier</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> aged 18 or over; with at least 1 leg ulcer venous or mixed aetiology present for more than 2 months and less than 4 years; ulcer surface area 5 to 40 cm<sup>2</sup>, with no necrotic tissue; wound was deemed suitable for compression; documented past history of deep venous thrombosis of the lower limbs and/or clinical evidence of post-thrombotic syndrome with chronic oedema and lipodermatosclerosis, and/or available data of an arterial-venous Doppler examination performed within the previous 6 months and showing post-phlebotic sequelae (residual thrombosis), and/or a superficial or profound reflux on the venous system; no local use of hyaluronic acid within the 3 months prior to in-</p>
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**Dereure 2012a** (Continued)

clusion; albuminaemia  $\geq 25$  g/L; ABPI of  $\geq 0.8$ ; daily use of compression therapy for ambulatory patients, as recommended by the French Health Authorities (long-stretch elastic bandage or multilayer bandage)

**Exclusion criteria:** participants with an ulcer of non-vascular origin, or due to a general cause; significant arterial insufficiency (ABPI  $< 0.8$ ); clinical suspicion of local and/or systemic infection; hepatic or renal failure; recent history of venous thrombosis ( $< 3$  months); diabetic patients; participants who were allergic to local anaesthetics or components of 2 treatments, or were receiving treatment that delayed the healing process

## Participants

**Number of participants:** 101 participants were included in the ITT population (group 1: 50 participants; group 2: 51 participants). 75 participants were considered in the per-protocol population (group 1: 38 participants; group 2: 37 participants).

**Female gender:** group 1: 54% (n = 27); group 2: 57% (n = 29)

**Age:** group 1:  $68.6 \pm 12.4$  (n = 50); group 2:  $69.7 \pm 14.7$  (n = 51)

## Interventions

**Details of the intervention:** both treatments were supplied in the same form, external packaging shape, odour, and texture, in order to maintain the double blinding

**Group 1:** 0.2% hyaluronic acid-based topical (ialuset cream; Laboratories Genévrier)

**Group 2:** neutral vehicle (same formulation as ialuset cream, but without hyaluronic acid, obtained by emulsion of a fat and aqueous phase; Laboratories Genévrier)

**Co-interventions:** in the majority of cases (90%), compression was primarily long-stretch elastic or multilayer bandages. Compression was applied in the morning and removed before going to bed. Systemic antibiotics could be used in the event of clinically relevant infection. Systemic analgesics were authorised, provided they were interrupted at least 10 hours before each visit.

**Duration of treatment:** 60 days, or until complete healing

## Outcomes

**Primary outcomes of the review:** complete wound healing; adverse events

**Secondary outcomes:** percentage of wound size reduction; pain, assessed using a VAS

## Notes

**Losses to follow-up:** 101 participants constituted the ITT population, 27 withdrew from the study (n = 11 for group 1 and n = 16 for group 2). Major protocol deviations were reported during the study for 12 participants in group 1 and 14 participants in group 2. These participants were therefore excluded from the per-protocol group, which thus comprised 75 participants (n = 38 in group 1, n = 37 in group 2).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The randomisation list was prepared using a validated SAS software (Institute Inc.) by an independent provider appointed for this study (Axonal). Randomisation was stratified by centre"
Allocation concealment (selection bias)	Low risk	Quote: "The HA acid treatment cream and neutral vehicle were allocated according to a randomisation list balanced per blocks of four". "Treatment allocation and evaluation were assessed by a blinded physician."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Both treatment were supplied in the same form, external packaging, shape, odour, and texture, in order to maintain the double blinding"
Blinding of outcome assessment (detection bias)	Low risk	Quote: "Two independent readers, blind to treatment allocation, measured the wound size based on the drawings on sterile tracing papers, in a cen-



**Dereure 2012a** (Continued)

All outcomes		tralised fashion and using planimetrics system. The percentage reduction of the wound area between day 0 and day 14, day 28 and day 56, was calculated". "Treatment allocation and evaluation were assessed by a blinded physician"
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "101 participants were included in the intention-to-treat (ITT) population (group 1: 50 participants; group 2: 51 participants). 75 patients were considered in the per protocol (PP) population (group 1: 38 participants; group 2: 37 participants)"
Selective reporting (reporting bias)	Low risk	Outcomes in methods section were described in results section.
Other bias	Low risk	Groups were balanced at baseline and only one ulcer was selected in volunteers with multiple ulcers. The study was sponsored by Laboratoires Génévrier and authors received honoraria for their contributions to the study.

**Dereure 2012b**
**Study characteristics**

Methods	<p><b>Research design:</b> RCT, prospective, multicentre, comparative, parallel-group, randomised, controlled, blind-observer, non-inferiority clinical trial</p> <p><b>Care setting:</b> 20 centres, selected by the study sponsor, 4 centres in France and 16 in Poland</p> <p><b>Country of origin:</b> France and Poland</p> <p><b>Publication source:</b> <i>Journal of Wound Care</i></p> <p><b>Year of publication:</b> 2012</p> <p><b>Duration of follow-up:</b> 56 days, or until complete healing</p> <p><b>Sources of funding:</b> Laboratoires Génévrier</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> surface of the selected target ulcer 5 to 40 cm<sup>2</sup>, with no necrotic tissue; wound consistent with the use of an appropriate compression device; documented past history of deep venous thrombosis of the lower limbs and/or clinical evidence of post-thrombotic syndrome with chronic oedema and lipodermatosclerosis and/or available data of an arterial-venous Doppler examination performed within the previous 6 months and showing post-phlebotic sequelae (residual thrombosis), and/or a superficial or profound reflux on the venous system; ABPI <math>\geq</math> 0.8; daily use of compression devices for ambulatory patients; no local use of HA within the previous 3 months; albuminaemia <math>\geq</math> 25 g/L; participants covered by a health insurance system; women of childbearing age had to use a reliable contraceptive method for at least 1 year</p> <p><b>Exclusion criteria:</b> participants with an ulcer of non-vascular origin, or due to a general cause; diabetic patients; with significant arterial insufficiency (ABPI &lt; 0.8); with a clinical suspicion of local and/or general infection; with hepatic or renal failure, with a recent history of venous thrombosis (less than 3 months); pregnant or breastfeeding woman, or woman planning to be pregnant; with known allergies to local anaesthetics or to investigational treatments components, or under treatment delaying the healing process; participants who had participated in a clinical investigation within the 2 months preceding the inclusion visit</p>
Participants	<p><b>Number of participants:</b> 170 participants were included in the ITT population (n = 2 in France and n = 168 in Poland; group 1: 85 participants; group 2: 85 participants). 143 participants constituted the per-protocol population (group 1: 72 participants; group 2: 71 participants).</p>

**Dressings and topical agents containing hyaluronic acid for chronic wound healing (Review)**

**Dereure 2012b** (Continued)

**Female gender:** group 1: 61% (n = 44); group 2: 59% (n = 42)

**Age:** group 1: 64.2 ± 14.4 (n = 72); group 2: 68.5 ± 13.1

Interventions	<p><b>Details of intervention</b></p> <p><b>Group 1:</b> 0.05% HA-impregnated cotton gauze pad (ialuset gauze pad; Laboratoires Génévrier)</p> <p><b>Group 2:</b> HC dressing (DuoDERM E; Convatec)</p> <p><b>Dressing procedure:</b> the ulcer was cleaned with physiological serum, and the assigned dressing was then applied by a nurse or by the investigator. The gauze pad (group 1) was applied to the wound every day, covered with sterile gauze. The HC dressing (group 2) was directly applied to the wound every 2 to 3 days.</p> <p><b>Co-interventions:</b> both treatments were then covered by an adapted and efficient compression bandage, prescribed by investigators according to the standard care recommended by French Health Authorities (HAS) on June 2006 (grade 2; 3); low-elasticity bandages with short stretch (&lt; 20%), elastic bandages with long stretch (&gt; 20%), multilayered bandages and compression stockings. Wound excision procedures were authorised if necessary.</p> <p>Systemic antibiotics could be used in the event of clinically relevant infection. Systemic analgesics were authorised, provided they were interrupted at least 10 hours before each visit.</p> <p><b>Duration of treatment:</b> 56 days, or until complete healing</p>	
Outcomes	<p><b>Primary outcomes of the review:</b> percentage of participants with completely healed ulcer; adverse events</p> <p><b>Secondary outcomes:</b> reduction of at least 40% of the initial wound surface after 56 days of treatment; percentage wound size reduction; pain (only at baseline)</p>	
Notes	<p><b>Losses to follow-up:</b> 27 participants (15%) did not complete the study (group 1: n = 13; group 2: n = 14) primarily due to ulcer healing (n = 12, 46%). 7 participants (27%) dropped out due to treatment-related adverse event.</p>	
<b>Risk of bias</b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	Quote: "The randomisation list was prepared using a validated SAS software (Institute Inc.) by an independent provider appointed for this study (Axonal). Randomisation was stratified by centre"
Allocation concealment (selection bias)	Unclear risk	The method of allocation was described, however there was no mention of allocation concealment.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Not possible due to different appearances of treatments.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Two independent readers, blind to treatment allocation, measured the wound size based on the drawings on sterile tracing papers, in a centralised fashion and using planimetrics system. The percentage reduction of the wound area between day 0 and day 14, day 28 and day 56, was calculated"
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "A total of 170 patients were included (n=2 in France and n=168 in Poland) ...". "Overall, 26 patients (15%) did not complete the study (n=13 for HA, n=13 for HC dressing) primarily due to ulcer healing (n=12; 46%). Seven patients (27%) dropped out for treatment related AE"

**Dereure 2012b** (Continued)

		Comments: participants withdrawal were justified and balanced between groups.
Selective reporting (reporting bias)	Low risk	Outcomes in methods section were described in results section.
Other bias	Unclear risk	Groups were balanced at baseline and only one ulcer was selected in volunteers with multiple ulcers, however, only 2 volunteers were included from 4 eligible centres in France and authors did not provide reason for this imbalance. The study was sponsored by Laboratories Génévrier and authors received honoraria for their contributions to the study.

**Di Mauro 1991**
**Study characteristics**

Methods	<p><b>Research design:</b> randomised, comparative, clinical trial</p> <p><b>Care setting:</b> not described</p> <p><b>Country of origin:</b> not described</p> <p><b>Publication source:</b> <i>Drugs under Experimental and Clinical Research</i></p> <p><b>Year of publication:</b> 1991</p> <p><b>Duration of follow-up:</b> until wound healing</p> <p><b>Sources of funding:</b> not described</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> participants affected by non-insulin-dependent diabetes and ulcers</p> <p><b>Exclusion criteria:</b> not described</p>
Participants	<p><b>Number of participants:</b> 20 participants (ITT and per-protocol). The groups were assumed to be the same size (n = 10 in each arm) based on the description from the trialist: "Twenty patients (twelve males and eight females, age range 60-78 years) affected by non-insulin-dependent diabetes and ulcer were, consecutively and at random, treated with LC or hyaluronic acid medicated gauze".</p> <p><b>Male gender:</b> 60% (n = 12)</p> <p><b>Age:</b> 60 to 78 years</p> <p>19 participants had foot ulcers, and 1 participant had a post-traumatic ulcer at the volar surface of the wrist.</p>
Interventions	<p><b>Details of the intervention</b></p> <p><b>Group 1:</b> hyaluronic acid medicated gauze. Participants in this group were treated according the same general procedures of local therapy.</p> <p><b>Group 2:</b> lyophilised type I collagen was applied on the surface of the ulcers or inside the fistulas. The tablets were moistened with saline or antibiotic solution when applied on the surface of the ulcers; tablets were dry, cut, and suitably moulded when inserted in the fistulas. Dressing was renewed every 2 days.</p>

**Di Mauro 1991** (Continued)

**Co-interventions:** ulcers were treated by debridement, repeated saline solution washings, and local antibiotic therapy

Outcomes	<b>Primary outcomes of the review:</b> time to complete wound healing <b>Secondary outcomes:</b> pain
Notes	<b>Losses to follow-up:</b> not described

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Consecutively and at random"  Comments: unclear risk of bias, authors did not specify the method of randomisation.
Allocation concealment (selection bias)	Unclear risk	Did not provide a clear description of allocation concealment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Personnel were probably not blinded (did not mention if involved personnel were different people treating different groups) because lyophilised collagen were tablets that needed to be moistened and moulded when applied on wounds.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	Authors did not report withdrawals or statistical methods.
Selective reporting (reporting bias)	High risk	Authors did not mention any methods for quantification of symptoms such as pain or paraesthesia or described pain and paraesthesia as a measured outcome; however, in the results section authors state: "In the group treated with collagen, a significant improvement was shown in symptoms such as reduction of pain, itch and paraesthesia"
Other bias	Unclear risk	It is not possible to assess imbalance in treatment groups based on presented data. Authors did not report source of funding.

**Felzani 2011**
**Study characteristics**

Methods	<b>Research design:</b> RCT, double-blind, single-centre <b>Care setting:</b> hospitalised patients <b>Country of origin:</b> Italy <b>Publication source:</b> <i>Advances in Therapy</i> , Springer Healthcare <b>Year of publication:</b> 2011 <b>Duration of follow-up:</b> 15 days
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**Felzani 2011** (Continued)

**Sources of funding:** not described

**Unit of randomisation:** participant

**Unit of analysis:** ulcers

**Inclusion criteria:** hospitalised patients of both sexes; aged above 18 years, with a foreseen hospitalisation period of longer than 15 days, with grade 1 to 3 decubitus ulcers

**Exclusion criteria:** patients that could not co-operate with the hygienic measures to be adopted for the treatment of sores and those with a history of intolerance to hyaluronic acid; need of concomitant local and/or general antibiotic therapy for skin lesions or for systemic diseases

## Participants

**Number of participants:** 59 participants were recruited, and 50 participants with 54 pressure ulcers were included in analysis. Participants to be treated were divided into 3 groups based on ulcer stage: first group (stage I), 20 participants; second group (stage II), 20 participants; third group (stage III), 10 participants. Among participants in the third group, 2 participants had 2 lesions, and 1 participant had 3 lesions. Therefore, 14 decubitus ulcers were treated.

**Male gender:** 42% (n = 21)

**Age:** 56 ± 7 years

## Interventions

**Details of the intervention**

**Group 1:** hyaluronic acid (Lys-HA; Lysial, Fatai-Nyl Srl; Jasper LLC, Lugano, Switzerland)

**Group 2:** sodium hyaluronate

**Dressing procedure:** wounds were initially thoroughly cleaned with saline. Blood clots, foreign bodies, and excess necrotic tissue were removed with gauze. Macerated skin borders were surgically removed. After these cleaning operations, the cream was applied as a thin layer across the ulcer surface. For the secondary medication, fat gauzes were preferred for direct contact with the wound, whereas final dressing was performed with sterile gauzes. Dressing changes were made daily during the first week of the study, and every other day during the second week.

**Co-interventions:** nutrition supplements and patient mobilisation and turning were provided according to the standard of care

**Duration of treatment:** 15 days

## Outcomes

**Primary outcomes of the review:** complete wound healing for stage III ulcers

**Secondary outcomes:** time necessary to reach 50% lesion size regression

## Notes

**Losses to follow-up:** 100% of participants completed the treatment

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "This single-centre randomised controlled trial (RCT) was conducted double-blinded"  Comments: did not specify the method of randomisation
Allocation concealment (selection bias)	Unclear risk	No information provided
Blinding of participants and personnel (performance bias)	Low risk	Quote: "The products were provided in identical containers, the only difference being the batch number"

**Felzani 2011** (Continued)

All outcomes

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "The nursing team was unaware of the study treatment allocation." "Lesion analysis was performed in a blinded manner by expert specialized investigators and the following quantitative criteria were examined: lesion size (area), and regression time of 50% of lesion size"
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "specifically, the first group (stage 1 decubitus ulcers) was initially formed by 25 patients; 5 participants were considered as not assessable since treatment was suspended. In 3 cases, this was because patients left the institute, in the other 2 cases it was because worsening of their condition due to underlying disease requiring antibiotic therapy.  The second group (stage 2 decubitus ulcers) was initially formed by 24 patients; of those, 2 were considered as not assessable due to spontaneous suspension of study treatment, and 2 were excluded due to worsening of their condition requiring antibiotic therapy."  Comment: participants withdrawal were justified and balanced between groups
Selective reporting (reporting bias)	High risk	Authors did not present mean (or corrected mean by covariate) and a measure of variability such as standard deviation for ulcer area or degree of area changes nor measure of variability for time to reach 50% lesion size regression. Complete ulcer healing was reported only for stage III wounds.
Other bias	High risk	Data analysis was based on number of ulcers that exceed the number of randomised participants.

**Humbert 2013**
**Study characteristics**

Methods	<p><b>Research design:</b> RCT, parallel, multicentre, comparative, randomised, double-blind clinical trial</p> <p><b>Care setting:</b> participants' home and care facilities (29 centres participated in the study: 18 centres in France, 3 in Morocco, and 8 in Poland)</p> <p><b>Country of origin:</b> France, Morocco, and Poland</p> <p><b>Publication source:</b> <i>International Wound Journal</i></p> <p><b>Year of publication:</b> 2013</p> <p><b>Duration of follow-up:</b> 60 days or until complete healing</p> <p><b>Sources of funding:</b> Laboratoires Genévrier, with the support of local contract research organisations in France, Morocco, and Poland</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> male or female inpatients or outpatients; aged 18 years or over; diagnosis of leg ulcers of venous or mixed arterial/venous origin present for &gt; 2 months and &lt; 4 years; wound with surface area of the selected target ulcer comprised between 5 and 40 cm<sup>2</sup>; without necrotic tissue; documented past history of deep venous thrombosis of the lower limbs and/or clinical evidence of post-thrombotic syndrome with chronic oedema and lipodermatosclerosis and/or available data of an arterial-venous Doppler examination performed within the previous 6 months and showing post-phlebotic sequelae (residual thrombosis), and/or a superficial or profound reflux on the venous system; with no local</p>
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**Humbert 2013** (Continued)

HA treatment within the 3 months before inclusion; with albuminaemia  $\geq 25$  g/L; with ankle/brachial Doppler systolic pressure index  $\geq 0.8$ ; with an adapted compression treatment which was worn all during the study; covered by a health insurance system; women of childbearing age had to use a reliable contraceptive method for at least 3 months before and during the study

**Exclusion criteria:** pregnant or breastfeeding women or women planning to be pregnant in the course of the study; with an ulcer of non-vascular origin (phagedenic pyodermitis); with clinical evidence of significant arterial insufficiency (claudication, pain at decubitus); with an ulcer due to a general cause (haematological cause); with any type of diabetes; suffering from hepatic disorders (ALAT/ASAT  $\geq 2.5$  ULN); suffering from renal disorders (creatinine clearance  $< 30$  mL/min); with known allergy to local anaesthetics such as to Xylocaine, Lidocaine or Prilocaine; with a clinical suspicion of general infection (erysipelas, phlegmon); presence of at least 1 of the following symptoms, reminiscent of the local and/or general infection: peri-ulcerous inflammation, odorous and purulent flow, adenopathy, lymphangitis, fever, unexpected healing interruption; presence of a recent venous thrombosis ( $< 3$  months); known allergy to 1 of the components of the investigational medical devices; under treatments delaying the healing process: systemic corticosteroids, cytostatic drugs, immunosuppressive agents; participation in any type of clinical investigation concurrently or within the 2 months preceding the inclusion visit

## Participants

**Number of participants:** 89 participants were included in the analysis (ITT population), instead of the 140 participants previously calculated (group 1: 45 participants; group 2: 44 participants). In addition, 72 participants were defined as per-protocol population (group 1: 38 participants; group 2: 34 participants).

**Characteristics of the examined groups:** the study was conducted with inpatients or outpatients with 1 or several leg ulcers of venous or mixed arterial/venous origin

**Female gender:** group 1: 44.4% (n = 20); group 2: 54.5% (n = 20)

**Age:** group 1:  $59.4 \pm 2.5$ ; group 2:  $64.1 \pm 2.7$

## Interventions

**Details of the intervention**

**Group 1:** 0.05% HA impregnated cotton gauze pad (ialuset gauze pad manufactured by Laboratoires Génévrier, Sophia-Antipolis, France)

**Group 2:** neutral vehicle (same formulation as ialuset gauze pad but without HA)

**Dressing procedure:** the ulcer was cleaned with physiological serum, and the assigned dressing was then applied by a nurse at the participant's home (for outpatients), or in various care facilities (for inpatients) except during evaluation visits when the dressing was applied by the investigator. The gauze pad was applied to the wound, covered with sterile gauze, and then covered with an appropriate bandage.

**Co-interventions:** surgical wound excision procedures were authorised if necessary with or without previous local anaesthesia. Systemic antibiotics could be used in case of clinically relevant infection. Systemic analgesics were authorised, provided they were interrupted at least 10 hours before each visit to allow a proper evaluation of wound-related pain. The use of high-dosage systemic corticosteroids, cytostatic and immunosuppressive drugs, and local use of proteolytic enzymes for wound debridement were not permitted during the study.

**Duration of treatment:** 60 days or until complete healing

## Outcomes

**Primary outcomes of the review:** complete wound healing (45 days); time to complete wound healing; adverse effect

**Secondary outcomes:** percentage of wound size reduction (after 45 days of treatment); pain was assessed according to VAS

## Notes

**Losses to follow-up:** 28 participants did not complete the study (n = 18 in group 1; n = 10 in group 2)

**Risk of bias**

**Humbert 2013** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The randomisation list was prepared by Data Management & Statistics Unit of IBSA Institut Biochimique SA, Switzerland using a validated software from SAS Institute Inc., Cary, NC in accordance with international standards"
Allocation concealment (selection bias)	Unclear risk	Allocation method was properly described but there was no mention of concealment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Authors state it is a double-blinded study, however, there is no description of the method for blinding.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Two independent readers, equally blind to treatment, measured the wound size based on the drawings on sterile tracing papers, in a centralised fashion and using a digital planimetrics system, Visitrak"
Incomplete outcome data (attrition bias) All outcomes	High risk	Sample size calculation resulted in 140 volunteers. An interim analysis was intended to be performed upon 80 subjects completing the study, however, authors reported that 28 individuals did not complete the study from 89 originally included in the ITT population (10 individuals did not meet inclusion criteria); therefore, less than 80. Authors reported that the study was then stopped based on the significance difference observed for the primary performance parameter (area reduction after 45 days of treatment) in this interim analysis.
Selective reporting (reporting bias)	Low risk	All proposed outcomes described in methods section are presented and properly analysed.
Other bias	Low risk	<p>Participants were not significantly different between the 2 arms as regards gender, age and body mass index, frequency of medical and/or surgical background, localization and duration of target ulcer, proportion of fibrinous or granulation tissue. Only 1 ulcer was assessed per volunteer.</p> <p>Project management and monitoring of the study was carried out by the sponsor, Laboratoires Genevrier, with the support of local contract research organisations in France, Morocco and Poland.</p>

**Lee 2016**
**Study characteristics**

Methods	<p><b>Research design:</b> RCT, prospective, randomised, placebo-controlled, single-centre</p> <p><b>Care setting:</b> not reported</p> <p><b>Country of origin:</b> Korea</p> <p><b>Publication source:</b> <i>Wound Repair and Regeneration</i></p> <p><b>Year of publication:</b> 2016</p> <p><b>Duration of follow-up:</b> 12 weeks</p> <p><b>Sources of funding:</b> Genewel (Seoul, South Korea)</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p>
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**Dressings and topical agents containing hyaluronic acid for chronic wound healing (Review)**



Lee 2016 (Continued)

**Inclusion criteria:** those with type 1 or 2 diabetes mellitus; aged over 20 years; those with an ulcer size  $\geq 1$  cm<sup>2</sup> for more than 6 weeks, without signs of healing; those with an ulcer graded as Wagner stage 1 or 2; those with adequate circulation in the foot confirmed by transcutaneous partial pressure of oxygen (TcPO<sub>2</sub>)  $\geq 30$  mmHg or palpable pulses at the ankle (dorsalis pedis artery or posterior tibial artery); those with diabetic peripheral neuropathy diagnosed with the Michigan Neuropathy Screening Instrument (MNSI score of  $\geq 2.5$ ); those without local or systemic signs of DFU infection (local tenderness, erythema, fever, and leukocytosis); and those who signed the written consent form after full description of the clinical trial

**Exclusion criteria:** diagnosis of presented osteomyelitis, systemic inflammatory disease, or autoimmune disease (e.g. rheumatoid arthritis, gout, systemic lupus erythematosus, and ankylosing spondylitis) and deep vein thrombosis; patients who were pregnant, were undergoing immunosuppressant treatment, or had any systemic wasting disease (e.g. chronic obstructive pulmonary disease, chronic heart failure, and malignancy)

## Participants

**Number of participants:** 34 (ITT) participants were enrolled and randomised into the 2 groups with a 1:1 ratio (17 participants in each group). 25 (per-protocol) participants were included in the final analysis (group 1: 13 participants; group 2: 12 participants).

**Male gender:** group 1: 84% (n = 11); group 2: 66% (n = 8)

**Age:** group 1: 57.08  $\pm$  13.92; group 2: 57.58  $\pm$  13.01

## Interventions

**Details of the intervention**

**Group 1:** hyaluronic acid dressing material (Healoderm, Genewel, Seoul, South Korea)

**Group 2:** conventional moisture-retentive dressing (sterile petrolatum gauze, SungKwang, Cheonan-si, South Korea)

**Dressing procedure:** thorough cleansing of the wound bed and margin with normal saline, additional debridement to remove necrotic tissues and expose healthy bleeding margin if necessary, trimming of the corresponding dressing material according to the size and shape of the ulcer, and direct application of the dressing material to the wound bed and then covering with polyurethane foam (Medifoam, Genewel). The dressing change was performed during the scheduled weekly follow-up. However, depending on the amount of exudate, additional dressing change was performed 2 to 3 times per week. Both dressing materials were prepared in an identical packaging with the same label to ensure blinding. However, due to different morphology of the dressing materials, the investigators were not blind to the dressing materials.

**Co-interventions:** according to participants' clinical presentation (general strength, balance, gait pattern, and daily accommodation), an orthopaedic shoe with rigid sole, crutches, and/or wheelchairs were additionally prescribed

**Duration of treatment:** 12 weeks

## Outcomes

**Primary outcomes of the review:** complete wound healing (12 weeks); rate of adverse effects and events

**Secondary outcomes:** change of wound size and area; velocity of healing was also reported

## Notes

**Losses to follow-up:** 9 participants (group 1: n = 4; group 2: n = 5)

**Risk of bias**
**Bias**
**Authors' judgement**
**Support for judgement**

Random sequence generation (selection bias)

Low risk

Quote: "A biostatistician who was blinded to the purpose of the study conducted a stratified permuted block randomizations using the SAS system"

**Lee 2016** (Continued)

Allocation concealment (selection bias)	Unclear risk	Authors do not describe how the allocation was concealed.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Quote: "Both the dressing materials were prepared in an identical packaging with the same label to ensure blinding. However, due to different morphology of the dressing materials, the investigators were not blind to the dressing materials"  Comments: there was no personnel blinding due to the characteristics of the dressing materials.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "... the ulcer size was measured by a trained orthopaedic fellow who was blind and independent of this study. The ulcer size was measured on a weekly basis, for 12 weeks, ..."
Incomplete outcome data (attrition bias) All outcomes	High risk	High number of participants lost in follow-up, 9 out of 34 (26%). Authors did not use intention to treat analysis.
Selective reporting (reporting bias)	Low risk	All proposed outcomes described in methods section are presented and properly analysed.
Other bias	Low risk	The demographics, medical status, and baseline DFU characteristics of the 2 groups were similar. The authors declare that there are no conflicts of interest.

**Meaume 2008**
**Study characteristics**

Methods	<p><b>Research design:</b> randomised, parallel-group, prospective, open, multicentre</p> <p><b>Care setting:</b> inpatients or outpatients, 18 centres in 3 countries (France, 15 centres; Italy, 2 centres; Switzerland, 1 centre)</p> <p><b>Country of origin:</b> France, Italy, and Switzerland</p> <p><b>Publication source:</b> <i>Current Medical Research and Opinion</i></p> <p><b>Year of publication:</b> 2008</p> <p><b>Duration of follow-up:</b> 42 days</p> <p><b>Sources of funding:</b> IBSA Institut Biochimique SA (Pambio-Noranco, Switzerland) and Laboratoires Génévrier (Antibes, France)</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> inpatients or outpatients of any gender, of 18 years of age or more; with life expectation longer than the duration of the study and having given their written informed consent to the participation in the study; participants should have 1 or more leg ulcers of varicose, post-thrombotic or mixed venous-arterial origin assessed by clinical criteria and venous Doppler examination, showing signs of post-phlebitic, residual thrombosis or either a superficial or a profound return flow on the venous system; ulcers must have been present for more than 2 months but less than 1 year, and sized between 5 and 40 cm<sup>2</sup></p> <p><b>Exclusion criteria:</b> the presence of fibrin was tolerated if corresponding to less than 50% of the lesion area, whereas the presence of necrotic tissue was reason for exclusion; serum albumin values &lt; 25 g/</p>
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**Meaume 2008** (Continued)

L; a systolic pressure index < 0.8 (ankle pressure/humeral pressure); ulcers of non-vascular origin or caused by a systemic disease, or patients suffering from uncontrolled diabetes; suspicion of infection (e.g. erysipelas, phlegmon); a venous thrombosis in the previous 3 months, presence of diffuse eczema around the ulcer; known hypersensitivity to 1 of the hydrocolloid dressings components; use of local treatments (e.g. topical proteolytic enzymes) other than the tested medical devices, concomitant use of drugs that can negatively influence the wound-healing process such as systemic corticosteroids, cytostatics, and immunosuppressants; patients having participated in another trial during the 2 months preceding the inclusion in our study; pregnant or breastfeeding women; and participants not willing or not able to respect the protocol restrictions

**Participants**

**Number of participants:** 125 participants (group 1: 62 participants; group 2: 63 participants). All 125 included participants were assessed for efficacy and safety in the ITT analysis, whereas the per-protocol analysis was performed on the 108 participants (group 1: 56 participants; group 2: 52 participants who had either achieved a complete wound healing before day 42 or completed the 42-day treatment period without major protocol violations).

**Male gender:** group 1: 30.15% (n = 19); group 2: 56.45% (n = 35)

**Age:** group 1: 73 ± 1.4; group 2: 75 ± 1.4

**Interventions**
**Details of the intervention**

**Group 1:** hydrocolloid dressing containing 0.2% of HA

**Group 2:** hydrocolloid dressing not containing HA

**Dressing procedure:** "at the inclusion visit (day 1), a surgical debridement of the ulcer area was performed when necessary. For this purpose, use of local anaesthetics – either in liquid or cream forms – was allowed. The lesion was then cleaned with physiological solution at each control visit, before the application of the hydrocolloid dressing. For participants having several ulcers or a bilateral ulcer, the investigator selected 1 lesion only to be treated with the tested medical devices according the above-mentioned criteria, whereas the other ulcers were treated according to standard treatment protocols of the centres."

**Co-interventions:** "a suitable and individually adapted, effective elastic stocking was prescribed by the investigator and worn by all participants. A secondary bandage was used only if strictly necessary, according to the judgement of the investigator."

**Duration of treatment:** for a maximum treatment period of 6 consecutive weeks (42 days). Once included, participants were always assessed by the same personnel in charge of the study at each control visit, after 7, 14, 28, and 42 days or until a complete wound healing was recorded.

**Outcomes**

**Primary outcomes of the review:** complete healing; adverse events

**Secondary outcomes:** reduction of the wound area; evolution of the wound bed conditions; pain and itching were assessed by participants on a 100-millimetre VAS

**Notes**

**Losses to follow-up:** 22 participants dropped out before day 42: complete healing of their ulcer (group 1: n = 4; group 2: n = 4) and due to adverse events (group 1: n = 3; group 2: n = 4) or other reason (group 1: n = 4; group 2: n = 3)

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Following inclusion, patients were randomly assigned to one of the two arms of treatment, both in form of a hydrocolloid dressing of 10X10 cm, according to a computer generated randomisation list"
Allocation concealment (selection bias)	Unclear risk	Quote: "Sealed envelopes containing the treatment code for each individual patient were given to the investigator at each centre. The investigator could

**Meaume 2008** (Continued)

open the envelope only after having included a patient in the study and only then know to which treatment group that patient had been allocated"

Comment: authors did not specify if envelopes were sequentially numbered and opaque. We could not obtain this information from authors; therefore, we judged this study as unclear for this domain.

Blinding of participants and personnel (performance bias) All outcomes	High risk	The study was open-label.
Blinding of outcome assessment (detection bias) All outcomes	High risk	The study was open-label.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Twenty-two patients stopped the treatment before day 42: 8 patients (4 in each treatment arm) for the complete healing of their ulcer, and 14 patients (7 in each experimental group) due to AEs or other reason. No statistical difference was found between the 2 groups as far as the number of patients withdrawn and the reason for withdrawal were concerned. Three patients were identified as protocol violators, all in the HC group: 1 had an ulcer area of 80 cm <sup>2</sup> at inclusion (inclusion criterion was a maximum ulcer area of 40 cm <sup>2</sup> ), and 2 other patients used non-authorized local treatments."
Selective reporting (reporting bias)	Low risk	All proposed outcomes described in methods section are presented and properly analysed.
Other bias	Low risk	The proportion of males was higher in the control group but other participants characteristics were balanced between groups. Only 1 ulcer was assessed per volunteer. No conflict of interest was reported by authors.

**Mikosinski 2021a**
**Study characteristics**

Methods	<p><b>Research design:</b> RCT, parallel, prospective, multicentre, multinational, randomised, double-blind, clinical study conducted between 13 June 2017 and 31 December 2018</p> <p><b>Care setting:</b> 14 centres, 2 in France and 12 in Poland</p> <p><b>Country of origin:</b> France and Poland</p> <p><b>Publication source:</b> <i>Wounds</i></p> <p><b>Year of publication:</b> 2021</p> <p><b>Duration of follow-up:</b> 23 weeks or until complete healing</p> <p><b>Sources of funding:</b> IBSA Institut Biochimique S.A</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> adult males and females older than 18 years were eligible for the study if they experienced 1 or more chronic leg ulcers of venous or mixed (venous and arterial, with a predominant venous component) origin of more than 2 months and less than 4 years' duration. In participants presenting with more than 1 ulcer, the investigator selected a target ulcer.</p>
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**Mikosinski 2021a** (Continued)

**Exclusion criteria:** patients with an ulcer of non-vascular origin or related to a general cause, evidence of dominant significant arterial insufficiency and/or ABPI that was not between 0.8 and 1.2, diabetes mellitus, hepatic or renal failure, clinical suspicion of wound infection, an ulcer with exposed tendon or bone or due to malignancy, recent history of venous thrombosis, and/or ongoing treatment with drugs known to adversely affect the healing process were excluded

Participants

**Number of participants:** 189 patients were screened, 169 were randomised, and 168 (82 in the HA gauze pad group and 86 in the neutral gauze pad group) were eventually enrolled in the study and received at least 1 application of the IMD (safety analysis set). Of these, 164 (83 in the HA gauze pad group and 81 in the neutral gauze pad group) were included in the full analysis set (all people in the safety analysis set who received 1 or more postbaseline efficacy assessment).

**Female gender:** HA gauze pad group: 54.9% (n = 45); neutral gauze pad group: 57% (n = 49)

**Age:** HA gauze pad group: 72.6 ± 13.80 (n = 82); neutral gauze pad group: 67.20 ± 12.48 (n = 86)

Interventions

**Details of the intervention**

**Group 1:** the HA-containing gauze pad was a 10 cm x 10 cm, sterile, ready-to-use, fixed-dose dressing for topical use, impregnated with 0.05% sodium hyaluronate

**Group 2:** the neutral comparator contained the same ingredients except for HA and had identical visual and physical characteristics to the test product

**Dressing procedure:** study treatments were used in conjunction with standard local therapy that specified cleansing the target ulcer with sterile saline before each application, with or without the use of surgical debridement or local anaesthesia as necessary. In the event of clinical evidence of infection (confirmed on swabbing), therapy with systemic antibiotics was considered, but the use of topical antimicrobials and antiseptics was prohibited. After wound cleansing, the HA gauze pad or neutral comparator was applied directly to the target ulcer once daily by the study nurse or authorised study personnel either at the participant's home or at the clinic. During the study visits, the gauze pad was applied by the investigator (or designee). The gauze pads were placed onto the entire cavity of the target ulcer, and the wound area was then covered with a sterile dressing and finally completed by appropriate pressure bandaging. Wound debridement, dressing, and compression were only applied by personnel with knowledge and experience in the assessment and management of patients with leg ulcers.

**Co-interventions:** standard care (i.e. ulcer cleansing, debridement/anaesthesia as necessary, and optimised compression)

**Duration of treatment:** 20 weeks, or until complete healing

Outcomes

**Primary outcomes of the review:** ulcer healing as evaluated by the central assessor blinded to the product used and confirmed 3 weeks after the end of treatment

**Secondary outcomes:** the percentage of completely healed target ulcers as assessed by the investigator and at all other scheduled study visits as assessed by the blinded central assessor. Endpoints also included target ulcer residual area relative to baseline, calculated as percentage relative to the ulcer area at the time of randomisation, the condition of the peri-ulcerous skin, the total amount of analgesics used, the percentage of participants presenting with infection after application of the first IMD confirmed by swabbing of the target ulcer, patient adherence to treatment, time to achieve complete healing as centrally assessed, and pain intensity as measured by VAS.

Notes

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The randomization list was prepared by the Data Management and Statistics Department of the sponsor according to standard operating procedures, using validated software (SAS Institute Inc)."

**Mikosinski 2021a** (Continued)

Allocation concealment (selection bias)	Low risk	Quote: "The study was conducted in double-blind fashion, with treatment allocation hidden to the participants, investigator, sponsor, contract research organization team, and the central assessor, located separately from any of the study sites. Strict procedures were adopted to maintain the blind throughout the study."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Strict procedures were adopted to maintain the blind throughout the study."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	All personnel involved in the trial were blinded to the treatment, and the HA gauze pads and neutral gauze pads, packaging, and labelling were indistinguishable from one another. In addition, the clinical assessment of the primary efficacy variable (target ulcer healing) was centrally and independently performed by an experienced, blinded assessor judging clinical results on standardised photography of the target ulcer.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Overall, 144 patients (71 in the HA gauze pad group; 73 in the neutral gauze pad group) completed the study; 25 discontinued treatment (13 in the HA group; 12 in the neutral gauze pad group). Of those, 18 withdrew (9 in each group) for personal reasons—3 in the HA group (2 for AEs and 1 for other reasons) and 2 in the neutral gauze pad group due to lack of efficacy. One person in each group was lost to follow-up. Among the 5 participants who had more than 1 major protocol deviation (3 in the HA group; 2 in the neutral gauze pad group), the most common reason was violation of exclusion criteria."
Selective reporting (reporting bias)	Low risk	Outcomes in methods section were described in results section.
Other bias	Low risk	The study was sponsored and funded by IBSA Institut Biochimique S.A. The project was managed and monitored by the contract research organisation CROMSOURCE through its local organisations in Poland and France.  Participants and target ulcer were similar between groups.

**Mikosinski 2021b**
**Study characteristics**

Methods	<p><b>Research design:</b> RCT, parallel-group, prospective, multicentre, randomised, double-blind, clinical study conducted between 13 June 2017 and 17 April 2019</p> <p><b>Care setting:</b> 20 centres in Poland</p> <p><b>Country of origin:</b> Poland</p> <p><b>Publication source:</b> <i>Wounds</i></p> <p><b>Year of publication:</b> 2021</p> <p><b>Duration of follow-up:</b> 23 weeks or until complete healing</p> <p><b>Sources of funding:</b> IBSA Institut Biochimique S.A</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p>
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**Mikosinski 2021b** (Continued)

**Inclusion criteria:** adult males and females 18 years or older were eligible for inclusion in the study if the following criteria were met: 1 or more chronic leg ulcers of venous (varicose or post-thrombotic) or mixed (venous and arterial) origin with a predominance of venous origin, with a duration of at least 2 months but less than 4 years; the target ulcer area was at least 5 cm<sup>2</sup> but no more than 40 cm<sup>2</sup>, with less than 50% of necrotic tissue; an arteriovenous Doppler examination showing superficial or profound venous reflux and/or a well-documented history of deep venous thrombosis and/or clinical evidence of post-thrombotic syndrome with chronic oedema and lipodermatosclerosis

**Exclusion criteria:** the presence of a non-vascular ulcer or a general cause (e.g. haematologic cause), ankle-brachial index less than 0.8 or higher than 1.2 and/or dominant significant arterial insufficiency, diabetes mellitus of any type, hepatic or renal failure, presence of wound infection, an ulcer with exposed tendon or bone or due to malignancy, a recent history of venous thrombosis, and ongoing treatment with drugs known to adversely affect the healing process

## Participants

**Number of participants:** a total of 199 European participants were screened, and 168 (85 in the HA cream group and 83 in the neutral cream group) were eventually enrolled in the study and received at least 1 application of the IMD (safety analysis set). Of these participants, 164 were included in the full analysis set (all participants in the safety analysis set who had at least 1 postbaseline efficacy assessment), with 83 in the HA cream group and 81 in the neutral cream group.

A total of 144 participants (HA cream group, 70; neutral cream group, 74) completed the study.

**Female gender:** HA cream group: 61.2% (n = 52); neutral cream group: 60.2% (n = 50)

**Age:** HA cream group: 68.9 ± 12.95 (n = 85); neutral cream group: 70.0 ± 12.17 (n = 83)

## Interventions

**Details of the intervention**

**Group 1:** the active treatment (HA cream) contained HA 0.2% intended for topical use and was supplied for the study in 100-gram tubes

**Group 2:** the neutral comparator cream contained the same ingredients, with the exception of HA, and had visual and physical characteristics identical to those of the active cream

**Dressing procedure:** after wound cleansing, the HA cream or neutral comparator cream was applied directly to the target ulcer once daily by the study nurse or authorised study personnel at either the participant's home or clinic. Following application of the cream, the wound area was covered with a sterile gauze dressing and an appropriate long-stretch graduated elastic bandage with stirrup (BIFLEX 16+ PRACTIC bandage), which was provided to all sites; this regimen was applied to all participants according to the standard of care.

**Co-interventions:** standard care (i.e. ulcer cleansing, debridement/anaesthesia as necessary, and optimised compression)

**Duration of treatment:** 20 weeks, or until complete healing

## Outcomes

**Primary outcomes of the review:** the primary efficacy endpoint was ulcer healing, defined as 100% re-epithelialisation of the wound area at 20 weeks or at any earlier visit if healing occurred before week 20, as evaluated by the central blinded assessor and confirmed 3 weeks after initial healing achievement

**Secondary outcomes:** secondary efficacy endpoints included the percentage of completely healed target ulcers as assessed by the investigator, and at all other scheduled study visits as assessed by the central blinded assessor; target ulcer area relative to baseline at each study visit; condition of the per ulcerous skin; total amount of analgesics used; rate of infection of the target ulcer; adherence to treatment; time to achieve complete healing as centrally assessed; and pain intensity as self-assessed by the participant on a VAS at each study visit

## Notes

Dropouts: a total of 144 participants (HA cream group, 70; neutral cream group, 74) completed the study. 26 participants (HA cream group, n = 17; neutral cream group, n = 9) discontinued treatment. Of those, 14 participants (HA cream group, n = 9; neutral cream group, n = 5) withdrew from the study for personal reasons. 3 participants (HA cream group, n = 2; neutral cream group, n = 1) withdrew due to

**Mikosinski 2021b** (Continued)

adverse events and 3 (HA cream group, n = 1; neutral cream group, n = 2) due to serious adverse events. 3 participants in the HA cream group withdrew because of a protocol violation (n = 1) or were lost to follow-up (n = 2), and 3 participants (HA cream group, n = 2; neutral cream group, n = 1) withdrew for other reasons. 1 participant in each group was lost to follow-up. A total of 5 participants (HA cream group, n = 4; neutral cream group, n = 1) had at least 1 major protocol deviation, most commonly for prohibited concomitant medication.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The randomization list was prepared using validated software (SAS Institute Inc) by the Data Management and Statistics Department of the sponsor and stored in electronic form in a secure directory to ensure confidentiality in full respect of standard operating procedures."
Allocation concealment (selection bias)	Low risk	Quote: "The study was double-blind; treatment allocation was kept hidden to the subject, investigator, sponsor, contract research organization team, and central assessor. Strict procedures were followed throughout the study to maintain blinding."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "The active treatment (HA cream) contained HA 0.2% intended for topical use and was supplied for the study in 100-g tubes. The neutral comparator cream contained the same ingredients, with the exception of HA, and had visual and physical characteristics identical to those of the active cream. All personnel involved in the trial were blinded to the treatment, and the presentation, packaging, and labeling of the HA cream and neutral comparator cream were fully indistinguishable."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "To minimize bias, the test and comparator treatments were randomly allocated using a standard central randomization system, and access to the randomization code information was strictly regulated and monitored, and the clinical assessment of the primary efficacy variable was centrally and independently performed by an experienced, blinded assessor judging clinical results via standardized photography of the target ulcer. All personnel involved in the trial were blinded to the treatment, and the presentation, packaging, and labeling of the HA cream and neutral comparator cream were fully indistinguishable."
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "A total of 144 subjects (HA cream group, 70; neutral cream group, 74) completed the study. Twenty-six subjects (HA cream group, n = 17; neutral cream group, n = 9) discontinued treatment. Of those, 14 subjects (HA cream group, n = 9; neutral cream group, n = 5) withdrew from the study for personal reasons. Three subjects (HA cream group, n = 2; neutral cream group, n = 1) withdrew for AEs and 3 (HA cream group, n = 1; neutral cream group, n = 2) for SAEs. Three subjects in the HA cream group withdrew because of a protocol violation (n = 1) or were lost to follow-up (n = 2), and 3 subjects (HA cream group, n = 2; neutral cream group, n = 1) withdrew for other reasons. One subject in each group was lost to follow-up. A total of 5 subjects (HA cream group, n = 4; neutral cream group, n = 1) had at least 1 major protocol deviation, most commonly for prohibited concomitant medication."  Comment: the sum for the number of participants in the description does not match the number of dropout reported.
Selective reporting (reporting bias)	Low risk	Comments: all outcomes described in the methods section were described in the results section.
Other bias	Low risk	Participants and target ulcer were similar between groups.



**Mikosinski 2021b** (Continued)

The study was sponsored and funded by IBSA Institut Biochimique S.A.

**Ortonne 1996**
**Study characteristics**

Methods	<p><b>Research design:</b> multicentre controlled study</p> <p><b>Care setting:</b> hospitalised patients</p> <p><b>Country of origin:</b> France</p> <p><b>Publication source:</b> <i>Journal of Dermatological Treatment</i></p> <p><b>Year of publication:</b> 2008</p> <p><b>Duration of follow-up:</b> 21 days</p> <p><b>Sources of funding:</b> IBSA Institut Biochimique SA (Lugano, Switzerland)</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> participant</p> <p><b>Inclusion criteria:</b> hospitalised patients; male and female; presenting with 1 or more varicose ulcers of venous or post-thrombotic origin; between 3 and 12 cm in diameter; with a systolic pressure index &gt; 0.9 mmHg; and which had been present for more 3 months</p> <p><b>Exclusion criteria:</b> patients with traumatic wounds; ulcers of arterial origin, ulcers due to necrotic angiodermitis, distal necrosis, non-stabilised cardiac insufficiency, non-stable venous insufficiency; those treated with arterial vasodilator drugs within the previous 7 days; pregnant women and bedridden patients</p>
Participants	<p><b>Number of participants:</b> 51 (ITT) participants presenting with 1 or more varicose ulcers of venous or post-thrombotic origin (group 1: 26 participants; group 2: 24 participants), 50 (per-protocol)</p> <p><b>Male gender:</b> group 1: 37% (n = 10); group 2: 29% (n = 7)</p> <p><b>Age:</b> group 1: 66.2 ± 3.1; group 2: 69.7 ± 3.6</p>
Interventions	<p><b>Details of the intervention</b></p> <p><b>Group 1:</b> HA gauze pad (each 10 cm x 10 cm gauze pad was impregnated with 4 g of cream containing 0.05% sodium hyaluronate) per day for 21 days</p> <p><b>Group 2:</b> dextranomer paste daily (each individual dose sachet contained 6.4 g dextranomer)</p> <p><b>Dressing procedure:</b> a preliminary ulcer debridement was performed before the start of the study. Ulcers were cleaned with a physiological solution before each daily application.</p> <p><b>Co-interventions:</b> venotonic treatment (15 participants; group 1: n = 9, group 2: n = 6)</p> <p><b>Duration of treatment:</b> 21 days</p>
Outcomes	<p><b>Primary outcomes of the review:</b> adverse effects</p> <p><b>Secondary outcomes:</b> evolution of ulcer (ulcer dimensions, sclerous edges, re-epithelialised edges, budding zone), pain</p>
Notes	<p><b>Losses to follow-up:</b> 1 participant (group 1)</p>

**Ortonne 1996** (Continued)

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Eligible patients were randomised into two groups of equal size"  Comments: the authors reported that the study was randomised, however, they do not describe how the randomising process occurred.
Allocation concealment (selection bias)	Unclear risk	Authors did not describe the allocation method and concealment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	The study presented 51 participants with loss during follow-up of 1 participant (2%). Considered as low risk. It does not refer to intention-to-treat analysis.
Selective reporting (reporting bias)	Low risk	The protocol is not available but all proposed outcomes described in methods section are presented and properly analysed.
Other bias	Unclear risk	Baseline characteristics of volunteers were balanced, however insufficiently described. Did not report conflicts of interest.

**Ramos-Torrecillas 2015**
**Study characteristics**

Methods	<p><b>Research design:</b> randomised, open-label, clinical trial</p> <p><b>Care setting:</b> 1 long-stay hospital and 4 geriatric centres</p> <p><b>Country of origin:</b> Granada (Spain)</p> <p><b>Publication source:</b> <i>Biological Research for Nursing</i></p> <p><b>Year of publication:</b> 2014</p> <p><b>Duration of follow-up:</b> 36 days</p> <p><b>Sources of funding:</b> none</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> ulcer</p> <p><b>Inclusion criteria:</b> the presence, for more than 8 weeks, of stage II or III pressure ulcers (European Pressure Ulcer Advisory Panel classification), with the largest diameter <math>\leq 10</math> cm and showing presence of granulation tissue and the absence of infection and/or necrotic tissue</p>
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**Ramos-Torrecillas 2015** (Continued)

**Exclusion criteria:** the receipt of immunosuppressive treatment or the presence of cancer, HIV infection, hepatitis, systemic infection or clinical signs compatible with active local infection, active vasculitis, systemic erythematous lupus, or cryoglobulinaemia

## Participants

**Number of participants:** 115 participants (ITT), rendering a final study sample of 100 participants (per-protocol) with 124 stage II to III pressure ulcers. We were able to pool data from 2 arms of the study where hyaluronic acid was the only systematic difference between treatments.

**Female gender:** 60% (n = 60)

**Age:** 82.5 ± 4.7

## Interventions

**Details of the intervention:**

**Group 1:** control group (standard pressure ulcer care) (25 pressure ulcers)

**Group 2:** 1 dose of PRGF (34 pressure ulcers)

**Group 3:** 2 doses of PRGF (25 pressure ulcers)

**Group 4:** 2 doses of PRGF plus HA (40 pressure ulcers)

Multiple pressure ulcers in the same participant were treated with the same procedure.

**Dressing procedure:** throughout the study, all participants were treated every 3 days according to the standard hospital protocol: ulcer debridement, cleaning with physiological saline and sterile gauze, application of liquid hydrogel (Intrasite1 Gel, Smith & Nephew, Barcelona, Spain), and placement of a polyurethane dressing (Mepilex Border Lite1, Molnlycke Health Care, Madrid, Spain). PRGF was applied before placement of the dressing on day 0 of the study in treatment group 1 and on days 0 and 15 of the study in treatment groups 3 and 4, in combination with HA in the case of group 3.

**Co-interventions:** all participants were turned every 2 hours, and the progression of the ulcer was followed using the Pressure Ulcer Scale for Healing (PUSH)

**Duration of treatment:** 36 days

## Outcomes

**Primary outcomes of the review:** percentage of completely healed pressure ulcers; adverse effects

**Secondary outcomes:** change in ulcer size

## Notes

**Losses to follow-up:** 15 participants

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "We used a computer-generated randomisation table to randomly assign participants to a control group (standard PU care) or treatment group A (one dose of PRGF), B (two doses of PRGF), or C (two doses of PRGF plus HA)"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label study
Blinding of outcome assessment (detection bias) All outcomes	High risk	Open-label study

**Ramos-Torrecillas 2015** (Continued)

Incomplete outcome data (attrition bias) All outcomes	High risk	Reported the numbers who withdrew per study but did not provide reasons or further details (15 lost to follow-up, 13%). Did not conduct an intention-to-treat analysis and multiple ulcers were assessed in the same volunteer.
Selective reporting (reporting bias)	Low risk	The protocol is not available but all proposed outcomes described in methods section are presented and properly analysed.
Other bias	High risk	Data analysis was based on number of ulcers that exceed the number of randomised participants. There is not enough detail for participants characteristics in each group at baseline (such as demographics, anthropometrics, etc).

**Taddeucci 2004**
**Study characteristics**

Methods	<p><b>Research design:</b> open, single-centre, randomised, parallel, comparative study</p> <p><b>Care setting:</b> outpatients</p> <p><b>Country of origin:</b> Italy</p> <p><b>Publication source:</b> <i>Journal of Wound Care</i></p> <p><b>Year of publication:</b> 2004</p> <p><b>Duration of follow-up:</b> 8 weeks or until the ulcer healed, whichever occurred first</p> <p><b>Sources of funding:</b> none</p> <p><b>Unit of randomisation:</b> participant</p> <p><b>Unit of analysis:</b> ulcer</p> <p><b>Inclusion criteria:</b> consenting patients aged over 18 years; venous ulceration present for at least 3 months</p> <p><b>Exclusion criteria:</b> arterial, metabolic, or traumatic ulcers; infected ulcers with signs of cellulitis; immunosuppressive, corticosteroid, or cytostatic therapy within 4 weeks prior to study enrolment; insulin-dependent diabetes; concomitant diseases such as tumours or metabolic diseases; pregnancy or suspected pregnancy</p>
Participants	<p><b>Number of participants:</b> 17 participants with 24 ulcers (group 1: 12 ulcers; group 2: 12 ulcers)</p> <p><b>Male gender:</b> not described</p> <p><b>Age:</b> not described</p>
Interventions	<p><b>Details of the intervention</b></p> <p><b>Group 1:</b> Hyaluronic acid (Hyalofill-F, a hyaluronan derivative) covered with sterile gauze and the compression bandage Pehacrepp E</p> <p><b>Group 2:</b> paraffin gauze (control treatment; standard therapy in Italy) covered with sterile gauze and the same compression bandage</p> <p><b>Dressing procedure:</b> during the assessment visits the investigator cleansed the ulcer with sterile saline, applied the treatment dressing and then the compression</p> <p><b>Co-interventions:</b> followed by compression bandaging</p>

**Taddeucci 2004** (Continued)

**Duration of treatment:** 8 weeks or until the ulcer healed, whichever occurred first

Outcomes	<b>Primary outcomes of the review:</b> complete wound healing <b>Secondary outcomes:</b> change in wound size, pain
Notes	<b>Losses to follow-up:</b> 6 participants (group 1: n = 1; group 2: n = 5)

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The authors report the randomisation, however they do not make clear the method used. There is a reference to "... assigned sequentially to one of two treatments:", however we are not sure if this is a referring to a pre-determined sequence or if they used alternation (which would not be a true randomisation method). We were not able to obtain the answer to this question and the trial was maintained in the review.
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label study
Blinding of outcome assessment (detection bias) All outcomes	High risk	Open-label study
Incomplete outcome data (attrition bias) All outcomes	High risk	High percentage of losses (25%) in the study (withdrawn reported based on ulcers, not subjects). Not clear how many volunteers dropped-out.
Selective reporting (reporting bias)	Low risk	All proposed outcomes described in methods section are presented and properly analysed.
Other bias	High risk	Data analysis was based on number of ulcers that exceed the number of randomised participants. Baseline characteristics of volunteers in each group was not reported.

ABPI: Ankle-Brachial Pressure Index; ASAT/ALAT: aspartate amino transferase/alanine amino transferase ratio; DFU: diabetic foot ulcer; HA: hyaluronic acid; HC: hydrocolloid; IMD: investigational medical devices; ITT: intention-to-treat; PRGF: platelet-rich plasma growth factor; RCT: randomised controlled trial; ULN: upper limit of normal; VAS: visual analogue scale

**Characteristics of excluded studies** [ordered by study ID]

Study	Reason for exclusion
<a href="#">Abbruzzese 2009</a>	HA was not the only systematic difference between treatment groups. Intervention: Vulnamin vs neutral vehicle
<a href="#">Caravaggi 2003</a>	HA was not the only systematic difference between treatment groups. Intervention: HYAFF 11-based autologous dermal and epidermal grafts

Study	Reason for exclusion
<a href="#">Caridi 2016</a>	HA was not the only systematic difference between treatment groups. Intervention: polynucleotides and hyaluronic acid gel (PNHA) (Nucliaskin S)
<a href="#">Cuevas 2007</a>	HA was not the only systematic difference between treatment groups. Intervention: combined hyaluronic acid and antibacterial effect of zinc sulfonamide
<a href="#">Edmonds 2000</a>	Ineligible study design
<a href="#">Galasso 1978</a>	Ineligible study design
<a href="#">Maggio 2012</a>	HA was not the only systematic difference between treatment groups. Intervention: Vulnamin vs calcium alginate
<a href="#">Mekkes 2001</a>	Ineligible study design
<a href="#">Prosdocimi 2012</a>	Ineligible study design
<a href="#">Romanelli 2007</a>	HA was not the only systematic difference between treatment groups. Intervention - OASIS® wound matrix versus hyaloskin
<a href="#">Uccioli 2011</a>	HA was not the only systematic difference between treatment groups. Intervention - autologous grafting using HYAFF scaffolds
<a href="#">You 2014</a>	HA was not the only systematic difference between treatment groups. Intervention - autologous fibroblast-hyaluronic acid complex

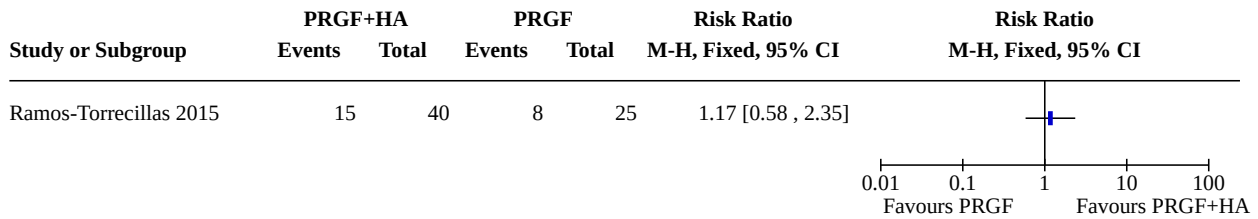
HA: hyaluronic acid

## DATA AND ANALYSES

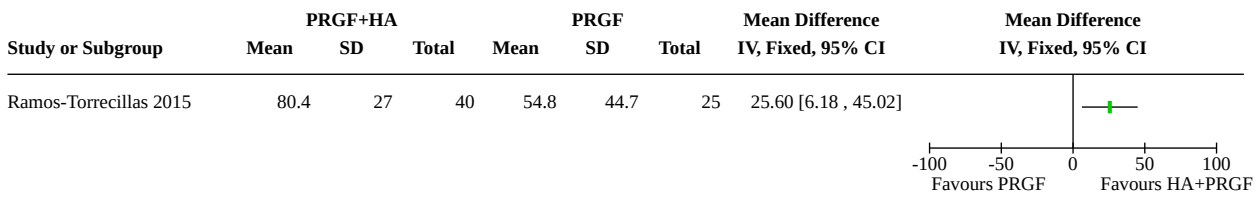
### Comparison 1. Pressure ulcer: platelet-rich growth factor + hyaluronic acid versus platelet-rich growth factor

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1.1 Complete ulcer healing (36 days)</a>	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
<a href="#">1.2 Change in ulcer size</a>	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

**Analysis 1.1. Comparison 1: Pressure ulcer: platelet-rich growth factor + hyaluronic acid versus platelet-rich growth factor, Outcome 1: Complete ulcer healing (36 days)**



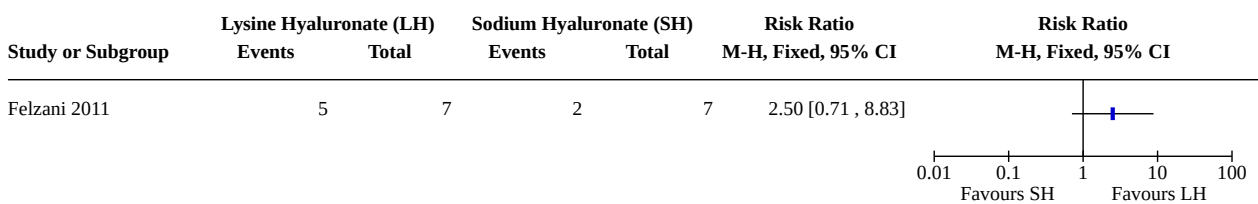
**Analysis 1.2. Comparison 1: Pressure ulcer: platelet-rich growth factor + hyaluronic acid versus platelet-rich growth factor, Outcome 2: Change in ulcer size**



**Comparison 2. Pressure ulcer: lysine hyaluronate versus sodium hyaluronate**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 Complete ulcer healing	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

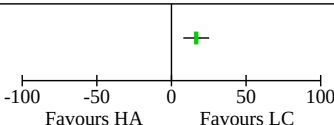
**Analysis 2.1. Comparison 2: Pressure ulcer: lysine hyaluronate versus sodium hyaluronate, Outcome 1: Complete ulcer healing**



**Comparison 3. Foot ulcer in people with diabetes: hyaluronic acid versus lyophilised collagen**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.1 Time to complete healing	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

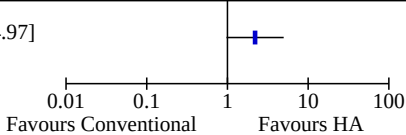
**Analysis 3.1. Comparison 3: Foot ulcer in people with diabetes: hyaluronic acid versus lyophilised collagen, Outcome 1: Time to complete healing**

Study or Subgroup	HA			LC			Mean Difference IV, Fixed, 95% CI	Mean Difference IV, Fixed, 95% CI
	Mean	SD	Total	Mean	SD	Total		
Di Mauro 1991	49	11	10	32.4	8.6	10	16.60 [7.95 , 25.25]	

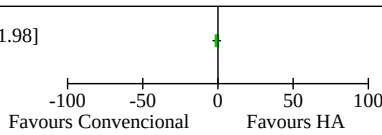
**Comparison 4. Foot ulcer in people with diabetes: hyaluronic acid versus conventional dressing/sterile petrolatum gauze**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.1 Complete ulcer healing (12 weeks)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
4.2 Change in ulcer size	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

**Analysis 4.1. Comparison 4: Foot ulcer in people with diabetes: hyaluronic acid versus conventional dressing/sterile petrolatum gauze, Outcome 1: Complete ulcer healing (12 weeks)**

Study or Subgroup	HA		Convencional Dressing		Risk Ratio M-H, Fixed, 95% CI	Risk Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Lee 2016	11	17	5	17	2.20 [0.97 , 4.97]	

**Analysis 4.2. Comparison 4: Foot ulcer in people with diabetes: hyaluronic acid versus conventional dressing/sterile petrolatum gauze, Outcome 2: Change in ulcer size**

Study or Subgroup	HA			Conventional Dressing			Mean Difference IV, Fixed, 95% CI	Mean Difference IV, Fixed, 95% CI
	Mean	SD	Total	Mean	SD	Total		
Lee 2016	3	2.55	13	3.8	4.25	12	-0.80 [-3.58 , 1.98]	



**Comparison 5. Leg ulcer: hyaluronic acid + hydrocolloid versus hydrocolloid**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
5.1 Complete ulcer healing (42 days)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
5.2 Adverse events	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
5.3 Pain (VAS, mm) at follow-up	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
5.4 Change in ulcer size to at least 90%	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

**Analysis 5.1. Comparison 5: Leg ulcer: hyaluronic acid + hydrocolloid versus hydrocolloid, Outcome 1: Complete ulcer healing (42 days)**

Study or Subgroup	HA+HC		HC		Risk Ratio	Risk Ratio
	Events	Total	Events	Total	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Meaume 2008	4	63	4	62	0.98 [0.26 , 3.76]	

**Analysis 5.2. Comparison 5: Leg ulcer: hyaluronic acid + hydrocolloid versus hydrocolloid, Outcome 2: Adverse events**

Study or Subgroup	Hyaluronic acid+Hydrocoll		Hydrocolloid		Risk Ratio	Risk Ratio	Risk of Bias						
	Events	Total	Events	Total	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI	A	B	C	D	E	F	G
Meaume 2008	4	63	5	62	0.79 [0.22 , 2.80]		+	?	-	-	+	+	+

- Risk of bias legend**
- (A) Random sequence generation (selection bias)
  - (B) Allocation concealment (selection bias)
  - (C) Blinding of participants and personnel (performance bias)
  - (D) Blinding of outcome assessment (detection bias)
  - (E) Incomplete outcome data (attrition bias)
  - (F) Selective reporting (reporting bias)
  - (G) Other bias

**Analysis 5.3. Comparison 5: Leg ulcer: hyaluronic acid + hydrocolloid versus hydrocolloid, Outcome 3: Pain (VAS, mm) at follow-up**

Study or Subgroup	HA + HC			HC			Mean Difference IV, Fixed, 95% CI	Mean Difference IV, Fixed, 95% CI
	Mean	SD	Total	Mean	SD	Total		
Meaume 2008	12.1	23.8118	63	10	21.2598	62	2.10 [-5.81, 10.01]	

**Analysis 5.4. Comparison 5: Leg ulcer: hyaluronic acid + hydrocolloid versus hydrocolloid, Outcome 4: Change in ulcer size to at least 90%**

Study or Subgroup	HA+HC		HC		Risk Ratio M-H, Fixed, 95% CI	Risk Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Meaume 2008	15	63	7	62	2.11 [0.92, 4.82]	

**Comparison 6. Leg ulcer: hyaluronic acid versus hydrocolloid**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
6.1 Change in ulcer size > 40%	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

**Analysis 6.1. Comparison 6: Leg ulcer: hyaluronic acid versus hydrocolloid, Outcome 1: Change in ulcer size > 40%**

Study or Subgroup	HA		HC		Risk Ratio M-H, Fixed, 95% CI	Risk Ratio M-H, Fixed, 95% CI	Risk of Bias						
	Events	Total	Events	Total			A	B	C	D	E	F	G
Dereure 2012b	53	72	51	71	1.02 [0.84, 1.25]		+	?	-	+	+	+	?

**Risk of bias legend**

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

**Comparison 7. Leg ulcer: hyaluronic acid versus paraffin gauze**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
7.1 Complete ulcer healing (56 days)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

**Analysis 7.1. Comparison 7: Leg ulcer: hyaluronic acid versus paraffin gauze, Outcome 1: Complete ulcer healing (56 days)**

Study or Subgroup	HA		Paraffin Gauze		Risk Ratio M-H, Fixed, 95% CI	Risk Ratio M-H, Fixed, 95% CI	Risk of Bias						
	Events	Total	Events	Total			A	B	C	D	E	F	G
Taddeucci 2004	2	12	1	12	2.00 [0.21, 19.23]		?	?	●	●	●	+	●

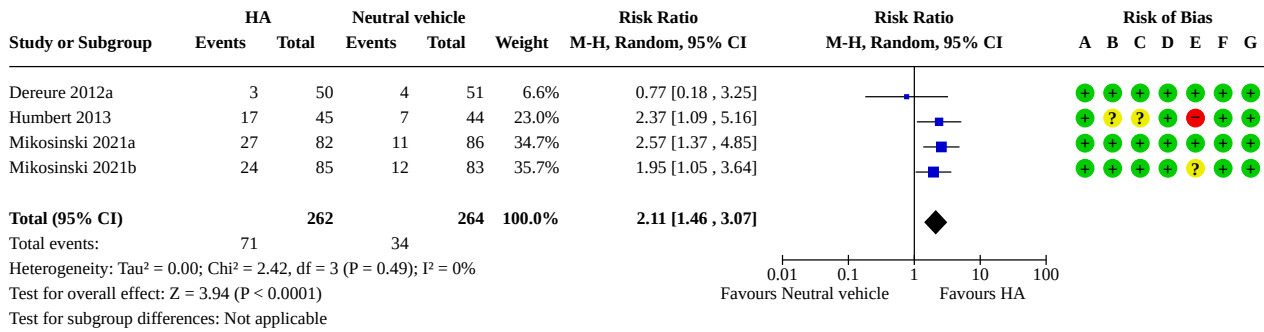
**Risk of bias legend**

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

**Comparison 8. Leg ulcer: hyaluronic acid versus neutral vehicle**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
8.1 Complete wound healing (from 60 days up to 23 weeks)	4	526	Risk Ratio (M-H, Random, 95% CI)	2.11 [1.46, 3.07]
8.2 Adverse events - infection	3	425	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.53, 1.49]
8.3 Pain (VAS) reduction from baseline	3	337	Mean Difference (IV, Random, 95% CI)	-8.55 [-14.77, -2.34]
8.4 Change in ulcer size (45 days)	2	190	Mean Difference (IV, Random, 95% CI)	30.44 [15.57, 45.31]

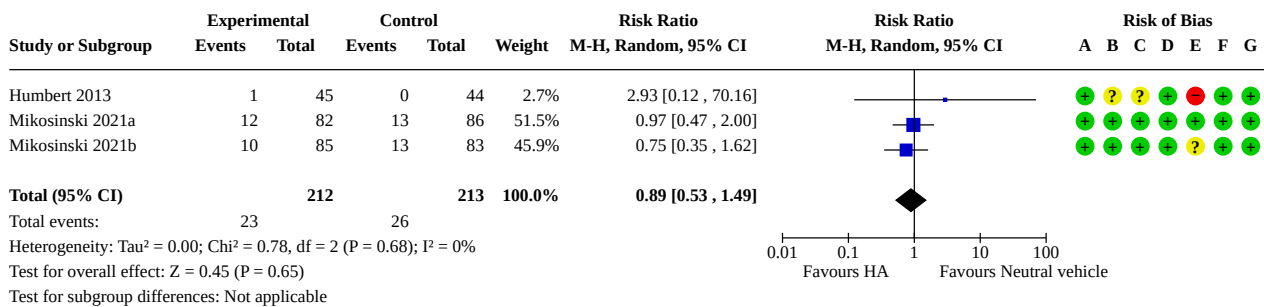
**Analysis 8.1. Comparison 8: Leg ulcer: hyaluronic acid versus neutral vehicle, Outcome 1: Complete wound healing (from 60 days up to 23 weeks)**



**Risk of bias legend**

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

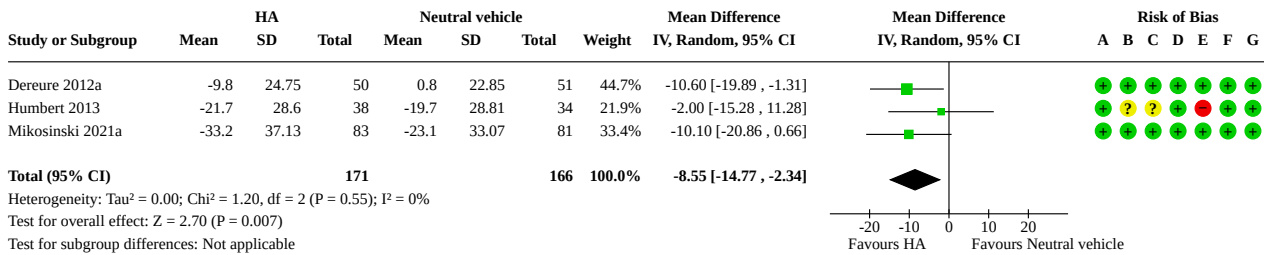
**Analysis 8.2. Comparison 8: Leg ulcer: hyaluronic acid versus neutral vehicle, Outcome 2: Adverse events - infection**



**Risk of bias legend**

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

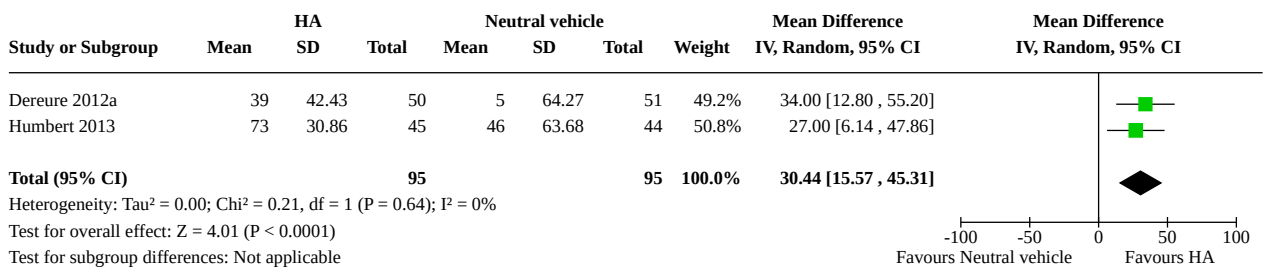
### Analysis 8.3. Comparison 8: Leg ulcer: hyaluronic acid versus neutral vehicle, Outcome 3: Pain (VAS) reduction from baseline



**Risk of bias legend**

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

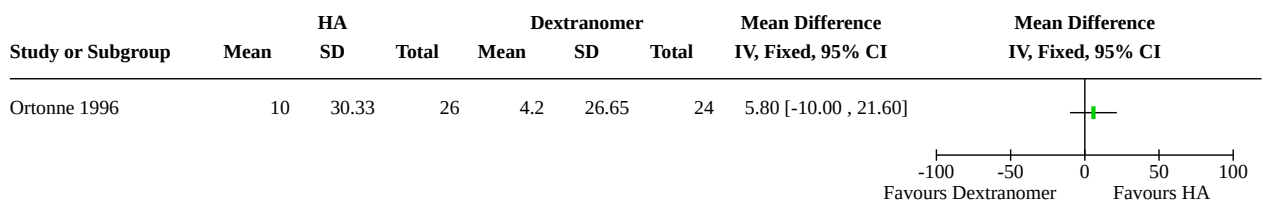
### Analysis 8.4. Comparison 8: Leg ulcer: hyaluronic acid versus neutral vehicle, Outcome 4: Change in ulcer size (45 days)



### Comparison 9. Leg ulcer: hyaluronic acid versus dextranomer

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
9.1 Change in wound size (21 days)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

### Analysis 9.1. Comparison 9: Leg ulcer: hyaluronic acid versus dextranomer, Outcome 1: Change in wound size (21 days)



## ADDITIONAL TABLES

**Table 1. Summary of comparisons**

Comparison	Number of studies	Number of randomised participants	Number of ulcers
<b>Pressure ulcer</b>			
Lysine hyaluronate vs sodium hyaluronate	1	50	54
PRGF + HA vs PRGF	1	115	124
<b>Foot ulcer</b>			
HA vs LC	1	20	20
HA vs conventional dressing (sterile petrolatum gauze)	1	34	34
<b>Leg ulcer</b>			
HA + HC vs HC	1	125	125
HA vs HC	1	170	170
HA vs paraffin gauze	1	17	24
HA vs neutral vehicle	4	526	526
HA vs dextranomer	1	51	51

HA: hyaluronic acid; HC: hydrocolloid; LC: lyophilised collagen; PRGF: platelet-rich growth factor

## APPENDICES

### Appendix 1. Glossary

**Ankle-Brachial Pressure Index (ABPI):** the ratio of blood pressure at the ankle to that in the arm. This ratio provides a measure of the degree of arterial disease in the legs, where a value of 1.0 indicates that there is no reduction in blood supply to the legs, compared with the arm. A ratio lower than 0.9 indicates reduced blood supply to the lower limb.

**Anti-inflammatory:** a drug or treatment designed to reduce inflammation (i.e. redness, heat, swelling, etc.).

**Chronic:** marked by long duration, by frequent recurrence over a long time, and often by slowly progressing deterioration; having a slow progressive course of indefinite duration. Examples of chronic wounds are pressure ulcers, leg ulcers, and diabetic foot ulcers.

**Compression therapy:** the application of external pressure to a limb, to help venous blood or lymph circulation. Compression can be applied using bandages, elastic stockings, or inflatable sleeves.

**Necrotic tissue:** dead or dying tissue, which may be caused by an interruption of the blood supply.

**Shear:** force acting along the line of the edge of the skin. One of three factors known to contribute to the development of pressure ulcers.

Definitions taken from the [Medical Dictionary](#).

## Appendix 2. Nurse Prescribers' Formulary 2011 categories of dressings

### Basic wound contact dressings

**Low-adherence dressings and wound contact materials:** usually cotton pads that are placed directly in contact with the wound, these can be non-medicated (e.g. paraffin gauze dressing) or medicated (e.g. containing povidone iodine or chlorhexidine). Examples include paraffin gauze dressing, BP 1993, and Xeroform (Covidien) dressing, a non-adherent petrolatum blend with 3% bismuth tribromophenate on fine mesh gauze.

**Absorbent dressings:** applied directly to the wound and may also be used as secondary absorbent layers in the management of heavily exuding wounds. Examples include Primapore (Smith & Nephew), Megapore (Mölnlycke), and absorbent cotton gauze (BP 1988).

### Advanced wound dressings

**Hydrocolloid dressings:** usually composed of an absorbent hydrocolloid matrix on a vapor-permeable film or foam backing. Examples include: Granuflex (Convatec) and NU DERM (Systagenix). Fibrous alternatives have been developed that resemble alginates and are not occlusive: Aquacel (Convatec).

**Hydrogel sheet and amorphous dressings:** consist of a starch polymer and up to 96% water. These dressings can absorb wound exudate or rehydrate a wound depending upon the moisture levels. They are supplied as either flat sheets or amorphous hydrogel. Examples of hydrogel sheet dressings include: Actiformcool (Activa) and Aquaflo (Covidien). Examples of amorphous hydrogel dressings include: Purilon Gel (Coloplast) and NuGel (Systagenix).

**Sodium hyaluronate dressings:** sodium hyaluronate products are thought to hydrate the wound. The dressings can be applied directly to the wound or to a primary dressing.

**Films - permeable film and membrane dressings:** permeable to water vapour and oxygen, but not to liquid water or micro-organisms. Examples include Tegaderm (3M) and Opsite (Smith & Nephew).

**Soft polymer dressings:** dressings composed of a soft silicone polymer held in a non-adherent layer, these are moderately absorbent. Examples include: Mepitel (Mölnlycke) and Urgotul (Urgo).

**Foam dressings:** contain hydrophilic polyurethane foam and are designed to absorb wound exudate and maintain a moist wound surface. A variety of versions exist, some of which include additional absorbent materials such as viscose and acrylate fibres, or particles of super-absorbent polyacrylate, or are silicone-coated for non-traumatic removal. Examples include: Allevyn (Smith & Nephew), Biatain (Coloplast), and Tegaderm (3M).

**Alginate dressings:** highly absorbent dressings composed of calcium alginate or calcium sodium alginate, which can be combined with collagen. The alginate forms a gel while in contact with the wound surface, which can be lifted off at dressing removal or rinsed away with sterile saline. Bonding to a secondary viscose pad increases absorbency. Examples include: Curasorb (Covidien), SeaSorb (Coloplast), and Sorbsan (Unomedical).

**Capillary-action dressings:** consist of an absorbant core of hydrophilic fibres held between two low-adherent contact layers. Examples include: Advadraw (Advancis) and Vacutx (Protex).

**Odour-absorbent dressings:** dressings that contain charcoal and are used to absorb wound odour. Often this type of dressing is used in conjunction with a secondary dressing to improve absorbency. Examples include: CarboFLEX (Convatec).

### Antimicrobial dressings

**Honey-impregnated dressings:** contain medical-grade honey which is proposed to have antimicrobial and anti-inflammatory properties and can be used for acute or chronic wounds. Examples include: Medihoney (Medihoney) and Activon Tulle (Advancis).

**Iodine-impregnated dressings:** when exposed to wound exudate these release free iodine, which is thought to act as a wound antiseptic. One example is Iodozyme (Insense).

**Silver-impregnated dressings:** used to treat infected wounds, as silver ions are thought to have antimicrobial properties. Silver versions of most dressing types are available (e.g. silver foam, silver hydrocolloid, etc.). Examples include: Acticoat (Smith & Nephew) and Urgosorb Silver (Urgo).

**Other antimicrobial dressings:** these dressings are composed of a gauze or low-adherent dressing impregnated with an ointment thought to have antimicrobial properties. Examples include: chlorhexidine gauze dressing (Smith & Nephew) and Cutimed Sorbact (BSN Medical).

### Specialist dressings

**Protease-modulating matrix dressings:** designed to alter the activity of proteolytic enzymes (i.e. breakdown of protein or dead skin) in chronic wounds. Examples include: Promogran (Systagenix) and Sorbion (H & R).

**Silicone keloid dressing:** designed to reduce or prevent hypertrophic or keloid scarring. Examples include: Cica-Care (Smith & Nephew) and Clitech (Su-med).

### Appendix 3. Search strategies

#### Cochrane Wounds Specialised Register

1 MESH DESCRIPTOR Hyaluronic Acid EXPLODE ALL AND INREGISTER

2 (hyaluron\* or hyaluran\* or Hyalofil\* or Hyalomatr\*) AND INREGISTER

3 #1 OR #2 AND INREGISTER

4 MESH DESCRIPTOR Chronic Disease EXPLODE ALL AND INREGISTER

5 MESH DESCRIPTOR Wound Healing EXPLODE ALL AND INREGISTER

6 #4 AND #5 AND INREGISTER

7 MESH DESCRIPTOR Skin Ulcer EXPLODE ALL AND INREGISTER

8 MESH DESCRIPTOR Leg Ulcer EXPLODE ALL AND INREGISTER

9 MESH DESCRIPTOR Pressure Ulcer EXPLODE ALL AND INREGISTER

10 MESH DESCRIPTOR Foot Ulcer EXPLODE ALL AND INREGISTER

11 MESH DESCRIPTOR Diabetic Foot EXPLODE ALL AND INREGISTER

12 (skin ulcer\* or foot ulcer\* or diabetic foot or diabetic feet or leg ulcer\* or varicose ulcer\* or venous ulcer\* or stasis ulcer\* or ulcus cruris or crural ulcer\* or arterial ulcer\* or neuropathic ulcer\*) AND INREGISTER

13 ((ischaemic or ischemic) next (wound\* or ulcer\*)) AND INREGISTER

14 (wound\* or ulcer\*) next (ischaemic or ischemic) AND INREGISTER

15 (bed sore\* or bedsore\* or pressure sore\* or pressure ulcer\* or decubitus ulcer\*) AND INREGISTER

16 (chronic next (wound\* or ulcer\*)) AND INREGISTER

17 #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 AND INREGISTER

18 #17 AND #3 AND INREGISTER

#### Trial register specific search of The Cochrane Central Register of Controlled Clinical Trials (CENTRAL) via Cochrane Register of Studies

1 MESH DESCRIPTOR Hyaluronic Acid EXPLODE ALL AND CENTRAL:TARGET

2 (hyaluron\* or hyaluran\* or Hyalofil\* or Hyalomatr\*) AND CENTRAL:TARGET

3 #1 OR #2 AND CENTRAL:TARGET

4 MESH DESCRIPTOR Chronic Disease EXPLODE ALL AND CENTRAL:TARGET

5 MESH DESCRIPTOR Wound Healing EXPLODE ALL AND CENTRAL:TARGET

6 #4 AND #5 AND CENTRAL:TARGET

7 MESH DESCRIPTOR Skin Ulcer EXPLODE ALL AND CENTRAL:TARGET

8 MESH DESCRIPTOR Leg Ulcer EXPLODE ALL AND CENTRAL:TARGET

9 MESH DESCRIPTOR Pressure Ulcer EXPLODE ALL AND CENTRAL:TARGET

10 MESH DESCRIPTOR Foot Ulcer EXPLODE ALL AND CENTRAL:TARGET

11 MESH DESCRIPTOR Diabetic Foot EXPLODE ALL AND CENTRAL:TARGET



12 (skin ulcer\* or foot ulcer\* or diabetic foot or diabetic feet or leg ulcer\* or varicose ulcer\* or venous ulcer\* or stasis ulcer\* or ulcus cruris or crural ulcer\* or arterial ulcer\* or neuropathic ulcer\*) AND CENTRAL:TARGET

13 ((ischaemic or ischemic) next (wound\* or ulcer\*)) AND CENTRAL:TARGET

14 (wound\* or ulcer\*) next (ischaemic or ischemic) AND CENTRAL:TARGET

15 (bed sore\* or bedsore\* or pressure sore\* or pressure ulcer\* or decubitus ulcer\*) AND CENTRAL:TARGET

16 (chronic next (wound\* or ulcer\*)) AND CENTRAL:TARGET

17 #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 AND CENTRAL:TARGET

18 #17 AND #3 AND CENTRAL:TARGET

19 (NCT0\* or ACTRN\* or ChiCTR\* or DRKS\* or EUCTR\* or eudract\* or IRCT\* or ISRCTN\* or JapicCTI\* or JPRN\* or NTR0\* or NTR1\* or NTR2\* or NTR3\* or NTR4\* or NTR5\* or NTR6\* or NTR7\* or NTR8\* or NTR9\* or SRCTN\* or UMIN0\*):AU AND CENTRAL:TARGET

20 http\*:SO AND CENTRAL:TARGET

21 #19 OR #20 AND CENTRAL:TARGET

22 #18 AND #21

### **The Cochrane Central Register of Controlled Clinical Trials (CENTRAL)**

#1 MeSH descriptor: [Hyaluronic Acid] explode all trees

#2 (hyaluron\* or hyaluran\* or hyalofil\* or hyalomatr\*):ti,ab,kw

#3 {or #1-#2}

#4 MeSH descriptor: [Chronic Disease] explode all trees

#5 MeSH descriptor: [Wound Healing] explode all trees

#6 {and #4-#5}

#7 MeSH descriptor: [Skin Ulcer] explode all trees

#8 MeSH descriptor: [Diabetic Foot] explode all trees

#9 (skin next ulcer\*) or (foot next ulcer\*) or (diabetic next foot) or (diabetic next feet) or (leg next ulcer\*) or (varicose next ulcer\*) or (venous next ulcer\*) or (stasis next ulcer\*) or (arterial next ulcer\*) or (ulcer next cruris) or (ulcus next cruris) or (crural next ulcer\*):ti,ab,kw

#10 ((ischaemic or ischemic) next (wound\* or ulcer\*)):ti,ab,kw

#11 ((bed next sore\*) or bedsore\* or (pressure next sore\*) or (pressure next ulcer\*) or (decubitus next ulcer\*)):ti,ab,kw

#12 chronic next wound\*:ti,ab,kw

#13 (chronic next ulcer\*):ti,ab,kw

#14 {or #6-#13}

#15 {and #3, #14} in Trials

### **Ovid MEDLINE**

1 exp Hyaluronic Acid/

2 (hyaluron\* or hyaluran\*).tw.

3 (Hyalofil\* or Hyalomatr\*).tw.

4 or/1-3

5 exp Chronic Disease/

6 exp Wound Healing/

7 and/5-6

8 exp Skin Ulcer/

9 exp Leg Ulcer/

10 exp Pressure Ulcer/

11 exp Foot Ulcer/

12 exp Diabetic Foot/

13 (skin ulcer\* or foot ulcer\* or diabetic foot or diabetic feet or leg ulcer\* or varicose ulcer\* or venous ulcer\* or stasis ulcer\* or ulcus cruris or crural ulcer\* or arterial ulcer\* or neuropathic ulcer\*).tw.

14 ((ischaemic or ischemic) adj (wound\* or ulcer\*)).tw.

15 (bed sore\* or pressure sore\* or pressure ulcer\* or decubitus ulcer\*).tw.

16 (chronic adj (wound\* or ulcer\*)).tw.

17 or/7-16

18 and/4,17

19 randomized controlled trial.pt.

20 controlled clinical trial.pt.

21 randomized.ab.

22 placebo.ab.

23 drug therapy.fs.

24 randomly.ab.

25 trial.ab.

26 groups.ab.

27 or/19-26

28 exp animals/ not humans.sh.

29 27 not 28

30 18 and 29

### **Ovid Embase**

1 hyaluronic acid/

2 (hyaluron\* or hyaluran\*).tw.

3 (Hyalofil\* or Hyalomatr\*).tw.

4 or/1-3

5 exp Chronic Disease/

6 exp Wound Healing/

7 and/5-6

8 exp Chronic Wound/

- 9 chronic wound\*.tw.
- 10 (chronic adj3 ulcer\*).tw.
- 11 exp Skin Ulcer/
- 12 exp Diabetic Foot/
- 13 (skin ulcer\* or foot ulcer\* or diabetic foot or diabetic feet or leg ulcer\* or varicose ulcer\* or venous ulcer\* or stasis ulcer\* or ulcus cruris or crural ulcer\* or arterial ulcer\* or neuropathic ulcer\*).tw.
- 14 ((ischaemic or ischemic) adj (wound\* or ulcer\*)).tw.
- 15 (bed sore\* or pressure sore\* or pressure ulcer\* or decubitus ulcer\*).tw.
- 16 or/7-15
- 17 and/4,16
- 18 Randomized controlled trial/
- 19 Controlled clinical study/
- 20 Random\$.ti,ab.
- 21 randomization/
- 22 intermethod comparison/
- 23 placebo.ti,ab.
- 24 (compare or compared or comparison).ti.
- 25 ((evaluated or evaluate or evaluating or assessed or assess) and (compare or compared or comparing or comparison)).ab.
- 26 (open adj label).ti,ab.
- 27 ((double or single or doubly or singly) adj (blind or blinded or blindly)).ti,ab.
- 28 double blind procedure/
- 29 parallel group\$1.ti,ab.
- 30 (crossover or cross over).ti,ab.
- 31 ((assign\$ or match or matched or allocation) adj5 (alternate or group\$1 or intervention\$1 or patient\$1 or subject\$1 or participant \$1)).ti,ab.
- 32 (assigned or allocated).ti,ab.
- 33 (controlled adj7 (study or design or trial)).ti,ab.
- 34 (volunteer or volunteers).ti,ab.
- 35 human experiment/
- 36 trial.ti.
- 37 or/18-36
- 38 (random\$ adj sampl\$ adj7 (cross section\$ or questionnaire\$1 or survey\$ or database\$1)).ti,ab. not (comparative study/ or controlled study/ or randomi?ed controlled.ti,ab. or randomly assigned.ti,ab.)
- 39 Cross-sectional study/ not (randomized controlled trial/ or controlled clinical study/ or controlled study/ or randomi?ed controlled.ti,ab. or control group\$1.ti,ab.)
- 40 (((case adj control\$) and random\$) not randomi?ed controlled).ti,ab.
- 41 (Systematic review not (trial or study)).ti.

42 (nonrandom\$ not random\$).ti,ab.

43 Random field\$.ti,ab.

44 (random cluster adj3 sampl\$).ti,ab.

45 (review.ab. and review.pt.) not trial.ti.

46 we searched.ab. and (review.ti. or review.pt.)

47 update review.ab.

48 (databases adj4 searched).ab.

49 (rat or rats or mouse or mice or swine or porcine or murine or sheep or lambs or pigs or piglets or rabbit or rabbits or cat or cats or dog or dogs or cattle or bovine or monkey or monkeys or trout or marmoset\$1).ti. and animal experiment/

50 Animal experiment/ not (human experiment/ or human/)

51 or/38-50

52 37 not 51

53 17 and 52

#### **EBSCO CINAHL Plus**

S37 S13 AND S36

S36 S35 NOT S34

S35 S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28

S34 S32 NOT S33

S33 MH (human)

S32 S29 OR S30 OR S31

S31 TI (animal model\*)

S30 MH (animal studies)

S29 MH animals+

S28 AB (cluster W3 RCT)

S27 MH (crossover design) OR MH (comparative studies)

S26 AB (control W5 group)

S25 PT (randomized controlled trial)

S24 MH (placebos)

S23 MH (sample size) AND AB (assigned OR allocated OR control)

S22 TI (trial)

S21 AB (random\*)

S20 TI (randomised OR randomized)

S19 MH cluster sample

S18 MH pretest-posttest design

S17 MH random assignment

S16 MH single-blind studies

S15 MH double-blind studies

S14 MH randomized controlled trials

S13 S4 AND S12

S12 S5 or S6 or S7 or S8 or S9 or S10 or S11

S11 TI ( chronic wound\* or chronic ulcer\* ) or AB ( chronic wound\* or chronic ulcer\* )

S10 TI ( bed sore\* or pressure sore\* or pressure ulcer\* or decubitus ) or AB ( bed sore\* or pressure sore\* or pressure ulcer\* or decubitus )

S9 AB skin ulcer\* or foot ulcer\* or diabetic foot\* or diabetic feet or leg ulcer\* or varicose ulcer\* or venous ulcer\* or stasis ulcer\* or arterial ulcer\* or ischemic ulcer\* or ischaemic ulcer\* or ulcus cruris or ulcer cruris

S8 TI skin ulcer\* or foot ulcer\* or diabetic foot\* or diabetic feet or leg ulcer\* or varicose ulcer\* or venous ulcer\* or stasis ulcer\* or arterial ulcer\* or ischemic ulcer\* or ischaemic ulcer\* or ulcus cruris or ulcer cruris

S7 (MH "Diabetic Foot")

S6 (MH "Skin Ulcer+")

S5 (MH "Wounds, Chronic")

S4 S1 OR S2 OR S3

S3 TI ( (Hyalofil\* or Hyalomatr\*) ) OR AB ( (Hyalofil\* or Hyalomatr\*) )

S2 TI ( (hyaluron\* or hyaluran\*) ) OR AB ( (hyaluron\* or hyaluran\*) )

S1 (MH "Hyaluronic Acid")

#### **US National Institutes of Health Ongoing Trials Register (ClinicalTrials.gov)**

hyaluronic acid OR Hyaluronan OR Hyaluronate sodium OR hyalofil or Hyalomatr | chronic wound OR chronic ulcer OR wound Healing

#### **World Health Organization International Clinical Trials Registry Platform**

hyaluronic acid OR Hyaluronan OR Hyaluronate sodium OR hyalofil or Hyalomatr [intervention] AND wound [title]

hyaluronic acid OR Hyaluronan OR Hyaluronate sodium OR hyalofil or Hyalomatr [intervention] AND wound [condition]

#### **EU Clinical Trials Register**

hyaluronic acid AND wounds

### **Appendix 4. Risk of bias table judgement criteria**

#### **1. Was the allocation sequence randomly generated?**

##### ***Low risk of bias***

The investigators describe a random component in the sequence generation process such as referring to a random number table; using a computer random number generator; coin tossing; shuffling cards or envelopes; throwing dice; drawing of lots.

##### ***High risk of bias***

The investigators describe a non-random component in the sequence generation process. Usually, the description would involve some systematic, non-random approach, for example: sequence generated by odd or even date of birth; sequence generated by some rule based on date (or day) of admission; sequence generated by some rule based on hospital or clinic record number.

##### ***Unclear***

Insufficient information about the sequence generation process provided to permit a judgement of low or high risk of bias.

## 2. Was the treatment allocation adequately concealed?

### *Low risk of bias*

Participants and investigators enrolling participants could not have foreseen assignment because one of the following, or an equivalent method, was used to conceal allocation: central allocation (including telephone, web-based, and pharmacy-controlled randomisation); sequentially numbered drug containers of identical appearance; sequentially numbered, opaque, sealed envelopes.

### *High risk of bias*

Participants or investigators enrolling participants could possibly have foreseen assignments and thus introduced selection bias, such as allocation based on: use of an open random allocation schedule (e.g. a list of random numbers); assignment envelopes without appropriate safeguards (e.g. envelopes were unsealed, not opaque, or not sequentially numbered); alternation or rotation; date of birth; case record number; any other explicitly unconcealed procedure.

### *Unclear*

Insufficient information to permit a judgement of low or high risk of bias. This is usually the case if the method of concealment is not described or not described in sufficient detail to allow a definitive judgement, for example if the use of assignment envelopes is described, but it remains unclear whether envelopes were sequentially numbered, opaque, and sealed.

## 3. Blinding - was knowledge of the allocated interventions adequately prevented during the study?

### *Low risk of bias*

Any one of the following:

- No blinding, but the review authors judge that the outcome and the outcome measurement are not likely to be influenced by lack of blinding.
- Blinding of study personnel ensured, and it is unlikely that the blinding could have been broken.
- Study personnel were not blinded, but outcome assessment was blinded, and the non-blinding of others was unlikely to have introduced bias.

### *High risk of bias*

Any one of the following:

- No blinding or incomplete blinding, and the outcome or outcome measurement was likely to be influenced by lack of blinding.
- Blinding of personnel attempted, but it is likely that the blinding could have been broken.
- Study personnel were not blinded, and the non-blinding of others was likely to have introduced bias.

### *Unclear*

Either of the following:

- Insufficient information provided to permit a judgement of low or high risk of bias.
- The study did not address this outcome.

## 4. Were incomplete outcome data adequately addressed?

### *Low risk of bias*

Any one of the following:

- No missing outcome data.
- Reasons for missing outcome data were unlikely to be related to true outcome (for survival data, censoring unlikely to be introducing bias).
- Missing outcome data were balanced in numbers across intervention groups, with similar reasons for missing data across groups.
- For dichotomous outcome data, the proportion of missing outcomes compared with observed event risk was not enough to have a clinically relevant impact on the intervention effect estimate.
- For continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes was not enough to have a clinically relevant impact on observed effect size.
- Missing data have been imputed using appropriate methods.

### *High risk of bias*

Any one of the following:

- Reason for missing outcome data is likely to be related to true outcome, with either an imbalance in numbers or reasons for missing data across intervention groups.
- For dichotomous outcome data, the proportion of missing outcomes compared with the observed event risk was enough to induce clinically relevant bias in the intervention effect estimate.
- For continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes was enough to induce clinically relevant bias in the observed effect size.
- 'As-treated' analysis done with substantial departure to the intervention received from that assigned at randomisation.
- Potentially inappropriate application of simple imputation.

#### **Unclear**

Either of the following:

- Insufficient reporting of attrition/exclusions to permit a judgement of low or high risk of bias (e.g. number randomised not stated, no reasons for missing data provided).
- The study did not address this outcome.

### **5. Are reports of the study free of the suggestion of selective outcome reporting?**

#### **Low risk of bias**

Either of the following:

- The study protocol is available, and all of the study's prespecified (primary and secondary) outcomes that are of interest in the review have been reported in the prespecified way.
- The study protocol is not available, but it is clear that the published reports include all expected outcomes, including those that were prespecified (convincing text of this nature may be uncommon).

#### **High risk of bias**

Any one of the following:

- Not all of the study's prespecified primary outcomes have been reported.
- One or more primary outcomes are reported using measurements, analysis methods, or subsets of the data (e.g. subscales) that were not prespecified.
- One or more reported primary outcomes were not prespecified (unless clear justification for their reporting is provided, such as an unexpected adverse effect).
- One or more outcomes of interest in the review are reported incompletely so that they cannot be entered in a meta-analysis.
- The study report fails to include results for a key outcome that would be expected to have been reported for such a study.

#### **Unclear**

Insufficient information to permit a judgement of low or high risk of bias. It is likely that the majority of studies will fall into this category.

### **6. Other sources of potential bias**

- Comparability of treatment groups in relation to baseline ulcer surface area.
- Choice of analysis where multiple ulcers on the same individual(s) are studied.
- Choice of analysis in cluster-randomised trials.

#### **Low risk of bias**

The study appears to be free of other sources of bias.

#### **High risk of bias**

There is at least one important risk of bias. For example, the study:

- had a potential source of bias related to the specific study design used; or
- has been claimed to have been fraudulent; or
- had some other problem.

#### **Unclear**

There may be a risk of bias, but there is either:

- insufficient information to assess whether an important risk of bias exists; or
- insufficient rationale or evidence that an identified problem will introduce bias.

## HISTORY

Protocol first published: Issue 5, 2016

## CONTRIBUTIONS OF AUTHORS

Hellen Roehrs: conceived the review; designed the review; co-ordinated the review; extracted data; checked quality of data extraction; analysed or interpreted data; checked quality assessment; performed statistical analysis; produced the first draft of the review; contributed to writing or editing the review; wrote to study authors/experts/companies; performed translations; approved the final review prior to submission.

Janislei GD Stocco: designed the review; extracted data; checked quality of data extraction; undertook quality assessment; produced the first draft of the review; contributed to writing or editing the review; approved the final review prior to submission.

Franciele Pott: designed the review; extracted data; checked quality of data extraction; undertook quality assessment; produced the first draft of the review; contributed to writing or editing the review; approved the final review prior to submission.

Gisely Blanc: designed the review; analysed or interpreted data; produced the first draft of the review; approved the final review prior to submission.

Marineli J Meier: conceived the review; designed the review; co-ordinated the review; extracted data; checked quality of data extraction; analysed or interpreted data; checked quality assessment; checked quality of statistical analysis; produced the first draft of the review; contributed to writing or editing the review; advised on the review; approved the final review prior to submission; is guarantor of the review.

Fernando AL Dias: designed the review; co-ordinated the review; checked quality of data extraction; analysed or interpreted data; undertook quality assessment; checked quality assessment; performed statistical analysis; checked quality of statistical analysis; produced the first draft of the review; contributed to writing or editing the review; advised on the review; performed translations; approved the final review prior to submission; is guarantor of the review.

### Contributions of the editorial base

Gill Norman (Editor): edited the review; advised on methodology, interpretation, and content.

Gill Rizzello (Managing Editor): co-ordinated the editorial process; advised on interpretation and content; edited the protocol and review.

Naomi Shaw, Reetu Child, and Sophie Bishop (Information Specialists): designed and edited the search strategy and edited the search methods sections of the protocol and review.

Tom Patterson (Editorial Assistant): edited the Plain language summary and reference sections of the review.

## DECLARATIONS OF INTEREST

Hellen Roehrs: none known

Janislei Stocco: none known

Franciele Pott: works as a health professional

Gisely Blanc: none known

Marineli Meier: none known

Fernando Dias: none known

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### Internal sources

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## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

We carried out a GRADE assessment on all eligible outcomes where possible and included complete wound healing, time to complete wound healing, adverse events, health-related quality of life, pain, and change in ulcer size in the summary of findings tables. This allowed a more complete evaluation of the quality of the evidence base. We originally planned to apply Kappa measures to verify the level of agreement among review authors; however, we decided not to do this at the final review stage because it is not a standard procedure in Cochrane Reviews. For the studies that presented standard errors of mean (SEM), we calculated the value of the standard deviation (SD) using  $SD = SEM \times \sqrt{n}$ .

## INDEX TERMS

### Medical Subject Headings (MeSH)

Bandages; \*Diabetic Foot [therapy]; \*Hyaluronic Acid [therapeutic use]; \*Pressure Ulcer [therapy]; Randomized Controlled Trials as Topic; \*Wound Healing

### MeSH check words

Female; Humans; Male; Middle Aged