



# Article Efficient Removal of Heavy Metals from Aqueous Solution Using Licorice Residue-Based Hydrogel Adsorbent

Xiaochun Yin <sup>1,2,\*</sup>, Ting Ke<sup>2</sup>, Hai Zhu<sup>2</sup>, Pei Xu<sup>1</sup> and Huiyao Wang<sup>1,\*</sup>

- <sup>1</sup> Department of Civil Engineering, New Mexico State University, Las Cruces, NM 88003, USA; pxu@nmsu.edu
- <sup>2</sup> School of Public Health, Gansu University of Chinese Medicine, Lanzhou 730000, China; k19060388@126.com (T.K.); zhuhai19960429@163.com (H.Z.)
- \* Correspondence: lzyxc@nmsu.edu (X.Y.); huiyao@nmsu.edu (H.W.); Tel.: +1-575-993-7358 (X.Y.); +1-575-646-3283 (H.W.)

Abstract: The removal of heavy metals through adsorption represents a highly promising method. This study focuses on the utilization of an abundant cellulose-rich solid waste, licorice residue (LR), as a natural material for hydrogel synthesis. To this end, LR-EPI hydrogels, namely, LR-EPI-5, LR-EPI-6 and LR-EPI-8, were developed by crosslinking LR with epichlorohydrin (EPI), specifically targeting the removal of Pb, Cu, and Cr from aqueous solutions. Thorough characterizations employing Fouriertransform infrared spectroscopy (FTIR) and scanning electron microscopy confirmed the successful crosslinking of LR-EPIs by EPI, resulting in the formation of porous and loosely structured hydrogels. Batch studies demonstrated the high efficacy of LR-EPI hydrogels in removing the three heavy metal ions from aqueous solutions. Notably, LR-EPI-8 exhibited the highest adsorption capacity, with maximum capacities of 591.8 mg/g, 458.3 mg/g, and 121.4 mg/g for Pb<sup>2+</sup>, Cr<sup>3+</sup>, and Cu<sup>2+</sup>, respectively. The adsorption processes for Pb<sup>2+</sup> and Cu<sup>2+</sup> were well described by pseudo-second-order kinetics and the Langmuir model. The adsorption mechanism of LR-EPI-8 onto heavy metal ions was found to involve a combination of ion-exchange and electrostatic interactions, as inferred from the results obtained through X-ray photoelectron spectroscopy and FTIR. This research establishes LR-EPI-8 as a promising adsorbent for the effective removal of heavy metal ions from aqueous solutions, offering an eco-friendly approach for heavy metal removal and providing an environmentally sustainable method for the reutilization of Chinese herb residues. It contributes to the goal of "from waste, treats waste" while also addressing the broader need for heavy metal remediation.

Keywords: hydrogel; Chinese herb; adsorbent; heavy metals; cellulose; remove

# 1. Introduction

Heavy metals, such as Pb, Cu, and Cr, are generated through industrial activities+1 leading to significant environmental contamination and adverse effects on aquatic ecosystems. These metals pose a serious threat due to their non-biodegradable nature and ability to accumulate in living organisms, even at trace concentrations or levels below detection limits [1–4]. The presence of these metals can disrupt organism functions and result in toxicological effects [5]. Consequently, the development of cost-effective and efficient technologies for the removal of dissolved heavy metals is of utmost importance [6].

Adsorption is a widely used technique for extracting heavy metals from variou+1 water resources and wastewater due to its advantages such as short retention time, economic feasibility, high removal efficiency, and potential for metal recovery [7–11]. There has been considerable interest in the development of low-cost adsorbents derived from plants or agricultural solid wastes, primarily due to their wide availability, low market value, and potential for large-scale wastewater treatment [5]. Examples of such environmentally sustainable adsorbents include agricultural wastes like bagasse,



Citation: Yin, X.; Ke, T.; Zhu, H.; Xu, P.; Wang, H. Efficient Removal of Heavy Metals from Aqueous Solution Using Licorice Residue-Based Hydrogel Adsorbent. *Gels* 2023, *9*, 559. https://doi.org/ 10.3390/gels9070559

Academic Editors: Mihaela Ciopec and Cristina Paul

Received: 1 June 2023 Revised: 5 July 2023 Accepted: 6 July 2023 Published: 9 July 2023



**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). potato peels, apple peels, and Chinese herb residues, which offer benefits such as cost-effectiveness, efficiency, biocompatibility, and biodegradability [12–16]. Moreover, their abundant functional groups (such as -OH, -COOH, and -NH<sub>2</sub>) contribute to their enhanced adsorption performance [17]. Unlike bagasse, potato peels, and apple peels, which often suffer from mechanical weakness and limited reusability, Chinese herb residues derived from the pharmaceutical industry's extraction and decoction processes exhibit good chemical stability and mechanical strength [18]. The pharmaceutical industry generates approximately 30 million tons of Chinese herb residue annually, leading to a significant economic burden with regard to proper treatment and disposal [19]. Considering the increasing generation of Chinese herb residue, it is imperative to prioritize reuse due to economic and environmental constraints on landfilling [20–22]. Therefore, the recovery and reuse of Chinese herb residues for the production of useful products not only helps reduce environmental pollution but also promotes the sustainable management of waste materials.

Previous studies have explored the effectiveness of adsorbents based on Chinese herb residue in the removal of environmental pollutants [23–27]. Researchers have investigated the removal of copper and lead from water using chemically or biologically modified Chinese herb residue-based adsorbents [15]. Additionally, extracted cellulose from Chinese herb residue has been utilized in the preparation of adsorbents specifically targeting lead removal [28]. However, it has been observed that the adsorption capacity of simply modified Chinese herb residue is limited due to the presence of lignin and hemicellulose that encase the cellulose, as well as the by-products generated during the extraction process. Consequently, the development of high-performance adsorbents derived from Chinese herb residue has emerged as a pressing need to address this issue.

Various forms of adsorbents, including activated carbon, nanoparticles, and hydrogels, have been extensively studied for their efficacy in the removal of heavy metals [29–31]. However, compacted activated carbon adsorbents exhibited slow adsorption dynamics due to the limited diffusion of metal ions into small pores [32]. This extended equilibrium time for activated carbon was typically around 5 h [33]. Additionally, the high processing cost and challenges associated with regeneration contributed to the overall expense of drinking water treatments [34]. On the other hand, hydrogels with their three-dimensional network structures demonstrated high efficiency in removing heavy metals from aqueous solutions [35–38]. The presence of abundant functional groups such as -OH, -NH<sub>2</sub>, and-COOH in hydrogels promoted high permeability, allowing for the optimal exposure of internal adsorption sites to metal ions and ensuring the efficient removal of heavy metals from water [20]. Moreover, our previous study showcased the excellent performance of hydrogels in heavy metal removal using whole Chinese herb residue [39]. Hence, hydrogels represent a promising material for the effective removal of heavy metals from water.

However, due to the abundance of hydroxyl groups, the utilization of natural cellulose in the preparation of hydrogels based on Chinese herb residue requires chemical modification [40,41]. Chemical crosslinking enables cellulose to form a hydrogel with enhanced adsorption capacity and mechanical stability [42]. Commonly used crosslinking agents include citric acid, epichlorohydrin, and glutaraldehyde [43,44]. In a previous study, the crosslinking of cellulose using epichlorohydrin (EPI) had shown improvements in adsorption capacity, chemical stability, pore size distribution, and mechanical properties [45]. In comparison, glutaraldehyde raised concerns regarding the potential presence of toxic residues after the reaction [46]. Moreover, the use of citric acid or cellulose crosslinking required an elevated temperature to achieve higher crosslinking efficiency, which may lead to cellulose degradation [47]. Based on the aforementioned factors, EPI is considered a superior crosslinker for hydrogel preparation.

The objectives of this study are as follows: (i) to prepare the hydrogel adsorbents using solid waste licorice residue; (ii) to assess the removal performance of Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup>

by LR-EPI hydrogels through kinetics and sorption isotherms; (iii) to investigate the effects of pH, contact time, and initial concentration on the removal of  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  through static sorption experiments; and (iv) to discuss the adsorption mechanisms involved in the adsorption of heavy metals.

#### 2. Results and Discussion

## 2.1. Structure and Chemistry Composition Analysis

The FTIR spectra of the prepared adsorbents exhibit bands around 3431 cm<sup>-1</sup>, which can be attributed to O-H stretching (Figure 1a). Furthermore, the bands at 1426, 1162, and 1032 cm<sup>-1</sup> correspond to O-H bending, as well as symmetrical and asymmetrical C-O-C stretching vibrations. The presence of ether bonds resulting from EPI crosslinking is indicated by peaks around 1032 cm<sup>-1</sup> in the crosslinked hydrogels (LR-EPI-5, LR-EPI-6, and LR-EPI-8), providing additional evidence for the occurrence of the crosslinking reaction compared to non-crosslinked cellulose (LR-NaOH). The peaks around 1030 cm<sup>-1</sup> are associated with the stretching vibration of C-O-C, which forms as a result of the crosslinking between the -OH of LR and the ether bonds of EPI. Additionally, the chemical crosslinking of cellulose with ECH is demonstrated by the appearance of new bands at approximately 2923 and 2860 cm<sup>-1</sup>, which are assigned to the CH<sub>2</sub> group [47]. The bands around 1630 cm<sup>-1</sup> can be attributed to the stretching vibration of C=O from the ester groups in the cellulose. The bands detected at 2920 cm<sup>-1</sup> are associated with C-H stretching and bending. The similar FTIR spectra of non-crosslinked LR and the hydrogels suggest that the fundamental structural units of cellulose are preserved.

Thermogravimetric analysis (TGA) was conducted to characterize the hydrogels. The weight loss behavior of the samples was observed as the temperature increased from 29 °C to 788°C, revealing three distinct stages: 29–240 °C, 240–500 °C, and 500–788 °C (Figure S4). The initial stage of weight loss can be attributed primarily to the evaporation of water contained within the samples or the removal of residual absorbed water. The weight loss observed in the range of 240–500  $^{\circ}$ C corresponds to the degradation of the cellulose molecular framework and EPI constituents. Subsequently, in the final stage, the hydrogel undergoes a gradual decomposition process. Upon adsorption of  $Cr^{3+}$ , it was observed that LR-EPI-8 experienced greater weight loss during the third stage compared to its pre-adsorption state. Furthermore, analysis of the differential thermal analysis (DTA) curve (Figure 1b) also revealed three distinct stages: 29–240 °C, 290–480 °C, and 480–788 °C. During the first stage, the hydrogel exhibited stability. Peaks observed in the second stage can be attributed to the combustion of the hydrogel accompanied by the release of heat, potentially leading to the decomposition of the crosslinking structure of hydrogels, with LR-EPI-8-Cr<sup>3+</sup> showing greater weight loss compared to LR-EPI-8. During the final stage, the hydrogel also exhibited stability. This high weight loss for LR-EPI-8-Cr<sup>3+</sup> under thermal stability can be attributed to the immersion of the hydrogel in the solution for a duration of 2 h, resulting in the dissolution of oligomers from the hydrogel matrix. Consequently, the adsorption process induced a looser structural arrangement of the hydrogel compared to its original state, ultimately leading to a decrease in thermal stability.



**Figure 1.** (a) FTIR spectra of LR-EPI-5, LR-EPI-6, LR-EPI-8, and LR-NaOH and (b) DTA of LR-EPI before and after adsorption (Cr<sup>3+</sup>).

X-ray photoelectron spectroscopy (XPS) analysis was utilized to gain insights into the interactive behaviors between the adsorbents and adsorbates. The survey spectrum (Figure 2a) revealed notable changes when comparing pristine LR-EPI-8 with LR-EPI-8-Cr. Specifically, a new peak attributed to Cr at 574.5 eV was observed in LR-EPI-8-Cr, indicating the successful adsorption of  $Cr^{3+}$  onto the surface of LR-EPI-8. In Figure 2b, the Cr  $2p_{1/2}$ and Cr  $2p_{3/2}$  XPS spectrum exhibited two distinct peaks at binding energies of 582.9, 583.9, 574.5, and 573.8 eV, which were assigned to Cr  $2p_{1/2}$  and Cr  $2p_{3/2}$ , respectively. The C 1s XPS peaks of LR-EPI-8 could be deconvoluted into four peaks (i.e., 281.3 eV (C-C), 282.9 eV (C-O-C), 284.7 eV (C-O-C), and 285.8 eV (C-O-H)) (Figure 2c). It was evident that the characteristic peak of C-O-H disappeared after Cr<sup>3+</sup> adsorption, while the 282.9 eV (C-O-C) peak remained unchanged, indicating the preservation of the cellulose structure. Additionally, the 532.7 eV (C-O-H) peak vanished, suggesting that the primary adsorption group for Cr<sup>3+</sup> was the -OH group (Figure 2d).



Figure 2. Cont.



**Figure 2.** XPS spectra of (**a**) all elements of LR-EPI-8 before and after  $Cr^{3+}$  adsorption, (**b**)  $Cr 2p_{1/2}$  and  $Cr 2p_{3/2}$  for LR-EPI-8 after  $Cr^{3+}$  adsorption, (**c**) C 1s, and (**d**) O 1s for LR-EPI-8 before and after the adsorption.

## 2.2. Morphology and Structure of Hydrogels

The morphology of LR-EPI was captured in photographs shown in Figure S2a–f. As the concentration of LR increased, the crosslink density of hydrogels LR-EPI-6 and LR-EPI-8 also increased. The gel yields of the three hydrogels are approximately 88.6% (LR-EPI-5), 89.8% (LR-EPI-6), and 90.7% (LR-EPI-8). These results indicate that LR-EPI-8 had the highest crosslink density among the three hydrogels, as more cellulose was crosslinked with EPI, resulting in an increased crosslink density. This effectively prevented mechanical failure or complete dissolution of the adsorbent materials. After lyophilization (Figure 3a), the hydrogels lost water, resulting in a loose and porous three-dimensional network structure. This exposed more of the -OH group, which facilitated the removal of heavy metal ions.

The surface structures of LR, LR-NaOH, LR-EPI-5, LR-EPI-6, and LR-EPI-8 were characterized using SEM (Figure 3b–f). LR exhibited a relatively dense structure and low adsorption capacity. The structure of LR-NaOH was looser compared to LR, and there were a few pores on its surface, resulting from the modification-induced collapse of the lignocellulose structure [15]. All hydrogels (LR-EPI-5, LR-EPI-6, and LR-EPI-8) showed three-dimensional porous structures. Regardless of the EPI amount, the crosslinked hydrogels (LR-EPIs) had higher adsorption capacities compared to non-crosslinked cellulose (LR and LR-NaOH) [48]. Among the hydrogels, the pore size increased with increasing LR concentration, and LR-EPI-8 exhibited more homogeneous jelly-like and regular pores compared to LR-EPI-5 and LR-EPI-6. This feature provided LR-EPI-8 with more adsorption sites and exposed functional groups for its effective interaction with contaminants such as  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$ , resulting in a high adsorption capacity. Additionally, the surface chemical properties of the hydrogels could be influenced by the intermolecular

bonds formed through crosslinking. When the cellulose/EPI ratios approached the stoichiometric proportion, the hydrogel exhibited a higher surface area and the best adsorption capacity [49]; therefore, the adsorption capacities of hydrogels were enhanced.



Figure 3. Photograph of (a) lyophilized LR-EPI-8; SEM images of (b) LR, (c) LR-NaOH, (d) LR-EPI-5, (e) LR-EPI-6, (f) LR-EPI-8.

## 2.3. Adsorption Performance of LR-EPI Hydrogels

2.3.1. Effect of Solution pH on Adsorption

The removal of contaminants from aqueous solution through adsorption is greatly influenced by the solution pH, which impacts the surface charge of the hydrogels, the degree of ionization, and the speciation of the adsorbate. Figure 4 depicted the adsorption capacities of LR-EPI-5, LR-EPI-6, and LR-EPI-8 for Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup> as a function of the pH ranging from 1.0 to 5.0.

The adsorption capacities of LR-EPI-8 were higher compared to LR-EPI-5 and LR-EPI-6. As the pH increased from 1.0 to 5.0, the adsorption capacities of the hydrogels for  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  also increased. Among the three adsorbents, LR-EPI-8 exhibited the highest adsorption capacities for all three heavy metal ions. Specifically, the adsorption capacities for  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  increased from 268.1 mg/g, 70.4 mg/g, and 132.0 mg/g to 591.8 mg/g, 127.5 mg/g, and 460.3 mg/g, respectively. On the other hand, LR-EPI-5 demonstrated the lowest adsorption capacities with values increasing from 65.2 mg/g, 63.5 mg/g, and 60.3 mg/g to 166.3 mg/g, 116.2 mg/g, and 114.3 mg/g for Pb<sup>2+</sup>,  $Cu^{2+}$ , and  $Cr^{3+}$ , respectively.

This phenomenon can be explained by the alteration in the surface active sites of the hydrogels. The primary active sites are -OH groups, which, at lower pH values, become protonated by H<sup>+</sup> ions, resulting in a positively charged surface of the adsorbent. Consequently, the number accessible for heavy metal ion uptake decreases. Moreover, the abundance of H<sup>+</sup> ions can compete with metal ions through ion-exchange reactions. As depicted in Figure S3, LR-EPI -8 exhibited a negative zeta potential within a pH range of 2.0–5.0. As the pH increased, the negatively charged active sites increased, enhancing the electrostatic attraction between the negatively charged hydrogel surface and the positively charged contaminants [50]. However, at higher pH values (above 4.0 or 5.0), excess anions (OH<sup>-</sup>) covered the binding sites of the hydrogel, reducing the removal of contaminants due to electrostatic repulsion [51]. The sedimentation of heavy metals will occur when the pH exceeds 5.5; therefore, to ensure the accuracy of the results, it was deemed necessary to limit the pH range within this boundary. For the subsequent experiments, a pH of 4.0 was selected as the optimal pH for Cu<sup>2+</sup> and Cr<sup>3+</sup> solutions.



**Figure 4.** Effect of pH on (**a**)  $Pb^{2+}$ , (**b**)  $Cu^{2+}$ , and (**c**)  $Cr^{3+}$  adsorption. Adsorption conditions: 300 mg/L of  $Pb^{2+}$  solution and 700 mg/L of  $Cu^{2+}$  and  $Cr^{3+}$ ; temperature, 25 °C; shaking time, 60 min; adsorbents, 0.01 g; contact time, 2 h; volume of adsorbate, 25 mL.

Among the three hydrogels, LR-EPI-8 exhibited the highest adsorption capacity for heavy metals, with the removal of Pb<sup>2+</sup> being higher than that of Cu<sup>2+</sup> and Cr<sup>3+</sup>. One reason for this is that increasing the LR concentration resulted in an increase in active groups and surface areas of hydrogels [52], as well as an enhanced swelling ratio (LR-EPI-8: 27.27, LR-EPI-5: 19.60, and LR-EPI-6: 24.28), which can be attributed to the chemical crosslinking that lengthens the distance between cellulose chains [53]. This ultimately led to a higher adsorption performance of LR-EPI-8 compared to LR-EPI-5 and LR-EPI-6. Another reason is that the properties of heavy metal ions, including electronegativity, ionization potential, and ionic radius [54], caused the hydrogels to exhibit higher selectivity for the removal of Pb<sup>2+</sup> compared to Cu<sup>2+</sup> and Cr<sup>3+</sup>.

To mitigate the occurrence of heavy metal sedimentation beyond a pH of 5.5, it was deemed essential to confine the pH range within this threshold. Consequently, for subsequent experiments, a pH value of 4.0 was identified as the optimal condition for  $Cu^{2+}$  and  $Cr^{3+}$  solutions, while a pH of 5.0 was determined to be the optimal condition for  $Pb^{2+}$  solutions.

## 2.3.2. Effect of Contact Time on Adsorption

Contact time is another significant factor that influences the adsorption equilibrium. The adsorption of  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  was conducted for a duration of 120 min. The adsorption capacities of the LR-EPI hydrogels increased steadily with the duration of adsorption until reaching equilibrium, as shown in Figure 5. As the binding sites became nearly saturated pollutants, the active sites of the hydrogels reached an increasing satu-

ration, resulting in the adsorption capacities reaching equilibrium. With a longer contact time, more heavy metal ions were bound to the surface of the hydrogels, thereby increasing the adsorption capacities. Additionally, during the adsorption process, swelling and adsorption might occur simultaneously. As the swelling ratio increased, the heavy metal ions gradually entered gel pores with water [40]. The equilibrium adsorption time for Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup> on LR-EPI-5 and LR-EPI-6 was approximately 60 min due to their lower -OH content compared to LR-EPI-8. In comparison to LR-EPI-5 and LR-EPI-8 exhibited a faster adsorption rate (120 min for Pb<sup>2+</sup> and 60 min for Cu<sup>2+</sup> and Cr<sup>3+</sup>) and much higher maximum adsorption capacities (583.6 mg/g and 458.3 mg/g) for Pb<sup>2+</sup> and Cr<sup>3+</sup>. The possible reason for this is that the active groups of LR-EPI-8 increased with the LR concentration, and Pb<sup>2+</sup> and Cr<sup>3+</sup> were more selectively adsorbed by the hydrogels.



**Figure 5.** Effect of contact time on (a)  $Pb^{2+}$ , (b)  $Cu^{2+}$ , and (c)  $Cr^{3+}$  adsorption. Adsorption conditions: 300 mg/L of  $Pb^{2+}$ , 700 mg/L of  $Cu^{2+}$  and  $Cr^{3+}$ ; temperature, 25 °C; shaking time, 60 min; adsorbent, 0.01 g; volume of adsorbate, 25 mL.

## 2.3.3. Adsorption Kinetics

To analyze the experimental data and study the adsorption rate of the LR-EPI hydrogels, dynamic models were applied. Among the various kinetic models used for solid–liquid interactions, the pseudo-first-order (Equation (1)) and pseudo-second-order (Equation (2)) models are commonly utilized [55,56]. The pseudo-first-order dynamic model assumes that the adsorption rate is primarily governed by diffusion and mass transfer, while the pseudo-second-order assumes that chemical adsorption is the ratecontrolling step.

$$log(q_e - q_t) = logq_e - \frac{k_1}{2.303}t$$
 (1)

$$\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{t}{q_t} \tag{2}$$

where  $q_e \text{ (mg/g)}$  is the adsorption amount at equilibrium,  $q_t \text{ (mg/g)}$  is the adsorption amount of a specific time t, and  $k_1 \text{ (min}^{-1})$  and  $k_2 \text{ (g (mg-min)}^{-1})$  are the pseudo-first-order and pseudo-second-order rate constant, respectively.

The fitting curves for the pseudo-first-order and pseudo-second-order kinetics are presented in Figure 6 and the parameters are shown in Table S1 (in supplementary materials), illustrating the adsorption of hydrogels for heavy metal ions. The pseudo-second-order dynamics equation exhibited a better fit, indicating chemical adsorption. Moreover, the pseudo-second-order kinetics suggested that the rate of chemical adsorption was proportional to the number of unoccupied active sites.



**Figure 6.** (a) Pseudo-first-order and (b) pseudo-second-order kinetic model for adsorption of heavy metals.

As depicted in Figures S5–S7 and Tables S2–S4, the adsorption processes of LR-EPIs can be divided into two stages for the three heavy metals. In the first stage, metal ions diffused onto the surface of the adsorbent. The diffusion model lines within the particles do not intersect with the origin, implying that the adsorption process is governed by both external and internal diffusion mechanisms. The overall adsorption process can be divided into two stages: initially, when the heavy metal ions attach to the external surface sites of the particles, the adsorption rate is relatively rapid; subsequently, as the adsorption on the outer surface reaches saturation, a gradual diffusion into the particle interior takes place. In this stage, the adsorption rate correlates with the boundary thickness (C), wherein an increase in C results in a gradual attenuation of the adsorption rate with the rate constant (k) approaching zero, eventually establishing a state of dynamic equilibrium. The model calculations consistently yield positive values for C, indicating that the rate-controlling steps of metal ion adsorption are determined by multiple stages, and particle internal diffusion is not the sole decisive factor.

## 2.3.4. Effect of Initial Ion Concentration on Adsorption

The impact of the initial concentration of  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  on the adsorption was analyzed, with concentrations ranging from 100 to 1000 mg/L (Figure 7). It was observed that when the initial concentrations of  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  were 300 mg/L, 700 mg/L, and 700 mg/L, respectively, the adsorption processes reached equilibrium, indicating that the active sites were almost fully occupied. The highest adsorption capacities were achieved by LR-EPI-8 and LR-EPI-6, with values of 574.5 mg/g and 120.6 mg/g for  $Pb^{2+}$ , 134.3 mg/g and 125.5 mg/g for  $Cu^{2+}$ , and 583.5 mg/g and 145.8 mg/g for  $Cr^{3+}$ , respectively. LR-EPI-5 exhibited a maximum adsorption capacity of 120.2 mg/g for  $Cu^{2+}$ . Notably, LR-EPI-8 exhibited significantly higher adsorption capacities for  $Pb^{2+}$ ,  $Cr^{3+}$ , and  $Cu^{2+}$  compared to LR-EPI-5 and LR-EPI-6, indicating a greater number of active sites available for metal ion removal and thereby resulting in its superior capacity. This phenomenon can be attributed to the presence of more positively charged ions which create a stronger driving force for the effective collision between ions and surficial functional groups of the hydrogel. Consequently, this promotes ions transfer between the two phases and collision between the metal ions and surficial functional groups of the hydrogels [40]. Once the active sites were fully occupied, the adsorption performance of the three hydrogels for heavy metals diminished [57], reaching equilibrium.



**Figure 7.** Effect of initial concentration on (**a**)  $Pb^{2+}$ , (**b**)  $Cu^{2+}$ , and (**c**)  $Cr^{3+}$  adsorption. Adsorption conditions: temperature, 25 °C; shaking time, 60 min; adsorbent, 0.01 g, volume of adsorbate, 25 mL.

#### 2.3.5. Adsorption Isotherm

The adsorption isotherm is utilized to describe interface adsorption, which represents a physicochemical adsorption phenomenon resulting from the interaction between metal ions and hydrogel adsorbents. In this study, both the Langmuir and Freundlich isotherm models were examined. The Langmuir model [58] was applied to analyze single-layer adsorption systems, suggesting the presence of limited quantities of separated active sites without chemical interaction. On the other hand, the Freundlich model [59] accounted for the non-uniform surface during adsorption, making it suitable for describing multi-layer adsorption or a high-suction concentration system. The equations for the Langmuir (3) and Freundlich models (4) are as follows:

$$\frac{C_e}{q_e} = \frac{1}{K_L q_m} + \frac{C_e}{q_m} \tag{3}$$

$$\ln q_e = \ln K_F + \frac{1}{n} \ln C_e \tag{4}$$

where  $q_e$  (mg/g) is the adsorption amount at equilibrium,  $C_e$  (mg/L) is the concentration at equilibrium,  $K_L$  is the Langmuir constant,  $q_m$  (mg/g) is the maximum adsorption amount covering the entire surface,  $R_L$  is a separation coefficient or an equilibrium parameter,  $C_0$  (mg/L) is the initial concentration of heavy metal ions, and  $K_F$  and n are Freundlich constants.

Figure 8 and Table S5 present the fitting results of the two models. Based on the correlation coefficient ( $R^2$ ), the Langmuir model provided the optimal fit for describing the adsorption process for Pb<sup>2+</sup> and Cu<sup>2+</sup>, indicating single-layer adsorption. Moreover, both  $R_L$  values being less than 1 and n being greater than 1 indicated favorable adsorption characteristics of the adsorbents. However, for Cr<sup>3+</sup>, although the adsorption process was also single-layer adsorption, it fit better with the Freundlich model. This observation could be attributed to excessive swelling of the hydrogel at low concentrations, leading to a significant measurement error. Furthermore, non-linear models were also applied to simulate the adsorption results, as shown in Figure S8 and Table S7. However, the obtained  $R^2$  was too small, and the model evaluation parameters, such as the root-mean-square error, were too large. Hence, non-linear models are not suitable for accurately depicting the adsorption behavior of Cr<sup>3+</sup>. Additionally, the homogenous distribution of surface groups on the prepared hydrogels, as observed through FTIR and SEM analyses, supports the conclusion that the adsorption of Cr<sup>3+</sup> is still monolayer adsorption, which is consistent with the findings of other studies [60,61].



**Figure 8.** (a) Langmuir and (b) Freundlich isotherm models of heavy metal ion adsorption on LR-EPI hydrogels.

In Table S6, the parameter  $\Delta G^{\circ}$  of LREPI-8 was determined for Pb<sup>2+</sup> and Cu<sup>2+</sup>, resulting in values of -10.78 and -9.02 kJ/mol, respectively. Furthermore, the  $\Delta H^{\circ}$  values were calculated to be 1.52 kJ/mol for Pb<sup>2+</sup> and 1.21 kJ/mol for Cu<sup>2+</sup>. The observed negative  $\Delta G^{\circ}$  and positive  $\Delta H^{\circ}$  values indicate that the adsorption of Pb<sup>2+</sup> and Cu<sup>2+</sup> on LR-EPI-8 is an endothermic process. This suggests that the adsorption is thermodynamically favorable and can be enhanced by increasing the reaction temperature. Additionally, the positive  $\Delta S^{\circ}$  values were determined to be 41.27 J/mol-K for Pb<sup>2+</sup> and 34.33 J/mol-K for Cu<sup>2+</sup>. These findings suggest an increase in the disorderliness of the solid–liquid system, which can likely be attributed to the loss of hydration water associated with metal ions [23].

#### 2.3.6. The Effects of Salt Ions on the Adsorption Capacity of LR-EPI-8

The interference capability of LR-EPI-8 against competing ions was investigated in the presence of various complex water matrices for the purpose of  $Pb^{2+}$  removal. To evaluate the competition between  $Pb^{2+}$  and other cations, such as Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>, and Mg<sup>2+</sup>, salt ions were used at concentrations of 0.01 and 0.1 mol/L. As shown in Figure 9, LR-EPI-8 exhibited consistent  $Pb^{2+}$  adsorption capacities ranging from 98.3% to 94.1% in the presence of 0.01 mol/L salt ions, and these capacities decreased by 3% to 17% as the

concentrations of interfering ions increased to 0.1 mol/L. These findings demonstrate that LR-EPI-8 possesses high selectivity and affinity for Pb<sup>2+</sup>, making it highly promising for the treatment of Pb-contaminated water.



**Figure 9.** Effect of ionic species on adsorption capacity for  $Pb^{2+}$  using LR-EPI-8 (adsorption conditions: initial concentration of  $Pb^{2+}$ , 300 mg/L; temperature, 25 °C; shaking time, 60 min; adsorbent, 0.01 g; pH = 5.0).

# 2.3.7. Regeneration

The evaluation of regeneration is a crucial aspect when assessing the performance of adsorbents. In this study, the regeneration of LR-EPI-8 for  $Pb^{2+}$  and  $Cu^{2+}$  ions was examined through a series of five adsorption–desorption cycles. The initial adsorption capacity observed in the first cycle was considered to be 100%. Subsequently, the ratio of the adsorption capacity in each cycle to that of the initial cycle was calculated to assess the regeneration of the hydrogel. As depicted in Figure 10, the adsorption capacities exhibited a gradual decrease over successive cycles. However, even after undergoing five cycles of adsorption, the adsorption capacities for both  $Pb^{2+}$  and  $Cu^{2+}$  ions remained above 75%. This observation indicates that the magnetic hydrogels not only facilitated easy recovery, but also demonstrated excellent regeneration.



**Figure 10.** Regeneration of LR-EPI-8 for Pb<sup>2+</sup> and Cu<sup>2+</sup> adsorption.

Table 1 presents a comparison between this study and other reported adsorbents in the literature, highlighting that the hydrogels synthesized in this study exhibited higher adsorption capacities for  $Pb^{2+}$ ,  $Cr^{3+}$ , and  $Cu^{2+}$  compared to other hydrogel adsorbents. This finding underscores the potential of the LR-based hydrogel (LR-EPI-8) synthesized in this study as a promising adsorbent for the removal of heavy metals from aqueous solutions due to its remarkable adsorption capacity and rapid adsorption rate.

Adsorbent	$q_m (mg/g)$			
	Pb <sup>2+</sup>	Cr <sup>3+</sup>	Cu <sup>2+</sup>	Keferences
Licorice/epichlorohydrin	591.75	583.5	134.25	Present study
Chitosan/calcium alginate/bentonite	434.89	-	115.30	[62]
Chitosan/poly(N-isopropylacrylamide)	172.0	-	115.1	[63]
Chitosan/polyvinyl alcohol	-	-	62.1	[64]
Spirodela polyrhiza/epichlorohydrin	51.75	-	-	[65]
N,N-dimethylformamide				
Carboxymethyl cellulose/attapulgite/acrylic acid-co-acrylamide	-	74.8	-	[66]
Cellulose/epichlorohydrin/graphene oxide	-	-	94.34	[9]
Tea residue/acrylic acid	253.16	206.1	-	[67]
Carboxymethyl cellulose/epichlorohydrin/polyacrylamide	-	-	75.93	[68]
Silica/poly(N-isopropylacrylamide)				
N,N'-methylenebis-acrylamide	-	243.9	-	[69]

**Table 1.** Adsorption of heavy metal ions by different adsorbents.

LR-EPI-8, a homogeneous hydrogel derived from natural material waste in a pharmacy, outperformed other adsorbents that involve the use of multiple chemicals for preparation. By employing only EPI as a crosslinking agent, LR-EPI-8 minimized chemical usage while achieving higher adsorption capacities for the three heavy metal ions. Furthermore, LR-EPI-8 utilizes the entire LR to prepare the hydrogel, thereby enhancing the reutilization of Chinese herb residue. Consequently, LR-EPI-8 based on LR emerges as an environmentally friendly and excellent adsorbent for the efficient removal of contaminants from water.

### 2.4. Adsorption Mechanism of LR-EPI Hydrogels

A thorough understanding of the adsorption mechanism of LR-EPI hydrogels for heavy metal ions is crucial for evaluating their adsorption performance. Generally, various interactions such as ion exchange, hydrophobic interactions, coordination interactions, and electrostatic interactions can occur during the adsorption process of LR-EPI hydrogels. In this case, the primary adsorption mechanism for LR-EPI hydrogels is believed to be the electrostatic interaction with heavy metal ions. This interaction occurs between specific functional groups in the monomer units of the adsorbents, resulting in the absorption or desorption of heavy metals through cation–anionic interactions [70]. By analyzing the FTIR spectra of LR-EPI-8 before and after the adsorption (Figure 11a), changes in the peak positions can be observed. The peaks at 1454 and 1026  $cm^{-1}$ , corresponding to O-H bending and symmetrical/asymmetrical C-O-C stretching vibrations, underwent alterations after adsorption. Additionally, the peak at 1632  $\text{cm}^{-1}$ , attributed to C=O from ester groups in cellulose, also experienced changes. From the change of peaks before and after adsorption, it is known that the major adsorption sites are -OH groups. Furthermore, as depicted in Figure S3, the LR-EPI-8 hydrogel exhibited a negative charge within the pH range of 2.0–5.0. With an increase in pH, the surface functional groups, such as -OH groups, lose protons due to the higher concentrations of OH<sup>-</sup> ions, leading to the formation of anions like -O- on the surface of the adsorbent. This electrostatically charged

surface facilitates the adsorption of positively charged  $Pb^{2+}$ ,  $Cu^{2+}$ , and  $Cr^{3+}$  ions onto the negatively charged hydrogel. According to XPS before and after the adsorption for  $Cr^{3+}$ , and by considering the spectra of C1s and O1s, we hypothesized that both carbon (C) and oxygen (O) elements were involved in the adsorption process with strong interactions between the -OH groups and  $Cr^{3+}$ . Consequently, the adsorption processes were driven by an ion-exchange reaction coupled with the coordination of -OH with metal ions, while other forces such as electrostatic and hydrogen bonding also played roles. The possible adsorption mechanism is illustrated in Figure 11b.



**Figure 11.** (a) FTIR spectra of LR-EPI-8 before and after adsorption of  $Cr^{3+}$  and (b) adsorption mechanism of LR-EPI hydrogels.

# 3. Conclusions

A series of LR-EPI hydrogels were synthesized using licorice residue and EPI as a crosslinking agent. The surface of the hydrogels exhibited a rough, irregular, and porous structure, as observed in the SEM images. The adsorption capacities of the hydrogels for Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup> were influenced by contact time, solution pH, and initial concentration. The LR-EPI hydrogels demonstrated high adsorption capacity, with LR-EPI-8 exhibiting the best performance. The maximum adsorption capacities of LR-EPI-8 for Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup> were determined as 591.75 mg/g, 583.5 mg/g, and 134.25 mg/g, respectively. The order of maximum adsorption capacities for heavy metal ions on LR-EPI-8 was Pb<sup>2+</sup> > Cr<sup>3+</sup> > Cu<sup>2+</sup>. The adsorption processes followed the pseudo-second-order kinetic model, Langmuir isotherm model (for Pb<sup>2+</sup> and Cu<sup>2+</sup>), and Freundlich isotherm model (for Cr<sup>3+</sup>), indicating the dominance of chemical adsorption. Ion exchange and other factors such as electrostatic interactions were considered as the possible mechanism for the adsorption process. Based on these findings, the LR-EPI-8 hydrogel shows great potential as a promising adsorbent for the removal of heavy metals from aqueous solutions.

#### 4. Materials and Methods

### 4.1. Materials

The licorice used in the experiment was from Lanzhou Huirentang Pharmacy (Lanzhou, China). Urea (CH<sub>4</sub>N<sub>2</sub>O) was purchased from Yantai Shuangshuang Chemical Co., LTD (Yantai, China). Sodium hydroxide (NaOH), epichlorohydrin (EPI), ethanol absolute (C<sub>2</sub>H<sub>6</sub>O), and cupric nitrate (Cu(NO<sub>3</sub>)<sub>2</sub>) were purchased from Tianjin Damao Chemical Reagent Co., LTD (Tianjin, China). Lead nitrate (Pb(NO<sub>3</sub>)<sub>2</sub>) was acquired from Tianjin Kermel Chemical Reagent Co., Ltd. (Tianjin, China). Chromic chloride (CrCl<sub>3</sub>·6H<sub>2</sub>O) was purchased from Shanghai Zhongqin Chemical Reagent Co., LTD (Shanghai, China). Hydrochloric acid (HCl) and nitric acid (HNO<sub>3</sub>) were purchased from Baiyin Chemical Co., LTD (Baiyin, China). All chemical reagents were of analytical grade.

# 4.2. Preparation of Hydrogels

# 4.2.1. Pretreatment of LR

The purchased licorice was subjected to several treatments for preparation. Firstly, it was washed with deionized water 3 times (as shown in Figure S1a) to remove impurities and contaminants. Then, it underwent three cycles of boiling, each lasting for 30 min, to mimic the conventional use of Chinese herbs and eliminate the active ingredient. Subsequently, 100 g of the dried licorice residue (LR) was combined with 1000 mL of 1 mol/L NaOH solution and stirred for 8h at room temperature. The pretreated LR was thoroughly rinsed with deionized water multiple times to remove any residual NaOH. After the rinsing process, the LR was dried (as depicted in Figure S1b), which was followed by crushing and sieving through a 200-mesh sieve (Figure S1c). The resulting material obtained from these procedures was named LR-NaOH.

#### 4.2.2. Dissolution of LR-NaOH

A total of 5 g of LR-NaOH powder was introduced into 50 mL of NaOH/urea solution (1:2, w/w). The mixture was stirred using a magnetic stirrer at room temperature at a speed of 200 rpm for 2 h. Following this, the solution was subjected to a freezing process at -20 °C, which was followed by thawing with continuous stirring at 0 °C for 2 h. This freezing and thawing step was repeated twice. The resulting solution was then treated in a microwave oven at 800 Watt for about 20 min, resulting in the formation of LR-NaOH-5 transparent solutions. Similarly, 6 g and 8 g of LR-NaOH powder were separately added to NaOH/urea solutions to produce LR-NaOH-6 and LR-NaOH-8 transparent solutions, following the same process.

#### 4.2.3. Preparation of LR-EPI Hydrogels

To prepare LR-EPI-5, 1.8 mL of EPI was added to LR-NaOH-5 at room temperature. The mixture solution was stirred for 30 min at a speed of 200 rpm. Subsequently, the beakers were sealed and placed in a water bath at 80 °C, allowing them to remain there for 6 h. Following this step, the samples were washed with ethanol to eliminate any residual chemicals and by-products. The hydrogels were then soaked in distilled water, with the water being changed twice. Finally, the hydrogels were subjected to lyophilization at -80 °C and 10 Pa for 24 h. The resulting dried samples were designated as LR-EPI-5. LR-EPI-6 and LR-EPI-8 were prepared using the same procedure. The synthesis scheme is depicted in Figure 12.



Figure 12. The synthesis scheme of LR-EPI hydrogels.

## 4.3. Characterization

The surface morphology and structure of the freeze-dried hydrogels were investigated using a scanning electron microscope (SEM, JSM-6701F, JEOL, Tokyo, Japan) operating at an accelerating voltage of 20 kV. To prepare the samples for analysis, samples were affixed to a copper sample holder using carbon tape and subsequently coated with a thin layer of gold. The structural properties of both non-crosslinked cellulose and hydrogels were assessed using Fourier-transform infrared spectroscopy (FTIR, Nicolet Nexus, Waltham, MA, USA). The lyophilized samples were pulverized into potassium bromide tablets, each containing 1% of the sample, and the resulting spectra were examined across a range of wavenumbers from 4000 cm<sup>-1</sup> to 400 cm<sup>-1</sup>. The thermal stability of the samples was evaluated under a nitrogen atmosphere using PerkinElmer TGA-7 thermogravimetric instruments (PerkinElmer Cetus Instruments, Nor-walk, CT, USA) at a heating rate of 10 °C/min within the temperature range of 30–800 °C. Lastly, the surface chemistry of LR-EPI-8 before and after the adsorption of Cr<sup>3+</sup> ions was analyzed using an X-ray photoelectron spectroscope (XPS, EscaLab 250 Xi+).

#### 4.4. Equilibrium Degree of Swelling and Gel Fraction Yield of Hydrogels

The swelling properties of LR-EPI hydrogels were investigated by immersing approximately 0.05 g of the samples in 10 mL of deionized water for 24 h to reach equilibrium. The gravimetric method was employed to determine the equilibrium swellings. The lyophilized LR-EPIs were weighed as  $W_d$ , while the hydrogels in their swollen state after reaching equilibrium were weighed as  $W_s$ . The swelling ratio was calculated using Equation (1):

$$S_w = \frac{W_s - W_d}{W_d} \tag{5}$$

where  $S_w$  (%) is the swelling ratio,  $W_s$  (g) is the weight of LR-EPI hydrogels after the swelling equilibrium was reached, and  $W_d$  (g) is the weight of the lyophilized LR-EPIs.

The prepared LR-EPI hydrogels (0.05 g) were immersed in 10 mL of deionized water for 48 h and subsequently dried under vacuum at 40 °C until a constant mass was achieved. The dried hydrogels were then weighed. The gel fraction yield (GF) can be calculated as follows [71]:

$$Gel fraction (\%) = \frac{mass of the dried sample after extration}{initial mass} \times 100$$
(6)

#### 4.5. Zeta Potential Measurement

The zeta potential of LR-EPI-8 was determined using a SurPass Electrokinetic Analyzer (Anton Paar Trading Co., Ashland, VA, USA) to assess the charge distribution on the membrane surface at different pH levels. Prior to measurement, the hydrogel membrane was thoroughly rinsed with deionized water. The pH of the solution was adjusted by employing 0.1 M HCl and NaOH solutions. The desired pressure for the measurement procedure was set at 400 mbar.

## 4.6. Adsorption Experiment

The optimal adsorbent dosage was determined based on our preliminary investigations. Various amounts of adsorbents, specifically 0.01 g, 0.02 g, 0.04 g, 0.06 g, 0.08 g, and 0.1 g, were employed to evaluate the adsorption performance. Among these, the adsorbent dosage of 0.01 g exhibited the highest adsorption capacity. Therefore, in this study, for the adsorption capacity measurement of LR-EPI hydrogels for Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup>, 0.01 g of freeze-dried LR-EPI hydrogel samples were added to a sealed colorimetric tube containing 25 mL of heavy metal solutions. The adsorption experiment was conducted at different pH values ranging from 1.0 to 5.0. Nitric acid and sodium hydroxide solutions were used to adjust the pH accordingly. In the adsorption kinetics study, the contact time between the hydrogel samples and heavy metal solutions varied from 10 to 120 min. This allowed for the examination of the adsorption process over different time intervals. In the adsorption isotherm experiment, the concentrations of heavy metal ions in the solutions ranged from 100 to 1000 mg/L. After the adsorption process, the remaining concentrations of heavy metal ions were measured using an atomic absorption spectrophotometer (PerkinElmer, PinAAcle 900 T, Waltham, MA, USA). Specifically, the concentrations of mixed metal ions in both the selective adsorption experiment and real water matrices were analyzed using an inductively coupled plasma mass spectrometer (ICP-MS, Agilent, Santa Clara, CA, USA). All experimental data presented in this study represent the average values obtained from three independent determinations.

The adsorption capacity of the hydrogels for Pb<sup>2+</sup>, Cu<sup>2+</sup>, and Cr<sup>3+</sup> at a specific time  $(q_t, mg/g)$  and equilibrium  $(q_e, mg/g)$  was determined by the following equations [72]:

$$q_e = \frac{(C_0 - C_e)V}{W} \tag{7}$$

$$q_t = \frac{(C_0 - C_t)V}{W} \tag{8}$$

where  $q_e \text{ (mg/g)}$  is the equilibrium adsorption capacity,  $q_t \text{ (mg/g)}$  is the adsorption capacity at a specific time t,  $C_0 \text{ (mg/L)}$  is the initial concentration,  $C_e \text{ (mg/L)}$  is the equilibrium concentration,  $C_t \text{ (mg/L)}$  is the concentration of the heavy metal solution at time t (h), V (mL) is the volume of the heavy metal ion solution, and W (mg) is the amount of freeze-dried hydrogel.

(

#### 4.7. The Reusability of Hydrogels

A freeze-dried LR-EPI-8 hydrogel weighing 0.01 g was immersed in a 25 mL aqueous solution containing Pb<sup>2+</sup> or Cu<sup>2+</sup> ions at pH 5 under static conditions (25 °C). The adsorption process was assessed, and the reusability of the hydrogel was determined. Following the adsorption step, the hydrogels were separated from the Pb<sup>2+</sup> or Cu<sup>2+</sup> solution and subsequently subjected to desorption and regeneration procedures. To desorb the Pb<sup>2+</sup> or Cu<sup>2+</sup> ions from the hydrogel, a 0.1 mol/L HCl aqueous solution was employed and allowed to interact for a duration of 3 h. After desorption, the hydrogels were thoroughly washed with distilled water to facilitate utilization for subsequent adsorption cycles. This adsorption–desorption cycle was repeated five times to evaluate the reusability and durability of the hydrogels.

**Supplementary Materials:** The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/gels9070559/s1, Figure S1: The photos of Liquorice. (a) raw Liquorice; (b) LR-NaOH; (c) LR- NaOH powder. Figure S2. Photographs of (a) LR-EPI-5; (b) LR-EPI-6; (c) LR-EPI-8; (d) lyophilized LR-EPI-5; (e) lyophilized LR-EPI-6; (f) lyophilized LR-EPI-8. Figure S3. Correlation between Zeta potential and pH. Figure S4. Thermogravimetric analysis of LR-EPI -8 before and after adsorption ( $Cr^{3+}$ ). Figure S5. The Intra-particle Diffusion model of  $Cu^{2+}$ adsorption on hydrogel adsorbents. Figure S6. The Intra-particle Diffusion model of  $Pb^{2+}$  adsorption on hydrogel adsorbents. Figure S7. The Intra-particle Diffusion model of  $Cr^{3+}$  adsorption on hydrogel adsorbents. Figure S8. Langmuir and Freundlich isotherm non-liner models of LR-EPI. Table S1. Kinetic parameters for the adsorption of heavy metal ions. Table S2. Parameters of the Intraparticle Diffusion model for  $Cu^{2+}$  adsorption on hydrogel adsorbents. Table S3. Parameters of the Intraparticle Diffusion model for  $Cr^{3+}$  adsorption on hydrogel adsorbents. Table S4. Parameters of the Intra-particle Diffusion model for  $Cr^{3+}$  adsorption on hydrogel adsorbents. Table S5. Adsorption isotherms of heavy metal ions on LR/EPI hydrogel. Table S6. Thermodynamic parameters of LR-EPI-8 for Pb(II) and Cu(II). Table S7. The parameters of non-liner isotherms models of LR-EPIs.

**Author Contributions:** X.Y.: Conceptualization, Methodology, Data Collection, Writing—Original Draft, and Revising Draft. T.K.: Methodology, Data Collection, Writing—Original Draft. H.Z.: Methodology and Data Collection. P.X.: Supervision and Writing—Review, H.W.: Supervision and Writing—Review. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no funding.

**Institutional Review Board Statement:** Not applicable because the study is not involving humans or animals.

Informed Consent Statement: Not applicable because the study is not involving humans.

**Data Availability Statement:** The data presented in this study are available upon request from the first author (X.Y.) and corresponding author (H.W.).

Conflicts of Interest: The authors declare no conflict of interest.

## References

- 1. Darban, Z.; Shahabuddin, S.; Gaur, R.; Ahmad, I.; Sridewi, N. Hydrogel-Based Adsorbent Material for the Effective Removal of Heavy Metals from Wastewater: A Comprehensive Review. *Gels* **2022**, *8*, 263. [CrossRef] [PubMed]
- Fouda-Mbanga, B.G.; Prabakaran, E.; Pillay, K. Carbohydrate biopolymers, lignin based adsorbents for removal of heavy metals (Cd<sup>2+</sup>, Pb<sup>2+</sup>, Zn<sup>2+</sup>) from wastewater, regeneration and reuse for spent adsorbents including latent fingerprint detection: A review. *Biotechnol. Rep.* 2021, 30, e00609. [CrossRef] [PubMed]
- Chen, X.; Huang, Z.; Luo, S.Y.; Zong, M.H.; Lou, W.Y. Multi-functional magnetic hydrogels based on *Millettia speciosa* Champ residue cellulose and Chitosan: Highly efficient and reusable adsorbent for Congo red and Cu<sup>2+</sup> removal. *Chem. Eng. J.* 2021, 423, 130198. [CrossRef]
- 4. Hasanpour, M.; Hatami, M. Photocatalytic performance of aerogels for organic dyes removal from wastewaters: Review study. J. *Mol. Liq.* **2020**, *309*, 113094. [CrossRef]
- 5. Komijani, M.; Shamabadi, N.S.; Shahin, K.; Eghbalpour, F.; Tahsili, M.R.; Bahram, M. Heavy metal pollution promotes antibiotic resistance potential in the aquatic environment. *Environ. Pollut.* **2021**, 274, 116569. [CrossRef]
- 6. Zhang, H.; Tang, P.; Yang, K.; Wang, Q.; Feng, W.; Tang, Y. PAA/TiO<sub>2</sub>@ C composite hydrogels with hierarchical pore structures as high efficiency adsorbents for heavy metal ions and organic dyes removal. *Desalination* **2023**, *558*, 116620. [CrossRef]
- 7. Kim, S.; Nam, S.N.; Jang, A.; Jang, M.; Park, C.M.; Son, A.; Her, N.; Heo, J.; Yoon, Y. Review of adsorption–membrane hybrid systems for water and wastewater treatment. *Chemosphere* **2022**, *286*, 131916. [CrossRef]
- 8. Yin, X.C.; Liu, X.; Fan, J.C.; Wu, J.J.; Men, J.L.; Zheng, G.S. Preparation of gel resins and removal of copper and lead from water. J. *Appl. Polym. Sci.* 2016, 134, 44466–44474. [CrossRef]
- Chandrabose, G.; Dey, A.; Gaur, S.S.; Pitchaimuthu, S.; Jagadeesan, H.; Braithwaite, N.S.J.; Selvaraj, V.; Kumar, V.; Krishnamurthy, S. Removal and degradation of mixed dye pollutants by integrated adsorption-photocatalysis technique using 2-D MoS2/TiO2 nanocomposite. *Chemosphere* 2021, 279, 130467–130478. [CrossRef]
- 10. Wang, X.; Fan, X.; Xie, H.; Li, X.; Hao, C. Polyacrylic acid/carboxymethyl cellulose/activated carbon composite hydrogel for removal of heavy metal ion and cationic dye. *Cellulose* **2022**, *29*, 483–501. [CrossRef]
- 11. Yan, C.; Qu, Z.; Wang, J.; Cao, L.; Han, Q. Microalgal bioremediation of heavy metal pollution in water: Recent advances, challenges, and prospects. *Chemosphere* 2022, 286, 131870. [CrossRef] [PubMed]
- 12. An, H.; Bo, Y.; Chen, D.; Wang, Y.; Wang, H.; He, Y.; Qin, J. Cellulose-based self-healing hydrogel through boronic ester bonds with excellent biocompatibility and conductivity. *RSC Adv.* **2020**, *10*, 11300–11310. [CrossRef] [PubMed]
- 13. Stavrinou, A.; Aggelopoulos, C.A.; Tsakiroglou, C.D. Exploring the adsorption mechanisms of cationic and anionic dyes onto agricultural waste peels of banana, cucumber and potato: Adsorption kinetics and equilibrium isotherms as a tool. *J. Environ. Chem. Eng.* **2018**, *6*, 6958–6970. [CrossRef]
- 14. Yin, X.C.; Zhang, N.D.; Du, M.X.; Zhu, H.; Ke, T. Preparation of bio-absorbents by modifying Liquorice residue via chemical methods and removal of copper ions from wastewater. *Water Sci. Technol.* **2021**, *84*, 3528–3540. [CrossRef] [PubMed]
- 15. Zeng, H.; Hu, Z.; Peng, C.; Deng, L.; Liu, S. Effective Adsorption and Sensitive Detection of Cr(VI) by Chitosan/Cellulose Nanocrystals Grafted with Carbon Dots Composite Hydrogel. *Polymers* **2021**, *13*, 3788–3798. [CrossRef] [PubMed]
- Shan, S.; Sun, X.F.; Xie, Y.; Li, W.; Ji, T. High-Performance Hydrogel Adsorbent Based on Cellulose, Hemicellulose, and Lignin for Copper (II) Ion Removal. *Polymers* 2021, 13, 3063. [CrossRef]
- 17. Zhu, H.; Chen, S.; Luo, Y. Adsorption mechanisms of hydrogels for heavy metal and organic dyes removal: A short review. *J. Agric. Food Res.* **2023**, *12*, 100552. [CrossRef]
- 18. Awual, M.R.; Jyo, A. Assessing of phosphorus removal by polymeric anion exchangers. *Desalination* **2011**, *281*, 111–117. [CrossRef]
- 19. Zhou, Y.; Selvam, A.; Wong, J.W.C. Chinese medicinal herbal residues as a bulking agent for food waste composting. *Bioresour. Technol.* **2018**, 249, 182–188. [CrossRef]
- 20. Nagara, V.N.; Sarkar, D.; Elzinga, E.J.; Datta, R. Removal of heavy metals from stormwater runoff using granulated drinking water treatment residuals. *Environ. Technol. Innov.* **2022**, *28*, 102636. [CrossRef]
- 21. Liu, G.; Huang, Y.; Xu, L. Biochar from Chinese herb residues as adsorbent for toxic metals removal. *IOP Conf. Ser. Earth Environ. Sci.* **2017**, *61*, 12147–12151. [CrossRef]

- 22. Shi, Y.Z.; Yin, X.C.; Si, G.H.; Zhang, N.D.; Wang, X.H. Bio-adsorbent preparation based on Chinese radix isatidis residue for Pb(II) removal. *Water Pract. Technol.* 2020, 15, 1202–1212. [CrossRef]
- Qiu, Z.; Fu, K.; Yu, D.; Luo, J.; Shang, J.; Luo, S.; Crittenden, J.C. Radix Astragali residue-derived porous amino-laced doublenetwork hydrogel for efficient Pb (II) removal: Performance and modeling. *J. Hazard. Mater.* 2022, 438, 129418. [CrossRef] [PubMed]
- Debamita, C.; Nakul, R.; Gautham, J.P.; Vairavel, P. Process optimization, isotherm, kinetics, and thermodynamics studies for removal of Remazol Brilliant Blue—R dye from contaminated water using adsorption on guava leaf powder. *Desalin. Water Treat.* 2020, 185, 318–343. [CrossRef]
- Wang, W.; Liu, X.; Wang, X.; Zong, L.; Kang, Y.; Wang, A. Fast and Highly Efficient Adsorption Removal of Toxic Pb(II) by a Reusable Porous Semi-IPN Hydrogel Based on Alginate and Poly(Vinyl Alcohol). *Front. Chem.* 2021, *9*, 662482. [CrossRef]
- Santoso, S.P.; Angkawijaya, A.E.; Bundjaja, V.; Kurniawan, A.; Yuliana, M.; Hsieh, C.W.; Go, A.W.; Cheng, K.C.; Soetaredjo, F.E.; Ismadji, S. Investigation of the influence of crosslinking activation methods on the physicochemical and Cu (II) adsorption characteristics of cellulose hydrogels. *J. Environ. Chem. Eng.* 2022, 10, 106971. [CrossRef]
- 27. Divya, J.M.; Palak, K.; Vairavel, P. Optimization, kinetics, equilibrium isotherms, and thermodynamics studies of Coomassie violet dye adsorption using *Azadirachta indica* (neem) leaf adsorbent. *Desalin. Water Treat.* **2020**, *190*, 353–382. [CrossRef]
- Long, X.; Lu, Y.L.; Guo, H.; Tang, Y.P. Recent Advances in Solid Residues Resource Utilization in Traditional Chinese Medicine. *ChemistrySelect* 2023, *8*, e202300383. [CrossRef]
- Ren, Y.; Yang, Y.; Qu, G.; Ning, P.; Ren, N.; Chen, X.; Wang, Z.; Hu, Y. HCl-assisted KOH activated Chinese medicine residue biochar as a new method to improve the purification capacity of lead-containing wastewater: Experimental and mechanism studies. *Sustain. Chem. Pharm.* 2023, 33, 101063. [CrossRef]
- Sahu, S.; Bishoyi, N.; Sahu, M.K.; Patel, R.K. Investigating the selectivity and interference behavior for detoxification of Cr (VI) using lanthanum phosphate polyaniline nanocomposite via adsorption-reduction mechanism. *Chemosphere* 2021, 278, 130507. [CrossRef]
- Lu, W.; Shi, X.; Zhou, H.; Luo, W.; Wang, L.; He, H. Tailoring and properties of a novel solar energy-triggered regenerative bionic fiber adsorbent for CO<sub>2</sub> capture. *Chem. Eng. J.* 2022, 449, 137885. [CrossRef]
- 32. Zhou, G.; Luo, J.; Liu, C.; Chu, L.; Crittenden, J. Efficient heavy metal removal from industrial melting effluent using fixed-bed process based on porous hydrogel adsorbents. *Water Res.* **2018**, *131*, 246–254. [CrossRef]
- Maneerung, T.; Liew, J.; Dai, Y.; Kawi, S.; Chong, C.; Wang, C.H. Activated carbon derived from carbon residue from biomass gasification and its application for dye adsorption: Kinetics, isotherms and thermodynamic studies. *Bioresour. Technol.* 2016, 200, 350–359. [CrossRef]
- 34. Zeng, H.; Yu, Y.; Wang, F.; Zhang, J.; Li, D. Arsenic (V) removal by granular adsorbents made from water treatment residuals materials and chitosan. *Colloids Surf. A Physicochem. Eng. Asp.* **2020**, *585*, 124036. [CrossRef]
- Shalla, A.H.; Yaseen, Z.; Bhat, M.A.; Rangreez, T.A.; Maswal, M. Recent review for removal of metal ions by hydrogels. *Sep. Sci. Technol.* 2019, 54, 89–100. [CrossRef]
- Peng, B.; Yao, Z.; Wang, X.; Crombeen, M.; Gsweeney, D.; Tam, K.C. Cellulose-based materials in wastewater treatment of petroleum industry. *Green. Energy. Environ.* 2020, 5, 37–49. [CrossRef]
- Li, P.; Zhou, M.; Liu, H.; Lei, H.; Jian, B.; Liu, R.; Li, X.; Wang, Y.; Zhou, B. Preparation of green magnetic hydrogel from soybean residue cellulose for effective and rapid removal of copper ions from wastewater. *J. Environ. Chem. Eng.* 2022, 10, 108213. [CrossRef]
- Li, M.; Li, X.; Xu, M.; Liu, B.; Yang, M.; Chen, Z.; Gao, T.; James, T.D.; Wang, L.; Xiao, H. A ratiometric fluorescent hydrogel of controlled thickness prepared continuously using microtomy for the detection and removal of Hg (II). *Chem. Eng. J.* 2021, 426, 131296. [CrossRef]
- Yin, X.C.; Zhu, H.; Ke, T.; Gu, Y.E.; Wang, H.Y.; Xu, P. Preparation of Hydrogels Based Radix Isatidis Residue Grafted with Acrylic Acid and Acrylamide for the Removal of Heavy Metals. *Water* 2022, 14, 3811. [CrossRef]
- 40. Van Rie, J.; Thielemans, W. Cellulose-gold nanoparticle hybrid materials. Nanoscale 2017, 9, 8525–8554. [CrossRef]
- 41. Liu, X.; Li, G.; Chen, C.; Zhang, X.; Zhou, K.; Long, X. Banana stem and leaf biochar as an effective adsorbent for cadmium and lead in aqueous solution. *Sci. Rep.* **2022**, *12*, 1584–1597. [CrossRef]
- 42. Sheng, C.; Zhou, Y.; Lu, J.; Zhang, X.; Xue, G. Preparation and characterization of chitosan based hydrogels chemical cross-linked by oxidized cellulose nanowhiskers. *Polym. Compos.* **2019**, *40*, 2432–2440. [CrossRef]
- 43. Khan, F.; Atif, M.; Haseen, M.; Kamal, S.; Khan, M.S.; Shahid, S.; Nami, S.A.A. Synthesis, classification and properties of hydrogels: Their applications in drug delivery and agriculture. *J. Mater. Chem. B* **2022**, *10*, 170–203. [CrossRef] [PubMed]
- Nouri-Felekori, M.; Nezafati, N.; Moraveji, M.; Hesaraki, S.; Ramezani, T. Bioorthogonal hydroxyethyl cellulose-based scaffold crosslinked via click chemistry for cartilage tissue engineering applications. *Int. J. Biol. Macromol.* 2021, 183, 2030–2043. [CrossRef] [PubMed]
- 45. Wang, H.; Zhao, B.; Wang, L. Adsorption/desorption performance of Pb2+ and Cd2+ with super adsorption capacity of PASP/CMS hydrogel. *Water Sci. Technol.* **2021**, *84*, 43–54. [CrossRef] [PubMed]

- Rojas, J.; Azevedo, E. Functionalization and crosslinking of microcrystalline cellulose in aqueous media: A safe and economic approach. *Int. J. Pharm. Sci. Rev. Res.* 2011, *8*, 28–36.
- Ciolacu, D.E.; Rusu, D.; Darie-Niţă, R.N.; Tîmpu, D.; Ciolacu, F. Influence of Gel Stage from Cellulose Dissolution in NaOH-Water System on the Performances of Cellulose Allomorphs-Based Hydrogels. *Gels* 2022, *8*, 410. [CrossRef]
- 48. Bai, Y.X.; Li, Y.F. Preparation and characterization of crosslinked porous cellulose beads. *Carbohydr. Polym.* **2006**, *64*, 402–407. [CrossRef]
- Dehabadi, L.; Wilson, L.D. Polysaccharide-based materials and their adsorption properties in aqueous solution. *Carbohydr. Polym.* 2014, 113, 471–479. [CrossRef]
- Sharma, G.; Naushad, M.; Al-Muhtaseb, A.H.; Kumar, A.; Khan, M.R.; Kalia, S.; Shweta Bala, M.; Sharma, A. Fabrication and characterization of chitosan-crosslinked-poly (alginic acid) nanohydrogel for adsorptive removal of Cr(VI) metal ion from aqueous medium. *Int. J. Biol. Macromol.* 2017, 95, 484–493. [CrossRef]
- 51. Wang, Y.; Zhao, L.; Peng, H.; Wu, J.; Liu, Z.; Guo, X. Removal of Anionic Dyes from Aqueous Solutions by Cellulose-Based Adsorbents: Equilibrium, Kinetics, and Thermodynamics. *J. Chem. Eng. Data* **2016**, *61*, 3266–3276. [CrossRef]
- Salleh, K.M.; Zakaria, S.; Sajab, M.S.; Gan, S.; Chia, C.H.; Jaafar, S.N.S.; Amran, U.A. Chemically crosslinked hydrogel and its driving force towards superabsorbent behaviour. *Int. J. Biol. Macromol.* 2018, 118, 1422–1430. [CrossRef] [PubMed]
- 53. Yang, B.; Hua, W.Q.; Li, L.; Zhou, Z.H.; Xu, L.; Bian, F.G.; Ji, X.; Zhong, G.J.; Li, Z.M. Robust hydrogel of regenerated cellulose by chemical crosslinking coupled with polyacrylamide network. *J. Appl. Polym. Sci.* 2019, *136*, 47811–47822. [CrossRef]
- Akter, M.; Bhattacharjee, M.; Dhar, A.K.; Rahman, F.B.A.; Haque, S.; Rashid, T.U.; Kabir, S.M.F. Cellulose-Based Hydrogels for Wastewater Treatment: A Concise Review. *Gels* 2021, 7, 30. [CrossRef] [PubMed]
- 55. Ho, Y.S.; Wang, C.C. Pseudo-isotherms for the sorption of cadmium ion onto tree fern. *Process. Biochem.* 2004, 39, 759–763. [CrossRef]
- 56. Blanchard, G.; Maunaye, M.; Martin, G. Removal of heavy metals from waters by means of natural zeolites. *Water Res.* **1984**, *18*, 1501–1507. [CrossRef]
- 57. Wang, J.; Hu, N.; Liu, M.; Sun, J.; Xu, Y. A novel core–shell structured biosorbent derived from chemi-mechanical pulp for heavy metal ion removal. *Cellulose* **2019**, *26*, 8789–8799. [CrossRef]
- 58. Langmuir, I. The adsorption of gases on plane surfaces of glass, mica and platinum. *J. Am. Chem. Soc.* **1918**, 40, 1361–1403. [CrossRef]
- 59. Freundlich, H. Über die adsorption in lösungen. Z. Phys. Chem. 1907, 57, 385–470. [CrossRef]
- 60. Liu, G.; Yu, R.; Lan, T.; Liu, Z.; Zhang, P.; Liang, R. Gallic acid-functionalized graphene hydrogel as adsorbent for removal of chromium (iii) and organic dye pollutants from tannery wastewater. *RSC Adv.* **2019**, *9*, 27060–27068. [CrossRef]
- 61. Dakova, I.; Vasileva, P.; Karadjova, I. Cr (III) Ion-Imprinted Hydrogel Membrane for Chromium Speciation Analysis in Water Samples. *Gels* **2022**, *8*, 757. [CrossRef] [PubMed]
- 62. Lin, Z.; Yang, Y.; Liang, Z.; Zeng, L.; Zhang, A. Preparation of Chitosan/Calcium Alginate/Bentonite Composite Hydrogel and Its Heavy Metal Ions Adsorption Properties. *Polymers* **2021**, *13*, 1891. [CrossRef] [PubMed]
- 63. Wu, S.S.; Guo, J.; Wang, Y.; Huang, C.; Hu, Y. Facile preparation of magnetic sodium alginate/carboxymethyl cellulose composite hydrogel for removal of heavy metal ions from aqueous solution. *J. Mater. Sci. Mater.* **2021**, *56*, 13096–13107. [CrossRef]
- 64. Song, Q.; Gao, J.; Lin, Y.; Zhang, Z.; Xiang, Y. Synthesis of cross-linking chitosan-PVA composite hydrogel and adsorption of Cu(II) ions. *Water Sci. Technol.* **2020**, *81*, 1063–1070. [CrossRef]
- 65. Qu, W.; He, D.L.; Guo, Y.N.; Tang, Y.N.; Shang, J.; Zhou, L.; Zhu, R.L.; Song, R.J. Adsorption of Ni<sup>2+</sup> and Pb<sup>2+</sup> from water using diethylenetriamine-grafted Spirodela polyrhiza: Behavior and mechanism studies. *Environ. Sci. Pollut. Res. Int.* **2019**, *26*, 34562–34574. [CrossRef]
- Fei, Y.H.; Deng, H.; Wu, G.; Luo, M.; Chen, Y.; Wang, X.; Ye, H.; Liu, T. Insight into adsorption process and mechanisms of Cr (III) using carboxymethyl cellulose-g-poly (acrylic acid-co-acrylamide)/attapulgite composite hydrogel. *Environ. Technol.* 2022, 12, 1–15. [CrossRef]
- Zhang, S.; Liu, C.; Yuan, Y.; Fan, M.; Zhang, D.; Wang, D.; Xu, Y. Selective, highly efficient extraction of Cr(III), Pb(II) and Fe(III) from complex water environment with a tea residue derived porous gel adsorbent. *Bioresour. Technol.* 2020, 311, 123520. [CrossRef]
- Han, C.L.; Cao, M.M.; Yu, J.; Wang, S.T.; Zhou, X.L.; Chen, Y.H.; Yang, F. Carboxymethyl Cellulose-Based Composite Polymer Hydrogels Cross-Linked with Epichlorohydrin and Application for Cu (II) Removal. ACS Appl. Polym. Mater. 2023, 5, 2070–2078. [CrossRef]
- Chen, J.J.; Ahmad, A.L.; Lim, J.K.; Ooi, B.S. Adsorption-desorption characteristic of thermo-magneto-responsive poly (N-isopropylacrylamide)-co-acrylic acid composite hydrogel towards chromium (III) ions. J. Water Process. Eng. 2019, 32, 100957. [CrossRef]
- 70. Sinha, V.; Chakma, S. Advances in the preparation of hydrogel for wastewater treatment: A concise review. *J. Environ.* **2019**, *7*, 103295. [CrossRef]

- 71. Jovanović-Malinovska, R.; Cvetkovska, M.; Kuzmanova, S.; Tsvetanov, C.; Winkelhausen, E. Immobilization of saccharomyces cerevisiae in novel hydrogels based on hybrid networks of poly (ethylene oxide), alginate and chitosan for ethanol production. *Maced. J. Chem. Eng.* **2010**, *29*, 169–179. [CrossRef]
- 72. Liu, M.; Liu, Y.; Shen, J.; Zhang, S.; Zhang, S.; Liu, X.; Chen, X.; Ma, Y.; Ren, S.; Fang, G.; et al. Simultaneous removal of Pb<sup>2+</sup>, Cu<sup>2+</sup> and Cd<sup>2+</sup> ions from wastewater using hierarchical porous polyacrylic acid grafted with lignin. *J. Hazard. Mater.* 2020, 392, 122208. [CrossRef] [PubMed]

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.