# Inhibition of erythrocyte 5-aminolaevulinate hydrolyase activity by tin and its prevention by selenite

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#### Abstract

Mice were injected with either SnCl, (intraperitoneal) or Na<sub>2</sub>SeO<sub>3</sub> (subcutaneous) alone or together at doses of 50  $\mu$ mol/kg body weight. After 20 hours blood was collected and the concentrations of tin (Sn) and Selenium (Se) and the activity of 5-aminolaevulinate hydrolyase (ALA dehydratase, EC 4.2.1.24) in blood were determined. The concentrations of Sn in whole blood were 4.9 (SD 1.5) nmol/ml (n = 4) and ALA dehydratase activity was 10% of the control in Sn treated animals. Concentrations of Sn were 2.6 (SD 0.6) nmol/ml and ALA dehydratase activity was 92% of that in control animals when Sn and Se were simultaneously injected. The supernatant from lysed erythrocytes from Sn treated mice were applied to a Sephacryl S-300 column. The predominant peak containing Sn was eluted at the position of haemoglobin; a second peak was eluted at the position of ALA dehydratase. When the supernatant of lysed erythrocytes from mice injected with Sn and Se was chromatographed, a negligible amount of Sn was detected in the ALA dehydratase fraction. It thus appears that Sn binds to ALA dehydratase molecules and inhibits enzyme activity, and that simultaneous injection of Se prevents Sn binding to ALA dehydratase, thereby preventing the inhibition of ALA dehydratase activity by Sn.

It has been reported that in animals tin (Sn) is an essential element.<sup>1</sup> Little research on the biological role and effect of this element on organisms has, however, been carried out. One reason is that Sn is a difficult element to quantify at concentrations below one part per million. Recently an improved method

**Department of Hygiene, Juntendo University School** of Medicine, Tokyo 113, Japan M Chiba, A Shinohara for measurement of Sn in biological materials has been developed. This allows concentrations as low as 0.04 ng to be accurately determined.<sup>2</sup>

Toxic effects of inorganic Sn include vulnerability of the femoral bone to external compressive force in rats,<sup>3</sup> disturbance of porphyrin biosynthesis in rabbits<sup>4</sup> and mice,<sup>5</sup> and growth retardation in rats.<sup>6</sup> Recently agricultural and industrial use of organic Sn has increased with a concomitant increased human exposure to Sn.

In this report we have focused on the effect of inorganic Sn on the porphyrin biosynthetic pathway. 5-Aminolaevulinate hydrolyase ( $\delta$ -aminolaevulinic acid dehydratase, ALA dehydratase, EC 4.2.1.24) is the second enzyme in porphyrin biosynthesis, and is a sulphydryl enzyme with an estimated molecular weight of  $2.5 \times 10^5$  daltons.<sup>7</sup> It is well known that ALA dehydratase activity in blood is inhibited by lead (Pb) and the inhibition of this enzyme activity is the earliest sign of a body burden of Pb.8 The effects of various metals on erythrocyte ALA dehydratase activity were examined and it was shown that Sn as well as Pb had a strong inhibitory effect on ALA dehydratase activity.9 It is known that sodium selenite counteracts the toxic effects of mercury<sup>10</sup> and cadmium.<sup>11</sup> Sodium selenite (Na<sub>2</sub>SeO<sub>3</sub>), when administered simultaneously with Sn, prevented the inhibition of ALA dehydratase activity caused by Sn. No effect of sodium selenite was seen, however, with respect to ALA dehydratase inhibition by Pb.<sup>12</sup> To investigate the mechanism of interaction between Sn and seleniun (Se), the binding proteins of Sn were chromatographed, and their modification by selenite was examined.

#### Materials and methods ANIMALS

Four week old male ICR mice were purchased (Nippon Biosupply Centre, Tokyo) and housed for one week in a climatic chamber maintained at 25 (SD 0.5)°C and 60 (SD 5)% relative humidity. They were given standard laboratory chow (EC-2, Clea Japan Inc, Tokyo) and distilled water ad libitum. Four groups of mice were used for this experiment; group

A served as control, group B were administered Sn alone, group C selenite alone, and group D Sn plus selenite.

#### TREATMENTS

Stannous chloride (SnCl<sub>2</sub>, Koso Chemical Co, Tokyo) or sodium selenite (Na<sub>2</sub>SeO<sub>3</sub>, Wako Pure Chemical Industries Ltd, Osaka) were dissolved in 5% glucose solution to make concentrations of 5  $\mu$ mol/ml Sn or Se. These solutions were administered at 0.1 ml per 10 g of body weight, doses corresponding to 50  $\mu$ mol of each element per kg body weight. The SnCl<sub>2</sub> solution was always injected intraperitoneally and the Na<sub>2</sub>SeO<sub>3</sub> solution subcutaneously. In group D (Sn plus Se) Na<sub>2</sub>SeO<sub>3</sub> was given immediately after SnCl<sub>2</sub> administration. Sodium selenite solution in group B (Sn alone) and SnCl<sub>2</sub> solution in Group C (Se alone) were replaced with 5% glucose solution. Twenty hours after the injections animals were anaesthetised with diethyl ether and blood was drawn from the femoral vein.

## PREPARATION AND GEL CHROMATOGRAPHY OF BLOOD SAMPLES

The blood was centrifuged at 3000 g for five minutes to separate erythrocytes from plasma. The erythrocytes were then rinsed with 5% glucose solution twice and stored in a freezer at  $-80^{\circ}$ C until use. One ml of lysed erythrocytes was added to 10 volumes of 10 mM tris HCl buffer (pH 7.4), and the mixture centrifuged at 9000 g for 20 minutes. The supernatant fraction was passed through a 0.22  $\mu$ m filter and applied as a 4 ml sample to a column  $(1.6 \times 95 \text{ cm})$  packed with Sephacryl S-300. Samples were eluted with 50 mM tris HCl buffer (pH 7.4) at a flow rate of 12 ml/hour at 4°C. Aliquots of 2.8 ml were collected per fraction tube.

DETERMINATION OF PROTEIN, HAEMOGLOBIN, Sn, AND Se CONCENTRATIONS, AND ALA DEHYDRATASE ACTIVITY Protein and haemoglobin concentrations were measured by absorbance at 280 nm and 405 nm respectively. The concentration of Sn was determined by atomic absorption spectroscopy with the previously described procedure.<sup>2</sup> Concentration of





Figure 1 Tin concentration and ALA dehydratase (ALAD) activity in whole blood.

Se was determined fluorimetorically.13 The activity of ALA dehydratase in whole blood was assayed as follows; 320  $\mu$ l haemolysate, which contained blood and nine volumes of demineralised water, 80  $\mu$ l substrate solution containing 250 mM sodium phosphate buffer (pH 6.8), and 25 mM 5-aminolaevulinic acid were incubated at 37°C for 30 minutes. When ALA dehydratase activity of eluate fractions was assayed, 200  $\mu$ l eluate, 80  $\mu$ l substrate solution, and 120  $\mu$ l demineralised distilled water were incubated. The reaction was stopped by the addition of 0.4 ml 1 M trichloroacetic acid containing 70 mM mercuric chloride. The supernatant (0.5 ml) that resulted from centrifugation at 3000 g for 5 minutes was added to an equal volume of Ehrlich reagent. The mixture was allowed to stand at room temperature for five minutes, then absorbance at 555 nm was measured using a Hitachi model 320 spectrophotometer. The ALA dehydratase activity was expressed as µmol porphobilinogen/ml/30 min.

# Results

## Sn AND Se CONCENTRATIONS AND ALA DEHYDRATASE ACTIVITY IN WHOLE BLOOD

Figure 1 shows the Sn concentration and the ALA dehydratase activity in whole blood. No Sn was detected in the group A (control) and group C (Se alone) mice. The concentration of Sn was 4.9 (SD 1.5) nmol/ml; n = 4) in group B (Sn alone). The

Tin and Se concentrations in erythrocytes and plasma

Group	Sn (nmol/ml)		Se (nmol/ml)		
	Erythrocytes Mean (SD)	Plasma Mean (SD)	Erythrocytes Mean (SD)	Plasma Mean (SD)	
A: Control $(n = 4)$ B: Sn $(n = 4)$ C: Se $(n = 4)$ D: Sn plus Se $(n = 4)$	ND 11·54 (4·35) ND 4·98 (0·76) <sup>b</sup>	ND 0·79 (0·23) ND 1·50 (0·38) <sup>b</sup>	6·46 (0·71) 5·67 (1·23) 50·79 (12·83)* <sup>b</sup> 44·70 (9·28)* <sup>b</sup>	5·99 (0·81) 5·23 (0·94) 6·32 (1·81) 7·83 (0·40)*	

 $^{*}p < 0.05$  compared with group A;  $^{b}p < 0.05$  compared with group B. ND = Not detected.

concentrations of Sn declined to  $2 \cdot 6$  (SD  $0 \cdot 6$ ) nmol/ ml (n = 4) in group D (Sn plus Se). These values differed significantly (p < 0.05). Activity of ALA dehydratase in the control group was 205 (SD 40) nmol porphobilinogen/ml/30 min (n = 4). The activity was significantly reduced by Sn to 10% of the control (20 (SD 5) nmol porphobilinogen/ml/30 min, p < 0.05; n = 4). When Na<sub>2</sub>SeO<sub>3</sub> was injected together with SnCl<sub>2</sub>, ALA dehydratase activity was not significantly inhibited (185 (SD 20) nmol porphobilinogen/ml/30 min; n = 4) compared with controls. Administration of Na<sub>2</sub>SeO<sub>3</sub> alone did not affect activity of this enzyme.

The table shows the distribution of Sn and Se in plasma and erythrocytes. Most of the Sn in blood was found in erythrocytes; 90% of the Sn was in erythrocytes in group B (Sn alone) mice, and 69% in group D (Sn and Se). The concentration of Sn was also determined in the erythrocyte membrane obtained as a precipitate after centrifugation of the lysed erythrocytes. Only 3.1% and 4.6% of total Sn in ervthrocytes in groups B and D respectively was contained in the membrane fraction. In the control group, considerable amounts of Se were found in whole blood and the distribution of Se in plasma and erythrocytes (table) was similar to that reported for human blood.14 Administered Se accumulated mainly in erythrocytes. When Se alone was injected, the Se content in erythrocytes increased to 7.9 times the control value, whereas an insignificant change was noted in plasma. When Se was administered together with Sn, Se content in erythrocytes was 6.9 times, and that in plasma 1.3 times the value in the control group. These increases were statistically significant (p < 0.05).



Figure 2 The elution profile of lysed erythrocytes. A: group A (control); B: group B (50 µmol Sn/kg); C: group C (50 µmol Se/kg); D: group D (Sn plus Se at the same doses as groups B and C).

# GEL FILTRATION OF LYSED ERYTHROCYTES

Figure 2A shows the elution profile for group A (control). The main protein peak was eluted in fractions 38–46. The haemoglobin peak was also eluted in fractions 42–46. The ALA dehydratase activity appeared in fractions 33–36. There were two Se peaks, in fractions 36–40 and 42–46.

Figure 2B shows the elution profile for group B (Sn alone). The chromatographic aspects of protein, haemoglobin, and Se concentrations were similar to those of controls. The main Sn peak corresponded to the haemoglobin fraction (fractions 41-47). A second peak was eluted in fractions 33-36, which corresponded to the ALA dehydratase fractions. Minor peaks were also observed. The ALA dehydratase activity was eluted in the same fractions as in the control; however, total enzyme activity was appreciably depressed (50% of control).

Figure 2C shows the elution profile for group C (Se alone); Se was eluted mainly in fractions 42-46, which corresponded to the second Se peak in the control. Injected Se had no effect on the activity of ALA dehydratase.

Figure 2D shows the elution profile for group D (Sn plus Se). Total Sn concentration was considerably lower in this group when compared with group B (Sn alone). Also, the chromatographic profile of Sn was substantially altered. Most notably, there was no association of Sn with the ALA dehydratase fractions, a greater amount of Sn was eluted with the void volume, and three low molecular weight Sn peaks were found instead of the single low molecular weight peak seen in group B. The ALA dehydratase activity was much higher in this group (group D) than in the group treated with Sn alone (group B), and was comparable with that in the control group (group A). With regard to Se concentration, the chromatographic profile was similar to that in group C (Se alone).

#### Discussion

In previous studies we have focused on the inhibition of ALA dehydratase activity in blood as an index of the toxic effect of inorganic Sn.4512 Administration of stannous chloride resulted in the dose dependent inhibition of the activity of erythrocyte ALA dehydratase. Selenite prevented the inhibition of the enzyme activity caused by Sn. The most effective condition was simultaneous injection of the elements at a molar ratio of Se:Sn of more than 1.5 We therefore adopted a dose of 50  $\mu$ mol/kg body weight of each element in the present study. The elution profiles of the lysed erythrocytes were examined by gel filtration because both Sn and Se accumulate mainly in erythrocytes and ALA dehydratase is localised in erythrocytes. The ALA dehydratase activity was eluted at fractions 33-36. This position

corresponds to a molecular weight of approximately  $2.5 \times 10^5$  daltons, which is comparable with that reported in previous studies.<sup>7</sup> In group A (control), which contained no detectable Sn, total ALA dehydratase activity in the eluate was 111 nmol porphobilinogen/30 min. In group B (Sn alone), total ALA dehydratase activity in the eluate had declined to 57 nmol porphobilinogen/30 min. The results suggest that a part of the administered Sn was incorporated into ALA dehydratase (fig 2B) and that the Sn inhibited the enzyme activity. this supression was 51%; however, ALA dehydratase activity in whole blood of mice injected with Sn alone (group B) was reduced to 10% of the control group (fig 1). It is possible that some of the Sn associated with ALA dehydratase might be removed while passing through the column, or that Sn in the membrane or haemoglobin fractions might affect the activity during the assay procedure. It has been shown by Lineweaver-Bulk plot that Sn inhibits ALA dehydratase activity non-competitively.15

In group D, the Sn concentration of whole blood was one half of group B (fig 1). Thus, Se may prevent Sn incorporation into blood or may enhance the elimination of Sn from blood. As a result group D Sn concentrations declined to 50% in whole blood and 45% in erythrocytes as compared with group B. The ALA dehydratase activity in eluates of group D (Sn plus Se) was comparable with that in group A (control) even though a considerable amount of Sn was present in group D erythrocytes. A negligible amount of Sn was found in the ALA dehydratase fraction; thus it appears that Se prevented the incorporation of Sn into ALA dehydratase and as a result ALA dehydratase activity was similar to control values. It is considered that the chemical form of Sn might show a difference between after injection of Sn alone and after Sn injection together with selenite. Therefore, the affinity of Sn to proteins might be different.

It is known that the bone marrow is the main erythropoietic organ. Tin concentrations in bone marrow cells were  $38.8 \ \mu g/g$  dry weight in group B (Sn) and  $23.3 \ \mu g/g$  dry weight in group D (Sn plus Se). These values suggest that Se injected together with Sn prohibits incorporation of Sn into bone marrow cells. This is similar to the results in erythrocytes described previously.

The recoveries of Sn from the column were 85%

and 102% and those of ALA dehydratase activity were 75% and 102% for groups B(Sn) and D(Sn and Se) respectively. The recoveries of Se from the column were 100% for group C (Se) and 85% for group D.

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