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# Long Non-Coding RNAs, Cell Cycle, and Human Breast Cancer

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The long non-coding RNAs (lncRNAs) constitute an important class of the human transcriptome. The discovery of lncRNAs provided one of many unexpected results of the post-genomic era and uncovered a huge number of previously ignored transcriptional events. In recent years, lncRNAs are known to be linked with human diseases, with particular focus on cancer. Growing evidence has indicated that dysregulation of lncRNAs in breast cancer (BC) is strongly associated with the occurrence, development, and progress. Increasing numbers of lncRNAs have been found to interact with cell cycle progression and tumorigenesis in BC. The lncRNAs can exert their effect as a tumor suppressor or oncogene and regulate tumor development through direct or indirect regulation of cancer-related modulators and signaling pathways. What is more, lncRNAs are excellent candidates for promising therapeutic targets in BC due to the features of high tissue and cell-type specific expression. However, the underlying mechanisms of lncRNAs in BC still remain largely undefined. Here, we concisely summarize and sort out the current understanding of research progress in relationships of the roles for lncRNA in regulating the cell cycle. We also summarize the evidence for aberrant lncRNA expression in BC, and the potential for lncRNA to improve BC therapy is also discussed. Together, lncRNAs can be considered as exciting therapeutic candidates whose expression can be altered to impede BC progression.

Keywords: lncRNAs, cell cycle, breast cancer

# BACKGROUND

LONG NON-CODING RNAs (lncRNAs) represent a large type of transcripts longer than 200 nucleotides in length that lack coding capacity. They are originally thought to be the noise of transcripts in the genome with no biological function.<sup>1</sup> The lncRNAs were initially uncovered by large-scale sequencing of the mouse full-length cDNA libraries.<sup>2</sup> The majority of them encompass RNA polymerase II transcribed RNAs that share transcription similarities with messenger RNAs (mRNAs) having a 5'-terminal 7-methylguanosine (m<sup>7</sup> G) cap and a 3' terminal poly(A) tail.<sup>3</sup>

The lncRNAs are well accepted that they do not code for proteins, but recent research has validated that part of the putative small open reading frame in lncRNAs can still be translated into a polypeptide.<sup>4</sup> Emerging evidence has validated that lncRNAs are implicated in diverse biological processes in cancers, including breast cancer (BC).<sup>5</sup> In particular, the functions of lncRNAs have attracted a lot of attention as a potentially new and vital layer of regulatory mechanisms in recent years, although only a few human known lncRNAs have been characterized to date.<sup>6</sup> In the early 1990s, lncRNAs have been found to contribute to epigenetic regulation that belonged to some of the original findings of gene-specific regulatory roles of lncRNAs, such as H19<sup>7</sup> and X inactive-specific transcript (XIST).<sup>8,9</sup>

Currently, many researchers have reported that lncRNAs participate in the modulation of every layer of biological processes, including cell cycle progression,

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differentiation, proliferation, apoptosis, and chemoresistance of various cancers,<sup>5,10,11</sup> which are closely related to the occurrence, development, and prognosis of various cancers, such as leukemia, colon, liver, lung, and BC.<sup>5,12–15</sup>

There are six types of lncRNAs according to their characteristics, gene loci, and relationship with their neighbor genes, such as intronic lncRNAs (within genes), intergenic lncRNAs (between genes), antisense lncRNAs, sense lncRNAs, enhancer LncRNAs, and bidirectional lncRNAs.<sup>16,17</sup> Abnormally expressed lncRNAs have been determined in various cancer types. In BC, altered lncRNA expression was demonstrated.<sup>18</sup> In this review, we talk about lncRNAs regulating cell cycle progress and acting as tumor suppressors and oncogenes in BC. Apart from this, the potential of lncRNAs for target therapy is also discussed.

# LNCRNAS REGULATE CELL CYCLE PROGRESSION

#### Nuclear paraspeckle assembly transcript 1

The nuclear paraspeckle assembly transcript 1 (NEAT1) is frequently up-regulated in a wide variety of human tumors.<sup>19</sup> NEAT1 is encoded by the NEAT1 gene, which is located on chromosome 11q13.1.<sup>20</sup> It is a highly abundant 4 kb lncRNA found in paraspeckles, nuclear domains that control sequestration of related proteins.<sup>21</sup> The increased expression of NEAT1 is negatively associated with survival in cancer patients, including BC,<sup>22</sup> which indicates that NEAT1 plays significant roles in tumor growth and cell proliferation.

It has been validated that NEAT1 knockdown can modulate E2F3 expression by competitively binding to miR-377 and lead to increased cell cycle arrest in the G1 phase in non-small cell lung cancer cell lines.<sup>23</sup> It has also been observed that deletion of NEAT1 significantly induced cell cycle arrest and activated apoptosis to suppress cell proliferation in pancreatic cancer cells.<sup>24</sup> In addition, NEAT1 knockdown resulted in cell cycle arrest in the G1 phase that correlated with the increased S-phase cell population by repressing cyclin E1 and D1 expression in triple-negative breast cancer (TNBC) cells.<sup>25</sup>

#### Taurine upregulated gene 1

lncRNA taurine upregulated gene 1 (TUG1) is also known as lncRNA00080, TI-227H, and LINC00080. TUG1 is a 7.5 kb nucleotide lncRNA sequence localized to chromosome 22q12.2 and was originally identified in a genomic screen of taurine-treated mouse retinal cells.<sup>26</sup> TUG1 is actively involved in various physiological processes, including regulating genes at epigenetics, transcription, posttranscription, translation, and post-translation.<sup>27</sup> In 2005, it was originally found as a highly expressed transcript in mouse retinal cells by taurine.<sup>28</sup>

Recently, more and more researchers have investigated that TUG1 is expressed at an abnormal level in many tumor formations. Downregulation of TUG1 may repress the invasion, migration, and proliferation of cancer cells and promote cell apoptosis according to the type of cancer.<sup>29</sup> TUG1 silencing can also result in significantly accumulated cells at the G1 phase in small cell lung cancer (SCLC) cells that promote SCLC cell growth.<sup>30</sup> What is more, TUG1 was observed to be expressed at a lower level in BC tissues and cells. TUG1 silencing enhances BC cell cycle progression through cyclin D1 and cyclin-dependent kinase 4 (CDK4) upregulation.<sup>31</sup>

#### LINC00628

Long intergenic non-protein coding RNA 628 (LINC00628) can be mapped to chromosome 1q32.1 and located in the second intron of the pleckstrin homology domain containing A6 (PLEKHA6). Recently, the maternally imprinted gene with a length of about 1.2 kb and that has a ploy A tail has become a research hotspot.<sup>32</sup> LINC00628 is a relatively less characterized lncRNA. LINC00628 silencing can decrease cell proliferation, migration, and invasion as well as the drug resistance of lung adenocarcinoma cells to vincristine.<sup>33</sup>

LINC00628 has been validated to service as a tumor suppressor in gastric cancer (GC) that a remarkable increase of cells in G0/G1 phase was investigated after elevation of LINC00628 expression, and vice versa.<sup>32</sup> A previous study has determined a decreased cell ratio of G0/G1 phase when the LINC00628 was knocked down via regulating p57 level, a cell cycle regulator protein, in colorectal cancer.<sup>34</sup> In addition, highly expressed LINC00628 led to cell cycle arrest at the G0/G1 phase and induced cell apoptosis through modulating phosphatidylinositol 3-kinase (PI3K)/protein kinase B (AKT) signaling pathway in osteosarcoma.<sup>35</sup> LINC00628 has also been determined to restrain the metastasis and growth of BC and trigger the apoptosis of BC cells in previous findings.<sup>36,37</sup>

#### Urothelial carcinoma associated 1

Cancer-resistant drug resistance gene of urothelial carcinoma associated 1 (UCA1) is mapped to human chromosome 19p13.12 with  $\sim 2.3$  kb in length. UCA1 was a novel lncRNA and originally recognized in human bladder cancer in 2006 and has been discovered among various types of human malignant cancers.<sup>38,39</sup> UCA1 has been reported to interfere with cell cycle regulation at different levels.

It has been validated that UCA1 physically interacts with EZH2 and represses transcription through histone methylation (H3K27me3) on the promoter of cell cycle genes p21cip and p27Kip1<sup>40–42</sup> and stimulates cyclin D1 expression.<sup>42</sup> UCA1 silencing has been found to arrest cells at the G0/G1 phase in CRC cells,<sup>43,44</sup> GC,<sup>42</sup> hepatocellular carcinoma (HCC),<sup>41</sup> melanoma,<sup>45</sup> bladder cancer,<sup>46</sup> glioma,<sup>47</sup> and medulloblastoma<sup>48</sup> cells.

What is more, UCA1 has been found to modulate multiple key players in cell cycle progression. Cell cycle progression from the G1 to S phase is determined by activating E2F transcriptional regulation, which is mediated by the separation of E2F from the retinoblastoma (Rb)-complex after Rb was phosphorylated by CDK-cyclin. UCA1 promotes cyclin D1 expression because of this phosphorylation complex<sup>42,47</sup> and maintains CDK phosphorylation stability by suppressing its inhibitors p21CIP and p27Kip.<sup>40,41,49–52</sup>

In addition, the cyclin D1 expression and the level of cyclin D1 and the CDK inhibitors complex were elevated during the G1 phase, which decreased these inhibitors binding to cyclin E/CDK2 complexes and promoted the cell cycle progression. This regulatory network is further accelerated by the findings that UCA1 can upregulate cMYC, either by interacting with cyclin D1<sup>53</sup> in the liver cancer cells, or by sequestering miR-135 in thyroid cancer cells, <sup>54</sup> respectively.

In BC, UCA1 expression was found to be highly elevated in BC tissues and cells.<sup>55–57</sup> Ectopic expression of UCA1 has been confirmed to increase the population of BC cells in the S phase, whereas it reduced cells in the G1 population through regulating miR-143, and vice versa.<sup>57</sup> UCA1 has also been found to enhance trastuzumab resistance in BC cells by suppressing miR-18a repression of Yes-associated protein 1 (YAP1) to enhance cell apoptosis and restrain the cell cycle at G2/M phase.<sup>26</sup>

In addition, UCA1 can desensitize BC cells to tamoxifen in BC cells through a feedback regulatory loop of miR-18a-HIF1 $\alpha$ ,<sup>55</sup> inhibition of Wnt/ $\beta$ -Catenin pathway,<sup>56</sup> or modulation of the EZH2/p21 axis and the PI3K/ AKT signaling pathway<sup>58</sup> via enhancing cell apoptosis and arresting the cell cycle in the G2/M phase.

# p53-inducible cancer-associated RNA transcript 1

LncRNA p53-inducible cancer-associated RNA transcript 1 (PICART1) is a novel lncRNA transcript encoded by a gene located at 17q21.33 with ~2.5 kb in length that was confirmed by using transcriptome sequencing analysis.<sup>59</sup> PICART1 is p53-inducible and functions as a tumor suppressor by modulating the AKT/GSK3 $\beta/\beta$ -catenin signaling pathway. P53 can upregulate PICART1 via binding to PICART at -1,808 to -1,783 bp.<sup>59</sup>

P53 is a well-accepted suppressor gene that can modulate the expression of multiple genes contributing to apoptosis, growth arrest, and inhibition of cell cycle progression. PICART1 was diminished in GC tissues and cells. PICART1 overexpressed GC cells were restrained in the G1/G0 phase in GC cells by modulating the MAPK/ ERK and PI3K/AKT signaling pathways.<sup>60</sup> PICART1 expression was validated to be downregulated in BC tissues and cells. Studies confirmed that cell proliferation repression and an arrest of cell cycle at the G2/M phase resulted from ectopic expression of PICART1. In contrast, PICART1 knockdown promoted cell proliferation via the AKT/GSK-3b/ $\beta$ -catenin signaling pathway.<sup>59</sup>

#### LINC00511

Long intergenic noncoding RNA 00511 (LINC00511, also known as onco-lncRNA-12) is a novel lncRNA that encoded on chromosome 17q24.3, which is overexpressed in multiple human malignancies and may function as a carcinogenic lncRNA.<sup>61</sup> LINC00511 has been found to play a regulatory role in proliferation, apoptosis, invasion, and autophagy of trophoblast cells.<sup>62</sup> Many findings have validated that LINC00511 can also affect and regulate cell cycle progression.

LINC00511 knockout hindered cell cycle progression in BC cells since LINC00511 silencing had an accumulation in G0/G1 and a reduction of the S phase to G2/M phase ratio in BC cells.<sup>63</sup> Previous studies have also validated that LINC00511 can affect the cell cycle by modulating the cycle-related proteins to participate in chemotherapy resistance. Highly expressed LINC00511 was observed in cervical cancer (CC). Silencing LINC00511 expression led to more CC cells restrained at the G1 phase and suppressed cell resistance to paclitaxel.<sup>64</sup>

LINC00511 silencing has also been reported to enhance paclitaxel cytotoxicity in BC through modulating miR-29c/CDK6 axis.<sup>65</sup> In addition, expression of CDK6, cell cycle-related protein, in TNBC cells was changed after down-regulation of LINC00511 and improved the chemosensitivity of TNBC *in vitro*.<sup>66</sup>

Abnormalities of the cell cycle are frequently observed. In cancer cells, one of the main properties is their ability to constantly upregulate proliferative activity.<sup>67</sup> It is now well accepted that abnormalities in various positive and negative modulators of the cell cycle are frequent in different cancer types, including BC. Abnormalities such as upregulation of cyclins, as well as defective function of the Rb gene and CDK inhibitors (CKIs, such as p27), are often seen in BC.

There are two categories of cyclin-CDKs that modulate the transportation of mammalian cells from progression through G1, quiescence status, into the S phase of the cell cycle: activation of CDK4 or CDK6 by the D type cyclins and activation of CDK2 by cyclinE.<sup>68</sup> In 1994, induction of cyclin D1 in BC cells was found to shorten G1 and was sufficient for cell cycle completion in cells previously arrested in G0.<sup>69</sup> Cyclin D1 is one of the most important oncoproteins that is necessary for cancer cell proliferation and has roles in resistance to tamoxifen in BC.

The cyclin D1 also carries out roles in the modulation of the G1 to S phase progression in BC. Cyclin D1 forms active complexes when interacting with CDK4 and CDK6, forming cyclin D-CDK4/6 complex and Rb phosphorylation to promote cell cycle progression.<sup>70</sup> Besides, cyclin E, encoded by the CCNE1 gene, is also extensively studied in BC. Downregulation of p27 (also known as KIP1) protein is necessarily associated with cyclin E-CDK2 catalytic activity. P27 overexpression negatively regulates cell proliferation through arresting the cell cycle.<sup>71</sup>

The deregulation of Cyclin E in conjunction with CDK2 results in cancer development.<sup>68</sup> Overexpression of Cyclin E1 in TNBC has been observed to result in increased sensitivity to inhibit ATR and WEE1, which are cell cycle checkpoint kinases, and replication stress.<sup>72</sup> All in all, lncRNAs interact with E2F, Rb, cyclins, CDKs, CKIs, and associated signaling pathways, providing the potential to regulate cell cycle progression (Fig. 1).<sup>73</sup>

The cell cycle regulation world of lncRNA is only one side of the coin. In recent years, significant progress and efforts have been made toward validating suppressor and oncogenic lncRNAs and their target therapy potential in BC. For instance, lncRNAs growth arrest-specific 5 (GAS5) in HCC,<sup>74</sup> lncRNA named F630028O10Rik (abbreviated as F63) in lung cancer,<sup>75</sup> lncRNA EPB41L4A-AS2 in BC,<sup>76</sup> lncRNA colorectal neoplasia differentially expressed in HCC,<sup>77</sup> *etc.*, function as tumor suppressors. On the contrary, lncRNA estrogen inducible lncRNA (ERINA) in BC,<sup>78</sup> lncRNA XIST in osteosarcoma,<sup>79</sup> lncRNA metastasis-associated lung carcinoma transcript 1 (MALAT1) in GC,<sup>80</sup> *etc.*, function as tumor oncogenes.

#### HOX transcript antisense intergenic RNA

The lncRNA HOX transcript antisense intergenic RNA (HOTAIR) is located on the human chromosome 12q13.13. It spans a genomic region of ~2.2 kb in length.<sup>81</sup> It acts as a scaffold for chromatin-modifying complexes, such as polycomb repressive complex 2 (PRC2) and lysine-specific demethylase 1 (LSD1), leading to epigenetic modifications that affect gene expression patterns.<sup>82</sup> lncRNA HOTAIR has been implicated in



**Figure 1.** IncRNAs and cell cycle. IncRNAs interact with E2F, Rb, cyclins, CDKs, and CKIs, providing the potential to regulate cell cycle progression. CDK, cyclin-dependent kinase; CKIs, cyclin-dependent kinase inhibitor; IncRNAs, long non-coding RNAs; Rb, retinoblastoma.

normal cellular processes. It participates in the regulation of embryonic development, X-chromosome inactivation, and neuronal differentiation.<sup>83</sup> It can modulate gene expression and chromatin structure, influencing various noncancer biological functions.

The HOTAIR has also been extensively studied for its role in regulating cell cycle progression in BC. HOTAIR has been reported to promote tumor growth and metastasis by influencing cell cycle progression in BC.<sup>84</sup> The over-expression of HOTAIR has been associated with the downregulation of tumor suppressor genes, leading to the promotion of BC cell proliferation, invasion, and metastasis. In the MCF-7 cell line, downregulation of HOTAIR has been shown to elevate p53 expression while reducing the expression of AKT and JNK.

This resulted in induced apoptosis and limited capabilities for metastasis, invasion, and proliferation, potentially due to cell cycle arrest at the G1 phase.<sup>85,86</sup> Further, HOTAIR has been implicated in the negative regulation of p53 and p21 expression in MCF-7 and MB-231 bCSCs, promoting cell cycle entry and proliferation. Conversely, downregulation of HOTAIR leads to p21 activation and cell cycle arrest at the G1 phase, likely through the inhibition of CDK1, CDK2, CDK4, and CDK6.<sup>85</sup> The downregulation of HOTAIR has been shown to enhance the radiosensitivity of BC cells, which is accompanied by the induction of DNA damage, cell cycle arrest, and apoptosis by recruiting miR-218.<sup>87</sup>

Overall, the dysregulation of HOTAIR in BC can disrupt normal cell cycle control mechanisms, leading to aberrant cell proliferation and tumor progression. Targeting HOTAIR may hold therapeutic potential for the treatment of BC.

# Mini-chromosome maintenance complex component 3 associated protein antisense RNA 1

The lncRNA mini-chromosome maintenance complex component 3 associated protein antisense RNA 1 (MCM3AP-AS1) is an RNA gene located on chr21:46,228,977–46,259,390 (GRCh38/hg38), plus strand. The corresponding cytogenetic band is 21q22.3. The lncRNA encoded by this gene has 15 splice variants, with sizes ranging from 572 bp (MCM3AP-AS1-209) to 3,213 bp (MCM3AP-AS1-213).<sup>88</sup> The sense transcript derived from this genomic locus plays a dual role in the development of solid tumors and hematological malignancies.

In various studies, MCM3AP-AS1 has been found to act as a sponge for multiple microRNAs, such as miR-194-5p, miR-876-5p, and miR-126. MCM3AP-AS1 has also been shown to impact cancer-related signaling pathways such as PTEN/AKT, PI3K/AKT, and ERK1/2. Multiple lines of evidence from cell line studies, animal studies, and clinical studies consistently support the oncogenic role of MCM3AP-AS1 in various tissues, except for CC, where MCM3AP-AS1 acts as a tumor suppressor.<sup>88</sup> It is also involved in RNA processing and cell cycle-related functions, and MCM3AP-AS1 is dysregulated in expression in various types of cancers.<sup>89</sup>

In fact, MCM3AP serves as a tumor suppressive protein in breast cancer.<sup>90</sup> However, its functions in regulating the cell cycle in BC are not well characterized. Knockdown of MCM3AP-AS1 can induce cell cycle arrest at the G1 phase in MDA-MB-231 and ZR-75-30 cells via binding with ZFP36.<sup>91</sup>

#### LINC00993

LINC00993 maps on chromosome 10p11.21.<sup>92</sup> A study has confirmed a significant correlation between the intergenic lncRNA LINC00993 and the expression of the ANKRD30A gene. Both genes are located adjacent to each other on chromosome 10 and exhibit breast-specific characteristics. The structural characteristics of AN-KRD30A suggest that it could potentially interact with LINC00993 as a transcription factor, indicating that the expression of the ANKRD30A gene may be influenced by the epigenetic activity of LINC00993.<sup>93</sup>

Further, LINC00993 has been shown to upregulate the expression of p16INK4A and p14ARF, leading to G0/G1 cell cycle arrest through the E2F pathway in TNBC. This suggests that LINC00993 plays a role in regulating cell cycle progression and cell growth by modulating the activity of the E2F transcription factors and the expression of key cell cycle regulators such as p16INK4A and p14ARF in TNBC.<sup>92</sup>

#### LncRNAs in BC

The number of functional lncRNAs in BC still remains debated. Although there is still a lack of evidence to support the biological function for the majority of lncRNAs, recent studies suggest that a fast-growing number of lncRNAs are important for cellular functions in various cancer types, including BC.<sup>94</sup> In BC, the regulatory roles of lncRNAs are considered important factors in various pathological and biological behavior, such as apoptosis, epithelial-mesenchymal transition (EMT), metastasis, invasion, and cell cycle progression.<sup>93,95–97</sup>

Abnormal expression of lncRNAs has been observed to cause biological dysfunction of some part or process in BC. Mitotically-associated lncRNA (MANCR; LINC00704) was found to be upregulated in BC and functionally linked with genomic stability, cell viability, and proliferation.<sup>93</sup> lncRNA LINC00668 has been found to stimulate the progression of BC by suppressing apoptosis and accelerating cell cycle.<sup>98</sup> lncRNA GAS5 expression was reduced in TNBC tissues and cells, whereas overexpressed GAS5 reduced the cell proliferation and the inhibitory concentration (IC50) value of TNBC, and accelerated their apoptosis, so as to restrain the progression of TNBC.<sup>99</sup>

The lncRNA can also alter the cell cycle by modulating the cycle-elated proteins in BC to participate in chemo-therapy resistance, for instance, LINC00511, HIF1A-AS2, and AK124454.<sup>26,100,101</sup>

# Suppressor IncRNAs in BC

The expression of suppressor lncRNAs was downregulated in BC tissue or cells, and these lncRNAs inversely correlated with multiple carcinogenesis-associated biological functions. lncRNA EPB41L4A-AS2 levels were observed to be decreased in BC tissues compared with corresponding normal tissues. Oppositely, high EPB41L4A-AS2 expression was related to better overall survival of BC patients, which is the same results as those observed in renal and lung cancer patients. In addition, overexpression of EPB41L4A-AS2 has been shown to restrain tumor cell proliferation *in vitro*.<sup>76</sup> The mature of maternally expressed gene 3 (MEG3) partially shares DLK1-MEG3 locus and is mapped to human chromosome 14q32 with ~1.6 kb in length.<sup>102</sup>

Growing evidence has confirmed that lncRNA MEG3 was downregulated many tumor types as a tumor suppressor related to malignancies, including BC.<sup>102</sup> It has been shown that MEG3 upregulation repressed the tumorigenesis, EMT of BC by suppressing miR-21 through the PI3K/Akt pathway,<sup>102</sup> sponging miR-421 targeting E-cadherin,<sup>103</sup> upregulating endoplasmic reticulum stress and inducing nuclear factor  $\kappa$ B (NF- $\kappa$ B) and p53,<sup>104</sup> and so on.

The lncRNAs heart and neural crest derivatives expressed 2 antisense RNA 1 (HAND2-AS1) was diminished in multiple tumor types and could be manipulated as an important tumor modulator to regulate tumor cells metastasis, invasion, proliferation, drug resistance, metabolism, and apoptosis.<sup>105</sup> It has been reported that HAND2-AS1 expression was downregulated in BC and negatively correlated with clinical features and prognosis. Upregulation of HAND2-AS1 repressed invasion, migration, and cell viability in BC by interacting with miR-1275, altering SOX7 expression,<sup>106</sup> and acting as ceRNA of miR-3118 via upregulating PHLPP2.<sup>107</sup>

Further, lncRNA HAND2-AS1 has been confirmed to restrain the growth of TNBC by decreasing the secretion of mesenchymal stem cells derived exosomal miR-106a-5p.<sup>108</sup> TPT1-AS1 was largely downregulated in BC from publicly available datasets and collected BC tissue samples. TPT1-AS1 overexpression inhibited cell proliferation and sensitized BC cells to paclitaxel by modulating miR-3156-5p/caspase 2 axis *in vitro*.<sup>109</sup>

LINC00993 is a breast-specific lncRNA. It is especially largely downregulated in TNBC. Its higher expression is associated with better outcome. LINC00993 inhibits TNBC growth via regulating cell cycle-related genes both *in vitro* and *in vivo*.<sup>92</sup> The earlier cited findings help with the understanding of BC development and may further help guide therapeutic strategy in the clinic.

#### **Oncogenic IncRNAs in BC**

Oncogenic lncRNAs were elevated in BC tissue and were negatively associated with survival outcomes. In TNBC, serum terminal differentiation-induced noncoding RNA (TINCR) has been found to be significantly overexpressed. High circulating lncRNA TINCR was negatively associated with clinical outcome and clinicopathological features of TNBC, which shows great promise as a robust biomarker to predict the prognosis of TNBC.<sup>110</sup>

TINCR was also reported to be overexpressed in BC tissue, which can accelerate metastasis and proliferation of BC cells, whereas downregulation of TINCR induces apoptosis and G1/G0 arrest by regulating OAS1.<sup>111</sup> TINCR silencing greatly repressed invasion and migration *in vitro* as well as xenograft tumor growth *in vivo*.<sup>112</sup> lncRNA PPP1R26 Antisense RNA 1 (PPP1R26-AS1) expression was also increased in BC tissues and cell lines, which was followed by worse overall survival in BC patients. Knockdown of lncRNA PPP1R26-AS1 led to a remarkable reduction in activities of migration, invasion, and proliferation by serving as ceRNA to interact with miR-1226-3p in BC.<sup>113</sup>

In addition, lncRNA down syndrome cell adhesion molecule-antisense RNA-1 (DSCAM-AS1) has also been identified to be overexpressed in BC tissue and cells. DSCAM-AS1 can promote proliferation and impair apoptosis of BC cells by decreasing miR-204-5p and increasing RRM2 expression. DSCAM-AS1/miR-204-5p/RRM2 could provide a promising therapeutic candidate for BC.<sup>114</sup> Besides, MANCR has also been found to be expressed higher in BC tissues.

DSCAM-AS1 and MANCR lncRNAs can also be considered as a potential biomarker since the receiver operating characteristic curve analysis showed a satisfactory diagnostic efficacy.<sup>115</sup> In addition, HOTAIR was found to be reversely associated with the radiosensitivity but positively associated with the malignancy of BC cells. lncRNA HOTAIR facilitates the expression of heat shock protein family A (Hsp70) member 1A (HSPA1A) by sequestering miR-449b-5p post-transcriptionally and thus endows BC with radiation resistance.<sup>116</sup>

Other than that, HOTAIR has been reported to indirectly inhibit miR-7 expression, which led to SETDB1 overexpression and EMT promotion in stem cells of BC.<sup>117</sup> Notably, the progression and migration of BC is also mediated by the transforming growth factor (TGF)- $\beta$ 1/HOTAIR axis. Secretion of TGF- $\beta$ 1 by CAF activated the TGF- $\beta$ 1/Smad pathway in BC cells, elevating HO-TAIR transcription and modifying histones in the CDK5 signaling pathway, which causes alternations in the tumor microenvironment.<sup>118</sup>

Moreover, lncRNA MCM3AP-AS1 has been validated as a cytoplasmic RNA and expressed at a high level in BC cells. MCM3AP-AS1/miR-28-5p/CENPF axis has been reported to facilitate BC progression.<sup>119</sup> All in all, oncogenic lncRNAs could stimulate new strategies for the discovery of new prognostic biomarkers and improve therapeutic decision making for BC.

#### Target therapy potential in BC

Surgery, radiotherapy, endocrine therapy, and chemotherapy are the main therapeutic strategies of BC.<sup>120,121</sup> Those main therapies combined with targeted therapy have strongly delayed tumor progression and improved the overall survival of BC.<sup>122,123</sup> Recent studies have indicated that lncRNAs are especially attractive as diagnostic and prognostic indicators, as well as specific therapeutic targets because of its high specificity in tissue and cell type for certain cancers.

The lncRNA-based target therapy is similar to other targeted therapies, which includes transferring the tumor suppressor lncRNA into specifically targeted cells, blocking, silencing, or destroying carcinogenic lncRNA. lncRNAs possess multiple characteristics that make them a promising candidate in the treatment of diseases. lncRNAs have been suggested to function as an independent biomarker for diagnosis and prognosis in various cancer types, including pancreatic cancer,<sup>124</sup> GC,<sup>125</sup> HCC,<sup>126</sup> and lung cancer.<sup>127</sup>

Researchers have validated that many lncRNAs are correlated with the occurrence and development of BC. However, the role and the underlying molecular mechanisms of many lncRNAs in the regulation of cellular processes still remain elusive in BC. With a deeper understanding of lncRNA in the cancer progression, its attempts in the application to treat BC will become more and more extensive.

Recent studies have observed that part of the putative small open reading frame in lncRNAs can be translated into a polypeptide. For example, the translation of micropeptide CIP2A-BP has been found to be encoded by LINC00665, which was affected by TGF- $\beta$  in BC cell lines. CIP2A-BP directly binds to the oncogene CIP2A to replace the B56 $\gamma$  subunit of PP2A, and it released PP2A activity to inhibit the PI3K/AKT/NF- $\kappa$ B pathway, resulting in a decrease in the expression levels of MMP2, MMP9, and Snail.

It indicated that lncRNAs that encode a polypeptide may become a potential target for cancer treatment.<sup>4</sup> Besides, lncRNAs have also been validated to contribute to transcriptional<sup>128</sup> and post-transcriptional level regulation that regulates mRNA splicing,<sup>129</sup> mRNA stability,<sup>130</sup> protein translation,<sup>131</sup> and protein stability<sup>132</sup> to control biological processes. In addition, lncRNAs have been reported to participate in epigenetic regulation,<sup>133,134</sup> intercellular signal communication,<sup>135</sup> malignant progress,<sup>136</sup> cell proliferation,<sup>137</sup> invasion and metastasis,<sup>138</sup> cell apoptosis,<sup>139</sup> drug resistance,<sup>140</sup> endocrine therapy resistance,<sup>141</sup> HER2-targeted therapy,<sup>131</sup> chemoresistance,<sup>142</sup>

immune response or immunosuppression,  $^{142}$  and so on (Fig. 2).

In recent years, since the increased success in exploring lncRNA function and its structural information, the potential of lncRNA-based cancer therapy has been widely recognized. Targeting lncRNAs for the treatment of cancer represents a novel and promising therapeutic approach, leveraging their combined therapeutic effectiveness, high specificity, and minimal side effects.<sup>143</sup> Several molecular drugs against lncRNAs, along with nanoparticle vectors for efficient delivery, have been explored as potential strategies in this field.

Various delivery modalities are being explored for developing lncRNAs as therapeutic and diagnostic markers. Some common approaches include viral vectors, liposomes, nanoparticles, exosomes, and chemically modified oligonucleotides. Viral vectors were among the first engineered nanoscale delivery systems utilized for transporting RNA products to specific tissues.

They have been recognized for their ability to efficiently transfer genetic material into the interior of cells and evade immune detection by infected cells. The use of viral vectors as delivery vehicles allows for precise and effective delivery of RNA payloads, enabling targeted modulation of gene expression. These versatile tools have played a crucial role in advancing RNA-based therapeutics and have contributed to significant progress in the field of gene therapy.<sup>144</sup>

Viral vectors, such as lentiviruses, can efficiently deliver lncRNAs to target cells.<sup>145</sup> Non-viral vectors offer advantages such as lower immunogenicity and safety, with

small molecule ASO inhibitors SIRNAS breast tur intercellular signal drug resistance communication endocrine therapy resistance malignant progre HER2-targeted therapy cell proliferation chemoresistance invasion and metastasi immune respons cell apoptosis or immunosuppression

Figure 2. Potential target therapy in BC. BC, breast cancer.

lipid-based vectors, particularly cationic liposomes, demonstrating high transfection efficiency. Liposome modulation, including PEG-lipid conjugation and ligand/ antibody addition, further enhances delivery specificity for targeted therapies.<sup>146–152</sup>

Exosomes serve as practical biological vectors in cancer treatment, offering stability, immune compatibility, and specific targeting capabilities. As a biological vector, exosomes are less likely to activate the immune response and are highly stable *in vivo*. The construction process involves selecting suitable parental cells, transfecting them with desired ligands, isolating and packaging exosomes, and injecting them into the body for targeted delivery. Successful applications include delivering small interfering RNA (siRNA) for Alzheimer's disease and BC treatment.

Targeting lncRNA DANCR for therapy shows promise, with RNAi suitable for cytoplasmic DANCR and non-viral nanoparticles delivering siDANCR demonstrating inhibitory effects on tumor cells.<sup>145,153–159</sup> Chemically modified oligonucleotides, including antisense oligonucleotides (ASOs),<sup>160,161</sup> provide a means to specifically target lncRNAs for therapeutic or diagnostic purposes (Fig. 2). The ASOs are synthetic strands that bind to target RNAs, recruiting ribonuclease H (Rnase H) for degradation.

Chemical modifications, such as phosphorylation and 2'-sugar modifications, enhance stability and cellular uptake. Locked nucleic acid (LNA) improves RNA affinity, whereas GAPMER combines DNA and LNA for efficient RNA targeting. Nusinersen is an approved ASO therapy for spinal muscular atrophy. The ASOs are unstable *in vivo* combined with their relatively high charge and hydro-philicity.<sup>162–169</sup> In addition, advances in CRISPR/Cas9 technology enable precise genome editing of lncRNA sequences.<sup>170</sup>

The siRNAs target lncRNAs and induce gene silencing. Patisiran, an siRNA-based drug, treats hereditary transthyretin amyloidosis. The siRNAs can be chemically synthesized or derived from DNA-based hairpin structures (shRNA) for prolonged silencing. Chemical modifications enhance stability, and synthetic carriers aid cellular uptake.<sup>171–178</sup> Moreover, some small-molecule inhibitors<sup>179</sup> and indirect modulators of lncRNAs also advance solid tumor treatment in the future (Fig. 2).

The small molecule combined with drug *in vitro* and in orthotopic BC<sup>180</sup> or as a single agent in xenograft model of TNBC<sup>181</sup> can target lncRNA to realize much better killing. The choice of delivery modality depends on factors such as the specific lncRNA target, desired delivery site, and the intended therapeutic or diagnostic application. Continued research and development in this field aims at enhancing the efficiency, specificity, and safety of lncRNA delivery modalities for clinical applications.



Figure 3. Sankey diagram reveals the mechanism of IncRNAs in BC progression.

IncRNA	Expression in BC	Target/Pathway	Function	Reference
NEAT1	Upregulation	Cyclin E1 and D1	Cell cycle regulation	25
TUG1	Downregulation	Cyclin D1	Cell cycle regulation	31
LINC00628	Downregulation	Bcl-2/Bax/Caspase-3 Signal Pathway	Cell cycle regulation, invasion, and migration	36
UCA1	Upregulation	miR-143, miR-18a/YAP1, miR-18a-HIF1 $\alpha$ feedback regulatory loop, Wnt/ $\beta$ -Catenin pathway, EZH2/p21 axis and the AKT signaling pathway	Cell cycle regulation, apoptosis, and chemoresistance	26,55–58
PICART1	Downregulation	AKT signaling pathway	Cell cycle regulation	59
LINC00511	Upregulation	miR-29c/CDK6 axis, CDK6	Cell cycle regulation	26,66
MANCR	Upregulation	Key cell-cycle regulators	Cell cycle regulation, viability, and genomic stability	93
LINC00668	Upregulation	Ki-67, CDK4 and Bcl-2, p21, AKT signaling pathway	Cell cycle regulation, apoptosis	98
GAS5	Downregulation	N/A	Cell proliferation, chemoresistance, and apoptosis	99
LINC00511	Upregulation	miR-150 and MMP13	Cell proliferation, migration	101
HIF1A-AS2	Upregulation	N/A	Metabolism, cell division	100
AK124454	Upregulation	N/A	Metabolism, cell division	100
EPB41L4A-AS2	Downregulation	N/A	Cell proliferation	76
MEG3	Downregulation	miR-21, Akt signaling pathway, miR-421/E-cadherin, NF- <i>κ</i> B and p53	Cell proliferation, EMT	102–104
HAND2-AS1	Downregulation	miR-1275, SOX7, miR-3118, PHLPP2, miR-106a-5p	Cell viability, migration, and invasion	106-108
TPT1-AS1	Downregulation	miR-3156-5p/caspase 2	Cell proliferation, chemoresistance	109
LINC00993	Downregulation	p16INK4A, p14ARF, p53, and p21	Cell cycle regulation	92
TINCR	Upregulation	OAS1, KLF4/miR-7	Cell proliferation, metastasis, migration, and invasion	110-112
PPP1R26-AS1	Upregulation	miR-1226-3p	Cell proliferation, migration, and invasion	113
DSCAM-AS1	Upregulation	miR-204-5p/RRM2	Cell proliferation, apoptosis	114
MANCR	Upregulation	N/A	N/A	115
DSCAM-AS1	Upregulation	N/A	N/A	115
HOTAIR	Upregulation	P53, p21, HSPA1A/miR-449b-5p, miR-7/SETDB1, TGF-β1/Smad pathway, CDK5 signaling pathway	Cell cycle regulation, radiation resistance, EMT, and cell proliferation	85-87,116-118
MCM3AP-AS1	Upregulation	ZFP36, miR-28-5p/CENPF	Cell cycle regulation, migration, and invasion	91,119

Table 1. Long non-coding RNAs in breast cancer in this review

BC, breast cancer; CDK, cyclin-dependent kinase; DSCAM-AS1, down syndrome cell adhesion molecule-antisense RNA-1; EMT, epithelial-mesenchymal transition; GAS5, growth arrest-specific 5; HOTAIR, HOX transcript antisense intergenic RNA; HSPA1A, heat shock protein family A (Hsp70) member 1A; IncRNA, long non-coding RNA; MANCR, mitotically-associated IncRNA; MCM3AP-AS1, mini-chromosome maintenance complex component 3 associated protein antisense RNA 1; MEG3, maternally expressed gene 3; N/A, not applicable; NEAT1, nuclear paraspeckle assembly transcript 1; NF-κB, nuclear factor κB; PICART1, p53-inducible cancer-associated RNA transcript 1; TGF-β1, transforming growth factor-beta 1; TINCR, terminal differentiation-induced non-coding RNA; TUG1, taurine upregulated gene 1; UCA1, urothelial carcinoma associated 1; YAP1, Yes-associated protein 1.

#### **CONCLUDING REMARKS**

Gene expression is regulated by lncRNAs at multiple levels. Since lncRNAs are involved in BC from the onset of the malignant state through the progression to metastasis, lncRNAs and their loci may be ideally targeted for the design and synthesis of new drug therapies to treat BC patients. To date, the functional mechanisms of a few lncRNAs have been studied clearly in preliminary research. However, the underlying functional mechanisms regarding how most of lncRNAs regulate BC still remain elusive and that warrants deeper investigation.

Aberrant expression of lncRNAs has been found in BC that are correlated with cell cycle progression (Figs. 1 and 3 and Table 1), although the upregulation or down-regulation of an lncRNA expression in cancers depends on the individual lncRNA itself and tumor type. Practically, lncRNAs can function as inhibitors or promoters in BC cell proliferation by regulating cell cycle modulators.

In addition, lncRNAs are capable of acting as an oncogene or a tumor suppressor (Fig. 3 and Table 1) by interacting with the promoter or enhancer region of a gene, the regulatory modulators, or associated signaling pathways to modulate the gene expression. What is more, IncRNAs can also regulate a protein's function. Studies conducted to decode the functions of IncRNA in BC will increase our understanding of molecular mechanisms of BC, and they will offer a rationale for targeting IncRNAs in BC.

The specific expression of lncRNAs also provides the possibility of killing cancer cells selectively. As a result, lncRNAs with high specificity and accuracy have the outstanding opportunity to be considered as new important therapeutic targets to combat various aspects of BC progression.

However, the secondary structure of lncRNAs is more complex than that of mRNA, and the regulation of lncRNA expression is more stringent. Moreover, some lncRNAs have dual functions as coding polypeptide products. Thus, the mechanisms of functional lncRNAs are apparently very complicated. This requires further research depth and width. The lncRNAs are more stable than mRNA since the actual number of lncRNA exceeds that of protein-coding genes.

Because of the recent development and improvement of high-throughput sequencing technologies, detection of lncRNAs is faster and more convenient. Although companies such as the Curna Inc., MiNA Therapeutics Ltd. and RaNA Therapeutics Inc. are taking steps for the development of lncRNA-based strategies that may provide a viable alternative to overcome the limitations of targeting those protein,<sup>182</sup> it still needs to resolve the difficulty about designing small-molecule drugs against lncRNAs, which limits the application of lncRNAs as a therapy target in cancer, including BC. Therefore, more research is necessary before lncRNAs can be placed in front of cancer targets.

# **AUTHORS' CONTRIBUTIONS**

Q.Y. collated the data and wrote drafts of the manuscript. X.Z. and Y.M. conceptualized the study, contributed to the data collection, and edited the manuscript. H.M. and G.B. edited the table and figures. All authors read and approved the final manuscript.

# AUTHOR DISCLOSURE

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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