

1 **Extracellular filaments revealed by affinity capture cryo-electron** 2 **tomography**

3
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9 **ABSTRACT**

10 Cryogenic-electron tomography (cryo-ET) has provided an unprecedented glimpse into the nanoscale
11 architecture of cells by combining cryogenic preservation of biological structures with electron
12 tomography. Micropatterning of extracellular matrix proteins is increasingly used as a method to prepare
13 adherent cell types for cryo-ET as it promotes optimal positioning of cells and subcellular regions of
14 interest for vitrification, cryo-focused ion beam (cryo-FIB) milling, and data acquisition. Here we
15 demonstrate a micropatterning workflow for capturing minimally adherent cell types, human T-cells and
16 Jurkat cells, for cryo-FIB and cryo-ET. Our affinity capture system facilitated the nanoscale imaging of
17 Jurkat cells, revealing extracellular filamentous structures. It improved workflow efficiency by consistently
18 producing grids with a sufficient number of well positioned cells for an entire cryo-FIB session. Affinity
19 capture can be extended to facilitate high resolution imaging of other adherent and non-adherent cell types
20 with cryo-ET.

21 **MAIN**

22 Cryogenic-electron tomography (cryo-ET) is a state-of-the-art electron microscopy (EM) modality
23 used for the structural analysis of intact, vitrified cells at the nanometer and subnanometer scales¹⁻⁶. In
24 preparation for cryo-ET, cells are deposited or grown on specialized substrates called EM grids. To image
25 intracellular structures of eukaryotic cells, which are on the length scale of micrometers, thinning the cells
26 using techniques such as cryo-focused ion beam (cryo-FIB) milling is typically required. Cells often
27 distribute in a non-uniform manner on EM grids, and settle on the metal grid bars where they are not
28 accessible for cryo-FIB and cryo-ET. In addition, cells can form clumps that prevent proper vitrification
29 and successful FIB milling. These limitations present an obstacle both to the collection of cryo-ET data of
30 sufficient quality from biological specimens and to the automation of data collection and cryo-FIB milling.

31 To gather sufficient data for high resolution structural determination, reproducible samples are
32 needed. Time on high-end cryo-FIB and cryo-ET instrumentation, typically accessed through shared cryo-
33 EM facilities, is expensive and limited. An ideal sample for cryo-FIB/cryo-ET would have a repeatable and
34 uniform distribution of cells situated in the centers of the grid squares. We and others have published studies
35 demonstrating the positioning of individual adherent cells or adherent cell pairs on EM grids micropatterned
36 with extracellular matrix (ECM) proteins in preparation for cryo-ET⁷⁻¹². Another approach for providing a
37 uniform distribution of cells for cryo-FIB/cryo-ET, applicable to both adherent and non-adherent cell types,
38 is the Waffle Method¹³. It employs high pressure freezing to vitrify a contained, continuous suspension of
39 cells in preparation for cryo-FIB/cryo-ET. High pressure freezing, however, can be technically challenging
40 and results in thicker samples (10s of microns) that require extended cryo-FIB milling times.

41 Lymphocytes (e.g., T-cells and B-cells) are minimally adherent cells that play important roles in the
42 body's defense against infectious diseases and cancer. Recent advances in our understanding of lymphocyte
43 function have been provided by fluorescence imaging and conventional EM^{14,15}. However, the resolution
44 of fluorescence imaging is limited by the wavelength of light and conventional EM techniques require
45 fixation and staining steps that can distort or destroy delicate biological structures.

46 Here we present an affinity capture system that facilitates high-throughput cryo-FIB milling and
47 subsequent nanoscale imaging by cryo-ET of non-adherent cell types that is compatible with vitrification
48 by plunge-freezing. We micropatterned antibodies (Abs) onto EM grids to capture T-cells as well as Jurkat
49 cells, an immortalized line of human T lymphocytes, and position them in the centers of EM grid squares.
50 This facilitated our observation of nanoscale filaments emanating from the Jurkat cells. Subtomogram
51 averaging (STA), RNA sequencing (RNA-seq), and flow cytometry suggest that these structures are
52 intermediate filaments composed of vimentin. To our knowledge, this is the first time that micropatterning
53 has been used to prepare minimally adherent cell types for cryo-ET.

54 RESULTS

55 To assess the feasibility of capturing non-adherent cell lines on EM grids, a T-cell specific antibody
56 to human CD3 (epsilon chain) was micropatterned to trap the T-cell surrogate, Jurkat cells, on islands
57 within grid squares. Affinity capture grids were able to successfully capture single Jurkat cells and position
58 them in the centers of the grid squares (**Fig. 1A to 1C, S1, and S2**). Cell localization was restricted to the
59 micropatterned region on EM grids treated with the anti-CD3 antibody (**Fig. 1B and 1C**). Neither of the
60 control conditions, micropatterned grids without Ab or with a nonspecific Ab (gE), contained cells
61 following a rinse (**Fig. S1**). We were also able to use this workflow to capture and position primary T-cells
62 on EM grids micropatterned with anti-CD3 islands (**Fig. S3**).

63 The number of Jurkat cells occupying a given grid square increased with the size of the
64 micropatterned Ab island (**Fig. 2**). Micropatterned islands that were about half the size of Jurkat cells (i.e.,
65 5 μm) were unable to capture the cells. Circular 10 μm islands of micropatterned anti-CD3 were ideal for
66 vitrification and cryo-FIB/SEM of Jurkat cells (**Fig. 1C to 1F**). A typical affinity grid seeded with Jurkat
67 cells contained more well-positioned single cells than can be milled in a typical manual cryo-FIB session
68 (>10) (**Fig. 1C and 1D**). The target thickness (175 nm) of individually cryo-FIB milled Jurkat cells was
69 readily achieved (**Fig. 1E and 1F**).

70 Cryo-ET of the cryo-FIB milled lamellae revealed cellular features within and external to the Jurkat
71 cells (**Fig. 3, 4, 5, and S4**). Jurkat cells are designated as a T lymphoblast and their morphology, which
72 comprises a large nucleus with very limited cytoplasm, was apparent in the montage images captured by
73 cryo-TEM (8,700x magnification) of the lamellae (**Fig. 4**). While Jurkat cells had a smooth and round
74 appearance when observed with light microscopy and cryo-SEM (**Fig. 1, 2, and 3**), extracellular,
75 filamentous structures were revealed at the periphery of the cells in the tomograms reconstructed from the
76 cryo-ET tilt series (**Fig. 3, 4, and 5; Movie S1 to S5**). The filaments were observed only at the trailing edge
77 of lamellae, which captures the interface between the Jurkat cell and the SiO₂ surface of the micropatterned
78 grid (**Fig. 4, Table S1**). The filaments emanated from the plasma membrane of the cells, observed in the
79 aligned tilt series and reconstructed tomograms (**Fig. 5; Movie S1, S2, S4 and S5**).

80 Within the reconstructed tomograms, the dimensions of the filaments were determined to have an
81 external diameter of approximately 10 nm and an apparent internal diameter of approximately 3 nm,
82 bringing them into the range of intermediate filaments (**Fig. S5**). Based on the lack of electron density, the
83 filaments had a hollow appearance. Although the length of the filaments could not be determined from the
84 cryo-tomograms, they are likely on the order of micrometers as they traverse the entire field of view of the
85 tilt series and can be seen forming an extensive net-like structure in the medium magnification montages
86 (**Fig. 3C and 4; Movie S1 to S3**). In addition, the extracellular filaments appeared to form quasi-random
87 unconnected networks close to the cell surface but also appeared to form membranous bundles of at least
88 2 to 7 filaments, especially prominent in the regions between contacting cells (**Fig. 5A, 5B; Movie S1, S2**
89 **and S5; Table S2**). The shorter distance between the filaments in the bundles between cells (8.6 nm
90 [0.124]) compared to filaments in bundles open to the extracellular environment (12.49 nm [0.622]),
91 suggests that the structures are compressible (**Table S2**). Segmentation of the cryo-tomograms also
92 revealed the nuclear envelope, vesicular structures, and plasma membrane (**Fig. 5B and 5D**).

93 The abundance of filaments within the cryo-tomograms allowed for the reconstruction of a cryo-
94 EM map (**Fig. 6**). The architecture of the intermediate filaments, which had a diameter of approximately

95 100Å suggested a parallel arrangement of proteins with long, bundled alpha helices based on the recent
96 7.2Å cryo-EM map of polymerized vimentin intermediate filaments¹⁶. The map density had a volume that
97 could accommodate the eight alpha helix bundle of a vimentin protofibril repeating unit (**Fig. S7**). Cross-
98 section views of the cryo-EM map revealed repetitive units of either 3 or 4 elongated structures, presumably
99 bundled alpha helices (**Fig. 6A**). Similar cross-section densities were observed in the tomograms supporting
100 the cross section views of the cryo-EM map (**Fig. 6A and 6C**). The map density also revealed potential
101 interlocking sites towards the ends of the presumed helical bundles; the cryo-EM map density was
102 diminished, indicative of flexibility between the helical bundle connections. These features are indicative
103 of intermediate filaments, which are composed of proteins with a central alpha helical rod domain and a
104 variable head and tail that form coiled-coiled dimers¹⁷.

105 Because the resolution of the cryo-EM map (10.8Å) was insufficient to identify the constituent
106 proteins of the filaments, RNA-seq was performed to determine the levels of transcription from
107 intermediate filament genes of Jurkat and control human embryonic lung fibroblast (HELFL) cells. Of the
108 71 genes associated with intermediate filament proteins, only two type I/II (KRT1 and KRT10) and one
109 type III (VIM) were abundantly expressed (>100 normalized reads) compared to eight type I/II/III genes
110 for the HELFL controls (**Table S3**). Vimentin (VIM) was detected on the external surface of Jurkat cells by
111 flow cytometry of non-permeabilised (surface) and permeabilised (total) cells (**Fig. S8 and S9**). Compared
112 to no antibody or isotype controls, vimentin was detected in almost all (>98%) permeabilised and non-
113 permeabilised Jurkat cells. The levels of total and cell surface vimentin were not altered by incubating
114 Jurkat cells with an isotype control, anti-CD4 or anti-CD3 antibodies prior to fixation. These data suggest
115 that the extracellular filaments observed by cryo-ET are vimentin intermediate filaments.

116 **DISCUSSION**

117 We have demonstrated an affinity capture system to accurately and repeatedly position lymphocytes
118 on EM grids for cryo-FIB milling and cryo-ET. T-cells have been observed in the literature to form stable

119 attachments to micropatterned islands of CD3 antibodies on glass surfaces¹⁸, which is likely the mechanism
120 underlying affinity capture on EM grids. Affinity capture grids facilitated our observation of nanoscale
121 filaments on the surface of Jurkat cells in several of our tomograms (**Figs. 3, 4 and 5; Movies S1 to S3**).
122 The dimension of the filaments measured from our tomography data (10 nm, **Fig. S5**) was uniform and
123 consistent with intermediate filaments, such as keratin, which have recently been observed in the
124 extracellular space^{19,20}. Because the filaments were outside of the cell plasma membrane, we considered
125 the possibility of it being a glycocalyx, which is known to have a filamentous architecture, but in contrast
126 to the filamentous unconnected network we observed, the glycocalyx is heavily interconnected with a wide
127 distribution of filament diameters (3 to 15 nm)^{21,22}.

128 The elongated structures seen in the cryo-EM map (**Fig. 6 and S7**) together with the high levels of
129 expression seen in the RNA sequencing (**Table S3**), and detection of vimentin on extracellular surfaces by
130 flow cytometry (**Fig. S8 and S9**), support vimentin as the major constituent of the filamentous networks
131 observed in the Jurkat cell extracellular space. Canonically, intracellular vimentin intermediate filaments
132 are known to provide structural support to lymphocytes^{23,24}, but vimentin also plays crucial roles in
133 lymphocyte migration and attachment to the vascular endothelium²⁵⁻²⁸. Vimentin has also been detected
134 on the extracellular side of the plasma membrane in viable malignant lymphocytes, normal activated T-
135 cells, and apoptotic T-cells²⁹, although the role of extracellular vimentin, how it is secreted, and what
136 domains of vimentin are expressed on the surfaces of different cell types (e.g., lymphocytes vs. endothelial
137 cells) remain unclear^{28,30,31}. The captured Jurkat cells observed in the present study might have been
138 activated by the anti-CD3 antibody and are a malignant cell line such that the presence of extracellular
139 vimentin would be consistent with previous studies²⁹. Extracellular vimentin in human atherosclerotic
140 tissue lesions was detected in areas of inflammation and in the necrotic core³². In addition, it is possible
141 that fixation, as performed in this study prior to plunge-freezing, provided a stressful condition that
142 influenced the presence of extracellular vimentin. Of note, prior studies reporting on extracellular vimentin

143 used chemical fixation^{29,33,34}. The functional implications of extracellular vimentin across cell types have
144 recently been reviewed by Suprewicz, and Thalla and Lautenschlager^{35,36}.

145 Vimentin monomers assemble into parallel homodimers that form higher order structures of anti-
146 parallel adjacent dimers then tetramers to form the underlying asymmetric unit of a vimentin intermediate
147 filament protofibril¹⁶. Three tetramers are necessary for the complete assembly of a vimentin intermediate
148 filament protofibril with eight polypeptide chains at the core of the repetitive unit. The cryo-EM map of
149 the Jurkat cell extracellular intermediate filaments is highly suggestive of such a higher order vimentin
150 complex given the long densities that could accommodate the eight alpha helices of the vimentin
151 protofibril repetitive unit (**Fig. S7**). Intriguingly, the extracellular filaments in the present study had an
152 electron transparent lumen and appeared to be composed of 4 protofibrils, which was in contrast to the
153 exogenously expressed, polymerized human vimentin¹⁶. This recent study also reported that intracellular
154 vimentin intermediate filaments of mouse embryonic fibroblasts assembled into higher order structures
155 and supports the helical assembly of 5 spring-like protofibrils¹⁶. However, the 4 protofibril architecture
156 of the extracellular vimentin from Jurkat cells suggests that the role of vimentin intermediate filaments is
157 context specific and cell type dependent. Furthermore, it remains unclear how these long, apparently
158 membrane-less projections, emerge from the cell.

159 To the best of our knowledge, this is the first time networks of native intermediate filaments have
160 been observed at the nanoscale in the extracellular space. Jurkat cells have been observed to shed
161 microvillus membrane particles on anti-CD3 treated surfaces using total internal reflection fluorescence
162 microscopy (TIRF)¹⁴, but the filaments that appear in our cryo-tomograms (**Fig. 3C and 4D**) are too small
163 (10 nm) in diameter) and very densely packed to be observed by fluorescence microscopy. The filaments
164 were also not observed by conventional transmission and scanning EM (TEM and SEM) imaging of the
165 Jurkat cell surface¹⁴. While these EM modalities can provide higher resolution than light microscopy, in
166 contrast to *in situ* cryo-ET, they require preparation steps that would likely cause the collapse of delicate
167 structures such as networks of filaments on the cell surface. Specifically, for conventional SEM of cells,

168 preparation steps include fixation, dehydration, and the deposition of a conductive metal layer. For
169 conventional TEM, preparation of cells includes fixation, dehydration, resin embedding, staining, and
170 sectioning. Cryo-ET overcomes the limitations of these destructive processing methods, providing the
171 highest resolution imaging of cells preserved in a hydrated, near-native state. Cryo-FIB allows for the
172 generation of nearly distortion-free thin sections of vitrified cells ³⁷⁻³⁹. In our cryo-FIB/cryo-ET study,
173 preservation of nanoscale biological structures through vitrification converged with three-dimensional
174 image processing techniques to provide an unprecedented view of the nanoscale environment of the Jurkat
175 cell surface. Other recent studies have demonstrated the power of the cryo-FIB/cryo-ET platform to reveal
176 additional complexity to biological structures such as microvilli despite decades of structural analysis by
177 conventional EM ⁴⁰.

178 The affinity capture system improves sample usability, reducing the cost and preparation time
179 required to prepare cellular samples for cryo-FIB/cryo-ET. Beyond positioning cells and limiting the
180 number of cells that attach to a given region of the substrate, the use of micropatterned islands
181 functionalized with antibodies, ligands, and ECM proteins can potentially be extended to select for and
182 capture cell types of interest from diverse cell populations. Alternatively, two different antibodies can
183 potentially be patterned to capture different cell types within the same grid square for co-culture studies.
184 We envision the workflow presented here facilitating future analysis of the nanoscale structures involved
185 in T-cell activation. Patterns comprised of different ligands can potentially be used to study how the spatial
186 organization of signaling complexes impacts the structures involved in cell communication ¹⁸, such as
187 receptor arrangement ⁴¹. An extension of this idea is to facilitate studies of the nanoscale architectures
188 involved in signaling events or the growth and structure of nanoscale bridges (i.e., tunneling nanotubes) by
189 using micropatterning to control the distance between captured cells ^{42,43}.

190 Appropriately packaged affinity capture EM grids could assist non-experts (e.g., clinicians lacking
191 EM experience) with preparing and shipping clinically-relevant cells to cryo-EM facilities for cryo-ET
192 imaging. Packaging methods currently include the use of 3D printed grid holders ⁴⁴ and silicone wells in

193 glass-bottom dishes that exploit the surface tension of liquid droplets contained to the wells to immobilize
194 EM grids ⁴⁵. Devising storage methods that increase the shelf life of micropatterned EM grids is an
195 important future area of research toward increasing access to affinity capture EM grids.

196 **METHODS**

197 **EM Grid Micropatterning.** To accommodate single Jurkat cells, squares and circles varying from 5 to 30
198 μm across were micropatterned on 300 mesh gold grids coated with a thin perforated layer of silicon
199 dioxide (Quantifoil R1/4). The grids were exposed to atmospheric plasma (PE-50, Plasma Etch Inc., Carson
200 City, NV, USA) at 30 W for 12 seconds to render the surface hydrophilic, immediately immersed in 0.01%
201 poly-l-lysine (PLL, Sigma cat # p4707) and incubated in PLL overnight at 4 °C, and then rinsed and
202 incubated in a solution of 100 mg/mL mPEGSuccinimidyl Valerate, MW 5,000 (PEG-SVA, Laysan Bio
203 Inc) in 0.1M HEPES (pH 8.5) the following day for 1 hour at room temperature. Following PEG coating,
204 3 μL of a 1:6 solution of PLPP photoinitiator (Alveole) in ethanol was added to the surface of each grid
205 and allowed to air dry while being protected from light. The grids were then UV exposed according to
206 digitally generated micropatterns at 50 mJ/mm^2 using the Primo photo-micropatterning system (Alveole)
207 to selectively degrade the PEG layer on the EM grids and rinsed in deionized water. A detailed protocol for
208 micropatterning EM grids using this method has been made publicly available by the authors on the
209 protocol sharing platform protocols.io ⁴⁵.

210 Following micropatterning of the grids and sterilization in 70% ethanol (see aforementioned
211 protocol), the grids were incubated in human anti-CD3 (clone UCHT1; Biolegend Cat# 300402) antibody
212 overnight. Control conditions included a set of micropatterned grids that were not incubated in antibody
213 (No Ab) and another set of micropatterned grids that were treated with monoclonal antibodies to VZV
214 glycoprotein E (gE; EMD Millipore Cat# MAB8612).

215 For T-cells, 200 mesh gold Quantifoil holey carbon R2/2 grids were micropatterned followed the
216 same protocol, but with micropatterned circles that were 7.5 and 15 μm in diameter.

217 **Jurkat Cell Culture and Seeding.** Jurkat cells (Jurkat, Clone E6-1, ATCC) were maintained following
218 manufacturer instructions. A volume of 10 μL of a 7×10^6 cells/mL suspension was seeded on the
219 micropatterned grids and allowed to settle for two hours. The grids were then transferred to fresh 35 mm
220 dishes with 10 mm 1.5 cover glass (MatTek) and washed extensively with media (RPMI 1640 + 10% FBS
221 + 1% pen/strep). The grids were then washed once with 2 mL phosphate-buffered saline (PBS, Gibco),
222 fixed in 1 mL 4% paraformaldehyde (PFA), and washed twice with 2 mL PBS. Prior to imaging, the PBS
223 was aspirated and replaced with 2 mL PBS plus 1:1000 Hoechst 33342 to stain the cell nuclei. Images were
224 captured with a BZ-X710 microscope (Keyence). Brightness and contrast were adjusted to improve
225 visibility (**Fig. 2**).

226 **T-cell Culture and Seeding.** Human T-cells (gift from Robbie Majzner's lab at Stanford University) were
227 purified from isolated peripheral blood mononuclear cells as in Tousley et al. ⁴⁶. They were maintained in
228 AIM-V complete media (Gibco) supplemented with 5% fetal bovine serum (FBS) and IL-2 (2.18 IU/ng,
229 Peprotech). To seed the cells on the micropatterned grids, 25 μL of a 4×10^5 cell/mL suspension was added
230 to each grid several times until approximately 2 to 3 cells were observed above or on each grid square.
231 Images of live T-cells on micropatterned Au 200 mesh holey carbon coated EM grids were captured after
232 5.5 hours on an inverted Nikon Ti-E microscope (Nikon, Minato, Tokyo, Japan) equipped with a Heliophor
233 light engine (89 North) and an Andor sCMOS Neo camera using a 20x Plan Apo Lambda air objective lens
234 and a 60x Plan Apo Lambda oil objective lens. The cells were vitrified by plunge freezing.

235 **Vitrification and Cryo-FIB.** Samples were vitrified in a Leica EM GP2 plunge freezer after blotting from
236 the back side of the EM grids for 9 seconds. The vitrified grids were clipped into autogrids before being
237 loaded into an Aquilos 2 (Thermo Fisher) for cryo-FIB milling. Lamella were cryo-FIB milled at a 10
238 degree milling angle first to a 5 μm thickness with a current of 1 nA. Microexpansion joints were cryo-FIB
239 milled to prevent bending and breaking of the cryo-lamellae ⁴⁷. Sequential milling was performed at 300
240 pA to 3 μm thickness, at 100 pA to 1 μm thickness, and at 50 pA to 500 nm thickness. A final polish was
241 performed with a 175 nm distance between rectangular patterns at a current of 30 pA.

242 **Cryo-ET Data Acquisition and Tomogram Reconstruction.** Samples were loaded into an FEI Krios
243 G2 transmission electron microscope (TEM) equipped with a bioquantum energy filter and a K3 direct
244 electron detector (Gatan). SerialEM software⁴⁸ was used to operate the TEM at 300 kV in low-dose
245 mode and acquire tilt series at a magnification 26,000x (3.465 Å/pixel). Tilt series were acquired with 2°
246 steps between -60° and +60° and a defocus of -4 μm. Additional data collection parameters are in
247 Supplemental Table 4. Motion correction and tilt series stack generation was performed with Warp
248 software⁴⁹ and 3D reconstructions were calculated using the weighted-back projection using IMOD⁵⁰.
249 AI segmentation of tomograms was performed using the Dragonfly (Version 2022.2.0.1367; Object
250 Research Systems) Deep Learning Tool. UCSF Chimera was used for visualization of structures⁵¹.
251 Movies were generated from individual frames using ffmpeg⁵² available from <http://ffmpeg.org/>.
252 **Cryo-ET Map Reconstruction of Extracellular Intermediate Filaments.** CryoSPARC⁵³ was used to
253 generate a reconstruction of the intermediate mediate filaments using the helical processing pipeline (**Fig.**
254 **S6**). CryoSPARC does not currently have a dedicated cryo-ET processing pipeline. However, due to the
255 limited number of tilt series (three) for intermediate filaments at the periphery of the Jurkat cells, individual
256 movie stacks from each tilt of the cryo-ET data acquisition were imported (Import Movies) into a
257 CryoSPARC project with the accumulated dose information for each movie stack. Movies where the edges
258 of the lamella wall entered the field of view were removed, leaving a total of 110 movies. CryoSPARC's
259 patch motion correction and CTF estimation was performed on the 110 movies (micrographs). To generate
260 a 2D class average for template picking, 238 particles were manually picked from 12 micrographs. These
261 particles were subjected to 2D classification into 4 classes with the 'align filament classes vertically' option
262 checked; three classes contained the majority of particles (237) and were used for filament tracing with the
263 following parameters; Filament diameter (100Å), Separation distance between segments (25Å), Minimum
264 filament length to consider (400Å), Angular sampling (5°). The 250,941 particles generated were extracted
265 from the 110 micrographs with a box size of 120 pixels, which were used for a further round of 2D
266 classification into 50 classes. Of these, 3 classes (46,827) were used for an additional round of filament

267 tracing, extraction of particles from the micrographs with a box size of 240 pixels to increase the length of
268 the filaments captured, and 2D classification of the newly extracted particles (382,315) into 50 classes. Of
269 these, 85,475 particles from 5 classes were used for *de novo* reconstruction using ‘Helix refine’ then
270 subjected to 3D classification. One class containing 83,607 particles was further processed to remove
271 duplicate particles. Helix refine was performed on the remaining 35,789 particles yielding a 13.0Å cryo-
272 ET map as determined by FSC estimation with loose masking. To quantitatively assess directional
273 resolution anisotropy of the cryo-ET map, 3DFSC⁵⁴ was used with the half maps and the refinement mask
274 from ‘Helix refine’ used as input.

275 **RNA-seq of Jurkat and HELF Cells.** Jurkat and HELF cells were lysed with buffer RLT Plus following
276 the manufacturer’s instructions (Qiagen). RNA was purified from lysates using an RNeasy Plus Mini Kit
277 (Qiagen). RNAseq libraries and sequencing (RNA-seq) was performed by Medgenome. FASTQ files
278 generated from the libraries were assessed and aligned to the human genome (hg19) using the STAR aligner
279 in RNAdecor⁵⁵. To assess expression levels for from intermediate filament genes, normalized reads
280 produced by RNAdecor were used.

281 **Flow Cytometry of Jurkat Cells.** Jurkat cells were incubated with either CD4-FITC (clone: RPA-T4;
282 Biologend), CD3-FITC (clone: OKT3; Biologend), or isotype-FITC (clone: MOPC-173; Biologend)
283 antibodies (1 µl per 2 x 10⁵ cells) or mock treated at 37 °C for 1 hour then fixed with 4% paraformaldehyde.
284 All samples were blocked with Human TruStain FcX (Fc Receptor Blocking Solution; Biologend) on ice
285 for 10 minutes before immunostaining with vimentin rabbit mAb conjugated with Alexa fluor 647 (clone:
286 D21H3; Cell Signaling) or isotype control rabbit mAb conjugated with Alexa fluor 647 (clone: DA1E;
287 Cell Signaling) on ice for 30 minutes, washed twice with ice-cold PBS supplemented with 0.5% BSA
288 (Bovine serum albumin; Jackson ImmunoResearch) and 0.02% sodium azide (Sigma), then resuspended
289 in ice-cold PBS supplemented with 2.5% FBS, 2 mM EDTA (Fisher scientific), and 0.2 µg/ml DAPI
290 (Thermo Fisher Scientific). Stained cells were analyzed using Agilent Quanteon flow cytometer (Agilent),
291 color compensation was performed using compensation beads (Biologend) only, compensation beads with

292 CD3-FITC antibody, compensation beads with vimentin Alexa fluor 647 antibody, and Live:Dead (1:1)
293 with DAPI stain. Data were processed with FlowJo (TreeStar) to determine the percentage of live cells
294 (DAPI signal), percentage of cells expressing vimentin (Alexa fluor 647 signal) and percentage of cells
295 expressing CD4 or CD3 (FITC signal).

296 **DATA AVAILABILITY.**

297 Data generated and/or analyzed during the current study are available in the paper or are appended as
298 supplementary data, and data that support this study are available from the authors upon request. The
299 cryo-ET map has been deposited in the Electron Microscopy Data Bank (EMDB) with accession code
300 EMD-43978 and the original movie files, tilt series, and tomograms have been deposited in the Electron
301 Microscopy Public Image Archive (EMPIAR) with accession code EMPIAR-12110. All primary data
302 will be provided by the corresponding author upon request.

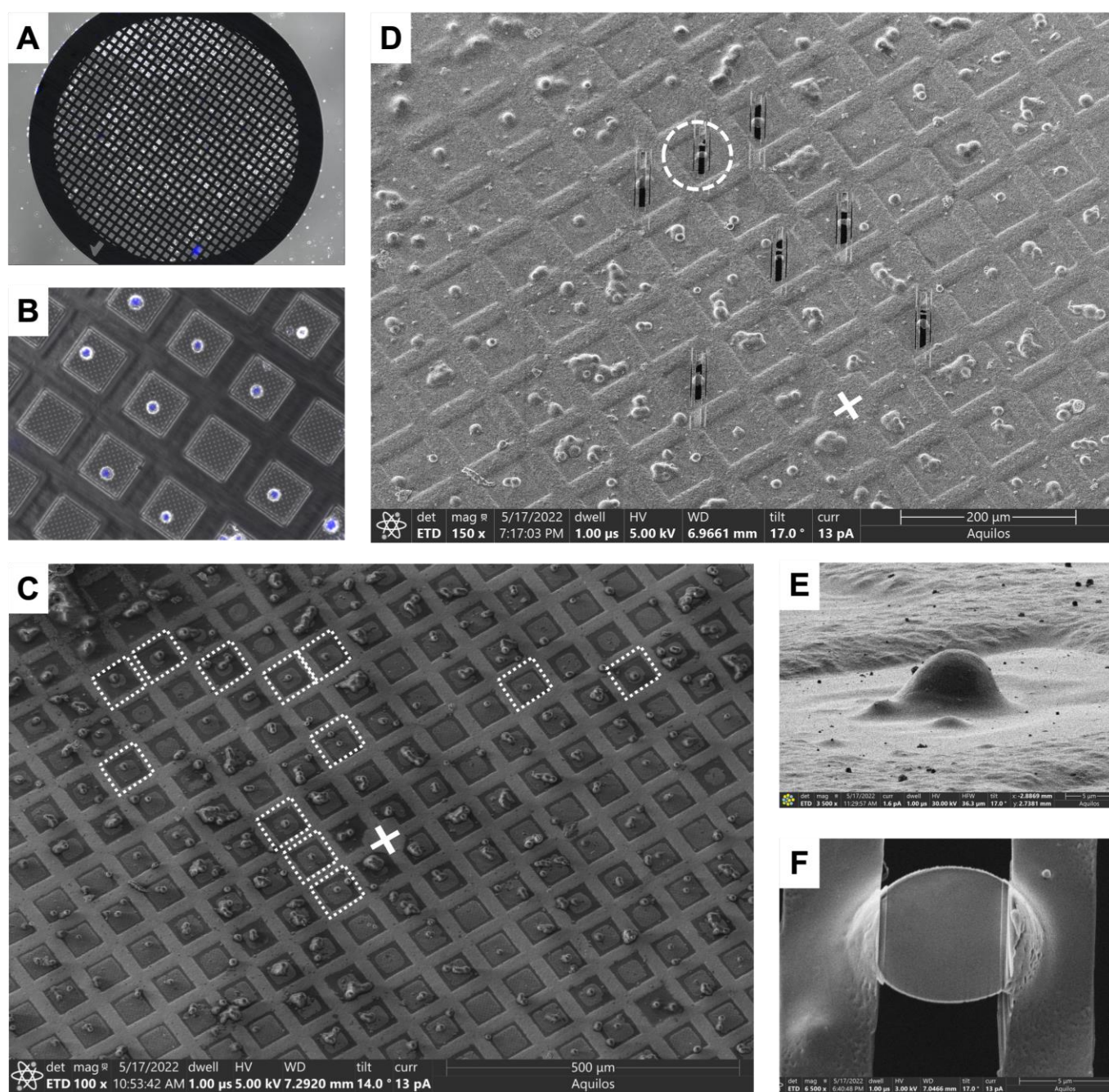
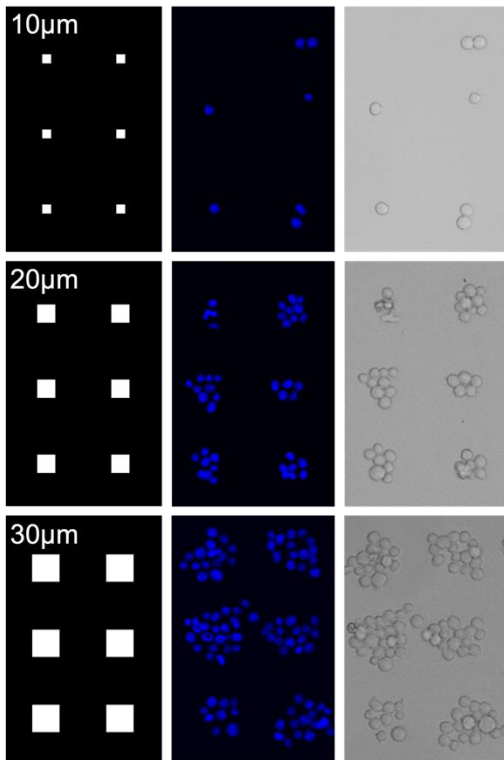


Fig. 1. Affinity capture EM grids facilitate cryo-FIB of minimally adherent cells. **A** – Fluorescence image overlaid with bright field image of 300 mesh EM grid micropatterned with 10 μm circles following antibody incubation and cell capture. **B** – Close up shows single cells centrally positioned on grid squares (nuclei are in blue). **C** – Cryo-SEM image of an EM grid with vitrified cells centrally positioned in grid squares suitable for cryo-FIB (denoted by dotted white squares). The grid center is marked with a white cross. **D** – Cryo-SEM image of the EM grid from **C** after cryo-FIB milling of seven Jurkat cells, with the grid center marked with a white cross. As is typical for cryo-FIB, all milled cells are north of the grid center.

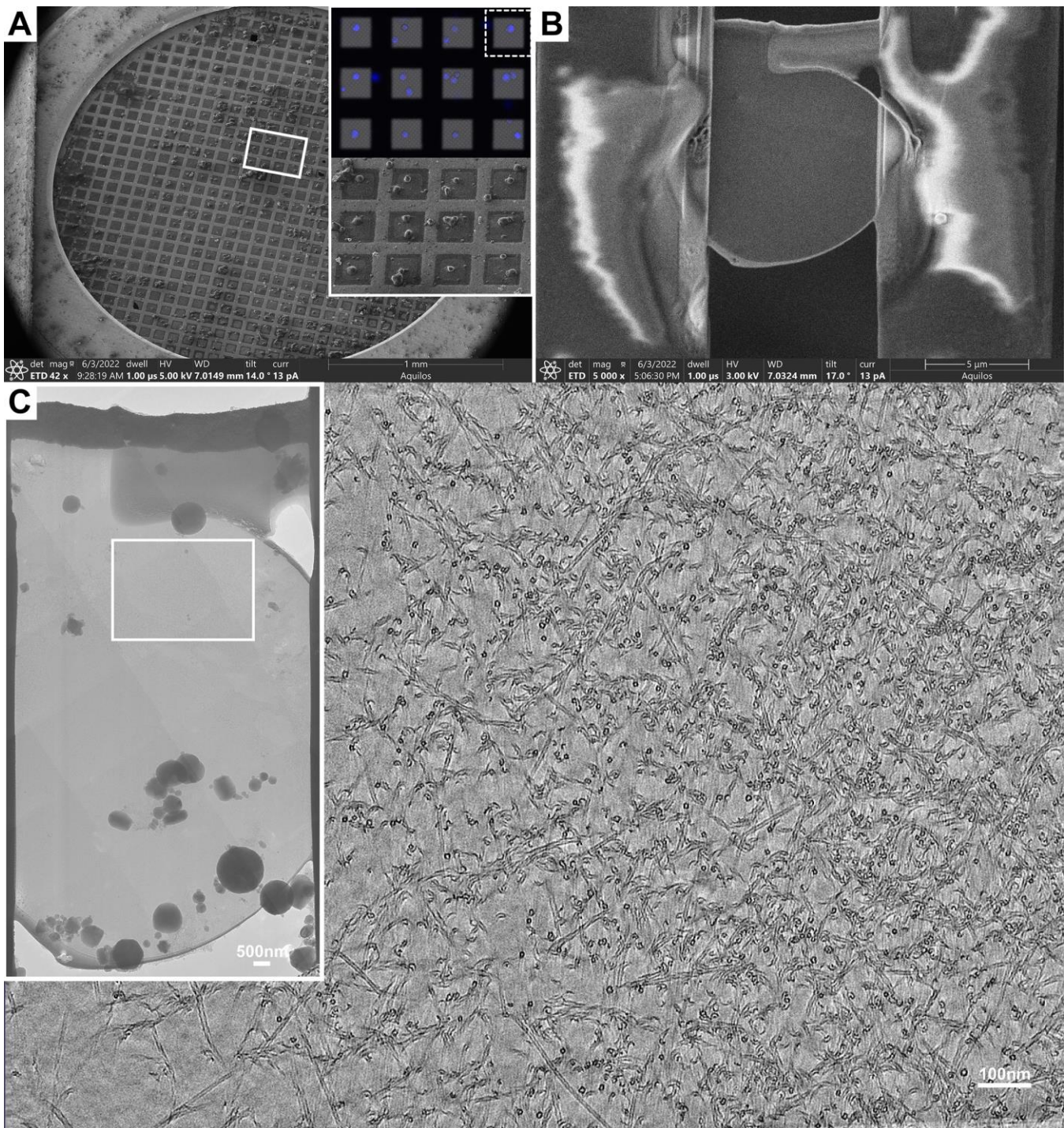
311 center. **E** – Ion beam image of a platinum-coated Jurkat cell selected for cryo-FIB milling, indicated in **D**
312 by the white dotted circle. **F** – The lamella generated from the cell in **E** by cryo-FIB milling.
313



314

315 **Fig. 2. Cell occupancy increases with larger micropatterned anti-CD3 islands.** Examples of
316 micropatterned squares with side lengths ranging from 10 µm to 30 µm. Left panel: digital micropatterns
317 designed to match the pitch of a 300 mesh EM grid. Jurkat cells attached to micropatterned glass incubated
318 with an anti-CD3 mAb. DAPI (middle panel), bright field (right panel).

319

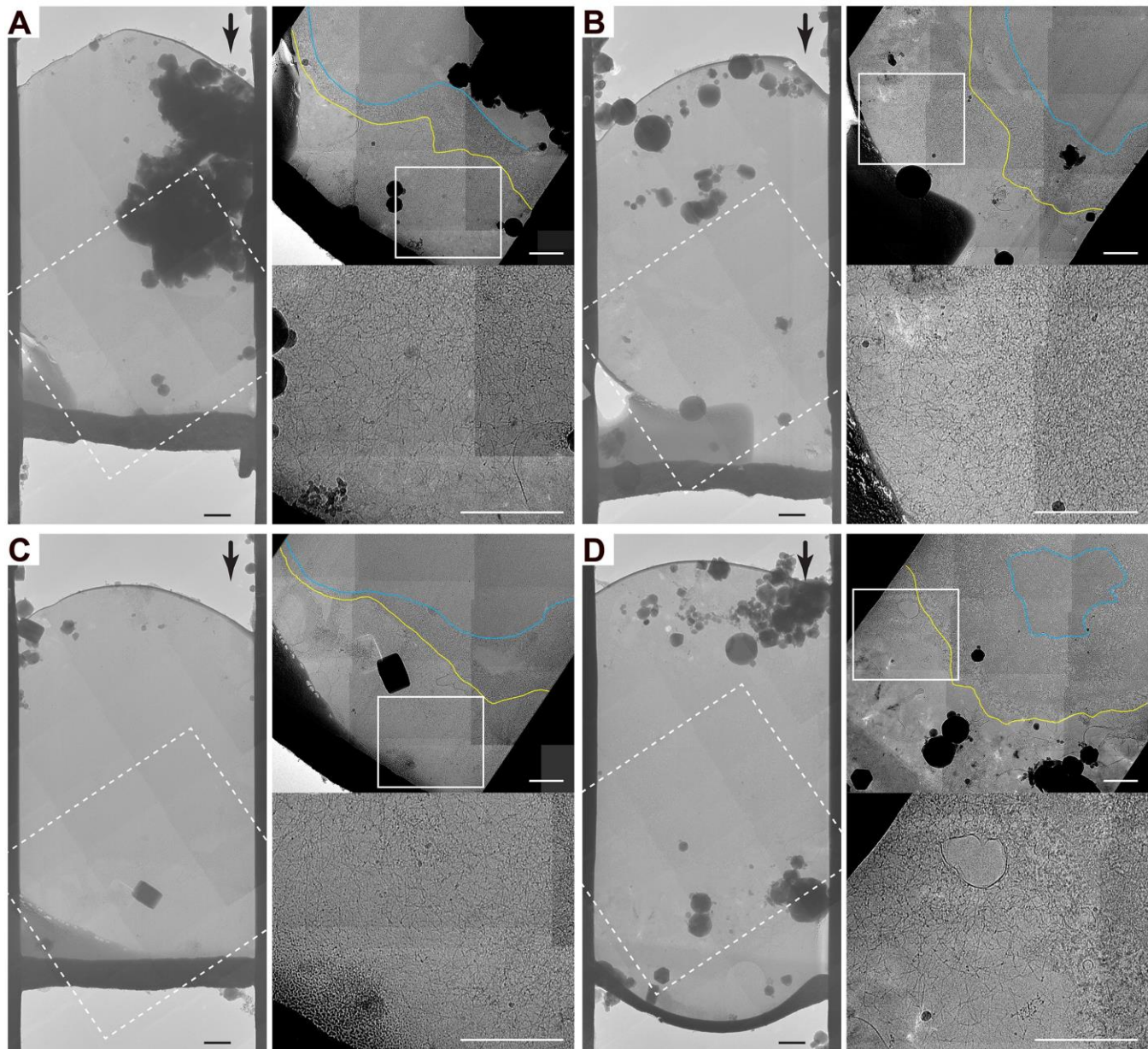


320

321 **Fig. 3. Cryo-FIB/cryo-ET identifies filaments emanating from Jurkat cells on affinity captured**
322 **grids. A – Cryo-SEM of cells vitrified on an affinity capture grid micropatterned with 10 µm circles. Inset**
323 **shows live-cell fluorescence micrograph of nuclei stained with Hoechst 33342 as well as a close up on the**
324 **SEM image. B – A lamella produced from a Jurkat cell via cryo-FIB milling with an Aquilos2. The lamella**
325 **was produced from the cell highlighted by the dotted box of the inset in panel A. C – Cryo-ET of the**

326 lamella from panel **B**. The inset shows a medium magnification (8,700X) montage of the lamella. The
327 white box highlights the area where a tilt series was collected to produce a cryo-tomogram; a single slice
328 is shown (see Movie S4 for the entire tomogram).

329



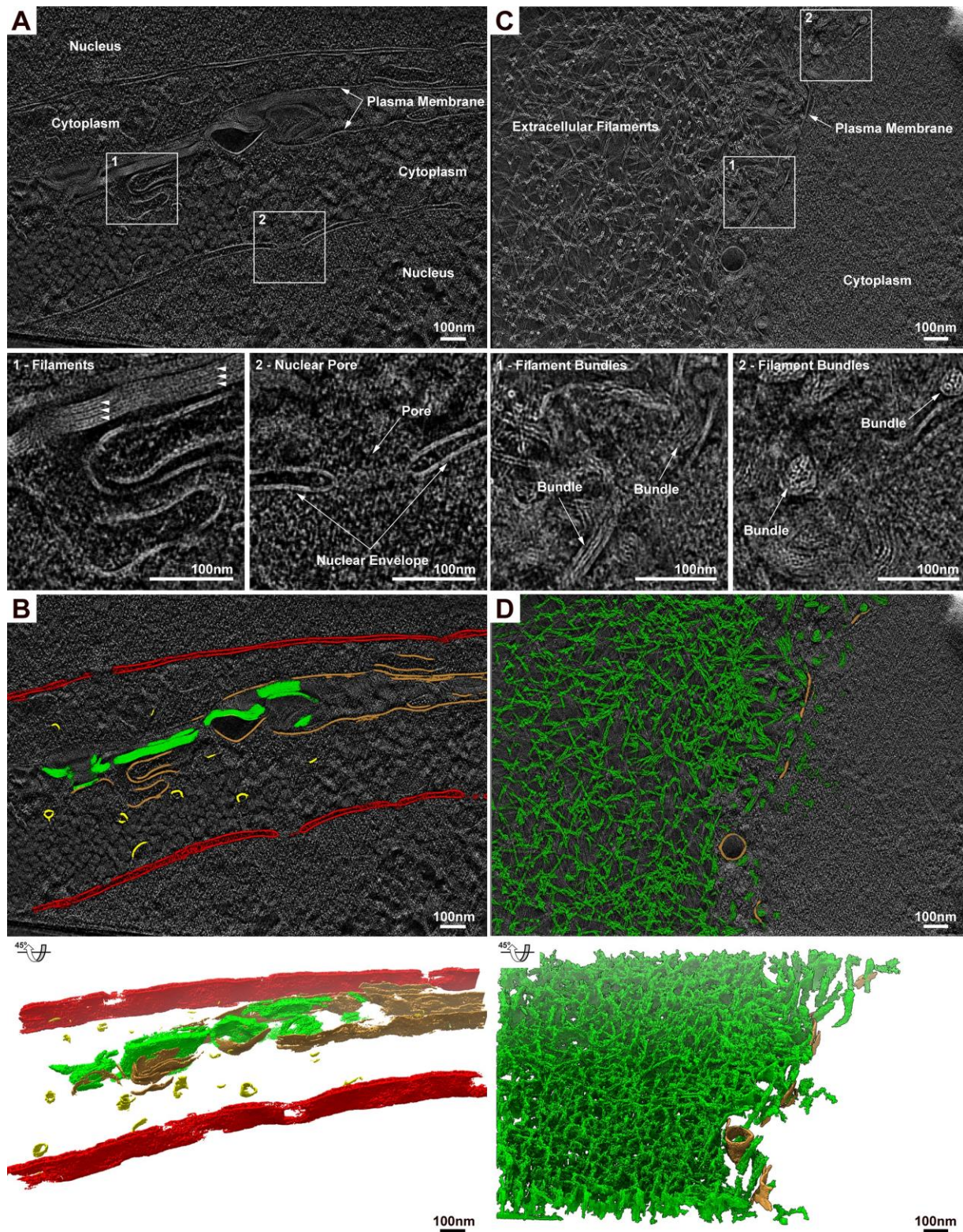
330

331 **Fig. 4. Jurkat cell extracellular filaments were localized at the SiO₂ substrate-cell interface. A to D**
332 – Four examples of cryo-TEM montages (8,700x; 20Å/pixel) of lamellae cryo-FIB milled from
333 micropatterned Jurkat cells. The black arrow in each left hand panel points to the thin layer of platinum
334 coating the top of the cell and indicates the direction of cryo-FIB milling. The region where the thicker
335 dark band below the cell meets the lighter gray region is the SiO₂-Jurkat cell interface. The dotted white
336 boxes highlight the areas shown zoomed-in in the top right image of the panel. The blue lines represent
337 the outline of the nuclear envelopes, the yellow lines represent the outline of the plasma membrane, and
338 the white box highlights the zoomed in area in the lower right panel revealing the intermediate filaments.

339 The contrast for the two right hand panels in **A** to **D** was adjusted to improve visibility of the filaments.

340 All scale bars, 1000 nm.

341



342

343

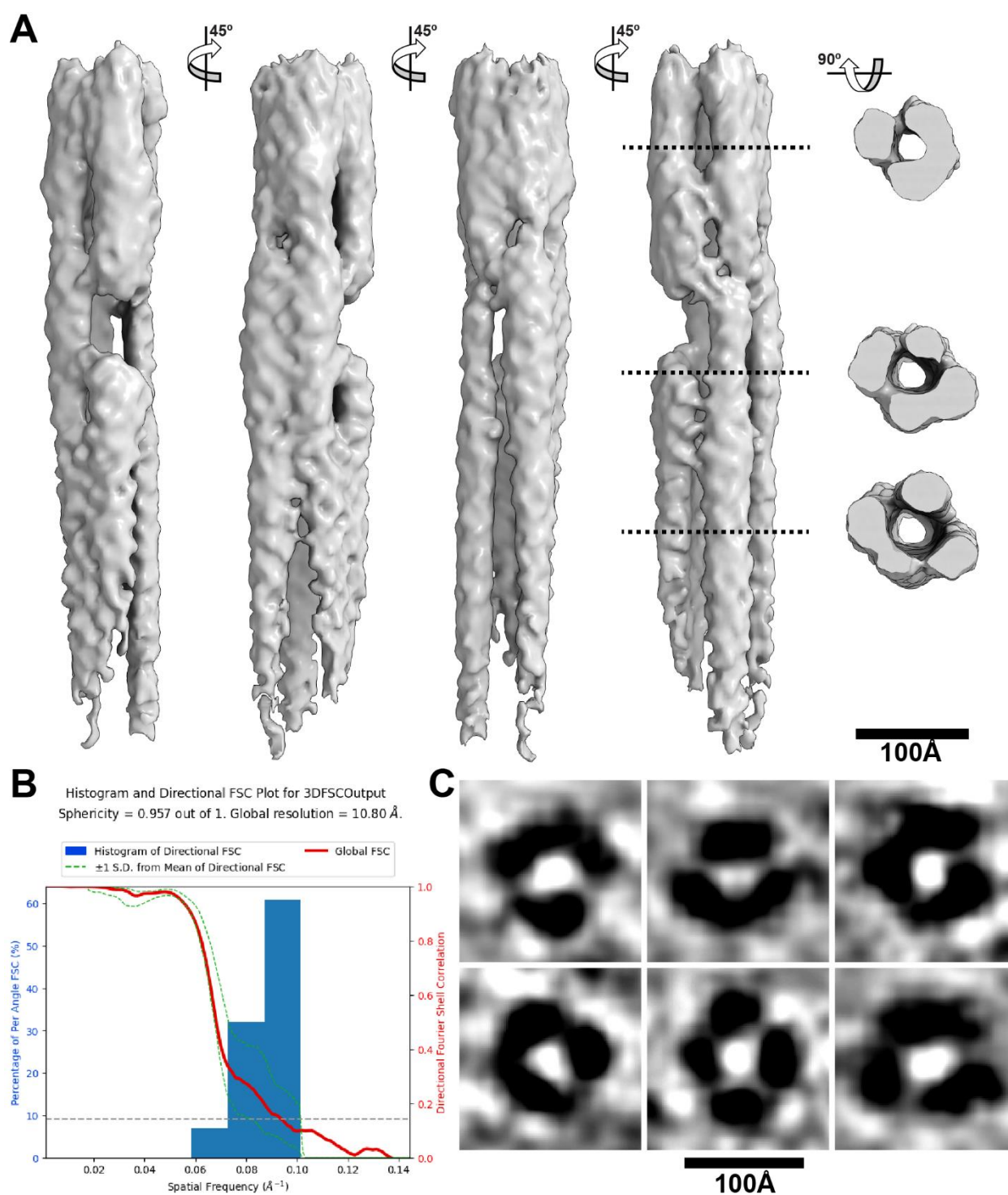
344

345

Fig. 5. Affinity capture grids facilitate the visualization of nanoscale structures at the plasma membrane of Jurkat cells via *in situ* cryo-ET. A to D – Tomogram reconstructions and AI-based segmentation of cryo-FIB milled Jurkat cells. A – Cryo-tomographic slice of the region between adjacent

346 cells showing (1) bundled filaments and (2) a nuclear pore. **C** – Cryo-tomographic slice showing
347 extracellular filaments. In the region closer to the plasma membrane filament bundles can be seen from
348 the side (1) and in cross section (2). **B and D** – AI-based segmentation of filaments (green), plasma
349 membrane (brown), vesicles (yellow), and nuclear envelope (red) identified in the tomograms for panels
350 **A and B**. See Movie S5 for full tomograms and Figure S4 for lower magnification images of corresponding
351 cells and lamellae. All scale bars are 100 nm.

352



353

354 **Fig. 6. Cryo-EM map of Jurkat cell extracellular intermediate filaments.** A – Side and cross section
355 views of the cryo-EM map of intermediate filaments reconstructed using cryoSPARC. Four views (left
356 panels) of the cryo-EM map rotated by 45° along the Y-axis and three cross section views (far right panel)
357 after a 90° rotation along the X-axis. B – A 3DFSC plot of the cryo-EM map with a reported sphericity of
358 0.957 out of 1 and a global resolution of 10.80Å. C – Representative views of individual intermediate

359 filaments from reconstructed tomograms that reflect the cross section views of the cryo-EM map in panel

360 A. Scale bars, 100Å.

361

362 **ACKNOWLEDGEMENTS**

363 This work was supported by NIH R01 AI20459 (SO), R21 AI159375 (SO), R35 GM130332 (ARD), and
364 a Diane and Guilford Glazer Foundation Faculty Fellowship (LE). We thank Dr. Eva de la Serna (Dunn
365 lab) for culturing T-cells on EM grids and Maria Caterina Rotiroti and the Majzner lab at Stanford for
366 providing the CAR T-cells used in this study. We thank Dr. Wah Chiu (Stanford) and Dr. Matthew J. Paszek
367 (Cornell) for helpful discussion and Dr. Lydia-Marie Joubert for providing cryo-FIB training,
368 experimental support, and helpful feedback. We thank the Stanford CryoElectron Microscopy Center
369 (cEMc) for providing access to a Krios cryo-TEM for data collection. Cryo-FIB for this work was
370 performed at the Stanford-SLAC CryoET Specimen Preparation Center (SCSC), which is supported by
371 the National Institutes of Health Common Fund's Transformative High Resolution Cryoelectron
372 Microscopy program (U24GM139166). The content is solely the responsibility of the authors and does
373 not necessarily represent the official views of the National Institutes of Health. The authors declare no
374 competing financial interests.

375 **AUTHOR CONTRIBUTIONS**

376 LE: Conceptualization, Methodology, Validation, Investigation, Writing - Original Draft, Visualization,
377 Supervision, Project administration. MZ: Investigation, Writing - Review & Editing. MZ: Investigation.
378 ARD: Resources, Writing - Review & Editing, Supervision, Funding acquisition. SO: Conceptualization,
379 Methodology, Software, Validation, Formal analysis, Investigation, Resources, Data Curation, Writing -
380 Original Draft, Visualization, Supervision, Project administration, Funding acquisition.

381

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