Neural Cells for Neurodegenerative Diseases in Clinical Trials

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Abstract

Neurodegenerative diseases (ND) are an entire spectrum of clinical conditions that affect the central and peripheral nervous system. There is no cure currently, with treatment focusing mainly on slowing down progression or symptomatic relief. Cellular therapies with various cell types from different sources are being conducted as clinical trials for several ND diseases. They include neural, mesenchymal and hemopoietic stem cells, and neural cells derived from embryonic stem cells and induced pluripotent stem cells. In this review, we present the list of cellular therapies for ND comprising 33 trials that used neural stem progenitors, 8 that used differentiated neural cells ,and 109 trials that involved non-neural cells in the 7 ND. Encouraging results have been shown in a few early-phase clinical trials that require further investigations in a randomized setting. However, such definitive trials may not be possible given the relative cost of the trials, and in the setting of rare diseases.

Key words: neural stem cells; Parkinson's; cell therapy; clinical trials.

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Graphical Abstract

NSCs:

NCT02941991

NCT02463344

NCT02445612

NCT02903576

NCT03167203

NCT04339764

NCT05445063

Progenitors:

NCT04284293

NCT03073733

Retinal Epithelium:

Macular Degeneration NCT01632527 **Retinal Epithelium** NCT01469832 NCT01344993 NCT01345006 NCT02286089 NCT02590692 NCT03178149 NCT01691261 NCT05187104 **Retinitis Pigmentosa** NCT02464436 NCT02320812 NCT04604899

Parkinson Disease

NSC_c. NCT03684122 **Nerve Grafts: NCT01833364** NCT02369003 Neurons[.] NCT04802733

Amyotrophic Lateral Sclerosis NSCe.

NCT01640067 **Progenitors:** NCT02943850 NCT02478450 NCT05306457 **Astrocytes:** NCT03482050

Multiple Sclerosis

NSCs: NCT03269071 NCT03282760 **Progenitors:** NCT01933802 NCT03355365 Oligodendrocyte-like: NCT04943289

PMD/Batten/Huntington's

NSC_s: NCT00337636 NCT01005004 NCT01391637 Oligodendrocyte-like: NCT02254863 Neuron: NCT00190450

Introduction

Neural stem cells (NSCs) are multipotent cells found within the central nervous system (CNS) and can differentiate into neural lineages of neurons, glial, and oligodendrocytes.^{[1](#page-13-0)[-5](#page-13-1)} Sources of NSCs for clinical transplantation range from fetal neural tissues, transdifferentiated cells from embryonic stem cells (ESCs), mesenchymal stem cells (MSCs), and induced pluripotent stem cells (iPSCs). Neurodegenerative diseases (ND) are disorders characterized by progressive loss of neurons associated with deposition of proteins showing altered physicochemical properties in the brain and in peripheral organs[.6](#page-13-2) Affecting hundreds of millions worldwide, they are debilitating and increasingly represent a major global health challenge worldwide today, with limited management options and mostly non-curative. A cellular therapy approach has been proposed to address the clinical gap to effect a cure for ND. The first clinical trials using stem cells in ND took place in mid-1980s with 3-400 participants treated with fetal cell transplantation for Parkinson's disease (PD), in the openlabel format. Subsequently, patients with Huntington's have also experienced clinical benefits with implants of fetal neural

grafts,^{[7](#page-13-3)[-9](#page-13-4)} although temporal. Since then, many other neural and non-neural cell transplantation has been investigated for a range of neurological conditions.

Cell transplantation of neural lineages can exert clinical benefits through multiple mechanisms, such as (1) working synergistically with the endogenous microenvironment to upregulate intrinsic cell proliferation or neuroprotection enhancing the overall regenerative capacity of the transplanted tissue and (2) integrating into the endogenous host network, replacing the cells of interests/injured cells¹⁰ as well as form functional synapses[.11](#page-13-6) As such, the focus of this review is to detail the latest clinical trials using NSCs and cells of neural lineage for the treatment of ND. Clinical trials involving stem cells from other sources have also been listed but not elaborated upon.

Methods

For each disease, a search of the disease name (Parkinson's Disease, Amyotrophic Lateral Sclerosis, Multiple Sclerosis, Batten Disease, Pelizaeus-Merzbacher Disease, Huntington's

Disease, Macular Degeneration, Retinitis Pigmentosa, Alzheimer Disease, Niemann-Pick Diseases, Krabbe Disease, Gaucher Disease, Tay-Sachs Disease, Sandhoff Disease, Mucopolysaccharidoses, Spinocerebellar Ataxias, Dementia With Lewy Bodies, Frontotemporal Lobar Degeneration, Multiple System Atrophy), neural stem cells, neural cells, and cell therapy were performed on clinicaltrials.gov. Diseases with cell therapy using cells of neural lineage are discussed. They will also be listed in the tables, followed by the nonneural lineage cell clinical trials for each disease type. For this purpose, only interventional and not observational studies are included. Studies that were terminated, withdrawn, suspended, or unknown (past completion dates but status not verified for more than 2 years) were excluded. Similarly, studies not registered in clinicaltrials.gov were omitted from this study.

Parkinson's Disease

Parkinson's disease is a chronic ND characterized by the progressive loss of dopaminergic (DA) neurons in the substantia nigra. It is manifested by motor movement impairment such as bradykinesia, tremors, postural instability, and muscle rigidity. It can be effectively treated with medications such as levodopa, dopamine agonists, and monoamine oxidase inhibitors in the early stages but these medications are unable to stop the underlying neurodegeneration.^{12,13} To date, no curative therapies are available to reverse the progression of the disease processes.[14](#page-13-9) Since the late 80s, several groups have transplanted human fetal ventral mesencephalic (fVM) tissues into the caudate and putamen of PD patients, resulting in moderate amelioration of PD symptoms[.15](#page-13-10)[-19](#page-13-11) Further analysis of the human clinical trials with fVM transplantation demonstrated clinical improvements in various parameters^{[14](#page-13-9)} with the best outcomes for milder PD patients with a short disease duration. However, such grafts are associated with the development of dyskinesis,^{[20](#page-14-0)[,21](#page-14-1)} postulated to be due to the presence of serotonergic cells in the donated grafts.²² Han et al. have summarized in a book chapter the clinical outcomes of earlier trials of fetal brain-derived neural stem cell transplantation into PD patients. With the patients (*n* between 1 and 40) observed between 12 months and 24 years, symptom improvement was observed in 11 of the 13 trials, and dyskinesia was reported in 3 out of the 12 trials.[23](#page-14-3) Moreover, graft survival is low, which necessitates multiple donors per patient. With the advancements made in the DA neurons differentiation protocols, DA neurons can be differentiated from various cell sources (ESCs, iPSCs, and MSCs) and these more defined and differentiated populations of cells, being more homogenous have led to new waves of initiatives for cell transplantation in PD patients.¹⁴

There have been 18 trials listed on clinicaltrials.gov with 4 being neural lineage and directly delivered into the brain ([Table 1](#page-3-0)). There is 1 trial utilizing NSCs derived from Wharton's jelly (WJ) MSCs through in vitro differentiation (NCT03684122). The multipotency characteristic of MSCs enables them to differentiate into many cell types, including neurons and other neuronal cells.²⁴ WJ-MSCs differentiated into NSCs were found to have enhanced therapeutic potential compared to undifferentiated WJ-MSCs. These NSCs preserve their immunomodulatory properties while displaying neuroectodermal characteristics[.25](#page-14-5) There are 2 other clinical trials using neural progenitor cells (NPCs)(NCT03309514 and NCT01329926) but both were withdrawn due to

insufficient funding. Another 3 studies involved differentiated neural cells, specifically peripheral nerve grafts containing Schwann cells, and DA neurons differentiated from human embryonic stem cells. The 2 trials that implant autologous peripheral nerve graft directly into the substantia nigra showed that it is safe, feasible, and associated with clinical benefits.^{[26,](#page-14-6)[27](#page-14-7)} The challenge with the use of peripheral nerve grafts is that they contain heterogenous populations of cell types. While it has been proven feasible and safe, more data awaits on its efficacy.²⁷

Amyotrophic Lateral Sclerosis

Amyotrophic Lateral Sclerosis (ALS) is a progressive motor neuron disease affecting motoneurons in the cortex, brain stems, and spinal cord with a worldwide incidence of 2-3 per 100 000[.28](#page-14-8) Affected patients suffers from progressive muscle weakness, atrophy, spasticity, and paralysis, culminating in death within 3-5 years. The majority (90%) of the cases are sporadic with the remaining 10% being familial ALS[.29](#page-14-9) As yet, there is neither a cure nor effective therapy to stop the progression of the disease. Stem cell transplantation has been proposed as a promising therapeutic option $11,30$ as they are equipped with the complex cellular machinery to modify the local environment through secretions of neurotrophic factors^{31,32} as well as possibly differentiate into astrocytes to increase the efficiency of glutamate re-uptake, a process disrupted in ALS.³³ In addition, transplanted stem cells that differentiate into neuronal cells may form synapses with the native motor neurons, providing trophic, and/ or contactmediated support[.34](#page-14-14) Several studies have demonstrated the safety and efficacy of stem cells from different sources such as fetal NSCs, $35-37$ peripheral blood stem cells, $38,39$ $38,39$ MSCs, $40-46$ $40-46$ and olfactory ensheathing cells, a differentiated cell of neural lineage⁴⁷ in ALS patients.

Among the 32 cell transplantation clinical trials recorded, 5 are with cells that are neural-related and are delivered through direct injections [\(Table 2](#page-4-0)). Only one uses human fetal NSCs injected intraspinally, which showed the absence of progression of disease of all 6 enrolled participants for 18 months, with 2 experiencing improvements in ambulation scores[.48](#page-14-22) This work, extended to another 12 participants showed neither severe adverse effects nor increased disease progression over 60 months, and improvement in ALS functional rating scale between 1st and 4th month after transplantation.[49](#page-14-23) Next, Kadimastem et al. demonstrated that intrathecal injection of 100-250 million ESCs-derived astrocyte, AstroRx, significantly reduced the rate of disease progression by 6 months (NCT03482050).⁵⁰ There are another 2 trials, 1 using glial restricted progenitor cells (Q cell) that has yet to initiate recruitment and another using human NPCs genetically engineered to hyper-express glialderived neurotrophic factor (GDNF) that showed a single administration of these cells was safe and are able to provide new support cells and deliver GDNF up to 42 months post-transplantation.^{[51](#page-14-25)}

MSCs are the most common cells used for the treatment of ALS (24 out of the 32 trials). Across the trials, 24 (73%) are phase I/II trials which are mainly safety trials with small patient samples, with 11 out of the 32 trials not specifying the cell dose. More studies are required to elucidate the most effective cells source and dose, method of administration, and frequency of transplantation, 29 along with the ability

Table 1. Clinical Trials listed on clinicaltrials.gov for Parkinson's disease.

Abbreviations: ALS, amyotrophic lateral sclerosis; BM-MSC, bone marrow mesenchymal stem cells; BMSC, bone marrow stem cells; IM, intramuscular; IT, intrathecal; IV, intravenous; M, million; na, not
applicable TBI, traumati Abbreviations: ALS, amyotrophic lateral sclerosis; BM-MSC, bone marrow mesenchymal stem cells; BMSC, bone marrow stem cells; IM, intramuscular; IT, intrathecal; IV, intravenous; M, million; na, not applicable TBI, traumatic brain injury; UC, umbilical cord.

Table 2 Clinical trials listed on clinicaltrials.gov for amyotrophic lateral sclerosis

Abbreviations: ALS, amyotrophic lateral aclerosis; BM, bone marrow; GDNF, glial-derived neurotrophic factors; HSC, hemopoietic stem cells; IM, intramuscular; IT, intrathecal; IV, intravenous; M, million; MNC, mononuclear cells; MSC, mesenchymal stem cells; na, not applicable NSC, neural stem cells; SC, stem cells; TBI, traumatic brain injury; UC, umbilical cord; WJ, Wharton Jelly.

to diagnose the disease earlier to improve outcomes of cell therapy before the onset of irreversible damage.⁵²

Multiple Sclerosis

Multiple sclerosis (MS) is an immune-mediated demyelinating disease of the CNS resulting in CNS neurodegeneration and axonal loss. It is characterized by early acute lesions composed of discrete areas of inflammatory demyelination that either resolve by remyelination or evolve into chronic lesions with associated axonal loss, oligodendroglial cell loss, and glial scarring[.25](#page-14-5) Current disease modifying therapies may prevent or delay disease progression through immunosuppression and immunomodulation $53-56$ $53-56$ although beset with potentially serious adverse events.⁵⁷ Once progressive disability is established, there is currently no cure.^{[58](#page-15-3)}

A total of 48 studies involving cell therapy for MS was retrieved ([Table 3\)](#page-6-0), with 5 cell sources being of neural lineage (10.4%), 22 using MSCs as donor cells, and 10 studies utilizing dendritic and T cells as an immunotherapy approach. Among the clinical trials using cells of neural lineage, 2 used autologous sources while 3 were allogenic (2 fetal and 1 umbilical cord blood). Intrathecal/ intraventricular routes were the mode of administration for those cells. The first phase I trial commenced in 2014, with intrathecal autologous MSCs-derived NPCs given in 3 doses of 10 million cells 3 months apart.²⁵ MSCs-derived NPCs are a subpopulation of MSCs that exhibit neuroectodermal lineage characteristics with reduced capacity to undergo mesodermal differentiation[,59-](#page-15-4)[63](#page-15-5) minimizing risks of ectopic differentiation.⁶⁴ Similar to MSCs, these NPCs exhibit

Table 3. Clinical trials listed on clinicaltrials.gov for multiple sclerosis.

Table 3. Continued

Abbreviations: BM, bone marrow; BMSC, bone marrow stem cells; ESC; embryonic stem cells; HSC, hemopoietic stem cells; IT, intrathecal; IV, intravenous; M, million; MS. Multiple sclerosis; MSC, mesenchymal stem cells; na, not applicable NSC, neural stem cells; SubC, subcutaneous; UCB, umbilical cord blood; WJ, Wharton Jelly.

immunoregulatory and trophic properties both in vitro and in vivo along with upregulation of trophic factors including hepatocyte growth factor, $59,60,65$ $59,60,65$ $59,60,65$ with encouraging results of improved muscle strength, and bladder function in half of the participants. Additionally, four-tenth of participants had a reduction in expanded disability status scale scores compared to baseline, with no serious adverse events reported[.25](#page-14-5)

There had been some success reported with immunotherapy, such as the use of autologous T cells primed against myelin basic protein, myelin oligodendrocyte glycoprotein, and proteolipid protein (PLP) resulting in a reduced annualized relapse rate in a randomized controlled trial[.57](#page-15-2) The large majority of trials using MSCs were of small number (*n* = 7-60), which showed similar outcomes with either intravenous or intrathecal approaches[.40](#page-14-19),[66-](#page-15-9)[69](#page-15-10)

Rare Neurodegenerative Diseases

A group of rare ND has been grouped into this section including Pelizaeus-Merzbacher disease (PMD), Batten disease, and a few enzymes deficiency disorders ([Table 4](#page-9-0)). PMD is an X-linked hypomyelinating disorder that progressively degenerate the white matter of the brain causing problems in learning, coordination, and motor skills.^{[70-](#page-15-11)[72](#page-15-12)} Gene duplications and point mutation of the PLP1 gene result in abnormal myelin production or abnormal trafficking in the endoplasmic reticulum of oligodendrocytes.^{[73](#page-15-13),[74](#page-15-14)} Neuronal Ceroid Lipofuscinosis (NCL), also known as Batten disease is a heterogenous class of lysosomal storage disease characterized by neurodegeneration that share common clinical features of progressive visual and cognitive decline.⁷⁵

To date, there have been a few stem cell based clinical trials, with cell sources ranging from human fetal CNSderived NSCs to hemopoietic stem cells (HSCs) from BM and perinatal tissues including placental, cord, and cord blood. Direct CNS delivery of allogeneic CNS-derived NSCs was used in 3 trials and umbilical cord blood-derived oligodendrocyte-like cells in one. The use of human CNS stem cells for treatment of NCL is a first-in-human clinical trial involving a purified population of human NSCs, for a ND (NCT00337636). Results concluded that neural cell transplantation in NCL is largely safe, with evidence of long-term engraftment determined at post-mortem, suggesting a therapeutic role for NSCs in ND. Nevertheless, it remains crucial to target earlier disease stages for a better runway to curtail disease progression and potential clinical improvement.⁷⁶

In the case of PMD, a phase I trial with fetal NSCs in 4 PMD participants showed successful engraftment and donorderived myelination in 2009.[\[71](#page-15-17),[72\]](#page-15-12) However, there was evidence of disease progression in 2 subjects at long-term follow-up. There was evidence of donor-specific alloantibodies, which may necessitate immunosuppressive therapies for such allogeneic cell therapy. Kurtzberg et al. performed a clinical trial using cord blood-derived oligodendrocyte-like cells (DUOC-01) for inherited metabolic diseases (NCT02254863).⁷⁷ Preliminary results on participants (*n* = 7) with Batten disease demonstrated safety and feasibility parameters for transplantation of DUOC-01, and promising results in 4 out of the 5 survivors showing no evidence of the disease on magnetic resonance imaging.⁷

The rarity of such ND makes it challenging to recruit patients for any trials. As the use of autologous cells is precluded in genetic diseases, unless in the context of **Table 4.** Clinical trials listed on clinicaltrials.gov for Batten and Pelizaeus-Merzbacher diseases.

Abbreviations: BM, bone marrow; CNS SC, central nervous system neural stem cells; HSC, hemopoietic stem cells; IT, intrathecal; IV, intravenous; M, million; MPS, Mucopolysaccharidosis; NP, Niemann-Pick; PMD, Pelizaeus-Merzbacher disease; SC, stem cells; UCB, umbilical cord blood.

Table 5 Clinical Trials listed on clinicaltrials.gov for Huntington's disease

Abbreviations: IV, intravenous; M, million; MSC, mesenchymal stem cells.

gene-edited approaches, the immediate focus should be the development of effective immunosuppressive protocols, and early administration of allogeneic stem cells.^{[75](#page-15-15)[,79](#page-15-20)}

Huntington's Disease

Huntington's disease (HD) is an autosomal dominant ND where cognitive, motor, and psychiatric abilities progressively decline over 2-3 decades. HD mainly affects the medium spiny striatal neurons, making it an attractive target for cell therapy[.80](#page-15-21) Of the 4 trials retrieved, only 1 used fetal neuronal tissue ([Table 5](#page-9-1)). In that seminal French study, human fetal-derived graft demonstrated survival and significant improvements in both motor and cognitive function in 3 participants over a 6-year period^{7,81} but faded off thereafter suggesting the lack of a permanent cure. The other 3 trials involved the use of MSCs, specifically Cellavita-HD, with the latest phase II/III trials initiated in 2020.

There are many other active clinical trials that aim to treat HD, as reviewed by Kim et al., 82 with stem cell therapies

accounting for around 10% (3/28). The advantage of stem cells is that the new neurons can replace degenerating cells in the affected brain regions and, consequently, ameliorate the disease profile. This efficacy might be further improved by engineering the cells to hyper-secrete BDNF, GDNF, or other neurotropic factors or combining stem cells with genetic modification therapy for HD.

Macular Degeneration

There are 2 main forms of macular degeneration (MD); Stargardt disease (STGD1) being the most common cause of MD in children and young adults,⁸³ and age-related macular degeneration affecting up to 8.7% of the world's population⁸⁴ and Stargardt disease results from ABCA4 gene mutations⁸⁵ and results in progressively severe impairment of sight. Atrophic age-related MD shares the key features of progressive atrophy of retinal pigment epithelium (RPE) and overlying photoreceptor cells as STGD1,⁸³ while age-related MD is due to exposure to immune-mediated and oxidative

Table 6. Clinical trials listed on clinicaltrials.gov for macular degeneration.

Table 6. Continued

N ₀	Disease	<i>Sponsor</i>	Cell type	Route	Cell dose	Planned participants	Year	Phase	Clinical trial #
22	Macular degener- ation/RP	Foundation of Orthopaedics and Regenerative Medicine	UC MSC	IV. subtenon	100 M	20	2022		NCT05147701

Abbreviations: AMD, age-related macular degeneration; BM SC, bone marrow stem cells; CNS SC, human central nervous system neural stem cells; ESC, embryonic stem cells; GA, geographic atrophy; iPSC, induced pluripotent stem cells; IV, intravenous; million; na, not applicable RP, retinitis pigmentosa; RPE, retinal pigment epithelium; UC MSC, umbilical cord mesenchymal stem cells.

stresses from genetic and environmental factors.⁸⁶ They are currently incurable although replenishment of degenerating RPE cells with healthy cells offers the possibility of benefit by supporting the function and survival of overlying photoreceptor cells.⁸⁶

There are 22 trials listed of which 16 involved neuralrelated cells ([Table 6](#page-10-0)). ESCs-derived RPE cells from the ESCs line MA09 were used in 6 of these trials. The first ESCs-derived RPE cells were initiated in 2011 with 12 participants (NCT01469832) where subretinal injections of 200 000 ESCs-RPE cells were found to be safe, although no benefit was established.^{[83](#page-15-24)} Another 2 trials (NCT01345006 for STGD1 and NCT01344993 for age-related MD) demonstrated similar reassuring safety outcomes using the same hESCs-RPE source for up to 37 months posttransplantation[.86](#page-15-27),[87](#page-16-0) In these 2 trials where only 1 eye was treated, best-corrected visual acuity (BCVA) improved in the majority of treated eyes (10 out of 17) in addition to improvements in vision-related quality-of-life measures.⁸⁶ Since then, there have been at least 4 different ESCs derived RPE cell products (CPCB-RPE1, ASP7316, ASP7317, and PF-05206388) developed by 3 companies that are currently in phase I/II clinical trials for different forms of MD [\(Table 6\)](#page-10-0). Among them, CPCB-RPE1 has been shown to be safe and well tolerated by participants with advanced dry age-related MD at 1-year post-transplantation with improvements of BCVA in 4 out of 15 participants.⁸⁸ Instances of focally reduced sensitivity and thinning in the hyperpigmented retina at higher doses of hESCs derived RPE has been observed which suggest the potential for harm and indicate that intervention at earlier stages of de-generation should be approached with caution.^{[83](#page-15-24)}

The first clinical trial using autologous human iPSCs derived RPE for MD was led by Dr Takahashi in 1 patient in 2013.[89](#page-16-2) The patient suffered no severe adverse event or rejection aside from cystoid macular edema, with BCVA remaining stable at 1-year post-transplantation (JPRN-UMIN000011929).⁸⁹ There are currently 2 other autologous iPSCs-RPE trials for MD registered (NCT04339764 in 2020 and NCT05445063 in 2022).

The majority of the donor cells for treatment of MD are generally differentiated RPE cell types. Nonetheless, we found 6 trials using autologous bone marrow stem cells (BMSCs), human umbilical tissue-derived cells, and allogenic umbilical cord MSC for cell therapy through various routes [\(Table 6](#page-10-0)). There are currently no phase III trials using cell therapy for MD despite the first trial taking place back in 2011, alluding to the difficulties in developing effective cell therapies for MD.

Retinitis Pigmentosa

Retinitis pigmentosa (RP) is an inherited retinal dystrophy that is characterized by the onset of night blindness, loss of peripheral vision, and loss of central vision in the later stages through the death of photoreceptors. 90 There is no effective treatment for RP as once photoreceptors are lost, they do not regenerate, with most being legally blind by age 40.

Six of the 19 cell therapy trials are performed with cells of neural lineage ([Table 7\)](#page-12-0). Five of them used retinal progenitor cells (RPCs) that can be expanded and differentiated into retinal cells, and have been derived from either fetal ocular tissues $(n = 4)$ or ESCs $(n = 1)$. Transplanted RPCs have not been rejected immunologically, nor formed tumors in the absence of immunosuppressants. $91,92$ $91,92$ Another trial transplanting 3-6 million fetal derived-RPCs intravitreally (*n* = 54) was shown to be safe at 12 months follow-up. Based on the results published on clinicaltrials.gov, there seems to have beneficial effects at the higher cell dose with significant improvement of BCVA and other measures between treated and non-treated eyes[.92](#page-16-5) There is a single trial that utilizes human fetal NPCs directly instead of more differentiated and lineage-restricted retinal progenitor cells (NCT04284293), while others used BM-derived HSCs, or MSCs from different sources ([Table 7](#page-12-0)). More research needs to be focused on (1) improving the efficacy of transplants with photoreceptor potential, (2) improve survival of cells implanted in the subretinal space in areas of geographic atrophy, and (3) factors impacting the immunological readiness of the subretinal space to facilitate longer survival of the transplanted cells.⁹³

Discussion

We found 8 clinical trials involving NSCs, 10 involving neural progenitors, and 23 involving differentiated neural cells ([Supplementary Table S1\)](https://academic.oup.com/stcltm/article-lookup/doi/10.1093/stcltm/szad041#supplementary-data). However, only clinical trials listed on clinicaltrials.gov were covered and while it is the largest clinical trials registry, this would inevitably exclude those only listed on other trials' databases such as EU Clinical Trials Register and Japan Registry for Clinical Trials and others. NSCs have shown potential for the treatment of ND but have yet to be fully exploited. The mammalian brain has a limited ability for repair and regeneration through neurogenesis and gliogenesis. Of the available cell sources for therapy, NSCs have an advantage over the other cell sources as it can not only contribute to multipotent differentiation in replacing neural and non-neural cell types but also participate in modulating inflammatory damage through the secretion of trophic factors. Fetal tissue grafts on the other hand require multiple donors due to the small quantity of stem cells per donor and poor graft survival, with the need to coordinate collection, processing, and analysis before transplantation, and thus presents a significant logistical challenge. While tissue grafts serve to replace the required cells and produce cytokine/growth hormones etc., more

Table 7. Clinical trials listed on clinicaltrials.gov for retinitis pigmentosa.

Abbreviations BM, bone marrow; ESC, embryonic stem cells; IV, intravenous; MSC, mesenchymal stem cells; na, not applicable RP, retinitis pigmentosa; RPC, retinal progenitor cells; SC, stem cells; UC, umbilical cord; WJ, Wharton Jelly.

such as repair of pathways, axonal outgrowth restorations are existing challenges that hamper the engraftment of tissue grafts, and their overall survival.⁹⁴ Bioengineered scaffolds that reproduce the conditions of the extracellular matrix, enhance exchange, and crosstalk between different cell types, engrafted and hosts' cells, and healthy and injured tissues while providing cell support will be a step forward. The use of advanced cryopreservation techniques such as vitrification may help address some logistical issues with the scheduling of neurosurgical transplantation.⁹⁵ The use of hESCs-derived RPE has been extensively used for MD, which presents a theoretical risk of immune rejection. It is hoped that the advent of autologous-iPSCs-derived RPE/ RPCs may circumvent the immune considerations although both hESCs and iPSCs-derived cells have tumorigenic potential albeit a small risk. To err on the side of caution, differentiated cells are preferred ([Supplementary Table S1](https://academic.oup.com/stcltm/article-lookup/doi/10.1093/stcltm/szad041#supplementary-data)), where a very consistent and high purity cells of interest can be obtained for clinical use, doing away with the dangers of tumorigenicity and/or unintended differentiation or proliferation of stem cells. Further improvements in precise differentiation of the desired cells from different cell sources, with minimal risk of tumorigenicity remain a priority^{[80](#page-15-21)[,96](#page-16-9)} with standardization in the characterization of these cells to define its multi-potency or lineage-restriction. For cell therapy via direct neurotransplantation, the need to develop minimally invasive but highly precise surgical techniques is also crucial and it is timely for now, with the higher resolution imaging currently available, to allow accurate graft placement, and post-surgery observation.[14](#page-13-9) It is also important to design randomized placebo-controlled trials while standardizing the disease rating scales and long-term measurable outcomes to establish effectiveness of the treatment. Finally, we will need to push forward with earlier detection and intervention for the best potential of cellular therapy.

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Conflict of Interest

The authors indicated no potential conflicts of interest.

Author Contributions

YP: conceptualizing and design of the paper, data acquisition, analysis of data and drafting the manuscript, EG and JC: critical review of the manuscript. All authors: final approval of manuscript.

Data Availability

All data are incorporated into the article and its online supplementary material.

Supplementary Material

Supplementary material is available at *Stem Cells Translational Medicine* online.

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