REVIEW

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RNA modification-mediated translational control in immune cells

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ABSTRACT

RNA modifications play a vital role in multiple pathways of mRNA metabolism, and translational regulation is essential for immune cells to promptly respond to stimuli and adapt to the microenvironment. N6-methyladenosine (m⁶A) methylation, which is the most abundant mRNA modification in eukaryotes, primarily functions in the regulation of RNA splicing and degradation. However, the role of m⁶Amethylation in translational control and its underlying mechanism remain controversial. The role of m⁶A methylation in translation regulation in immune cells has received relatively limited attention. In this review, we aim to provide a comprehensive summary of current studies on the translational regulation of m⁶A modifications and recent advances in understanding the translational control regulated by RNA modifications during the immune response. Furthermore, we envision the possible pathways through which m⁶A modifications may be involved in the regulation of immune cell function via translational control.

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Introduction

Gene expression undergoes post-transcriptional regulation by multiple steps via mRNA splicing, mRNA export from the nucleus to the cytosol, mRNA stability, and mRNA translation to produce proteins [[1](#page-8-0),[2](#page-8-1)]. N6-methyladenosine (m⁶A) methylation, initially discovered in the 1970s, is the most abundant modification of mRNA in eukaryotes [[3](#page-8-2)]. It is widely involved in the regulatory processes of gene expression, including transcript splicing, export from the nucleus, stability, decay, translation efficiency, and RNA–protein interactions [[4](#page-8-3)[–6](#page-8-4)]. Numerous mRNAs containing multiple m⁶A modification sites are associated with pathways that control cell fate, differentiation and morphogenesis [\[7\]](#page-8-5), and thus m⁶A modification play radical roles in development, organism homoeostasis and disease. We also summarized and discussed the functional relevance of m6 A modification in different cells under normal or disease conditions in our previous publications [\[8](#page-8-6)[–11\]](#page-8-7). For instance, m⁶A methyltransferase METTL3 or METTL14 was found to promote homoeostatic expansion of naïve CD4⁺ T cell in vivo during the adoptive transfer colitis model. Mechanistically, m⁶A-modified mRNAs of the suppressor of cytokine signalling (SOCS) family genes underwent rapid degradation in response to interleukin (IL)-7 stimulation, thereby initiating the homoeostasis and differentiation of naïve T cells by sparing the IL-7-signal transducers and activators of transcription 5 (STAT5) pathway [[10](#page-8-8)]. Ito-Kureha et al. found that deficiency of *Wtap* (an essential scaffold protein of the m⁶A methyltransferase complex) impaired the functionality of $RORyt^+$ iTreg cells in the gut and caused colitis, a phenotype shared with genetic inactivation of *Mettl3* or *Mettl14*. Conditional deletion of *Wtap* with CD4-Cre downregulated CD8 co-receptor and T cell antigen-receptor (TCR)-β expression in single-positive thymocytes. Moreover, *Wtap*-deficient T cells die upon TCR-induced activation. In activation-induced T cell death, m6 A modification and *Wtap* inhibition functioned by influencing mRNA decay of the Ca2+ channel *Orai1* and the programmed cell death-inducible kinase *Ripk1* [[12\]](#page-9-0). Differences in deletion efficiency, timepoint of deletion or compensatory changes may explain the different phenotypes produced by different mouse models of different components of the methyltransferase complex. While the regulation of RNA splicing and degradation by m⁶A has been well documented and abundantly reviewed, the regulation of translation by m⁶A and its mechanisms remain highly controversial [[13](#page-9-1)[,14\]](#page-9-2).

Biological processes associated with the immune response are under precise and selective control of gene expression, including cytokine production, immune cell activation, differentiation homoeostatic expansion and innate antiviral immunity [\[15](#page-9-3)]. mRNA translation, which enables rapid changes in the proteome without *de novo* transcription, plays a crucial role in facilitating immediate responses to changing environmental conditions. This capability allows organisms to mobilize host defence and coordinate immune responses to infections efficiently [\[16\]](#page-9-4). It was found that naïve T cells maintain a large number of idle ribosomes, as well as multiple repressed mRNAs and a reservoir of glycolytic enzymes. These components engage rapidly upon stimulation, facilitating immediate translational and glycolytic conversion to

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accelerate the T cell activation program [\[17\]](#page-9-5). Our recent study has also identified a novel mechanism by which N^1 methyladenosine (m^1A) -modified tRNAs control T cell homoeostasis and signalling-dependent translational control of specific key proteins, further highlighting the importance of the translational control in immune cells [[18](#page-9-6)]. Evidence suggests crosstalk between different RNA modifications. HRSP12 as an RNA-binding protein that recognized m^1A and Boo et al. found that the binding of HRSP12 to m¹A promoted efficient interaction of YTHDF2 with m⁶A, consequently promoting endoribonucleolytic cleavage via the RNase P/MRP complex. In addition, m^1A and m^6A modifications synergistically promote rapid mRNA degradation [[19\]](#page-9-7). The cooperative role of m^1A and m^6A modifications in translation regulation warrants further exploration, as understanding their synergistic effects can enhance our comprehension of the regulatory mechanisms involving m6A. In this review, we will summarize the recent progress of translational control regulated by RNA modifications during the immune response, with a particular focus on m6A modifications, and explore the limitations of current studies.

Introduction to m6 A RNA modification

The m⁶A methyltransferase complex consists of METTL3, METTL14, and WTAP, each playing a distinct role in catalysing m⁶A modification. METTL3 is the first protein identified as an S-adenosylmethionine-binding subunit com-plex with the function of catalytic m⁶A modification [[20](#page-9-8)[,21\]](#page-9-9). METTL14 and METTL3 form a heterodimer [[22](#page-9-10)], and as METTL14 is primarily responsible for recognizing and localizing subunits. Together, they cooperate with each other in vivo to catalyse m⁶A modification of mRNA [[23](#page-9-11)-25]. WTAP promotes m⁶A modification of mRNA by recruiting METTL3-METTL14 heterodimers co-localized in nucleolar patches [\[26\]](#page-9-13). ZC3H13-WTAP-Virilizer-Hakai complex has also been identified as an important regulatory complex of RNA m⁶A and ZC3H13 is required for nuclear localization of other components, as well as METTL3 and METTL14 [[27](#page-9-14)]. In addition to mRNA, m⁶A modifications are also present in other types of RNAs, including rRNA, long non-coding RNA (lncRNA), microRNA and small nuclear RNA (snRNA). Recent studies have revealed that METTL5 methylates 18S rRNA [\[28\]](#page-9-15), while ZCCHC4 acts as a eukaryotic 28S m6 A methylation transferase [[29](#page-9-16)]. RNA-binding motif protein 15 (RBM15) and its paralog RBM15B can mediate $m⁶A$ formation of the long non-coding RNA [\[30\]](#page-9-17). METTL16 is a functionally specific methyltransferase that independently affects m⁶A modification and is involved in the methylation modification of U6 snRNA, long noncoding RNAs, and some mRNAs [\[31](#page-9-18)[,32\]](#page-9-19).

Fat mass and obesity-associated protein (FTO), the first identified RNA demethylase, is responsible for removing remove $mRNA$ $m⁶A$ [\[33\]](#page-9-20). FTO can also regulate m¹A and m⁶Am, another form of m⁶A, which is enriched at the cap of a portion of mRNA and certain small nuclear RNAs [\[34](#page-9-21)[,35\]](#page-9-22). Furthermore, AlkB homologue 5 (ALKBH5)-mediated $m⁶A$ erasure controls the splicing and stability of long 3'-UTR mRNAs in cells [\[36\]](#page-9-23). There could be unknown m⁶A demethylase to be identified.

In addition to methyltransferases and demethylases, m⁶A modifications of RNAs require binding to m⁶A-binding proteins that specifically recognize the m⁶A sites to regulate RNA metabolism. The fate of m6 A-modified mRNAs is dependent on the function of the m⁶A-binding proteins that recognize them, which may affect the stability, splicing, and/or translation of the target mRNAs [[6](#page-8-4)]. Up to now, several m⁶A binding proteins have been identified, among which the family proteins of YTH structural domain, insulin-like growth factor 2 mRNA binding protein family and eukaryotic translation initiation factor 3 (EIF3) have been the most widely studied. While numerous review articles have focused onm⁶A's role in RNA stability and splicing, we will emphasize the RNA translation regulation by $m⁶A$ and its binding proteins in immune cells.

m6 A-binding proteins regulate mRNA translation

YTHDF family members

In earlier studies, members of the YTHDF family were found to play different functions in m⁶A modification. YTHDF1 improving translation efficiency by interacting with the translation machinery [\[37\]](#page-9-24), while YTHDF2 was associated with mRNA degradation by recruiting the CCR4-NOT deadenylation complex [[38](#page-9-25)]. Jin et al. found that YTHDF1, YTHDF2, and YTHDF3 reciprocally and physically interacted with each other via endogenous co-IP experiments. In Non-small cell lung cancer (NSCLC) tumour and normal tissues, the expression of YAP was regulated by m⁶A modification, whereby balancing the function of YTHDF1 and YTHDF2 via the YTHDF3 hub. Specifically, the m⁶A modification of YAP premRNA was first recognized by YTHDF3, followed by a competitive binding of YTHDF1 and YTHDF2 to YTHDF3, which determined the fate of YAP pre-mRNA. After YTHDF2 binding to YTHDF3, which carried YAP premRNA with m⁶A, YTHDF2 presented YAP mRNA to AGO2, which then recruited other molecules to form RISC system to promote YAP mRNA degradation. Following YTHDF1 binding of YTHDF3, which carried m⁶A-modified YAP premRNA, YTHDF1 presented YAP mRNA to eIF3a-contained translation initiation complex to promote translation of YAP mRNA, leading to an increase in YAP protein level [[39](#page-9-26)].

Several investigations have identified the role of YTHDF1 mediated translation in immune cells [Figure 1A](#page-2-0)). METTL3 mediated mRNA m⁶A methylation in the 3'UTR region of TLR4 signalling adaptor Tirap, CD40, and CD80 in dendritic cell (DC). Tirap mRNA level was similar in *Mettl3*KO DC compared with *Mettl3*WT DC, CD40 and CD80 had similar mRNA level but decreased protein level in *Mettl3* KO DC. Tirap, CD80, and CD40 were all found to have a lower translation efficiency in *Mettl3*KO mature DC (maDC) compared with that in *Mettl3*WT maDC, which was verified by qPCR of ribosome-associated RNA separated from 80S monosome fraction and genome-wide ribosome profiling. The m⁶A-dependent translational regulation was mediated by YTHDF1, thereby stimulating T cell activation and enhancing TLR4/NF-κB signalling-induced cytokine production

Figure 1. The role of m⁶A-binding proteins on regulating mRNA translation. (A) the YTHDF family is involved in mRNA translation. (B) the IGF2BP family regulates mRNA translation. (C) role of other m⁶A-binding proteins in mRNA translation. Need to tap into the existing m⁶A binding proteins for translation regulation in immune cells and explore the role of novel m^6 A binding proteins within it.

[\[40\]](#page-9-27). Persistent neoantigen-specific immunity was found to be regulated by m⁶A methylation of mRNA through YTHDF1. Han et al. demonstrated a significant reduction in the translation efficiency of *Ythdf1*−/− DCs compared to wild-type DCs, as revealed by ribosome profiling, particularly for YTHDF1-
targeted and m⁶A-marked transcripts. YTHDF1 targeted and transcripts. YTHDF1 recognized m6 A-tagged transcripts encoding lysosomal proteases, thereby increasing translation of lysosomal proteases in DCs, which in turn inhibited cross-presentation of dendritic

cells and cross-priming of CD8⁺ T cells. YTHDF1 deficient mice displayed elevated antigen-specific CD8⁺ T cell antitumor responses, and the therapeutic efficacy of PD-L1 checkpoint blockade was enhanced in *Ythdf1*−/− mice [\[41](#page-9-28)]. Although there is no direct evidence that YTHDF1 regulates T cell translation, Li et al. identified that YTHDF1 as an immunosuppressive molecule for T cell functions in diverse tumours by analysing the tumour immune microenvironment. YTHDF1 regulated immunosuppressive molecules PD-

L1 and VISTA expression in an m⁶A-dependent manner. Although YTHDF1 knockdown did not affect the transcriptional levels of PD-L1 and VISTA, polysome profiling demonstrated that YTHDF1 knockdown resulted in reduced translation efficiency of PD-L1 and VISTA mRNA in colorectal cancer (CRC) cells [[42](#page-9-29)].

Tumour-infiltrating myeloid cells (TIMs) are crucial cell populations involved in tumour immune escape. YTHDF1 recognized METTL3-mediated $m⁶A$ modification of JAK1 mRNA in TIMs, and METTL3-m⁶A-YTHDF1 enhanced Jak1 mRNA translation in polysome with subsequent promotion of STAT3 phosphorylation. Remarkably, deletion of METTL3 in myeloid attenuated tumour growth in mice [\[43\]](#page-9-30). Yang et al. observed that METTL3-deficient mice exhibited increased infiltration of M1 or M2 tumour-associated macrophages (TAM) and regulatory T cells within tumours, resulting in impaired efficacy of PD-1 checkpoint blockers. The mRNA decay assays indicated that m⁶A modification did not significantly affect the decay of *Spred2*, whereas polysome profiling and qRT-PCR showed that the *Spred2* mRNA level in translation-active polysomes of *Mettl3*-deficient bone marrow-derived macrophages (BMDMs) was significantly lower than that in WT BMDMs. Moreover, YTHDF1 mediated the translation of SPRED2, leading to enhanced NF-κB activation and promoting tumour progression [\[44\]](#page-9-31). It appears that in different cell types, YTHDF1 exerts its influence on cellular functions by recognizing different target genes and regulating their translation.

In addition to YTHDF1, recent studies have revealed that loss of function of m⁶A modification due to METTL3 depletion inhibits YTHDF3-mediated autophagic flux. Through profiling global proteome changes in mouse embryonic fibroblasts (MEFs) with nutrient starvation, YTHDF3 was detected to be significantly upregulated during nutrient deficiency. m⁶A modification sites around the FOXO3 mRNA stop codon were recognized by YTHDF3 through the recruitment of eIF3A and eIF4B to promote FOXO3 translation and subsequently initiate autophagy [\[45\]](#page-9-32). Autophagy is involved in maintaining cellular energy homoeostasis and cellular adaptation to nutrient deficiencies. Considering the crucial role of the transcription factor Foxo3 in myeloid cell function and its involvement in the polarization of CD4+ T cells into pathogenic T helper 1 (Th1) cells, which produce interferon-γ (IFN-γ) and granulocyte monocyte colony-stimulating factor (GM-CSF) [[46](#page-9-33)], it is plausible that YTHDF3-mediated translation regulation may also impact T cell function. Furthermore, inhibition of ALKBH5 can effectively inhibit the growth of MYCdysregulated B-cell lymphoma. Mechanistically, MYC downregulated the protein expression of specific MYC-repressed genes (MRGs) by reducing m⁶A modification through ALKBH5. RIP assay results indicated that YTHDF3 exclusively bound to the MRG transcripts SPI1 and PHF12, thereby functioning in MYC-mediated MRG expression via m⁶A modification. Polysome profiling analysis suggested that YTHDF3 regulated the translation of MRG transcripts [[47](#page-9-34)].

Despite numerous studies suggesting the involvement of the YTHDF family in mRNA translation and regulation, there

are contrasting perspectives in the literature. Jaffrey et al. reported that YTHDF family members do not induce translation in HeLa cells [[48](#page-9-35)], and their roles in regulating stability and differentiation become apparent only when all three YTHDF family members were depleted simultaneously. Furthermore, YTHDF1 promotes the translation of the m⁶A-modified mRNA it recognizes through its interaction with eIF3 in previous studies, which appears to involve a different mechanism from the typical role of eIF3 in translation. EIF3 is known to facilitate the interaction of initiation factors and ribosomes necessary for productive translation. It binds to highly specific mRNA programs through the mRNA 5' UTR and functions as a translational activator or repressor through various RNA stem-loop binding modes [\[49](#page-9-36)]. Nonetheless, some published YTHDF1 binding m⁶A sites were located in the 3'UTR region. Recently, Zou et al. demonstrated that YTHDF1 indeed promotes translation in HeLa cells using YTHDF1 target transcripts rather than all methylated mRNA for analysis, and they identified the key approaches in the analyses of Zaccara et al. that may contribute to divergent conclusions [[50](#page-9-37)]. Only ~753 high confidence transcripts were directly bound by YTHDF1 as identified with photoactivatable ribonucleoside-enhanced crosslinking and immunoprecipitation (PAR-CLIP). While Zaccara et al. investigated the effects of YTHDF1 knockdown on translation or stability of ~60% of the transcriptome, yet YTHDF1 primarily bound only \sim 10% of the transcriptome. Thus, the effects of YTHDF1 knockdown on the other m⁶A-modified mRNA could be indirect, which may be a functional consequence of the ~50% of m⁶A-modified mRNAs not bound by YTHDFs analysed by Zaccara et al. In addition, exploring the function of YTHDF proteins in translation and decay based only on actively translated RNA may lead to the inclusion of indirect effects in the analysis [\[50\]](#page-9-37). Hu et al. also defined mRNA by m⁶A-selective allyl chemical labelling and sequencing (m⁶A-SAC-seq), a novel method for quantitative and wholetranscriptome mapping of m⁶A at single-nucleotide resolution. The m⁶A fractions of transcripts showed an effect on translation efficiency, with knockdown of either METTL3 or YTHDF1 further decreasing translation efficiency. Translation efficiency can be notably perturbed by the $m⁶A$ sites located in the CDS but less in the 3'UTR and 5'UTR [\[51](#page-9-38)]. Thus, when analysing the role of YTHDF proteins in translational regulation, it is necessary to consider the m⁶A modification sites and the specificity of the targets, and as well as to apply appropriate investigation approaches and account for possible indirect effects of them, such as those involving other RNAbinding proteins.

IGF2BP protein family

IGF2BP protein family members, which stabilize m⁶A-containing mRNAs and promote their translation through their K homology (KH) domains [\[52\]](#page-10-0). Excessive cytokine activity underlies many autoimmune diseases, particularly through the interleukin-17 (IL-17) and tumour necrosis factor-α (TNFα) signalling axis. IGF2BP2 occupation of Cebpd and Cebpb mRNAs was enhanced by m⁶A modification in MEFs and human renal epithelial cells (HK-2). IGF2BP2 promoted IL-17-mediated stabilization of Cebpd mRNA and facilitated the translation of C/EBPβ/δ in response to IL-17A, IL-17F and TNF, which was detected by performing RIP of eIF4G (eukaryotic initiation factor 4 gamma) and assessing the occupancy of Cebpd and Cebpb mRNAs within the translation initiation complex [\[53\]](#page-10-1). Yu et al. identifiedIGF2BP2 recruited EIF proteins, such as EIF4E and EIF3A, to MYC, GPT2 and SLC1A5 mRNA to fine-tune their translation and regulated glutamine metabolism in acute myeloid leukaemia [\[54\]](#page-10-2). Glutamine has been recognized as an immunomodulatory nutrient [[55\]](#page-10-3), and glutamine metabolism tailored the immune responses of macrophages via metabolic and epigenetic reprogramming [\[56\]](#page-10-4). Therefore, it will be fascinating to explore in future research whether IGF2BP affects glutamine metabolism through translational regulation and thus participates in the immune response [Figure 1B](#page-2-0)).

Other readers

'Reader' proteins directly bind and recognize m⁶A marks on RNA, influencing various RNA fate processes such as splicing, export, stability, and translation. Recently, a number of novel m⁶ A readers have been identified. In oesophageal squamous cell carcinoma (ESCC) cells, Li et al. found that altering METTL3 levels did not significantly alter TNFRSF1A (also known as TNFR1) mRNA level. However, increased m⁶A modification of the TNFR1 transcript affected its protein level. Common m⁶A recognition proteins, namely 'reader' proteins (including YTHDF1–3, YTHDC1–2 and IGF2BP1–3), failed to interact with TNFR1 transcripts, suggesting that there may be other functional proteins involved in this process. Subsequently, Li et al. identified a novel functional protein called ATXN2, which is involved in m6A methylation and demonstrated its role in enhancing the translation of TNFR1-mediated signalling events by polysome profiling. This activation of the NF-κB and MAPK pathways promoted the development of ESCC [[57](#page-10-5)]. ATXN2 can directly interact with target RNAs via its Lsm and Lsm-AD domains and interact with poly A-binding protein (PABPC1) through its PAM2 motif. The ATXN2-PABPC1 complex plays a role in translation initiation [[58](#page-10-6)[,59](#page-10-7)]. Drosophila FMR1 preferentially binds mRNAs containing m⁶A-marked 'AGACU' motif, which is mainly dependent on the hydrophobic network within FMR1 KH2 domain and contributes to maternal RNA degradation [\[60\]](#page-10-8). FMRP, positively regulated by IRE1, was also found to act as a translation repressor via polyribosome profiling and promote atherosclerosis by affecting macrophage cholesterol metabolism [\[61\]](#page-10-9). The discovery of novel m⁶A-recognizable RBPs will greatly facilitate our understanding of the role of RNA modifications in regulating immune cell function [Figure 1C](#page-2-0)).

m6 A methyltransferases regulates mRNA translation

It is reported that METTL3 depletion inhibited translation, and both wild-type and catalytically inactive METTL3 promoted translation when tethered to a reporter mRNA. Contrary to current models that invoke $m⁶A$ reader proteins downstream of nuclear METTL3, METTL3 associated with ribosomes and promoted translation in the cytoplasm [\[62\]](#page-10-10).

Gregory et al. also identified METTL3 enhanced translation only when tethered to a reporter mRNA in close proximity to the stop codon, supporting a mechanism of ribosomal recycling and translational control of the mRNA cycle. And METTL3-eIF3h interaction was required for enhanced translation, formation of dense polyribosomes, and oncogenic transformation [\[63](#page-10-11)].

METTL3 was also associated with a large proportion of non-m6 A-modified transcripts. In gastric cancer cells, cytoplasmic METTL3 promoted specific interactions between the PABPC1 and eIF4F complex, independent of m⁶A modification, thereby regulating the translation of non-m6 A-modified epigenetic mRNAs. This suggests that mRNA preference for METTL3 May be conferred by other molecular determinants rather than m⁶A modification [[64](#page-10-12)].

Nucleus METTL3 and cytoplasmic METTL3 May play different roles in the regulation of gene expression and cellular function. The intracellular and extracellular environment affect METTL3 expression, nuclear translocation and function. For instance, lactate accumulated in tumour microenvironment potently induced METTL3 upregulation in TIMs via H3K18 lactylation. Two lactylation modification sites in the zinc-finger domain of METTL3 were essential for METTL3 to capture target RNA for promoting the immunosuppressive capacity of TIMs [\[43\]](#page-9-30). Lu et al. reported that IL-6 mRNA transcripts were subject to METTL3-mediated m-⁶A modifications that promoted METTL3 deacetylation and nuclear translocation, thereby inducing global m⁶A abundance and then impeded cancer metastasis [\[65\]](#page-10-13). Innate signals phosphorylated METTL3 at serine 67 via TBK1, a key kinase of antiviral pathways. And METTL3 mediated m⁶A modification secured antiviral immunity by promoting mRNA stability and protein translation [[66\]](#page-10-14). The investigation of the nuclear translocation of METTL3 and the different targets and mechanisms of nuclear and cytoplasmic METTL3 will be essential to explore the regulatory mechanisms of immune cells in different environments.

In addition, another $m⁶A$ methyltransferase METTL14 was implicated in m⁶A modification and the downregulation of P2RX6 protein translation in renal cell carcinoma cells. TP-P2RX6 was involved in regulating Ca^{2+} mediated p-ERK1/2/ MMP9 signalling to increase migration and invasion of renal cell carcinoma cells [[67](#page-10-15)]. As a functionally specific methyltransferase, METTL16 exerted both methyltransferase activity-dependent and independent functions in gene regulation. In the nucleus, METTL16 functioned as an m⁶A writer, depositing m⁶A into its hundreds of specific messenger RNA targets. In the cytosol, METTL16 interacted directly with EIF3a and EIF3b, as well as ribosomal RNA, through its Mtase structural domain in an m⁶A-independent manner. The interaction facilitated the assembly of the translation initiation complex and the translation of mRNA transcripts, which contributed to the tumorigenic effects of hepatocellular carcinoma [[68](#page-10-16)] ([Figure 2\)](#page-5-0).

m6 A modification regulates ncRNA

While recent research has focused on m⁶A modifications in mRNAs and their impact on mRNA processing and

Figure 2. The role of m⁶A methyltransferases on regulating mRNA translation. The m⁶A transferases perform distinct functions in the nucleus and cytoplasm, with translation regulated in an m⁶A-dependent and m⁶A-independent manner. The intra- and extracellular environment may influence the nucleoplasmic distribution of m⁶A transferases.

translation, it has become evident that m⁶A also played regulatory roles in non-coding RNAs. Extensive pre-mRNA back-splicing generated a number of circular RNAs (circRNAs) in human transcriptome. Consensus m⁶A motifs are enriched in circRNAs and a single m⁶A site is sufficient to drive translation initiation. Mao et al. revealed that m⁶A-driven translation of circRNAs was widespread, with hundreds of endogenous circRNAs having translation potential through polysome profiling, computational predic-tion and mass spectrometry [[69](#page-10-17)]. This $m⁶A$ -driven translation required initiation factor eIF4G2 and m⁶A reader YTHDF3. It was enhanced by methyltransferase METTL3/14, inhibited by demethylase FTO, and upregulated by environmental stress such as heat shock [\(Figure 3A](#page-5-1)).

Figure 3. The role of m⁶A modification on ncRnas. (A) m⁶A modification mediates the translation of circRnas. (B) m⁶A modification regulates lncRNA and then lncRNA affects mRNA translation. (C) m⁶A modification is involved in mRNA translation by affecting rRnas. m⁶A modifications may affect the translational regulation in immune cells directly or indirectly by impacting ncRnas.

In addition to circRNAs lncRNAs are also under the influence of m⁶A regulation and engaged in translational regulation. LncRNA FGF14-AS2 was downregulated by YTHDF2 mediated RNA degradation in an m⁶A-dependent manner. FGF14-AS2 then inhibited the translation of RUNX2 by suppressing the assembly of the eIF4E/eIF4G complex and phosphorylation of eIF4E, thereby reducing the transcription of RANKL, an important regulator of osteoblast differentiation [\[70\]](#page-10-18) [\(Figure 3B\)](#page-5-1).

Furthermore, METTL5-TRMT112 methyltransferase complex installed the m⁶A modification at position 1832 of human 18S rRNA and TRMT112 were required for METTL5 stability. In hepatocellular carcinoma (HCC) model, the depletion of METTL5-mediated 18S rRNA m⁶ A modification leaded to impaired 80S ribosome assembly and reduced translation of mRNAs involved in fatty acid metabolism [[71](#page-10-19)] ([Figure 3C](#page-5-1)).

Although current studies of $m⁶A$ regulation of ncRNAs and its impact on translation are relatively limited, their role in immune cells has not been well attended to. The expression of lncRNA was highly cell- and stage-specific during T cell development and differentiation and lncRNAs played a critical role in the T-cell program [[72](#page-10-20)]. CircRNAs, with high stability, abundance and conservation, were involved in the remodelling of tumour immune microenvironment [\[73\]](#page-10-21). CircRNAs also contributed to the activation of innate immunity in humans, where m⁶A RNA modification on human circRNAs suppressed innate immunity and exogenous circRNAs induced antigen-specific T cell activation, antibody production and anti-tumour immunity in vivo [\[74\]](#page-10-22). Given the potential functions that non-coding RNAs in immune cells, it becomes crucial to future investigate the role of non-coding RNAs in RNA modification-dependent translational regulation. Such efforts will have significant implications for understanding the underlying mechanisms by which immune cells exert their roles.

m6 A modifications and other RNA modifications

Prevalent modifications on mRNAs include m^6A , N^1 methyladenosine $(m¹A)$, 5-methylcytosine (m^5C) , 7-Methylguanosine $(m⁷G)$, adenosine-to-inosine RNA editing, alternative polyadenylation and pseudouridine (Ψ) [\[75,](#page-10-23)[76\]](#page-10-24). Most of these modifications contribute to premRNA splicing, nuclear export, transcript stability and translation initiation in eukaryotic cells, constituting key mechanisms of epigenetic regulation in immune response and tumorigenesis [[75](#page-10-23),[76](#page-10-24)]. We used an unsupervised clustering method to analyse the expression patterns of RNA modification 'writers' in colorectal cancer (CRC) samples and identified their functional interactions and potential roles in tumour microenvironment (TME), drug sensitivity, and immunotherapy [[77](#page-10-25)]. However, the mechanism of interaction between these RNA modifications remains unclear.

Certain RNA modification regulators have multiple identities that regulate different RNA modifications. For instance, FTO is known to bind multiple RNA species, including mRNA, snRNA and tRNA. FTO exhibits its catalytic activity on different substrates, including internal m⁶A and cap m⁶Am

in mRNA, internal m⁶A in U6 RNA, internal and cap m⁶Am in snRNA, and m^1A in tRNA demethylation [[35\]](#page-9-22). The distribution of FTO in different cell lines affected its access to distinct RNA substrates. It was also found that FTO had different effects on different substrates, with FTO-mediated demethylation having a greater effect on the transcript levels of mRNAs possessing internal m⁶A compared to mRNAs possessing cap m⁶Am. In addition, FTO could directly repress translation by catalysing m^1A tRNA demethylation [\(Figure 4A](#page-7-0)).

Xie at al. proposed that m^1A -modified A71 on exon 1 of ATP5D (one of the most important subunits of adenosine-5'−triphosphate synthase) negatively regulated translation elongation in cancer cells via increasing binding to the YTHDF1/eRF1 complex and promoting the release of mRNA from the ribosomal complex, which in turn participates in glycolysis regulated by the $m¹A$ demethylase ALKBH3 [\[78\]](#page-10-26). It is well established that m^1A can regulate mRNA translation, and our recent research demonstrated that T cells upregulated tRNAs m¹A58 methyltransferases TRMT61A and TRMT6 upon exit from quiescence, and that subsequent $m¹A$ -modified early tRNAs enhanced translation efficiency, ensuring rapid and necessary synthesis of MYC and a specific set of key functional proteins to guide naïve T cells from quiescence into a proliferative state and rapid expansion upon activation [\[18](#page-9-6)]. It is still unknown
whether $m⁶A$ regulation of mRNA is involved whether regulation of mRNA is involved in $m¹A$ -induced translational regulation in T cell differentiation and other physiological or pathological activities of immune cells [\(Figure 4B](#page-7-0)).

Furthermore, it has been revealed that YTHDC2 functions beyond binding m⁶A modifications. The YTH structural domain of YTHDC2 is an m⁶A binder in vitro, but mice with YTH point mutations are fertile, and loss of the weak 3'→5' RNA helicase activity leads to sterility. The weak helicase activity of YTHDC2 is enhanced by its interaction with the 5'→3' exonuclease XRN1 [\[79\]](#page-10-27). CDS m⁶A positively regulated translation by resolving mRNA secondary structure, and the extended facilitation of CDS methylation required m⁶A reader YTHDC2, which containing the RNA helicase [\[80\]](#page-10-28). Hu et al. also recognized the modified m⁶A sites tended to adopt predicted structures with lower minimum free energies (MFE) than non-methylated sites via m⁶A-SACseq, indicating that m⁶A tended to mark regions that form secondary structures, which in turn enhanced translation efficiency by relaxing secondary structure [[51](#page-9-38)] ([Figure 4C\)](#page-7-0). The interactions between RNA helicase activity and m⁶A binding domain during the m⁶A regulation of translation control require further investigation.

Conclusions and future perspectives

In recent years, rapid progress has been made in understanding the post-transcriptional regulation of genes by RNA modifications. RNA modification determines immune cell fate and regulates immune cell functional behaviour. m^6A modification is involved in multiple pathways of mRNA metabolism, and translational regulation is essential for immune cells to rapidly respond to stimuli and adapt to the microenvironment.

Figure 4. The crosstalk between m⁶A modifications and other RNA modifications. (A) FTO plays a role in the demethylation of various RNA modifications, including m⁶A, m⁶Am and m¹A. m¹A-mediated tRNA modifications play an important role in the regulation of translation required for T cell activation, and the function of FTO in this is still unknown. (B) the binding protein YTHDF1 binds m¹A in addition to m⁶A and thus mediates translation initiation. (C) in addition to binding m⁶A, YTHDC1 also has a weak RNA helicase function. There may be crosstalk between multiple RNA modifications, and how m⁶A regulators coordinate their functions in multiple RNA modifications and the roles they play in immune cells need to be further investigated.

However, there are still more gaps in the study on the translational regulation of m⁶A in immune cells, and current studies are mostly focused on its role in regulating immune cell infiltration within the tumour microenvironment. In this review, we summarized current researches in the regulation of translation by m⁶A modifications with a view to uncovering possible pathways in the involvement of m⁶ A modifications in the regulation of immune cell function through translational control. The m⁶A regulation of translation is mainly carried out through the recognition of m⁶A by YTHDF1, and whether other indirect mechanisms are involved is one of the questions that need to be addressed. Furthermore, other m⁶A binding proteins that can affect translation need to be identified and validated.

In addition, the subcellular localization of m⁶A regulators is also important. For example, METTL3 showed multiple functions that may depend on its cellular localization. m⁶A regulator expression and cellular localization were influenced by intracellular and

extracellular environments. Exploring the effects of environmental stimuli or cellular signals on m⁶A regulators can offer insights into regulatory mechanisms underlying immune cells function in normal physiological states and pathological conditions.

There may be some indirect regulatory effects on the regulation of translation by m6A-related enzymes. METTL3 directly activated the PI3K-Akt-mTOR signalling pathway to promote retinoblastoma cancer cell proliferation, migration, and invasion, rather than being regulated by m⁶A methylation [[81\]](#page-10-29). Akt activated the mTORC1 pathway, therefore downstream activation of S6K1 phosphorylated ribosomal 40S protein S6, initiating the translation of the mRNA 5'-end and stimulating ribosomal protein synthesis [[82](#page-10-30),[83\]](#page-10-31). The extension of ribosomes in the CDS region were affected by the sequence features, secondary structure of the CDS itself. Complex secondary structure, binding proteins on RNA affected ribosome migration, and thus translation speed. m⁶A binding protein YTHDC2, through its RNA helicase activity like clearing roadblocks to lift the secondary structure of RNA, promoted the smooth migration of ribosomes, which may ultimately be manifested as m⁶A-promoted translation. However, whether m⁶A is necessary for YTHDC2 to fulfill its roadblock-clearing function needs to be further clarified. In addition, most of the current studies have demonstrated translational regulation of m⁶A by analysing possible m⁶A-binding proteins that bind target genes, and by the fact that reader proteins have little effect on the mRNA levels of target genes, but do affect protein levels. This may be the result of some indirect regulatory effects and the mechanisms involved need to be further clarified.

Numerous non-coding RNAs exist in cells, especially the tRNAs and rRNAs, which perform vital posttranscriptional regulation of mRNAs. It is known that tRNAs and rRNAs are the most heavily decorated RNA species by various modifications, and the physiological function of those modification is far from understood. By moderating the fate and function of these non-coding RNAs, it may directly or indirectly affect the translation of mRNAs. Finally, a part of m⁶A regulators participate in regulating multiple modifications, and those RNA modifications they mediate have different regulatory functions and mechanisms in mRNA translation. The combined or crosstalk effect among these RNA modifications may affect the specificity of their target mRNAs, thereby generating different fates of immune cells.

TCR signalling controls the development, activation and survival of T cells by involving several layers and numerous mechanisms of gene regulation. Signals from the newly rearranged determine fate of thymocytes during T cell development and TCR repertoire selection [[84](#page-10-32)]. Peripheral mature T cells exert effector functions after antigen recognition. TCR stimulation of effector T cells can cause activation-induced cell death (AICD), and AICD is crucial for maintenance of peripheral T cell homoeostasis after antigen clearance [\[85\]](#page-10-33). Although it has been reported that $m⁶A$ is involved in AICD by influencing mRNA decay, the contribution of m⁶ A-dependent translational regulation in this has not been reported.

m⁶A modifications are only observed in a specific subset of mRNAs and can be bound by different reading proteins, so each cell type may establish unique regulatory networks leading to different outcomes. In analysing the role of m⁶A in translational regulation, it is essential to consider the specificity of m⁶A modification sites and targets, and it is necessary to clarify how different m⁶A reading proteins and other RNA-binding proteins act synergistically or antagonistically in different specific contexts. Therefore, it is relevant to characterize the function of immune cells in homoeostatic and disease conditions through the investigation of RNA modification regulators, including m⁶A modification, and to excavate the complex role exerted by RNA regulatory proteins in regulating mRNA translation. This will provide theoretical support for the development of epigenetic therapies for the treatment of autoimmune diseases, infectious diseases and cancer from the perspective of RNA modifications.

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Author contributions

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Data availability statement

Data sharing is not applicable to this article as no new data were created or analysed in this study.

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