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## Disrupted glucose homeostasis and glucagon and insulin secretion defects in Robo $\beta$ KO mice

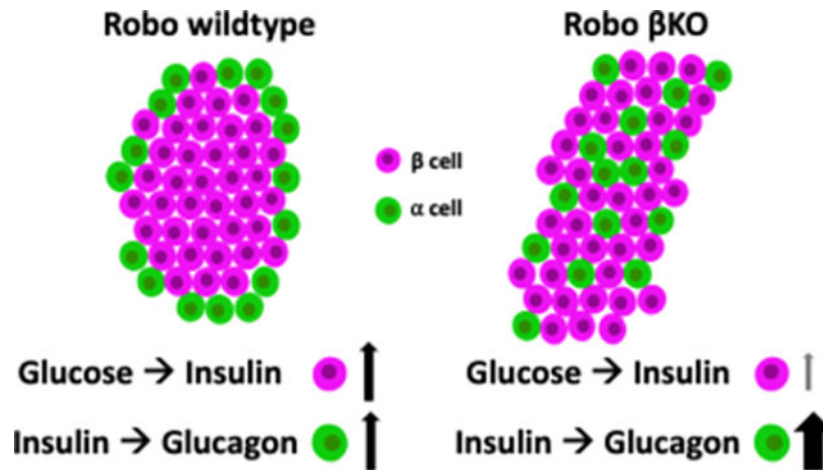
Melissa T. Adams<sup>1,\*</sup>, Bayley J. Waters<sup>1,\*</sup>, Sutichot D. Nimkulrat<sup>1</sup>, Barak Blum<sup>1,†</sup>

<sup>1</sup>Department of Cell and Regenerative Biology, University of Wisconsin-Madison, Madison, WI 53705, USA

### Abstract

The axon guidance proteins, Roundabout (Robo) receptors play a critical role in morphogenesis of the islets of Langerhans. Mice with a  $\beta$  cell-selective deletion of Robo (Robo  $\beta$ KO), show severely disrupted spatial architecture of their islets, without defects in  $\beta$  cell differentiation or maturity. We have recently shown that Robo  $\beta$ KO mice have reduced synchronous glucose-stimulated  $\beta$  cell calcium oscillations in their islets *in vivo*, likely disrupting their pulsatile insulin secretion. Here, we analyze whole-body metabolic regulation in Robo  $\beta$ KO mice. We show that Robo  $\beta$ KO mice have mild defects in glucose homeostasis, and altered glucagon and insulin secretion. However, we did not observe any severe whole body glucoregulatory phenotype following the disruption of islet architecture in Robo  $\beta$ KO. Our data suggest that islet architecture plays only a mild role in overall glucoregulation.

### Graphical Abstract



<sup>†</sup>Corresponding Author: Barak Blum; bblum4@wisc.edu.

<sup>\*</sup>Equally contributing authors

Author Contributions

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Conflict of Interest Statement

All Authors have stated explicitly that there is no conflict of interest in connection to this article.

In Robo  $\beta$ KO mice, disrupted islet architecture leads to loosening of fine intra-islet regulation, resulting in lower secretion of insulin from  $\beta$  cells and higher secretion of glucagon from  $\alpha$  cells in the disorganized islet.

## Introduction

The islets of Langerhans control glucose homeostasis through coordinated hormone secretion. There are at least five different types of islet endocrine cells, which are characterized by the hormones they produce. The three most common are the insulin-producing  $\beta$  cell, the glucagon-producing  $\alpha$  cell, and the somatostatin-producing  $\delta$  cell. Within the rodent islet, endocrine cells are organized such that  $\beta$  cells preferentially reside in the core, while non- $\beta$  endocrine cells reside in the periphery<sup>1</sup>. In humans, islet architecture is more complex<sup>2,3</sup>, but is still non-random and governed by the preferential formation of homotypic interactions between endocrine cells<sup>4-6</sup>.

The number and type of homotypic and heterotypic cell-cell interactions within the islet are important for intra-islet paracrine signaling and the electrical cell-cell coupling required to coordinate the interdependent pulsatile patterns of insulin, somatostatin, and glucagon secretion<sup>7,8</sup>. In response to elevated glucose,  $\beta$  cells co-secrete insulin in a synchronized, pulsatile pattern allowed for by the high level of gap-junctional coupling among intra-islet  $\beta$  cells, a property made possible by the preferential tendency for homotypic  $\beta$ - $\beta$  contacts within the islet<sup>9-12</sup>. Pulsatile insulin secretion, coordinated systemically amongst all islets in the pancreas, is important for preserving insulin sensitivity of peripheral tissues, and for robust activation of hepatic insulin signaling<sup>13-15</sup>. Pulsatile  $\beta$  cell secretion within the islet during elevated glucose also stimulates pulsatile glucagon and somatostatin secretion from neighboring  $\alpha$  and  $\delta$  cells, respectively, *via* paracrine signaling. In addition to intra-islet paracrine signaling, juxtacrine signaling such as EphA and ephrinA occurs between homotypic  $\beta$ - $\beta$  cell neighbors to modulate insulin secretion, and between heterotypic  $\alpha$ - $\beta$  cell neighbors to inhibit glucagon secretion<sup>16,17</sup>. Altogether, islet architecture sets up organized spatial interactions among endocrine cell types within the islet, which in turn coordinate hormone secretion to maintain normoglycemia.

Islet architecture defects and disrupted pulsatile hormone secretion are seen together in obesity, prediabetes, and diabetes<sup>18,19</sup>. Pulsatile insulin secretion is diminished in prediabetic and diabetic patients<sup>20</sup>. Moreover, postprandial pulsatile insulin and glucagon secretion lose their counterrelated interdependence in prediabetes and diabetes<sup>21,22</sup>. Postprandial inhibition of glucagon secretion, which is highly dependent on paracrine and juxtacrine signaling among  $\beta$  and  $\delta$  cells, is also lost<sup>23-25</sup>. It is possible that the islet architectural defects seen in diabetes contribute to the concomitant hormone secretion phenotypes, yet the effects of altered islet architecture itself are hard to uncouple from effects of diabetes pathology and loss of  $\beta$  cell maturity.

Roundabout (Robo) receptors are axon guidance molecules, whose function is required for tissue morphogenesis in many organs. We have previously shown that  $\beta$  cell-selective deletion of the genes for two Robo receptors, Robo1 and Robo2 (Robo  $\beta$ KO), during islet development in neonatal mice leads to disrupted spatial tissue organization in the islet<sup>26</sup>.

Importantly, Robo  $\beta$ KO does not affect  $\beta$  cell differentiation or death<sup>26</sup>. Because the islets of Robo  $\beta$ KO mice are severely disorganized, yet the architectural phenotype is not linked to defects in  $\beta$  cell differentiation or to pathologies related to  $\beta$  cell damage in diabetes, they provide a useful model to test the direct effects of disrupted islet architecture on islet function and glucose homeostasis. Robo  $\beta$ KO islets have *in vivo* disruptions in their synchronous glucose-stimulated  $\beta$  cell calcium oscillations, likely due to the changes in islet architecture itself<sup>27</sup>. Synchronous oscillations are thought to underlie pulsatile insulin secretion, which is important for secreting correct amounts of insulin in response to glucose, for regulating glucagon and somatostatin secretion, and for robust and sensitive activation of hepatic insulin signaling.

We hypothesized that Robo  $\beta$ KO mice would display systemic *in vivo* defects in glucose tolerance, insulin tolerance, and balanced hormone secretion, due to changes in islet architecture that disrupt cell-cell coupling and paracrine, autocrine, and juxtacrine signaling within the islet. Here, we show that Robo  $\beta$ KO mice have whole-body physiological defects which manifest as reduced glucose tolerance and disrupted islet glucagon and insulin secretion.

## Materials and Methods

### Animals

All animal experiments were conducted in accordance with the University of Wisconsin—Madison IACUC guidelines under approved protocol number M005221. Robo  $\beta$ KO mice have been previously described<sup>26,27</sup>. Robo  $\beta$ KO mice were kept on a mixed background and have a constitutive deletion of Robo1 with a floxed Robo2 allele, which is deleted specifically in the  $\beta$  cell using either Ucn3-Cre (targeting mature  $\beta$  cells) or Ins1-Cre (targeting differentiated  $\beta$  cells). A model with a Robo1 deleted background was used in order to fully remove potential compensatory or redundant Robo signaling in the islet; however, prior work shows that Robo1 appears to be dispensable for endocrine cell type sorting and islet architecture establishment during development, with Robo2 being the primary driver of the islet architectural defect seen in Robo  $\beta$ KO mice<sup>26</sup>. All mice possessed one copy of Rosa26<sup>Isl-H2B-mCherry</sup> (Ref. <sup>26</sup>). Ucn3-Cre Robo  $\beta$ KO or Ins1-Cre Robo  $\beta$ KO mice and their respective Cre+ Robo wildtype littermate controls were enrolled when they reached at least 8 weeks of age.

### Oral glucose tolerance tests

Mice were fasted starting in the morning for 6 hours by removing chow and transferring mice to a fresh cage. Glucose was administered via oral gavage at a dosage of 2g glucose/kg bodyweight. Blood glucose measurements were taken at time 0-, 15-, 30-, 60-, and 120-minutes post-gavage.

### IP insulin tolerance tests

Mice were fasted starting in the morning for 6 hours by removing chow and transferring mice to a fresh cage. Insulin was administered via intraperitoneal (IP) injection at a dosage of 0.4U/kg bodyweight for males and 0.2U/kg bodyweight for females from the Ucn3-Cre

line, and 0.6U/kg bodyweight for males and 0.3U/kg bodyweight for females from the Ins1-Cre line. Dosages were optimized for each line and adjusted to account for sex differences in insulin sensitivity. Blood glucose measurements were taken at time 0-, 15-, 30-, 60-, and 120-minutes post IP injection.

#### **In vivo measurements of glucagon during insulin tolerance test**

Mice were fasted starting in the morning for 6 hours by removing chow and transferring mice to a fresh cage. Insulin was administered via intraperitoneal (IP) injection at the dosages listed above. Blood samples were collected in heparin coated tubes from the tail vein at times 0-, 15-, 30-, 60-, and 120-minutes post IP injection. Samples were kept on ice for the duration of experiment and then spun at  $2000 \times g$  for 20 minutes at  $4^{\circ}\text{C}$  to separate plasma. Plasma glucagon levels were measured using a mouse glucagon ELISA kit (CrystalChem).

#### **In vivo measurements of insulin during glucose tolerance test**

Mice were fasted starting in the morning for 6 hours by removing chow and transferring mice to a fresh cage. Glucose was administered via oral gavage at a dosage of 2g glucose/kg bodyweight. Blood samples were collected in heparin coated tubes from the tail vein at times 0-, 15-, 30-, 60-, and 120-minutes post IP injection. Samples were kept on ice for the duration of experiment and then spun at  $2000 \times g$  for 20 minutes at  $4^{\circ}\text{C}$  to separate plasma. Plasma insulin levels were then measured using an ultra-sensitive mouse insulin ELISA kit (CrystalChem).

#### **Pancreas collection after oral gavage**

Mice were fasted starting in the morning for 6 hours by removing chow and bedding. Glucose was administered via oral gavage at a dosage of 2g glucose/kg bodyweight. 5 minutes post gavage, mice were euthanized via  $\text{CO}_2$  inhalation, and pancreata were harvested and immediately placed in 10 ml acid-ethanol (0.18M HCL in 70% EtOH)

#### **Whole pancreas hormone content**

Pancreata from Ucn3-Cre Robo  $\beta\text{KO}$  and wildtype controls were incubated in acid-EtOH overnight at  $-20^{\circ}\text{C}$ , then homogenized and incubated overnight again at  $-20^{\circ}\text{C}$ . Samples were spun at  $2000 \times g$  at  $4^{\circ}\text{C}$  for 15 minutes. Supernatant was collected and neutralized using an equal volume of Tris-HCL pH 8.0. Total protein was measured using a Bradford assay, and insulin and glucagon concentration were measured using an ultra-sensitive insulin or glucagon ELISA, respectively. Insulin and glucagon concentrations were normalized to total protein.

#### **Measurements of lean and fat mass**

Ins1-Cre Robo  $\beta\text{KO}$  and wildtype male and female mice were anesthetized with isoflurane and scanned using a Faxitron UltrafocusDXA (Small Animal Imaging and Radiotherapy Facility, UW Madison) to determine percentage fat and lean body mass. Results were analyzed by t-test.

## Statistical analyses

Statistics were performed using GraphPad Prism. Curve differences in glucose tolerance, insulin tolerance, and insulin and glucagon secretion over time were analyzed by a repeated measures two-way ANOVA (time and genotype); interaction effect is reported unless otherwise stated. Differences in area under the curve (minus baseline) were analyzed by t-test. Differences in fasted glucose and hormone levels, whole pancreas hormone content, percent fat mass, and body weights were analyzed by t-test.

## Results

### Robo $\beta$ KO mice have impaired glucose clearance and are hypoglycemic upon fasting

We hypothesized that disrupted islet architecture in Robo  $\beta$ KO mice would lead to defects in glucose tolerance due to irregular hormone secretion and reduced synchronous calcium oscillations. Thus, we first tested whether glucose tolerance defects, indicative of abnormal hormone secretion, were present in Robo  $\beta$ KO mice. To this end, we performed oral glucose tolerance tests (OGTT) on both male and female Robo  $\beta$ KO and control animals (Figure 1, **Supplemental Figure 1**). In line with our hypothesis, and concurring with our previous results using intraperitoneal glucose tolerance tests (IPGTT)<sup>26</sup>, we observed a trend toward reduced glucose tolerance in Robo  $\beta$ KO male mice (ANOVA: Ucn3-Cre males  $p=0.0004$ , Ucn3-Cre females  $p=0.1741$ , Ins1-Cre males  $p=0.0081$ , Ins1-Cre females  $p=0.9016$ ), with the most significant increase in area under the curve (AUC) seen in Ucn3-Cre Robo  $\beta$ KO males compared to wildtype controls (Ucn3-Cre males  $p=0.0045$ , Ucn3-Cre females  $p=0.0971$ , Ins1-Cre males  $p=0.3493$ , Ins1-Cre females  $p=0.4871$ ). The differences in glucose excursion and increase of AUC during OGTT in Ucn3-Cre Robo  $\beta$ KO indicates delayed glucose clearance, suggesting defects in hormone secretion or sensing under glucose challenge. Interestingly, despite worse glucose tolerance in Robo  $\beta$ KO mice compared to controls, we observed a significant reduction in fasting blood glucose levels in Ucn3-Cre Robo  $\beta$ KO males ( $p=0.0477$ ) compared to wildtype controls, while females exhibited a mild trend ( $p=0.2614$ ) (Figure 1I, K). Ins1-Cre Robo  $\beta$ KO males, in contrast, did not show a significant difference in fasted glucose levels ( $p=0.7229$ ), while Ins1-Cre Robo  $\beta$ KO females showed a trend toward decreased fasting glucose in comparison to wildtype controls ( $p=0.1286$ ) (Figure 1J,L).

Altogether, these defects in glucose homeostasis suggest that hormone secretion in both fasted and glucose challenged states may be disrupted in Robo  $\beta$ KO mice, especially in males. Furthermore, the apparent discrepancy between fasted and glucose-challenged blood glucose levels indicates relative loss of glucose control overall. Thus, to further understand glucoregulation in Robo  $\beta$ KO mice, we next measured hormone secretion *in vivo* in response to fasting and glucose challenge.

### Robo KO mice show a trend toward impaired insulin secretion *in vivo*

Loss of pulsatile insulin secretion is known to decrease insulin pulse mass, and thus reduce gross insulin secretion<sup>21</sup>. Further, loss of coordinated calcium oscillations among  $\beta$  cells can result in leaky insulin secretion at low glucose *in vitro*<sup>28</sup>. To test if Robo  $\beta$ KO mice have disrupted insulin secretion in response to fasting and glucose challenge, we performed *in*

*in vivo* glucose-stimulated insulin secretion (GSIS) assays. Specifically, mice were fasted for 6 hours followed by oral glucose challenge and subsequent measurement of plasma insulin levels at timepoints during fasting and after challenge (Figure 2, **Supplemental Figure 2**). We observed a trend toward difference in insulin secretion over time after glucose challenge in most Robo  $\beta$ KO groups compared to controls (ANOVA: Ucn3-Cre males  $p=0.0566$ , Ucn3-Cre females  $p=0.3633$ , Ins1-Cre males  $p=0.0449$ , Ins1-Cre females  $p=0.1626$ ). We also saw a reduction in AUC of insulin secretion over time in Ucn3-Cre Robo  $\beta$ KO (Figure 2B) male mice compared to wildtype controls, though this did not quite reach statistical significance (Ucn3-Cre Robo  $\beta$ KO,  $p=0.0658$ ), while Ins1-Cre Robo  $\beta$ KO males (Figure 2D) and females of both genotypes (Figure 2F, H) appeared less affected. This suggests that the defects in pulsatile insulin secretion seen in Robo  $\beta$ KO mice may contribute to deficiencies in GSIS. Interestingly, despite the observation that Robo  $\beta$ KO males display significantly decreased fasting blood glucose levels, we observed no change in fasting plasma insulin levels in Robo  $\beta$ KO mice compared to controls (Figure 2I–L).

Considering this absence of hyperinsulinemia during fasting, another possible explanation for the relative fasting hypoglycemia seen in Robo  $\beta$ KO mice could be dysregulation of glucagon signaling. Robo  $\beta$ KO islets have mis-localized  $\alpha$  cells, which would likely disrupt juxtacrine and paracrine signaling between  $\alpha$  and  $\beta/\delta$  cells important for regulating glucagon secretion<sup>29–32</sup>. Thus, to test whether glucagon secretion is perturbed in Robo  $\beta$ KO mice, we next measured fasted and *in vivo* insulin-stimulated glucagon secretion.

### Robo $\beta$ KO mice have increased fasted and insulin-stimulated glucagon secretion

Crosstalk *via* juxtacrine and paracrine signaling among  $\alpha$ ,  $\beta$ , and  $\delta$  cells is important for regulated glucagon secretion in response to stimuli. Further, disrupted pulsatile insulin secretion is known to dysregulate glucagon secretion. Thus, to understand how these factors may affect  $\alpha$  cell secretion in Robo  $\beta$ KO mice, we performed *in vivo* measurements of plasma glucagon in response to fasting and insulin challenge (Figure 3, **Supplemental Figure 3**). We found that in both Ucn3-Cre and Ins1-Cre lines, Robo  $\beta$ KO female mice showed significantly higher fasted plasma glucagon levels (Ucn3-Cre Robo  $\beta$ KO,  $p=0.0015$ ; Ins1-Cre Robo  $\beta$ KO,  $p=0.0482$ ) compared to controls, while no difference was observed in males (Figure 3A–D). Changes in plasma glucagon over time following intraperitoneal insulin challenge were significantly different in Ucn3-Cre Robo  $\beta$ KO females compared to wildtype controls (ANOVA, interaction effect:  $p=0.0006$ , main effect of genotype:  $p=0.0093$ ), while the other groups did not exhibit a strong difference in glucagon secretion over time (ANOVA: Ucn3-Cre males  $p=0.6520$ , Ins1-Cre males  $p=0.8548$ , Ins1-Cre females  $p=0.4489$ ). Similarly, AUC of plasma glucagon levels normalized to baseline were significantly higher in Ucn3-Cre Robo  $\beta$ KO females compared to wildtype controls ( $p=0.0262$ ) (Figure 3J), while males appeared less affected (Figure 3F). In contrast, we observed a trend toward higher AUC in Ins1-Cre Robo  $\beta$ KO male mice compared to wildtype controls ( $p=0.2691$ ) (Figure 3H), while females did not exhibit a robust difference (Figure 3L). Together with the observed decrease in insulin secretion in response to glucose challenge seen in males, this suggests that Robo  $\beta$ KO mice have disrupted hormone secretion consistent with defects in pulsatile insulin secretion and abnormal paracrine signaling. Thus, to see if this disrupted hormone secretion affected insulin sensitivity as



is predicted with disruptions in pulsatile secretion, we performed insulin tolerance tests on Robo  $\beta$ KO mice.

### **Robo $\beta$ KO mice have a tendency toward decreased insulin sensitivity, but show no difference in lean and fat mass**

Pulsatile insulin secretion is important for keeping peripheral tissues insulin sensitive<sup>13–15</sup>. Thus, we predicted that if Robo  $\beta$ KO mice are exposed to non-pulsatile patterns of insulin secretion over their lifetime due to a decrease in synchronous calcium oscillations, they may be less insulin sensitive to exogenous insulin challenge compared to controls. To test this, we performed insulin tolerance tests on male and female Robo  $\beta$ KO mice and controls (Figure 4, **Supplemental Figure 4**). After a 6 hour fast, mice were injected intraperitoneally (IP) with insulin, and blood glucose was measured at basal and at subsequent time points after challenge. We observed that Ucn3-Cre Robo  $\beta$ KO males and Ins1-Cre Robo  $\beta$ KO males showed a trend toward differences in glucose change over time (ANOVA: Ucn3-Cre males  $p=0.1339$ , Ins1-Cre males  $p=0.0540$ ); females appeared less affected (: Ucn3-Cre females, interaction effect  $p=0.3469$ , main effect of genotype  $p=0.0167$ , Ins1-Cre females interaction effect  $p=0.9710$ , main effect of genotype  $p=0.0336$ ). We found that the area over the curve of blood glucose normalized to baseline after IP insulin challenge trended toward a decrease in Ucn3-Cre Robo  $\beta$ KO males, though this did not reach statistical significance ( $p=0.1477$ ), while females appeared unaffected (Figure 4B, F). In Ins1-Cre Robo  $\beta$ KO mice, neither males nor females showed a difference in ITT AUC compared to wildtype controls (Figure 4D, H). The trend seen in Robo  $\beta$ KO males may suggest a decrease in overall insulin sensitivity in male Robo  $\beta$ KO mice, yet the effect is weak if at all present.

To determine if the observed differences in glucose and insulin sensitivity and hormone secretion in Robo  $\beta$ KO mice was due to altered body composition, we performed analyses of lean and fat mass on Ins1-Cre Robo  $\beta$ KO male and female mice compared to wildtype controls using dual x-ray absorptiometry (Figure 4I–J). We saw no significant difference in ratio of lean to fat mass in either male or female Ins1-Cre Robo  $\beta$ KO mice compared to Ins1-Cre Robo wildtype controls, indicating that differences seen between groups are likely not attributable to differences in body composition. However, while male Ins1-Cre Robo  $\beta$ KO show no significant difference in body weight (Figure 4K), female Ins1-Cre Robo  $\beta$ KO mice weigh significantly less than their age-matched wildtype counterparts ( $p=0.0014$ ) (Figure 4L).

### **Whole pancreas hormone content in Robo $\beta$ KO mice**

We observed a decrease in glucose-stimulated insulin secretion in Robo  $\beta$ KO males, and an increase in fasted and insulin-stimulated glucagon secretion in Robo  $\beta$ KO females. To test if an underlying difference in total hormone content may contribute to the different levels of hormone secretion present in Robo  $\beta$ KO mice, we measured whole pancreas hormone content in both sexes (Figure 5). We observed a trend toward reduced insulin ( $p=0.0954$ ) and glucagon ( $p=0.1083$ ) in Robo  $\beta$ KO males compared to controls that did not reach statistical significance. Conversely, in Robo  $\beta$ KO females, we found no change in insulin content and a trend toward increase in glucagon content that did not reach statistical significance ( $p=0.1411$ ). Thus, it is possible that a reduction in insulin content in Robo  $\beta$ KO males and

an increase in glucagon content in Robo  $\beta$ KO females may contribute to their respective reduction in *in vivo* glucose-stimulated insulin secretion and increased fasting and *in vivo* insulin-stimulated glucagon secretion. It is possible that the small increase in glucagon seen in Ucn3-Cre Robo  $\beta$ KO is due in part to a higher alpha-to- $\beta$  cell ratio<sup>26</sup>.

## Discussion

We show here that Robo  $\beta$ KO mice display systemic defects in glucose homeostasis, and glucagon and insulin secretion. Specifically, Robo  $\beta$ KO mice have an overall decrease in glucose tolerance and fasting glucose levels, and trend toward deficits in insulin secretion and increases in glucagon secretion compared to controls. This manifests as a trend toward decreased insulin tolerance as measured through insulin tolerance tests. There may also be differences in whole pancreas hormone content that contribute to these hormone secretion defects. Interestingly, many of these phenotypes present in a sex-specific manner that sheds further light on the relative susceptibility of different sexes to insulin and glucagon perturbations. Altogether, these physiological perturbations are in line with the hypothesis that islet architecture is important for systemic glucose homeostasis and hormone secretion *in vivo*. The small deviations from wildtype glucoregulation suggest that loss of islet architecture disrupts precision of islet function, but is not entirely required for basic islet function.

Our data support a role for islet architecture in systemic pulsatile insulin secretion. We observed a significant decrease in glucose tolerance in Robo  $\beta$ KO males, and a trend towards decrease in glucose tolerance in Robo  $\beta$ KO females. These glucose clearance defects occur concomitantly with lower plasma insulin levels in response to glucose challenge in Robo  $\beta$ KO males. This is in line with a defect in pulsatile insulin secretion, because non-pulsatile patterns of insulin secretion are worse at generating high plasma insulin concentration in response to glucose<sup>21</sup>. Together with our previous observation that Robo  $\beta$ KO  $\beta$  cells have defects in synchronous calcium oscillations which underlies insulin pulsatility<sup>27</sup>, our data support the hypothesis that Robo  $\beta$ KO mice have disrupted pulsatile insulin secretion. An essential future experiment will be to measure the actual pattern of insulin secretion with higher time resolution through sampling in the portal vein of the liver<sup>35</sup>. This will allow for visualization of the pattern of hormone secretion over time and remove the effect of hepatic insulin clearance on circulating insulin levels.

Changes in fasting glucose, glucagon, and insulin levels and increased insulin-stimulated glucagon secretion in Robo  $\beta$ KO mice could suggest defects in glucose storage and utilization from the liver. Fasting hypoglycemia was observed in Robo  $\beta$ KO males, yet fasting insulin levels appear unchanged. Further, fasting glucagon levels are highly elevated in Robo  $\beta$ KO females, but this is not paired with fasting hyperglycemia. Hyper-secretion of glucagon paired with normal fasting insulin in females, and normal glucagon levels paired with fasting hypoglycemia in males, suggest defective glucose uptake and glycogen storage, or possible glycogen depletion in the liver. Additionally, we observed hyper-secretion of glucagon in response to insulin challenge in female Robo  $\beta$ KO mice, which could also exacerbate depletion of glycogen stores by hyperactivating liver glucose release. It is known that pulsatile insulin secretion is important for robust activation of hepatic insulin



signaling, which suppresses hepatic glucose release, and aids in glucose clearance and storage within the liver as glycogen<sup>33</sup>. An important future experiment will be to measure liver glycogen content to test if Robo  $\beta$ KO mice show a decrease in glycogen stores due to ineffective activation of hepatic insulin signaling and/or to over-secretion of glucagon and under-secretion of insulin during hyperglycemia.

Robo  $\beta$ KO males display a trend towards decreased insulin sensitivity to exogenous insulin compared to control males given the same dose. An important caveat is that this experiment was done by measuring endogenous insulin response to a stimulation with exogenous glucose. Thus, because overall insulin secretion in response to glucose may be lower in Robo  $\beta$ KO mice compared to controls (Figure 2), it could be that part of the observed reduction is due to decreased insulin secretion in general, rather than changes in the pattern of insulin secretion alone. The reduced sensitivity to exogenous insulin challenge is not due to excessive glucagon secretion in males, suggesting that an inherent insulin resistance could be present. Further experiments in which hepatic insulin signaling activation is measured after exogenous insulin challenge, where dosage can be kept consistent, may further clarify the relative contribution of insulin insensitivity and gross insulin secretion to reduced activation of hepatic insulin signaling. Additionally, euglycemic-hyperinsulinemic clamp studies would be useful in more directly measuring insulin sensitivity and insulin action in Robo  $\beta$ KO mice<sup>36</sup>.

Defects in islet architecture may affect intra-islet paracrine signaling important for stimulation of pulsatile somatostatin and inhibition of glucagon secretion in response to elevated glucose. Within the islet, paracrine signaling among endocrine cells is highly coordinated. In response to pulsatile Ucn3 secretion (co-released with insulin from  $\beta$  cells), neighboring  $\delta$  cells are stimulated to synchronously secrete somatostatin pulses that are correlated to, but slightly lag, those of insulin<sup>7,8,12</sup>. These somatostatin pulses in turn form a negative feedback loop with  $\beta$  cells to tonically inhibit insulin secretion<sup>37,38</sup>. Glucagon secretion in response to high glucose is also pulsatile, but exactly out of phase with insulin and somatostatin<sup>7,8</sup>. Pulsatile glucagon secretion is likely inhibited by the combined pulses of somatostatin and insulin and their co-secreted factors, which lower  $\alpha$  cell cAMP levels<sup>29</sup>, while lack of this inhibition during somatostatin/insulin pulse nadirs allows for glucagon secretion to occur<sup>30-32</sup>. Though counterintuitive, pulses of glucagon from  $\alpha$  cells in response to elevated glucose are important for local stimulation of insulin secretion through the amplifying pathway *via* elevation of  $\beta$  cell cAMP levels<sup>39-41</sup>. However, it is thought that pulsatile inhibition by somatostatin stunts glucagon action enough that it does not activate hepatic glucose release, which would work counter to the action of insulin during glucose challenge<sup>37</sup>. This tonic control of hormone secretion by paracrine signals within the islet's microenvironment is thought to stimulate insulin secretion such that it can restore euglycemia after glucose challenge, but not to the extent that would result in hypoglycemia<sup>37</sup>. Thus, if intra-islet pulsatile insulin secretion is disrupted in Robo  $\beta$ KO mice, this would likely disrupt pulsatile somatostatin secretion and inhibition of glucagon secretion in response to high glucose. An important future experiment will be to measure plasma glucagon levels in response to a mixed meal challenge in Robo  $\beta$ KO mice to test for postprandial increase of glucagon secretion to a level that may affect peripheral tissues like the liver. Moreover, it would be of interest to measure intra-islet somatostatin and

glucagon secretion in response to high glucose *via* perfused pancreas experiments to capture changes that are not measurable in circulating plasma. These experiments will be necessary to better understand defects in intra-islet paracrine signaling conveyed by disruptions in islet architecture that may contribute to the disrupted hormone secretion we observe in Robo  $\beta$ KO mice.

An important caveat to this study is the possible contributions from Robo deletion in non-islet tissues to whole-body circulating hormone levels and glucose homeostasis phenotypes. This may explain the nuanced differences observed between the Ins1-Cre mice and the Ucn3-Cre mice. In contrast to Insulin-Cre, Ucn3 is also expressed in the nervous system. Importantly, inputs from nerves have been shown to affect hormone secretion from the islets<sup>42,43</sup>. Since Robo has known roles in nerve development, it is possible that Ucn3-expressing nerves may have abnormal development, which could alter hormone secretion regardless of islet architectural phenotypes<sup>44,45</sup>. This would have been interesting to test *ex vivo*; however, this is not possible due to the tendency of Robo  $\beta$ KO islets to spontaneously disassociate when isolated<sup>26</sup>. Nevertheless, the hypersecretion of glucagon in both lines suggests that this phenotype is specific to the Robo  $\beta$ KO model.

Many of the physiological phenotypes we have observed in Robo  $\beta$ KO mice have a sex-specific manifestation. Specifically, male Robo  $\beta$ KO mice have decreased glucose-stimulated insulin secretion, glucose clearance defects, and increased insulin insensitivity, while female mice instead display a hyper-secretion of glucagon in both fasting and insulin-challenged states, with more mild effects on fasting and glucose- or insulin-challenged plasma glucose levels. Interestingly, it has been previously reported that female mice are less sensitive to glucagon in general<sup>46</sup>. In contrast, male mice and humans are generally less insulin sensitive than females<sup>47</sup>. Thus, as insulin phenotypes are more pronounced in males due to lower insulin sensitivity and tendency towards  $\beta$  cell dysfunction<sup>47</sup>, it may be that glucagon phenotypes are more exacerbated in females for similar reasons.

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## Data Availability Statement

All data and reagents in this manuscript are available from the Authors upon reasonable request.

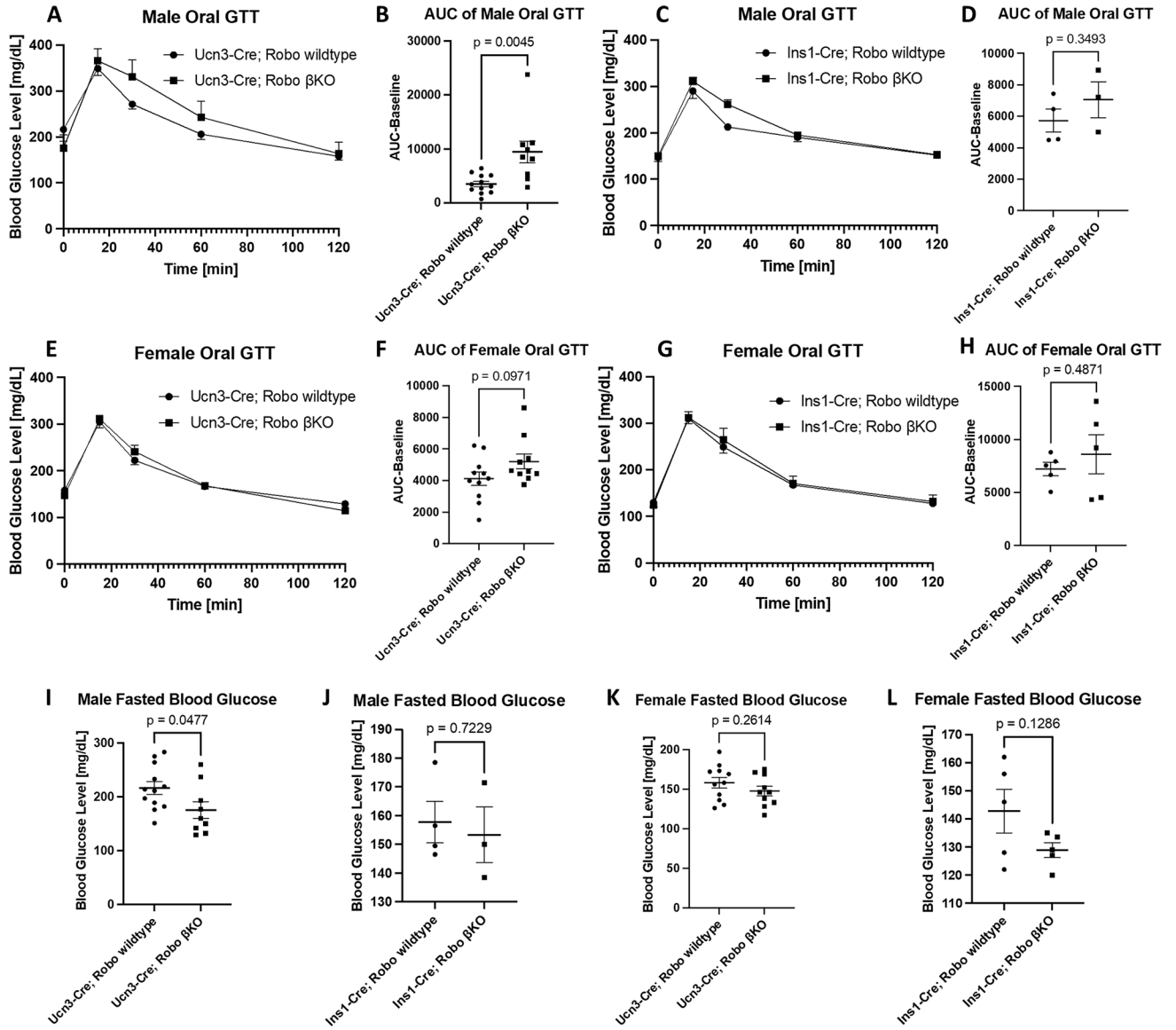
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**Figure 1: Plasma blood glucose levels in fasting and oral glucose challenged Robo  $\beta$ KO male and female mice**

(A) Plasma glucose levels over 120 minutes after oral glucose challenge in male Ucn3-Cre Robo  $\beta$ KO (n=12) and Ucn3-Cre Robo wildtype (n=9) mice. (B) Area under the curve (AUC) of oral GTT of males shown in (A). (C) Plasma glucose levels over 120 minutes after oral glucose challenge in male Ins1-Cre Robo  $\beta$ KO (n=3) and Ins1-Cre Robo wildtype (n=4) mice. (D) AUC of oral GTT of males shown in (C). (E) Plasma glucose levels over 120 minutes after oral glucose challenge in female Ucn3-Cre Robo  $\beta$ KO (n=11) and Ucn3-Cre Robo wildtype (n=10) mice. (F) AUC of oral GTT in females shown in (E). (G) Plasma glucose levels over 120 minutes after oral glucose challenge in female Ins1-Cre Robo  $\beta$ KO (n=5) and Ins1-Cre Robo wildtype (n=5) mice. (H) AUC of oral GTT in females shown in (G). (I-J) Plasma blood glucose levels in Ucn3-Cre Robo wildtype and Robo  $\beta$ KO males (I) and Ins1-Cre Robo wildtype and Robo  $\beta$ KO males (J) after 6 hour fast. (K-L) Plasma blood glucose levels in Ucn3-Cre Robo wildtype and Robo  $\beta$ KO females (K) and Ins1-Cre



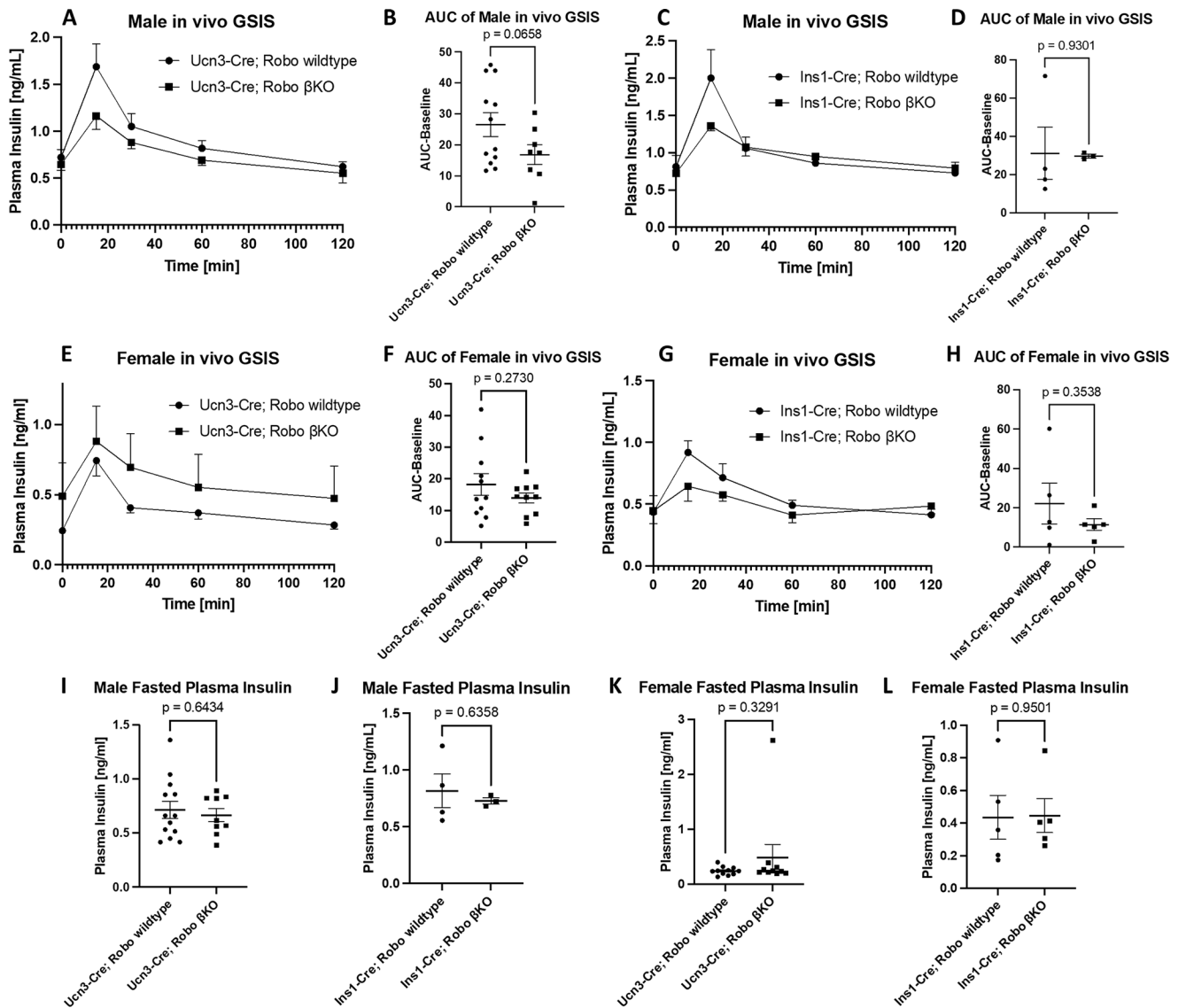
Robo wildtype and Robo  $\beta$ KO females (L) after 6 hour fast. Ins1-Cre fasted blood glucose measures are averages of two fasted measures.

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**Figure 2: *in vivo* fasting and glucose-stimulated plasma insulin levels in Robo  $\beta$ KO male and female mice**

(A) Plasma insulin levels over 120 minutes after oral glucose challenge in male Ucn3-Cre Robo  $\beta$ KO (n=12) and Ucn3-Cre Robo wildtype (n=8) mice. (B) Area under the curve (AUC) of in vivo GSIS in males shown in (A). (C) Plasma insulin levels over 120 minutes after oral glucose challenge in male Ins1-Cre Robo  $\beta$ KO (n=3) and Ins1-Cre Robo wildtype (n=4) mice. (D) Area under the curve (AUC) of in vivo GSIS in males shown in (C). (E) Plasma insulin levels over 120 minutes after oral glucose challenge in female Ucn3-Cre Robo  $\beta$ KO (n=11) and Ucn3-Cre Robo wildtype (n=10) mice. (F) AUC of in vivo GSIS in females shown in (E). (G) Plasma insulin levels over 120 minutes after oral glucose challenge in female Ins1-Cre Robo  $\beta$ KO (n=5) and Ins1-Cre Robo wildtype (n=5) mice showing no significant difference in insulin levels over time. (H) AUC of in vivo GSIS in females shown in (G). (I-J) Plasma insulin levels in Ucn3-Cre Robo wildtype and Robo  $\beta$ KO males (I) and Ins1-Cre Robo wildtype and Robo  $\beta$ KO males (J) after 6 hour fast. (K-L)

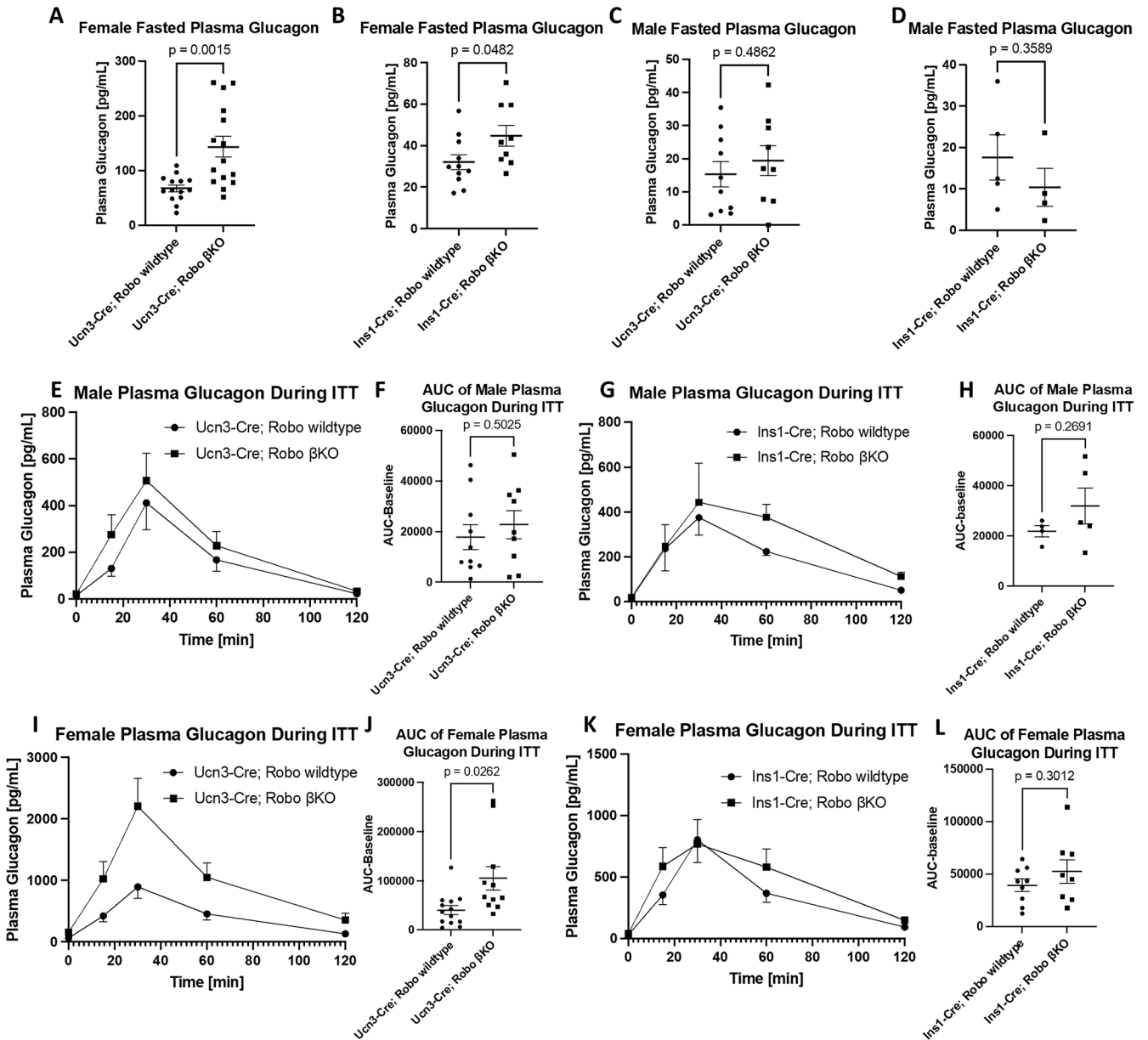
Plasma insulin levels in Ucn3-Cre Robo wildtype and Robo  $\beta$ KO females (K) and Ins1-Cre Robo wildtype and Robo  $\beta$ KO females (L) after 6 hour fast.

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**Figure 3: *in vivo* fasting and insulin-stimulated plasma glucagon levels in Robo  $\beta$ KO male and female mice**

(A-B) Plasma glucagon levels in Ucn3-Cre Robo wildtype (n=14) and Robo  $\beta$ KO females (n=15) (A) and Ins1-Cre Robo wildtype (n=11) and Robo  $\beta$ KO females (n=9) (B) after 6 hour fast. (C-D) Plasma glucagon levels in Ucn3-Cre Robo wildtype (n=10) and Robo  $\beta$ KO males (n=9) (C) and Ins1-Cre Robo wildtype (n=5) and Robo  $\beta$ KO males (n=4) (D) after 6 hour fast. (E) Plasma glucagon levels over 120 minutes after IP insulin challenge in male Ucn3-Cre Robo  $\beta$ KO (n=10) and Ucn3-Cre Robo wildtype (n=9) mice. (F) Area under the curve (AUC) of *in vivo* insulin stimulated glucagon secretion (ISGS) in males shown in (E). (G) Plasma glucagon levels over 120 minutes after IP insulin challenge in male Ins1-Cre Robo  $\beta$ KO (n=5) and Ins1-Cre Robo wildtype (n=4) mice. (H) AUC of *in vivo* ISGS in males shown in (G). (I) Plasma glucagon levels over 120 minutes after IP insulin challenge

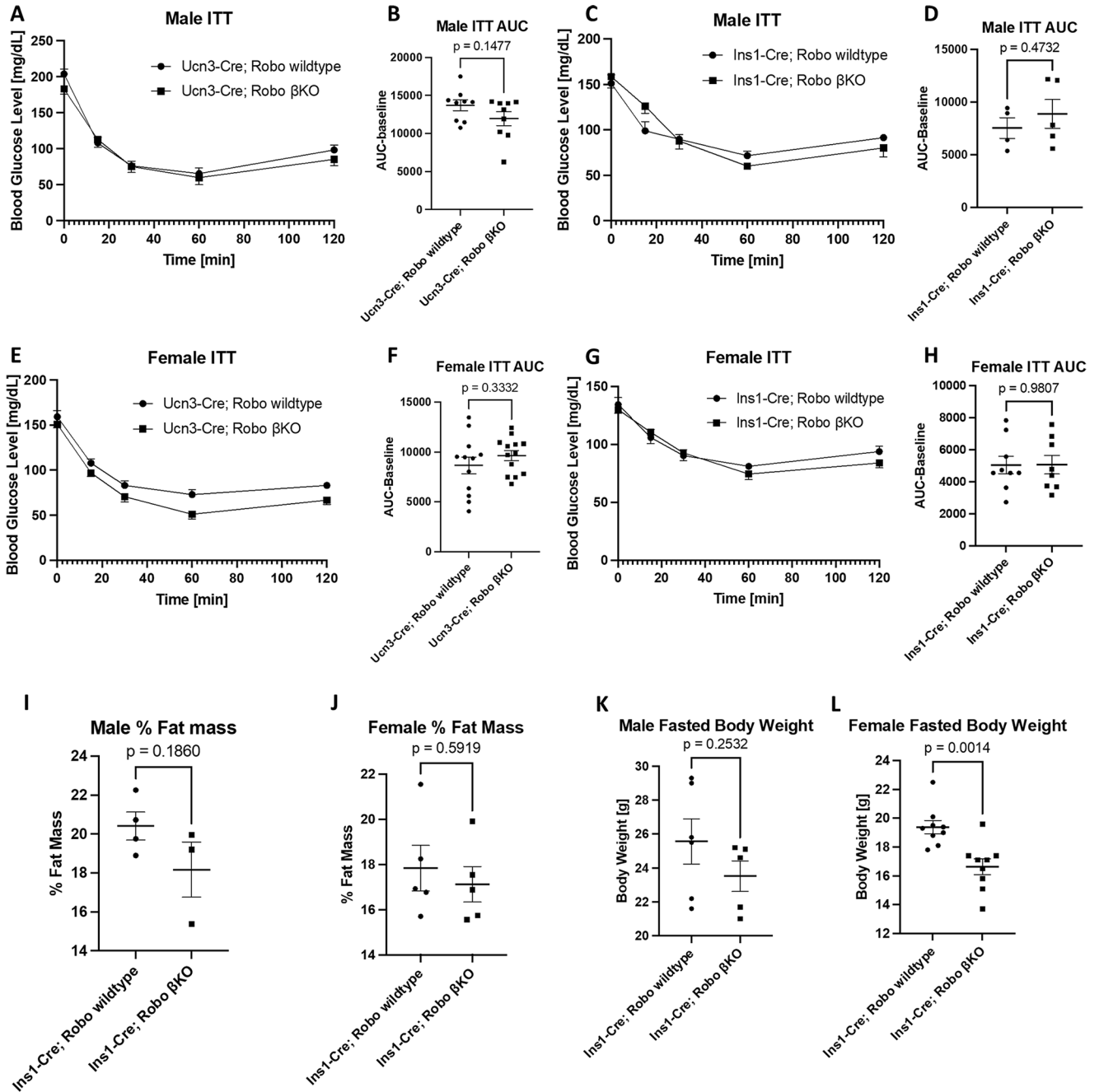
in female Ucn3-Cre Robo  $\beta$ KO (n=11) and Ucn3-Cre Robo wildtype (n=10) mice. **(J)** AUC of in vivo ISGS in females shown in **(I)**. **(K)** Plasma glucagon levels over 120 minutes after IP insulin challenge in female Ins1-Cre Robo  $\beta$ KO (n=8) and Ins1-Cre Robo wildtype (n=9) mice. **(L)** AUC of in vivo ISGS in females shown in **(K)**.

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**Figure 4: Insulin tolerance in Robo  $\beta$ KO mice, percent fat mass and total bodyweight in male and female Ins1-Cre Robo  $\beta$ KO mice**

(A) Plasma glucose levels over 120 minutes after IP insulin challenge in male Ucn3-Cre Robo  $\beta$ KO (n=9) and Ucn3-Cre Robo wildtype (n=9) mice. (B) Area under the curve (AUC) of IP insulin tolerance test (ITT) in males shown in (A). (C) Plasma glucose levels over 120 minutes after IP insulin challenge in male Ins1-Cre Robo  $\beta$ KO (n=5) and Ins1-Cre Robo wildtype (n=4) mice. (D) Area under the curve (AUC) of IP insulin tolerance test (ITT) in males shown in (C). (E) Plasma glucose levels over 120 minutes after IP insulin challenge in female Ucn3-Cre Robo  $\beta$ KO (n=12) and Ucn3-Cre Robo wildtype (n=13) mice. (F) Area



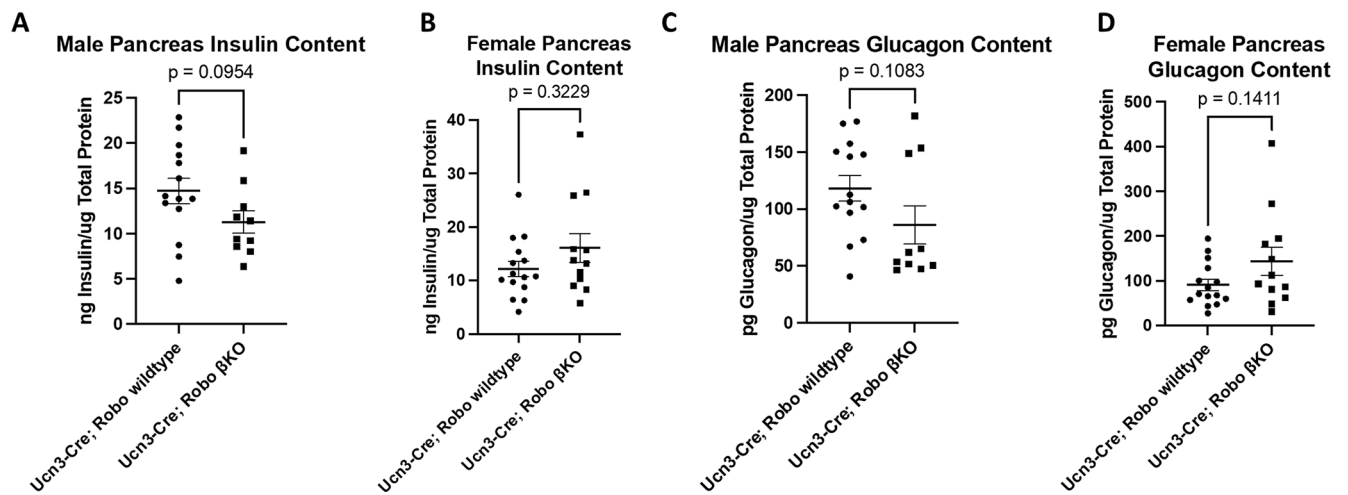
under the curve (AUC) of IP ITT in females shown in (E). (G) Plasma glucose levels over 120 minutes after IP insulin challenge in female Ins-Cre Robo  $\beta$ KO (n=8) and Ins1-Cre Robo wildtype (n=9) mice. (H) Area under the curve (AUC) of IP ITT in females shown in (G). (I) Percent fat mass of male Ins1-Cre Robo  $\beta$ KO (n=3) and Ins1-Cre Robo wildtype (n=4) mice. (J) Percent fat mass of female Ins1-Cre Robo  $\beta$ KO (n=5) and Ins1-Cre Robo wildtype (n=5) mice. (K) Total fasted bodyweight of male Ins1-Cre Robo  $\beta$ KO (n=5) and Ins1-Cre Robo wildtype (n=6) mice. (L) Total fasted bodyweight of female Ins1-Cre Robo  $\beta$ KO (n=9) and Ins1-Cre Robo wildtype (n=9) mice.

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**Figure 5: Whole pancreas insulin and glucagon content in Ucn3-Cre Robo  $\beta$ KO mice**

(A) Whole pancreas insulin content normalized to total protein in Ucn3-Cre Robo  $\beta$ KO (n=14) and wildtype control (n=10) males. (B) Whole pancreas insulin content normalized to total protein in Ucn3-Cre Robo  $\beta$ KO (n=15) and wildtype control (n=12) females. (C) Whole pancreas glucagon content normalized to total protein in Ucn3-Cre Robo  $\beta$ KO (n=14) and wildtype control (n=10) males. (D) Whole pancreas glucagon content normalized to total protein in Ucn3-Cre Robo  $\beta$ KO (n=15) and wildtype control (n=12) females.