



Published in final edited form as:

*Handb Clin Neurol.* 2023 ; 194: 9–21. doi:10.1016/B978-0-12-821751-1.00018-X.

## Progressive external ophthalmoplegia

MICHIO HIRANO<sup>1,\*</sup>, ROBERT D.S. PITCEATHLY<sup>2,3</sup>

<sup>1</sup>H. Houston Merritt Neuromuscular Research Center, Neuromuscular Medicine Division, Department of Neurology, Columbia University Irving Medical Center, New York, NY, United States

<sup>2</sup>Department of Neuromuscular Diseases, UCL Queen Square Institute of Neurology, London, United Kingdom

<sup>3</sup>NHS Highly Specialised Service for Rare Mitochondrial Disorders, Queen Square Centre for Neuromuscular Diseases, National Hospital for Neurology and Neurosurgery, London, United Kingdom

### Abstract

Progressive external ophthalmoplegia (PEO), characterized by ptosis and impaired eye movements, is a clinical syndrome with an expanding number of etiologically distinct subtypes. Advances in molecular genetics have revealed numerous pathogenic causes of PEO, originally heralded in 1988 by the detection of single large-scale deletions of mitochondrial DNA (mtDNA) in skeletal muscle of people with PEO and Kearns–Sayre syndrome. Since then, multiple point variants of mtDNA and nuclear genes have been identified to cause mitochondrial PEO and PEO-plus syndromes, including mitochondrial neurogastrointestinal encephalomyopathy (MNGIE) and sensory ataxic neuropathy dysarthria ophthalmoplegia (SANDO). Intriguingly, many of those nuclear DNA pathogenic variants impair maintenance of the mitochondrial genome causing downstream mtDNA multiple deletions and depletion. In addition, numerous genetic causes of nonmitochondrial PEO have been identified.

### DEFINITION OF PROGRESSIVE EXTERNAL OPHTHALMOPLÉGIA

Progressive external ophthalmoplegia (PEO, also known as chronic progressive external ophthalmoplegia [CPEO]) is a clinical syndrome that was defined by Lewis P. Rowland in the 1992 *Handbook of Clinical Neurology* by the following features: (1) progressive ptosis and impaired mobility of the eyes; (2) bilaterality; (3) affected muscles are innervated by more than one nerve; (4) pupils are spared; (5) gradual progression over months or

\*Correspondence to: Michio Hirano, MD, H. Houston Merritt Neuromuscular Research Center, Neuromuscular Medicine Division, Department of Neurology, Columbia University Irving Medical Center, New York, NY, United States. Tel: +1-212-305-1048; Fax: +1-212-305-3986, mh29@columbia.edu.

#### DECLARATION OF INTERESTS

MH is a paid consultant to Modis Therapeutics, a wholly owned subsidiary of Zogenix/UCB, and Entrada Therapeutics. These relationships are de minimus for Columbia University Medical Center. Columbia University has patents for deoxynucleotide and deoxynucleoside therapies for mitochondrial DNA depletion syndrome, which is licensed by Modis Therapeutics; this relationship is monitored by an unconflicted external academic researcher. Received honoraria from the AAN and PlatformQ for speaking activities and research support from Modis Therapeutics and Entrada Therapeutics.

years; and (6) there are no remissions or exacerbations (Rowland, 1992). In addition, “no evidence of a specific disorder” (e.g., myasthenia gravis, thyroid disorder, or myotonic dystrophy) was an exclusionary criterion. However, in the thirty-plus years since Rowland’s original definition, scientific advances—particularly in molecular genetics—have defined multiple etiologically distinct forms of PEO. Accordingly, exclusion of specific disorders has become less relevant to diagnosing PEO, while inclusion of genetically defined disorders has gained importance in delineating subtypes of this syndrome. Thus, this chapter focuses on molecular advances in our understanding of the causes and reclassification of subtypes of PEO that have been reported since the previous Handbook chapter on this subject. Because many of the PEO variants have been linked to pathogenic variants of mitochondrial or nuclear DNA that are critical for mitochondrial functions, it is appropriate to feature PEO in this Handbook of Clinical Neurology focused on mitochondrial diseases.

## HISTORICAL BACKGROUND

The first case of PEO was described 1868 by Dr. Albrech von Gräefe, who reported a woman of unspecified age with partial ptosis and complete rigidity of both eyes, with preservation of pupillary muscles that appeared static over 6 years (Von Gräefe, 1868). The striking isolated symmetric extraocular muscle weakness was associated with absent to mild strabismus, without other systemic clinical manifestations. Dr. von Gräefe attributed the syndrome to defects in the ocular nerves, given muscle from a prior case with diplopia showed no macro- or microscopic abnormalities and because eye movements require little force from muscle. As well-documented in Dr. Rowland’s previous chapter (Rowland, 1992), subsequent reports of progressive ophthalmoplegia primarily attributed the condition to neuronal degeneration (Hutchinson, 1879; Beaumont, 1890; Wilbrand and Saenger, 1900; Langdon and Cadwalader, 1928; Marburg, 1936; Hassler, 1953); however, Dr. Ernst Fuchs suggested that the weakness was due to isolated muscular dystrophy based upon findings in a superior levator biopsy (Fuchs, 1890).

In the 1930s, reports of ophthalmoplegia in association with muscular dystrophy-like limb weakness (Martin, 1936; Elliott, 1939), followed by reports of histological evidence of myopathy (Sandifer, 1946; Kiloh and Nevin, 1951) with absence of pathology in oculomotor nuclei (Beckett and Netsky, 1953; Schwarz and Liu, 1954), indicated myopathic etiologies for PEO. Further complexity of PEO became evident with cases of ocular myopathy with neural involvement, including peripheral neuropathy, ataxia, or spinal cord involvement (Rosenberg et al., 1968), which Dr. David Drachman described as “ophthalmoplegia-plus” (Drachman, 1968). A clinically distinct form of ophthalmoplegia-plus, Kearns–Sayre syndrome, was characterized by the triad of external ophthalmoplegia, retinitis pigmentosa, and heart block (Kearns and Sayre, 1958).

The application of a modified-Gomori trichrome histochemical stain to skeletal muscle revealed ragged-red fibers (RRFs), a sign of abnormal proliferation of mitochondria in subsarcolemmal regions of the skeletal muscle of patients with progressive ophthalmoplegia (Olson et al., 1972), a seminal observation that indicated mitochondrial pathology as a key factor in many cases of PEO.

## MITOCHONDRIAL PROGRESSIVE EXTERNAL OPHTHALMOPLEGIA (PEO)

After Dr. William Olson's initial report of seven individuals with RRFs in "oculocranosomatic neuromuscular disease," multiple other case series reinforced the association of PEO with RRFs (DiMauro et al., 1973; Pongratz et al., 1979; Mussini et al., 1984; Petty et al., 1986; Rowland et al., 1991; Serratrice, 1991). The application of cytochrome *c* oxidase (COX, mitochondrial complex IV) and succinate dehydrogenase (SDH, mitochondrial complex II) histochemical stains revealed that many of the RRFs were COX-deficient and SDH-positive or had excessive SDH activity, so-called ragged-blue fibers (Olson et al., 1972; Muller-Hocker et al., 1983; Yamamoto and Nonaka, 1988; Mita et al., 1989; Reichmann et al., 1991).

PEO is one of the most common clinical manifestations of mitochondrial disease; in the Nation-wide Italian Collaborative Network of Mitochondrial Disease, more than half of the genetically confirmed mitochondrial disease subjects had ocular myopathy (399/722, 55.3%), while in the North American Mitochondrial Disease Consortium (NAMDC) Registry, over 20% of genetically diagnosed participants had ptosis (196/666, 29.4%) or PEO (137/666, 20.6%) (Orsucci et al., 2017; Barca et al., 2020).

Mitochondrial PEO begins insidiously and progresses slowly and symmetrically such that many patients are initially unaware of the problem, in part because many do not develop diplopia; one study reported that 8 of 52 patients (15%) with mitochondrial PEO were aware of abnormal extraocular motility, and only 5 of 49 (10%) with ophthalmoplegia had diplopia (Petty et al., 1986).

The seemingly straightforward task of defining PEO has dissenting opinions. While there is consensus that mitochondrial PEO is defined by the presence of ptosis, progressive external ophthalmoplegia, or, as in most cases, both (Moraes et al., 1989; Rowland et al., 1991; Rowland, 1992; Van Goethem et al., 2003b; Aure et al., 2007; Goldstein and Falk, 2013 [Updated 2019 Jan 31]), some clinicians view this syndrome as a pure extraocular myopathy (Mancuso et al., 2015; Orsucci et al., 2017). Others consider PEO to be a generalized myopathy with extraocular, oropharyngeal, and skeletal muscle involvement (Aure et al., 2007; Barca et al., 2020; Emmanuele et al., 2022). In the majority of mitochondrial PEO, skeletal muscles demonstrate some clinical weakness, mitochondrial histological abnormalities (RRF and COX-deficient myofibers), or genetic defects (e.g., single or multiple deletions or depletion of mtDNA) (Aure et al., 2007). Consequently, consensus criteria for mitochondrial syndromes defined mitochondrial PEO clinically by ptosis, PEO, or both, but noted limb myopathy, exercise intolerance, and dysphagia may also be present (Emmanuele et al., 2022).

In 1988, the ground-breaking identification of single large-scale deletions of mitochondrial DNA (mtDNA) by Drs. Ian Holt, Anita Harding, and John Morgan-Hughes heralded the molecular genetic era of mitochondrial disease research (Holt et al., 1988). Later that year, Drs. Massimo Zeviani, Salvatore DiMauro, Rowland, and colleagues as well as other groups reported the association of mtDNA single deletions with Kearns-Sayre syndrome and with PEO (Fig. 2.1) (Lestienne and Ponsot, 1988; Ozawa et al., 1988; Zeviani et al., 1988; Holt

et al., 1989; Johns et al., 1989; Moraes et al., 1989). Subsequently, the phenotypic spectrum of mtDNA single deletions was expanded by the identification of these mutations in infants with Pearson syndrome, a severe, typically infantile onset sideroblastic anemia that is often fatal (Rötig et al., 1990; McShane et al., 1991). Follow-up of long-term survivors of Pearson syndrome developed PEO or KSS further broadening the clinical spectrum of mtDNA single deletions not only across affected individuals but within single patients.

While it is clear that mtDNA single deletions exhibit phenotypic diversity ranging from Pearson syndrome to isolated PEO and multisystemic KSS, this heterogeneity spans a spectrum rather than discrete entities with overlap cases with PEO-plus manifestations beyond myopathy, albeit not fulfilling criteria for KSS (Berenberg et al., 1977; Rowland et al., 1991; Rowland, 1992; Mancuso et al., 2015; Orsucci et al., 2017; Carelli and La Morgia, 2018).

Although the natural history of mitochondrial PEO has not been prospectively characterized, a retrospective analysis of 69 patients with PEO and mtDNA single large-scale deletions noted that 40 patients with PEO without neurological involvement had later onset (median: 17.5 years-old vs. 12 years-old with neurological manifestations) and slower progression (Aure et al., 2007). Most patients had initial onset of PEO with subsequent development of limb myopathy, dysphagia, and heart involvement, supporting the notion that mitochondrial pure PEO is less common than PEO with myopathy.

MRI scans of extraocular muscle have revealed that increased T1-weighted hyperintensity and T2 prolongation correlated severity of ophthalmoparesis indicating MRI biomarkers may be useful in assessing PEO progression in natural history studies and therapeutic clinical trials (Pitceathly et al., 2016). In a detailed study of 87 patients with single large-scale mtDNA deletions, Drs. John Grady, Robert McFarland and colleagues noted correlations between clinical and histological outcome measures with the size of the deletion, deletion heteroplasmy level, and location of the deletion (Grady et al., 2014); however, application of the mtDNA single-deletion features to predict outcome in individual patient is not yet feasible.

While mtDNA single deletions comprise the most frequent cause of PEO (Moraes et al., 1989; Rodriguez-Lopez et al., 2020), at least 35 distinct mtDNA point mutations as well as pathogenic variants in at least 12 nDNA genes can present with isolated PEO (Table 2.1) (Moraes et al., 1993; Hattori et al., 1994; Seibel et al., 1994; Laforet et al., 1995; Silvestri et al., 1996; Santorelli et al., 1997; Franceschina et al., 1998; Taylor et al., 1998; Tiranti et al., 1999; Kaukonen et al., 2000; Campos et al., 2001; Sahashi et al., 2001; Seneca et al., 2001; Spagnolo et al., 2001; Spelbrink et al., 2001; Van Goethem et al., 2001; Karadimas et al., 2002; Spinazzola et al., 2004; Zsurka et al., 2004; Smits et al., 2007; Sotiriou et al., 2009; Alston et al., 2010; Berardo et al., 2010; Souilem et al., 2010, 2011; Liu et al., 2011; Pinos et al., 2011; Gamba et al., 2012; Wolf et al., 2012; Blakely et al., 2013; Jackson et al., 2014; Hellebrekers et al., 2019; Schlapakow et al., 2019; Tarnopolsky et al., 2019; Joshi et al., 2020; O'Donnell et al., 2020; Rodriguez-Lopez et al., 2020; Visuttijai et al., 2021).

Most of the nuclear genes presenting with PEO are required for mtDNA maintenance as evident by the presence of mtDNA multiple deletions, depletion, or both in muscle and other postmitotic tissues (Lopez-Gomez et al., 2022). Pathogenic variants in *POLG* are the most frequent nDNA cause of PEO, which may be inherited in an autosomal dominant or recessive manner (Cohen et al., 1993; Van Goethem et al., 2001). While PEO due to *POLG* pathogenic variants may be the only manifestation, most individuals develop a generalized myopathy with proximal limb weakness, fatigue, and exercise intolerance. Furthermore, after initially presenting with PEO, people with autosomal *POLG* pathogenic variants often progress to develop PEO-plus with extra-muscular manifestations, such as peripheral neuropathy, ataxia, encephalopathy, and seizures (Van Goethem et al., 2001, 2003a; Lamantea et al., 2002; Horvath et al., 2006). Similarly, some individuals with autosomal dominant *POLG* pathogenic variants have PEO-plus with variable combinations and severity of sensorineural hearing loss, peripheral neuropathy, ataxia, depression, parkinsonism, hypogonadism, and cataracts (Luoma et al., 2004; Pagnamenta et al., 2006). One recurrent form of PEO-plus due to recessive *POLG* pathogenic variants is sensory ataxic neuropathy, dysarthria, and ophthalmoplegia (SANDO) (Fadic et al., 1997).

Other nDNA genes that cause PEO include *SLC25A4*, *TWINK*, *POLG2*, *SPG7*, *DNA2*, *RNASEH1*, *TOP3A*, *TK2*, *DGUOK*, *RRM2B*, and *GMPR* (Table 2.2) (Kaukonen et al., 2000; Saada et al., 2001; Spelbrink et al., 2001; Longley et al., 2006; Bourdon et al., 2007; Tynismaa et al., 2009, 2012; Fratter et al., 2011; Ronchi et al., 2012, 2013; Paradas et al., 2013; Pfeiffer et al., 2014; Wedding et al., 2014; Reyes et al., 2015; Feichtinger et al., 2017; Martin et al., 2018; Sommerville et al., 2020; Primiano et al., 2022).

Thymidine kinase 2 deficiency (TK2d), due to autosomal recessive *TK2* pathogenic variants, presents as a clinical spectrum from early onset (beginning in the 1–4th year of life), rapidly progressive and fatal myopathy to a late-onset (after age 12 years) PEO, which often resembles PEO due to *POLG* pathogenic variants or single mtDNA deletions (Garone et al., 2018; Wang et al., 2018). However, early respiratory muscle involvement causing severe restrictive lung disease is characteristic of TK2d. Compassionate use of deoxynucleoside in TK2d patients suggests this may be an effective therapy (Dominguez-Gonzalez et al., 2019; Berardo et al., 2022).

## KEARNS–SAYRE SYNDROME

The frequently cited historical criteria for KSS are an obligate triad of CPEO, pigmentary retinopathy, and onset before age 20 years plus at least one of the following three manifestations: cardiac conduction block, cerebellar ataxia, and elevated cerebrospinal fluid protein (>100 mg/dL) (Rowland et al., 1983, 1991). Shortcomings of this definition include the age-at-onset requirement, as some cases have had onset after age 20 (Hirano and DiMauro, 1996), and elevated CSF protein, which is rarely performed because molecular genetic testing provides definitive diagnosis in many cases via noninvasive testing (Emmanuele et al., 2022). Thus, a North American consensus paper has reverted to the original definition of KSS composed of the clinical tetrad: 1) PEO; 2) pigmentary retinopathy; 3) cardiac conduction block; and 4) skeletal muscle involvement (Kearns and Sayre, 1958; Emmanuele et al., 2022). While as many as 90% of KSS cases are due

to mtDNA single deletions (Moraes et al., 1989), pathogenic variants in nDNA genes or mtDNA point mutations may present as KSS (Wilichowski et al., 1998; Seneca et al., 2001; Nishigaki et al., 2003; Pitceathly et al., 2011; Kornblum et al., 2013).

## PEO-PLUS

In addition to the distinct cases of PEO and KSS, there are patients with mtDNA single deletions that have manifestations beyond PEO, but do not fulfill criteria for KSS and are therefore classified as PEO-plus (previously described as ophthalmoplegia-plus) (Table 2.2). Some individuals are transiently PEO-plus until they develop the full KSS phenotype (Aure et al., 2007). Furthermore, it has become clear that distinct PEO-plus syndromes are clinically recognizable and often linked to pathogenic variants in specific nuclear DNA (nDNA) genes, such as mitochondrial neurogastrointestinal encephalomyopathy (MNGIE), which is typically due to *TYMP* pathogenic variants, while sensory ataxic neuropathy dysarthria ophthalmoplegia (SANDO) has been linked primarily to *POLG* pathogenic variants (Table 2.2) (Drachman, 1968; Rosenberg et al., 1968; Rowland et al., 1991, 1997; Rowland, 1992; Fadic et al., 1997; Nishino et al., 1999; Hirano et al., 2001; McClelland et al., 2016; Viscomi and Zeviani, 2017; Lopez-Gomez et al., 2022). Pathogenic variants in *OPA1* typically cause autosomal dominant optic atrophy; however, a subset of patients develop PEO and other neurological features in addition to optic neuropathy (Ferraris et al., 2008; Hudson et al., 2008; Yu-Wai-Man et al., 2010).

## MITOCHONDRIAL NEUROGASTROINTESTINAL ENCEPHALOMYOPATHY (MNGIE)

MNGIE is clinically defined by PEO, gastrointestinal dysmotility, cachexia, peripheral neuropathy, and leukoencephalopathy, and supported by laboratory tests indicating mitochondrial dysfunction (elevated lactate in blood, cerebrospinal fluid, or both; mtDNA multiple deletions, deletions, or somatic point mutations; and RRF, COX-deficient fibers, or both in muscle) (Hirano et al., 2021). Autosomal recessive *TYMP* pathogenic variants cause loss of thymidine phosphorylase activity leading to accumulation of thymidine and deoxyuridine and mitochondrial deoxynucleoside triphosphate pool imbalances that cause mtDNA instability (Nishino et al., 1999; Spinazzola et al., 2002). Typically, the disease onset is in the late teens and progresses to fatality in the late-30s (Garone et al., 2011). Allogeneic hematopoietic stem cell transplantation (AHSCT) and liver transplantation decrease levels of the toxic nucleosides, thymidine and deoxyuridine, and may lead to stabilization or mild clinical improvements; however, due to high morbidity and mortality after AHSCT, liver transplantation is the more suitable option for most MNGIE patients (Halter et al., 2011; D'Angelo et al., 2020; Hirano et al., 2021). Patients with MNGIE or MNGIE-like phenotypes have been linked to pathogenic variants in *POLG*, *RRM2B*, and *LIG3* (Van Goethem et al., 2003c; Shaibani et al., 2009; Bonora et al., 2021) as well as mtDNA point mutations (Gamez and Garces-Garmendia, 2005; Keilland et al., 2016).

## SENSORY ATAXIC NEUROPATHY DYSARTHRIA OPHTHALMOPLÉGIA (SANDO)

Originally reported as a distinct mitochondrial disease phenotype, Sensory Ataxic Neuropathy Dysarthria Ophthalmoplegia (SANDO) was initially linked to autosomal recessive pathogenic variants in *POLG* (Fadic et al., 1997; Van Goethem et al., 2003a). Rare subsequent cases of SANDO have been identified to be caused by pathogenic variants in *C10orf2* and *RNASEH1* (Hudson et al., 2005; Hanisch et al., 2015; Bugiardini et al., 2017).

## NONMITOCHONDRIAL FORMS OF PEO

In addition to mitochondrial diseases, other neuromuscular disorders manifest PEO and need to be considered in the differential diagnosis of mitochondrial PEO (Table 2.1). Nonmitochondrial ocular myopathies include myotonic dystrophy, oculopharyngeal muscular dystrophy (OPMD), oculopharyngodistal myopathy (OPDM), congenital myopathies, limb-girdle muscular dystrophy, Graves' ophthalmopathy, and orbital myositis (Rowland, 1992; Rowland et al., 1997). Myotonic dystrophy type 1 characteristically presents as a multisystemic disorder with distal limb weakness, myotonia, early cataracts, cardiac arrhythmias, endocrinopathies, daytime sleepiness, balding, and intellectual disabilities (Bird, 1993). Myotonic dystrophy type 1 is due to autosomal dominant expansions of a CTG trinucleotide repeat in *DMPK*. In contrast to type 1, type 2 myotonic dystrophy typically affects proximal and axial muscles, and less frequently affects nonmuscle tissues, and is caused by autosomal dominant expansions of a CCTG repeat in *CNBP* (Schoser, 1993). Oculopharyngeal muscular dystrophy (OPMD) is a late-onset disorder with ptosis, dysphagia, and proximal limb weakness with relatively mild ophthalmoparesis (Brais, 2011; Yamashita, 2021). OPMD is usually inherited in an autosomal pattern due to expansions of a GCN trinucleotide repeat in *PABP1* (biallelic 11 repeats cause autosomal recessive OPMD, while heterozygous 12–18 repeats cause autosomal dominant OPMD). Oculopharyngodistal myopathy (OPDM) is an adolescent or adult-onset disorder with extraocular, facial, pharyngeal, and distal limb weakness due to expansions in CGG trinucleotide repeats in four genes: *LRP12*, *GIPC1*, *NOTCH2NLC*, and *RIPL1* (Yu et al., 2022). Thus, expansions of tri- or tetra-nucleotide repeats in noncoding regions of genes are emerging as a recurrent cause of myopathies with PEO.

Inherited congenital myopathies that often manifest PEO in addition to limb and axial weakness include central core myopathy due to recessive *RYR1* pathogenic variants, centronuclear myopathy due to X-linked recessive variants in *MTM1*, and autosomal dominant pathogenic variants in *DNM2* (Claeys, 2020). Genetic congenital myasthenic syndromes with defects at the neuromuscular junction typically present with generalized weakness with prominent ptosis and ophthalmoparesis, and some forms present with isolated extraocular weakness (Estephan et al., 2022). Congenital fibrosis of extraocular muscles (CFEOM), Duane retraction syndrome, and Mobius syndrome are congenital cranial dysinnervation disorders presenting with ptosis at birth with variable restrictive

and paretic strabismus due to genetic defects of embryological development of cranial neuromuscular units (Vivian, 2020).

Among the nongenetic causes of PEO, autoimmune ocular and generalized myasthenia gravis are the most frequent and can be clinically distinguished from genetic forms by acute to subacute onset and prominent fluctuation of symptoms, in contrast to the gradual onset and chronic slow progression of most genetic forms of PEO (Gilhus, 2016; Farmakidis et al., 2018; Pasnoor et al., 2018). The diagnosis can be confirmed in most cases by detection of autoantibodies against the acetylcholine receptor, muscle specific kinase, or lipoprotein-related protein 4 (LRP4), as well as electrophysiological studies. Thyroid-associated ophthalmopathy can present with ophthalmoparesis; however, most cases manifest eyelid retraction with signs of orbital inflammation, such as conjunctival erythema and swelling, periocular edema, and ptosis (Bahn, 2010; Liu et al., 2010).

## CONCLUSIONS

In the three decades since the last *Handbook of Clinical Neurology* chapter on PEO (Rowland, 1992), there has been remarkable progress in delineating multiple genetic causes of this condition. In particular, pathogenic variants in mtDNA and nDNA that impair mitochondrial functions have emerged as frequent causes of isolated PEO, PEO-plus, and specific PEO-plus syndromes such as KSS, MNGIE, and SANDO. Several conclusions can be drawn from the genetic knowledge. Single large-scale deletions of mtDNA are the most frequent causes of sporadic mitochondrial PEO and KSS, while nDNA defects causing secondary defects of mtDNA maintenance are the most frequent causes of autosomal mitochondrial PEO and PEO-plus syndromes. Additional nonmitochondrial forms of PEO have also been genetically linked to expansions of tri- and tetra-nucleotide DNA repeats, as well as defects in genes required for development of the neuromuscular junction or cranial neuromuscular units. Further advances to develop therapies for PEO are needed.

## FUNDING INFORMATION

MH is supported by research grants from the National Institutes of Health (North American Mitochondrial Disease Consortium [NAMDC] U54 NS078059 from NINDS, NICHD, and ODS), Department of Defense (W81XWH2010807), Muscular Dystrophy Association, the Arturo Estopinan TK2 Research Fund, Nicholas Nunno Foundation, JDM Fund for Mitochondrial Research, Shuman Mitochondrial Disease Fund, and the Marriott Mitochondrial Disease Clinic Research Fund (MMDCRF) from the J. Willard and Alice S. Marriott Foundation. NAMDC is part of Rare Diseases Clinical Research Network (RDCRN), an initiative of the Office of Rare Diseases Research (ORDR), National Center for Advancing Translational Sciences (NCATS). R.D.S.P. is supported by a Medical Research Council (UK) Clinician Scientist Fellowship (MR/S002065/1), a Medical Research Council (UK) award MC\_PC\_21046 to establish a National Mouse Genetics Network Cluster in Mitochondria (MitoCluster), and a Medical Research Council (UK) strategic award MR/S005021/1 to establish an International Centre for Genomic Medicine in Neuromuscular Diseases (ICGNMD).

## References

- Alston CL, Lowe J, Turnbull DM et al. (2010). A novel mitochondrial tRNAGlu (MTTE) gene mutation causing chronic progressive external ophthalmoplegia at low levels of heteroplasmy in muscle. *J Neurol Sci* 298: 140–144. 10.1016/j.jns.2010.08.014. [PubMed: 20810132]
- Aure K, Ogier de Baulny H, Laforet P et al. (2007). Chronic progressive ophthalmoplegia with large-scale mtDNA rearrangement: can we predict progression? *Brain* 130: 1516–1524. 10.1093/brain/awm067. [PubMed: 17439982]



- Bahn RS (2010). Graves' ophthalmopathy. *N Engl J Med* 362: 726–738. 10.1056/NEJMra0905750. [PubMed: 20181974]
- Barca E, Long Y, Cooley V et al. (2020). Mitochondrial diseases in North America: an analysis of the NAMDC Registry. *Neurol Genet* 6: e402. 10.1212/NXG.0000000000000402. [PubMed: 32337332]
- Beaumont WM (1890). Notes of a case of progressive nuclear ophthalmoplegia. *Brain* 13: 386–387.
- Beckett RS, Netsky MG (1953). Familial ocular myopathy and external ophthalmoplegia. *AMA Arch Neurol Psychiatry* 69: 64–72. 10.1001/archneurpsyc.1953.02320250070007. [PubMed: 12996134]
- Berardo A, Coku J, Kurt B et al. (2010). A novel mutation in the tRNA<sup>Ile</sup> gene (MTTI) affecting the variable loop in a patient with chronic progressive external ophthalmoplegia (CPEO). *Neuromuscul Disord* 20: 204–206. 10.1016/j.nmd.2010.01.006. [PubMed: 20149659]
- Berardo A, Dominguez-Gonzalez C, Engelstad K et al. (2022). Advances in thymidine kinase 2 deficiency: clinical aspects, translational progress, and emerging therapies. *J Neuromuscul Dis* 9: 225–235. 10.3233/JND-210786. [PubMed: 35094997]
- Berenberg RA, Pellock JM, DiMauro S et al. (1977). Lumping or splitting? “Ophthalmoplegia-plus” or Kearns-Sayre syndrome? *Ann Neurol* 1: 37–54. 10.1002/ana.410010104. [PubMed: 889288]
- Bird TD (1993). Myotonic dystrophy type 1. In: Adam MP et al. (Eds.), *GeneReviews*((R)). Seattle (WA).
- Blakely EL, Yarham JW, Alston CL et al. (2013). Pathogenic mitochondrial tRNA point mutations: nine novel mutations affirm their importance as a cause of mitochondrial disease. *Hum Mutat* 34: 1260–1268. 10.1002/humu.22358. [PubMed: 23696415]
- Bonora E, Chakrabarty S, Kellaris G et al. (2021). Biallelic variants in *LIG3* cause a novel mitochondrial neurogastrointestinal encephalomyopathy. *Brain* 144: 1451–1466. 10.1093/brain/awab056. [PubMed: 33855352]
- Bourdon A, Minai L, Serre V et al. (2007). Mutation of *RRM2B*, encoding p53-controlled ribonucleotide reductase (p53R2), causes severe mitochondrial DNA depletion. *Nat Genet* 39: 776–780. 10.1038/ng2040. [PubMed: 17486094]
- Brais B (2011). Oculopharyngeal muscular dystrophy. *Handb Clin Neurol* 101: 181–192. 10.1016/B978-0-08-045031-5.00014-1. [PubMed: 21496634]
- Bugiardini E, Poole OV, Manole A et al. (2017). Clinicopathologic and molecular spectrum of *RNASEH1*-related mitochondrial disease. *Neurol Genet* 3: e149. 10.1212/NXG.0000000000000149. [PubMed: 28508084]
- Campos Y, Gamez J, Garcia A et al. (2001). A new mtDNA mutation in the tRNA(Leu(UUR)) gene associated with ocular myopathy. *Neuromuscul Disord* 11: 477–480. 10.1016/S0960-8966(00)00223-6. [PubMed: 11404120]
- Carelli V, La Morgia C (2018). Clinical syndromes associated with mtDNA mutations: where we stand after 30 years. *Essays Biochem* 62: 235–254. 10.1042/EBC20170097. [PubMed: 30030360]
- Claeys KG (2020). Congenital myopathies: an update. *Dev Med Child Neurol* 62: 297–302. 10.1111/dmcn.14365. [PubMed: 31578728]
- Cohen BH, Chinnery PF, Copeland WC (1993). *POLG*-related disorders. In: Adam MP et al. (Eds.), *GeneReviews*((R)). Seattle (WA).
- D'Angelo R, Boschetti E, Amore G et al. (2020). Liver transplantation in mitochondrial neurogastrointestinal encephalomyopathy (MNGIE): clinical long-term follow-up and pathogenic implications. *J Neurol* 267: 3702–3710. 10.1007/s00415-020-10051-x. [PubMed: 32683607]
- DiMauro S, Schotland DL, Bonilla E et al. (1973). Progressive ophthalmoplegia, glycogen storage, and abnormal mitochondria. *Arch Neurol* 29: 170–179. 10.1001/archneur.1973.00490270052008. [PubMed: 4273246]
- Dominguez-Gonzalez C, Madruga-Garrido M, Mavillard F et al. (2019). Deoxynucleoside therapy for thymidine kinase 2-deficient myopathy. *Ann Neurol* 86: 293–303. 10.1002/ana.25506. [PubMed: 31125140]
- Drachman DA (1968). Ophthalmoplegia plus. The neurodegenerative disorders associated with progressive external ophthalmoplegia. *Arch Neurol* 18: 654–674. 10.1001/archneur.1968.00470360076008. [PubMed: 5652994]
- Elliott FA (1939). Myopathic wasting associated with ptosis and external ophthalmoplegia. *Proc R Soc Med* 32: 876. 10.1177/003591573903200811. [PubMed: 19991961]

- Emmanuele V, Ganesh J, Vladutiu G et al. (2022). Time to harmonize mitochondrial syndrome nomenclature and classification: a consensus from the North American Mitochondrial Disease Consortium (NAMDC). *Mol Genet Metab* 136: 125–131. 10.1016/j.ymgme.2022.05.001. [PubMed: 35606253]
- Estephan EP, Zambon AA, Thompson R et al. (2022). Congenital myasthenic syndrome: correlation between clinical features and molecular diagnosis. *Eur J Neurol* 29: 833–842. 10.1111/ene.15173. [PubMed: 34749429]
- Fadic R, Russell JA, Vedanarayanan VV et al. (1997). Sensory ataxic neuropathy as the presenting feature of a novel mitochondrial disease. *Neurology* 49: 239–245. 10.1212/wnl.49.1.239. [PubMed: 9222196]
- Farmakidis C, Pasnoor M, Dimachkie MM et al. (2018). Treatment of myasthenia gravis. *Neurol Clin* 36: 311–337. 10.1016/j.ncl.2018.01.011. [PubMed: 29655452]
- Feichtinger RG, Olahova M, Kishita Y et al. (2017). Biallelic C1QBP mutations cause severe neonatal-, childhood-, or later-onset cardiomyopathy associated with combined respiratory-chain deficiencies. *Am J Hum Genet* 101: 525–538. 10.1016/j.ajhg.2017.08.015. [PubMed: 28942965]
- Ferraris S, Clark S, Garelli E et al. (2008). Progressive external ophthalmoplegia and vision and hearing loss in a patient with mutations in POLG2 and OPA1. *Arch Neurol* 65: 125–131. 10.1001/archneurol.2007.9. [PubMed: 18195150]
- Franceschina L, Salani S, Bordoni A et al. (1998). A novel mitochondrial tRNA(Ile) point mutation in chronic progressive external ophthalmoplegia. *J Neurol* 245: 755–758. 10.1007/s004150050283. [PubMed: 9808249]
- Fratter C, Raman P, Alston CL et al. (2011). RRM2B mutations are frequent in familial PEO with multiple mtDNA deletions. *Neurology* 76: 2032–2034. 10.1212/WNL.0b013e31821e558b. [PubMed: 21646632]
- Fuchs E (1890). Ueber isolierte doppelseitige ptosis. *Graefes Arch Ophthalmol* 36: 234–259.
- Gamba J, Kiyomoto BH, de Oliveira AS et al. (2012). The mutations m.5628T>C and m.8348A>G in single muscle fibers of a patient with chronic progressive external ophthalmoplegia. *J Neurol Sci* 320: 131–135. 10.1016/j.jns.2012.05.037. [PubMed: 22743145]
- Gamez J, Garces-Garmendia MA (2005). Paralytic ileus in a MELAS patient mimicking MNGIE. *Pediatr Neurol* 33: 151. 10.1016/j.pediatrneurol.2005.05.023. [PubMed: 16087066]
- Garone C, Tadesse S, Hirano M (2011). Clinical and genetic spectrum of mitochondrial neurogastrointestinal encephalomyopathy. *Brain* 134: 3326–3332. 10.1093/brain/awr245. [PubMed: 21933806]
- Garone C, Taylor RW, Nascimento A et al. (2018). Retrospective natural history of thymidine kinase 2 deficiency. *J Med Genet* 55: 515–521. 10.1136/jmedgenet-2017-105012. [PubMed: 29602790]
- Gilhus NE (2016). Myasthenia Gravis. *N Engl J Med* 375: 2570–2581. 10.1056/NEJMr1602678. [PubMed: 28029925]
- Goldstein A, Falk MJ (2013). Mitochondrial DNA Deletion Syndromes. In: *GeneReviews*((R)) [Internet], University of Washington, Seattle, Seattle (WA). [Updated 2019 Jan 31]. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/20301382>.
- Gorman GS, Pfeffer G, Griffin H et al. (2015). Clonal expansion of secondary mitochondrial DNA deletions associated with spinocerebellar ataxia type 28. *JAMA Neurol* 72: 106–111. 10.1001/jamaneurol.2014.1753. [PubMed: 25420100]
- Grady JP, Campbell G, Ratnaike T et al. (2014). Disease progression in patients with single, large-scale mitochondrial DNA deletions. *Brain* 137: 323–334. 10.1093/brain/awt321. [PubMed: 24277717]
- Halter J, Schupbach W, Casali C et al. (2011). Allogeneic hematopoietic SCT as treatment option for patients with mitochondrial neurogastrointestinal encephalomyopathy (MNGIE): a consensus conference proposal for a standardized approach. *Bone Marrow Transplant* 46: 330–337. 10.1038/bmt.2010.100. [PubMed: 20436523]
- Hanisch F, Kornhuber M, Alston CL et al. (2015). SANDO syndrome in a cohort of 107 patients with CPEO and mitochondrial DNA deletions. *J Neurol Neurosurg Psychiatry* 86: 630–634. 10.1136/jnnp-2013-306748. [PubMed: 25143630]

- Hassler R (1953). Erkrankungen der Oblongata, der Brücke und des Mittelhirns. In: von Bergmann F, Frey W, Schwieglk H (Eds.), *Handbuch der inneren Medizin*. Springer, Berlin, pp. 552–619.
- Hattori Y, Goto Y, Sakuta R et al. (1994). Point mutations in mitochondrial tRNA genes: sequence analysis of chronic progressive external ophthalmoplegia (CPEO). *J Neurol Sci* 125: 50–55. 10.1016/0022-510x(94)90241-0. [PubMed: 7525879]
- Hellebrekers D, Blakely EL, Hendrickx ATM et al. (2019). A novel mitochondrial m.4414T>C MT-TM gene variant causing progressive external ophthalmoplegia and myopathy. *Neuromuscul Disord* 29: 693–697. 10.1016/j.nmd.2019.08.005. [PubMed: 31488384]
- Hirano M, DiMauro S (1996). Clinical features of mitochondrial myopathies and encephalomyopathies. In: Lane R (Ed.), *Handbook of muscle disease*. Marcel Dekker Inc. USA, New York, pp. 479–504.
- Hirano M, Marti R, Ferreira-Barros C et al. (2001). Defects of intergenomic communication: autosomal disorders that cause multiple deletions and depletion of mitochondrial DNA. *Semin Cell Dev Biol* 12: 417–427. [PubMed: 11735376]
- Hirano M, Carelli V, De Giorgio R et al. (2021). Mitochondrial neurogastrointestinal encephalomyopathy (MNGIE): position paper on diagnosis, prognosis, and treatment by the MNGIE International Network. *J Inher Metab Dis* 44: 376–387. 10.1002/jimd.12300. [PubMed: 32898308]
- Holt IJ, Harding AE, Morgan-Hughes JA (1988). Mitochondrial DNA polymorphism in mitochondrial myopathy. *Hum Genet* 79: 53–57. 10.1007/BF00291710. [PubMed: 2896621]
- Holt IJ, Harding AE, Cooper JM et al. (1989). Mitochondrial myopathies: clinical and biochemical features of 30 patients with major deletions of muscle mitochondrial DNA. *Ann Neurol* 26: 699–708. 10.1002/ana.410260603. [PubMed: 2604380]
- Horvath R, Hudson G, Ferrari G et al. (2006). Phenotypic spectrum associated with mutations of the mitochondrial polymerase gamma gene. *Brain* 129: 1674–1684. 10.1093/brain/awl088. [PubMed: 16621917]
- Hudson G, Deschauer M, Busse K et al. (2005). Sensory ataxic neuropathy due to a novel C10Orf2 mutation with probable germline mosaicism. *Neurology* 64: 371–373. 10.1212/01.WNL.0000149767.51152.83. [PubMed: 15668446]
- Hudson G, Amati-Bonneau P, Blakely EL et al. (2008). Mutation of OPA1 causes dominant optic atrophy with external ophthalmoplegia, ataxia, deafness and multiple mitochondrial DNA deletions: a novel disorder of mtDNA maintenance. *Brain* 131: 329–337. 10.1093/brain/awm272. [PubMed: 18065439]
- Hutchinson J (1879). On ophthalmoplegia externa, or symmetrical immobility (partial) of the eyes, with ptosis. *Med Chir Trans* 62: 307–329. 10.1177/095952877906200120.
- Jackson CB, Neuwirth C, Hahn D et al. (2014). Novel mitochondrial tRNA(Ile) m.4282A>G gene mutation leads to chronic progressive external ophthalmoplegia plus phenotype. *Br J Ophthalmol* 98: 1453–1459. 10.1136/bjophthalmol-2014-305300. [PubMed: 25034047]
- Johns DR, Drachman DB, Hurko O (1989). Identical mitochondrial DNA deletion in blood and muscle. *Lancet* 1: 393–394. 10.1016/s0140-6736(89)91779-0.
- Joshi PR, Baty K, Hopton S et al. (2020). Progressive external ophthalmoplegia due to a recurrent de novo m.15990C>T MT-TP (mt-tRNA(Pro)) gene variant. *Neuromuscul Disord* 30: 346–350. 10.1016/j.nmd.2020.02.020. [PubMed: 32305257]
- Karadimas CL, Salviati L, Sacconi S et al. (2002). Mitochondrial myopathy and ophthalmoplegia in a sporadic patient with the G12315A mutation in mitochondrial DNA. *Neuromuscul Disord* 12: 865–868. 10.1016/s0960-8966(02)00072-x. [PubMed: 12398839]
- Kaukonen J, Juselius JK, Tiranti V et al. (2000). Role of adenine nucleotide translocator 1 in mtDNA maintenance. *Science* 289: 782–785. 10.1126/science.289.5480.782. [PubMed: 10926541]
- Kearns TP, Sayre GP (1958). Retinitis pigmentosa, external ophthalmoplegia, and complete heart block: unusual syndrome with histologic study in one of two cases. *AMA Arch Ophthalmol* 60: 280–289. [PubMed: 13558799]
- Keilland E, Rupar CA, Prasad AN et al. (2016). The expanding phenotype of MELAS caused by the m.3291T > C mutation in the MT-TL1 gene. *Mol Genet Metab Rep* 6: 64–69. 10.1016/j.ymgmr.2016.02.003. [PubMed: 27014580]

- Kiloh LG, Nevin S (1951). Progressive dystrophy of the external ocular muscles (ocular myopathy). *Brain* 74: 115–143. 10.1093/brain/74.2.115. [PubMed: 14858744]
- Kornblum C, Nicholls TJ, Haack TB et al. (2013). Loss-of-function mutations in MGME1 impair mtDNA replication and cause multisystemic mitochondrial disease. *Nat Genet* 45: 214–219. 10.1038/ng.2501. [PubMed: 23313956]
- Laforet P, Lombes A, Eymard B et al. (1995). Chronic progressive external ophthalmoplegia with ragged-red fibers: clinical, morphological and genetic investigations in 43 patients. *Neuromuscul Disord* 5: 399–413. 10.1016/0960-8966(94)00080-s. [PubMed: 7496174]
- Lamantea E, Tiranti V, Bordoni A et al. (2002). Mutations of mitochondrial DNA polymerase gammaA are a frequent cause of autosomal dominant or recessive progressive external ophthalmoplegia. *Ann Neurol* 52: 211–219. 10.1002/ana.10278. [PubMed: 12210792]
- Langdon HM, Cadwalader WB (1928). Chronic progressive external ophthalmoplegia: report of a case with necropsy. *Trans Am Ophthalmol Soc* 26: 247–260. [PubMed: 16692796]
- Lestienne P, Ponsot G (1988). Kearns-Sayre syndrome with muscle mitochondrial DNA deletion. *Lancet* 1: 885. 10.1016/s0140-6736(88)91632-7.
- Liu GT, Volpe JJ, Galetta SL (2010). *Neuro-ophthalmology: diagnosis and management*, 2nd ed. Saunders Elsevier, Philadelphia.
- Liu CH, Liou CW, Liu CH et al. (2011). Chronic progressive external ophthalmoplegia with T9957C mitochondrial DNA mutation in a Taiwanese patient. *Acta Neurol Taiwanica* 20: 53–58.
- Longley MJ, Clark S, Yu Wai Man C et al. (2006). Mutant POLG2 disrupts DNA polymerase gamma subunits and causes progressive external ophthalmoplegia. *Am J Hum Genet* 78: 1026–1034. 10.1086/504303. [PubMed: 16685652]
- Lopez-Gomez C, Camara Y, Hirano M et al. (2022). 232nd ENMC international workshop: recommendations for treatment of mitochondrial DNA maintenance disorders, 16–18 June 2017, Heemskerk, The Netherlands. *Neuromuscul Disord* 32: 609–620. 10.1016/j.nmd.2022.05.008. [PubMed: 35641351]
- Luoma P, Melberg A, Rinne JO et al. (2004). Parkinsonism, premature menopause, and mitochondrial DNA polymerase gamma mutations: clinical and molecular genetic study. *Lancet* 364: 875–882. 10.1016/S0140-6736(04)16983-3. [PubMed: 15351195]
- Mancuso M, Orsucci D, Angelini C et al. (2015). Redefining phenotypes associated with mitochondrial DNA single deletion. *J Neurol* 262: 1301–1309. 10.1007/s00415-015-7710-y. [PubMed: 25808502]
- Mandel H, Szargel R, Labay V et al. (2001). The deoxyguanosine kinase gene is mutated in individuals with depleted hepatocerebral mitochondrial DNA. *Nat Genet* 29: 337–341. 10.1038/ng746. [PubMed: 11687800]
- Marburg O (1936). Die chronisch-progressiven nuclearen Amyotrophien. In: Bumke O, Foerster O (Eds.), *Handbuch der Neurologie*. Springer, Berlin, pp. 524–663.
- Martin JP (1936). Progressive external ophthalmoplegia. *Proc R Soc Med* 29: 965. 10.1177/003591573602900842.
- Martin CA, Sarlos K, Logan CV et al. (2018). Mutations in TOP3A cause a bloom syndrome-like disorder. *Am J Hum Genet* 103: 221–231. 10.1016/j.ajhg.2018.07.001. [PubMed: 30057030]
- McClelland C, Manousakis G, Lee MS (2016). Progressive external ophthalmoplegia. *Curr Neurol Neurosci Rep* 16: 53. 10.1007/s11910-016-0652-7. [PubMed: 27072953]
- McShane MA, Hammans SR, Sweeney M et al. (1991). Pearson syndrome and mitochondrial encephalomyopathy in a patient with a deletion of mtDNA. *Am J Hum Genet* 48: 39–42. [PubMed: 1985462]
- Mita S, Schmidt B, Schon EA et al. (1989). Detection of “deleted” mitochondrial genomes in cytochrome-c oxidase-deficient muscle fibers of a patient with Kearns-Sayre syndrome. *Proc Natl Acad Sci U S A* 86: 9509–9513. 10.1073/pnas.86.23.9509. [PubMed: 2556715]
- Moraes CT, DiMauro S, Zeviani M et al. (1989). Mitochondrial DNA deletions in progressive external ophthalmoplegia and Kearns-Sayre syndrome. *N Engl J Med* 320: 1293–1299. 10.1056/NEJM198905183202001. [PubMed: 2541333]

- Moraes CT, Ciacci F, Silvestri G et al. (1993). Atypical clinical presentations associated with the MELAS mutation at position 3243 of human mitochondrial DNA. *Neuromuscul Disord* 3: 43–50. 10.1016/0960-8966(93)90040-q. [PubMed: 8392410]
- Muller-Hocker J, Pongratz D, Hubner G (1983). Focal deficiency of cytochrome-c-oxidase in skeletal muscle of patients with progressive external ophthalmoplegia. Cytochemical-fine-structural study. *Virchows Arch A Pathol Anat Histopathol* 402: 61–71. 10.1007/BF00695049. [PubMed: 6318426]
- Mussini JM, Friol-Vercelletto M, Forgeau Y et al. (1984). Role of muscle biopsy in the diagnosis of ocular myopathies. *Rev Otoneuroophthalmol* 56: 203–208. [PubMed: 6474026]
- Nicholls TJ, Nadalutti CA, Motori E et al. (2018). Topoisomerase 3alpha is required for decatenation and segregation of human mtDNA. *Mol Cell* 69: 9–23. e6. 10.1016/j.molcel.2017.11.033. [PubMed: 29290614]
- Nishigaki Y, Tadesse S, Bonilla E et al. (2003). A novel mitochondrial tRNA(Leu(UUR)) mutation in a patient with features of MERRF and Kearns-Sayre syndrome. *Neuromuscul Disord* 13: 334–340. 10.1016/s0960-8966(02)00283-3. [PubMed: 12868503]
- Nishino I, Spinazzola A, Hirano M (1999). Thymidine phosphorylase gene mutations in MNGIE, a human mitochondrial disorder. *Science* 283: 689–692. 10.1126/science.283.5402.689. [PubMed: 9924029]
- Nishino I, Spinazzola A, Papadimitriou A et al. (2000). Mitochondrial neurogastrointestinal encephalomyopathy: an autosomal recessive disorder due to thymidine phosphorylase mutations. *Ann Neurol* 47: 792–800. [PubMed: 10852545]
- O'Donnell L, Blakely EL, Baty K et al. (2020). Chronic progressive external ophthalmoplegia due to a rare de novo m.12334G>A MT-TL2 mitochondrial DNA variant 1. *J Neuromuscul Dis* 7: 355–360. 10.3233/JND-200486. [PubMed: 32310184]
- Olson W, Engel WK, Walsh GO et al. (1972). Oculocraniosomatic neuromuscular disease with “ragged-red” fibers. *Arch Neurol* 26: 193–211. 10.1001/archneur.1972.00490090019001. [PubMed: 4400816]
- Orsucci D, Angelini C, Bertini E et al. (2017). Revisiting mitochondrial ocular myopathies: a study from the Italian Network. *J Neurol* 264: 1777–1784. 10.1007/s00415-017-8567-z. [PubMed: 28695364]
- Ozawa T, Yoneda M, Tanaka M et al. (1988). Maternal inheritance of deleted mitochondrial DNA in a family with mitochondrial myopathy. *Biochem Biophys Res Commun* 154: 1240–1247. 10.1016/0006-291x(88)90272-0. [PubMed: 2841928]
- Pagnamenta AT, Taanman JW, Wilson CJ et al. (2006). Dominant inheritance of premature ovarian failure associated with mutant mitochondrial DNA polymerase gamma. *Hum Reprod* 21: 2467–2473. 10.1093/humrep/del076. [PubMed: 16595552]
- Paradas C, Gutierrez Rios P, Rivas E et al. (2013). TK2 mutation presenting as indolent myopathy. *Neurology* 80: 504–506. 10.1212/WNL.0b013e31827f0ff7. [PubMed: 23303857]
- Pasnoor M, Dimachkie MM, Farmakidis C et al. (2018). Diagnosis of myasthenia gravis. *Neurol Clin* 36: 261–274. 10.1016/j.ncl.2018.01.010. [PubMed: 29655449]
- Petty RK, Harding AE, Morgan-Hughes JA (1986). The clinical features of mitochondrial myopathy. *Brain* 109: 915–938. 10.1093/brain/109.5.915. [PubMed: 3779373]
- Pfeffer G, Gorman GS, Griffin H et al. (2014). Mutations in the SPG7 gene cause chronic progressive external ophthalmoplegia through disordered mitochondrial DNA maintenance. *Brain* 137: 1323–1336. 10.1093/brain/awu060. [PubMed: 24727571]
- Pinos T, Marotta M, Gallardo E et al. (2011). A novel mutation in the mitochondrial tRNA(Ala) gene (m.5636T>C) in a patient with progressive external ophthalmoplegia. *Mitochondrion* 11: 228–233. 10.1016/j.mito.2010.08.008. [PubMed: 20813205]
- Pitceathly RD, Fassone E, Taanman JW et al. (2011). Kearns-Sayre syndrome caused by defective R1/p53R2 assembly. *J Med Genet* 48: 610–617. 10.1136/jmg.2010.088328. [PubMed: 21378381]
- Pitceathly RD, Smith C, Fratter C et al. (2012). Adults with RRM2B-related mitochondrial disease have distinct clinical and molecular characteristics. *Brain* 135: 3392–3403. 10.1093/brain/aws231. [PubMed: 23107649]

- Pitceathly RD, Morrow JM, Sinclair CD et al. (2016). Extraocular muscle MRI in genetically-defined mitochondrial disease. *Eur Radiol* 26: 130–137. 10.1007/s00330-015-3801-5. [PubMed: 25994195]
- Pongratz D, Perwein J, Hubner G et al. (1979). Muscle biopsy in progressive external ophthalmoplegia (author's transl). *Klin Wochenschr* 57: 779–788. 10.1007/BF01478036. [PubMed: 491500]
- Primiano G, Torracco A, Verrigni D et al. (2022). Novel TOP3A variant associated with mitochondrial disease: expanding the clinical spectrum of topoisomerase iii alpha-related diseases. *Neurol Genet* 8: e200007. 10.1212/NXG.000000000200007. [PubMed: 35812164]
- Reichmann H, Degoul F, Gold R et al. (1991). Histological, enzymatic and mitochondrial DNA studies in patients with Kearns-Sayre syndrome and chronic progressive external ophthalmoplegia. *Eur Neurol* 31: 108–113. 10.1159/000116656. [PubMed: 1646110]
- Reyes A, Melchionda L, Nasca A et al. (2015). RNASEH1 mutations impair mtDNA replication and cause adult-onset mitochondrial encephalomyopathy. *Am J Hum Genet* 97: 186–193. 10.1016/j.ajhg.2015.05.013. [PubMed: 26094573]
- Rodriguez-Lopez C, Garcia-Cardaba LM, Blazquez A et al. (2020). Clinical, pathological and genetic spectrum in 89 cases of mitochondrial progressive external ophthalmoplegia. *J Med Genet* 57: 643–646. 10.1136/jmedgenet-2019-106649. [PubMed: 32161153]
- Ronchi D, Garone C, Bordoni A et al. (2012). Next-generation sequencing reveals DGUOK mutations in adult patients with mitochondrial DNA multiple deletions. *Brain* 135: 3404–3415. 10.1093/brain/aws258. [PubMed: 23043144]
- Ronchi D, Di Fonzo A, Lin W et al. (2013). Mutations in DNA2 link progressive myopathy to mitochondrial DNA instability. *Am J Hum Genet* 92: 293–300. 10.1016/j.ajhg.2012.12.014. [PubMed: 23352259]
- Rosenberg RN, Schotland DL, Lovelace RE et al. (1968). Progressive ophthalmoplegia. Report of cases. *Arch Neurol* 19: 362–376. 10.1001/archneur.1968.00480040028002. [PubMed: 4175668]
- Rötig A, Cormier V, Blanche S et al. (1990). A multisystem mitochondrial disorder in infancy. *J Clin Invest* 86: 1601–1608. 10.1172/JCI114881. [PubMed: 2243133]
- Rowland LP (1992). Progressive external ophthalmoplegia. *Handb Clin Neurol* 287–329.
- Rowland LP, Hays AP, DiMauro S et al. (1983). Diverse clinical disorders associated with morphological abnormalities of mitochondria. In: Cerri C, Scarlato G (Eds.), *Mitochondrial pathology in muscle diseases*. Piccin Editore, Padua, pp. 141–158.
- Rowland LP, Blake DM, Hirano M et al. (1991). Clinical syndromes associated with ragged red fibers. *Rev Neurol* 147: 467–473. [PubMed: 1962052]
- Rowland LP, Hirano M, DiMauro S et al. (1997). Oculopharyngeal muscular dystrophy, other ocular myopathies, and progressive external ophthalmoplegia. *Neuromuscul Disord* 7: S15–S21. 10.1016/s0960-8966(97)00076-x. [PubMed: 9392010]
- Saada A, Shaag A, Mandel H et al. (2001). Mutant mitochondrial thymidine kinase in mitochondrial DNA depletion myopathy. *Nat Genet* 29: 342–344. 10.1038/ng751. [PubMed: 11687801]
- Sahashi K, Yoneda M, Ohno K et al. (2001). Functional characterisation of mitochondrial tRNA(Tyr) mutation (5877->GA) associated with familial chronic progressive external ophthalmoplegia. *J Med Genet* 38: 703–705. 10.1136/jmg.38.10.703. [PubMed: 11594340]
- Sandifer PH (1946). Chronic progressive ophthalmoplegia of myopathic origin. *J Neurol Neurosurg Psychiatry* 9: 81–83. 10.1136/jnnp.9.3.81. [PubMed: 20293588]
- Santorelli FM, Siciliano G, Casali C et al. (1997). Mitochondrial tRNA(Cys) gene mutation (A5814G): a second family with mitochondrial encephalopathy. *Neuromuscul Disord* 7: 156–159. 10.1016/s0960-8966(97)00444-6. [PubMed: 9185178]
- Schlapakow E, Peeva V, Zsurka G et al. (2019). Distinct segregation of the pathogenic m.5667G>A mitochondrial tRNA(Asn) mutation in extraocular and skeletal muscle in chronic progressive external ophthalmoplegia. *Neuromuscul Disord* 29: 358–367. 10.1016/j.nmd.2019.02.009. [PubMed: 30962064]
- Schoser B (1993). Myotonic dystrophy type 2. In: Adam MP et al. (Eds.), *GeneReviews((R))*. Seattle (WA).
- Schwarz GA, Liu CN (1954). Chronic progressive external ophthalmoplegia. *AMA Arch Neurol Psychiatry* 71: 31–53. 10.1001/archneurpsyc.1954.02320370033003. [PubMed: 13123569]

- Seibel P, Lauber J, Klopstock T et al. (1994). Chronic progressive external ophthalmoplegia is associated with a novel mutation in the mitochondrial tRNA(Asn) gene. *Biochem Biophys Res Commun* 204: 482–489. 10.1006/bbrc.1994.2485. [PubMed: 7980504]
- Seneca S, Verhelst H, De Meirleir L et al. (2001). A new mitochondrial point mutation in the transfer RNA(Leu) gene in a patient with a clinical phenotype resembling Kearns-Sayre syndrome. *Arch Neurol* 58: 1113–1118. 10.1001/archneur.58.7.1113. [PubMed: 11448301]
- Serratrice G (1991). The history of mitochondrial encephalomyopathies. *Bull Acad Natl Med* 175: 631–639. discussion 40-1. [PubMed: 1933479]
- Shaibani A, Shchelochkov OA, Zhang S et al. (2009). Mitochondrial neurogastrointestinal encephalopathy due to mutations in RRM2B. *Arch Neurol* 66: 1028–1032. 10.1001/archneur.2009.139. [PubMed: 19667227]
- Shintaku J, Pernice WM, Eyaid W et al. (2022). RRM1 variants cause a mitochondrial DNA maintenance disorder via impaired de novo nucleotide synthesis. *J Clin Invest* 132. 10.1172/JCI145660.
- Silvestri G, Servidei S, Rana M et al. (1996). A novel mitochondrial DNA point mutation in the tRNA(Ile) gene is associated with progressive external ophthalmoplegia. *Biochem Biophys Res Commun* 220: 623–627. 10.1006/bbrc.1996.0453. [PubMed: 8607814]
- Smits BW, Hol FA, van den Heuvel LP et al. (2007). Chronic progressive external ophthalmoplegia caused by an m.4267A > G mutation in the mitochondrial tRNAIle. *J Neurol* 254: 1614–1615. 10.1007/s00415-007-0608-6. [PubMed: 17965958]
- Sommerville EW, Dalla Rosa I, Rosenberg MM et al. (2020). Identification of a novel heterozygous guanosine mono-phosphate reductase (GMPR) variant in a patient with a late-onset disorder of mitochondrial DNA maintenance. *Clin Genet* 97: 276–286. 10.1111/cge.13652. [PubMed: 31600844]
- Sotiriou E, Coku J, Tanji K et al. (2009). The m.3244G>A mutation in mtDNA is another cause of progressive external ophthalmoplegia. *Neuromuscul Disord* 19: 297–299. 10.1016/j.nmd.2009.01.014. [PubMed: 19285865]
- Souilem S, Kefi M, Mancuso M et al. (2010). A novel hetero-plasmic tRNA Ser(UCN) mtDNA point mutation associated with progressive ophthalmoplegia and dysphagia. *Diagn Mol Pathol* 19: 28–32. 10.1097/PDM.0b013e3181b00f02. [PubMed: 20186009]
- Souilem S, Chebel S, Mancuso M et al. (2011). A novel mitochondrial tRNA(Ile) point mutation associated with chronic progressive external ophthalmoplegia and hyperCKemia. *J Neurol Sci* 300: 187–190. 10.1016/j.jns.2010.08.065. [PubMed: 20884012]
- Spagnolo M, Tomelleri G, Vattemi G et al. (2001). A new mutation in the mitochondrial tRNA(Ala) gene in a patient with ophthalmoplegia and dysphagia. *Neuromuscul Disord* 11: 481–484. 10.1016/s0960-8966(01)00195-x. [PubMed: 11404121]
- Spelbrink JN, Li FY, Tiranti V et al. (2001). Human mitochondrial DNA deletions associated with mutations in the gene encoding Twinkle, a phage T7 gene 4-like protein localized in mitochondria. *Nat Genet* 28: 223–231. 10.1038/90058. [PubMed: 11431692]
- Spinazzola A, Marti R, Nishino I et al. (2002). Altered thymidine metabolism due to defects of thymidine phosphorylase. *J Biol Chem* 277: 4128–4133. 10.1074/jbc.M111028200. [PubMed: 11733540]
- Spinazzola A, Carrara F, Mora M et al. (2004). Mitochondrial myopathy and ophthalmoplegia in a sporadic patient with the 5698G->A mitochondrial DNA mutation. *Neuromuscul Disord* 14: 815–817. 10.1016/j.nmd.2004.09.002. [PubMed: 15564038]
- Tarnopolsky MA, Sundaram ANE, Provias J et al. (2019). CPEO-like mitochondrial myopathy associated with m.8340G>A mutation. *Mitochondrion* 46: 69–72. 10.1016/j.mito.2018.02.008. [PubMed: 29501485]
- Taylor RW, Chinnery PF, Bates MJ et al. (1998). A novel mitochondrial DNA point mutation in the tRNA(Ile) gene: studies in a patient presenting with chronic progressive external ophthalmoplegia and multiple sclerosis. *Biochem Biophys Res Commun* 243: 47–51. 10.1006/bbrc.1997.8055. [PubMed: 9473477]

- Tiranti V, Carrara F, Confalonieri P et al. (1999). A novel mutation (8342G→A) in the mitochondrial tRNA(Lys) gene associated with progressive external ophthalmoplegia and myoclonus. *Neuromuscul Disord* 9: 66–71. 10.1016/s0960-8966(98)00103-5. [PubMed: 10220860]
- Tyynismaa H, Ylikallio E, Patel M et al. (2009). A heterozygous truncating mutation in RRM2B causes autosomal-dominant progressive external ophthalmoplegia with multiple mtDNA deletions. *Am J Hum Genet* 85: 290–295. 10.1016/j.ajhg.2009.07.009. [PubMed: 19664747]
- Tyynismaa H, Sun R, Ahola-Erkkila S et al. (2012). Thymidine kinase 2 mutations in autosomal recessive progressive external ophthalmoplegia with multiple mitochondrial DNA deletions. *Hum Mol Genet* 21: 66–75. 10.1093/hmg/ddr438. [PubMed: 21937588]
- Van Goethem G, Dermaut B, Lofgren A et al. (2001). Mutation of POLG is associated with progressive external ophthalmoplegia characterized by mtDNA deletions. *Nat Genet* 28: 211–212. 10.1038/90034. [PubMed: 11431686]
- Van Goethem G, Martin JJ, Dermaut B et al. (2003a). Recessive POLG mutations presenting with sensory and ataxic neuropathy in compound heterozygote patients with progressive external ophthalmoplegia. *Neuromuscul Disord* 13: 133–142. 10.1016/s0960-8966(02)00216-x. [PubMed: 12565911]
- Van Goethem G, Martin JJ, Van Broeckhoven C (2003b). Progressive external ophthalmoplegia characterized by multiple deletions of mitochondrial DNA: unraveling the pathogenesis of human mitochondrial DNA instability and the initiation of a genetic classification. *NeuroMolecular Med* 3: 129–146. 10.1385/NMM:3:3:129. [PubMed: 12835509]
- Van Goethem G, Schwartz M, Lofgren A et al. (2003c). Novel POLG mutations in progressive external ophthalmoplegia mimicking mitochondrial neurogastrointestinal encephalomyopathy. *Eur J Hum Genet* 11: 547–549. 10.1038/sj.ejhg.5201002. [PubMed: 12825077]
- Viscomi C, Zeviani M (2017). MtDNA-maintenance defects: syndromes and genes. *J Inher Metab Dis* 40: 587–599. 10.1007/s10545-017-0027-5. [PubMed: 28324239]
- Visuttijai K, Hedberg-Oldfors C, Lindgren U et al. (2021). Progressive external ophthalmoplegia associated with novel MT-TN mutations. *Acta Neurol Scand* 143: 103–108. 10.1111/ane.13339. [PubMed: 32869280]
- Vivian AJ (2020). Congenital fibrosis of the extra-ocular muscles (CFEOM) and the cranial dysinnervation disorders. *Eye (Lond)* 34: 251–255. 10.1038/s41433-019-0700-z. [PubMed: 31804624]
- Von Gräfe A (1868). *Verhandlungen ärztlicher Gesellschaften. Berl Klin Wochenschr* 5: 125–127.
- Wang J, Kim E, Dai H et al. (2018). Clinical and molecular spectrum of thymidine kinase 2-related mtDNA maintenance defect. *Mol Genet Metab* 124: 124–130. 10.1016/j.ymgme.2018.04.012. [PubMed: 29735374]
- Wedding IM, Koht J, Tran GT et al. (2014). Spastic paraplegia type 7 is associated with multiple mitochondrial DNA deletions. *PLoS One* 9: e86340. 10.1371/journal.pone.0086340. [PubMed: 24466038]
- Wilbrand H, Saenger. (1900). Die ptosis bei der chronischen, progressiven aber isoliert bleibenden ophthalmoplegia exterior. *Die Neurologie des Auges: Ein Handbuch für Nerven- und Augenärzte, Bergmann JF, München, Wiesbaden*, pp. 117–133.
- Wilichowski E, Korenke GC, Ruitenbeek W et al. (1998). Pyruvate dehydrogenase complex deficiency and altered respiratory chain function in a patient with Kearns-Sayre/MELAS overlap syndrome and A3243G mtDNA mutation. *J Neurol Sci* 157: 206–213. 10.1016/s0022-510x(98)00068-9. [PubMed: 9619647]
- Wolf J, Obermaier-Kusser B, Jacobs M et al. (2012). A new mitochondrial point mutation in the transfer RNA(Lys) gene associated with progressive external ophthalmoplegia with impaired respiratory regulation. *J Neurol Sci* 316: 108–111. 10.1016/j.jns.2012.01.013. [PubMed: 22326363]
- Yamamoto M, Nonaka I (1988). Skeletal muscle pathology in chronic progressive external ophthalmoplegia with ragged-red fibers. *Acta Neuropathol* 76: 558–563. 10.1007/BF00689593. [PubMed: 2849280]
- Yamashita S (2021). Recent progress in oculopharyngeal muscular dystrophy. *J Clin Med* 10. 10.3390/jcm10071375.



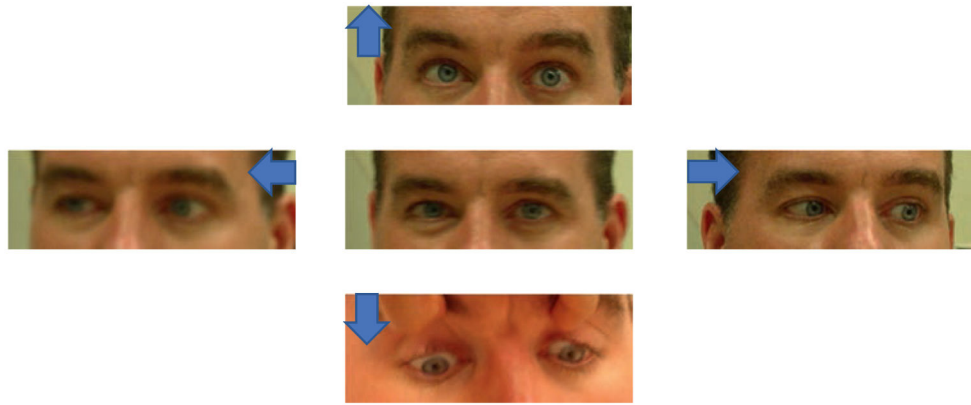
- Yu J, Deng J, Wang Z (2022). Oculopharyngodistal myopathy. *Curr Opin Neurol* 35: 637–644. 10.1097/WCO.0000000000001089. [PubMed: 35942670]
- Yu-Wai-Man P, Griffiths PG, Gorman GS et al. (2010). Multi-system neurological disease is common in patients with OPA1 mutations. *Brain* 133: 771–786. 10.1093/brain/awq007. [PubMed: 20157015]
- Zeviani M, Moraes CT, DiMauro S et al. (1988). Deletions of mitochondrial DNA in Kearns-Sayre syndrome. *Neurology* 38: 1339–1346. 10.1212/wnl.38.9.1339. [PubMed: 3412580]
- Zsurka G, Schroder R, Kornblum C et al. (2004). Tissue dependent co-segregation of the novel pathogenic G12276A mitochondrial tRNA<sup>Leu</sup>(CUN) mutation with the A185G D-loop polymorphism. *J Med Genet* 41: e124. 10.1136/jmg.2004.022566. [PubMed: 15591266]

Author Manuscript

Author Manuscript

Author Manuscript

Author Manuscript



**Fig. 2.1.** Ophthalmoparesis in a patient with mitochondrial progressive external ophthalmoplegia due to a single mitochondrial DNA large-scale deletion. The patient has severely impaired upgaze and partially impaired lateral gaze most evident on left lateral gaze with sclera visible on abducting left eye. Mild right ptosis is accentuated on right lateral gaze. Blue arrows denote direction of eye movement.

**Table 2.1****Differential diagnosis of mitochondrial progressive external ophthalmoplegia**


---

Ocular myopathies
Mitochondrial progressive external ophthalmoplegia (PEO)
Single mitochondrial DNA deletion
Mitochondrial DNA depletion deletions syndrome (MDDS)
Polymerase gamma (POLG) disease
Thymidine kinase 2 deficiency
Mitochondrial DNA point mutations
Mitochondrial progressive external ophthalmoplegia plus (PEO-plus)
Kearns–Sayre syndrome (KSS)
Mitochondrial neurogastrointestinal encephalomyopathy (MNGIE)
Sensory ataxic neuropathy dysarthria ophthalmoplegia (SANDO)
PEO, optic atrophy, and deafness
Other PEO-plus
Myotonic dystrophy types 1 and 2
Oculopharyngeal muscular dystrophy (OPMD)
Oculopharyngodistal myopathy (OPDM)
Congenital myopathies
Limb-girdle muscular dystrophy (LGMD) with ophthalmoplegia
Graves' disease
Orbital myositis (orbital pseudotumor)
Neuromuscular Junction Disorders
Myasthenia gravis
Congenital myasthenia gravis
Lambert–Eaton myasthenic syndrome (LEMS)
Neurogenic ophthalmoplegia
Multiple sclerosis
Anti-GQ1b syndrome
Miller–Fisher syndrome
Congenital with facial diplegia (Moebius syndrome)
A-beta lipoproteinemia
Supranuclear ophthalmoplegia
Progressive supranuclear palsy (PSP)
Hereditary ataxias
Hereditary spastic paraplegia (HSP)
Spastic paraplegia 7 (SPG7) and rarely spastic paraplegia 35 (SPG35)
Spinocerebellar ataxia (SCA)
SCA 1, 2, 3, 7, 9, 11, 28

---

Nuclear genes with pathogenic variants that cause mitochondrial progressive external ophthalmoplegia

Table 2.2

Gene	Protein	PEO Phenotype	Inheritance	Reference
<i>TYMP</i>	Thymidine phosphorylase	MNGIE	AR	Nishino et al. (2000)
<i>SLC25A4</i>	Adenine nucleotide translocator 1	PEO	AD/AR	Kaukonen et al. (2000)
<i>TK2</i>	Thymidine kinase 2	PEO/PEO-plus	AR	Saada et al. (2001) and Garone et al. (2018)
<i>DGUOK</i>	Deoxyguanosine kinase	PEO	AR	Mandel et al. (2001) and Ronchi et al. (2012)
<i>POLG</i>	Polymerase gamma catalytic subunit	PEO/PEO-plus/SANDO/MNGIE-like	AD/AR	Van Goethem et al. (2001) and Van Goethem et al. (2003a)
<i>TWINK</i>	Twinkle	PEO	AD/AR	Spelbrink et al. (2001)
<i>POLG2</i>	Polymerase gamma subunit 2	PEO	AD/AR	Longley et al. (2006)
<i>RRM2B</i>	P53-subunit of ribonucleotide reductase	PEO/KSS/MNGIE-like	AD/AR	Bourdon et al. (2007) and Pitceathly et al. (2012)
<i>OPA1</i>	GTPase mitochondrial fusion	PEO-plus	AD	Hudson et al. (2008)
<i>MGME1</i>	Mitochondrial genome maintenance exonuclease 1	PEO/KSS	AR	Kornblum et al. (2013)
<i>DNA2</i>	DNA replication ATP-dependent	PEO	AD	Ronchi et al. (2013)
<i>SPG7</i>	Paraplegin	PEO-plus	AR	Wedding et al. (2014)
<i>AFGL2</i>	AFG3-like protein 2	PEO-plus	AD	Gorman et al. (2015)
<i>RNA5EH1</i>	Ribonuclease HI	PEO/PEO-plus	AR	Reyes et al. (2015) and Bugiardini et al. (2017)
<i>CIQBP</i>	Complement component C1q binding protein	PEO	AR	Feichtinger et al. (2017)
<i>TOP3A</i>	DNA topoisomerase 3 alpha	PEO-plus	AR	Nicholls et al. (2018)
<i>GMPR</i>	GMP reductase 1	PEO	AD	Sommerville et al. (2020)
<i>LIG3</i>	Ligase III	MNGIE-like	AR	Bonora et al. (2021)
<i>RRM1</i>	Ribonucleotide reductase catalytic subunit	PEO/MNGIE-like	AD/AR	Shintaku et al. (2022)

Abbreviations: AD, autosomal dominant; AR, autosomal recessive; KSS, Kearns–Sayre syndrome; MNGIE, mitochondrial neurogastrointestinal encephalomyopathy; PEO, progressive external ophthalmoplegia; SANDO, sensory ataxic neuropathy dysarthria ophthalmoplegia.