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Nanocrystalline Silver Layer of Knitted Polyester Outperforms Other Silver-Containing Wound Dressings in an In Vitro Wound Model

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Abstract

Background

Silver possesses cytotoxic properties against many microorganisms and is regularly used in wound care. Current evidence supporting the use of one type of silver-containing wound dressing (SCWD) is insufficient.

Materials and methods

To examine the ability of selected SCWDs to inhibit the growth of two strains of bacteria (*Escherichia coli and Staphylococcus aureus*) commonly found in wounds, an in vitro wound model was used. Bacteria were applied to the surface of nutrient agar, and a piece of each SCWD was applied to the bacteria. The plates were incubated at 37°C overnight. The zone of inhibition (ZI) around each SCWD was measured in cm².

Results

The mean ZI for Acticoat Flex-3 on *E. coli* was 1.59 ± 0.15 cm², which was significantly greater than that observed for Aquacel Ag (p<0.001), Mepilex Ag (p<0.0001), Mepitel Ag (p<0.001), Optifoam (p<0.0001), and Tegaderm Alginate Ag (p<0.01), but statistically indistinguishable from Maxorb II Ag. The mean ZI on *S*.

aureus was 1.21 ± 0.16 cm², which was greater than Aquacel Ag (p<0.05), Mepilex (p<0.001), Optifoam (p<0.0001), and Tegaderm Alginate Ag (p<0.05), but statistically indistinguishable from Maxorb II Ag or Mepitel Ag.

Conclusion

Of the SCWDs tested, Acticoat Flex-3 demonstrated the most robust antimicrobial effect. Herein, we show that Acticoat Flex-3 may provide the most wound protection against bacterial infection. In conclusion, these data provide clinicians with additional independent evidence to inform their clinical practice on the use of specific wound dressings.

Categories: Dermatology, General Surgery, Infectious Disease **Keywords:** escherichia coli, silver ions, wound dressings, antibacterial effects, staphylococcus aureus, silver nanoparticles, wound care management

Introduction

The utilization of silver in wound care has been reported as early as 69 B.C. [1]. Silver's properties exert cytotoxic effects on fungal, bacterial, and viral microbes [2,3]. The spectrum of bacterial coverage is wide and includes *Staphylococcus aureus* and *Escherichia coli*, two of the most commonly implicated bacteria in wound infections [4]. Over the last two decades, studies on wound care products containing silver suggest that silver fulfills a valuable role in wound care [5]. Silver-containing wound dressings (SCWDs) were designed to help decrease wound infection and have transformed the scope of wound care.

Silver must be in a soluble form for it to be biologically active [6]. Silver ions (Ag⁺) provide cytotoxic activity through the interruption of biofilms, the increased uptake of antibiotics, and the generation of reactive oxygen species [7-10]. Earlier SCWDs provided a quick initial load of Ag⁺ and would quickly become depleted with prolonged contact with chloride ions in serum. New SCWDs have been designed to release a slow and steady supply of Ag⁺. For example, dressings under the Acticoat brand contain Ag⁰ clusters. These silver clusters were designed to slowly release silver upon contact with wound fluid [6].

Previous studies have shown differences in wound treatment outcomes between a variety of wound dressings such as a silver hydrogel dressing, PolyMem Silver, and Acticoat [2]. An additional study found

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differences in antimicrobial activity among Acticoat, Acticoat Moisture Control, Acticoat Absorbent, SilvercelTM, Aquacel Ag, Urgotul SSD, and Actisorb [11]. The authors reason that the differences were the result of disproportionality in silver concentrations since higher concentrations correlated with more robust antibacterial properties [11,12].

Acticoat Flex-3, an Ag⁰ silver nanoparticle-based dressing, has been shown to be an effective antimicrobial dressing and has demonstrated effective wound healing properties [13,14]. In a previous study comparing a limited number of other SCWDs, Acticoat Flex-3 had a greater silver release over Actisorb Silver 220, Aquacel Ag, and Mepilex Ag [14]. However, the authors did not investigate their respective antimicrobial properties [15]. Although SCWDs with higher silver release, not to be confused with higher starting concentration, should conceptually exhibit higher antimicrobial effects, yet this has not been previously shown.

Among newer SCWDs, there is limited evidence that one SCWD significantly outperforms others. The different SCWDs are distinguishable by their unique silver compositions and the varied levels of silver embedded within the complex dressing matrices. This can potentially result in different antimicrobial capacities. With continued concerns about multidrug-resistant bacteria as a consequence of prescribing antibiotics to fight infections, a renewed interest in optimizing silver-based wound therapies has emerged [16]. As such, the goal of this study was to compare industry-leading SCWDs in their ability to control bacterial growth.

In the absence of clear experimental evidence, a combination of factors dictates the clinical use of a particular dressing. These include the availability of the dressing, the familiarity of the physician with the dressing, and the type of wound. For patients to achieve better wound care outcomes, independent studies assessing the effectiveness of different SCWDs are needed. An earlier version of this article was previously posted to the bioRxiv preprint server on January 23, 2023.

Materials And Methods

Cell density measurements

Colonies of *E. coli* (ATCC25922 Seattle 1946) and *S. aureus* (HIP10787 mupA-positive QC strain methicillinresistant) sourced from Thermo Scientific (LENEXA, KS 66215 USA) were independently inoculated into a 10-mL Luria Broth (LB) medium (Aldon Corporation, Rochester, NY). These were grown overnight to saturation in a 37°C incubator and shaken vigorously at 250 cycles per minute on a rotary shaker. About 10 µL of each saturated broth was then used to independently inoculate another 10 mL of an LB medium of *E. coli* and *S. aureus*. Thereafter, the broth cultures were grown until an optical density (OD) setting of 0.595 nm reached 0.6 as measured using a spectrophotometer (CGOLDENWALL 722N Visible Spectrophotometer) in accordance with National Committee for Clinical Laboratory Standards recommendations.

Preparation of in vitro wound model (modified Kirby-Bauer test)

Agar plates containing bacterial lawns were prepared by spreading 100 μ L of 1:1000 diluted *E. coli* or *S. aureus.* Pieces of each SCWD (Table 1) measuring 1 cm² were cut using sterile industrial-grade scissors. Subsequently, the pieces of SCWD were placed on the LB agar plates onto which bacteria had been spread. Sterile gauze was used as a negative control. Whatman paper (3M, Saint Paul, MN) cut to 1 cm² and prewetted with 100 μ g/mL gentamicin was used as a positive control. The plates were incubated overnight at 37°C and then images were acquired. The area of the zones of inhibition (ZI) was measured for each dressing and plotted as cm². Ten replicate experiments for each dressing were performed (n=10).

Cureus

Product	Manufacturer	Composition	Properties	Product number
Acticoat Flex-3	Smith & Nephew, London, UK	Silver layer of knitted polyester contains 0.69 mg/cm ² to 1.64 mg/cm ² silver nanocrystalline structure (Ag ⁰ , slow release, converts to Ag ⁺)	Will adhere to wound bed and aid in minor debridement with the removal of the dressing	66800417
Aquacel Ag	ConvaTec, Greensboro, NC	Silver-coated Hydrofiber sodium carboxymethylcellulose and 1.2% \mbox{Ag}^{+}	Absorbs exudate and forms a tight seal surrounding the wound	412010
Maxorb II Ag	Manufactured in China for Medline Industries Inc., Northfield, IL.	Highly absorbent silver-coated foam pad contains a maximum of 0.306 mg of ionic silver per square cm, silver sodium hydrogen zirconium phosphate, and 100% calcium Alginate (Ag ⁺)	Manages exudate and bacterial burden	MSC9945EP
Mepilex Ag	Mölnlycke Health Care AB, Göteborg, Sweden	Silver-coated foam with silicone interface	Adheres primarily to the skin surrounding the wound and not to the wound bed itself	287500
Mepitel Ag	Mölnlycke Health Care AB, Göteborg, Sweden	Silver-coated silicone contains 0.13% by weight of silver chloride (Ag ⁺)	Adheres to the skin and not to the wound bed	391090
Optifoam Ag Non- Adhesive	Manufactured in the UK for Medline Industries Inc., Mundelein, IL.	Non-staining antimicrobial silver-coated pad with silicone adhesive border	Manages bacterial burden and absorbs exudate	MSC9614EP
3M Tegaderm Alginate Ag	3M Inc., Saint Paul, Minnesota	Silver-coated fiber contains silver sodium hydrogen zirconium phosphate (Ag ⁺)	Absorbs exudate	90303

TABLE 1: Characteristics of silver-containing wound dressings.

Unbiased semiquantitative analysis

As a summary of the quantitative results obtained using the modified Kirby-Bauer test, we performed a semiquantitative analysis. Each data point corresponding to one of four combinations of bacterial strain and zone (*E. coli/ZI*, and *S. aureus/ZI*) was plotted, and the quartiles were determined for each combination. To avoid skewness in the data, zeroes were removed from this analysis. The mean ZI for each SCWD was assigned a number of plus signs (+) based on the quartile range in which it was found. The first/bottom quartile (0%-25%) was given a single plus sign, the second quartile (25%-50%) was given two plus signs, the third quartile (50%-75%) was given three plus signs, and the fourth/top quartile (75%-100%) was given four plus signs. For scoring purposes, the plus sign was defined as one point.

Statistical analysis

The ZI of each SCWD was measured using ImageJ software from the National Institutes of Health. An image of each plate in the same position was captured and measured in ImageJ by tracing the clear zones (inhibition or ZI) of each SCWD. The calculated values for the areas comprising the respective zones were subsequently graphed using GraphPad Prism 9 (GraphPad Software, Inc.). The set of ZI mean values for the SCWDs were statistically analyzed using one-way analysis of variance (ANOVA) and post hoc Tukey test for multiple comparisons (comparing the ZI means to determine which are statistically different from the rest). Statistically significant differences were defined as p<0.05.

Results

To examine the inhibitory effect of each SCWD on *E. coli* and *S. aureus*, we performed a modified Kirby-Bauer test. We obtained representative images for each of the SCWDs for the two strains of bacteria tested (Figure 1). Images were analyzed for zones of inhibition on *E. coli* and *S. aureus* lawns, and the data were graphed (Figure 2). With respect to the effect of the SCWDs on *E. coli* growth, Acticoat Flex-3 showed the most robust inhibitory effect with a mean ZI of 1.59 ± 0.15 cm² (Figure 2A). The mean ZI of Aquacel Ag (0.89 ± 0.15 cm²)

was significantly lower than that of Acticoat Flex-3 (p<0.01). The mean ZI of Maxorb II Ag ($1.43 \pm 0.09 \text{ cm}^2$) was not statistically significantly lower (p=0.96) compared with Acticoat Flex-3. Mepilex Ag ($0.08 \pm 0.01 \text{ cm}^2$) had a significantly lower mean ZI than that of Acticoat Flex-3 (p<0.01). Similarly, Mepitel Ag ($0.90 \pm 0.03 \text{ cm}^2$, p<0.001), Optifoam ($0.37 \pm 0.03 \text{ cm}^2$, p<0.001), and Tegaderm Alginate Ag ($0.96 \pm 0.10 \text{ cm}^2$, p<0.01) each had a mean ZI significantly lower than that of Acticoat Flex-3.



FIGURE 1: SCWDs demonstrate variable antimicrobial effects against E. coli and S. aureus.

Representative images of each SCWD for *E. coli* and *S. aureus*. The zone of inhibition is defined by clear zones adjacent to the SCWD. SCWD: silver-containing wound dressing, *E. coli*. *Escherichia coli*, *S. aureus*: *Staphylococcus aureus*.



FIGURE 2: SCWDs differ in their antibacterial effect.

Antibacterial effect of SCWDs against (A) *E. coli* and (B) *S. aureus*. Gentamicin was used as a positive control, and gauze only was used as a negative control. Scatter dot plot with zone of inhibition given in cm². Ten replicates (n=10) were performed for each SCWD. Statistical analysis was performed using ordinary one-way ANOVA with Tukey's multiple comparisons test. Error bars = mean ± SD. Mean is represented as a red line. **p<0.01, ***p<0.001, and ****p<0.0001. ns: not significant, SCWD: silver-containing wound dressing, *E. coli*: *Escherichia coli*, *S. aureus*: *Staphylococcus aureus*.

The effect of the SCWDs on the growth of *S. aureus* was also examined (Figure 2*B*). We obtained the highest mean ZI for Maxorb II Ag; therefore, the results and statistical analyses described here were obtained using Maxorb II Ag as the reference. The mean ZI for Acticoat Flex-3 ($1.21 \pm 0.16 \text{ cm}^2$) was statistically indistinguishable from that obtained with Maxorb II Ag ($1.18 \pm 0.07 \text{ cm}^2$, p=0.99). The mean ZI for Aquacel Ag ($0.82 \pm .08 \text{ cm}^2$, p<0.05), Mepilex Ag ($0.02 \pm 0.01 \text{ cm}^2$, p<0.0001), Optifoam ($0.00 \pm 0.00 \text{ cm}^2$, p<0.0001), and Tegaderm Alginate Ag ($0.81 \pm 0.06 \text{ cm}^2 \text{ p}<0.05$) were significantly lower than Maxorb II Ag ($1.18 \pm 0.07 \text{ cm}^2$). The mean ZI for Mepitel Ag ($1.13 \pm 0.08 \text{ cm}^2$) was statistically indistinguishable from the mean ZI for

Maxorb II Ag (1.18 ± 0.07 cm², p=0.99).

For a comprehensive comparison of the results described above, we performed a semiquantitative analysis (Figure 3 and Table 2). Acticoat Flex-3 had a score of 8 points (1 point for each "+", with a maximum of 4 points for each SCWD/bacterial strain combination), which was the most robust effect against both *E. coli* and *S. aureus*. Maxorb II Ag had a score of 7 each and also showed a fairly strong antibacterial effect against both strains. Mepitel Ag (6 points), Aquacel Ag (5 points), and Tegaderm Alginate Ag (5 points) had overall moderate antibacterial effects. Strikingly, Mepilex Ag (2 points) and Optifoam (1 point) showed the weakest antibacterial effects, with the former showing 1 point for each bacterial strain and the latter showing 1 and zero points for *E. coli* and *S. aureus*, respectively.



FIGURE 3: Defining the quartile ranges for semiquantitative analysis.

To perform the unbiased semiquantitative analysis, we first defined quartile ranges for all data grouped by bacterial strain. Scatter dot plot with all data from *E. coli* or *S. aureus*. To remove skewness in the data, zero values were removed from this analysis. Red bar represents the interquartile range comprising the center 50% of data. Blue bar represents the median, which separates the top 50% from the bottom 50% of data. The key shows the number of plus signs ("+") assigned to each quartile. This is given as an example in the gray-filled box for *S. aureus*. *E. coli*. *Escherichia coli*, *S. aureus*. *Staphylococcus aureus*.

SCWD	E. coli	S. aureus	Score
Acticoat Flex-3	++++	++++	8
Aquacel Ag	+++	++	5
Maxorb II Ag	++++	+++	7
Mepilex Ag	+	+	2
Mepitel Ag	+++	+++	6
Optifoam	+	-	1
Tegaderm Alginate Ag	+++	++	5

TABLE 2: Results of unbiased semiquantitative analysis of bacterial inhibition.

Notes: Each plus sign contributes 1 point to the score. Hyphen (-), no effect on bacterial growth. SCWD: silver-containing wound dressing, E. coli: Escherichia coli, S. aureus: Staphylococcus aureus.

Discussion

Wound infection is the most common postoperative complication, often causing debilitating pain that leads to significant suffering [17]. In addition, this complication has been associated with negative economic impact, increased morbidity, extended postoperative hospital stay, readmission, sepsis, and death [17,18]. In the United States and Europe, the world's largest wound-dressing markets, there has been an increasingly high demand for wound healing products, where in 2014, the global annual cost for wound care averaged \$2.8 billion [19]. Additionally, Medicare cost estimates for chronic and acute wound treatments in 2018 were between \$28.1 billion and \$96.8 billion [19]. Silver-containing wound dressings (SCWDs) are an attractive and practical choice for wound treatment as silver has been shown to possess antimicrobial properties.

Silver is detrimental to bacteria in part through its ability to damage the bacterial cell wall (resulting in increased membrane permeability), block enzyme and solute transport systems, prevent DNA and RNA replication, and block cellular respiration [20,21]. During wound healing, microorganisms such as *S. aureus* and *E. coli* can predominate [22]. Our comparative study demonstrated the variability in the antimicrobial effectiveness of selected SCWDs against these bacteria. Nevertheless, Acticoat Flex-3 demonstrated the most consistent antimicrobial properties. Other studies have shown the effectiveness of different Acticoat-branded dressings; however, the relative effectiveness of Acticoat Flex-3 in an in vitro wound model, in particular, has not been investigated [11].

In 2007, Castellano et al. demonstrated that several Acticoat-branded wound dressings (also containing Ag), in addition to Aquacel Ag, were effective at inhibiting the growth of several strains of bacteria (Staphylococcus aureus, Streptococcus faecalis, Escherichia coli, and Pseudomonas aeruginosa) [11]. Similar to our study, Aquacel Ag performed at a moderate level compared with the other dressings tested. In our study, the most robust inhibitory effect against S. aureus was observed with Acticoat Flex-3, Maxorb II Ag, and Mepitel Ag, which were statistically indistinguishable from each other. Overall, the inhibitory effects of the selected SCWDs show that most silver-containing wound dressings can negatively impact bacterial growth. Taken together, we show through our comparative study that the antimicrobial effectiveness of SCWDs commonly used in current clinical settings varies significantly. Studies show that Acticoat-branded SCWDs (e.g., Acticoat Flex-3) provide a slower release and prolonged exposure to bioactive silver cations as a result of their proprietary nanocrystalline composition [23]. Because of this variability, we performed a semiquantitative analysis that identified Acticoat Flex-3 as the most consistent antimicrobial SCWD in our study. The semi-quantitative analysis showed that Acticoat Flex-3 demonstrated the most robust antimicrobial effectiveness across conditions, but Maxorb II Ag was also effective across conditions to a marginally lesser extent. Aquacel Ag, Mepitel Ag, and Tegaderm Alginate Ag performed moderately well, while Mepilex Ag and Optifoam performed poorly with a weak or no antimicrobial response against E. coli and S. aureus.

Many factors may explain the variability we observed with the selected SCWDs, but the factor that is likely to drive the biggest effect is the bioavailability of the Ag⁺ ions. In 2012, Rigo et al. reported the amounts and rate of silver released from a number of SCWDs that we also tested in our study (Acticoat Flex-3, Aquacel Ag, and Mepilex Ag) [14]. Initially, the authors independently verified the silver concentrations in the dressings and found that they were consistent with those provided by the vendors ($1.379 \pm 0.091 \text{ mg/cm}^2$ for Acticoat Flex-3, $0.993 \pm 0.078 \text{ mg/cm}^2$ for Mepilex Ag, and $0.111 \pm 0.004 \text{ mg/cm}^2$ for Aquacel Ag). Interestingly, these concentrations do not correlate with the antimicrobial effects we observed. This suggests that other factors influence the effectiveness of a particular SCWD. The authors also measured the rate and amount of silver released by placing the dressings in several solutions, including a bioengineered serum substitute [14]. They showed Acticoat Flex-3 and Aquacel Ag continued to release silver up to at least three days in the serum substitute. This was in contrast with Mepilex Ag, which has a lower concentration of Ag than Acticoat Flex-3, but nonetheless showed a very high initial rate of release and reached maximum concentration (greater than that achieved by Acticoat Flex-3 by day 3) within an hour. In our study, if we assume slow release from Acticoat Flex-3 and Aquacel Ag, then inhibition of E. coli and S. aureus inversely correlates with the rate of release but not with the amount of Ag in solution (or agar matrix in our case). Taken together, these data suggest that the degree to which Ag is bioavailable, which defines the antimicrobial profile of any SCWD, is subject to a combination of technology- and wound-specific variables.

In addition to in vitro studies, in vivo models have also been used to study the effectiveness of SCWDs. The advantage of these models is that they establish a more physiologically relevant wound environment. Recently, a study showed that SCWDs containing nanocrystalline silver (e.g., Acticoat Flex3) were superior to silver-plated dressings and non-SCWDs in an in vivo wound model [24]. However, these studies were limited in the number of products they compared. A review of the literature spanning the last 10 years reveals a paucity of in vitro studies investigating the antibacterial efficacy of SCWDs [15,22,25,26]. Additionally, earlier in vitro studies showed conflicting results [26-28]. As such, our study represents the most comprehensive list of SCWDs investigated for their effectiveness in inhibiting bacterial growth.

In considering the conclusions of our study, we recognize a few study limitations. One such limitation is that our in vitro model does not fully recapitulate wounds in humans. However, this affords us the ability to study the effectiveness of the selected SCWDs in a straightforward and highly controlled environment. In addition, our study is limited by having examined only two bacterial strains, although wounds can contain a wide spectrum of bacteria, such as *Pseudomonas aeruginosa*, *Proteus mirabilis*, and *Streptococcus pyogenes* [22]. Finally, one must also be aware of the potential cytotoxic effects that silver may have on keratinocytes and fibroblasts in and near the wound [29]. Nevertheless, our study provides additional evidence for consideration of the clinical application of these SCWDs.

Conclusions

Silver-containing wound dressings show differential antibacterial effects on bacteria commonly infecting wounds in an in vitro wound model. In particular, Acticoat Flex-3 possessed the highest antibacterial properties compared with other contemporary SCWDs we tested. However, Maxorb II Ag also showed robust antibacterial effects. As such, our study provides valuable insight into the effectiveness of commonly

employed SCWDs that can be used as one factor to inform their clinical application. In conclusion, the nanocrystalline silver layer of knitted polyester outperforms other silver-containing wound dressings in an in vitro wound model.

Additional Information

Disclosures

Human subjects: All authors have confirmed that this study did not involve human participants or tissue. Animal subjects: All authors have confirmed that this study did not involve animal subjects or tissue. Conflicts of interest: In compliance with the ICMJE uniform disclosure form, all authors declare the following: Payment/services info: All authors have declared that no financial support was received from any organization for the submitted work. Financial relationships: All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. Other relationships: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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Data are available on reasonable request.

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