#### RESEARCH ARTICLE

# Comparing Pediatric Physical Trauma Outcomes by Special Health Care Needs Status

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## ABSTRACT

**BACKGROUND AND OBJECTIVES:** Children and Youth with Special Health Care Needs (CYSHCN) have differing risk factors and injury characteristics compared with peers without special health care needs (SHCN). We examined the association between SHCN status and complications, mortality, and length of stay (LOS) after trauma hospitalization.

**METHODS**: We conducted a cross-sectional study using 2018 data from the National Trauma Data Bank for patients aged 1 to 18 years (n = 108062). We examined the following hospital outcomes: any complication reported, unplanned admission to the ICU, in-hospital mortality, and hospital and ICU LOS. Multivariate regression models estimated the effect of SHCN status on hospital outcomes after controlling for patient demographics, injury severity score, and Glasgow Coma Score. Subanalyses examined outcomes by age, SHCN, and injury severity score.

**RESULTS:** CYSHCN encounters had a greater adjusted relative risk (ARR) of any hospital complications (ARR = 2.980) and unplanned admission to the ICU (ARR = 1.996) than encounters that did not report a SHCN (P < .001). CYSHCN had longer hospital (incidence rate ratio = 1.119) and ICU LOS (incidence rate ratio = 1.319, both P < .001). There were no statistically significant in-hospital mortality differences between CYSHCN and those without. Lower severity trauma was associated with a greater ARR of hospital complications for CYSHCN encounters versus non-CYSHCN encounters.

**CONCLUSIONS**: CYSHCN, particularly those with lower-acuity injuries, are at greater risk for developing complications and requiring more care after trauma hospitalization. Future studies may examine mechanisms of hospital complications for traumatic injuries among CYSHCN to develop prevention and risk-minimization strategies.



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Children and youth with special health care needs (CYSHCN) require more medical care and other services than their nonspecial health care needs peers because of ongoing chronic condition management.<sup>1</sup> Almost 14 million US children have special health care needs (SHCN).<sup>2</sup> SHCN can include physical, developmental, behavioral, or emotional conditions such as attention-deficit disorder or attention-deficit/hyperactivity disorder (ADHD), anxiety/depression, arthritis, asthma, autism cerebral palsy, cystic fibrosis, diabetes, Down syndrome, and hemophilia. In the United States, CYSHCN, such as those with disabilities,<sup>3</sup> complex chronic conditions,<sup>4</sup> and specific SHCN like neurologic impairments,<sup>5</sup> use more inpatient care than children without SHCN.

Some CYSHCN who are hospitalized are admitted through the pediatric trauma system, where just <17% of encounters in the 2018 National Trauma Data Bank were associated with at least 1 chronic condition. In adult trauma patients, patient-level factors such as preexisting conditions contribute to mortality and length of stay (LOS) differences. Previous literature suggests that CYSHCN generally have longer hospital and ICU LOS after injury,  $^{9.10}$  as well as longer hospital LOS for specific SHCN.  $^{11-14}$  However, studies differ as to whether CYSHCN have a lower risk of mortality after physical trauma,  $^{9.15}$  and most do not examine trauma system outcomes other than mortality and LOS; they also do not consider variation by subpopulation such as comparisons among children of similar injury severity.

The objective of this study is to examine the association between CYSHCN status and pertinent hospital outcomes in the trauma system. We hypothesize that CYSHCN will be more likely to: have any reported hospital complications after physical trauma, have an unplanned admission to the ICU, die in the hospital, and have a longer ICU LOS and total LOS. We also subdivide the data to examine associations at different ages, SHCN categories, and injury severity scores (ISS) to potentially identify priority SHCN populations on which to focus future research to improve hospital care quality.

## **METHODS**

# Data

This cross-sectional study employed data from the 2018 Trauma Quality Programs Participant Use File, which is managed by the American College of Surgeons (ACS). The Participant Use File includes the National Trauma Data Bank (NTDB) and is composed of US trauma registry data from state-designated trauma centers. In 2015, the most recent year for which data are available, 744 centers voluntarily submitted their data, which are entered by trained trauma registrars. 16 Data are submitted on the basis of the trauma system encounter; therefore, we refer to observations as encounters rather than patients. We extracted data on the basis of encounter age limited to those ages 1 to 18 years on the date of traumatic injury as captured by the NTDB. Before beginning this study, we obtained approval from the ACS to use their data and from our institution's institutional review board, which determined that this study was exempt from review (STUDY00004642).

# Variables and Measures

We employed or generated the following independent variables using the NTDB: SHCN status, demographic variables, ISS, and Glasgow Coma Score (GCS). To operationalize SHCN status, we generated a dichotomous variable that uses the presence or absence of 1 or more of 25 chronic conditions required to be tracked by the 2018 NTDB (Supplemental Table 4).6 We also employed variables that capture encounter demographics such as sex and ethnicity. We coded encounter race as white with no other race indicated, Black race indicated or in combination with another race, and other; this latter category includes encounters specified as "other race" by the NTDB, as well as those races that did not meet a 5% threshold in the population of NTDB encounters. We include race and ethnicity variables because of the established literature indicating racial and ethnic disparities in trauma outcomes. 17-19 We condensed insurance status as recorded by the NTDB into 3 categories: private, public (Medicaid, Medicare, and other government), and other (selfpay, not billed, and other) insurance. We constructed the following age categories using  $\sim$ 5-year increments: 1 to 5, 6 to 11, and 12 to 18.6 In addition to these encounter-specific demographic factors, hospital outcomes after trauma also depend on the extent of injury. Therefore, we control for abbreviated injury scale-derived ISS, which is a composite score based on the 3 body regions with the most severe injuries, and total GCS as recorded in the NTDB. For a description of how ISS translates to the presentation of admitted patients, please see Supplemental Table 5.

# **Pediatric Trauma Hospital Outcomes**

We considered the following pediatric trauma hospital outcomes. We generated a dichotomous hospital complications variable on the basis of whether the encounter had any known complications of 22 possible complications captured by the 2018 NTDB.<sup>20</sup> We used a dichotomous variable coded by the NTDB on the basis of whether an unplanned admission to the ICU occurred during the encounter's hospital stay. We used the NTDB's hospital discharge disposition variable to code a dichotomous in-hospital mortality variable. We also considered 2 continuous pediatric trauma hospital outcomes: hospital LOS and ICU LOS.

# **Statistical Analyses**

We assessed demographic, ISS, and GCS differences by comparing encounters identified as CYSHCN with non-SHCN encounters. For these comparisons, we used  $\chi^2$  or t tests and reported either frequencies and percentages for categorical variables or mean and SDs for continuous variables. We also describe the presence of hospital complications by reporting frequencies and percentages overall, as well as segmented by SHCN status. Similarly, we describe hospital and ICU LOS overall and by SHCN status, reporting the mean and SD for these outcomes.

We then estimated multivariate models to examine the association between the outcome variables and SHCN status, controlling for demographic and clinical characteristics. For the dichotomous

variables, any hospital complication, unplanned admission to the ICU, and in-hospital mortality, we estimated logistic regression models. When presenting these results, we include both the unadjusted and adjusted relative risks (ARR), $^{21}$  95% confidence intervals, and P values. The skewed distribution of the LOS variables indicates that count models should be estimated. Negative binomial models with mean dispersion were selected on the basis of Akaike information criterion and Bayesian information criterion specification tests. When presenting results from negative binomial models, we include both the unadjusted and adjusted incident rate ratios (IRR), 95% confidence intervals, and P values.

After the main results, we conducted subanalyses by age, SHCN type, and ISS to examine within-group differences. For age, we used the following groups: 1 to 5, 6 to 11, and 12 to 18 years. We then conducted subanalyses by SHCN, grouping on the basis of mental health (ie, mental/personality disorders and attention-deficit disorder/ADHD), alcohol/substance use disorder (SUD), and medical (ie, all remaining disorders except for other) SHCN.<sup>6</sup> We conducted subanalyses by ISS (minor/1–8, moderate/9–15, severe/16–24, and most severe/25 and higher)<sup>22</sup> and separately evaluated interaction effects of ISS and age with SHCN. Subanalyses models controlled for sex, race, ethnicity, insurance type, and GCS; ISS-focused models controlled for ISS.

For statistical significance, we used both nominal P values and false discovery rate (FDR)-adjusted P values (q values) for multiple comparisons using the Benjamini–Hochberg method. A q value <0.05 controls an FDR at 5%. Stata/SE version 17.0 was used to perform the analyses, except for the following: R version 4.1.0 was used for the FDR-adjusted P values and to generate figures. This study follows the Strengthening the Reporting of Observational Studies in Epidemiology guidelines (Supplemental Table 6).

# **Missing Data**

We examined each independent variable for missing data, where rates of missingness were low. Only 2 variables had >2.5% missing: ethnicity (4.6%) and GCS (6.1%). We addressed missing data in 2 ways. In the main analyses, encounters in which 1 or more values were missing for the independent variables (ie, demographic and clinical characteristics) were excluded from the analyses.  $\chi^2$  and t tests indicated that encounters with missing data differed from those without missing data across all demographic and clinical characteristics (P<.050), with the exception of SHCN status (P=.060) (Supplemental Table 7). We then conducted sensitivity analyses by also using the missing indicator method to address missing values and reestimated the models described above.  $^{23}$ 

# **RESULTS**

## **Descriptive Statistics and Categorical Comparisons**

The 2018 NTDB contains 108 062 pediatric encounters with full demographic data and clinical variables of interest, where 16 426 were excluded because of missing data (Fig 1). Of included encounters, 16.5% reported 1 or more SHCN. Pediatric encounters

reporting SHCN differed across all demographic and clinical characteristics examined (Table 1). Encounters reporting SHCN had an older mean age, and a higher proportion were male and indicated a higher mean ISS (P < .001). A lower proportion of encounters reporting SHCN indicated Hispanic/Latino ethnicity (P < .001); differences by race, insurance type, and GCS were also observed.

Overall, 4% of pediatric encounters (n=4335) reported a hospital complication; a higher percentage of CYSHCN encounters reported any hospital complications in comparison with non-SHCN encounters (9.2% vs 3.0%, P<.001) (Table 2). Pediatric encounters reported a maximum of 8 complications, where the modal value was 1 (n=3859) (Supplemental Fig 3). Of the 22 types of hospital complications reported, the most common overall were other (2.60%), cardiac arrest with cardiopulmonary resuscitation (0.31%), unplanned admission to the ICU (0.29%), and unplanned return to the operating room (0.27%) (Table 2). Additionally, a higher proportion of CYSHCN encounters reported the following complications: pressure ulcers, acute respiratory distress syndrome, unplanned intubation, and acute kidney injury.

The mean hospital LOS was 3.3 days (range: 1–376) and the mean ICU LOS was 0.7 days (range: 0–376). Compared with encounters not reporting a SHCN, CYSHCN encounters had a longer hospital LOS (3.9 vs 3.2, P< .001) and ICU LOS (0.9 vs 0.7 P< .001). Inhospital mortality was relatively rare, reported in <1% of encounters, and did not differ by SHCN status (Table 2).

# **Multivariate Analyses**

CYSHCN encounters had a higher likelihood of reporting any hospital complications (ARR = 2.980) and a higher likelihood of unplanned admission to the ICU (ARR = 1.996) (P < .001) (Table 3). There were

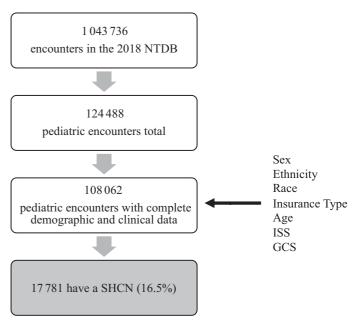


FIGURE 1 Participant Flow Diagram.

TABLE 1 Demographic and Clinical Variables by SHCN Status, 2018 NTDB Pediatric Encounters

NIDD Fedialite Litebullers									
0verall		Without SHCN		SHCN		P			
108 062	100.0%	90 281	83.6%	17 781	16.5%				
70 390	65.1%	58 102	64.4%	12 288	69.1%	<.001 <sup>c</sup>			
19 730	18.3%	16 928	18.8%	2802	15.8%	<.001 <sup>c</sup>			
						<.001 <sup>c</sup>			
71 994	66.6%	59 980	66.4%	12 014	67.6%				
20 575	19.0%	17 129	19.0%	3446	19.4%				
15 493	14.3%	13 172	14.6%	2321	13.1%				
						<.001 <sup>c</sup>			
49 357	45.7%	41 463	45.9%	7894	44.4%				
47 217	43.7%	38 921	43.1%	8296	46.7%				
11 488	10.6%	9897	11.0%	1591	8.9%				
10.4	5.6	10.0	5.6	12.3	5.1	<.001 <sup>c</sup>			
						<.001 <sup>c</sup>			
27 930	25.8%	25 356	28.1%	2574	14.5%				
28 190	26.1%	24 075	26.7%	4115	23.1%				
51 942	48.1%	40 850	45.2%	11 092	62.4%				
7.2	7.7	7.1	7.7	7.7	8.0	<.001 <sup>c</sup>			
						<.001 <sup>c</sup>			
72 316	67%	61 155	68%	11 161	63%				
23 844	22%	19 526	22%	4318	24%				
6871	6%	5523	6%	1348	8%				
5031	5%	4077	5%	954	5%				
14.3	2.4	14.4	2.4	14.3	2.5	<.001 <sup>c</sup>			
	108 062 70 390 19 730 71 994 20 575 15 493 49 357 47 217 11 488 10.4 27 930 28 190 51 942 7.2 72 316 23 844 6871 5031	108 062         100.0%           70 390         65.1%           19 730         18.3%           71 994         66.6%           20 575         19.0%           15 493         14.3%           49 357         45.7%           47 217         43.7%           11 488         10.6%           27 930         25.8%           28 190         26.1%           51 942         48.1%           7.2         7.7           72 316         67%           23 844         22%           6871         6%           5031         5%	108 062         100.0%         90 281           70 390         65.1%         58 102           19 730         18.3%         16 928           71 994         66.6%         59 980           20 575         19.0%         17 129           15 493         14.3%         13 172           49 357         45.7%         41 463           47 217         43.7%         38 921           11 488         10.6%         9897           10.4         5.6         10.0           27 930         25.8%         25 356           28 190         26.1%         24 075           51 942         48.1%         40 850           7.2         7.7         7.1           72 316         67%         61 155           23 844         22%         19 526           6871         6%         5523           5031         5%         4077	108 062         100.0%         90 281         83.6%           70 390         65.1%         58 102         64.4%           19 730         18.3%         16 928         18.8%           71 994         66.6%         59 980         66.4%           20 575         19.0%         17 129         19.0%           15 493         14.3%         13 172         14.6%           49 357         45.7%         41 463         45.9%           47 217         43.7%         38 921         43.1%           11 488         10.6%         9897         11.0%           10.4         5.6         10.0         5.6           27 930         25.8%         25 356         28.1%           28 190         26.1%         24 075         26.7%           51 942         48.1%         40 850         45.2%           7.2         7.7         7.1         7.7           72 316         67%         61 155         68%           23 844         22%         19 526         22%           6871         6%         5523         6%           5031         5%         4077         5%	108 062         100.0%         90 281         83.6%         17 781           70 390         65.1%         58 102         64.4%         12 288           19 730         18.3%         16 928         18.8%         2802           71 994         66.6%         59 980         66.4%         12 014           20 575         19.0%         17 129         19.0%         3446           15 493         14.3%         13 172         14.6%         2321           49 357         45.7%         41 463         45.9%         7894           47 217         43.7%         38 921         43.1%         8296           11 488         10.6%         9897         11.0%         1591           10.4         5.6         10.0         5.6         12.3           27 930         25.8%         25 356         28.1%         2574           28 190         26.1%         24 075         26.7%         4115           51 942         48.1%         40 850         45.2%         11 092           7.2         7.7         7.1         7.7         7.7           72 316         67%         61 155         68%         11 161           23 844	108 062         100.0%         90 281         83.6%         17 781         16.5%           70 390         65.1%         58 102         64.4%         12 288         69.1%           19 730         18.3%         16 928         18.8%         2802         15.8%           71 994         66.6%         59 980         66.4%         12 014         67.6%           20 575         19.0%         17 129         19.0%         3446         19.4%           15 493         14.3%         13 172         14.6%         2321         13.1%           49 357         45.7%         41 463         45.9%         7894         44.4%           47 217         43.7%         38 921         43.1%         8296         46.7%           11 488         10.6%         9897         11.0%         1591         8.9%           10.4         5.6         10.0         5.6         12.3         5.1           27 930         25.8%         25 356         28.1%         2574         14.5%           28 190         26.1%         24 075         26.7%         4115         23.1%           51 942         48.1%         40 850         45.2%         11 092         62.4%			

 $<sup>^{\</sup>rm a}$  Other race is composed of other (10.8%), Asian American (2.0%), Pacific Islander (0.3%), and American Indian (1.3%). Encounters can be coded as 1 or more race.

no statistically significant differences in risk for in-hospital mortality when comparing encounters by SHCN status (P=.267). CYSHCN encounters also reported longer hospital (IRR = 1.119) and ICU LOS (IRR = 1.319) (P < .001).

In subanalyses based on age, SHCN, and ISS categories, the risk of hospital complications in CYSHCN encounters relative to non-SHCN encounters was elevated in the younger age categories (P < .001) (Fig 2; Supplemental Table 8). CYSHCN encounters between the ages of 12 and 18 had a lower relative risk of in-hospital mortality (ARR = 0.850, P = .044). The risk of a longer hospital LOS increased by age category (P < .01) (Supplemental Table 8). Across the different SHCN categories, all indicated a greater risk of any hospital complications than encounters not reporting an SHCN: medical (ARR = 1.724, P < .001), mental health (ARR = 1.418, P < .001), and alcohol/SUD SHCN (ARR = 1.452, P = .001) (Fig 2)

encounters. Compared with encounters without SHCN, encounters with alcohol/SUD had the greatest difference in ICU LOS ( $\sim\!70\%$  longer), followed by medical ( $\sim\!40\%$  longer) and mental health ( $\sim\!30\%$  longer) (all P<.001) (Supplemental Table 9). The risk of hospital complications in CYSHCN encounters relative to non-SHCN encounters increased as ISS decreased (P<.001) (Fig 2; Supplemental Table 10). This inverse relationship was also generally present for ICU LOS (P<.001) when comparing encounters with and without SHCN by ISS category (Supplemental Table 10). When using gross ISS categories ( $<\!25$  as compared with  $\geq\!25$ ), the ARR of any hospital complications was greater among the lower ISS group (3.763 vs 1.405, P<.001) (results not shown).

# **Sensitivity Analyses**

We conducted sensitivity analyses to assess whether our method of treating missing data or other chronic conditions biased our results (results available upon request). We reestimated the models employing the missing data indicator method. The results presented did not differ in magnitude or direction on the basis of how missing data are handled. We reestimated the models to examine how changes in NTDB coding options for other chronic conditions could affect our findings by removing encounters who were coded as other or recoding other as no SHCN. Most of our results were comparable to our initial findings with a couple of exceptions, including the age pattern findings having the 1 to 5 year category with the highest ARR, followed by the 12 to 18 year category when using the recoding method.

To complement the subanalyses, we evaluated interaction effects of covariates with SHCN (results available upon request). The first model examined the conditional effects of increasing ISS on hospital complications by SHCN status. The second model examined the conditional effects of increasing age on hospital complications by SHCN status. In both models, the results were similar to the subanalyses.

# **DISCUSSION**

We found that CYSHCN encounters in the pediatric trauma system had a higher likelihood of experiencing any hospital complications, unplanned admission to the ICU, and longer hospital and ICU LOS compared with non-SHCN encounters. The differences were similar across type of SHCN, including medical, mental health, and alcohol/SUD, and were particularly pronounced for CYSHCN of younger age. Interestingly, CYSHCN encounters with lower ISS have a higher relative risk of hospital complications than non-SHCN encounters with injuries of similar severity. We did not find any statistically significant differences in inhospital mortality when comparing CYSHCN and non-SHCN encounters. However, this may be because of insufficient power to detect differences for extremely rare events (<1% of encounters).

Our overall findings differ slightly from 2 comparable studies of pediatric trauma that use ACS data. 12,14 Although we find that CYSHCN encounters have a greater risk of reporting a hospital complication, Traynor et al report a lower risk. In addition to the Traynor study focusing on behavioral health disorders, the complications

 $<sup>^{\</sup>rm b}$  Other insurance is composed of other (2.6%), self-pay (7.9%), and not billed (0.15%).

<sup>&</sup>lt;sup>c</sup> Results statistically significant after FDR adjustment.

TABLE 2 Reported Pediatric Trauma Outcomes by SHCN Status, 2018 NTDB Encounters **SHCN Status** Trauma Outcome (n % Unless Otherwise Specified) **Overall** No SHCN SHCN Any reported hospital complication 4332 4.01% 2703 2.99% 1629 9.16% <.001<sup>a</sup> 0ther 2808 2.60% 1510 1.67% 1298 7.30%  $< .001^{a}$ Unplanned admission to the ICU 310 0.29% 214 0.24% 96 0.54%  $<.001^{a}$ 289 0.27% 231 0.33% Unplanned return to the OR 0.26% 58 097 Cardiac arrest with CPR 339 0.31% 291 0.32% 48 0.27% .254 174 133 0.23% .011ª Pressure ulcer 0.16% 0.15% 41 119 0.11% 80 0.09% 39 0.22% <.001<sup>a</sup> Acute respiratory distress syndrome Ventilator-associated pneumonia 166 0.15% 130 0.14% 36 0.20% .069 132 0.12% 0.11% 34 0.19% .004ª Unplanned intubation 98 Deep vein thrombosis 152 0.14% 120 0.13% 32 0.18% .126 Acute kidney injury 95 0.09% 69 0.08% 26 0.15% .004<sup>a</sup> Catheter-associated urinary tract infection 69 0.06% 54 0.06% 15 0.08% .236 0.08% 71 0.07% Extremity compartment syndrome 84 0.08% 13 .809 Stroke/CVA 54 0.05% 41 0.05% 13 0.07% .131 54 42 12 .253 0.05% 0.05% 0.07% Severe sepsis In-hospital mortality 1046 0.97% 882 0.98% 164 0.92% .497 Hospital LOS, mean (SD) (n = 106534) 6.4 6.3 6.9  $< .001^{a}$ 3.3 3.2 3.9 ICU LOS, mean (SD) 0.7 3.3 0.7 3.3 0.9 3.5 <.001<sup>a</sup>

 $N=108\,062$  unless otherwise specified. The following were reported by <50 encounters: Deep surgical site infection, superficial incisional surgical site infection, organ/space surgical site infection, pulmonary embolism, central line-associated bloodstream infection, alcohol withdrawal syndrome, osteomyelitis, and myocardial infarction. Shaded rows indicate that this variable is an outcome explicitly examined through multivariate analyses. CPR, cardiopulmonary resuscitation; CVA, cerebrovascular accident; OR, operating room.

a Results statistically significant after FDR adjustment.

tracked during 2018 were different from Traynor's 2014–2016 time frame.

Similar to the current study, both studies find that encounters reporting SHCN tend to have a longer hospital LOS. 12.14 However, Grigorian et al find that the relationship between ADHD and ICU LOS was not statistically significant. This could be because their study does not include those with medical or alcohol/SUD SHCN, which we identified as having longer LOS.

The key question is whether poorer hospital outcomes among CYSHCN are related to their underlying condition(s), attributable to

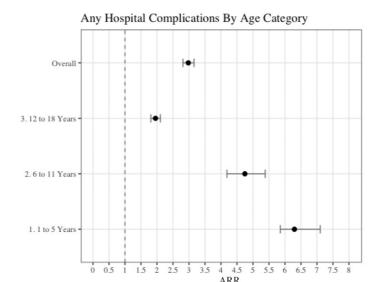
their trauma, or attributable to the hospitalization itself. First, underlying medical conditions may physiologically predispose these children to poorer posttrauma outcomes. For example, a child with a bleeding disorder may be predisposed to deep vein thrombosis (both this chronic condition and complication are tracked by the ACS). Yet, a higher hospital complications risk is present for those with mental health SHCN as well, where the physiologic link to hospital complications may not be as apparent. Second, it may be that

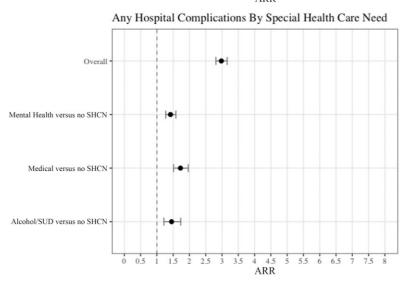
TABLE 3 Maximum Likelihood Estimates for Pediate	ic Trauma Outcomes an	nd Association With	Special Health Care Ne	eds Status, 2018 NTDB
Encounters				

Outcome (Logistic Regression)	Unadjusted RR (95% CI)	Р	ARR (95% CI)	P
Any hospital complications	<b>3.060</b> (2.884–3.247)	<.001	<b>2.980</b> (2.812–3.158)	<.001 <sup>a</sup>
Unplanned admission to the ICU	<b>2.278</b> (1.791–2.896)	<.001	<b>1.996</b> (1.567–2.540)	<.001 <sup>a</sup>
In-hospital mortality	0.944 (0.800-1.115)	.497	0.926 (0.804-1.065)	.279
Outcome (negative binomial)	Unadjusted IRR (95% CI)	P	Adjusted IRR (95% CI)	P
Hospital LOS ( $n = 106534$ )	<b>1.234</b> (1.216–1.253)	<.001	<b>1.119</b> (1.104–1.134)	<.001 <sup>a</sup>
ICU LOS	<b>1.394</b> (1.310–1.484)	<.001	<b>1.319</b> (1.258–1.383)	<.001 <sup>a</sup>

Separate models that control for sex, race, ethnicity, insurance type, age category, ISS, and GCS were estimated for each pediatric trauma outcome to produce the ARR. Boldface risk ratios indicate significance at P < .05. Unless otherwise specified,  $n = 108\,062$  for each model. CI, confidence interval; RR, risk ratio.

<sup>&</sup>lt;sup>a</sup> Results statistically significant after FDR adjustment (unadjusted results were not included in this calculation).





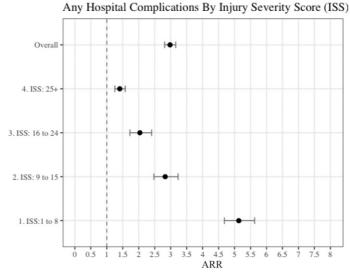


FIGURE 2 Subanalyses, relative risk of hospital complications by SHCN status. Each data point represents the results from a separate logistic regression model that controls for sex, race, ethnicity, insurance type, and GCS. Age and SHCN models control for ISS; ISS and SHCN models control for age.

hospital complications are attributable to the trauma sustained by CYSHCN, who may have different patterns of physical trauma than those without SHCN including intent and mechanism of injury. The elevated risk remained even after controlling for injury severity, so there may be aspects of the hospitalization that contribute to increased risk of complications.

These results suggest that CYSHCN of younger age with physical trauma fare particularly worse from a complications standpoint than their similarly aged peers without SHCN. In the pediatric trauma setting, each year of age decreases the odds of in-hospital complications, <sup>24</sup> where the treatment of children has less room for error in general. <sup>25</sup> Additionally, physiologic and anatomic features of younger children mean that more caution is needed when administering anesthesia or intubating the pediatric trauma patient. <sup>25</sup>

To our knowledge, this is the first study that identifies a disparity in hospital complications risk between children with and without SHCN with lower ISS. Identifying the underlying factors driving this finding is an important area for future study. A child with a lower ISS typically has an injury in 1 bodily region (Supplemental Table 5), whereas a child with a higher ISS typically has injuries with multisystem and likely more intensive care needs that may partly offset the complication risk posed by the SHCN. Less-severe trauma management may benefit from greater levels of awareness of the potential impact of the SHCN. For example, a systematic review of hospitalized children with autism spectrum disorder identified noncompliance, hyperactivity, sensory defensiveness, and self-injury behaviors as having the potential to interfere with care. <sup>26</sup>

Future studies will need to address clinical care pathways that address specific complications, including respiratory, renal, and post-surgical management, taking into account the heterogeneity of the CYSHCN population. Children with medical SHCN may benefit from comanagement from pediatric providers with expertise in managing chronic complex conditions, in addition to the trauma team. Children with mental health or developmental SHCN may benefit from additional psychosocial support to cope with factors such as the hospital environment and their injuries, because hospitalization alone can produce discomfort and stress.<sup>27</sup> In examining this disparity, future studies should consider the role of care management decisions and the availability of psychosocial support by type of SHCN.

# Limitations

There are some limitations associated with using the NTDB to study SHCN. Although the NTDB comes close to matching the National Survey of Children's Health in terms of prevalence of CYSHCN ( $\sim$ 17% vs  $\sim$ 19%), future studies should examine the reliability/validity of the NTDB's identification strategy. 6 The most common chronic condition indicated for pediatric trauma encounters in the 2018 NTDB was other. Unfortunately, there was no clear way to disaggregate this category. Trauma registrars must abide by strict criteria, and therefore we assumed that any chronic condition coded as other does signify an actual chronic condition but did not fit 1 of the ACS's predefined conditions. For example, certain conditions such as asthma or learning disabilities are not listed as a specific coding option despite affecting at least 7% of US children aged 3 years and older.<sup>2</sup> In our sensitivity analyses, we found that our results were somewhat dependent on the inclusion of other as a SHCN. Future studies should employ data that more specifically identifies SHCN to determine whether CYSHCN of younger age and lower ISS are indeed at greater risk of hospital complications after physical trauma.

The NTDB also has other data limitations. The included hospital complications cannot be broken down on the basis of hospital-acquired complications and complications because of trauma. The limited number of CYSHCN encounters reporting certain hospital complications meant that we could not estimate logistic regression models for this data (eg, unplanned return to the operating room). Finally, not all pediatric trauma centers submit their data to the NTDB, meaning that this study does not fit the definition of a population-based sample.

#### **CONCLUSIONS**

We examined the association between CYSHCN status, hospital outcomes, and LOS after trauma. CYSHCN encounters were more likely to report hospital complications and have longer hospital and ICU LOS. Additionally, less severely injured CYSHCN had a greater relative risk of reporting hospital complications than similarly injured children without SHCN. To address outcome disparities, particularly in CYSHCN with lower acuity injuries, future studies should identify aspects of pediatric trauma care management that can be improved and additional resources that may be needed.

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