



Review

Factors affecting HPV vaccine uptake among ethnic minority adolescent girls: A systematic review and meta-analysis



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ABSTRACT

Objective: Human papillomavirus (HPV) vaccination rates remain low among adolescent girls across ethnic minority groups that experience high incidences of HPV-related cervical cancer with poor outcomes. This systematic review aimed to synthesize the available evidence on the factors affecting HPV vaccination among ethnic minority adolescent girls.

Methods: Six databases (PubMed, OVID MEDLINE, EMBASE, CINAHL, PsycINFO, and Scopus) were searched from inception to October 17, 2022. Guided by the conceptual model of vaccine hesitancy, the factors affecting HPV vaccine uptake were descriptively synthesized and analyzed using meta-analyses.

Results: This review included 14 studies. The pooled uptake rate of at least one dose of HPV vaccine among ethnic minority adolescent girls was only 38% (95% confidence interval = 0.22, 0.39). At individual level, age of adolescent girls, knowledge of HPV, perceived importance of HPV vaccination, and perceived risk of HPV infection promoted the vaccine uptake. Beliefs in conspiracy theories and lack of trust in the government and HPV vaccine discouraged the utilization. At social and policy levels, health professionals' recommendations, subjective norms, sexuality-related communication, and vaccine policies such as insurance coverage facilitated HPV vaccination. The religious and moral convictions regarding abstinence from sex until marriage negatively influenced the vaccine acceptance.

Conclusions: HPV vaccination among ethnic minority adolescent girls was influenced by multi-level factors that highlighted a combined effort, including culturally sensitive health education programmes, sexuality-related communication skills training, collaboration with religious organizations, debunking conspiracy theories in HPV vaccine, and promoting school-based vaccination programs, to increase the coverage.

Systematic review registration: PROSPERO, CRD42022366805.

Introduction

Of the 604,127 cases of cervical cancer diagnosed globally in 2020, approximately 90% were caused by infection with sexually transmitted human papillomavirus (HPV).¹ HPV-related cervical cancer disproportionately affects ethnic minorities. In the United States, Laotian, Kampuchean, Vietnamese, and Native Hawaiian and other Pacific Islanders had much higher age-standardized incidence rates of HPV-related cervical cancer (20.7, 15.5, 13.7, and 9.5 per 100,000, respectively) than non-Hispanic White women (7.4 per 100,000).² In addition, ethnic minorities had higher metastatic cervical cancer rates (13.3% and 8.3%, respectively) and lower 5-year survival rates (68% and 77%, respectively) than the dominant social groups in the US.³ These data suggest that ethnic minorities are in higher need for more effective prevention of cervical cancer.

To prevent infection with cancer-causing HPV, licensed bivalent, quadrivalent, and nonavalent HPV vaccines have been introduced in 125 countries.⁴ Adolescent girls prior to sexual debut, especially those aged 9–14 years, are the primary target population for HPV vaccination in most of these countries.⁴ HPV vaccines have high immunogenicity among adolescent girls, which reduces their risks of persistent infection with carcinogenic HPV types and development of cervical intraepithelial neoplasia.⁵ As an initiative to eliminate cervical cancer, the World Health Organization (WHO) has emphasized that 90% of all adolescent girls by the age of 15 should have received HPV vaccination by 2030.⁶ To increase HPV vaccine coverage, a one- or two-dose regimen of HPV vaccine in adolescent girls is being recommended by the WHO to replace the three-dose schedule that requires complex follow-ups to complete the vaccination series.⁴ Other approaches used to increase HPV vaccine

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uptake among adolescent girls are the inclusion of HPV vaccines in national immunization programs, adoption of school-based immunization programs, and introduction of policies to support adolescent self-consent procedures.^{7,8}

Despite these public health efforts, HPV vaccination rates among adolescent girls across ethnic groups in 2019 remained markedly lower than the goal of 90% vaccination rate set by the WHO (53.2% in Black, 54.8% in American Indian/Alaska Native, and 62.8% in Hispanic adolescent girls).^{6,9} Only 29% and 45.3% of Black and Hispanic adolescent girls, respectively, in the US had received at least two doses of HPV vaccine before 13 years of age in 2019.⁹ Ethnic differences in the HPV vaccine uptake rate have also been reported among other ethnic groups, including Latinos in the US, Somalis in the Netherlands, and ethnically diverse samples in the United Kingdom (UK).^{8,10} For example, although the overall high HPV coverage rates in the UK ranged from 67.8% to 95.3%, adolescent females from Asian and other ethnic backgrounds had a lower uptake rate of 41% and were approximately twice as likely as their White counterparts to have their parents refuse to allow them to receive the vaccine.^{8,11} Although interventions such as negotiated interviewing have been developed to increase HPV vaccination rates among ethnic minority adolescents, the post-test HPV vaccine initiation and completion rates only ranged from 5.6% to 56% for most of the interventions.^{12,13} Given the low HPV vaccination rate among ethnic minority adolescents despite the intervention efforts, it is imperative to understand the factors affecting the HPV vaccine uptake to direct future research and practice in alleviating disparities in HPV vaccine utilization among ethnic minority adolescent girls.

Several reviews of ethnic disparities in HPV vaccination have been conducted.^{10,14,15} They have primarily focused on individual level influencing factors and identified that inadequate knowledge of HPV, unawareness of HPV vaccine,¹⁴ lack of recommendations from physicians,¹⁰ and cost of the vaccine preclude ethnic minority parents from vaccinating their adolescent daughters.¹⁵ The syntheses failed to account for multi-level effects and cultural, social, and political barriers unique to the ethnic minorities.¹⁶ In addition, these reviews have mainly included adults and males, focused on specific ethnic groups (eg, Hispanic in the US), and only identified barriers to HPV vaccination among ethnic minorities.^{10,16} A comprehensive view of both barriers and facilitators to the HPV vaccination among ethnic minority girls across global regions remain unclear. In addition to socio-cultural and policy aspects, spiritual perspectives that are specific to ethnic minorities could also inform the development of multi-level interventions to enhance vaccine uptake. Hence, the current review was conducted to further synthesize evidence for factors associated with HPV vaccination uptake specifically among ethnic minority adolescent girls in a multi-level perspective to inform interventional programs.

The conceptual model of vaccine hesitancy was previously developed to facilitate understanding of the factors contributing to vaccine acceptance and hesitancy among children and adolescents.^{17,18} This model explains such factors at the individual (knowledge and information, perceived importance of vaccination, risk perception, and trust), social (subjective norms, health professionals' recommendation, and communication and media), policy (public health and vaccination policies), and cultural and religious levels (eg, religious and moral convictions).¹⁷ Guided by this conceptual model, our review aims to synthesize the available evidence on the barriers and facilitators to HPV vaccination among ethnic minority adolescent girls. Findings of this review will inform public policy makers on the potential interventions and public health efforts specifically to increase HPV vaccination coverage among ethnic minority adolescents and decrease the burden of HPV-related cervical cancers.

Methods

This systematic review was conducted in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses statement¹⁹ and it was registered in the International Prospective Register of Systematic Reviews (CRD42022366805).

Literature search

From inception to October 2022, six databases (PubMed, Ovid MEDLINE, EMBASE, CINAHL, PsycINFO, and Scopus) were searched to systematically identify relevant articles. As shown in Table 1, the key terms related to 'ethnic minorities', 'HPV vaccination', 'barriers', 'facilitators', 'factors', and 'uptake' were used in the search (Table 1). These key terms were used in the search fields for the title and abstract. No restriction was imposed on the publication year.

Eligibility criteria

Quantitative, qualitative, and mixed-methods studies were eligible for inclusion if they reported the factors (barriers to and/or facilitators of) affecting HPV vaccine uptake, and/or initiation or completion of HPV vaccination series among ethnic minority adolescent girls. Consistent with the WHO's definition of adolescents and recommendations of age eligibility criteria for HPV vaccination,⁴ adolescent girls in this review were defined as girls aged 9–19 years. An ethnic minority is defined as a population that constitutes less than 20% of the total population in a country.²⁰ Given that HPV vaccination is recommended for adolescent girls,⁴ their parents are likely to be the primary decision makers regarding vaccine utilization. Hence, the factors influencing the decision making of ethnic minority parents regarding whether to have their adolescent daughters vaccinated against HPV were also considered as outcomes of this review, and papers reporting this outcome were included in this review. Studies were included if all their recruited participants were ethnic minorities. Studies involving samples comprising both ethnic minorities and the general population were only included if a subgroup analysis of ethnic minorities was conducted. In this review, only original articles published in English were included, where conference abstracts, dissertations, reviews, and study protocols were excluded.

Study selection

Two authors independently screened the titles and abstracts of the identified studies against the eligibility criteria after removing the duplicates using the Covidence software (Veritas Health Innovation, Melbourne, Australia) to identify articles that are potentially eligible for inclusion. The full texts of these articles were retrieved and assessed, and any discrepancies in the selection of studies for inclusion were discussed and resolved between the two authors.

Critical appraisal of methodological quality

The Mixed Methods Appraisal Tool Version 2018 was used to appraise the methodological quality of the included studies.²¹ This tool contains two general items for screening empirical studies and five specific methodological appraisal items for each of the following three study

Table 1
The search strategy.

'ethnic minorit*' or 'minority group*' or 'ethnic group*' or 'racial group*' or 'racial minorit*'
AND
'facilitator*' or 'barrier*' or 'predictor*' or 'factor*' or 'determinant*' or 'motivator*' or 'challenge*' or 'associate*' or 'correlate*'
AND
'papillomavirus vaccine' or 'papilloma virus vaccine' or 'HPV vaccination' or 'HPV vaccine' or 'HPV immunization' or 'HPV immunization' or 'papillomavirus vaccination' or 'Papilloma virus vaccination' or 'papillomavirus immunization' or 'papilloma virus immunization' or 'papillomavirus immunization' or 'papilloma virus immunization' or 'Gardasil'
AND
'uptake' or 'receipt' or 'initiation' or 'completion' or 'complete' or 'initiate' or 'receive' or 'undergo' or 'undertake'

designs—quantitative descriptive, qualitative, and mixed-methods studies. For quantitative descriptive studies, five domains of study elements are evaluated, including the relevance of sampling strategy, representativeness of study sample, appropriateness of measurements, risk of nonresponse bias, and appropriateness of statistical analysis.²¹ For qualitative studies, five domains are also assessed, including the appropriateness of qualitative approach and coherence between data collection, analysis, and interpretation.²¹ For mixed-methods studies, the adherence with the quality criteria of qualitative and quantitative methods and adequacy of integration of both components, including their inconsistencies, are evaluated.²¹ One mark was given for each item, and the total score was transformed into a percentage score. One author first rated the studies based on each item, which were further verified by a second author. Disagreements in the ratings were discussed and resolved between the two authors.

Data extraction

The extracted data included study design, study setting, ethnicity, sample size, HPV vaccination rates, findings pertaining to factors associated with HPV vaccination among ethnic minority adolescent girls, and/or those influencing parental decisions to have their ethnic minority adolescent girls vaccinated against HPV. The significance of the associations between these factors and HPV vaccination uptake was indicated based on their odds ratios (ORs), 95% confidence intervals (CIs), and *P* values if available. Examined factors not exhibited such association were also extracted for comparison across studies. One author extracted and presented the data narratively in a table. The completeness and accuracy of the data were verified by a second author, and any discrepancies were resolved through discussions between the two authors.

Data synthesis

The identified factors associated with HPV vaccine uptake among ethnic minority adolescent girls from the included studies were narratively summarized and integrated according to the conceptual model of vaccine hesitancy.¹⁷ Using the Review Manager 5.4 software (The Cochrane Collaboration, Copenhagen, Denmark), meta-analyses were conducted to obtain the pooled rates of HPV vaccination among ethnic minority adolescent girls and the pooled effect sizes of factors associated with HPV vaccine utilization. The effect sizes of the included studies were converted to ORs for data pooling, if needed. In view of the heterogeneity of study populations and designs across the included studies, the pooled rates and ORs were calculated using the random-effects model. Heterogeneity of estimates of rates and ORs among the studies was assessed using the I^2 statistic, an $I^2 > 50\%$ was considered to indicate considerable heterogeneity.²² Meta-analyses were not conducted when the ORs and 95% CIs were not reported in the included studies or if there are less than two studies reporting the same associated factor with comparable classifications of the factors.

Results

Search results

The literature search identified 919 articles, of which 373 remained after removing the duplicates. Following screening of the titles and abstracts and the removal of those not relevant to the review aims ($n = 300$), we examined the full texts of the remaining 73 articles. Further, 59 articles were excluded because they either did not involve samples comprising entirely adolescent girls or their parents ($n = 42$) or did not report the factors associated with HPV vaccination uptake ($n = 17$). In the end, 14 articles were deemed eligible for inclusion in this review. Fig. 1 shows the Preferred Reporting Items for Systematic Reviews and Meta-Analyses diagram.

Study characteristics

Table 2 presents the characteristics of the included studies. Published between 2009 and 2021, the 14 included studies were conducted in either the US ($n = 10$), the UK ($n = 3$) or the Netherlands ($n = 1$). The included studies adopted quantitative descriptive ($n = 9$), qualitative ($n = 4$), and mixed-methods ($n = 1$) designs. Seven studies (50%) involved samples of ethnic minorities recruited in community settings (eg, health fairs, residences, and workplaces).^{23–29} In total, 5935 ethnic minority adolescent girls and their parents (including guardians) participated, with Hispanic ($n = 2879$), Latina ($n = 1070$), and Asian (Chinese, Korean, Japanese, Filipino, Indian, Pakistani, Cambodian, Bangladeshi, and Sri Lankan; $n = 675$) ethnic groups constituting the largest proportions of the sample. Other participants were members of African, Hawaiian and Caribbean ethnic minority groups living in the US, the UK, and the Netherlands.

Results of critical appraisal

The results of the critical appraisal of the included studies are shown in Tables 3 and 4. Of the nine quantitative studies that attained quality assessment scores ranging from 42.9% to 85.7%, five had potential risks of recruiting non-representative samples, as non-probability sampling was used during subject recruitment,^{25,29–33} four did not provide sufficient details of how outcomes were measured,^{25,29,30,34} and three had concerns over non-responsive bias due to the low participant response rates to surveys used in the studies, ranging from 22.4% to 34%.^{23,34,35} Of the five qualitative or mixed-methods studies (Table 4), two had excellent methodological quality with assessment scores of 100%,^{26,27} and three had quality assessment scores ranging from 57.1% to 85.7% as data synthesis approaches were not explained in sufficient detail or the themes generated from the qualitative data were not sufficiently supported by participants' quotes.^{16,24,28}

HPV vaccination uptake rates

Six studies reported the uptake rate of at least one dose HPV vaccine among ethnic minority adolescent girls (including African, Asian, Black, Cambodian, Hispanic, and Latina) in the US.^{25,26,29,31,33,35} Meta-analysis of the six studies showed a 38% pooled uptake rate of at least one dose HPV vaccine (95% CI = 0.22, 0.39; $P < 0.001$; $I^2 = 98\%$) among ethnic minority adolescent girls in the US (Fig. 2). Only four studies reported the completion rates of HPV vaccination (having taken three doses of HPV vaccine), ranging from 11.6% to 36.8%.^{29,30,34,35}

Factors affecting HPV vaccine uptake among ethnic minority adolescent girls

Analysis of the studies revealed multiple factors that are associated with HPV vaccine uptake (initiation or completion of vaccination series). As shown in Fig. 3, these factors can be grouped into four levels, including individual (individual characteristics, knowledge, information and perceived importance of vaccination, risk perception, and trust), social (social influence, communication, and media), policy (public health and vaccination policies), and religious (religious and moral convictions) levels.

Individual characteristics

Meta-analyses of four studies^{26,30,31,35} showed that an increased age of adolescent girls (OR = 1.55; 95% CI = 1.09, 2.21; $P = 0.02$; $I^2 = 73\%$) (Fig. 4a), having a usual source of care (OR = 1.70; 95% CI = 1.20, 2.41; $P = 0.003$; $I^2 = 0\%$) (Fig. 4b) and insurance coverage (OR = 1.87; 95% CI = 1.26, 2.80; $P = 0.002$; $I^2 = 0\%$) (Fig. 4c) were significantly associated with increased odds of initiating and completing HPV vaccination among ethnic minority adolescent girls. Furthermore, ethnic minority parents who were up to date with cervical cancer screening were more likely than others to vaccinate their adolescent daughters.^{25,29}

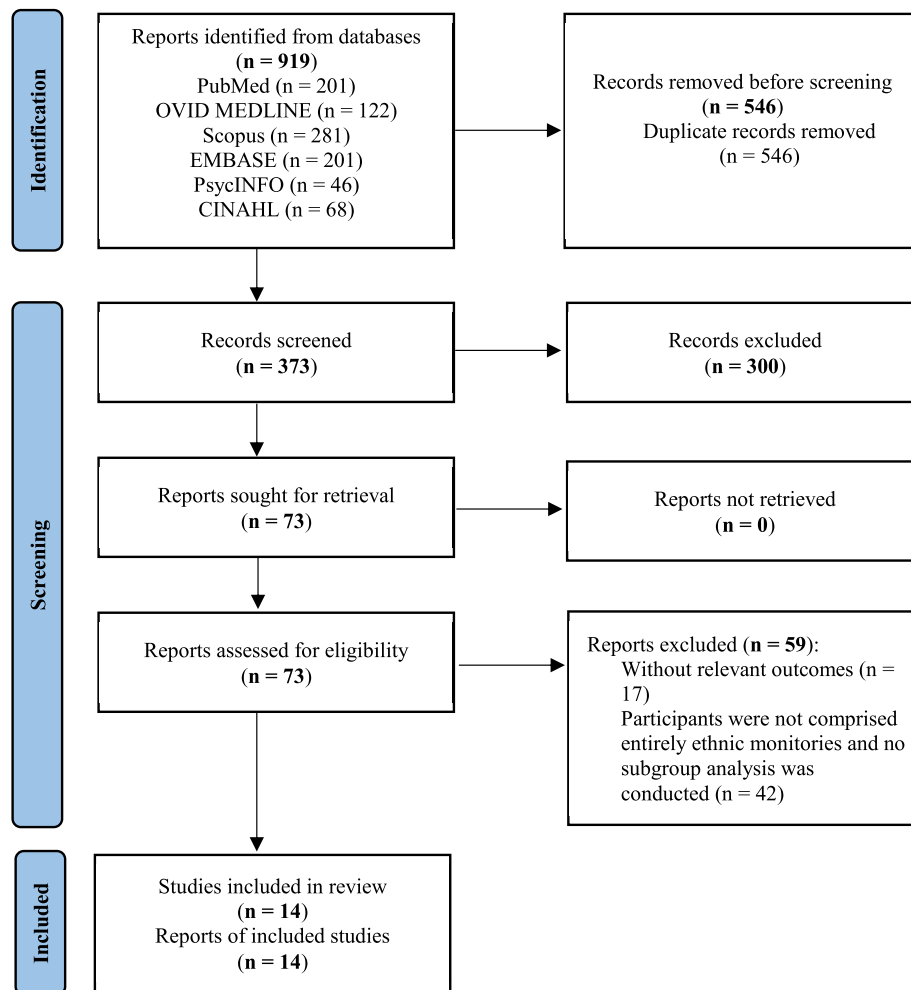


Fig. 1. The PRISMA diagram.

Conflicting results were obtained regarding whether ethnicity,^{30,32,33} parents' health insurance status,^{25,34} and annual household income^{25,26} were associated with HPV vaccination uptake among ethnic minority adolescent girls.

Ethnic minority parents' acculturation factors (including their age when they migrated, country of birth, and English proficiency) did not significantly associate with HPV vaccine uptake among adolescent girls.^{29,31,32,35} Meta-analyses of four studies^{30–32,35} also showed that parents' age (OR = 0.99; 95% CI = 0.94, 1.04; $P = 0.63$; $I^2 = 53\%$) (Fig. 5a), educational attainment (OR = 0.84; 95% CI = 0.64, 1.09; $P = 0.18$; $I^2 = 0\%$) (Fig. 5b), and poverty level (OR = 0.85; 95% CI = 0.62, 1.17; $P = 0.32$; $I^2 = 0\%$) (Fig. 5c) did not significantly associate with HPV vaccine uptake among ethnic minority adolescent girls.

Knowledge, information, and perceived importance

Knowledge and information. Ten studies reported that knowledge of HPV and the HPV vaccine were facilitators of HPV vaccine uptake among ethnic minority adolescent girls, whereas lack of understanding about the appropriate age for vaccination and lack of adequate information for decision making were barriers.^{16,24,25,27–31,33,34} A meta-analysis of the two studies reporting their findings with OR values^{30,31} found that ethnic minority (Latina, Asian, and African) parents in the US who had heard of HPV were 11.5 times more likely to vaccinate their adolescent daughters against HPV with at least one dose (95% CI = 6.79, 19.46; $P < 0.001$; $I^2 = 0\%$) (Fig. 5d).

In contrast, lack of understanding of the rationale for having HPV vaccination at 12–13 years of age precluded ethnic minority parents from

vaccinating their adolescent daughters.^{27,34} Ethnic minority parents might possess misconceptions that cervical cancer is hereditary²⁷ and that only young and sexually active females, and older women who have multiparity should be vaccinated against HPV.²⁸

Importantly, more than 66% of Asian, African, Filipino, Latina, and Native Hawaiian parents in the US expressed a need for more information before making HPV vaccination decisions for their adolescent daughters.^{30,34} Ethnic minority parents suggested that the information should include cervical cancer (eg, symptoms and mortality rates), HPV, and the HPV vaccine, including the vaccine's relationship with cervical cancer prevention. They also expressed a desire for information on the contents, dose, and side effects of HPV vaccines; the vaccination schedule; effectiveness as supported by statistics.^{16,24}

Perceived importance of vaccination. Seven studies reported that lower perceived importance of HPV vaccination among ethnic minority parents negatively influenced their decision making on and acceptance of HPV vaccination for their adolescent daughters.^{16,27–30,33,34} For example, ethnic minority parents in the UK neglected the importance of HPV vaccination for their daughters and believed that they can prevent HPV infection and cervical cancer through their natural immunity, adoption of healthy lifestyles, and God's will.²⁴

In contrast, higher perceived importance of HPV vaccination in the prevention of HPV infection and cervical cancer among ethnic minority (Asian, African, Cambodian, Caribbean, Filipino, native Hawaiian, and Hispanic) parents in the US was consistently reported as a facilitator of decision making on and acceptance of HPV vaccination for their adolescent daughters.^{16,27–29,34}

Table 2
Characteristics and major findings of included studies (N = 14).

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
Alberts et al, 2017, ²³ The Netherlands	A longitudinal study at a community district	a. Surinamese, Netherlands Antillean, and Aruban (SNA, n = 126) b. Middle Eastern and North African (MENA, n = 237) c. other non-Dutch (n = 223)	One dose: 6.66% (39/586) Two doses: 52.73% (309/586)	Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls (1) Intention: Parents/guardians' intention increased the odds of their adolescent daughters receiving HPV vaccination in SNA (OR = 2.49; 95% CI = 1.30, 4.76), MENA (OR = 2.94; 95% CI = 2.10, 4.11), and other non-Dutch groups (OR = 2.26; 95% CI = 1.37, 3.71). (2) Subjective norms: Subjective norms of other non-Dutch parents/guardians enhanced the odds of their adolescent daughters receiving HPV vaccination (OR = 3.52; 95% CI = 1.28, 9.67). (3) Information processing: Information processing, the amount of information processed, among other non-Dutch parents/guardians decreased the odds of their adolescent daughters receiving HPV vaccination (OR = 0.43; 95% CI = 0.22, 0.83). (4) Habit strength: Habit strength, automatically generating the thought of HPV vaccination, among SNA parents/guardians increased the odds of their adolescent daughters receiving HPV vaccination (OR = 2.32; 95% CI = 1.13, 4.78). (5) Factors examined that did not show an association: childhood vaccination.
Bastani et al, 2011, ³⁰ USA	An analytical cross-sectional study conducted by telephone interviews	a. Latina (n = 255) b. Chinese (n = 98) c. Korean (n = 66) d. African American (n = 38) e. Non-Hispanic White, multi-racial, or other Asian subgroups (n = 35)	Three doses: 11.57% (56/484)	Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls (1) Daughters' age: Daughters' age was associated with the uptake of at least one dose of HPV vaccine among adolescent girls (OR = 1.23; 95% CI = 1.11, 1.36). (2) Heard of HPV: Parents having heard of HPV was associated with HPV vaccination for at least one dose (OR = 12.8; 95% CI = 6.01, 27.23). (3) Youngest acceptable age for HPV vaccination: Youngest acceptable age for HPV vaccine among caregivers was associated with the odds of their adolescent girls receiving at least one dose of HPV vaccine (OR = 1.19; 95% CI = 1.09, 1.29). (4) Perceived vaccination effectiveness: Caregivers' perception of HPV vaccination being effective was associated with their daughters receiving at least one dose of HPV vaccine (OR = 1.81, 95% CI = 1.03, 3.20). (5) Factors examined that did not show an association: Mothers' age, ethnicity, educational level, perceived severity of HPV infection, and perceive benefits of immunization; availability of a usual source of care for daughters; and school mandate for HPV vaccine. Barriers to HPV vaccine uptake for adolescent girls (1) Decision-making information: 66% of the mothers expressed the need for more information before making HPV vaccination decisions for their daughters. (2) Service access information: 74% of the mothers did not know where to take their daughters for HPV vaccination. (3) Others: concerns that HPV vaccination could cause fertility issues, affect their daughters' health in the future, or increase the probability of sexual activity were reported by 17%, 15%, and 13% of the mothers, respectively.
Dela Cruz et al, ³⁴ 2020, USA	An analytical cross-sectional survey conducted by telephone	a. Native Hawaiian (n = 189) b. Filipino (n = 199) c. Japanese (n = 200)	One dose: 45.53% (224/492) Two doses: 9.15% (50/492) Three doses: 35.16% (173/492)	Facilitators of HPV vaccine uptake among adolescent girls (1) Doctors' recommendation: 92.7% of native Hawaiian, 95% of Filipino, and 95.7% of Japanese parents vaccinated their daughters because of doctors' recommendations. (2) Wanted to protect their child: 92.7% of native Hawaiian, 95% of Filipino, and 95.7% of Japanese parents vaccinated their daughters because they wanted to protect their children. (3) Vaccinated child for everything else: 78.1% of native Hawaiian, 82.5% of Filipino, and 91.3% of Japanese parents vaccinated their daughters because they had vaccinated their child for everything else. (4) Friends' children were vaccinated: 58.5% of native Hawaiian, 57.5% of Filipino, and 69.6% of Japanese parents vaccinated their daughters because their friends had vaccinated their children against HPV. Barriers to HPV vaccine uptake among adolescent girls (1) Not knowing about HPV vaccine: 29.2% of native Hawaiian, 44.8% of Filipino, and 46.7% of Japanese parents did not vaccinate their daughters because they did not know about the HPV vaccine. (2) Doctor did not mention HPV vaccine: 41.7% of native Hawaiian, 47.8% of Filipino, and 48.9% of Japanese parents did not vaccinate their daughters because doctors did not mention the HPV vaccine. (3) HPV vaccine was a new vaccine: 56.3% of native Hawaiian, 49.7% of Filipino, and 60% of Japanese parents did not vaccinate their daughters because they believed that the HPV vaccine was new. (4) Uncertainty about the safety of HPV vaccine: 66.7% of native Hawaiian, 62.7% of Filipino, and 53.3% of Japanese parents did not vaccinate their daughters because they felt uncertainty about HPV vaccine safety.

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Table 2 (continued)

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
Forster et al, 2017, ²⁴ UK	A comparative qualitative study. Parents were recruited from community groups or online advertising.	a. Non-British White ($n = 8$) b. Bangladeshi ($n = 6$) c. African ($n = 2$) d. Caribbean ($n = 2$) e. Sri Lankan Tamil ($n = 1$) f. Somali ($n = 1$) g. Indian ($n = 1$) h. Pakistani ($n = 1$) i. White & Asian ($n = 1$) j. White & Black African ($n = 1$)	N.S.	<p>(5) Children were too young to get the vaccine: 39.6% of native Hawaiian, 49.3% of Filipino, and 31.1% of Japanese parents did not vaccinate their daughters because they believed that their children were too young to receive the HPV vaccine.</p> <p>(6) Children were not at risk for HPV: 37.5% of native Hawaiian, 38.8% of Filipino, and 44.4% of Japanese parents did not vaccinate their daughters because they believed that their children were not at risk of HPV infection.</p> <p>(7) Might encourage sexual activity: 29.2% of native Hawaiian, 44.8% of Filipino, and 44.4% of Japanese parents did not vaccinate their daughters because they believed that it might increase the probability of sexual activity.</p> <p>(8) Uncertainty about insurance coverage: 29.2% of native Hawaiian, 47.8% of Filipino, and 24.4% of Japanese parents did not vaccinate their daughters because they were not sure about insurance coverage for the HPV vaccine.</p> <p>(9) Did not know enough about HPV vaccine: 75% of native Hawaiian, 80.6% of Filipino, and 73.3% of Japanese parents did not vaccinate their daughters because they did not know enough about the HPV vaccine.</p> <p>Barriers to HPV vaccine uptake among adolescent girls</p> <p>(1) Perceived a low risk: Parents perceived that their daughters were at a low risk of contracting HPV infection or developing cervical cancer and thus believed that the vaccine was unnecessary. Several reasons were cited for this perception, including HPV not being prevalent, not having a family history of cervical cancer, the age for vaccination being too young, or their daughters not being promiscuous or engaging in high-risk sex.</p> <p>(2) Negative consequences: Parents worried about the side effects of the HPV vaccine, including pain, allergic reactions, and other side effects, especially when their daughter's immune system was compromised or when they learned about negative HPV vaccination experiences from others. They also worried that the vaccine would increase the probability of their daughters participating in unsafe sexuality activities.</p> <p>(3) Lack of efficacy: Parents believed that the HPV vaccine did not protect against all types of HPV for a long duration.</p> <p>(4) Lack of trust: Some parents also perceived that the vaccine was introduced for profit. They lacked trust in the government, medical system, and vaccine developer.</p> <p>(5) Misinformation and lack of information: One Somali mother was misinformed by a health professional that HPV vaccination should be given when her daughters were at reproductive age. Information regarding the vaccine, its doses, its effectiveness supported by statistics, and vaccination age were not adequate to persuade parents to make an informed decision to vaccinate their daughters.</p> <p>(6) Medical practice models and idiosyncratic beliefs: Preferences not to use medicines and idiosyncratic beliefs (eg, building immunity naturally, preventing cervical cancer by healthy lifestyles, and the belief that cervical cancer development is controlled by God) precluded some ethnic minority parents from vaccinating their daughters.</p> <p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <p>(1) Mothers' age: The vaccination rates for adolescent daughters were significantly different among mothers in the age groups of ≤ 26 years (0%), 27–46 years (23.26%), and ≥ 47 years (66.67%) ($P < 0.01$).</p> <p>(2) Birthplace: The vaccination rates for adolescent daughters were significantly lower among mothers who gave birth in Mexico than among those who gave birth in other countries (28.30% vs. 66.7%, $P = 0.02$).</p> <p>(3) Years residing in the USA: The vaccination rates for adolescent daughters were significantly different among mothers residing in the USA for 0–10 years (21.74%), 11–20 years (43.33%), or ≥ 21 years (71.43%) ($P = 0.05$).</p> <p>(4) Annual household income: The vaccination rates for adolescent daughters were significantly lower among mothers who had an annual household income $< \\$15,000$ than among those who had an annual household income $\geq \\$15,000$ (26.67% vs. 52.38%, $P = 0.05$).</p> <p>(5) Cervical cancer screening status: The vaccination rates for adolescent daughters were significantly higher among mothers with up-to-date cervical cancer screening than among those without it (60% vs. 28%, $P = 0.03$).</p> <p>(6) Knowledge of HPV as a cause of cervical cancer: The vaccination rates for adolescent daughters were significantly higher among mothers who knew HPV to be a cause of cervical cancer than among those who did not know this (57.69% vs. 20.51%, $P < 0.01$).</p> <p>(7) Knowledge of HPV vaccine doses: The vaccination rates for adolescent daughters were significantly higher among mothers who knew that HPV vaccination had one more dose than among those who did not know this (70.59% vs. 22.92%, $P < 0.01$).</p> <p>(8) Factors examined that did not show an association: Mothers' marital status, employment status, acculturation level, educational attainment, health insurance status, perceived risks of developing cervical cancer, self-</p>
Fowler et al, 2016, ²⁵ USA	A pre-intervention survey conducted at community health fairs	Latinas ($n = 206$). Only 67 of them were caregivers for a daughter	At least one dose: 35.82% (24/67)	

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Table 2 (continued)

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
Lechuga et al., ²⁶ 2020, USA	A mixed method study conducted at mothers' residences	Latinas of Mexican descent, including 65 mother-daughter dyads	At least one dose: 47.69% (31/65)	<p>reported health status, awareness of cervical cancer or HPV, and awareness that most people would have HPV infections during their lifetime.</p> <p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <ol style="list-style-type: none"> (1) Talking birth control: Mothers who had discussed birth control measures with their daughters had significantly higher odds of vaccinating their daughters (OR = 5.69; 95% CI = 1.11, 29.24). (2) Daughters' age: Daughters' age was positively associated with mothers' decision to vaccinate their daughters against HPV (OR = 1.60; 95% CI = 1.06, 2.42). (3) Talking pregnancy prevention: Daughters who had discussed pregnancy prevention measures with their mothers had significantly higher odds of receiving HPV vaccination (OR = 11.44; 95% CI = 1.12, 116.28). (4) Factors examined that did not show an association: Monthly income and frequency of conversations about sexuality. <p>Barriers to and facilitators of HPV vaccine uptake among adolescent girls</p> <ol style="list-style-type: none"> (1) Perceive sexuality as a normal aspect of life: Mothers who vaccinated their daughters tended to believe that sexuality is a normal part of development. In contrast, mothers of unvaccinated daughters had reluctance or taboos about discussing sexuality. Lack of correct information, communication skills, trust, or connectedness with their daughters further precluded the discussion. (2) Relying on the daughters' age to initiate discussions: Mothers of unvaccinated daughters were inclined to rely on daughters' age to initiate discussions about sexuality and vaccination. Unvaccinated daughters also confirmed that their mothers were reluctant to initiate such discussions. (3) Responsibility and respect for autonomy: Mothers who believed that they were responsible to provide reliable information for their daughters and perceived their daughters as independent agents were more motivated to discuss sexuality with and vaccinate their daughters. <p>Facilitators of the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Benefits of HPV vaccination: The perception that vaccination could prevent serious disease was a main reason for parents vaccinating their adolescent daughters. (2) Social influence: Family members, friends who had vaccinated their children, and people with medical backgrounds influenced parents' decisions to vaccinate their adolescent daughters. However, in their cultures, sex-related topics were considered as a taboo, which made discussions of such topics and making a shared decision difficult between parents and daughters. (3) Others: Parents would also vaccinate their daughters if their daughters traveled or went to visit families overseas and if their daughters had past painful disease experiences (eg, premature birth in neonatal care) to avoid suffering from diseases. <p>Barriers to the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Unawareness: Most of the parents had not heard of HPV or HPV vaccination to prevent cervical cancer before participating in this study. Some perceived that cervical cancer was hereditary instead of being caused by HPV. (2) Safety-related concerns about vaccination: Parents had concerns about the side effects of HPV vaccine and believed that the vaccine was new and should be further tested before vaccinating their daughters. Black Caribbean mothers also believed that the vaccination effects varied across ethnic groups and that they might experience additional side effects. (3) Doubt about the vaccination age: Many parents did not understand the rationale for giving HPV vaccination at 12–13 years of age. They thought that the age was too young and worried that having HPV vaccination might encourage their daughters to engage in sexual activities, which would put them at risk of other sexually transmitted diseases. (4) Religious beliefs: Due to religious beliefs of not having sex outside of marriage, some Asian Muslim mothers did not fear HPV infection and believed that it was not necessary to vaccinate their daughters. (5) Other ways of prevention: Some mothers questioned the need for HPV vaccination. They suggested that sex education and abstinence could prevent infection as HPV was sexually transmitted. <p>Facilitators of the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Knowledge of HPV vaccination: Parents who consented to vaccinate their daughters reported having acquired HPV vaccination information from schools and doctors. However, not all parents had acquired adequate information to make a decision, given they still believed that only sexually active girls should be vaccinated. (2) Benefits of HPV vaccination: The benefits of HPV vaccination in terms of protection against HPV infection and cervical cancer were factors supporting parents' decision to accept HPV vaccination for their daughters. A Nigerian couple was also persuaded by the fact that a child with good moral behavior
Marlow et al., ²⁷ 2009, UK	A qualitative study conducted at participants' home or workplace	a. Caribbean and African (n = 10) b. Asian Indian, Asian Pakistani, Asian Bangladeshi, and Asian other (n = 10)	N.A.	<p>Facilitators of the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Benefits of HPV vaccination: The perception that vaccination could prevent serious disease was a main reason for parents vaccinating their adolescent daughters. (2) Social influence: Family members, friends who had vaccinated their children, and people with medical backgrounds influenced parents' decisions to vaccinate their adolescent daughters. However, in their cultures, sex-related topics were considered as a taboo, which made discussions of such topics and making a shared decision difficult between parents and daughters. (3) Others: Parents would also vaccinate their daughters if their daughters traveled or went to visit families overseas and if their daughters had past painful disease experiences (eg, premature birth in neonatal care) to avoid suffering from diseases. <p>Barriers to the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Unawareness: Most of the parents had not heard of HPV or HPV vaccination to prevent cervical cancer before participating in this study. Some perceived that cervical cancer was hereditary instead of being caused by HPV. (2) Safety-related concerns about vaccination: Parents had concerns about the side effects of HPV vaccine and believed that the vaccine was new and should be further tested before vaccinating their daughters. Black Caribbean mothers also believed that the vaccination effects varied across ethnic groups and that they might experience additional side effects. (3) Doubt about the vaccination age: Many parents did not understand the rationale for giving HPV vaccination at 12–13 years of age. They thought that the age was too young and worried that having HPV vaccination might encourage their daughters to engage in sexual activities, which would put them at risk of other sexually transmitted diseases. (4) Religious beliefs: Due to religious beliefs of not having sex outside of marriage, some Asian Muslim mothers did not fear HPV infection and believed that it was not necessary to vaccinate their daughters. (5) Other ways of prevention: Some mothers questioned the need for HPV vaccination. They suggested that sex education and abstinence could prevent infection as HPV was sexually transmitted. <p>Facilitators of the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Knowledge of HPV vaccination: Parents who consented to vaccinate their daughters reported having acquired HPV vaccination information from schools and doctors. However, not all parents had acquired adequate information to make a decision, given they still believed that only sexually active girls should be vaccinated. (2) Benefits of HPV vaccination: The benefits of HPV vaccination in terms of protection against HPV infection and cervical cancer were factors supporting parents' decision to accept HPV vaccination for their daughters. A Nigerian couple was also persuaded by the fact that a child with good moral behavior
Mupandawana et al., ²⁸ 2016, UK	A qualitative study conducted at a university library	African parents (5 mothers and 5 fathers)	N.A.	<p>Facilitators of the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Knowledge of HPV vaccination: Parents who consented to vaccinate their daughters reported having acquired HPV vaccination information from schools and doctors. However, not all parents had acquired adequate information to make a decision, given they still believed that only sexually active girls should be vaccinated. (2) Benefits of HPV vaccination: The benefits of HPV vaccination in terms of protection against HPV infection and cervical cancer were factors supporting parents' decision to accept HPV vaccination for their daughters. A Nigerian couple was also persuaded by the fact that a child with good moral behavior

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Table 2 (continued)

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
Reiter et al, 2014, ³⁵ USA	Secondary data analysis of data from National Immunization Survey 2010–2011	Hispanic adolescent girls aged 13–17 (n = 2786)	At least one dose: 58.83% (1639/2786) Three doses: 36.79% (1025/2786)	<p>remained at risk of being infected by her future husband and needed to be protected against HPV.</p> <p>Barriers to the decision to accept HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) A link between promiscuity and HPV vaccination: All parents expressed concerns that the vaccination might encourage promiscuous behavior among their daughters and put them at risk of other sexually transmitted diseases (eg, human immunodeficiency virus). A Zimbabwean father also believed that HPV vaccination is a protection for sex workers, and another father believed that HPV infection and cervical cancer were punishments deserved for promiscuity. The link led to fathers' refusal of the HPV vaccine for their daughters. (2) Believed the vaccination age was too young: Most parents believed that the age for HPV vaccination was too young. They suggested that only young women who were sexually active and women of older generations who had multiparity and received traditional medicines would benefit from the vaccine. (3) Mistrust of the HPV vaccine: The majority of the parents believed that the HPV vaccine was new, and its side effects, especially long-term effects, remained unknown. For example, the potential risk of future infertility, which might break a marriage and cause social exclusion, was a great concern cited by them. Mistrust had also arisen from conspiracy theories, namely that the vaccine was designed in the West and aimed to make their daughters sterile. (4) Religion: Parents believed that their religious beliefs shaped their children's moral behavior and thus reduced their risk of being infected with HPV. Religious beliefs also precluded communication and shared decision-making between couples, especially when the husbands held a high position in the hierarchy of the church. (5) Power dynamics in decision making regarding HPV vaccination: Men were the final decision-makers in all decisions in African families. When it came to care-taking roles, such as early childhood vaccination, the decision-making responsibility was relegated to mothers. However, this was not true for HPV vaccination as it is linked to sex, in which fathers held the power to make the final decision. (6) Neutralization of risks: By distancing their children from multiparity and traditional medicines to tighten the vagina, prepare the birth passage, or other reasons, parents believed that their daughters' risk of being infected with HPV or developing cervical cancer would be lowered. They also perceived that the good cultural upbringing from African cultures and protection from ancestors would lower these risks. <p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <ol style="list-style-type: none"> (1) Daughters' age: Adolescent girls aged 16 (OR = 1.89; 95% CI = 1.18, 3.00) or 17 (OR = 2.22; 95% CI = 1.41, 3.51) years were more likely to have initiated HPV vaccination than were those aged 13. (2) Had visited a health care provider: Adolescent girls who had visited a health care provider in the past year were more likely to have initiated HPV vaccination than those who had not (OR = 1.67; 95% CI = 1.09, 2.56). (3) Had health insurance: Adolescent girls who had health insurance through their parents' employer or union (eg, Medicaid) were more likely to have initiated HPV vaccination completion (OR = 2.34; 95% CI = 1.37, 3.98). (4) Parents had received recommendation: Adolescent girls whose parents had received HPV recommendation from health care providers were more likely to have initiated HPV vaccination than those who had not (OR = 1.63; 95% CI = 1.18, 2.25). (5) Number of children in the household: Adolescent girls who lived in a household with multiple children, including two to three children (OR = 1.42; 95% CI = 1.02, 1.98) and four or more children (OR = 1.78; 95% CI = 1.10, 2.98), were more likely to have initiated HPV vaccination than those who lived in a single-child household. (6) Region of residence: Adolescent girls who lived in the Midwest (OR = 0.49; 95% CI = 0.31, 0.77) or Southern (OR = 0.54; 95% CI = 0.37, 0.77) regions were less likely to have initiated HPV vaccination than those lived in the West. (7) Factors examined that did not show an association: Race of adolescent girls, whether they lived in the state where they were born, their eligibility to receive vaccines in children's immunization programmes, mothers' characteristics (age, educational level, marital status, language of the interview), and poverty status. <p>Factors influencing HPV vaccination completion among adolescent girls</p> <ol style="list-style-type: none"> (1) Daughters' age: Adolescent girls aged 16 (OR = 2.08; 95% CI = 1.32, 3.29) or 17 (OR = 1.85; 95% CI = 1.11, 3.06) years had a significantly higher rate of HPV vaccine completion (three doses) than younger adolescent girls.

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Table 2 (continued)

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
Savas et al, 2012, ³³ USA	A cross-sectional study embedded in a larger cancer prevention study	Hispanic and Black parents (n = 80)	At least one dose: 28.75% (23/80)	<p>(2) Lived in the same state where they were born: Adolescent girls who lived in the same state where they were born had a significantly higher rate of HPV vaccine completion (OR = 1.50; 95% CI = 1.05, 2.17) than those who lived in a different state from the one in which they were born.</p> <p>(3) Had health insurance: Adolescent girls who had health insurance through their parents' employer or union (OR = 1.84; 95% CI = 1.05, 3.22) or other types of health insurance (OR = 3.00; 95% CI = 1.71, 5.27) had a significantly higher rate of HPV vaccine completion than those who had no insurance.</p> <p>(4) Mothers' age: Adolescent girls whose mothers were aged 35–44 years (OR = 1.77; 95% CI = 1.09, 2.89) and 45 years or above (OR = 1.68; 95% CI = 1.00, 2.82) had a significantly higher rate of HPV vaccine completion than those whose mothers aged less than 35 years.</p> <p>(5) Parents had received recommendations: Adolescent girls whose parents had received HPV vaccine recommendations from health care providers had a significantly higher rate of HPV vaccine completion (OR = 1.60; 95% CI = 1.17, 2.18) than those whose parents had not received such a recommendation.</p> <p>(6) Factors examined that did not show an association: Race of adolescent girls, whether they visited health care providers last year, their eligibility to receive vaccines in children's immunization programmes, mothers' characteristics (educational level, marital status, language of the survey), poverty status, number of children in the household, and region of residence.</p> <p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <p>(1) Ethnicity: Parents who were Hispanic were more likely to vaccinate their adolescent daughters against HPV with at least one dose than those who were Black (OR = 5.56; 95% CI = 1.01, 30.66).</p> <p>(2) Provider recommendation: Parents who had received HPV vaccine recommendations from a doctor or nurse were more likely to vaccinate their adolescent girls against HPV with at least one dose (OR = 84.94; 95% CI = 8.74, 825.43). For Hispanic parents specifically, the OR for this factor was 110 (95% CI = 8.90, 359.17).</p> <p>(3) Provider communication: Black parents (OR = 30.36; 95% CI = 2.80, 328.60) who had discussed the HPV vaccine with doctors were more likely to vaccinate their adolescent girls against HPV with at least one dose than those who had not had such a discussion.</p> <p>(4) Perceived efficacy of HPV vaccine: Parents who perceived higher efficacy of the HPV vaccine in preventing cervical cancer were more likely to vaccinate their adolescent girls against HPV with at least one dose (OR = 106.7; 95% CI = 5.58, 2041.63) than those who perceived lower efficacy.</p> <p>(5) Concerns about HPV vaccine: Black parents who perceived that the HPV vaccine might cause future health issues were less likely to vaccinate their adolescent girls against HPV with at least one dose (OR = 0.50; 95% CI = 0.01, 0.96).</p> <p>(6) Factors examined that did not show an association: Having heard of HPV/the HPV vaccine, perceived susceptibility of their daughters to HPV infection, and having known that the HPV vaccine was more effective when taken before sexual debut.</p> <p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <p>(1) Mothers' uptake of Pap test: Mothers who had received a Pap test in the past 3 years were more likely to vaccinate their adolescent daughters against HPV with at least one dose (P = 0.006) than those who had not.</p> <p>(2) Recommendation from health professionals: Mothers who had heard of the HPV vaccine from doctors, nurses, or other health professionals were more likely to vaccinate their adolescent daughters against HPV with at least one dose (P = 0.006) than those who had not.</p> <p>(3) Factors examined that did not show an association: Mothers' educational level, age at immigration, and English proficiency; whether the daughter had received a routine physical examination in the past year; whether mothers had heard of HPV vaccination from television or commercial programmes; and mothers' knowledge of and beliefs about the HPV vaccine.</p> <p>Reasons for getting HPV vaccination for adolescent girls</p> <p>(1) Health protection: 54% of the mothers had vaccinated their adolescent daughters against HPV for health protection, including prevention of HPV infection and cervical cancer.</p> <p>(2) Recommendation from a physician: 42% of the mothers had vaccinated their adolescent daughters against HPV because of a physician's recommendation.</p> <p>(3) Other: 4% of the mothers had vaccinated their adolescent daughters against HPV because the school recommended it.</p>
Taylor et al, 2014, ²⁹ USA	A cross-sectional survey conducted at the Seattle metropolitan area	Cambodian American mothers (n = 86)	At least one dose: 29.07% (25/86) Three doses: 13.95% (12/86)	<p>(1) Mothers' uptake of Pap test: Mothers who had received a Pap test in the past 3 years were more likely to vaccinate their adolescent daughters against HPV with at least one dose (P = 0.006) than those who had not.</p> <p>(2) Recommendation from health professionals: Mothers who had heard of the HPV vaccine from doctors, nurses, or other health professionals were more likely to vaccinate their adolescent daughters against HPV with at least one dose (P = 0.006) than those who had not.</p> <p>(3) Factors examined that did not show an association: Mothers' educational level, age at immigration, and English proficiency; whether the daughter had received a routine physical examination in the past year; whether mothers had heard of HPV vaccination from television or commercial programmes; and mothers' knowledge of and beliefs about the HPV vaccine.</p> <p>Reasons for getting HPV vaccination for adolescent girls</p> <p>(1) Health protection: 54% of the mothers had vaccinated their adolescent daughters against HPV for health protection, including prevention of HPV infection and cervical cancer.</p> <p>(2) Recommendation from a physician: 42% of the mothers had vaccinated their adolescent daughters against HPV because of a physician's recommendation.</p> <p>(3) Other: 4% of the mothers had vaccinated their adolescent daughters against HPV because the school recommended it.</p>

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Table 2 (continued)

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
				<p>Reasons for not getting HPV vaccination for adolescent girls</p> <ol style="list-style-type: none"> (1) Lack of knowledge: 43% of the mothers had not vaccinated their adolescent daughters against HPV because of lack of knowledge/awareness of HPV vaccine. (2) Had not received physicians' recommendation: 24% of the mothers had not vaccinated their adolescent daughters against HPV because they had not received a doctor's recommendation. (3) Did not have health issues: 18% of the mothers had not vaccinated their adolescent daughters against HPV because their daughters did not have HPV or other health issues. (4) Too young/not sexually active: 8% of the mothers had not vaccinated their adolescent daughters against HPV because their daughters were too young, had no boyfriend, or were not sexually active. (5) Concerns about the vaccine: 4% of the mothers had not vaccinated their adolescent daughters against HPV because they did not trust the safety of the vaccine. (6) Husband disagrees: 2% of the mothers had not vaccinated their adolescent daughters against HPV because their husbands did not agree.
Tsui et al, 2013, ³¹ USA	A secondary data analysis of a cross-sectional survey (the 2005–2009 American Community Survey)	a. Latina (<i>n</i> = 243) b. Chinese (<i>n</i> = 87) c. Korean (<i>n</i> = 60) d. African (<i>n</i> = 38) e. Other race (<i>n</i> = 30)	At least one dose: 28.16% (129/458)	<p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <ol style="list-style-type: none"> (1) Heard of HPV: Mothers who had heard of HPV were more likely to vaccinate their adolescent daughters against HPV with at least one dose than those who had not heard (OR = 10.39; 95% CI = 4.99, 21.6). (2) Adolescent girls' age: Adolescent girls aged 11–18 years were more likely to have initiated HPV vaccination than those aged 9–10 years (OR = 9.56; 95% CI = 3.16, 29.1). (3) Adolescent girls' insurance status: Adolescent girls who had public insurance were more likely to have initiated HPV vaccination than those who were uninsured (OR = 1.91; 95% CI = 1.08, 3.41). (4) Factors examined that did not show an association: Neighborhood characteristics (poverty levels, minority composition, vehicle access). <p>Factors influencing the uptake of at least one dose of HPV vaccine among adolescent girls</p> <ol style="list-style-type: none"> (1) Adolescent girls' age: Adolescent girls aged 9–10 years were less likely to have initiated HPV vaccination than those aged 11–12 years (OR = 0.11; 95% CI = 0.02, 0.31). (2) Adolescent girls' insurance status: Adolescent girls who were uninsured were less likely to have initiated HPV vaccination than those who had public insurance (OR = 0.43; 95% CI = 0.22, 0.86). (3) Factors examined that did not show an association: Straight-line distance to clinics and characteristics of mothers or caregivers (ethnicity, language during the interview, diploma status, born in the USA or abroad, and age).
Tsui et al, 2013, ³² USA	A secondary data analysis of a cross-sectional survey of low-income caregivers of adolescent girls	a. Latina (<i>n</i> = 236) b. Chinese (<i>n</i> = 88) c. Korean (<i>n</i> = 65) d. African (<i>n</i> = 37) e. Other race (<i>n</i> = 31)	At least one dose: 25.82% (118/457)	<p>Facilitators of HPV vaccine among adolescent girls</p> <ol style="list-style-type: none"> (1) Health protection: Participating parents expressed that they were motivated to vaccinate their adolescent daughters to protect their health. (2) Reminders: Participating parents believed that the use of reminder phone calls or messages from clinics would be helpful for the completion of HPV vaccination for their daughters. Among the reminders, text messages were perceived as most efficient, while mail was less attractive as it requires a longer delivery time. (3) Easy access to vaccination services: Measures to improve general health care access (eg, acceptance of Medicaid in a different state from where they are registered and availability of interpreters or Spanish-speaking staff) and HPV vaccination access (eg, school programmes for HPV vaccination, availability of HPV vaccines at clinics, and mobile clinics providing HPV vaccination in their communities) would facilitate HPV vaccination for their daughters. <p>Barriers to HPV vaccine uptake among adolescent girls</p> <ol style="list-style-type: none"> (1) Lack information: Participating parents desired more information about cervical cancer (eg, symptoms and mortality rates), HPV, and HPV vaccination, including the vaccine's relationship with cervical cancer prevention, its contents, benefits, side effects, doses, and vaccination age. Receiving such information written in Spanish via mail and from health care providers in oral or written form would be preferable. Pamphlets and workshops were other suggested ways of delivering information on HPV vaccination. (2) Time conflicts: Parents who were both working would experience time conflicts between working and taking their daughters for vaccination. (3) Structural barriers: Long waiting hours in clinics, insurance (eg, Medicaid) not accepted by doctors, unavailability of HPV vaccines in clinics, and lack of Spanish-speaking staff would preclude them from vaccinating their daughters.
Vamos et al, 2021, ¹⁶ USA	A qualitative study embedded in a large interview study	Hispanic farmworkers (<i>n</i> = 13)	N.A.	<p>Facilitators of HPV vaccine among adolescent girls</p> <ol style="list-style-type: none"> (1) Health protection: Participating parents expressed that they were motivated to vaccinate their adolescent daughters to protect their health. (2) Reminders: Participating parents believed that the use of reminder phone calls or messages from clinics would be helpful for the completion of HPV vaccination for their daughters. Among the reminders, text messages were perceived as most efficient, while mail was less attractive as it requires a longer delivery time. (3) Easy access to vaccination services: Measures to improve general health care access (eg, acceptance of Medicaid in a different state from where they are registered and availability of interpreters or Spanish-speaking staff) and HPV vaccination access (eg, school programmes for HPV vaccination, availability of HPV vaccines at clinics, and mobile clinics providing HPV vaccination in their communities) would facilitate HPV vaccination for their daughters. <p>Barriers to HPV vaccine uptake among adolescent girls</p> <ol style="list-style-type: none"> (1) Lack information: Participating parents desired more information about cervical cancer (eg, symptoms and mortality rates), HPV, and HPV vaccination, including the vaccine's relationship with cervical cancer prevention, its contents, benefits, side effects, doses, and vaccination age. Receiving such information written in Spanish via mail and from health care providers in oral or written form would be preferable. Pamphlets and workshops were other suggested ways of delivering information on HPV vaccination. (2) Time conflicts: Parents who were both working would experience time conflicts between working and taking their daughters for vaccination. (3) Structural barriers: Long waiting hours in clinics, insurance (eg, Medicaid) not accepted by doctors, unavailability of HPV vaccines in clinics, and lack of Spanish-speaking staff would preclude them from vaccinating their daughters.

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Table 2 (continued)

Author, year, and country	Study design and setting	Ethnic population	HPV vaccination rate	Results
				(4) Others: Fear of needles, religious reasons, and belief that vaccination increases the risk of HPV infection were also mentioned but without detailed interpretations.

CI, confidence interval; HPV, human papillomavirus; MENA, Middle Eastern and North African; N.A., not applicable (the HPV vaccination rates were not calculated in qualitative studies); N.S., not specified (the vaccination rates for ethnic minority adolescent girls were not given); OR; odds ratio; UK, The United Kingdom; USA, the United States; SNA, Surinamese, Netherlands Antillean, and Aruban.

Risk perception and trust

Risk perception. The perception that adolescent girls would not be at risk of HPV infection or cervical cancer discouraged ethnic minority parents from vaccinating their adolescent daughters.^{24,28,34} The absence of a family history of cervical cancer and the belief that their daughters would not be promiscuous or have high-risk sex were major reasons for the lower perceived risks.²⁴ Moreover, African parents also believed that the protection from their ancestors, preventing their daughters from having multiparity, and the use of traditional medicines for tightening the vagina or preparing the birth canal would also lower the risks of HPV infection.²⁸

Trust. Lack of trust in the HPV vaccine, including its purpose, safety, side effects, and effectiveness, was a barrier for ethnic minority parents to vaccinate their adolescent daughters.^{24,27–30,33,34} Ethnic minority parents in the UK were reported to mistrust the government, medical system, and vaccine manufacturers. They were also reported to believe in conspiracy theories.²⁸ For example, they perceived that the HPV vaccine was manufactured and distributed for profit,²⁴ or developed with the aim to make their daughters sterile.²⁸ Additionally, ethnic minority parents also expressed concerns over its short-term (eg, pain and allergic reactions) and unknown long-term side effects^{24,27,30} and believed that it did not protect against all types of HPV for a long duration.²⁴

Social influence and communication and media

Social influence. Four studies found that health professionals' recommendation positively influenced HPV vaccination uptake among ethnic minority adolescent girls.^{29,33–35} In addition, subjective norms reflect the attitudes about whether important persons of an individual approval or disapproval of vaccinating the individual's daughter against HPV and the motivation to comply with the opinion.²³ The subjective norm of non-Dutch ethnic minority parents in the Netherlands enhanced the odds of HPV vaccination uptake among their adolescent girls by 3.52 times,²³

and having family members and friends who have their daughters vaccinated positively influenced parental decision making regarding and acceptance of HPV vaccination for their adolescent daughters.^{27,34} By contrast, ethnic minority fathers' disapproval of HPV vaccination negatively affected HPV vaccination uptake among adolescent girls.^{28,29}

Communication and media. Sexuality-related communication (eg, discussions on the appropriate time for sexual debut and birth control measures) between mothers and daughters positively influenced HPV vaccination uptake among ethnic minority adolescent girls.²⁶ In contrast, mothers who were reluctant to discuss sexual issues with daughters perceived that sexuality is a taboo subject, lacked the necessary communication skills, relevant sexuality information, trust, and connectedness with their daughters were less likely to initiate such communication, and subsequently, have their adolescent daughters vaccinated.²⁶

Unexpectedly, the influence of social media, including those involved in disseminating health information on HPV vaccination such as television or commercial programs, did not significantly influence HPV vaccination uptake among ethnic minority adolescent girls.²⁹

Public health and vaccine policies

Four studies found that public health and vaccination policies, including the implementation of school-based HPV vaccination programmes, HPV vaccination promotion strategies (including providing reminder phone calls from clinics, making HPV vaccination services and interpreters available at clinics, and offering mobile clinics), were facilitators of HPV vaccination uptake among ethnic minority adolescent girls.^{16,28–30} In addition, insurance coverage for HPV vaccination would also facilitate parental decision making to vaccinate their adolescent daughters, as evidenced by the findings that the uncertainty about insurance coverage of HPV vaccination³³ and inability of parents to use Medicaid to pay for the cost of HPV vaccination in a different state from where the Medicaid was registered¹³ would serve as barriers to HPV vaccination among ethnic minority adolescent girls.

Table 3
Appraisal of the methodological quality of included quantitative descriptive studies (N = 9).

Study	Clear research questions	Data allow to address research questions	Appropriate sampling strategy	Representative sample	Appropriate measurements	Low risk of non-response bias	Appropriate statistical analyses	Score (Range 1 to 7)	% Score
Alberts et al, 2017 ²³	Yes	Yes	Yes	Yes	Yes	No	Yes	6	85.7%
Bastani et al, 2011 ³⁰	Yes	Yes	No	Yes	Can't tell	Yes	Yes	5	71.4%
Dela Cruz et al, 2020 ³⁴	Yes	Yes	Yes	Yes	Can't tell	No	Yes	5	71.4%
Fowler et al, 2016 ²⁵	Yes	Yes	Can't tell	Yes	Can't tell	Can't tell	No	3	42.9%
Reiter et al, 2014 ³⁵	Yes	Yes	Yes	Yes	Yes	No	Yes	6	85.7%
Savas et al, 2012 ³³	Yes	Yes	No	No	Yes	Can't tell	Yes	4	57.1%
Taylor et al, 2014 ²⁹	Yes	Yes	Can't tell	Yes	Can't tell	Yes	Yes	5	71.4%
Tsui et al, 2013 ³¹	Yes	Yes	Yes	No	Yes	Yes	Yes	6	85.7%
Tsui et al, 2013 ³²	Yes	Yes	Yes	No	Yes	Yes	Yes	6	85.7%

Table 4
Appraisal of the methodological quality of included qualitative and mixed-method studies (N = 5).

Study	Clear research questions	Data allow to address research questions	Qualitative method is appropriate/ Mixed method is justified	Qualitative method is adequate/ Qualitative and quantitative data are integrated	Findings derived from data/mixed data are interpreted	Interpretations are substantiated by data/Addressed inconsistencies in mixed data	Coherence between data collection, analysis and interpretation/ Adhered to the quality criteria	Score (Range 1 to 7)	% Score
Forster et al, 2017 ²⁴	Yes	Yes	Yes	Yes	No	No	Yes	5	71.4%
Lechuga et al, 2020 ²⁶	Yes	Yes	Yes	Yes	Yes	Yes	Yes	7	100%
Marlow et al, 2019 ²⁷	Yes	Yes	Yes	Yes	Yes	Yes	Yes	7	100%
Mupandawana et al, 2016 ²⁸	Yes	Yes	Yes	Yes	No	Yes	Yes	6	85.7%
Vamos et al, 2021 ¹⁶	Yes	Yes	No	Yes	No	No	Yes	4	57.1%

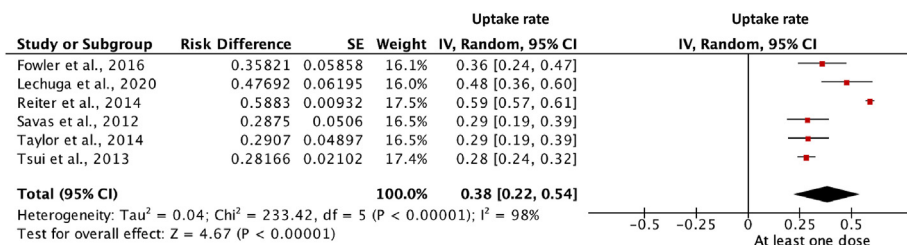


Fig. 2. Forest plot of the pooled uptake rate of at least one dose of HPV vaccination among ethnic minority adolescent female. HPV, human papillomavirus.

Religious and moral convictions

Ethnic minority parents expressed religious and moral convictions regarding abstinence from sex until marriage, which influenced their HPV risk perception and acceptance of HPV vaccine for their adolescent daughters.^{27,28} They believed that their religious upbringing in Christian churches or Muslim background had shaped their daughters' upright moral behavior and reduced their risks of HPV infection.^{27,28} To some extent, ethnic minority parents were reluctant to participate in interventions such

as HPV vaccination that seemed to encourage sexual behavior and potentially trigger promiscuous behavior among their daughters,²⁸ thus putting them at risk of sexually transmitted diseases.^{24,27,34}

Discussion

This systematic review was guided by the conceptual model of vaccine hesitancy to synthesize evidence on factors affecting HPV

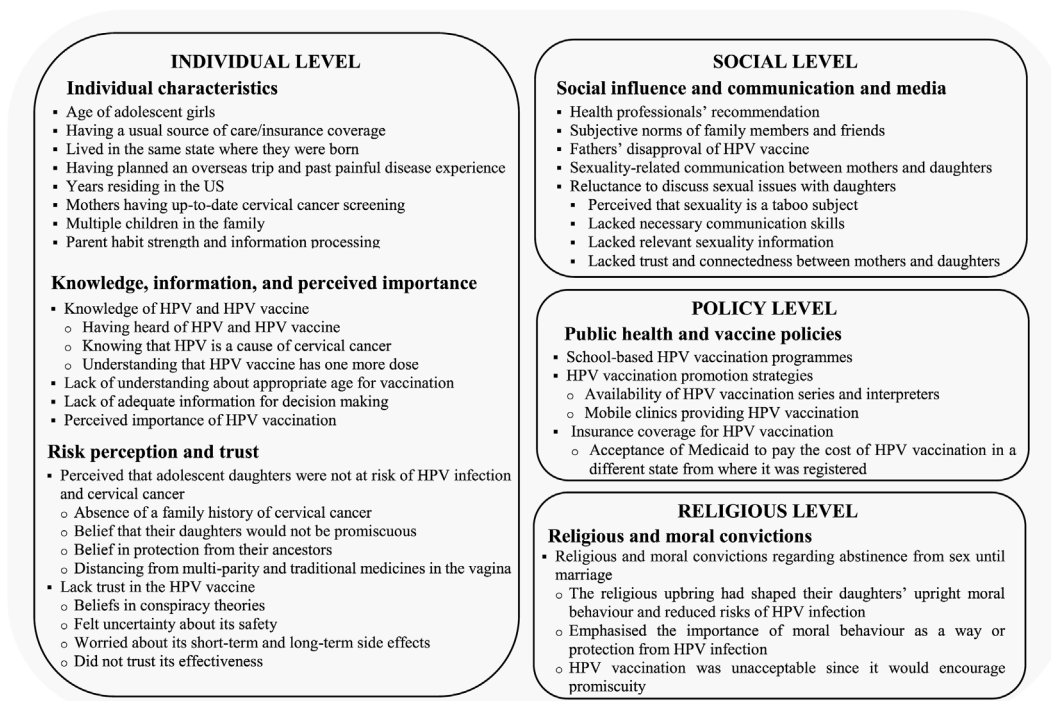


Fig. 3. Multi-level factors influencing HPV vaccination among ethnic minority adolescent girls. HPV, human papillomavirus; US, the United States.

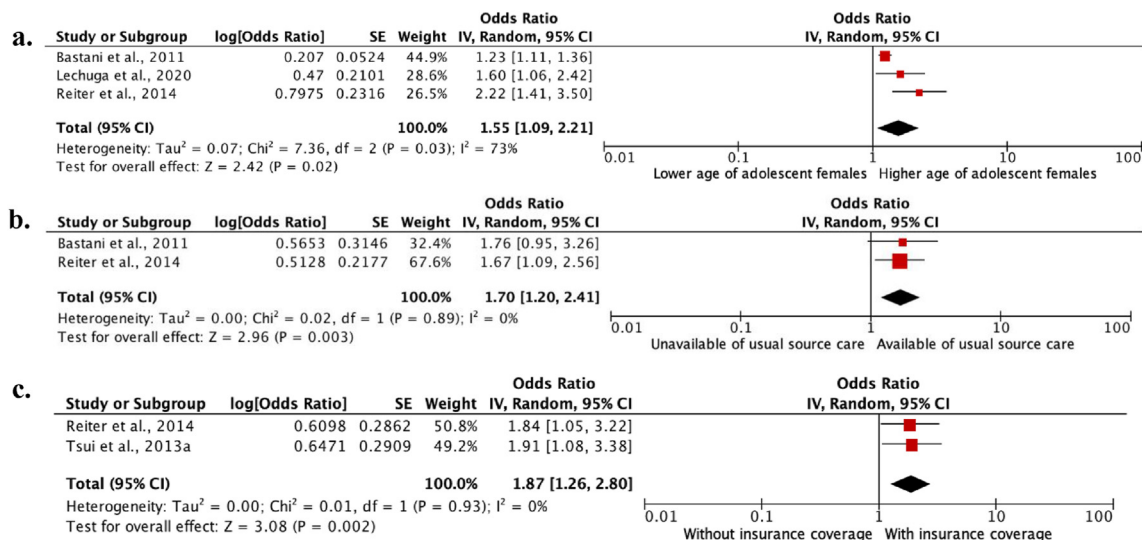


Fig. 4. Forest plot of studies examining the association between the likelihood of adolescent females' initiation and completion of HPV vaccination and their age (a), availability of usual source care (b), and insurance coverage (c). HPV, human papillomavirus.

vaccination among ethnic minority adolescent girls, and we identified multi-level factors associated with HPV vaccination uptake among this population. Findings could potentially inform interventions and vaccination policies to decrease ethnic disparities in HPV vaccine uptake among adolescent girls.

Meta-analysis of this review found that the pooled uptake rate of at least one dose HPV vaccine was only 38% among ethnic minority adolescent girls. Such vaccination uptake rate is substantially below the WHO's target of immunizing 90% of adolescent girls against HPV⁶ and lower than the HPV vaccination initiation rate (56.6%) observed among the general population that comprises Caucasians in the US in 2019.⁹

These findings reinforce the need to further understand the factors influencing HPV vaccination uptake among ethnic minority adolescent girls to inform targeted interventions.

At the individual level, the most prominent factor affecting HPV vaccination uptake among ethnic minority adolescent girls was increased age, which concurs with other reviews.^{14,36} This finding might be explained by the parental tendency to relate HPV vaccination with sexual activity and their hesitance to vaccinate their daughters at younger ages.³⁴ However, ethnic minority adolescents in the US were approximately two-fold more likely to have early sexual initiation, ie, before 15 years of age, than their White counterparts,³⁷ putting them at greater risk

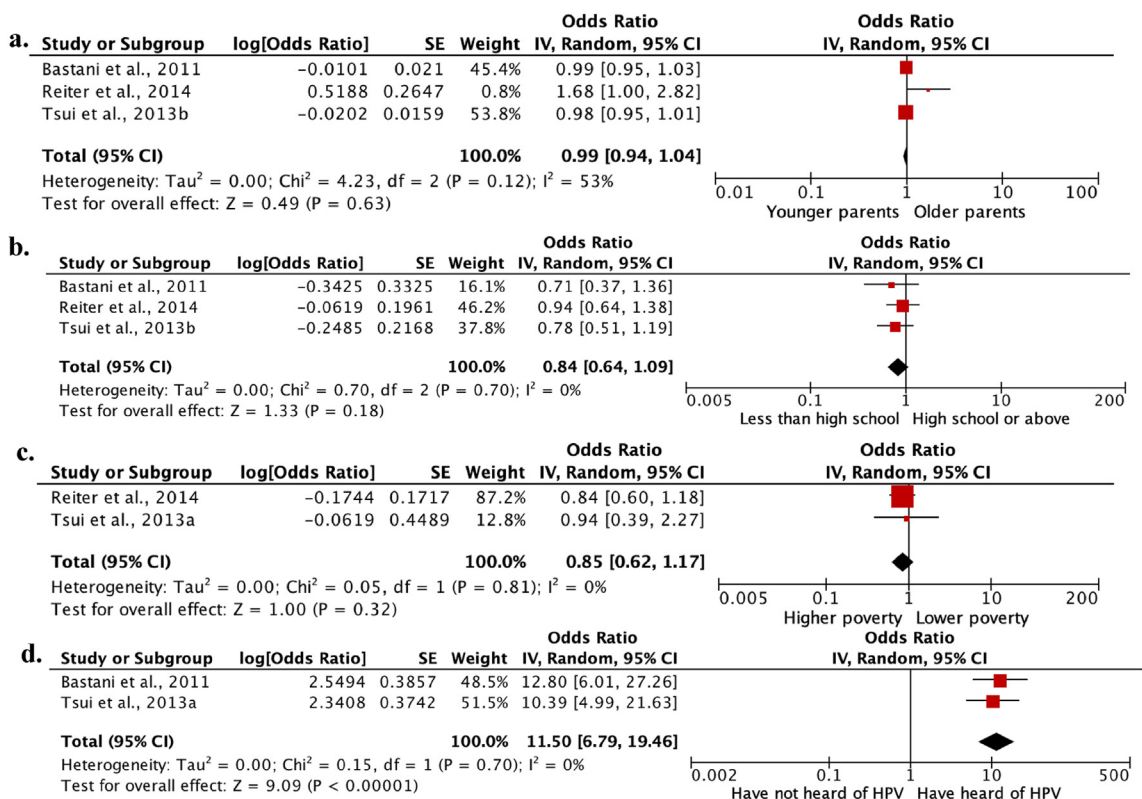


Fig. 5. Forest plot of studies examining the association between the likelihood of adolescent females' initiation and completion of HPV vaccination and parents' age (a), educational attainment (b), poverty level (c), and whether have heard of HPV or not (d). HPV, human papillomavirus.

of HPV infection at a young age. Hence, the importance of vaccinating girls at 9–14 years of age, before their sexual debut, should be highlighted to ethnic minority parents.

Lower perceived importance of HPV vaccination and lower perceived risks of HPV infection were reported to be barriers for ethnic minority parents to have their adolescent girls vaccinated. This might be explained by their traditional medical practices and idiosyncratic beliefs, such as being protected by God and their ancestors, avoidance of using traditional medicines for preparing the birth canal, and abstinence from sex are more effective for preventing HPV infection and cervical cancer than HPV vaccination.^{27,28} Hence, culturally sensitive educational materials with consideration of the relevant cultural values of ethnic minorities should be developed and used for dissemination among ethnic minorities to emphasize the risks of HPV infection and cervical cancer and the importance of vaccination to eliminate ethnic disparities in HPV vaccination.

Mistrust of the HPV vaccine was another prominent individual-level barrier. This finding is consistent with previous systematic reviews that have suggested mistrust as a main obstacle to HPV vaccination among ethnic minorities.^{38,39} Hence, interventions to debunk conspiracy theories, establish trust with ethnic communities, and inform about the benefits and risks of vaccination might facilitate parents' decision to vaccinate their ethnic minority adolescent daughters, thereby increasing HPV vaccination coverage in this population.³⁸

At the social level, the initiation and completion of HPV vaccination among ethnic minority adolescent girls were influenced by health professionals' recommendations, subjective norms, and sexuality- and birth control-related communication between mothers and adolescent daughters. Similarly, in previous reviews, receiving a health professional's recommendation was consistently cited by ethnic minority parents as a strong facilitator of HPV vaccination for their adolescent daughters.^{10,15} However, ethnic minorities were less likely to receive an HPV vaccination recommendation from health care professionals, which significantly decreased their initiation and completion of the vaccination.¹⁰ Continued efforts are needed to explore and address barriers, including vaccine hesitancy, that hinder health professionals from recommending the HPV vaccine and thus reduce missed opportunities for ethnic minority adolescent girls to receive their full vaccine series.⁴⁰

At the policy level, public health and vaccination policies were important to inform ethnic minority parents about the HPV vaccine, improve their awareness, and remind them to undertake HPV vaccination for their adolescent daughters.^{28,29} A meta-analysis of this review found that insurance coverage increased the odds of HPV vaccine uptake among ethnic minority adolescent girls by 1.87 times. Nevertheless, immigration rules, language barriers, and low income might prevent members of ethnic minority groups from enrolling in public or private insurance, and hence, ethnic minority adolescent girls might face important barriers to acquiring health care, including HPV vaccination.^{35,41} Policies should be created to improve the availability of HPV vaccination for uninsured ethnic minority adolescent girls.³⁵

At the religious level, this review found that religion might negatively influence HPV vaccination among ethnic minority adolescent girls. This is consistent with a previous study that reported that religious beliefs and practices, including attending religious services, reduced the odds of receiving any dose of the HPV vaccine among young women, including ethnic minorities.⁴² Religion might play a vital role in influencing ethnic minority parents' HPV risk perception, joint decision making, and acceptance of the HPV vaccine for their adolescent daughters.^{27,28} The parents exhibited HPV risk denial, as they believed that their religious beliefs emphasized abstinence of sex outside marriage and that a religious upbringing shaped their daughters' moral behavior, which would reduce the risk of HPV infection.²⁸ There was also evidence that those who perceived high religious importance and attended church regularly were less likely to have early sexual initiation and unprotected sex.⁴² Hence, ethnic minority parents might perceive that their daughters were not at risk of HPV infection and be less inclined to accept HPV vaccination.^{27,43} Additionally, given the link between HPV vaccination and sex,

discussion of HPV vaccination was considered shameful and a taboo by ethnic minority parents, which hindered joint decision making with their daughters.²⁸ HPV vaccination was thus less approachable, resulting in low HPV vaccine uptake among ethnic minority adolescent girls.²⁸

Limitations

First, this review only covered original articles published in English. Non-English articles, conference abstracts, dissertations, reviews, and study protocols that reported results relevant to this review were excluded. Thus, publication bias might exist.⁴⁴ Second, the search strategy might have excluded studies examining ethnic disparities in the use of HPV vaccination without mentioning that the participants were minorities. Third, owing to lack of quantitative explorations and data missing for OR values and the fact that the authors of these studies were not contacted to obtain further information, meta-analyses were not conducted for potentially influencing factors such as subjective norms, religious, and moral convictions. Last, the included studies primarily employed cross-sectional study designs, causal relationships between the identified factors and HPV vaccine uptake among ethnic minority adolescent girls could not be guaranteed.

Implications for research, practice, and policy

The findings of this review have three major implications. First, development and implementation of health educational interventions that encourage communications within families, including fathers' support and sexuality-related communication between mothers and daughters, are warranted. Ethnic minority parents' lack of knowledge and sexuality-related communication skills, lower perceived risks of HPV infection, and sexuality-related concerns were barriers to having their adolescent daughters vaccinated. Hence, health information emphasizing the HPV infection risks, HPV vaccine benefits, and importance of HPV vaccination before sex debut should be delivered to ethnic minority parents. Based on the findings of this review, the information could be effectively delivered via health professionals and schools, such as school-based health talks for parents, and taking into account the cultural values of ethnic minorities in terms of their traditional medical practices and idiosyncratic beliefs. In addition, skills training in initiating sexuality-related communication between ethnic minority mothers and daughters would relieve discomfort in initiating discussions of sexual debut time and birth control measures and enhance communication and mutual decision making regarding HPV vaccination.²⁶

Second, considering that religious values have affected ethnic minority parents' risk perceptions and acceptance of discussions in HPV vaccine, future HPV vaccination programs may benefit from collaborations with religious organizations.⁴² Church leaders may be invited to address the taboo about discussing HPV vaccination and clarify vaccination benefits among ethnic minorities.²⁸

Third, as HPV vaccination mainly targets girls prior to sexual debut, school-based onsite HPV vaccination can improve access to the HPV vaccine. It has been implemented in the UK and some states of the US.^{28,45} With support from local policymakers, school board members, and parents, it might be further implemented in schools of other regions, where the vaccination program can reach other ethnically diverse adolescent girls.⁴⁵ In addition, the government should establish connection and trust with ethnic minorities to overcome with the negative impact of conspiracy theories, which might improve ethnic minority parents' trust in the HPV vaccine and their decision to have their adolescent girls vaccinated against HPV.

Conclusions

With the guidance of a conceptual model of vaccine hesitancy, the factors affecting HPV vaccination uptake among ethnic minority adolescent girls were synthesized at the individual, social, policy, and

religious levels. The findings highlight multi-level efforts, including implementing culturally sensitive health education programs, sexuality-related communication skills training, collaboration with religious organizations, establishing trust with ethnic minorities, and formulating vaccination policies to increase the HPV vaccination coverage among the population.

CRedit author statement

Dorothy N. S. Chan: Conceptualization; Methodology; Project administration; Supervision; Roles/Writing-original draft; **Caixia Li:** Formal analysis; Roles/Writing-original draft; **Bernard M. H. Law:** Methodology; Writing-review & editing; **K.C. Choi:** Methodology; Writing-review & editing; **Pinky P. K. Lee:** Writing-review & editing; **Winnie K. W. So:** Writing-review & editing. All authors had full access to all the data in the study, and the corresponding author had final responsibility for the decision to submit for publication. The corresponding author attests that all listed authors meet authorship criteria and that no others meeting the criteria have been omitted.

Declaration of competing interest

All authors have none to declare. Dorothy N.S. Chan, K.C. Choi, and Winnie K.W. So are editorial board members of *Asia-Pacific Journal of Oncology Nursing*. The article was subject to the journal's standard procedures, with peer review handled independently of Prof. So and their research groups.

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Data availability statement

Data availability is not applicable to this article as no new data were created or analyzed in this study.

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