### 1 Proteome-Wide Association Studies for Blood Lipids and Comparison with Transcriptome-

#### 2 Wide Association Studies

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#### 10 Abstract

- 11 Blood lipid traits are treatable and heritable risk factors for heart disease, a leading cause of
- 12 mortality worldwide. Although genome-wide association studies (GWAS) have discovered
- 13 hundreds of variants associated with lipids in humans, most of the causal mechanisms of lipids
- 14 remain unknown. To better understand the biological processes underlying lipid metabolism, we
- 15 investigated the associations of plasma protein levels with total cholesterol (TC), triglycerides
- 16 (TG), high-density lipoprotein cholesterol (HDL), and low-density lipoprotein cholesterol (LDL)

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17	in blood. We trained protein prediction models based on samples in the Multi-Ethnic Study of
18	Atherosclerosis (MESA) and applied them to conduct proteome-wide association studies
19	(PWAS) for lipids using the Global Lipids Genetics Consortium (GLGC) data. Of the 749
20	proteins tested, 42 were significantly associated with at least one lipid trait. Furthermore, we
21	performed transcriptome-wide association studies (TWAS) for lipids using 9,714 gene
22	expression prediction models trained on samples from peripheral blood mononuclear cells
23	(PBMCs) in MESA and 49 tissues in the Genotype-Tissue Expression (GTEx) project. We found
24	that although PWAS and TWAS can show different directions of associations in an individual
25	gene, 40 out of 49 tissues showed a positive correlation between PWAS and TWAS signed p-
26	values across all the genes, which suggests a high-level consistency between proteome-lipid
27	associations and transcriptome-lipid associations.

28

#### 29 Introduction

30 Blood lipid levels, including levels of total cholesterol (TC), triglycerides (TG), high-density lipoprotein cholesterol (HDL), and low-density lipoprotein cholesterol (LDL), are heritable risk 31 32 factors (Pilia et al., 2006) for coronary heart disease and stroke (Kannel et al., 1961; Willer & 33 Mohlke, 2012), which are leading causes of death in the U.S. and other nations (Ahmad & 34 Anderson, 2021; Roger et al., 2011). Genome-wide association studies (GWAS) have identified 35 hundreds of loci that are significantly associated with at least one lipid trait in humans (Chen et 36 al., 2013; de Vries et al., 2019; Graham et al., 2021; Hoffmann et al., 2018). Variant alleles 37 associated with higher concentration of LDL are more abundant among subjects with coronary 38 artery disease than those without (Willer et al., 2008). In addition, GWAS on lipids have

39	facilitated the discovery of biological processes involved in lipoprotein metabolism (Burkhardt et
40	al., 2010; Kozlitina et al., 2014; Musunuru et al., 2010).
41	Although GWAS have been successful in identifying loci associated with lipids, they
42	only explain a small proportion of the heritability (Manolio et al., 2009), estimated to be 35% to
43	60% for TG, HDL, and LDL (Kathiresan et al., 2007). Moreover, most of these variants are
44	located in non-coding regions with unclear functional roles (Willer et al., 2013). Because of
45	population stratification and linkage disequilibrium, it is difficult to pinpoint the exact causal
46	variants (Visscher et al., 2012). In addition, the large number of candidate variants severely
47	limits the statistical power of GWAS (Brandes et al., 2020; Wang et al., 2016).
48	To boost the statistical power of GWAS and provide biologically meaningful
49	interpretations, it is important to analyze downstream "omic" molecules, which include
50	epigenetic, transcriptomic, and proteomic measurements, and then test their associations with
51	phenotypes of interest. Recent multi-omic studies have elucidated the molecular mechanism of
52	complex diseases (Arneson et al., 2017; Hasin et al., 2017; Leon-Mimila et al., 2019; Ramazzotti
53	et al., 2018; Xiao et al., 2018). When downstream omic measurements are not available, which is
54	true for many of the trait- and disease-based GWAS, the genetically expected omic values can be

imputed using prediction models built upon omic and genetic data from a separate study

56 (Gamazon et al., 2015; Gusev et al., 2016; Hu et al., 2019). An association test is then conducted

57 on each gene between the GWAS trait and the imputed omic level. For example, based on

58 imputed gene expression measurements, transcriptome-wide association studies (TWAS) (Cao et

al., 2021; Wainberg et al., 2019; Zhu & Zhou, 2020) have been performed for various diseases

60 and clinical characteristics, such as schizophrenia (Gusev et al., 2018), breast cancer

61 (Bhattacharya et al., 2020), and structural neuroimaging traits (Zhao et al., 2021).

62	In addition to transcriptomics, proteomics provide further information for understanding
63	complex diseases, since protein levels are downstream products of gene expression and can be
64	more directly related to biological processes (A. P. Wingo et al., 2021). Compared to TWAS,
65	fewer proteome-wide association studies (PWAS), imputation-based or not, have been
66	performed. Existing PWAS have investigated the associations between proteins and colorectal
67	cancer (Brandes et al., 2020), stroke (BS. Wu et al., 2022), Alzheimer's disease (A. P. Wingo et
68	al., 2021), depression (T. S. Wingo et al., 2021), post-traumatic stress disorder (T. S. Wingo et
69	al., 2022), and other psychiatric disorders (J. Liu et al., 2021). Regarding blood lipids, although
70	TWAS have identified hundreds of genes associated with them (Feng et al., 2021; Veturi et al.,
71	2021; Yang et al., 2020), to the best of our knowledge, only one PWAS has been conducted for
72	blood lipid traits (Schubert et al., 2022).
73	In this work, we investigated the association of blood protein abundance with blood lipid
74	levels to identify proteins significantly associated with lipid variability. To conduct imputation-
75	based PWAS, we trained genotype-based protein prediction models for protein levels measured
76	from whole blood samples from the Multi-Ethnic Study of Atherosclerosis (MESA) (Bild et al.,
77	2002; Burke et al., 2016). The prediction models were then applied to the GWAS data of the

78 Global Lipids Genetics Consortium (GLGC) (Willer et al., 2013) to identify proteins that are

respective significantly associated with at least one of TC, TG, HDL, and LDL. Moreover, to study the

80 relationship between PWAS and TWAS for lipids, we conducted imputation-based TWAS for

81 blood lipid traits using gene expression prediction models trained on samples from MESA

82 peripheral blood mononuclear cells (PBMCs) and samples from 49 Genotype-Tissue Expression

83 (GTEx) project tissues (Lonsdale et al., 2013). When comparing the TWAS and PWAS

84 directions of association with lipid across all the genes on each of the 49 tissues, for most tissues,

85	we found a positive correlation between the predicted PWAS and TWAS effects. However, for				
86	individual genes, we often observed opposite predicted PWAS and TWAS directions of effects.				
87					
88	Methods				
89	Ethics statement				
90	This work was approved by the Health Sciences and Behavioral Sciences Institutional Review				
91	Board of the University of Michigan (IRB ID: HUM00152975). All data in this work were				
92	collected previously and analyzed anonymously.				
93					
94	Subjects				
95	The Multi-Ethnic Study of Atherosclerosis (MESA), a part of the Trans-Omics for Precision				
96	Medicine program (TOPMed) (Kowalski et al., 2019; Taliun et al., 2021), investigates				
97	characteristics of subclinical cardiovascular diseases, i.e. those that are detected non-invasively				
98	before the onset of clinical signs and symptoms. The study aims to identify risk factors that can				
99	predict the progression of subclinical cardiovascular disease into clinically overt cardiovascular				
100	disease. The diverse, population-based sample includes 6,814 male and female subjects who are				
101	asymptomatic and aged between 45 and 84. The recruited participants consist of 38 percent				
102	White, 28 percent Black, 22 percent Hispanic, and 12 percent Asian (predominantly Chinese)				
103	individuals. In addition to genomic, transcriptomic, proteomic, and lipid data, the study also				
104	collected physiological, disease, demographic, lifestyle, and psychological factors (Bild et al.,				
105	2002; Burke et al., 2016).				
106					

#### Preprocessing of MESA genotypes, proteomics, and transcriptomics

108 For the genotypes, we used the sequencing data from TOPMed (Kowalski et al., 2019; Taliun et 109 al., 2021). We removed variants with minor allele frequency (MAF) of 0.05 or less among the 110 TOPMed subjects, leaving 12,744,944 variants. Among the subjects who had genotypes, lipid 111 levels, and demographic information, 1,438 of them were included in MESA. Samples with 112 degrees of relatedness up to 2, as determined by KING (Manichaikul et al., 2010), were 113 removed, which resulted in 1,403 subjects. 114 A total of 1,281 proteins were measured from 984 subjects. Protein levels were measured 115 using a SOMAscan HTS Assay 1.3K for plasma proteins. The SOMAscan Assay is an aptamer-116 based multiplex protein assay. It measures protein levels by the number of protein-specific 117 aptamers that successfully bind to their target protein, though some proteins may be targeted by 118 multiple aptamers (Gold et al., 2010; Raffield et al., 2020; Schubert et al., 2022). In our analysis, 119 targets that corresponded to multiple proteins were removed, which resulted in 1,212 proteins. 120 As part of the TOPMed MESA Multi-Omics project, the 984 participants were selected for 121 proteomic measurement based on the following criteria. First, participant samples were restricted 122 to those already included in the TOPMed Whole Genome Sequencing effort (Taliun et al., 2021). 123 Second, the race and ethnicity reflected that of participants in the parent MESA cohort. Third, 124 participants were chosen to maximize the amount of overlapping omic data. Fourth, a substantial 125 proportion of participants had biospecimens from MESA Exams 1 and 5. 126 Among these participants, 935 individuals with protein levels had blood lipid

127 measurements, genotypes, and covariate information. After inversely normalizing the protein

128 levels, we computed the top 10 protein principal component (PC) scores and top 10 surrogate

values (Lee et al., 2017) to detect outliers and adjust for unobserved factors that might adversely

130 affect the analysis. Samples with p-values less than 0.001 for the chi-squared statistics of either

131 the PC scores or the surrogate values were removed, leaving 918 samples (See Table S1 for 132 sample characteristics). The inversely normalized protein levels were then adjusted for age, sex, 133 self-reported race and ethnicity, usage of lipid-lowering medications, top 4 genetic PCs, and top 134 10 surrogate values. The residuals of the protein levels were used for the subsequent analyses. 135 RNA-seq was previously performed on MESA peripheral blood mononuclear cells (PBMCs) (Brown et al., 2019; Y. Liu et al., 2013). We used the reads per kilobase of transcript 136 137 per million reads mapped (RPKM) of each gene in our analysis. After applying the same 138 preprocessing pipeline as for the proteomics (i.e. sample matching, inverse normalization, outlier 139 removal, and adjustment for the same set of covariates), we had 1,021 samples for 22,791 genes, 140 which covered 1,167 out of the 1,212 genes in the proteomic data. 141 142 Protein and gene expression prediction models based on MESA 143 We performed imputation-based PWAS for lipids by using SPrediXcan (Barbeira et al., 2018) to 144 achieve higher statistical power. SPrediXcan builds an elastic net (Zou & Hastie, 2005) 145 prediction model of the omic measurements of each gene using its cis-SNPs as predictors. These 146 prediction models are then combined with external GWAS summary statistics to predict the 147 associations between the omic levels and the phenotypes of interest. Intuitively, this approach can be understood as an association study between observed phenotypes and predicted omic 148

149 levels. Figure 1(a) illustrates the workflow of SPrediXcan. In our analysis, we trained the elastic

150 nets on the MESA data to predict the preprocessed protein levels from the cis-SNPs within a

151 window extending one mega-base (MB) upstream and 1 MB downstream of the protein's gene

body (from the transcription starting site (TSS) to the transcription ending site (TES)). During

153 model training, we restricted candidate predictive SNPs to those that are included in the GWAS.

154	The optimal elastic net penalty weights were selected by cross-validation as recommended for
155	SPrediXcan (Barbeira et al., 2018). We used the same procedure to build the predictive models
156	for the transcriptomic data. After model training on the MESA data, we obtained non-trivial (i.e.
157	at least one cis-SNP has a non-zero weight) prediction models for 749 out of 1212 proteins and
158	886 out of 1167 gene expressions, with an intersection of 562 genes that have both a non-trivial
159	protein prediction model and a non-trivial gene expression prediction model.

160

#### 161 Gene expression prediction models based on the Genotype-Tissue Expression project

The Genotype-Tissue Expression (GTEx) project (Lonsdale et al., 2013) investigated the influence of regions in the human genome on gene expression and regulation in different tissues. Genotypes and gene expression levels were collected in 49 tissues from 900 post-mortem donors, and the sample size for each tissue ranged from 73 to 706. In our analysis, we downloaded gene expression prediction models pre-trained using the GTEx data by the authors of SPrediXcan, all of which had a predictive p-value less than 0.05. We applied the models to the GWAS summary statistics via the SPrediXcan framework to obtain tissue-specific TWAS results.

169

### 170 Imputation-based PWAS and TWAS using the Global Lipids Genetics Consortium

171 After training the elastic nets on the MESA data, we applied the prediction models to the GWAS

summary statistics from the Global Lipids Genetics Consortium (GLGC) (Willer et al., 2013).

173 GLGC examined the associations between the genotypes and the lipid levels of 188,577

174 individuals of European ancestry. GWAS effect sizes and their standard errors were obtained for

175 more than 2 million SNPs. For each blood lipid trait, we applied the protein prediction models

176 trained on the MESA data and the tissue-specific gene expression prediction models trained on

- 177 both MESA and GTEx data to the GLGC summary statistics and computed the association
- 178 between the lipid and the gene's protein and gene expression levels.
- 179
- 180 **Results**
- 181 *Overview of PWAS results*
- 182 Since our PWAS is imputation-based, we first assessed the prediction power of the cis-SNPs for
- 183 the protein levels. Figure 1(b) shows the prediction p-values for the 749 proteins that have at
- 184 least one predictive cis-SNP with a non-zero weight. The cumulative distribution function (CDF)
- of the predictive  $r^2$  is shown in Figure S1. With the false discovery rate (FDR) controlled at 0.05
- 186 (Ferreira & Zwinderman, 2006), 469 (63%) of the 749 proteins were significantly predictable
- 187 (Figure 1 (b), Figure S1), and the predictive  $r^2$  of these proteins ranged from 0.01 to 0.80
- 188 (Figure S1). This result indicates the significance of the protein prediction models and the
- 189 reliability of the imputation-based PWAS results.
- 190 We next used the protein prediction models to perform PWAS for TC, TG, HDL, LDL.
- 191 The quantile-quantile plot of the PWAS p-values for each lipid is shown in Figure 1(c). Overall,
- 192 we observed that 23, 17, 17, and 16 proteins were significantly associated (FDR  $\leq 0.05$ ) with TC,
- 193 TG, HDL, and LDL, respectively, and 42 proteins were significantly associated with at least one
- 194 lipid (Table 1, Figure 1(d)). Among these proteins, apolipoprotein E (APOE), haptoglobin (HP),
- and interleukin 1 receptor antagonist (IL1RN) have been identified for their associations with
- 196 lipids in previous studies (Schubert et al., 2022).
- 197

#### 198 Comparison of MESA-trained PWAS and MESA-trained TWAS

199 To compare lipid PWAS with lipid TWAS from the same study samples, we also conducted 200 TWAS using GLGC summary data with the predictive models trained on the MESA PBMC gene 201 expression data. For each lipid trait, we compared the signed log p-value of the genes in PWAS 202 and TWAS and computed the Spearman correlation coefficient (Myers & Sirois, 2006) (Figure 203 2), where the sign reflects the direction of association. The PWAS and TWAS signed log p-204 values were modestly positively correlated, where the correlation coefficient ranged from 0.083 205 to 0.144 and the correlation p-value were all below 0.05. For TC/TG/HDL/LDL, among the 206 23/17/17/16 genes whose proteins are associated with the lipid (Figure 1(d), Table 1), 10/2/4/5207 genes have both protein and gene expression associated with the lipid. Out of these 10/2/4/5208 genes,  $\frac{6}{2}$ ,  $\frac{6}{2}$ ,  $\frac{2}{2}$ ,  $\frac{2}{3}$  genes' protein-lipid association direction and gene expression-lipid association 209 direction are concordant. In particular, APOE was significantly and positively associated with 210 LDL in PWAS but significantly and negatively associated with LDL in TWAS; leukocyte 211 immunoglobulin-like receptor B2 (LILRB2) and Fc gamma receptor IIb (FCGR2B) were 212 significantly negatively associated with two lipids in PWAS and positively associated with the 213 same lipids in TWAS.

214 To better understand the opposing PWAS and TWAS effects in some of the genes, we 215 used APOE and LDL as an example and compared the LDL GWAS summary statistics with the 216 cis-SNPs' weights in the protein and gene expression prediction models. Figure 3 (top panel) 217 shows the signed log p-values of the association between LDL and the cis-SNPs of APOE in 218 GLGC. Effect alleles were chosen so that all the GWAS effect sizes for LDL were positive. 219 Among SNPs with very significant GWAS p-values, effect allele C in SNP rs7412 corresponds 220 to the Apos2 allele of APOE (H. Wu et al., 2020; Zhen et al., 2017). This SNP is related to the 221 stability of the APOE isoforms (Clément-Collin et al., 2006) and is a risk factor for coronary

222 heart disease (Tejedor et al., 2014). Another SNP with a very strong GWAS effect is rs4420638, 223 whose effect allele G may elevate TC, TG, and HDL (Huang et al., 2015). As indicated by the 224 colors, the sets of predictive cis-SNPs for protein and gene expression have little overlap with 225 each other, with only one SNP (rs1114832) having a nonzero weight in both predictive models. 226 Figure 3 (middle panel) shows the weights of the cis-SNPs in the prediction model of 227 APOE protein. The effects of most cis-SNPs on APOE protein had the same direction as their 228 effects on LDL, with only four exceptions below the y = 0 line. In particular, the effects of 229 rs7412 for LDL and APOE protein were both strong and of the same sign, dominating all the 230 other cis-SNPs. Thus, the resulting association between APOE protein and LDL was positive, as 231 indicated by the positive weighted average of the predictive weights (dashed line). On the other 232 hand, compared to the PWAS results, the directions of the effects of the predictive cis-SNPs on APOE gene expression were approximately equally split between positive and negative, as 233 234 shown in Figure 3 (bottom panel). Nevertheless, the negative weights outweighed the positive 235 weights, with the greatest contribution from rs4420638 and rs112776896, which has a strong 236 positive association with LDL, but strong negative association with APOE gene expression. Thus 237 the resulting association between LDL and APOE gene expression was negative, as indicated by 238 the negative weighted average of the gene expression predictive weights (dashed line). Overall, 239 due to the small proportion of overlapping nonzero predictive weights and their different 240 directions of effects (Figure S2), APOE protein and gene expression have opposite directions of 241 association with LDL. In addition, similar patterns were observed for LDL with other genes, 242 such as FCGR2B, LILRB2, major histocompatibility complex class I polypeptide-related 243 sequence B (MICB) (Figures S3-S8), as well as for the other lipids (Figures S9-S16, S18-S25, 244 S27-S34).

245

#### 246 Comparison of MESA-trained PWAS and GTEx-trained TWAS

247 The TWAS results obtained from MESA only used gene expression measurements in PBMCs. 248 Since the gene expression levels in some tissues, such as liver, may be more relevant to lipid 249 levels compared to those in other tissues, we extended our TWAS analysis using gene expression 250 data from 49 GTEx tissues. Results of MESA-trained PWAS, MESA-trained TWAS, and GTEx-251 trained TWAS are compared in Figures 4(a), S17 (a), S26 (a), S35 (a). Overall, for all lipids, the 252 significance and direction of association for PWAS and TWAS are heterogeneous across 253 individual genes. For some genes, the predicted protein and gene expression levels had very 254 consistent directions of association with LDL. For example, for major histocompatibility 255 complex class I polypeptide-related sequence A (MICA), LDL was positively associated with 256 both protein and gene expression in MESA and with gene expression in 43 out of 49 tissues in 257 GTEx. Other examples with similar patterns were observed for MICA with TC and HDL, copine 258 1 (CPNE1) with TC, and cathepsin B (CTSB) with TG. On the other hand, for some other genes, 259 the protein and gene expression had mixed directions of association. For instance, LDL was 260 positively associated with HP protein levels, but had approximately equal numbers of positive 261 and negative associations with gene expression levels across tissues. Similar inconsistent patterns 262 were observed for HP with TC, APOE with TC and LDL, and apolipoprotein B (APOB) with 263 TC, TG, and HDL.

We next evaluated the correlation patterns of PWAS and TWAS effects when aggregated across all the genes and how this correlation varied across tissues. Figure 4(b) shows the Spearman correlations for each tissue between the signed log p-values for MESA-trained PWAS and GTEx-trained TWAS for LDL. Out of the 49 tissues in GTEx, the PWAS-TWAS correlation

268	was positive in 47 of them (binomial test p-value: $2.2 \times 10^{-12}$ ). For TC, TG, and HDL, the					
269	PWAS-TWAS correlations were positive in 41, 43, 40 tissues, respectively (Figures S17(b),					
270	S26(b), and 35(b)). These findings indicate that although the relation between the proteins' and					
271	the tissue-specific gene expressions' effects on lipids can be mixed on a single gene, the					
272	aggregated correlations between TWAS and PWAS results for lipids across all genes were					
273	mostly positive, even if the gene expression predictive models and the protein predictive models					
274	were trained using different datasets (i.e. MESA and GTEx).					
275						
276	Discussion					
277	In this work, we conducted PWAS for blood lipids and identified 42 proteins significantly					
278	associated with at least one of TC, TG, HDL, and LDL. Several of these proteins, such as					
279	tyrosine kinase 2 (TYK2) (Grunert et al., 2011; Qi et al., 2019), MICA and MICB (Bilotta et al.					
280	2019; Yamamoto et al. 2001), IL1RN (Schubert et al., 2022), HP (Braeckman et al., 1999;					
281	Schubert et al., 2022), APOE and APOB (Abd El-Aziz & Mohamed, 2016; Schubert et al., 2022;					
282	The Emerging Risk Factors Collaboration*, 2009; Weisgraber, 1994), have been previously					
283	identified for their association with blood lipids and related diseases. In particular, we found					
284	APOE and APOB to be significantly associated with all four lipid traits. Other proteins, such as					
285	lymphotoxin alpha (LTA), C-C motif chemokine ligand 17 (CCCL17), and LILRB2, are novel					
286	proteins that have not been previously identified for their associations with blood lipids.					
287	Moreover, we conducted TWAS for blood lipids in different tissues and compared the					
288	results with the PWAS results. We found that PWAS and TWAS effects for lipids were					
289	heterogeneous across tissues and genes, and demonstrated that one cause of this discrepancy is					
290	the limited proportion of overlapping SNPs with nonzero predictive weights and their different					

directions of effect. Nevertheless, when we computed the correlation between the PWAS and
TWAS signed log p-values for all the genes in every tissue, the correlation coefficients across
various tissues were almost all positive. These results demonstrate that for a single gene, its gene
expression's association with lipids may differ from its protein's association with lipids, but when
the results for all the genes are aggregated, the lipid TWAS and lipid PWAS results are more
consistent.

297 One limitation of our analyses is that not all confounders of omic or lipid levels might 298 have been accounted for. Blood lipids in GWAS can come from a variety of sources, and there 299 could be factors that are correlated with omic levels but not included in the study. Similarly, for 300 training the omic prediction models, although we computed the surrogate values to adjust for 301 unobserved factors that are relevant to the analysis, there could still be factors that are not 302 reflected by the surrogate values and other covariates in the model, such as those related to the 303 collection, processing, and storage of blood or plasma as well as machine artifacts. Furthermore, 304 the set of covariates included in the GWAS might not be the same as those that are adjusted for 305 in the omic prediction models. These potential issues with the covariates and unobserved factors 306 may cause suboptimal accuracy or efficiency in the imputation-based PWAS and TWAS results. 307 A limitation of our tissue-specific GTEx-based TWAS for lipids is the high number of 308 missing gene-tissue pairs, due to their absence in the GTEx data. Imputation methods can be 309 applied to these gene-tissue pairs, so that the missing signed p-values of the tissue-specific gene 310 expression-lipid associations could be imputed, which could provide more insight into the 311 connection between the lipid PWAS and lipid TWAS.

Another limitation of our analyses is that for training the omic prediction models,samples from all ancestry groups were used in order to gain power, but in GLGC, most samples

314	are European. This discrepancy in study populations could cause inaccuracy in the analysis
315	(Abdellaoui et al., 2019; Price et al., 2010; Zhang et al., 2020). A multi-ethnic omic dataset with
316	a larger sampler size than MESA will facilitate the training of ancestry-specific, high-power
317	prediction models, and lipid GWAS with more diverse samples will make imputation-based
318	lipid PWAS and lipid TWAS findings more applicable to individuals from non-European
319	populations (Bhattacharya et al., 2020; Keys et al., 2020).
320	
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# Tables and Figures

Table 1: PWAS results for proteins that are significantly (FDR $\leq 0.05$ ) associated with at least one blood
lipid trait. Next to the PWAS (P) summary statistics of every protein, the TWAS (T) summary statistics of
the same gene are also displayed. Inside each cell is the $\log_{10}$ p-value, followed by the direction of association
in parentheses.

	TC		TG		HE	HDL		LDL	
Gene	Р	Т	Р	Т	Р	Т	Р	Т	
APOE	406(+)	16(-)	14(-)		37(-)	4(+)	850(+)	19(-)	
TYK2	43(-)						53(-)		
HP	45(-)	3(-)	4(-)				47(-)	3(-)	
LTA			13(-)						
MICB	12(+)	3(-)	9(+)				5(+)		
CCL17					10(+)	9(+)			
LILRB2	4(-)	4(+)			10(-)	8(+)			
RBM39	8(-)						5(-)		
PCSK7	4(-)	3(-)	8(-)	4(-)					
FN1	7(+)						8(+)		
RSP03			6(+)		8(-)				
PDPK1			7(-)		4(+)				
MICA	6(-)	6(-)			4(-)	3(-)	4(-)	4(-)	
IL1RN	6(+)						3(+)		
MMP9			5(+)		4(-)				
FCGR2A	5(-)	6(-)					5(-)	6(-)	
SERPINA1	4(-)	•					5(-)		
ICAM5	5(-)						4(-)		
EPHB6	•				4(-)		•		
CTSB			4(+)	6(+)	•				
HAVCR2	4(-)		•	•			3(-)		
MET	•		4(+)				•		
FCGR2B	3(-)	5(+)	•				4(-)	4(+)	
ICAM3	4(+)	•					•		
CPNE1	4(+)	6(+)							
COLEC11	4(+)	•							
AIF1	•				4(-)				
HSPA1A			4(-)						
TYRO3			3(+)		3(-)				
MMP1	3(-)	3(-)					3(-)		
SHBG	•	•			3(+)		•		
VWF							3(+)		
AGRP					3(+)		•		
TKT	•				3(+)		•		
CSF3	4(-)	•		•	8(-)	•			
NAPA	- 、 /				3(-)	-	•	•	
APOB	16(-)		10(-)		9(+)	-	20(-)		
F2			5(-)		13(+)			•	
HGFAC	6(-)		6(-)		、 /		•		
MDK	5(+)		- 、 /			•	•	•	
BCAM		•	3(-)	•	•	•	•	•	
CEC1	•	•	4(-)	•	•	•	•	•	

Figure 1: Imputation-based proteome-wide association studies (PWAS) for lipids. Panels (b) and (c): the solid line is the identity line, while the dashed line represents the false discovery rate (FDR) threshold of 0.05.





#### P-values of PWAS for Lipids Dashed line corresponds to FDR of 0.05 Observed -log10 p-value 850 **★** APOE 650 Lipid APOE 450 TC İĞ 250 HDL TYK2 50 + LDL 40 ΗP 30 APOE 20 10 2 3 0 1 Expected -log10 p-value (c)

## Number of Significant Proteins for Lipids



(d)

Figure 2: Comparison of PWAS and TWAS results for lipids. The subplot inside each panel shows zoomed results.



Figure 3: GWAS for LDL and prediction models for APOE's protein and gene expression levels. The reference and alternative alleles for GWAS and the predictive models have been aligned and reordered so that all the SNPs have positive GWAS effects. In the center and bottom panels, the size of the circles indicates the SNP's GWAS z-score. The z-scores are used to compute the weighted average of the model weights (dashed line), which has the same sign as and is proportional to the predicted effect of protein or gene expression on the GWAS outcome.



Chromosome 19 (Mb)

Figure 4: Comparison of MESA PBMC PWAS, MESA PBMC TWAS, and GTEx tissue-specific TWAS results for LDL. Panel (a): signed log p-value and significance of association. Missing values are shown in white. Significance of association is determined by the false discovery rate (FDR) threshold of 0.05. Only genes with at least one significant association with LDL are displayed. Panel (b): correlation between signed log p-values of MESA PBMC PWAS and signed log p-values of each GTEx tissue-specific TWAS (i.e. the correlation between the bottom row and every other row of the grid in Panel (a)).





GTEX TWAS tissue

(b)