



HHS Public Access

Author manuscript

Appl Microbiol Biotechnol. Author manuscript; available in PMC 2023 September 10.

Published in final edited form as:

Appl Microbiol Biotechnol. 2022 December ; 106(24): 7993–8006. doi:10.1007/s00253-022-12276-4.

DNA extraction leads to bias in bacterial quantification by qPCR

Angela Lima^{1,2}, Angela França^{1,2}, Christina A. Muzny³, Christopher M. Taylor⁴, Nuno Cerca^{1,2}

¹ Laboratory of Research in Biofilms Rosário Oliveira (LIBRO), Centre of Biological Engineering (CEB), University of Minho, Braga, Portugal

² LABBELS –Associate Laboratory, Braga, Guimarães, Portugal

³ Division of Infectious Diseases, University of Alabama at Birmingham, Birmingham, USA

⁴ Department of Microbiology, Immunology, and Parasitology & Microbial Genomics Resource Group, Louisiana State University Health Sciences Center, New Orleans, USA

Abstract

Quantitative PCR (qPCR) has become a widely used technique for bacterial quantification. The affordability, ease of experimental design, reproducibility, and robustness of qPCR experiments contribute to its success. The establishment of guidelines for minimum information for publication of qPCR experiments, now more than 10 years ago, aimed to mitigate the publication of contradictory data. Unfortunately, there are still a significant number of recent research articles that do not consider the main pitfalls of qPCR for quantification of biological samples, which undoubtedly leads to biased experimental conclusions. qPCR experiments have two main issues that need to be properly tackled: those related to the extraction and purification of genomic DNA and those related to the thermal amplification process. This mini-review provides an updated literature survey that critically analyzes the following key aspects of bacterial quantification by qPCR: (i) the normalization of qPCR results by using exogenous controls, (ii) the construction of adequate calibration curves, and (iii) the determination of qPCR reaction efficiency. It is primarily focused on original papers published last year, where qPCR was applied to quantify bacterial species in different types of biological samples, including multi-species biofilms, human fluids, and water and soil samples.

Keywords

Bacterial load quantification; gDNA extraction efficiency; qPCR; gDNA yield; Exogenous control; Calibration curve; qPCR reaction efficiency

[✉] Nuno Cerca nunocerca@ceb.uminho.pt.

Author contribution NC, CAM, and CMT designed the mini-review structure. AL performed the literature review. AF, NC, and AL drafted the manuscript. AF prepared the figures. CAM and CMT critically reviewed the draft. All authors read and approved the manuscript.

Conflict of interest The authors declare no competing interests.

Ethical approval This article does not contain any studies with human participants or animals performed by any of the authors.

Introduction

Quantitative PCR (qPCR) has become a widely used technique for gene expression assessment, as well as for bacterial quantification (Kralik and Ricchi, 2017). The affordability, ease of experimental design, reproducibility, and robustness of qPCR experiments (Smith and Osborn, 2009) contribute to its success. In fact, qPCR is used in many other research fields beyond bacteriology and is even considered the gold standard in many applications (Pfaffl, 2010). While qPCR can be used to quantify DNA, RNA and even proteins, in this mini-review, the focus will be given to bacterial quantification in biological samples through genomic DNA (gDNA) amplification and quantification. Despite its success and technological potential, qPCR is not without its caveats, and the MIQE guidelines (Minimum Information for Publication of Quantitative Real-Time PCR Experiments) were pivotal to improve reproducibility, data analysis, interpretation, and overall transparency of qPCR experimental reports (Bustin et al., 2009). As we will show in this mini-review, there are still a significant number of research articles that do not consider the main pitfalls of qPCR for bacterial quantification, which undoubtedly leads to biased conclusions (Bustin, 2010). The main objective of this mini-review is to perform an updated survey of recent literature to critically analyze how researchers conduct and report qPCR experiments for the quantification of bacteria in biological samples.

The general concept of qPCR beyond bacterial load quantification

When taking into consideration all required controls, the high reproducibility of a qPCR run, associated with a very low limit of detection, allows the accurate quantification of bacterial gDNA present in the initial biological sample (O'Connell et al., 2017a). As depicted in Fig. 1A, by performing a calibration curve relating initial bacterial concentration (before gDNA extraction) with the detection cycle threshold of a specific gene marker (present in the processed gDNA sample), qPCR data interpretation allows accurate determination of the initial bacterial load. However, the operative sentence here is “all the required controls.”

As detailed in the MIQE guidelines (Bustin et al., 2009), qPCR experiments have two main issues that need to be properly addressed: those related to the extraction and purification of gDNA (McKee et al., 2015) and those related to the thermal amplification process (Ruiz-Villalba et al., 2017). While a lot of attention has been given to the latter, gDNA extraction troubleshooting is often oversimplified, mainly focusing on the gDNA yield and quality. However, it has been demonstrated by many studies that gDNA extraction efficiencies can vary significantly between experiments (Greathouse et al., 2019; Marotz et al., 2017; O'Connell et al., 2017b; Rezzonico et al., 2003). This can lead to biased quantification, as we have recently shown (Cerca et al., 2022). In addition to the inherent biological variability that occurs when growing *in vitro* cultures or collecting *in vivo* specimens, sample processing for qPCR experiments involves several steps, all of which can significantly contribute to variability (Caporaso et al., 2012; Greathouse et al., 2019; Sousa et al., 2014). It has been pointed out that the nucleic acid extraction step is the most important source of post-processing variability (Costea et al., 2017) as variation in the efficiency of this process will be further amplified during subsequent qPCR steps.

On one hand, if using in vitro technical replicates, with known bacterial concentrations, the variability in the gDNA extraction process can easily be observed by the differences in the total yield of gDNA obtained, as depicted in Fig. 1B. For example, after repeated extractions, if the user can anticipate a 1×10^8 CFU/mL bacterial pure culture yielding ~ 100 ng/ μ L of total DNA, then the user might exclude for downstream processing one extraction where only 5 ng/ μ L of total DNA was obtained and attribute this variation to some experimental flaw. However, if gDNA is extracted from an uncharacterized sample, which is often the goal of a qPCR experiment, DNA yield alone will not allow correct assessment of the initial bacterial load. Without the introduction of key experimental controls, it will not be possible to differentiate between a lower gDNA extraction efficiency and a lower initial bacterial load, since the same sample can yield two different gDNA concentrations, as depicted in Fig. 1C. This is even more relevant if human DNA is added to the mixture (Greathouse et al., 2019), as total DNA quantification will not allow inference of bacterial gDNA extraction yield. To tackle this issue, the addition of an exogenous DNA control before DNA extraction procedures, at a known concentration, has been identified as the best practice to normalize the inherent variations associated with gDNA extraction between samples (O'Connell et al., 2017a).

Impact of not assessing gDNA loss in bacterial quantification

Using a mock in vitro triple-species bacterial consortium, we recently demonstrated that the impact of not quantifying gDNA extraction efficiency in each reaction can significantly impact bacterial quantification (Cerca et al., 2022). As shown by others (Barton et al., 2006; Davis et al., 2019; Greathouse et al., 2019), at lower bacterial concentrations, the quantification error was significantly higher. Without considering gDNA extraction efficiency, we could find up to 46-fold under-representation of a particular species in the triple-species consortia. At higher bacterial concentrations, the quantification error was significantly lower, with no more than sixfold under-representation observed (Cerca et al., 2022). However, when we factored in the efficiency of gDNA extraction of each sample, as measured by the recovery rate of the exogenous control added before extraction, we were able to accurately (with less than 10% error) quantify each triple-species consortium with $\sim 3 \times 10^8$ CFU/mL total bacterial load. When testing a consortium with only $\sim 3 \times 10^6$ CFU/mL of total bacterial load, assessing gDNA extraction efficiency allowed no more than twofold under- or threefold over-representation of each species, which was significantly more accurate than the calculations excluding gDNA losses. Interestingly, different bacterial species incurred distinct gDNA losses.

Why determining qPCR reaction efficiency is not enough for accurate bacterial quantification?

One of the most basic rules of any qPCR experiment is the need to determine the qPCR reaction efficiency (Bustin et al., 2009). This is achieved by performing serial dilutions of a specific DNA sample (Svec et al., 2015). However, this is often mistakenly considered as a calibration curve for bacterial concentration determination. It is incorrectly assumed that the same linear response observed in the qPCR reaction efficiency mimics a linear calibration

curve for total bacterial load and qPCR cycle threshold of a specific bacterial species. As depicted in Fig. 1A, the relationship between a known DNA concentration and qPCR cycle threshold is only able to accurately assess the initial concentration of the DNA present in the processed sample, but this is hardly the same as assessing the initial bacterial concentration of the unprocessed sample (before gDNA extraction) to be analyzed. So, while determining qPCR reaction efficiency is mandatory for accurate bacterial quantification, as described in the MIQE guidelines, this does not replace the need to perform a proper bacterial gDNA extraction calibration curve.

In this regard, Longin and co-workers pointed out important recommendations to perform accurate bacteria quantification using qPCR (Longin et al., 2016). One of the recommendations included (i) the use of a bacteria as a spike in control added to the unprocessed sample before starting the DNA extraction. There are already a few studies that have successfully used this strategy as exogenous controls (Scarsella et al., 2021; Stoeckel et al., 2009). In these studies, bacteria were incorporated into the culture right before the centrifugation step to account for biomass losses during centrifugation. It is important to highlight that the selected exogenous bacterial species should be absent from the target samples under study. In most cases, this is possible to predict. However, if not, an alternative strategy could be the utilization of a genetically manipulated strain containing a synthetic sequence. Furthermore, attention should be given to differences in cell wall composition, since Gram-positive and Gram-negative bacteria can have different lysis efficiency (Ketchum et al., 2018; Mahalanabis et al., 2009; Wang et al., 2020), mainly due to a thicker peptidoglycan layer in Gram-positive bacteria (Auer and Weibel, 2017). Furthermore, when studying complex samples that might include both Gram-positive and Gram-negative bacteria, a mixture of Gram-positive and Gram-negative exogenous bacterial controls should be used, as recently proposed (Scarsella et al., 2021).

Other important recommendations indicated by Login et al. was (ii) the use of calibration curves constructed with gDNA isolated from pure cultures prepared at different bacterial concentrations, as gDNA extraction efficiency depends on initial bacterial concentration. In addition, (iii) dilution of pure cultures to construct calibration curves should include the biological matrix of the samples.

Is bacterial quantification by qPCR being properly performed and reported?

A recent literature review

To perform this review, we focused on the analysis of the Materials and Methods sections of original papers published last year, from a wide range of research fields, by performing a PUBMED search with the key words “bacterial qPCR quantification,” “qPCR exogenous control,” and “bacterial qPCR normalization”. We found 95 research papers (Table 1). We centered our analyses on (i) the normalization of qPCR results by using exogenous controls, (ii) the construction of adequate calibration curves, and (iii) the determination of reaction efficiency, which are key steps for both DNA extraction and thermal amplification normalization steps. Surprisingly, (82%) of the surveyed manuscripts did not include a normalization strategy to account for bacterial loss and to tackle gDNA extraction

variability (Fig. 2). Among the studies where controls were included (8%), only 1% used proper exogenous controls, and the remaining 9% performed a normalization of gDNA concentration among samples. Regarding reaction efficiency, 53% of the studies did not consider this critical aspect, 25% did not determine the efficiency correctly, and thus, only 22% of the reports determined reaction efficiency properly. In the last aspect that we analyzed, the construction of calibration curves, we verified that only 4% of the studies performed proper calibration curves. In 45% of the studies analyzed, the calibration curves were constructed using dilutions of gDNA obtained from a single sample, a strategy routinely used to determine primer efficiency, instead of using gDNA obtained from samples with different bacteria concentrations, as discussed above. A large number (37%) of studies constructed calibration curves by cloning a gene into a plasmid, in order to determine absolute copy numbers. However, again, the calibration curve was constructed by performing dilutions of the same DNA sample. The most common errors found for each critical aspect of the qPCR are described in Fig. 3. It is important to highlight that none of the studies analyzed performed well in the three critical aspects evaluated. In this sense, we constructed a flowchart, Fig. 4, that summarizes the critical steps for absolute bacterial quantification by qPCR.

Concluding remarks

Our review of recent literature clearly shows that the use of qPCR for bacteria quantification is not properly described, with a lack of clarity to what concerns the description on how quantification was performed. Although the publication of MIQE guidelines were pivotal to improve scientific literature on the use of qPCR for a multitude of applications, they have focused on RNA extraction experiments and fail to mention the need to include the utilization of an exogenous control to determine gDNA extraction efficiency. However, this is of utmost importance to guarantee proper bacterial quantification by gDNA amplification. The inadequate use of qPCR for bacterial quantification will bias the results obtained, leading to the publication of inconsistent data and, consequently, misleading and erroneous conclusions. As such, it is vital to alert the scientific community of the pitfalls associated with the quantification of bacteria by qPCR and to establish guidelines on how to proceed to properly address the limitations of these assays and, this way, obtain reproducible, reliable, and meaningful data.

Acknowledgements

Christina A. Muzny, MD, MSPH, Christopher M. Taylor, PhD, Nuno Cerca, PhD and Ângela Lima, BSc, are currently funded by the National Institute of Allergy and Infectious Diseases (R01AI146065-01A1). The funders had no role in study design, data collection and analysis, decision to publish, or preparation.

References

- Ahaduzzaman M, Groves PJ, Walkden-Brown SW, Gerber PF (2021) A molecular based method for rapid detection of *Salmonella spp* in poultry dust samples. *MethodsX* 8:101356. 10.1016/j.mex.2021.101356 [PubMed: 34430257]
- Alvarez D, Mendes KF, Tosi M, Fonseca de Souza L, Campos Cedano JC, de Souza Falcão NP, Dunfield K, Tsai SM, Tornisiello VL (2021) Sorption-desorption and biodegradation of

- sulfometuron-methyl and its effects on the bacterial communities in Amazonian soils amended with aged biochar. *Ecotoxicol Environ Saf* 207 10.1016/j.ecoenv.2020.111222
- Ambili A, Sebastian D (2021) Evaluation of sensitivity and cost-effectiveness of molecular methods for the co-detection of waterborne pathogens in India. *Mar Biotechnol* 23:955–963. 10.1007/s10126-021-10078-9
- Ammitzboll H, Jordan GJ, Baker SC, Freeman J, Bissett A (2021) Diversity and abundance of soil microbial communities decline, and community compositions change with severity of post-logging fire. *Mol Ecol* 30:2434–2448. 10.1111/mec.15900 [PubMed: 33772907]
- Auer G, Weibel D (2017) Bacterial cell mechanics. *Biochem* 56:3710–3724. 10.1021/acs.biochem.7b00346 (Bacterial) [PubMed: 28666084]
- Azevedo-Nogueira F, Gomes S, Lino A, Carvalho T, Martins-Lopes P (2021) Real-time PCR assay for *Colletotrichum acutatum* sensu stricto quantification in olive fruit samples. *Food Chem* 339:127858. 10.1016/j.foodchem.2020.127858 [PubMed: 32829246]
- Baek HW, Kim SA, Min WK, Kang SD, Shim S, Han NS, Seo JH (2021) A Species-Specific qPCR Method for Enumeration of *Lactobacillus sanfranciscensis*, *Lactobacillus brevis*, and *Lactobacillus curvatus* During Cocultivation in Sourdough. *Food Anal Methods* 14:750–760. 10.1007/s12161-020-01920-2
- Bahlinger E, Dorn-In S, Beindorf PM, Mang S, Kaltner F, Gottschalk C, Gareis M, Schwaiger K (2021) Development of two specific multiplex qPCRs to determine amounts of *Pseudomonas*, *Enterobacteriaceae*, *Brochothrix thermosphacta* and *Staphylococcus* in meat and heat-treated meat products. *Int J Food Microbiol* 337:108932. 10.1016/j.ijfoodmicro.2020.108932 [PubMed: 33152570]
- Balakrishnan B, Luckey D, Bodhke R, Chen J, Marietta E, Jeraldo P, Murray J, Taneja V (2021) *Prevotellahisticola* Protects From Arthritis by Expansion of Allobaculum and Augmenting Butyrate Production in Humanized Mice. *Front Immunol* 12:1–14. 10.3389/fimmu.2021.609644
- Barton HA, Taylor NM, Lubbers BR, Pemberton AC (2006) DNA extraction from low-biomass carbonate rock: an improved method with reduced contamination and the low-biomass contaminant database. *J Microbiol Methods* 66:21–31. 10.1016/j.mimet.2005.10.005 [PubMed: 16305811]
- Bermond C, Cherrad S, Trainoy A, Ngari C, Poulet V (2021) Real-time qPCR to evaluate bacterial contamination of cosmetic cream and the efficiency of protective ingredients. *J Appl Microbiol* 10.1111/jam.15310
- Bordagaray MJ, Fernández A, Garrido M, Astorga J, Hoare A, Hernández M (2021) Systemic and extraradicular bacterial translocation in apical periodontitis. *Front Cell Infect Microbiol* 11:1–9. 10.3389/fcimb.2021.649925
- Bouju-Albert A, Saltaji S, Dousset X, Prévost H, Jaffrès E (2021) Quantification of viable *Brochothrix thermosphacta* in cold-smoked salmon using PMA/PMAXX-qPCR. *Front Microbiol* 12 10.3389/fmicb.2021.654178
- Boutin RCT, Sbihi H, McLaughlin RJ, Hahn AS, Konwar KM, Loo RS, Dai D, Petersen C, Brinkman FSL, Winsor GL, Sears MR, Moraes TJ, Becker AB, Azad MB, Mandhane PJ, Subbarao P, Turvey SE, Finlay BB (2021) Composition and associations of the infant gut fungal microbiota with environmental factors and childhood allergic outcomes. *MBio* 12 10.1128/mBio.03396-20
- Brunet M, Le Duff N, Fuchs BM, Amann R, Barbeyron T, Thomas F (2021) Specific detection and quantification of the marine flavobacterial genus *Zobellia* on macroalgae using novel qPCR and CARD-FISH assays. *Syst Appl Microbiol* 44 10.1016/j.syapm.2021.126269
- Bustin SA (2010) Why the need for qPCR publication guidelines?— The case for MIQE. *Methods* 50:217–226. 10.1016/j.ymeth.2009.12.006 [PubMed: 20025972]
- Bustin SA, Benes V, Garson JA, Hellemans J, Huggett J, Kubista M, Mueller R, Nolan T, Pfaffl MW, Shipley GL, Vandesompele J, Wittwer CT (2009) The MIQE guidelines: minimum information for publication of quantitative real-time PCR experiments. *Clin Chem* 55:611–622. 10.1373/CLINCHEM.2008.112797 [PubMed: 19246619]
- Caddey B, Orsel K, Naushad S, Derakhshani H, De Buck J (2021) Identification and quantification of bovine digital dermatitis-associated microbiota across lesion stages in feedlot beef cattle. *mSystems* 6:1–15

- Callegari M, Crotti E, Fusi M, Marasco R, Gonella E, De Noni I, Romano D, Borin S, Tsiamis G, Cherif A, Alma A, Daffonchio D (2021) Compartmentalization of bacterial and fungal microbiomes in the gut of adult honeybees. *npj Biofilms Microbiomes* 7:42. 10.1038/s41522-021-00212-9 [PubMed: 33963194]
- Caporaso JG, Lauber CL, Walters WA, Berg-lyons D, Huntley J, Fierer N, Owens SM, Betley J, Fraser L, Bauer M, Gormley N, Gilbert JA, Smith G, Knight R (2012) Ultra-high-throughput microbial community analysis on the Illumina HiSeq and MiSeq platforms. *ISME J* 6:1621–1624. 10.1038/ismej.2012.8 [PubMed: 22402401]
- Cerca N, Lima Â, França A (2022) Accurate qPCR quantification in polymicrobial communities requires assessment of gDNA extraction efficiency. *J Microbiol Methods* 194:1–4. 10.1016/j.mimet.2022.106421
- Chathoth K, Martin B, Bonnaure-Mallet M, Baysse C (2021) Method for screening antimicrobial gels against multi-species oral biofilms. *J Microbiol Methods* 187:1–4. 10.1016/j.mimet.2021.106253
- Chen J, Kong L, Peng X, Chen Y, Ren B, Li M, Li J, Zhou X, Cheng L (2021) Core microbiota promotes the development of dental caries. *Appl Sci* 11 10.3390/app11083638
- Costea PI, Zeller G, Sunagawa S, Pelletier E, Alberti A, Levenez F, Tramontano M, Driessen M, Hercog R, Jung FE, Kultima JR, Hayward MR, Coelho LP, Allen-Vercoe E, Bertrand L, Blaut M, Brown JRM, Carton T, Cools-Portier S, Daigneault M, Derrien M, Druesne A, De Vos WM, Finlay BB, Flint HJ, Guarner F, Hattori M, Heilig H, Luna RA, Van HylckamaVlieg J, Junick J, Klymiuk I, Langella P, Le Chatelier E, Mai V, Manichanh C, Martin JC, Mery C, Morita H, O'toole PW, Orvain C, Patil KR, Penders J, Persson S, Pons N, Popova M, Salonen A, Saulnier D, Scott KP, Singh B, Slezak K, Veiga P, Versalovic J, Zhao L, Zoetendal EG, Ehrlich SD, Dore J, Bork P (2017) Towards standards for human fecal sample processing in metagenomic studies. *Nat Biotechnol* 35:1069–1076. 10.1038/NBT.3960 [PubMed: 28967887]
- Crowe SA, Simister RL, Spence JS, Kenward PA, van Slyke AC, Lennox P, Carr N (2021) Microbial community compositions in breast implant biofilms associated with contracted capsules. *PLoS One* 16:1–19. 10.1371/journal.pone.0249261
- Cuenca M, Marín MJ, Nóvoa L, O'Connor A, del Sánchez MC, Blanco J, Limeres J, Sanz M, Diz P, Herrera D (2021) Periodontal condition and subgingival microbiota characterization in subjects with down syndrome. *Appl Sci* 11:1–15. 10.3390/app11020778
- Dai X, Guo Q, Song D, Zhou W, Liu G, Liang G, He P, Sun G, Yuan F, Liu Z (2021) Long-term mineral fertilizer substitution by organic fertilizer and the effect on the abundance and community structure of ammonia-oxidizing archaea and bacteria in paddy soil of south China. *Eur J Soil Biol* 103:103288. 10.1016/j.ejsobi.2021.103288
- Davis A, Kohler C, Alsallaq R, Hayden R, Maron G, Margolis E (2019) Improved yield and accuracy for DNA extraction in microbiome studies with variation in microbial biomass. *Biotechniques* 66:285–289. 10.2144/btn-2019-0016 [PubMed: 31124702]
- Deng X, Zhang N, Shen Z, Zhu C, Liu H, Xu Z, Li R, Shen Q, Salles JF (2021) Soil microbiome manipulation triggers direct and possible indirect suppression against *Ralstonia solanacearum* and *Fusarium oxysporum*. *npj Biofilms Microbiomes* 7. 10.1038/s41522-021-00204-9
- Do Pham DD, Jenová V, Kauchová M, Bayram J, Grossová I, Šuca H, Urban L, Havlíková K, Novotný V, Mikeš P, Mojr V, Asatiani N, Košíková EK, Maixnerová M, Vlková A, Vítovská D, Šanderová H, Nemeč A, Krásný L, Zajíček R, Lukáš D, Rejman D, Gál P (2021) Novel lipophosphonoxin-loaded polycaprolactone electrospun nanofiber dressing reduces *Staphylococcus aureus* induced wound infection in mice. *Sci Rep* 11:1–15. 10.1038/s41598-021-96980-7 [PubMed: 33414495]
- Drigo B, Brunetti G, Aler SC, Bell JM, Short MD, Vasileiadis S, Turnidge J, Monis P, Cunliffe D, Donner E (2021) Inactivation, removal, and regrowth potential of opportunistic pathogens and antimicrobial resistance genes in recycled water systems. *Water Res* 201:117324. 10.1016/j.watres.2021.117324 [PubMed: 34242935]
- Edslev SM, Olesen CM, Nørreslet LB, Ingham AC, Iversen S, Lilje B, Clausen ML, Jensen JS, Stegger M, Agner T, Andersen PS (2021) Staphylococcal communities on skin are associated with atopic dermatitis and disease severity. *Microorganisms* 9:1–17. 10.3390/microorganisms9020432
- Franciotti R, Pignatelli P, Carrarini C, Romei FM, Mastrippolito M, Gentile A, Mancinelli R, Fulle S, Piattelli A, Onofri M, Curia MC (2021) Exploring the connection between *Porphyromonas*

gingivalis and neurodegenerative diseases: a pilot quantitative study on the bacterium abundance in oral cavity and the amount of antibodies in serum. *Biomolecules* 11 10.3390/biom11060845

- Fu Y, Peng H, Liu J, Nguyen TH, Hashmi MZ, Shen C (2021) Occurrence and quantification of culturable and viable but non-culturable (VBNC) pathogens in biofilm on different pipes from a metropolitan drinking water distribution system. *Sci Total Environ* 764 10.1016/j.scitotenv.2020.142851
- Gao S, Sun C, Hong H, Gooneratne R, Mutukumira A, Wu X (2021a) Rapid detection of viable *Cronobacter sakazakii* in powdered infant formula using improved propidium monoazide (PMAxx) and quantitative recombinase polymerase amplification (qRPA) assay. *Food Control* 124:107899. 10.1016/j.foodcont.2021.107899
- Gao W, Gao K, Guo Z, Liu Y, Jiang L, Liu C, Liu X, Wang G (2021b) Different Responses of Soil Bacterial and Fungal Communities to 3 Years of Biochar Amendment in an Alkaline Soybean Soil. *Front Microbiol* 12:1–11. 10.3389/fmicb.2021.630418
- Gismondi A, Di Marco G, Redi EL, Ferrucci L, Cantonetti M, Canini A (2021) The antimicrobial activity of *Lavandula angustifolia* Mill essential oil against *Staphylococcus* species in a hospital environment. *J Herb Med* 26:100426. 10.1016/j.hermed.2021.100426
- Greathouse K, Sinha R, Vogtmann E (2019) DNA extraction for human microbiome studies: The issue of standardization. *Genome Biol* 20:1–4. 10.1186/S13059-019-1843-8/TABLES/1 [PubMed: 30606230]
- Haines SR, Hall EC, Marciniak K, Misztal PK, Goldstein AH, Adams RI, Dannemiller KC (2021) Microbial growth and volatile organic compound (VOC) emissions from carpet and drywall under elevated relative humidity conditions (*Microbiome*, (2021), 9, 1, (209), DOI: 10.1186/s40168-021-01158-y). *Microbiome* 9:1–20. 10.1186/s40168-021-01179-7 [PubMed: 33388088]
- Han H, Bai M, Chen Y, Gong Y, Wu M, Yang H, Chen Q, Xu T, Wei Y, Ding G, Li J (2021) Dynamics of diversity and abundance of sulfonamide resistant bacteria in a silt loam soil fertilized by compost. *Antibiotics* 10 10.3390/antibiotics10060699
- He S, Li Y, Mu H, Zhao Z, Wang J, Liu S, Sun Z, Zheng M (2021a) Ammonium concentration determines differential growth of comammox and canonical ammonia-oxidizing prokaryotes in soil microcosms. *Appl Soil Ecol* 157 10.1016/j.apsoil.2020.103776
- He Y, Na R, Niu X, Xiao B, Yang H (2021b) *Lactobacillus rhamnosus* and *Lactobacillus casei* affect various stages of *Gardnerella* species biofilm formation. *front. Cell Infect Microbiol* 11:1–13. 10.3389/fcimb.2021.568178
- Hoare A, Wang H, Meethil A, Abusleme L, Hong BY, Moutsopoulos NM, Marsh PD, Hajishengallis G, Diaz PI (2021) A cross-species interaction with a symbiotic commensal enables cell-density-dependent growth and in vivo virulence of an oral pathogen. *ISME J* 15:1490–1504. 10.1038/s41396-020-00865-y [PubMed: 33372193]
- Hu D, Hong H, Rong B, Wei Y, Zeng J, Zhu J, Bai L, Guo F, Yu X (2021) A comprehensive investigation of the microbial risk of secondary water supply systems in residential neighborhoods in a large city. *Water Res* 205 10.1016/j.watres.2021.117690
- Invernizzi R, Wu BG, Barnett J, Ghai P, Kingston S, Hewitt RJ, Feary J, Li Y, Chua F, Wu Z, Wells AU, George PM, Renzoni EA, Nicholson AG, Rice A, Devaraj A, Segal LN, Byrne AJ, Maher TM, Lloyd CM, Molyneaux PL (2021) The respiratory microbiome in chronic hypersensitivity pneumonitis is distinct from that of idiopathic pulmonary fibrosis. *Am J Respir Crit Care Med* 203:339–347. 10.1164/rccm.202002-0460OC [PubMed: 32692582]
- Kacerovsky M, Pliskova L, Bolehovska R, Lesko D, Gerychova R, Janku P, Matlak P, Simetka O, Stranik J, Faist T, Mls J, Vescicik P, Jacobsson B, Musilova I (2021) Cervical *Gardnerella vaginalis* in women with preterm prelabor rupture of membranes. *PLoS ONE* 16:1–19. 10.1371/journal.pone.0245937
- Ketchum RN, Smith EG, Vaughan GO, Phippen BL, McParland D, Al-Mansoori N, Carrier TJ, Burt JA, Reitzel AM (2018) DNA extraction method plays a significant role when defining bacterial community composition in the marine invertebrate *Echinometramathaei*. *Front Mar Sci* 5:1–13. 10.3389/fmars.2018.00255 [PubMed: 29552559]
- Kralik P, Ricchi M (2017) A basic guide to real time PCR in microbial diagnostics : definitions, parameters, and everything. *Front Microbiol* 8:1–9. 10.3389/fmicb.2017.00108 [PubMed: 28197127]

- Labrador M, Giménez-Rota C, Rota C (2021) Real-time pcr method combined with a matrix lysis procedure for the quantification of *Listeria monocytogenes* in meat products. *Foods* 10 10.3390/foods10040735
- Lazou TP, Gelasakis AI, Chaintoutis SC, Iossifidou EG, Dovas CI (2021) Method-dependent implications in foodborne pathogen quantification: the case of *Campylobacter coli* survival on meat as comparatively assessed by colony count and viability PCR. *Front Microbiol* 12. 10.3389/fmicb.2021.604933
- Leelapornpisid W, Novak-Frazer L, Qualtrough A, Rautemaa-Richardson R (2021) Effectiveness of D, L-2-hydroxyisocaproic acid (HICA) and alpha-mangostin against endodontopathogenic microorganisms in a multispecies bacterial–fungal biofilm in an ex vivo tooth model. *Int Endod J* 54:2243–2255. 10.1111/iej.13623 [PubMed: 34473354]
- Li C, Shi W, Wu D, Tian R, Wang B, Lin R, Zhou B, Gao Z (2021a) Biocontrol of potato common scab by *Brevibacillus laterosporus* BL12 is related to the reduction of pathogen and changes in soil bacterial community. *Biol Control* 153 10.1016/j.biocontrol.2020.104496
- Li D, Van De Werfhorst LC, Steets B, Ervin J, Murray JLS, Blackwell A, Devarajan N, Holden PA (2021b) Sources of low level human fecal markers in recreational waters of two Santa Barbara, CA beaches: roles of WWTP outfalls and swimmers. *Water Res* 202:117378. 10.1016/j.watres.2021.117378 [PubMed: 34246990]
- Li M, Zhang J, Yang X, Zhou Y, Zhang L, Yang Y, Luo L, Yan Q (2021c) Responses of ammonia-oxidizing microorganisms to biochar and compost amendments of heavy metals-polluted soil. *J Environ Sci (china)* 102:263–272. 10.1016/j.jes.2020.09.029 [PubMed: 33637252]
- Li Y, Wu MX (2021) Reversal of polymicrobial biofilm tolerance to ciprofloxacin by blue light plus carvacrol. *Microorganisms* 9:2074. 10.3390/microorganisms9102074 [PubMed: 34683395]
- Liu X, Zhang Y (2021) Exploring the communities of bacteria, fungi and ammonia oxidizers in rhizosphere of *Fusarium*-diseased greenhouse cucumber. *Appl Soil Ecol* 161 10.1016/j.apsoil.2020.103832
- Longin C, Guilloux-benatier M, Alexandre H (2016) Design and Performance Testing of a DNA Extraction Assay for Sensitive and Reliable Quantification of Acetic Acid Bacteria Directly in Red Wine Using Real Time PCR. *Front Microbiol* 7:1–9. 10.3389/fmicb.2016.00831 [PubMed: 26834723]
- Luo Y, McAuley DF, Fulton CR, Pessoa JS, McMullan R, Lundy FT (2021) Targeting *Candida albicans* in dual-species biofilms with antifungal treatment reduces *Staphylococcus aureus* and MRSA in vitro. *PLoS One* 16:1–14. 10.1371/journal.pone.0249547
- Mahalanabis M, Al-Muayad H, Kulinski MD, Altman D, Klapperich CM (2009) Cell lysis and DNA extraction of gram-positive and gram-negative bacteria from whole blood in a disposable microfluidic chip. *Lab Chip* 9:2811–2817. 10.1039/b905065p [PubMed: 19967118]
- Maier C, Hofmann K, Huptas C, Scherer S, Wenning M, Lücking G (2021a) Simultaneous quantification of the most common and proteolytic *Pseudomonas* species in raw milk by multiplex qPCR. *Appl Microbiol Biotechnol* 105:1693–1708. 10.1007/s00253-021-11109-0 [PubMed: 33527148]
- Maier L, Goemans CV, Wirbel J, Kuhn M, Eberl C, Pruteanu M, Müller P, Garcia-Santamarina S, Cacace E, Zhang B, Gekeler C, Banerjee T, Anderson EE, Milanese A, Löber U, Forslund SK, Patil KR, Zimmermann M, Stecher B, Zeller G, Bork P, Typas A (2021b) Unravelling the collateral damage of antibiotics on gut bacteria. *Nature* 599:120–124. 10.1038/s41586-021-03986-2 [PubMed: 34646011]
- Marotz C, Amir A, Humphrey G, Gogul G, Knight R (2017) DNA extraction for streamlined metagenomics of diverse environmental samples. *Biotechniques* 62:290–293. 10.2144/000114559 [PubMed: 28625159]
- Marotz C, Morton JT, Navarro P, Coker J, Belda-Ferre P, Knight R, Zengler K (2021) Quantifying Live Microbial Load in Human Saliva Samples over Time Reveals Stable Composition and Dynamic Load. *mSystems* 6 10.1128/msystems.01182-20
- Marouf A, Hanifian S, Shayegh J (2021) Prevalence of *Brucella spp* in raw milk and artisanal cheese tested via real-time qPCR and culture assay. *Int J Food Microbiol* 347:109192. 10.1016/j.ijfoodmicro.2021.109192 [PubMed: 33836444]

- McKee AM, Spear SF, Pierson TW (2015) The effect of dilution and the use of a post-extraction nucleic acid purification column on the accuracy, precision, and inhibition of environmental DNA samples. *Biol Conserv* 183:70–76. 10.1016/j.biocon.2014.11.031
- McKloud E, Delaney C, Sherry L, Kean R, Williams S, Metcalfe R, Thomas R, Richardson R, Gerasimidis K, Nile CJ, Williams C, Ramage G (2021) Recurrent Vulvovaginal Candidiasis: a Dynamic Interkingdom Biofilm Disease of *Candida* and *Lactobacillus*. *mSystems* 6 10.1128/msystems.00622-21
- Millones-Gómez PA, Amaranto REB, Torres DJM, Calla-Poma RD, Requena-Mendizabal MF, Alvino-Vales MI, Calla-Poma R (2021) Identification of proteins associated with the formation of oral biofilms. *Pesqui Bras Odontopediatria Clin Integr* 21:1–10. 10.1590/pboci.2021.084
- Muzquiz LG, Gómez D, Cruz T, Olvera ET (2021) Evaluation of intracellular survival of *Campylobacter fetus* subsp. *fetus* in bovine endometrial cells by qPCR. *Iran J Vet Res* 22:94–99. 10.22099/IJVR.2021.38693.5632 [PubMed: 34306105]
- Naung M, Uren Webster TM, Lloyd R, Garcia de Leaniz C, Consuegra S (2021) A novel qPCR assay for the rapid detection and quantification of the lumpfish (*Cyclopterus lumpus*) microsporidian parasite *Nucleospora cyclopteri*. *Aquaculture* 531 10.1016/j.aquaculture.2020.735779
- Nogradio K, Unno T, Hur HG, Lee JH (2021) Tetracycline-resistant bacteria and ribosomal protection protein genes in soils from selected agricultural fields and livestock farms. *Appl Biol Chem* 64 10.1186/s13765-021-00613-6
- Normington C, Moura IB, Bryant JA, Ewin DJ, Clark EV, Kettle MJ, Harris HC, Spittal W, Davis G, Henn MR, Ford CB, Wilcox MH, Buckley AM (2021) Biofilms harbour *Clostridioides difficile*, serving as a reservoir for recurrent infection. *npj Biofilms Microbiomes* 7 10.1038/s41522-021-00184-w
- O’Connell GC, Chantler PD, Barr TL (2017a) High interspecimen variability in nucleic acid extraction efficiency necessitates the use of spike-in control for accurate qPCR-based measurement of plasma cell-free DNA levels. *Lab Med* 48:332–338. 10.1093/LABMED/LMX043 [PubMed: 29036313]
- Ochi S, Kuroda T (2021) Developing a qPCR assay for the quantification of *Calonectria ilicicola* in soil of soybean field. *Trop Plant Pathol* 46:186–194. 10.1007/s40858-020-00399-w
- Oh KY, Lee S, Lee MS, Lee MJ, Shim E, Hwang YH, Ha JG, Yang YS, Hwang IT, Park JS (2021) Composition of vaginal microbiota in pregnant women with Aerobic Vaginitis. *Front Cell Infect Microbiol* 11:1–12. 10.3389/fcimb.2021.677648
- Oliveira G, Sant’Anna C, Lamarão L, Guimarães A, Da Rocha C, Bahia M, De Souza C, Calcagno D, De Assumpção P, Burbano R (2021) Quantitative difference of oral pathogen between individuals with gastric cancer and individuals without cancer. *Oncotarget* 12:1677–1686. 10.18632/ONCOTARGET.28034 [PubMed: 34434496]
- Pfaffl MW (2010) The ongoing evolution of qPCR. *Methods* 50:215–216. 10.1016/J.YMETH.2010.02.005 [PubMed: 20215019]
- Pignatelli P, Iezzi L, Pennese M, Raimondi P, Cichella A, Bondi D, Grande R, Cotellese R, Di Bartolomeo N, Innocenti P, Piattelli A, Curia MC (2021) The potential of colonic tumor tissue *Fusobacterium nucleatum* to predict staging and its interplay with oral abundance in colon cancer patients. *Cancers (basel)* 13:1–19. 10.3390/cancers13051032
- Pittet LF, Bertelli C, Scherz V, Rochat I, Mardegan C, Brouillet R, Jatton K, Mornand A, Kaiser L, Posfay-Barbe K, Asner SA, Greub G (2021) *Chlamydia pneumoniae* and *Mycoplasma pneumoniae* in children with cystic fibrosis: Impact on bacterial respiratory microbiota diversity. *Pathog Dis* 79:1–7. 10.1093/FEMSPD/FTAA074
- Redanz U, Redanz S, Treerat P, Prakasam S, Lin LJ, Merritt J, Kreth J (2021) Differential response of oral mucosal and gingival cells to *Corynebacterium durum*, *Streptococcus sanguinis*, and *Porphyromonas gingivalis* Multispecies Biofilms. *Front Cell Infect Microbiol* 11:1–12. 10.3389/fcimb.2021.686479
- Rey MÁ, Cap M, Favre LC, Rodríguez Racca A, Dus Santos MJ, Vaudagna SR, Mozgovej M (2021) Evaluation of PMA-qPCR methodology to detect and quantify viable Shiga toxin-producing *Escherichia coli* in beef burgers. *J Food Process Preserv* 45:1–8. 10.1111/jfpp.15338

- Rezzonico F, Moe Y, Zu C, Lyon CB, Villeurbanne F (2003) Effect of stress on the ability of a phlA-based quantitative competitive PCR assay to monitor biocontrol strain *Pseudomonas fluorescens* CHAO. *Appl Env Microbiol* 69:686–690. 10.1128/AEM.69.1.686 [PubMed: 12514062]
- Ribes S, Ruiz-Rico M, Moreno-Mesonero L, Moreno Y, Barat JM (2021) Natural antimicrobial compounds immobilised on silica microparticles as filtering materials: Impact on the metabolic activity and bacterial viability of waterborne microorganisms. *Environ Technol Innov* 21:101219. 10.1016/j.eti.2020.101219
- Rodríguez-Sorrento A, Castillejos L, López-Colom P, Cifuentes-Orjuela G, Rodríguez-Palmero M, Moreno-Muñoz JA, Luise D, Trevisi P, Martín-Orúe SM (2021) Effects of the Administration of *Bifidobacterium longum* subsp. *infantis* CECT 7210 and *Lactobacillus rhamnosus* HN001 and Their Synbiotic Combination With Galacto-Oligosaccharides Against Enterotoxigenic *Escherichia coli* F4 in an Early Weaned Piglet Model *Front Microbiol* 12 10.3389/fmicb.2021.642549
- Ruiz-Villalba A, van Pelt-Verkuil E, Gunst QD, Ruijter JM, van den Hoff MJ (2017) Amplification of nonspecific products in quantitative polymerase chain reactions (qPCR). *Biomol Detect Quantif* 14:7–18. 10.1016/j.bdq.2017.10.001 [PubMed: 29255685]
- Samaddar S, Truu J, Chatterjee P, Oopkaup K, Truu M, Kim K, Kim S, Schmidt R, Roy Choudhury A, Choi J, Sa T (2021) Long-term inorganic nitrogen application changes the ammonia-oxidizing archaeal community composition in paddy soils. *Eur J Soil Sci* 72:2246–2260. 10.1111/ejss.13112
- San Julián L, Lamas A, Barreiro R, Cepeda A, Fente CA, Regal P (2021) Bacterial diversity of breast milk in healthy Spanish women: Evolution from birth to five years postpartum. *Nutrients* 13:1–22. 10.3390/nu13072414
- Scarsella E, Zecconi A, Cintio M, Stefanon B (2021) Characterization of microbiome on feces, blood and milk in dairy cows with different milk leucocyte pattern. *Animals* 11:1–14. 10.3390/ani11051463
- Selis NN, Oliveira HBM, Souza CLS, Almeida JB, Andrade YMFS, Silva LSC, Romano CC, Rezende RP, Yatsuda R, Uetanabaro APT, Marques LM (2021) *Lactobacillus plantarum* Lp62 exerts probiotic effects against *Gardnerella vaginalis* ATCC 49154 in bacterial vaginosis. *Lett Appl Microbiol* 73:579–589. 10.1111/lam.13547 [PubMed: 34338346]
- Sereti M, Zekeridou A, Cancela J, Mombelli A, Giannopoulou C (2021) Microbiological testing of clinical samples before and after periodontal treatment. A comparative methodological study between real-time PCR and real-time-PCR associated to propidium monoazide. *Clin Exp Dent Res* 7:1069–1079. 10.1002/cre2.464 [PubMed: 34216116]
- Sexton DJ, Bentz ML, Welsh RM, Derado G, Furin W, Rose LJ, Noble-Wang J, Pacilli M, McPherson TD, Black S, Kembler SK, Herzegh O, Ahmad A, Forsberg K, Jackson B, Litvintseva AP (2021) Positive Correlation Between *Candida auris* Skin-Colonization Burden and Environmental Contamination at a Ventilator-Capable Skilled Nursing Facility in Chicago. *Clin Infect Dis* 73:1142–1148. 10.1093/cid/ciab327 [PubMed: 33978150]
- Smith CJ, Osborn AM (2009) Advantages and limitations of quantitative PCR (Q-PCR)-based approaches in microbial ecology. *FEMS Microbiol Ecol* 67:6–20. 10.1111/j.1574-6941.2008.00629.x [PubMed: 19120456]
- Sousa C, França A, Cerca N (2014) Assessing and reducing sources of gene expression variability in *Staphylococcus epidermidis* biofilms. *Biotechniques* 57:295–301. 10.2144/000114238 [PubMed: 25495729]
- Stoeckel DM, Stelzer EA, Dick LK (2009) Evaluation of two spike-and-recovery controls for assessment of extraction efficiency in microbial source tracking studies. *Water Res* 43:4820–4827. 10.1016/j.watres.2009.06.028 [PubMed: 19589555]
- Svec D, Tichopad A, Novosadova V, Pfaffl MW, Kubista M (2015) How good is a PCR efficiency estimate: Recommendations for precise and robust qPCR efficiency assessments. *Biomol Detect Quantif* 3:9–16. 10.1016/j.bdq.2015.01.005 [PubMed: 27077029]
- Taibi A, Ku M, Lin Z, Gargari G, Kubant A, Lepp D, Power KA, Guglielmetti S, Thompson LU, Comelli EM (2021) Data on cecal and fecal microbiota and predicted metagenomes profiles of female mice receiving whole flaxseed or its oil and secoisolaricresinol diglucoside components. *Data Br* 38:107409. 10.1016/j.dib.2021.107409
- Tonon KM, Morais TB, Taddei CR, Araújo-Filho HB, Abrão ACFV, Miranda A, De Morais MB (2021) Gut microbiota comparison of vaginally and cesarean born infants exclusively breastfed by

mothers secreting a1–2 fucosylated oligosaccharides in breast milk. *PLoS One* 16:1–15. 10.1371/journal.pone.0246839

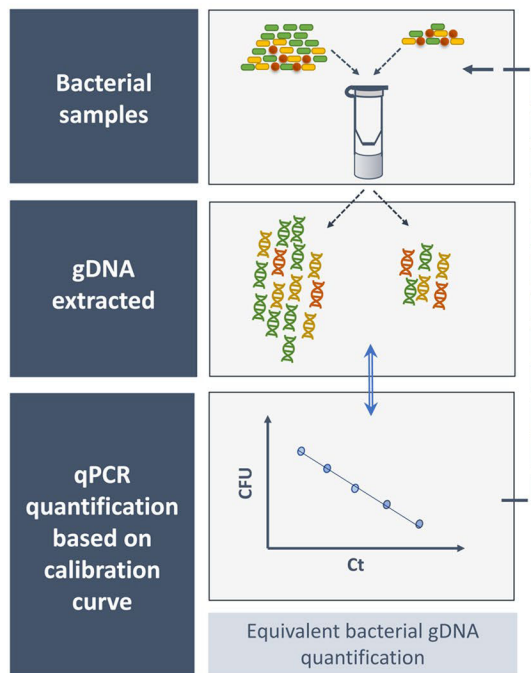
- Torres-Corral Y, Santos Y (2021) Development of a real-time PCR assay for detection and quantification of *Streptococcus iniae* using the lactate permease gene. *J Fish Dis* 44:53–61. 10.1111/jfd.13267 [PubMed: 32959452]
- Turner E, Sobel JD, Akins RA (2021) Prognosis of recurrent bacterial vaginosis based on longitudinal changes in abundance of *Lactobacillus* and specific species of *Gardnerella*. *PLoS One* 16:1–18. 10.1371/journal.pone.0256445
- Urrea-Valencia S, Etto RM, Takahashi WY, Caires EF, Bini AR, Ayub RA, Stets MI, Cruz LM, Galvão CW (2021) Detection of *Azospirillum brasilense* by qPCR throughout a maize field trial. *Appl Soil Ecol* 160 10.1016/j.apsoil.2020.103849
- Usyskin-Tonne A, Hadar Y, Yermiyahu U, Minz D (2021) Elevated CO₂ and nitrate levels increase wheat root-associated bacterial abundance and impact rhizosphere microbial community composition and function. *ISME J* 15:1073–1084. 10.1038/s41396-020-00831-8 [PubMed: 33208893]
- Verspecht T, Van Holm W, Boon N, Bernaerts K, Daep CA, Masters JG, Zayed N, Quiryne M, Teughels W (2021a) Potential prebiotic substrates modulate composition, metabolism, virulence and inflammatory potential of an in vitro multi-species oral biofilm. *J Oral Microbiol* 13 10.1080/20002297.2021.1910462
- Verspecht T, Van Holm W, Boon N, Bernaerts K, Daep CA, Zayed N, Quiryne M, Teughels W (2021b) Comparison of the modulatory effects of three structurally similar potential prebiotic substrates on an in vitro multi-species oral biofilm. *Sci Rep* 11:1–15. 10.1038/s41598-021-94510-z [PubMed: 33414495]
- Vizzini P, Vidic J, Manzano M (2021) Enrichment Free qPCR for Rapid Identification and Quantification of *Campylobacter jejuni*, *C. coli*, *C. lari*, and *C. upsaliensis* in Chicken Meat Samples by a New Couple of Primers. *Foods* 10:1–11
- Wallon T, Sauvageau A, Van der Heyden H (2021) Detection and quantification of *Rhizoctonia solani* and *Rhizoctonia solani* ag1-ib causing the bottom rot of lettuce in tissues and soils by multiplex qpcr. *Plants* 10:1–17. 10.3390/plants10010057
- Wang F, Peng W, Zhang B, Cao Y, Zhao J, Cao H (2021a) Succession of bacterial community composition in coastal agricultural soils along a 1000-year reclamation chronosequence in Hangzhou Bay, China *Ecol Indic* 121 10.1016/j.ecolind.2020.106972
- Wang P, Zhang N, Lee PKH, Li Y (2021) Quantification of *Lactobacillus delbrueckii subsp Bulgaricus* and its applicability as a tracer for studying contamination spread on environmental surfaces. *Build Environ* 197:107869. 10.1016/j.buildenv.2021.107869
- Wang S, Zhu Y, Yang Y, Li J, Hoffmann MR (2020) Electrochemical cell lysis of gram-positive and gram-negative bacteria: DNA extraction from environmental water samples. *Electrochim Acta* 338:1–9. 10.1016/j.electacta.2020.135864
- Wei D, Zeng S, Hou D, Zhou R, Xing C, Deng X, Yu L, Wang H, Deng Z, Weng S, Huang Z, He J (2021) Community diversity and abundance of ammonia-oxidizing archaea and bacteria in shrimp pond sediment at different culture stages. *J Appl Microbiol* 130:1442–1455. 10.1111/jam.14846 [PubMed: 33021028]
- Wongsaroj L, Chanabun R, Tunsakul N, Prombutara P, Panha S, Somboonna N (2021) First reported quantitative microbiota in different livestock manures used as organic fertilizers in the Northeast of Thailand. *Sci Rep* 11:1–15. 10.1038/s41598-020-80543-3 [PubMed: 33414495]
- Yang F, Dinis M, Haghighi F, He X, Shi W, Chaichanasakul Tran N (2022) Oral colonization of *Candida albicans* and *Streptococcus mutans* in children with or without fixed orthodontic appliances: A pilot study. *J Dent Sci* 17:451–458. 10.1016/j.jds.2021.07.026 [PubMed: 35028070]
- Yang Y, Liu Y, Shu Y, Xia W, Xu R, Chen Y (2021) Modified PMA-qPCR Method for Rapid Quantification of Viable *Lactobacillus* spp. in Fermented Dairy Products. *Food Anal Methods* 14:1908–1918. 10.1007/s12161-021-02022-3

- Yin C, Schlatter DC, Kroese DR, Paulitz TC, Hagerly CH (2021) Impacts of lime application on soil bacterial microbiome in dryland wheat soil in the Pacific Northwest. *Appl Soil Ecol* 168:104113. 10.1016/j.apsoil.2021.104113
- Yuan X, Hong S, Xiong W, Raza W, Shen Z, Wang B, Li R, Ruan Y, Shen Q, Dini-Andreote F (2021) Development of fungal-mediated soil suppressiveness against *Fusarium* wilt disease via plant residue manipulation. *Microbiome* 9:1–15. 10.1186/s40168-021-01133-7 [PubMed: 33388088]
- Zhang N, Zhong B, Zhao C, Wang E, Wang Y, Chen D, Shi F (2021a) Change of soil physicochemical properties, bacterial community and aggregation during desertification of grasslands in the Tibetan Plateau. *Eur J Soil Sci* 72:274–288. 10.1111/ejss.12939
- Zhang Q, Stummer BE, Guo Q, Zhang W, Zhang X, Zhang L, Harvey PR (2021b) Quantification of *Pseudomonas protegens* FD6 and *Bacillus subtilis* NCD-2 in soil and the wheat rhizosphere and suppression of root pathogenic *Rhizoctoniasolani* AG-8. *Biol Control* 154:104504. 10.1016/j.biocontrol.2020.104504
- Zhao J, Chen D, Gao W, Guo Z, Jia Z, Hernández M (2021) Resuscitation of soil microbiota after > 70-years of desiccation *Eur J Soil Biol* 103 10.1016/j.ejsobi.2021.103290
- Zhu H, Teng Y, Wang X, Zhao L, Ren W, Luo Y, Christie P (2021a) Changes in clover rhizosphere microbial community and diazotrophs in mercury-contaminated soils. *Sci Total Environ* 767:1–10. 10.1016/j.scitotenv.2021.145473
- Zhu J, Cao A, Wu J, Fang W, Huang B, Yan D, Wang Q, Li Y (2021b) Effects of chloropicrin fumigation combined with biochar on soil bacterial and fungal communities and *Fusarium oxysporum*. *Ecotoxicol Environ Saf* 220 10.1016/j.ecoenv.2021.112414

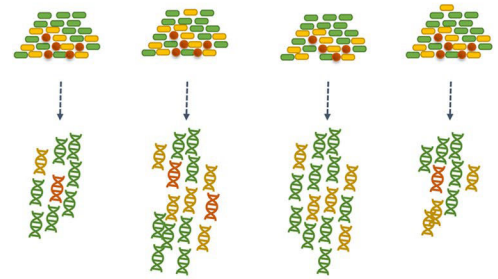
Key points

- qPCR is a widely used technique used for absolute bacterial quantification.
- Recently published papers lack proper qPCR methodologies.
- Not including proper qPCR controls significantly affect experimental conclusions.

A. General principle of qPCR bacterial quantification



B. In vitro polymicrobial bacterial cultures technical replicates will inevitably yield some level of variability



C. How to determine the relationship between extracted gDNA and initial bacterial load in unknown samples?



Fig. 1.

General concept and pitfalls behind bacterial load quantification by qPCR. Bacterial quantification by qPCR requires the preparation of a calibration curve, which includes gDNA isolated from samples with different concentrations of the bacterial species under study (A). However, due to the variable efficiency of the gDNA extraction procedure, each extraction, even from technical replicates, has inherent variability that can lead to biased bacterial load quantification (B). When the starting bacterial amount is known, gDNA loss, due to technical issues, can be easily detected. However, when the initial quantity of bacteria is unknown, it cannot be differentiated whether the variation detected was introduced by technical issues or if it was due to the initial bacterial load (C). As such, the addition of an exogenous control is imperative

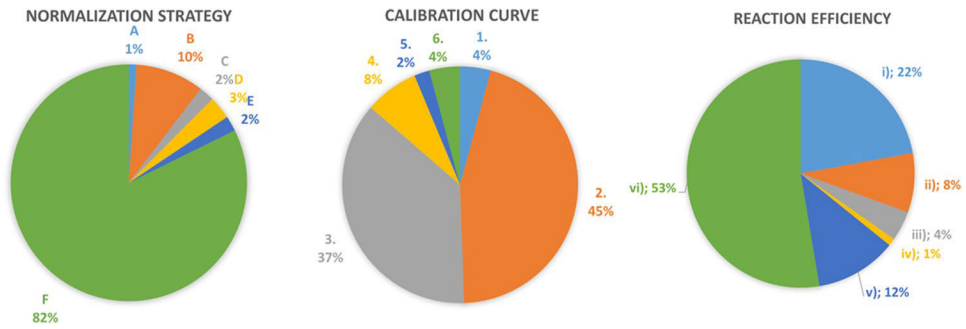


Fig. 2. Graphical representation of the percentage (%) of studies presented in Table 1 that considered the three critical aspects for bacterial quantification by qPCR. The caption is the same as described in the Table 1 footer section

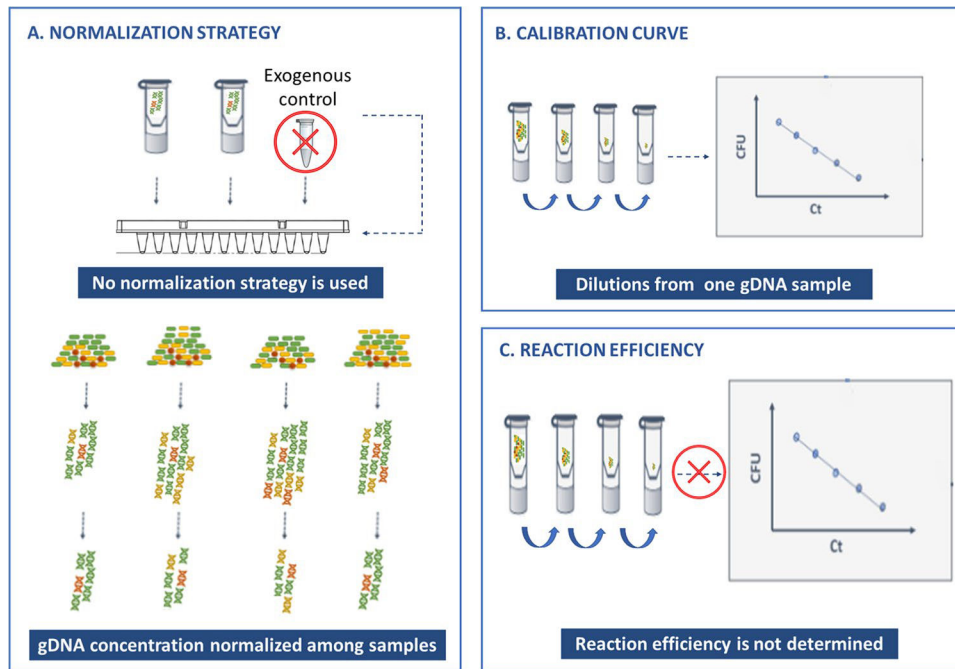


Fig. 3. Common flaws when quantifying bacterial load using qPCR. In most of the studies surveyed, **(A)** DNA extraction normalization was not performed (or described) or was normalized by total gDNA concentration, which can bias the results. Often **(B)**, the qPCR/ bacterial load calibration curve is performed by diluting a known gDNA sample, but this fails to consider the different extraction efficiencies at different bacterial concentrations. Also **(C)** some studies failed to consider the qPCR reaction efficiency that needs to be determined for each primer set and varies according to reagent and equipment used

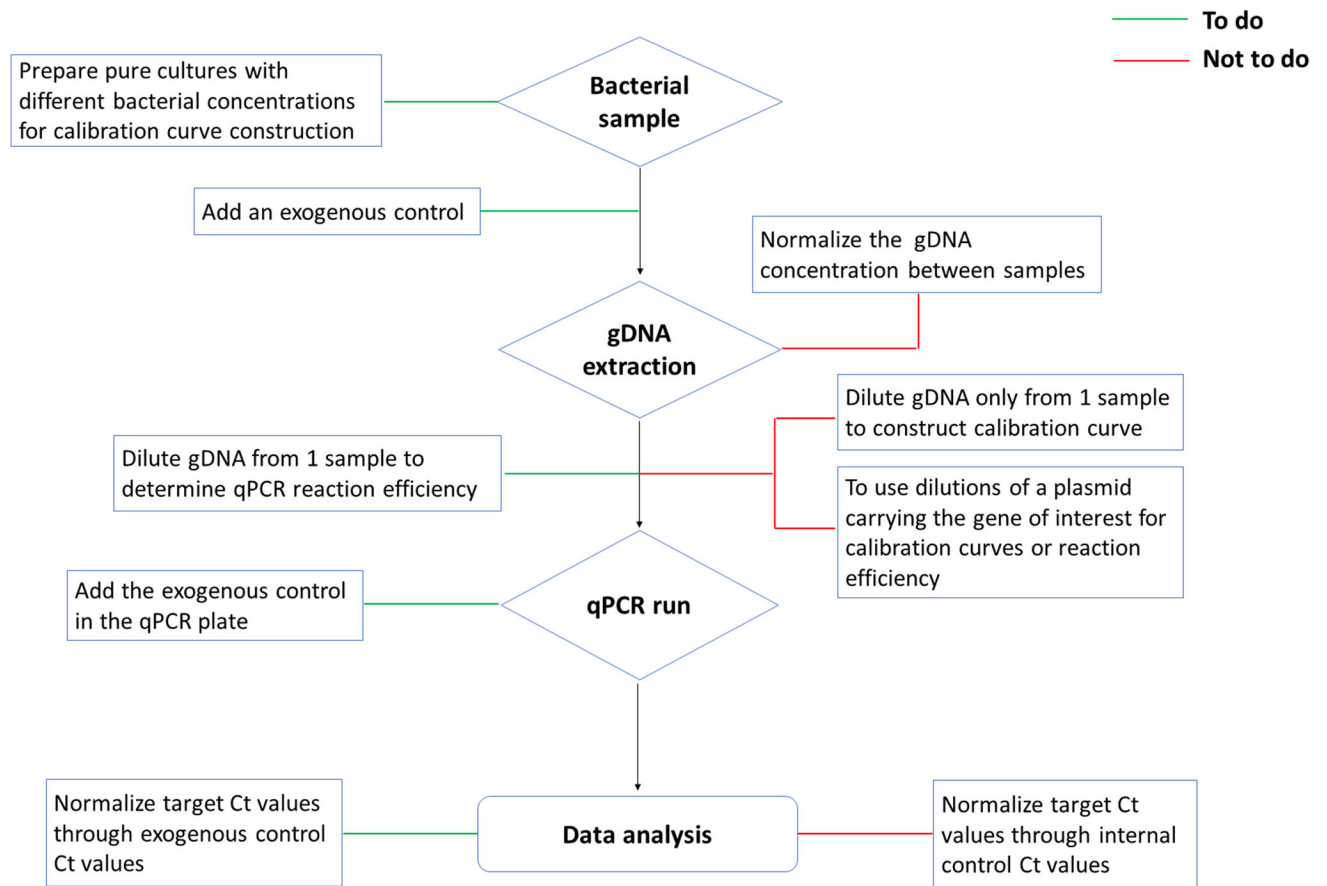


Fig. 4. Flowchart highlighting the “do’s” and “don’ts” of procedures in bacterial quantification by qPCR. This scheme represents our recommended actions to perform a proper bacterial quantification by qPCR (green lines). It also includes common errors that are generally made (red lines) and should be avoided

Table 1

Literature survey of the three critical aspects for proper bacterial quantification by qPCR. The papers analyzed were all published in 2021

Scientific field	Purpose	Normalization strategy #	Calibration curve ###	Reaction efficiency ##	Reference
Vaginal infections	To quantify <i>G. vaginalis</i> before and after exposure to <i>Lactobacillus</i> spp.	F	2	vi	(He et al., 2021a, b)
	To quantify <i>Candida</i> spp. and bacterial load in vaginal swabs	F	2	vi	(McKloud et al., 2021)
	To quantify <i>Gardnerella</i> spp., <i>Lactobacillus</i> spp. and total bacterial population in vaginal swabs	E	2	i)	(Turner et al., 2021)
	To quantify the bacterial load and <i>G. vaginalis</i> in cervical fluid	D	3	vi	(Kacarovsky et al., 2021)
Wound infections	To quantify <i>G. vaginalis</i> and <i>Lactobacillus</i> spp. in mouse vaginal tissue	B	4	iv)	(Selis et al., 2021)
	To quantify <i>Enterobacteriaceae</i> , <i>Staphylococcus</i> spp., and <i>Streptococcus</i> spp. in vaginal swabs	F	2	vi	(Oh et al., 2021)
	To quantify different bacteria in a polymicrobial biofilm	D	2	vi	(Li and Wu, 2021)
	To quantify <i>Staphylococcus aureus</i> in mice tissues	F	4	vi	(Do Pham et al., 2021)
Gastrointestinal infections/microbiota	To quantify <i>Clostridioides difficile</i> in a polymicrobial biofilm	B	3	vi	(Normington et al., 2021)
	To quantify bacterial load and nine bacteria in feces samples	B	3	vi	(Tonon et al., 2021)
	To quantify <i>Prevotella histicola</i> in human duodenal biopsies	F	2	i)	(Balakrishnan et al., 2021)
	To quantify bacterial load in cecum content and feces	F	3	vi	(Taibi et al., 2021)
Pulmonary infections	To quantify enterotoxigenic <i>E. coli</i> F4 in colon and ileal mucosal samples of piglets	F	2	vi	(Rodríguez-Sorrento et al., 2021)
	To quantify <i>Bacteroides vulgatus</i> in fecal samples	F	3	ii)	(Maier et al., 2021a, b)
	To quantify fungal load in stool samples	B	2	vi	(Boutin et al., 2021)
	To quantify bacteria and fungi in honeybee gut samples	F	3	vi	(Callegari et al., 2021)
Oral biofilms	To quantify <i>Mycoplasma pneumoniae</i> and <i>Chlamydia pneumoniae</i> in respiratory samples from cystic fibrosis patients	F	3	vi	(Pittet et al., 2021)
	To quantify three bacteria associated with ventilator-associated pneumonia in dual-species biofilms with <i>Candida albicans</i>	F	2	i)	(Luo et al., 2021)
	To quantify bacteria in bronchoalveolar fluid samples	F	3	vi	(Invernizzi et al., 2021)
	To determine the composition of polymicrobial biofilms	F	3	vi	(Redanz et al., 2021)
Dental plaque	To determine and quantify bacteria in dental caries	F	2	vi	(Chen et al., 2021)
	To quantify bacteria in a polymicrobial biofilm	F	3	vi	(Verspecht et al., 2021a)
	To detect and quantify bacteria in polymicrobial biofilms from saliva and dental plaque	B	4	vi	(Oliveira et al., 2021)
	To quantify pathogenic bacteria in subgingival plaque and saliva samples	F	2	vi	(Sereti et al., 2021)

Scientific field	Purpose	Normalization strategy #	Calibration curve ###	Reaction efficiency ##	Reference
	To quantify bacteria and fungi in a tooth model	F	4	i)	(Leelapompisid et al., 2021)
	To quantify bacteria in a dual-species biofilm	B	5	vi)	(Millones-Gómez et al., 2021)
	To quantify bacteria in a polymicrobial biofilm	F	3	vi)	(Verspecht et al., 2021b)
	To quantify bacteria in a multi-species community and bacteria present in ligatures placed around teeth of mice	C	2	vi)	(Hoare et al., 2021)
	To quantify bacteria in a polymicrobial biofilm	F	2	vi)	(Chathoth et al., 2021)
	To quantify <i>Porphyromonas gengivalis</i> in oral samples	F	2	vi)	(Franciotti et al., 2021)
	To quantify two bacteria in oral samples and colon tissue	F	2	vi)	(Pignatelli et al., 2021)
	To quantify microbial load in saliva samples	F	2	vi)	(Marotz et al., 2021)
	To quantify four bacteria in subgingival samples	F	2	v)	(Cuenca et al., 2021)
	To quantify bacterial load, and two different bacteria in periapical tissue	F	2	vi)	(Bordagaray et al., 2021)
	To quantify <i>Streptococcus mutans</i> and <i>Candida albicans</i> in oral samples	F	2	vi)	(Yang et al., 2022)
Soil microbiota	To quantify bacterial and fungal load and <i>Fusarium oxysporum</i> in soil samples	F	6	v)	(Zhu et al., 2021a, b)
	To quantify bacterial and fungal load	F	2	i)	(Ammitzboll et al., 2021)
	To quantify ammonia-oxidizing archaea and bacteria in soil samples	F	3	v)	(Dai et al., 2021)
	To quantify <i>Streptomyces bototropensis</i> and <i>Brevibacillus laterosporus</i> in soil samples	F	3	v)	(Li et al., 2021a, b, c)
	To quantify bacterial load in wheat root samples	F	3	v)	(Uysyskin-Tonne et al., 2021)
	To quantify ammonia-oxidizing archaea and bacteria in soil samples	F	3	v)	(Samaddar et al., 2021)
	To quantify bacterial and fungal load in soybean soil samples	F	3	v)	(Gao et al., 2021a, b)
	To quantify <i>Calonectria illicicola</i> in soybean soil samples	F	2	vi)	(Ochi and Kuroda, 2021)
	To quantify ammonia-oxidizing archaea and bacteria in soil samples	F	3	vi)	(He et al., 2021a, b)
	To quantify <i>F. oxysporum</i> , bacterial and fungal load, ammonia-oxidizing archaea and bacteria in soil samples	F	3	ii)	(Liu and Zhang, 2021)
	To quantify bacterial load, ammonia-oxidizing archaea and bacteria in soil samples	F	3	vi)	(Li et al., 2021a, b, c)
	To quantify bacterial load in soil samples	F	3	vi)	(Nogrado et al., 2021)
	To quantify bacterial load in soil samples	F	2	v)	(Han et al., 2021)
	To quantify bacterial load in dry soil samples	F	3	ii)	(Zhao et al., 2021)
	To quantify bacterial load in soil samples	F	3	ii)	(Wang et al., 2021a, b)
	To quantify bacterial load in soil samples	F	3	ii)	(Zhu et al., 2021a, b)
	To quantify bacterial load in soil samples	F	3	vi)	(Zhang et al., 2021a, b)

Scientific field	Purpose	Normalization strategy #	Calibration curve ###	Reaction efficiency ##	Reference
	To quantify <i>Brevibacillus laterosporus</i> and <i>S. bottropensis</i> in soil samples	F	3	v)	(Li et al., 2021a, b, c)
	To quantify ammonia-oxidizing archaea and bacteria in soil samples	F	3	vi)	(Wei et al., 2021)
	To quantify ammonia-oxidizing archaea, ammonia-oxidizing bacteria, <i>Nitrobacter</i> and <i>Nitrospira</i> spp. in soil samples	F	3	vi)	(Yin et al., 2021)
	To quantify <i>Rhizoctonia solani</i> and <i>Rhizoctonia solani</i> AG1-IB in lettuce and soil samples	D	2	i)	(Wallon et al., 2021)
	To quantify bacterial load in soil samples	B	2	vi)	(Alvarez et al., 2021)
	To quantify <i>F. oxysporum</i> f. sp. cubense, <i>Fusobacterium solani</i> and <i>Aspergillus fumigatus</i> in soil samples	F	3	vi)	(Yuan et al., 2021)
	To quantify bacterial and fungal load, <i>Ralstonia solanacearum</i> and <i>F. oxysporum</i> f. sp. <i>Lycopersici</i> in soil samples	F	6	vi)	(Deng et al., 2021)
	To quantify <i>Azospirillum brasilense</i> in soil samples	F	1	iii)	(Urrea-Valencia et al., 2021)
	To quantify <i>Pseudomonas protegens</i> and <i>Bacillus subtilis</i> in soil samples	F	3	ii)	(Zhang et al., 2021a, b)
	To quantify <i>Lactobacillus delbrueckii</i> subsp. <i>Bulgarius</i> in surface samples	F	2	i)	(Wang et al., 2021a, b)
Bacterial contamination on surfaces	To quantify four <i>Staphylococcus</i> spp. in hospital surfaces	F	2	vi)	(Gismondi et al., 2021)
	To quantify <i>Candida auris</i> in skin swabs and hospital surfaces	F	4	vi)	(Sexton et al., 2021)
	To quantify three <i>Lactobacillus</i> spp. in sourdough bread	F	2	i)	(Baek et al., 2021)
Food quality control / Foodborne pathogens	To quantify <i>Lactobacillus</i> spp. in fermented dairy products samples	F	2	i)	(Yang et al., 2021)
	To quantify <i>Brucella</i> spp. in milk and cheese samples	F	2	vi)	(Marouf et al., 2021)
	To quantify seven proteolytic <i>Pseudomonas</i> spp. in raw milk samples	F	1	iii)	(Maier et al., 2021a, b)
	To quantify <i>Nucleospora cyclopteri</i> in fish and blood samples	F	2	i)	(Naung et al., 2021)
	To quantify different bacteria in meat samples	F	2	i)	(Bahlinger et al., 2021)
	To quantify <i>Colletotrichum acutatum</i> in olive fruit samples	F	3	v)	(Azevedo-Nogueira et al., 2021)
	To quantify <i>Lysteria monocytogenes</i> in meat samples	F	1	iii)	(Labrador et al., 2021)
	To quantify Shiga toxin-producing <i>Escherichia coli</i> in meat samples	F	2	vi)	(Rey et al., 2021)
	To quantify <i>Campylobacter coli</i> in meat samples	F	2	i)	(Lazou et al., 2021)
	To quantify <i>Brochothrix thermosphacta</i> in fish samples	F	2	i)	(Bouju-Albert et al., 2021)
	To quantify <i>Streptococcus iniae</i> in fish samples	F	2	i)	(Torres-Corral and Santos, 2021)
	To quantify <i>Cronobacter sakazakii</i> in spiked powdered infant formula samples	F	2	i)	(Gao et al., 2021a, b)
	To quantify four <i>Campylobacter</i> spp. in meat samples	F	2	i)	(Vizzini et al., 2021)
	To quantify <i>Salmonella</i> spp. in poultry floor dust	F	1	i)	(Ahaduzzaman et al., 2021)
	To quantify six bacteria genera and four bacteria phyla in milk samples	F	2	vi)	(Sanjulián et al., 2021)

Scientific field	Purpose	Normalization strategy #	Calibration curve ###	Reaction efficiency ##	Reference
Waterborne pathogens	To quantify bacteria in polymicrobial biofilms present in a drinking water distribution system	C	3	i)	(Fu et al., 2021)
	To quantify several enteric opportunistic pathogens in influent and recycled water	F	2	i)	(Drigo et al., 2021)
	To quantify <i>Enterococcus</i> spp. and <i>Salmonella</i> spp. in water, sand, and sediments samples	F	3	ii)	(Li et al., 2021a, b, c)
	To quantify <i>Helicobacter pylori</i> and <i>Legionella</i> spp. in filtered water samples	F	5	vi)	(Ribes et al., 2021)
Other fields	To quantify pathogenic fungi, enteric and opportunistic pathogens	F	3	ii)	(Hu et al., 2021)
	To quantify several bacteria in water samples	F	1	iii)	(Ambili and Sebastian, 2021)
	To detect and quantify bacteria in breast implant samples	E	2	vi)	(Crowe et al., 2021)
	To quantify bacteria in bovine digital dermatitis	B	3	v)	(Caddey et al., 2021)
	To quantify bacterial load in livestock fecal manure samples	F	3	vi)	(Wongsaroj et al., 2021)
	To quantify <i>Zobellia genus</i> in macroalgae surface	F	2	i)	(Brunet et al., 2021)
	To quantify <i>Campylobacter fetus</i> subsp. <i>fetus</i> and <i>Salmonella enterica</i> subsp. <i>enterica</i> serovar Typhimurium in bovine endometrial cells	F	4	vi)	(Muzquiz et al., 2021)
	To quantify five bacteria in cosmetic cream samples	F	2	i)	(Bermond et al., 2021)
	To quantify bacterial and fungal load in dust samples	F	4	vi)	(Haines et al., 2021)
	To quantify bacterial load in skin swabs, and skin samples from patients with atopic dermatitis	F	2	vi)	(Edslev et al., 2021)
To quantify bacterial load in milk, feces and blood samples from healthy cows and cows suffering from bovine mastitis	A & B	6	vi)	(Scarsella et al., 2021)	

Normalization strategy—A—An exogenous control was used; B- Initial gDNA concentration normalization among samples; C—gene copy numbers were normalized by the filtrate membrane surface area / ligature length; D-16 s rRNA gene (internal control) was used; E—an exogenous control was used only in the qPCR run. F- No normalization strategy was used

Calibration curve—1—Calibration curve performed using gDNA isolated from pure cultures with different initial concentrations, or pure cultures mixed with sample background of interest; 2—calibration curve performed with gDNA dilutions from one sample; 3—calibration curve performed by cloning a gene into a plasmid to determine absolute copy numbers by performing dilutions of the sample; 4-it is not clear whether the calibration curve was performed using dilutions of one extraction or different extractions from different bacterial concentrations; 5—standard curve was mentioned but it was not explained how it was constructed. 6 -No standard curve was mentioned

Reaction efficiency—i—gDNA from one sample; ii—dilution of one sample with a plasmid containing the gene of interest; iii—gDNA extracted from samples with different concentrations of bacteria; iv—it is not clear whether qPCR primer efficiency was determined by using dilutions of one gDNA sample or from gDNA samples isolated from samples with different initial bacteria concentration; v—considered but the procedure to determine the efficiency was not mentioned; vi—not mentioned