248 J Med Genet 1994;31:248-250

A PCR based method to determine the Kalow allele of the cholinesterase gene: the E_1^k allele frequency and its significance in the normal population

Dairena Gaffney, Rosalynd A Campbell

Abstract

The Kalow allele for cholinesterase is a quantitative variant of the usual gene and has been shown to result from a single base pair change in the DNA. A new method based on the polymerase chain reaction to distinguish Kalow alleles of the cholinesterase gene was developed. Using the amplification refractory mutagenesis system, two different reactions distinguished the presence of a guanine (normal E, u allele) from that of an adenine (Kalow E₁^k allele) at nucleotide 1615 within the coding sequences of the gene. The frequency of the Kalow allele in our sample of 51 persons was determined to be 20%. The mean total cholinesterase activity in heterozygotes was 90% of that in persons who typed as E₁^uE₁^u homozygotes. Two E₁^kE₁^k homozygotes were identified and their cholinesterase activities were the two lowest measured.

(J Med Genet 1994;31:248-250)

The physiological function of serum cholinesterase (acyl choline acyl hydrolase, EC 3.1.1.8) is currently unknown. It has been shown, however, to be involved in the breakdown of the short acting muscle relaxant succinylcholine (suxamethonium, scoline). Failure to metabolise this drug can result in prolonged apnoea. Two loci, E₁ and E₂, encode cholinesterase enzymes but only the E₁ locus is concerned with sensitivity to scoline. Multiple alleles at this E_1 locus alter the quality (E_1^a, \bar{E}_1^f) or the quantity $(E_1^s, E_1^k, E_1^j, E_1^h)$ of the enzyme produced.1 Some of these cholinesterase variants can be distinguished by their activity in the presence of certain extraneous inhibitors, the most commonly used being dibucaine,2 fluoride,² and Ro 02-0682 (dimethylcarbamate of (2-hydroxy-5 phenyl-benzyl) trimethylammonium bromide).4

The Kalow (E_1^k) allele for cholinesterase was first described⁵ as a quantitative variant of the usual gene producing a 33% reduction in the normal enzyme activity. Current inhibitor methods are unable to confirm the presence of the E_1^k allele unless the family is also segregating for $E_1^{a.6}$ Because of this difficulty in distinguishing the E_1^k allele, its frequency has been estimated by extrapolation and the effect of it on total cholinesterase activities has been deduced only from persons who could be genotyped because of their position in a family tree. Obligatory $E_1^u E_1^k$ persons have been reported⁷ to have 91% of the usual total en-

zyme activity. Evans and Wardell⁸ suggested that 1/76 persons could be homozygous for the E_1^k allele and this has been confirmed by Whittaker and Britten,⁷ who showed that slightly more than 1% of the British population could be homozygous for $E_1^k E_1^k$.

The gene for cholinesterase has been cloned and sequenced.910 The base change resulting in the E, K allele has been suggested 11 and confirmed.12 The nucleotide at position 1615 in the coding sequences for the E₁^u allele is a guanine (G) and this codon translates to an alanine, giving the normal cholinesterase protein. An adenine (A) at this locus in the Kalow, E,k, allele changes the encoded amino acid to a threonine and results in the modified protein. We have developed a method based on the polymerase chain reaction (PCR) to detect the presence of the E₁^k allele and to determine its frequency in the general population. By choosing PCR primers differing by a single base, one compatible with the normal cholinesterase allele and another compatible with the Kalow allele, and adjusting the amplification temperature carefully, one allele only can be amplified in each reaction. The other allele is refractory to amplification, hence the description of the method as the amplification refractory mutagenesis system (PCR ARMS).13

A comparison of the genotypes determined by our new method and those assigned by the conventional inhibitor number method has been made.

Materials and methods

SUBJECTS

Healthy controls were drawn from laboratory staff; the total number was 51 of whom 36 were female and 15 male. The age range was from 20 to 58 years, mean 36·3 years, SD 10·3 years. From each volunteer a blood sample in EDTA was collected for DNA preparation and a serum sample for cholinesterase activity measurement and phenotyping. A drug history was also taken and pregnancy excluded.

DNA PREPARATION

DNA was prepared¹⁴ with increased resuspension times compared with the method described. The DNA was stored at -20° C until used.

PCR ARMS AND DNA SEQUENCING

Three 30 base oligonucleotides were purchased (BioMac, University of Glasgow) for the ARMS PCR: a common 3' primer se-

Institute of Biochemistry, Glasgow Royal Infirmary, Castle Street, Glasgow G4 0SF, Scotland D Gaffney R A Campbell

Correspondence to Dr Gaffney. Received 18 June 1993

Received 18 June 1993 Revised version accepted for publication 3 November 1993

quence 5'-TATTAATTAGAGACCCACA-CAACTTTCTTT-3' which corresponds to the coding sequence for the last seven amino acids of the protein, the stop signal, and six downstream (3') nucleotides. The E1 and E₁^k allele specific primers terminate at the G (for E, u allele) or A (for E, k allele) and the second last base of the primer sequence is also destabilised in that it should be an A but a cytosine (C) was synthesised instead. This second destabilised base is to help to avoid false positives.15 The primer for E14 therefore was 5'-TTCCATATTTTACAG-GAAATATTGATGACG-3' and that for E₁^k was the same except the last base was an A. Presence of the specific ARMS product was indicated by a band of 146 base pairs. In each tube a positive PCR control was incorporated. A region in the gene for apolipoprotein B was targeted because all subjects have this gene. The primers were 5'-GGAGCAGTTGACCACA-AGCTTAGCTTGGAA-3' which started at nucleotide number 10551,16 and 5'-CAGGGT-GGCTTTGCTTGTATGTTCTCCGTT - 3' which ended at nucleotide number 10895. This control resulted in a band of 345 bp to indicate that the polymerase chain reaction had worked in each tube. The thermal cycling buffer was as recommended by the manufacturers of the polymerase, Promega, Southampton. The conditions were: 50 mmol/l KCl, 10 mmol/l Tris-HCl (pH 9.0 at 25° C), 1% Triton X-100, 3·75 mmol/l MgCl₂, 0·2 mmol/l each dNTP. PCR ARMS primers were used at 1 µmol/l each and control primers at 0.25 µmol/l each in a final volume of 30 µl with 1.5 units of Tag polymerase enzyme per tube. Thermal cycling was carried out on a water cooled Techne PHC-2 Intelligent Heating Block (Scotlab, Glasgow).

Conditions to distinguish $E_1^{\ u}$ and $E_1^{\ k}$ alleles were as follows: 36 cycles of 95°C for one minute followed by 65°C for 45 seconds, and 72°C for one minute 30 seconds. For the first cycle, 95°C was maintained for five minutes rather than one minute in the subsequent cycles. Finally, 72°C was maintained for 10 minutes to complete any partially copied templates. Ramp rate 4 (the fastest) was used throughout except for the step from 65°C to 72°C where ramp rate 2 was used. PCR was carried out in two tubes, both with the common primer and the control primers and each with one or other of the E_1^k or E_1^u specific primer. The products were analysed by separation on an 8% polyacrylamide gel in Tris borate buffer.¹⁷

To sequence across the region a 28mer primer from exon 3 was synthesised, 5'-GGCTTTTGTATTCGAAATTATTTTTCAG-3', and used in a PCR reaction with the common 3' primer above, using the same PCR conditions except 55°C was used as the annealing temperature. The resulting PCR products were cut out of an agarose gel and sequenced from the 28mer primer using standard dideoxy chain termination methods.

CHOLINESTERASE METHOD

Total cholinesterase was measured at 25°C using benzoyl choline as substrate. 18 Inhibition of

cholinesterase activity by the addition of dibucaine,² fluoride,³ or Ro 02-0682⁴ to the assay was calculated. The inhibitor number is the percentage of inhibition of cholinesterase activity in the presence of the respective inhibitor. Using reference data these inhibitor numbers can be used to assign phenotype to each sample. All measurements were made on a Phillips PU 8730 uv/vis scanning spectrophotometer.

Results

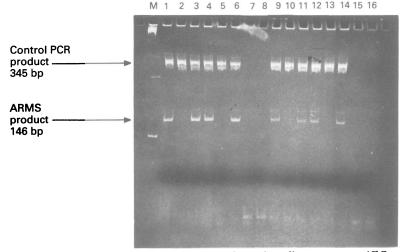
To ensure a reproducible band of 146 base pairs after PCR, a great variety of temperature conditions had to be tried. Both the annealing and extension temperatures were varied. Temperatures which were too low tended to give false positives (all subjects typing as $E_1^{u}E_1^{k}$) while temperatures which were too high gave no bands at all. The magnesium concentration of the PCR mixture affected the results at any given set of temperatures. Negative controls (no DNA) were carried out simultaneously to check every batch of PCR done. The results in tracks 1 to 8 of the figure are for the conditions finally chosen and described in Materials and methods. The G-A Kalow change was verified by direct sequencing of the PCR product generated using the flanking primers from a person of each genotype (gel not shown). The total allele frequency of E₁^k was 19.6% (table). Using the Hardy-Weinberg equilibrium formula, we calculated the expected number of the three genotypes from the total allele frequency and they were 33, 16, and 2, for geno-types $E_1^u E_1^u$, $E_1^u E_1^k$, and $E_1^k E_1^k$ respectively, which were exactly the numbers obtained for each genotype (table).

The three inhibitor numbers determined for each of the 51 subjects were compatible with the E₁^uE₁^u genotype. Persons were grouped according to genotype using the PCR ARMS method, and the means of their cholinesterase activities determined (table). This was carried out including all subjects and also separately, excluding those on oral contraceptives (n = 8), or hormone replacement therapy (n=1), or tamoxifen (n = 1), drugs known to affect cholinesterase activity. Persons with one E₁^k allele had enzyme activities on average 90% of that of the E₁^uE₁^u homozygotes, but using a two sample t test these differences were not significant. The two subjects who were E₁^kE₁^k had much reduced activities.

Discussion

For the PCR ARMS method, the conditions used had to be very precise especially to avoid false positives. However, the final conditions we determined were robust and completely reproducible. For convenience, we chose conditions so that E_1^k alleles and E_1^u alleles could be distinguished using the same thermal cycling conditions. Results for annealing temperatures of both 65°C and 66°C can be seen in the figure, but owing to the stronger bands, we considered the former temperature more suitable for routine analysis. The method as described here used DNA prepared by a quick

Gaffney, Campbell 250



Ethidium stained polyacrylamide gel of PCR products. Annealing temperature 65°C for tracks 1–8, 66°C for tracks 9–16. Odd numbered tracks result from PCRs with the U primer, even numbers had the K primer. Tracks 1, 2, 9, and 10 are from the same $E_i^{\mu}E_i^{\mu}$ subject. Tracks 3, 4, 11, and 12 are from the same $E_i^{\mu}E_i^{\mu}$ subject. Tracks 5, 6, 13, and 14 are from the same $E_i^{\mu}E_i^{\mu}$ subject. Tracks 7, 8, 15, and 16 are the corresponding negative controls (no DNA) for the reactions. The marker track (M) contains 1 µg 123 bp ladder (Life Technologies, Paisley).

Total cholinesterase activity (U/l) related to genotype

Genotype	All subjects			Excluding drugs		
	No	Mean	SD	No	Mean	SD
E. uE. u	33	1007	241	26	1030	235
E, "E, " E, "E, k	16	905	222	13	935	233
$\mathbf{E}_{1}^{'k}\mathbf{E}_{1}^{'k}$	2	548	*	2	548	

Values 536, 561.

The results are presented for all subjects in the left section of the table. On the right, the 10 subjects taking drugs known to affect cholinesterase activity measurements have been omitted. The inhibitor numbers for all these subjects excluded $E_1{}^a$ or $E_1{}^f$ alleles.

method, but we also had DNA prepared by the Triton Lysis Method19 available for five of the same subjects. Identical genotypes by the PCR ARMS method were determined no matter what the method of preparation of the DNA (data not shown).

The frequency of the E₁^k allele in our normal population was 19.6%. Calculating the expected frequency of E₁^kE₁^k homozygotes from the observed frequency of E₁^k alleles, 3.8% of our random population was expected to be E₁^kE₁^k. This agrees with our finding of two E, kE, k homozygotes (4%) in our population and is higher than the predicted 1.3%.8 The highest published estimate of E1kE1k frequency was by Bartels et al,11 who looked at 40 unrelated persons and predicted 1.5% homozygote frequency. It is likely that the lower earlier estimates were based on indirect methods of assessing E_1^k allele frequency. The two $E_1^k E_1^k$ homozygotes that we detected using the PCR ARMS method would have escaped identification by any other published screening technique.

In our population E₁^uE₁^k subjects have, on average, 90% of the total cholinesterase activity of E₁^uE₁^u subjects although the difference is not statistically significant. This compares well with the measured activities of confirmed E₁^uE₁^k heterozygotes (80% for six obligatory E, "E, k subjects and 91% for 38 obligatory $E_1^{u}E_1^{k}$ subjects⁷). The two $E_1^{k}E_1^{k}$ homozygotes had very low total activities, outside the 5%

confidence limit compared with the means for the E₁^uE₁^u homozygotes. Neither of the E₁^kE₁^k persons was currently taking any medication.

This ARMS method looks at only one sequence change within the gene. There may be other sequence changes of functional significance on the same allele which will not be detected by this method; for example, all the relatively rare alleles, E_1^s , E_1^i , E_1^h or even E_1^a or E, will type as E, because of being identical to the normal allele at this sequence position. However, we can be certain that there were no examples of the E_1^a or E_1^f alleles in this sample because they would have been detected by a distinctive pattern of inhibitor numbers. Some of our normal subjects (without an E₁^k allele) had low total enzyme activity which may have been because of the presence of an undetectable rare allele leading to low total activity.

This method to identify the presence of E_1 alleles is the only method in current use (other than direct sequencing) which will find E₁^kE₁^k homozygotes.

The authors thank Dr Roger D Everett of the MRC Insitute of Virology for sequencing the PCR products. They would also like to thank Dr F Dryburgh and Dr M Stewart for support and encouragement throughout the course of this work and Dr P Wenham for advice on the ARMS method.

- Whittaker M. Cholinesterase. In: Beckman L, ed. Monographs in human genetics. Basel: Karger, 1986: 1-132.
 Kalow W, Genest K. A method for the detection of atypical
- Kalow W, Genest K. A method for the detection of atypical forms of human serum cholinesterase: determination of dibucaine numbers. Can J Biochem 1957;35:339-46.
 Harris H, Whittaker M. Differential inhibition of human serum cholinesterase with fluoride: recognition of two new phenotypes. Nature 1961;191:496-8.
 Liddell J, Newman GE, Brown DF. A pseudocholinesterase variant in human tissues. Nature 1963;198:1090-1.
 Rubinstein HM, Dietz AA, Lubrano T. E₁^k, another quantitative variant at cholinesterase locus 1. J Med Genet
- titative variant at cholinesterase locus 1. J. Med Genet 1978;15:27-9.
- 6 Evans RT, Iqbal J, Dietz AA, Lubrano T, Rubinstein HM. A family segregating for E, and E, at cholinesterase locus 1. J Med Genet 1980;17:464-7.
- J Med Genet 1980;17:404-7.
 Whittaker M, Britten J. Plasma cholinesterase variants: family studies of the E₁^k gene. Hum Hered 1985;35:364-8.
 Evans RT, Wardell J. On the identification and frequency of the J and K cholinesterase phenotypes in a Caucasian population. J Med Genet 1984;21:99-102.
 Prody CA, Zevin-Sonkin D, Gnatt A, Goldberg O, Soreq H. Isolation and characterization of full-length cDNA
- clones coding for cholinesterase from fetal human tissues.

 Proc Natl Acad Sci USA 1987;84:3555-9.

 10 McTiernan C, Adkins S, Chatonnet A, et al. Brain cDNA clone for human cholinesterase. Proc Natl Acad Sci USA
- 1987;84:6682-6
- 11 Bartels DF, Van der Spek A, Lockridge O, La Du BN. A polymorphism (K variant?) of human serum cholinesterase at nucleotide 1615, coding for ala/thr 539. FASEB J
- 12 Arpagaus M, Kott M, Vatsis KP, Bartels CF, La Du BN, Lockridge O. Structure of the gene for human butyrylcholinesterase. Evidence for a single copy. *Biochemistry* 1990;29:124-31.
- 1990;29:124-31.

 13 Newton CR, Graham A, Heptinstall LE, et al. Analysis of any point mutation in DNA. The amplification refractory mutation system (ARMS). Nucleic Acids Res 1989;17:2503-16.
- 14 Olerup O, Zetterquist H. HLA-DR typing by PCR amplifi-cation with sequence-specific primers (PCR-SSP) in 2 hours: an alternative to serological DR typing in clinical

- hours: an alternative to serological DR typing in clinical practice including donor-recipient matching in cadaveric transplantation. Tissue Antigens 1992;29:225-35.

 15 Wenham PR, Newton CR, Price WH. Analysis of apolipoprotein E genotypes by the amplification refractory mutation system. Clin Chem 1991;37:241-4.

 16 Knott TJ, Wallis SC, Powell LM, et al. Complete cDNA and derived protein sequence of human apolipoprotein B-100. Nucleic Acids Res 1986;14:7501-3.

 17 Davis LG, Dibner MD, Battey JF. Polyacrylamide gel electrophoresis of DNA restriction fragments. In: Basic methods in molecular biology. Chapter 9. New York: Elsevier 1986:115-18.

 18 Whittaker M. Estimation of plasma cholinesterase activity
- 18 Whittaker M. Estimation of plasma cholinesterase activity and the use of inhibitors for the determination of pheno-types. Ass Clin Pathol Broadsheet 1977;87:1-10.
- 19 Kunkel LM, Smith KD, Boyer SH, et al. Analysis of human Y-chromosome-specific reiterated DNA in chromosome variants. Proc Natl Acad Sci USA 1977;74:1245-9.